

Norwood

localtownpages

Vol. 16 No. 5

Free to Every Home and Business Every Month

December 1, 2025



Luminary Night Shines for its 24th Season

By MICHELE TARANTO

It's officially the holiday season. The entertainment industry portrays this time filled with days of leisurely baking and decorating cookies, fun shopping excursions to find just the

right gifts, implementing online videos of creative wrapping ideas, and parties overflowing with laughter. But in reality, this month can feel like weeks of checklists and social obligations, mixed with a little mayhem.

In Norwood, however, an annual event offers an opportunity to slow down and experience a genuine moments filled with

LUMINARY
continued on page 2

Norwood Honors Veterans with Wreath Ceremony

Local families, veteran groups, musicians, students, and volunteers will take part in a growing tradition to remember, honor, and teach

By MICHELE TARANTO

This is Norwood's eighth season participating in Wreaths Across America where holiday wreaths will be placed on local service men and women's graves at Highland and Old Parish Cemeteries. This year's theme is, 'Keep Moving Forward.'

community, and a country, but we must keep moving forward together," Wreaths Across America Executive Director Karen Worcester said.



The event will take place on Saturday, Dec, 13, 12 noon, Highland Cemetery, 302 Winter St. Volunteers and visitors are encouraged to arrive between 11:30 and 11:45

"There will always be challenges to overcome as individuals,

WREATHS
continued on page 2

Jack Madden

MANAGER'S SPECIAL

10% OFF Any Service Work
Up to \$100.00 in savings!

Jack Madden

825 PROVINCENCE HIGHWAY, NORWOOD, MA - ROUTE 1 - THE AUTOMILE
jackmaddenford.com • Call 781-762-4200 for appointment

OIL & FILTER CHANGE

\$59.95 includes up to 5 quarts of oil,
*plus tax and disposal fee

Jack Madden

Not to be combined with other specials or offers. Diesels, full synthetics and hybrids extra.
Expires 12/31/25. Must present coupon upon arrival. Ford and Lincoln Mercury Only.

LARIN
Automotive LLC

In need of a vehicle?
Are you looking for a:

- ✓ QUALITY
- ✓ LOW MILEAGE
- ✓ LOW OR NO RUST CAR

Look no further than Larin Auto Sales!
If you see a ★ it's a low or no rust car!

(781)-329-5300 ex.5
larinautoma.com

GILLOOLY

Funeral Home

126 Walpole Street, Norwood, MA 02062
Phone: (781) 762-0174 • Fax: (781) 762-2818

www.gilloolyfuneralhome.com

Merry Christmas & Happy Holidays

from our family to yours, wishing you happiness & peace for the New Year!

Serving the families of Norwood and surrounding communities with kind, compassionate care since 1892

Eric A. Fay - Managing Director
Carissa Upton - Funeral Director

Local
Customer
Postal
PERMIT NO. 142
SPRINGFIELD, MA
PAID
U.S. POSTAGE
EPCRS
PSRST STD

localtownpages

Scan this QR CODE
to visit our Website



Scan this QR CODE
to visit our Facebook Page

localtownpages



LUMINARY

continued from page 1

gratitude and remembrance.

The Circle of Hope Foundation (COH) will host its 24th annual Luminary Night on Saturday, Dec. 6, 4 to 6 p.m., on the Norwood Town Common. Described by many as “magical,” the evening glows with community spirit and heartfelt reflection.

“The candles will be lit beginning at 4 p.m., and the Foundation members welcome residents and friends to come out and see this beautiful sight,” the Circle of Hope committee said in a press release.

Residents are invited to gather at the Town Gazebo to pay tribute to family members and friends, or simply unite in support of Norwood’s compassionate community. Luminaries are purchased in remembrance of a loved one, each bearing a brief message of life, hope, remembrance, or a tribute to the season. The glowing bags line the sidewalks surrounding the Walter Dempsey Bandstand, creating a breathtaking and uplifting scene.

Last year, Norwood’s town center shimmered with more than 2,000 luminaries and raised \$10,000 for local residents in need.

Luminaries can be purchased in advance for \$5 at Murph’s Place Restaurant, 58 Broadway, Norwood, or by sending a check made payable to The Circle of Hope at P.O. Box 421, Norwood, MA 02062. Orders can also be placed online at norwoodcoh.org.

The Circle of Hope Foundation was established in 1998 in memory of Norwood resident Michelle Kennedy, who battled leukemia. During her illness, the community came together to support her and her family—many who didn’t even know her personally. The foundation was formed in her honor to preserve that spirit of generosity, donating funds to Norwood families facing catastrophic medical illness. Since its inception, COH has donated more than \$1.5 million to local residents in need.

Music from Norwood’s beloved Colonial Boys and the Norwood Alumni Choir will fill the air as residents stroll along the illuminated pathways of the Town Common, searching for their personal luminary or pausing to pay tribute to others during this season of peace, hospitality, and love.

It is a magnificent sight to walk through the heart of Norwood as the luminaries radiate along the walkways. Even those who did not purchase a luminary often make a special trip to the Town Common to view the display, read the touching messages, and take a quiet moment of remembrance. Luminary Night is truly an evening of community and compassion that captures the spirit of the holidays.

WREATHS

continued from page 1

a.m., as the minute of silence across Norwood America and islands begins at 12 noon.

This year’s event will include local veteran representatives, families sharing personal stories of loved ones, and spokespeople from support organizations. Norwood residents are invited to join more than two million volunteers and supporters who will gather to Remember, Honor, and Teach at more than 5,200 participating locations in all 50 states. Too many heroes have no one left to visit their graves, which is why Wreaths Across America exists. In fact, as each volunteer places a wreath on a grave they are asked to say the veteran’s name out loud to ensure their legacy of duty, service, and sacrifice is never forgotten.

Highlights for this year have been confirmed or yet to be confirmed:

Derek Wennerstrand will be the M/C as the Veteran’s Agent for the town of Norwood.

Cynthia Postler will ask Chris Donovan from the Boston Executive Helicopters / 160th Special Operations Aviation Regiment if he is available to fly over with his Apache Tomahawk.

Last year his fly over had a huge impact on the attendees (picture attached).

Location Coordinator Andrea Reed representing business sponsor Ecolab in partnership with Wreaths Across America.

Donations should be only on the WAA official website MA-HOPC – Highland & Old Parish Cemeteries.

We have heard that other organizations have been raising



funds using WAA as their pitch, but only donations to WAA goes to the non-profit.

John Mahoney from the Boston Symphony Orchestra will be asked if he can play taps.

Kevin Wisheart has confirmed that he will volunteer to play bag pipes again this year.

Jake Myles (Dedham HS) spoke about his grandfather (Airforce veteran) last year and this year he confirmed he will honor his grandmother, who is also a veteran.

Zach Skutt (Providence College) confirmed he will return to honor of his grandfather who is a Vietnam War Veteran and he was a Sergeant in the Security Police in the Airforce - his medals include: National Defense, Small arms expert, Outstanding Unit citation with valor, The longevity ribbon, Vietnam war Campaign medal with two bronze service

stars, Republic of south Vietnam campaign medal, and Eagle feather presented by the Seneca Nation of Indians in recognition as a true warrior.

George Curtis, Jr will be asked to represent the Norwood Historical Society (his father is the most highly decorated veteran in Highland Cemetery).

Dave Campisano / Stacy Coyne will be asked to represent 22Mohawks, which is a non-profit that brings awareness to veteran suicide, creates events to bring veterans, their families, and communities together, and connect disabled veterans with companions rescued from kill shelters.

Ecolab will have a confirmed speaker: Michael Vuolo to honor his veteran family members

WREATHS
continued on page 3

localtownpages

Published Monthly

Mailed FREE to every home in Norwood

Circulation: 14,659 households and businesses

Publisher

Jennifer Schofield

Send Editorial to:

editor@norwoodtownnews.com

Advertising Director

Jennifer Schofield

508-570-6544

jenschofield@localtownpages.com

Creative Design & Layout

Michelle McSherry

Kim Vasseur

Wendy Watkins

Office Address

9 Industrial Road, Suite 107

Milford, MA 01757

Ad Deadline is the 15th of each month.

Localtownpages assumes no financial liability for errors or omissions in printed advertising and reserves the right to reject/edit advertising or editorial submissions.

© Copyright 2025 LocalTownPages

SOUR GRAPES by Tim Jones

I GOT BIT BY A DOG, AESOP!

OUCH.

I WENT TO THE DOCTOR TO GET IT LOOKED AT.

IS IT BAD?

NAH, IT'S JUST A LITTLE FROSTBITE.

WREATHS

continued from page 2

Norwood donations have steadily supported this event the past seven years, however, more supporters are needed to purchase wreaths and volunteers to lay the wreaths on the graves. This program thrives on generosity and there is still time left to donate to a veteran. For the price of a few cups of coffee, a fallen local veteran will be honored this holiday season. An individual wreath sponsorship is \$17, 5 for \$85, or 12 for \$204.

This year the Town of Norwood's DPW will donate 3 large handmade military wreaths.

Veterans' Memorial Monument in the center of Norwood.

Front of the entrance of the Highland Cemetery to honor all of those who are buried at Highland.

Old Parish to honor of the 93,129 United States Servicemen from all branches of the service who last know status was either Prisoners of War or Missing in

Action.

Wreaths are 100% donation based and can be purchased for Norwood cemeteries by visiting <https://wreathsacross-america.org/pages/158150/Overview/?relatedId=0>, click on the red Sponsor Wreaths button, or the Volunteer to lend a hand. As of press date, Norwood has received 229 sponsored wreaths, 5% of their goal. Let's go Norwood, we can do this!

Wreaths Across American began many years ago in the eyes of a 12-year-old paper boy during a trip to Washington DC. Ingrained in Morrill Worcester's childhood memory was the hundreds of thousands of graves at Arlington Cemetery and the Tomb of the Unknown Soldier. In the 1992 holiday season, Worcester Wreath used a surplus of holiday wreaths and Worcester used the opportunity to honor veterans in America's cemetery.

Through Worcester's vision, generous volunteers decorated, transported, and placed the wreaths on the graves of fallen soldiers in older sections of the

cemetery that experienced fewer visitors each year. This tribute went on quietly for over a decade, until 2005, when pictures of the Arlington stones adorned with wreaths circulated the internet and not only did requests come in with donors wanting to help, but thousands more wanted to emulate the event at national and state cemeteries.

Worcester answered and expanded the memorial by sending seven wreaths to each state, one for each branch of the military and an additional in tribute to POW/MIAs. Just a year later, formal wreath ceremonies were being held at over 150 locations across the country.

In 2007, the Worcester family, along with veteran organizations

and groups who had assisted in Arlington Cemetery formed Wreaths Across America, a 501 (3) (c), non-profit organization to expand the effort, with a simple, yet powerful mission: REMEMBER. HONOR. TEACH. REMEMBER fallen U.S. veterans, Honor those who serve, and TEACH children the value of freedom.



**BOOK A
FREE
IN-HOME
EVALUATION!**

A/C • Heating • Water Heaters



508-301-3955
ProComfortControl.com



Norwood Women's Club Honors Veterans Day with Donation

In recognition of Veterans Day, the Norwood Women's Club proudly presented a donation to support local veterans' services. The contribution was made to Norwood's Veterans' Agent Derek Wennestrand on November 11th.

The Women's Club continues its long-standing tradition of community service by supporting programs that directly benefit Norwood veterans and their families.



Pictured left to right: Sue Ingles, Phyllis Spiro, Veterans' Agent Derek Wennestrand, and Arlene Bonera.

Wishing you a Warm & Happy Holiday Season!

RECENT NORWOOD TRANSACTIONS

115 Lincoln St.....	\$720,000	49-51 Davis Avenue	\$875,000
1274 Washington St	\$900,000	6 Talbot Farm Rd	\$1,282,500
132-134 Edgehill Rd	\$850,000	86 Hill St.....	\$635,000
146 Juniper Drive.....	\$555,000	1 Lenox St U:115.....	\$621,400
19 Allen Rd	\$667,000	42 Queensboro Ct U:42.....	\$485,000
31-33 Chapel St	\$825,000	20-22 Cedar St U:3	\$412,000
37 Silver Street.....	\$699,000	232 Rock St U:232.....	\$407,500

Thinking of buying or selling a home?



CALL BOB TODAY!
781-762-3701
BOB@BOBSTARRHOMES.COM



BOB STARR HOMES LLC

Anthony's Salon

Everyday low prices:
Color with Cut \$43 | Blow Out \$17 | Perm \$65-\$72

20% OFF Any Service
New Customers Only
EXPIRES DECEMBER 31, 2025

Open Wednesday thru Saturday
Booth Rental Available

781-762-2010
19 Day Street, Norwood



Tuesdays on the Common: Four Seasons of Growth and Community

By MICHELE TARANTO

The 2025 Norwood Farmers Market (NFM) season ended with remnants of a windy, rainy Nor’easter storm on Oct. 14; it was heat, however, that vendors and staff endured throughout the summer, but still the loyal shoppers came. For 18 weeks, June 17-Oct. 18, 2-6 p.m., on Tuesday afternoons, the Norwood Town Common was filled with produce, food, flowers, artisan vendors, organizations, shoppers, children, entertainment, karate demonstrations, and lots of dogs! The NFM drew people of all ages, be it for the food, lively entertainment, games, special events, and definitely lots of fun and laughter!

From its positive attendance

numbers each of the four years since its post-Covid resurrection, an outdoor market is just what the town wanted and needed. Many who visited even drove from outside Norwood’s borders once word got out of the Market’s great reputation, quantity, quality, and variety of vendors, just to experience the Norwood’s healthy and vibrant vibe.

This year, three local farmers displayed their fresh produce on the Town Common. Sacred Mushrooms returned educating visitors on the benefits of their harvest, Jordan’s Fish again provided a fresh protein for dinner as well as the Pumpkin Farm for meat and chicken, and cookies, sweets, bread, and jams were on hand to round out the meal. But

that is not all that the Market had to offer. There were many artisans selling their homemade items, local restaurants hosted food tastings, organizations shared information, and the Morrill Memorial Library sold books to young and old.

Event days were also extremely popular with Pet Day, the 4th of July celebration, National Farmers Market Day, Football Opening Day, and the most popular, Pumpkinfest, to close out the season! The Market’s entertainment was also the best around with bands, soloists, and LG Martial Arts’ performance was a fan favorite for both kids and parents.

Shout outs to the Norwood Department of Public Works for faithfully placing signs through-



out town each week, Norwood Light Broadband who was readily available with electrical needs, and especially to the many volunteers, both high school students and adults, who assisted vendors setting up and breaking down their displays. Their assistance reflects the many reasons Norwood is a favored stop on shopper’s schedules. New vendors were even requesting a spot up to the last day due to Norwood’s remarkable reputation.

In addition to the NFM staff, volunteers, vendors, and shoppers, thanks are extended to the many sponsors who, with their generous donations, allowed the NFM to flourish again this season.

Market Sponsors

Nucar
DCD Automotive Holdings

Gold Level

Norwood Gardens & Norwest Woods
CHR Apartments

Silver Level

Dedham Savings
Commonwealth Fireplace
Pixel Artists Design
Norwood Light & Broadband

Bronze Level

Clean Remodel
One Bistro at Four Points by Sheraton Norwood
OneLocal Bank
Susan Lewis

Patrons

OneLocal Bank
Susan Lewis

Community Partners

Friends of Norwood Center
Neponset River Regional Chamber
Norwood Sustainability Commission
Norwood Recreation Department
Norwood Department of Public Works

With Norwood’s centrally-located, picturesque Town Common, the Central Ave. picnic area, and the Norwood Farmers Market, Tuesday afternoons were the place to be in Town for four and a half months. Be it a hot summer day, or a cool breezy afternoon, tents were flapping, music was playing, voices were talking, sharing, and laughing. All that, while also learning about and purchasing fresh produce from local farms and hand-crafted or all natural goods. The Norwood slogan ‘Buy Local, Eat Health, Build Community,’ checks all the boxes at the Norwood Farmers Market!

Ideas are already in the planning stages for next year’s market...stay tuned Norwood! To remain in the know about the Norwood Farmers Market during the off season, like their Facebook page at [NorwoodMAFarmersMarket!](https://www.facebook.com/NorwoodMAFarmersMarket/)

116 Main Street, Medway
(508) 533-6655

32 Hasting Street, Rte 16, Mendon
(508) 381-0249

NOW ACCEPTING HOLIDAY ORDERS

In store or online

muffinhousecafe.com

Open Daily
Bakery with Fresh Muffins/Pastries

MUFFIN HOUSE CAFE

NOW OFFERING DOORDASH, UBER EATS AND GRUB HUB

Breakfast and Lunch Sandwiches
Best Blueberry Muffins Since Jordan Marsh

43 Main Street, Hopkinton
(508) 625-8100

325 N. Main Street, Natick
(508) 647-0500

296 Washington Street, Westwood
(508) 533-6655

907 Main Street, Walpole
(508) 533-6655

Receive 10% off any cake

with this coupon

All our cakes are made from scratch on the premises

Expires 12-31-2025

FREE SMALL COFFEE

with a purchase of a muffin with this coupon

Expires 12-31-2025

If you're getting medication at a chain pharmacy, then you may be paying too much!

Examples of what we've saved our customers:

Brand Drug	Saved per month
Eliquis® 5mg	\$300
Restasis® 0.5% drop	\$100
Dulera® Inhaler	\$90
Lantus® SoloStar Pen	\$300
Januvia® 50mg	\$150

NO LONG LINES! Come to pharmacy where the pharmacist knows your name

Need help managing your meds?
We offer dispill medication packaging

\$10 OFF

Non prescription items when you transfer as a NEW prescription client

TRANSFER NOW

SOME RESTRICTIONS MAY APPLY

Not everyone saves the same amount or qualifies for a discount, but many do. And many can, but don't even know it.

Norwood PHARMACY

781-349-8895 • 54 Broadway • Norwood

“This is what two patients who saved with us said:

“Sejal saves me %150 a month on my copay.” -L.M.

“My other pharmacy wanted me to pay \$390, but the pharmacist at Norwood found me a coupon that saved me \$150.” -A.Z.

Light Up the Town!

Cast your vote for Norwood’s best holiday business window

By MICHELE TARANTO

Join in and vote for the Second Annual Norwood Window Competition! This is a festive, community-driven event celebrating the creativity and spirit of our local businesses. And the best part, in addition to local celebrity judges, Norwood residents have a say who will receive bragging rights for the best dressed and festive window. This year’s theme is ‘Light Up The Town.’

Come out and support your local businesses, enjoy the holiday spirit, and be a part of this

exciting Norwood tradition. Bring your family and friends, vote for your favorite display, and celebrate what makes Norwood special!

DETAILS & DATES

The competition kicked off on Small Business Saturday, November 29, and will run through December 15. Locals and visitors can take a stroll through Norwood Center and beyond to get a peek at the beautifully decorated storefronts, each showcasing a unique winter theme. Maybe even stop in to say hi! Stay tuned

to the Friends of Norwood Center Facebook and website and local Facebook pages for a list of participating businesses.

All local Norwood businesses and organizations are invited to participate in this friendly competition.

JUDGING & AWARDS

A panel of local judges will evaluate the festive store windows and award cash prizes in the following categories: Most Original, Most Local, and Most Whimsical.

Additionally, the community will have the chance to vote for their favorite display to determine the People’s Choice Award.

Voting will take place through December 15th. To vote, visit <https://bit.ly/4of0mAQ>, norwoodcenter.org, or facebook.com/norwoodcenter. Please only 1 vote per person.

Winners will be announced on December 18th.

For more information, please contact norwoodcenter@gmail.com

Proudly sponsored by the Friends of Norwood Center and the Rotary Club of Norwood.

Festive Boasting Rights Up for Grabs!

Ready, Set, Decorate!

By MICHELE TARANTO

Remember when outdoor holiday decorating meant a few lights sprinkled on the bushes, a wreath on the door, and maybe some electric candles in the windows? Those minimalist days are long gone. Today, holiday décor has evolved into a spirited neighborhood, and sometimes town-wide competition, often months in the making! Feeling that festive bug? Challenge your neighbors and friends this year in the Norwood Recreation Department’s 7th Annual Holiday House Decorating Contest! This cheerful competition has become one of Norwood’s most popular community traditions, as residents go all out to flaunt their holiday spirit for

everyone to enjoy.

Over the past six years, participants have transformed their homes into dazzling displays of lights, inflatables, and creativity; and this year promises to be even bigger and brighter!

To join the fun, simply register your home with the Norwood Recreation Department by Dec. 14. To register, nominate a neighbor, or learn more, contact the Norwood Recreation Department at 781-762-0466 or email Marie Duffy-Kidd, Program Coordinator, at mduffy-kidd@norwoodma.gov. After that, it’s up to the judges

Judges from the Norwood Senior Center will visit each nominated home and rank the displays.

Winners will be announced just before Christmas, and the top decorator will earn bragging rights, and the coveted traveling trophy! Not to fear, other prizes will be awarded as well.

Not the competitive type? No problem—there’s still plenty of joy to go around. Take a festive evening drive or stroll through town and enjoy the sights using the interactive holiday map available on the Norwood Recreation Department’s social media page.

Town employees will confirm nominations before placing homes on the public viewing map. Even if you can’t visit in person, you can still admire the creativity online.

Who’s ready to light up Norwood and claim this year’s festive boasting rights?

EST 1932

BROWN BROS.

ROOFING

• ROOFING • SIDING • GUTTERS • WINDOWS • DECKS

Roofing Services

Decking

Siding

Windows

Free Estimates
Licensed and Insured

brownbroosroofing.net
info@brownbroosroofing.net
(781) 329-2895

FINANCING AVAILABLE

NEED A PROPANE REFILL?

\$3.00 off

a 20 lb Fill
(with coupon)

NORWOOD BOTTLED GAS
305 Providence Highway, Norwood
(Next to Boch HONDA)
781-762-2330 • 781-762-2331

NTN

WENZEL
Inc.

- Patios
- Walkways
- Walls
- Fire Pits
- Outdoor Kitchens
- Pool Surrounds

- Landscape Design & Installation
- Lawn Installation
- Grading
- Excavation
- Drainage

508-376-2815

Free Estimates • Fully Insured
www.WenzelLandscaping.com

A Little Off The Top

Getting away way back in the day

By STUART GREEN

“OK, folks, out of your caves and gather ‘round. You old-fashioned Neanderthals and you up-and-coming Homosapiens, it’s time for our annual shopping spree. We’ve got all kinds of get-aways, gadgets and gizmos - well, more gizmos than gadgets, if truth be told, or even hinted at broadly - but enough items to make any knuckle-dragger stand up.”

“Ah, what’s ‘stand’ mean?”

“Oh, it’s a little something our boys in the Pre-historic Incubator

are working on. We think it’ll be a big hit, especially with you boys in the National Rock Throwing League, which, of course, recently merged with the Mud Slinging Association.

“Speaking of rocks and mud, just consider that some say we’re at the dawn of history, the cradle of civilization, just waiting to begin the beguine. Don’t let the holidays catch you flat-footed and empty palmed this year.”

“Ah, what’s a holiday?”

“It’s something to celebrate a particular historical event, which

will all make sense once we start to have history. But back to our shopping spree, with the emphasis on me - that is, you.

“I can tell by the way this crowd carries their clubs and scratches the top of their heads that they only want the best. Has your woman berated you for not bringing enough dirt into your cave? How many times has she sent you out for a nice jagged boulder, and you came back with a few shiny pebbles? Only you know the arguments you’ve had when looking for a new place, when she wanted a dwelling of stalagmites, and you insisted on stalactites.

“Well, we can’t help with any of that.

“But what we can do is to offer you this exclusive membership to the Mountaintop Getaway and Time Sharing Club. For just eight ferns and eight oak clusters, we’ll give you a place to get away from the drudgery of your daily existence of swamp skimming. If you’re tired that your only entertainment is watching Dancing with the Woolly Mammoths or Celebrity Head Banging, reach out to us.

“Your membership means the mountain of your choice to climb, walk, stroll, and coddle. And while we don’t encourage

coddling, it is an option.

“You’ll be in the good company of other species just evolving, as well as your jovial neighbors who have made beard-growing the national pastime that it is.

“And if that isn’t enough, we’ll throw in this amazing potato dicer to make Julienne Fries. Sorry, that’s the advanced script.

“Anyhow, place your orders now by stamping your left foot, throwing a stick into the primeval forest, and writing a multi-syllabic haiku on the globalization of an agrarian society placed in an industrial commune.”

Building Our Future Together: Prioritizing Goals and Strategies for Norwood’s Comprehensive Plan

The Town of Norwood invites all residents and stake-

holders to participate in the next step (Phase III) of shaping our future through the Comprehensive Plan. Phase III of the planning process focuses on setting priorities and testing strategies, ensuring that the plan is both community-driven and practical.

Why It Matters

Over the past year, residents have shared ideas and visions for Norwood’s future. Now, Phase III asks the community to help prioritize those goals and weigh in on the strategies that will guide growth, preservation, and change. By identifying top priorities and testing feasibility, we will ensure that the final Comprehensive Plan reflects community values while offering actionable solutions.

Ways to Get Involved

Residents and stakeholders are encouraged to participate in the following opportunities this fall/winter:

- Goal Prioritization Survey (Open through January 15, 2026): Rank the proposed goals and strategies to help identify what matters most. Available online at tinyurl.com/NorwoodGoals.
- Strategy Roadshows (early December 2025): Town boards and committees will host discussions to review draft strategies and provide feedback. These sessions are open to the public, and residents are encouraged to attend.
- Open House (December 8, 2025, 7 pm, Norwood Senior Center): Members of

the public are invited to meet members of the Steering Committee, learn about the Plan’s progress, and help prioritize goals and strategies

- December Steering Committee Meeting (December 22, 2025, 7 pm, Norwood Senior Center) Public welcome to attend a regular meeting to comment on goals and strategies
- Open House (January 12, 2026, 7 pm, Morrill Memorial Library): Members of the public are invited to meet members of the Steering Committee, learn about the Plan’s progress, and help prioritize goals and strategies

Everyone’s Involved

All residents—regardless of background—are encouraged to participate. Your input will ensure that Norwood’s Comprehensive Plan reflects the priorities of the entire community and paves the way for a stronger, more inclusive future.

For More Information

Visit the project website at tinyurl.com/NorwoodCP for details, updates, and opportunities to participate.

Contact: Sarah Dixon, Director of Community Development
Email: sdixon@norwooma.gov



★★★★★

“Excellent, prompt, and professional service. Have shopped here for many years and will continue to do so. Highly recommended.”

— customer review



We carry all major and premium appliance brands

poiriersales.com

NEWTON 244 Needham St. Newton, MA 02464 • 617.558.5500

NORWOOD 1015 Washington St. Norwood, MA 02062 • 781.769.2446

LOOKING FOR PARTS OR REPAIR SERVICE? WE CAN HELP!
WE SERVICE WHAT WE SELL.

15% OFF PARTS

Limit one per customer. Cannot be combined with other offers. In store purchases only. Coupon must be presented at purchase.

10% OFF SERVICE CALL

Limit one per customer. Cannot be combined with other offers. In store purchases only. Coupon must be presented at purchase.

PROFESSIONAL TREE SERVICE

Shade Tree Pruning • Tree Removal
Ornamental Tree Pruning
Bucket Truck Service

Call the certified arborists at
Destito Tree Services for an evaluation.

The name you have trusted since 1984.
Massachusetts Certified Arborist - Fully Insured



DESTITO TREE SERVICES
Quality Tree Care
www.destitotreeservices.com

Nicholas Destito
508-699-4532



To The Editor:

Collected 400,000 Cans, \$25,000.00, and Fantastic Golf Events

It's 3 years now, since "THE CAN MAN" started collecting those cans & bottles at the golf course that he worked at for the MAKE-A-WISH CHARITY for children of MA. & R.I. I thought it would be a great charity to commit to, and their commitment is dedication. I felt it would be a great way to help those kids as they deal with their horrible physical issues because some of these kids don't survive beyond single digit ages. I found that so shocking, that I really had to commit to it. I want to help as many of these kids as I can by collecting these recyclables. It makes me feel like I was accomplishing a major challenge, and I am.

One of my co-workers, found out that the C.E.O. of MAKE-A-WISH was playing golf on the course. I couldn't believe it. He told me to go out on the course and locate him and explain my plan to him. I located him on the seventh tee, introduced myself, explained my plan to him, and he was quite excited about it and wanted to know if I could meet him in his Boston office tomorrow at noon. I was there on time and was all set to sit down and talk with them, (Sean Holleran, [C.E.O.] & Kara Walker V.P. of Mktg & Com.). They directed me into a room with lights and a video camera and an audio system and he wanted me to sit at the table facing the camera, and in my own words, nothing scripted, just my thoughts and my ideas on the tape. I was all alone; it lasted for about 30 minutes. I walked away from the table and opened the door to leave the room and told them that I was done. They both thanked me for coming in, and could not wait to review it so it could be edited. I could not believe what just had happened to me in less than 24 hours, but I loved every minute of it. In a month, my comments were on their website for all to hear, and hopefully help the kids out.

Now, collecting cans and

bottles has been my major commitment for the past three years. I would not have been as successful, without the help of homeowners and businesses in the



Norwood area, that I meet along the way who support my efforts. By making available to me their recyclable cans and bottles that they would leave in front of their residences and in some cases in front of their apartment buildings, with my name "BOB" on the bag. Another special thank you goes out to Capt. Richard Staunton, of the Dedham Fire Dept., Group 4, Ladder # 2, because his crew is totally committed to helping me collect soda cans.

Within this past year, I had to have my right hip replaced, which sidetracked me for six months. It was a very successful operation so I was able to grab cans and bottles again, and Dr. Michael Kain, Head of Surgery, along with his staff at the Boston Medical Center, deserve not a "10", but an "11." What a great job he performed.

Another big shout-out has to go to Physical Therapy & Sports Rehab, Inc. in Norwood, MA. and therapist, John Puntieri, who prepped me for 16 pre-weeks exercises and 16 weeks after operation exercises, which allows me now to move around pain-free.

I turn 8»x 8» tiles into beautiful photo clocks with the picture of boys or girls desired MAKE-

A-WISH requests, along with the MAKE-A-WISH logo included on it. A battery and a nail go inside the box, to make the clock ready to run and setup on a wall.

In 2023, MAKE-A-WISH held their first Annual Invitational Charity Golf Event and I was given the green light to make

four clocks for the winning team and have been making the Winner's clocks ever since. The event has been held at the fabulous Hopkinton Country Club, Hopkinton, MA., where the wonderful Boston Marathon starts. The event has been a sellout for the past three years and the donations have increased every year. This year's event was held on Oct. 6, 2025, and the event profited \$75,000, which was an unbelievable total. Kara Walker, Chief Marketing Officer & Communication of MAKE-A-WISH of MA. & R.I. was Dinner and Program Director, and Michael Vieira, V.P. of Advancement, was the Tournament Award's Director. The total funds collected allows the charity to make available to six recipients, their wishes. A fantastic result! The weather for the event was excellent, a totally

bright blue sky, which made the course very susceptible to possibly some very low scores, which did take place, and the team of Sean Fitzpatrick, Steve Thomson, Carl Crupi, and Leigh Martinson, finished their round with a-17 under par total.

The golf professional and staff at Hopkinton Country Club are a truly classy group and they made the event just as classy all day and evening long. The lunch and evening meals were well prepared and well maintained, with plenty of food and enough time for all involved, to enjoy their day and evening festivities. It's an event that you could see everyone was having a wonderful time, and all

to support the kids. The invitees put together a marvelous effort with their total donations.

In my three years of commitment, I have collected over 450,000 cans and bottles, along with donations in my name, over \$25,000. I am already looking forward to next year's event. Again, I want to thank everyone who stepped up to the plate for me.

A happy and healthy new year to you all!!

I will be back collecting next year, so see you then!

Bob Lieberman (Co-Sponsor) & (The Can Man)



"We are proud of the culture we have created at Bliss Dental Group. We have knowledgeable dentists, a friendly staff, and a promise that we'll always do right by you."

BLISS DENTAL GROUP

Dr. Bliss | Dr. Ficarelli | Dr. Burnett

Services offered:
Single Visit Crown and Bridges/CEREC
Dental Implants | Specialty Dentistry
General Dentistry | Preventive
Cosmetic | Guards



Scan to visit our site!

For more information on our services, check out our website.
Or to book an appointment, please call our office.

111 Lenox St., Norwood | 781-769-4473

"Quality and Professionalism Every Shingle Time"

OUR SERVICES

- ▲ Roofing
- ▲ Siding
- ▲ Gutters
- ▲ Windows
- ▲ Doors
- ▲ Skylights

OUR NEW SERVICE DIVISION

Service Calls

- ▲ Gutter Cleaning
- ▲ Small Leaks
- ▲ Ventilation Questions
- ▲ Flashing Repairs

Experience the Best in Roofing:
60+ Years of Quality Service



LICENSED | INSURED | CERTIFIED



CONNELL
ROOFING • SIDING • GUTTERS

781-444-7577
www.ConnellRoofing.com

Living Healthy

A Gift for Your Future Self: Preventive Eye Care

BY GRAHAM STETSON, OD, MS

If you only see your eye doctor when something hurts or when things are blurry, you are missing the most powerful part of eyecare: prevention. Vision is more than just reading letters on a line; your eyes tell the story of your whole body. Here are a few preventative eyecare tips:

A comprehensive exam can reveal problems years before you notice any vision changes as most sight-threatening diseases (glaucoma, diabetic retinopathy, macular degeneration) begin without symptoms. Adults should try to get one once a year. When your doctor asks about health conditions, medications, sleep, or diet, they are not being nosy; they're connecting dots that could save your sight or your health. In-

flammation, high cholesterol, autoimmune disease, even certain cancers sometimes show up first in the retina or on the eye's surface.

Screens don't ruin your eyes, but digital eye strain does cause burning, blurring, and headaches. Many remedies are simple, like keeping screens an arm's length away and practicing the 20/20/20 plus rule (every 20 minutes, look 20 feet away for 20 seconds, and blink strongly 5 times). If you're over 40, think about task glasses; the right prescription can do more for productivity than the newest monitor.

Contacts are medical devices, not fashion accessories. Improper use can cause sight-threatening problems. Sleeping in lenses is discouraged unless your doctor recommends it. Avoid contact with water

while wearing contacts. Wash your hands, rub and rinse your lenses, replace cases every three months, and never "top off" solution.

Dilation may be an inconvenience, but it allows a panoramic view of your retina. Yes, new wide-field imaging is excellent, but they should complement dilation rather than replace it. Declining dilation to "save time" might mean missing a small tear that becomes tomorrow's emergency.

Sunglasses are your friend. Quality UV protection keeps your vision clear and comfortable for years to come. Lenses should block 100% of UV rays. Tint color or price doesn't guarantee safety, so focus on protection. If you spend lots of time outdoors, larger or wrap-around frames (and a good hat) add extra defense against the



sun while keeping you looking stylish.

Finally, speak up. Tell your doctor and optician how you use your eyes—long-haul driving, quilting, dual monitors, night shifts. The best prescription is the one matched to your life, not just the line you read on a chart. Your vision is a partnership. Let's protect it—on purpose, not by accident.

PAID ADVERTISEMENT
Sponsored articles are submitted by our advertisers. The advertiser is solely responsible for the content of this article.

When was your last eye exam?

See that
your
vision
makes
the list

SCHEDULE
ONLINE

MODERNEYES

781-352-4849 | MyModernEyes.com | 696 Washington St, Norwood

Your one stop for
comprehensive eye
exams, eyewear,
urgent care, and more...

Living Healthy

"I Thought Only Faucets Had Leaks"

Leaky gut Syndrome is a condition that affects the integrity of the gut lining which normally serves as a barrier of the intestines. It can also be called "Intestinal Permeability", Which occurs when the gut wall becomes damaged allowing compounds to enter the bloodstream that normally shouldn't. For example, partially digested proteins and fats may seep through the intestinal lining making their way into the bloodstream which causes an allergic response.

One of the biggest warning signs of a leaky gut is that you are experiencing multiple food sensitivities. Other symptoms include: bloating, thyroid conditions, fatigue, joint pain, headaches, skin issues and weight gain. If left untreated for a long time, leaky gut can lead to IBS, arthritis, eczema, psoriasis, depression, anxiety and muscle pain. This can lead to malabsorption of vital minerals and nutrients including magnesium, zinc, iron and vitamins D, B12 and others.

Leaky Gut can be caused by a diet high in sugar and low in fiber. Other causes include dairy, lectins found in wheat, rice spelt and soy, and glycoposphates which are found in



Dr. Rochelle Bien, Dr. Molly Rappaport & Dr. Michael Goldstein

our food from pesticides.

Dana B. came into our office complaining of gas, bloating after meals, fatigue and brain fog. She had been battling eczema for years and had joint pain. She never felt well which over time led to depression.

We put her on an anti-inflammatory diet as well as adding those foods that help to restore the natural biome of the gut. We added supplementation to remove the stressors in the gut as well as repair and rebuild the gut. Those changes along with the Neurological

Integrative work has helped Dana to resolve her digestive issues.

If you are experiencing these symptoms and are ready to start on your journey to health, call the HOLISTIC CENTER AT BRISTOL SQUARE at 508-660-2722 located at 1426 Main Street, Walpole and set up your appointment today.

PAID ADVERTISEMENT

Sponsored articles are submitted by our advertisers. The advertiser is solely responsible for the content of this article.

GET NOTICED!

Contact Jen to find out how you can reach more than 183,000 homes and businesses each month!

508-570-6544 or
jenschofield@localtownpages.com

AYURVEDA HEALTH & MEDITATION

Learn to balance your mind, body, and spirit with nutrition, movement, and stress management. It promotes harmony of body, mind, and spirit to prevent illness and long-term vitality and well-being

Ayurveda Healthy lifestyle is a holistic approach to living in balance with nature. Tailored to each person's unique mind-body type (dosha)

- Daily routines
- Nourishing foods
- Meditation
- Movement

Maureen A Dermody, Chopra Total Wellbeing Coach
Ayurveda Teacher & Primordial Sound Meditation Teacher

508-561-3892
Modermody1@verizon.net • Maureenadermody.com
Healing through nature and ancient wisdom

Wishing you a Happy and Healthy Holiday Season!

Michelle Donohue
PT/Owner

Melissa Parrish
PT, DPT

Michelle Triessl
PT

Make an appointment today - and get back to being you!

RAMA PLAZA • 898B Washington Street, Norwood • 781-269-5850
www.movewellptnorwood.com

Affinity Dental

BEAUTIFUL SMILES THAT LAST A LIFETIME!

Choose the best dental care for you and your family

Call for an appointment
781-255-1100
45 Walpole Street #4, Norwood, MA
www.affinitydentalinc.com

Norwood Sports

Bridget Flynn, Norwood Track

By CHRISTOPHER TREMBLAY

Soccer had been something that Bridget Flynn grew up playing, but the sport eventually found its end life with the now Norwood High School sophomore. Soccer was replaced in her middle school years with cross country and now running has become a big part of her life and she is excelling at it at such a young age.

“I started running cross country because I was looking for something to do and I really didn’t like soccer anymore,” Flynn said. “I found that the aspect of the sport was more individual and your times actually showed your progress.”

During middle school, Flynn was running cross country not only to do something with her friends, but to have fun – it was nothing serious at that point. Upon entering her first year of high school, she ran cross country in the fall, played basketball during the winter season, and ran outdoor track in the spring.

It was during the spring track season that running started to become more serious. Natalie Martin, the Norwood mile record holder, would become an inspiration for the first-year runner. The two would not only run together in practice, but Martin would take Flynn under her wing and mentor her with a positive outlook. The senior really believed in her young apprentice.

Norwood Track Coach Anna Keady sees a lot of Martin in Flynn and believes that by the time she graduates she could very well break Martin’s school record in the mile, which currently sits at 5:02. According to the Mustang coach, the two runners are very similar – focused and driven with a passion for running.

“It’s pretty cool to be compared to her, she was such a great athlete,” Flynn said of Martin. “It only shows me that with the hard work I can possibly do the things that she was able to do.”

Much like in middle school, Flynn was not expecting a lot out of running for Norwood High, it was something that she just enjoyed participating in. She was also hoping that taking part in

fall cross country would help her stay in shape and get ready for the basketball season. Little did she know what was about to happen during her first track season with Norwood in the spring of her freshman year.

During that season, Flynn would run the mile and 2-mile for Norwood, and while she didn’t get a lot of time with the longer distance race as she was prioritizing her focus on the mile, she still enjoyed both races.

Late in the spring season competing at the Tri-Valley League Championships, she ran her best time (5:31) to date in the mile. A few weeks later at the Divisional Tournament, she would break her best time with a three second decrease. Going into the Divisional Tournament, the first-year runner felt that she was much more prepared than she was at the TVL Championship and was excited about the possibility of taking her time to under 5:30, which she did. In addition to her personal best in the mile at 5:28, she also posted a best time of 12:03 in the 2-mile as well as an 18:59 time in the fall running the 5K during the cross-country season. Flynn was also a member of the 4x800 relay team that broke the school record (10:03.36) while capturing first place in the Massachusetts State Track Coaches Association (MSTCA) Invitational. The foursome would later break their own record at the MIAA State Championship with a time of 9:50.14.

“As a sophomore this past cross-country season, she broke 19 minutes and soon after that won the sophomore race, which included some 80 runners, at the Frank Mooney Invitational in Wrentham,” Coach Keady said. “Coming into her first season running indoor track, Keady is looking for her to continue to drop her times in the mile while placing in the top three distance runners in the TVL.”

Flynn has become so enamored with running that she gave up playing basketball this



Photos courtesy of Bridget Flynn

“I feel that I am ready and have upped my workouts this past off-season while training harder to become better and faster,” Flynn said. “If I can medal at the Divisionals, then I will be able to run in the State Championship for the first time. It would be great to get that far and doing it as a sophomore would be awesome, but whatever happens happens, I’m still young and will have the opportunities.”

One of Flynn’s biggest goals is to surpass her teammate and Martins’ school record in the mile.

“It’s definitely a possibility, but most likely not this year as a sophomore,” Flynn said. “By my junior or senior year, I feel that I’ll be able to go after the record. I feel like that if I am able to do it, I’ll be continuing the legacy. She helped me my freshman year and I’d

like to continue what she did for the school.”

Not only would Flynn like to break the school’s record in the mile in the next few years, but she is also hoping to run cross-country and track in college.

“I would love to run for a Division 1 college, it is definitely a long-term goal,” Flynn said. “Where I would go is unknown at this point. I want to be able to run at a high level and show my capabilities while working toward something. It shows that anyone can do something if they put their mind to it, even if you just started doing it recently.”

Flynn took part in the Division 2A Cross Country Tournament at Northfield Mountain in November, a very hilly and challenging course and was able to place fifth with a time of 20:01.2. Her finish allowed her to continue to take part in the Division 2 State Tournament.

Bridget concluded her season running at Fort Devens, another challenging course, in the MIAA Division 2 XC State Meet of Champions where she finished with a time of 19:30.39 to grab a 16th place finish out of 183 runner.

Norwood Sports

Wrestler James Botelho

By CHRISTOPHER TREMBLAY

During his time in middle school, James Botelho bounced around from sport to sport, but by his high school sophomore year, he began focusing on wrestling and all other sports went by the wayside.

"I participated in martial arts during my freshman year, but some friends who were already on the wrestling team got me to join them," Botelho said. "Wrestling seemed to entice me with its fairness; what you put in, is what you get out of it. If you're good, it's because you earned it. A lot of wrestling relies solely on yourself, and it was very similar to martial arts."

During his first introduction to the sport Botelho really didn't know what to expect but, he did find that it was a sport in which he could excel.

"He progressed quickly and had a good senior class of wrestlers with him," Norwood Coach Bill McDermott said. "They showed him that you can wrestle, or you can wrestle to win."

Botelho remembers his first match like it was yesterday.

"It was very tiring and something that I had never experienced before," the now senior said. "I was definitely a little nervous going out there, and although I did lose, I felt I did really well."

While he doesn't get emotional about losing, he does talk to his coaches about what went well and what went bad after his matches.

"When I am wrestling, I don't go out there and worry about the match's outcome; wins and losses mean nothing," Botelho said. "I worry about getting better. I break things down like what is my next move and how can I take my opponent down."

Wrestling in the 126-pound weight class for his sophomore and junior campaigns, Botelho was able to record a .500 record and finished fourth at the Sectionals the first year. The next



Photos courtesy of James Botelho

season, he improved to 38-11 and improved to a third-place finish in the Sectionals.

Botelho believes that he underperformed at the Sectionals last year and could have done a lot better, and although he reached the State Tournament, he unfortunately came down with the flu.

"I was disappointed that I had the flu, but it was something that was out of my control," Botelho said. "I just went out and wrestled; going 38-11 during the regular season and to get no wins at the States was frustrating. If I were healthy, I could have won a few matches."

Between seasons, the Norwood wrestler joined Metro West United (a club out of Natick) to help improve his skills. Botelho discovered training in the off-season and found that he was progressing and started to take part in tournaments where he was a different person on the mat. Despite getting better, he knew that he still had a lot of work to do if he wanted to become the best wrestler that he could be.

"By joining the club team, I found that my skills were like night and day," Botelho said. "I look to get better, and while I am happy about winning, I am not thinking about wins. It's great to win, but it's no big deal to me. I go out and wrestle because I enjoy it."

Coming into his senior campaign, his goals are more focused on his team and teammates. Botelho wants his squad to enjoy the season as much as he does while getting better in the process.

"If we are all happy as a team

then the wins will come," Botelho said. "This is my final year wrestling, and I do want to make it back to the States and follow in the footsteps of past Norwood wrestlers and win a championship."

He knows that in order to win a State Championship he still has a lot of hard work ahead of him, especially at practices with his training partners.

Coach McDermott would also like to see the senior wrestler get

back to the post-season.

"I firmly believe that he can get to the Sectional Finals and if he wrestles good, he'll be able to move onto the Division 2 State Tournament," the Mustang Coach said. "His hard work and dedication got him there (States) last year only to find out that he was sick. He never complained but I know that he wants to get better this year and I believe that he can be in the top 4 of Division 2 wrestlers."

Virtual Couch to 5K Program

Get ready to move! Join in this free nine-week Couch to 5K program that kicks off December 1, designed to help participants progress from walking to running a full 5K. Join the online Facebook group

for support and motivation, and download the free "Just Run: Zero to 5K" app to follow the weekly plan.

Reach the 5K distance together! Join at: facebook.com/groups/2019847792180805.

Calendar of Events

Dec. 4

Annual Holiday Lights Walk/ Run
Norwood Common Gazebo
6:30 p.m.

Come out and tour the best holiday lights in Norwood on foot! Walk or run. To top it off, runners and walkers will meet back at Charles River Running for hot chocolate and cheer. For more information, visit facebook.com/events/809003651851868. Sponsored by Charles River Running and Hoka One One.

Dec. 5

Sensory-Friendly Art Classes for Adults
Morrill Memorial Library
10:30 a.m.

The Morrill Memorial Library is partnering with Norwood-based Lifeworks Inc to bring this series of art classes. Art instructor Stephanie Enloe will run the program specially designed for adults with different levels of cognitive abilities. Each week, she will guide participants

to create one-of-a-kind art projects, often utilizing recycled/repurposed materials and items found in nature. The program is free and open to attendees aged 18+. To register, visit www.norwoodlibrary.org/morrillcalendar/, or call the reference desk at 781-769-0200, x2.

Book Tree Lighting and Holiday Story Time
Morrill Memorial Library
3:30 p.m.

Join the library staff as they officially light the book tree for the winter season! Library Director, Clayton Cheever, will even read a holiday story or two! The tree lighting also kicks off the “guess the number of books contest;” - how many books did it take to build the tree? Guesses can be made through January 10. Closest guess wins a prize basket! Submit your guesses in person at the library.

Dec. 6

Blessings Boutique Thrift Shop
First Baptist Church, 71 Bond St.
10 a.m.-noon

Enjoy a cup of Christmas cheer (non-alcoholic wassail), while shopping for your Christmas decorations, unique gifts, stylish clothes, jewelry, and lots more. The boutique has great items at even greater prices!

VFW Meat Raffle
VFW post 2452, 193 Dean St.
2-5 p.m.

The price for each drawing is \$2. Ten drawings are conducted each Saturday. A pre-buy for \$20 is available during the week at the Post. The winners of the Pre-Buys need not be present to win. The prizes are generous portions of meat and chicken. An example includes: Sirloin steak tips, sausage, ground sirloin burgers, center cut pork chops, whole or cut chicken, ground sirloin burgers, chicken wings, and much more! The drawings also include a 50/50 money raffle. The raffle is held every Saturday through May. The Norwood VFW is looking for new members. Veterans of the Gulf War, and personnel who have served overseas in Iraq and Afghanistan are welcome to visit a monthly meeting on the fourth Wednesday of each month, September through May (except November and December). The Meat Raffle is open to the public.

Dec. 7

Rudolph Storywalk and Reindeer Hunt (Opening Day!)
Endean Trails
All Day

Norwood CFCE and the Morrill Memorial Library are excited to share a new StoryWalk® at Endean Trails featuring the classic 1939 edition of Rudolph the Red-Nosed Reindeer by Robert L. May! As you enjoy the story, be on the lookout for five hidden wooden reindeer along the trail, a fun challenge for children (and adults!) of all ages. This self-guided activity is open to everyone and will be available from December 7, 2025, through January 4, 2026. The StoryWalk® stretches for about ¼ mile and includes 18 storyboards and is the perfect way to enjoy a festive story and a winter stroll!

Dec. 8

Monday Movie Matinee
Morrill Memorial Library
1 p.m.

Monday’s movie is ‘Arze.’ Arzé, a single mother, takes her teenage son on a journey across sectarian Beirut in search of their stolen scooter, their only source of livelihood. Cast: Shaden Fakhri, Bilal Al Hamwi, Betty Taoutel, Diamand Abou Aboud. No rating. Recommended for ages 18+. To register, visit www.norwoodlibrary.org/morrillcalendar/, or call the reference desk at 781-769-0200, x2.

Houseplants 101 w/ Blackstone Valley Veggie Gardens
Morrill Memorial Library
7 p.m.

In partnership with the Norwood Conservation Commission, the Morrill Memorial Library will host Kate Donovan of Blackstone Valley Veggie Gardens. Grow houseplants to make you happy, clean your air, beautify your home--or gift to loved ones! This session will review several of the easiest plants to grow and share how to identify common plant-growing problems. This is the perfect lesson for the houseplant lover or plant lover-wannabee. To register, visit www.norwoodlibrary.org/morrillcalendar/, or call the reference desk at 781-769-0200, x2.

Norwood Comprehensive Plan Open House
Norwood Senior Center
7 p.m.

Members of the public are invited to meet members of the Steering Committee, learn about the Plan’s progress, and help prioritize goals and strategies for Norwood’s future.

Dec. 9

Norwood Woman’s Club Meeting
Knights of Columbus, 572 Nichols St.
12:30 p.m.

Sheryl Faye will present EL-EANOR ROOSEVELT in a spellbinding performance and help celebrate 101 years of the Norwood Woman’s Club. A light lunch will be served. Guests are welcomed. Please bring an item for the food pantry. Most needed are canned meats stew, chili, tuna, chicken, cocoa mix, instant rice, boxed oatmeal, Frosted Flakes, Fruity Pebbles, Raisin Bran, Honey Bunches of Oats, etc. For more information, call Trina at 781-762-8173.

Norwood Toastmasters Club
Norwood Civic Center, Willet Room
6:45 p.m.

Toastmasters help develop communication and leadership skills for members and the community at every ability level. Guests are always welcome to come and see just how they do it! For more information, visit norwoodtoastmaster.toastmastersclubs.org/.

Dec. 10

Music with Sarah
Morrill Memorial Library
10 a.m.

Get ready to sing, dance, and move to the beat in this lively Music with Sarah class! Designed for young children and their caregivers, this interactive program is full of songs, instruments, movement, and musical fun that will have everyone clapping and smiling along. Families must check in with Program Coordinator Liz Hogrell upon arrival before participating in the class. To register, visit www.norwoodlibrary.org/morrillcalendar/, or call the reference desk at 781-769-0200, x2.

Norwood Junior Woman’s Club Meeting
Conrad’s Restaurant, Norwood
7:30 p.m.

The Norwood Junior Woman’s Club is a women’s social group that serves the Norwood community by fundraising in order to give back locally to various programs, events, and families in need. They are an easy-going, fun group and joining doesn’t require a big commitment. Monthly meetings are held the second Wednesday of each month. For more information, email Norwoodjwc@gmail.com or visit norwoodjuniorwc.wixsite.com/norwoodjwc. All are welcome.

Dec. 11

Raising Kids in a Digital World
Morrill Memorial Library
10 a.m.

Raising Kids in a Digital World is a fun, 45-minute program where children and their parents or caregivers can explore healthy digital habits together through storytime, creativity, and movement — guided by the beloved Sesame Street characters you know and love. *There will be NO characters or cast mem-



I'm a Little Snowman
Grab and Go Kit
Available for Pickup:
December 14th-December 20th
Register at NorwoodLibrary.org

I'm a Little Snowman
Grab and Go Kit

Dec. 14-20 - Morrill Memorial Library

Celebrate the winter season with this month's CFCE Grab and Go Kit at the Morrill Memorial Library featuring the adorable book 'I'm a Little Snowman,' by Hannah Eliot! Each kit includes a copy of the book along with a fun snowman-themed craft and activity ideas to enjoy together at home. Designed for young children and their caregivers, this kit encourages early literacy, creativity, and wintertime fun

Kits can be picked up during library hours from December 14th-December 20th, 2025 at the Children's Desk in the Morrill Memorial Library. Please note, the book must be checked out with a library card and returned to the library, but you can keep all the other materials in the kit to continue the learning and fun anytime. We kindly ask that you limit your requests to one kit per family.

CALENDAR

continued from page 12

bers present. This is hosted by your local librarians with materials provided by Sesame Street. To register, visit www.norwoodlibrary.org/morrillcalendar/, or call the reference desk at 781-769-0200, x2.

Sensory-Friendly Monthly Movie
Morrill Memorial Library
1 p.m.

The September movie in the Sensory-Friendly Monthly Movie series is Disney's 'A Christmas Carol,' rated PG. To register, visit www.norwoodlibrary.org/morrillcalendar/, or call the reference desk at 781-769-0200, x2.

Age Well with HESSCO
Morrill Memorial Library
6:30 p.m.

Morrill Memorial Library is partnering with Health & Social Services Consortium, Inc (HESSCO) to bring an information session about HESSCO to the library. As people age, there is a new lifestyle to navigate, medical help to seek, and many other future considerations to account for. Mature residents are bound to have many questions about the resources available in the community that will help age well in place. Come join us as a representative from HESSCO explains the long-term services HESSCO offers for older adults and adults with disabilities. To register, visit www.norwoodlibrary.org/morrillcalendar/, or call the reference desk at 781-769-0200, x2.

Dec. 12

Sensory-Friendly Art Classes for Adults
Morrill Memorial Library
10:30 a.m.

The Morrill Memorial Library is partnering with Norwood-based Lifeworks Inc to bring this series of art classes. Art instructor Stephanie Enloe will run the program specially designed for adults with different levels of cognitive abilities. Each week, she will guide participants to create one-of-a-kind art projects, often utilizing recycled/repurposed materials and items found in nature. The program is free and open to attendees aged 18+. To register, visit www.norwoodlibrary.org/morrillcalendar/, or call the reference desk at 781-769-0200, x2.

Dec. 13

Blessings Boutique Thrift Shop
First Baptist Church, 71 Bond St.
10 a.m.-noon

Join the friendly staff for a cup of non-alcoholic wassail as they wish you a Merry Christmas. Last chance at the boutique before Christmas to get holiday decorations, fabulous gifts, jewelry, beautiful clothes for your whole family - and so much more - all at very affordable prices!

Coffee Cupping w/ Rob Fitzgibbon
Morrill Memorial Library
10 a.m.

If you love coffee, this event is for you! Learn all about the fascinating world of coffee from coffee enthusiast, Rob Fitzgibbon. Enjoy an informal half-hour presentation, covering coffee as an agricultural commodity, how it's grown and processed, how it's been consumed throughout history, and related processes and qualities such as roasting, aroma, taste, and mouthfeel. Rob will then lead participants in a fun interactive exercise in which they try three different coffees and document what they smell and taste, using stickers and a flavor wheel. The event concludes as participants review their shared perceptions of taste and aroma, engage in Q&A, and finish the coffee. To register, visit www.norwoodlibrary.org/morrillcalendar/, or call the reference desk at 781-769-0200, x2.

Puzzle Race
Morrill Memorial Library
2:30 p.m.

Love doing puzzles? Want to test your speed against others? Join us for a friendly puzzle face-off against other teams!

How does the race work?

Up to 8 teams will compete, with a maximum of 4 people per team. Feel free to name your team!

Families are welcome to come as a team; children aged 10+ will count as a team member.

One puzzle per team.

Puzzles will be 500 pieces and design will be the same.

Race will kick off at 2:30pm and will end at 4pm. Please plan on arriving by 2:20 pm at the latest, so we can start on time.

The team with the most completed puzzle by the end of the race will be the winner, but everyone gets the bragging rights!

This program is free and open to all, but note that the difficulty level of the puzzle design is most suitable for tweens, teens and adults. Only one team member registers for the whole team. To register, visit www.norwoodlibrary.org/morrillcalendar/, or

call the reference desk at 781-769-0200, x2.

VFW Meat Raffle
VFW post 2452, 193 Dean St.
2-5 p.m.

The price for each drawing is \$2. Ten drawings are conducted each Saturday. A pre-buy for \$20 is available during the week at the Post. The winners of the Pre-Buys need not be present to win. The prizes are generous portions of meat and chicken. An example includes: Sirloin steak tips, sausage, ground sirloin burgers, center cut pork chops, whole or cut chicken, ground sirloin burgers, chicken wings, and much more! The drawings also include a 50/50 money raffle. The raffle is held every Saturday through May. The Norwood VFW is looking for new members. Veterans of the Gulf War, and personnel who have served overseas in Iraq and Afghanistan are welcome to visit a monthly meeting on the fourth Wednesday of each month, September through May (except November and December). The Meat Raffle is open to the public.

Dec. 15

American Red Cross Blood Drive
Knights of Columbus, 572 Nichols St.
1-6 p.m.

Holiday Gift-Making Art Workshop
Morrill Memorial Library
6:30 p.m.

Celebrate the season through art! This workshop offers participants a delightful opportunity to craft meaningful holiday gifts for loved ones through a joyful, creative experience. Participants will create two 4"x4" canvas paintings on easels--perfect to give as gifts or to hold onto as personal keepsakes. The session emphasizes relaxation, social interaction, and guided instruction, making it suitable for all skill levels. For ages 14+. To register, visit www.norwoodlibrary.org/morrillcalendar/, or call the reference desk at 781-769-0200, x2.

Dec. 16

Women in Business Networking Meeting
Norwood Civic Center
8 a.m.

The Women's Business Networking (WBN) group is a non-profit organization for women in business or residents of Norwood and surrounding towns. The group meet two mornings per month and in addition to providing referral business, the women

CALENDAR

continued on page 14

Hey Ladies ...

looking for **wide** shoes?

Sizes 6.5ww - 11ww, also 12m

Performance Sneaker
from Propet



Stay warm
dry and
comfy with
Toe Warmer
Boots



Stylish ankle
boot from
David Tate



Plenty of other boots and shoes to choose!

Happy Holiday - Get \$15 OFF (Just mention this AD)
 Expires December 31 2025

The Forgotten Foot

"It's Worth the Trip!"

1255 Worcester Road, Framingham
 Behind St. Mary's Credit Union, Rte. 9 West
 Hours: Mon. - Sat. 11 a.m. - 6 p.m. • Sun. 12 - 4 p.m.

508-879-3290

Rosetta's

Italian Family Restaurant

781-821-2300 • www.rosettasrestaurant.com

Rosetta's is ready to Host
& Cater all your office,
football & holiday parties!

TURKEY PLATTER sliced turkey breast, our homemade stuffing, red bliss parmesan mashed potatoes, mixed vegetables, cranberry sauce & brown gravy

FULL TRAY \$190 FEEDS 10-12 • HALF TRAY \$100 FEEDS 4-6

All our Party Trays, Family Style Take Out Platters, Entrees,
& our entire menu is available for TAKE & BAKE Take Out.

Please **pre-order** all your
 orders for Christmas Eve
 by noon Dec. 21

Please **pre-order** all your
 orders for NYE
 by noon Dec. 29

Pick up ALL Take & Bake Orders from NOON - 3:15pm on Christmas Day & NYE

Rosetta's Gift Cards make great
gifts and stocking stuffers
for your teachers, mailman,
neighbors, family & friends!

ROSETTA'S WILL BE CLOSED CHRISTMAS DAY & NEW YEARS DAY

Rosetta's is an official Toys for Tots drop off location!



Bring in a New Unwrapped Toy
 (DEC 1 - DEC 14)

& Receive a Complimentary Appetizer

WITH PURCHASE OF AN ENTREE, ONE PER PARTY/PER TABLE, DINE IN ONLY

CALENDAR

continued from page 13

share and support business ideas and community events/fundraisers. If you would like more information about the organization, call 781-799-7068, or email womeninbusinessma@gmail.com.

Dec. 17

Turn the Page Book Group: 'The Curious Charms of Arthur Pepper'
Morrill Memorial Library
10 a.m.

Connect with Patty Bailey and other local readers for a friendly and informal conversation of *The Curious Charms of Arthur Pepper*, a feel-good novel written by Phaedra Patrick. Arthur Pepper lives a simple life, boring since his beloved wife, Miriam, died: same food, same clothes, same daily routine. On the one-year anniversary of her death, something changes. While painfully sorting through her possessions, Arthur finds a gold charm bracelet he never saw her wear. On the chain are an elephant, a tiger, a book, a heart, a palette, and other charms. Curious, Arthur begins a search for the origin of these trinkets that takes him from New York to London, Paris, and India. Not only is Arthur's life amazingly altered, but he learns much more about Miriam and

the choice she made when she married him. To register, visit www.norwoodlibrary.org/morrillcalendar/, or call the reference desk at 781-769-0200, x2.

Board Game Night
Morrill Memorial Library
6 p.m.

If you've been looking for a casual group of fellow board gamers, the Morrill Memorial Library is your spot! Games will be provided, but feel free to bring any of your own! This gathering is recommended for people ages 18+. To register, visit www.norwoodlibrary.org/morrillcalendar/, or call the reference desk at 781-769-0200, x2.

Turn the Page Book Group: 'The Curious Charms of Arthur Pepper'
Morrill Memorial Library (Virtual)
6:30 p.m.

Connect with Patty Bailey and other local readers for a friendly and informal VIRTUAL conversation of *The Curious Charms of Arthur Pepper*, a feel-good novel written by Phaedra Patrick. Arthur Pepper lives a simple life, boring since his beloved wife, Miriam, died: same food, same clothes, same daily routine. On the one-year anniversary of her death, something changes. While painfully sorting through her possessions, Arthur finds a gold charm bracelet he never saw her wear. On the chain are an elephant, a tiger, a book, a heart, a palette,

Rudolph Storywalk and Reindeer Hunt

Endean Trails
Dec. 7 – Jan. 4

Norwood CFCE and the Morrill Memorial Library are excited to share a new StoryWalk® at Endean Trails featuring the classic 1939 edition of *Rudolph the Red-Nosed Reindeer* by Robert L. May! As you enjoy the story, be on the lookout for five hidden wooden reindeer along the trail, a fun challenge for children (and adults!) of all ages. This self-guided activity is open to everyone

With pool construction now complete and the Hawes parking lot reopened, visiting the StoryWalk® is easier than ever. Park at Hawes Pool (1305 Washington Street) and follow the gravel path to the woods. The StoryWalk® stretches for about ¼ mile and includes 18 storyboards

and is the perfect way to enjoy a festive story and a winter stroll!

If you have any questions about this program, email CFCE program coordinator Liz Hogrell (ehogrell@minlib.net).



and other charms. Curious, Arthur begins a search for the origin of these trinkets that takes him from New York to London, Paris, and India. Not only is Arthur's life amazingly altered, but he learns much more about Miriam and the choice she made when she married him. To register, visit www.norwoodlibrary.org/morrillcalendar/, or call the reference desk at 781-769-0200, x2.

Raising Readers: Simple Ways to Build Early Literacy at Home
Morrill Memorial Library (Virtual)
6:30 p.m.

Join us for a VIRTUAL, family-friendly workshop all about nurturing early literacy skills in everyday moments. Emily Christman, a teacher and mom with a passion for literacy, will share simple, practical strategies to help your child build strong language, pre-reading, and communication skills at home. From easy read-aloud tips to playful ways to build vocabulary, this session will give you tools you can start using right away to support your young reader. To register, visit www.norwoodlibrary.org/morrillcalendar/, or call the reference desk at 781-769-0200, x2.

Dec. 18

Sensory-Friendly Lego Club for Adults

CALENDAR

continued on page 15

Woodforms

Fine Cherry Furniture

NOW OPEN!
Saturdays
9 a.m. to 2 p.m.

Made in Massachusetts



Come visit our FACTORY and FACTORY SHOWROOM!

131 Morse Street | Foxboro | 508-543-9417 | woodforms.net

Hours: Monday - Thursday: 7 a.m. - 3:30 p.m., Friday: 7 a.m. - 3 p.m.
Saturday: 9 a.m. - 2 p.m. CLOSED Sunday

Santa Loves Pets!

BY MICHELE TARANTO

No need for Fido, or any pet, to feel left out on a picture with Santa! This year, the Dirty Dawg Wash, in Norwood, has all animals covered with their Pet Pictures with Santa Day! This event does more, however, than make beloved companions and their family feel included, it is also a fundraiser for Charley's Angels Pet Initiative (CAPI).

The event will be held on Sunday, Dec. 7, 1-4 p.m., at the Castle Island Brewing Company, 31 Astor Ave. Santa will be there to meet his four-

legged friends and provide a 4 x 6 keepsake photo to commemorate the season, with a \$10 donation to the non-profit organization. The afternoon fun for Santa's pets does not stop there! Owners and their pets can walk around and purchase treats by PolkaDog,



custom bandanas from Poodle Pack Gear, other pet-focused vendors, and enter raffles!

CAPI, a local non-profit organization launched in July, 2023, focuses its efforts on assisting owners who may find themselves struggling with the costs of pet ownership. They can provide essentials, such as food, litter, preventatives, toys, and enrichment, as well as financial veterinary assistance for those not able to pay for critical care. To learn more about



CAPI, visit [charleysangel-spinitiative.org](https://www.charleysangel-spinitiative.org).

All proceeds from the fundraiser will benefit Charley's Angels Pet Initiative. For more information on the event, call 781-762-8822. To make a direct monetary donation, visit <https://www.charleysangel-spinitiative.org/#donate>. Food donations are accepted at the Dirty Dawg Wash, 1 Wilson St., (corner of Wilson and Walpole Sts.).

CALENDAR

continued from page 14

Morrill Memorial Library 12:30 p.m.

Join the L.E.A.D. students in this creative adventure. Just bring your imagination - the will provide the Legos. The Club is free, inclusive, and open to anyone ages 18+. It is specially designed for adults with different levels of abilities. To register, visit www.norwoodlibrary.org/morrillcalendar/, or call the reference desk at 781-769-0200, x2.

Dec. 19

Sensory-Friendly Art Classes for Adults Morrill Memorial Library 10:30 a.m.

The Morrill Memorial Library is partnering with Norwood-based Lifeworks Inc to bring this series of art classes. Art instructor Stephanie Enloe will run the program specially designed for adults with different levels of cognitive abilities. Each week, she will guide participants to create one-of-a-kind art projects, often utilizing recycled/repurposed materials and items found in nature. The program is free and open to attendees aged 18+. To register, visit www.norwoodlibrary.org/morrillcalendar/, or call the reference desk at 781-769-0200, x2.

Monthly Ballroom Dance Norwood Senior Center, 275 Prospect St. 7 p.m.

The Friends of the Norwood Council on Aging will be sponsoring their monthly Ballroom dance with music by Dave Valerio. Cost is \$12 per person.

Coffee, tea, water & desserts will be served & there are also door prizes. Newcomers of all ages are welcome. To stay up to date on 'Friends' events, visit their Facebook page: Friends Of The Norwood Council On Aging | Facebook

Dec. 20

VFW Meat Raffle VFW post 2452, 193 Dean St. 2-5 p.m.

The price for each drawing is \$2. Ten drawings are conducted each Saturday. A pre-buy for \$20 is available during the week at the Post. The winners of the Pre-Buys need not be present to win. The prizes are generous portions of meat and chicken. An example includes: Sirloin steak tips, sausage, ground sirloin burgers, center cut pork chops, whole or cut chicken, ground sirloin burgers, chicken wings, and much more! The drawings also include a 50/50 money raffle. The raffle is held every Saturday through May. The Norwood VFW is looking for new members. Veterans of the Gulf War, and personnel who have served overseas in Iraq and Afghanistan are welcome to visit a monthly meeting on the fourth Wednesday of each month, September through May (except November and December). The Meat Raffle is open to the public.

Dec. 22

Generations of Holiday Fun: Storytime at Benchmark Senior Living Benchmark Senior Living, 40 Clapboardtree St. 10 a.m.

Friends at Benchmark Senior Living have invited smaller li-

brary patrons back for a holiday storytime! Celebrate the season with stories that sparkle, sing-along songs, and interactive activities that will have children and caregivers laughing and learning together. After the stories, children can enjoy holiday-themed coloring and a special festive snack. This is a wonderful opportunity to share the magic of the holidays across generations, make new friends, and create warm memories that last long after the story ends. To register, visit www.norwoodlibrary.org/morrillcalendar/, or call the reference desk at 781-769-0200, x2.

Monday Movie Matinee Morrill Memorial Library 1 p.m.

Monday's movie is 'Perfect Days.' Hirayama is content with his life as a toilet cleaner in Tokyo. He has a daily routine starting with work and ending with books and music, with some lunchtime amateur photography of the same trees every day. But when his estranged sister's daughter Niko comes by and stays for a few days, the disruption of that routine reminds Hirayama of a past he wants to leave behind and why he has this routine in the first place. (Source: Swank) Cast: Koji Yakusho, Tokio Emoto, Arisa Nakano, Aoi Yamada, Yumi Asô. Rated PG. To register, visit www.norwoodlibrary.org/morrillcalendar/, or call the reference desk at 781-769-0200, x2.

Norwood Comprehensive Plan Steering Committee Meeting Norwood Senior Center 7 p.m.

The public is welcome to attend a regular meeting to com-

ment on goals and strategies for Norwood's future.

Dec. 26

Sensory-Friendly Art Classes for Adults Morrill Memorial Library 10:30 a.m.

The Morrill Memorial Library is partnering with Norwood-based Lifeworks Inc to bring this series of art classes. Art instructor Stephanie Enloe will run the program specially designed for adults with different levels of cognitive abilities. Each week, she will guide participants to create one-of-a-kind art projects, often utilizing recycled/repurposed materials and items found in nature. The program is free and open to attendees aged 18+. To register, visit www.norwoodlibrary.org/morrillcalendar/, or call the reference desk at 781-769-0200, x2.

Dec. 27

VFW Meat Raffle VFW post 2452, 193 Dean St. 2-5 p.m.

The price for each drawing is \$2. Ten drawings are conducted each Saturday. A pre-buy for \$20 is available during the week at the Post. The winners of the Pre-Buys need not be present to win. The prizes are generous portions of meat and chicken. An example includes: Sirloin steak tips, sausage, ground sirloin burgers, center cut pork chops, whole or cut chicken, ground sirloin burgers, chicken wings, and much more! The drawings also include a 50/50 money raffle. The raffle is held every Saturday through May. The Norwood VFW is looking for new members. Veterans of the Gulf War,

and personnel who have served overseas in Iraq and Afghanistan are welcome to visit a monthly meeting on the fourth Wednesday of each month, September through May (except November and December). The Meat Raffle is open to the public.

Dec. 29

Cozy Puzzle Night Morrill Memorial Library 6:30 p.m.

Take a break during a busy time of year to hang out with friends and neighbors! Starting at 6:30pm, the Simoni Room will be full of 300- to 500-piece puzzles waiting to be completed. The library will provide light refreshments and warm drinks, and play lo-fi music to curate a relaxed vibe. Unlike the puzzle races, this event is not competitive! There will be plenty of puzzles available, but feel free to bring any from home to share or trade as well. Registration is encouraged but not required. To register, visit www.norwoodlibrary.org/morrillcalendar/, or call the reference desk at 781-769-0200, x2.

Dec. 31

Sensory-Friendly Lego Club for Adults Morrill Memorial Library 10:30 a.m.

Join the L.E.A.D. students in this creative adventure. Just bring your imagination - the will provide the Legos. The Club is free, inclusive, and open to anyone ages 18+. It is specially designed for adults with different levels of abilities. To register, visit www.norwoodlibrary.org/morrillcalendar/, or call the reference desk at 781-769-0200, x2.

BSAC PET CORNER

BSAC Needs Your Help — Our Senior Cats Are in Crisis

Right now, BSAC is running out of funds to care for our senior and special-needs cats. Many require ongoing medical treatment, prescription food, and specialized care—costing us thousands of dollars every month.

These cats have nowhere else to go. They’ve already endured so much, and we are committed to giving them the best possible quality of life until the very end. But without immediate help, we can’t continue to cover the medical bills that keep them alive and comfortable.

We urgently need your support. Please consider making



ing a one-time gift—or, even better, sign up for a recurring monthly donation through our website to help provide steady, reliable care for our cats year-round. Every dollar truly makes a difference.

Your compassion keeps our doors open and our cats safe.

Donate today at baystateanimals.org/#donate and help save a life.

Giving Tuesday

Giving Tuesday is December 2, this year! Please consider giving your tax-deductible donation to the Bay State Animal Cooperative. Your support enables us to continue to rescue, spay/neuter, care for, foster, provide medical care, and find forever homes for cats who would otherwise stand no chance!

Donations are accepted directly at the BSAC website, <http://www.baystateanimals.org>.

Let us know if we can be considered for your company gift match. You won’t be disappointed by the work we do.



Support BSAC with Titos!

Yankee Spirits in Norwood is partnering with Titos vodka and the Bay State Animal Cooperative for its annual fundraiser. For every 1L and 1.75L of Tito’s Handmade Vodka sold between

Nov. 1 and Jan. 1, 2025, Tito’s will donate \$1 to the Bay State Animal Cooperative. If vodka is on the holiday entertaining list this year, please purchase Titos at Yankee Spirits to help raise money for this cat rescue group.

Meet Buddy & Blackie!

Buddy and Blackie were housemates, were surrendered together and would be adopted together as the bond they have together is important, especially since their human dad passed away. They’re both very, very sweet and friendly and are purr machines.

Buddy is super sweet and may be deaf or a deep sleeper as he has zero reactions to voices when asleep. But he LOVES sleeping with his step brother! He is a total cuddle bug and loves to lay in your arms or lap. After major dentistry Buddy should fatten up a little. He has early kidney disease and requires prescription food. Like all seniors he need a little extra as “we” age!

Blackie is a sweet old gentleman who wants to live out



the rest of his life with a loving family! He loves his life-long cat brother Buddy. Blackie is a little more reserved than Buddy and will wait patiently for his turn when he and his brother seek attention.

Can they spend their senior years with your family?

A quiet, home with reduced activity is preferable as both cats are not used to much activity and deserve some serenity! Added stresses can surely cause senior ailments also!

If you are interested in adopting, you can complete a non-commitment application at www.baystateanimals.org, click on Adoptions.

There is a \$200 adoption fee

for each cat that includes; spay or neuter, age-appropriate vaccines, feline leukemia test, FIV test if over 6 months of age, microchip, flea treatment and roundworm treatment as needed, additional treatments as deemed necessary. Thank you, and if you do not hear from one of the volunteers in a reasonable amount of time, please do not hesitate to contact info@baystateanimals.org.

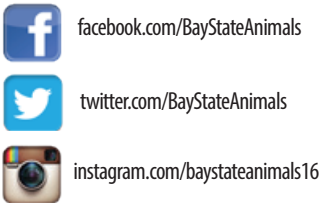


BSAC 2024 Calendars Ready for Purchase!

Grab the 2024 Bay State Animal Cooperative calendar filled with precious memories of our adopted cats! Cost is \$18 for Norwood residents (personally delivered), or \$20 shipped outside of Norwood.

To order, visit baystateanimals.org, or send a check, made out to BSAC, P.O. 932, Norwood, MA 02062. Proceeds go towards food and medical care for BSAC cats. Thank you for your purchase!

baystateanimals.org



Real Estate Corner

December Home Maintenance Tips to Keep Your Home Cozy and Protected This Winter

As December settles in across the northeast, the holidays aren't the only thing that deserve your attention, your home does, too! A few small maintenance steps now can help protect your biggest investment and keep things running smoothly through the cold months ahead.

Here are a few simple but important tips:

Protect Your Pipes

Frozen pipes are one of the most common (and costly) winter mishaps. Be sure to insulate pipes in unheated areas such as basements, attics, or garages, and let a slow drip run on especially frigid nights to keep water moving and keep the doors open under the sink to let the home's heat easily reach those pipes.

Clean and Inspect Your Heating System

If you haven't already, replace your furnace filter and schedule a professional heating system inspection. A clean filter not only improves air quality but can also help reduce energy costs during those long winter stretches.

Check Smoke and Carbon Monoxide Detectors

With heating systems running and fireplaces in use, make sure your detectors are working properly. Replace batteries and test each unit; it's a simple five-minute task that can save lives.

Seal Out the Drafts

Cold air can sneak in around doors, windows, and electrical outlets. Use weather stripping, caulk, or draft stoppers to keep your home warm and your energy bills down.

Clear Gutters and Roof Edges

If you haven't already done so this season, clean out any remaining leaves and debris. This prevents ice dams, which can lead to roof leaks and costly repairs.

Prepare for Snow

Make sure shovels, snow blowers, and ice melt are ready to go before the first big storm hits. Stock up early. Supplies tend to sell out when snow is in the forecast and you will be fully prepared while others are scanning the shelves!

Clean Out Dryer Vents

This is one task that's easy to forget — but so important. Lint buildup in dryer vents is a major fire hazard year-round. Also, in winter, make sure the exterior vent isn't blocked by snow or ice. When snow piles up against the outside vent, it can trap moisture, cause your dryer to work harder, or even back up exhaust gases into the home. Keep that vent area clear and check it after every storm.

Don't Forget Your Outdoor Spaces

Bring in or cover outdoor furniture, store hoses, and shut off exterior water lines to prevent freezing.

Taking a little time now to prepare your home for winter means fewer surprises and more time to relax and enjoy the season.

Wishing you a warm and happy holiday season filled with comfort, joy, and peace at home!

— Michele Taranto
Realtor® | MTaranto Realty

Norfolk County Real Estate Shows Growth in October

Norfolk County Register of Deeds William P. O'Donnell reported that real estate activity in Norfolk County remained strong in October, 2025, with increases in document recordings and property transactions compared to last year.

The Norfolk County Registry of Deeds recorded a total of 10,436 documents in October, 2025, an 8% increase from October, 2024 and a 10% increase from September, 2025.

"The increase in overall document recordings compared to last October is a strong indicator of continued engagement in the real estate market," Norfolk County Register of Deeds William P. O'Donnell said. "This continued engagement and momentum in the market reflects

confidence among buyers, sellers, and lenders. It is also worth noting that October saw an increase over September, which is a positive sign as we move deeper into the fall season."

REAL ESTATE
continued on page 18

Happy Holidays!

Thank you for trusting us with your insurance needs!



Westwood Insurance

Home Auto Business

1408 Providence Hwy #224 Norwood, MA 02062

PHONE (781) 352-8510
FAX (781) 352-8509

 Like us on Facebook "Westwood Insurance Partners Inc"

CALL US FOR A QUOTE OR VISIT US ON LINE AT www.westwoodinsure.com



SANTA'S NEW NUMBER

781-799-7068

JUST KIDDING. IT'S MINE. SANTA DOESN'T DELIVER DREAM HOMES, ONLY I DO!



Michele DeFazio Taranto
Your Trusted Realtor and Seniors Real Estate Specialist®
781-799-7068 mtarantorealty@gmail.com



★★★★★



Happy Holidays

from Our Homes to Yours.

Sending our Best Wishes for a Safe, Healthy & Happy New Year!



Steve Callahan
Broker/Owner/Realtor®
781-704-5356
steve@stevecallahanrealty.com



Veronica McElaney
Realtor®
617-605-1610
Veronica@stevecallahanrealty.com



Real Estate Corner

REAL ESTATE

continued from page 17

The total number of deeds recorded for October, 2025, which includes both commercial and residential real estate sales and transfers, was 1,605, up 12% from October, 2024 and 15% higher than September, 2025. Looking at just real estate sales, 788 properties were sold in October, a 4% increase compared to last year and 15% higher than September.

“The year-over-year growth in property sales highlights that the market remains active,” Register O’Donnell noted. “Buyers and

sellers continue to move forward with transactions despite broader economic conditions. This steady level of activity demonstrates confidence in Norfolk County’s real estate landscape and reinforces its reputation as a desirable place to live and work.”

Lending activity also showed strong performance. A total of 1,830 mortgages were recorded in October, 2025, up 21% from October, 2024 and 25% higher than September, 2025. The total dollar amount of mortgage indebtedness recorded in October was \$1,116,754,454, a 36% increase compared to October, 2024, though down 13% from

September, 2025.

“The increase in mortgage recordings and the significant year-over-year rise in total mortgage indebtedness reflect continued investment in real estate,” Register O’Donnell said. “These figures show that many residents are successfully securing financing and making substantial commitments to homeownership and property improvements.”

The average sale price of commercial and residential properties in October, 2025 was \$1,026,391.55, a 10% decrease from October, 2024, but 6% higher than September, 2025. The

total dollar volume of commercial and residential sales in October was \$808.8 million, down 6% compared to October, 2024, but up 22% from September.

“This reduction in overall real estate prices compared to last year at this time may offer some relief to those looking to purchase property in Norfolk County going into the fall months,” Register O’Donnell said. “Lower average sale prices could create new opportunities for first-time homebuyers and current homeowners looking to move who were previously priced out of the market.”

The foreclosure market in Norfolk County saw positive developments during October, 2025. There were five foreclosure deeds recorded as a result of mortgage foreclosures taking place in Norfolk County, down from the eight recorded in October, 2024. Notices to foreclose also declined with 21 notices recorded in October this year compared to 32 during the same time period last year.

“Any reduction in foreclosure activity is positive news,” Register O’Donnell said. “With that said, we must remember that foreclosure activity has a human impact, and there are still a number of our neighbors who have lost their homes, and even more are dangerously close to losing their homes. I would urge anyone struggling to pay their mortgage or who knows someone who is struggling to contact one of the non-profit organizations listed on our website, www.norfolkdeeds.org.”

For the past several years, the Norfolk County Registry of Deeds has partnered with Quincy Community Action Pro-

grams (617-479-8181 x376) and NeighborWorks Housing Solutions (508-587-0950) to help anyone facing challenges paying their mortgage. Another option for homeowners is to contact the Massachusetts Attorney General’s Consumer Advocacy and Response Division (CARD) at 617-727-8400.

“The positive trends we have seen in October underscore the resilience and continued desirability of Norfolk County as a place to live, work, and invest,” Register O’Donnell said. “Despite fluctuations in the broader economy, the local real estate market has shown strength across key indicators, including property sales, mortgage activity, and pricing stability. This momentum reflects confidence in our communities, and as we move toward the end of the year, we hope to see this progress continue.”

To learn more about these and other Registry of Deeds events and initiatives, “like” them on Facebook at facebook.com/norfolkdeeds or follow on Twitter and Instagram at [@norfolkdeeds](https://twitter.com/norfolkdeeds).

The Norfolk County Registry of Deeds, located at 649 High St., Dedham, is the principal office for real property in Norfolk County. The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities, and others with a need for secure, accurate, and accessible land record information. All land record research information can be found on the Registry’s website, www.norfolkdeeds.org. Residents in need of assistance can contact the Registry of Deeds Customer Service Center at 781-461-6101 or email registerodonnell@norfolkdeeds.org.



Happy Holidays From

LEGACY PROPERTIES

781.799.5344

LEGACYPROPERTIESRE.COM

Whether you are looking for a home to buy or sell, we are uniquely qualified to guide you through each step of the process. We attend to every detail with a genuine can-do attitude and a deep passion for the neighborhoods in which we work. So many people have been delighted with our services. We hope you will be too.

Got to LegacyPropertiesRE.com to see what people are saying about us!

CALL FOR A FREE MARKET ANALYSIS TODAY!

INTEGRITY • COMMITMENT • RESULTS



Gail LiDonni
OWNER / BROKER



Happy Holidays!

“Paul’s many years of experience as a realtor was evident as he guided me through the entire process of selling my house. He was very responsive to all my questions and needs and went above and beyond his responsibilities. His helpful suggestions on how to increase the value of the house really paid off. I would highly recommend his services.”

- C Cofsky

Paul G. Keady
RE/MAX Real Estate Center
781-762-1945 Office
781-799-5099 Cell
pkeadyrealestate@gmail.com
www.paulkeady.com



~Season’s Greetings~

Wishing you Warm Homes & Happy Holidays



Client-first, full-service support — start to finish ... call to get started!

Jennifer Conley • 508.265.3824
Jen.Conley@CBRealty.com
JenConleyRealEstate.com



*Wishing you a Wonderful Holiday Season with Family
and Friends and a Safe and Happy New Year!*



During the coming holiday season
May you be blessed
With the spirit of the season,
which is peace,
The gladness of the season,
which is hope,
And the heart of the season,
which is love.



ANNE FAHY
annetfahy@gmail.com

617-257-8088
Anne.Fahy@nemoves.com



*Grateful to all for
being Norwood's #1
Agent this year!*



Happy Holidays

*Here's to a season filled with warmth, comfort
and good cheer! Should the new year
bring you a change of address,
please contact me so that I can assist you.*



JULIE GROSS
REALTOR®

International President's Elite
Representing the Top 1% of
Coldwell Banker® Agents Worldwide



781-801-6369 • julieghomes@gmail.com • juliegross.com

Robert Roofing & Gutters

49 YEARS IN BUSINESS!

**ONE CALL SENDS
A ROOFER...
NOT A SALESMAN**

857-247-8709

- Roofing
- Siding
- Windows
- Gutters
- Residential Rubber
- Flat Roofs

**NO GIMMICKS,
JUST HONEST PRICING!**

FINANCING AVAILABLE



CertainTeed



ACCREDITED
BUSINESS



**FREE ESTIMATES
LICENSED & INSURED**

www.robertroofingandgutters.com • Rgreene465@gmail.com

From CONCEPT to COMPLETION, we bring your vision to life.

**Graphic Design
Sports Banners
Brochures
Postcards
Direct Mail Solutions
Every Door Direct Mail
Books
Lawn Signs
Calendars
Posters
Swag
and so much more!**



ANDREW CARINI
Print and Mail Specialist
How can I help you?
508-254-2241

**Our Town
PUBLISHING**

Home of localtownpages



ourtownpublishing.com