



RCHS Earns Career Choices Gold Medal

PAGE 7

Lyme Disease Awareness Month

PAGE 3



The Official Newspaper of Record for the City of West Sacramento

West Sacramento News Ledger

VOLUME 62 • ISSUE 20

Serving the West Sacramento Region Since 1964

MAY 15, 2026

SEE INSIDE



CALIFORNIA POLICY AND ETHICS

PAGE 5

IS NO.7 REALLY A LUCKY NUMBER?



PAGE 4

WEST SACRAMENTO COMMUNITY CALENDAR



PAGE 2



Scan our QR Code for a direct link to our online edition!

PRSRTD STD. U.S. POSTAGE PAID CARMICHAEL, CA PERMIT NO. 350 OR CURRENT POSTAL CUSTOMER

Dancing Through the Decades



The West Sacramento Parks and Recreation Department's youth and teens division is hosting its Beach Party Dance from 6 to 9 p.m. May 29 at the Recreation Center, 2801 Jefferson Blvd. Photo courtesy of City of West Sacramento

By MPG Staff

WEST SACRAMENTO, CA (MPG) - The May installation of West Sacramento's "West Sac Rhythm on the River" concert series will take attendees on a journey through the decades from 5:30 to 9 p.m. May 28 at Drake's: The Barn, 985 Riverfront St., West Sacramento. "Dancing Through the Decades" will feature live music by Adam Aldama and the Aces, family-friendly activities and food and beverages available for purchase from the event venue. The

band describes themselves as a high-energy, five-piece band formed in March 2021 by frontman Adam Aldama, according to their website, adamaldama.com/aldamaandtheaces. Limited paid parking is available on nearby streets and in parking lots. Attendees are encouraged to rideshare, bike, or use the West Sacramento Via On-Demand Rideshare Program. The West Sacramento Parks and Recreation Department's youth and teens division is hosting its Beach Party Dance from 6 to 9 p.m. May

29 at the Recreation Center, 2801 Jefferson Blvd. The event is a celebration of the end of the year, and participants can swim, dance or just hang out with friends. Students must have a photo ID or screen shot from Aeries. Gates open at 6 p.m. and close at 7 p.m. This event is open to current 2025-26 students in grades six through eight. Online registration will be open from Monday, May 18 through Thursday, May 28 at: www.rec.us/organizations/city-of-west-sacramento. Cost is \$15 per resident. ★

Council Spends Almost \$10 Million on Two Land Purchases

By John McCallum

WEST SACRAMENTO, CA (MPG) - The City Council has authorized staff to move ahead with spending \$9.6 million to acquire property for future development at two separate locations in West Sacramento. The move came during the May 6 meeting's Consent Agenda — a regular item where city business such as small works contracts, mutual use agreements, capital facilities projects awards and other matters are combined and voted upon by council members as one item. The



"Keeping people safe and getting them out of their cars," Guerrero said. "That has always been the plan is to get people out of their cars, especially in the Bridge District and to keep people safe." Photo courtesy of City of West Sacramento

public is given the opportunity to comment on items in the Consent Agenda and council members can request one or more items be pulled for separate discussion — which was the case with one of the

Continued on page 7

Dark Star Orchestra Brings a Classic Sound to the State Fair

California State News Release

SACRAMENTO, CA (MPG) - Dead Head fans get to experience the sound that shaped a generation of music lovers as Dark Star Orchestra brings the eclectic sounds of the Grateful Dead to the California State Fair on Thursday, July 30 as part of the Toyota Concert Series on the Sky River Casino Stage.

Performing for nearly 30 years and over 3300 shows, Dark Star Orchestra continues the Grateful Dead live concert experience. The seven-piece band performs shows based on actual Grateful Dead set lists from their 30 years of touring, or creates unique sets from the Dead's extensive catalog.

This approach allows fans both young and old to share in the experience while offering a continually evolving artistic outlet within this musical canon. Dark Star Orchestra offers much more than just the sound of the Grateful Dead. They truly encapsulate the energy and experience. It's about that sense of familiarity and contagious energy that creates the complete concert experience fans expect.

The band has featured guest performances from six original Grateful Dead members: Phil Lesh, Bob Weir, Bill Kreutzmann, Donna Jean Godchaux-MacKay, Vince Welnick, and Tom Constanten, plus longtime Dead soundman Dan Healy. Other notable guests have included Mike Gordon and Jon Fishman of Phish, Warren Haynes, Steve Kimock, and many more.

"Dark Star Orchestra will bring back fond memories for Grateful Dead fans when they take the stage," said Tom Martinez, CEO of Cal Expo and the California State Fair. "The music will introduce a new, but familiar sound to the younger generations."

Concerts are free with Fair admission. Fans who want to get closer to the stage can purchase reserved seats. Presale tickets for newsletter subscribers go on sale Monday, April 20 at 7:00 a.m., with general sales beginning Tuesday, April 21 at 9:00 a.m., at www.CAStateFair.com.

The California State Fair runs July 17 to Aug. 2 at Cal Expo in Sacramento. For tickets, concert updates, and more information, visit www.CAStateFair.com. ★

PARKSIDE Property
John Kane
 Broker/Owner
 Move your Cheese, IRS-1031
 Email - Ask
 Get New list of landlord Laws
John@ParksideProperty.com
 (916) 425-7834
 License # 00925528



Tony Bracy
 He knows this market
 Get Your SPECIAL OFFER!
 West Sac Top Realtor
 (916) 812-2328



Community Calendar

APRIL/MAY

Turner Library, (Turner Library, located at 1212 Merkley Ave. has the following events this week:

Friday, May 15: English conversation group, 1:30 p.m. to 2:30 p.m. LEGO block party for all ages, 3 p.m. to 5 p.m.

Saturday, May 16: Drop-in tech support, 10 a.m. to 11:30 a.m. Family movie, 2 p.m. to 5:30 p.m. Join us for a free showing of "Raya & the Last Dragon" plus popcorn. Open to all ages.

Monday, May 18: Family story time, 4 p.m. to 4:45 p.m.

Tuesday, May 19: Hug-a-bye baby, 11 a.m. to noon. Tech help, 11 a.m. to 1 p.m. Book a 30-minute one-on-one appointment with a library staff member to help you with your computer, phone, and other technology questions. Bring your personal device or use a library computer.

To make an appointment, visit the Information Desk or call (916) 375-6465. Afternoon coloring for all ages, 5 p.m. to 6 p.m.

Wednesday, May 20: Wiggle Wednesday, 11:15 a.m. to noon. English conversation group, 2:30 p.m. to 3:30 p.m.

Thursday, May 21: Tech help, 11 a.m. to 1 p.m. Book a 30-minute one-on-one appointment with a library staff

member to help you with your computer, phone, and other technology questions. Bring your personal device or use a library computer. To make an appointment, visit the Information Desk or call (916) 375-6465. Yoga at the library, 6 p.m. to 7 p.m.

Friday, May 22: English conversation group, 1:30 p.m. to 2:30 p.m.

Saturday, May 23: Book and library card bedazzling, 3 p.m. to 5 p.m. A limited number of hardcover books will be provided, or you can bring your own. For ages 18 and above.

Clarksburg Branch Library, located at 52915 Netherlands Road, Clarksburg, has the following events this week:

Tuesday, May 19: Cozy creatives, 4 p.m. to 6:30 p.m. Come to the library to work on your personal projects in the company of like-minded people and a cozy environment.

Wednesday, May 20: Anime watch, 2:30 p.m. to 3:30 p.m. for ages 13 through 17. Friends of the Clarksburg library meeting, 6:30 p.m. to 7:30 p.m.

Friday, May 22: Summer reading program kick-off, 3:15 p.m. to 4:30 p.m. Come to the library to sign up for the summer reading program and get age-appropriate books and an ice cream treat. Open to all ages. Call 530-666-8005 for

more information on any of these events or events at any Yolo County Library branch.

Continuing through Saturday, May 23: "Carousel," presented by River City High School, in the River City Studio Theatre, 1 Raider Lane. Join our local students for this Rodgers & Hammerstein classic. Tickets and more information, including showtimes, at www.rchsproductions.org.

Friday, May 15: Art Reception - "People, Places, and Things" by Celeste Budd, 6 p.m. to 7:30 p.m. at Gallery 1075, 1075 West Capitol Ave. Enjoy amazing animals, landscapes, and people in this incredible two- and three-dimensional stained-glass display. This free in-person event is an amazing chance to experience and support the arts in our community. Converse with incredible local growing artists. Light refreshments will be served. Exhibition will be on display through Friday, May 29.

Saturday, May 16 and Sunday, May 17: Davis Art Studio Tour, 10 a.m. to 5 p.m. in various locations. This self-guided, free tour highlights the artwork and creativity from a wide range of artists from the community. See www.davisopenstudios.com for a full list of artists and tour map.

Saturday, May 16 and Sunday, May

17: California Honey Festival, 10 a.m. to 5 p.m. Saturday, and 10 a.m. to 3 p.m. Sunday at the Yolo County Fairgrounds, 1250 E. Gum Ave., Woodland. Enjoy the honey tastings, cooking demonstrations, live music, and a variety of food vendors at this free, fun, family-friendly event. More information at californiahoneyfestival.com.

Saturday, May 16: YOLO Run, 8 a.m. to noon at the UC Davis Health Stadium, Bob Foster Team Center, 864 La Rue Rd., Davis. You Only Live Once, so join us for the YOLO Run for a morning of sunshine that benefits children and families. UC Davis Children's Hospital and the NEC Society are teaming up for Necrotizing Enterocolitis (NEC) Awareness Day. Choose your distance, you'll start and finish your race in the Stadium, whether it's 2k, 5k, or 10k. More information and registration at www.runsignup.com/YOLOrun.

Saturday, May 16: UC Davis Arboretum Clearance Plant Sale, 9 a.m. to 1 p.m. at the Arboretum Teaching Nursery, 1046 Garrod Dr., Davis. This is our last plant sale until fall. Selection may be limited, but treasures remain. Everyone is invited to shop, and members save an extra 10% off clearance pricing.

Saturday, May 16: 10th Annual Woodland

Winefest, 2:30 p.m. to 5 p.m. at Heritage Plaza, 701 Main St., Woodland (VIP entry at 2 p.m.) Sip and savor selections from 15+ local wineries, enjoy craft brews, and treat yourself to delicious bites from Buckhorn BBQ & Grill. Browse our exciting silent auction, try your luck with our wine raffle and cork pull, and bring home a complimentary souvenir glass. 100% of proceeds benefit Soroptimist International of Woodland, empowering women through education and programs to help women and girls achieve economic equality. Tickets and more information at www.soroptimistofwoodland.org/winefest.

Tuesday, May 19: Washington Park Ribbon Cutting, 10:30 a.m. at 420 6th St. Join us as we celebrate the completion of the first park in the Washington District, bringing to life a long-planned vision for a vibrant, connected community. Enjoy complimentary light bites and refreshments and "Play the West Way" giveaways.

Wednesday, May 20: 35th Annual Epicurean Esprit, 6 p.m. to 8:30 p.m. at The HIVE Tasting Room and Kitchen, 1221 Harter Ave., Woodland. Join us for this special evening raising funds for Meals on Wheels, Yolo County. Savor gourmet tastings and beverage

samplings while taking part in our beloved silent auction, featuring incredible items generously donated by local businesses in Yolo County. And remember to try your luck in our cash raffles for a chance to win big. Tickets and more information at www.friendsofmowyolo.org.

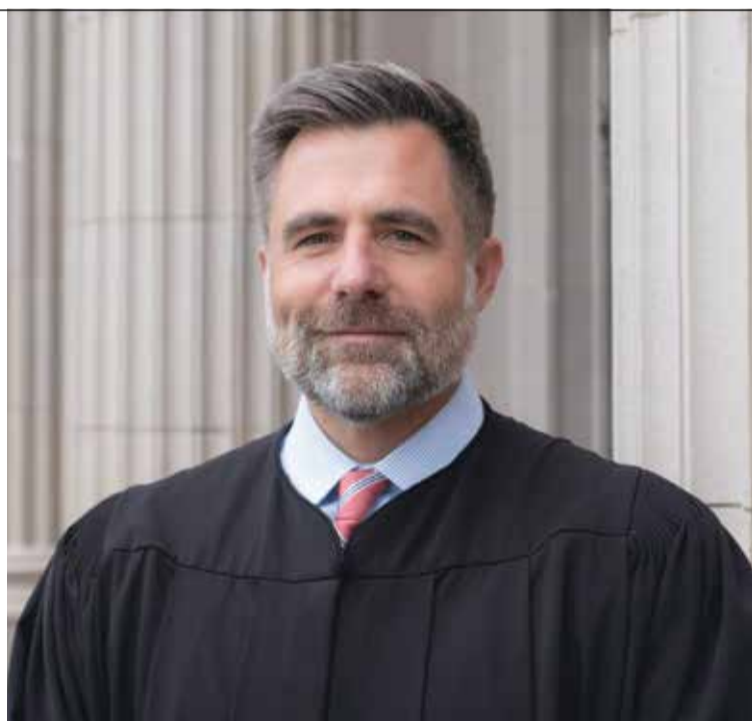
Thursday, May 21: State of the City Address, 11 a.m. to 1 p.m. at West Sacramento City Hall Galleria, 1110 West Capitol Ave. Hear first-hand from mayor Martha Guerrero about our city's achievements and innovative upcoming plans. This is your opportunity to celebrate our city and be in the know about plans for an even brighter future. Tickets and more information at www.westsacramento-chamber.com/events.

Friday, May 22: River City Grizzlies Market, 7 p.m. to 11 p.m. at Drake's: The Barn, 985 Riverfront St. Join us for a lively evening celebrating and supporting the River City Grizzlies Football Program and their mission to bring people together through football, teamwork, and community spirit. Enjoy a mix of local vendors, tasty eats, and live performances in a fun, family-friendly atmosphere.

Sunday, May 24: Socios Car Club Super Show, noon to 5 p.m. at the Old Sugar Mill, 35265 *Continued on page 10*

RYAN DAVIS FOR YOLO COUNTY JUDGE

*"I'm running for judge to bring **fairness, respect, and sound judgment** to every courtroom decision I make in Yolo County, the community I have called home for 40 years."*



JUDGES SUPPORT RYAN: LOCAL, EXPERIENCED, TRUSTED



VOTE FOR RYAN BY JUNE 2



ryanforyolo.com

- Judge Samuel McAdam, Yolo County
- Judge Kara Ueda, Sacramento County
- Judge Catherine Rayhill, Yolo County
- Judge David Reed, Yolo County (ret.)
- Judge Jose Olivera, Sacramento County
- Judge Bunmi Awoniyi, Sacramento County

Join over 50 judges, court commissioners, and judicial officers in supporting Ryan!

"Ryan has the background, the temperament, and the integrity necessary to serve the people of Yolo County with distinction. He has earned the confidence of those who know the job best."

Paid for by Davis for Judge 2026
FPPC# 1484310

- Yolo County Superior Court Judge Dave Rosenberg (ret.)

A Battle Beyond the Bite

Lyme Disease Awareness Month Sparks Advocacy and Awareness

By Ornella Rossi

SACRAMENTO, CA (MPG) - As the months of unanswered symptoms stretched into years, Lyme Fight Foundation founder and CEO Melissa Moya began to wonder whether anyone would ever believe her.

Doctors tested her for breast cancer, multiple sclerosis, brain tumors and heart disease. She endured MRIs, spinal taps, heart procedures and endless specialist appointments while debilitating pain, fatigue and neurological symptoms worsened. At one point, she said, a doctor suggested the illness was “all in my head.”

Then, in November 2019, after years without answers, Moya finally received the diagnosis that would change her life: Lyme disease.

“I spent the rest of the day crying in bed praying he was wrong,” Moya said. “For some reason I had been ready for MS, not Lyme. I knew nothing about Lyme.”

Now, during Lyme Disease Awareness Month, Moya is using her experience to help others navigate what she calls an often invisible and misunderstood illness.

Founded as a response to her own medical journey, the Lyme Fight Foundation works to provide education, awareness and support for Lyme disease patients and families. The organization also advocates for prevention, education and improved medical coverage for treatment.

“Lyme Fight Foundation is my silver lining, a mission born from my pain,” Moya said. “We exist to raise awareness, promote prevention, education and support those navigating this cruel disease.”

Lyme disease is a tick-borne



Treatment brought a new set of challenges. Moya said Lyme care is often not covered by insurance, leaving many patients responsible for enormous out-of-pocket costs. Photo courtesy of Melissa Moya

illness caused by bacteria transmitted through infected tick bites. According to the Centers for Disease Control and Prevention, an estimated 476,000 Americans are diagnosed and treated for Lyme disease each year. Symptoms can include persistent fatigue, joint pain, neurological issues, dizziness, heart complications and cognitive difficulties.

Moya said misconceptions about Lyme disease remain one of the greatest barriers patients face.

“There are many misconceptions surrounding Lyme disease,” she said. “People think Lyme disease does not exist in California, that everyone develops a bullseye rash or that it can always be cured with just 10 days of antibiotics.”

Moya said many patients struggle for years before receiving a diagnosis because Lyme disease can mimic dozens of other conditions. Early testing may also fail to detect infection.



“Lyme disease is a master of disguise,” she said. “Current testing misses up to 60% of acute cases.”

For Moya, the search for answers became physically and emotionally exhausting. She recalled spending years undergoing invasive procedures while balancing motherhood and chronic pain. One of the most difficult experiences, she said, came after a spinal tap caused a spinal fluid leak that left her bedridden with severe headaches.

“There really is no win,” she said. “You lose if they finally determine you have something wrong, and you lose if yet again there are no answers.”

Treatment brought a new set of challenges. Moya said Lyme care is often not covered by insurance, leaving many patients responsible for enormous out-of-pocket costs. She said doctor visits can cost hundreds of dollars per hour, while specialized testing and IV therapies add thousands more.

“I’ve spent well over \$100,000 on treatment,” she said. “Lyme treatment is brutal, mentally, physically, emotionally and spiritually.”

Despite the hardships, Moya said the experience reshaped her understanding of resilience and purpose.

“It has taught me that I am stronger than I ever thought

I could be,” she said. “Life is shorter than I ever really thought it could be.”

That perspective inspired her to create the foundation and become an advocate for others facing similar battles.

The organization offers educational resources, tick-testing information, support programs and care packages for Lyme patients. It also encourages prevention, especially as summer approaches and outdoor activity increases.

Moya advises people spending time outdoors to wear light-colored clothing, use tick repellents, avoid tall grass and conduct thorough tick checks after being outside. She also recommends saving removed ticks in a sealed container for possible testing.

“Awareness can make all the difference,” Moya said.

Throughout May, the foundation is encouraging community members to participate in awareness efforts by wearing green ribbons, sharing prevention information and supporting Lyme patients and families. The organization is also partnering with the American River Parkway Foundation for parkway cleanup events in Fair Oaks later this year.

For Moya, the mission remains deeply personal.

“The greatest threat Lyme patients face isn’t just the disease, it’s the despair,” she said. “No one should go through this alone.”

Even as she continues treatment, Moya said she hopes her story encourages others to keep searching for answers and reminds the public that Lyme disease is far more serious than many realize.

“We all hope and pray one day we reach remission,” Moya said. “Until then, we keep fighting.” ★

MOXIE SALON



DONOVAN BLAZAK
your professional hairstylist

1029 Jefferson Blvd
West Sacramento, CA. 95691

916-371-4906
916-747-5201

hairbydonovan@gmail.com

AM 1380
THE ANSWER
NEWS. OPINION. INSIGHT.

Sacramento's
Best Talk



AM1380TheAnswer.com

CITY OF WEST SACRAMENTO
4TH ANNUAL

Junteenth
Celebration

FRIDAY, JUNE 12, 2026 5:30PM - 8:30PM

Bridgeway Lake Community Park 3650 Southport Pkwy West Sacramento

Free Community Event

Activities | Music | Performances

WestSacFun.org



First 200 attendees receive
\$10 food truck voucher
& a tote bag!

Free Via Rideshare

Free Raffle Prizes

Learn more



Oscar E. Villegas, District 1
Yolo County Supervisor
Community Benefit Fund



Kings Korner

By V.G. Harris



Is No. 7 Really a Lucky Number?

If you woke up Monday morning and wondered what that sick feeling was, stop for a moment and remember the draft lottery selection on Sunday, and the Sacramento Kings securing the 7th overall pick.

1140 a.m. described the feeling as a gut punch and although I rarely see eye to eye with 1140, I think that's an apt description.

A gut punch takes you by surprise and momentarily seizes your muscles with a feeling of helplessness, but just as quickly as it came, the body recovers and you're largely back to normal.

As picks 1-6 were handed out, I wondered why the Kings were being handed such bad luck, until I remembered that this draft is widely recognized as one of the deepest drafts in generations.

Will the Kings draft an A.J. Dybantsa or a Cameron Boozer? No they will not. They may however draft a player that can still start for this team or come off the bench and make an impact that will send the Kings franchise in the right direction.

Imagine for a moment that instead of 7th the Kings had secured the #2 draft pick. How electric would the city of Sacramento be today.

I remember that very thing happening in 2018 when the Kings organization drafted Marvin Bagley and left Luka Doncic on the board to be drafted No. 3 just minutes later. How did that work out Sacramento?

Today after stints with 3 NBA teams Bagley is with the Dallas Mavericks hoping against hope of getting any playing time off the bench for the Mavs.

Marvins career numbers include 11.8 points per game, 6.5 rebounds, and one assist while shooting a horrid 30% from three-point range and 68% from the line.

But a new day is dawning, and with it a G.M. by the name of Scott Perry that has shown he may just be the person to change the fortunes for the Sacramento Kings.

So now that the organization knows that six teams will select before them, what talent will be left for the Kings to make a selection that will truly give the Sacramento franchise a lift.

I'm not sure, but I know it won't be

Darryn Peterson, A.J. Dybantsa, Cameron Boozer or Caleb Wilson. Too much has been written and talked about their collective game changing abilities for any of these players to still be on the board when the Kings choose at No. 7.

Some pundits believe Darius Acuff Jr. will still be around but I am taking him off my board largely for the same reason. Acuff has simply had too much press associated with his name, and I think the likelihood of Darius going No. 5 or No. 6 is very probable.

At this juncture three names should be on the Kings radar, and they are Kingston Flemings, Mikel Brown Jr. and Brayden Burries. All three of these players are guards but remember the position of point guard is still a critical need for the Sacramento Kings. If any one of the three aforementioned players becomes the point guard of the future, any discussion of drafting No. 7 will quickly be in the rear-view mirror.

I had to smile when I first heard the name Kingston Flemings and wondered how he would react to being drafted by the Sacramento Kings. The good news on Flemings besides his first name is that he is regarded as a two-way player, and as Sacramento continues the quest to build a playoff caliber team, every player on the court needs to be able to not only score the ball but defend his position as well.

At 6-foot-4, 190 pounds, Kingston represents the physicality needed to defend NBA guards and is rated as perhaps the best overall defender as a guard in the upcoming draft. I look for the Kings to pay close attention to his 2-way capability, so if Kingston is available at No. 7 don't be surprised to see him in a Kings uniform next season.

Lastly, I'm going point your attention to Keaton Wagler who not only surprised the college ranks by scored 18 points per game, he also garnished the coveted Jerry West award for best shooting guard in division one basketball last season.

So, set your calendars for June 23, because it may just be the magical night the Sacramento Kings have been hoping for!

All the best! ★

California Schools Scored Big Increases in Funding but Not in Academic Performance



By Dan Walters, CALMatters.org

Over the last several decades there's been a recurring debate in political, academic and media circles over the relatively poor levels of academic achievement among California's public school students.

In basic skills, such as reading and mathematics, measured on state and federal testing, California kids in general were subpar vis-à-vis state standards and in comparison to other states.

The education establishment — school boards, administrators and unions — repeatedly declared that California's spending on schools was too low and that achievement would rise if they got more money.

There was some factual basis for the first assertion. Relative to other states, California's per pupil spending did lag; it was second lowest, just ahead of Utah in 2010, according to Education Week's calculations.

However, as EdSource, a journalistic website devoted to California schools, notes: "In 2012, threatened with further cuts to education, state voters approved a temporary income tax increase on the wealthiest Californians and renewed it in 2016."

The surtax currently generates about \$10 billion a year, with schools claiming a hefty portion under the state constitution's school finance

mandate. Slowly but surely California school spending increased relative to other states.

The newest comparison, released recently by the Education Law Center, pegs state spending on California schools in the 2022-23 school year — the latest data available — at \$19,894 per pupil, 13th highest in the nation and \$2,000 over the national average.

During 2019-20, Gov. Gavin Newsom's first budget contained \$58.8 billion for elementary, middle and high schools, and with local property taxes and federal funds the total was \$103 billion, or \$17,423 per pupil.

Newsom's last proposed budget for the 2026-27 fiscal year would spend \$88.8 billion in state funds and the total, with local and federal funds, would hit \$149.1 billion, or \$27,418 per student.

The latter numbers, by the way, exclude \$5.6 billion in mandated state aid — or nearly \$1,000 per student — that Newsom wants to withhold to help narrow the state budget's yawning deficit.

By any measure, California's schools have seen a big increase in financial support in recent years, although quite a few local districts are underwater — Sacramento Unified being a notable example — due to their penchant for overspending revenues no matter how high they are.

The state's schools have also been seeing a steady erosion of enrollment due to a variety of demographic and economic factors, so the money they get should boost per-pupil resources even more.

If more money is the cure for California's academic ills, why hasn't a \$10,000 (57%) per pupil increase

during Newsom's governorship resulted in an equally dramatic increase in academic achievement?

It might be that school officials, such as those in Sacramento Unified, were pressured by their unions into using most of the money for salary increases rather than for qualitative improvements, such as adopting phonics-based tutoring to improve reading.

Or it might be that money is not the critical factor in academic achievement, as the education establishment has insisted.

New York spends the most per pupil in the Education Law Center study — \$29,440 per student, or \$10,000 more than California. But in the most recent testing by the federal National Assessment of Educational Progress conducted in 2024, just 31% of New York's fourth graders were proficient in reading, one point above the national average and two points above California's kids.

Idaho came in last in the Education Law Center's rankings of per pupil spending at \$11,805, but 32% of its fourth graders were proficient, higher than California, New York and the nation as a whole.

An adequate amount of money is, of course, necessary to support a public school system. But we shouldn't kid ourselves, or allow politicians and school officials to kid us, that spending more will automatically increase achievement.

Dan Walters is one of the most decorated and widely syndicated columnists in California history, authoring a column four times a week that offers his view and analysis of the state's political, economic, social and demographic trends. ★

Social Security Matters

I'm Still Working; Why Didn't I Get a Higher Social Security Benefit?



By Russell Gloor, AMAC Certified Social Security Advisor

Dear Rusty: I began collecting benefits at age 72 and am now 78. Since that time, I have continued to work and have contributed over \$40,000 to Social Security over the last six years. At the time of my retirement, I was informed that the Social Security Administration (SSA) would review my contributions annually and replace lower-earning years from my 35-year record with my current higher-earning years.

Despite my current annual income exceeding \$100,000, I have not seen an increase in my benefit amount over the past six years. I recently met with an SSA representative who confirmed that my benefits are being reviewed annually but did not provide specific details or evidence of these adjustments. Could you please advise me on how to formally verify that my benefits are being accurately reviewed and updated to reflect my continued contributions? **Signed: Collecting and Still Working**

Dear Collecting: For information, your contributions (from FICA payroll taxes) to Social Security over the last 6 years are not what determines

if you get an increase to your monthly SS benefit. Although you contributed to SS since you started receiving SS benefits, those contributions do not affect your monthly SS benefit. Your monthly SS benefit is based only the highest inflation-adjusted 35 years of earnings over your lifetime. And for your monthly benefit to change, your current earnings each year would need to replace at least one of those 35 historical, inflation-adjusted year earnings.

We regularly hear from those who do benefit from SSA's regular review of work earnings after they start receiving monthly SS benefits, and our Advisory staff includes two individuals with a combined 70 years of service with the Social Security Administration. Thus, we are comfortable saying that SSA does, in fact, review your earnings annually to see if your monthly SS payment should be higher. From a process standpoint, SSA receives your annual earnings information from the IRS (i.e., directly from your annual tax return) by mid-year annually, after which SSA evaluates your recent earnings to see if an increase in your monthly SS benefit is warranted. If so, that increase is automatically applied (usually around October each year), and you are paid the extra amount retroactively to the beginning of the year.

What you may not realize is that your lifetime earnings (your historical earnings) are adjusted for inflation. This is a good thing, because that means your current

monthly SS benefit is calculated using today's dollar values for your past earnings, rather than the actual money amounts you originally earned and received. For example, \$50,000 of 1990 earnings would be worth about \$125,000 today. Which also means that those 1990 earnings would only yield a higher current Social Security benefit if your recent earnings were more than \$125,000. And this is true for all 35 years of lifetime earnings used to calculate your current monthly Social Security benefit.

The best way for you to ensure that you are getting the right monthly benefit amount is to first obtain your lifetime earnings history from Social Security. This is most easily obtained through your online "my Social Security" account at www.ssa.gov/myaccount. If you don't have an online account set up, you can also request an "Earnings Statement" by calling Social Security at 1.800.772.1213 (or call your local SS field office to request it). Next, I suggest you use Social Security's "Online Benefits Calculator" explained and available at this link: <https://www.ssa.gov/benefits/retirement/planner/AnypiaApplet.html>

If, after this, you believe you should be getting a higher monthly SS benefit because of your recent earnings, you can again contact SSA and tell them you believe they did not properly adjust your current SS benefit for your most recent earnings. ★



Regulators no longer have to worry that Spirit Airlines might upset the airline market by merging with the wrong competitor. The now-defunct airline made poor business decisions and had to cope with tough circumstances, but if its demise were an Agatha Christie mystery, the fingerprints of Biden antitrust officials would be all over the crime scene.

These antitrust zealots fought a proposed deal between JetBlue and Spirit, and congratulated themselves on a 2024 court victory that doomed Spirit to likely oblivion. This was wanton economic destruction masquerading as antitrust enforcement.

Sen. Elizabeth Warren, who never met an antitrust action she didn't like, exemplifies the perversity. After the Biden administration got a federal judge to put the kibosh on the JetBlue-Spirit deal in 2024, she celebrated: "This is a Biden win for flyers!"

Last week, as Spirit teetered on the edge of the grave, she expressed dismay: "The Big Four airlines (American, Delta, Southwest, United) control 75% of the U.S. market. Fewer choices = higher prices for you."

Yes, it would be terrific to have a bigger, more serious challenger to the established players, wouldn't it? If only there'd been a way to achieve such an outcome. The federal judge on the JetBlue-Spirit case conceded that "an expansion of all aspects of Jet-

On Spirit Airlines, the Government Protected Competition by Eliminating It

Blue's business -- including network, fleet and loyalty program -- would allow for more vigorous competition with the Big Four, which carry most passengers in the country."

No matter. For Biden officials, antitrust enforcement was a scholastic exercise where the definition of monopoly had no connection to reality. If JetBlue had succeeded in gobbling up Spirit, the airline still would have been smaller than the Big Four.

Worrying about JetBlue getting too big is like fretting that Thrifty -- the fifth largest car rental car rental outlet in the United States after Enterprise, Hertz, Avis and Budget -- is one relatively small acquisition away from establishing dominance in the car-rental market.

As for the fear that the JetBlue-Spirit merger would end Spirit's role as an ultra-low-cost carrier and therefore harm consumers, the airline has now gone away anyway, only in a more disorderly fashion. JetBlue might wonder what Biden regulators had against it. As the website View From the Wing points out, JetBlue got approval during the first Trump administration for a partnership with American Airlines to expand in New York. Then, the Biden team showed up and killed the partnership on grounds that directly contradicted the JetBlue-Spirit deal.

"The Biden administration fought the American Airlines-JetBlue partnership," View From the Wing notes, "calling JetBlue a pro-passenger disruptor who drives down prices. Then they turned around

and claimed that JetBlue was a monopolist who would drive up prices if they bought Spirit."

JetBlue itself is struggling, but at least the airline is still with us. Spirit had a good run based on its initial disruption of the industry. The airline's idea was to make a basic fare extremely cheap, and then charge passengers fees for everything taken for granted at other airlines (drinks, carry-on bags, etc.).

The customer experience was terrible, though. And Spirit got buffeted by changes during the pandemic, while more established airlines matched its fares with basic economy. Spirit stopped making money in 2019.

With the JetBlue deal blocked, it couldn't get an alternative merger done. It declared bankruptcy in 2024, and then again in August 2025. The recent spike in jet-fuel prices pushed it over the edge.

Elizabeth Warren was quick to say that "Trump's war was the nail in the coffin for twice-bankrupted Spirit Airlines." Well, yeah. But its vulnerable state underlines how foolish it was to keep it from getting the lifeline it so desperately needed from a merger.

Ronald Reagan said the most terrifying words in the English language are, "I'm from the government, and I'm here to help." The Spirit fiasco shows that perhaps equally frightening are the words, "I'm with the DOJ antitrust division and I'm here to protect consumers."

Rich Lowry is editor of the National Review. (c) 2026 by King Features Synd., Inc. ★

Crime Reports

WEST SACRAMENTO



ARRESTS REPORTS

Philippe Samual Webster, 46, was arrested Monday, April 6 on Canvasback Way by West Sacramento Police. Officer observed a vehicle driving after dark without lights and conducted a traffic enforcement stop. Webster, the driver, exhibited objective signs of intoxication and was asked to perform field sobriety tests, which he did poorly. He declined to provide a breath sample. A records check found Webster had a confirmed active misdemeanor warrant and a suspended license. He was transported to Yolo County Jail for the warrant, driving with a suspended license and DUI.

Shaquille Omari James Taylor, 31, was arrested Wednesday, April 22 at Triangle Court and Jefferson Boulevard by West Sacramento Police for an outstanding misdemeanor warrant. Officer was dispatched to the location for report of a male jumping in front of traffic. Upon arrival, officer detained the man, identified as Taylor, and a records check found the outstanding warrant. He was transported to Yolo County Jail.

Sandra Faye Capurro-Hessinger, 35, was arrested Tuesday, April 28 at Jefferson Boulevard and Merkley Avenue by West Sacramento Police. Officer on patrol observed a vehicle fail to stop at a red arrow light and conducted a traffic enforcement stop. A records check found the driver, Capurro-Hessinger, had an outstanding misdemeanor warrant and she was placed under arrest. She spontaneously stated she had narcotics in her wallet. The wallet was found in the center console of the vehicle and a clear plastic baggie inside contained a substance that tested positive as methamphetamine. She was transported to Yolo County Jail, charged with possessing a controlled substance.

Antonio Garland Compton, 46, was arrested Tuesday, April 28 on West Capitol Avenue by West Sacramento Police. Officer observed Compton, whom he knew to be on post-release community supervision (PRCS) and activated his lights to initiate a compliance check. Officer observed Compton drop a fixed-blade knife and kick it before running from the officer. After a foot pursuit, Compton was detained, and a search of his person found more than four access cards and a white baggie nearby containing a white crystalline substance that tested positive as methamphetamine. He was transported to Yolo County Jail, charged with resisting a peace officer, acquiring access cards with intent to sell, carrying a concealed dagger and possessing a controlled substance.

Dominic Anthony Summerville, 43, was arrested Tuesday, April 28 at Reed Avenue and Interstate 80 by West Sacramento Police. Officer observed Summerville riding a bicycle riding without lights after dark and attempted to conduct a traffic enforcement stop. Summerville refused to yield, ignoring lights, siren and PA announcements. Finally, Summerville yielded, and officer exited the vehicle, telling him he was detained and not free to leave, but Summerville began to run into a wooded area under the freeway overpass. Additional officers responded and Summerville was located and transported to Yolo County Jail, charged with resisting a peace officer and the vehicle code infraction.

Elias Johnathon Gonzalez, 26, was arrested Thursday, April 30 on Gateway Drive by West Sacramento Police for DUI alcohol. Officer was dispatched to a nearby location for a suspicious vehicle. The reporting party stated they saw a vehicle doing burnouts in the driveway across the street, and that the driver got out of the vehicle and appeared to be intoxicated. Officers arrived on scene and located a vehicle matching the description provided. The driver, Gonzalez, demonstrated objective signs of intoxication. Officer asked him to complete field sobriety tests and a breath test, and he complied. Based on officer's observations and test results, Gonzalez was transported to Yolo County Jail.

Maurice Marcell Larry, 49, was arrested Thursday, April 30 at Town Center Plaza by West Sacramento Police for second-degree robbery. Officer was dispatched to a store at the location with the report that loss prevention was fighting with a suspect outside the store. Officers arrived on scene and found the suspect detained in the loss prevention office. The employee says the suspect, identified as Larry, concealed food merchandise in his pockets and walked out without paying. The employee identified themselves as loss prevention and attempted to detain Larry, but he tried to walk away and refused to allow them to handcuff him. Officers watched surveillance footage corroborating the employee's account. The struggle lasted approximately five minutes, until the employee was able to handcuff Larry and detain him until officers arrived. A records check showed Larry was on active probation and the store wanted to press charges, so Larry was transported to Yolo County Jail.

Alfredo Arredondo-Gutierrez, 47, was arrested Thursday, April 30 on West Capitol Avenue by West Sacramento Police for multiple counts of DUI: alcohol and resisting a peace officer. Officer was dispatched to a nearby location regarding a fight. While officer was enroute, Arredondo-Gutierrez left the scene and was observed driving his vehicle. When he saw officers, he exited his vehicle and fled on foot. Officer activated his lights and identified himself as a police officer and Arredondo-Gutierrez continued to run from him. After a short foot chase, he was taken into custody. Under Miranda, he admitted to seeing police and knowing he should have stopped, but he ran away to try and avoid getting in trouble. He displayed objective signs of alcohol intoxication and failed field sobriety tests. He was transported to Yolo County Jail.

Nathan Andrew Eddins, 29, was arrested Friday, May 1 on West Capitol Avenue by West Sacramento Police for disorderly conduct: alcohol. Officer was dispatched to a gym at the location for report of a trespassing subject who was inside the locker room refusing to leave. The subject was reportedly a member but had been disturbing customers and staff had asked him to leave. The subject was possibly under the influence, and updates indicated he was screaming and rolling on the ground inside the business. Upon arrival, officer contacted Eddins, the subject, sleeping and snoring on the floor in front of the reception desk. When awakened, Eddins demonstrated objective signs of intoxication. He admitted to consuming alcohol and stated he was drunk. Based on officer's observations and Eddins' admission, officer determined Eddins was unable to care for his own safety or the safety of others. He was transported to Yolo County Jail to detox.

Markeec Mitchell McDonald, 33 was arrested Friday, May 1 on West Capitol Avenue by West Sacramento Police. Officer was dispatched to the location for report of a physical fight and contacted McDonald, who matched the description provided. As McDonald was handcuffed, officer observed objective signs of alcohol intoxication. Officer then contacted the victim, who stated McDonald began fighting with employees of the restaurant at that location. The victim stated that she tried to separate the parties and McDonald pushed her to the ground, causing her shoulder pain. She signed a citizen's arrest and employees inside the restaurant confirmed her statements. McDonald was transported to Yolo County Jail, charged with battery and disorderly conduct: alcohol.

Clifford Raymond King, 45, was arrested Sunday, May 3 by

West Sacramento Police for vandalism. Officer was dispatched for a report of a vandalized vehicle. The owner stated he was driving, when he and King were involved in a road rage incident. King exited the vehicle he was in and approached the victim's vehicle. As the driver attempted to leave, King kicked the rear quarter panel of the vehicle, causing a large dent, cracking the paint, and left a dark mark on the vehicle, causing an estimated \$2,000 of damage. Officer later contacted King, who remembers exiting his vehicle, waving his arms around. He guessed he kicked the other vehicle but did not remember and would pay for the damages. He was transported to Yolo County Jail.

Jennifer Michelle Cedeno Ornelas, 26, was arrested Monday, May 4 at Park Boulevard and Jefferson Boulevard by West Sacramento Police for an outstanding misdemeanor warrant. Officer traveling near the intersection found a female, later identified as Ornelas, walking into the roadway outside any crosswalk while pushing a trash can, causing the officer to brake abruptly to avoid a collision. The officer detained her, and a records check revealed the warrant. She was transported to Yolo County Jail.

Amber Michelle Royal, 51, was arrested Tuesday, May 5 at Harbor Boulevard and West Capitol Avenue by West Sacramento Police for disorderly conduct: alcohol. Officer was dispatched to the location for reports of a female running into traffic nude. Officer arrived on scene and recognized Royal from previous calls for service. She was crossing the road, impeding traffic and exposing her breast. Officer detained her and could smell the strong odor of alcohol. Officer asked if she had consumed any narcotics or alcohol, to which she answered yes. A total of six callers reported Royal's behavior, and due to the number of calls and the officer's experience with her, it was determined she was unable to safely care for herself. She was transported to Yolo County Jail to detox.

Chelsea Nicole Payne, 37, was arrested Tuesday, May 5 at Merkley Avenue and Westcare Road by West Sacramento Police for an outstanding felony warrant. Officers on patrol observed Payne, known from prior contacts to be on probation. A records check revealed the warrant, and she was transported to Yolo County Jail. While being booked into jail, the searching officer located a plastic baggie of a white crystalline substance in the right side of Payne's bra. The substance tested positive for methamphetamine and a charge of smuggling a controlled substance into jail was added.

James Davis Caples, 45, was cited Tuesday, May 5 on Jefferson Boulevard by West Sacramento Police. Officer was dispatched to the area regarding a possible DUI driver traveling approximately one mile per hour. Officer located the vehicle, occupied by two subjects. A records check revealed the driver was on active pre-trial probation with searchable terms. A search of the vehicle found a glass pipe with a long stem and bulbous end containing white burnt residue. The pipe was located between the center console and the front passenger seat. Under the passenger seat, officer found a clear plastic bag containing a white substance later confirmed as methamphetamine. Under Miranda, Caples claimed he found the pipe in the air box of the vehicle and claimed ownership of the methamphetamine. He was issued a notice to appear and released from the scene, charged with possession of a controlled substance and possessing unlawful paraphernalia.

Antoine Lamont Williams, 56, was arrested Tuesday, May 5 on West Capitol Avenue by West Sacramento Police. Officer on patrol conducted a traffic stop of a male riding a bicycle on the sidewalk. A records check of the male, identified as Williams, found an outstanding felony warrant and prior convictions for possession of hard drugs. A search incident to arrest found a clear bag containing a white crystallized substance in his left front pocket. The substance later tested positive for methamphetamine. Williams was transported to Yolo County Jail, charged with the warrant, riding a bicycle on the sidewalk, and possession of a hard drug with prior convictions.

Incidents / Crime Reports

Thursday, April 30 – victim reports an unknown suspect damaged their windshield in a parking lot on West Capitol Avenue. Damage estimated at \$500.

Friday, May 1 – victim on McKinley Way reports the suspect, a friend, was allowed to use her vehicle and now refuses to return it. Loss valued at \$20,000.

Sunday, May 3 – victim reports an unknown suspect stole all four tires from their vehicle at a residential facility on Douglas Street. Loss valued at \$1,100.

Sunday, May 3 – victim reports an unknown suspect broke the handle on their vehicle, parked at a single-family home on Spoonbill Road. Damage estimated at \$500.

Sunday, May 3 – victim reports an unknown suspect broke the driver's door handle and window on their vehicle, parked at a single-family home on Summerfield Drive. Damage estimated at \$1,100.

Sunday, May 3 – victim reports an unknown suspect broke into their vehicle parked at a single-family home on Klamath Road and took \$130 cash from their wallet.

Sunday, May 3 – victim reports an unknown suspect tampered with their vehicle parked at a single-family home on Gardenia Avenue, causing \$1,000 worth of damage.

Sunday, May 3 – victim reports an unknown suspect attempted to break into their vehicle and possibly steal it while parked on Rogue River Circle, causing \$200 worth of damage.

Sunday, May 3 – victim reports an unknown suspect vandalized their vehicle while parked at a single-family home on Limewood Road, causing \$500 worth of damage.

Monday, May 4 – victim reports their vehicle was vandalized by an unknown suspect while parked at a residential facility on Douglas Street, causing \$4,000 worth of damage.

Monday, May 4 – victim on Riverside Parkway reports unknown suspect(s) stole several feet of copper from trailer lock boxes. Loss estimated at \$8,750.

Monday, May 4 – victim reports their vehicle was vandalized by an unknown suspect while parked at single-family home on Yolo Street, causing \$500 worth of damage.

Monday, May 4 – victim reports an unknown suspect vandalized their vehicle door handle while parked at a single-family home on Hearst Street, causing \$500 worth of damage.

Tuesday, May 5 – victim reports an unknown suspect opened their unlocked vehicle door and took a wallet from the vehicle while parked at a motel on West Capitol Avenue. Cash and identification cards valued at \$360 were taken.

Tuesday, May 5 – victim reports their vehicle was vandalized by an unknown suspect while parked at a single-family home on Stetson Circle, causing \$100 worth of damage.

Tuesday, May 5 – victim on Kagle Drive reports an unknown suspect broke into their vehicle and stole a laptop and various power tools valued at \$6,000.

Tuesday, May 5 – victim reports an unknown suspect broke into their vehicle and stole various items valued at \$300.



Groundwater Law Begins Reshaping Valley

San Joaquin Valley farmers are increasingly following land as California's Sustainable Groundwater Management Act curtails pumping. Under SGMA, which is implemented by local agencies, groundwater basins have until 2040 or 2042 to achieve sustainability. But since 2020 or 2022, depending on local conditions, groundwater agencies have been required to prevent "undesirable results" such as land subsidence and household wells running dry. Groundwater agencies covering much of the San Joaquin Valley adopted pumping limits, or allocations, within the past few years as the state began cracking down on subbasins with inadequate plans. "We are truly in the difficult part of SGMA," said Stacie Ann Silva, principal at Altum Aqua Logic, a Fresno-based water consulting firm that monitors more than 90 groundwater agencies across the state. "As allocations continue to ramp down, landowners are going to have to make harder decisions."

Warm, Dry Start of Spring Sparks Fire Season Concerns

Experts have cautioned that California could experience elevated wildfire risks this year. The warnings come after an unusually warm and dry start of spring throughout California, driven by a stubborn high-pressure ridge off the coast, which is likely to remain the dominant weather feature through at least June, according to the National Interagency Fire Center. Record heat in many areas in mid-March melted most of the snowpack and led to increased dead fuel flammability as the month progressed, the center observed. The daily fire

ignition average in Northern California in March was nearly double the average for the month since 2008. "I would say within fire circles, we're all bracing for a long, busy fire season," said Lenya Quinn-Davidson, director of the University of California Agriculture and Natural Resources Fire Network. Even though there has been spring rain, Quinn-Davidson said the absence of a snowpack means the fire season will start much earlier because "rain doesn't do as much to slow fire season as a snowpack would."

Drought, Water Restrictions Drive Innovation in Tech

Projects to find new uses for wastewater are becoming more common in California, especially as California farmers grapple with drought and tightening water use restrictions tied to the state's Sustainable Groundwater Management Act. Farmers' increasingly urgent need to reduce water use has attracted new business ventures and more creative solutions for recycling wastewater. "You always see companies and entrepreneurs and innovators kind of show up where there's opportunity," said Ben Montpetit, who chairs the viticulture and enology department at the University of California, Davis. To process wastewater from the university's research winery, UC Davis started using a technology from Napa-based Revida Water, which ushers the wastewater through a series of steps, including filtration and introducing specific microbes. The company's technology can even take wastewater from dairies and make it safe for humans to drink, although owner Ashish Shah said the treated wastewater is used mostly for irrigation. ★

★ CALIFORNIA ★

POLICY AND ETHICS

BY JOSH F.W. COOK

Ballot Measure Ochlocracy 2026 You Decide

By Josh Cook

California is one of 24 states that allow voters to initiate laws. Ochlocracy is defined as mob rule. Ronald Reagan used the term "mobocracy" in a 1968 speech referencing Pericles, stating: "When democracy in ancient Athens was becoming 'mobocracy,' Pericles warned, 'The man who takes no interest in public affairs is not a man who minds his own business; we say he has no business being here at all.'" Warning that without active, informed participation, direct democratic tools like the initiative process could degenerate into a system where the "caprices of the uninformed masses" dictate policy.

President Howard Taft was a fierce opponent of the Progressive Era's push for initiatives, referendums, and the recall. In his 1913 book *Popular Government: Its Essence, Its Permanence, and Its Perils*, he argued that these processes were a "step toward mobocracy" because they undermined the independence and stability of the representative legislative process (which includes elected people).

James Madison, the "Father of the Constitution," wrote in *Federalist No. 10* that direct democracy would be prone to the "mischiefs of faction" and would inevitably lead to the oppression of the minority. He advocated for a representative republic to "refine and enlarge the public views" and prevent "turbulence and contention."

That historic context aside, 32 citizen initiatives are circulating, gathering, or certifying signatures to be placed on the 2026 ballot; 20 are on track to reach you for your law-making determination. No need for a legislative process and that "Executive Branch". These complex billion-dollar policies are coming directly to voters.

Tax policy dominates with 9 measures, including Prop 13 property tax protection, a millionaire tax, a billionaire wealth tax, a death tax repeal, and tax structure reforms aimed at state revenue stability, government spending limits, residency rules, and retirement account tax policy. Election law, so far, has 5: changes to cover voter ID, redistricting, initiative reform, recall rules, and campaign financing. Health Care has 4: clinic funding, executive pay caps, union transparency, and an \$8.4B immunology bond. Housing Policy, 3: a \$25 billion bond, CA Environmental law reform, and University homebuyer program. Public Safety 2 initiatives: Make Uber/Lyft drivers register as common carriers, plus in-car sexual assault accountability.

In California, it is "Direct Democracy 2026" and lots of it. Despite the warnings of history, we are casting aside the idea of a CA Republic to govern ourselves at the ballot box. All of which very much runs counter to the alarmist political narrative we hear every day - about our "Democracy dying."

Not in California. ★

Go to Policy-Ethics.com

WE SUPPORT FIRST RESPONDERS

There are hundreds of

LOCAL EVENTS

Waiting to be discovered at

westsacramentonewsledger.com/calendar

Theater
Cultural
Festivals

Concepts
Fitness
Groups
Gatherings
Expos
Spiritual

Crafts
Dining
Museums
Clubs
Classes
Support Groups

Legal Advertising
916-483-0946

LEGAL ADVERTISING

News-Ledger Adjudicated For and By the County of Yolo, Adjudication No. CV PT 09-1432 – September 4, 2009

2508 Garfield Ave. • Ste. A
Carmichael, CA 95608

FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. F20260306
The following person(s) is doing business as: Vinedo Sofia, LLC, 33939 Jefferson Boulevard, Clarksburg, CA 95612.
Vinedo Sofia, LLC, PO BOX 38, Clarksburg, CA 95612. This business is conducted by A Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on July 1, 2006.

This statement was filed with the County Clerk of Yolo County on April 9, 2026.
By: Jesse Salinas, Deputy
Publish: April 24, May 1, 8, 15, 2026
VINEDO 5-15-26

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. F20260312
The following person(s) is doing business as: JD Construction Company, JDC Company, 1975 Davis Road, West Sacramento, CA 95691.
Jason Diaz, 1975 Davis Road, West Sacramento, CA 95691. This business is conducted by An Individual. The registrant commenced to transact business under the fictitious business name or names listed above on April 1, 2026.

This statement was filed with the County Clerk of Yolo County on April 10, 2026.
By: Jesse Salinas, Deputy
Publish: April 24, May 1, 8, 15, 2026
JD 5-15-26

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. F20260287
The following person(s) is doing business as: Applebee's Neighborhood Grill & Bar, 1790 East Main Street, Woodland, CA 95776.

Apple NorCal LLC, 6200 Oak Tree Boulevard Suite 250, Independence, OH 44131. This business is conducted by A Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on N/A.

This statement was filed with the County Clerk of Yolo County on April 2, 2026.
By: Jesse Salinas, Deputy
Publish: April 24, May 1, 8, 15, 2026
APPLEBEES 5-15-26

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. F20260258
The following person(s) is doing business as: SpringLake Dental,

1837 E. Gibson Road Suite D, Woodland, CA 95776.
Harlojveet Singh DDS Inc, 7281 Arroyo Willow Drive, Sacramento, CA 95829. This business is conducted by A Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on August 1, 2024.

This statement was filed with the County Clerk of Yolo County on March 19, 2026.
By: Jesse Salinas, Deputy
Publish: April 24, May 1, 8, 15, 2026
SPRINGLAKE 5-15-26

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. F20260281
The following person(s) is doing business as: Mr. Clean Solar Cleaning, 753 1st Street, Woodland, CA 95695.

Robert Wright, 753 1st Street, Woodland, CA 95695. This business is conducted by An Individual. The registrant commenced to transact business under the fictitious business name or names listed above on April 1, 2026.

This statement was filed with the County Clerk of Yolo County on April 1, 2026.
By: Jesse Salinas, Deputy
Publish: April 24, May 1, 8, 15, 2026
MR 5-15-26

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. F20260319
The following person(s) is doing business as: Parkside Apartments, 1420 F Street, Davis, CA 95616.

Parkside Apartments, LLC, 8 Crow Canyon Court Suite 100, San Ramon, CA 94583. This business is conducted by A Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on January 1, 2025.

This statement was filed with the County Clerk of Yolo County on April 15, 2026.
By: Jesse Salinas, Deputy
Publish: April 24, May 1, 8, 15, 2026
PARKSIDE 5-15-26

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. F20260307
The following person(s) is (are) doing business as:

The Address Buyers, 3400 Cottage Way, Ste G2 #34508, Sacramento, CA 95825 County of SACRAMENTO

Mailing Address: 3400 Cottage Way, Ste G2 #34508, Sacramento, CA 95825
TAC HOLDS LLC, 3400 Cottage

Way, Ste G2 #34508, Sacramento, CA 95825

This business is conducted by a limited liability company
The registrant(s) commenced to transact business under the fictitious business name or names listed above on 03/22/2026.

TAC HOLDS LLC
S/DANIEL ROSS, MANAGER,
This statement was filed with the County Clerk of Yolo County on 04/09/2026.

Jesse Salinas, County Clerk/Recorder
KIMBERLI, Deputy
4/24, 5/1, 5/8, 5/15/26
CNS-4026403#
NEWS-LEDGER 5-15-26

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. F20260334
The following person(s) is doing business as: Relevance Media Group, 1 W. Hays Street, Woodland, CA 95695.

Steven Jeffrey Baumann, 1 W. Hays Street, Woodland, CA 95695. This business is conducted by An Individual. The registrant commenced to transact business under the fictitious business name or names listed above on April 21, 2026.

This statement was filed with the County Clerk of Yolo County on April 21, 2026.
By: Jesse Salinas, Deputy
Publish: May 1, 8, 15, 22, 2026
RELEVANCE 5-22-26

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. F20260339
The following person(s) is doing business as: DMTarget, 1296 E Gibson Road Suite A #258, Woodland, CA 95776.

John Canchola, 1296 E Gibson Road Suite A #258, Woodland, CA 95776. This business is conducted by An Individual. The registrant commenced to transact business under the fictitious business name or names listed above on N/A.

This statement was filed with the County Clerk of Yolo County on April 23, 2026.

By: Jesse Salinas, Deputy
Publish: May 8, 15, 22, 29, 2026
DMTARGET 5-29-26

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. F20260243
The following person(s) is doing business as: Affordable Mobility/Medical, 2204 West Capitol Avenue, West Sacramento, CA 95691.

Kerry Fedorenko, 2204 West Capitol Avenue, West Sacramento, CA 95691. This business

is conducted by An Individual. The registrant commenced to transact business under the fictitious business name or names listed above on January 1, 2012. This statement was filed with the County Clerk of Yolo County on March 17, 2026.

By: Jesse Salinas, Deputy
Publish: May 8, 15, 22, 29, 2026
AFFORDABLE 5-29-26

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. F20260375
The following person(s) is doing business as: Studio 6 West Sacramento, 1254 Halyard Drive, West Sacramento, CA 95691.
KKCD West Sacramento, Inc., 1615 Alamo Place, West Sacramento, CA 95691. This business is conducted by A Corporation.

The registrant commenced to transact business under the fictitious business name or names listed above on N/A.

This statement was filed with the County Clerk of Yolo County on May 4, 2026

By: Jesse Salinas, Deputy
Publish: May 15, 22, 29, June 5, 2026
STUDIO 6-5-26

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. F20260316
The following person(s) is doing business as: Feast Café, 206 3rd Street, Davis, CA 95616.

Wandz LLC, 206 3rd Street, Davis, CA 95616. This business is conducted by A Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on N/A.

This statement was filed with the County Clerk of Yolo County on April 13, 2026

By: Jesse Salinas, Deputy
Publish: May 15, 22, 29, June 5, 2026
FEAST 6-5-26

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. F20260331
The following person(s) is doing business as: Massage & Bodywork Integration, West Sacramento Massage, 2531 Evergreen Avenue, West Sacramento, CA 95691.

Massage & Bodywork Integration LLC, 2531 Evergreen Avenue, West Sacramento, CA 95691. This business is conducted by A Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on N/A.

This statement was filed with the County Clerk of Yolo County on April 20, 2026

By: Jesse Salinas, Deputy
Publish: May 15, 22, 29, June 5, 2026
MASSAGE 6-5-26

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. F20260343
The following person(s) is doing business as:

NATIONAL TIRE WHOLESALE, 3010 RAMCO STREET WEST SACRAMENTO, CA 95691, County of YOLO.

MAILING ADDRESS: 4260 DE-SIGN CENTER DRIVE PALM BEACH GARDENS, FL 33410
CARROLL'S LLC, 4260 DE-SIGN CENTER DRIVE PALM BEACH GARDENS, FL 33410
This business is conducted by LIMITED LIABILITY COMPANY (submit Articles of Organization from the Secretary of State).

The registrant commenced to transact business under the fictitious business name or names listed above on 04/04/2016

/s/ DOUG SERGENT, SECRETARY

CARROLL'S LLC
This statement was filed with the County Clerk of Yolo County on APR 23, 2026.

Jesse Salinas, County Clerk/Recorder
By: MARCOS ALCALA-FLORES, Deputy
5/15, 5/22, 5/29, 6/5/26
CNS-4038138#
NEWS-LEDGER 6-5-26

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA COUNTY OF YOLO
ORDER TO SHOW CAUSE CHANGE OF NAME
#CV2026-1027
Natalie Carmela Rose has filed a petition with this court for a decree changing the name(s) of Natalie Carmela Rose to Natalie Carmela Rose Boulton.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 20, 2026, at 9:00 a.m. in Department 9, located at 1000 Main Street Woodland, CA 95695 and show cause, if any, why the petition for Change of Name should not be granted.

Dated: April 6, 2026
Daniel M. Wolk, Judge of the Superior Court
Publish: April 24, May 1, 8, 15, 2026
ROSE 5-15-26

NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF NICHOLAS ALEXANDER LENKOFF CASE NO. PR2026-0101

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Nicholas Alexander Lenkoff.
A Petition for Probate has been filed by Sanjeev Pathak, in the Superior Court of California, County of Yolo, requesting Sanjeev Pathak be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain

very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows: June 4, 2026, 9:00 a.m. in Dept 11. Superior Court of California, County of Yolo, 1000 Main Street, Woodland, CA 95695.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Cary P. Greisen, Greisen Law Corporation, 2647 Gateway Road Suite 105-560, Carlsbad, CA 92009; 916-781-8338

Publish: May 1, 8, 15, 2026
LENKOFF 5-15-26

TRUSTEE SALE

NOTICE OF TRUSTEE'S SALE TS No. CA-25-1030220-AB Order No.: FIN-25019736 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 4/30/2024. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, or cash equivalent if deemed acceptable to the trustee, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding

expressed or implied, regarding the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. **BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE.** Trustor(s): **Darrick Chavis, unmarried man** Recorded: **5/2/2024 as Instrument No. 2024-0007447** of Official Records in the office of the Recorder of YOLO County, California; Date of Sale: **5/28/2026 at 12:45 PM** Place of Sale: **At the North entrance to the City Hall located at 1110 West Capitol Avenue, West Sacramento, CA 95691** Amount of unpaid balance and other charges: **\$186,333.08** The purported property address is: **1529 HOBSON AVENUE, WEST SACRAMENTO, CA 95605** Assessor's Parcel No.: **014-052-003-000** All bidders, at the date, time, and place of the scheduled sale, will be required to show satisfactory support to the auctioneer of their ability to pay the amount they intend to bid, unless arrangements have been made with the trustee prior to the scheduled sale. **NOTICE TO POTENTIAL BIDDERS:** If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either

of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. **NOTICE TO PROPERTY OWNER:** The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call **916-939-0772** for information regarding the trustee's sale or visit this internet website <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: **CA-25-1030220-AB**. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the internet website. The best way to verify postponement information is to attend the scheduled sale. **NOTICE TO TENANT:** You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call **619-645-7711**, or visit this internet website <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: **CA-25-1030220-AB** to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase.

NOTICE TO PROSPECTIVE OWNER-OCCUPANT: Any prospective owner-occupant as defined in Section 2924m of the California Civil Code who is the last and highest bidder at the trustee's sale shall provide the required affidavit or declaration of eligibility to the auctioneer at the trustee's sale or shall have it delivered to QUALITY LOAN SERVICE CORPORATION by 5 p.m. on the next business day following the trustee's sale at the address set forth in the below signature block. **NOTICE TO PROSPECTIVE POST-SALE OVER BIDDERS:** For post-sale information in accordance with Section 2924m(e) of the California Civil Code, use file number CA-25-1030220-AB and call (866) 645-7711 or login to: <http://www.qualityloan.com>. The above statutorily mandated notices to Tenant, Prospective Owner-Occupant, and Prospective Post-Sale Over Bidders are brief summaries of what may be required under Section 2924m of the California Civil Code. Compliance with all relevant provisions will be required. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the sale is set aside for any reason, including if the Trustee is unable to convey title, the Purchaser at the sale shall be entitled only to a return of the monies paid to the Trustee. This shall be the Purchaser's sole and exclusive remedy. The purchaser shall have no further recourse against the Trustor, the Trustee, the Beneficiary, the Beneficiary's Agent, or the Beneficiary's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. Date: **QUALITY LOAN SERVICE CORPORATION 2763 Camino Del Rio S San Diego, CA 92108 619-645-7711 For NON SALE information only Sale Line: 916-939-0772 Or Login to: http://www.qualityloan.com Post-Sale Information (CCC 2924m(e)): (866) 645-7711 Reinstatement or Payoff Line: (866) 645-7711 Ext 5318 QUALITY LOAN SERVICE CORPORATION TS No.: CA-25-1030220-AB IDSPub #0314329 5/1/2026 5/8/2026 5/15/2026**

NEWS LEDGER 5-15-26

ELECTION NOTICE

NOTICE IS HEREBY GIVEN to the voters within the County of Yolo, that the Statewide Direct Primary Election will be conducted on Tuesday, June 2, 2026, and that all ballots cast at said election will be counted at the central counting place and not at the polling locations/Vote Centers. This central counting place will be at the Yolo County Erwin Meier Administration Building, 625 Court Street, Suite B05, Woodland, California, commencing at 8:00 p.m. on the 2nd day of June.

West Sac News Ledger 5-15-2026

PUBLIC HEARING NOTICE - REVISED DATE

The West Sacramento City Council will conduct two (2) public hearings on June 3, 2026 at 7:00 PM or as soon thereafter as possible on the items listed below. The hearings will be held in the Council Chambers at the Civic Center, 1110 West Capitol Ave., West Sacramento. All interested persons are invited to attend the hearings and express opinions. Please note: The City does not transcribe its hearings; however, action minutes are prepared and are publicly available once approved by the hearing body.

In compliance with the Americans with Disabilities Act (ADA), if you need assistance to participate in this meeting, please contact the City Clerk, at clerk@cityofwestsacramento.org, seventy-two (72) hours prior to the meeting to allow the City to make reasonable arrangements to assure accessibility to this meeting.

Pursuant to Public Utilities Code 12811 of the Government Code of the State of California

PUBLIC HEARING AND CONSIDERATION OF RESOLUTION 26-42 CONFIRMING THE DIAGRAM AND ASSESSMENT AND ORDERING IMPROVEMENTS (MAINTENANCE) TO BE MADE FOR THE LANDSCAPING AND LIGHTING DISTRICT NO. 1

Pursuant to Government Code Section § 54954.6, under States and Highways Code 22556

PUBLIC HEARING AND CONSIDERATION OF RESOLUTION 26-43 CONFIRMING THE DIAGRAM AND ASSESSMENT AND ORDERING IMPROVEMENTS FOR THE STORM DRAIN MAINTENANCE DISTRICT NO. 1 (RALEY'S LANDING)

West Sac News Ledger 5-15-2026

INVITATION TO BID

Sealed proposals will be received and submitted electronically through the City's Procurement system at <https://procurement.opengov.com/portal/cityofwestsacramento> until **2:00PM local time on Thursday, June 18th 2026**, at which time and place they will be posted and available for public review for the:

BUILDING AND SITE DEMOLITION FOR 817 WEST CAPITOL AVE.

The following invitation for bid involves all design, engineering, labor and materials for the: Building and Site Demolition for 817 West Capitol Ave.

TENTATIVE CITY SCHEDULE:

Bid Publication		May 15th, 2026
Cutoff for Pre-Bid RFIs	no later than	5 P.M. June 4th, 2026
Bids Due / Bid Opening	no later than	2 P.M. June 18th, 2026
Award of Contract		August 5th, 2026

Mandatory Pre-Bid Site Meeting:
May 28th, 2026 10:00 A.M.
817 West Capitol Ave, West Sacramento, CA 95691

Project construction cost estimate: \$350,000
This is not a Federal Aid project.

Bidder must possess a current **C-21 Contractor's License** issued by the State of California, at the time the Bid is submitted.

West Sac News Ledger 5-15, 5-22-2026

INVITATION TO BID

Sealed proposals will be received and submitted electronically through the City's Procurement system at <https://procurement.opengov.com/portal/cityofwestsacramento> until **2:00 PM local time on May 22, 2026**, at which time and place they will be posted and available for public review for the:

WASHINGTON DISTRICT INFRASTRUCTURE UPGRADE PROJECT (26-023-ITB)

The following invitation for bid involves all design, engineering, labor and materials for the: Washington District Infrastructure Upgrade Project.

TENTATIVE CITY SCHEDULE:

Cutoff for Questions	no later than	2 P.M. May 12, 2026
Bids Due / Bid Opening	no later than	2 P.M. May 22, 2026
Award of Contract		June 17, 2026

Project construction cost estimate:

Water (Base Bid): \$613,865.00
Sewer (Base Bid): \$1,148,930.00
Fiber Optics (Base Bid): \$570,395.00

This is not a Federal Aid project
Bidder must possess a current Class "A" – General Engineering Contractor's License issued by the State of California, at the time the Bid is submitted.

West Sac News Ledger 5-8, 5-15-2026

MPG

Local Classifieds

Advertise in your local community newspaper
Call 916-773-1111

Hall Rentals
Event hall for rent. 2,800 sq. ft. Coffee bar. Plenty of parking. Saturday and Sunday. \$500. 5809 Gibbons Dr. (916) 470-7323. (TFN)

Help Wanted
KP International MARKET
Many Positions are Available. Please no phone calls. Apply in person.
10971 Olson Dr., Rancho Cordova, CA 95670

Health/Wellness
XOSIALX - Get Social. Be EXCEPTIONAL. XILERATE is redefining energy for everyone. It provides an authentic, jitter-free boost that appeals to both regular energy drink users, and those who may have avoided them due to artificial ingredients or harsh effects. FREE TO JOIN. www.canderson.xosialx.com (TFN)

Landscaping
CREATE YOUR PARADISE

Winter Yard Cleanups, Complete Landscaping, Design/Installation, Sprinkler Systems, etc.
Installs/Repairs, All Types Concrete Work, Fence Installation, Retaining Walls-All Types, Drainage Systems-all types, Landscape Lighting, Residential/ commercial
American Landscape Design & Installation, Est 1987
American Construction & Property Maintenance Company
WE ACCEPT VISA & MASTER CARD
(916)612-0776
Lic#690968
Buy & Shop Local!

Landscaping
YARD SERVICE
ONE-TIME CLEANUP
Mow, Weed, Prune & Haul
NEED: Landscaping bark?
Gutters cleaned?
Light fence work?
CALL 916/295-9310
Sprinkler System

Music Lessons
Guitar Lessons
Beginner to Advanced . \$20/half-hour; \$30 full hour. 916-507-6658, freddiebbalbert@gmail.com (12/31/2026)

Roofing
BERNARDINO ROOFING
Reroofs, Repairs, Maintenance, Dryrot, Gutters, Family Operated, BBB MEMBER!
FREE ESTIMATES
SENIOR DISCOUNTS
Lic.#817945 43 Years Experience
916.920.0100
www.bernardinoroofing.com

MPG8.COM

Room Wanted
Elderly man looking for furnished room to rent. \$600 - \$800. Call Scott (916) 910-4796. (TFN)

Tree Service
BP TREE SERVICES LLC

TREE & STUMP REMOVAL
TREE TRIMMING/ SHAPING
FREE ESTIMATE
10% OFF WITH THIS AD
Insured. Workman's comp. Arborist
916-722-6321
BPTreeServices.com
VISA / MASTER CARD
California Contractors Lic #1036031

Keep It Local!

Wanted To Buy
LAVA LAMPS WANTED
Any condition. Cash paid.
Call/Text: 408 497 2191 - Tim (5/15/26)

Support Our Military

GOT LOCAL NEWS?
Call (916) 773 1111

LEGAL ADS FOR SACRAMENTO COUNTY?
Can Do That!
Call to place your legal advertising
916-773-1111
MPG
All Legal Ads Published by Messenger Publishing Group

NOTICE TO READERS
California law requires that contractors taking jobs that total \$500 or more (labor and/or materials) be licensed by the Contractors State License Board. State law also requires that contractors include their license numbers on all advertising. Check your contractor's status at www.cslb.ca.gov or 800-321-CSLB (2752). Unlicensed persons taking jobs that total less than \$500 must state in their advertisements that they are not licensed by the Contractors State License Board.

DISCLAIMER
Be wary of out of area companies. Check with the local Better Business Bureau before you send any money for fees or services. Read and understand any contracts before you sign. Shop around for rates.

Council Spends Almost \$10 Million on Two Land Purchases

Continued from page 1
property purchases on Riske Lane in the Bridge District.
Mayor Martha Guerrero requested the item delegating authority to the City Manager to purchase the former Sac Stucco property at 860-870 Riske Lane be pulled for questions and "clarification." The city has agreed to a letter of intent to purchase the 2.9-acre site for \$3.2 million, receiving \$300,000 credit to help alleviate future environmental cleanup costs.
"Long term, it does have the development potential for mixed use development consistent with the Bridge District plans," City Manager Aaron Laurel said.
At approximately \$25 a square foot, the property's purchase price is lower than nearby properties appraised between \$30 to \$71 per square foot. Its purchase will

enable West Sacramento to continue work on its Bridge District Plan that includes extending Grant Street and Ballpark Drive into the District, further widening of 5th Street for pedestrian, bicycle and vehicular traffic from Cabaldon Parkway to 15th Street and additional public parking.
"To date, only portions of 5th Street have been improved/widened, and bicycle/pedestrian access is limited to the east side of 5th Street due to a lack of property control, which is not consistent with complete streets policy in the Mobility Element of the General Plan," economic development and housing department staff wrote in the council report.
Councilwoman Quirina Orozco said the purchase further enabled the city's long-time vision of creating an urban environment where people can enjoy local amenities without

getting into their cars and add to traffic congestion. It will provide easier and safer access to businesses in the Bridge District along with giving baseball fans the opportunity to walk to Sutter Field "without putting their livelihood in peril."
Guerrero said she felt it was a good strategic move by the city administration.
"Keeping people safe and getting them out of their cars," she added. "That has always been the plan is to get people out of their cars, especially in the Bridge District and to keep people safe."
The Riske Lane purchase is funded by revenue from the Bridge District IFD (Infrastructure Financing District). The funding is not city revenue but revenue from bond issuances and sales authorized by City Council in May 2025.
Repayment of these bonds will rely on a

portion of tax increment revenues paid to the city by commercial property owners in two infrastructure financing districts created by City Council — IFD No. 1 (Bridge District) and the larger Enhanced Infrastructure Financing District No. 1. The money pledged by the city for bond repayments would normally be used in the city's General Fund.
The EIFD was created by council in 2016, while the IFD was created in 2014.
Council also authorized at the May 6 meeting the purchase of properties at 817 and 829-849 Jefferson Boulevard for \$6.4 million. The properties, totaling 1.87 acres, are located at the corner of Jefferson Boulevard and Merkle Avenue and almost adjacent to city-owned property on West Capitol Avenue and currently used for overflow parking for Civic Center

events.
The property is currently home to two tenants, NorCal Safe & Vault and Engstrom Property Management, who will lease the land for up to five years. After two years the city has the right to terminate the agreement for development purposes.
Revitalization of West Capitol Avenue has been identified as a council priority in its strategic planning process. This past April, the council used a \$2.5 million Sacramento Area Council of Governments (SACOG) grant to award an over \$1.75 million contract to Kimley-Horn and Associates for advanced planning, engineering, design and project development work to "address barrier transportation facilities" as part of the US-50/Interstate 80 Business Connectivity project — a project that includes "evaluating

mixed-use, transit-oriented development options at the intersection of Jefferson Boulevard and Merkle Avenue."
While it will take several years to complete the project design work, purchasing the Jefferson Boulevard properties now will enable the city to begin work on improvements consistent with the Connectivity Project including evaluating "obsolete decommissioned freeway structures on Cabaldon Parkway and Jefferson Boulevard and design alternatives for local use" while incorporating "complete street elements and proposed local streets to connect communities."
It will also assist with planned expansion of light rail connections to downtown Sacramento and support local mixed-use projects that are planned or underway. ★

RCHS Earns Career Choices Gold Medal for 10th Consecutive Year

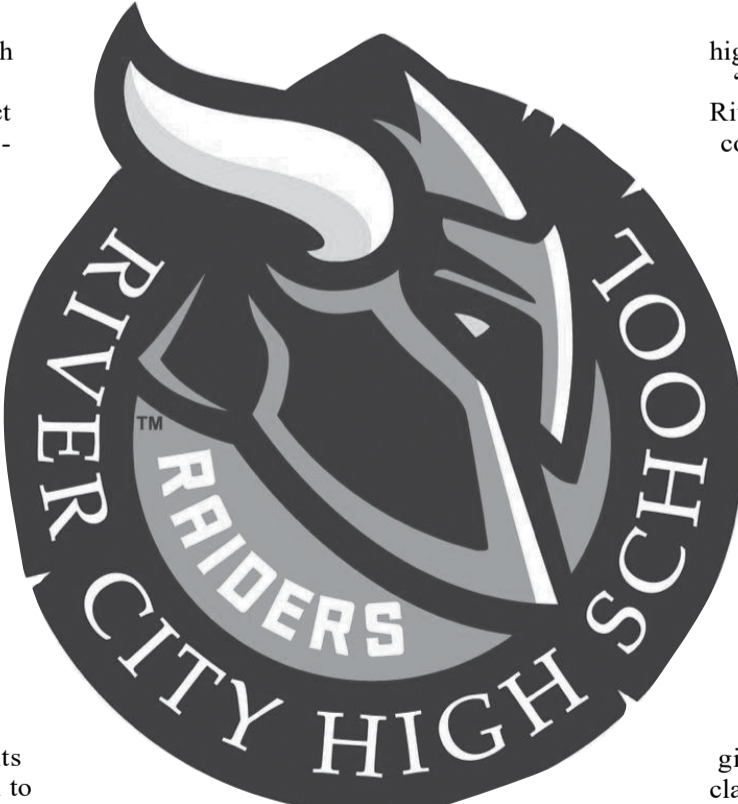
Academic Innovations News Release
WEST SACRAMENTO, CA (MPG) - River City High School has once again been recognized as one of the nation's leading schools in life and career planning, earning the Career Choices Gold Medal for the tenth consecutive year.
The award, presented annually by curriculum publisher Academic Innovations, recognizes top-performing schools that demonstrate excellence in preparing students for success in college, careers and life. River City continues to stand out through its comprehensive implementation of the "Career Choices" series curriculum and My10yearPlan.com, which helps students develop personalized, skills-based plans for their futures.
Led by teacher Marlaina Spivey, River City's program focuses on helping students understand themselves,

explore career pathways and connect their interests and values to real-world opportunities. Through reflective activities and long-term

By connecting self-discovery with practical planning, River City helps students build confidence in their decisions while developing the skills needed to adapt in a rapidly changing world.

planning exercises, students are encouraged to think deeply about who they are and how their

strengths align with their future goals.
One signature project asks students to create a personal "coat of arms" representing their interests, values, goals and vision for the future. The project serves as a visual anchor that teachers and students revisit throughout the course.
"This is you, this is what represents you, these are your goals," said Spivey. "When we're trying to figure out what students want, we can go back to their coat of arms and say, 'You drew this — you have a music note because you love music. Where does that fit into your life and your life plan?'"
By connecting self-discovery with practical planning, River City helps students build confidence in their decisions



while developing the skills needed to adapt in a rapidly changing world.
River City's long-standing commitment to career readiness and student-centered planning has helped the school consistently

achieve strong outcomes, including graduation rates and test scores that exceed state averages. The program also emphasizes equitable access to opportunities by ensuring every student develops a clear plan for life after

high school.
"The educators at River City High School continue to demonstrate what's possible when academics are connected to students' futures," said Mindy Bingham, author of the "Career Choices" curriculum and CEO of Academic Innovations.
"For ten years running, their leadership has helped students build meaningful 10-year education and career plans that give them confidence, clarity and direction."
As River City celebrates a decade of Career Choices Gold Medals, the school remains a national model for how intentional career exploration, reflection and planning can transform the high school experience, empowering students to graduate with purpose and a plan. ★

TO ADVERTISE CALL 916-773-1111

CALL A PROFESSIONAL

GET TO KNOW GREINER!

New customers take **\$50 OFF** your first service

- Heating & A/C maintenance, repair & replacement
- Water heater repair & replacement
- Solar installation
- Home performance, efficiency & comfort

Call Us Today!
(916) 545-1784
 www.iTrustGreiner.com
 NP-0120 CA #365955

CREST JEWELERS

- Jewelry
- Watches
- Sales
- Repair



WE BUY SCRAP GOLD!!
 Family-owned with pride by the Macias family since 1967!
 1296 West Capitol Ave (at Safeway Center) • 371-6440

ALL AMERICAN PRO CONSTRUCTION & RESTORATION

- FAMILY-OWNED & OPERATED
 - VETERANS & SENIOR DISCOUNTS
 - GREAT CRAFTSMANSHIP & CUSTOMER SERVICE
- SPECIALIZING IN KITCHEN & BATH REMODELS, WATER DAMAGE, PLUS MUCH MORE.**

BIG OR SMALL, WE DO IT ALL.
GIVE US A CALL.
916-504-0188
 HTTPS://AAPC.BUILD
 CSLB# 1089369, Licensed, Bonded & Insured

LYTLE CONSTRUCTION INC.

Award-Winning Design/Build Firm
 Remodeling and Design

- Additions
- Kitchens
- Bathrooms
- Custom Cabinetry

www.lytleconstruction.com

PROFESSIONAL PET WASTE REMOVAL SERVICE

Total clean SCOOP TEAM
 HONEST SERVICE. FAIR PRICING. SPOTLESS RESULTS.
 916-250-2506
 WWW.TOTALCLEANSCOOPTeam.COM

Bobby's Seven Day Barber Shop

Open Everyday!
 1040 West Capitol Ave Suite E (Behind Subway)
 West Sacramento, CA 95691
Bobby Luna
(916) 371-4676
 Next to City Hall
 Corner of West Capitol and Merkley

S & Y Cleaning Services

Weekly • Bi-Weekly • Monthly • One Time
 Weekends • Move-Ins • Move-Outs
 Lots of References on Request
 Gift Certificates Available
(707) 689-6532
 FREE ESTIMATES

We live where you live

We understand your propane service needs.
 WE ARE **Pro-Gas**
ALLIED PROPANE
(707) 678-8500
 1700 N. First Street | Dixon
 RobL@alliedprogas.com

HOUSE OF FLOORS

Hardwood-Laminate-Luxury Vinyl-Carpet-Tile-& More
 1690 N. Lincoln Street • Dixon, CA 95620
(707) 676-5385
 houseoffloors@att.net • www.houseoffloors.org

Local Writers Wanted

We are looking for local Freelance Writers to provide great coverage.
MPG Call us today at 916-773-1111

Pregnant? Worried?

We Can Help!
 All services are free & completely Confidential.
 Info on Pregnancy, Adoption & Abstinence
 Post-Abortion, Miscarriage & Stillbirth Counseling
707-449-8991
 Alpha Pregnancy Resource Center
 138 S. Orchard St. Vacaville

To ADVERTISE
CALL
916.773.1111

WestSacramentoNewsLedger.com

LOCAL ARREST RECORDS

CRIME SCENE DO NOT CROSS

Find out what's happening in your local area at...

WESTSACRAMENTONEWSLEDGER.COM

ARREST LOGS UPDATED DAILY

West Sacramento NewsLedger

Serving West Sacramento and Yolo County since 1964

It is the intent of the *News-Ledger* to strive for an objective point of view in the reporting of news and events. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

The *News-Ledger* is not responsible for unsolicited manuscripts or materials. The entire contents of the *News-Ledger* are copyrighted. Ownership of all advertising created and/or composed by the *News-Ledger* is with the publishing company and written permission to reproduce the same must be obtained from the publisher.

Publisher, Paul V. Scholl

News-Ledger is a member of Messenger Publishing Group

To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: Publisher@MPG8.com. Be sure to place in the subject field "Attention to Publisher." If you do not have email access, please call us at (916) 371-8030.

Subscriptions should be mailed to:
 West Sacramento *News-Ledger*
 1040 West Capitol Avenue, Suite B
 West Sacramento, CA 95691
 Subscription rate is \$52 per year within West Sacramento and \$72 outside of West Sacramento.

Main Office Address: 2508 Garfield Ave., Suite A, Carmichael, CA, 95608. Call 916-773-1111 for more information.
 The *News-Ledger* is published weekly on Friday.

We are proud members of these newspaper associations.

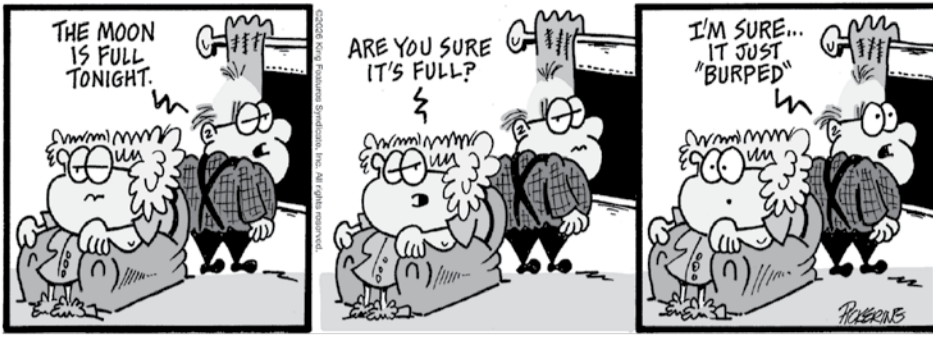
CHURCH DIRECTORY

<p>Seventh Day Adventist Church Sasa Andelkovic, Senior Pastor 2860 Jefferson Blvd., W. Sac. PO Box 447, W. Sac. 95691 Sat. Sabbath School 9:30 a.m. Worship 11 a.m. (916) 372-6570</p>	<p>Looking for a place to worship? Check here first! To find out how to list your place of worship in this directory, call (916) 371-8030 for more information.</p>
<p>New Seasons Church Your Church in West Sacramento Pastor Ron Jackson Sunday Service 9:30 a.m. 2124 Michigan Blvd., West Sacramento, CA 95691 (916) 265-4025 pastorr@newseasonsws.com www.newseasonsws.com</p>	<p>Community Lutheran Church Join us for a positive, uplifting message! We welcome all! Sunday Service at 10 a.m. 920 Drever St. (916) 317-8804 Facebook.com/ CommunityLutheranWestSacramento</p>
<p>West Sacramento Baptist Church Sun. School - 9:30 a.m. Sun. Worship - 11 a.m. Wed. Prayer Meeting & Bible Study - 6:30 p.m. 2124 Michigan Blvd. (916) 371-2111</p>	<p>Trinity Presbyterian Church 1500 Park Blvd. W. Sacramento (916) 371-5875 www.TrinityWestSac.org info@trinitywestsac.org Pastor Jamie Crook Spanish Ministry Pastor: Miryam Osorio Sunday Worship Services: 10 a.m. Blended/Traditional Noon Spanish Language</p>
<p>Center for Spiritual Awareness The church love is building 1275 Starboard Dr. W. Sac. 95691 (916) 374-9177 Sun. Services: 9 am and 10:45 am Meditation: 10:30 am Youth Programs & Jr. Church Rev. Rick Harrell www.csasacramento.org revrick@csasacramento.org</p>	<p>Our Lady of Grace Catholic Church 911 Park Blvd, West Sacramento Office: (916) 371-4814 Fr. Mathew Rappu, Pastor Mass: Mon, Tues, Wed 8:30 a.m. Fri 8:30 a.m. at OLG school during school year Sat: 5:30 p.m. vigil, Sun: 9 a.m., 11 a.m.</p>
<p>TENRIKYO (DIVINE TRUTH) NC CHURCH SERVICE = 2ND SUNDAY 10:00 AM DAILY SERVICE = 6:00 PM (Special prayer for suffering from spiritual and physical for Joyous Life) Free pilgrimage guide to Parental Home in Japan 2840 DAVIS ROAD W.SAC (503) 887-7665 tenri.nc.church@gmail.com</p>	<p>Lighthouse Church of West Sacramento Pastor Rosendo Lara Sundays Service - 10:30 a.m. 3605 Gregory Ave. West Sacramento, CA 95691 (916) 572-0164 lighthousewestsac.com</p>

COMICS & PUZZLES

The Spats

by Jeff Pickering



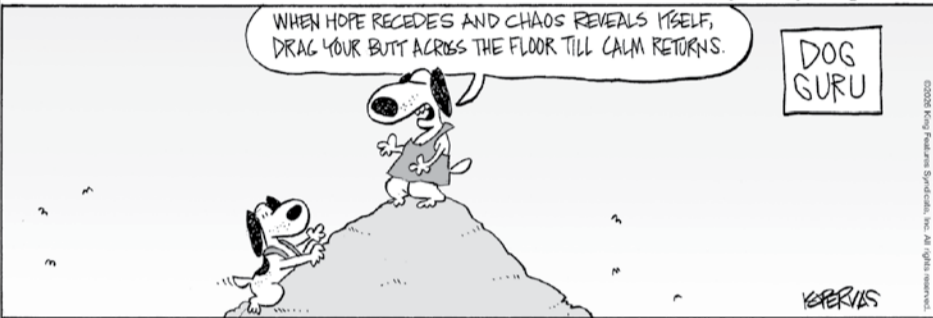
Amber Waves

by Dave T. Phipps

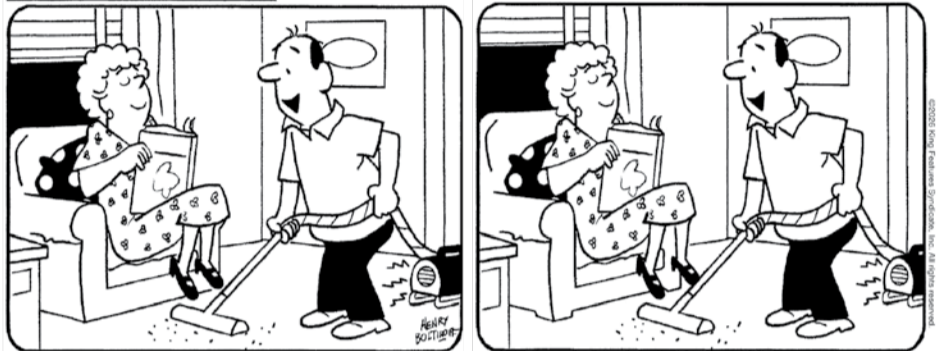


Out on a Limb

by Gary Kopervas



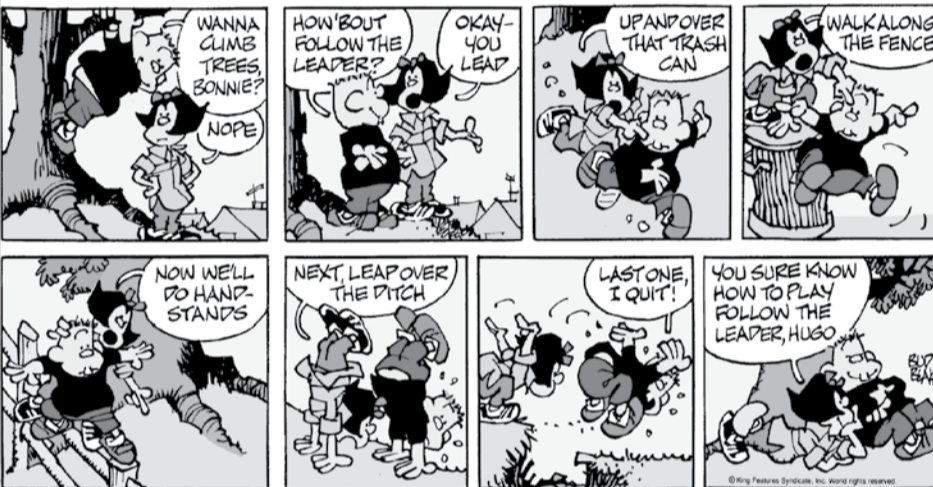
HOCUS-FOCUS BY HENRY BOLTINOFF



Find at least six differences in details between panels.

TIGER

by BUD BLAKE



GRIN and BEAR IT



R	A	S	H		P	A	L			M	E	M	O					
U	N	T	O		B	L	U	E		A	A	R	O					
S	T	E	T		E	A	R	N		M	U	N	R	O				
H	I	M	A	L	A	Y	A	S		I	N	S	T					
					I	O	T	A	S		D	N	A					
S	A	C	R	A	L					T	O	O	K	A	I	M		
O	O	H			D	E	F	E	A	T		E	U	R	O			
D	R	A	M	S		U	R	L		N	A	T	A	L				
O	T	I	C		E	J	E	C	T	A		O	T	T				
M	A	N	K	I	N	I				A	B	U	S	E	S			
					I	T	D			B	A	R	O	N				
					M	A	N	A		M	O	N	T	B	L	A	N	C
Y	O	U	L	L		E	D	D	A		O	B	O	E				
O	N	K	E	Y		T	E	E	N		A	L	P	S				
N	O	S	Y			A	D	S			D	Y	E	S				

STATEPOINT CROSSWORD • MOUNTAINS

CROSSWORD

1	2	3	4		5	6	7		8	9	10	11	
12					13				14				
15					16				17				
18					19				20				
					21				22				
23	24	25							26		27	28	29
30					31		32	33			34		
35					36				37		38		
39					40				41		42		
43					44				45		46		
					47				48	49			
50	51								52		53	54	55
56									57		58		
59									60		61		
62									63		64		

CLUES

ACROSS

- Ill-considered
- Mate
- "I didn't get the ____"
- Biblical preposition
- Down in the dumps
- Rodgers of NFL fame
- Proofreader's mark
- Get bacon?
- *Any mountain over 3,000 feet, in Scotland
- *Mount Everest mountain range
- Research facil.
- Itsy-bitsy bits
- Forensic evidence, acr.
- Relating to sacrum
- What Cupid did (2 words)
- Amazement interjection
- Not victory
- Eurozone money
- Whisky measure, pl.
- Dot-com address
- Birth-related
- Auricular
- Volcanic ash, e.g.
- Pro baseball's "Master Melvin"
- Borat's swimsuit
- Cruel treatments
- It would
- Munchausen's title
- Supernatural life force
- *Mountain inspiration for a pen name (2 words)
- You will
- Icelandic epic
- Double reed woodwind instrument
- Like a good singer (2 words)
- Not quite an adult
- *Matterhorn site
- Like a busybody
- Commercial break contents
- Coloring substances

DOWN

- *Mount ____ more, South Dakota
- A in ABS
- Opposite of stern
- Ballroom filler (2 words)
- *Vamos a la ____
- Saintly glows
- Carl Zeiss' product
- *Tallest mountain from base to peak (2 words)
- European sea eagles
- Dead, in France
- Yoko of music fame
- *11 Down's late husband, e.g.
- Kind of acid
- Dump truck quantities
- Email period
- Bible's wicked city
- Blood circulation artery
- ____ gang
- Baby powder ingredient
- Sting Rays and Mustangs
- Angry
- Sheds skin, as in snake
- *World's most climbed mountain
- Before, poetically
- *Denali, 1917-2015
- British East India Company millionaire
- Fairy tale's last word
- Scottish clan identity
- *Vesuvius location
- Take care of cargo
- Foreshadowed
- *World's longest mountain range
- As opposed to stereo
- Puffins and guillemots
- Facebook's parent company
- Competently
- Uh-uh
- British tax
- Old-fashioned "far"

CALL CONSUMER CELLULAR 888-804-0913

Off First Month of New Service! USE PROMO CODE: GZ590

Consumer Cellular

SWITCH & GET \$25

Classified Advertising

Sell Your Stuff! Reach 1000's of Readers Every Week!

MPG

916.773.1111

9	3	4	5	6	7	2	1	8
8	7	6	2	1	9	5	3	4
5	2	1	3	8	4	6	9	7
1	6	9	8	5	3	4	7	2
2	4	5	9	7	6	3	8	1
7	8	3	1	4	2	9	5	6
6	5	2	7	3	8	1	4	9
4	1	7	6	9	5	8	2	3
3	9	8	4	2	1	7	6	5

WE SUPPORT FIRST RESPONDERS

MPG

SUDOKU

Call today and receive a **FREE SHOWER PACKAGE PLUS \$1600 OFF**

SAFE-STEP WALK-IN TUB 1-855-576-5653

	3	4				2	1	8
8		6				9	5	
	2							
			8		3			
2	4			7			8	1
			1		2			
							4	
		7	6			8	3	
3	9	8				7	6	

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Community Calendar

Continued from page 2

Willow Ave., Clarksburg. See our 25th anniversary show featuring cars, trucks, hot rods, lowriders, motorcycles, and more. Free admission, family-friendly event.

Sunday, May 24: West Sac Buy Nothing, noon to 5 p.m. at Jack Rabbit Brewing Company, 1323 Terminal St. Bring what you don't need, take what you love. Bring your clean gently loved items, place them on a table for others to enjoy. Browse other tables and take home treasures for free. This month you're invited to bring new or gently used sports equipment, camping gear, outdoor decorations, gardening supplies, clean pet beds or toys. See www.jackrabbitbrewingcompany.com/buynothing for more information.

Wednesday, May 27: Classic Car Meet, 4:30 p.m. to 7:30 p.m. at Lenise's Café, 3150 Jefferson Blvd.

Wednesday, May 27: Party with a Purpose, 6 p.m. to 8 p.m. at Berryessa Brewing Co., Winters. Yolo County Supervisor Lucas Frerichs is hosting his annual party, which this year will benefit the vital children's programs at Empower Yolo. Support for this event ensures that every child who walks through Empower Yolo's doors is protected, celebrated, encouraged and reminded that their future is bright. Tickets and more information at

www.empoweryolo.org/party-with-a-purpose.

Saturday, May 30: Repair Café, 9 a.m. to noon at Holy Cross Church, 1921 Anna St. Drop in for free repairs on small appliances, bicycles, jewelry, knife and tool sharpening, or computer diagnostics.

Sunday, May 31: 133rd Annual Freeport/Clarksburg Portuguese Festa, 10:30 a.m. to 2:30 p.m. at IDES Portuguese Hall, 54113 South River Rd., Clarksburg. Events start with the parade at 10:30 a.m., then mass at 11 a.m. at St. Joseph's Church, 32890 S. River Rd., Clarksburg. Live auction kicks off at 1 p.m. and sopas will be served through the entire event. More information at www.facebook.com/freeportfesta.

ONGOING ACTIVITIES

(Current as of publication, please verify schedule with the organization):

Café Yolo Social Dining meets on Wednesdays at 11 a.m. in the West Sacramento Community Center, 1075 West Capitol Ave. Seniors over age 60 are invited to mingle and dine for free, sponsored by Meals on Wheels. Reservations required 24 hours in advance at 530-662-7035 or email welcome@mowyolo.org.

Davis Craft and Vintage Fair, Sunday,

May 24, 10 a.m. to 4 p.m. at Central Park, 301 C St., Davis. Expect to see friendly vendors with local handmade and original art, crafts, quality vintage items, upcycled treasures, earth-friendly creations, good food and more. Information and more dates at www.davis-craftandvintage.org

Home Depot Kids Workshops are free in-person at 690 Riverpoint Court on the first Saturday of each month from 9 a.m. to noon, while supplies last. The next class will be June 6, to make a goalie game. Registration required by using the following link: www.homedepot.com/workshops/

Kitchen Garden Chat, 10 a.m. to 11 a.m. on the first Saturday of each month. The next chat will be "Garlic Harvest, Citrus June Drop and Vegetable Flowers that Don't Produce Fruit" on Saturday, June 6. Join UC Master Gardener of Yolo County, Treva Valentine for these events, free and open to anyone who wants to get more to eat from their garden throughout the year. No registration is required. Zoom link at www.ucanr.edu, look for the UC Master Gardeners-Yolo upcoming events webpage.

Lowe's Kids Workshops are free in-person each month from 7 a.m. to 10 a.m. at 2250 Lake Washington Blvd. Next workshop will be Saturday, May

16 to make a garden basket. Registration required by searching "events" at www.lowes.com

Mighty Rotary Club of West Sacramento meets on Fridays at noon at Streets of London, 2200 Lake Washington Blvd. See www.rotary-clubofwestsacramento.org for more information, including how to join the Rotary.

OLLI (Osher Lifelong Learning Institute) at UC Davis brings together adults ages 50 and better to keep minds active and connections strong — because learning is a lifelong adventure. For a schedule of stimulating lectures and discussion groups, captivating film screenings, educational field trips and online and in-person classes, email us at cpe.ucdavis.edu/lifelong-learners-OLLI.

Out of the Box Ministries holds a monthly event for volunteers to pack grocery bags for distribution to community members in need. Join us Sunday, May 17 at 2 p.m. to pack bags at Trinity Presbyterian Church, 1500 Park Blvd. for May 21 distribution at the same location. On distribution days, doors open at 6 p.m. for volunteers and 6:30 p.m. for clients. More information at 916-371-5875.

The University of California Cooperative Extension (UCCE) Master Gardeners will be available to answer your gardening questions

at their West Sacramento Gardening Q&A Desk. It will be open from 10 a.m. to noon at Lowe's, 2250 Lake Washington Blvd. This desk is held on the first and third Saturdays of every month, free and open to the public. For more information, please contact Jennifer Baumbach at jmbaumbach@ucnar.edu or call the Yolo County Master Gardeners hotline at 530-666-8736. Next session will be Saturday, May 16.

Washington Unified School District School Board Meeting, Thursday, May 28, 5:30 p.m. at City Hall, 1110 West Capitol Ave.

West Sacramento City Council meets at 7 p.m. generally on the first and third Wednesday of each month. Meetings are held at City Hall, 1110 West Capitol Ave., second floor, also viewable on Astound Cable channel 20 and AT&T channel 99. More information, including how to participate and Committee meeting schedules, can be found at: <https://www.cityofwestsacramento.org/government/city-council/city-council-meetings-agendas>. The next Council meeting will be on Wednesday, May 20.

Yolo Bypass Wildlife Area Tours run rain or shine on the third Sunday of each month, unless there is flooding. View seasonal and permanent wetlands, native grasslands and young riparian

forests. Meet at the Yolo Bypass Wildlife Area Headquarters, 45211 County Road 32B. Next tour will be Sunday, May 17. Registration is required at www.yolobasin.org

FOOD RESOURCES

City of West Sacramento Parking Lot, 1271 West Capitol Ave., every Saturday, 8:30 a.m. while supplies last. This is a walk-up distribution. Please bring your own bags or cart.

Home Church, 108 W. Woodland Ave., Woodland, every Monday at 3:30 p.m. This is a walk-up food distribution. Please bring your own bags or cart. (NOTE: Closed on Memorial Day, May 25.)

Masjid Aisha, 700 Glide Ave., every Tuesday, 8:30 a.m. while supplies last. This is a walk-up food distribution. Please bring your own bags or cart.

Woodland Community College, 2300 E. Gibson Rd., Woodland, every Friday at 8:30 a.m. This is a drive-through distribution.

Yolo Food Bank, www.yolofoodbank.org/find-food/, has additional public community food distribution sites updated monthly, as well as information on their network of partner agencies. ★

LOCAL NEWS

HAS NEVER BEEN SO IMPORTANT!
SUBSCRIBE NOW!

ONLY
\$52*
PER YEAR

RECEIVE WEST SACRAMENTO NEWS LEDGER
EVERY WEEK AT YOUR HOME OR BUSINESS!

YES! START MY SUBSCRIPTION NOW!

FULL NAME

STREET

CITY

ZIP

PHONE

EMAIL ADDRESS

MAIL YOUR PAYMENT AND GET STARTED IMMEDIATELY:

West Sacramento
News Ledger

Office address:
1040 West Capitol Ave., Suite B, West Sacramento, CA 95691

West Sacramento News Ledger is published weekly on Friday.

*Subscription rate valid only within Yolo County.

MPG

DON'T WAIT! CALL NOW! 916-773-1111

Ask DR. UNIVERSE

Why do so many animals give birth in spring?

- Nova, 10, United Arab Emirates

Dear Nova,

Nothing says "spring" like frolicking baby animals.

I asked my friend Michela Ciccarelli why so many babies arrive then. She's a veterinarian at Washington State University. She specializes in animal reproduction.

It turns out lots of mammals are seasonal breeders. That's a strategy to make sure their babies come at the best time.

"It's an evolutionary adjustment," Ciccarelli said. "Spring is the time of year where it's getting warmer. There's enough forage to make sure lambs, kids, foals and calves survive."

If those baby animals were born in the winter, their moms might find less food—and they need that food to make lots of good milk. They may face hungrier predators. Plus, freezing winter temps can be dangerous.

Many animals adapted by adjusting their hormones. Hormones are chemical messages. They control things like reproduction.

Gonadotropin-releasing hormone (GnRH) acts like a switch. It sets off a cascade of chemical messages that make reproduction happen.

Melatonin is a hormone made by the brain when it's dark. It helps animals sleep. It's also a seasonal timer. It cranks on or shuts down GnRH, based on the sunlight and the temperature.

Some animals are pregnant for a long time—9 months or more. To have spring babies, they need to fertilize their eggs in the spring or summer. That's when there's more sunshine and longer days. So, these animals are long-day breeders—like horses.

For them, melatonin puts the brakes on GnRH. When there's more light, melatonin drops. Without it, GnRH turns on and powers up reproduction.

Some animals are pregnant for a short time—about 5 months. So, they need to fertilize eggs in the fall. That's when there's less light. They're called short-day breeders—like goats and sheep.

For these animals, melatonin revs up GnRH. When there's less light, they make more melatonin. That turns on GnRH and kicks off reproduction.

All these animals use the same tools—melatonin and GnRH—just in opposite ways. But their goal is the same: to have babies in the spring.

Some animals adapted complicated strategies. Lots of bears do embryonic diapause. They fertilize eggs in the spring. But the embryo doesn't implant or start developing right away. It floats in suspended animation until late fall. If the bear is plump and healthy when she starts hibernating, the embryo starts growing.

That mother bear will wake up to birth and care for her cubs all winter—but take lots of naps. This form of hibernation is called torpor.

This strategy works because bear babies are super small and helpless. They spend the winter snuggled up in a safe, cozy den. They'll be ready to tumble out when spring arrives.

Climate change is a problem for seasonal breeders. It affects the temperature and light.

"This all happened with time and the adjustment of the species to the environment," Ciccarelli said. "With global warming, we're seeing things that we've never seen before—like mares that come into heat much earlier."

Some types of animals will adapt. Others will struggle to match their reproduction to the changes.

Humans have affected animal reproduction in more direct ways, too. They domesticated some animals that reproduced seasonally in the wild—like pigs, cows and dogs. Now they reproduce all year so humans can have meat, milk and cute puppies.

Since humans help care for those animals, their babies can safely spring onto the scene at any time.

Sincerely,

Dr. Universe