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Third Rider of
the Week Sweep**

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**We Wish Our
Readers A Happy
Thanksgiving**



The Official Newspaper of Record for the City of West Sacramento

West Sacramento News Ledger

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Serving the West Sacramento Region Since 1964

NOVEMBER 21, 2025

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Serving a Warm, Cozy Feeling

Seniors Feast at Parks and Recreation's Thanksgiving Luncheon



The next Senior Program special event on the city's Calendar is scheduled to be a Christmas Card Exchange from Dec. 1 to Dec. 22, taking place from 9 a.m. to 3 p.m. Photo courtesy of Ciara Cumiskey, City of West Sacramento

By Seth Henderson

WEST SACRAMENTO, CA (MPG) - More than 40 West Sacramento senior citizens gathered at the Community Center on Nov. 13 for a Thanksgiving luncheon hosted by the city's Parks and Recreation department.

Serving a traditional Thanksgiving spread, including turkey, mashed potatoes, green beans, stuffing and dinner rolls, attendees promptly lined up at the door before the luncheon

was scheduled to start at 11 a.m. For the third consecutive year, Rotary Club of West Sacramento Centennial members donated more than \$1,000 to offset the cost of food for the event.

Recreation coordinator Lucy Ramos for West Sacramento's Parks and Recreation Department said that the luncheon has been taking place for more than 20 years, including the 15 years that the city has occupied the current community center,

with the exclusion of 2020 for the COVID-19 Pandemic.

"We have games, like pin the tail on the turkey, and the seniors love it," Ramos said. "We have a blast and then we have raffle prizes. We put all the seniors' names in a basket and then we pull their names out and they get to pick whatever prize they want."

Raffle gifts included gift cards, blankets and other items, Ramos said.

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Students Graduate Prepared and College Bound

School Receives Golden Accolades from National Organization

By Seth Henderson

WEST SACRAMENTO, CA (MPG) - After 35 pages of documentation, a year of evaluation and practicing what it preaches, Washington Middle College High School was awarded gold as one of America's Best Schools on Oct. 13 by the National Center for Urban School Transformation.

Washington Middle College High School Principal Rachel Lane said that data shows the school scoring in the top percentiles among English, math and science. Attendance for both students and teachers was recorded and scored by the National Center for Urban School Transformation. Lane said the center draws 21 finalists that are then evaluated in person, sitting in during class sessions to verify that the school does what is promised in its literature.

"Our goal is to give everybody an opportunity for that chance to get into a four-year college right out of high school," Lane said. "So, by the time they graduate, there's a couple of

different pathways."

To graduate from Washington Middle College High School, Lane said, students must achieve a C grade or better in all their A through G general breadth requirements, which are classes that are required for acceptance into the California State University system. Students can also complete their Intersegmental General Education Transfer Curriculum requirements

for the University of California campuses at Washington Middle College High School by the time they graduate, comprehensively preparing students for college.

Washington Middle College High School partners strongly with Sacramento City College, a community college in the Los Rios Community College District, Lane said. Every one unit for a Sacramento City College

course is equivalent to 3.33 units at Washington Middle College High School, Lane said. Students who graduate from Washington Middle College High School and apply to California universities are in the top 10% of admission in the state. When a particular University of California's enrollment fills up, other universities will reach out to Washington Middle College High School.

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Washington Middle College High School was awarded gold as one of America's Best Schools on Oct. 13 by the National Center for Urban School Transformation. Photo courtesy of Washington Middle College High School

Hunt. Fish. Feed. for the First Time in West Sacramento

Outdoor Sportsman Group News Release

WEST SACRAMENTO, CA (MPG) - Veterans Day in West Sacramento was nothing short of extraordinary.

Immediately following the city's Veterans Day Parade, Comcast hosted and fed 225 veterans and their families at the Hunt.Fish.Feed. Heroes Lunch in partnership with the Sportsman Channel and the West Sacramento VFW Post 8762. The energy inside the hall was electric; every seat was filled, laughter echoed, flags waved and gratitude flowed freely.

This event was more than a meal; it was a celebration of service, sacrifice, and community. Under the culinary leadership of Chef Paul Comes and the Hunt.Fish.Feed. team, Comcast volunteers prepared a menu that honored tradition and creativity: venison tacos, street corn salad, southwest coleslaw and fresh fruit salad. Judging by the smiles and empty plates, it's safe to say the menu was a hit!

The Syncopating Sea-Monkeys from River City High School set the tone with lively music, while the Veterans of Foreign Wars rallied its members to welcome local veterans and their families.

"We are excited to share that Comcast is expanding into the area! Not only are we excited to bring our full suite of services to this community. We also prioritize investing in the communities we love and serve with events like this," said Andre Selvyn, vice president of technical operations. "At Comcast, we believe that honoring service means more than just words; it means action. Since launching our Military Engagement initiative in 2015, we've hired over 21,000 military-connected employees nationwide, including more than 1,200 right here in California. Today's event is a small gesture of gratitude for the big sacrifices you and your families have made."

Hunt.Fish.Feed. is a national initiative led by the Sportsman Channel that uses wild game and fish to create nutritious meals for those in need. For nearly two decades, the program has served tens of thousands of meals across the country, combining outdoor traditions with community service. Bringing this program to West Sacramento on Veterans Day was a

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'You Can't Trust a Skinny Taquero'

How Thick Vatos and Tacos went from Garage to Commercial Kitchen Almost Six Years Ago

Story and photos by Seth Henderson

WEST SACRAMENTO, CA (MPG) - Thick Vatos and Tacos, a West Sacramento business known on social media for its edible innovation, has partnered with the Rio Pub to use its kitchen, serving the Thick Vatos menu in addition to pub classics such as burgers and fries.

Rodrigo Bueno, the owner of Thick Vatos and Tacos, said he initially started serving food out of his garage during the COVID-19 Pandemic, but the high demand for his cooking prompted Bueno to go legitimate with the business on Jan. 2, 2021. He said he had previously worked for years as a security guard, but always enjoyed cooking and brought that passion to his business, putting his own spin on traditional menu items.

"I just started doing birria pot stickers," Bueno said, "just trying to think outside the box and be different."



Rodrigo Bueno, the Owner of Thick Vatos and Tacos (right), poses with his nephew and taquero assistant, Erick Bueno, in the kitchen at the Rio Pub in Rio Linda on Oct. 31. Photo by Seth Henderson

Bueno said he met Edwin Balli, a co-owner of the Rio Pub, about two years ago before Balli's acquisition of the pub, discussing a possible partnership in the future. Towards the end of this summer, Bueno said that he had officially moved into the pub's kitchen,

using the space as Thick Vatos and Tacos' main headquarters.

From his initial start in 2021, Bueno said he's grown and learned to develop his business over the years, starting with a secondhand grill he got online and progressing to a custom-built grilling trailer. He said his custom grilling trailer was converted from an ice cream trailer, taking the time to learn different skills to achieve his ideal set up, watching YouTube videos and reading information online.

"I put everything in," Bueno said. "All the steel, I ran all the plumbing for the propane. Stuff that I've never done before, I just jumped on it and did it."

Nothing is traditional at Thick Vatos and Tacos, Bueno said. Featuring items such as birria ramen and the aforementioned birria pot stickers, Bueno said he enjoys trying new

combinations. Now with a physical location, Bueno said the level of responsibility may have increased, but so will his opportunities to create new innovative menu items.

Bueno said he spends time researching other foods and attending trade shows to see what new trends are taking place in the food industry. He said he attended a show with Balli and Andrea Ayala, the owners of Rio Pub, that was hosted by Sysco, a food distributor, towards the end of October. Bueno said he liked collaborating with the pub owners and conversing about business, complimenting their business acumen.

Amassing tens of thousands of followers on social media platforms such as Instagram and Tik Tok, Bueno said he spent time serving West Sacramento and surrounding communities such as Rancho Cordova, catering at

community events, breweries, car shows and others.

As a West Sacramento resident for more than 30 years, Bueno said he commutes to Rio Linda every day to run Thick Vatos and Tacos, which is open seven days a week. He said he has keys to the building, giving him ample time to experiment with new menu items or prepare staple menu items for a busy day. Bueno also said that having the kitchen in Rio Linda allows him to have DoorDash available to customers more frequently.

Faithful customers from West Sacramento make the trip up to Rio Linda, Bueno said, and the faces in Rio Linda are already becoming familiar and familial.

Through years of trial and error, spending thousands of dollars, Bueno said, "People don't know what it took," as he seeks to help people who are just getting started in a similar industry.

During his second year of business, Bueno said he held a Free Quesabirria Day, where roughly 700 quesabirria tacos were handed out. He said for the six-year celebration, he plans to do it again at

the Rio Pub. Bueno said he will have a trailer in front of the pub, cooking up tacos while supplies last. Inside the pub, items from the full menu will still be available for purchase.

The Rio Pub and Thick Vatos and Tacos is located at 6750 Front St. in Rio Linda. Thick Vatos and Tacos is open from 4 to 9 p.m. Tuesday through Thursday, 4 to 11 p.m. Friday and Saturday, 10 a.m. to 8 p.m. on Sunday and close on Mondays. The Rio Pub is open Monday through Thursday from 3 to 11 p.m., 3 p.m. to 1 a.m. Friday and Saturday, and 10 a.m. to 9 p.m. on Sunday.

To follow Thick Vatos and Tacos or learn more about the business, visit the Instagram page at https://www.instagram.com/thickvatos_andtacos_ or the Facebook page at <https://www.facebook.com/thickvatosandtacos/>.

To learn more about the Rio Pub, visit <https://www.theriopub.com/> or its Facebook page at <https://www.facebook.com/p/The-Rio-Pub-61552598003681/>. ★



The owner of Thick Vatos and Tacos, Rodrigo Bueno prepares a fresh batch of birria in his kitchen at the Rio Pub on Oct. 31 in Rio Linda. Photo by Seth Henderson



Pictured is a top-down view of special sauce poured over birria meat by Thick Vatos and Tacos owner, Rodrigo Bueno. Photo by Seth Henderson

Students Graduate Prepared and College Bound

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School graduates with acceptance letters because they have completed all the prerequisite courses necessary for admittance.

"(Washington Middle College High School) saves people like 60 grand from college when their students complete their first two years because they can literally walk out of here and they are done with their freshman and sophomore year of college," Lane said. "All their GEs, the whole IGETC curriculum done, if they choose. Or they can walk away with AA degrees."

Lane said that staff is constantly preparing students to exceed academic standards. A graduate came back to the Washington Middle College High School campus to pick up his sister, according to Lane, and said that he is preparing to graduate from University of California, Davis in June. Lane said the most fulfilling part of her job is having students come back to share their success stories, thanking educators for the comprehensive lessons they learned, allowing them to complete their freshman and sophomore years of college while in high school.

According to Census Reporter, about 30% of West Sacramento's population are college graduates and Lane said Washington Middle College High School is in the business of producing hundreds of them.

"We care about being able to critically think and analyze concepts," said English teacher Patty Zurilgen, "and it's just fun here. I've been in the district for 17 years. This is my eighth year at the school and it just gets better and better every year."

Zurilgen said that Washington Middle College High School is a small but mighty school where the staff pours their heart and soul into providing the best experience for students. With growth and success, Zurilgen said, the students rise to the occasion every year, leaving educators amazed at what the students are capable of.

"Based on their hard work and determination, they may come in from socioeconomic disadvantage or coming in as the first generation whose parents don't know anything about college," Lane said. "That's what we're here for. Then we've changed the trajectory on that generation."

Choosing their own novels to read, Zurilgen said, students have

the opportunity to tie their books into the California standards. She said students' reading comprehension and critical thinking skills are displayed through their assignments, asking inquisitive questions and explaining why a concept is important.

"We're the little engine that could and it's nice to have the recognition," Zurilgen said. "The students were very pleased with that information."

Several students go on to become first-generation college students, Lane said, with some students graduating with multiple associate's degrees by the time they finish at Washington Middle College High School. She said multiple staff members are West Sacramento residents who are also first-generation college students, including herself, Zurilgen and academic counselor Claudia Gaona Guzman.

Guzman said that she has a more than 200-student caseload and that she helps students navigate their path to a college or university. She meets with the senior students more frequently to ensure that their various applications, letters of recommendation and other documents are properly filled out.



Washington Middle College High School students pose for a photo. Photo courtesy of Washington Middle College High School

"I've experienced college classes to the point where now I'm in an in-person college class and I'm doing better than half of the actual college students in there because I'm prepared for it," a Washington Middle College High School senior female student said.

In Guzman's office, her degree from California State University, Sacramento hangs on the wall above her, saying that she has come full circle, from being

a student who utilized school resources such as counselors to becoming a counselor herself.

"For me, it's really rewarding," Guzman said. "I always tell my kids, I had the privilege of having an amazing counselor when I was in high school that honestly helped me and my older sister even get to college because we didn't know. We were first gen."

Growing up in Willits, a town in Mendocino County, Guzman said that her high school had about 500 students and that there was not a large collegiate culture. At Washington Middle College High School, Guzman said, the school is also small but the collegiate focus is geared toward preparing every student for higher education.

"We really work to help our kids, above and beyond what's expected of us because every single staff member cares so deeply about the students and their success," Guzman said.

Washington Middle College High School is located at 637 Todhunter Way in West Sacramento. To learn more about the school, visit <https://wmchs.wusd.k12.ca.us/>. ★



Washington Middle College High School students score in the top percentiles. Photo courtesy of Washington Middle College High School

Council Gives Input on Proposed Yolobus Service

By John McCallum

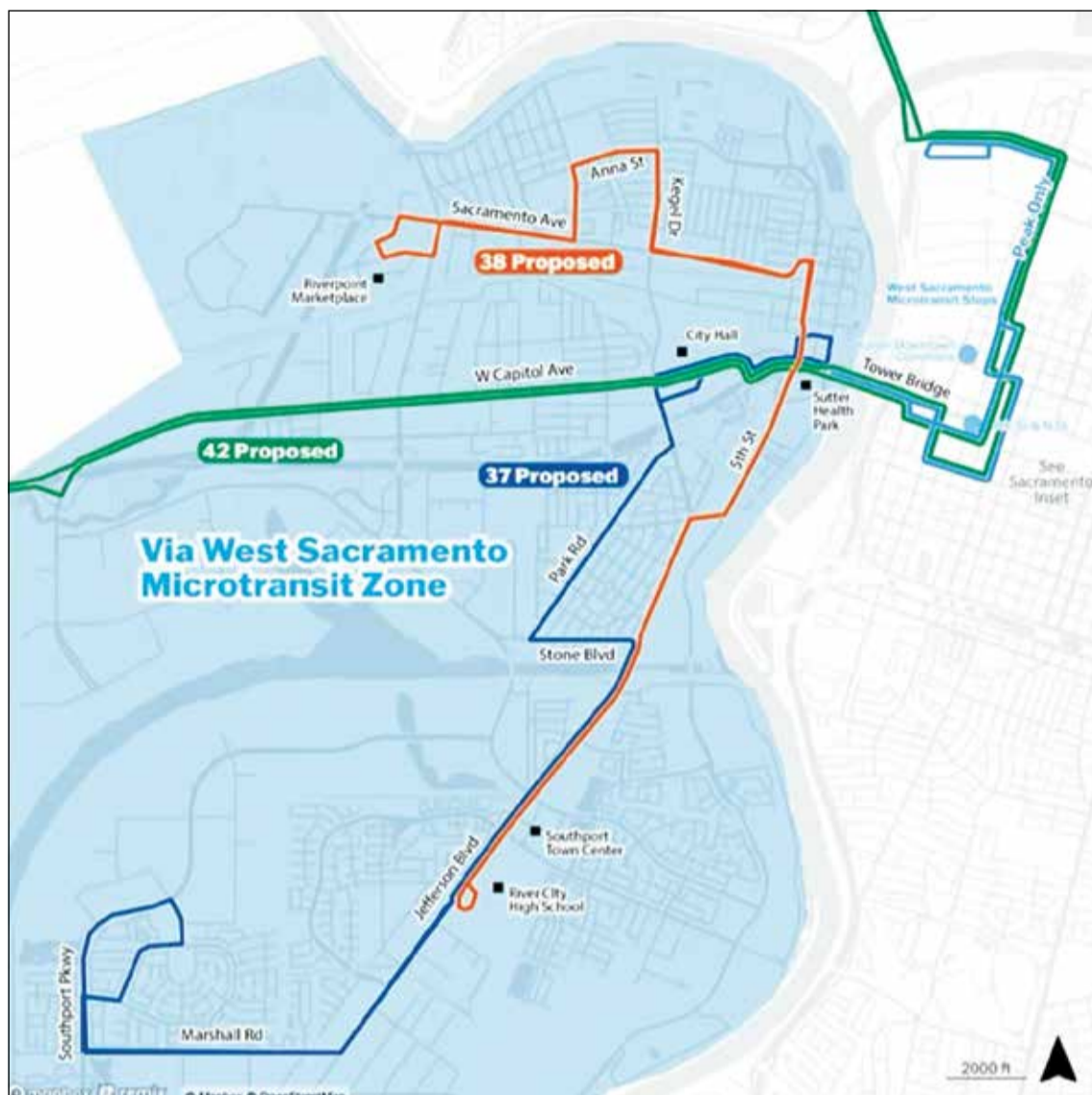
WEST SACRAMENTO, CA (MPG) - Keeping public transportation efficient, useful and affordable while planning for a possible future funding loss were some suggestions that West Sacramento City Council made during a Yolo County Transportation District (YoloTD) staff presentation about proposed transit changes.

The presentation at the Nov. 5 council meeting focused mainly on route changes that the district is proposing after conducting rider research as part of the update to its seven-year Short-Range Transit Plan (S RTP).

Survey responses during the research's phase one indicated 64% of respondents preferred frequency of service over coverage, saying they would walk further if the bus came more frequently, while 57% said they preferred taking fixed route service over on-demand shared transportation, or microtransit, services. Additionally, respondents ranked better on-time service as their highest priority for improvement.

To address these responses, Yolo County transportation staff recommends modifying routes to 30-minute frequencies rather than the current one-hour model, creating more "one-seat rides" (non-transfers) to key areas for shopping, health care, schools and work destinations and relying on microtransit such as the city's Via service to cover areas where fixed routes do not make sense. For West Sacramento, where Yolo County Transportation District operates four routes, that means changing from a coverage model to a frequency model.

"Essentially to show that we can have, offer the same or better service with the same miles and hours that we are currently offering for existing services,"



This map shows the proposed transit service route changes in West Sacramento, including the combining of routes 40, 41 and 240 into a new Route 38 and reconfiguring Route 37 to provide enhanced north-south service. Graphic courtesy of Yolo County Transportation District

Yolo County Transportation District senior transportation planner Lola Torney said.

The district is proposing combining routes 40, 41 and 240 into a new Route 38 while also reconfiguring Route 37. Route 37 was created in 2022 to replace discontinued routes 35 and 39. All four West Sacramento routes have shown a significant drop in ridership between 2020 and 2024.

Routes 37 and 38 would operate on half-hour schedules and be timed to provide easy transfers to Route 42,

an intercity route traveling through West Sacramento to downtown Sacramento and other eastside locations. Route 38 would provide newer and better north-south connections in the city by "allowing a one-seat ride from River City High School, through the Bridge District, Sutter Health Park, Broderick-Bryte, all the way to Walmart/Ikea shopping center in the northwest corner of the city."

Phase two of Yolo County Transportation District's outreach where survey respondents

were asked to evaluate the proposed changes concluded the week ending Oct. 31. Of the 293 who responded county-wide, 63 commented on West Sacramento proposed changes, with the majority indicating support for the recommendations.

Of those against, Torney said, most wanted to see expanded service to South River Road and Village Parkway.

"Still in Southport but more on the east side of the city, which we are not recommending in this plan," she added.

While questioning some of the survey data about riders' preferences, Councilwoman Danté Early, who is the council's representative on the Yolo Transportation District board; asked about plans for possible service reductions, especially given current uncertainty about funding levels and sources. According to the city staff report, West Sacramento utilizes approximately \$3 million in state Transportation Development Act funding to "support Yolobus fixed route, paratransit and administrative costs."

Money not utilized by Yolo County Transportation District is used by the city for its own transit programs, including Via microtransit service.

"I'm not sure we will always be able to afford Via," Early said, adding that loss of the service would have particularly hard impacts on neighborhoods such as Broderick-Bryte.

Yolo County Transportation District Director Autumn Bernstein said three scenarios were being looked at: the differences between Via and fixed route services, possible options for reduced services and what these would look like versus wholesale route eliminations. Bernstein said that the district has a number of other funding sources it can turn to if state resources are reduced, including the possibility of a transportation sales tax.

Both Bernstein and Torney said the district's plan in making route changes was to help counter potential funding shortfalls by increasing revenue through more ridership. The next step in the district's Short-Range Transit Plan process is to bring back the input received county-wide to the district's board to consider adoption of service recommendations, something hoped to take place later this year. ★

Serving a Warm, Cozy Feeling



Serving a traditional Thanksgiving spread, including turkey, mashed potatoes, green beans, stuffing and dinner rolls, attendees promptly lined up at the door before the luncheon was scheduled to start at 11 a.m. For the third year in-a-row, Rotary Club of West Sacramento Centennial members donated more than \$1,000 to offset the cost of food for the event. Photo courtesy of Ciara Cumiskey, City of West Sacramento

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The city's Active Aging program, a city-wide initiative to provide activities for seniors, welcomed all West Sacramento residents over the age of 50 as well as non residents.

"Not all of our seniors have all of their family to cook for them," Ramos said. "I think that's special that they get to come and have it here with their friends and their peers, and we just cater for them as much as possible and make them happy and they get to socialize here and that's really important."

Michelle Jans, a West Sacramento resident for more than 11 years, said she was most excited about the community, people sharing and visiting for the senior luncheon. The food is delicious every year, Jans said, and picking a favorite item is nearly impossible. She sat with West Sac resident Duan Maciel, who said it was her first time at the event.

West Sacramento Mayor Martha Guerrero was in attendance, volunteering to pass out food to the senior guests. She said the Thanksgiving luncheon was a great opportunity to showcase the dedicated time and effort within the community, saying "that's what our Rotary Club is all about."

Recreation supervisor of arts, Black Box Theater and special events, Sam Brinkhuis, played guitar for the luncheon attendees and said the event was a great way to give back to the community's seniors because

they are significant members of the center.

"It's just a nice opportunity to have fellowship and have a nice gathering, and be thankful for one another," Brinkhuis said. "We've got kind of a rainy day today but that didn't stop us from getting together and enjoying the day."

West Sacramento's Active Aging Program, also known as Senior Program, are programs for West Sacramento seniors and are available from 9 a.m. to 3 p.m. weekdays in the Community Center. The center is open to the public from 8 a.m. to 5 p.m. Mondays through Fridays.

To learn more about the Active Aging Program, visit <https://www.cityofwestsacramento.org/government/departments/parks-recreation/adults/active-aging>.

To learn more about the City of West Sacramento, keep up with upcoming events or find city resources, visit <https://www.cityofwestsacramento.org/home>.

To learn more about the Rotary Club of West Sacramento Centennial, visit the organization's website at <https://portal.clubrunner.ca/9129> or its Facebook page at www.facebook.com/groups/203970256303851/.

The next Senior Program special event on the city's Calendar is scheduled to be a Christmas Card Exchange from 9 a.m. to 3 p.m. Dec. 1 to Dec. 22. Registration is not required and the event is free, according to the city's website. The website said the city is looking for donations of blank holiday cards. ★

Home for the Holidays

Sacramento CHORAL SOCIETY & Orchestra

Saturday, December 13
3:00pm

Sacramento Memorial Auditorium
1515 J Street

Celebrating 30 Amazing Years!

Audience singalong
Candlelit procession
New and familiar Choral orchestral holiday songs

Radiant music for Christmas

SCSO Christmas CD's available at the concert



CONDUCTOR
Donald Kendrick

HEADLINER
Sam Faustine
Tenor

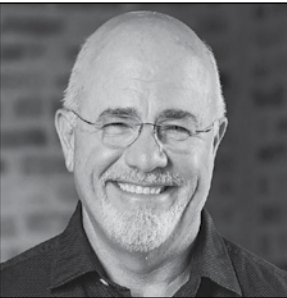
TICKETS: \$43 – \$63 (includes facility fee) — Students 50% Discount
SAFE CU PAC Box Office 916-808-5181 or Ticketmaster.com

SAVE THE DATE

Messiah Sing-Along

Friday, December 26 | 2:00pm
First United Methodist Church, Sacramento

Purchase tickets at sacramentochoral.org or at the door



Dave Ramsey

Dave Ramsey Says Lack of Knowledge, Immaturity or Worse?

with. But there's something I want you to keep in mind. In a marriage, real life shows up in a hurry. That's why it's so important that couples be on the same page when it comes to their lives together, their hopes and dreams—and their finances. Unexpected things can arise that make life hard, even when you're with someone you love.

If I were you, I'd move slowly and see if she starts showing some signs of getting her spending under control. To be honest, her financial behavior is pretty immature right now. Sometimes when folks act this way, it's just a phase. Or, it's a case where they weren't taught how to properly manage money when they were younger.

If this is the case here, I'd recommend talking to her about it gently, explaining your concern and maybe introducing her to the idea of living on a monthly budget. If you're already doing this, it would be the perfect opportunity to demonstrate how it works for you, and how it would make han-

dling finances as a couple easier in the future. That way, once she understands the process—and the value of having a plan for spending money on paper before the month begins—it will be easier for her to stick to it.

But if it doesn't work, and this way of living turns out to be a character flaw, I promise you it will cause issues later on. And those issues will begin to cloud every other aspect of your relationship.

Best of luck, Lincoln. God bless you both!

— Dave

Dave Ramsey is an eight-time national bestselling author, personal finance expert and host of The Ramsey Show. He has appeared on Good Morning America, CBS This Morning, Today, Fox News, CNN, Fox Business and many more. Since 1992, Dave has helped people take control of their money, build wealth and enhance their lives. He also serves as CEO for Ramsey Solutions. ★

Dear Dave,
My girlfriend and I have been dating seriously for a little over a year. We're both 28, and I know I love her, but there's something that worries me. She's very smart, but at the same time, she's not very responsible with money. I know that no one is perfect, but sometimes she'll get behind on her bills in order to do things like buy clothes or go to concerts. How should I approach talking to her and explaining my concern about this? I'd like to ask her to marry me sometime next year.

— Lincoln
Dear Lincoln,
Congratulations on finding the lady you want to marry! I'm also glad you're looking at things from a mature point of view where the future is concerned.

Dating is fun. And marriage is wonderful, when you've found the right person to spend your life



Farmers Plant Less Cotton in Face of Stagnant Market

With cotton prices around the world continuing to stagnate, California growers planted fewer acres this year than almost any time in the past century. "Upland cotton is at 85 to 90 cents a pound right now. That's the same darn price as when I started 30 years ago," said Roger Isom, CEO of the California Cotton Ginners and Growers Association. "It's tough out there for our farmers." California farmers planted 91,000 acres of pima cotton and 15,968 acres of upland cotton this year—a 38% drop in pima but a 30% increase in upland from 2024, the CCGGA reported. Overall, cotton acreage declined 33%. Kings County continued to lead in plantings, with 47,753 of the state's 106,968 acres. "Quality is great, but the demand is down," Merced County farmer Jeff Mancebo said.

Natural Wine Trend Revives Old-Fashioned Methods

A cadre of California grape growers and winemakers crafts wine as it was made hundreds if not thousands of years ago. No filtering, no fining, no additives. Just grapes, wild yeast, a barrel and time. Darek Trowbridge of Old World Winery in Sonoma County farms biodynamically—an organic practice that treats the vineyard as a living system. To make his

natural wines, Trowbridge uses a practice called head training, which allows vines to grow freely from the trunk without a trellis. He also mows rather than tills the soil and spreads composted mulch of his own design at the base of the vines to conserve water, boost nutrients and increase yield. "This is a beautiful way to grow a vine on its own," he said. "Just let it be. Let it do its thing, organically. And it works."

California Aquaculture Producers Prepare for Holiday Season

California aquaculture producers are getting ready for a busy holiday season, when demand typically rises for freshwater fish and seafood. "Aquaculture producers across California are consistently supplying high-quality seafood and recreational fish. This is especially true during the busy holiday season, as many growers provide products for special occasions and family gatherings," Butte County aquaculture producer and consultant Tony Vaught told Ag Alert® in a field report. The state produces a diverse range of freshwater fish, including tilapia, channel catfish, trout and steelhead, as well as saltwater fish, oysters, clams and mussels. California also produces most of the nation's caviar from sturgeon farms. "Demand for these products remains strong due to reduced wild catches and increasing global seafood consumption," Vaught said. ★

Crime Reports WEST SACRAMENTO



ARREST REPORTS

Serena Kumiko Althea Lee, 24, was cited Wednesday, Oct. 1 on Riverpoint Court by West Sacramento Police for petty theft of retail merchandise. This was a merchant detention.

Mark Gerard Hollon, 62, was cited Friday, Oct. 3 on Riverpoint Court by West Sacramento Police for petty theft of retail merchandise. This was a merchant detention.

Robert Willie Solomon III, 26, was cited Saturday, Oct. 4 on Riverpoint Court by West Sacramento Police for petty theft of retail merchandise. This was a merchant detention.

Alaysha Melane Keys, 20, was cited Tuesday, Oct. 7 on Riverpoint Court by West Sacramento Police for petty theft of retail merchandise. This was a merchant detention.

Alejandra Cardona, 34, was cited Wednesday, Oct. 8 on Riverpoint Court by West Sacramento Police for petty theft of retail merchandise. This was a merchant detention.

Anjela McConville, 41, was cited Sunday, Oct. 12 on Riverpoint Court by West Sacramento Police for petty theft of retail merchandise. This was a merchant detention.

Irma Alta Mirano, 48, was cited Monday, Oct. 13 on Riverpoint Court by West Sacramento Police for petty theft of retail merchandise. This was a merchant detention.

Anthony Rocco Marano, 39, was cited Friday, Oct. 17 on Riverpoint Court by West Sacramento Police for petty theft of retail merchandise. This was a merchant detention.

Mariah Rose Powers Young, 31, was cited Sunday, Oct. 19 on Riverpoint Court by West Sacramento Police for petty theft of retail merchandise. This was a merchant detention.

Zeanna Banks Wilson, 23, was cited Sunday, Oct. 19 on Riverpoint Court by West Sacramento Police for petty theft of retail merchandise. This was a merchant detention.

Jameshia Sharee Roberson, 31, was cited Wednesday, Oct. 22 on Riverpoint Court by West Sacramento Police for petty theft of retail merchandise. This was a merchant detention.

Isabella Marie Lopez, 20, was cited Friday, Oct. 24 on Riverpoint Court by West Sacramento Police for petty theft of retail merchandise. This was a merchant detention.

Albert Tafoya, 55, was cited Friday, Oct. 24 on Riverpoint Court by West Sacramento Police for petty theft of retail merchandise. This was a merchant detention.

Olga Yolanda Saldana, 49, was cited Friday, Oct. 24 on Riverpoint Court by West Sacramento Police for petty theft of retail merchandise. This was a merchant detention.

Jenny Nguyen, 27 was cited Friday, Oct. 24 on Riverpoint Court by West Sacramento Police for petty theft of retail merchandise. This was a merchant detention.

Amrit Kaur Dhillon, 54, was cited Saturday, Oct. 25 on Riverpoint Court by West Sacramento Police for petty theft of retail merchandise. This was a merchant detention.

Coy Randell Snow, 53, was cited Thursday, Oct. 30 on Riverpoint Court by West Sacramento Police for petty theft of retail merchandise. This was a merchant detention.

Hilary Anne Bray, 38, was cited Thursday, Oct. 30 on Riverpoint Court by West Sacramento Police for petty theft of retail merchandise. This was a merchant detention.

Alejandro Thomas Pena, 33, was cited Friday, Oct. 31 on Riverpoint Court by West Sacramento Police for petty theft of retail merchandise. This was a merchant detention.

Adrian Isael Duran, 19, was arrested Monday, Nov. 3 at N. Harbor Boulevard and Reed Avenue by West Sacramento Police. Officer was dispatched to the location for report of a vehicle accident. Upon arrival, officer contacted the driver, identified as Duran, who showed objective signs of intoxication. Driver submitted to completing Standardized Field Sobriety Tests and showed signs of impairment. Driver also consented to taking a preliminary alcohol screening test and his blood alcohol concentration was found to be >.08. He was charged with DUI and transported to Yolo County Jail.

Paul Firestone, 64, was arrested Monday, Nov. 10 at 6th Street and E Street by West Sacramento Police. Officer was dispatched to the location for a call for service involving a male suspect throwing things, swinging a stick and damaging a vehicle by putting nails into it. Officer detained a male on scene, later identified as Firestone, found to be holding a metal scaffolding pole. Victim reports he saw Firestone hitting his car with the pole, denting the hood and smashing the windshield. Other witnesses at the scene confirmed this and it was also captured on video. The victim stated he has never seen Firestone before and wants to press charges. During a search incident to arrest, Firestone advised he had a "meth pipe" and officer found a glass pipe in a bag Firestone had with him. Firestone was transported to Yolo County Jail, charged with vandalism and possessing unlawful paraphernalia.

Incidents / Crime Reports

Friday, Nov. 7 – victim reports an unknown suspect chased him with some kind of cable at a campground on B Street. Victim's phone fell out of his pocket and landed on the ground. Suspect picked up the phone and ran away. A witness on the scene identified the suspect and victim could not positively identify. Loss valued at \$100.

Sunday, Nov. 9 – retail store on Lake Washington Boulevard reports theft of beer valued at \$18. Subject was caught on camera.

Sunday, Nov. 9 – victim on Spruce Way reports an acquaintance entered their garage and took a Bomma bicycle worth \$1,000.

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FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. F20250864
The following person(s) is doing business as: Home Helpers Home Care of Woodland-Davis, 91 W Main Street Suite E, Woodland, CA 95695.

Viswater, Inc., 9525 Waterman Avenue, Live Oak, CA 95953. This business is conducted by A Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on September 2, 2025.

This statement was filed with the County Clerk of Yolo County on October 7, 2025.

By: Jesse Salinas, Deputy
Publish: Oct 31, Nov 7, 14, 21, 2025
HOME 11-21-25

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. F20250845

The following person(s) is doing business as: Advance Pasteurization Services, 14650 County Road 87, Esparto, CA 95627.

Advance Pasteurization Services LLC, PO Box 508, Esparto, CA 95627. This business is conducted by A Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on September 2, 2025.

This statement was filed with the County Clerk of Yolo County on October 3, 2025.

By: Jesse Salinas, Deputy
Publish: Oct 31, Nov 7, 14, 21, 2025
ADVANCE 11-21-25

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. F20250870

The following person(s) is doing business as: Caietti's Truck Repair, 404 Harbor Boulevard, West Sacramento, CA 95691.

Shandy Truck Repair and Fleet Consulting LLC, 5208 Fawn Valley Court, Antelope, CA 95843. This business is conducted by A Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on October 13, 2025.

This statement was filed with the County Clerk of Yolo County on October 14, 2025.

By: Jesse Salinas, Deputy
Publish: Oct 31, Nov 7, 14, 21, 2025
CAIETTS 11-21-25

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. F20250896

The following person(s) is doing business as: Avit Cyber Defense & Compliance, 3456 Big Island Road, West Sacramento, CA 95691.

Gorilla Bang LLC, 3456 Big Island Road, West Sacramento, CA 95691. This business is conducted by A Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on N/A. This statement was filed with the County Clerk of Yolo County on October 23, 2025.

By: Jesse Salinas, Deputy
Publish: November 7, 14, 21, 28, 2025
AVIT 11-28-25

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. F20250838

The following person(s) is doing business as: Kaleasa Transport, 1567 Carmel Valley Drive, Woodland, CA 95776.

Veronica Gabrielle Blanco, 1567 Carmel Valley Drive, Woodland, CA 95776. This business is conducted by An Individual. The registrant commenced to transact business under the fictitious business name or names listed above on April 30, 2025.

This statement was filed with the County Clerk of Yolo County on October 2, 2025.

By: Jesse Salinas, Deputy
Publish: November 7, 14, 21, 28, 2025
KALESA 11-28-25

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. F20250905

The following person(s) is doing business as:

Merryhill School, 1999 S Bascom Ave, Suite 400, Campbell, CA 95008, County of YOLO. SEG ED Inc., 1999 S Bascom Ave, Suite 400, Campbell, CA 95008

This business is conducted by Corporation.

The registrant commenced to transact business under the fictitious business name or names listed above on 09/13/1993

/s/Kim Vu, Secretary, SEG ED Inc. This statement was filed with the County Clerk of Yolo County on OCT 27 2025.

Jesse Salinas, County Clerk/Recorder

By: maflores, Deputy
11/7, 11/14, 11/21, 11/28/25
CNS-3981859#
NEWS-LEDGER 11-28-25

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. F20250880

The following person(s) is doing business as: Alexander Grant Investments, 318 Del Oro Avenue, Davis, CA 95616.

Grant Oerding, 318 Del Oro Avenue, Davis, CA 95616. This business is conducted by An Individual. The registrant commenced to transact business under the fictitious business name or names listed above on October 10, 2025.

This statement was filed with the County Clerk of Yolo County on October 16, 2025.

By: Jesse Salinas, Deputy
Publish: Nov 14, 21, 28, Dec 5, 2025
GRANT 12-5-25

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. F20250882

The following person(s) is doing business as: Vael Aesthetics, 25620 County Road 23, Esparto, CA 95627.

PG Management Group CA LLC, 25620 County Road 23, Esparto, CA 95627. This business is conducted by A Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on October 16, 2025.

This statement was filed with the County Clerk of Yolo County on October 16, 2025.

By: Jesse Salinas, Deputy
Publish: Nov 14, 21, 28, Dec 5, 2025
VAEL 12-5-25

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. F20250935

The following person(s) is doing business as: Properly Maintained, 421 Myrtle Avenue, West Sacramento, CA 95605.

West Sacramento Handyman LLC, 421 Myrtle Avenue, West Sacramento, CA 95605. This business is conducted by Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on February 5, 2023.

This statement was filed with the County Clerk of Yolo County on November 6, 2025.

By: Jesse Salinas, Deputy
Publish: Nov 14, 21, 28, Dec 5, 2025
WEST 12-5-25

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. F20250866

The following person(s) is doing business as: Oh My Stars Photobooth Company, 1805 Willow Avenue, West Sacramento, CA 95691.

Cecil Ramirez, 1805 Willow Avenue, West Sacramento, CA 95691. This business is conducted by An Individual. The registrant commenced to transact business under the fictitious business name or names listed above on April 27, 2024.

This statement was filed with the County Clerk of Yolo County on October 9, 2025.

By: Jesse Salinas, Deputy
Publish: Nov 14, 21, 28, Dec 5, 2025
OH 12-5-25

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. F20250912

The following person(s) is (are) doing business as:

ANGELA O PROPS SERVICES, 126 Colby Ln, Winters, CA 95694 County of YOLO
Mailing Address: 126 Colby Ln, Winters, CA 95694

I LINK RESOURCES LLC, 126 Colby Ln, Winters, CA 95694. This business is conducted by a limited liability company

The registrant(s) commenced to transact business under the fictitious business name or names listed above on N/A.

I LINK RESOURCES LLC
S/ ANGELA OTTEN, MANAGER

This statement was filed with the County Clerk of Yolo County on 10/30/2025.

Jesse Salinas, County Clerk/Recorder
KQUAM, Deputy
11/14, 11/21, 11/28, 12/5/25
CNS-3978835#
NEWS-LEDGER 12-5-25

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. F20250934

The following person(s) is doing business as: Courierigo, 405 Garden Street Apt 211, West Sacramento, CA 95691.

Adam Lizarraga, 405 Garden Street Apt 211, West Sacramento, CA 95691. This business is conducted by An Individual. The

registrant commenced to transact business under the fictitious business name or names listed above on N/A.

This statement was filed with the County Clerk of Yolo County on November 6, 2025.

By: Jesse Salinas, Deputy
Publish: Nov 21, 28, Dec 5, 12, 2025
COURIERIGO 12-12-25

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. F20250858

The following person(s) is doing business as: Devine International, Shoreline Chassis Pool, 3870 Channel Drive, West Sacramento, CA 95691.

Devine & Son Trucking Co. Inc., 3870 Channel Drive, West Sacramento, CA 95691. This business is conducted by A Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on January 1, 1999.

This statement was filed with the County Clerk of Yolo County on October 7, 2025.

By: Jesse Salinas, Deputy
Publish: Nov 21, 28, Dec 5, 12, 2025
DEVINE 12-12-25

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. F20250855

The following person(s) is doing business as: A&T Cleaning Services, 845 Fenley Way, Winters, CA 95694.

Anissa Jihad, 845 Fenley Way, Winters, CA 95694. This business is conducted by An Individual. The registrant commenced to transact business under the fictitious business name or names listed above on October 6, 2025.

This statement was filed with the County Clerk of Yolo County on October 6, 2025.

By: Jesse Salinas, Deputy
Publish: Nov 21, 28, Dec 5, 12, 2025
CLEANING 12-12-25

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE NO. F20250937

The person(s) or entity listed below are abandoning the use of the following fictitious business name(s): Caietti's Truck Repair, 404 Harbor Boulevard, West Sacramento, CA 95691. The fictitious business name was originally filed in Yolo County on December 14, 1988, and is being abandoned by the registrant(s) listed below: Caietti III Inc, 404 Harbor Boulevard, West Sacramento, CA 95691.

The business was conducted by: A Corporation. This statement was filed with the County Clerk of Yolo County on November 7, 2025.

By: Jesse Salinas, Deputy
Publish: Nov 21, 28, Dec 5, 12, 2025
CAIETTIS 12-12-25

TRUSTEE SALE

NOTICE OF TRUSTEE'S SALE T.S. No. 25-30479-BA-CA Title No. 250359892-CA-VOI APN. 014-248-015-000 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 09/25/2008.

UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check(s) drawn on a state or national bank must be made payable to National Default Servicing Corporation, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state; will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made in an "as is" condition, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for

the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: Patricia L Rich, and Alvis E Rich, wife and husband as joint tenants Duly Appointed Trustee: National Default Servicing Corporation Recorded 09/30/2008 as Instrument No. 2008-0029755-00 (or Book, Page) of the Official Records of Yolo County, California. Date of Sale: : 12/22/2025 at 1:00 PM Place of Sale: North Entrance to West Sacramento City Hall, 1110 W., Capitol Avenue, West Sacramento, CA 95691 Estimated amount of unpaid balance and other charges: \$78,549.83 Street Address or other common designation of real property: 881 Reuter Dr, West Sacramento, CA 95605-2445 A.P.N.: 014-248-015-000 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The requirements of California Civil Code Section 2923.5(b)/2923.55(c) were fulfilled when the Notice of Default was recorded. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 800-280-2832 or visit this internet website www.ndscorp.com/sales, using the file number assigned to this case 25-30479-BA-CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the internet website. The best way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANT*: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are a "representative of all eligible tenant buyers" you may be able to purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about

trustee's sale. If you think you may qualify as a "representative of all eligible tenant buyers" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. *Pursuant to Section 2924m of the California Civil Code, the potential rights described herein shall apply only to public auctions taking place on or after January 1, 2021, through December 31, 2025, unless later extended. Date: 10/24/2025 National Default Servicing Corporation c/o Tiffany and Bosco, P.A., its agent, 1455 Frazee Road, Suite 820 San Diego, CA 92108 Toll Free Phone: 888-264-4010 Sales Line 800-280-2832; Sales Website: www.ndscorp.com Connie Hernandez, Trustee Sales Representative A-FN4856661 11/14/2025, 11/21/2025, 11/28/2025
NEWS LEDGER 11-28-25

NOTICE OF TRUSTEE'S SALE

TS No. CA-25-1015815-CL Order No.: FIN-25006245 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 1/13/2022. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, or cash equivalent if deemed acceptable to the trustee, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): Vineeta Rai and Sandip Kumar Patel, wife and husband Recorded: 1/14/2022 as Instrument No. 2022-0001261 of Official Records in the office of the Recorder of YOLO County, California; Date of Sale: 12/22/2025 at 1:00 PM Place of Sale: At the North Entrance of the West Sacramento City Hall, 1110 W. Capitol Avenue, West Sacramento, CA 95691 Amount of unpaid balance and other charges: \$409,228.08 The purported property address is: 839 COPPER LN, WEST SACRAMENTO, CA 95691 Assessor's Parcel No. : 058-370-026-000 All bidders, at the date, time, and place of the scheduled sale, will be required to show satisfactory support to the auctioneer of their ability to pay the amount they intend to bid, unless arrangements have been made with the trustee prior to the scheduled sale. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924m of the California Civil Code. The law requires that information about

trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 800-280-2832 for information regarding the trustee's sale or visit this internet website <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: CA-25-1015815-CL. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the internet website. The best way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANT: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call 619-645-7711, or visit this internet website <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: CA-25-1015815-CL to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. NOTICE TO PROSPECTIVE OWNER-OCCUPANT: Any prospective owner-occupant as defined in Section 2924m of the California Civil Code who is the last and highest bidder at the trustee's sale shall provide the required affidavit or declaration of eligibility to the auctioneer at the trustee's sale or shall have it delivered to QUALITY LOAN SERVICE CORPORATION by 5 p.m. on the next business day following the trustee's sale at the address set forth in the below signature block. NOTICE TO PROSPECTIVE POST-SALE OVER BIDDERS: For post-sale information in accordance with Section 2924m(e) of the California Civil Code, use file number CA-25-1015815-CL and call (866) 645-7711 or login to: <http://www.qualityloan.com>. The above statutorily mandated notices to Tenant, Prospective Owner-Occupant, and Prospective Post-Sale Over Bidders are brief summaries of what may be required under Section 2924m of the California Civil Code. Compliance with all relevant provisions will be required. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the sale is set aside for any reason, including if the Trustee is unable to convey title, the Purchaser at the sale shall be entitled only to a return of the monies paid to the Trustee. This shall be the Purchaser's sole and exclusive remedy. The purchaser shall have no further recourse against the Trustor, the Trustee, the Beneficiary, the Beneficiary's Agent, or the Beneficiary's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. Date: QUALITY LOAN SERVICE CORPORATION 2763 Camino Del Rio S San Diego, CA 92108 619-645-7711 For NON SALE information only Sale Line: 800-280-2832 Or Login to: <http://www.qualityloan.com> Post-Sale Information (CCC 2924m(e)): (866) 645-7711 Reinstatement or Payoff Line: (866) 645-7711 Ext 5318 QUALITY LOAN SERVICE CORPORATION TS No.: CA-25-1015815-CL IDSPub #0261439 11/21/2025 11/28/2025 12/5/2025
NEWS LEDGER 12-5-2025

REQUEST FOR PROPOSAL

The City of West Sacramento is soliciting sealed proposals for professional engineering services for the:

SOUTHPORT TO HARBOR ROADWAY PROJECT

Sealed proposals will be received and submitted electronically through the City's Procurement system at <https://procurement.opengov.com/portal/cityofwestsacramento> until **2:00 PM local time on December 15, 2025** at which time and place they will be posted and available for public review.

West Sac News Ledger 11-21, 11-28-2025

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West Sacramento
News Ledger

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Hunt. Fish. Feed. for the First Time in West Sacramento

Continued from page 1
meaningful way to honor those who have served while giving back to the local community.

As part of Comcast commitment to West Sacramento, the company announced a \$5,000 contribution to the West Sacramento Veterans of Foreign Wars Post 8762 to support its ongoing work for veterans and their families. This contribution reflects the company's belief that being a good neighbor means investing in the organizations that strengthen the heart of the community.

That day, Comcast volunteers didn't just serve food; they served joy. From slicing and dicing in the kitchen to transforming the banquet hall into a warm, welcoming space, their dedication was evident in every detail. They also created appreciation stations where guests could color Veterans Day-themed images, write letters to service members and assemble treat bags for deployed troops and veterans in VA hospitals.

"This post has been

my home for the last 10 years. We are here to help veterans in need. When someone says, 'I lost everything and I don't know what to do,' we step up. We do this time and time again. Thank you to the City of Sacramento and thank you to Comcast for today's event and contribution," said James Brashear, representative from the West Sacramento Veterans of Foreign Wars.

To learn more about how Comcast supports veterans and military families, visit military.xfinity.com to explore exclusive offers and programs designed to honor those who serve.

Launched in 2003, Sportsman Channel/Sportsman HD/Sportsman Channel (Canada) (added in 2019) are television and digital media networks fully devoted to honoring a lifestyle that is celebrated by millions of North Americans. A division of Outdoor Sportsman Group, Sportsman Channel/Sportsman Channel (Canada) delivers entertaining and informative programming



To learn more about how Comcast supports veterans and military families, visit military.xfinity.com to explore exclusive offers and programs designed to honor those who serve. Photo courtesy of Comcast

that showcases outdoor adventure, hunting and fishing, and illustrates it through unique and

authentic storytelling. Sportsman Channel/Sportsman Channel (Canada) embrace the

attitude of celebrating the Great Outdoors in equal measure. Stay connected to Sportsman Channel

online at thesportsmanchannel.com, Facebook, Twitter and YouTube. #IAmSportsman. ★

Community Calendar

COMMUNITY CALENDAR

Turner Library, located at 1212 Merkley Ave. has the following events this week:

Friday, Nov. 21: English conversation group, 1:30 p.m. to 2:30 p.m. LEGO block party, 3 p.m. to 5 p.m.

Saturday, Nov. 22: Russian story time, 10 a.m. to 11 a.m. Native beadwork jewelry workshop, 2 p.m. to 4 p.m. Learn to make a beaded necklace in this hands-on workshop with beadwork artist Corrina Snow, of the Chumash and Cheyenne tribes.

Monday, Nov. 24 Family story time, 4 p.m. to 4:45 p.m.

Tuesday, Nov. 25: Hug-a-Bye Baby, 11 a.m. to noon.

Wednesday, Nov. 26: Wiggle Wednesday, 11:15 a.m. to noon. English conversation group, 2:30 p.m. to 3:30 p.m.

Thursday, Nov. 27 and Friday, Nov. 28: Library closed for Thanksgiving.

Saturday, Nov. 29: Russian story time, 10 a.m. to 11 a.m. Super movie matinee, 2 p.m. to 4 p.m. Join us for a showing of the 2025 film "Superman" (rated PG-13) on our big screen with a kid-friendly Krypto the Superdog craft.

Clarksburg Branch Library, located at 52915 Netherlands Road, Clarksburg has no events this week.

Call 530.666.8005 for more information on any of these events at any Yolo County Library branch.

NOVEMBER - DECEMBER

Continuing through Sunday, Nov. 30: Advance tickets to the Woodland Wonderland of Lights, coming Dec. 6 through 14. Pre-sale tickets are just \$10 per car through Nov. 30 (\$20/car starting Dec. 1). Tickets and more information at www.yolocounty-fair.net/p/tickets

Continuing through Friday, Dec. 5: West Sacramento Police Department Toy Drive, drop-off bins located at Lenise's Café, City Donut and Starbucks at Town Center Plaza. Feeling generous this holiday season? You can help make a local child's holiday brighter by donating an unwrapped gift. Or donate through the "WSPD Annual Toy Drive Wish List" on Amazon.com.

Continuing through Sunday,

Dec. 14: Claude Monet – the Immersive Experience, 10 a.m. to 8 p.m. daily except Tuesdays and Wednesdays. This exhibit features Exhibition Hub's award-winning, 4K digital mapping techniques through which guests are fully enveloped in Monet's brilliant and contemplative works. Tickets and more information at www.monetexpo.com/sacramento

Continuing through Wednesday, Dec. 24: Pence Gallery Holiday Market, 212 D St., Davis, 11:30 a.m. to 5 p.m. daily except for Nov. 26 (closes at 3 p.m.) and Nov. 27 (closed for Thanksgiving). Enjoy this treasure trove of handcrafted items made by regional artists and artisans, perfect for holiday gift giving. Purchases can be wrapped in a gift bag upon request. Pence members receive 10% off Holiday Market purchases.

Saturday, Nov. 22: Community Giveaway Day, 8 a.m. to noon at River City High School, 1 Raider Lane. Bring your proof of Yolo County residence (driver's license, utility bill, Medi-Cal card, etc.). There is no pre-registration. Show up to receive kids' coats, blankets, holiday meal kits, and other family resources. This is a Yolo County Children's Alliance event. For more information, call 916-572-0560.

Saturday, Nov. 22: Gift Fair, 9 a.m. to 4 p.m. at Davis Community Church Fellowship Hall, 412 C St., Davis. Find unique and beautiful gifts by local artists and non-profits. Come for some fun holiday shopping and find beautiful gifts that feel good to give.

Thursday, Nov. 27: Woodland Turkey Trot, 8 a.m. at the Woodland Community and Senior Center, 2001 East St., Woodland. Presented by Title Sponsor, Dignity Health, this fun, family-friendly tradition supports Yolo Food Bank. Arrive early for coffee and delicious breakfast options, or trot virtually in your own neighborhood. See www.fleetfeet.com/races/ca/woodland for more information.

Saturday, Nov. 29: Thanksgiving Turkey Gobble Trot, 5k/10k/half marathon, 7:30 a.m. registration begins, River Walk Park, 651 2nd St. No timing chips: this is a stress-free run to support you in achieving your goals. Scan this QR code for more information.



Saturday, Nov. 29: Holiday Pop-Up Market, 10 a.m. to 3 p.m. at He Brews Coffee & Tea House, 1540 Jefferson Blvd. She Makes Market is hosting this event in partnership with He Brews – shoppers will find local artists, crafters and small businesses at this festive event. Let's come together to celebrate local creativity, support small businesses, and spread holiday cheer right here in West Sac.

Saturday, Nov. 29: Crafts & Drafts, noon to 4 p.m. at Drakes: The Barn, 985 Riverfront St. Come get a cold one and meet your local makers in one convenient and fun spot. Hosted by River City Marketplace, dog- and kid-friendly.

Saturday, Nov. 29: Crab Feed at Moose Lodge #1762, 3240 Jefferson Blvd. Prepared by Lodge volunteers, the meal will include appetizers, fresh crab, home-made rigatoni, green salad and French bread, \$60 single or \$110 pair. The evening will include a gift raffle, opportunity drawing and auction. For more information call 916-440-3790.

ONGOING ACTIVITIES

(Current as of publication, please verify schedule with the organization):

Café Yolo Social Dining meets on Wednesdays at 11 a.m. in the West Sacramento Community Center, 1075 West Capitol Ave. Seniors over age 60 are invited to mingle and dine for free, sponsored by Meals on Wheels. Reservations required 24 hours in advance at 530-662-7035 or email welcome@mowyolo.org.

Cars and Coffee Woodland, a monthly car meetup for enthusiasts. Join us every first Saturday, 8 a.m. to 11 a.m. at 1332 E. Main St., Woodland. This free, family-friendly event is designed for car enthusiasts who enjoy a relaxed, casual meet without the commitment of an all-day show. Next show, Dec. 6. More information at www.woodland-carsandcoffee.com

Davis Craft and Vintage Fair, twice each month, 10 a.m. to 4 p.m. at Central Park, 5th and B St., Davis. Expect to see friendly vendors with local handmade and original art, crafts, quality vintage items, upcycled treasures, earth-friendly creations, good food and more. Next fair is Sunday, Nov. 23. Information and other dates at www.daviscraftandvintage.org

Home Depot Kids Workshops are free in-person at 690 Riverpoint Court on the first Saturday of each month from 9 a.m. to noon, while supplies last. The next class will be a special additional class on Saturday, Nov. 29, making a teddy bear ornament. Registration required by using the following link: www.homedepot.com/workshops/

Lowe's Kids Workshops are free in-person each month from 10 a.m. to 1 p.m. at 2250 Lake Washington Blvd. The next workshop will be creating a sleigh ride on Saturday, Dec. 20. Registration required by searching "events" at www.lowes.com

Mighty Rotary Club of West Sacramento meets on Fridays at noon at Streets of London, 2200 Lake Washington Blvd. See www.rotaryclubofwestsacramento.org for more information, including how to join the Rotary.

The University of California Cooperative Extension (UCCE) Master Gardeners will be available to answer your gardening questions at their West Sacramento Gardening Q&A Desk. It will be open from 10 a.m. to noon at Lowe's, 2250 Lake Washington Blvd. This desk is held on the first and third Saturdays of every month, free and open to the public. For more information, please contact Jennifer Baumbach at jmbaumbach@ucnar.edu or call the Yolo County Master Gardeners hotline at 530-666-8736. Next session will be Saturday, Dec. 6.

Washington Unified School District School Board Meeting, Thursday, Dec. 18, 5:30 p.m. at City Hall, 1110 West Capitol Ave.

West Sacramento City Council meets at 7 p.m. generally on the first and third Wednesday of each month. Meetings are held at City Hall, 1110 West Capitol Ave., second floor, also viewable on Astound Cable channel 20 and AT&T channel 99. More information, including how to participate and Committee meeting schedules, can be found at: www.cityofwest-sacramento.org/government/city-council/city-council-meetings-agendas The next Council meeting will be on Wednesday, Dec. 3.

West Sacramento Urban Farm Mobile Farmers Market trucks bring fresh, local, produce to food insecure neighborhoods throughout Yolo County through Nov. 21. You'll find the truck in West Sacramento every Tuesday, Thursday, and Friday. A second

truck will be in Woodland and rural Yolo County every Wednesday, Thursday, and Friday. For specific times and locations, check: www.landbasedlearning.org/followthetomato/

West Sacramento Moose Lodge 1762 Toiletry Drive – collecting to support those in need in the community. Drop off your new, unopened items now through December during business hours at 3240 Jefferson Blvd. in the red box by the back door. A list of suggested items is on the Lodge Facebook page; call 916-371-9684 after 4 p.m. for more information.

Yolo Bypass Wildlife Area Tours run rain or shine on the third Sunday of each month, unless there is flooding. View seasonal and permanent wetlands, native grasslands and young riparian forests. Meet at the Yolo Bypass Wildlife Area Headquarters, 45211 County Road 32B. Next tour will be Sunday, Dec. 21. Registration is required at www.yolobasin.org

COMMUNITY FOOD RESOURCES

City of West Sacramento Parking Lot, 1271 West Capitol Ave., every Saturday, 8:30 a.m. while supplies last. This is a walk-up distribution. Please bring your own bags or cart.

Masjid Aisha, 700 Glide Ave., every Tuesday, 8:30 a.m. while supplies last. This is a walk-up food distribution. Please bring your own bags or cart.

Sutter Health Park, 400 Ballpark Dr., every Wednesday, 8:30 a.m. while supplies last. For more information, call 530-668-0690.

Yolo County Fairgrounds, 1250 Gum Ave., Woodland on Tuesdays, 9:30 a.m. while supplies last. This is a drive-through. Food will be prepacked. Stay in your car and follow volunteers' directions.

Kings Korner

By V.G. Harris



November 5 seems like a long time ago, but that's the last time the Sacramento Kings won a basketball game. Since then, it has been a string of defeats that now registers six with an average deficit of 20 points per defeat.

When things are going this badly, it's important to look for a lifeline. A sliver of hope or a whisper of sunlight on a dreary day.

Fans are looking forward to the return of 4th year man Keegan Murray to help right the ship.

While Keegan has not ascended to the level of an all-star, Keegan has made definite strides in particular with regards to his defensive presence and his rebounding.

Domantas Sabonis is off to a slow start due to injuries and is still ranked 4th in the NBA in rebounding, but he needs some help. Drew Eubanks has been a pleasant surprise coming off the bench and keeping the Kings in games, but Jonas Valanciunas has been sorely missed.

Gone are the days when the celebrated big man would come off the bench and give the Kings perhaps the best one-two punch in basketball.

Fans will forever scratch their heads and ask the question why, as the Kings allowed Valanciunas to walk out the back door and sign with the Denver Nuggets. Not surprisingly, the Nuggets are in the top 10 in rebounding while the Kings rank 25th in the league.

But the conundrum is not just the lack of rebounding or even the lack of talent on this Sacramento team. It resides in their inability to work together as a team and play up to their individual ability. Cohesive they are not, and sadly the answer at point guard in Dennis Schrader has been a bust when he's in the starting lineup.

Head coach Doug Christie sent Schrader to the bench when his contribution became almost nonexistent, and surprisingly Dennis responded when 2 stellar games in a row.

Yes, there is talent on this team, but knowing how to place the talent so the team begins to flow has been a mystery.

Ten games back with a 3-11 start is far from what the Kings franchise had

expected, and it has prompted pundits and fans alike to begin calling for a complete rebuilding of the team.

What that represents to Kings fans is the likelihood that your favorite player may soon be playing for another franchise, and it's a hard pill to swallow.

For me, over the course of just one year, I saw Davion Mitchell, DeAaron Fox, Trey Lyles, Jonas Valanciunas, and Isaac Jones all cast to the winds, and I believe the Kings would be a much better team with a much better record if they had all 5 of these players back.

Bad decisions simply must stop. Some were made from the Monte McNair administration, but some are from current brain trust with Scott Perry at the helm. Make no mistake about it, Vivek Ranadive has had his hand in many if not all the player fax paus, and if things are going to change for the better, the owner must start letting the GM and coaches have some level of autonomy.

But fans are buying tickets and going to games with expectations. How can the players and coaches turn humbling defeats into victories.

Coaches must start analyzing the talent on this team and putting them in positions to win. That means using the strengths of every player and giving him the opportunity to use those strengths.

The Kings have a player under a guaranteed contract that has played in one game for limited minutes by the name of Doug McDermott. McDermott has a reputation for sinking 3's with great consistency but he has all but been forgotten.

Yes, there are bigger fish to fry than this example, but it starts with the coaching, and getting a maximum effort out of every player every night. Fans need to see that the players care as much as they do.

This team can still win games and even back-to-back games. Let's keep rooting for this squad and see if we can make some noise.

Don't lose heart Kings fans. These players are our extended family, and we need to treat them that way!

All the best!

Your thoughts are always welcome at vgharriskingsfan@gmail.com. ★

California is a High-Tax State

Are More Taxes Balm for Its Budget Deficits?



By Dan Walters, CALMatters.org

California has long had the reputation — backed by copious data — of being a high-tax state, which made Gov. Gavin Newsom's declaration last June, in a prerecorded State of the State address, a bit startling. "Here's the truth Republicans never tell you: California is not a high-tax state," Newsom said.

Later he clarified his assertion, saying California's taxes on low-income residents are relatively lower than those in red states.

"Catering to big business and the rich is also why red states tax their lowest earners far more than California does. They punish you when you're struggling, but give you a free pass when you're wealthy," the governor said.

There's some truth to that. California's very progressive income tax system, with the nation's highest marginal rate of 13.3%, makes its state budget highly dependent on taxing incomes of its wealthiest residents, while those in low- and moderate-income brackets pay little or no income taxes.

Nevertheless, taxes imposed by state and local governments put California in the highest ranks of the 50 states, not only in total — more than \$400 billion a year from all sources — but in per capita terms

— more than \$10,000 each — and as a percentage of its \$3.6 trillion in total personal income.

The Washington-based Tax Foundation ranks Californians' state and local tax burden 48th, one of the highest in the nation, out-taxed only by New York and New Jersey.

"California combines high tax rates with an uncompetitive tax structure, yielding one of the worst rankings on the Index," the Tax Foundation says.

The state's \$322 billion 2025-26 budget counts on \$297 billion from about a dozen different taxes, while cities, counties, school districts and other local agencies take in another \$100 billion or so, primarily from property taxes and local shares of the sales tax.

The budget anticipates \$207 billion in general fund revenues. So far revenue is running a bit ahead, but general fund spending is budgeted at \$226 billion. Maneuvers to cover the gap include shifting \$7.1 billion from emergency reserves, pushing the June 2026 state payroll into the following fiscal year and tapping special funds for loans.

State budget experts call it a "structural deficit" that will continue indefinitely in the absence of either sharp spending reductions or tax increases.

There's little appetite for the former in a Legislature dominated by Democrats but some support for the latter. The California Taxpayers Association recently reported that legislators proposed more than \$16 billion in new taxes and fees during the recently concluded 2025 session.

The battle over taxes

appears to be headed for the 2026 ballot, with two pro-taxation measures being pushed by public employee unions and other left-leaning groups and one that would create a new hurdle for local tax increases.

One proposal, backed by the California Teachers Association, would make permanent a temporary tax increase on high-income Californians, first approved in 2012 to close a budget deficit and later extended to 2030 via a ballot measure. All of its revenue, as much as \$15 billion a year, would go to K-12 schools and community colleges.

A second measure, sponsored mainly by the Service Employees International Union-United Healthcare Workers West, would impose a one-time 5% tax on the wealth of California's billionaires, raising about \$100 billion, which would be spent at the rate of \$25 billion a year to cover the state's structural deficit and prop up health care services.

The third, sponsored by the Howard Jarvis Taxpayers Association, would overturn a state Supreme Court ruling and re-impose a two-thirds voter approval requirement on all proposed local taxes designated for particular purposes.

California is a blue state with relatively high taxes now. Do voters want to add more or make it difficult to add more?

Dan Walters is one of the most decorated and widely syndicated columnists in California history, authoring a column four times a week that offers his view and analysis of the state's political, economic, social and demographic trends. ★

Social Security Matters

Did the Obama-era Social Security Tax Cuts Hurt the Program?



By Russell Gloor, AMAC Certified Social Security Advisor

Dear Rusty: I will be retiring early next year but my question to you is: During the Obama administration, payroll taxes that employees pay were cut in half from 6.2% to 3.1%, while the employer's part stayed the same at 6.2%. This continued for around a year I think. This was an attempt at giving people a tax cut, which I think was a bad idea or maybe the wrong way to have done it. How much damage do you think this may have caused to Social Security? **Signed: Soon to Retire.**

Dear Soon to Retire: FYI, the Obama-era cut in the employee portion of FICA payroll taxes and SECA (self-employment tax) was a temporary measure, which has long since expired. However, the legislation which enabled that cut in employee FICA/SECA taxes also included

a provision to replenish the Social Security Trust Funds from the General US Treasury in an amount equal to the estimated loss of tax revenue to the Trust Funds. So, in effect, there was little or no impact on the Social Security Trust Funds.

FYI, the Trustees of Social Security have been projecting for many years that the Social Security reserves would be fully depleted in the mid-2030s, unless Congress takes action to reform the SS program. Unfortunately, Congress has not yet taken any meaningful action to accomplish that reform, and the current projection from the Trustees is that all Social Security reserves will be depleted in about 2033, necessitating an across the board cut of about 21% in everyone's benefit. Time is running short, and we see signs that Congress is finally starting to seriously discuss Social Security reform.

At AMAC, we have developed and submitted to various Congressional Representatives a reform plan which would restore Social Security to full solvency. You can see AMAC's suggested plan at www.amac.us/social-security-guarantee. And

AMAC is working every day in Washington, D.C. to promote Social Security reform to avoid future cuts in benefits. We believe and hope that Congress will eventually reform the Social Security program to avoid future benefit cuts but, unfortunately, not until they can muster sufficient bipartisanship to make the hard choices needed. To this end, contacting your Congressional Representative to demand Social Security reform now would be a good thing to do. The longer Congress delays reform, the harder the choices will be.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org) or email us at ssadvisor@amacfoundation.org. ★



Americans are going to get a little healthier. President Trump cut deals with the drugmakers Eli Lilly and Novo Nordisk to increase access to obesity drugs in a major benefit to American public health.

The agreements are a win-win-win -- good for consumers, good for the companies and good for Trump.

One of the most irrational superstitions of our time is that Big Pharma, which has long been routinely delivering near-miraculous therapeutics to extend and improve our lives, is a public enemy. Its latest breakthrough is a class of so-called GLP-1 drugs that make it easier to lose weight and to avoid associated serious health problems, from Type 2 diabetes to heart disease.

The basic dynamic of the Trump deals is that the companies will, through lower prices, expand their market share, thus generating more revenue. The companies also get tariff relief and expedited review for select drugs.

Health and Human Services Secretary Robert F. Kennedy Jr., the MAHA leader with a paranoid streak about modern medical advances, has been hostile to GLP-1 drugs, the most famous of which is Ozempic, sold by Novo Nordisk.

If everyone could do as many pushups and pullups as the hyper-fit 71-year-old Kennedy, perhaps we could turn our back on GLP-1s.

Certainly, RFK Jr. is cor-

Yes, Ozempic for All

rect that Americans should eat better and work out more. But our body mass index has been increasing for about 150 years, as we've made calories cheaper and more abundant over time. As it happens, the things that we like to eat or drink that are bad for us -- fast food, soda, chips, cookies -- are cheap, convenient and taste good.

Even if we manage to convince people that they should eat more fruit, vegetables and legumes, while taking a Peloton class every day, not everyone is going to do it as a matter of lifestyle constraints, individual preference or simple lack of willpower.

There's also the fact that once you put on weight, physiological changes make it more difficult to shed it.

About 40% of Americans are obese. Wouldn't it be great for them -- and for American society at large, which spends roughly \$170 billion a year on obesity-related medical costs -- if there were a safe, relatively convenient way for them to slim down?

Lo and behold, here it is. The GLP-1s started out as a treatment for diabetes and have exploded in popularity as weight-loss drugs.

Trump's reflex to make it easier for people to obtain Ozempic and the like -- while, not incidentally, boosting his reputation as the nation's foremost deal-maker -- is the correct one. Drug pricing is complicated, but by expanding the sale of the drugs direct to consumers, the companies can reduce prices. Meanwhile, Medicare will do

more to cover the drugs, also bringing down their cost.

According to Gallup, about 12% of Americans report having used a GLP-1 drug at some point for weight loss, a stunning increase from about 6% in early 2024. Not coincidentally, Gallup is also now showing a slight dip in obesity. From 2008 -- when the polling organization regularly began asking about weight -- to 2022, the percentage of obese Americans increased by 14 percentage points, to nearly 40%.

Where any number of fashionable diets and continual government exhortations for more physical exertion have failed (before RFK Jr., Michelle Obama was urging, "Let's Move!"), drugs to slow digestion and reduce the urge to eat are working.

The percentage of Americans using GLP-1s will inevitably keep growing, especially if prices continue to go down, if more oral GLP-1s come online in addition to injectables, and if other medical benefits of the drugs emerge. GLP-1s could easily match the saturation level of statins, the cholesterol-reducing drugs.

By all means, we should all eat more arugula. Until then, we have found a pharmaceutical path to alleviating an ongoing health crisis. President Trump and the drug companies are to be congratulated for their creative cooperation to make it available to more Americans.

Rich Lowry is editor of the National Review. (c) 2025, by King Features Synd., Inc. ★

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DOJ Sues California Over Prop 50's 'Power Grab'

*The Lawsuit Cites the Equal Protection Clause:
'Our Constitution Does Not Tolerate This Racial Gerrymander'*

By Megan Barth,
California Globe

Today (Nov. 13), the U.S. Department of Justice, led by Attorney General Pam Bondi, announced they have joined a lawsuit against California's redistricting ballot initiative, Proposition 50, which overwhelmingly passed in a special election last week. The lawsuit names Governor Gavin Newsom and Secretary of State Shirley Weber as defendants (see below).

"Race cannot be used as a proxy to advance political interests, but that is precisely what the California General Assembly did with Prop 50," said Jesus A. Osete, Principal Deputy Assistant Attorney General for Civil Rights. "Californians were sold an illegal, racially gerrymandered map, but the U.S. Constitution prohibits its use in 2026 and beyond."

In a social media post, AG Bondi states, "Newsom should be concerned about keeping Californians safe and shutting down Antifa violence, not rigging his state for political gain."

In an emailed statement to the Associated Press, Bondi continued, "California's redistricting scheme is a brazen power grab that tramples on civil rights and mocks the democratic process. Governor Newsom's attempt to entrench one-party rule and silence millions of Californians will not stand."

Newsom spokesperson Brandon Richards responded in a statement. "These losers lost at the ballot box and soon they will also lose in court."

The lawsuit cites, "Race cannot be used as a proxy to advance political interests, but that is precisely what the California General Assembly did with Proposition 50 — the recent ballot initiative that junked California's pre-existing electoral map in favor of a rush-job rejiggering of California's congressional district lines."

The AP reports: "The Trump administration accuses California of racial gerrymandering in violation of the Constitution by using race as a factor to favor Hispanic voters with the new map. It asks a judge to prohibit California from using the new map in any future elections."

(Last) week, The Globe reported that the



Gov. Newsom signs ACA 8, redistricting on ballot. Photo courtesy of gov.ca.gov

United States Supreme Court could rain on Newsom's Prop 50 parade by finding that redistricting by race is unconstitutional, in that race-based redistricting could violate the Constitution's Equal Protection Clause.

A case currently with the U.S. Supreme Court about racial gerrymandering could nullify California's just-passed Proposition 50, the mid-decade redistricting scheme Governor Gavin Newsom and Democrats cooked up ahead of the 2026 midterm elections to secure more Democrat seats in Congress by redrawing district maps, or "gerrymandering" numerous California Republicans out of their congressional districts.

The Supreme Court will decide in *Louisiana v. Callais* whether the state's intentional consideration of race to create these voting districts violates the Constitution's Equal Protection Clause. The Supreme Court could also invalidate Section 2 of the Voting Rights Act and require race-neutral maps.

The Voting Rights Act of 1965 is a landmark U.S. federal law that prohibits racial discrimination in voting, aiming to protect the voting rights of all citizens, particularly racial minorities.

The high court appears ready to strike down Louisiana's 2024 congressional map as unconstitutional racial gerrymandering — a violation of the 14th Amendment's equal protection clause.

Elections Law attorney Mark Meuser explained in detail that "The Supreme

Court could soon change how every congressional map in America is drawn, including California:"

"*Callais v. Louisiana*, a case that could reshape redistricting for decades.

Here's what's at stake: for years, federal courts have interpreted the Voting Rights Act (VRA) to require states to gerrymander congressional districts so minority groups are virtually guaranteed the ability to elect a representative of their same race. *Callais* challenges that approach, arguing that the current interpretation of the VRA violates the Equal Protection Clause of the U.S. Constitution because it forces states to make race the predominant factor in drawing district lines.

Democratic-aligned advocacy groups have weaponized this reading of the VRA to carve out safe Democratic seats. Instead of drawing compact districts that follow cities, counties, and communities of interest, states are pressured to create bizarre, snake-like districts designed to hit racial targets. The result is a distorted Congress.

In 2024, Donald Trump won the presidential election decisively, yet Republicans hold only a razor-thin margin in the House. That mismatch is not by chance. When districts are drawn to guarantee that one party always wins, it shifts power away from the people and toward special interests. It lets political insiders and activist groups pick the politicians who govern us, rather than letting voters choose their representatives.

If the Court agrees with *Callais*, the decision could dramatically limit the use of race in redistricting nationwide. That means the gerrymandered maps Gavin Newsom is pushing with Prop 50 could be ruled unconstitutional. This is one of the most important redistricting cases in decades. The outcome could restore fairness, compactness, and accountability to how congressional districts are drawn."

The DOJ's lawsuit uses the public statements made by California Democrats as the basis for their complaint:

In the press, California's legislators and governor sold a plan to promote the interests of Democrats in the upcoming midterm elections. But amongst themselves and on the debate floor, the focus was not partisanship, but race.

"[T]he first thing" that map drawer Paul Mitchell "did in drawing the new map"—the "number one thing that [he] first started thinking about"—was to create a new "majority/minority Latino district." And legislators focused—not on the purported vote dilution of Democrats elsewhere across the country—but on the supposed dilution of the voting power of racial groups in other states. They feared that a "Latino voice in Texas is worth one third of the representation as a white voice." That Texas would "slid[e] back" to the days of "Black Codes and Jim Crow." And that Texas legislators would "silence the voices of Latino voters." Proposition 50 would serve as a "shield" against "racist maps," they told each other, so that minorities in California could "stand up and be counted." The end result is a map that manipulates district lines in the name of bolstering the voting power of Hispanic Californians because of their race.

Our Constitution does not tolerate this racial gerrymander.

Should the Supreme Court find that states have gerrymandered districts based on race, thereby violating the Equal Protection Clause, an estimated 30 states may be impacted and forced to redistrict ahead of the 2026 midterm elections, in a outcome that could lead to Republicans drawing 19 more seats and Democrats losing up to a dozen local seats, primarily in the South. A decision by the Supreme Court is expected as early as next Spring. ★

Prop. 50 Passage Sets Off a Chain of Political and Legal Maneuvers

By Dan Walters, CALMatters.org

When California voters overwhelmingly passed Proposition 50 on Tuesday (Nov. 4), they set in motion political and possibly legal maneuvers that will ultimately determine whether its overt purpose, increasing Democratic congressional members by five or more seats, becomes reality.

The first is a political scramble among politicians in both parties to determine who will run where in next year's congressional elections.

Ambitious Democrats are lining up to run in the newly gerrymandered districts, some of which have been tailored to favor particular candidates.

The most obvious example is a district that stretches from the heavily Republican northeastern corner of the state to the northern suburbs of San Francisco, seemingly made to order for Mike McGuire, the outgoing president pro tem of the state Senate. In creating that district, Gov. Gavin Newsom and the Legislature aim to unseat Republican Doug LaMalfa, who now represents northeastern California in Congress.

The plan would, if successful, shrink Republican districts from nine to four, meaning that in some areas, such as in inland Southern California, current GOP incumbents would be compelled to either retire or joust among themselves for survival.

Prop. 50's political impacts hinge on the assumption that maps ratified by the ballot measure actually are in effect for next year's elections. While it's likely they will be used, there's a possibility that courts will intervene.

By happenstance, Prop. 50's pro-Democrat gerrymander and the recent pro-Republican gerrymander in Texas are occurring just as the U.S. Supreme Court weighs a major case involving the federal Voting Rights Act. Its outcome could impact both.

The Voting Rights Act, passed by Congress in 1965 to bolster the civil rights of minorities, particularly Black people in Southern states, prohibits any voting procedure "which results in a denial or abridgement of the right of any citizen of

the United States to vote on account of race or color."

While the law bars exclusionary voting laws, it has been widely interpreted to require creation of districts specifically to increase chances for racial groups to elect representatives from their communities.

California's independent redistricting commission, in plans drawn after the 2010 and 2020 censuses, adopted that interpretation, and the newly gerrymandered districts do as well.

However, the interpretation is being challenged before the Supreme Court in a case out of Louisiana, and its conservative members, a majority, have indicated both during arguments and in past rulings that they may consider it to be racial discrimination against white voters.

"This court held that race-based affirmative action in higher education must come to an end," Solicitor Gen. D. John Sauer wrote in his brief in the Louisiana case. The same is true, he said, for using the Voting Rights Act to draw legislative districts that are likely to elect Black or Latino candidates.

President Donald Trump's Justice Department monitored Tuesday's (Nov. 4) voting and could contend that California's new congressional maps are discriminatory and should be suspended until the Supreme Court renders its decision.

Trump seemed to hint about intervention in a Truth Social post Tuesday (Nov. 4) denouncing Prop. 50 as a "GIANT SCAM" and said that mailed ballots, by far the most prominent form of voting, disenfranchise Republicans and are "under very serious legal and criminal review." He closed with "STAY TUNED!"

In 2001, the threat of intervention by Republican President George W. Bush's administration thwarted plans by California's Legislature for a gerrymander favoring Democrats, forcing them to make a deal with Republicans on maps that maintained the partisan status quo.

Even a brief interruption could undermine what Newsom and the Legislature seek in Prop. 50 because candidate filing for congressional districts opens on Dec. 19, and if the new maps are in legal limbo, current districts would be used for the 2026 elections. ★

McGuire Challenges GOP Rep. LaMalfa for New Prop. 50 Seat

By Maya C. Miller,
CALMatters.org

California Senate President Pro Tem Mike McGuire has officially launched his challenge to longtime Republican Rep. Doug LaMalfa in a congressional district drastically redrawn by Proposition 50.

The Santa Rosa Democrat, who will hit his 12-year term limit in the Legislature next year, was widely viewed once the new maps were drawn as a prospective challenger to LaMalfa, a rice farmer from Oroville who has represented the North State in Congress since 2013.

LaMalfa's current district stretches from Siskiyou County and much of the Oregon-California border down through rural Shasta and Sutter Counties. Under the new voter-approved Prop. 50 maps, the district shifts south out of Modoc County and jogs westward to pick up parts of Sonoma County and McGuire's home base of Santa Rosa.

McGuire will face heavy skepticism from some northern rural residents in the 1st Congressional District, who just a few years ago tried to secede from liberal California to form the conservative "state of Jefferson" with rural parts of southern Oregon.

In an apparent effort to head off inevitable accusations of being out of touch with rural life, McGuire spent much of his launch video doubling down on promises to prioritize farmers' needs and "make sure rural communities get their fair share."

"I know these roads. I



Senate President Pro Tem Mike McGuire speaks during a press conference before Gov. Gavin Newsom signs the Election Rigging Response Act at the Capitol Annex Swing Space in Sacramento on Aug. 21. Photo by Miguel Gutierrez Jr., CalMatters

know these towns," McGuire says as he strolls down a tree-lined country road, a white pickup truck clearly visible in the background. "This district is big, it's rural, and now more than ever, it needs a fighter."

After devastating wildfires that wiped out thousands of homes and killed dozens in Sonoma and Napa counties in 2017, McGuire made wildfire prevention his signature issue in the Legislature. Following the Palisades and Eaton fires in January, McGuire ushered through an ambitious 13-bill package that expanded insurance coverage and sped up rebuilding of damaged homes after destructive fires.

His critics have said McGuire's singular focus on wildfire issues sometimes clouded his ability to balance and prioritize other policy areas, especially once he ascended to the role of pro tem last February, succeeding the well-regarded former Sen. Toni Atkins and becoming the chief traffic cop for which bills could come to the Senate floor.

McGuire also developed a

reputation for holding out on negotiations until he could extract a win for his policy priorities or his constituents: He was the top recipient of budget "earmarks" for local projects back home, funds that he will surely tout as major wins during his campaign.

During last-minute negotiations on a multi-pronged climate and energy policy deal earlier this fall, Gov. Gavin Newsom had to make an eleventh hour visit to the Capitol to push McGuire and his team onto the same page as him and Assembly leadership.

McGuire promised in his launch video to deliver "no drama, no BS, no gimmicks" if elected to Congress. And while he mostly shied away from the argument that he would flip a seat from Republican to Democratic control, he did acknowledge that he would push back on the Trump administration.

"Don't worry, I will always stand up to the destructive policies of Donald Trump," he said in the video. "I'm all in — every damn day." ★

COMICS & PUZZLES

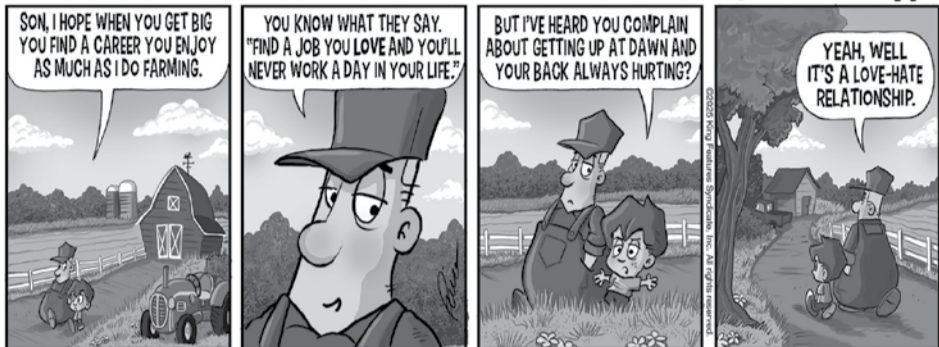
The Spats



by Jeff Pickering



Amber Waves



by Dave T. Phipps



HOCUS-FOCUS



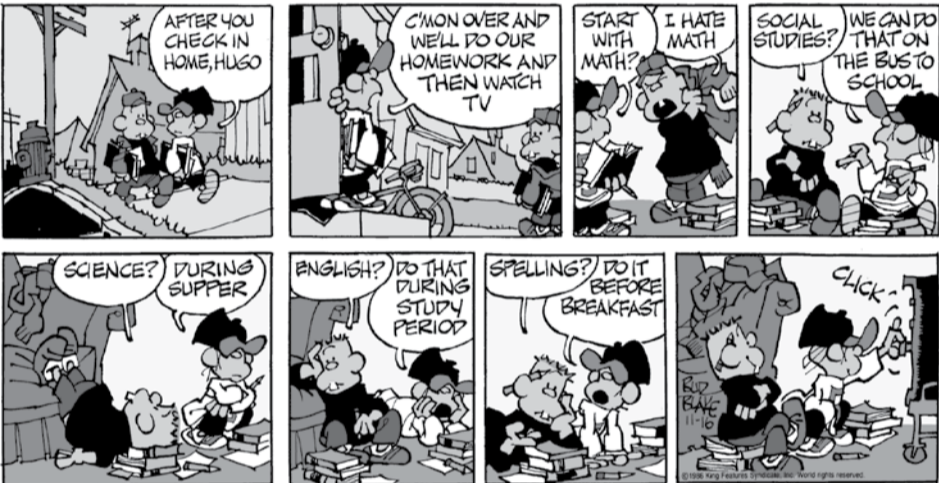
Find at least six differences in details between panels.
Differences: 1. Club is missing. 2. Man has less hair. 3. Cap is different. 4. Nose is different. 5. Shoe is different. 6. Golf bag strap is different.

Out on a Limb



by Gary Kopervas

TIGER



by BUD BLAKE

GRIN & BEAR IT



Just Like Cats & Dogs by Dave T. Phipps

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STATEPOINT CROSSWORD • NURSERY RHYMES

- CLUES**
- ACROSS**
- Type of haircut, pl.
 - Tiny helper
 - *What rain does in famous nursery rhyme
 - What accomplices do
 - Ring like a bell
 - Sign of life
 - Lascivious look
 - Pretentiously artistic
 - Tiny island
 - *Bring her back! (2 words)
 - Nicholas II of Russia, e.g.
 - Inmate with life sentence
 - *One for Sorrow (Two for ...)
 - Melville's "Pequod," e.g.
 - More fancy
 - Request for tailor
 - Encoded message
 - Land measure
 - Omit
 - *Hush-a-bye, baby, still"
 - Take a base
 - Hokkaido native
 - Veal serving
 - Beehive State native
 - What Cupid did (2 words)
 - *Tip me over!
 - Lt.'s inferior
 - Plant louse
 - "Pay as you earn" tax system
 - *How do your ears wobble? (3 words)
 - Sacha Cohen's middle name
 - Render speechless
 - Medley
 - Apathetic
 - Not tanned
 - Nearly
 - Bird's groomer
 - It's open to interpretation
 - #57 Down, pl.
- DOWN**
- It's soothing
 - Do as directed
 - British Broadcasting Corporation, colloquially
 - Take a leisurely walk
 - Chill-inducing
 - Procrastinator's word
 - *What the old lady swallowed
 - *She's been to London to visit the Queen
 - Paelia pot
 - ...-friendly
 - Expose to moisture
 - One way to cook fish
 - Mountain climber's spike
 - Brother's daughter
 - *Who stole the cookie from the cookie ...?
 - Semolina source
 - Sunny prefix
 - Kind of acid
 - Perceive by touch
 - Frost over (2 words)
 - One of the Muses
 - Find new tenant
 - *What Jack Horner pulled out
 - Not miss
 - *... of ..., he had ten thousand men
 - Beer garden mug

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River City Water Polo Makes History

Girls Capture Third Straight Title, Boys Return to Championship Stage

River City High School Athletics News Release

WEST SACRAMENTO, CA (MPG) - The 2025 season marked another historic chapter for River City High School Water Polo. Both the varsity boys' and varsity girls' programs advanced to their respective Monticello Empire League (MEL) Championship Games, a testament to the depth, talent and culture of excellence continuing to thrive within the program.

The varsity girls once again set the standard, defeating league rival Rodriguez High School 22-11 to capture their third consecutive league championship and second straight Monticello Empire League title. The victory also secured the best record in program history and cemented River City High's status among the Sacramento Section's Division I elite.

Led by the dynamic scoring tandem of Reagan Eisberg and Cat Hadba-Guimaraes, widely regarded as one of the most prolific offensive duos in California, the Lady Raiders combined relentless offense with disciplined defense anchored by senior Reese Castro. The team now heads into the California Interscholastic Federation (CIF) Sac-Joaquin Section Playoffs with confidence and championship experience, opening against



The River City High School Water Polo varsity girls once again set the standard, defeating league rival Rodriguez High School 22-11 to capture their third consecutive league championship and second straight Monticello Empire League title. Photo courtesy of Jonathan Sibayan

Laguna Creek High School in the first round.

The defending Monticello Empire League Champion

varsity boys also returned to the title stage, falling just short in a hard-fought 13-16 battle against Rodriguez. Despite the loss, the

Raiders showcased grit, maturity and tremendous promise for the future. The young squad, featuring only one junior in the

starting lineup, is anchored by a talented core of sophomores and freshmen, including stand-out goalie Elijah Stone-Eisberg, one of the section's top young keepers. Offensively, the Raiders were powered by one of the region's most dangerous scoring tandems, Brendon Bryner and Caleb Eisberg, with defensive leadership from Joshua Diaz, Preston Caldwell, and Shane Castaneda.

The appearance marked another milestone in River City High's continued rise, following the boys' 2024 league championship, and reaffirmed that the foundation for sustained success is firmly in place. The boys now turn their attention to the postseason, opening California Interscholastic Federation play against Rocklin High School.

As both programs prepare for playoff action, River City Water Polo has firmly established itself as one of the most competitive and respected programs in the region, built on hard work, unity and the relentless pursuit of excellence. ★

Big Amish is the 2025 AL Rookie of the Year



A's shortstop Jacob Wilson finished as the runner-up, marking the first time a team has had the first and second place finishers in American League Rookie of the Year Voting since 1984. Photo courtesy of the Athletics

Athletics News Release

WEST SACRAMENTO, CA (MPG) - First baseman Nick Kurtz has been named the 2025 Jackie Robinson American League Rookie of the Year Award winner. Kurtz won the award unanimously with all 30 first-place votes. He is the 14th player to win the AL award by a unanimous vote.

Kurtz slashed .290/.383/.619 with a 1.002 OPS in 117 games played this season after making his MLB debut on April 23. He led American League rookies in home runs (36), RBI (86), runs (90), walks (63), and extra-base hits (64). Kurtz joins Aaron Judge (2017) and Albert Pujols (2001) as the only rookies in MLB history to hit at least 35 home runs, score at least 90 runs, and record an OPS of at least 1.000.

His 36 home runs were the second most in a season by an A's rookie, trailing only Mark McGwire's 49 home runs in 1987.

On July 25 at Houston, Kurtz went a perfect 6-for-6, tying the MLB record for home runs (4), extra-base hits (5), and total bases in a game (19). He won both American League Rookie of the Month as well as American League Player of the Month for July.

Kurtz joins Mark McGwire (1987) as the only A's first basemen to win AL Rookie of the Year. This year, he has already won the Player's Choice Outstanding Rookie Award, Sporting News Rookie of the Year, and the Louisville Slugger Silver Slugger Award for first basemen.

A's shortstop Jacob Wilson finished as the runner-up, marking the first time a team has had the first and second place finishers in American League Rookie of the Year Voting since 1984. Wilson was the starting shortstop for the 2025 All-Star Game and was the first rookie shortstop to be elected by the fans. ★

Aggies Earn Third Rider of the Week Sweep



Chloe Fares, Eliza Plum, Cavan Smith, and Mya Clader were each recognized for their standout performances during the Aggies' doubleheader weekend on Nov. 8 and 9. Courtesy photo

UC Davis Athletics News Release

DAVIS, CA (MPG) - For the third time this season, University of California, Davis swept the Eastern College Athletic Conference (ECAC) Rider of the Week awards following back-to-back victories over Delaware State and UT Martin.

Equestrian team members Chloe Fares, Eliza Plum, Cavan Smith and Mya Clader were each recognized for their standout performances during the Aggies' doubleheader weekend on Nov. 8 and 9.

Fares continued her strong season over in fences with high-scoring, point-winning rides over both meets. She notched an 82 aboard Cici to capture the first of four points for the Aggies against Delaware State. The sophomore then delivered a Most Outstanding Player (MOP)-winning 86 on Salty versus UT Martin, the top score of the event, outscoring her opponent by an outstanding 20 points to help UC Davis secure both weekend events.

Plum was a steady performer for horsemanship, picking up key points in both meets. The sophomore edged her Delaware State opponent with a 66.5 riding Cinch,

then posted a standout 76 on Brady versus UT Martin, earning herself MOP honors and a spot in the UC Davis individual records book. That led the Aggies to a 3-0 sweep in the event.

Smith delivered commanding rides in flat across both meets. She opened the weekend with an 84 aboard Kevin against Delaware State, defeating her opponent by a whopping 21 points to clinch the event's final and fourth point for UC Davis. The freshman then carried that momentum against UT Martin, earning an 86 on Cooper to win by another large margin of 18 points, claiming the MOP honors as the Aggies took the event three to one.

Clader anchored the Aggies' reining team with back-to-back winning rides. She earned the lone reining point against Delaware State with a 65 on Aspen, then turned in the event's top score of 70.5 aboard Delta versus UT Martin to capture MOP honors. The senior now boasts six winning rides this season, continuing to set the tone for the UC Davis Western lineup.

The Aggies are back at home to battle against No. 5 Oklahoma State at 9 a.m. Saturday, Nov. 22. ★

Blake Willey and Chibi Ukaegbu to Join U.S. U-19 National Team

Sacramento Republic FC News Release

SACRAMENTO, CA (MPG) - U.S. Soccer announced that Republic FC midfielder Blake Willey and defender Chibi Ukaegbu were selected to the U.S. U-19 men's National Team roster for its training camp in Wrexham, Wales from Nov. 9 to Nov. 19.

They are the only players representing a United Soccer League Championship club on the roster.

The camp included friendlies against Germany on Nov. 12, Wales on Nov. 15 and Japan on Nov. 18.

The 18-year-olds signed their first professional contracts with Republic FC ahead of the 2024 season, following a successful tenure with the club's

youth academy.

Willey had a breakout year this year. After becoming the second-youngest player to start in a Republic FC season opener, Willey went on to set a new club record for homegrown players with 27 appearances, 19 starts and 1,590 minutes in the regular season. Willey's three assists ranked first among the league's top young players, earning him two Team of the Week selections. In May, Willey competed with the U.S. U-18 National Team in the Union of European Football Associations (UEFA) Friendship Cup and appeared in every game to help the team bring home the championship trophy.

Roseville-native Ukaegbu set a new career high with 19 appearances and

949 minutes played across all competitions this year. In league play, Ukaegbu is among the top five in defenders under age 20 with 36 clearances, 16 interceptions and 49 duels won. Ukaegbu also spent time playing up two age groups with the U-20 Men's National Team, earning training camp call ups in January, September and October.

Season ticket memberships are now on sale for the 2026 season, offering a range of benefits including discounts on merchandise and access to exclusive fan experiences, as well as priority access to seats in the new Republic Stadium at The Railyards. For more information, or to buy a membership today, visit online SacRepublicFC.com/Memberships. ★



Season ticket memberships are now on sale for the 2026 season, offering a range of benefits including discounts on merchandise and access to exclusive fan experiences, as well as priority access to seats in the new Republic Stadium at The Railyards. Photo courtesy of Sac Republic FC

Turkey Trots and Table Spreads

Ways to Celebrate this Thanksgiving

By MPG Staff

SACRAMENTO REGION, CA (MPG) - As the weather turns colder, it's clear that the holiday season is here, a time for gathering with friends and family to celebrate the festivities ahead.

With Thanksgiving Day approaching on Nov. 27, several events and activities across the Sacramento area are offering residents an opportunity to give back, share a meal or simply enjoy time together.

Run to Feed the Hungry

For those looking to give back while getting some steps in, the Sacramento Food Bank & Family Services will host its 32nd annual Run to Feed the Hungry on Thanksgiving morning (8 to 11:30 a.m.). The long-standing Sacramento tradition, presented by KCRA/My58, offers participants the option to run, walk or jog a 5K or 10K course.

This family-friendly event helps raise funds and awareness about hunger in the community. Sacramento Food Bank & Family Services, which has served Sacramento County for more than 49 years, notes that the demand for food assistance has never been greater.

Whether you choose to run or walk, donate to a team or start your own fundraiser, every dollar raised will help feed the more than one in four Sacramentans at risk of hunger. For more information or to register, visit runtofeedthehungry.com.

Holiday Food Distribution

River City Food Bank is helping make the holidays brighter with its Holiday Food Distribution, which provides healthy groceries for families in need.

Two distribution events are planned. One is at an Arden location, The Center at St. Matthew's 2300 Edison Ave., from 10:30 a.m. to 1:30 p.m. Saturday, Nov. 22, and another is at the Midtown location,



Those looking to help can contribute to the cause by donating at rivercityfoodbank.givingfuel.com/donate, helping ensure that more families have a Thanksgiving meal to enjoy this season. Photo courtesy of River City Food Bank



1800 28th St., from 10:30 a.m. to 1:30 p.m. Tuesday, Nov. 25.

Those looking to help can contribute to the cause by donating at rivercityfoodbank.givingfuel.com/donate, ensuring that more families have a Thanksgiving meal to enjoy this season.

Share the Holiday Cheer

Since 1983, Sacramento Loaves & Fishes has provided homeless survival services and continues its mission this Thanksgiving by collecting donations to serve hearty holiday meals to its guests.

Requested donations include frozen turkeys, marshmallows, apple juice, store-bought pies, whipped cream, cranberry sauce, dinner rolls and dry stuffing mix. Due to county regulations, home-cooked food cannot be accepted.

Donations can be delivered between now and Nov. 23. For fresh bakery items such as pies, deliveries are recommended between Nov. 21 and 23 to ensure freshness through the holiday.

Drop-off hours are from 7 a.m. to 4 p.m. Monday through Friday and 8 a.m. to 3 p.m. on weekends at the organization's warehouse, 1251 North C St.

The warehouse will be closed Nov. 29 and Nov. 30. Monetary donations can be mailed to P.O. Box 13495, Sacramento, CA 95813, or



Celebrate Thanksgiving by participating in a morning run, walk or jog at the 32nd annual Run to Feed the Hungry 5K or 10K. Photo courtesy of Run to Feed the Hungry

made online at sacloaves.org. For questions, call 916-446-0874.

Dine Out for Thanksgiving

Looking to skip the stress of cooking this year? Several local restaurants are offering Thanksgiving meals to either enjoy in-restaurant or at home with family and friends.

Chevy's Fresh Mex, 1369 Garden Highway, will feature a Thanksgiving buffet complete with

a roasted turkey and ham carving station, unlimited champagne and mimosas, and an array of sides including apple-jalapeño stuffing, mashed potatoes, green bean casserole, a taco station and dessert bar. Prices are \$43.99 for adults and \$14.99 for children. For more details, visit chevys.com/open-thanksgiving.

Yard House, 405 K St. Suite 100, will offer two turkey options of

classic sliced turkey with gravy or fried Nashville hot turkey, both starting at \$29.99 for adults and \$13.99 for children 12 and under. Plates include parmesan mashed potatoes, brussels sprouts, cranberry sauce and a choice of pumpkin praline cheesecake or Oreo sundae for dessert. More details are at yardhouse.com/events/thanksgiving.

At The Firehouse Restaurant, 1112 Second St., guests can enjoy a three-course Thanksgiving menu for \$99 per person and \$45.95 for young patrons. The menu includes a Bloomsdale spinach salad, a choice of roasted breast of free-range turkey, pan-roasted Alaskan halibut, filet mignon or braised sweet potato and ricotta ravioli. Dessert options include Old World carrot cake and pumpkin cheesecake.

Reservations can be made at firehouseoldsac.com/thanksgiving-menu or by calling 916-442-4772.

Friendsgiving and Riverfront Dining

For a more casual celebration, Crawdads on the River will host its 10th annual Friendsgiving event at 5 p.m. Wednesday, Nov. 26, at 1375 Garden Highway. The evening will include food, music from deejay NADZ and plenty of time to share stories and make memories with friends. Register for the event at bit.ly/4i1Zm7 (case sensitive).

Finally, those wanting a festive dining experience with a view can celebrate Thanksgiving aboard the historic Delta King Riverboat, 1000 Front St. Guests can enjoy a buffet with roasted turkey, prime rib, mashed potatoes, stuffing, gravy and seasonal desserts, including pumpkin pie. The event runs from noon to 6 p.m. on Thanksgiving Day. Tickets are \$70 for adults and \$28 for children ages 12 and under.

For more information, contact inquiry@deltaking.com or call 916-444-8052. ★

UC Davis Professor Honored for Citrus Pest Research

UC Davis Department of Entomology and Nematology

DAVIS, CA (MPG) - UC Davis Distinguished Professor Walter Leal recently received an award from the citrus research organization, Fundecitrus, São Paulo, Brazil, in recognition of his "outstanding contribution to citriculture," emphasizing his work on the Asian citrus psyllid and a Lepidopteran pest named "bicho furão" (citrus fruit borer).

Leal, a member of the Department of Molecular and Cellular Biology faculty and a former professor and chair of the UC Davis Department of Entomology, is the first U.S.-based researcher to receive the Fundecitrus award.

A native of Brazil and a Fellow of both the Entomological Society of America and the Entomological Society of Brazil, Leal is the principal investigator of a research agreement between UC Davis and the Fundecitrus-Fund for Protection of Citriculture, based in São Paulo.

Leal's discovery of the sex pheromone of the Asian citrus psyllid -- which spreads the deadly citrus greening disease, Huanglongbing (HLB) -- may result in the insect version of "The Fatal Attraction." The team is now working on a

formulation to be used in traps.

The Asian citrus psyllid, *Diaphorina citris*, is a sap-sucking bug that is one of two confirmed vectors of Huanglongbing disease. A native of Asia, it is found in parts of the Middle East, South and Central America, Mexico and the Caribbean. It was first detected in the United States in 1998 (Palm Beach County, Florida) and is now also found in Louisiana, Georgia, Arizona, South Carolina, Texas, and since 2003, in California (San Joaquin Valley and Central Coast counties, including San Luis Obispo.)

Former UC Cooperative Extension advisor Surendra Dara of San Luis Obispo and Santa Barbara counties (now at the University of Hawaii, Mānoa) earlier said that "The Asian citrus psyllid is a major threat to the multibillion-dollar citrus industry in the United States. When an insect pest vectors a deadly disease, the threat is more serious and Asian citrus psyllid being an invasive pest made its management even more challenging. Discovery of a sex pheromone by Dr. Leal's team is a major breakthrough not just for managing a dangerous invasive pest, but also a significant contribution to environmental



UC Davis Distinguished Professor Walter Leal (left) with Juliano Ayres, executive director of Fundecitrus, São Paulo, Brazil. Photo courtesy of UC Davis Department of Entomology and Nematology

sustainability. I envision this pheromone becoming a clean, green, mean weapon in the integrated pest management arsenal against Asian citrus psyllid." Integrated pest

management specialist and UC Davis Distinguished Professor Emeritus (on recall) Frank Zalom, of the UC Davis Department of Entomology and Nematology and a

past president of the Entomological Society of America, earlier hailed the discovery as a "significant breakthrough in preventing the spread of this serious citrus insect, and may offer a less toxic

method for its control." He was not involved in the study.

Pheromones and other semiochemicals are widely used in agriculture and medical entomology. "Growers use them as lures in trapping systems for monitoring and surveillance, as well as for strategies for controlling populations, such as mating disruption and attraction-and-kill systems," Leal said.

Asian citrus psyllid feeds on new leaf growth of oranges, lemons, mandarins, grapefruit and other citrus, as well as some related plants. Infected psyllids can transmit the bacterium *Candidatus Liberibacter asiaticus*, which causes the fatal citrus disease. An early symptom of Huanglongbing disease in citrus is the yellowing of leaves on an individual limb or in a sector of a tree's canopy.

Citrus trees infected with Huanglongbing usually die within five years, according to the UC Statewide Integrated Pest Management Program. There is no known cure. "The only way to protect trees is to prevent spread of the Huanglongbing pathogen in the first place, by controlling psyllid populations and removing and destroying any infected trees," UC Integrated Pest Management says on its website. ★

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