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'Kokoro' Explores Lost Japantown



Pictured is the formal dance kimono worn by Japanese singer Agnes Yoshiko Miyakawa. Photo courtesy of the California Museum

By Abbey Wicks

SACRAMENTO, CA (MPG) - When you think of downtown Sacramento today, you might think of DoCo or the Capitol Mall. But did you know that downtown Sacramento was once home to a thriving Japantown?

"Kokoro: The Story of Sacramento's Lost Japantown" is now on display at the California Museum located at 1020 O St. in Sacramento, through March 29. The exhibit first appeared at the California Museum in 2017 and has remained one of the museum's "most beloved and



Museum visitors can interact with the exhibit by creating a paper cherry blossom to add to a cherry blossom tree. Photo by Abbey Wicks

impactful", according to the museum's website. The exhibition takes museum visitors on a

journey through the rise and downfall of the once bustling neighborhood which offered nearly 200

businesses serving the needs of its residents with grocery stores, sporting events, religious services and more. At one point in time, the neighborhood was the fourth-largest Japantown in the U.S. Various craft tables allow visitors to interact with the exhibit by creating a paper cherry blossom tree, or by helping stock the fictional "Hamamoto's Mini Mart" with paper carp or hanami dango, a traditional Japanese sweet made of rice flour.

Sweet treats were an important part of the

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County Launches Land Use Regulation Library

Sacramento County News Release

SACRAMENTO REGION, CA (MPG) - The Sacramento County Planning & Environmental Review recently announced the launch of the Land Use Regulation Library at landuse.saccounty.gov.

The Land Use Regulation Library is the new permanent home for the County's Development Code, which includes the General Plan, Zoning Code (including Special Planning Areas and Neighborhood Preservation Areas), Countywide Design Guidelines, Specific Plans, Master Plans, Climate Action Plan and South Sacramento Habitat Conservation Plan. This library aims to improve compliance with Title II of the Americans with Disabilities Act's mandate of providing accessible website and mobile app content.

"I'm proud that our team has stepped up to the challenge and significantly improved the ease of use of a wide range of the County's land use regulatory documents," said Todd Smith, Sacramento County planning director. "This first step creates a single, easy to use interface for all internal and external customers."

The library is a work-in-progress project with documents actively being converted to the new webpage format. Some content will remain as an archived PDF or as a transitional PDF until conversion is completed.

Planning staff will be adding content and taking feedback during this open beta period to improve the library experience before its targeted completion in spring.

In addition to improving accessibility, the library includes many features to improve the experience of using the Development Code. The Land Use Regulation Library provides a mobile friendly interface on a modern web framework used by global brands including Google, VISA and IKEA.

Instead of searching through hundreds of PDF documents, one search box is now available to explore all regulations posted in the new webpage format. Learn what uses are permitted, prohibited or require a conditional use permit in each zone with a few clicks. Explore Planning definitions, applicable regulations instantly.

Features of the Land Use Regulation Library include finding popular Code sections right from the homepage, getting an estimate for Planning entitlements from one page and easily shareable links to specific code sections. ★

What's New in Town

By Thomas J. Sullivan

CITRUS HEIGHTS, CA (MPG) - O Tasty Mongolian BBQ, a nail salon and spa, and a gourmet donut bakery are three new businesses which will be opening soon in the Copperwood Square shopping Plaza at 7056 Sunrise Blvd.

Representatives of the O Tasty Mongolian BBQ, which is now under construction in one of three suites in the strip retail building say they are looking towards a March 2026 opening date.

Exterior marquee signage featuring the word "tasty" in large prominent black letters, and a pair of chopsticks placed on top of a circular bowl-shaped letter "O" was recently installed over the restaurant's front entrance.

Inside the 3,200-square foot restaurant space, construction crews were busy tending to the completion of kitchen fixtures and equipment.

Nearby, construction work continued inside



O Tasty Mongolian BBQ, now under construction in the Copperwood Square Shopping Center in Citrus Heights is looking to open in March. Photo by Thomas J. Sullivan

the new Citrus Heights location of Folsom-based Gateway Nails & Spa which will be opening their newest salon at 7056 Sunrise Blvd. in Suite C. A company representative did not respond to a request for comment.

The Copperwood Square Shopping Plaza is located

at the northeast corner of Sunrise Boulevard and Woodmore Oaks Drive, is anchored by the retail grocer FoodMaxx, Planet Fitness and Dollar Tree.

O Tasty Mongolian BBQ had previously operated in the Westfield Galleria at Roseville for more than 10 years prior to its closure

last year, according to the Sacramento Business Journal.

Prior customers described O Tasty Mongolian BBQ in their reviews as a "tasty and affordable dining experience" in the Roseville Galleria. Service was

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Council Approves Registration Ordinance for Vacant Commercial Buildings

By Shaunna Boyd

CITRUS HEIGHTS, CA (MPG) - During public comments at the Jan. 28 meeting of the Citrus Heights City Council, resident Bethany Brown urged the council to “pass or reaffirm legislation that would ensure community safety and uphold the fundamental rights that are guaranteed by the United States Constitution.”

Brown said every resident should feel safe in their community, and the actions of immigration enforcement agents across the country are “undermining that safety.” Any enforcement actions “must be conducted with the utmost respect for both human dignity and rule of law,” said Brown. Further, she asked the council to protect the rights of residents to peacefully protest, observe and record enforcement actions, and to require agents to clearly identify themselves.

The council considered a potential Property Re-occupancy Program Ordinance, which would require the registration of any vacant commercial properties within the city to ensure they are secured and maintained. In addition, council considered establishing fees to support the administration of the program.

Economic Development and Community Engagement Director Meghan Huber said the program aims to keep properties ready for re-occupancy and productive use by reducing property decline and blight. It would ensure accountability for property owners while also offering city support and resources to improve the properties.

The proposed fees are structured to offset the staff time and resources to operate and enforce the program. For commercial lots under an acre, there would be an annual registration fee of \$1,092 and an annual monitoring fee of \$1,128 for a total of \$2,220. Larger lots would have a total annual fee of \$6,660.

Owners would have 60 days to register vacant properties. Those who proactively register before the 60-day deadline and comply with minimum aesthetic, safety and security standards would be eligible for fee waivers. Since the goal is compliance, the city does not expect to fully recover program costs.

The city mailed more than 450 surveys to commercial property owners within the city and received just three responses, one in support of the program and two against.

Councilmember Tim Schaefer said this is a step in the right direction, “but it’s not going to be a small amount of work.”

The council voted unanimously to approve the program.

The council then considered whether to support a Homeless and Housing Partnership Model with Sacramento County, and considered their position on Senate Bill 802, which would implement significant changes to the governance of housing and homelessness.

In Sacramento County, the Continuum of Care (CoC) Board oversees the award and monitoring of federal homeless funding at the local level, currently led by the non-profit, Sacramento Steps Forward (SSF). Last year, the county proposed a new body, the Sacramento Homeless and Housing Board (SHHB), which would be comprised of community members and elected officials. However, the cities, including Citrus Heights, were concerned that this arrangement would threaten local control over land use and specific funding allocations and could impact tailored local responses to unique conditions within the cities.

In response, the county updated their recommendation, with a new plan to reconstitute the Continuum of Care with a majority of elected officials, while still including some seats for

community members.

SB 802 was introduced last year by Senator Angelique Ashby, and if approved it would implement significant changes to the governance of housing and homelessness, by creating the Sacramento Area Housing and Homelessness Agency (SAHHA), with a board comprised of 11 elected officials: three members from the City of Sacramento, three from the County of Sacramento, two from the City of Elk Grove and one each from the cities of Citrus Heights, Folsom and Rancho Cordova.

The bill would also centralize funding and programs across Sacramento County and the participating cities, with the goal of coordinating affordable housing development and homelessness services more effectively. But local cities objected to the plan to redistribute local affordable housing funds for oversight by the newly created board.

Citrus Heights, along with the other smaller cities, submitted letters of opposition to the bill. Negotiations with Senator Ashby resulted in an updated version that maintains local control of housing related funding allocations. Now, Ashby is requesting that the cities remove their opposition, moving to either a supporting or neutral position, or she will remove those updates from the bill.

Councilmember Schaefer said he still had concerns about SB 802, which he called a “gross overreach into local control.” While the current draft promises not to take local funding, he worried it was an “empty promise.” Schaefer said, “I think we spend our money well” by supporting infrastructure and local nonprofits, and he said this bill could hurt those efforts in the long run.

Councilmember Kelsey Nelson said they were in an unfortunate position that could be creating “a duplicative effort.” She suggested “begudgingly” taking a neutral position on SB 802.

Vice Mayor Porsche Middleton said they need to move to a neutral position on SB 802 in order to protect the city’s funding, but she said as one of the smaller cities, they could easily be outvoted, which would “erode local control.”

Councilmember Jayna Karpinski-Costa said Ashby is passionate about the homeless issue and was responsive to making concessions after hearing the cities’ concerns. She warned that if Citrus Heights opposes the bill and it ends up passing, they will lose that funding: “She’ll take all that funding, and she’ll just put it in a pot. So that’s the threat she’s given us – which I don’t like to be threatened – but on the other hand, clout is clout. We don’t have the clout she has.”

Karpinski-Costa added that she didn’t like the county model because it still included members who are not elected officials. But she acknowledged the need for improved regional cooperation.

Mayor MariJane Lopez-Taff said the homeless issue is complicated, and Senator Ashby has good intentions in trying to compel significant actions. She said she doesn’t like the threat, but it is “pushing everyone out of stagnation.” Despite years of effort, there are still many people living on the streets, and she said these efforts could bring about changes.

The council voted 4-1 to remain neutral on the county’s proposal, with Schaefer dissenting. They voted unanimously to move toward neutral on SB 802 by negotiating terms that favor preservation of city funds, voting equality, funded mandates, geographic equity to ensure homeless residents can stay within their communities, and language to ensure local funding is protected in perpetuity.

The next meeting of the Citrus Heights City Council is scheduled for Feb. 11. ★

Sunrise Mall Pre-Condemnation Appraisal Not Yet Complete

By Thomas J. Sullivan

CITRUS HEIGHTS, CA (MPG) - A third-party pre-condemnation appraisal of Sunrise Mall requested by the city of Citrus Heights and initiated on Aug. 28 is not yet complete, according to city communications officer Marisa Brown.

The original projected timeline for completion of the appraisal was likely between 12 and 14 weeks, or late December, according to the city.

“We’ve been informed by the appraiser that they need some additional time to complete it given the scope and complexity of the (Sunrise Mall) property,” Brown said.

The completed appraisal will be sent to city staff who will evaluate it and determine the appropriate next steps, which typically includes providing a copy to the property owner (Namdar Realty), Brown said.

“At this time, there is not a specific timeline for this process,” she said.

As of Jan. 7, Namdar Realty Group has accrued just over \$3.56 million in outstanding fines that span from July 2024 through the present, the city said in a recent statement.

In a prior statement issued in November 2025, the city clarified that, although Namdar briefly brought the property into compliance in December 2024, violations resumed in April 2025, leading to new abatement notices and the continuation of daily penalties, prior to the inspection in May.

City officials confirmed that fines began accruing in July 2024, following initial abatement notices issued to address a range of property maintenance problems.

Hundreds of thousands of dollars in fines were later triggered by health and safety violations identified during an interior inspection of the mall completed in May 2025 by officials from City of Citrus Heights, Sacramento County and Sacramento Metro Fire District.

The numerous fines reflect multiple categories of recurring violations, including poorly maintained landscaping visible from public areas, significant weed



Pictured is an aerial view of Sunrise Mall in Citrus Heights. Photo courtesy of Loopnet

accumulation, ongoing litter and debris, graffiti, unsecured vacant buildings and inoperable vehicles left on site.

Each day a violation remains unaddressed results in additional fines, which have compounded over time due to prolonged noncompliance.

After completing its comprehensive inspection of the interior and exterior of the mall the city issued a “Notice to Abate” and then filed a lawsuit against Namdar Realty Group in July 2025.

Brown said a case management conference on a lawsuit in Sacramento County Superior Court against the Namdar Realty Group is scheduled on March 6, 2026.

The Citrus Heights law firm of Jones Mayer, which is performing service as the city’s attorney, filed the suit.

The city’s lawsuit filed on July 15 seeks \$565,000 in outstanding fines and the immediate abatement of fire, health and safety and code violations, including structural, fire system, electrical, plumbing and landscaping violations, and recovery of costs associated with attorney fees, police services and code enforcement, and inspection.

In a statement issued in November 2025, the city clarified that, although Namdar briefly brought the property into compliance in December 2024, violations resumed in April 2025, leading to new abatement notices and the continuation of daily penalties, prior to the inspection in May.

A copy of the inspection report which listed the violations found was provided to the defendants (Namdar Realty Group) in the city’s lawsuit. ★

“Since 2024, the city’s Code Enforcement Unit has conducted daily exterior inspections of the mall to address violations such as neglected landscaping, weed accumulation, litter, debris and graffiti. These daily inspections will continue, alongside scheduled interior re-inspections, until all violations are resolved,” Brown said in an earlier interview with the Citrus Heights Messenger.

“City Code Enforcement and Building staff are taking action to ensure Namdar corrects the violations identified and the city will maintain oversight until the property is brought into compliance,” Brown said.

The Sunrise Mall property spans just under 100 acres and is currently divided into seven separate parcels owned by five different entities, which has caused confusion and complications for redevelopment of the site.

The New York-based Namdar Realty Group acquired a portion of the Sunrise Mall property in December 2018, and then acquired another portion in 2020, which was home to Macy’s at the time.

The remaining portions of the Sunrise Mall property are controlled by Ethan Conrad Properties, JCPenney, Red Robin and Antioch Street LP.

Just over one dozen businesses remain inside the mall according to a recent count by city staff in mid-January, not including those outside the mall, such as Red Robin, Goodyear Auto Service and Sunrise Montessori. The mall property can reportedly house 120 tenants.

Namdar Realty Group has not responded to a request for comment. ★

Business Corridor Coalition to Host First Meeting

By Thomas J. Sullivan

CITRUS HEIGHTS, CA (MGP) - The first organizational meeting of a new Citrus Heights Business Corridor Coalition designed to support and energize commercial businesses along Auburn Boulevard will be held at 8:30 a.m. Feb. 20 at Wild and Fly Fitness, 8215 Auburn Blvd., Suite B, said its organizer, Wendy Fuentes, owner of Wild and Fly Fitness.

“In this first session, we will be seeking feedback from local businesses on the corridor. We are also looking to identify potential board members and discuss new opportunities for community collaboration and contribute to revitalization efforts along Auburn Boulevard,” Fuentes said.

The Citrus Heights Business Corridor Coalition is stepping forward as the successor to the former Auburn Boulevard Business Association (ABBA), under new leadership with a focus on collaboration, advocacy and innovation among local businesses.

Local businesses along Auburn Boulevard from Antelope Boulevard north towards the city line are looking forward to the completion of the city’s Auburn Boulevard Phase 2 street improvement project which is expected to be finished this summer.

During the two-year period of road construction, two-way traffic along Auburn Boulevard was reduced to one lane in each direction as utilities were placed underground, new curbing and gutter were installed, and sidewalks were widened.

Temporary traffic signage alerted drivers to construction vehicles and work crews in the roadway as well as where to turn into open businesses along the route.

Fuentes said the coalition embraces the motto: “One Corridor. One Community. One Vision - Auburn Boulevard Alive Again,” a reflection on the commitment to restore the boulevard’s vitality and strengthen the local business landscape.

Fuentes said the new coalition will be planning several community-focused activities, including an Auburn Boulevard corridor-wide “We Are Open” campaign, community market days and art walks, business spotlights and networking mixers, as well as seasonal celebrations and holiday-themed events which showcase partnership and community spirit.

“Our vision centers on creating a vibrant Auburn Boulevard filled with energy, opportunity and community pride,” she said.

Fuentes said she is continuing to work closely with the Citrus Heights Economic Development Department and the Chamber of Commerce to help build a stronger business community and attract more customers to a busy boulevard.

Future coalition meetings will be held at Wild and Fly Fitness Studio, at 8215 Auburn Blvd., Suite B in Citrus Heights.

For more information and to RSVP for the organizational meeting of the Citrus Heights Business Corridor Coalition taking place at 8:30 a.m. Friday, Feb. 20, call Wendy Fuentes, owner of Wild and Fly Fitness at 916-770-1039. ★

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'Kokoro' Explores Lost Japantown

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neighborhood, connecting residents with their culture and the taste of home.

Fish is another staple of Japanese culture. Grocery stores in Japantown sold fresh and preserved fish, often salmon and steelhead caught in the American and Sacramento rivers.

The exhibit's visual timeline educates visitors on the impact of World War II, which displaced thousands of Japanese residents due to racial hysteria. By the time residents were able to return to their homes, the area had evolved into a mosaic of Mexican, Korean, Portuguese, Chinese and other cultures.

Museum visuals include photos of businesses that were once located just five blocks from the downtown museum, wartime regalia, and symbols of the success of business owners including a vintage record player that belonged to the owner of the Asahi Garage at 5th and N Streets.

The exhibit also highlights notable figures and even music stars who came out of Japantown, including opera singer Agnes Yoshiko Miyakawa, displaying one of her formal dance kimonos.

The historic Japantown was restored for a period of time in



Japantown was once a thriving residential and business district, with businesses such as Sun Rise Laundry pictured. Photo courtesy of the California Museum

the 1950s. During this time, people came from across the region to visit Japantown, traveling to visit doctors and dentists or just to dine and shop.

Things took a turn in 1954 when the City of Sacramento unveiled the Capitol Mall Project, which was billed as a clean, modern downtown and a gateway to the Capitol. This project ultimately destroyed Japantown and the surrounding multiethnic areas.

Since then, Japantown has been



entirely wiped from Sacramento's urban landscape.

"Kokoro" takes visitors back in time to an entirely different downtown Sacramento to the one we know today, honoring an important, yet often forgotten part of Sacramento history.

"Kokoro: The Story of Sacramento's Lost Japantown" was developed in partnership with former residents of Sacramento's Japantown, the author of "Sacramento's Historic Japantown: Legacy of a Lost Neighborhood" Kevin Wildie and others. The exhibit runs through March 29.

The California Museum is located at 1020 O St. in Sacramento. The museum is open 10 a.m. to 5 p.m. Tuesday through Saturday, noon to 5 p.m. Sunday and is closed on Monday. General admission tickets are \$10, with discounts for students, seniors, military and youth. Children aged 5 and under are free.

To purchase tickets, visit: californiamuseum.org/visit/admission-hours-tickets/. ★

The "Kokoro" exhibit includes an interactive, fictional grocery store display selling fresh fish and hanami dango, a traditional Japanese sweet made of rice flour. Photo by Abbey Wicks

What's New in Town

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described in Yelp reviews as "quick and efficient," where customers enjoyed watching the entertainment of watching their food being cooked on the large circular griddle.

In addition to the O Tasty

Mongolian BBQ and Gateway Nails & Spa, both actively under construction, there's something decidedly "BAD" which is coming soon to Citrus Heights, said Andy Jonsson of the ROME Real Estate Group in Sacramento, who represented the landlord in the multiple

lease deal signed last fall.

Just next door to Starbucks, BAD Bakers, a locally based bakery, will open their third area location in a 1,100-square-foot space featuring a menu of gourmet cake doughnuts, kronuts and raised doughnuts all with an

eclectic assortment of toppings, in addition to various breads all baked fresh daily, according to its website.

BAD Bakers have additional locations in Folsom, Elk Grove and on Exposition Drive, near Cal Expo. ★

A local representative for the Folsom franchise location of BAD Bakers could not respond to a request for comment about likely opening date of the new Citrus Heights location which is listed on the corporate website as "coming soon." ★

New Year, New Roadside Safety Protections

California's Expanded "Slow Down, Move Over" Law Now Covers All Stopped Drivers and Passengers Roadside

California Office of Traffic Safety News Release

CALIFORNIA (MPG) - California's expanded "Slow Down, Move Over" law officially took effect Jan. 1, adding lifesaving protections for all stranded drivers and passengers on the roadside. The strengthened requirement compels drivers to move over, or slow down if unsafe to do so, for any stopped vehicle using hazard lights or emergency indicators, including everyday drivers experiencing mechanical trouble or emergencies.

The change, authorized under Assembly Bill 390, legislation sponsored by AAA, comes during a nationwide spike in roadside deaths that safety leaders are calling a crisis.

"Whether you're a stranded driver or a first responder, standing just feet from high speed traffic has become increasingly deadly," said Auto Club Corporate Communications Manager Doug Shupe. "This law equips California drivers with a clear, enforceable rule that can prevent more needless deaths."

With AB 390 now in effect, California joins 28 other states, and the District of Columbia, with expanded Slow Down, Move Over protections to include all stopped vehicles.

Violations in California can result in fines up to \$1,000 and points on a driver's record for unsafe behavior near stopped vehicles.

"Too many Californians are losing their lives simply because passing drivers fail to slow down or move over," said CHP Commissioner Sean Duryee. "This expanded law makes clear that every person on the roadside, whether a driver or a passenger,



The change, authorized under Assembly Bill 390, legislation sponsored by AAA, comes during a nationwide spike in roadside deaths that safety leaders are calling a crisis. Photo courtesy of California Office of Traffic Safety

deserves the same margin of safety. Obeying 'Slow Down, Move Over' is not just a courtesy; it is a legal responsibility that saves lives."

The AAA Foundation for Traffic Safety, using data from the National Highway Traffic Safety Administration's (NHTSA) Fatality Analysis Reporting System, reveals roadside fatalities are rising sharply. In California, the number of people killed roadside increased nearly 77% from 2014 to 2023. This alarming trend in people killed roadside is driven by higher speeds, distracted driving and limited shoulder space on modern freeways, data shows.

Additional recent national findings highlight the severity of

the problem. According to the Emergency Responder Safety Institute, 46 emergency responders were killed last year in the U.S. after being struck while assisting at roadside scenes — police officers, firefighters, EMTs and tow truck operators. Tow operators face some of the deadliest conditions on America's roadways. Hundreds of stranded drivers are killed every year while waiting for help or attempting simple fixes like changing a tire.

"Everyone traveling on California's roads and highways deserves to arrive safely at their destination," said Caltrans Director Dina El-Tawansy. "The provisions added to the Move

Over law will help keep more people safe and continue protecting the highway workers and first responders risking their lives to serve others. When we make conscious decisions to benefit the safety of our fellow travelers and dedicated public servants, it creates a safer, more enjoyable travel experience for all."

Daniel Lazaro, a tow truck operator for Preferred Towing, lost his friend at the roadside in October last year. Fifty-seven-year-old Carlos Trejo was struck and killed while helping a stranded Auto Club member on I-110.

"Carlos was a caring person who would always bring up his family in a joyful and proud

way, especially his grandchildren," said Lazaro. "As he would clock out every day to go home, he would always tell everyone clocking in to be careful and to be safe out there."

Many drivers don't understand the law and it's costing lives. An Oct. 2025 national study from the AAA Foundation for Traffic Safety found the following. 36% of drivers captured on roadside video did not slow down or change lanes — violating the law entirely; drivers were least likely to protect tow operators, with only 58% complying near stopped tow trucks; and two thirds of drivers said they were familiar with "Slow Down, Move Over" laws, yet many could not accurately explain what was required.

The research also found that while some drivers do change lanes, many fail to reduce speed, leaving dangerously little margin if something goes wrong.

As of Jan. 1, drivers must take these simple actions when approaching a stopped vehicle. Change lanes away from the stopped vehicle, if safe to do so. If changing lanes is not possible, slow down to a safe, reasonable speed. The message is clear: See hazards or a stopped vehicle? Slow down. Move over. Save a life.

"As you head out on your next trip, keep in mind that the driver with a flat tire or other roadside car trouble could very well be you," OTS Director Stephanie Dougherty said. "Please move over a lane or slow down for highway workers, first responders, tow truck drivers and other stopped vehicles on the side of the road or shoulder. Make safety the destination we all share by looking out for every vehicle and person on the roadside." ★

Nominations Open for 5 Over 50 Award



Each year, the 5 Over 50 Award recognizes people who make a difference in our community. Photo by Kampus via Pexels

Sacramento County News Release

SACRAMENTO REGION, CA (MPG) - If you know someone who makes Sacramento County a better place to live and is 50 years old or older, now is your chance to celebrate them. Each year, the 5 Over 50 Award recognizes people who make a difference in our community. The Sacramento County Adult and Aging Commission is now taking applications for its 5 Over 50 Volunteer Award.

Nominees must be 50 or older, actively involved in volunteer work, and


residents of Sacramento County. If you know someone who meets the criteria and has made an impact in Sacramento County, nominate them for the 5 Over 50 Volunteer Award. Learn more about the application process and access the form by visiting the Adult and Aging Commission page at: <https://dcfas.saccounty.gov/SAS/Pages/Adult-and-Aging-Commission.aspx>.

Two letters of reference are required. Applications are due Monday, Feb. 9.

The 5 Over 50 Awards will be presented during a Sacramento County Board of Supervisors meeting

in May. The award is presented in May to coincide with Older Americans Month. Five nominees will receive the award, with one person selected from each district within Sacramento County.

Sacramento County's Adult and Aging Commission members look forward to celebrating the winners. Winners will also be featured on Sacramento County's website and YouTube channel. Learn about last year's winners at: www.saccounty.gov/us/en/articles/2025-articles/celebrating-5-over-50-award-winners.html#gsc.tab=0. ★



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Citrus Heights Messenger

Serving Citrus Heights and Sacramento County Since 2006



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Speeding is Top Complaint in Residential Neighborhoods

By Thomas J. Sullivan

CITRUS HEIGHTS, CA (MPG) - Speeding on residential streets is one of the top complaints reported to the city of Citrus Heights General Services Department (GSD), according to a recent handout made publicly available at City Hall.

City studies show most vehicles travel above the posted 25-mph residential speed limit and that all drivers in the city contribute to this issue – including residents, commuters and school-aged drivers.

Specific statistics on the number of offenders cited for speeding by the Citrus Heights Police Department during the past year weren't immediately available.

"The Citrus Heights Police Department (CHPD) is dedicated to enhancing road safety through a thoughtful, targeted approach to traffic enforcement, particularly when it comes to speeding," said city communications officer Marisa Brown, responding on behalf of the Citrus Heights Police Department.

What can residents do? Slow down. You may be driving faster than you should, according to the Citrus Heights Police Department.

Driving at or below the 25-mph speed limit, unless posted otherwise, encourages those who may follow behind you to follow at a safe, respectful pace.

Residents may speed because they are familiar and comfortable on the roadways they travel regularly, while others may use them as shortcuts.

Residents can play an important role by driving at safe speeds, avoiding cut-through traffic, and reporting roadway issues or speeding patterns to the City.

According to Brown, the city's general services department



Residents may speed because they are familiar and comfortable on the roadways they travel regularly, while others may use them as shortcuts. Photo courtesy of Freepik

actively works with the Citrus Heights Police Department to respond to speeding concerns "through a variety of efforts including targeted speed enforcement, education, and engineering strategies."

Brown said damaged or missing traffic signs, potholes or vegetation blocking a driver's the line of sight, should be promptly reported to General Services by phone at 916-727-4770 or email at: generalservices@citrusheights.net

The recent city handout gives some helpful tips for motorists to consider and seeks to answer some general questions about common public speeding concerns and remedies.

Using residential streets as shortcuts also impacts neighborhood quality of life. Cut-through traffic tends to increase both noise and pollution and tends to decrease safety for children, pedestrians and pets.

"Citrus Heights Police Department employs the "Crime and Traffic in Citrus Heights" (CATCH) model, which directs resources strategically by

drawing on key data sources such as primary collision factors, documented crash locations, resident reports and citizen complaints," she said.

Statistics also show that most crashes occur close to home, so give yourself more time to react to unexpected events on the road, she noted.

Many studies have concluded that a driver's speed is influenced by the existing conditions of a roadway, not the posted speed limit. As a result, changes in posted speed limits have little to no effect on vehicle speeds, according to the city.

For example, speed bump installations are generally only installed as a countermeasure on roadways which meet minimum criteria established by the city. Minimum criteria include the existing vehicles speeds, number of vehicles, proximity to adjacent stop or yield signs, and location of emergency vehicle response routes.

If residents notice vehicles speeding more at a particular time of day, or day of week, they should also call the Citrus

Heights Police Department's non-emergency number at 916-727-5500 to file a report.

"This ensures that officers focus patrols and enforcement efforts in the areas that present the greatest risks, including busy intersections and other identified high-problem zones," Brown said.

Speeds within a block of unwarranted stop signs are typically unchanged. Drivers must slow down when approaching a stop sign but may often speed up quickly to make up for lost time. In addition, stopping and starting can cause an increase in tire and engine noise and an increase in air pollution.

"The Citrus Heights City Council has also adopted the Multi-Modal Transportation Safety Program (MMTSP) which is a great tool for residents to report speeding and other roadway safety concerns," Brown said.

This approach was recently applied on San Juan Avenue and Macy Plaza Drive, where residents shared concerns about speeding.

As part of the resurfacing of both streets, proven speed-reducing roadway striping enhancements were incorporated into the final construction documents, she said.

Would more stop signs slow traffic on city streets?

When installed under the correct conditions, stop signs can increase intersection safety, according to the city.

Federal and state standards consider traffic speed, the number of vehicles, pedestrians and bicycles, intersection sight distance, and the frequency of gaps in traffic to allow safe vehicle entry or pedestrian crossing.

Stop signs installed at locations which do not meet minimum requirements may decrease safety and cause additional problems. Unwarranted stop signs are often ignored by drivers on the main street, putting pedestrians and cross-traffic at higher risk, according to the city.

The city handout recognizes that too many signs can lead to "sign pollution" causing unnecessary distraction, often irritating and confusing drivers in the process.

Placing "Children at Play" signs may also have little effect on the behavior of motorists and give pedestrians, children and parents a false sense of security.

The public is advised to contact the city's General Services Department at (916) 727-4770 or generalservices@citrusheights.net, or submit speeding concerns through its SeeClickFix service request at: citrusheights.net/ServiceRequests.

To learn more about the city's Multi-Modal Transportation Safety Program (MMTSP) to report speeding and other roadway safety concerns, visit citrusheights.net/MMTSP

For a complete listing of city streets which are planned for resurfacing during 2026, including an interactive map, visit citrusheights.net/PMP. ★

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COMMUNITY CONNECTION

Informing, Empowering and Engaging Readers with Their Community



By Patsy McGavock
JustServe.org

Last time, we explored a vivid image of intentional community-building – relationships formed with people unlike you in age, culture, education or work. Those relationships form a network of connections that expand and intersect throughout the community in beautiful, often unexpected ways. Skills, ideas, and resources move more freely carrying mentoring, support and opportunity even to those with fewer personal ties.

But how do we step into unfamiliar spaces to build those bridges, when the unfamiliar is rarely comfortable? We learn to lean into discomfort through practice – and a game plan matters. I've gathered expert insights and personal stories to guide us.

Discomfort doesn't mean you're doing something wrong – it often means you're doing something meaningful. Focus there: how can I be present and open to learning?

Phrase questions thoughtfully, leading with permission to show respect. Before asking, "Would you do that?" try: "Would you mind if I asked about...?" or "I'm curious, if you're open to sharing."

You don't have to pretend to be comfortable to create safety. Naming the feeling helps ease pressure and creates space for connection. Try: "I'm not sure how to say this, but I want to try."

We often assume shared understanding. Clarity upfront prevents misunderstanding.

Creating Comfort in Uncertainty

If you're unsure you share the same understanding of a word, ask: "What does that mean to you?" A helpful clarifier when asked a question is: "Why do you ask? So I can best answer you."

Coming from different backgrounds means you'll see things differently, but disagreement doesn't have to mean disconnection. It broadens our experience. Acknowledge: "I see this differently, and I value this conversation."

Normalize pauses. Let silence do its work. It allows for reflection and emotional processing. Saying, "I'm thinking," or "I'm digesting that," shows engaged respect.

Pausing also lets you track fatigue or respond thoughtfully when a new idea challenges you—moments when emotions can rise, even when intentions remain true.

True connection requires presence – and presence takes energy. Somatic awareness – tuning in to physical signals – helps assess your capacity in real time. Feeling at capacity isn't failure – it's feedback. And it's part of being human.

When needed, exit with appreciation and purpose: "Thank you for sharing with me," or "Let's keep this going another time." People remember how conversations end more than how they begin.

Linda Miner, of the Orangevale Women's Club, answered a local flyer for ENGIN, a program connecting English speakers with Ukrainians through weekly video calls.

"My conversations with Ksenia make me more compassionate and grateful," Linda shares. "We live in a diverse country, but I don't often interact intentionally with people

who are different. Knowing Ksenia makes me more open to doing that."

She now better understands Ukrainian cultural cues – like how reserved public behavior and well-dressed presentation reflect pride and respect, not distance. Her confidence has grown, too. "Now I don't think about it – I just do it. Even a passing comment can feel good. It makes me feel part of a bigger world."

From my own experience in recent years, I've found that stretching outside my norm consistently builds comfort. Elements in the community that once felt foreign now bring a sense of well-being. Years ago, I read that if you see a man wearing a turban in the U.S., it's 99 percent likely he is a practicing Sikh. In conversations with local Sikhs last year, I learned the turban is a public declaration of their principles, including a commitment to serve and protect others as children of God. Now, when I see a turban in the park, I feel quiet reassurance and gratitude for that person in my community.

These practices won't guarantee comfort, but they will build a growing capacity. That capacity becomes your bridge to others and can grow into that beautiful network of glistening intersections. Belonging often follows presence – not the other way around.

As Rumi wrote, "There is a field beyond right and wrong. I'll meet you there."

Let's meet each other there – even if uncertain; open, and ready to grow.

Patsy McGavock is a volunteer writer and community advocate informing, empowering, and engaging readers with their community. Contact her at PatsyMcGavock.JustServe@gmail.com. ★

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HONEYCOMB 2-6-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00008
Yurii Horbonos, 5149 Kovanda Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Car Doctor Y&O" 5149 Kovanda Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County January 2, 2026
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CAR 2-6-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00065
Arnold Sarkisyan, 3301 N Park Drive #3616, Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "ATC Express" 3301 N Park Drive #3616, Sacramento, CA 95835. Filed with the Clerk of Sacramento County January 5, 2026
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ATC 2-6-26

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Kevin Quintanilla, 7128 Thomas Drive, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Blooming Bazaar" 7128 Thomas Drive, North Highlands, CA 95660. Filed with the Clerk of Sacramento County January 6, 2026
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BLOOMING 2-6-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-09348
Jaime Sanchez Aguirre and Veronica Sanchez, 3081 Marysville Boulevard, Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "Aztec Graphic Designs" 3081 Marysville Boulevard, Sacramento, CA 95815. Filed with the Clerk of Sacramento County December 29, 2025
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AZTEC 2-6-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-08851
Aileen's Delish LLC, 6841 Sandrock Way, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Aileen's Delish Catering and Event Services" 882 El Camino Avenue, Sacramento, CA 95815. Filed with the Clerk of Sacramento County December 8, 2025
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AILEENS 2-6-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-09106
Humberto Valdivia, 5831 Rosebud Lane Unit C, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Placer County Handyman" 5831 Rosebud Lane Unit C, Sacramento, CA 95841. Filed with the Clerk of Sacramento County December 17, 2025
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PLACER 2-6-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00096
Karen Katzmark, 4005 Manzanita Avenue #6-427, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Demi Equine Services" 9712 Fair Oaks Boulevard A6, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County January 6, 2026
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DEMI 2-6-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00109
Daniel Williams, 237 West Ascot Avenue, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Daniel Williams Flooring" 237 West Ascot Avenue, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County January 6, 2026
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DANIEL 2-6-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00048
Anthony Chang and Tiffany Tran, 4197 Borderlands Drive, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Sunridge Nail Spa" 4036 Sunrise Boulevard Suite 130, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County January 5, 2026
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SUNRIDGE 2-6-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00029
Vianey De La Cruz Esparta, 15 W Al Court, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Detailed Cleaning Services" 15 W Al Court, Sacramento, CA 95838. Filed with the Clerk of Sacramento County January 5, 2026
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DETAILED 2-6-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-09295
Jessica Naomi Cuevas Gutierrez, 6250 Florin Road Building 1, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Sac Auto Group" 6250 Florin Road Building 1, Sacramento,

CA 95823. Filed with the Clerk of Sacramento County December 26, 2025
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SAC 2-6-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-09430
Vasyl Ivanov, 3913 Meramonte Way, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Vasyl Ivanov Services Unlimited / ISU" 3913 Meramonte Way, North Highlands, CA 95660. Filed with the Clerk of Sacramento County December 30, 2025
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VASYL 2-6-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00195
Michael Donchenko, 7820 Gull Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Perioperative Consulting" 7820 Gull Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County January 7, 2026
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PERIOPERATIVE 2-6-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00156
Nicole Allyn Fishman, 4724 Bowerwood Drive, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Glow Shift" 4724 Bowerwood Drive, Carmichael, CA 95608. Filed with the Clerk of Sacramento County January 7, 2026
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GLOW 2-6-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00003
Shabir Pirzada and Zuhai Sahak, 6224 Watt Avenue, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Max Burger" 6224 Watt Avenue, North Highlands, CA 95660. Filed with the Clerk of Sacramento County January 2, 2026
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MAX 2-6-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00141
Awan M.D., Inc., 1401 21st Street, Suite R, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "MDCareNow" 1401 21st Street, Suite R, Sacramento, CA 95811. Filed with the Clerk of Sacramento County January 6, 2026
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MD 2-6-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-09339
A&s Nutrition LLC, 7585 Camp Far West Road, Wheatland, CA 95692 is doing business under the Fictitious Business Name(s) "Nutrishop Downtown Sacramento" 1020 7th Street, Sacramento, CA 95814. Filed with the Clerk of Sacramento County December 29, 2025
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NUTRISHOP 2-6-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-09432
Brave Soul Therapy, a Licensed Clinical Social Worker Professional Corporation, 2108 N Street #9001, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Brave Soul Therapy" 4441 Rollingrock Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 30, 2025
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BRAVE 2-6-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00001
Deanna M Sesso, 8195 Caribbean Way, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Complex Grill" 3450 Longview Drive, Sacramento, CA 95821. Filed with the Clerk of Sacramento County January 2, 2026
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COMPLEX 2-6-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00049
Andriy Melnykov, 5150 Madison Avenue, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Silver Mints and Jewelry" 5150 Madison Avenue, Sacramento, CA 95841. Filed with the Clerk of Sacramento County January 5, 2026
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SILVER 2-6-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00227
Gregory John Fagundes, 4158 Cahakia Place, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "9 Star Bakery" 4158 Cahakia Place, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County January 8, 2026
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STAR 2-6-26

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Shiva Ghasemi, 9709 Folsom Boulevard, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Nutriwize" 9709 Folsom Boulevard, Sacramento, CA 95827. Filed with the Clerk of Sacramento County December 30, 2025
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NUTRIZIWE 2-6-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-09323
Trinity Motors LLC., 6805 Luther Drive Suite E, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Trinity Motors LLC, DBA GGI Investment" 6805 Luther Drive

Suite E, Sacramento, CA 95823. Filed with the Clerk of Sacramento County December 26, 2025
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TRINITY 2-13-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00300
LC Legacy Group LLC, 2001 Club Center Drive Apt 7110, Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "Legacy Tax & Wealth Co/EZPrep Pro" 2001 Club Center Drive Apt 7110, Sacramento, CA 95835. Filed with the Clerk of Sacramento County January 9, 2026
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LEGACY 2-13-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-08202
Rebecca Schumaker, 7 Ferncliff Court, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Leisure Life Consulting" 7 Ferncliff Court, Sacramento, CA 95823. Filed with the Clerk of Sacramento County November 4, 2025
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LEISURE 2-13-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-09259
Copeland Group USA, LLC, 1203 West Loop 281, Longview, TX 75604 is doing business under the Fictitious Business Name(s) "Modern Insurance Marketing" 1203 West Loop 281, Longview, TX 75604. Filed with the Clerk of Sacramento County December 24, 2025
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MODERN 2-13-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-09262
Modern Insurance Marketing LLC 8, The Green, Suite R, Dover, DE 19901 is doing business under the Fictitious Business Name(s) "Copeland Group USA, LLC" 8, The Green, Suite R, Dover, DE 19901. Filed with the Clerk of Sacramento County December 24, 2025
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COPELAND 2-13-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00127
G4 Investments, Corp, 1052 Ski Park Court, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Dutch Bros Coffee" 1052 Ski Park Court, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County January 6, 2026
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DUTCH 2-13-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00164
Valerie Aiken, 3338 Lerwick Road Apt 4, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Simple Tax Services/Simple Business Consulting Services" 3338 Lerwick Road Apt 4, Sacramento, CA 95821. Filed with the Clerk of Sacramento County January 7, 2026
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SIMPLE 2-13-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-09037
Enrique Lopez, 4849 Manzanita Avenue #73, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Revamp Evolution" 4849 Manzanita Avenue #73, Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 12, 2025
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REVAMP 2-13-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-09435
Peter Mann MD Inc, 7634 Girard Avenue, La Jolla, CA 92037 is doing business under the Fictitious Business Name(s) "Mole Removal Sacramento" 631 Fulton Avenue, Sacramento, CA 95825. Filed with the Clerk of Sacramento County December 30, 2025
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MOLE 2-13-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00343
AMIZZ Corporation, 3162 Osuna Way, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Homerun Plumbing" 3162 Osuna Way, Sacramento, CA 95833. Filed with the Clerk of Sacramento County January 12, 2026
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HOMERUN 2-13-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-09255
Thach Ngo, 9168 Firecrest Court, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "TJ Nail & Spa" 8335 Folsom Boulevard, Sacramento, CA 95826. Filed with the Clerk of Sacramento County December 23, 2025
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TJ 2-13-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00205
Cedric D. Word, 3030 Hurley Way #32, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "C.D. Word" 3030 Hurley Way #32, Sacramento, CA 95864. Filed with the Clerk of Sacramento County January 7, 2026
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CD 2-13-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00129
Sarah Dardick Mental Health & Professional Clinical Counselor, PC, 1401 21st Street, Suite R, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Wildman Therapy" 1401 21st Street, Suite

R, Sacramento, CA 95811. Filed with the Clerk of Sacramento County January 6, 2026
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WILDMAN 2-13-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00418
Justin Richard Hodnett, 8825 Oak Avenue, Orangeville, CA 95662 is doing business under the Fictitious Business Name(s) "Hodnett Family Therapy" 8825 Oak Avenue, Orangeville, CA 95662. Filed with the Clerk of Sacramento County January 13, 2026
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HODNETT 2-13-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00124
Maria Pascoal, 9340 Appalachian Drive, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Creative Joy Collective" 9719 Lincoln Village Drive Suite 500, Sacramento, CA 95827. Filed with the Clerk of Sacramento County January 6, 2026
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CREATIVE 2-13-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00144
Jacob Kline, PO Box 22073, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Amicus Investigations" 1415 69th Avenue, Sacramento, CA 95822. Filed with the Clerk of Sacramento County January 6, 2026
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AMICUS 2-13-26

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Borhany LLC, 3720 Marconi Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "NEXI Digital Hub/Arash" 3720 Marconi Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County January 13, 2026
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NEXI 2-13-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00373
Hashmatullah Nazimi and Qandagha Omarazi, 2740 Fulton Avenue #214, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Brothers Walk" 2740 Fulton Avenue #214, Sacramento, CA 95821. Filed with the Clerk of Sacramento County January 12, 2026
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BROTHERS 2-13-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00396
David Lee William Newman, 4120 Douglas Boulevard, Suite 306-145, Granite Bay, CA 95746 is doing business under the Fictitious Business Name(s) "Artifex Customs/Artifex Crafted" 5940 Rosebud Lane Suite 5, Sacramento, CA 95841. Filed with the Clerk of Sacramento County January 12, 2026
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ARTIFEX 2-13-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00063
Deanna Garcia, 9401 Fruitridge Road, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "HomeBotLife" 9401 Fruitridge Road, Sacramento, CA 95826. Filed with the Clerk of Sacramento County January 5, 2026
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HOME 2-13-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00140
Tankersley Construction, Inc., 11415 Sunrise Gold Circle Unit 1, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Tankersley Build Co" 11415 Sunrise Gold Circle Unit 1, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County January 6, 2026
Publish: Jan 23, 30, Feb 6, 13, 2026
TANKERSLEY 2-13-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00520
Harbans Ranu, 105 Sprig Court, Singh, 6401 Feliciter Way, Citrus Heights, CA 95610 are doing business under the Fictitious Business Name(s) "Prestige Senior Care" 6600 Cowboy Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County January 15, 2026
Publish: Jan 23, 30, Feb 6, 13, 2026
PRESTIGE 2-13-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00504
The Moore Foundation LLC, 836 57th Street Suite 519, Sacramento, CA 95819 is doing business under the Fictitious Business Name(s) "Moore House of Hope" 6811 Bowling Drive, Sacramento, CA 95823. Filed with the Clerk of Sacramento County January 14, 2026
Publish: Jan 23, 30, Feb 6, 13, 2026
MOORE 2-13-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-08864
North Valley Power LLC, 4640 Northgate Boulevard Suite 115, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Switch" 4640 Northgate Boulevard Suite 115, Sacramento, CA 95834. Filed with the Clerk of Sacramento County December 8, 2025
Publish: Jan 23, 30, Feb 6, 13, 2026
SWITCH 2-13-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00518
Brooke Bowen, 3308 Churchill Road, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s)

"Brookie Bee's Childcare & Preschool" 3308 Churchill Road, Sacramento, CA 95864. Filed with the Clerk of Sacramento County January 15, 2026
Publish: Jan 23, 30, Feb 6, 13, 2026
BROOKE 2-13-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00083
Mohammed Ahmed, 202 Gainsborough Circle, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Rebel Hosting" 202 Gainsborough Circle, Folsom, CA 95630. Filed with the Clerk of Sacramento County January 5, 2026
Publish: Jan 23, 30, Feb 6, 13, 2026
REBEL 2-13-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00335
Peter Lawrence, 6449 Sunnyfield Way, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "PRI Consulting" 6449 Sunnyfield Way, Sacramento, CA 95823. Filed with the Clerk of Sacramento County January 12, 2026
Publish: Jan 23, 30, Feb 6, 13, 2026
PRI 2-13-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00372
Karla Eriksen Hurd, PO Box 660214, Sacramento, CA 95866 is doing business under the Fictitious Business Name(s) "Key Property/KPS Commercial" 1060 Los Molinos Way, Sacramento, CA 95864. Filed with the Clerk of Sacramento County January 12, 2026
Publish: Jan 23, 30, Feb 6, 13, 2026
KEY 2-13-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00534
Fakhria Baqizadeh, 5417 Palm Avenue #25, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Beauty Land Makeup" 5417 Palm Avenue #25, Sacramento, CA 95841. Filed with the Clerk of Sacramento County January 16, 2026
Publish: Jan 23, 30, Feb 6, 13, 2026
BEAUTY 2-13-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-09310
Stan M Jennings, PO Box 1296, Rancho Cordova, CA 95741 is doing business under the Fictitious Business Name(s) "Spirit Memory Awakening" 2118 Forest Lake Drive, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County December 26, 2025
Publish: Jan 23, 30, Feb 6, 13, 2026
SPIRIT 2-13-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00551
Rosemarie Martell, 4707 Meyer Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Farmers Wife" 5701 Winding Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County January 16, 2026
Publish: Jan 30, Feb 6, 13, 20, 2026
FARMERS 2-20-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-09196
Tawny Marinoble, 1545 El Camino Verde Drive, Lincoln, CA 95648 is doing business under the Fictitious Business Name(s) "Avera" 1545 El Camino Verde Drive, Lincoln, CA 95648. Filed with the Clerk of Sacramento County December 22, 2025
Publish: Jan 30, Feb 6, 13, 20, 2026
AVERA 2-20-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00560
Jason Carter, 2908 Notre Dame Drive, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Total Clean Scoop Team" 2908 Notre Dame Drive, Sacramento, CA 95826. Filed with the Clerk of Sacramento County January 16, 2026
Publish: Jan 30, Feb 6, 13, 20, 2026
TOTAL 2-20-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00337
Tian Li, 2809 T Street, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Tian Chao Herbs & Acupuncture" 2809 T Street, Sacramento, CA 95816. Filed with the Clerk of Sacramento County January 12, 2026
Publish: Jan 30, Feb 6, 13, 20, 2026
TIAN 2-20-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-09099
Liudmyla Shybinska, 4824 Yucca Way, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "ReLife Massage Therapy" 6830 Antelope Road, Suite C, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County December 17, 2025
Publish: Jan 30, Feb 6, 13, 20, 2026
RELIFE 2-20-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00532
Sevendoo Corp, 5960 S. Land Park Drive #1142, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "PMI Northbay/PMI Suite 305, Sacramento, CA 95814. Filed with the Clerk of Sacramento County January 16, 2026
Publish: Jan 30, Feb 6, 13, 20, 2026
PMI 2-20-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00376
The Regal Hall LLC, 9261 Folsom Boulevard Suite #700, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Levant Kabob" 9261 Folsom Boulevard Suite #700, Sacramento, CA 95826. Filed with the Clerk of

Sacramento County January 12, 2026
Publish: Jan 30, Feb 6, 13, 20, 2026
LEVANT 2-20-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-09304
St. HOPE Academy, PO Box 5447, Sacramento, CA 95817 is doing business under the Fictitious Business Name(s) "40 Acres Market/Underground Books" 2814 35th Street, Sacramento, CA 95817. Filed with the Clerk of Sacramento County December 26, 2025
Publish: Jan 30, Feb 6, 13, 20, 2026
ACRES 2-20-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-09201
Kenyon Plastering of Livermore, Inc., 4001 W Indian School Road, Phoenix, AZ 85019 is doing business under the Fictitious Business Name(s) "Kenyon Construction of Northern California" 63 Trevano Road Suite D, Livermore, CA 94551. Filed with the Clerk of Sacramento County December 22, 2025
Publish: Jan 30, Feb 6, 13, 20, 2026
KENYON 2-20-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-08550
Sandhu Pizza Inc, 10419 Folsom Boulevard, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Sandhu Pizza" 10419 Folsom Boulevard, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County November 20, 2025
Publish: Jan 30, Feb 6, 13, 20, 2026
SANDHU 2-20-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00439
Travis Wayne Ward, 3605 Magpie Lane Space 25, North Highlands, CA 95660 is doing business under the Fictitious Business

Legal Advertising
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LEGAL ADVERTISING

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Carmichael, CA 95608

Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 – February 7, 1984 • Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 – September 18, 1969
Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 – March 12, 2020 • The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 – March 21, 1988

FICTITIOUS BUSINESS NAME STATEMENTS

County January 16, 2026
Publish: Jan 30, Feb 6, 13, 20, 2026
AFFILIATED 2-20-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00474
Copeland Group USA, LLC, 1203 West Loop 281, Longview, TX 75604 is doing business under the Fictitious Business Name(s) "TNT Insurance Group" 1203 West Loop 281, Longview, TX 75604. Filed with the Clerk of Sacramento County January 14, 2026
Publish: Jan 30, Feb 6, 13, 20, 2026
TNT 2-20-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-09187
Citrus Heights Beauty College, Inc, 7518 Baird Way, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Citrus Heights Beauty College" 7518 Baird Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County December 22, 2025
Publish: Jan 30, Feb 6, 13, 20, 2026
BEAUTY 2-20-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-09369
Ibeth Gonzales, 6129 Heath Way, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "AVD Auto Detail" 6129 Heath Way, Sacramento, CA 95823. Filed with the Clerk of Sacramento County December 29, 2025
Publish: Jan 30, Feb 6, 13, 20, 2026
AVD 2-20-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00674
Adnan Arar, 721 North B Street #32, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "4F Motors" 721 North B Street #32, Sacramento, CA 95811. Filed with the Clerk of Sacramento County January 23, 2026
Publish: Jan 30, Feb 6, 13, 20, 2026
MOTORS 2-20-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00257
MLA Enterprises Inc., 1089 Brock Circle, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Citadel Printing" 1089 Brock Circle, Folsom, CA 95630. Filed with the Clerk of Sacramento County January 9, 2026
Publish: Jan 30, Feb 6, 13, 20, 2026
CITADEL 2-20-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00645
EZ Floors Inc, 7900 Winding Way, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Fair Oaks Flooring/EZ Floors" 7900 Winding Way, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County January 22, 2026
Publish: Jan 30, Feb 6, 13, 20, 2026
FLOORS 2-20-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00155
Blauberg CA Corp, 830 Morris Turnpike, Suite 201, Short Hills, NJ 07078 is doing business under the Fictitious Business Name(s) "The Blau & Berg Company" 2710 Gateway Oaks Drives, Sacramento, CA 95833. Filed with the Clerk of Sacramento County January 7, 2026
Publish: February 6, 13, 20, 27, 2026
BLAU 2-27-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00469
22 Wood Design LLC, 6745 50th Street, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Superb Handyman Services" 6745 50th Street, Sacramento, CA 95823. Filed with the Clerk of Sacramento County January 14, 2026
Publish: February 6, 13, 20, 27, 2026
SUPERB 2-27-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00356
Waheed Khan, 2015 Marconi Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Best Rate Motors" 2015 Marconi Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County January 12, 2026
Publish: February 6, 13, 20, 27, 2026
BEST 2-27-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00392
Ryan Williams, 5511 North Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "RESR Services/RAW Rips/RAW Resale" 5511 North Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County January 12, 2026
Publish: February 6, 13, 20, 27, 2026
RESR 2-27-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00688
Blue Collar Coaching LLC, 2135 Butano Drive Suite 210, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Mortgage Marketing Animals" 2135 Butano Drive Suite 210, Sacramento, CA 95825. Filed with the Clerk of Sacramento County January 23, 2026
Publish: February 6, 13, 20, 27, 2026
MORTGAGE 2-27-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00006
Liem Sa, 4 Sedley Court, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Led Sign & Print" 4 Sedley Court, Sacramento, CA 95823. Filed with the Clerk of Sacramento

County January 2, 2026
Publish: February 6, 13, 20, 27, 2026
LED 2-27-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00399
Desiree Taylor, 701 Howe Avenue, Suite C3, #262, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Taylor Legacy Services/Taylor Legacy Notary" 3634 Milton Way, North Highlands, CA 95660. Filed with the Clerk of Sacramento County January 12, 2026
Publish: February 6, 13, 20, 27, 2026
TAYLOR 2-27-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00613
Carol Klunder and John Klunder, 7044 Mariposa Avenue, Citrus Heights, CA 95610 are doing business under the Fictitious Business Name(s) "Cinderella's House Magic/CHM Enterprises" 7044 Mariposa Avenue, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County January 21, 2026
Publish: February 6, 13, 20, 27, 2026
CINDERELLAS 2-27-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00604
Nanette M. Barto, OFDE, 13653 Fair Oaks Boulevard, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Eye for the Obvious/Eagle Eye Handwriting Services" 13653 Fair Oaks Boulevard, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County January 21, 2026
Publish: February 6, 13, 20, 27, 2026
EYE 2-27-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00044
All Phase Welder Repair Inc., 4366 Pinell Street, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "All Phase Welder Repair Inc" 4366 Pinell Street, Sacramento, CA 95838. Filed with the Clerk of Sacramento County January 5, 2026
Publish: February 6, 13, 20, 27, 2026
ALL 2-27-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00725
Carrie Ann Geib, 912 1/2 J Street, Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "916 Bail Bonds" 912 1/2 J Street, Sacramento, CA 95814. Filed with the Clerk of Sacramento County January 26, 2026
Publish: February 6, 13, 20, 27, 2026
BAIL 2-27-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00754
World Imports Inc, 4005 Manzanita Avenue Suite 6-13, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "World Imports Auto" 4555 Auburn Boulevard Suite R, Sacramento, CA 95841. Filed with the Clerk of Sacramento County January 27, 2026
Publish: February 6, 13, 20, 27, 2026
WORLD 2-27-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00580
Sacramento Dunnigan Holding Co Inc, 4300 Watt Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "PEMEX Sacramento" 4300 Watt Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County January 20, 2026
Publish: February 6, 13, 20, 27, 2026
PEMEX 2-27-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00771
Jaime Antonio Salgado Bonilla, 7329 Hutchins Way, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "ClearView Janitorial" 7329 Hutchins Way, North Highlands, CA 95660. Filed with the Clerk of Sacramento County January 27, 2026
Publish: February 6, 13, 20, 27, 2026
CLEAR 2-27-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00722
Lumora Candles LLC, 43 Quay Court Unit 22, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Lumora By Lorraine" 43 Quay Court Unit 22, Sacramento, CA 95831. Filed with the Clerk of Sacramento County January 26, 2026
Publish: February 6, 13, 20, 27, 2026
LUMORA 2-27-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00471
Rattana Raingsey Inc., 5501 Muskingham Way, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Big Bite" 2552 Cottage Way, Sacramento, CA 95825. Filed with the Clerk of Sacramento County January 14, 2026
Publish: February 6, 13, 20, 27, 2026
BIG 2-27-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00623
Sundance Park Healthcare LLC, 1675 Riverside Drive Suite 150, Eagle, ID 83616 is doing business under the Fictitious Business Name(s) "Golden Poppy Caregiving" 6929 Sunrise Boulevard, Suite 180, Citrus Heights, 95610. Filed with the Clerk of Sacramento County January 21, 2026
Publish: February 6, 13, 20, 27, 2026
GOLDEN 2-27-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00595
Marissa Michele Drechny, 655 Howe Avenue Apt 4, Sacramento, CA 95825 and Frenchee Taylor, 290 Silve Eagle Road, Sacramento, CA

95838 are doing business under the Fictitious Business Name(s) "Risk it Society" 655 Howe Avenue Apt 4, Sacramento, CA 95825. Filed with the Clerk of Sacramento County January 20, 2026
Publish: February 6, 13, 20, 27, 2026
RISK 2-27-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-09257
SV Advanced Construction Inc, 7801 Edwards Oak Court, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "SolidShadePatio/ NorCal Homes" 7801 Edwards Oak Court, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County December 24, 2025
Publish: February 6, 13, 20, 27, 2026
SOLID 2-27-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00801
Forest Flavor Mushrooms LLC, 3631 Truxel Road #1286, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "FF Material/FM LLC" 3631 Truxel Road #1286, Sacramento, CA 95834. Filed with the Clerk of Sacramento County January 27, 2026
Publish: February 6, 13, 20, 27, 2026
FF 2-27-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-08122
Arbor Evergreen Enterprises, 3005 Mills Park Drive, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Arbor Evergreen Tree Care" 3005 Mills Park Drive, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County October 30, 2025
Publish: February 6, 13, 20, 27, 2026
ARBOR 2-27-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00800
Avdo Sahmanouic, P.O. Box 54, Carmichael, CA 95609 is doing business under the Fictitious Business Name(s) "Neodesks" 4710 Papaya Drive, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County January 27, 2026
Publish: February 6, 13, 20, 27, 2026
NEODESKS 2-27-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00790
James Kim and Caryn Ng, 4011 Las Padas Way, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Atlas and Anchor Adventures" 4011 Las Padas Way, Sacramento, CA 95864. Filed with the Clerk of Sacramento County January 27, 2026
Publish: February 6, 13, 20, 27, 2026
ATLAS 2-27-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-000838
Romias Enterprises LLC., 4005 Manzanita Avenue Suite 6 PMB, 1021 Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Team 153" 3129 Root Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County January 28, 2026
Publish: February 6, 13, 20, 27, 2026
TEAM 2-27-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00825
Kathryn Marie Justice, 5091 Keane Drive, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Final Line Editing" 5091 Keane Drive, Carmichael, CA 95608. Filed with the Clerk of Sacramento County January 28, 2026
Publish: February 6, 13, 20, 27, 2026
FINAL 2-27-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00840
Sun Saetern, 721 North B Street Suite 42, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "First Tier Auto Sales" 721 North B Street Suite 42, Sacramento, CA 95811. Filed with the Clerk of Sacramento County January 28, 2026
Publish: February 6, 13, 20, 27, 2026
FIRST 2-27-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00836
Monica Delello, 2612 J Street Suite 7, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Noiris & Ivoire" 2612 J Street Suite 7, Sacramento, CA 95816. Filed with the Clerk of Sacramento County January 28, 2026
Publish: February 6, 13, 20, 27, 2026
NOIRIS 2-27-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00865
Kanstantsin Dzedeu, 7133 Stanford Oak Drive, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Koss Repair Services" 7133 Stanford Oak Drive, Sacramento, CA 95842. Filed with the Clerk of Sacramento County January 29, 2026
Publish: February 6, 13, 20, 27, 2026
KOSS 2-27-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00379
Tonia Silva, Bookkeeper & Tax Preparer, Inc, 825 M Street Suite 4, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "825 Accountants" 825 M Street Suite 4, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County January 12, 2026
Publish: February 6, 13, 20, 27, 2026
ACCOUNTANTS 2-27-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00572
Matthew Howard McGill, 8516

Oak View Lane, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "The McGill Team" 8516 Oak View Lane, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County January 20, 2026
Publish: February 6, 13, 20, 27, 2026
MCGILL 2-27-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00788
Garcia's General Construction Inc, 9401 Fruitridge Road, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Garcia's Roof Removal" 9401 Fruitridge Road, Sacramento, CA 95826. Filed with the Clerk of Sacramento County January 27, 2026
Publish: February 6, 13, 20, 27, 2026
GARCIAS 2-27-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-00808
2025 LLC, 9401 Fruitridge Road, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Home Bot Life" 9401 Fruitridge Road, Sacramento, CA 95826. Filed with the Clerk of Sacramento County January 28, 2026
Publish: February 6, 13, 20, 27, 2026
HOME 2-27-26

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE NO. FBNF2024-06160
The following person(s) has/ have abandoned the use of the FICTITIOUS BUSINESS NAME of: Ride4Less Auto Sales, 7000 Franklin Boulevard Suite 625, Sacramento, CA 95823. Ride4Less Auto Sales, 7000 Franklin Boulevard, Suite 625, Sacramento, CA 95823. The Fictitious Business Name Statement was filed on August 9, 2024 in the County of Sacramento. Filed with the clerk of Sacramento County: August 9, 2024.
Publish: Jan 30, Feb 6, 13, 20, 2026
RIDE 2-20-26

ORDER TO SHOW CAUSE CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME #26CV000212
Alex Gutierrez has filed a petition with this court for a decree changing the name(s) of Ariella, Ivy, Marin to Ariella Ivy Cruz Gutierrez and Isaias, Alejandro, Marin to Isaias Alejandro Cruz Gutierrez and Elias, Angel, Marin to Elias Angel Cruz Gutierrez. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 9, 2026, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 6, 2026
Christopher E. Krueger, Judge of the Superior Court
Publish: Jan 16, 23, 30, Feb 6, 2026
GUTIERREZ 2-6-26

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME #26CV031035
Jermaine Dante Jackson has filed a petition with this court for a decree changing the name(s) of Jermaine Dante Jackson to Jermaine Dante Despanie and Vivienne Mae Jackson to Vivienne Mae Despanie and Camille Nai Jackson to Camille Nai Despanie. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 23, 2026, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 22, 2026
Christopher E. Krueger, Judge of the Superior Court
Publish: Jan 16, 23, 30, Feb 6, 2026
JACKSON 2-6-26

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME #26CV0001086
Kyle Glenn Junker has filed a petition with this court for a decree changing the name(s) of Kyle Glenn Junker to Kyle Glenn Sanders. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 19, 2026, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 22, 2026
Julie G. Yap, Judge of the Superior Court
Publish: Jan 23, 30, Feb 6, 13, 2026
WESTON 2-13-26

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME #26CV0001086
Kyle Glenn Junker has filed a petition with this court for a decree changing the name(s) of Kyle Glenn Junker to Kyle Glenn Sanders. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 24, 2026, at 1:30 p.m. in Department 28, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 13, 2026
Richard C. Miadich, Judge of the Superior Court
Publish: Jan 23, 30, Feb 6, 13, 2026
WESTON 2-13-26

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME #26CV0001086
Kyle Glenn Junker has filed a petition with this court for a decree changing the name(s) of Kyle Glenn Junker to Kyle Glenn Sanders. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 24, 2026, at 1:30 p.m. in Department 28, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 13, 2026
Richard C. Miadich, Judge of the Superior Court
Publish: Jan 23, 30, Feb 6, 13, 2026
WESTON 2-13-26

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME #26CV0001086
Kyle Glenn Junker has filed a petition with this court for a decree changing the name(s) of Kyle Glenn Junker to Kyle Glenn Sanders. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 24, 2026, at 1:30 p.m. in Department 28, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 13, 2026
Richard C. Miadich, Judge of the Superior Court
Publish: Jan 23, 30, Feb 6, 13, 2026
WESTON 2-13-26

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME #26CV0001086
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Richard C. Miadich, Judge of the Superior Court
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WESTON 2-13-26

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
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Richard C. Miadich, Judge of the Superior Court
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SUPERIOR COURT OF CALIFORNIA
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Richard C. Miadich, Judge of the Superior Court
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WESTON 2-13-26

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
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Richard C. Miadich, Judge of the Superior Court
Publish: Jan 23, 30, Feb 6, 13, 2026
WESTON 2-13-26

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME #26CV0001086
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Richard C. Miadich, Judge of the Superior Court
Publish: Jan 23, 30, Feb 6, 13, 2026
WESTON 2-13-26

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME #26CV0001086
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Richard C. Miadich, Judge of the Superior Court
Publish: Jan 23, 30, Feb 6, 13, 2026
WESTON 2-13-26

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME #26CV0001086
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Richard C. Miadich, Judge of the Superior Court
Publish: Jan 23, 30, Feb 6, 13, 2026
WESTON 2-13-26

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME #26CV0001086
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Richard C. Miadich, Judge of the Superior Court
Publish: Jan 23, 30, Feb 6, 13, 2026
WESTON 2-13-26

95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 5, 2026
Richard C. Miadich, Judge of the Superior Court
Publish: Jan 16, 23, 30, Feb 6, 2026
ZHANG 2-6-26

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME #26CV000209
Jonathan David Schieffer has filed a petition with this court for a decree changing the name(s) of Jonathan David Schieffer to Jonathan David Adair. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 22, 2026, at 1:30 p.m. in Department 28, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 6, 2026
Richard C. Miadich, Judge of the Superior Court
Publish: Jan 16, 23, 30, Feb 6, 2026
SCHIEFFER 2-6-26

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME #25CV024704
Stephanie Rosalyn Gaines has filed a petition with this court for a decree changing the name(s) of Stephanie Rosalyn Gaines to Stephanie Rosalyn Brown. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 3, 2026, at 1:30 p.m. in Department 25, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 31, 2025
Julie G. Yap, Judge of the Superior Court
Publish: Jan 16, 23, 30, Feb 6, 2026
GAINES 2-6-26

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME #26CV027183
Brooke McGee has filed a petition with this court for a decree changing the name(s) of Atreyu Patrick McGee to Atreyu Patrick McGee-Wright. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on April 21, 2026, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 6, 2025
Christopher E. Krueger, Judge of the Superior Court
Publish: February 6, 13, 20, 27, 2026
MCGEE 2-27-26

Sierra Donor Heroes Save More Than 400 Lives

Sierra Donor Services celebrates a year of lifesaving impact across the state

Sierra Donor Services News Release

SACRAMENTO REGION, CA (MPG) - Sierra Donor Services (SDS) honored the extraordinary generosity of Northern California and Nevada donor heroes whose gifts made 422 lifesaving organ transplants possible in 2025, saving and improving lives across the state and beyond.

In 2025, 170 generous organ donor heroes said yes to donation, giving hope to patients waiting for a second chance at life. In addition, Sierra Donor Services facilitated 855 tissue donations and provided support to over 1,200 donor hero family members, honoring their loved

ones' legacies through compassionate care and ongoing bereavement support.

"I am deeply grateful to the Californians who chose to register as organ donors and, in doing so, gave the extraordinary gift of life. Their generosity and selflessness ripple through the communities we serve, making our work possible and transforming countless lives. They are the true heroes among us," says Sean Van Slyck, chief executive officer of Sierra Donor Services.

Every lifesaving gift is made possible by the compassion of donor heroes and their families, the dedication of Sierra Donor Services team members, and the commitment of community

partners who raise awareness and encourage Californians to register as donors.

Sierra Donor Services is one of California's federally designated organ procurement organizations (OPOs) responsible for the 24/7 coordination of organ and tissue donation for over 2.8 million people in Northern California and Nevada. This work includes supporting families during moments of profound grief, caring for donor heroes, coordinating recovery surgeries, ensuring the safe and timely transport of organs to transplant hospitals, and providing long-term support for donor families.

"I watch in awe as our team continues to overcome significant

obstacles while working around the clock to make every lifesaving gift possible for our donor heroes and patients awaiting transplants," says Van Slyck. "I am so incredibly proud of our staff, and we will continue our lifesaving mission in 2026."

Across the nation, the United States continues to lead the world in organ donation and transplantation, surpassing 49,000 organ transplants in 2025 – an average of more than 130 transplants each day.

Despite this progress, the need remains urgent. More than 100,000 people nationwide, including nearly 20,000 Californians, are still waiting for a lifesaving transplant.

Sierra Donor Services encourages everyone to #BeTheGift that saves lives by registering as an organ, eye and tissue donor at sierradonor.org.

About Sierra Donor Services
Founded in 1985, Sierra Donor Services is a federally designated, mission-driven nonprofit organ procurement organization (OPO) dedicated to saving and improving lives through organ and tissue donation. Serving over 2.8 million people across 13 counties in Northern California and Nevada, SDS is part of a national network supporting donation efforts in Tennessee and New Mexico. For more information, or to register as a donor, visit SierraDonor.org. ★

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ORDER TO SHOW CAUSE CHANGE OF NAME

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 22, 2026, at 1:30 p.m. in Department 28, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: January 26, 2026
Richard C. Mladich, Judge of the Superior Court
Publish: February 6, 13, 20, 27, 2026
KARAVAN 2-27-26

NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF OKECHUKWU NWANGBURUKA CASE NO. 26PR000036

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Okechukwu Nwangburuka.

A Petition for Probate has been filed by Chibuikem Iheanacho, in the Superior Court of California, County of Sacramento, requesting Chibuikem Iheanacho be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will

allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows February 25, 2026, 1:30 p.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor.

You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Kent W. Meyer, 4970 Rocklin Road Suite 300, Rocklin, CA 95677; 916-599-7297
Publish: Jan 23, 30, Feb 6, 2026
NWANGBURUKA 2-6-26

NOTICE OF PETITION TO ADMINISTER ESTATE OF DOLORES ELLEN SMYTHE CASE NO. 26PR000113

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Dolores Ellen Smythe.

A Petition for Probate has been filed by Dawn Ellen George, in the Superior Court of California, County of Sacramento, requesting Dawn Ellen George be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, howev-

er, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows February 19, 2026, 1:30 p.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided

in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Dawn Ellen George, 8201 Mariposa Avenue, Citrus Heights, CA 95610; 916-757-3375
Publish: Jan 30, Feb 6, 13, 2026
SMYTHE 2-13-26

NOTICE OF PETITION TO ADMINISTER ESTATE OF ISIDRO DOMINGO TARANGO III CASE NO. 26PR000196

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Isidro Domingo Tarango III.

A Petition for Probate has been filed by Christina Dottax, in the Superior Court of California, County of Sacramento, requesting Christina Dottax be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows March 4, 2026, 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Elizabeth J Boyes, 84 W. Santa Clara Street, Suite 490, San Jose, CA 95113; 408-572-5665
Publish: February 6, 13, 20, 2026
TARANGO 2-20-26

CITY OF CITRUS HEIGHTS NOTICE OF PROPOSED ORDINANCE

ORDINANCE NO. 2026-001

AN ORDINANCE OF THE CITY COUNCIL OF THE CITY OF CITRUS HEIGHTS, CALIFORNIA, ADDING CHAPTER 52 TO THE CITRUS HEIGHTS MUNICIPAL CODE TO ESTABLISH A COMMERCIAL PROPERTY REOCCUPANCY PROGRAM

The foregoing is a summary of an ordinance proposed to be adopted by the City Council of the City of Citrus Heights at its meeting of **February 11, 2026**.

The purpose of this ordinance is to establish Chapter 52 of the Municipal Code pertaining to a compliance program for the inspection, maintenance and registration of real properties which exist as unmaintained vacant properties or which contain vacant or abandoned buildings. The program is intended to prevent long-term vacancy and deterioration and encourage reoccupancy and productive use.

The full text of the proposed ordinance is available in the City Clerk's Office, 6360 Fountain Square Drive, Citrus Heights, CA 95621, (916) 727-4704 or www.citrusheights.net.

Amy Van
City Clerk

Citrus Heights Messenger 2-6-2026

NOTICE OF PUBLIC HEARING

Ordinance Increasing Board of Director Compensation

NOTICE IS HEREBY GIVEN that the Citrus Heights Water District (CHWD) will hold a public hearing at 6:30 p.m. on **Tuesday, February 17, 2026**, or as soon thereafter as the Agenda permits, to consider an increase in compensation to the Board of Directors ("Board") pursuant to Water Code Section 20200 et seq. Current Director compensation is set at \$175 per day for attendance at meetings of the Board, as established by Ordinance No. 01-2025 in 2025.

CHWD will be considering an ordinance that would increase the rate to \$180.25 per day of attendance at meetings of the Board. Compensable meetings under the Ordinance will include: (1) attendance at any regular or special meetings of the Board; (2) attendance at a meeting of any committee or ad hoc committee of the Board; (3) attendance at meetings of agencies or groups for which the Director has been appointed by the Board; (4) attendance at other meetings, conferences, and seminars. Such attendance may be either in-person or by teleconference. Director compensation shall be limited to one meeting per day, and no more than 10 meetings per month.

Directors shall be reimbursed, over and above such compensation for expenses reasonable and necessary to conduct CHWD's business pursuant to the provisions of CHWD's reimbursement policies then in effect.

This Ordinance, if adopted, will be effective 60 days after adoption, or on April 19, 2026.

Copies of the proposed Ordinance are available on request by contacting Brittney Moore at (916) 725-6873.

Please consult the meeting agenda, to be published by CHWD no later than 72 hours before the public hearing, for updated information relative to public access to the meeting.

Comments may be made orally at the meeting. For more information, or if you would like assistance in presenting your comments to the Board of Directors at the public hearing, please contact Brittney Moore at (916) 725-6873.
Citrus Heights Messenger 2-6, 2-13-2026

CITY OF CITRUS HEIGHTS NOTICE OF PUBLIC MEETING

NOTICE is hereby given that on **March 11 at 6:00 PM**, or as soon thereafter as the matter may be heard, the **City Council** of the **City of Citrus Heights** will hold a Public Hearing to consider the following action item related to the Community Development Block Grant (CDBG) program:

1. Adoption of the 2025 Consolidated Annual Performance Evaluation Report

The purpose of this action item is to receive public comments on the Draft 2025 Consolidated Annual Performance Evaluation Report (CAPER) and to provide residents and other interested parties with an opportunity to comment.

The CAPER is an annual evaluation of the City's progress in implementing programs and activities funded by CDBG program during the 2025 program year, as well as progress toward the long-term goals and priorities identified in the 2025-2029 Consolidated Plan.

The publication of this notice is part of the City's ongoing efforts to meet HUD citizen participation requirements. Federal regulations require jurisdictions to provide the public with reasonable access to the Draft CAPER and an opportunity to comment prior to its adoption.

To address the Council during the meeting, complete a Speaker Identification Sheet and submit it to the City Clerk. Speaking times are set at the mayor's discretion. Written comments may also be submitted by 4:00 p.m. on the meeting day using the online Speaker Card at <https://www.citrusheights.net/FormCenter/City-Council-Meetings-Speaker-Card-30>. Written comments are limited to 250 words and will be read aloud by the City Clerk.

The Draft 2025 CAPER will be available for public review beginning February 10, 2026, at:

- Citrus Heights, City Hall, 6360 Fountain Square Drive
- Sylvan Oaks Library, 6700 Auburn Boulevard, Citrus Heights
- Citrus Heights webpage, <https://www.citrusheights.net/380/Community-Development-Block-Grant>.

The public review and comment period will run from February 10 through March 11, 2026. Comments may be provided at the City Council meeting or submitted by mail to Nicole Piva, Housing & Human Services Program Coordinator, 6360 Fountain Square Drive, Citrus Heights, CA 95621, or by phone or email at (916)-727-4752 or nicolep@citrusheights.net. All comments received will be considered and incorporated into the 2025 CAPER.

In compliance with the Americans with Disabilities Act, if you need the document in an alternate format or need special assistance to participate in this meeting, please contact the ADA Coordinator at 916-725-2448. Notification 48 hours before the meeting will enable the city to make reasonable arrangements to ensure accessibility to this meeting. TTY/TDD users with questions or comments can call the California Relay Service by dialing 7-1-1. Translators will also be provided for people with limited English-speaking proficiency when requests are made at least five working days before a hearing.

Posted: 02 / 06 / 2026

By: 

Citrus Heights Messenger 2-6-2026



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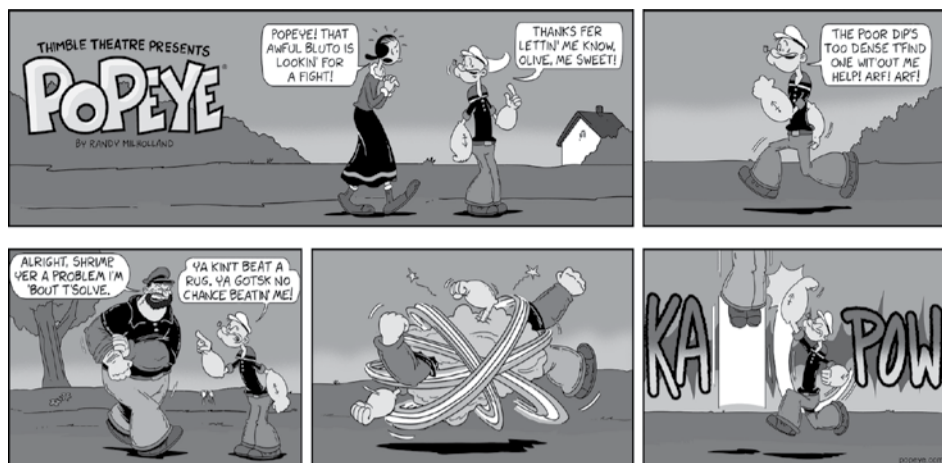
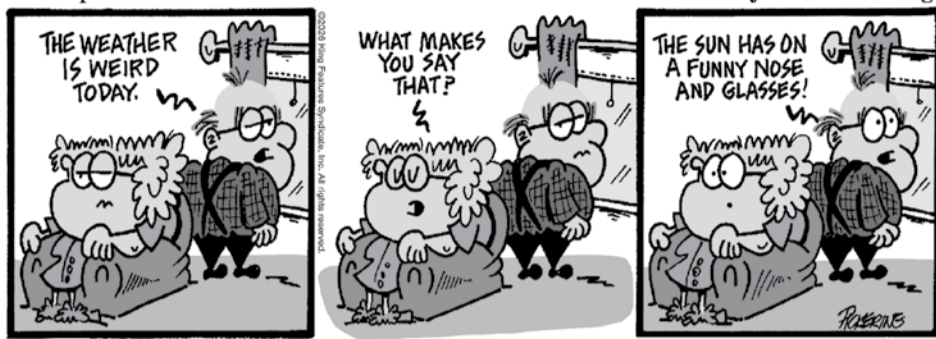
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COMICS & PUZZLES

The Spats

by Jeff Pickering



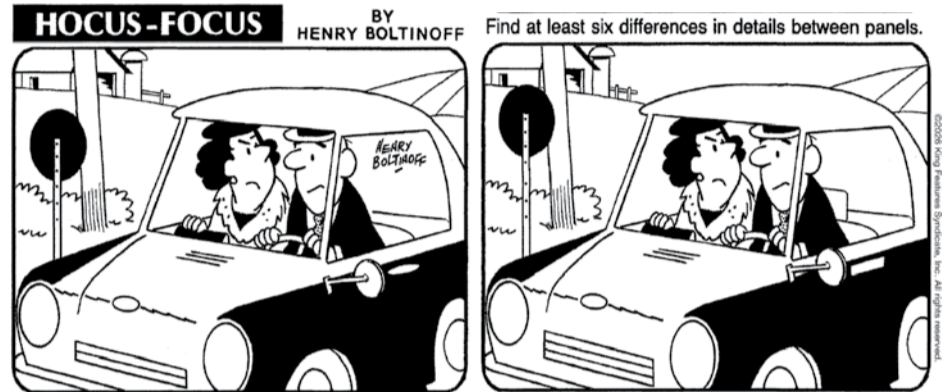
Amber Waves

by Dave T. Phipps



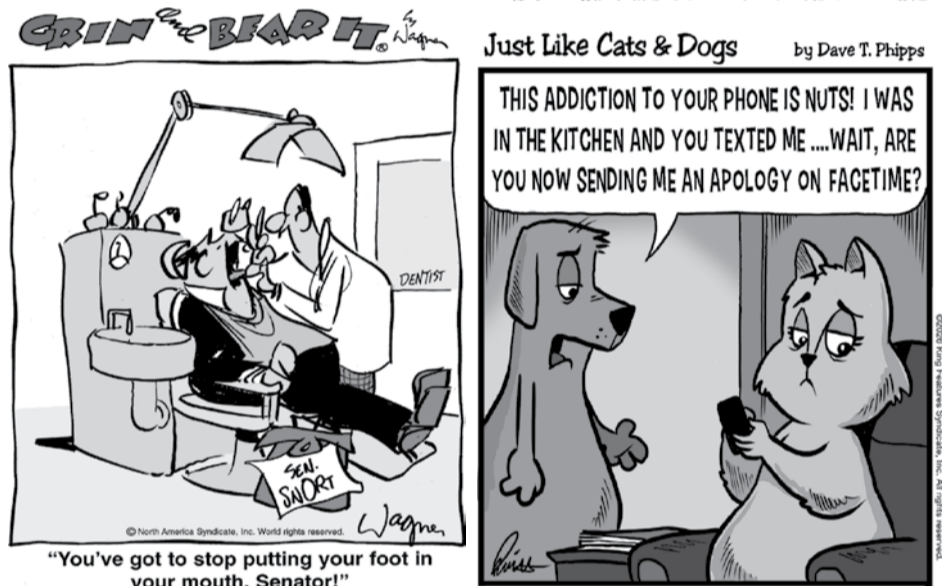
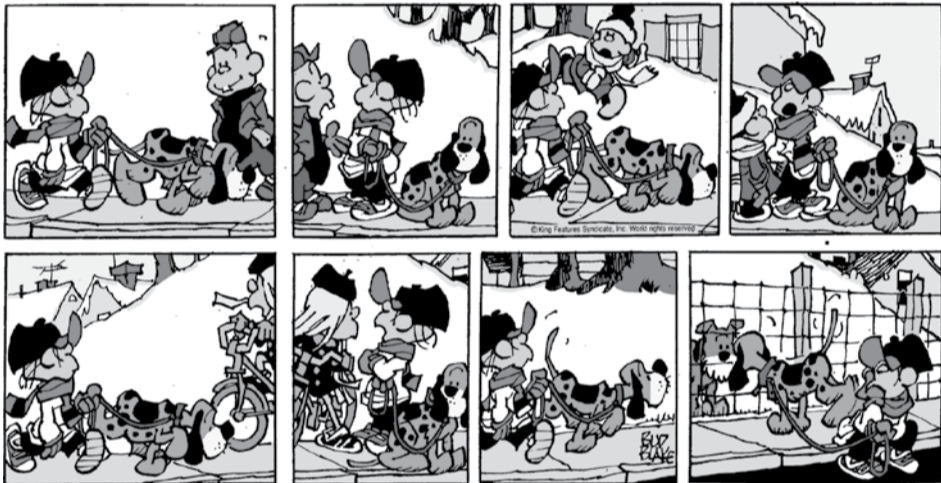
Out on a Limb

by Gary Kopervas



TIGER

by Bud Blake



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CLUES

- CROSSWORD**
1. Action word
 5. Sierra Nevada, e.g.
 8. Do like Lindsey Vonn
 11. Sheltered, nautically speaking
 12. a.k.a. Daminozide
 13. a.k.a. tangelos
 15. Ladder crosspiece
 16. Rigatoni relative
 17. Earth tremor
 18. *Buchanan's or Lincoln's birth place (2 words)
 20. Odds' partners
 21. Completely dedicated (2 words)
 22. Street in France
 23. *The Era of Good Feelings president
 26. Ground red peppers spice
 30. Paleozoic or Victorian, e.g.
 31. Talking pet
 34. Flock's affirmation
 35. Phonograph media
 37. It doesn't mix with water
 38. Key, in Spanish
 39. Letter before kappa
 40. Conjured
 42. Bathtub hooch
 43. "You don't bring me flowers..."
 45. Silvery-white, in heraldry
 47. The night before
 48. Add something extra (2 words)
 50. Eye rakishly
 52. *Millard's last name
 55. Unwelcome software message
 56. Double reed woodwind
 57. Actress Sorvino
 59. Carrell on "The Office"
 60. Falling out
 61. Grand in scale
 62. *Buchanan who ran for president in 1992 and 1996
 63. Dental school alternative to MCAT
 64. Tiresias in "Oedipus Rex," e.g.
- DOWN**
1. Variable, abbr.
 2. Twelfth month of Jewish civil year
 3. *Attorney General under Bill Clinton
 4. Panhandler
 5. "My wife can vouch for me", e.g.
 6. Ancient Romans' language
 7. Julia Roberts' Academy Award-winning role
 8. Went down slippery slope
 9. Gene Simmons' rock band
 10. Belief or philosophy
 12. Popular flowering shrub
 13. Deplete (2 words)
 14. *Eisenhower or Grant, pre-presidency
 19. Horse hoof sounds
 22. One in Dean Martin's pack?
 23. Means of mass communication
 24. Belted starman
 25. Highly unpleasant

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Kings Korner

By V.G. Harris



California Lawmakers Can't Resist Writing Performative Legislation



By Dan Walters, CALMatters.org

shootings of U.S. citizens by immigration authorities in Minneapolis.

The measure, Senate Bill 747, passed on a party-line vote. If it eventually becomes law, it's doubtful that it would survive due to federal laws shielding federal officers from being prosecuted or sued in state courts, as a legislative staff analysis of the measure pointed out.

Thus, SB 747 and other anti-ICE measures unlikely to be enforceable, and are really just expressions of political opinion, however justified.

The most frustrating performative measures address real problems weakly but allow politicians to claim success. That brings us to Senate Bill 417, which was also passed by the Senate this week.

Carried by Sen. Christopher Cabaldon, a Napa Democrat, and backed by dozens of pro-housing groups and advocates for the poor, SB 417 would place a \$10 billion bond issue on the November ballot for housing low-income families.

"California, over the last several years has enacted landmark housing policies to provide affordable housing developers with tools enabled to enable them to build hundreds of thousands of units across the state," Cabaldon said. "But those homes don't build themselves and it's time to finish the job."

"So to unlock the full promise of these reforms requires cash. It requires sufficient capital, as it always has, to move these affordable housing projects from approval and permitting to construct."

California's housing shortage is real, especially for

low-income families. The state has removed some procedural roadblocks, but the most resilient barrier is very high development costs.

A 2025 Rand Corp. study found that it costs between \$500,000 and \$1 million — and sometimes even more — to build a unit of low-income housing, the highest cost of any state.

Rand's study also determined that it takes 22 months longer to produce housing in California than in Texas, local fees average \$29,000 a unit in California but just \$1,000 in Texas, and "substantially above-market wages and unusually large architectural and engineering fees, likely related to highly prescriptive design requirements" are "key drivers" of California's extraordinarily high costs.

If, as Rand implies, it costs an average of about \$750,000 per unit to build low-income housing in California, the \$10 billion bond issue being proposed would finance about 13,000 apartments. It's not nothing, but it's tiny compared to the 180,000 units the state says we should be building each year.

The researchers argued that, were California to reduce costs to those in Colorado, it could build four times as much housing for the same money. The Legislature should be cutting costs, not just passing token bond issues that will have little real world impact.

Dan Walters is one of the most decorated and widely syndicated columnists in California history, authoring a column four times a week that offers his view and analysis of the state's political, economic, social and demographic trends.

In the land of the Sacramento Kings there is good news and bad news.

The bad news is the Sac Town boys lost to the lowly Washington Wizards Sunday night by a score of 116-112 to not only extend their current losing streak to nine games, but to also take over solo position as the team with the worst record in the NBA this season.

The good news is, as bad as that sounds, the Kings played a high-tempo competitive game against the Wizards, and more importantly, have just finalized a trade that has the potential to breathe life into a team that's on the ropes.

The Kings landed DeAndre Hunter from the Cleveland Cavaliers, while trading Dennis Schroder, Keon Ellis and little-used Dario Saric. Once again, the Chicago Bulls were involved, acquiring Dario Saric and two second round picks, one coming from the Kings in 2029.

What this trade accomplishes is finally getting a true NBA forward that can play the 4 and allow Keegan Murray to move to the 3 where he is more comfortable and more suited.

The Kings are hoping that Hunter's six seasons in the NBA will fit nicely into a lineup with both youth and veterans, and his 14.7 scoring average during his career will be a welcome addition to a team that has been recently struggling to reach 100 points per night.

In addition to scoring Hunter will be bringing a defensive presence as well, and in 2019 while playing for the Virginia Wildcats he was given the National Association of Basketball Coaches (NABC) award for the most outstanding defensive player in division 1 basketball.

While not a big forward at 6'7" DeAndre has an impressive wingspan of 7'2" and will fill a need the Sacramento Kings have longed for.

With Dennis Schoder and Keon Ellis gone, so is the logjam coach Christie has been talking about, so look for rookie Nique Clifford to get all the playing time he wants.

After years of being guard heavy, will Sacramento finally have solved the conundrum at the forward position.

At 28 DeAndre's best years may be still

ahead, and the Kings are banking on the same when it comes to Keegan Murray.

Will the 12-39 Sacramento Kings end the 9-game drought and look like a winning franchise?

More likely is that Scott Perry has more in store, and Sacramento fans want to know if heralded big man Domantas Sabonis is in any way a part of his thinking.

Without question, Sacramento has a post presence. Rebounding and double-double champion Domantas Sabonis is the reason why.

Maxime Raynaud is making noises and has shown promise, but make no mistake about it, Sabonis is the real deal.

Building around this big man makes all kinds of sense, but I simply don't know if Perry and the Kings franchise appreciate what they already have. Trades in the past have shown a total lack in judging NBA talent, and I hope for once, Sacramento gets it right.

Do I like the acquisition of DeAndre Hunter? You bet I do, and it represents a piece in a puzzle that hasn't so far made much sense.

So, let's give Scott Perry an attaboy, and collectively hold our breath, because I don't believe this is over with.

Talent is critical for certain, but leadership and personality cannot be overlooked.

The leadership that Domantas brings with him every night is incalculable, but it's there and difficult to replace. In addition, he is beloved by the fans, so let's remember DeAaron Fox, and build the new iteration of this team around Sabonis.

It's entirely possible to give the rookies and younger players more looks in the second half of the season, but working to develop this team into a winning franchise is what I want to see.

Am I concerned about finishing with a lottery pick in the upcoming draft? I try not to think too much about how the Kings will finish and focus on playing competitive basketball. Develop the youngsters and win games!

Stay together Kings fans, because the second half could be a roller-coaster! Let's all root for a win and bring this losing streak to a halt.

All the best! ★

Social Security Matters

Am I Entitled to More Social Security as a Veteran?



By Russell Gloor, AMAC Certified Social Security Advisor

pay record (FYI, those who served after 1966 were automatically given earnings credit for their military service years). However, whether those special extra credits would affect your monthly Social Security benefit depends on your lifetime earnings record when you later claimed Social Security.

When you applied for benefits, Social Security reviewed your lifetime earnings and used the highest earning 35 years of earnings over your lifetime (adjusted for inflation) to calculate your "Primary Insurance Amount" (or "PIA," which is what you get if you claim benefits to start at your Social Security full retirement age). If, after your military service, you had 35 or more years of earnings which were higher than your earnings while serving in the military, Social Security would have used your later higher earning years to calculate your benefit, and your military earnings would not have had an effect on your Social Security benefit. However, if any of your military earnings (including the "special extra credits") were among the highest over your lifetime, then those higher military earnings would be included when calculating your Social Security benefit.

So, whether you would benefit from these "special extra credits for military service" depends largely on your earnings history after you were discharged from active duty. If your military earnings were among the highest earning years

over your lifetime, and you provided SSA with a copy of your DD-214 when you applied for Social Security, then your current SS benefit already includes consideration of your military service (FYI, Social Security should have asked about your military service when you applied). If you didn't tell SS about your military service when you applied for Social Security, or if you aren't sure, you should contact the SSA at 1.800.772.1213 and ask if you were given those "special extra credits for military service" for your 1960s military service years when you applied for Social Security. But if you had at least 35 years of higher earnings after you left military service, your current SS benefit is already based on those later higher earning years, and you will not get any additional /Social Security benefit because of the "special extra credits" for your military service years.

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Does Trump need a portrait of James K. Polk?

rious. It also insisted that its border with Texas was at the Nueces River, two hundred miles north of the Rio Grande.

When Polk sent troops into the area between the Nueces River and the Rio Grande, Mexican cavalry ambushed a party of U.S. dragoons.

We ended up occupying Mexico City and forcing a deal. Mexico conceded to the United States a border at the Rio Grande, running all the way to the Pacific, giving us California, inclusive of San Diego, in exchange for the assumption of Mexico's debts and the price of \$15 million.

There's no doubt that Polk had been spoiling for a fight. The view of the war as simple U.S. plunder is much too simplistic, though. We were within our rights to deal with an independent Texas, which had achieved independence via a just revolution, and Mexico -- in the grips of a foolish war fever -- fired the first shots.

In his book on the war, "A Country of Vast Designs," Robert W. Merry describes the underlying dynamic. Mexico, he notes, "was a dysfunctional, unstable, weak nation whose population was insufficient to control all the lands within its domain." The United States, on the other hand, "was a vibrant, expanding, exuberant experiment in democracy whose burgeoning population thrilled to the notion that it was engaging in something big and historically momentous." This created a drive "toward expansion into largely unpopulated lands that seemed

to beckon with irresistible enticement."

Today, it is Trump personally, rather than the nation at large, tempted by historic acquisitions of territory. He, too, could be a Thomas Jefferson, or a William Seward -- or a Polk, although hopefully without the war.

But there's a difference between a young 19th-century country surging into loosely governed territory around its perimeter -- or buying territory that European nations are eager to sell -- and a mature 21st century world power invested in stable borders and important alliance systems.

Mexico circa 1846 wasn't a treaty ally of the United States, and there were enormous benefits to actually acquiring the Southwest, whereas we can presumably get the military bases and mineral extraction we want out of frozen Greenland without formal ownership.

If Trump is going to look to Polk, a more apt antecedent is his handling of the dispute with the Brits over the Oregon territory. After making maximalist demands, Polk agreed to an equitable compromise at the 49th parallel.

Polk's example is worth marking in another respect. He really did play 3D chess. There's no way he'd let ego or emotion get in the way of pursuing the national interest, which in this case includes not needlessly alienating long-time allies when other means are available to achieve our strategic ends.

Rich Lowry is editor of the National Review.

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Batteries are a Curbside Collection Fire Risk

Sacramento County News Release

SACRAMENTO REGION, CA (MPG)

- Batteries are not accepted in the residential curbside collection program – here's why! Fires sparked by improperly discarded batteries and battery-embedded products are becoming an increasingly common and costly problem.

When any battery or battery-embedded product is tossed in curbside collection carts or bulky waste piles, the material is compacted together. This process is essential for efficient collection service, but when batteries are crushed, punctured or exposed to metal or liquid during compaction, they can spark, explode or ignite. Lithium-ion batteries are especially volatile, but all rechargeable batteries contain flammable and toxic materials that can create a hazardous situation.

Battery-related fires on collection routes put collection employees in immediate danger and can threaten nearby homes, businesses and roadways. Expensive collection trucks can be severely damaged or destroyed. Entire collection routes may be delayed or suspended while emergency crews respond.



When batteries are crushed, punctured or exposed to metal or liquid during compaction, they can spark, explode or ignite. Photo courtesy of Freepik

The fire risk doesn't end at the curb, either. Once a battery is at a disposal or recovery facility such as Kiefer Landfill and the North Area Recovery Station, large machinery continues the compaction process. Here too, crushed batteries can ignite and damage infrastructure, disrupt operations, harm the environment and put our staff and the public at risk. These preventable

emergencies waste time, money, resources, and most importantly, create unnecessary danger.

Complicating the issue further, many people don't realize how often batteries show up in everyday items that require proper disposal. They are inside toys, tools, greeting cards, vapes, small electronics, all rechargeable products and other everyday household devices.

Even small coin-sized batteries can trigger dangerous fires when crushed.

The good news is you can stop battery fires right at home! The safe way to get rid of old batteries and non-functioning battery-embedded products is free, easy and only takes a few steps – Tape, Tub, Take:

Tape – Check for leaks or corrosion. Tape over the positive

(+) and negative (-) ends with only clear tape for all rechargeable batteries, lithium coin/button batteries, and 9-volt and higher volt batteries.

Tub – Collect and store used batteries in a hard plastic tub or sturdy box at home.

Take – For drop-off recycling, take batteries to a local Household Hazardous Waste (HHW) drop-off facility or find a nearby battery recycling location by searching the Earth911.com website. For products embedded with permanent batteries, drop them off for free e-waste recycling at Kiefer Landfill, North Area Recovery Station or another e-waste recycling site.

One improperly discarded battery can ignite a truck, shut down services or put lives at risk. But your informed choice to drop off batteries instead of tossing them can prevent fires. Please share this message with friends, family, and neighbors. The more people who know, the safer we all are. Bottom line – batteries don't belong at the curb. Instead drop them off for proper recycling, and help protect our workers, our neighborhoods and our environment.

Learn more about proper battery recycling at SacGreenTeam.com. ★

SacRT Transitions to New Transit App

Sacramento Regional Transit (SacRT) News Release

SACRAMENTO, CA (MPG) - The Sacramento Regional Transit District (SacRT) is reminding riders currently using the ZipPass mobile app to begin transitioning to Transit Connect, SacRT's new mobile fare payment app, as ZipPass will retire later this year.

Transit Connect is designed to provide a smarter, simpler way to pay fares and will eventually integrate with regional transit partners for a seamless experience.

The final day to purchase passes or tickets in ZipPass was Jan. 30. The final day to use any ZipPass passes or tickets will be April 30. Los Rios students can continue using ZipPass through May. 31.

Yolobus and Unitrans riders can

continue using ZipPass and will transition to Transit Connect at a later date.

Transit Connect will expand to include SacRT's transit partners throughout the region and will transition thousands of riders from Connect Card to

Transit Connect. Full integration is expected by fall 2026, creating a seamless fare payment experience across multiple transit providers in a single app.

Riders can download Transit Connect now from the App Store or Google Play. Tickets may be purchased and stored directly on your smartphone. Show your activated ticket or pass to bus operators or fare inspectors, just like ZipPass.

For more details and instructions on setting up discount fares visit sacrt.com/transitconnect or call 916-321-BUSS (2877). ★



SCOE Honors 50 Years of Access, Equity and Inclusion

1975 IDEA Law Transformed Public Education for Millions of Children

Sacramento County Office of Education News Release

SACRAMENTO REGION, CA (MPG) - The Individuals with Disabilities Education Act (IDEA) is one of the most significant civil rights laws in U.S. education. Enacted in 1975, IDEA ensures that children with disabilities have the right to a Free Appropriate Public Education (FAPE) delivered in the Least Restrictive Environment (LRE). Before IDEA was passed, millions of children with disabilities were denied access to public schools or educated in separate settings with limited expectations. IDEA established legal protections rooted in equity, access, and inclusion, and made participation in public education a guaranteed right rather than a privilege.

SCOE Special Education Programs

For decades, the Sacramento County Office of Education (SCOE) has been widely recognized for pioneering numerous programs in the special education field. A few Special Education Program highlights include:

Launching the Infant Development Program in 1976 to serve children (birth to age three) countywide who have delays in one or more areas of development.

Launching a program in 1980 (at what is now Leo A. Palmiter Junior/Senior High School) to provide behavioral and career technical support to students (grades 7-12) with emotional disabilities.

Providing programs through the Foundations Academy for students (ages 3-22) with emotional disabilities, severe cognitive/physical/medical disabilities or autism.

Establishing the first MOVE (Mobility Opportunities Via Education) Model Site in Northern California to empower children with severe orthopedic impairments.

Serving students at El Centro Junior/Senior High School (the Juvenile Court School located inside the Sacramento County Youth Detention Facility) and at three Community School sites that provide an alternative educational program for students from local school districts.

Building district partnerships through Family and Community Engagement (FACE) Network to engage families, schools, and communities, including families of children with disabilities.

Sacramento County Office of Education also operates a number of projects funded by the California Department

of Education (CDE) Special Education Division. Sacramento County Office of Education co-leads the new California Center for Inclusive College (CCIC) to expand programs for postsecondary students with intellectual and developmental disabilities. Seeds of Partnership, a training and technical assistance program with a focus on family engagement and school partnerships, supports 33 Family Empowerment Centers. Robin Ryan, the Seeds of Partnership Coordinator, is one of several guests invited to speak at an IDEA celebration ceremony being held by the California Department of Education this February.

Sacramento County Office of Education continues to be involved in a variety of short- and long-term initiatives that support and advance services for students with disabilities – including their families and the educators who serve them. One of the top priorities of the Sacramento County Board of Education continues to be working to advance equity within SCOE and school districts.

Get Ideas for Classroom Activities

In recognition of IDEA's 50th anniversary, the Sacramento County Special Education Local Plan Area (SELPA) has partnered with the SELPA Administrators of California to share a monthly series of teacher resources and disability highlights. Topics, including suggestions for possible school activities, encompass accessibility, inclusion, student voice, and transition to postsecondary life. It also highlights the accomplishments of California pioneers whose advocacy shaped disability rights and inclusive education.

Sacramento County Office of Education helped the Sacramento County SELPA mark the 50-year milestone by hosting a display in its lobby this January for visitors to learn about the history, progress, and lasting impact of IDEA.

IDEA Background

Originally passed as the Education for All Handicapped Children Act, IDEA emerged from the broader civil rights movement and was influenced by landmark court cases such as *Brown v. Board of Education* and *PARC v. Pennsylvania*. Over time, amendments expanded disability categories, strengthened parental involvement, emphasized transition services, and aligned special education with general education reform. IDEA continues to be the foundation of special education nationwide, promoting meaningful educational outcomes for students with disabilities. ★



Board Approves SHRA Assessment and Interim Executive Officer

Sacramento County News Release

SACRAMENTO, CA (MPG) - The Sacramento County Board of Supervisors approved yesterday, in a unanimous vote, an agreement with CVR & Associates to provide an organizational assessment to evaluate Sacramento Housing and Redevelopment Agency's (SHRA) public housing and voucher programs, housing finance processes and governance structure.

The Board also approved the appointment of Kris Warren of CVS & Associates as the Interim Executive Officer for Sacramento Housing and Redevelopment Agency. The agreement is a one-year term from Feb. 1, 2026, to Jan. 31, 2027.

"This item...could lead to the greatest changes in affordable housing policy at the County of Sacramento in 40 years," said District 2 Supervisor Patrick Kennedy, who pulled the item for discussion. "It's been a long time coming and there's more hard work ahead of us."

"This will go further in housing people who are currently housed or are in critical need of housing than almost anything we have done in years."

The outcomes of the organizational assessment will include actionable recommendations and implementation

guidance to enhance efficiency, transparency, and alignment with County priorities and U.S. Department of Housing and Urban Development (HUD) requirements.

CVR & Associates was selected through a Request for Proposal process seeking qualified firms to provide consultant services and an experienced executive leader.

A four-member evaluation committee, comprised of two representatives from the County and two representatives from the City of Sacramento, selected CVR & Associates based on its demonstrated expertise in housing policy, organizational assessments and executive consulting.

The Sacramento City Council continued the agenda item to a later date at its meeting yesterday.

The organizational assessment will move forward. The Interim Executive Officer appointment is subject to concurrence by the Sacramento City Council at a future meeting, following the Board of Supervisors' approval yesterday.

Sacramento Housing and Redevelopment Agency is a Joint Powers Authority between the county and city of Sacramento. It was created to ensure the ongoing development of affordable housing in the city and county of Sacramento. ★

River Cats Announce Coaching Staff

Entire 2025 staff to return; Brundage embarks on 10th season as manager

Sacramento River Cats News Release

WEST SACRAMENTO, CA - The Sacramento River Cats have announced their 2026 coaching staff, returning the entire group from 2025.

Manager Dave Brundage, Fundamentals Coach Jolbert Cabrera, Pitching Coach Alain Quijano, Hitting Coach P.J. Pilitere and Assistant Hitting Coach Robert Riggins will once again serve as the Sacramento field staff, joined by fellow returners Brian Reinker (trainer), Chris Walsh (trainer), Chris Harms (strength and conditioning coach) and Nick Solitario (player development associate).

Dave Brundage returns for his 10th year as manager of the River Cats, a position he's held since 2017. In his eight seasons (no season in 2020), Brundage has amassed a 537-608 (.469) record, including a magical 2019 season in which Sacramento won 73 games and were crowned both Pacific Coast League and Triple-A Champions. In 2025, Brundage guided the River Cats to an overall record of 77-73. Currently, he has totaled the second most managerial wins in Sacramento franchise history, trailing only the 578 of Tony DeFrancesco (2003-07, 2009-10).

For his career, Brundage has a managerial record of 1,908-1,923 (.498), with a total of three league championships. 19 consecutive seasons of his 27-year managerial career have come at the Triple-A level. Prior to Sacramento, Brundage guided the Lehigh Valley IronPigs (Philadelphia Phillies, 2014-16) over four seasons, and



Pictured is Sacramento River Cats Manager Dave Brundage who is entering his 10th season as manager. Photo courtesy of Minor League Baseball

spent his first six Triple-A campaigns with the Richmond/Gwinnett Braves (Atlanta Braves, 2007-2012).

Jolbert Cabrera embarks on his 10th season in the Giants' organization, his seventh as fundamentals coach of the River Cats after assuming the role in Sacramento's 2019 championship season. Twice Cabrera has helped the team set franchise records, tying the mark for fewest errors committed in 2021 (103) before rewriting it in 2024 (98), and coaching the River Cats to post their best fielding percentage in franchise history in 2024 (.982).

Alain Quijano returns to Sacramento for his third season, his sixth total in the San Francisco organization after spending his first three as pitching coach with the Eugene Emeralds. While in

Eugene, Quijano's pitching staffs totaled no fewer than 1,286 strikeouts in each of his three seasons, and he helped mentor the Emeralds to an eye-popping 3.42 ERA and .220 opposing batting average during the 2022 campaign in which Eugene was 81-48.

Robert Riggins returns for his third season with the River Cats, his fifth in the San Francisco organization after also serving as the hitting coach/strategist for the Dominican Summer League (DSL) Giants Black from 2022-23. Having spent over a decade as a coach, Riggins has also served at the high school level in New Mexico including stops as a head coach at Los Lunas High School (2010-12),

Pojoaque Valley High School (2013-14, 2019), and Lovington High School (2016-18).

P.J. Pilitere returns for his

second season with the River Cats and as a member of the Giants organization. Prior to joining the Giants, Pilitere served as the assistant hitting coach for the Colorado Rockies from 2022-24. Prior to that, Pilitere was the hitting coach for the New York Yankees from 2018-21, making the playoffs in all four seasons while twice coaching in the American League Championship Series (ALCS).

In the training room, Brian Reinker returns for his fifth season in the San Francisco organization, all with Sacramento, after coming aboard for the 2022 campaign. Prior to joining the Giants, Reinker spent nearly two decades with the Los Angeles Angels organization from 2003-2021 and was named the Pacific Coast League (PCL) Athletic Trainer of the Year in 2015 with the Salt Lake Bees.

Back for his third season is Chris Walsh, who will enter his fifth year in the San Francisco organization. Prior to joining the River Cats in 2024, he spent two seasons with the Richmond Flying Squirrels (Double-A). Walsh has also worked five seasons in the St. Louis Cardinals organization (2017-2021) as a certified athletic trainer.

Chris Harms returns for his second season as strength and conditioning coach for the River Cats and his seventh season in the San Francisco organization. Harms' time with San Francisco began in 2020 with the Dominican Summer League (DSL) Giants (Rookie) and continued with the Arizona League (AZL) Giants (Rookie) in 2021, San Jose (2022) and Eugene (2023-24).

Nick Solitario returns for his second season as player development associate and his fourth season with the Giants organization. Prior to joining the River Cats in 2025, Solitario served as the baseball video and technology associate with the Eugene Emeralds (High-A) in 2023 and then reprised his role in 2024 with the Richmond Flying Squirrels (Double-A).

The 2026 season begins with a preseason exhibition matchup on Sunday, March 22 when the River Cats host the San Francisco Giants at Sutter Health Park. A full season schedule is available online at www.rivercats.com with season memberships, suite and hospitality rentals, and groups tickets on sale now. Fans can purchase tickets by calling a Sutter Health Park ticket representative at (916) 371-HITS (4487), or by visiting www.rivercats.com/tickets. ★

Hornets' Picton Big Sky Pick

Sacramento State Athletics News Release

SACRAMENTO, CA (MPG) - For the first time in her collegiate career, Sacramento State junior guard Natalie Picton was named the Big Sky Conference Player of the Week following her performances against Idaho and Eastern Washington last week.

Picton becomes the first Hornet to earn the league's top weekly honor since teammate Benthe Versteeg shared the conference's final regular season award last year.

In helping her team to a split against the second-place Vandals and the Eagles, Picton averaged 18.0 ppg and shot 41 percent from the field for Sacramento State, including draining six of her 13 makes from beyond the arc while also averaging 3.5 rebounds, 2.0 assists, and 2.5 steals per game.

The Welland, Ontario, native opened last week with an 18-point night against Idaho, hitting four of her seven shots from distance in 39 minutes, grabbing four boards, dishing out three assists and swiping a pair of steals. Ten of her 18 points came in the first half as she



The Welland, Ontario, native opened last week with an 18-point night against Idaho, hitting four of her seven shots from distance in 39 minutes, grabbing four boards, dishing out three assists and swiping a pair of steals. Photo courtesy Sacramento State Athletics

helped the Hornets hold Idaho to nearly 20 points under their season average and just 28 percent shooting for the night.

Two days later, Picton poured in 18 more points in a win over Eastern Washington, shooting 55 percent (6-for-11) from the field – including a clutch three-pointer with 2:41 remaining that turned a one-point lead into a four-point advantage for Sacramento State. She then hit 4-of-4 from the line in the final 16 seconds to help ice the win and hold off a further Eagle comeback.

With her pair of 18-point performances, Picton enters this week's contests having reached double figures

in five of her last six contests (15.0 ppg) and 14 of 20 games overall. Her two steals against Idaho, and three more against Eastern Washington University (EWU), gave her multiple steals in a game for the 16th and 17th times in 20 contests overall.

Picton enters the week ranked second on the team in scoring (12.8 ppg) overall and is averaging 13.7 ppg in seven Big Sky games thus far. She ranks among the top 10 in the league in three-pointers made (40) and three's per game (2.0), while standing fourth in steals (53) and steals per game (2.65 spg) as well as second in the league in minutes per contest (34.9 mpg). ★

Riva Lays Claim to Big Sky Honors



The award is the fourth of Riva's career and her first since last claiming the honor on April 23 of last season. Photo courtesy Sacramento State Athletics

Sacramento State Athletics News Release

SACRAMENTO, CA (MPG) - Sacramento State junior Irene Riva was named the Big Sky Conference women's tennis player of the week on Jan. 28 following a strong showing during the Hornets' spring openers in Honolulu.

The award is the fourth of Riva's career and her first since last claiming the honor on April 23

of last season. Her four weekly wins rank her tied for seventh on the school's career chart for player of the week honors.

Splitting time between No. 1 and No. 2 singles, as well as playing at the top spot in the Hornets' doubles lineup, Riva finished the week with a 4-2 overall record, finishing 2-0 at the No. 2 spot in singles and winning two of her three doubles contests alongside

freshman teammate Cami Maldonado Gutierrez.

She opened the week with a straight-set win against Hawai'i Pacific at No. 2, then went three sets to defeat Hawai'i's Makeilah Nepomuceno two days later. In doubles, she posted a win over Hawai'i Pacific's top duo then closed out the weekend with a doubles-point clinching victory at the No. 1 position against the Rainbow Wahine. ★

Kings Announce Kingpin Classic Presented by Raley's

Sacramento Republic FC News Release

SACRAMENTO, CA (MPG) - Sacramento Republic FC recently announced that the club has signed midfielder José "Pep" Casas. He will be added to the team's roster pending league and federation approval. Per club policy, the terms of the contract were not disclosed.

"Pep fits the mold for the types of talented, up-and-coming players who do well in USL Championship," said Republic FC Head Coach Neill Collins. "We look forward to welcoming him to the Indomitable Club and are excited to be a part of this next step in his career."

Casas added, "I'm really

excited to join Sacramento Republic. It's a club with a great culture and passionate fans, and I can't wait to get started and give everything I have for the team."

A native of Barcelona, Spain, Casas got his start in FC Barcelona's famed youth academy, La Masia. He later made the move to English club Ipswich Town before closing out his youth career in Spain with CE Europa. The 25-year-old came to the United States to begin his collegiate career at Indiana Tech before transferring to University of North

Carolina Wilmington. With the Seahawks, he appeared in every

game pos-

sible and

recorded two goals and two assists and earned selection to the 2023 Coastal Athletic Association Second Team.

In 2024, Casas was selected 61st overall in the Major League Soccer (MLS) SuperDraft by Inter Miami CF. He made two Major League Soccer appearances for the club before joining Inter Miami CF II. With the Major League Soccer (MLS) NEXT Pro side, he made 25 appearances and added two assists, while maintaining an impressive 86 percent passing accuracy. Last year, he joined Nashville SC's reserve

side Huntsville City FC and played over 2,000 minutes to help the team reach the postseason for the first time. He closed out the season with a stellar 91 percent pass success rate.

Sacramento Republic FC will open the 2026 season at home on March 7 when the Indomitable Club hosts Western Conference Champion FC Tulsa. Kickoff for the 13th season is set for 7 p.m. at Heart Health Park. Fans secure their seat for the entire 2026 season by becoming a member today and lock in the lowest prices of the year. Group tickets are on sale now and single match tickets will be available beginning Feb. 5 at SacRepublicFC.com. ★



Society for the Blind Receives \$25,000 from Kaiser

Funds will help expand services for youth and working-age adults losing vision

Society for the Blind News Release

SACRAMENTO REGION, CA (MPG) - Kaiser Permanente has granted \$25,000 to Society for the Blind in Sacramento to expand its programs for youth and working-age adults with vision loss across the region so they have the blindness skills, academic assistance and job-readiness training to be successful and independent.

“People with vision loss have an unemployment rate of nearly 70%, and 80% of our program participants are low-income, so workforce preparedness is essential to ensuring they gain financial stability and independence,” said Shari Roeseler, executive director, Society for the Blind. “We are grateful to Kaiser Permanente for recognizing the important gap we can fill by ensuring people with vision loss can find and maintain employment.”

Society for the Blind provides low-vision eye care, life and job skills training, mentorship, and access to tools to maintain independence for more than 5,000 youth, working-age adults and seniors experiencing vision loss each year.

Kaiser Permanente funding will help Society for the Blind expand its Core Skills program that enrolls 100 to 200 new clients from across the region

each year. The program works with clients ages 17 and up, offering training and assistance in searching for and applying for jobs online, creating a professional cover letter and resume, and mock interview sessions.

Clients learn how to use assistive technologies to perform work functions and to confidently explain their ability to do the job for which they are applying. Youth participants also learn appropriate dress for the workplace, social and interpersonal skills, budgeting and finance.

“Kaiser Permanente partners with organizations in our community, like the Society for the Blind, to help promote economic opportunity and job readiness for those in need,” said Jay Robinson, senior vice president and area manager, Kaiser Permanente Sacramento and South Sacramento. “By investing in workforce development programs and training opportunities that lead to financial stability we are working to improve the overall health and well-being of the communities we serve.”

For more than 70 years, Sacramento-based Society for the Blind has continued to create innovative ways to empower individuals living with low vision or blindness to discover, develop and achieve their full potential. Since 1954, Society for the Blind has grown

from a dedicated group of volunteers to a nationally recognized agency and the only comprehensive rehabilitative teaching center that provides services for a 27-county region of Northern California. Learn more or donate: www.SocietyfortheBlind.org.

Kaiser Permanente is committed to helping shape the future of health care and is recognized as one of America's leading health care providers and not-for-profit health plans. Founded in 1945, Kaiser Permanente has a mission to provide high-quality, affordable health care services and to improve the health of its members and the communities it serves. Kaiser Permanente currently serves nearly 12.6 million members in eight states and the District of Columbia. Care for members and patients is focused on their total health and guided by their personal Permanente Medical Group physicians, specialists and team of caregivers. Expert and caring medical teams are empowered and supported by industry-leading technology advances and tools for health promotion, disease prevention, state-of-the-art care delivery and world-class chronic disease management. Kaiser Permanente is dedicated to care innovations, clinical research, health education and the support of community health. For more information: about.kp.org. ★

California Visitor's Guide Unveiled



Visit California's comprehensive guide inspires travelers to explore California, complete with an insider's handbook on the state's hidden gems, a Route 66 road map to celebrate the route's centennial, travel tips and more. Photo courtesy of Visit California

Visit California News Release

SACRAMENTO REGION, CA (MPG) - The 2026 edition of the California Visitor's Guide featuring cover star Mandy Moore is now available. The comprehensive guide inspires travelers to explore California, complete with an insider's handbook on the state's hidden gems, a Route 66 road map to celebrate the route's centennial, travel tips and more.

“Mandy is a true embodiment of the California dream, a real-life Disney princess, and a wonderful ambassador for the Golden State,” said Caroline Beteta, president and CEO of Visit California. “Her connection to California reflects the freedom, creativity and optimism that draw travelers here from around the world. This guide is filled with countless stories and experiences that inspire unforgettable journeys across the state.”

In Moore's profile, she shares how destinations across the state have shaped her sense of home, creativity and community – from her neighborhood roots in Altadena and time spent in Los Angeles County to family road trips along the Pacific Coast Highway and visits to the Monterey Bay Aquarium.

“Anywhere I am in California, I feel at home,” said Moore. “I hope that California feels as proud of me as I am of it.”

Available in print and online, the

visitor's guide is packed with useful information for trip-planning, as well as inspired ideas for exploring lesser-known experiences across the state.

Highlights of the 2026 California Visitor's Guide include an insider's handbook to California's most intriguing and lesser-known experiences including an exploration of Route 66 (celebrating its Centennial in 2026) one of America's most storied highways, which winds through California's deserts, canyons and epic beachside conclusion, with essential stops and historic landmarks along the way.

The guide also includes “Five Vacation Vibes,” featuring five diverse, curated itineraries designed for every type of traveler; a spotlight on the Eastern Sierra's dramatic landscapes and showcasing why the region is a must-visit for nature lovers in 2026; gold medal-worthy snow getaways that traverse California's premier snow destinations, with athlete-recommended spots; and expert advice on tackling California's multitude of options and offerings, including timing, logistics, seasonal considerations and tips from locals on how to maximize a California vacation.

The 2026 Visitor's Guide is available at California Welcome Centers, regional tourism offices and online at VisitCalifornia.com/travel-guides. It will also be distributed in March with three People Inc. publications: “Travel + Leisure, Food & Wine and Real Simple.” ★

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WEEKLY MEAT SPECIALS

Beef London Broil/Top Round Roast \$5.59/lb	Beef Ribeye Roast Boneless \$9.99/lb	Chicken Drumstick 79¢/lb
Pork Loin Chops-Bone In \$2.49/lb	Pork Loin Roast Boneless \$2.99/lb	Pork Baby Back Ribs \$4.49/lb

WEEKLY HALAL SPECIALS

Chicken Drumstick 89¢/lb	New Zealand Lamb Stew Meat Bone-In \$5.99/lb	Beef London Broil/Top Round Roast-Bnls \$5.79/lb
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FRESH PRODUCE

Yukon Potato 5 lb \$2.79/bag	English Cucumber 99¢/ea	Pineapple \$2.99/ea	Jalapeno Pepper 89¢/lb
Seafood Mushroom 150 g 89¢/ea	Murcott 4 lb \$3.79/bag	Navel Orange 10 lb \$5.49/bag	Russet Potato 10 lb \$1.99/bag

AMERICAN/HISPANIC GROCERY

Marich Dark & Milk Fish Sauce 1.75, 2 oz \$1.69/ea	Wild Harvest Chicken Bone Broth 32 oz \$3.49/ea	Alexandria Hard Wood Charcoal 16 lb \$15.99/ea	Charmis Mega Bath Tissue 12 rolls \$19.99/ea	Heinz Chilli Sauce 12 oz \$1.99/ea
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ASIAN GROCERY

Three Crab Fish Sauce 10 fl.oz \$5.99/ea	Chuan Chuan Rice Paper 25cm 12 oz \$1.99/ea	Lee Kum Kee Pure Sesame Oil 7.2 fl.oz \$5.99/ea	Dragonfly Flavoured Puddings 11.30 oz \$2.29/ea	Butterfly China Green Tea GT 701 1.41 oz \$0.79/ea
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EUROPEAN GROCERY

Goodwill Altay Buckwheat 3 kg \$13.99/ea	Zargut Vegetable Spread Hot Ajvar 19 oz \$3.69/ea	Nessi Tomatoes & Gherkins 57.5 oz \$6.99/ea	Al Amira Pumpkin Seeds 300 gr \$4.99/ea	Goodwill Sweet Corn Sticks 140 gr \$1.79/ea
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Columbus Pan Roasted Turkey Breast \$11.99/lb	Columbus Beef Pastrami \$12.09/lb	Zesty Garlic Olives \$6.39/lb	Pitted Olives and Garlic Salad \$5.79/lb
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