

Region Community Foundation Offers Scholarships for Students

PAGE 2

Max Drew CPA
 916 616-1789
 Max@magnumCPA.com
 907 Green Moss Dr Sacramento
PROUD TO BE TRUSTED BY RAMSEY
Estate, Trust & Personal Tax Expert

916 616-1789
 Max@magnumCPA.com
 907 Green Moss Dr Sacramento
Estate, Trust & Personal Tax Expert



Land Park News

VOL 35 • ISSUE 1

Bringing You Community News For Over 30 Years

JANUARY 9, 2026

SEE INSIDE

STATE OF DOWNTOWN COMING FEB. 24



PAGE 7

SLUGGISH ECONOMY DESERVES SPOTLIGHT



PAGE 5

STOP TRADING AWAY TALENT



PAGE 5



Scan our QR Code for a direct link to our online edition!

PRSRTD STD.
 U.S. POSTAGE
PAID
 CARMICHAEL, CA
 PERMIT NO. 350
 OR CURRENT
 POSTAL CUSTOMER

Give Back This New Year Volunteer Opportunities in Your Community



Help keep Land Park beautiful by joining the Land Park Volunteer Corps on the first Saturday of each month by assisting with maintenance from Spring to Fall. Photo courtesy of Land Park Community Association

By Idaly Valencia

SACRAMENTO, CA (MPG) - As the new year begins, many residents are looking for ways to give back to their community. Volunteering offers a simple way to make a difference close to home, with plenty of local opportunities available.

As Martin Luther King Jr. Day approaches on Jan. 19, community members

are invited to take part in the national day of service. From the animal shelter to park cleanups, here are some ways Land Park neighbors can make a difference.

Join the Land Park Volunteer Corps

From March through November, volunteers with the Land Park Volunteer Corps meet on the first

Saturday of each month to help maintain the park. Cleanup projects include trimming bushes, cleaning ponds, picking up trash and raking debris. Tools and gloves are provided.

Volunteer days typically begin at 8 or 9 a.m. and wrap up at 11:30 a.m. Cleanup efforts are based at the Base Camp behind Fairytale Town, with scheduled dates including

March 7 at 9 a.m., April 4 at 8 a.m., May 9 at 8 a.m., June 13 at 8 a.m., July 11 at 8 a.m., August at 8 a.m., Sept. 12 at 8 a.m., Oct. 3 at 8 a.m., and Nov. 7 at 9 a.m.

Youth groups and students seeking volunteer credit are welcome. Coffee and pastries are available in the morning, water is provided throughout the day, and a hearty lunch is

Continued on Page 3

New Laws Aim to Improve Road Safety Across State



A new law requires electric bicycles to have a red reflector or a solid or flashing red rear light with a built-in reflector during all hours of operation. Photo by u_d7hddm5o via Pixabay

By MPG Staff

SACRAMENTO REGION, CA (MPG) - New public safety laws approved during the 2025 legislative session will take effect Jan. 1, the California Highway Patrol announced in a Dec. 26 news release. The changes address school zone and highway speed limits, electric-powered bicycles and motorcycles, vehicle storage and crime prevention.

According to the California Highway Patrol, the update aims to inform drivers, promote safer decision-making and improve roadway safety as transportation technologies continue to evolve.

Several of the new laws focus on pedestrian and traffic safety, particularly speed limits.

Assembly Bill 382 allows local authorities to lower school zone speed limits from 25 to 20 miles per hour through Jan. 1, 2031. After that date, 20 miles per hour will become the standard in school zones where signs are posted.

Another traffic safety measure, Assembly Bill 1014, authorizes the Department of Transportation to reduce highway speed limits by five miles per hour and requires warning citations during the first 30 days after a reduction.

Assembly Bill 390 expands California's "slow down and move over" law

Continued on Page 2

Dine Downtown Returning for 21st Year

Downtown Sacramento Partnership News Release

SACRAMENTO, CA (MPG) - Downtown Sacramento Partnership is welcoming the new year with the 21st annual Dine Downtown, announcing 30 exceptional participating restaurants and unveiling many of the specially curated menus created for this year's event.

Once again, guests can enjoy three-course dinners for just \$45 from Jan. 9 to Jan. 18, offering an accessible way to experience some of downtown's most elevated dining at an exceptional value.

This year's program also continues Downtown Sacramento Partnership's long-standing commitment to giving back.

Opening Doors has been selected as the official non-profit partner, receiving

Continued on Page 4



Pictured is a meal from Kodaiko Ramen & Bar, located at 718 K St., that will be participating in the 21st year of Dine Downtown where guests can enjoy three-course dinners for just \$45 from Jan. 9 to Jan. 18. Photo courtesy of Downtown Sacramento Partnership

JAMIE RICH
REALTOR

HOUSE
REAL ESTATE

Sale Pending

1831 9th Ave., Sacramento 95818
 3 Bd 2 Bath | 2,260 Sq. Ft.
 \$1,199,000

916.612.4000
JamieRich.net
 DRE# 01870143

Region Community Foundation Offers Scholarships for Students

Sacramento Region Community Foundation News Release

SACRAMENTO, CA (MPG) -

The Sacramento Region Community Foundation invites interested students from throughout the region to consider applying for one or more of the 40 plus open scholarships available through the organization.

Ranging from \$1,000 to \$10,000, many of the open scholarships are based on financial need while some are focused on academic status or earmarked for a specific cause or area of study.

Criteria are diverse and determined based on the specific wishes of local individuals who donated to establish the scholarships.

Opportunities exist to support former foster youth, English language learners, students living with chronic illness, those interested in veterinary medicine or sustainable agriculture and more. The deadline to apply for the majority of the open scholarships is March 13.

As one example, Abigail Canafe was a student at UC Berkeley in 2021 and received the Benny Goodman Foundation Scholarship, which supports students studying jazz or classical music.

The impact of this funding affected her so profoundly that she now volunteers as a scholarship evaluator with the Foundation.

Canafe said, "As a past scholarship recipient,

I want to give back to the Sacramento Region Community Foundation and continue helping future students fund their education."

"Investing in young people, or lifelong learners, is one of the most powerful ways we can strengthen our region's future," said Sacramento Region Community Foundation Chief Executive Officer Kerry Wood.

"Scholarships reduce financial barriers and, just as importantly, they tell students that their community believes in them. We strongly encourage students from throughout the region who are interested in furthering their educational goals to review and apply for the variety of open scholarships that



Pictured is Benny Goodman Recipient Abigail Canafe, right, at her graduation in 2024. Photo courtesy of Abigail Canafe

the Foundation is proud to offer," Wood said.

In 2024, more than \$1 million in scholarships were awarded by the foundation, which supported 400 students as they worked to achieve their educational goals.

For descriptions and eligibility requirements, students interested in exploring and/or applying for open scholarships, or community members

considering making a tax-friendly gift of any amount to support future scholarship awards, should visit sacregcf.org/students.

Information about the Sacramento Region Community Foundation and charitable giving can be found at sacregcf.org.

Since 1983, the Sacramento Region Community Foundation has awarded more than

\$275 million in grants and scholarships on behalf of local people, families and businesses; and through its flagship program to grow charitable giving in the capital area, Big Day of Giving.

The center of philanthropy in the capital area, the foundation's mission is to lead, serve and inspire enduring philanthropy for a just and vibrant Sacramento region. ★

New Laws Aim to Improve Road Safety Across State

Continued from page 1

to include highway maintenance vehicles and any stationary vehicle using flashing hazard lights, cones or flares. Drivers must change lanes when possible or slow to a safe speed when approaching such vehicles.

Several new laws address electric bicycles and electric motorcycles. Assembly Bill 544 requires electric bicycles to have a red reflector or a solid or flashing red rear light with a built-in reflector during all hours of operation.

The bill also allows the California Highway Patrol's online electric bicycle safety and training program to satisfy safety course requirements for minors cited for helmet violations.

Senate Bill 586 defines an off-highway electric motorcycle, known as an

eMoto, as a vehicle designed primarily for off-highway use that is powered by an electric motor, has handlebars, a straddle seat and two wheels and does not have pedals.

The bill classifies eMotos as off-highway motor vehicles, subjecting them to existing regulations including helmet requirements and DMV-issued identification plates.

Vehicle storage and removal provisions are addressed in Assembly Bill 875. The law allows officers to impound a vehicle for at least 48 hours if it has fewer than four wheels, does not meet the definition of an electric bicycle, can exceed 20 miles per hour and is operated by an unlicensed driver. It also applies to class 3 electric bicycles operated by riders under 16. A safety course may be required before

release when a child is involved.

Assembly Bill 289 establishes the State Highway Work Zone Speed Safety Program, authorizing a pilot program that uses radar or laser systems to detect speeding in work zones. The system will photograph license plates and issue citations to registered owners, with procedures for review and appeal.

The California Highway Patrol also highlighted laws approved during the 2024 legislative session that take effect this year.

Beginning Jan. 1, Senate Bill 1271 strengthens safety standards for electric bicycles, powered mobility devices and lithium-ion batteries. The law requires testing by accredited laboratories, compliance labeling and prohibits the sale or lease of noncompliant devices. Starting

Jan. 1, 2028, renting noncompliant devices will also be prohibited.

Self-driving cars, autonomous vehicles (Avs), oversight expands under Assembly Bill 1777.

Once Department of Motor Vehicles regulations are adopted, officers may issue notices of autonomous vehicle non-compliance to manufacturers for traffic violations. Beginning July 1, self-driving cars operating without a human driver must also include two-way communication devices for first responders.

Crime prevention measures include Assembly Bill 486, which makes it a misdemeanor to possess key programming devices, key duplicating devices or signal extenders with intent to commit burglary. Penalties include up to six months in county jail, a \$1,000 fine or both. ★



Dignity Health

A member of CommonSpirit

Same-day care for same-day needs.

When life moves fast, your health care should keep up. Dignity Health offers convenient same-day care throughout Greater Sacramento—including Express Primary Care in Elk Grove and Roseville, and Urgent Care in Midtown Sacramento and Woodland. Whether you need relief from minor illness, a routine checkup, symptom management, or a flu shot, our providers are here to help you feel better, faster.



Visit Express Primary Care



Go to Urgent Care

Get in, get seen, and get on with your busy day.

Visit dignityhealth.org/get-care-today to schedule an appointment. Same-day care facilities are a service of Dignity Health Medical Foundation.

Give Back This New Year



From park cleanups to supporting school efforts, Land Park neighbors have several opportunities to volunteer locally and give back to their community. Photo courtesy of Land Park Volunteer Corps



The Friends of Front Street Animal Shelter, a nonprofit supporting Front Street Animal Shelter (2127 Front St.), connects residents with volunteer opportunities ranging from hands-on shelter support to fostering pets from home. Photo courtesy of Friends of the Front Street Animal Shelter



Animal lovers interested in helping pets find permanent homes can get involved with Friends of the Front Street Animal Shelter, located just a seven-minute drive from Land Park. Photo courtesy of Friends of the Front Street Animal Shelter

Continued from Page 1
served at the end of each cleanup.

Those interested can sign up now at landparkvolunteercorps.org to get ready for upcoming cleanup days.

Get Involved at McClatchy High School

C.K. McClatchy High School is seeking adult volunteers to support a range of student programs and activities throughout the school year. Parents and guardians can assist by serving on school governance groups, supporting athletic teams or chaperoning field trips.

Support includes chaperoning activities for drama, speech and debate and associated student body-sponsored dances

held throughout the school year.

Volunteer requirements follow school district policies designed to ensure student safety. Roles involving unsupervised student care, such as transporting students, require additional screening. Many volunteer opportunities require only a short form or an expression of interest.

Details about requirements and the volunteer packet can be found at ckm.scusd.edu/support-ckm.

Friends of Front Street Animal Shelter

Are you an animal lover looking to help pets find their forever homes? Just a seven-minute drive from Land Park are several ways

for community members to get involved at the Front Street Animal Shelter, 2127 Front St.

The Friends of Front Street Animal Shelter, a nonprofit that supports the shelter and its operations, helps connect residents with volunteer opportunities that best fit their interests and availability. Volunteers can assist with animal care, walk dogs, support potential adopters and help with day-to-day shelter needs.

Those who prefer to help from home can promote adoptable animals, help plan community events or assist with fundraising efforts. Residents can also become foster providers, offering temporary care to pets who need extra attention before finding a permanent home.

For more information, visit friendsoffrontstreet.org/get-involved.

Become a Homeless Outreach Volunteer

Volunteers are needed for the 2026 Point-in-Time (PIT) Count, a community effort to determine the number of people experiencing homelessness in Sacramento. The count helps officials understand why people become homeless, develop better policies and programs, track progress in reducing homelessness, and secure federal funding for local shelters and services.

The PIT Count will be held from 5 to 11 p.m. on Jan. 26 and 27. Registration is required by Jan. 15. No prior experience is necessary. Volunteers will receive

training and materials provided ahead of the count.

Volunteers will also conduct brief surveys with willing participants to learn how long they have been homeless and what services could best assist them. While the primary focus will be on individuals living unsheltered outdoors, the overall PIT Count also includes those

staying in respite centers and shelters.

To participate, volunteers must be at least 18 years old, be able to travel by foot and car to assigned locations, and bring a personal smartphone and flashlight. Those ready to help address homelessness can register at bit.ly/4qRIRK3 (case sensitive). ★

Breakfast Lunch Dinner

Happy Hour 3pm - 6pm ★ Mon - Fri

Mon - Fri: 11am - 10pm
Sat & Sun: 9am - 10pm

Breakfast
Sat & Sun: 9am - 2pm

Food served all day long. Indoor and covered/heated outdoor seating available

916.665.1169

8259 Freeport Blvd.

Follow us on Instagram and Facebook

freeportbarandgrill.com

SOL AUREUS

COLLEGE PREPARATORY

TK-8th GRADE

PREPARATION RESPECT RESPONSIBILITY COMMUNITY EXCELLENCE

2025-2026

Open Enrollment!

Now Enrolling

Transitional Kindergarten-8th Grade Students

For more information please contact our front office.
(916) 421-0600 | information@sacprep.org | www.sacprep.org

6620 Gloria Drive, Sacramento, Ca 95831

Sue Olson

916-601-8834

sue@sueolson.net

CalBRE# 00784986

landparkhomes.com

Happy New Year!

SOLD

LAND PARK

Classic Comfort and Modern Updates in this three bedroom/two bath Land Park home! This property features a host of improvements, upgrades and designer touches. Spacious entry, over-sized living room, many windows and fireplace. Kitchen/dining combination is crowned by beautiful coffered ceilings. The remodeled kitchen stands out with flush-frame cabinets, luxurious Quartzite counters, a Wolf dual-fuel range, SubZero refrigerator, built-in coffee maker, speed oven, microwave, dishwasher, and a spacious island with breakfast bar including a pop-up countertop charging station for modern living. Hall bath, with custom penny and epoxy flooring, a Kohler vanity, double sinks, elegant Quartzite counters. The primary bedroom features a glass door that opens to the backyard, walk-in closet, and the primary bath dazzles with octagon and large subway tiles on the floors and shower area, Kohler vanity with double sinks, and Quartzite counters for a refined touch. 3124 17th Street

SOLD

LAND PARK

On a picturesque tree-lined street, in the sought-after College Tract of Land Park, this stately two-story home offers both charm and grandeur. The impressive entryway welcomes you with soaring ceilings, setting the tone for the home's spacious atmosphere. The formal living room is graced by a beautiful bay window, a cozy fireplace, and double French doors that open onto the patio, creating a seamless flow for entertaining. The recently remodeled kitchen features quartz countertops, stainless steel appliances, a central island, elegant cabinetry some with glass fronts and abundant storage options. Adjacent to the kitchen, the gathering room features window seat, cabinetry and French doors that lead to the backyard, ideal for relaxed gatherings. On the main level, a smaller bedroom serves perfectly as an office, accompanied by a separate guest bathroom for convenience. 3621 17th Street

Teresa Olson

916-494-1452

teresa.olson@cbtnorcal.com

CalBRE# 00784986

COLDWELL BANKER
RESIDENTIAL BROKERAGE

Dine Downtown Returning for 21st Year

Continued from page 1
one dollar from every Dine Downtown meal sold.

Opening Doors empowers more than 4,500 immigrants, refugees and trafficking survivors each year across Sacramento by providing workforce development, entrepreneurship training, financial empowerment, immigration legal services and social-support programs that foster stability, self-sufficiency and belonging.

Launched in 2005, Dine Downtown was created to support local restaurants during a typically slower season.

Over the past two decades, the program has

generated over \$7 million in sales for central city eateries, helping solidify Sacramento's reputation as a vibrant culinary destination and making high-quality dining experiences more accessible to residents and visitors alike.

Participating restaurants include Butcher and Barrel, Frank Fat's, Grange, Willow, Dawson's Steakhouse, The 7th Street Standard, Kodaiko Ramen & Bar, Field-N-Flame Midtown, Pilothouse Restaurant aboard the Delta King, Brasserie du Monde, Tequila Museo Mayahuel, La Cosecha, Octopus Peru, The Firehouse Restaurant, Bear & Crown British

Pub, Ella Restaurant & Bar, Alchemist Events at Empress Tavern, Frog & Slim, Revolution Kitchen & Winery, Tapa the World, The Lock & Key Tapas + Bar, Maydoon, Hook & Ladder Manufacturing Co., The Melting Pot, Aioli Bodega Espanola, Octopus Baja, Historic Star Lounge, Magpie Café, Hawks Public House and The Porch Restaurant & Bar.

Dine Downtown menus are available online at downtownsac.org/downtown-sac-experiences/dine-downtown/ and reservations can be made with the restaurants directly.

For more information about Opening Doors, visit openingdoorsinc.org. ★



During the 21st annual Dine Downtown, Dawson's Steakhouse at the Hyatt Regency Sacramento (1209 L St.) will serve affordable three-course dinners in early January, with proceeds going to a local nonprofit. Photos courtesy of Downtown Sacramento Partnership

Remodeled Country Oasis!



Bruce Reddick
916-919-7338
bruce@brucedreddick.com
www.BruceReddick.com
CalDRE# 01814263



SOLD: REPRESENTED BUYER

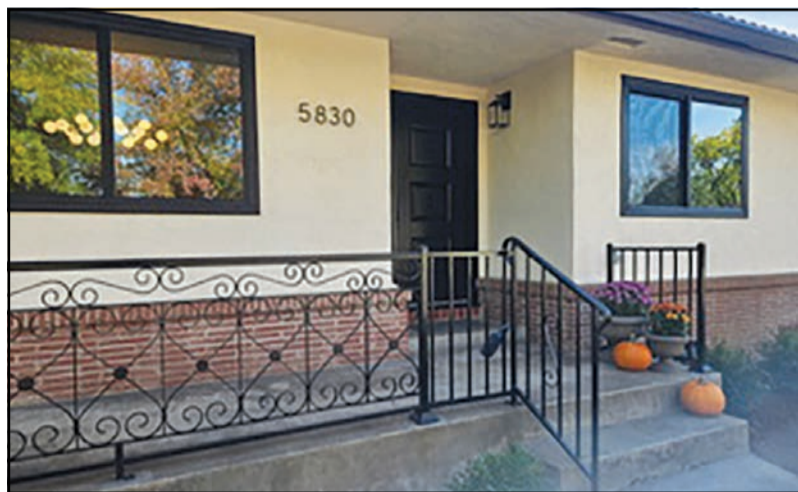
Stunning remodeled home on over 2 fully fenced acres with amazing views and unforgettable sunsets! This move-in ready country oasis includes a 600 sq ft detached studio with a full bath, mini-split, and potential for a full kitchen, washer dryer hook ups, perfect for a guest suite, office, or creative space.

6801 Olympus Dr., Garden Valley 95633 \$525,000.

GUIDE
REAL ESTATE

Forbes
GLOBAL PROPERTIES

Historic Little Italy



5830 O Street 95819 | 3/4 bd 2.5 ba | 2,100 sq. ft. | \$1,290,000



ROSANNA GARCIA
(916) 202-7294
LIC# 01058309
St. Francis Alumni

GARCIA REALTY
A SACRAMENTO TRADITION FOR OVER 40 YEARS

2100 28th Street, Sacramento 95818
www.GarciaRealEstate.com



FRANCO GARCIA
(916) 206-3802
LIC# 00925201
Jesuit Alumni



REVERE COURT
MEMORY CARE

Monthly Caregiver Educational Seminar

Tuesday:

January 20th At 2:00pm

"Building Foundations for Caregiving"

Presented by:

Denise Davis
Program Coordinator
Alzheimer's Association

Light refreshments will be provided

With the right support, you can empower yourself to provide quality care to the person living with dementia while managing your own well-being.

Topics in the program include:

- ♦ The role of a caregiver & changes you may experience
- ♦ Using a person-centered care approach
- ♦ Building a support team
- ♦ Managing caregiver stress

Please join us!

RSVP By January 16th
At 916-392-3510



www.RevereCourt.com
7707 Rush River Drive
Sacramento, CA 95831
LIC#342700005

Revere Court Day Club offers socialization, supervision, assistance, and activities from 8:30 am to 5:30 pm, Monday through Friday in our clubhouse. We offer families the opportunity to "recharge" for the day while your loved one enjoys themselves.

CHC
CHANCELLOR
HEALTH CARE, LLC
Find us on Facebook



Serving Sacramento & Land Park
for over 100 years

GEORGE L. KLUMPP
CHAPEL OF FLOWERS

Ask About Our New Enhanced Cremation Plan

- Traditional, Green or Natural, and Cremation Plans
- All plans are INTEREST FREE
- Payments Range from 12 months thru 48 months
- Saturday & Sunday Appointments upon request

Call Us TODAY! 916 443-7917

2691 Riverside Boulevard, Sacramento 95818 • www.klumppfuneralhome.org



Jessycab Shoemaker
JShoemaker@scfssacramento.org
916 840-2147
Manager of Funeral Services
Funeral Director FDR3709



Kings Korner

By V.G. Harris



New Year May Entertain Political Junkies, but Sluggish Economy Deserves the Spotlight



By Dan Walters, CALMatters.org

As the new year begins, there's no shortage of political trends to keep Californians preoccupied, entertained or perhaps appalled — particularly the state's transcontinental feud with President Donald Trump.

There is Gov. Gavin Newsom's all-but-announced campaign for president, centered on his self-appointed role of resistor-in-chief to Trump. As Newsom continues to troll Trump this year we may learn whether it continues to advance Newsom as a White House frontrunner or becomes tiresome and off-putting.

As 2025 ended Axios, a news website, reported that Newsom's potential rivals are ratcheting up efforts to undermine his bid, arguing that, as a California progressive, he's unelectable.

Another point of political fixation is Newsom's successful effort to gerrymander California's 52 congressional seats to help Democrats recapture control of the House in 2026. Whether it works is a question hanging over his presidential ambitions.

Still another is the campaign to choose a successor to Newsom. It so far has attracted a large contingent of Democrats without, as yet, a clear leader. There's a theoretical possibility that with as many as a dozen Democrats in the field, the

two Republicans could finish first and second in the June 2 primary and face each other for the governorship in November, despite the GOP's very weak standing among voters.

This year's election cycle also promises to be another showdown of moneyed interests via dueling ballot measures, with those either increasing or decreasing taxes at the top of the heap.

While political junkies can feed their habits this year, the more profound issue that faces California will be its moribund economy.

Newsom often brags that California's \$4 trillion economy, were it a nation, would rank fourth in the world. However, it has seen zero net job growth since the COVID-19 pandemic ended and recently has experienced employment shrinkage.

More than a million Californians in the labor force are jobless and the state's unemployment rate, currently 5.6%, has been the highest or near the highest of any state for several years.

Employment doldrums have affected even the state's hallmark sectors, most obviously Southern California's withering film and TV production industry and the Bay Area's high technology concentration.

The latter has almost single-handedly propped up the state's economy and generated a huge portion of tax revenues, but layoffs have proliferated as artificial intelligence is increasingly employed — a syndrome that also affects Hollywood.

Stubborn, or even increasing, unemployment makes it more difficult for state and local governments to cover their budget deficits — thus underpinning the

thrust for tax increases on state and local ballots. The sluggish economy also hampers efforts to improve two of the state's most pressing socioeconomic issues, its highest-in-the-nation poverty and homelessness levels.

Even Californians who have homes and jobs are feeling the economic pinch. Combining economic data with polling results, the Public Policy Institute of California recently discovered rising economic angst among California residents.

"California is one of the largest economies in the world, but many working Californians do not feel economically secure (and) they struggle to pay their bills, save for the future, and balance the demands of work and daily life," PPIC reported, adding that polling data "indicate that pessimism about future economic opportunity has become even more pervasive amid recent economic volatility."

As he shifts into presidential campaign mode, Newsom has every reason to keep bragging about the state's economy. But those running to replace him and state legislators should make 2026 the year to recognize that California has serious problems, to bore into the underlying causes and to do what they can to once again make California thrive.

History tells us that taking prosperity for granted — think Detroit — is an invitation to economic ruin.

Dan Walters is one of the most decorated and widely syndicated columnists in California history, authoring a column four times a week that offers his view and analysis of the state's political, economic, social and demographic trends. ★

On Dec. 27 the Sacramento Kings treated the hometown fans to a post-Christmas treat with a stirring 113-107 victory over the visiting Dallas Mavericks. It was a reminder that although Dallas is a notable team with playoff intentions, the Kings have the talent to match up nightly with any team in the NBA. They have demonstrated this repeatedly, but the conundrum has been a complete lack of consistency as it relates to game over game results.

Why, you ask? The singular question that begs for an answer.

Injuries have played a role to be certain, but every NBA club must contend with injuries.

If I had to answer this question as honestly as I could, I would turn to the one player on this year's squad that has the greatest impact and that is none other than Domantas Sabonis. Over the past 3 ½ seasons Domantas hasn't just led the NBA in rebounding and double-doubles, he's been the singular stabilizing influence on a team that needs a leader like none-other. Sabonis' nightly consistent reinforcement of the fundamentals in playing the paint the old-fashioned way, gives every player on the floor a boost of confidence.

Domantas has a motor that just won't quit, and his enthusiasm for the game of basketball is simply contagious. Players want to play with this guy, and former King Jonas Valanciunas was vocal in his admiration for Sabonis and his desire to play alongside the Kings big man.

Unfortunately, the Kings did not value the talent that Valanciunas brought to the floor and allowed him to walk out the back door. Denver did not hesitate to provide their multiple MVP center Nikola Jokic with a resplendent backup, and Valanciunas has thrived this season in his new role.

The number one problem the Kings have had to face this season is not having Domantas on the floor, and their record shows it. 8 wins in 35 contests matches the worst start for an NBA season in the Sacramento Kings franchise history, and this is not a record you want to be a part of. Getting Sabonis back on the floor will be the first step in establishing what this year's team really is, but the Kings face a real dilemma.

GM Scott Perry is making noises that this year's team is about to receive a complete face lift, and Domantas Sabonis name has been mentioned or at least rumored in possible trade rumors. That would be mistake of herculean proportions.

Breaking news, the grass is not always greener on the other side.

Do you not remember what the organization did just one year ago when it inexplicably sent face of the franchise DeAaron Fox to the San Antonio Spurs?

DO NOT trade Domantas Sabonis. Draw a line in the sand, NOW, and build around a player that gets fans on their feet every game!

Stop trading away talent that makes other NBA teams stronger such as Davion Mitchell, DeAaron Fox, Issac Jones, and Boston Celtic starting center Neemias Queta. Yes, Neemias Queta, that the Kings had the good sense to draft 39th overall in the 2021 NBA draft and then send him to the G league where he thrived.

Fans saw something in this raw rookie and gave him more votes than any other King when it came to All-star voting that season.

The front office saw things differently and waived Queta in August 2023, and he was immediately scooped up by the Boston Celtics. Signed to a 2-way contract, Queta went on to help Boston win and NBA championship that same season and has since worked his way up to become this year's starting center. In the recent 120-106 loss to the Celtics, Queta provided the Kings with an up front and personal look at why their decision to let him go should have been reconsidered. Queta held down the paint efficiently all night, while posting 13 points, 5 rebounds, and 3 big blocks.

Simply stated, the Sacramento Kings must stop giving away valuable NBA talent and find someone in the organization that can effectively grade players and determine who is and who is not a viable NBA player.

Stay tuned Kings fans because Domantas will hopefully return soon, and then we can see what this team can do with a true NBA center on the floor.

Happy New Year Kings fans and by all means do not give up hope! ★

Social Security Matters My Wife Believes She Can Get a Spouse Benefit While I'm Still Alive; Can She?



By Russell Gloor, AMAC Certified Social Security Advisor

Dear Rusty: A friend of my wife told her, and she believes, she could receive a Social Security benefit based on my SS benefit that I'm currently receiving while I'm still alive. I told her she could only receive spouse survivor benefits. Is there any truth to what she now believes? Would you settle this issue for us please? Thank you.

Signed: Uncertain Husband
Dear Uncertain Husband: Well, surely don't want to get in the middle of your marital discussion, but I'll be happy to explain Social Security's rules about your wife's eligibility for spousal benefits while you are both still living. And just for awareness for both of you, the rules about spousal benefits are one of the most confusing areas of Social Security.

Per Social Security's rules, a spouse (e.g., your wife) can receive a "spousal boost" from you — while you are still living — if the SS retirement

benefit she is personally entitled to at her full retirement age (FRA) is less than 50% of the SS retirement benefit you are (were) entitled to at your FRA (full retirement age amounts are used to calculate living spouse benefits, regardless of when each of you actually claimed your Social Security).

So, if your FRA entitlement benefit amount is more than twice your wife's FRA entitlement benefit amount, she can, indeed, get a "spousal boost" from your record while you are both still living. The spousal boost is added to her own SS retirement amount and will be based on the difference between her FRA entitlement and half of your FRA entitlement. Thus, in this discussion, your wife may be correct - she may be able to get a spousal boost from you while both of you are living, depending on how your personal FRA retirement amounts compare. The best way for your wife to find out is to contact Social Security on 1.800.772.1213 to inquire, and if she's eligible, also make an appointment to apply for her spousal benefit.

And to clarify your wife's options as your possible widow, a surviving spouse can also get a survivor benefit if their marital partner passes away, but only if the deceased spouse's current benefit (at death) was more than the surviving spouse is already

receiving. The surviving spouse receives the higher amount, instead of their own smaller Social Security retirement benefit.

But here is an important thing to know: Whenever any Social Security benefit (including a spousal or surviving spouse benefit) is claimed before the recipient's full retirement age, the payment amount is permanently reduced (both spousal and survivor benefits do not reach maximum until the recipient's full retirement age). And just to complete the picture for survivor benefits, a surviving spouse is also entitled to a one-time, lump-sum death benefit of \$255 if their marital partner dies, in addition to any other benefit they are entitled to.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org. ★



No, the USS Liberty Incident Wasn't Israeli Treachery

destroyer escort, which was denied, and orders to the Liberty to withdraw about 100 miles from the front were delayed in a communications tangle.

That morning, an ammunition dump ignited in the coastal city of El-Arish in the Sinai, and the Israelis (wrongly) believed the location had been shelled by Egyptian ships. The Israeli navy spotted the Liberty heading toward Egypt and (wrongly) concluded it had been one of the attackers. Two Israel Mirage jets saw no identifying markings on the Liberty (a later U.S. inquiry speculated that the flag might not have been visible for lack of wind) and strafed the ship. More Israeli jets napalmed the Liberty.

The absence of return fire puzzled the Israelis, who paused to ensure they weren't hitting an Israeli vessel. Assured it wasn't one of their own, they renewed the assault.

Still uneasy, they looked for identifying markers again. They saw no flag, but made out Latin, not Arabic, letters on the hull. That strongly suggested the vessel wasn't Egyptian.

Yet, a squadron of Israeli torpedo boats determined that the Liberty's silhouette matched an Egyptian supply ship. A request for identification from the Liberty received no affirmative reply.

The Liberty's captain ordered his men not to shoot at the torpedo boats, but one gunner briefly fired and there were further discharges from exploding ammunition. Believing

they were taking incoming from an Egyptian ship, the torpedo boats requested permission to fire and got reluctant assent. A torpedo slammed into the Liberty, blowing a hole 24 feet tall by 39 feet wide and killing more than two dozen sailors.

Eventually, an Israeli torpedo boat picked up a raft from the Liberty with U.S. naval markings and the Israelis realized their tragic error. They apologized instantly to U.S. naval attaché Ernest Carl Castle, and an Israeli helicopter attempted to take him out to the Liberty (the effort was foiled by darkness). The Israeli torpedo boats offered assistance to the Liberty, which was rebuffed.

As Michael Oren points out in his history of the Six-Day War, none of the common conspiracy theories makes sense. There was no way that Israel -- desperate for U.S. support and wary of Soviet enmity -- was going to make an act of war against a friendly superpower. Nor did Israel need, as is sometimes posited, to hide its gains in the Sinai from the U.S., or its plans to hit Syria. It hadn't executed Egyptian POWs, so that didn't justify a murderous cover-up, either.

Both official Israeli and U.S. investigations determined that the attack was a friendly fire incident, but for Israel and the Jews in the current environment, the truth is no defense.

Rich Lowry is editor of the National Review.
(c) 2026 by King Features Synd., Inc. ★

Free Car Seat Program Protects Children

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - The California Office of Traffic Safety (OTS), has awarded Sacramento County Public Health a \$137,039 grant to continue and expand the reach of the car seat safety program in partnership with Dignity Health, Mercy San Juan Medical Center. The grant program runs through Sept. 30, 2026. This is the fifth consecutive year Sacramento County Public Health has received grant funding for its car seat safety program.

“Car seat safety saves lives but only when families have the knowledge and resources to use them correctly,” said Dr. Kasirye, Sacramento County public health officer. “With funding from the Office of Traffic Safety and our partnership with Dignity Health, Mercy San Juan Medical Center, we’re doing our part to make sure every child can travel safely.”

Car crashes are one of the leading causes of deaths and injuries for children and many of these injuries are easily prevented using child safety seats and seat belts. Using a properly fitted child safety seat can reduce the risk of car crash deaths by 71 percent for infants and 54 percent for toddlers ages 1-4, according to the National Highway Traffic Safety Administration (NHTSA).

The goal of the car seat program is to give every child in Sacramento County access to the safest possible travel environment. The program provides child safety seat inspection and education classes; child passenger safety technician and recertification courses; no-cost child safety seats for families in need and community outreach efforts in underserved communities.

In 2025, the car seat safety program distributed more than 400 car seats to families in need. Over 1,300 parents, grandparents and caregivers learned about correct car seat use and installation through online workshops, in-person classes, community health fairs and school resource fairs, among other events.

“The value and importance of car seats cannot be overstated, as they are directly tied to the safety



“Car seat safety saves lives but only when families have the knowledge and resources to use them correctly,” said Dr. Kasirye, Sacramento County public health officer. Photo courtesy Freepik

and lives of children. Many of our clients come from countries such as Afghanistan and various Arab nations, where car seats are not commonly used, and where their importance is not fully recognized,” said Zalmi Ahadi, a caseworker at Al-Misbaah – a faith-based nonprofit that partners with Dignity Health to distribute car seats and educate parents.

“The collaboration and educational programs offered by Mercy San Juan Car Seat Program have a vital and life-saving impact for immigrant families.”

The program hosts workshops specifically targeting underserved and refugee communities, offering resources in multiple languages to make certain families, regardless of background or ability to afford a car seat, are equipped to protect their children on the roads.

According to Loran Abassi, program manager with the Refugee Enrichment & Development Association (REDA), one client arrived in

Sacramento in April 2025 with his five-month-old twins and was struggling to navigate life in a new country while learning how to be a first-time father. Unfamiliar with U.S. car seat laws and without the financial means to purchase car seats, he faced a critical safety gap for his children.

The Dignity Health Mercy San Juan Car Seat Program provided him with hands-on education about car seat safety and two car seats for his twins. He walked away with knowledge and tools to transport his children safely as he began a new chapter for his family in Sacramento County.

The program’s success hinges on community involvement. Certified Child Passenger Safety Technicians (CPSTs) are an integral part of the program and offer hands-on assistance at car seat inspection events. They’ve helped install over 600 car seats properly for families to make sure their children are safe.

“It has been a great privilege to do my part in ensuring that underserved and low-income

families in our community have access to appropriate child safety seats, regardless of their socioeconomic status,” said Allison Boltz, a community injury prevention educator at Mercy San Juan Medical Center. “Caregivers often share their gratitude and the sense of relief that comes with knowing that they are really doing their best to keep their children safe in their car.”

Iris Austin, the First Lady at Higher Heights Community Church, shared the story of a mother who attended one of the workshops with her mother-in-law, who recalled that her own son had been in a serious car crash as a child and still carries the scar today. During the training, the grandmother became emotional, reliving the fear and trauma of that experience.

A technician with the Dignity Health, Mercy San Juan Car Seat Program took time to walk with her to her vehicle and check the car seat installation, which was found to be incorrect. When it was gently corrected, the grandmother expressed

overwhelming gratitude, saying she never wanted her grandson to go through what her son had endured.

The Child Passenger Safety Program is designed to meet families where they are, whether that’s a workshop at their church or local health center, so they can receive a free car seat or learn about the importance of safe travel for their children.

Interested participants are encouraged to make a car seat safety check appointment at Methodist Hospital or Mercy San Juan Medical Center, and can call the Car Seat Hotline at (916) 864-5779 with any questions.

For more information about the program, visit Sacramento County Childhood Illness and Injury Prevention or contact Riley Stoltenburg at (916) 875-6094 or StoltenburgR@sac-county.gov.

Funding for this program was provided by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration (NHTSA). ★

First Flu-Related Death of the Season Confirmed

Sacramento County News Release

SACRAMENTO REGION, CA (MPG) - Sacramento County Department of Health Services, Public Health Division (SCPH) is reporting the first influenza-related death of the 2025-26 flu season.

The individual, who was a child, had no underlying medical conditions and died of complications of influenza (also known as the flu). At this time, vaccination status is unknown.

Some people are at high risk of developing serious influenza-related complications. This includes people 65 years and older, people of any age with certain chronic medical conditions (such as asthma, diabetes, or heart disease), pregnant women, and young children under 5 years old.

Influenza is a contagious respiratory illness caused by flu viruses. It can cause mild to severe illness, and at times can lead to death. The flu is different from a cold. The flu comes on suddenly. People who have the flu often feel some or all of these symptoms: fever, cough, sore throat, runny or stuffy nose, muscle or body aches, headaches, fatigue



Influenza is a contagious respiratory illness caused by flu viruses. It can cause mild to severe illness, and at times can lead to death. Photo courtesy Freepik

(tiredness), or vomiting and diarrhea.

Most people who get the flu recover in a few days to less than two weeks, but some people will develop complications (such as pneumonia) as a result of the flu, some of which can be life-threatening and result in death.

According to the California Department of Public Health, everyone over 6 months of age should receive the flu vaccine each year.

In addition to vaccination, the public is encouraged to take the following steps to protect themselves and others against flu, COVID-19 and other respiratory illnesses: wash hands thoroughly and frequently,

cover coughs and sneezes. stay home from work or school when sick, consider indoor masking in crowded places, improve ventilation by opening windows or moving events outdoors, and disinfect frequently used surfaces.

For those at higher risk who do get sick, get tested and talk with your healthcare provider about treatment options.

Flu vaccines can be accessed at your healthcare provider’s office and many local pharmacies.

For more information, visit Sacramento County Department of Health Services, Public Health Division’s list of flu and covid vaccination locations at www.sacounty.gov. ★

Volunteers Needed to Help Understand and Address Homelessness



This community effort will not only help to determine the number of people experiencing homelessness in the Sacramento region but will also help us to: understand why people in our community become homeless; create better policies, programs and services; track progress in reducing homelessness. Photo courtesy Freepik

Sacramento County News Release

SACRAMENTO REGION, CA (MPG) - Want to help Sacramento better understand and address homelessness? You’re invited to volunteer for the 2026 Point-in-Time (PIT) Count.

This community effort will not only help to determine the number of people experiencing homelessness in the Sacramento region but will also help us to: understand why people in our community become homeless; create better policies, programs and services; track progress in reducing homelessness and secure federal funding which supports local shelters and services.

The Point-in-Time (PIT) count will be held 5–11 p.m. on Jan. 26 and 27. Registration is required by Jan. 15.

“While it captures only a snapshot in time, the Point-in-Time (PIT) Count offers valuable, community-wide participation and insight. It helps us better understand homelessness in our region and ensures our community can continue accessing funding that directly supports our neighbors who are experiencing or at risk of homelessness,” said Dr. Trenton Simmons, chief program officer of Sacramento Steps Forward.

No experience is required for volunteers, with mini training video segments and other materials provided ahead of the nights of the count to help volunteers know what to expect. Volunteers will meet at one central location before heading out to predetermined routes across the County.

Volunteers will use a mobile phone app to record the number of people they encounter who said they would be sleeping outdoors or in vehicles. They also will conduct a brief survey with those willing to participate to better understand who is experiencing homelessness in Sacramento, for how long and what kinds of services could best assist them.

While volunteers focus on people living unsheltered outdoors, the overall Point-in-Time (PIT) Count includes those staying in respite centers and shelters.

To canvass, a volunteer must be at least 18 years old, be willing to travel by foot and car to predetermined locations and be willing to use their personal smartphone and flashlight.

Ready to be part of resolving homelessness in our community? Register now at www.sacramentostepsforward.org/data-and-analytics/2026-sacramento-point-in-time-count/. ★

State of Downtown Coming Feb. 24

Event to Outline Priorities and Initiatives Shaping 'Downtown's Next Decade'

Downtown Sacramento Partnership News Release

SACRAMENTO, CA (MPG) - Downtown Sacramento Partnership will host its annual State of Downtown event from 8 to 10 a.m. Tuesday, Feb. 24 at the SAFE Credit Union Convention

Center. Presented by the Sacramento Kings, the signature program brings together public officials, business leaders and community partners to discuss the current state and future direction of downtown Sacramento.

This year's program takes on added significance following the Downtown Sacramento Partnership's

recent renewal for another 10 years.

The partnership will use the 2026 State of Downtown to introduce and frame the priorities, strategies and initiatives that will guide the next decade of investment in Sacramento's urban core.

Reflecting this moment, the theme for the event, "Downtown's Next

Decade," sets the stage to share a vision for the next 10 years, outlining how the partnership is taking the reins on building the foundation of a clean and safe central city while, alongside its partners, curating a vibrant 24-hour destination where innovation, culture and commerce converge.

Additional event details will be released in January,

but those interested in attending are encouraged to buy their tickets now as capacity is limited. To purchase tickets for State of Downtown 2026, please visit events.humanitix.com/state-of-downtown-2026.

The 2026 State of Downtown program is presented by the Sacramento Kings and sponsored by

the Athletics, Tsakopoulos Investments, Five Star Bank, Kaiser Permanente, SMUD and more.

For more information about downtown Sacramento, visit downtownsac.org; for details about the State of Downtown, go to downtownsac.org/downtown-sac-experiences/state-of-downtown. ★

ABOUT TOWN

Area Museum Experiences

A sampling of must-see and must-do experiences and special activations offered by local museums include the following:

Aerospace Museum of California – "Snoopy and the Red Baron," extended to Feb. 15. On loan from the Charles M. Schulz Museum, this national traveling exhibit brings the full story of the World War I Flying Ace to life. Featuring original comic strips, vintage toys and rare memorabilia, it's a fun, family-friendly look at one of Peanuts' most iconic storylines.

The exhibit will delight fans who grew up with Snoopy the Flying Ace and introduce new audiences to Snoopy's adventures in the sky. Details at aerospacemuseum.org.

California Automobile Museum – Sunday Drives. The third Sunday of every month, enjoy a free ride (with

paid museum admission) in one of the museum's many beautiful cars from 10 a.m. to 2 p.m. There's no better way to enjoy history than to experience it firsthand down the streets of downtown Sacramento. Details at calautomuseum.org.

California Museum – "Kokoro: The Story of Sacramento's Lost Japantown," through March 29.

Featuring rare family photographs drawn from the personal collections of community members, the exhibit documents the memories at the heart of a once-thriving downtown community devastated first by forced removal during World War II and again by redevelopment in the 1950s. Details at californiamuseum.org.

California State Railroad Museum – The Chinese Railroad Workers' Experience offers visitors a view of the Chinese workers who built the

western portion of the nation's first Transcontinental Railroad. Marginalized by history, the Chinese workers were more than a nameless group of laborers. Details at californiarailroad.museum.

Sacramento History Museum – RCAF in Mictlán: 50th Anniversary of Dia de los Muertos, through April 5. The exhibit will be highlighted by public programs that document and celebrate the 50-year history of the Dia de los Muertos (DDL) observance in Sacramento.

The exhibit will demonstrate why the anniversary is a major milestone in our city's cultural history, as well an example of the enduring impact of the Royal Chicano Air Force (RCAF), a seminal collective of artists and activists.

It will also offer the museum's audience an exhibition and related programming that introduces or expands their knowledge of the RCAF's

contributions to Sacramento's history. Details at sachistorymuseum.org.

SMUD Museum of Science and Curiosity – Laser Concert Series is an immersive music experience, paired with spectacular full-dome lasers. Bad Bunny laser show, Feb. 6, 2026. Details at visitmosac.org.

Elks Lodge 6 Calendar of Events

Elks Lodge 6 Sunday Breakfast, 8:30 am-11 am; \$15 tax included.

Yoga, Monday 12 p.m., Wednesday 3:30 p.m. Lodge members free.

Karaoke Nights, Thursdays and Saturdays, 7 p.m.

Martial Arts, Monday 5 p.m.

Pickleball, Monday, Wednesday, 9 a.m.-12 p.m.; Thursday, 4:30-7:30 p.m.; Sunday, 4-7 p.m.

Wednesday Night Dinner, 5:30 to 7 p.m. See elks6.net for weekly menu. ★

CALL A PROFESSIONAL

LYTLE CONSTRUCTION INC.
Award-Winning Design/Build Firm
Serving Sacramento for more than 25 years

Remodeling and Design
LIC# 480492

- Additions
- Kitchens
- Bathrooms
- Custom Cabinetry

FREE Consultation
916-422-6639

Certified Kitchen & Bath Remodeler

www.lytleconstruction.com

Winter Yard Clean-up Specials!

- HAULING & YARD CLEAN-UP
- RAIN GUTTER CLEANING
- CONCRETE REMOVAL
- HEDGE TRIMMING / SHRUB REMOVAL
- PRESSURE WASHING

Call LESTER
(916) 838-1247
Lic#128758/Ref

Pressure wash your driveways clean! Your decks, too!
Clean out your garage! Replace that old lawn!
Hard work—not a problem!

SPECIALS FOR SENIORS/*SERVING THE AREA SINCE 1996*

SMOOT LANDSCAPING

- Drought tolerant landscape
- Low voltage lighting
- Garden renovations
- Concrete and stone
- Consultations available

Celebrating 45 years

916.454.1300

www.SmootLandscaping.com • Contractor License #633224

ROONEY'S PLUMBING
FULL SERVICE PLUMBING

916-456-7777

rooneysplumbingco.com

License #683668

Prime Quality Maintenance

- GUTTER CLEANING
- Window Cleaning (inside/out/screens washed)
- Pressure Washing (all surface areas)
- Junk Removal/Hauling
- Landscape Maintenance

Free Estimates
Licensed & Insured

CSL# 996271

Call or Text Jesse: 916 417-4231

CAPITOL ELECTRIC
Reasonable Residential & Commercial Work since 1960

Repairs, Trouble Shooting
Custom Lighting/FREE Est.
Excellent ref from Angie's List

(916) 213-3740

Neil McIntire — C.S.L.# 394307

RESTORE YOUR FLOOR HARDWOOD FLOORING
Revive • Restore • Refinish

Hardwood, Laminate, and Vinyl

New Installation & Repairs
Family Tradition Since 1957
Lic. #794448

- Sand & Finish
- Repairs
- New Installations
- Recoating

sacramentohardwood.com

1.800.725.3320 916.342.6596

AFFORDABLE TRENCHLESS & PIPE LINING

Install a Water/Electric line under your existing driveway!

SEWER PROBLEMS? WATCH OUR VIDEO.
www.ydig.com

We're #1 in the #2 business

Off (916) 488-1215 Lic #754886

LEGAL ADS FOR SACRAMENTO COUNTY?

We Can Do That!

Call to place your legal advertising

916-773-1111

All Legal Ads Published by Messenger Publishing Group

FREEDOM HANDYMAN SERVICE
I specialize in all areas of home improvement!

Quality work the first time, guaranteed!

Co2 & Smoke Alarms - Light Bulb Replacement - Door Bells
Grab Bar Installations - Security Doors - Sprinkler Repair & New Valves
Carpentry Electrical - Plumbing - Sheetrock - Ceiling Fan Installation

Fix leaks of all types

Accepts All Major Credit Cards "Senior Discount"

NO JOB TOO SMALL! Call Eric (916) 470-3488

Shanei Oriental Rug Gallery

Oriental Rugs | Persian Rugs | Navajo | Tapestries

Sell • Buy • Hand Washing • Restoration • Appraisal

916.792.5408 11267 Coloma Road - Gold River

Pick-up & Delivery www.SHANEI.com Since 1989

Call (916) 773-1111
to advertise with us today!

MPG Messenger Publishing Group

Land Park News
Serving Land Park and Sacramento County

It is the intent of the *Land Park News* to strive for an objective point of view in the reporting of news and events. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

The *Land Park News* is not responsible for unsolicited manuscripts or materials. The entire contents of the *Land Park News* are copyrighted. Ownership of all advertising created and/or composed by the MPG is with the publishing company and written permission to reproduce the same must be obtained from the publisher.

Subscriptions should be mailed to *Land Park News*, 2508 Garfield Ave., Suite A, Carmichael, CA 95608.

The *Land Park News* is published twice a month. Call (916) 773-1111 for more information.

We are proud members of these newspaper associations.

MPG **CIRCULATION VERIFICATION COUNCIL**

Publisher, Paul V. Scholl

Land Park News is a member of Messenger Publishing Group

To submit your articles, information, announcements or letters to the editor, please email to: Publisher@mpg8.com.

Be sure to place in the subject field "Attention to Publisher". If you do not have email access, please call us at (916) 773-1111.

We are your neighbors

nextdoor

Land Park News

Stop by for a visit
nextdoor.com/page/land-park-news

Need to Advertise?
Let Linda help you get the word out

(916) 619.8189(0) (916) 524.9184(C)

lindapohl2@gmail.com

Arden • Carmichael • East Sacramento
Land Park • Pocket

Missing a Tooth?

Here Are Your Options

By your local dentist Dr. Ashkan Alizadeh, Master at Academy of General Dentistry

Losing a tooth is more common than most people realize, whether it's from decay, gum disease, or an accident.

But even one missing tooth can affect more than your smile. It can make chewing more difficult, lead to shifting of nearby teeth, and even change the shape of your face over time.

The good news is, there are several ways to replace missing teeth. Understanding the options can help you make the best decision for your health and comfort.

1. Do Nothing (Not Recommended)

While it may seem easier to leave the space empty, this can cause nearby teeth to drift, throwing off your bite and leading to more tooth wear or jaw pain. Once teeth move out of proper alignment, it becomes harder to clean, increasing the risk of cavities and gum disease. It also becomes more challenging to replace the teeth if you wait too long to replace the teeth, so it's best not to wait too long.

2. Removable Partial or Full Denture

A removable denture is a simple and affordable way to replace one, several, or all missing teeth. These appliances are taken out at night and cleaned daily. While they can restore your smile and chewing function, they tend to cover a large portion of the mouth and can sometimes feel bulky or less secure.

3. Fixed Bridge

A bridge is a permanent option that connects an artificial tooth to the natural teeth on either side of the gap. This provides a more natural look and feel than a removable denture. However, the neighboring teeth must be shaped to support the bridge, and it's not ideal if too many teeth are missing.

4. Dental Implants

Dental implants are the most advanced and long-lasting option. An

implant is a small titanium post that replaces the root of a missing tooth and supports a crown, bridge, or even a full denture. Implants look, feel, and function like natural teeth, and they help preserve the jawbone beneath the gums. Implants aren't for everyone, though. Factors like bone quality, health conditions, and medications can affect whether they're the right choice. Your dentist can take X-rays and discuss if implants are a good fit for you.

The Bottom Line

Replacing missing teeth is about more than appearance. It's about maintaining good oral health, proper chewing, and a confident smile. Whether you need to replace one tooth or a full set, there's a solution that can fit your needs and lifestyle.

If you're ready to explore your options, schedule a consultation to see what's best for you.

This is a paid advertorial



SACRAMENTO RIVER DENTAL GROUP
(916) 391-4848
 SacramentoRiverDentalGroup.com
 905 Secret River Dr. #C
 Sacramento, CA 95831



STREET DENTAL GROUP
(916) 443-5677
 JStreetDentalGroup.com
 2619 J St.
 Sacramento, CA 95816

FEATURE YOUR EVENT!

STAND OUT AND SELL MORE TICKETS!

QUICK, EASY, TARGETED, EFFECTIVE!

WWW.LANDPARKSACNEWS.COM



1. GO TO 'EVENTS' IN MAIN MENU

2. GET "FEATURED" FOR ONLY \$25/WEEK!

3. LANDING PAGE FULL LANDING PAGE WITH ALL YOUR EVENT INFORMATION!

29 WEBSITES IN THE GREATER SACRAMENTO AREA TO CHOOSE FROM

PRICING VARIES DEPENDING ON THE NUMBER OF WEBSITES WHERE YOUR EVENT APPEARS, LENGTH OF TIME YOUR EVENT IS FEATURED.

CALL (916) 773-1111 OR EMAIL PUBLISHER@MPG8.COM FOR A QUICK QUOTE. EASY PAYMENT OPTIONS



COPY THE URL OF YOUR EVENT LANDING PAGE TO INCLUDE IN YOUR ADS, & EMAILS,



Local Classifieds

Advertise in your local community newspaper
 Call 916-685-5533

Concrete	Home Improvement	Landscaping	Automotive	Roofing
<p>Perez Landscaping & Concrete</p> <ul style="list-style-type: none"> •Concrete Finishing/Stamping •Landscape installation and Design •Sodding, •Planting •Irrigation •Retaining Walls •Yard maintenance. <p>Free estimates. For more info, call 916-834-2352 email:Elverperez@att.net Lic #14-00016214</p>	<p>ALL PHASE HOME REPAIR Elk Grove, CA</p> <ul style="list-style-type: none"> •Electrical •Plumbing •Fencing •Fans •Decks •Doors •Windows •Tile Flooring •Trim base-board •Sheetrock •Dry Rot Texture •Painting •Lighting •Concrete •Sprinkler Repair •Framing and more! <p>All phases of home repair & any construction needed- Big or small. Quality work guaranteed! Low prices- free est. Serving Elk Grove, Rancho Murieta, Galt, Wilton, Herald, Sac. & Surrounding Areas CSLB#1134987 Bonded & Insured (916)287-6164</p>	<p>CREATE YOUR PARADISE</p> <p>Winter Yard Cleanups, Complete Landscape Design/ Installation, Sprinkler System Installs/Repairs, All Types Concrete Work, Fence Installation, Retaining Walls- All Types, Drainage Systems-all types, Landscape Lighting, Residential/ commercial American Landscape Design & Installation. Est 1987 American Construction & Property Maintenance Company</p> <p>WE ACCEPT VISA & MASTER CARD (916)612-0776 Lic#690968</p>	<p>Elk Grove Shell</p> <p>Your Local Full Service Auto Repair Shop Committed to Customer Satisfaction</p> <p>Specializing In:</p> <ul style="list-style-type: none"> • Oil Changes • Smog Repair • Smog Inspection • Safety Inspection • Transmission Service • Brakes • Wheel Alignment • Check Engine Light Diagnosis • Tires • Tune-Up • Batteries • 30, 60, 90K Service • Brake & Lamp Station <p>Mon-Fri, 8-5 • 916-685-7796</p> <p>8901 Elk Grove Blvd.</p>	<p>PREMIER ROOFING INC. <i>Se Habla Espanol</i> LIC# 1097848</p> <ul style="list-style-type: none"> • ROOF REPAIR • ROOF MAINTENANCE • COMPLETE RE-ROOF • NEW ROOFS • GUTTER CLEANING CELL 209.810.6233 <p>209.745.7565 1premierroofing@gmail.com</p>
<p>3DR CONCRETE All your concrete needs. Bobcat services, driveway repair. Comm. & Res. Lic. # 968987 Insured (209) 570-7304</p>	<p>Landscaping</p> <p>YARD CLEANUP Sod installation Landscape installation Lawnmowing services Fence repair Call for free estimate 916-271-7265</p>	<p>YARD CLEANUP & DECORATIVE ROCK One time cleanup pruning. Also bark, weed control, sod, seed, pruning, sprinkler systems, hauling, etc. Mobile homes, commercial or residential. Local gardener.</p> <p>916-205-9310 or 916-627-9000</p>	<p>Roofing</p> <p>JIM MOYLEN ROOFING</p> <p>1981 License # 407605 A+ Rating with BBB. Specialize in Re-Roof, Prompt Repairs, Low Slope Roof, Seamless Gutter Installation.</p> <p>Free Estimates! Open Monday-Saturday 916-531-2793 Cell Tile Repairs</p>	<p>SACRAMENTO VALLEY ROOFING & GUTTERS INC.</p> <p>RESIDENTIAL & COMMERCIAL</p> <ul style="list-style-type: none"> • NEW ROOF INSTALL • TEAR OFF & REROOF • ROOF REPAIR • OVERLAY ROOF INSTALL • DRY ROT REPAIR • SEAMLESS GUTTER INSTALL • GUTTER REMOVAL & INSTALL • GUTTER REPAIR & INSTALL • DOWNSPOUTS INSTALL • CUSTOM COLORS <p>FREE ESTIMATES! 916-719-8288</p> <p>RAMON M. FOREMAN/OPERATOR LIC# 1072137</p> <p>WE ARE BONDED AND INSURED</p>
<p>We Support Our Military</p> <p>Yard sale? Garage Sale?</p> <p>Advertise in your local community newspaper!</p> <p>Call (916) 773-1111</p>	<p>BRILLIANT LANDSCAPE</p> <p>Artificial Turf Fencing Retaining Wall Concrete Drainage Irrigation Planting Tree Trimming</p> <p>209-251-9387 LIC# 1108441</p>	<p>Painting</p> <p>Shelton Painting, Inc.</p> <ul style="list-style-type: none"> • Repaints: Exterior & Interior • Dry Wall Repair <p>Free Estimates (209) 745-7897 3 Generations of Quality Painters #908019</p> <p>WE accept Visa & Mastercard</p>	<p>Painting</p> <p>ROUTT ROOFING Specializing in Res Roofing & Repairs We Hand Nail for Quality! Free Estimates 916-423-1288 or 209-748-5588</p> <p>BBB Since 1975 Lic.#302302</p>	<p>Tractor Work</p> <p>MAC Industries DIRT WORK</p> <ul style="list-style-type: none"> •Excavations •Utility Trenching •Foundations-All types •Laser Grading & Dozer work •Driveways •Building Pads •Drainage-All Types •Field Mowing / Firebreaks •Flail •Bushog •Septic System Installation •Drilling •Foundations •Post •Tree holes •Trenching •Irrigation •Drainage •Rototilling •Disking License #919198 & Insured <p>Michael- 916-747-9667 Bill- 916-869-1019</p>
<p>Visit: mpg8.com</p>	<p>Call (916) 685-5533</p>	<p>Visit: mpg8.com</p>	<p>MPG</p>	<p>Advertise in your local community newspaper Call (916) 685-5533</p>

Republic FC Adds Two Local Standouts on USL Academy Contracts

Sacramento Republic FC News Release

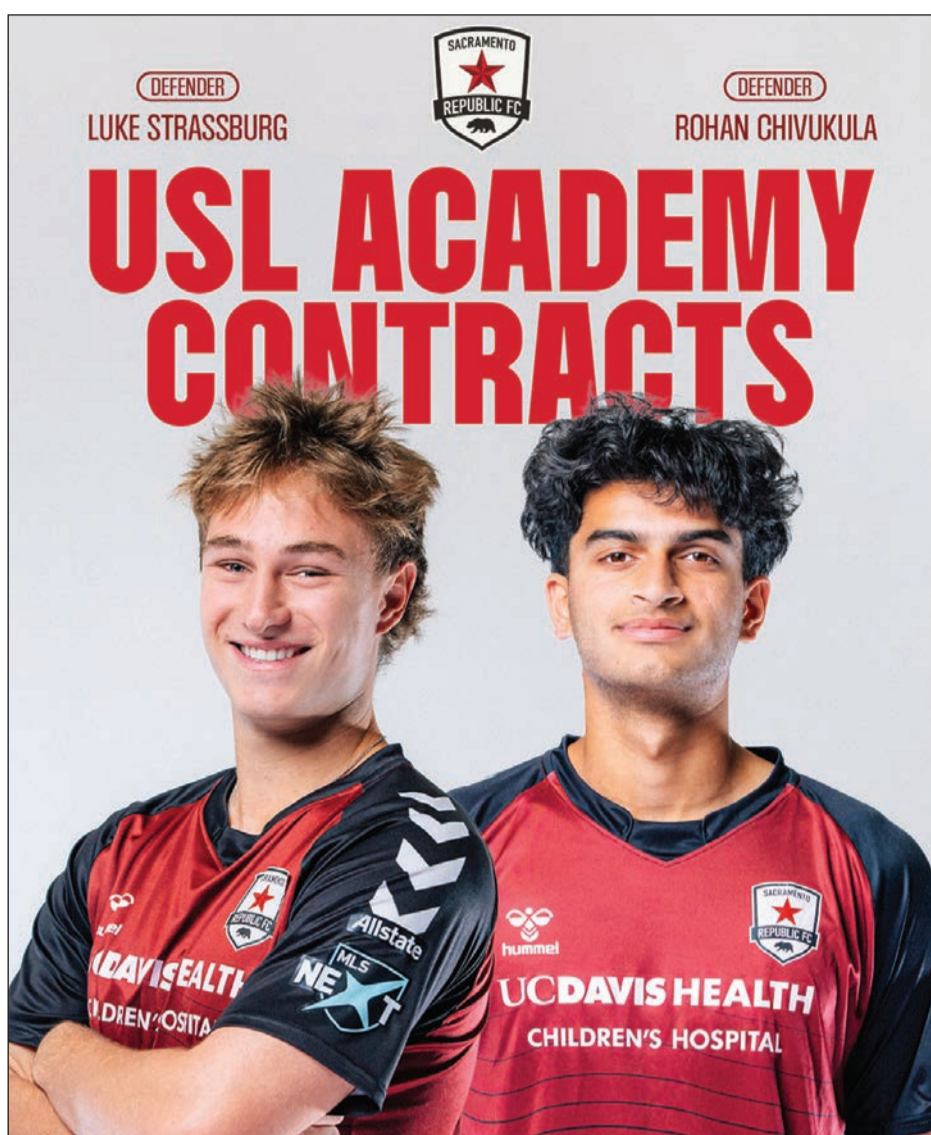
SACRAMENTO, CA (MPG) - Republic FC announced Dec. 19 the addition of academy players Luke Strassburg and Rohan Chivukula to the club's first team roster. The defenders have signed USL Academy contracts, pending league and federation approval and will be eligible to play in first team matches in 2026.

"These signings reflect the strength of our pathway and commitment to developing local talent," said Republic FC Head Coach Neill Collins. "Bringing academy players into the first team environment prepares them for the next level and we have no doubt that Luke and Rohan will continue to represent the academy well during training camp and throughout the season."

Strassburg and Chivukula both currently play for Republic FC's U-19 academy team, which has opened up the 2025-26 campaign with an impressive 9-1-1 record.

Eighteen-year-old Rohan Chivukula joined Republic FC's academy in 2024 to take the next step in his development. He quickly became a key piece of the U-19's backline and in Chivukula's first year, the squad posted an overall record of 16-3-3 and won the Northwest Division of MLS NEXT before advancing to the Round of 32 in the postseason. The Folsom High School graduate previously featured for El Dorado Hills Soccer Club and Sacramento United, and will play at the collegiate level for American University in the fall of 2026.

Strassburg is a longtime member of the Indomitable Club. The Elk Grove native joined at the U-13 level in 2020



Strassburg and Chivukula both currently play for Republic FC's U-19 academy team, which has opened up the 2025-26 campaign with an impressive 9-1-1 record. Photo courtesy of Sacramento Republic FC

and has since featured in every age group in the last five years. He has been a part of some of the top teams

in club history, reaching MLS NEXT Cup each season. During the 2023-24 season, Strassburg and the U-16

team went undefeated in 29 straight games from September in April, and in 2025 his U-17 team claimed three wins in the MLS NEXT Cup Playoffs to advance to the Semifinals – the best finish by a Republic FC squad since 2022. He has also received multiple invitations to U.S. Soccer ID camps and training camps. Prior to joining Republic FC, Luke played for the San Jose Earthquakes' youth academy and Sacramento United. He has committed to play at San Diego State in the fall of 2026.

USL Academy contracts allow academy players the chance to train and compete with the first team in professional matches while retaining their NCAA eligibility. Since its inception in 2015, Republic FC's Academy has created a strong, local pipeline of youth players ready for professional-level competition, with over 40 players earning the opportunity to join the first team on USL Academy contracts and over 25 going on to sign professional contracts with Republic FC or other clubs. In 2024, players from Sacramento's youth academy combined for 80 gameday roster selections, 56 appearances, and over 3,000 minutes.

Republic FC's 2026 season officially kicks off on March 7 when the club hosts FC Tulsa at Heart Health Park. Season ticket memberships are on sale now, offering a range of benefits including discounts on merchandise and access to exclusive fan experiences, as well as priority seat selection in the new Republic Stadium at The Railyards. For more information, or to purchase a membership today, visit SacRepublicFC.com/Memberships. ★

Carter Begins Assembling Staff with Initial Round of Hires

Sacramento State Athletics News Release

SACRAMENTO, CA (MPG) - Sacramento State head coach Alonzo Carter named several assistant coaches and staff personnel to his staff, it was announced Dec. 30. The hirings include offensive coordinator Eric Kiesau, defensive coordinator Adam Clark, associate head coach Angus McClure and general manager Jon Osterhout. Carter also retained Kris Richardson as the offensive line coach/run game coordinator, Bobby Fresques as the quarterbacks coach/pass game coordinator and Josh Brown as the safeties coach. In all, the staff will feature over 300 years of cumulative coaching experience.

Kiesau has served as the offensive coordinator at Fresno State, Boise State and Auburn during his lengthy collegiate career. He spent the past three seasons as an offensive quality control coach at Florida.

His offensive staff will include Richardson and Fresques who return for their eighth year with the program and have seen the team qualify for the NCAA FCS Playoffs four times. Richardson has mentored several FCS All-Americans, including current Tennessee Titan Jackson Slater. This past season, his group paved the way for a rushing attack which ranked third in the FCS with 365.4 rushing yards per game. In his time leading the Sacramento State quarterbacks, Fresques has guided FCS All-Americans Kevin Thomson and Asher O'Hara, as well as Jake Duniway and Carson Conklin.

Former Sacramento State offensive lineman and assistant coach Angus McClure will return to campus as the associate head coach and work with the offensive line. Since leaving Sacramento



Sacramento State head coach Alonzo Carter named several assistant coaches and staff personnel to his staff. Photo courtesy of Sacramento State Athletics

State, McClure has had stints at Nebraska, Buffalo, UCLA, Nevada and Kansas.

Eric Scott will serve as the team's wide receivers coach. Scott has spent the last two seasons as the head coach at West LA Junior College. Prior to taking that position, Scott was the wide receivers coach and passing game coordinator at San Jose State from 2021-23 where he worked alongside Alonzo Carter.

On defense, Adam Clark will come to Sacramento State after leading the defense at Northern Arizona for the past two seasons. In his first season, NAU ranked second in the Big Sky and 12th in the FCS in interceptions. The unit also led the league in pass defense and was second in total defense.

Brown will shift to coach the safeties in 2026 after leading the team's linebackers this past season. During the year, he overcame several injuries to his position group to have three players rank among the top five on the team in total tackles.

That included Oscar Moore who led the team with 69 total stops. Brown has also coached at McNeese, UTEP, Hawaii, Nevada, Cal Poly, Kansas and Arizona State during his career.

Kenwick Thompson will coach the linebackers and brings experience as an FCS defensive coordinator as well as a position coach at the P4 level. Thompson was the defensive coordinator at Florida A&M in 2025 and was previously on Jeff Tedford's staffs at Cal and Fresno State as well as stints at San Jose State, Vanderbilt, East Carolina, UNLV and UAB.

Dakari Monroe will follow Carter from Arizona to Sacramento State and will coach the Hornet corners. Monroe was a defensive graduate assistant for the Wildcats the past two seasons and helped the team advance to the Trust & Will Holiday Bowl against SMU. He played four seasons at San Jose State where he twice led the team in interceptions before a stint with the Kansas City Chiefs.

Milo Austin will serve as Sacramento State's special teams coordinator. Austin has held the same role at Elon since 2022 where he has coached an FCS All-American kicker, punter and kick returner. He has also been the special teams coordinator at Texas Southern, Delaware State and Morehead State.

The team's personnel efforts will be led by former Sacramento State All-American Jon Osterhout who returns to campus as the general manager following a great career as the head coach at American River JC. With the Beavers, Osterhout led the team to an 88-39 overall record and took the team to seven postseason appearances, including six trips to the state playoffs. Osterhout was a four-year starter for Sacramento State on the offensive line where he garnered All-America honors while leading the way for Charles Roberts' record-setting rushing efforts.

Chris Parry, who has been on staff since 2019, will continue to serve as the assistant general manager. Parry has been a part of player evaluation, roster construction and scholarship management during the program's run of success since his arrival.

Record-setting receiver Otis Amey has been named the director of player development. Amey was an All-American for Sacramento State and still owns nearly all the career receiving records. Following his time as a Hornet, he played with the San Francisco 49ers as well as stops in the Arena League and UFL.

Kenny Macklin will remain at Sacramento State and take the position of Chief of Staff. CJ Pollard will also return as the Director of Recruiting.

The additions are the first to the staff for Carter who became the 14th head coach in school history on Dec. 15. ★

A's Agree to Terms with LF Tyler Soderstrom

Athletics News Release

LAS VEGAS, NEV (MPG) - The Athletics have agreed to terms with left fielder Tyler Soderstrom on a seven-year contract through the 2032 season with a club option for 2033, the club announced Dec. 29.

Soderstrom batted .276 with 25 home runs, 93 RBI and an .820 OPS in 158 games last season with the A's after combining

to hit .204 with 12 home runs, 33 RBI and a .636 OPS in 106 games over his first two seasons. He began the season as the A's starting first baseman, moved to left field (where he had not played professionally) when Nick Kurtz was promoted on April 23, moved back to first base while Kurtz was on the injured list from May 25 to June 8, and returned to left field after that. Soderstrom had a team-leading 93 RBI, which were the most

by an A's player 23 years old or younger since Eric Chavez had 114 in 2001. He had 11 outfield assists, which tied for third in the majors, and ranked fourth among left fielders in defensive runs saved (10).

Soderstrom is a .250 career hitter with 37 home runs, 126 RBI and a .754 OPS in 264 games in three seasons in the majors. He was the A's first round selection in the 2020 First-Year Player Draft out of Turlock High School

and was primarily a catcher in his first pro season in 2021. The 24-year-old left-handed hitter split his time between catcher and first base in 2022-23, played mostly first base in 2024 and saw his most action in 2025 as an outfielder.

Soderstrom is one of three players under contract through at least the 2028 season, when the A's are scheduled to open their new ballpark in Las Vegas. He joins Lawrence Butler, who inked

a seven-year deal through the 2031 season with a club option for 2032 on Mar. 10, 2025, and Brent Rooker, who signed a five-year contract through 2029 with a club option for 2030 on Jan. 23, 2025. ★





Now Enrolling

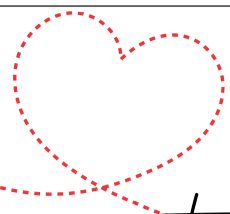
Serving TK-8th Grade Students Since 1957

Before & After School Care
Summer Programs and Tuition Assistance

To Schedule a Tour, Call (916) 452-2111



2521 Irvin Way
Sacramento 95822
StRobertSchool.org



A little connection goes a long way.



ACC
SENIOR SERVICES

If you or a loved one is feeling isolated, ACC Senior Services programs are here to help.

Senior Escort Program

Enjoy one-on-one companionship that brings comfort, encouragement, and friendly support during errands, appointments, and community outings.

CHAT (Telephone Reassurance)

Stay connected from home. Friendly volunteers call regularly to share stories, laughter, and meaningful conversations that brighten each week.

Connect with us today to learn more:

(916) 393-9026 ext. 330
chat@accsv.org

Join Our Volunteers! accsv.org



TURN-KEY
LENDING & REALTY
TKLendingRealty.com

Michael Lee and the Turn-Key team have the knowledge and expertise to help you and your family with all of your real estate needs. *Broker | Lic. 01726405*

Real Estate Mike

888-505-8554

MikeLeeLoans@gmail.com

TRUSTED • RELIABLE • PROVEN • EXPERIENCED

Chip O'Neill

Coldwell Banker Realty
Sacramento | Honolulu

Now serving the City
and County of Honolulu



Chip O'Neill Realtor®
Broker Associate
Cal DRE #01265774 | HI REC #RS-87132
916.807.0158 cell
www.chiponeill.com



Representing Buyers
and Sellers Since 1999

WHY PAY A HIGHER MORTGAGE
WHEN YOU DON'T HAVE TO?
COME HOME TO THE EXPERTS



PUT MORE MONEY INTO YOUR HOUSE,
NOT YOUR HOUSE PAYMENT.

Apply Online Here!

More Lenders = More Competition = Lower Rates and Fees / Multiple options
to lower payments / Lower Payments = More Money in your Pocket!

916.476.6507 info@greenhavencap.com



Kevin Oto President/Broker DRE Lic# 01721444 NMLS ID: 62641	Kyle Garman Sr. Loan Consultant DRE Lic# 01886785 NMLS ID: 354318	Bryan Tom Loan Consultant DRE Lic# 01960546 NMLS ID:1234757	Oliver Z. Vang Loan Consultant DRE Lic# 02136863 NMLS ID:2228210	Laura Corbett Loan Consultant DRE Lic# 01758984 NMLS ID:1180623	Hilda Sousa Loan Consultant DRE Lic# 01873794 NMLS ID: 1459315	Lavega Sims Sr. Loan Consultant DRE Lic# 02081495 NMLS ID:2163176	Kyle Johnson Loan Consultant DRE Lic# 02081495 NMLS ID:2163176
---	---	---	--	---	--	---	--

5890 S Land Park Drive, Sacramento, CA 95822. Equal housing opportunity lender. We do not conduct business in states where we are not licensed. Interest rates are subject to change. <https://www.nmlsconsumeraccess.org> CAL DRE #01842493. NMLS ID: 173062. CAL CFL #60DB0-174459

Enjoy Life
at
Pioneer Tower
A 55+ Community



Come tour our newly remodeled,
downtown facility featuring:

Spacious 1-bedroom apartments with complete kitchens, new appliances, walk-in showers, large closets, balconies, lovely views

We pay utilities, offer free transportation to shopping, medical appointments, and fun excursions to local area points of interest

- Active residents association with a variety of social activities
- On-site Service Coordinator
- 24-hour maintenance, compassionate, caring staff
- Small pets welcome
- Rental Assistance Programs for income-qualified applicants

We Pay Utilities!

Active Senior Living Retirement Community

515 P St., Sacramento

(916) 442-2907

www.rhf.org

EOE



Confident Smiles Family & Cosmetic Dentistry

We accept most of dental insurances - No insurance No problem
Ask about our in office Membership Plan!

New Patient Special!

CLEANING, EXAM, & X-RAYS \$99

FREE ORTHO CONSULTATION

Land Park dentist now accepting new patients!

Visit our website:
www.drdoqradds.com
Call NOW for an appointment!
(916) 736-2801

2631 Riverside Blvd.,
Sacramento, CA 95818

