

Emergency Food Distribution Feeds Families, Souls

Many in Natick Rely on SNAP Benefits

BY SANDY QUADROS BOWLES
EDITOR

When news hit that neighbors might go hungry during the government shutdown, Natick stepped up.

An emergency food distribution event took place Nov. 1 at the Natick Service Council to provide food for residents that might be affected by the elimination of the Supplemental Nutrition Assistance Program, commonly known as SNAP. Funding was stopped when the government shut down, leaving some families unaware of where to find their next meal.



Volunteers reflected the council's motto of "Neighbors Helping Neighbors." Courtesy photo

FOOD

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History Told by Heroes Themselves as Veterans Share Stories



Paul Carew, Natick's veterans service officer, shared his story with Kennedy Middle School students and is also part of the Veterans Storywalk. Photo by Sean Sullivan

BY SEAN SULLIVAN

On a Friday morning in early November, generations bridged the divide of decades over breakfast.

The event was part of the Veterans Oral History Project, a campaign sponsored by the Morse

Institute Library. The project, which ran from Nov. 5 to Nov. 12, was scheduled to encompass and highlight Veterans Day, which is celebrated on Nov. 11.

Morse Institute Library has collected and archived the stories of more than 360 veterans since the program was begun over 20 years ago. Its mission is to preserve these stories as oral history, lessons that future generations can listen to and learn from.

At that breakfast on Nov. 7, students at Kennedy Middle School shared tables and doughnuts with vets, attentive while the older visitors shared memories from their time in the armed services.

HISTORY

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Downsizing: A Step-by-Step Declutter Plan That Moves You



Ted Raad, Realtor
eXp Realty

REAL ESTATE INSIGHTS

A clear, step-by-step plan turns decluttering from overwhelming to achievable, also making homes show brighter, larger, and more welcoming. The goal isn't minimalism; it's curation. Follow this 30-day sequence to stay focused and finish strong.

Step 1: Set the rules and your system (Day 1)

Decide what to **keep**, **donate**, or **sell**, and create one small memory box for treasures. Add a lidded "maybe" bin you'll open on Day 30 to decide. Set up a cloud folder labeled Home Sale Docs with subfolders for Improvements, Warranties, Estate or Trust, Taxes, and Utilities. As you go, scan anything your attorney, CPA, or buyer may need and file it immediately.

Step 2: Quick wins first (Days 2–6)

Start where progress is fast: storage areas, linens, extra kitchen tools, and hobby supplies. Photograph sale items while spaces are clean. Group similar belongings for easier pricing and pickup. Keep three years of tax returns and closing statements, and scan improvement invoices, warranties, and manuals so your buyer team can locate details quickly.

Step 3: Plan selling and donation logistics (Days 7–10)

If you're selling belongings, interview estate-sale or auction professionals about insurance, fees, and timing. Strong teams handle sorting, pricing, and payments and can bring specialists for art, jewelry, or antiques. If speed matters more than value, consolidate into donation pickups, a few consignment pieces, and online listings. For pick-ups, plan early keeping in mind that month-end and college-move periods fill quickly.

Step 4: Handle disposal the right way (Days 11–13)

Mattresses and textiles can't go in the trash. Use Natick's recycling program or a licensed recycler. For bulky items, check the town pickup calendar and fees, and reserve a slot once photography or showings are set. Again, schedule all pick up and disposal services in advance so they're completed before Day 30!

Step 5: Declutter living areas and office (Days 14–18)

Declutter surfaces, minimize décor, and clear floor space. In the office, scan what's needed, shred what isn't, and keep only what supports the home sale or you want in your move.

Step 6: Bedrooms, closets, and furniture (Days 19–22)

Right-size clothing and linens. Prepare furniture for sale or pickup. Stage closets with breathing room so they feel spacious.

Step 7: Sentimental items and photos (Days 23–26)

Tackle emotional items last. Invite loved ones to choose a few meaningful pieces and record stories so memories travel too. Pick favorite photos for display and digitize the rest to keep walls open for photography.

Step 8: Final prep for photos and showings (Days 27–30)

Open the "maybe" bin, decide quickly, neutralize décor, and stage each room for showings. Confirm donation and pickup appointments.

Key takeaway: Successful downsizing in Natick isn't about perfection. It's about pacing your decisions, starting small, and finishing the process organized.

This is the second of six installments in the Downsizing Series. Next topic: a home downsize estate-planning checklist.

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Events at the Natick Council on Aging in December

Tech workshop with Natick High Robotics Club, Monday, Dec. 1, at 3 p.m.

Hosted by high school students, this hour-long workshop is directed at older adults who would like brief, informative

lessons on using their own technology. Bring your own devices; registration required.

Housing search clinic, Tuesday, Dec. 2, at 2 p.m.

MetroWest Collaborative Development will discuss in-

come-restricted housing and more affordable housing options. Support will be available to explain options and help fill out applications. Bring a laptop if you have one. To register, call Merkeisha Dickson at 617-923-

3505, ext. 102 or email merkeisha@metrowestcd.org.

Chair massage, Wednesdays, Dec. 3 and 17.

Check online for registration; 15-minute sessions can help with muscle tension and stress.

Family Feud game show, Wednesday, Dec. 10, at 1 p.m.

This live game show hosted by Kevin Richman offers prizes for matching what the "survey says."

Understanding and Overcoming Procrastination, Tuesday, Dec. 9, at 1 p.m. (part one) & Monday, Dec. 22, 2 p.m. (part two).

For people who fight getting started on tasks and perhaps label themselves as professional procrastinators. Laura Mutch will lead a two-session workshop to help participants identify patterns and create a customized approach. Leave with practical tools to implement immediately.

Long-term care: Planning for What's Next and Protecting Your Assets, Wednesday Dec. 10, at 10 a.m.

Samantha Gentel of Generations Law Group will cover the types of long-term care available, associated costs and how

these expenses can impact your financial security.

Making Cents of Caregiving, Wednesday, Dec. 10, at 1 p.m.

This program introduces participants to the AARP Financial Workshop for Family Caregivers, which helps caregivers minimize the financial stress of their efforts.

Travel Talk with Dana, Tuesday, Dec. 16, at 1 p.m.

Ride along with world traveler Dana Zaiser as she explores the Amazon River and the Brazilian city of Manaus. See amazing animals and colorful birds and learn to fish for piranha.

Meaningful Connections Memory Café, Thursday, Dec. 18, at 11:30 a.m.

The café is a welcoming and supportive gathering for individuals with memory loss and their care partners. Call the Monday before to reserve a space.

Cooking Small: Recipes for 1 or 2, Monday, Dec. 22, at 1 p.m.

Master the art of preparing tasty and nutritional meals in smaller portions while minimizing waste and shopping efficiently. Therapy Gardens recipes provided.



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New Years' Eve in Natick

Welcome in 2026 at the fifth annual CRT on NYE celebration. The program takes place from 4:30 to 7:30 p.m. Dec. 31 on the Cochituate Rail Trail, from Mechanic Street to Chrysler Road. The event will feature hosted fire pits, family-friendly fun for



all ages , lighting and sweet and savory treats. For more information, visit <https://www.friendsofnatick-trails.org/crtnye>

Natick Frosty 5K Steps Off Dec. 7

Lace up your running shoes for the Natick Frosty 5K, to take place Sunday, Dec. 7 at Natick High School. Proceeds benefit the Natick Cross-Country and Track Boosters programs. This is a U.S. Track and Field certified race. Runners younger than 10 can participate at no charge. For more information, visit NatickXCandTrack.org



Map of the Frosty 5K route. Hosted by NHS XC/TF Boosters Club. Courtesy image

Fill a Truck for Toys for Tots



The Natick Fire Department is hosting a fill a truck event for Toys for Tots from noon to 4 p.m. Dec. 13 at 3 Dean Road, Sherwood Plaza. Since 1947, Toys for Tots, which is sponsored by the Marine Corps Reserve, has distributed 708 million toys to 314 million children. Although closely associated with the holiday season, the effort is year-round.

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HISTORY

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Posters filled the school's walls and windows, designed and drawn by students in honor of Veterans Day.

Chris Forest, an eighth grade civics teacher at Kennedy, helped plan the meet-and-greet and guided students in creating and organizing the posters.

It's "helping them realize that the military plays such an important role in our country," said Forest.

The breakfast was a rotating roundtable event, featuring a visiting veteran at each, shoulder-to-shoulder with students who sat and completed the circle.

At a scheduled time, veterans would take leave of their group to join another, replaced by a new speaker.

Some brought artifacts from their time in the service, tangible touchstones that recalled a by-

gone era and phase of life.

Visitors to the Natick Common last month may have noticed an array of signs lining its walkways. These were the main event of the Veterans Storywalk, a way the Morse Institute Library and the town sought to honor veterans and publicize the oral history project.

These took the form of familiar yard signs, but each was dedicated to the story and service of a particular veteran. The signs featured a portrait of each servicemember, along with the branch and theater in which they served.

Also on each was a QR code that led to a video or audio file of that veteran recounting their memories and experiences in the armed forces.

Longtime Natick resident Paul Carew is among them. He grew up and still resides in town, and served in the United States Marine Corps.

Carew signed up with the service in 1970, at a time when the Vietnam War was roiling the world stage in America and abroad. His father, an Army veteran, didn't approve of the decision.

"I didn't make any friends at home" by joining up, said Carew.

Being from the Bay State, Carew earned the nickname "Boston" during his boot camp training at Parris Island.

Upon graduation, he trained to be a radio operator and received



One of the posters created by eighth-graders at Kennedy Middle School for the annual Veterans Breakfast. Photo by Sean Sullivan

his orders. He would serve as support for a helicopter force based on the USS Tripoli.

"We went all over southeast Asia," said Carew, including several trips to Vietnam. His service also brought him to Thailand, Japan and the Philippines. "We didn't have a direct combat role," though the inherent risk of serving abroad was always in view.

Carew described the radio he carried as heavy box strapped to his back. "They were cumbersome, to say the least."

Since the radio operator was often attached at the hip with a unit's officer, the communication device also served as a target painted on the back of whoever carried it.

"I don't remember any beauty



Kennedy School students learned about American history firsthand at the veterans breakfast. Photo by Sean Sullivan



Billy Thomas, who served in the Air Force for 26 years, including the Korean Conflict, was among the veterans who visited with the students. Photo by Sean Sullivan

to this country," said Carew of Vietnam. That was in contrast to the other theaters he'd visited. American use of the infamous defoliant Agent Orange had so scarred the landscape, he said.

The full story of Carew's military career and those of his fellow

veterans can be viewed online at Natick's Veterans Oral History Project. There, audiences can browse servicemembers by name or via the conflicts or peacetime roles in which they served.

For more of their stories, visit natickveterans.com.

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2nd Family Home Care & Support Services: Peace of Mind, Right at Home

By JENNIFER RUSSO

Watching a family member navigate the challenges of aging can be both difficult and deeply emotional. Whether it's increased physical strain after an injury, struggling to climb stairs because of sore joints, losing the ability to drive due to failing eyesight, or even facing the complexities of cognitive issues such as memory loss or dementia, everyone wants the absolute best for those they love most.

Across the region, families are discovering that compassionate care doesn't have to mean someone giving up the comforts of their own home. At 2nd Family MetroWest Boston, the mission is simple, yet powerful – to help older adults live safely, independently, and joyfully in the place they call home. With personalized services designed to ease the stress of daily tasks and activities, families can worry less knowing their loved ones are supported.



Shawn Kelly recently launched 2nd Family MetroWest Boston to address the growing need in our area for quality family home care. A Natick resident since 2013, Shawn has a strong commitment to community outreach, including coaching youth sports and acting as a director for the Redhawk Foundation, a Natick-based not-for-profit that supports families who are challenged with the rising cost of youth programming.

The motivation to start 2nd Family MetroWest Boston also

**Business
spotlight**

has a much more personal connection for Shawn. When Shawn and his family faced the difficult decisions involved in arranging care for a loved one returning home after a hospital stay, they saw firsthand the need for compassionate, reliable



2nd Family Home Care MetroWest Boston owner Shawn Kelly, pictured with his family, including his mother, whose caregiving journey helped inspire his commitment to compassionate home care services here in Massachusetts.

support that families could truly trust.

“I have a business and consulting background and really wanted to shift my career into an area that was mission-driven, where I believe in the impact that I am making. In our local community, it is clear that there

is a growing demand for people who need help but would prefer to stay and age comfortably in their own homes. And because this was a personal interest of

CARE

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The logo for Indresano corporation features a stylized tree icon in green and orange above the text "Indresano" in a bold, orange font, with "corporation" in a smaller, grey font below it.

A photograph of a luxurious outdoor patio area. In the foreground, there is a large, light-colored stone patio with several wooden lounge chairs and a coffee table. A red patio umbrella is open on the right. In the background, there is a swimming pool and a large, multi-story house with a stone fireplace on the left. The scene is surrounded by lush greenery and trees.

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CARE

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mine as well, it is important for me to fill that gap here in MetroWest Boston," shares Shawn.

Based in Framingham and serving communities throughout the region, 2nd Family MetroWest Boston is a local company built on empathy, trust, and genuine human connection. Whether it is preparing a favorite meal, offering a steady arm for a walk around the neighborhood, organizing medications, giving a ride to a doctor's appointment, or simply providing companionship, their caregivers deliver more than just support – they bring peace of mind to families who need it most.

At the heart of the company's philosophy is something they call the Grandma Guarantee® - a promise that they will only hire a caregiver whom they would trust to take care of their own grandmother or loved one. That personal standard ensures that every client is treated with the same love, patience, and respect that every family member deserves. All caregivers are thoroughly vetted with background checks, are Certified Nursing Assistants (CNAs), are certified in CPR and First Aid, and are compassionate and dependable. Additionally, a Registered

Nurse (RN) oversees and customizes every client care plan and serves as the primary point of contact for clients.

2nd Family is also very technology-enabled. The company has its own app that families can use to review pertinent information on their loved one's care plan and schedules, as well as to communicate with the care team, for a truly seamless experience.

"If our services are a match, we work with families to understand the needs of the individual so that we assign the right staff to provide the best care that meets those needs. The most important thing to us is to make sure that families are aware of various care options so that they can make the most informed decision about how best to support and care for the people they love," Shawn says.

Known for its tight-knit neighborhoods and multigenerational families, MetroWest Boston is an ideal location for 2nd Family, offering the kind of reliable and compassionate care that enables seniors to remain active in the communities that they have helped to build.

For more information about 2nd Family Home Care and Support Services, please visit their website at www.2ndfamily.com/location/ma/metrowest-boston/ or call 508-281-2123.

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'A Bit of Light in Dark Times'

Project Honors Acts of Kindness

BY SEAN SULLIVAN

Seeing a container of nails that had spilled into the street a few months ago, Elizabeth Nolan Greer was inspired.

"I thought, this is what we need."

Not a mess of nails in the street, of course, but the flash cleanup crew that materialized to help gather them up.

Greer is Director of Team Engagement for "Spark Kindness," a Natick nonprofit whose mission is spelled out simply in its name.

Spark Kindness seeks to be catalyst in the community for positive action. The group had been workshoping how to promote and acknowledge acts of kindness in Natick and beyond.

"We were brainstorming ways to see a bit of light in dark times," said Greer.

The answer presented itself as she watched how people came together to solve a common problem. The police had been called about the roadway hazard and an officer arrived on scene.

Seeing this, a group of nearby landscapers joined in to assist in picking up the scattered nails. A few onlookers were inspired also to join the cleanup crew, making short work of the sharp, spilled objects.

Watching all this unfold,



Volunteers help remove spilled nails from the street, a spontaneous gesture of kindness that inspired an effort to rescue those who do good things. For more information, visit www.sparkkindness.org.

Courtesy photo

Greer realized she had "caught" all these volunteers in the act of being kind.

C.S. Lewis is supposed to have said that "Integrity is doing the right thing, even when no one is looking."

There's a singular and endearing quality to a spontaneous photograph, one taken of a subject who's unaware that a lens is being trained on him. In such cases, personality is captured in its natural state. No posing is involved.

The intrepid photographer strives for such an image, one that captures the uncorrupted essence of a person and scene.

The same can be said virtuous deeds: Sometimes the subject is captured in the act unawares. And like a good photographer, one can develop an eye for such scenes.

That's another motive behind "Caught Being Kind," a recent drive by Spark Kindness.

"You see what you look for," said Greer.

An integral part of the campaign is recognition. Having seen an act of kindness or service, a witness is encouraged to document the event. There are three ways to do so.

The group set up an online portal, through which virtuous acts can be recognized. A public message board was established there, where details of the event

can be posted.

For more personalized and direct recognition, the name and address of the do-gooder can be submitted, along with details of their kind act. Spark Kindness then mails out a postcard to the responsible party.

The last and most gracious of the three options is to write and send a postcard yourself to the recipient. Cards can be obtained at select local businesses.

Originally scheduled to end in November, the Caught in the Act drive has been extended until Dec. 20 due to popular demand.

"It's out there, kicking around on its own," said Greer. "People just doing it on their own."

Some examples? One person caught and recognized another for being open to and curious about the former's Hindu culture.

Another noted a volunteer who'd participated in the "book brigade" that recently relocated Ten Trees Books to its new location on Main Street in Natick.

Others singled out people who'd donated resources to "Call to Talk," and the Natick Service Council.

"Someone wrote about their grandmother being their number-one soccer fan," said Greer. "People turning to one another. Spark's here to let you know you're not alone."

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Slow Down, Show Up and Spend Ahead



Glenn Brown, CFP

My work focuses on financial planning and aligning priorities, but the season upon us is also a reminder to pause, reflect, and reduce stress. December can feel like a sprint between holiday preparations, kids stressed over exams and shows, travel plans, shopping, and year-end deadlines, it's easy to get overwhelmed.

Consider focusing on three simple actions: slow down, show up, and spend ahead. Small steps that help you stay grounded and intentional amid the season's demands.

1. Slow Down: Protect a Few Quiet Moments
- In a world that rarely pauses,

now is a good time to tap the brakes:

Block "no-plan" time. Take a day away from work or schedule a low-pressure activity, like a walk on a rail trail in the winter air, grabbing coffee and browsing local shops, or finally enjoying a hobby you've been putting off. Unscheduled space lets everyone reset.

Put phones away for an evening. Board games, walks to see holiday lights, or uninterrupted conversation often do more for connection than any planned outing. Families who pick one evening a week to unplug together often create the best memories of the month.

Say "no" without guilt. Skip traditions or gatherings where being there feels more like an obligation than an opportunity to share joy. Focus on the experiences and events you'll remember and talk about in 10 years. Plan next-day commitments thoughtfully so you can fully enjoy the evening. There's nothing worse than being distracted or leaving early because "I have to do ___ tomorrow," when it could be handled earlier or later. Thoughtful "no's" free up space and make your "yes" moments richer.

2. Show Up: For Your People, Your

Community, and Yourself

Presence is often the best gift, and showing up can take many forms:

Support school and community events. Attend concerts, games, or fundraisers, even when they feel small or routine. Kids notice which events adults treat as important. Your presence often matters more than a perfectly wrapped gift.

Choose local when possible. Small purchases at neighborhood shops or restaurants make a difference and keep spending aligned with your values.

Reach out intentionally. A quick note of appreciation or a short call to a teacher, coach, colleague, or friend can leave a lasting impact. Small gestures often create bigger memories than elaborate gifts.

Show up for yourself. December is also a time to reflect on the year. Take 30–60 minutes to review and journal your accomplishments from the past year.

3. Spend Ahead: Raise Cash and Mark Your Calendars

Planning ahead prevents stress later:

Set aside cash now. Travel, home renovations, summer rentals, or other big-ticket aspirational items happening in 2026? Don't wait until "when the time comes" or, worse, reacting to market changes. Allocating funds now reduces stress, supports budgeting, and ensures trips are booked, contracts signed, and projects scheduled.

Mark key dates. Add school breaks, work deadlines, travel plans, and major milestones to your calendar. Early planning creates a roadmap for the year ahead, helps avoid last-minute stress, and ensures everyone in the household is aligned.

These steps reduce stress and give you confidence in completing your aspirational goals next year. These actions make the year ahead feel more manageable and intentional.

Closing Thoughts

By slowing down, showing up, and spending ahead, you can finish the year grounded, organized, and connected to what matters most.

If you'd like help balancing your money, priorities, and peace of mind, talk with your Certified Financial Planner.

Wishing you and your family a wonderful holiday season.

The opinions voiced in this material are for general information only and are not intended to provide specific advice or recommendations for any individual.

Glenn Brown is a Holliston resident and owner of PlanDynamic, LLC, www.PlanDynamic.com. Glenn is a fee-only Certified Financial Planner™ helping motivated people take control of their planning and investing, so they can balance kids, aging parents and financial independence.

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It's the Most Wonderful Time of the Year to UseAffordable Junk Removal

BY LINDA CHUSS

With so much to do around the holidays, give yourself the gift of space by using Affordable Junk Removal to help prepare your home for the season. "Life is hectic, we are all so busy in our daily lives that we don't notice how quickly we are being overrun with junk" said Jason Schadler, who founded the business in this area 20 years ago. "It's nice to park your car in the garage during the cold months, but maybe you need to make room there first, and we can help with that."

With Affordable Junk Removal, you can rent a dumpster or have their Junk Removal Professionals come to haul away items that have been gathering dust and taking up precious space. Setting an end-of-year or New Year's resolution to clean up a neglected basement or attic is a great start. You can even put a dumpster rental on your gift list. Sometimes the biggest challenge is not knowing where to begin, and that is where Affordable comes in.

"You can load your own dump-

Business spotlight

ster or have our truck guys do all of the work for you," Schadler explained. "And rest assured, we don't just take everything to the landfill. We try and recycle as much as possible. Clothing and household items are donated to local organizations that help our friends and neighbors. That keeps them out of landfills, gives them a new life, and helps us keep our prices down. We're always looking for ways to be more cost effective because customers appreciate our reasonable prices."

Changes in legislation have made it increasingly more difficult to dispose of certain items, like mattresses, for example. It is now state law that most textiles and mattresses must be recycled. "Finding places to take mattresses is a challenge and the fees for disposal have gone through the roof," said Schadler. Items like these carry a separate



recycling fee that the commercial transfer stations charge because of how labor intensive that recycling is. "People are usually shocked at the cost, and we find ourselves educating the customer as to why these fees exist. Here at Affordable, we view ourselves as an avenue our clients can turn to when they have these items and want them disposed of legally, safely and properly."

Affordable has many repeat customers. "When people call, they reach me, not some automated corporate call center," he said. "They know me and the crew and trust us. We do a good job, are fast, efficient, and reliable. We come when we say we will and if anything unexpected comes up, we communicate. We live here too, we are your friends and neighbors, we

sponsor your little league teams and run into you at the grocery store. We are your local guys." A quick look at the many years of positive online reviews attests to this.

For more information, visit AffordableJunkRemoval.com. For an estimate or appointment, call or text 774-287-1133.

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Is This a Good Year for Tax-Loss Harvesting?



Gary Shilman, Financial Advisor

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Thanks to market swings, evolving tax laws and new technology, it may be a good year to consider tax-loss harvesting – a strategy that can help reduce taxes and improve long-term returns.

What is tax-loss harvesting? When you sell an investment for less than you paid, you may be able to use that loss to offset

gains from other investments, potentially reducing your overall tax bill.

If your total capital losses exceed your gains, you can use up to \$3,000 of those losses to reduce ordinary income each year. You can carry any remaining losses forward to future tax years. The strategy doesn't eliminate taxes altogether; it simply defers them, which can free up money to reinvest elsewhere.

How it works. Imagine an investor who sold one stock for a \$10,000 gain and another for a \$10,000 loss. The two transactions cancel each other out, meaning no capital gains tax is owed for that year. The investor can then reinvest the proceeds while following the IRS's "wash-sale rule." This rule prevents you from claiming a loss if you, or your spouse or a related party, repurchase the same or a "substantially identical" investment within 30 days before or after the sale.

Because of this rule, you should consider how tax-loss harvesting will affect your investment strategy, as the benefit of holding on to that investment (and letting it grow over time) may outweigh the benefit of lowering your capital gains tax bill for a given year.

Good candidates for tax-loss harvesting include investments that no longer fit your strategy (when rebalancing your portfolio, for example), have poor investment potential or can be easily substituted with other investments.

Why 2025 may be favorable. Several factors suggest 2025 may be a good time to consider tax-loss harvesting.

First, **market volatility** has created more opportunities to realize losses. The first half of the year saw sharp market swings that left some portfolios uneven. Many large asset managers have already harvested billions in losses, using them to help lower

clients' tax liability while keeping investment strategies on track.

Second, **tax law changes** are on the horizon. With major tax reform provisions scheduled to expire in the coming years, many investors are motivated to manage their gains and losses proactively. Those in higher tax brackets stand to benefit most, as the savings increase with your tax rate.

Finally, **technology** has made the process more efficient. In the past, investors typically harvested losses near year-end. Today, automation and direct indexing allow for continuous monitoring and harvesting throughout the year, capturing losses as they appear.

Putting it into practice. Tax-loss harvesting isn't right for everyone, and it's not a reason to overhaul your investment strategy. The approach works best for investors with taxable accounts, current or expected capital gains and a long-term perspective.

Consult your financial advisor and a tax professional before making decisions. When used thoughtfully, tax-loss harvesting can help you navigate a volatile market, reduce taxes and keep more of your money working toward your future goals.

Contact Gary Shilman to discuss your financial needs, wants, and wishes.

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'Urban Symphony' may play in Natick

Natick is hoping to participate in the 27th annual exhibition of Studios Without Walls, which this year presents "Urban Symphony."

The Natick Center Cultural District is working with the Studios Without Walls team and the Friends of Natick Trails to bring the statues to the Cochituate Rail Trail in the fall of 2026 after the exhibition in Brookline closes.

The 2026 theme celebrates the beauty and complexity of city life, focusing on the sounds, textures, and rhythms of the built environment. This temporary exhibition of outdoor sculptures stimulates dialogue and celebrates the coming of spring through the integration of sculpture in the natural environment.

A printed visual art treasure hunt, to further engage children, teachers and viewers will be available along with maps of the exhibition.

This will be the 20th year being hosted and welcomed by the Division of Parks and Open Spaces at Riverway Park in Brookline.

The application for artwork is open through Jan. 11, 2026.

For more information, visit <https://www.studioswithoutwalls.org/>



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New Ladder Truck is Here



The Natick Fire Department recently welcomed Ladder 1. Courtesy photo

The Natick Fire Department recently welcomed a new team member: Ladder 1. The truck was delivered and is being checked in and equipped, with training on the vehicle to follow. The purchase of the new ladder truck was approved at Spring Town Meeting in 2022. The department thanked

Town Meeting voters for supporting the acquisition. The new equipment is important to the department’s service to the town, fire department officials have said.

First Congregational Church Celebrates the Holidays

First Congregational Church of Natick is hosting a series of programs during the holiday season.

Sunday, Dec. 14, 5 p.m. 12th Annual Interfaith Community Vigil

This vigil is for those who struggle or have struggled with substance use.

Sunday, Dec. 21, 10:30 a.m., Super Christmas pageant

Children and young people tell the classic story of the struggles of a young couple and the birth of a baby many years ago in a stable in Bethlehem. This year that story also includes a cast of superheroes who may just help show that the best superpower is love. Following worship, those onsite are invited to participate in a coffee hour.

Wednesday, Dec. 24, 7 p.m. Christmas Eve candlelight worship



The community will gather to tell stories, sing carols, and light candles that bring hope, peace, joy, and love to the world.

Sunday, Dec. 28, 10:30 a.m., New Year’s Brunch and Communion

As one year comes to an end, and a new one is welcomed, meet around the table. Folks are invited to gather in the vestry for morning worship, where participants will share songs and stories, food and laughter. They will share brunch as well as the sacrament of communion.



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FOOD

continued from page 1

“As soon as word got out (about the shutdown), people really wanted to help,” said Rachel Vingsness, who served as director of operations for the council. As of Dec. 1, she will become the council’s executive director.

Donations of food and money allowed the pop-up event to serve 22 pounds of food and a \$25 gift card to Stop & Shop to nearly 300 people.

The SNAP stoppage hit Natick hard. More than 1,300 Natick families receive SNAP benefits, with nearly \$370,000 in SNAP benefits spent monthly in Natick.

When SNAP benefits ended, “there were a lot of people who needed more than” the usual food allotment provided by the council, Vingsness said. Both regular clients of the pantry and new faces reached out. “An exhaustive wait list” after the SNAP benefits ended prompted the emergency distribution, she said.

Without that emergency help, home pantries were running low or emptied all together. “We got lots of thanks, I really needed this,” she said.

The shutdown has since ended but need remains. And the Service Council provides that help through a variety of programs.

Each month qualifying families can shop the pantry, which is set up similar to a grocery store and offers non-perishable food staples. They can also receive perishable items.

The council also offers support in a variety of other areas, including a clothing pantry, career counseling and help with applications for fuel assistance and MassHealth insurance for low-income families.

A case manager will meet with individuals to determine their needs and direct them to the best options. “If we don’t offer the service they need,” such as mental health support, “we refer people” to programs that might help.

“We’re almost a gateway to people,” she said.

Services are provided almost entirely through community support. Although some grant funding is utilized, about 85 percent of the funding comes through individual donors.

The holiday season often sparks donations, as people are inspired by the message of giving during the season. And the giving is deeply appreciated.

But the need extends well beyond the holidays, retiring Executive Director Dan Shea said. The programs run year-round, as does the need for support.

“We have an absolute crush”



A lot of volunteer hours were needed to pull the emergency distribution together. Courtesy photo

of donations around the holidays, he said. But by the spring, much of that giving has been utilized. “Summer can be challenging,” he said.

The council’s motto, “Neighbors Helping Neighbors,” fit the emergency distribution day perfectly, Vingsness said. The extra support would not be possible without the generosity of Natick residents.

“It’s pretty powerful that we can do this,” she said of the emergency food distribution “The fact that we can do it with community support, it’s unbelievable.”

For more information on the Natick Service Council, including volunteer opportunities and how to receive assistance, call 508-655-1791 or visit natick-service-council.org.



Rachel Vingsness, left, the council’s new executive director, and Dan Shea, who is retiring from the position. Photo by Sandy Quadros Bowles



The end result. Courtesy photo

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December at the Bacon Free Library

Check out what's happening in December at the Bacon Free Library.

CHILDREN'S PROGRAMS

Jammin with You, Fridays, Dec. 5 and 19, 10:30 a.m.

Be prepared to laugh, dance, sing, and jam through 30 minutes of non-stop family fun. Registration is required due to space limitations. The historic nature of the building limits accessibility. From December through March, this program is offered at the Bacon Free Library on the first Friday of the month and also in an accessible location at the Common Street Spiritual Center on the third Friday of the month.



Jammin with You is just one of many family-friendly library activities.

All Together Preschool Storytime, Mondays and Tuesdays, 10 a.m.

Join in for stories and songs. The historic nature of the building limits accessibility. This program is also offered in an accessible location at the Morse Institute Library. Check their website for dates, times, and more information).

Lapsit Storytime, Wednesdays, 10 a.m.

Stories, bounces, and songs for babies up to 24 months and their grownups. The historic nature of the building limits accessibility. This program is also offered in an accessible location at the Morse Institute Library. Check their website for dates, times, and more information.

Read to a Dog, Saturday, Dec 20, 10 to 11:15 a.m.

Kids can build confidence and practice their reading skills by reading out loud to a registered therapy dog. Children ages 5 and older can sign up for a 15-minute reading session with Sophie, a gentle golden retriever who loves belly rubs, stories, and cuddles. Registration is required.

ALL AGES PROGRAMS

Featured Art Exhibit: Tom Doran: "Ease Your Eyes" Through Jan. 28.

Tom Doran creates his unique digital compositions by layering photography and previous artworks. Informed by years of jazz improvisation and the tactile nature of paper collage, his process embraces spontaneity and a pursuit of balance between order and disorder.

ADULT PROGRAMS

Virtual: A Charles Dickens Christmas with Bill Thierfelder, Tuesday, Dec 2, 7 p.m. on Zoom.

Charles Dickens has famously been called "The Man Who Invented Christmas." Inspired by the writings of Washington Irving

earlier in the 19th century, Dickens wrote five Christmas novellas between 1843 and 1848 and over a dozen short stories between 1852 and 1866. Each of these, including the perennial favorite "A Christmas Carol" helped to shape how the holiday season is celebrated in Britain and America. This program explores these wonderful flights of holiday fantasy and their lasting influence. Register at baconfreelibrary.org/event/charlesdickens.

Virtual: Healthier Holidays with Empty Nest Kitchen, Tuesday, Dec 9, 7 p.m. on Zoom.

Explore delicious holiday dishes with a Mediterranean flair to incorporate into your celebrations. The Mediterranean diet, which has been linked to a multitude of health benefits, is rich in plant-based foods and oils, with a moderate amount of fish, poultry, and dairy foods. Register at baconfreelibrary.org/event/healthierholidays.

Virtual: Wolfgang Amadeus Mozart: "The Man Behind the Music", Monday, Dec. 15, 7 p.m. on Zoom.

Take a glimpse into the world of one of music's biggest heroes and appreciate his genius through spoken lecture and live piano performances. Dan Lupo, creator of FiveMinuteMozart.com, a music education platform with over two million views and thousands of subscribers, will present a music education program chronicling the life and achievement of one of music history's greatest composers. Register at baconfreelibrary.org/event/mozart/.



Bacon Free Library. Theresa Knapp photo

Virtual: Great American Unsung Heroes who Changed the Course of History, Nikola Tesla, Wednesday Dec. 17, 7 p.m. on Zoom

Nikola Tesla was a trail blazer who created astonishing, life-transforming devices. But he never received the credit he richly deserved. He will get his proper due in this enlightening talk. Register at baconfreelibrary.org/event/nikolatesla.

ADULT BOOK & FILM CLUBS

Registration is required for all clubs. Visit baconfreelibrary.org/clubs-programs.

Mystery Book Club, Thursday, Dec. 4, 1 p.m. on Zoom.

"Murder in Highbury" by Vanessa Kelly.

History Book Club, Thursday, Dec 11, 11 a.m. on Zoom

"The Wide, Wide Sea: Impe-

rial ambition, first contact, and the fateful final voyage of Captain James Cook" by Hampton Sides.

Environmental Book Club, Tuesday, Dec 16, 7 p.m. on Zoom

"Is a River Alive?" by Robert Macfarlane.

Nonfiction Book Club, Saturday, Dec 6, 10 a.m. on Zoom

"An Unfinished Love Story: a personal history of the 1960s" by Doris Kearns Goodwin.

Tuesday Book Club, Tuesday, Dec 9, 6:30pm at the library

"The Frozen River" by Ariel Lawhon.

The Bacon Free Library and Morse Institute Library offer passes for free or reduced-admission to 30 local museums. Visit baconfreelibrary.org/museums-3.

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Struggling with Acne?

By LISA MASSIMIANO,
LICENSED ESTHETICIAN AND
CERTIFIED ACNE SPECIALIST

If you have been diagnosed with acne and haven't been satisfied with drug store products or the suggested treatment from your doctor, consider seeing an Acne Specialist.

What is an Acne Specialist?

An Acne Specialist is a licensed skin care professional who is specially trained to treat acne using a combination of clinical treatments, home care protocols and regular follow-up during the process of clearing acne prone skin.

Most physicians don't have the time to spend educating patients on the root cause of their acne. They often prescribe oral antibiotics and strong topical retinoids that can leave skin dry, red and irritated. Patients get frustrated with these side effects and stop using the products.

How an Acne Specialist Can Help You.

An Acne Specialist will assess your individual skin type, and the type of acne you have, to develop

a plan of action specifically for you. They will take the time to teach you about the root cause of acne and provide information on lifestyle, diet, medications, and ingredients in makeup and skin care products that exacerbate acne. They help you to get your skin clear and teach you how to keep your acne under control.

For people struggling with acne, it can be frustrating to try and communicate with their doctor on a timely basis. My clients tell me that the best part of working with an Acne Specialist is that we are there for them to answer their questions and provide support while they go through the process of getting their skin clear.

Questions about acne? Email Lisa Massimiano, owner Skin Smart Salon and Acne Clinic at skinsmartsalon@aol.com or call 508 881-1180. Visit the website skinsmartsalon.com for information about Skin Smart's acne program and other services.

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EV Chargers Spark Interest



EV chargers are located in a variety of locations in town. Courtesy photo

Here's something for drivers to get charged up about.

New and improved electric vehicle charging stations are now online or coming soon to many locations across Natick.

This fall, Sherwood Plaza installed ten DC fast charging stations and ten Level II stations. The DC fast stations can provide EV owners with 125 miles of charge in 10 minutes, and are the first fast charging stations located off the Mass Pike in Natick. The stations are located in the center of the plaza near the Bank of America kiosk and MOM's Organic Market.

The Town of Natick also recently replaced and expanded EV charging stations in public parking lots. First generation charging stations in Natick Center were replaced with faster

Level II stations, and new additional ports were added to the Pond Street and Public Safety parking lots. The town is also working to install a charging station at the Rail Trail parking lot on Mechanic Street.

Both Sherwood Plaza and the town's new stations use RED.E software to manage sessions and payments for charging. Users can download the RED E app or scan a QR code on the screen at the station they are seeking to use.

Nearly 2,000 electric vehicles are registered in the Town of Natick, and approximately 15 locations across the community offer EV charging, some with multiple stations. Typically each station has two ports, meaning a single station can usually provide electric-

ity to two vehicles at the same time. These locations include Cole Recreation Center; Community Senior Center; Connor Heffler Park; Dug Pond; John J. Lane Park and Community Gardens; Kennedy Middle School (four stations); Mass Audubon's Broadmoor Wildlife Sanctuary; Mass Pike rest stop, eastbound (six stations, DC fast); Natick Mall (multiple stations in multiple parking lots); Pond Street/West Central Street parking lot (two stations)

Also, Public Safety parking lot on South Ave (6 stations); Residence Inn; Route 9/27 Plaza; Sherwood Plaza (20 stations, including 10 DC fast); Verve Hotel; 235 West Central St (Natick Dental Partners and other offices) and West Natick Fire Station.

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Sports

Redhawks Finish Second in Three Post-season Meets

By KEN HAMWEY
STAFF SPORTS WRITER

The boys cross-country team at Natick High has had a memorable season.

Coach Matt Miller's squad finished the regular season undefeated at 9-0, the first time his forces have gone unbeaten in his 14 years at the helm. That unblemished record enabled Natick to not only capture the Carey Division title, but also to wear the Bay State Conference crown as the best regular-season team.

One of its nine victories carried lots of significance — a 27-28 triumph over Brookline handed the Warriors their first loss in three years. And, for the Redhawks, it was their first win over Brookline in 25 years. An elite team, Brookline has won the BSC Championship Meet and the Meet of Champions for the last four years.

The Redhawks success extended into the post-season where they finished second in the BSC Championship Meet, the State's Division 1B Meet, and the Meet of Champions.

Natick will close out its post-season schedule at the Nike Regional in New York, which is slated to take place after Local Town Pages deadline.

At the BSC Meet at the Wrentham Development Center, Natick's John Bianchi finished first in a time of 15:26.3, finishing 10 seconds ahead of Brookline's Liam Hartman. However, Brookline won the meet with 34 points and the Redhawks were second with 46. Wellesley, Walpole, and Weymouth finished 2-5, respectively.

"John is a very determined runner," Miller said. "He used his experience from last year's meet to help him this time. He surged with 800 meters to go, executing his plan to. At the finish, the race wasn't close."

The last Natick runner to win the BSC Championship Meet was Bianchi's father Jamey in 1993.

Natick had another good outcome at the Division 1B meet. Bianchi finished first and the Redhawks were second behind Concord-Carlisle, which registered 44 points. Natick had 70

and Arlington was third with 133 points.

Bianchi's time was 15:51 over the Wrentham Development Center course and teammate Declan Hava, who finished third, posted a time of 16:01.

"Finishing second was a bit disappointing but the boys competed well," Miller said. "Our goal was to finish first."

At the Meet of Champions at Devens, Brookline finished first (67 points), Natick was second with 87 points and Concord-Carlisle was a distant third with 137 points. Bianchi was second, finishing a quarter of a second behind Oliver Ames' Landon Sarney, who posted a time of 15:33.28. Bianchi's time was 15:33.54

"John was great, running the race according to plan," Miller said. "But Sarney was amazing, running the best race of his life. For us, Callum Doyle finished 13th and Freddie van der Velden placed 14th."

Miller liked the way his forces competed. "We knew we had a good chance to be second but we also believed we could win the title," he said. "Our runners were focused and they provided a superb effort, facing the best competition in the state. The experience we gained this season helped prepare us to do well in the Meet of Champions. We beat Concord-Carlisle by a decisive margin."

Miller got high caliber results this season and linked the Redhawks' emergence last year as a major key to elevating his current squad.

"This year's team has achieved a level of maturity and experience that helped them to train and race at a higher level," Miller said. "They learned a lot last year, sort of cut their teeth performing at the highest level in the state and had their best team results."

Last year, Natick had a 7-2 dual-meet record, was second in the Bay State Conference Championship, second in the Division 1B State Championship, fifth in the Meet of Champions and tenth in the Nike Cross Country Northeast Regional Championship.

Miller credits his squad's com-



Natick's cross-country captains flanking their coach are, from left, Nick Downey, Elijah Pereira, coach Matt Miller, Kenny Chiu, Freddie van der Velden, and John Bianchi. *Courtesy photo*

mitment to summer training for this fall's success. "Their training was very focused with about 10-12 runners having met their summer training goals and thus being very prepared for this season and our pursuit of a state championship."

Miller and his contingent knew they could contend in post-season meets.

"Our ultimate goal after pre-season practice was to win the Meet of Champions," he emphasized. "And, that meant we'd also strive to win the BSC Championship Meet and the Division 1B Meet. Our regu-

lar-season victory over Brookline gave us confidence and the boys realized the level of achievement that represented."

The Redhawks' team strengths are definitely linked to this year's success.

"We've got competitors with a high running IQ, they're well-skilled, coachable and promote team chemistry," Miller said. "We're also experienced, have depth and rely on speed and endurance. And, our senior leadership is excellent."

The five senior captains not only personify leadership, but they also have led in a variety of

ways. They include Bianchi, van der Velden, Nick Downey, Elijah Pereira and Kenny Chiu.

"John and Freddie have always been good leaders and were among our top five runners last year," Miller said. "Nick, Elijah, and Kenny have really stepped up this season, providing incredible leadership towards younger runners and also helping our coaching staff make each complex training day work efficiently. They keep everyone moving to

REDHAWKS

continued on page 16



Happy Holidays!





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Women’s Ensemble to Present ‘Baby It’s Cold Outside’

Kick off the holiday season with the sounds of Exsultet as they present their annual winter concert.

This year’s performance, “Baby It’s Cold Outside,” features moments of ethereal beauty such as in the “Hebrides Lullaby,” the humor of “Cold and Fugue Season” and classics such as “Santa Claus is Coming to Town.”

The concert will take place at 7:30 p.m. Friday, Dec. 5 at Christ Lutheran Church, 113 Union St., Natick.

General admission tickets are \$20; students and seniors (65 and older) are \$15; and children 12 and under are admitted free. Performances are not suitable for children under age 6.

Tickets can be purchased through the website at www.exsultet.us



Exsultet! A Celebration of Voices will perform holiday favorites at their concert Friday, Dec. 5. *Courtesy photo*

www.exsultet.us or at the door prior to the performance.

Exsultet! A Celebration of Voices is an auditioned women’s ensemble based in Holliston since 2013. The concerts are not only filled with beautiful pieces but are thematic and tell a story from the music selections to the spoken poetry and readings throughout the concert.

The troupe’s mission is to create a safe and inclusive place for any woman who wants to enrich her life with the wonder of singing.

REDHAWKS

continued from page 15

the right place within the daily training schedule. I’ve been impressed with their work every day.”

Bianchi, the Redhawks’ No. 1 runner, had a top-notch season last year and he’s on his way to surpassing his 2024 efforts. Last year he finished second in both the Bay State Conference Championship and the Division 1B State Championship. He was eighth in the

Meet of Champions and 34th in the Nike Cross Country N.E. Regional.

“John, who will run for Boston College next year, is a fierce competitor who pushes through pain and fatigue,” Miller said. “An intelligent runner, he’s got great endurance and speed. A terrific leader, he’s humble and has humility. He’s appreciative of his achievements.”

Van der Velden, Natick’s No. 3 runner, leads by example and by being communicative and supportive. “Freddie is another intelligent runner who’s consistent in terms of speed and endurance,” Miller noted.

Miller likes the way Downey, Pereira and Chiu take the initiative to conduct themselves “like the team’s big brothers.”

“Nick is very fast and he should get great results in indoor and outdoor track,” Miller emphasized. “Elijah is very kind, has a big-heart personality and is a gritty competitor. And, Kenny is dedicated to improving his running ability.”

Three juniors round out the Redhawks’ top five runners:

Doyle (2), Hava (4) and Ben Gidelson (5).

“Callum is quiet, strong and mentally and physically tough,” Miller said. “He gets the most out of every moment. “Declan is very coachable and he appreciates his position on the team and his individual success. He’s a very strong and tough competitor. Ben is committed to excellence. He’s our most improved runner during the last two years and he’s solidified his No. 5 position.”

Bianchi, Doyle, van der Velden, Hava, and Gidelson were chosen as Bay State Conference all-stars this season. Plus, Bianchi was the conference MVP.

Miller’s staff is comprised of Dylan Jones, who ran at Natick and Tufts; Kristen Wells, Natick High math teacher and former swim coach who swam at Holy Cross; and her husband, Russell Wells, who ran at UMass-Amherst and Boston College.

The 60-year-old Miller has taught social studies at Natick High for 23 years and has coached the Redhawks’ indoor and outdoor track teams for 15 years.

Miller’s athletic philosophy focuses on reaching one’s potential and having fun in competitive settings. “If those things occur, then winning will be the by-product,” he said. “I have a TLW approach. That stands for trying your best; learning from what you’ve accomplished; and winning by achieving your goals.”

The NHS boys cross-country team definitely has competed in TLW fashion and its results have been dynamic.

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BUSINESS CERTIFICATE NUMBER:
2025-0261 issued October 7, 2025

Teen Center Middle Schoolers Do More than Talk Turkey



A Teen Center student showcases one of the creations. Courtesy photo

Thanksgiving turkeys are always delectable, but middle schoolers from the Natick Teen Center proved they can also be a sweet treat.

During the week before Thanksgiving, students made edible turkey treats, which were reported to have turned out amazingly well.

The teen center is open to all middle school students living or attending school in Natick.

The program gives middle schoolers a chance to hang with friends, complete homework, or



The final result. Courtesy photo

Natick Police Honored for Traffic Efforts

Natick Police received the 2025 Gold Community Traffic Safety Award Nov. 5 from AAA Northeast.

The department was recognized for its commitment to data-driven enforcement, community outreach, and improving roadway safety for all who live, work, and travel in town.

The award was presented at the AAA Northeast Community Traffic Safety Awards at the DoubleTree in Westborough.

Officer Travis Moran received the AAA Traffic Safety Leadership Award for his work in advancing traffic safety initiatives throughout Natick. His efforts in targeted speed enforcement, impaired-driving initiatives, and community education programs such as the Youth Academy and Citizen's Police Academy were honored for their impact on enhancing roadway safety across Natick.

Keynote Speaker Kristopher Carter, Chief Possibility Officer for the Massachusetts Department of Transportation shared



Officer Travis Moran, left, and the Natick Police Department were honored for advancing traffic safety initiatives. Courtesy photo

his insights on statewide roadway safety efforts and innovation.

Mary Maguire, Vice President of Public and Government Affairs for AAA Northeast, hosted the event, which recognized efforts of police departments across the region.

play in the fields, game room and gym. A free snack is provided.

The center is open from 2:10 to 6 p.m. Monday through Thursday during the academic year, Natick Teen provides students a space to hang afterschool and free or reduced cost programs in a variety of topics and interests.

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SOUR GRAPES

by Tim Jones



Real Estate Corner

Spotlight on the Sable Homes Metro-West Team



By JENNIFER RUSSO

In the competitive real estate market here in Massachusetts, one team has steadily distinguished itself through a blend of local expertise, personalized service, and thoughtful strategies: the Sable Homes Metro-West Team.

Operating out of Natick, the Sable Homes team has a strong local presence that gives them an edge: they're not just familiar with listings and pricing - they know the neighborhoods, schools, and local sites of interest which matter to families and investors. They are also experts in educating property owners on how to "sell as is" - avoiding the hassle of making costly repairs prior to listing, while still getting a great return on their original investment.

The team of three is unique in that they combine their individual strengths into an experience that truly serves their clients.

Leader and regional specialist Nina Sable brings experience from senior-care consulting into real estate, making her an expert at guiding clients through transitions such as downsizing, relocating, or selling inherited homes. Her main goal is helping her clients make confident and informed decisions and guiding

Business spotlight

them through every step of the process.

Claudia Shepherd adds bilingual (Spanish/English) capability and a design-savvy background, supporting sellers with staging and marketing to maximize property appeal. She has a solid foundation in marketing and community engagement and has an unmatched eye for detail.

Lisa Miles complements the group with a buyer and seller-focused skill set, helping to match clients with homes, nuisance-free experiences, and strategic guidance. Her creative marketing and business management background enables her to understand and achieve each client's unique goals.

Together, they offer full-spectrum service for anyone who is looking to buy or sell a home, whether they are first-time homebuyers or seasoned investors. Their experience and knowledge span every type of property, including "as-is" properties, single or multi-family homes, vacation



investments, and more.

From professional photography and floor plans to robust digital exposure, staging, and vendor referrals, the team sets up clients not just for a sale, but for success. They emphasize their open, seven-day-a-week availability and treat each client as a true partner in the process.

The Sable Homes Metro-West Team offers local market mastery, tailored services, and an innovative mindset that embraces modern marketing tools to keep listings competitive, but with an individualized touch that really sets them apart.

If you're looking for a real estate partner that combines strategy,

creativity, and genuine care, the Sable Homes Metro-West Team is positioned to support you whether you're selling a longtime home, buying your next space, or exploring investment opportunities.

Learn more at www.sablesellshomes.com or reach out to the team at 508-733-8935.

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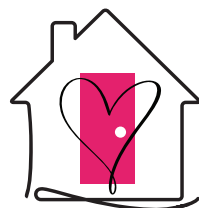
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Real Estate Corner

Recent Natick Home Sales

Presented by



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Date	Natick	Amount
11/14/2025	17 Overbrook Ter.	\$700,000
11/13/2025	60 E Central St. #204	\$377,500
11/12/2025	9 Flynn St.	\$1,400,000
11/10/2025	18 2nd St.	\$605,000
11/10/2025	15 Hunters Ln.	\$2,300,000
11/07/2025	11 E Evergreen Rd.	\$1,300,000
11/07/2025	11 Leighton St.	\$1,450,000
11/07/2025	1 Windsor Ave.	\$649,000
11/05/2025	143 Howe St.	\$705,000
11/04/2025	11 Silver Hill Ln. #11	\$305,000
11/03/2025	7 Overhill Rd.	\$860,000
11/03/2025	1 Silver Hill Ln. #7	\$415,000
10/31/2025	8 Florence St.	\$880,000
10/31/2025	65 Summer St. #1	\$1,460,000
10/30/2025	11 Waring Rd.	\$1,530,000
10/30/2025	12 Walden Dr.	\$299,000
10/30/2025	9 Morgan Dr. #109	\$810,000
10/29/2025	5 Hampshire Dr.	\$780,000
10/29/2025	8 Fieldstone Ln.	\$1,200,000
10/28/2025	7 Ferndale Rd.	\$810,000
10/28/2025	100 Eliot St.	\$1,510,000
10/28/2025	23 Indian Ridge Rd.	\$975,000
10/27/2025	15 Felch Rd.	\$865,000
10/27/2025	18 Walcott St.	\$1,830,000
10/27/2025	20 Hunters Ln.	\$2,200,000
10/24/2025	233 Speen St.	\$680,000
10/24/2025	4 Herbert Rd.	\$663,000
10/24/2025	60 Pleasant St.	\$1,230,000
10/23/2025	5 HF Brown Wy.	\$1,000,000
10/22/2025	28 Cottage St.	\$1,040,000
10/21/2025	4 Pryor Rd.	\$940,000
10/21/2025	21 Whispering Ln.	\$1,800,000
10/20/2025	50 Felch Rd.	\$1,130,000
10/17/2025	55 Fisher St.	\$985,000
10/17/2025	10 Winch Way	\$1,380,000
10/17/2025	6 Broads Ave.	\$560,000
10/17/2025	16 Walden Dr. ##15	\$332,000
10/17/2025	11 Parsons Way	\$1,500,000
10/16/2025	10 Village Green #13	\$315,000
10/16/2025	23 Everett St.	\$2,720,000
10/16/2025	119 N Main St.	\$644,000

Source: zillow.com Compiled: Local Town Pages



The 2-bed, 2-bath, 1,705-square-foot condo at 9 Morgan Dr., Unit 109, in Natick recently sold for \$810,000.
Image credit: www.zillow.com

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The Allain Group wishes *you & yours* a happy & healthy holiday season.

**Jessica Allain & The Allain Group
are #1 in Natick real estate for
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