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THE NEWS

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VOLUME 45 • ISSUE 29

Serving Rio Linda, Elverta and Sacramento County

JULY 17, 2026

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Meeting the New School Board



At the July 7 school board meeting, the Twin Rivers Unified School District Board of Trustees elected officers for the 2026-2027 school year: President Christine Jefferson; Vice President Sascha Vogt; and Clerk Michael Baker. Photo courtesy of Twin Rivers Unified School District

**Twin Rivers Unified School
District News Release**

SACRAMENTO REGION, CA (MPG) - At the July 7 school board meeting, the Twin Rivers Unified School District Board of Trustees elected officers for the 2026-2027 school year: President Christine Jefferson; Vice President Sascha Vogt; and Clerk Michael Baker.

Christine Jefferson is a lifelong resident of Sacramento and was raised in Del Paso Heights. Trustee Jefferson, her mother, father and daughter graduated from Grant Union High School. Trustee Jefferson worked in the Audio Visual Department in Grant Joint Union High School District/

Continued on page 2



Emmanuel Amanfor, Twin Rivers' new Area Six trustee was sworn in at the July 7 school board meeting. Photo courtesy of Twin Rivers Unified School District

New Home Market Returns to Pre-Pandemic Levels

North State Building Industry Association News Release

SACRAMENTO, CA (MPG) - June's new home sales totals are another indication that the new home market in the greater Sacramento region has settled back into pre-pandemic patterns, the North State Building Industry Association reported July 7.

Tim Murphy, the BIA's president and CEO, said a look at sales during the first two quarters puts the state of the market in clearer terms.

"This year, our members sold 3,016 homes between Jan. 1 and June 30, just one sale less than in 2020," Murphy said. "Looking at the first half of the year over the past decade, this year's sales, and last year's, fall squarely within the range we saw from 2017 through 2020. The pandemic years stand out as the exception, with demand significantly higher than historical norms."

During the month, BIA members sold 356 new homes across the eight-county region, down 25% from May but up 14% from June 2025. Sales were also 15% below the historical June average dating back to 1997.

Murphy said several factors have contributed to the market settling into a pre-pandemic pattern. One is that state government and many private sector companies are requiring employees to be back in the office more of the time, meaning the work-from-home surge is clearly over.

In addition, interest rates have edged higher and affordability remains constrained by the high fees charged by local governments and other regulatory requirements that increase costs and slow housing production.

Still, Murphy said that builders also continue to offer significant incentives to make new homes more affordable, and buyers currently have more opportunities to purchase completed homes or homes with shorter-than-usual move-in times.

During the month, Roseville led the region with 76 sales, followed by Sacramento (61), Rancho Cordova (38), Elk Grove (29) and Lincoln (22). Natomas came in sixth with 22, followed by Plumas Lake and Galt with 16 each and El Dorado Hills and Folsom with 14 each.

Sales were reported for 203 communities in Amador, El Dorado, Nevada, Placer, Sacramento, Sutter, Yolo and Yuba counties.

Getting Ready for National Night Out



National Night Out has something to offer residents of all ages. Photo courtesy of Stacey Bastian

By MPG Staff

RIO LINDA, CA (MPG) - The more, the merrier. National Night Out is quickly approaching, and the entire county, and even country is invited to participate.

Rio Linda's National Night Out is set to take place Tuesday, Aug.

4. Sponsored by the Rio Linda branch of the Sacramento Public Library, the event offers an opportunity to step out of your weekly routine and immerse yourself in your community, meet your neighbors and engage with first responders.

According to the

National Night Out website, the event "is an annual community-building campaign that promotes police-community partnerships and neighborhood camaraderie."

The free, family-friendly event will be held from 5 to 8 p.m. at the Rio Linda Library, 6724 Sixth St.

Food and live music will be offered. Highlights include community exhibits from local organizations, safety demonstrations and youth resources.

To participate with your group or organization, contact Stacey Bastian at 916-217-1485. ★

Meeting the NEW School Board

Continued from page 1
Twin Rivers Unified for 37 years. Trustee Jefferson retired from Twin Rivers Unified School District/Grant Joint Union High School District. Trustee Jefferson served as Chief Job Steward for her union. She was also one of two District mediators for classified and certificated employees.

Trustee Jefferson has spent many decades working and serving in the Del Paso Heights community. She served as secretary on the Grant Little League. She served two terms as a cheerleader coach to many students at Grant Union High School. She served on the UCAN Board helping to promote students going to college. Trustee Jefferson has also volunteered for over 20 years at the TLC Soup Kitchen helping to feed the community. Along with her husband, Trustee Jefferson helped to form the Del Paso Heights Community Association. She has been an advocate for a host of parents dealing with IEPs. Trustee Jefferson served alongside her husband as a volunteer chaplain at Folsom State Prison for two years. Trustee Jefferson is a photographer and is best known to her community as the “picture lady”—she has taken thousands of pictures and shared them for free with her community. Trustee Jefferson is very connected to her community. She is a community activist for civil rights and education.

Trustee Sascha Vogt is honored to serve as the Twin Rivers Unified school board member representing Area 7. She has lived in the North Sacramento/Del Paso Heights area for nearly 50 years, attended district schools, and cherishes the memory of all four of her children graduating from Grant Union High School.

A former Head Start parent with a career in early childhood education of over 30 years, Trustee Vogt is known in the community



Also sworn in was returning Trustee Stacey E. Bastian (Area Four). Photo courtesy of Twin Rivers Unified School District

as a dedicated and passionate advocate for creating safe, nurturing and inclusive environments for children and their families, with an emphasis on youth development programs. Her commitment to education and community service is also evident in her work with crisis response support and initiatives, including the Black Child Legacy Campaign and the Healing 5 Foundation, founded in memory of Grant Union High School student JJ Clavo.

A strong believer in the power of collaboration and transparency in educational governance, Trustee Vogt, a former Twin Rivers Unified employee, is committed to fostering an environment where students, teachers, parents and community members thrive together.

Currently enrolled in the Grantland L. Johnson Institute of Leadership Development, Trustee Vogt continues to hone her skills in service, advocacy, effective governance and

organizational leadership. She looks forward to the work ahead in fulfilling the district’s mission and the hopes and aspirations of students, staff and families.

Michael Baker and his wife grew up in Twin Rivers Unified schools where their two children now attend. Trustee Baker has lived in the community for 41 years and is a graduate of Foothill High School where he was active in student leadership and JROTC. He is the Director of Compliance and

Strategy for an emergency medical agency in northern California. Trustee Baker serves as the President of the Old Foothill Farms Neighborhood Association, Vice President of the Foothill High School Alumni Association and Chairman on the Foothill High School Hall of Fame Committee. Trustee Baker is a proud alumnus of Foothill High where his son now attends.

First elected to the Twin Rivers School Board in 2012, Trustee Baker felt

the need to serve in the district and community that helped raise him. Trustee Baker had been a boys and girls basketball coach at Foothill for over 10 years. In his spare time Trustee Baker enjoys racquetball and golf.

Also sworn in at the July 7 meeting was sworn Emmanuel Amanfor, Twin Rivers’ new Area Six trustee. Trustees Sharon Reichelt (Area Two) and Stacey E. Bastian (Area Four) will continue their service. ★



Golden Mussels Plague Farms and Water Districts

The spread of golden mussels in California has alarmed farmers this year as the invasive species established itself in waterways across much of the state. In the Sacramento-San Joaquin Delta, the freshwater mollusks began obstructing irrigation systems that sustain billions of dollars’ worth of tree nuts, winegrapes, tomatoes and other crops. Among the most vulnerable agricultural infrastructure are hundreds of steel pipes that siphon water from the delta into irrigation pumps and ditches. Christopher Neudeck, president of Stockton-based civil engineering firm Kjeldsen, Sincock & Neudeck, said during the past six months “an onslaught of golden mussels” began clogging some siphons and pumps that pull water from delta rivers, choking off farmers’ water supply. Replacing siphons, pump stations and drainage pipes affected by golden mussels could cost farmers in the delta more than \$35 million, according to an estimate Neudeck provided this year to the San Joaquin County Office of Emergency Services.

California Awards \$2 million to Curb Livestock Attacks by Wolves

After months of discussions with agricultural leaders and community members, the California Department of Fish and Wildlife awarded \$2 million to organizations supporting efforts to reduce wolf-livestock conflicts. The funding includes \$1.1 million to the California Farm Bureau’s California Bountiful Foundation to reimburse producers who have suffered a confirmed

or probable wolf attack on livestock. The other organizations receiving funding-Sierra Valley Resource Conservation District, Honey Lake Valley Resource Conservation District and Working Circle-will use the remaining funds to assist in relevant outreach and education. “We have heard clearly from ranchers how hard the return of wolves has been on their livelihoods-not just financially but in the day-to-day mental and physical toll of managing this animal,” CDFW Director Meghan Hertel said in a statement.

Early Crop Boosts Prospects for California Pear Growers

The first U.S.-grown pears to be harvested this year began shipping to retailers and canneries last week as the season kicked off in Sacramento County. After a historic spring heat wave, the crop matured faster than usual this year. Growers along the Sacramento River started picking Bartlett pears, the state’s top variety, on June 29, about two weeks earlier than average. California pear growers aim to sell most of their crop before September, when they lose market share to pears from the Pacific Northwest. Justin Bloss, sales and marketing manager at Lodi-based Rivermaid Trading Co., California’s top pear supplier, said the early harvest could benefit growers in the state by lengthening their market window. “It’s really a blessing,” Bloss said. California is expected to harvest about 91,000 tons of Bartletts this year, down 15% from last year’s 107,000 tons, according to the California Pear Advisory Board. ★



Ami Bera

U.S. Representative Ami Bera News Release

WASHINGTON, D.C. (MPG)

- U.S. Representative Ami Bera, M.D. (CA-06) issued the following statement June 23, after the House passed the Senate-amended 21st Century ROAD to Housing Act. The bipartisan legislation represents the most significant housing package passed by Congress in decades and includes dozens of reforms aimed at increasing housing supply, lowering housing costs and expanding access to homeownership for working families across the country.

“At a time when rising costs continue to squeeze household budgets, too many families are struggling to keep up with rent

or mortgage payments, and the American Dream of homeownership feels increasingly out of reach,” said Representative Ami Bera, M.D. “Back home in Sacramento County, I hear constantly from hard-working families, young professionals and first-time homebuyers who are delaying major life decisions because they simply cannot afford to buy a home. That is unacceptable.”

“For years, I have pushed for commonsense solutions to make it easier to build more homes, reduce unnecessary barriers to development and increase housing supply,” Bera continued. “This legislation recognizes that there is no single solution to America’s housing crisis and takes meaningful steps toward creating more attainable housing opportunities and expanding pathways to the American Dream of homeownership.”

The legislation includes provisions to streamline housing development, expand access to homeownership, support manufactured and modular housing, strengthen regional housing planning,

improve financing options for homebuyers and community lenders, modernize federal housing programs, strengthen disaster recovery efforts and help communities build more affordable housing.

Earlier this year, Representative Bera announced his support for 25 housing-related bills focused on increasing housing supply, improving affordability and helping more families find a safe, stable and affordable place to live. The final legislation reflects many of the same priorities that have guided his efforts to address the housing affordability crisis: increasing housing supply, reducing barriers to construction, expanding access to homeownership, supporting innovative housing solutions and strengthening local communities.

Representative Bera looks forward to seeing the 21st Century ROAD to Housing Act signed into law and will continue working to advance practical, bipartisan solutions that lower housing costs and expand opportunity for families in Sacramento County and across the nation. ★

Climate Resilience Plan for the American, Bear and Cosumnes Watersheds

New analysis outlines growing risks from drought, flooding, wildfire and extreme heat — and provides a framework to guide regional action

Regional Water Authority News Release

SACRAMENTO REGION, CA (MPG) - The Regional Water Authority (RWA) and regional partners have completed the American, Bear and Cosumnes Watersheds Resilience Plan, a new climate resilience strategy that evaluates how climate change is expected to affect water supplies, flood risk, ecosystems, infrastructure and communities across one of California’s most important watershed systems.

Funded by the California Department of Water Resources through the State’s Watershed Resilience Pilot Program, the Sacramento region was selected as one of five pilot regions statewide to help develop watershed-scale climate resilience planning approaches that could inform future implementation efforts across California.

The plan examines the interconnected American, Bear and Cosumnes river watersheds, which support more than two million people, provide approximately eight percent of California’s developed water supply and contribute important flows to the Sacramento-San Joaquin Delta.

The plan combines climate modeling, vulnerability analysis, equity assessment and stakeholder engagement to evaluate how climate change could reshape the region over the coming decades and identify actions that can help communities and ecosystems adapt.

Key findings for the Sacramento region

Critical snowpack that feeds these watersheds could decline by approximately 60% by mid-century.

Snowmelt is projected to occur two to four weeks earlier.

Extreme heat days over 95 degrees could increase by roughly 20 days annually.

Wildfires are projected to become 17% more frequent.

Extreme precipitation events could become 15% more intense.

Peak flood flows could increase by approximately 19%.

The plan also finds that climate impacts will not be experienced equally. Lower-income communities, Tribal communities and outdoor workers may face greater exposure to extreme heat, flooding, wildfire smoke and economic disruption.

“The science is clear that climate change is already reshaping our watersheds,” said Jim Peifer, executive director of the Regional Water Authority. “The question is no longer whether these impacts are coming, but how quickly the region can act to prepare. This plan gives the Sacramento region a shared framework to move from vulnerability assessment to implementation — and positions regional partners to move quickly as funding and project opportunities emerge.”

In addition to identifying climate vulnerabilities, the plan outlines 19 watershed adaptation strategies and 119 potential adaptation actions focused on reducing long-term risks associated with drought, flooding, wildfire and extreme heat.

The plan also establishes a decision-making framework intended to help agencies and partners evaluate and prioritize future resilience investments based on factors such as regional benefit, climate risk reduction, ecosystem improvements, equity considerations and implementation readiness.

Strategies identified in the plan include reducing wildfire risk and improving forest health in the Sierra headwaters, strengthening flood protection for vulnerable communities, expanding groundwater recharge, protecting cold-water habitat for salmon and

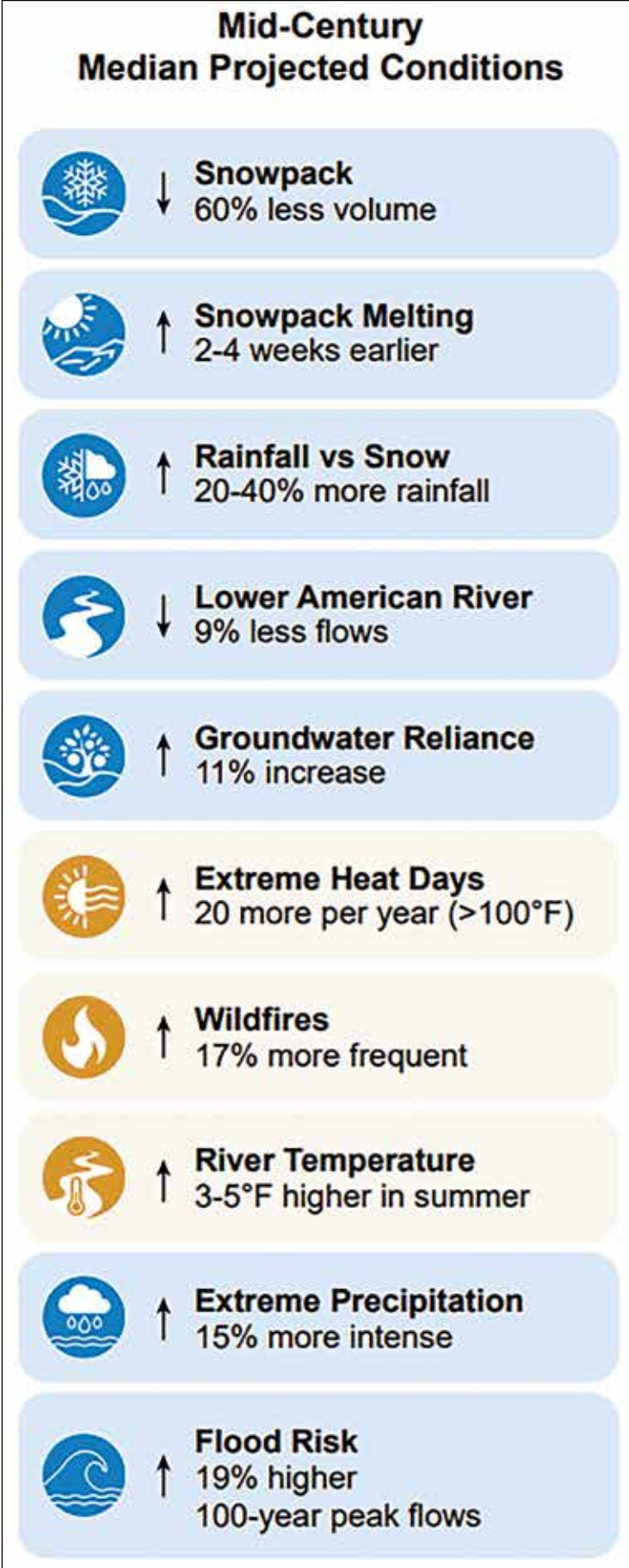
other native fish species, expanding flood forecasting and early warning systems, and advancing regional projects that provide multiple water supply, ecosystem and community resilience benefits.

“For more than two decades, DWR has encouraged Californians to connect across watersheds,” said Karla Nemeth, director of the California Department of Water Resources. “A warmer climate stresses resources from forests to aquifers. That makes the hard work of collaboration more important than ever. DWR’s \$2 million grant to the Regional Water Authority yielded a plan that tells a powerful story about future risks and marks a clear path to resilience. This plan positions the people of the American, Bear, and Cosumnes watersheds to cope with a changed climate. It is an early example of the kind of work needed across the state, and it helps build DWR’s momentum to update the California Water Plan to deliver more precise, localized and action-oriented water supply strategies.”

The planning effort was led by the Regional Water Authority with support from Jacobs, Valley Vision, Khadam Consulting, the Water Forum, regional water agencies, local governments, Tribal representatives, community organizations and Watershed Network participants.

“The region already has many of the partnerships, technical tools and local initiatives needed to strengthen resilience,” Peifer said. “This plan helps align those efforts and creates a clearer path forward for coordinated regional action.”

The full American, Bear, and Cosumnes Watersheds Resilience Plan is available at: <https://rwawatershedsresilience.com/plan/>



90th Sacramento City Junior Golf Championship/Peggy Dodds Memorial Crowns Champions at Haggin Oaks



Abigail Hong earned the Overall Girls Champion title. Photo courtesy of Sacramento Golf Council

Sacramento Golf Council News Release

SACRAMENTO, CA (MPG) - The 90th Sacramento City Junior Golf Championship/Peggy Dodds Memorial concluded recently at the Haggin Oaks Golf Complex, with junior golfers ages 7–18 competing across two days, July 8-9. Players in the 12–18 age divisions competed on the championship-level Alister MacKenzie Course.

Lane Martin claimed the Overall Boys Champion title (ages 16-18/14–15) with rounds of 70/75/145, playing the 14-15 age group.

Abigail Hong earned the Overall Girls Champion title (ages 16-18/14–15) with a score of 72/74/146 in a playoff against Vivian Li with a score of 74/72/146 in the 14-15 age group.

Boys 16–18 Division winner Clay Vogel (76/72/148) won in a card off over second place, Lucas Wang with a score of 75/73/148; third place Issac Kim with a score of 75/73/148.

In the Girls 16–18 Division, Nailah Jackson won with a score of 75/72/147; second place Sophia Peters with a score of 72/76/148; third place Alexis Chu with a score of 74/77/151.

In the Boys 14–15 Division, winner was James Danna with a score of 76/73/149, second place Brandon Stewart with a score of 76/76/152; Cy McKrell with a



Lane Martin claimed the Overall Boys Champion title. Photo courtesy of Sacramento Golf Council

score of 78/75/153.

Girls 14–15 Division winner Vivian Lee with a score of 71/72/146; second place Irene Hur with a score of 70/78/148; third place Yilin Xia with a score of 77/73/150.

Boys 12–13 winner was, in a card-off, Ian Chong 76/69/145 against Cole Vieira with 72/72/145; third place Harrison Elliott with a score of 81/77/158.

Girls 12–13 division winner was Emma Wang with a score of 73/73/146; second place Madison Roycroft (74/81/155); third place Norah Lewis (86/83/169).

Players ages 7–11 competed on the nine-hole Arcade Creek Course.

Boys 10–11 winner was Dean Moring with a score of 36/35/71 in a playoff against Sebastian Shea who with a score of 39/32/71 took second; and Duke Bakovic, with a score of 35/36/71 took third.

Girls 10–11 winner: Samantha Alexi Alvarez took home the trophy with a score of 38/37/75; second place, Arya Tirazona with a score of 38/39/77; and third place Viviano Katikala with a score of 40/41/84.

Boys 7–9 winner was Jeremy Jin with a score of 36/37/73.

Girls 7-9 winner was Madison Thomas with a score of 49/46/95; second place Camila Luna scoring 53/49/102.

Tournament director was Steve Yates. The Sacramento Golf Council directed the 90th Sacramento City tournament in honor of Peggy Dodds, longtime junior golf supporter. ★

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THE NEWS

Established 1983 ... The best little paper in these parts!

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Women and Children Once Homeless Gather to Celebrate Anniversary



Dozens of graduates from Sacramento nonprofit Women’s Empowerment gathered at William Land Park in June to celebrate the nonprofit’s 25th anniversary. Photo courtesy of Women’s Empowerment

Women’s Empowerment News Release

SACRAMENTO, CA (MPG) - Amidst the smell of barbecue and the squeals of children laughing, dozens of Sacramento women who have risen from homelessness gathered with their children and reunited with classmates at William Land Park

on June 27 to celebrate the 25th anniversary of Sacramento nonprofit Women’s Empowerment.

The celebration included a barbecue lunch, face painting and yard games for children.

Since 2001, more than 2,000 women and their 4,000 children have graduated from the comprehensive program

designed specifically to help women break the generational cycle of homelessness for themselves and their children.

The initial nine-week employment-readiness and empowerment program includes transportation assistance, onsite childcare, classes, and one-on-one work with a social worker, housing navigator, job

developer and more.

Each woman who graduates from the initial program can return for services at any point, including paid job training and transitional housing. Women’s Empowerment is funded through private donations from the community and grants. To learn more and make a donation: www.womens-empowerment.org. ★

Sacramento County Introducing Staycation Parks Pass

Sacramento County News Release

SACRAMENTO, CA (MPG) - July is Parks and Recreation Month, and Sacramento County Regional Parks is inviting residents to experience a summer staycation close to home!

From scenic trails and river access to family picnic areas, wildlife viewing and outdoor recreation, Sacramento County Regional Parks offers countless opportunities to explore, experience and enjoy nature without leaving the region.

Whether you're biking along the American River Parkway, paddling local waterways, fishing, hiking or simply relaxing under the shade of a tree, Regional Parks provides affordable outdoor adventures for visitors of all ages.



Introducing Sac County Staycation Park Pass. Photo courtesy of Sacramento County.

To celebrate Parks and Recreation Month, Sacramento County Regional Parks is launching a Staycation Parks Pass for \$25.

The pass is valid now through Sept. 30 and provides a convenient way to enjoy Sacramento

County Regional Parks all summer long. Visitors who purchase a Staycation Parks Pass will also receive complimentary swag items while supplies last.

Swag items may include a cooling towel, drawstring

backpack, beach ball, flying disc, reusable cup and other giveaways that support the County's ongoing Life Looks Good on You river safety campaign.

Staycation Parks Passes can be purchased at the Sacramento

County Regional Parks administrative office at 10361 Rockingham Drive, Suite 100 Sacramento, CA 95827.

The office hours are Monday, Tuesday, Thursday and Friday from 9 a.m. to 1 p.m. and Wednesday from noon to 4 p.m.

Research consistently shows that parks support healthier communities by encouraging physical activity, reducing stress and providing spaces where families and neighbors can connect. Parks also contribute to local economies, improve air quality and help people experience the natural beauty of Sacramento County.

This July, Regional Parks encourages everyone to discover a new favorite park, revisit a familiar trail or spend time outdoors with family and friends. ★

Sacramento County Welcomes Peak Energy to Metro Air Park



Metro Air Park commercial facility. Photo courtesy of Sacramento County

Sacramento County News Release

SACRAMENTO, CA (MPG) - Sacramento County July 8 welcomed Peak Energy to Metro Air Park as the company celebrated the opening of its first commercial manufacturing facility with a ribbon cutting ceremony.

The project represents up to \$71 million in capital investment, will create 249 jobs over the next five years and marks the culmination of a nearly two-year

recruitment effort led by the Sacramento County Office of Economic Development (OED). As Peak Energy refined its facility plans, OED helped evaluate alternative sites and reconnected the company with key partners to keep the project moving forward.

“We’re proud to welcome Peak Energy to Sacramento County and celebrate this milestone with their team,” said Crystal Bethke, Director of the Sacramento County Office of Economic Development.

“Projects like this take years of collaboration, and we’re grateful to everyone who helped make this possible. Peak Energy is creating quality manufacturing jobs, investing in our community and strengthening an industry that's growing here. We're excited to see what's next.”

The 180,000-square-foot facility at 7180 Badicee Drive will manufacture sodium-ion battery systems for utility-scale energy storage, renewable energy projects and electric grid applications.

Peak Energy manufactures sodium-ion battery systems using abundant domestic materials instead of critical minerals such as lithium, nickel and cobalt. The technology offers an alternative to traditional lithium-ion batteries for large-scale energy storage and supports a more domestic energy supply chain.

The investment adds another advanced manufacturer to Metro Air Park, which offers more than 1,600 acres of entitled industrial land for large-scale development.

Advanced manufacturing is one of the priority industries identified in Sacramento County’s Economic Development Strategic Plan.

The project strengthens the County’s efforts to grow high-quality jobs, attract private investment and build a competitive clean technology ecosystem. It also expands Sacramento County's manufacturing base and creates opportunities for local workers, suppliers and future investment. ★

Coroner Needs Your Help with John Doe Identification



Sacramento County seeks assistance with identification of John Doe. Photo courtesy of Sacramento County

Sacramento County News Release

SACRAMENTO, CA (MPG) - The Sacramento County Coroner’s Office is seeking the public’s assistance in identifying an unidentified adult male (Coroner Case 26-00572).

On Feb. 4 an unidentified male experienced a witnessed cardiac arrest at a homeless shelter on Bannon Street in Sacramento. He was transported to the hospital, where he was pronounced dead

shortly thereafter.

The fingerprints of the decedent did not lead to a positive identification. Shelter personnel indicated that he was using the name Walter Hernandez Quinonez, with a date of birth of Aug. 26, 1968.

He appears to be of Hispanic ethnicity, estimated to be between 50 and 60 years old. His hair was shoulder length, black in color with gray. The decedent weighed 151 pounds and stood at 5 feet 8 inches tall. His teeth were natural and well-preserved,

and he had brown eyes. There were no tattoos or notable marks or scars on his body.

The sketch of the unidentified man is a combination of human-generated sketch and real photos of the decedent post-mortem collected by AI to create the most accurate version of the decedent.

Those who have any information to the identity of this person should contact the Sacramento County Coroner’s Office at 916-874-9320 or via email at DeputyCoroner@saccounty.gov ★

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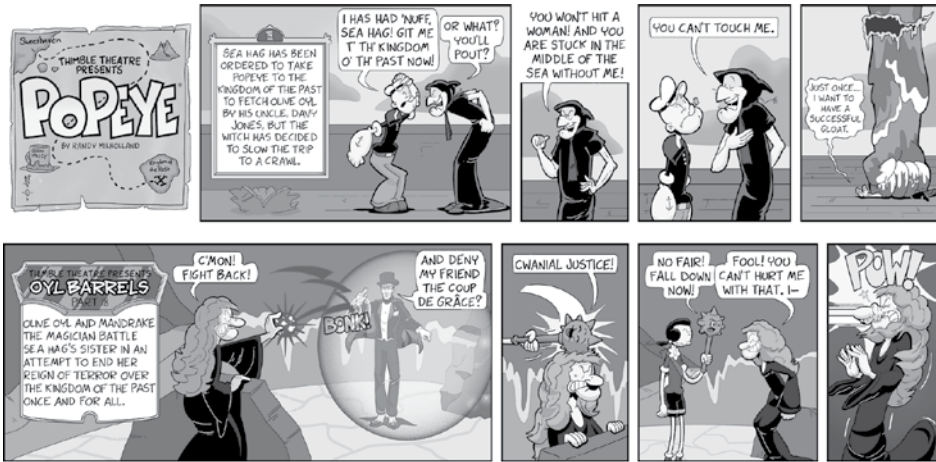
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The Spats



by Dave T. Phipps



Out on a Limb



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Find at least six differences in details between panels.



Differences: 1. Cabinet is wider. 2. Apron is different. 2. Hair is different. 4. Arm is moved. 5. Curtain is missing. 6. Broom is different.

GRIN and BEAR IT. *by Wagner*



Just Like Cats & Dogs

by Dave T. Phipps



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CLUES

ACROSS

1. Capital of Ghana
6. Pilot's announcement
9. Bog deposit
13. Banned aerosol propellant
14. Lake, in France
15. _____ firma
16. Source of chocolate
17. Sensitive subject?
18. Twig of Musketeer
19. "Certain secret spot
21. "Bezzie" little sister
23. Half a dozen
24. Final notice
25. CEO's deg.
28. Spew profanities
30. Swamp
35. Gateway _____
37. Boisterous play
39. "All for one and one for all," to Musketeers
40. Steak preference
41. Flower's peak
43. "Butter _____, Hog-smeade beverage
44. Like some East Coast universities
46. Archipelago unit
47. Plaintiff
48. Loads
50. Tiny bit
52. Snoop
53. Bruce and Spike, e.g.
55. Ovine mom
57. "Pockeful
60. "Cat's _____
63. "Lemony Snicket, to Daniel Handler
64. Shel Silverstein's "A Boy Named _____"
66. The company one

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DOWN

1. Half of NFL
2. Rugged rock
3. Cecum, pl.
4. Lion sounds
5. Relating to anode
6. Dashing style
7. "It" game
8. Sour
9. 100 centavos, in Mexico
10. Actress Moriarty
11. Equals 1/2 b x h
12. Smoker's lung residue
15. Double drum
20. Beyond suburb
22. Heart to Cupid
24. Reverse one, in the kitchen
25. *Super Bro.
26. "Music to my ears!"
27. Like thick smoke
29. Same as solos
31. Schneider and Reiner, e.g.
32. Consumed (2 words)
33. Ranch grazer
34. *Game of apologies
36. Achilles' weakness
38. Ralph Lauren's inspiration
42. Same as metre
45. Yummy
49. *____ Spot Run"
51. Rouse
54. Ruhr's industrial center
56. Swelljine

57. Arithmetic operation
58. Piglet sound
59. Cul de ____, pl.
60. ____ pool or ____ pit
61. Like hard times
62. "The Iliad," e.g.
63. Pie ____ mode
65. *Shedding-type card
game
67. *I like Aeson's fox

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Kings Korner

By V.G. Harris

Summer League Standouts

By V.G. Harris

If you’ve been watching this year’s summer league by now you’ve seen some pleasing results.

The Sacramento Kings came to play, and with that said, went on to win the first four games of the NBA summer league.

All good things must come to an end, and sadly the Kings didn’t show the same gritty defense or fire as they took the court against the Washington Wizards Sunday night. Whether tired or just an off night, A. J. Dybansa and his teammates were at the top of their game and reminded the young Kings that there are no nights off in the NBA.

If there was a bright spot for the Kings, it was the emergence of Jonathan Mogbo who, like Dylan Cardwell, played with enthusiasm all night while recording 11 points and nine rebounds in only 20 minutes of play.

Summer league is all about two key things. Accentuating the positive and finding out early what needs to be worked on.

The Kings can put a happy face and a thumbs up on the draft choices of both first-round draft choices Darius Acuff Jr. and Emanuel Sharp, and I believe can relax just a little when it comes to the criticism of Acuff’s defense.

I have watched Darius guard both fast and long players on the perimeter, and I have concluded that he has taken a lot of criticism without much to back it up. Acuff has exceptional quickness and his shot blocking abilities are underrated.

His college coach also chimed in to say that Darius chose to play through an ankle injury last season that limited his ability to play tough defense, and as a result was encouraged to focus on the offensive end, allowing his teammates to help on the defensive side of the ball.

That is certainly not an excuse, and I’m witnessing nightly a young player that is making a concerted effort to show his critics that he can play at both ends of the floor.

I am more concerned with Darius getting comfortable with the NBA three-point line and finding his shot on a nightly basis. He has had to perform under a great deal of pressure and overall, I believe he has done a stellar job.

Fans need to pay close attention to both Emanuel Sharp and surprising newcomer, Marquel Sutton who may be one of the real finds this year. Sutton has literally been stealing the show with his animated defense and prolific scoring thus far.

In the previous game Marquel was the game’s high scorer with 24 points and is the surprise find of the summer league so far.

If there is a spot the Sacramento Kings have struggled with finding, it’s the position of power forward.

Amazingly undrafted, at six-foot-nine and 225 pounds, Sutton is the epitome of the power forward the Kings have been looking for, and he not only can shoot from the three-point line but has shown a natural penchant for rebounding the ball. If this young man can continue to blossom, he may well be the player the Kings need to compliment Domantas Sabonis in the low post.

Likewise, Emanuel Sharp has been nothing but the solid performer complimenting Darius Acuff when they’re on the court together, so with all these accolades is it any wonder that the Kings won four straight games to start the summer league.

If you discount an obvious off night against the talented Washington Wizards squad, Sacramento has given every Kings fan a reason to sit up and take notice.

Pick your favorite player. Darius Acuff Jr., Emanuel Sharp, Jonathan Mogbo, Marquel Sutton, or the ever-enthusiastic Dylan Cardwell, the new look Kings are giving fans a reason to buy a ticket.

Now it’s all about assessing talent, something that has been a misery for this organization in the past.

Time to change the playing field and take note of what is already here before you trade away the future. Let these talented youngsters fit in with the veterans that know how to win and can be mentors at the same time.

Tout the accomplishments of Zach Lavine, Domantas Sabonis, and even Keegan Murray who needs to pay close attention to these young recruits and remember what he looked like his rookie year.

Stay excited Kings fans!
All the best!

★

How Newsom’s Complex History with the Oil Industry Could Affect a Presidential Run



By Dan Walters, CALMatters.org

Gavin Newsom and his family have had a long and complicated relationship with the oil industry. The latest chapter in the saga, a legal and political dispute over state aid to the California’s refineries, could affect Newsom’s presidential ambitions.

The roots of this situation date back to the 1940s, when Gordon Getty, a son of oil magnate J. Paul Getty, lived with the Newsom family while attending school in San Francisco.

Newsom’s father, William, later became an attorney for the Getty oil empire and in 1973 delivered a \$2.2 million ransom to a gang that had kidnapped J. Paul Getty’s grandson in Italy, later describing it as “an interesting sort of job.”

After his parents divorced, Gavin Newsom was unofficially adopted by Gordon Getty, essentially returning the favor that the Newsom family had given him three decades earlier. In his recent memoir, Newsom describes being divided between his life as the son of an impoverished single mother and the surrogate son of a family with billions in oil industry money.

In 1975, then-Gov. Jerry Brown, another family friend, appointed William Newsom to a Placer County judgeship, later elevating him to the state appellate court. While on the bench

in the 1980s, the elder Newsom helped Gordon Getty gain legislation changing California trust law, thus allowing Getty to break the J. Paul Getty trust and obtain billions of petrodollars.

In 1995, William Newsom retired from the court and became administrator of the Gordon Getty Trust, telling an interviewer, “I make my living working for Gordon Getty.”

A few years earlier, the trust provided seed capital for a wine shop venture that Gavin Newsom and Gordon Getty’s son, Billy, were launching, called “PlumpJack,” after an opera Gordon Getty had composed.

Essentially, Newsom owes his start in business to the huge oil fortune that J. Paul Getty, once described as the world’s richest man, had amassed. Without that connection, Newsom would have been hard-pressed to begin what became a lucrative business career.

Nevertheless, Newsom metaphorically bit the hand that fed him in 2022, when he began vilifying California’s oil refiners, accusing them of gouging motorists on gas prices. Months later the Legislature passed a mild measure to have the state Energy Commission monitor refinery operations.

“There’s a new sheriff in town in California, where we brought Big Oil to their knees. And I’m proud of this state,” Newsom said. It was hyperbole, but within months refiners began announcing plans to shutter operations or threatening to do so, raising the possibility of gasoline shortages and higher prices.

Very soon thereafter,

Newsom did a political about-face. He urged refiners to remain and signed legislation making it easier to drill new oil wells.

This year the California Air Resources Board overhauled its cap-and-trade auctions, where refiners and other businesses purchase rights to emit greenhouse gases. The program was renamed cap-and-invest and refiners were given free emission rights as an inducement to remain in the state.

Newsom hailed the changes, but environmental groups are incensed at the turnabout. This month the nonprofit Communities for Better Environment filed suit in Los Angeles, alleging the changes violated the California Environmental Quality Act.

“The amendments lock in decades of subsidies for polluting industries, without CARB having performed the required analysis of their wide-ranging environmental harms that would empower decision-makers to make a fully informed determination about the wisdom of these significant changes,” the suit says.

The Democratic Party’s left wing has been on a roll in recent elections, and it includes environmental activists who view the oil industry as a villain.

Newsom’s newly minted pro-oil stance, plus his family’s history with the industry, could backfire in a presidential campaign.

Dan Walters is one of the most decorated and widely syndicated columnists in California history, authoring a column four times a week that offers his view and analysis of the state’s political, economic, social and demographic trends.

★

Social Security Matters

Should I Claim Spouse Benefits Now, or my Own Social Security Benefit?



By Russell Gloor, AMAC Certified Social Security Advisor

Dear Rusty: I am writing to get advice on the optimal time to sign up for Social Security benefits. I am a 64-year-old female, and my birthdate is August 1961. My husband is already taking his SS benefits, so I have also wondered if it be advisable to take spousal benefits or full benefits. **Signed: Wondering Spouse**

Dear Wondering: If you take your Social Security benefits at age 64, they will be permanently reduced. And, for information, you cannot take only your spousal benefit; you must take your own SS retirement benefit whenever you claim and, if you are entitled to more as your husband’s spouse, you will also get a “spousal boost” to bring your monthly payment up to what you are entitled to as a spouse. If you claim at any time before your SS full retirement age (FRA) of 67, both your own SS retirement amount and your spousal boost amount will be actuarially reduced for claiming early. All of which means that claiming before your FRA (e.g., at 64) will mean your monthly benefit will be less than 50% of your husband’s monthly FRA amount.

Now, for claritv, it’s

important to know how spouse benefits are calculated: if your FRA entitlement is less than 50% of your husband’s FRA entitlement, then you will get a “spousal boost” added to your own SS retirement amount. Note that FRA amounts are always used to calculate spousal amounts, regardless of the age at which benefits are claimed. If your husband waited until age 70 to get a higher monthly benefit, or even if he claimed before his FRA, your spousal amount would still be based on his FRA entitlement. If your FRA benefit is less than half of his FRA entitlement, you will get a spousal boost. If not, you won’t.

Assuming you will be entitled to a “spousal boost,” the decision you must make is whether to claim early (e.g., now at 64) or wait until you are 67 to get your maximum amount as your husband’s spouse. The factors to consider are these:

- Are you still working? If so, claiming before FRA means you will be subject to an annual earnings limit until you reach FRA. The earnings limit for early filers in 2026 is \$24,480 and, if that is exceeded, SS will take away benefits of \$1 for every \$2 you are over the limit (the limit increases a bit yearly). If you substantially exceed the earnings limit by working, you may even be temporarily ineligible for SS benefits until you either reach your FRA or stop working full time.
- Do you expect your husband to predecease you? If so, then your benefit as a

widow will be 100% of the larger amount he is collecting when he passes (provided when that occurs you’ve reached your FRA and your own SS retirement is less). Depending on timing, that may mean that taking a reduced spouse benefit now, which will be replaced by your larger widow benefit later, is a logical choice.

• What is your own life expectancy? If you have health issues or have other reasons to believe you will not achieve “average” life expectancy (average is about 87 for a woman your current age), then claiming your Social Security benefits early is likely a prudent choice.

So, as you can see, you must evaluate your personal circumstances to make this decision. Although we aren’t able to say exactly when you should claim your SS benefits, I hope this provides the information you need to make an informed decision.

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★



It’s a shame, really. New York City Mayor Zohran Mamdani is such a strong supporter of pluralism that he has to single out the state of Israel for unique opprobrium. Asked by Jonathan Karl of ABC News in an interview for “This Week” whether he supports Israel’s status as a Jewish state, Mamdani said he doesn’t -- he’d only support Israel “as a state with equal rights.”

“I believe that any state that privileges one religion over another is one that I can’t tell you I support,” he continued, “whether it be Israel or Saudi Arabia or anywhere else.”

Mamdani makes it sound as though Israel is a theocracy, and so he has to withhold his support until such time as it meets his exacting standards for state neutrality in religious matters and freedom of conscience.

The same is true, sadly, of Saudi Arabia. When was the last time, though, that you heard Mamdani or his movement, the Democratic Socialists of America, inveighing with great moral passion against Saudi Arabia?

This Mamdani line of argument is built on a falsehood about Israel and is transparently an exercise in bad faith and double standards.

Israel doesn’t have an official religion -- repeat, it has no state religion. Instead, it is the homeland for Jews. Its Basic Law says that Israel is “the

Zohran Mamdani’s Bogus Explanation for Opposing Israel

nation-state of the Jewish people, in which it realizes its natural, cultural, religious and historical right to self-determination.” In other words, Israel is for the Jews in much the same way, say, that Poland is for the Poles or Japan for the Japanese.

That these countries have distinct national identities defined by the peoples who live in them doesn’t mean they aren’t free societies. The Israeli Declaration of Independence says the Jewish state “will ensure complete equality of social and political rights to all its inhabitants irrespective of religion, race or sex; it will guarantee freedom of religion, conscience, language, education and culture.”

And, indeed, there is freedom of religion in Israel. Christian, Muslim, Druze and Baha’i communities maintain their own religious institutions and are free to worship as they please. The wrinkle is that -- in an inheritance from the Ottoman Empire -- Israel recognizes various religions and gives their courts authority over matters such as marriage and divorce.

To liken any of this to Saudi Arabia is perverse. The desert kingdom is an absolute monarchy with no political rights and a state-enforced official religion; the Quran is its constitution.

If Mamdani were sincere in saying he cannot support any state that privileges one religion over another, he’d have to set himself against most Muslim countries in the world, which make Islam their official religion

and often discriminate against religious minorities. He’d have to look askance at Nordic countries, where there are established churches. He’d hate England for the official status of the Anglican Church, and utterly disdain Greece for its special recognition of the Eastern Orthodox Church.

Mamdani, by the way, recently skipped New York City’s Israel Day parade but attended the Pakistan Day parade, despite the fact that Islam is Pakistan’s state religion and religious minorities face legal and informal discrimination in the Islamic Republic of Pakistan.

More consequentially, if the mayor took his pluralism seriously, he would oppose a Palestinian state on grounds that Palestinian society needs to further evolve to embrace Western norms -- lest we risk creating a new Islamic state that represses its people and rests on a foundation of Islamic law.

Of course, Mamdani will never do this. His purported universalism is a pretext, a way to dress up his irrational animus toward Israel.

Mamdani told Jonathan Karl that his view on Israel “comes back to a fundamental belief that we should all be considered equal.” Such is the mayor’s commitment to equality that he singles out one people and one state for particular obloquy and asks us to believe that pluralism demands that the Jews cannot have a homeland.

Rich Lowry is editor of the National Review. (c) 2026 by King Features Synd., Inc.

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LEGAL ADVERTISING

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FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04660
Pomegranate I Group LLC, 4201 Sunrise Boulevard Suite B, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Pomegranate Insurance Services" 4201 Sunrise Boulevard Suite B, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County June 12, 2026
Publish: June 26, July 3, 10, 17, 2026
POMEGRANATE 7-17-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04295
Adab Foods Inc, 910 Sterling Circle, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Brothers Dhaba" 910 Sterling Circle, Folsom, CA 95630. Filed with the Clerk of Sacramento County June 1, 2026
Publish: June 26, July 3, 10, 17, 2026
BROTHERS 7-17-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04669
Camellia Ventures LLC, 643 Regency Circle, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Camellia Handyman" 643 Regency Circle, Sacramento, CA 95864. Filed with the Clerk of Sacramento County June 12, 2026
Publish: June 26, July 3, 10, 17, 2026
CAMELLIA 7-17-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04591
Akilah Jeffery, 6333 Pacific Avenue #276, Stockton, CA 95207 is doing business under the Fictitious Business Name(s) "Doggone Deal" 1750 Howe Avenue #316, Sacramento, CA 95825. Filed with the Clerk of Sacramento County June 11, 2026
Publish: June 26, July 3, 10, 17, 2026
DOGGONE 7-17-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04697
Sayed Investments LLC, 2931 Sunrise Boulevard, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Sunrise Gyro & Shawarma Grill" 2931 Sunrise Boulevard, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County June 15, 2026
Publish: June 26, July 3, 10, 17, 2026
SUNRISE 7-17-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04661
Shawn Robbins, 4125 Norris Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Trusted Environmental Services & Technical Support/ Tests Environmental" 4125 Norris Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County June 12, 2026
Publish: June 26, July 3, 10, 17, 2026
TRUSTED 7-17-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-03775
Panoply Fine Art LLC, 1115 Front Street Suite 18, Sacramento, CA 95691 is doing business under the Fictitious Business Name(s) "Panoply Fine Art" 1115 Front Street Suite 18, Sacramento, CA 95691. Filed with the Clerk of Sacramento County May 12, 2026
Publish: June 26, July 3, 10, 17, 2026
PANOPLY 7-17-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04238
Carlos Regalado, 5657 Bradd Way, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "JF Regalado Concrete & General Construction" 5657 Bradd Way, Sacramento, CA 95822. Filed with the Clerk of Sacramento County May 28, 2026
Publish: June 26, July 3, 10, 17, 2026
JF 7-17-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04719
Antoinette Mitchell, 6207 Trajan Drive, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Nette's Dance Experience" 7963 Kingswood Drive, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County June 15, 2026
Publish: June 26, July 3, 10, 17, 2026
NETTES 7-17-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04701
Ellis Family Therapy, Professional Corporation, 2014 Capitol Avenue Suite 100, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Rooted Source Therapy" 2014 Capitol Avenue Suite 100, Sacramento, CA 95811. Filed with the Clerk of Sacramento County June 15, 2026
Publish: June 26, July 3, 10, 17, 2026
ROOTED 7-17-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-03746
Continental Sorensen, Inc., 4005 Manzanita Avenue Suite 6-104, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Continental Sorensen Construction Group/916 Contractor Pros" 3942 Rochdale Drive, Carmichael, CA 95608. Filed with the Clerk of Sacramento County May 11, 2026
Publish: June 26, July 3, 10, 17, 2026
CONTINENTAL 7-17-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04698
OV Sleep Studio LLC, 1709 Moraga Way, Roseville, CA 95661 is doing business under the Fictitious Business Name(s) "Mattress By Appointment Orangevale" 8869 Greenback Lane, Orangevale, CA 95662. Filed with the Clerk of Sacramento

County June 15, 2026
Publish: June 26, July 3, 10, 17, 2026
MATTRESS 7-17-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04371
Lezetta Louise Clayton, 2921 Winchester Way, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Ms M&M Queen Creations" 2921 Winchester Way, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County June 3, 2026
Publish: June 26, July 3, 10, 17, 2026
MS 7-17-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04707
Fareshta Rahmani, 4400 Antelope Road Apt 55, Sacramento, CA 95843 is doing business under the Fictitious Business Name(s) "Sacbrows" 1717 Morse Avenue, Sacramento, CA 95825. Filed with the Clerk of Sacramento County June 15, 2026
Publish: June 26, July 3, 10, 17, 2026
SACBROWS 7-17-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04708
Muzhda Sadat, 5586 Keoncrest Circle #3, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Mahoor Beauty Salon" 1717 Morse Avenue, Sacramento, CA 95825. Filed with the Clerk of Sacramento County June 15, 2026
Publish: June 26, July 3, 10, 17, 2026
MAHOOR 7-17-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04702
Fiodor Tkach, 7732 Borthwick Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "North West Eagle" 7732 Borthwick Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County June 15, 2026
Publish: June 26, July 3, 10, 17, 2026
NORTH 7-17-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04516
Paul Moore, 8330 Butternut Drive, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Moore Industrial Solutions" 8330 Butternut Drive, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County June 9, 2026
Publish: June 26, July 3, 10, 17, 2026
MOORE 7-17-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04749
James Lucas, 7026 San Altos Circle, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Encompass Enterprise" 7026 San Altos Circle, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County June 16, 2026
Publish: June 26, July 3, 10, 17, 2026
ENCOMPASS 7-17-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04724
John Shepherd, 3092 Stanton Circle, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Pinnacle Construction" 3092 Stanton Circle, Carmichael, CA 95608. Filed with the Clerk of Sacramento County June 15, 2026
Publish: June 26, July 3, 10, 17, 2026
PINNACLE 7-17-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-03511
Rosa Corena, 2335 American River Drive Suite 100, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Hispanic Prosperity Project" 2335 American River Drive Suite 100, Sacramento, CA 95825. Filed with the Clerk of Sacramento County April 29, 2026
Publish: June 26, July 3, 10, 17, 2026
HISPANIC 7-17-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04547
Nicholus Burgess, 7909 Glen Stone Avenue, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Pure Source Pool Care" 7909 Glen Stone Avenue, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County June 10, 2026
Publish: June 26, July 3, 10, 17, 2026
PURE 7-17-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04605
Quanita Evans, 3674 Edington Drive, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Empowered to Shift" 3674 Edington Drive, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County June 11, 2026
Publish: June 26, July 3, 10, 17, 2026
EMPOWERED 7-17-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04560
Jennifer Maestas, 3110 Tice Creek Way, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Cookie Bomb" 3110 Tice Creek Way, Sacramento, CA 95833. Filed with the Clerk of Sacramento County June 10, 2026
Publish: June 26, July 3, 10, 17, 2026
COOKIE 7-17-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04668
Matt Koart, 122 Sonora Avenue, Danville, CA 94526 is doing business under the Fictitious Business Name(s) "Auburn Village" 3610 Auburn Boulevard, Sacramento, CA 95821. Filed with the Clerk of Sacramento County June 12, 2026
Publish: June 26, July 3, 10, 17, 2026
AUBURN 7-17-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04813
Mistretta Private Advisory, CPAs, PC, 460 Drake Circle, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Mistretta Private Advisory" 460 Drake Circle, Sacramento, CA 95864. Filed with the Clerk of Sacramento County June 17, 2026
Publish: June 26, July 3, 10, 17, 2026
MISTRETTA 7-17-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04814
Michael Mistretta, 460 Drake Circle, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Mistretta Private Client Advisory" 460 Drake Circle, Sacramento, CA 95864. Filed with the Clerk of Sacramento County June 17, 2026
Publish: June 26, July 3, 10, 17, 2026
PRIVATE 7-17-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04795
Liddawi Enterprise Group LLC, 5800 Madison Avenue #5, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Commercial Shared Kitchen" 5800 Madison Avenue #5, Sacramento, CA 95841. Filed with the Clerk of Sacramento County June 17, 2026
Publish: June 26, July 3, 10, 17, 2026
COMMERCIAL 7-17-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04631
Devika Restaurants Inc., 44816 S Grimmer Boulevard, Fremont, CA 94538 is doing business under the Fictitious Business Name(s) "Devika Restaurants Inc./Jack In The Box #3465" 3970 Country Road 89, Dunnigan, CA 95937. Filed with the Clerk of Sacramento County June 12, 2026
Publish: June 26, July 3, 10, 17, 2026
DEVIKA 7-17-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04809
Nathan Fickert, 1714 21st Street Apt 434, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "NF Surveys" 1714 21st Street Apt 434, Sacramento, CA 95811. Filed with the Clerk of Sacramento County June 17, 2026
Publish: June 26, July 3, 10, 17, 2026
NF 7-17-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04733
Alexey Tarasov, 5944 Lincoln Avenue Apt 17, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Tarasov Construction" 5944 Lincoln Avenue Apt 17, Carmichael, CA 95608. Filed with the Clerk of Sacramento County June 16, 2026
Publish: June 26, July 3, 10, 17, 2026
TARASOV 7-17-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04541
Elite Residential & Commercial Cleaning Services LLC, 6709 Whyte Avenue, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "ERCC/Elite Services" 6709 Whyte Avenue, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County June 10, 2026
Publish: July 3, 10, 17, 24, 2026
ERCC 7-24-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04650
Lisa Monique Shaw, 1401 21st Street Suite R, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Journey Unexpected Therapy" 1401 21st Street Suite R, Sacramento, CA 95841. Filed with the Clerk of Sacramento County June 12, 2026
Publish: July 3, 10, 17, 24, 2026
JOURNEY 7-24-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04608
Kelly Yanmei Liang, 5121 El Camino Avenue Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Riverwood Spa" 5121 El Camino Avenue Carmichael, CA 95608. Filed with the Clerk of Sacramento County June 11, 2026
Publish: July 3, 10, 17, 24, 2026
RIVERWOOD 7-24-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04544
Romanian League in Defense of Animals, 3026 Marshall Way, Sacramento, CA 95817 is doing business under the Fictitious Business Name(s) "Rolda USA/ United for Vulnerable Animals Worldwide" 3026 Marshall Way, Sacramento, CA 95817. Filed with the Clerk of Sacramento County June 10, 2026
Publish: July 3, 10, 17, 24, 2026
ROLDA 7-24-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04846
Priscilla Yang-Gamez, 836 57th Street Suite 463, Sacramento, CA 95819 is doing business under the Fictitious Business Name(s) "KeepClear Ledger" 836 57th Street Suite 463, Sacramento, CA 95819. Filed with the Clerk of Sacramento County June 22, 2026
Publish: July 3, 10, 17, 24, 2026
KEEPCLEAR 7-24-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04859
Linda Hampton, 9845 Tywood Court, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Advanced Aesthetics Concepts" 9845 Tywood Court, Sacramento, CA 95827. Filed with the Clerk of Sacramento County June 22, 2026

Publish: July 3, 10, 17, 24, 2026
ADVANCED 7-24-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-03968
American Institute of Mathematics and Science LLC, 1001 Denison Street, Suite 102, Markham ON, L3R 2Z6 Canada is doing business under the Fictitious Business Name(s) "American Space Academy" 701 E Garvey Avenue #907, Monterey Park, CA 91755. Filed with the Clerk of Sacramento County May 19, 2026
Publish: July 3, 10, 17, 24, 2026
AMERICAN 7-24-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04673
European Standards Flooring Inc (CA), 1068 Orblson Court, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "European Standards Flooring & Remodeling" 1068 Orblson Court, Folsom, CA 95630. Filed with the Clerk of Sacramento County June 15, 2026
Publish: July 3, 10, 17, 24, 2026
EUROPEAN 7-24-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04672
Folsom Floors Inc (CA), 1068 Orblson Court, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Folsom Lake Construction" 1068 Orblson Court, Folsom, CA 95630. Filed with the Clerk of Sacramento County June 15, 2026
Publish: July 3, 10, 17, 24, 2026
FOLSOM 7-24-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04869
Pangla Ty, 701 Howe Avenue Suite C3 #281, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Unshelle" 3160 Arden Way Suite 137, Sacramento, CA 95825. Filed with the Clerk of Sacramento County June 22, 2026
Publish: July 3, 10, 17, 24, 2026
UNSHELLE 7-24-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-03964
Akamai Investments LLC, 8391 Folsom Boulevard Suite 7, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Habits Smoke & Vape/Habits" 8391 Folsom Boulevard Suite 7, Sacramento, CA 95826. Filed with the Clerk of Sacramento County May 19, 2026
Publish: July 3, 10, 17, 24, 2026
HABITS 7-24-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04582
Donna Grady, 10635 Schirra Avenue Apt 131, Mather, CA 95655 is doing business under the Fictitious Business Name(s) "Next Step Support" 10635 Schirra Avenue Apt 131, Mather, CA 95655. Filed with the Clerk of Sacramento County June 11, 2026
Publish: July 3, 10, 17, 24, 2026
NEXT 7-24-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04891
Dan Johnson, 3104 O Street #223, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Flax & Form/Flaxandform.com" 1750 Auburn Boulevard Space 34, Sacramento, CA 95815. Filed with the Clerk of Sacramento County June 23, 2026
Publish: July 3, 10, 17, 24, 2026
FLAX 7-24-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04734
Associations, Incorporated, 6354-B Tupelo Drive, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "CRI Insurance Services/California Restaurant Insurance Services" 6354 Tupelo Drive, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County June 16, 2026
Publish: July 3, 10, 17, 24, 2026
CRI 7-24-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04736
The Executive, Insurance & Financial Services Inc., 6354 Tupelo Drive, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Executive Commercial Insurance Services" 6354 Tupelo Drive, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County June 16, 2026
Publish: July 3, 10, 17, 24, 2026
EXECUTIVE 7-24-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04741
Promira Insurance Services LLC, 6354-B Tupelo Drive, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Promira Insurance Services/Workcomp.com Insurance Services" 6354 Tupelo Drive, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County June 16, 2026
Publish: July 3, 10, 17, 24, 2026
PROMIRA 7-24-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04687
Sharp Horizon LLC, 2108 N Street Suite N, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Foil and Flourish Playing Cards" 2108 N Street Suite N, Sacramento, CA 95816. Filed with the Clerk of Sacramento County June 15, 2026
Publish: July 3, 10, 17, 24, 2026
FOIL 7-24-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04779
101 Autos LLC, 7000 Franklin Boulevard Suite 625-11,

Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) 101 Autos" 7000 Franklin Boulevard Suite 625-11, Sacramento, CA 95823. Filed with the Clerk of Sacramento County June 17, 2026
Publish: July 3, 10, 17, 24, 2026
AUTOS 7-24-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-03805
Daon, Inc, 2552 Robinhood Lane, Eureka, CA 95501 is doing business under the Fictitious Business Name(s) "Granite's Subs and Wings" 5847 Manzanita Avenue Unit 1, Carmichael, CA 95608. Filed with the Clerk of Sacramento County May 13, 2026
Publish: July 3, 10, 17, 24, 2026
GRANITES 7-24-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04854
Stacy Marie Millendez, 1440 Ethan Way Suite 22, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Island Vibes Barber Spa" 1440 Ethan Way Suite 22, Sacramento, CA 95825. Filed with the Clerk of Sacramento County June 22, 2026
Publish: July 3, 10, 17, 24, 2026
ISLAND 7-24-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04688
Richard T. Slaton, 2550 Ganzan Way, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Candy Crmzin" 2550 Ganzan Way, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County June 15, 2026
Publish: July 3, 10, 17, 24, 2026
CANDY 7-24-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04952
Aleksandr Svirgun, 7421 Amy Avenue, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Best Quality Tile & Stone" 7421 Amy Avenue, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County June 24, 2026
Publish: July 3, 10, 17, 24, 2026
BEST 7-24-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04506
Express Services Group, 7971 Caceres Way, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Tow Mile/Mile Bid" 7971 Caceres Way, Sacramento, CA 95823. Filed with the Clerk of Sacramento County June 9, 2026
Publish: July 3, 10, 17, 24, 2026
TOW 7-24-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04681
Zakskom Construction Company, 780 West Grand Avenue, Oakland, CA 94612 is doing business under the Fictitious Business Name(s) "ZCON Builders" 780 West Grand Avenue, Oakland, CA 94612. Filed with the Clerk of Sacramento County June 15, 2026
Publish: July 3, 10, 17, 24, 2026
ZCON 7-24-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04972
Allen Bradley Roth, 914 Oak Lane, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "The Key Shop and More" 914 Oak Lane, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County June 25, 2026
Publish: July 3, 10, 17, 24, 2026
THE 7-24-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04946
Brian Augusta and Associates, Inc., 1107 9th Street Suite 601, Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "California Rent Stabilization News" 1107 9th Street Suite 601, Sacramento, CA 95814. Filed with the Clerk of Sacramento County June 24, 2026
Publish: July 3, 10, 17, 24, 2026
CALIFORNIA 7-24-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04936
Chanel Nicole Anderson, 8554 Flannery Way, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Atlas Lockout/Chanel's Lockout Services" 8554 Flannery Way, Sacramento, CA 95828. Filed with the Clerk of Sacramento County June 24, 2026
Publish: July 3, 10, 17, 24, 2026
ATLAS 7-24-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04943
KZ Brew & Bite LLC, 9977 Pinot Gold Place, Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "E Ka Tea" 2100 16th Street, Sacramento, CA 95818. Filed with the Clerk of Sacramento County June 24, 2026
Publish: July 3, 10, 17, 24, 2026
EKATEA 7-24-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-05006
Kellie Cavaricci, PO Box 2603, Rocklin, CA 95677 is doing business under the Fictitious Business Name(s) "Recovery Investigations Group/RIG Legal Support" 4780 Franklin Boulevard Suite B, Sacramento, CA 95820. Filed with the Clerk of Sacramento County June 26, 2026
Publish: July 10, 17, 24, 31, 2026
RECOVERY 7-31-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04997
Ilona Kotiai, 7412 Molitor Court, Rio Linda, CA 95673 is doing

business under the Fictitious Business Name(s) "Reform Cleaning Services" 7412 Molitor Court, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County June 25, 2026
Publish: July 10, 17, 24, 31, 2026
REFORM 7-31-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04143
Creating Paths, LLC, 2108 N Street Suite C, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Creating Paths Consulting" 2108 N Street #7850, Sacramento, CA 95816. Filed with the Clerk of Sacramento County May 26, 2026
Publish: July 10, 17, 24, 31, 2026
CREATING 7-31-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04969
Copper Bond LLC, 1259 Fulton Avenue Apt 60, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Copper Bond Construction/ Copper Bond Handyman" 1259 Fulton Avenue Apt 60, Sacramento, CA 95825. Filed with the Clerk of Sacramento County June 24, 2026
Publish: July 10, 17, 24, 31, 2026
COPPER 7-31-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04278
Altariq Abraham, 9424 Vallejo Drive, Orange, CA 95661 is doing business under the Fictitious Business Name(s) "Apex Node" 9424 Vallejo Drive, Orange, CA 95661. Filed with the Clerk of Sacramento County May 29, 2026
Publish: July 10, 17, 24, 31, 2026
APEX 7-31-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-05015
Savanna Briggs, 1401 21st Street Suite R, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Fairy Floss by Vanna Banana" 1401 21st Street Suite R, Sacramento, CA 95811. Filed with the Clerk of Sacramento County June 26, 2026
Publish: July 10, 17, 24, 31, 2026
FAIRY 7-31-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-05020
3165 LLC, 716 Potomac Avenue, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "3165 Coffee/ SOL" 716 Potomac Avenue, Sacramento, CA 95833. Filed with the Clerk of Sacramento County June 29, 2026
Publish: July 10, 17, 24, 31, 2026
COFFEE 7-31-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04790
Polina Akhmetshina, 405 18th Street Unit 101, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Piano with Polina" 405 18th Street Unit 101, Sacramento, CA 95811. Filed with the Clerk of Sacramento County June 17, 2026
Publish: July 10, 17, 24, 31, 2026
PIANO 7-31-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04593
Qasem Sahil, 2705 El Camino Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "US Furniture" 2705 El Camino Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County June 11, 2026
Publish: July 10, 17, 24, 31, 2026
US 7-31-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04863
John Lee, 1440 Ethan Way Suite 22B, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Barber Mane" 1440 Ethan Way Suite 22B, Sacramento, CA 95825. Filed with the Clerk of Sacramento County June 22, 2026
Publish: July 10, 17, 24, 31, 2026
BARBER 7-31-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04190
Younus Albakri, 6348 Aslin Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Waffsicle" 6348 Aslin Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County May 26, 2026
Publish: July 10, 17, 24, 31, 2026
WAFFSICLE 7-31-26

ORDER TO SHOW CAUSE
CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#26CV016034
Marissa Tamar Bennett has filed a petition with this court for a decree changing the name(s) of Marissa Tamar Bennett to Marissa Rose King and Maveric Azariah Lawrence King-Smith to Maveric Azariah King.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 22, 2027, at 1:30 p.m. in Department 8C, located at 500 G Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: July 6, 2026
Richard C. Miadich, Judge of the Superior Court
Publish: July 17, 24, 31, August 7, 2026
BENNETT 8-7-26



★ CALIFORNIA ★
**POLICY
AND
ETHICS**
BY JOSH F.W. COOK

Laguna Beach’s Sewage Spill Is a Preview, Not an Anomaly

By Josh Cook

Thalia Beach should have been packed over the Fourth of July weekend. Instead, families found yellow tape and closure signs.

On July 2, a malfunctioning sewer pump along a force main near Anita Street spilled roughly 2,000 gallons of raw sewage into the ocean. The Orange County Health Care Agency closed a quarter-mile stretch of coastline in both directions, and the beach remained closed for most of the holiday until bacterial levels finally met health standards on Sunday, July 5.

This latest “crisis” raises a pertinent question: how many more failures like this one are sitting under California’s streets and beaches, waiting for the wrong pump to fail on the wrong weekend? The numbers suggest the answer is “plenty.”

California’s wastewater systems serve over 40 million residents, treating approximately four billion gallons of sewage daily through roughly 900 publicly owned collection and treatment systems, with pipes and manholes often decades old and average ages frequently exceeding 50 to 60 years. The state’s wastewater infrastructure needs now exceed \$65 billion — about \$1,657 per resident — with conveyance systems alone requiring up to \$15 billion in repairs and new construction, and advanced treatment needing another \$10 billion. Those financial needs have doubled since 2012.

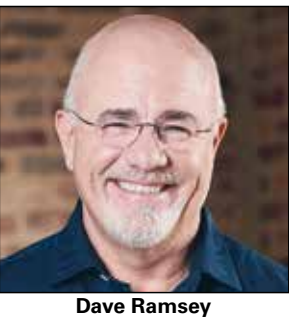
The category’s grade in ASCE’s independent assessment hasn’t moved: wastewater infrastructure nationally received a D+, unchanged from the prior report card. In its 2025 state-specific report, ASCE gave California’s overall infrastructure a cumulative “C-,” the same grade it received in 2019 — with drinking water and stormwater grades actually declining since then, even as a few other categories improved.

With the numerous conversations around the Billionaire Tax Ballot measure this year, there has been a reluctant confession among some of the political class. There is a point of diminishing returns, and raising taxes past a certain point actually gets you less “revenue.”

The last 5 tax measures put to voters in almost every California City aim to keep public Safety Services and other municipal amenities at current levels and to cover rising pension and healthcare costs. Many elected officials believe that when the infrastructure collapses, they will have to “go back to the voters”. Budget “balancing” through constant tax increases has been ongoing for the last 40 years in California amid a known deficit in deferred maintenance and replacement-cost allocations for the water and wastewater infrastructure in the ground.

Laguna Beach may be deemed an accident, but the underlying financial neglect of municipal infrastructure is an issue that can be ignored only until it can’t be. That day is not coming; it is now. ★

Go to Policy-Ethics.com



Dave Ramsey Says *Debt is Like a Ball and Chain*

Dear Dave,

I’ve never had a credit card in my life. I do have a \$600 monthly car payment right now, and it’s my only debt. I owe \$10,000 on the vehicle. Currently, I have a six-month emergency fund saved, plus \$25,000 in a regular savings account. I’m in sales, so my pay often fluctuates from month to month. Should I pay off the car from savings, or hang on to that money just in case things in my job take a downturn?

– Mike

Dear Mike,

I’m proud of you for never caving in to the temptation of credit cards. That sets you apart from the vast majority of folks in America today. But I’m not letting you off the hook on the car payments.

I don’t care what anyone else says, debt is never a good thing. And it’s absolutely the last thing you want in your life when your job compensation structure is unpredictable. Now, it sounds to me like you’re in pretty good shape financially, except for the car payments. It may be the only debt you have, but it’s still like a ball and chain around your neck when it comes to your money.

I want you to take a moment, and think about all the great things you could do if you didn’t have that monthly payment flying out the door. I mean, an extra \$600 in your pocket every month would be pretty cool, right? If I were in your shoes, I’d take \$10,000 out of savings today, and pay off that car. You’d be completely debt-free in a heartbeat, plus you could rebuild your savings in no time with the money you’ll free up. On top

of all that, you’d still have your emergency fund of six months of expenses sitting there untouched.

Debt always equals risk, Mike. Always. Write a check today, man, and pay off that car. You’ll be surprised at how much lighter and more comfortable you feel with no debt—or the potential consequences of debt—weighing you down!

– Dave

Dave Ramsey is a nine-time national bestselling author, personal finance expert and host of The Ramsey Show. He has appeared on Good Morning America, CBS This Morning, Today, Fox News, CNN, Fox Business and many more. Since 1992, Dave has helped people take control of their money, build wealth and enhance their lives. He also serves as CEO for Ramsey Solutions. ★



Wild New World

Do you sometimes feel like you’re living in a wild new world...one in which you don’t know how to cope? Relax! Enter **Martha Beck**, author of **“Finding Your Way in a Wild New World.”** It’s a handbook for learning how to surf the tsunami of change we see all around us. Martha is a celebrated life coach. She writes a monthly column for O, The Oprah Magazine and she’s been featured on Good Morning America, The Oprah Winfrey Show, and The Talk. Now that we have established some credentials, let’s get to the nitty gritty on how to deal with this wild new world! First, let’s admit that we are living in a wild new world. It’s an ever changing rapidly dissolving and reforming financial, economic, and cultural system. The speed and scope are so enormous that we can’t track them fully. We really can no longer accurately predict what our personal and collective futures will be. That being said, let’s get to what Martha has to give us some help. Here’s what she says.

1. **The way to navigate this Wild New World is to mend your own life... and that process means you will also mend other people and situations.** As the world around us becomes less predictable and systems dissolve, **we must let go of our familiar, rigid ways of thinking and behaving to embrace the fluidity of our true nature...the essential characteristics that makes each of us unique.**
2. In order to restore the nature of ourselves and the earth, we must learn from ancient wisdom. Martha has traveled the world, studying ancient wisdom traditions created and used by the wisdom teachers of many cultures. Our Western culture has lost or put these practices aside for mending the self. Martha believes these traditions are now the key to healing ourselves and the earth.
3. **There is a gathering of “wayfinders” mobilizing in every part of the world.** In her travels, Martha increasingly encounters people who share an urgent drive to connect with their own true natures, and consequently help restore the earth’s balance. This team of “wayfinders” expressed a remarkably consistent internal desire to forgo fixed and traditional careers or choices in favor of more fluid and unconventional ones.
4. Everything you need for your journey is already in you. In **“Finding Your Way in a wild New World,”** Martha provides simple yet powerful ideas and techniques to help you connect with your true nature’s incredible gifts, leverage your own innate genius, and thrive joyfully as you find your way through our wild new world.

Martha brings together ancient wisdom and modern science to help us embrace our skills and create the life we really want. If you want to hear more about life, please tune in to POPPTALK at www.kahi.com. Then check out the life you want at www.marthabeck.com and **“Finding Your Way in a Wild New World.”** It might be the wild wild west out there, but challenge is what makes for greatness in you! **NEVER DOUBT YOUR GREATNESS! ★**

Defendant Sentenced for Shooting Murder in Del Paso Heights

Sacramento County District Attorney’s Office News Release

SACRAMENTO, CA (MPG) - The Honorable Kenneth Brody sentenced Guadalupe Valencia to 40 years to life in prison. On Feb. 25, Valencia was convicted by a jury of second-degree murder and felon in possession of a firearm. The jury also found true the allegation that Valencia personally discharged a firearm causing death.

On Nov. 21, 2025, Valencia and the victim, Steve Guy, had a verbal altercation at the Stop-N-Save Mart in Del Paso Heights. Shortly after the altercation, the victim left the store and walked down the road away from Valencia. Valencia remained in the store and called his wife to bring him a gun. Valencia then got



into a car with the gun and followed the victim.

When he caught up to the victim, Valencia challenged him to a gun fight. When the victim produced his own firearm, Valencia opened fire, striking the victim in the back. The victim was killed from a single gunshot to the torso. After the shooting, Valencia fled Sacramento. When local news stations reported that the victim had succumbed to his injuries, Valencia fled to Olivehurst. Law enforcement was able to locate and arrest Valencia the next day. ★

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