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The Galt Herald

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A Royal Inspiration

Reesa Artz Advocates for Families, Students and Community

By MPG Staff

SACRAMENTO, CA (MPG) - On most weekday mornings, Reesa Artz can be found in a school health office, taking a temperature, refilling an inhaler, advocating for a student during an IEP meeting, or sitting with a student who just needs a quiet minute. On weekends, she might be at a food literacy event, teaching childbirth education, behind a microphone at a community fundraiser or on a video call with tribal health partners. This year, she is doing all of it wearing a crown. Artz was recently named National American Miss California Elite 2026, a competitive statewide title she earned after a consecutive decade with the organization. National American Miss is a personal development and community service program that emphasizes public speaking, volunteerism and leadership for young women, and Artz has grown up inside it, competing, mentoring and returning year after year to a program she credits with teaching her how to walk

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In November, the decade comes full circle: Reesa Artz will represent California at the National American Miss national competition. Photo courtesy of Reesa Artz

Naturwood's Wheel Turns Again

Company Restores Familiar Highway 50 Landmark



Naturwood family members, employees and community leaders gather in front of the newly rebuilt waterwheel Aug. 14, six months after the Rancho Cordova landmark was destroyed in a suspected DUI crash.

**Story and photos
by Ornella Rossi**

SACRAMENTO REGION, CA (MPG) - Six months after a suspected DUI crash reduced one of Rancho Cordova's most recognizable roadside landmarks to wreckage, Naturwood Home Furnishings' redwood waterwheel was turning again Aug. 14 as family members, employees and community leaders gathered to celebrate its return.

The rebuilt wheel was unveiled during a ribbon-cutting ceremony at Naturwood's Folsom Boulevard showroom, exactly six months after a vehicle left eastbound Highway 50 on Valentine's Day, crashed through fencing and destroyed the original structure. For Naturwood President Lisa Keyes, rebuilding was never really in question. "The customers were reaching out right away after it got destroyed, and

they wanted it rebuilt," Keyes said. "They missed it and it looked so empty without it. So, we rebuilt it. We wanted it back, too." The original waterwheel was built in 1985 and became closely tied to the family-owned furniture company's identity. It stood along the Highway 50 corridor for decades, eventually becoming part of Naturwood's logo and, for many local drivers, a familiar signal that

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School Season Brings More Young Riders to Local Trails



**Sacramento County
News Release**

SACRAMENTO, CA (MPG) - As students gear up for back-to-school season, Sacramento County expects to see an increase in kids and teens riding bicycles and e-bikes. Whether they're commuting to school, meeting up with friends or enjoying the American River Parkway, now is a great time for young riders and their parents to review the rules of the road and the trails. The message is simple, ride smart. ride safe. ride free. Know your ride, know your classification, know the rules and make smart choices that help you enjoy the freedom of riding. First, know what you're riding. Not every electric two-wheeler is an e-bike. California recognizes three classes of electric bicycles, and knowing the difference is especially important when riding on trails. Class 1 e-bikes provide electric assistance only when the rider is pedaling, and have a maximum assisted speed of 20 mph. Class 2 e-bikes have a throttle that can propel the bike without pedaling, and have a maximum assisted speed of 20 mph. Class 3 e-bikes provide electric assistance only while the rider is pedaling and can assist up to 28 mph. Class 3 e-bikes are not permitted in Regional Parks facilities, including the American River Parkway and Dry Creek Parkway trails. Riders must be at least 16 years old to operate a Class 3 e-bike. State law requires anyone under 18 to wear a properly fitted and fastened bicycle helmet when riding on public roads, bikeways or public bicycle paths and trails. E-motorcycles, sometimes called e-Motos, are different from e-bikes altogether. A qualifying e-Moto is an electric motorcycle, with two wheels, handlebars, a straddle seat and no pedals. These vehicles are subject to additional licensing and registration requirements and are not permitted on the Parkway trail. A simple rule of thumb: If it doesn't have fully operable pedals, it's not an e-bike. Parents can help by looking at their child's bike before they head out and making sure they know what type of e-bike they

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A Royal Inspiration

Continued from page 1
into a room and advocate for something bigger than herself.

“That stage taught me how to think on my feet, hold a room, and trust that I belonged in it,” Artz said. “I use those skills every single day.”

The rooms she walks into are almost all here. Artz’s roots run straight through this community: she attended Mariemont Elementary and Sierra Oaks before graduating from St. Francis High School, and she was a Girl Scout from kindergarten through high school, earning her Bronze, Silver and Gold Awards with her mother, Angela, serving as troop leader.

Those years pointed her toward a career in care. Professionally, Artz is a registered nurse with the Sacramento City Unified School District, where she serves Title 1 students, young people for whom the school nurse is often the most accessible health provider in their lives. She is also a graduate of the Duke University School of Nursing and was selected as one of Duke’s “Young and Rising” for 2026, which highlighted the top 40 young alumni making impact in their fields.

Beyond the school health office, Artz is a birth and postpartum doula, a childbirth educator and a perinatal behavioral health coach, supporting families through pregnancy, delivery and the tender months that follow.

That work has now

become her scholarship. Artz is a third-year PhD candidate in Indigenous and Rural Health at Montana State University, where she holds an NIH-funded translational research training fellowship. A Chippewa Cree tribal member from Rocky Boy Nation in Montana, she is building and piloting an Indigenous doula training curriculum in partnership with the California Rural Indian Health Board, research aimed squarely at the maternal health disparities facing Native families.

For all of that, the title year looks less like a résumé and more like a calendar.

Artz is spending it doing what the sash is actually for: showing up with love and lots of heart. Farmers markets. Nature centers and neighborhood parks. Family festivals. Fundraisers and galas. Most of her days, she says, come down to the same small thing, noticing what someone needs before they’ve had to ask.

She learned that at home. “Everything I know about caring for people, I learned watching my mom,” Artz said. “She showed up for me, her work, strangers, her neighbors, anyone who needed her. She never called it service, she just called it being there, and she’s still the person I’m trying to be.”

Artz is just as direct about what a decade of competition gave her, and impatient with the assumption that it is about appearances. The stage

taught her how to be interrupted and keep going, and how to walk into a room of strangers and make the case for something that matters. The same skills work at a bedside with a frightened family and at a table where policy gets decided.

“Every ambitious woman I know has been told at some point to take up less space,” she said. “This organization spent ten years teaching me the opposite. We all are so worthy and deserve to take up space and achieve boldly.”

In November, the decade comes full circle: Artz will represent California at the National American Miss national competition.

“I’m not walking in there alone,” she said. “Every family I’ve cared for, every kid in my health office, this community, my mom, I get to carry all of them with me. That’s truly the honor of a lifetime.”

Whatever the result, the year ahead looks the same to her.

What she wants people to take from it has nothing to do with a crown, it’s the simple, stubborn belief that everyone has something a community needs, and that the only way to find out what yours is to go looking. Dream as big as you want, she says, then find the place that needs you, and go.

Artz is available throughout her title year for community events, school visits and volunteer service, at no cost to local organizations. ★



Reesa Artz was recently named National American Miss California Elite 2026, a competitive statewide title she earned after a consecutive decade with the organization. Photo courtesy of Reesa Artz

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Naturwood's Wheel Turns Again



The rebuilt wheel was unveiled during a ribbon-cutting ceremony at Naturwood’s Folsom Boulevard showroom.

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they were nearing home. Keyes said she saw that connection immediately after the crash, including comments from people on social media who described using the wheel as a landmark. “‘Oh, I’m almost home, ’cause I see the water wheel,’” Keyes recalled people saying. “Maybe future generations will recognize it too, and it will be a special landmark for them also. That makes me happy.” Naturwood began in Sacramento in 1948 and has remained a family-owned and operated business. Keyes told the crowd that her mother, Virginia Keyes, remains active in the company and still inspects furniture before it leaves the shipping dock. Fourth- and

fifth-generation family members are also involved with the business. The Feb. 14 crash left more than just the wheel damaged. Keyes described arriving early that morning to find oil, gasoline, fence pieces and vehicle debris scattered across the property. Friends, family members and employees joined the cleanup and began discussing how to rebuild. Clifton Dutton, Keyes’ son-in-law, helped lead the reconstruction through Sierra Nevada Quality Construction and Remodeling with his partner, C.J. Sizemore. The team used the original plans and retained pieces of the destroyed wheel as templates. “I built it at my house, and I cut all these pieces by hand,” Dutton said. “Some

sleepless nights went into it as well. But a lot of hard work, a lot of cooperation, and it definitely feels good to look at it now.” Dutton said the landmark had personal meaning for him long before he became part of the Naturwood family. “As a kid, I drove by this and was like, ‘Oh, I’m almost home,’” he said. Keyes also recognized Cameron of Liberty Roofing Contractors, who worked on the waterwheel and passed away the day after completing his portion of the project. She offered condolences to his family and friends and said the company wanted to recognize his contribution. Rancho Cordova Vice Mayor Linda Budge presented Naturwood with a city resolution honoring

the restoration. Budge called the store an important part of the community and praised the return of a landmark familiar to generations of Highway 50 travelers. “We could not get along here in Rancho Cordova without Naturwood,” Budge said, noting the company’s community involvement and economic presence. She congratulated the family on “the restoration of this iconic waterwheel.” Michelle Benjamin, Naturwood’s advertising director, said seeing the wheel moving again also reinforced the company’s sense of continuity. “I’m so excited to see the wheel turn again,” Benjamin said. “It’s part of our logo. It makes the connection.” Benjamin, who has



A guest looks over the original 1985 plans for Naturwood Home Furnishings’ waterwheel, which were used as a guide to rebuild the landmark after it was destroyed in a February crash.



Rancho Cordova Vice Mayor Linda Budge, left, presented Naturwood with a city resolution honoring the restoration.

worked at Naturwood for more than 30 years, said the restoration represents more than rebuilding a damaged structure. “I think it’s the legacy,” she said. “It’s carrying on ... for generations to come.” Keyes said Naturwood also plans to install a plaque honoring her parents and their commitment to the family business. For a company that has operated for 78 years, the new wheel is both a reconstruction of something lost and a visible link between generations. ★

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County Expands Support for Affordable Housing Development

Sacramento County News Release

SACRAMENTO, CA (MPG) - Sacramento County is expanding a program designed to help offset development costs that can make affordable housing projects difficult to finance and build.

Earlier this week, the Board of Supervisors approved an expansion of the County's Three-Year Development Impact Fee Offset Pilot Program, allowing eligible affordable housing projects to receive offsets for development impact fees for three separate parks districts.

The program was established in December 2024 to help reduce barriers to affordable housing construction by offsetting certain development impact fees for projects that provide housing to low-income

residents. Eligible projects can receive up to \$10,000 per affordable housing unit in fee offsets.

And the program is already being used. So far, four affordable housing projects totaling 435 units have been approved for approximately \$2.16 million in fee offsets. That leaves approximately \$2.84 million available in the original \$5 million fund to support additional projects.

The latest expansion allows for the offset of development impact fees for the Carmichael Recreation and Park District, Mission Oaks Recreation and Park District and the unincorporated portion of the Sunrise Recreation and Park District.

The change does not reduce the amount of funding those park districts receive. Instead, for qualifying affordable housing



The county will allow eligible affordable housing projects to receive offsets for development impact fees for three separate parks districts. Photo courtesy of Sacramento County

projects, the County will use the existing affordable housing fund allocated for the pilot program to offset eligible park district development impact fees necessary to fund identified infrastructure.

Why does that matter?

Affordable housing developers face many of the same costs as other housing developers, while also being required to provide homes at rents or prices affordable to households with lower incomes. Reducing upfront

development costs can—and as this program has already started to demonstrate, does—help make projects financially feasible and allow more affordable housing units to move forward. The fee offset program

is one of several tools Sacramento County is using to reduce barriers to housing development. The County expects the pilot program to support additional affordable housing projects in the year ahead. ★

School Season Brings More Young Riders to Local Trails

Continued from page 1
are riding, how fast it can go and where it can legally be ridden.

The Jedediah Smith Memorial Multi-use Trail along the American River Parkway is a popular destination for cyclists, pedestrians, runners, skaters and equestrians. With many different types of users sharing the trail, knowing and following the rules helps keep everyone safe.

For cyclists riding on the parkway follow the 15-mph speed limit. The trail is designed to accommodate many types of users, so riders should slow down and be prepared for changing conditions and other trail users. Pass on the left. Give a verbal warning, such as “On your left,” before passing another cyclist or trail user. Ride single file. Leave space between riders and allow others to pass safely.

Stay alert. Keep your eyes on the trail and watch for pedestrians, other cyclists, animals and vehicles crossing the trail. Pull completely off the trail when stopping. Stopping in the middle of the trail can create a hazard for others.

Stay on permitted trails. Outside of the designated off-paved cycling areas, bicycles are not permitted on non-paved trails on the parkway.

Wear a helmet, California law requires riders under 18 to wear a properly fitted helmet when riding on public roads, bikeways and public bicycle paths and trails. Helmets are recommended for riders of all ages and always use lights when riding after dark. Riders should make sure their bicycles are properly equipped and visible to others.

The Parkway's 15 mph speed limit applies to all riders, regardless of how quickly their bike is capable of traveling. For example, a Class 1 or Class 2 e-bike may be capable of reaching 20 mph, but riders must not exceed the Parkway's 15 mph trail speed limit, the same goes for traditional bicycles.

Class 3 e-bikes and other motorized vehicles, including e-motorcycles, are prohibited in all Sacramento County Regional Parks trails and park facilities.

A safe ride starts before

you ever get on the bike. Riders should wear a properly fitted helmet, stay aware of their surroundings and follow the posted speed limit.

On a busy multi-use trail, a few extra seconds of caution can make a big difference.

Parents can help by taking a few minutes before the school year begins to review their child's bike, make sure it is properly equipped and talk about where and how they can safely ride.

“E-bikes can be a great way for young people to get around and enjoy the outdoors, but with that freedom comes responsibility,” said Sacramento County Regional Parks Director, Liz Bellas. “We want young riders and their families to enjoy our trails while making smart choices that keep themselves and everyone around them safe.”

For many young people, riding a bike or e-bike is about more than getting from one place to another. It's a way to spend time with friends, get outside, explore the parkway and enjoy a little independence.

Smart and safe riding

helps make that freedom possible.

When riders know their bikes, understand where they can ride and follow the rules, they can ride with confidence and enjoy the freedom to keep exploring.

So before you head out this school year, remember ride smart, ride safe, ride free. Know your ride, know the rules, make safe choices and have fun.

For more information about multi-use trail rules and regulations,

visit Sacramento County Regional Parks' multi-use trail rules and regulations. For tips on safely riding bicycles on roads, bike lanes and sidewalks, visit Sacramento County's active transportation website. ★



MEMORIAL

KEVIN A. VINCENT, SR. • 1956 – 2026

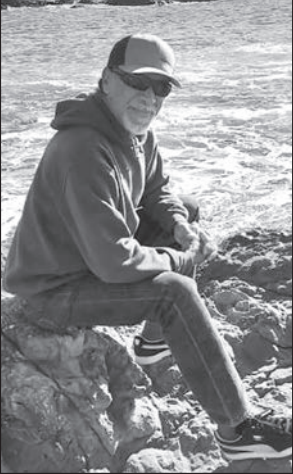
Kevin A. Vincent Sr., born to his mother Patricia Vincent and father Alvin Daniels of Wilton Rancheria. Proud of his Portuguese and Miwok heritage, Kevin was a hardworking man who built his life around family, trucking, and helping others. Kevin was known for his strong work ethic, positive attitude and high smile.

He leaves behind his wife of 44 years, Lavon Vincent of Galt, three children: Leslie (Anthony) Hooper of Galt, Kevin (Michelle) Vincent II of Greenhaven, and Colton (Kristi) Vincent of Galt; and six grandchildren, Lexie, Elizabeth Rose, Joseph, Zoie, Ella, and Madison, who lovingly knew him as “Papa.” He also leaves behind his sisters, Mary Tarango and Francine Daniels, and his brothers, Alvie, Allen, and Alvin “Boo” Daniels, and many nieces, nephews and cousins.

Kevin spent his life in the trucking industry until his retirement in 2021, and in 2023 he began restoring the property he and Lavon had dreamed of owning in rural Galt.

He will be remembered for his dedication, love for his family and for his country, hard work and the lasting impact he made on everyone who knew him.

Funeral services for Kevin will be held at 10 a.m. Friday, Aug. 21 at East Lawn, Elk Grove. Kevin will be laid to rest at 12:30 p.m. at Hicksville Cemetery on Arno Road and the Celebration of Life will follow at the Littleton Center in Galt.



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Kings Korner

By V.G. Harris



Culture

By V.G. Harris

Well, Kings fans, while the NFL is already in preseason mode and only weeks away from regular season games, the NBA is not far behind.

In less than 60 days your own Sacramento Kings will once again be gracing the hardwood, and many are asking what can they expect?

Ask any 10 people and you'll get 10 different answers.

That would not be true of many organizations that have developed expectations based on recent successes and possibly on additions that were made to the team during the off season.

The Sacramento Kings made the post season just four years ago and appeared to be on a roll. So, what happened that brought them to a paltry 22 wins last year?

Injuries certainly played a critical role, but it is much more than that.

I took a look at the most storied franchise in the NBA with a total of 18 championship rings.

The Boston Celtics were once almost invincible, putting together eight straight championships, and sending a message that you may compete with us, but don't expect to win.

What made the Celtics such a dynasty? One word describes how Boston got there. Culture.

The Celtics developed a culture that didn't just spell team, it defined it.

Led by legendary Red Auerbach, the Celtics coach developed a team culture that many have tried to emulate but few have been successful. Perhaps the San Antonio Spurs may break into the conversation, as Gregg Popovich led the Spurs to five championships spanning a 29-year run.

Gregg Popovich simply had a modality that much like Red Auerbach, not only grasped the attention of his team, but transformed it.

So, what you ask, is the culture of the Sacramento Kings?

If I had that answer or even a good guess, I would certainly venture it.

What I can tell you is that denigrating players and constantly discussing their lack of ability as it relates to defense, or some other basketball related issue, is not something that will ever build a lasting relationship and is conducive to anything related to culture.

The Sacramento franchise while extolling

their past two drafts, have become cataleptic in their approach to anything resembling a culture.

Whether the national media can see it or not, the Kings have an abundance of talent on the current team, but a culture is badly needed. Something that isn't just lip service but shows up and supports the players in a way that builds confidence and a trust.

Domantas Sabonis has bought into what the Sacramento Kings have preached every season he's been here and has been the epitome of a leader literally from the day he arrived.

Domantas had to overcome the many fans that were crushed by the loss of Tyrese Haliburton, and all he did was cover his ears and lead the entire league in rebounding three years in a row.

Imagine breaking a thumb and playing through the pain to lead the league in rebounding and double-doubles.

Not lost in his stellar play has been the attitude of a true leader. Always the first player to help his teammate with his feet, a constant source of encouragement, Sabonis has been the poster boy for what an NBA teammate should look like.

But Sabonis isn't the only player to be shopped for a trade and criticized for his perceived lack of defense.

Zack Lavine has had to endure constant dialogue about the over inflated salary he is receiving and how he is keeping the Kings from moving forward because of his price tag and lack of defensive skill.

After these two have been trashed will no restraint, let's encourage them to be team leaders and approach the upcoming season will renewed enthusiasm.

Earth to the Kings. This is not how team culture is taught and developed.

Both Sabonis and Lavine have been former NBA all-stars, and contrary to popular opinion they both hit the hardwood with the same acumen that made them all-stars.

Let's start but extolling the virtues and building a culture that the glass is half full and not the opposite.

I know leaders when I see them, and Domantas Sabonis and Zach Lavine fit the description to a tee.

I'm showing up to see them play and I hope you will too!

All the best!

Interested in How California Pays for State Government? Here's Where to Find the Data



By Dan Walters, CALMatters.org

The state budget is an obvious source for anyone interested in how California finances its programs.

However the budget, including the latest version enacted in June, is only a rough outline, a collection of suppositions and guesses, some educated, others politically motivated.

An obvious example is what happened four years ago when Gov. Gavin Newsom declared that California had a \$97.5 billion surplus, bragging “no other state in American history has ever experienced a surplus as large as this.”

That number never appeared in the budget, but legislators immediately pumped up spending. The surplus turned out to be a mirage based on what officials later acknowledged was a \$165 billion error in revenue estimates.

However, the spending increases were already in effect, leading to chronic, multibillion-dollar deficits ever since. Moreover, one piece of increased spending, the extension of health care coverage to undocumented immigrants, cost \$6.2 billion more than assumed in the budget, resulting in cutbacks of coverage.

While the budget itself is an imprecise source of financial information, its addenda provide troves of useful

data for those savvy enough to find them. They reveal such statistics as how many employee positions the state has (482,088), a list of the state's outstanding bond debts (\$73 billion) and how much the state collects from dozens of specific taxes and fees (\$328.4 billion).

One particularly interesting chart provides details on revenues and spending year-by-year, dating back to 1975. It reveals that income, outgo and the size of the state payroll remained stable relative to the growth in California's population and personal income, until Newsom became governor in 2019.

Since then, the state has added about 100,000 positions to its payroll, increasing it by one-third, relative to population. State general fund spending rose from 7.9% of total personal income in 2019-20 to 9.58% in 2023-24, the highest ever recorded since 1975. It now stands at 9.42%.

Those numbers are why Newsom will be leaving his successor a very unbalanced budget — no matter what he claims. In fact, one addendum projects shortfalls lasting through the next governor's first term, even if general fund spending remains virtually static, which it will not.

Those seeking an even deeper understanding of the state government's financial position have another source: The 372-page “Annual Comprehensive Financial Report” that the state controller's office files with the federal government. Its numbers are rock solid because they have to be and are backed up by audits.

State Controller Malia Cohen issued the 2024-25 report in May, two months after the federal government's deadline — but that

was an accomplishment. The state hadn't issued a timely report since 2018 because it was struggling with a new financial reporting tool, the Financial Information System of California, dubbed FISCal, that was years overdue, many millions of dollars over budget and incapable of generating accurate data.

The financial report covers a much broader array of state agencies (201) and programs than the budget, and therefore a much larger financial spread: \$595.5 billion in revenue and \$582.5 in spending — 66% larger than the \$351.7 billion current state budget.

Among its revelations is that the state has \$176.5 billion in unfunded liabilities for state employee pensions and retiree benefits, primarily healthcare. The report also contains detailed data about taxable sales, personal income and other economic sectors from which the state derives income.

One chart is especially timely, given the current debate over Proposition 40, a ballot measure that would impose a tax on the wealth of California's approximately 200 billionaires. Opponents of the wealth tax argue it could impel one-percenters to leave the state if it passes.

A chart on page 322 hints at the ramifications, supporting the oft-quoted assertion that California's top 1% of taxpayers by income — about 175,000 people — generate nearly half its income tax revenues.

Dan Walters is one of the most decorated and widely syndicated columnists in California history, authoring a column four times a week that offers his view and analysis of the state's political, economic, social and demographic trends.

Social Security Matters

I Worked for my Ex-husband but Wasn't Paid and now have little Social Security; What are my options?



By Russell Gloor, AMAC Certified Social Security Advisor

Dear Rusty: Sadly, I was in business with my ex-husband. I'm a nurse and he was a chiropractor. He refused to pay me “on the books” and now, at age 73, after divorcing him due to his financial irresponsibility (I don't want to burden you with the thefts that he perpetrated), I am stuck with a small \$773 Social Security payment each month. At age 73 I am now faced with having to go back into the workforce. Is there anything I can do to prove that I worked 40 years for my husband but wasn't paid? **Signed: Distressed Divorcee**

Dear Distressed: We are so sorry to hear of your unfortunate circumstances. Assuming your ex-husband is now collecting Social Security retirement benefits (or is at least eligible to if you are divorced at least 2 years), you should be able to collect an ex-spouse benefit as his former wife. In that case, you would be entitled to receive 50% of the Social Security benefit he was entitled to at his own full retirement age (because he and you were married

for over 10 years).

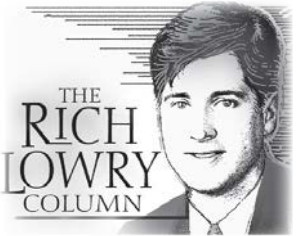
The way that will work is that you would continue to receive your personally-earned \$773 monthly Social Security retirement amount earned from other employment, but you would also be entitled to a supplemental “spousal boost” to bring your payment up to half of the SS payment amount your ex-husband is entitled to at his SS full retirement age. In other words, because you were married to your ex for more than 10 years, you are entitled to the same Social Security benefits as though you were still married. That is true, even if he has remarried and his new wife is also getting a spouse benefit from his record. You will still be entitled to an ex-spouse benefit from your ex-husband as his former wife. And if he dies before you, as a surviving ex-spouse you will get the same Social Security benefit he was receiving at his death, instead of the smaller amount your will get while you are both living.

Regarding rejoining the workforce, while you can certainly go back to work at age 73 without it negatively affecting your Social Security benefits, if you are struggling financially, I suggest you visit this website sponsored by the National Council on Aging: www.benefitscheckup.org. At this website, you can enter your zip code and find much information about other supplemental

assistance you may be entitled to where you live, including healthcare and medication assistance, housing, nutritional assistance, etc.

Regarding your question: “Is there anything I can do to prove that I worked 40 years and wasn't paid?” Social Security determines benefits based solely on your personal earnings as reported to the Internal Revenue Service (IRS), which is, in turn, dependent on how your joint income taxes were filed over the years you worked in your husband's business. Social Security is unable to assist you with IRS matters. I'm afraid yours is more of a legal matter you would need to pursue by discussing your situation directly with the IRS or engaging an attorney for assistance.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org.



During the 1979-1980 hostage crisis, a defiant Iran starkly demonstrated the limits of American power. Forty-five years later, it is doing the same thing, although in vastly different circumstances. Back then, when the post-Vietnam military was at a low ebb, we didn't strike Iran, and a long-shot rescue operation ended in abject failure.

Now, with the U.S. military at its most proficient and professional in history, we have inflicted punishing blows against the regime but still haven't been able to impose our will, in part because we are running low on the munitions necessary to prosecute the war. Not only is this embarrassing, it is dangerous.

If Operation Midnight Hammer -- last year's lightning strike against Iranian nuclear facilities -- demonstrated the prowess of the U.S. military and sent a useful deterrent message to our enemies, the Iran War is now doing the opposite. We're running low on missiles and interceptors in a months-long conflict with a beleaguered second-rate power. What would happen in a drawn-out war with a major adversary?

President Trump has posted a thunderous denunciation of leaks to the media about our depleted weapons stocks, and the leaks are indeed irresponsible. But this problem is a matter of public record and has been tracked by outside organizations.

A Foreseeable and Dire Munitions Crisis

At the end of July, the Center for Strategic and International Studies estimated that, out of an arsenal of 2,330 Patriot interceptors before the Iran war, we had roughly 800 remaining. We were down to roughly 250 THAAD interceptors from 450 at the start of the war.

On top of this, news organizations are reporting that we are almost out of ATACMS -- a ground-launched precision-strike missile -- and Precision Strike Missiles, the newer, longer-range successor to ATACMS.

This isn't comforting at a time when a war with China could be in the offing. Even before Operation Epic Fury, a war game involving a conflict in the Taiwan Strait conducted by CSIS had the U.S. running out of key munitions in days or weeks.

What happened? This is a crisis a long time in the making. As defense analyst Mackenzie Eaglen of the American Enterprise Institute has warned for years, skimping on the acquisition of munitions was an easy way to meet constrained Pentagon budgets, and we relied on optimistic scenarios about potential wars to justify chronically insufficient production.

For some understandable reasons, we also emphasized sophisticated missiles and interceptors over “good enough” systems. This led to Iran, for instance, forcing us to use highly expensive, difficult-to-replace interceptors against cheap, bulk threats from drones. All this means that we've expended ordnance that it will take us years to build

again. According to media reports, we've used about half our supply of Tomahawk cruise missiles, when we've been manufacturing fewer than 100 a year.

We need to put missile production on a wartime footing, and leverage hungry new defense firms to produce cheaper precision missiles and interceptors at scale. In World War II terms, it's the difference between the easy-to-maintain and mass-produced Sherman tank and the exquisite and powerful, but ultimately impractical Tiger. Whatever advantages the Tiger had in armor and punch, you'd still rather be the U.S. with 50,000 Sherman tanks than the Germans with 1,500 Tigers.

The Trump administration has been talking the right game, and there have been encouraging moves. It has signed agreements to acquire 10,000 cruise missiles over three years at a cost of a few hundred thousand dollars each, far less than a Tomahawk at more than \$2 million.

Wars always bring surprises. It should have been a shock to no one, though, that contemporary military conflict is largely missile warfare, or that we'd have trouble sustaining prolonged hostilities given that we started out with inadequate stocks. The American way of warfare is often to mess it up before adjusting and getting it right. The course correction here should be considered the most urgent priority of U.S. national security.

Rich Lowry is editor of the National Review.

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Legal Advertising
916-483-0946

LEGAL ADVERTISING

The Galt Herald Adjudicated For and By the County of Sacramento, Case No. 93246 - October 14, 1910

2508 Garfield Ave. • Ste. A
Carmichael, CA 95608

FICTITIOUS BUSINESS
NAME STATEMENTS

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-05770
Miguel A Munoz-Casillas, 688
Cedar Flat Avenue, Galt, CA
95632 is doing business under
the Fictitious Business Name(s)
"M & R Mobile Tractor Repair"
688 Cedar Flat Avenue, Galt,
CA 95632. Filed with the Clerk
of Sacramento County July 21,
2026
Publish: August 7, 14, 21, 28, 2026
MOBILE 8-28-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06077
Ramon Arturo Flores Guzman,
13522 Alabama Road, Galt, CA
95632 is doing business under
the Fictitious Business Name(s)
"Turn Key Property Services"
13522 Alabama Road, Galt,
CA 95632. Filed with the Clerk
of Sacramento County July 31,
2026
Publish: August 14, 21, 28, Sept 4, 2026
TURN 9-4-26

ORDER TO SHOW FOR
CHANGE OF NAME

SUPERIOR COURT OF
CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#26CV018747
Joseph Uday Soman has filed a
petition with this court for a de-
cree changing the name(s) of
Joseph Uday Soman to Joseph
Uday-Soman Smith.
IT IS ORDERED that all per-
sons interested in the above-en-
titled matter appear before this
court on April 12, 2027, at 1:30
p.m. in Department 8D, located
at 500 G Street, Sacramento, CA
95814, and show cause, if any,

why the petition for Change of
Name should not be granted.
Dated: August 6, 2026
Julie G. Yap, Judge of the
Superior Court
Publish: August 14, 21, 28, Sept 4, 2026
SOMAN 9-4-26

NOTICE OF PETITION TO
ADMINISTER ESTATE

NOTICE OF PETITION TO
ADMINISTER ESTATE OF
DELIA RODRIGUEZ
CASE NO. 26PR001893
To all heirs, beneficiaries, credi-
tors, and contingent creditors of
and persons who may be other-
wise interested in the will or es-
tate, or both, of Delia Rodriguez,
Delia Herrera Perez.
A Petition for Probate has been
filed by Alfredo B. Rodriguez, in
the Superior Court of California,
County of Sacramento, request-
ing Alfredo B. Rodriguez be
appointed as personal represen-
tative(s) to administer the estate
of the decedent.
The petition requests authority
to administer the estate under
the Independent Administration
of Estates Act. (This authority will
allow the executor to take many
actions without obtaining court
approval. Before taking certain
very important actions, howev-
er, the executor will be required
to give notice to interested per-
sons unless they have waived
notice or have consented to the
proposed action.) The indepen-
dent administration authority will
be granted unless an interested
person files an objection to the
petition and shows good cause
why the court should not grant
the authority.
A hearing on the petition will
be held in this court as fol-
lows September 9, 2026, 9:00
a.m. in Dept 126; Superior

Court of California, County
of Sacramento, William R.
Ridgeway Family Relations
Courthouse, 3341 Power Inn
Road, Sacramento, CA 95826.
IF YOU OBJECT to the grant-
ing of the petition, you should
appear at the hearing and state
your objections or file written ob-
jections with the court before the
hearing. Your appearance may
be in person or by your attorney.
IF YOU ARE A CREDITOR or
a contingent creditor of the de-
ceased, you must file your claim
with the court and mail a copy
to the personal representative
appointed by the court within
the later of either (1) four months
from the date of first issuance of
letters to a general personal rep-
resentative, as defined in section
58(b) of the California Probate
Code, or (2) 60 days from the
date of mailing or personal deliv-
ery to you of a notice under
section 9052 of the California
Probate Code. Other California
statutes and legal authority may
affect your rights as a creditor.
You may want to consult with
an attorney knowledgeable in
California law.
YOU MAY EXAMINE the file
kept by the court. If you are in-
terested in the estate, you may
file with the court a Request for
Special Notice (form DE-154) of
the filing of an inventory and ap-
praisal of estate assets or of any
petition or account as provided
in Probate Code section 1250. A
Request for Special Notice form
is available from the court clerk.
The name, address and tele-
phone number of the Attorney
for Petitioner is: Ramona
C. Glasgow, P.O. Box 686,
Woodridge, CA 95258; 209-331-
6553
Publish: August 7, 14, 21, 2026
RODRIGUEZ 8-21-26

TRUSTEE SALE

APN: 148-0270-037-0000 TS
No: CA07000377-26-1 TO
No: 101-10849322 NOTICE
OF TRUSTEE'S SALE (The
above statement is made pur-
suant to CA Civil Code Section
2923.3(d)(1). The Summary will
be provided to Trustor(s) and/
or vested owner(s) only, pur-
suant to CA Civil Code Section
2923.3(d)(2).) YOU ARE IN
DEFAULT UNDER A DEED
OF TRUST DATED February
19, 2016. UNLESS YOU TAKE
ACTION TO PROTECT YOUR
PROPERTY, IT MAY BE SOLD
AT A PUBLIC SALE. IF YOU
NEED AN EXPLANATION
OF THE NATURE OF THE
PROCEEDINGS AGAINST
YOU, YOU SHOULD CONTACT
A LAWYER. On October 6, 2026
at 09:30 AM, in the courtyard
of the Sacramento City Hall lo-
cated at 915 I St, Sacramento
CA 95818, MTC Financial Inc.
dba Trustee Corps, as the duly
Appointed Trustee, under and
pursuant to the power of sale
contained in that certain Deed
of Trust recorded on March 1,
2016 in Book 20160301, on
Page 1481 of official records
in the Office of the Recorder of
Sacramento County, California,
executed by JAMES ICE
AND ETHEL ICE, HUSBAND
AND WIFE AS COMMUNITY
PROPERTY WITH RIGHT OF
SURVIVORSHIP, as Trustor(s),
in favor of MORTGAGE
ELECTRONIC REGISTRATION
SYSTEMS, INC., as Beneficiary,
as nominee for AMERICAN
ADVISORS GROUP as
Beneficiary, WILL SELL AT
PUBLIC AUCTION TO THE
HIGHEST BIDDER, in lawful
money of the United States, all
payable at the time of sale, that
certain property situated in said
County, California describing
the land therein as: AS MORE
FULLY DESCRIBED IN SAID
DEED OF TRUST The property
heretofore described is being
sold "as is". The street address
and other common designation,
if any, of the real property de-
scribed above is purported to be:
201 DOVER DRIVE, GALT, CA
95632 The undersigned Trustee
disclaims any liability for any in-
correctness of the street address
and other common designation,
if any, shown herein. Said sale
will be made without covenant
or warranty, express or implied,
regarding title, possession, or
encumbrances, to pay the re-
maining principal sum of the
Note(s) secured by said Deed
of Trust, with interest thereon,
as provided in said Note(s), ad-
vances if any, under the terms
of the Deed of Trust, estimated
fees, charges and expenses
of the Trustee and of the trusts
created by said Deed of Trust.
The total amount of the unpaid
balance of the obligations se-
cured by the property to be sold
and reasonable estimated costs,
expenses and advances at the
time of the initial publication of
this Notice of Trustee's Sale is
estimated to be \$241,951.33
(Estimated). However, prepay-
ment premiums, accrued interest
and advances will increase this
figure prior to sale. Beneficiary's
bid at said sale may include all or
part of said amount. In addition
to cash, the Trustee will accept a
cashier's check drawn on a state
or national bank, a check drawn
by a state or federal credit union
or a check drawn by a state or
federal savings and loan associa-
tion, savings association or
savings bank specified in Section
5102 of the California Financial
Code and authorized to do busi-
ness in California, or other such
funds as may be acceptable to

the Trustee. In the event tender
other than cash is accepted, the
Trustee may withhold the issu-
ance of the Trustee's Deed Upon
Sale until funds become avail-
able to the payee or endorsee
as a matter of right. The prop-
erty offered for sale excludes
all funds held on account by the
property receiver, if applicable.
If the Trustee is unable to convey
title for any reason, the success-
ful bidder's sole and exclusive
remedy shall be the return of
monies paid to the Trustee and
the successful bidder shall have
no further recourse. Notice to
Potential Bidders If you are con-
sidering bidding on this property
lien, you should understand that
there are risks involved in bidding
at a Trustee auction. You will be
bidding on a lien, not on the prop-
erty itself. Placing the highest bid
at a Trustee auction does not au-
tomatically entitle you to free and
clear ownership of the property.
You should also be aware that
the lien being auctioned off may
be a junior lien. If you are the
highest bidder at the auction, you
are or may be responsible for
paying off all liens senior to the
lien being auctioned off, before
you can receive clear title to the
property. You are encouraged to
investigate the existence, priority,
and size of outstanding liens that
may exist on this property by con-
tacting the county recorder's of-
fice or a title insurance company,
either of which may charge you
a fee for this information. If you
consult either of these resourc-
es, you should be aware that
the same Lender may hold more
than one mortgage or Deed of
Trust on the property. Notice to
Property Owner The sale date
shown on this Notice of Sale may
be postponed one or more times
by the Mortgagee, Beneficiary,
Trustee, or a court, pursuant to
Section 2924g of the California
Civil Code. The law requires that
information about Trustee Sale
postponements be made avail-
able to you and to the public, as
a courtesy to those not present
at the sale. If you wish to learn
whether your sale date has been
postponed, and, if applicable,
the rescheduled time and date
for the sale of this property, you
may visit the Internet Website
address: www.insourcelogic.com
or call In Source Logic LLC at
702-659-7766 for information
regarding the Trustee's Sale for
information regarding the sale
of this property, using the file
number assigned to this case,
CA07000377-26-1. Information
about postponements that are
very short in duration or that oc-
cur close in time to the scheduled
sale may not immediately be re-
flected in the telephone informa-
tion or on the Internet Website.
The best way to verify postpone-
ment information is to attend
the scheduled sale. Notice to
Tenant NOTICE TO TENANT
FOR FORECLOSURES AFTER
JANUARY 1, 2021 You may
have a right to purchase this
property after the trustee auction
pursuant to Section 2924m of the
California Civil Code. If you are
an "eligible tenant buyer," you
can purchase the property if you
match the last and highest bid
placed at the trustee auction. If
you are an "eligible bidder," you
may be able to purchase the
property if you exceed the last
and highest bid placed at the
trustee auction. There are three
steps to exercising this right of
purchase. First, 48 hours after
the date of the trustee sale, you
can call 702-659-7766, or visit
this internet website www.in-
sourcelogic.com, using the file
number assigned to this case
CA07000377-26-1 to find the
date on which the trustee's sale

was held, the amount of the last
and highest bid, and the address
of the trustee. Second, you must
send a written notice of intent to
place a bid so that the trustee
receives it no more than 15 days
after the trustee's sale. Third,
you must submit a bid so that the
trustee receives it no more than
45 days after the trustee's sale. If
you think you may qualify as an
"eligible tenant buyer" or "eligi-
ble bidder," you should consider
contacting an attorney or appro-
priate real estate professional
immediately for advice regarding
this potential right to purchase.
Effective March 1, 2026, new
federal regulations (89 Fed. Reg.
70.258) may impact residential
real property (1-4 residential
units) title transfers to covered
entities trusts, with reporting
requirements unless exempt.
https://www.federalregister.gov/
documents/2024/08/29/2024-
19198/anti-money-laundering-regu-
lations-for-residential-real-es-
tate-transfers Date: August
10, 2026 MTC Financial Inc.
dba Trustee Corps TS No.
CA07000377-26-1 17100
Gillette Ave Irvine, CA 92614
Phone: 949-252-8300 TDD:
711 949.252.8300 By: Loan
Quema, Authorized Signatory
SALE INFORMATION CAN
BE OBTAINED ONLINE
AT www.insourcelogic.com
FOR AUTOMATED SALES
INFORMATION PLEASE
CALL: In Source Logic LLC AT
702-659-7766 Order Number
127442, Pub Dates: 08/21/2026,
08/28/2026, 09/04/2026
THE GALT HERALD 9-4-26
T.S. No.: 2026-21936-
CA APN: 148-1220-
068-0000 Property Address:
918 KATSURA STREET,
GALT, CA 95632NOTICE
OF TRUSTEE'S SALEYOU
ARE IN DEFAULT UNDER
A DEED OF TRUST DATED
4/28/2025. UNLESS YOU
TAKE ACTION TO PROTECT
YOUR PROPERTY, IT MAY BE
SOLD AT A PUBLIC SALE. IF
YOU NEED AN EXPLANATION
OF THE NATURE OF THE
PROCEEDING AGAINST YOU,
YOU SHOULD CONTACT A
LAWYER.A public auction sale
to the highest bidder for cash, cas-
hiers check drawn on a state or
national bank, check drawn by a
state or federal credit union, or a
check drawn by a state or federal
savings and loan association, or
savings association, or savings
bank specified in Section 5102
of the Financial Code and author-
ized to do business in this state
will be held by the duly appoint-
ed trustee as shown below, of all
right, title, and interest conveyed
to and now held by the trust-
ee in the hereinafter described
property under and pursuant to
a Deed of Trust described be-
low. The sale will be made, but
without covenant or warranty,
expressed or implied, regarding
title, possession, or encumbranc-
es, to pay the remaining principal
sum of the note(s) secured by
the Deed of Trust, with interest
and late charges thereon, as
provided in the note(s), advanc-
es, under the terms of the Deed
of Trust, interest thereon, fees,
charges and expenses of the
Trustee for the total amount (at
the time of the initial publication
of the Notice of Sale) reasonably
estimated to be set forth below.
The amount may be greater on
the day of sale. Trustor: PAUL
S BARREDO AND MARY
ANN C HUET, HUSBAND AND
WIFE AS JOINT TENANTS
Duly Appointed Trustee: Nestor
Solutions, LLC Deed of
Trust Recorded 4/29/2025 as
Instrument No. 202504290926
in Book -- Page -- of
Official Records in the office of the

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING TO CONSIDER APPROVAL OF A COMMERCIAL
TENTATIVE PARCEL MAP AND A REZONE FROM HIGHWAY COMMERCIAL TO
COMMERCIAL FOR THE CRYSTAL WAY COMMERCIAL DEVELOPMENT PROJECT

Notice is hereby given that the Galt City Council will hold a Public Hearing in the Council
Chambers of Galt City Hall, 380 Civic Drive, Galt, California, on the date and time indicated below,
or as soon thereafter that the matter can be heard, to receive and consider all evidence, testimony,
and reports relative to the application described herein. The City Council will take action on the
proposed approvals.

PROJECT TITLE: Crystal Way Commercial Development

PROJECT LOCATION: Crystal Way Commercial Development is north of Dry Creek
Ranch Golf Club; east of NB SR 99, west of unincorporated San Joaquin County, and south of Dry
Creek Oaks Senior Community (APNs 150-0092-026, and -027).

PROJECT DESCRIPTION: The proposed project includes a five-lot commercial
Tentative Parcel Map (TPM) for the entire 12.42+/- acre project site to adhere to existing site
conditions and support future development. A rezone of 8.04+/- acres from High Commercial (HC)
to Commercial (C) is proposed to accommodate a variety of land uses.

A California Environmental Quality Act (CEQA) Section 15183 Modified Initial Study
Checklist was prepared for this project.

OWNER/APPLICANT: Buzz Oates Enterprises II Buzz Oates Construction
555 Capitol Mall, Suite 900 555 Capitol Mall, Suite 900
Sacramento, CA 95814 Sacramento, CA 95814

CITY COUNCIL PUBLIC HEARING

Date and Time: The City Council for the City of Galt will hold a public hearing on
Tuesday, September 15, 2026, at 6:00 P.M., or as soon thereafter that the matter can be heard.
The meeting will be in person at the Galt City Council Chambers at City Hall, 380 Civic Drive, Galt.

If you have any questions regarding the proposed project or wish to review any details
prior to the public hearing, please contact Stacy Schafer, Associate Planner at 209-366-7230 or
sschafer@cityofgalt.org.

NOTICE REGARDING CHALLENGES TO DECISIONS

Pursuant to all applicable laws and regulations, including without limitation, California Government Sections
65009, 66020, and/or California Public Resources Code Section 21177, if you wish to challenge in court any
of the above decisions (regarding planning, zoning and/or environmental decisions), you may be limited to
raising only those issues you or someone else raised at the public hearing(s) described in this notice/agen-
da, or in written correspondence delivered to the city at, or prior to, this public hearing.

Dated: August 21, 2026

\\s\\ Stacy Schafer
Stacy Schafer, Associate Planner

\\s\\Tina Hubert
Tina Hubert, City Clerk

The Galt Herald 8-21-2026

00 11 16 – NOTICE INVITING BIDS

1.1 Submittal of Bids.

- A. The City of Galt, a California municipal corporation ("City"), will receive sealed bids for the Chabolla Skate Park Enhancements ("Project") at the City Clerk's Office, City of Galt, 380 Civic Drive, Galt, California 95632, no later than September 9, 2026 at 1:00 PM. Bids must be submitted in person and received and stamped by the City Clerk before/ by the specified date and time. Bids will be publicly opened and read aloud immediately thereafter at the same location. The City will not accept late Bids or Bids submitted electronically, by email, or through an online submission system. Bids shall remain valid for 90 Days after the bid opening date.

1.2 Pre-Bid Conference.

- A. A Non-Mandatory Pre-Bid Conference is scheduled for Wednesday, August 19, 2026 at 10:00 AM [KH1.1][BF1.2]to review the Project's existing site conditions at 620 Chabolla Avenue, Galt, CA 95632.
- B. City's Representative will be present to discuss the Project. Bidders are encouraged to attend and participate in the conference. Any Addenda issued by City in response to questions arising at the conference will be issued through the City's Website. Oral statements may not be relied upon and will not be binding or legally effective.

1.3 Bid Documents.

- A. Bids must be submitted on City's Bid Forms.
- B. Bidders may obtain a copy of the Contract Documents at no charge from the City's Website at **RPF/Bid/CIP - Construction Projects**. To [KH2.1][BF2.2][JH2.3]the extent required by section 20103.7 of the Public Contract Code, upon request from a contractor plan room service, City shall provide an electronic copy of the Contract Documents at no charge to the contractor plan room.
- C. It is the responsibility of each prospective bidder to download and print all Bid Documents for review and to verify the completeness of Bid Documents before submitting a bid. Any Addenda will be posted on the City's Website. It is the responsibility of each prospective bidder to check the City's Website on a daily basis through the close of bids for any applicable addenda or updates. City does not assume any liability or responsibility based on any defective or incomplete copying, excerpting, scanning, faxing, downloading or printing of the Bid Documents. Information on the City's Website may change without notice to prospective bidders. The Contract Documents shall supersede any information posted or transmitted by the City's Website. Please submit all questions and comments to **BFlores@cityofgalt.org**.

1.4 Bid Security.

- A. Each Bid must be accompanied by cash, a certified or cashier's check, or a Bid Bond in favor of City in an amount not less than ten percent (10%) of the Total Bid Price.

1.5 Bonds.

- A. The successful bidder will be required to furnish City with Payment and Performance Bonds equal to 100% of the Contract Price. Bonds shall be on the forms included in the Contract Documents; City will not accept bonds on any other form. Each Bond shall be secured from a surety company that meets all State of California bonding requirements, as defined in California Code of Civil Procedure Section 995.120, and that is a California admitted surety insurer.

1.6 Retention.

- A. City will withhold retention in the amount of 5% of each progress payment. Pursuant to Public Contract Code section 7201, City has made a determination that the work included

in this Contract is substantially complex, and therefore a retention of 10% will be withheld from each progress payment as provided by the Contract Documents.]

- B. Pursuant to Public Contract Code section 22300, the successful bidder may substitute certain securities for funds withheld by City to ensure his performance under the Contract.

1.7 Labor and Personnel.

- A. Pursuant to section 1770, et seq. of the California Labor Code, the Contractor and all Subcontractors shall pay not less than the prevailing rate of per diem wages as determined by the Director of the California Department of Industrial Relations and comply with all applicable Labor Code provisions, which include, but are not limited to the employment of apprentices, the hours of labor and the debarmat of contractors and subcontractors.
- B. Pursuant to Labor Code sections 1725.5 and 1771.1, all contractors and subcontractors that wish to bid on, be listed in a bid proposal, or enter into a contract to perform public work must be registered with the Department of Industrial Relations. No bid will be accepted nor any contract entered into without proof of the contractor's and subcontractors' current registration with the Department of Industrial Relations to perform public work. If awarded a Contract, the Bidder and its subcontractors, of any tier, shall maintain active registration with the Department of Industrial Relations for the duration of the Project.

- C. This Project is subject to compliance monitoring and enforcement by the Department of Industrial Relations. In bidding on this Project, it shall be the Bidder's sole responsibility to evaluate and include the cost of complying with all labor compliance requirements under this contract and applicable law in its bid. [BF3.1][JH3.2][BF3.3]

1.8 Licensing of Contractor.

- A. Unless otherwise provided in the Contract Documents, Contractor shall possess, at the time its Bid is submitted, at the time the Contract is awarded, and at all times when Work is performed, a valid license in accordance with the provisions of the Contractor's State License Law (Bus. & Prof. Code § 7000 et seq.) with the following license classification: Class A[KH4.1][BF4.2] License

1.9 Award of Contract.

- A. A Contract will be awarded to the responsible Bidder submitting the lowest responsive Bid. City reserves the right to reject any or all bids or to waive any irregularities or informalities in any bids or in the bidding process.
- B. If alternate bid items are called for in the Contract Documents, the lowest bid will be determined on the basis of the base bid and all alternates.[BF5.1][JH5.2][BF5.3]

1.10 No Substitutions.

- A. Pursuant to Public Contract Code section 3400(b), if City has made any findings designating certain materials, products, things, or services by specific brand or trade name, such findings and the materials, products, things, or services and their specific brand or trade names will be set forth in the Special Conditions. The designated items and the City's supporting findings are set forth in Section 00 73 13 – Special Conditions. Substitutions or proposed equal products will not be accepted for those designated items.

1.11 Contract Time.

- A. Contractor shall complete all Work within one hundred ten (110) Working Days from the commencement date stated in the Notice to Proceed.

For further information, contact Betsy Flores, Assistant Engineer, **BFlores@cityofgalt.org**, 209-366-7295

The Galt Herald 8-21-2026

COMMUNITY BRIEFS

Nominate Your Neighbor

The Galt Beautification Committee wants you to “nominate your neighbor.” Has your neighbor recently completed a yard project? Does your neighbor have the best flowers in town or the best-looking yard? The Galt Beautification Committee wants to know.

Send an email with pictures and why you are nominating your neighbor to planningdivision@cityofgalt.org. The best submissions will be included in future newsletters and City Manager Updates.

Recycle Household Batteries

City of Galt residents can recycle their household batteries in one of two green household-battery recycling bins: on the west side at the front entrance to the Galt Police Department or on the east side at Galt Community Park, just west of the fire station.

The green bin is only for dry-cell household batteries.

For additional information, contact the Public Works Department at 209-366-7260.

TOPS Weekly Meetings

TOPS, Taking Off Pounds Sensibly, meets every Wednesday at Grace Presbyterian Church, 10 N. Mills Ave., Lodi. Meeting time: 10-10:45 a.m. Weigh-ins: 9-9:50 a.m.

No charge for first meeting.

Volunteers Sought for Senior Resource Center

The Commission on Aging is looking for volunteers to operate a computer and are willing to answer questions from seniors in person, over the phone, on social media and by email at the Galt Senior Resource Center.

Volunteer slots are available in two-hour increments for up to four hours from 10 a.m. to 2 p.m. Mondays through Thursdays,

excluding holidays. Volunteers will be trained and can contact commission members with questions.

The resource center is at the Chabolla Community Center, 600 Chabolla Ave. If interested, call 209-294-3308 and leave a message or inquire in person.

Square Dance Classes Mondays

The Diamond Dancers Square Dance Club hosts social square-dancing classes in Galt.

The classes are open to everyone and are held from 6:30 p.m. to 8 p.m. Mondays at the Valley Oaks Grange Hall.

The Valley Oaks Grange Hall is at 347 Fifth St. For more information, call Sue Regadanz at 916-835-8916.

AA 24-Hour Hotline

For help with an alcohol-related problem, call the Alcoholics Anonymous 24-hour hotline at

209-745-1525.

Nar-Anon Family Group Meetings

Narcotics Anonymous (Nar-Anon) family group meetings for friends and family members who are dealing with drug addiction are held locally from 9:30 a.m. to 10:30 a.m. Saturdays at the Galt United Methodist Church, 571 C St. in Galt.

Meals on Wheels Cafe Accepting Older Adults

Meals on Wheels is accepting new participants in its Galt All Seasons Café located in the Chabolla Community Center, 600 Chabolla Ave.

The cafe is open at 11:30 a.m. Mondays through Fridays for adults age 60 and older. Those interested can apply at the Chabolla Center when meals are being served or they can call 916-444-9533.

Sunshine Food Pantry Donations

Sunshine Food Pantry is a food closet that helps provide for residents.

Collections of canned food and dry good nonperishable items are received at United Methodist Church, 571 C St. in Galt; call to make an appointment for donations at 209-745-4133.

The food closet is open from 7:30 a.m. to 10 a.m. the second and fourth Thursdays of each month.

Senior Bingo Weekly

The Galt Commission on Aging is hosting free Senior Bingo games at the Chabolla Community Center at 600 Chabolla Ave. from 1 p.m. to 3 p.m. Mondays (except holidays and when required by the city).

Seniors of Galt and its immediate vicinity are invited to have fun and play bingo together and socialize.

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Ohhhhhh Yeahhhh! It's Kool-Aid Day!

Grab some pitchers and prepare for a splash of color and sweetness, because it's time to celebrate with Kool Aid! According to the daysoftheyear.com website, this vibrant and fun-filled day is as colorful as the iconic drink that has quenched thirst since childhood. Are you a superfan of classic cherry flavor? Or do you love experimenting with custom flavor blending? Then this holiday is a fabulous time to stir up a pitcher of some favorite Kool Aid flavors and get to sipping.

A little interesting history: Kool Aid is the official drink of Nebraska (I looked on several websites for California's official drink and the closest I found was milk or wine), where the bright beverage has a history as colorful as its many flavors.

The story of Kool Aid began in Hastings, Nebraska, when Edwin Perkins, a man with a passion for chemistry and a knack for invention, created a delightful drink. Inspired by another household brand name, Jell-O, Perkins initially concocted a concentrated drink mix. He called it ... Fruit Smack. However, the bulky and fragile glass bottles



created several distribution headaches. So, in 1927, Perkins had a genius idea: He removed the liquid from Fruit Smack. The result of his innovation was a convenient powdered form that he could package in envelopes. Thus, Kool Aid was born.

The drink was first sold in wholesale grocery and candy stores at a cost of 10 cents per packet. The original packets featured six flavors: cherry, grape, lemon-lime, orange, raspberry and strawberry. By 1929, Kool Aid had made its way into grocery stores across the nation. During the Great Depression, they had a setback and had slashed the price to five cents a packet. But that made Kool Aid an affordable treat for those with little money to spare.

In 1953, Perkins sold Kool Aid to General Foods. Soon after, General Foods

introduced the iconic Kool Aid Man, who burst onto the scene with his famous catchphrase, "Ohhhh Yeahhh!" Kool Aid Day is celebrated on the first day of the Kool Aid Days festival, which is held on the second weekend of August every year in Hastings, Nebraska.

And guess what? We also are celebrating National Spumoni Day today. Spumoni is a delightfully flavorful layered Italian ice cream dessert that includes cream, fruit and nuts. With the unique flavors of chocolate, cherry and pistachio ice cream all combined together along with fruit and nuts, spumoni offers a special mix of flavors and textures that'll add up to something absolutely wonderful!

Thought to have its origins in the area of Naples, Italy, most food historians believe that Spumoni was first created in the 19th century and has evolved since that time. It was probably around the 1870s that Italian immigrants introduced Spumoni to the United States. And some of the best Spumoni available in United States today can still be found in predominantly Italian

neighborhoods of large cities.

Spumoni has made quite a cultural and geographical journey in recent years, from its birth in Naples to being more commonly eaten and enjoyed in the United States as well as Argentina. National Spumoni Day was founded in celebration of this tasty Italian dessert that has become popular in many places throughout the world.

Want to know a Spumoni Pro secret? Cultural purists of the delicious dessert consider it to be in bad taste to use a spoon to scoop out Spumoni and put it in bowl. Instead, the proper way to serve the frozen treat is to slice it and place it on a plate. Well, how about that? A person learns something new every day.

I love Spumoni. One of my favorite pasta restaurants serves it as part of its dinners. And I do take advantage of it. And Crystal Ice Cream, right here in the valley, makes it the best. However, I seemed to only find it during the November-December holidays, but it is worth the wait.

Until next week – be strong, be courageous and make a memory. ★



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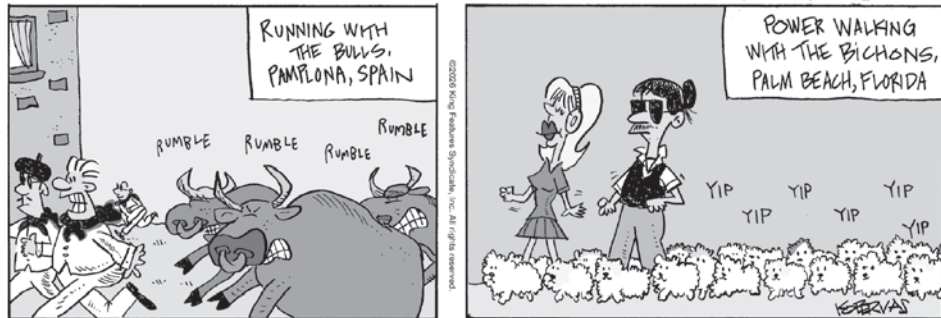
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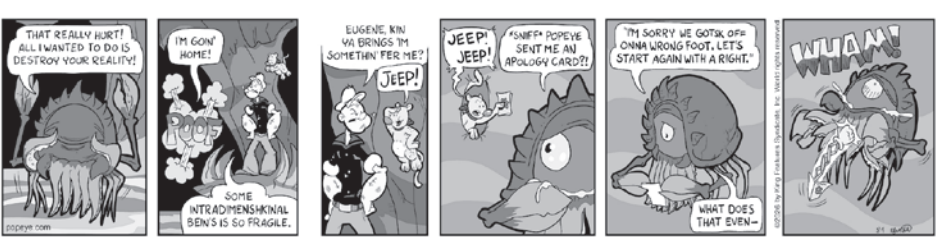
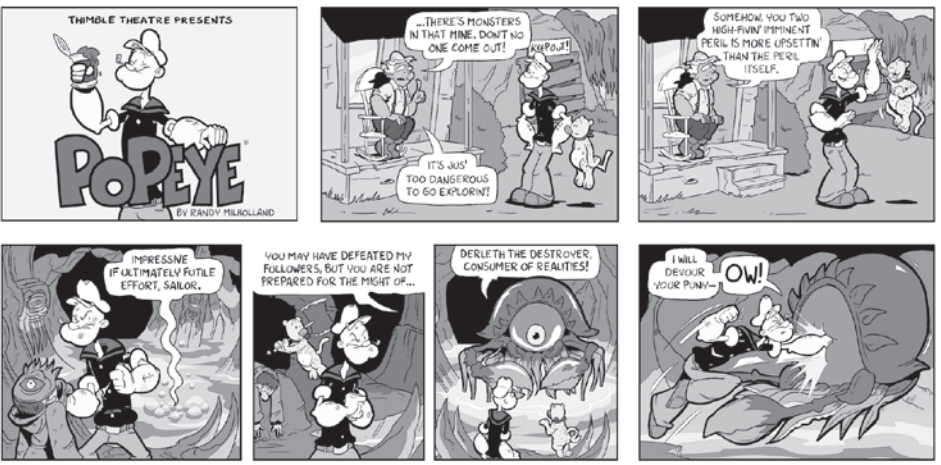
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Find at least six differences in details between panels.



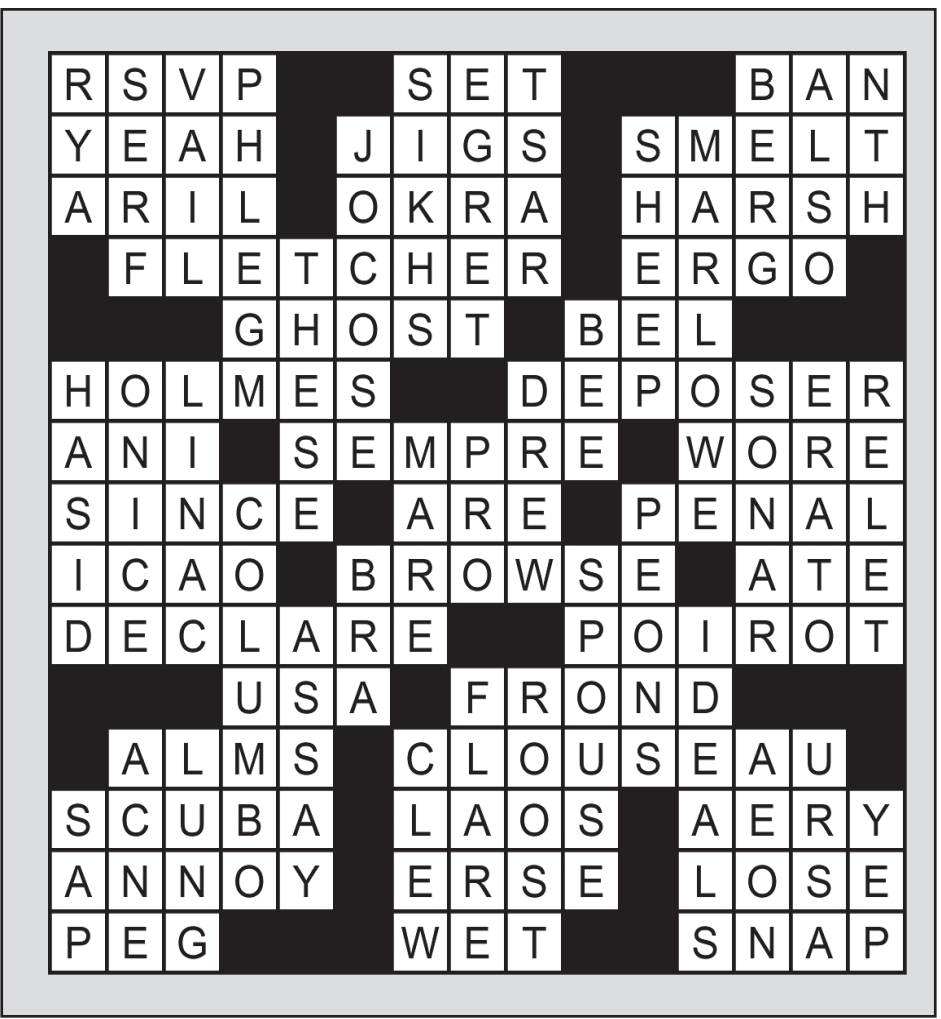
Differences: 1. Arm is raised. 2. Poster is smaller. 3. Line in sidewalk is moved. 4. Cap is reversed. 5. Post is smaller. 6. Leg is moved.

GRIN & BEAR IT



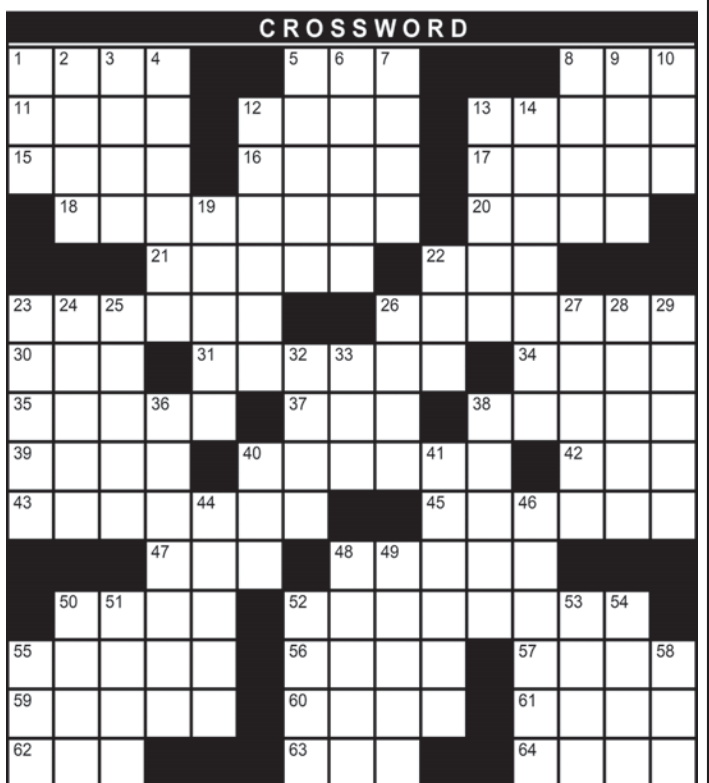
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- CLUES
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- Invitation request, acr.
 - Workout unit
 - Prohibit
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 - Type of lure, pl.
 - Small silvery fish
 - Seed covering
 - Gumbo vegetable
 - Like Siberian winters
 - "Murder, She Wrote" amateur sleuth
 - Descartes's "therefore"
 - "Apparition investigated in a Scooby-Doo cartoon"
 - Air in L.A.
 - Arthur Conan Doyle's detective
 - Deposit, in Paris
 - "Wheel of Fortune" purchase (2 words)
 - Always, in Rome
 - "She _____ blue velvet..."
 - From then on
 - Am is to I as _____ is to we
 - Prison-related
 - International Civil Aviation Organization
 - Window-shop
 - "He _____ and drank the precious words..."
 - Announce
 - Agatha Christie's Hercule
 - Ryder Cup participant
 - Fern leaf
 - Charitable contribution
 - "The Pink Panther" Inspector
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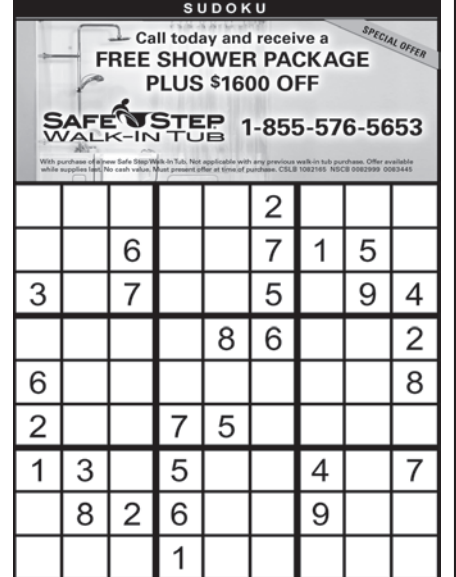
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 - Titanic's inanimate foe
 - "The Sun is _____ a Star"
 - Unknown power
 - Humorous
 - Blind followers
 - Raymond Chandler's hardboiled detective
 - Not those
 - Quilting gathering
 - Orthodox Judaism adherent
 - Chilled (2 words)
 - Cancer-treating machine, acr.
 - Carolyn Keene's amateur sleuth
 - Navigation aid
 - Inspiration for poets and musicians
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 - Stud's companion
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Three Aggies Named to Inaugural Mountain West Men's Soccer Watch List



UC Davis placed sophomore defenders Nami Banks and Josh Gault and junior midfielder Rafael Matiello on the inaugural Mountain West Men's Soccer Watch List on Wednesday, Aug. 12 selected by the league's head coaches. Photo courtesy of UC Davis Athletics

UC Davis Athletics News Release

DAVIS, CA (MPG) - UC Davis placed three players on the inaugural Mountain West Men's Soccer Watch List on Wednesday, Aug. 12 with sophomore defenders Nami Banks and Josh Gault and junior midfielder Rafael Matiello selected by the league's head coaches.

UC Davis was also picked third in the Mountain West's first pre-season coaches' poll with 15 points. Grand Canyon and San José State each totaled 22 points, with the Lopes receiving four first-place votes and the Spartans

receiving two.

The announcement came one day before the Aggies took the field for the first time in 2026. UC Davis hosted Cal in an exhibition at 7 p.m. Thursday, Aug. 13, at Aggie Soccer Field, the opening step toward its first season of Mountain West competition.

Banks made an immediate impact in his first college season, appearing in all 19 matches, starting 18 and ranking third on the team with 1,571 minutes. The Watsonville, Calif., native earned Big West All-Freshman Team honors after scoring twice on 20 shots. Both goals came in the opening 23 minutes of a 3-2 Senior Night win

over UC Riverside, a performance that also earned him Big West Freshman of the Week honors.

Gault also took on a full-season role in the back line. The Clovis, Calif., native appeared in all 19 matches, made 13 starts and logged 1,449 minutes as a freshman. He played the full 90 minutes nine times and stayed on for all 110 minutes of UC Davis' Big West Tournament quarterfinal match at Cal State Fullerton, which the Aggies won 5-4 on penalty kicks.

Matiello enters his junior season after not appearing in a match in 2025. His freshman campaign in 2024 showed the attacking

threat he can provide: three goals in 16 appearances, including a two-goal performance in a 2-1 win over Cal State Fullerton that ended the Titans' 10-match unbeaten streak. The showing earned Matiello both Big West Offensive Player of the Week and Freshman of the Week honors. He was also part of the UC Davis team that won the 2024 Big West Tournament and advanced to the NCAA Tournament.

The three watch-list selections return to a program that averaged 15.3 shots per match last season, ranking 21st nationally and second in the Big West. UC Davis went 4-3-2 in its final Big West

campaign, finished 3-0-1 at home in conference play and reached the tournament semifinals.

Head coach Dwayne Shaffer enters his 30th season at UC Davis with 269 victories as an NCAA head coach, the 17th-highest total among active Division I men's soccer coaches.

Following the Cal exhibition, the Aggies hosted Chico State at 5 p.m. Sunday, Aug. 16. UC Davis opened the regular season Aug. 20 at Sacramento State and begins Mountain West play Sept. 26 at San José State. The complete 2026 schedule is available online at ucdavisaggies.com/sports/mens-soccer/schedule/2026 ★

Sacramento Kings to Open New Official Team Store in Downtown Commons

New Retail Destination Expands Access to Exclusive Kings Apparel and Elevated Fashion Collections

Sacramento Kings News Release

SACRAMENTO, CA (MPG) - The Sacramento Kings announced the opening of a new official Kings Team Store at Downtown Commons presented by Sutter Health (DOCO), creating a year-round destination for fans to shop the latest team apparel, exclusive collections and premium merchandise.

Located across from Golden 1

Center, the official Kings Team Store will deliver an expanded retail experience featuring elevated apparel collections, fashion-forward accessories and exclusive merchandise designed to showcase the Kings brand in new and distinctive ways. Open daily, the official Kings Team Store will make Kings merchandise more accessible than ever for fans and visitors throughout the year. On Sacramento Kings home game days and select arena

events, the Label K Store inside Golden 1 Center will continue to operate, providing guests with convenient access to merchandise within the arena.

“Our fans continue to embrace the Kings as both a team and a lifestyle brand, and this new official Team Store gives them a retail experience that reflects who we are today,” said Sacramento Kings President of Business Operations John Rinehart. “Located in the heart of DOCO,

just steps from Golden 1 Center, it extends the Kings experience with exclusive merchandise and apparel that celebrates our team, our city and the pride of being part of Kings basketball.”

The more than 4,000-square-foot store will feature a wide assortment of merchandise for fans of all ages and styles, including exclusive apparel, everyday fan gear, fashion-forward collections, accessories, headwear, collectibles and gifts. Designed

to make Kings merchandise more accessible than ever, the store will offer everything from classic team essentials to elevated lifestyle pieces that celebrate team pride.

The opening of the new Kings Team Store will coincide with the start of the 2026-27 NBA season. Additional details regarding the store's grand opening celebration, special promotions and exclusive merchandise will be announced in the coming weeks. ★

The Sacramento River Cats Announce Their Schedule for the 2027 Season

Sacramento River Cats News Release

WEST SACRAMENTO, CA (MPG) - The Sacramento River Cats, proud affiliate of the San Francisco Giants, have announced their 150-game schedule for the upcoming 2027 season and are offering a limited time opportunity to be the first to secure tickets for next season. Fans who purchase tickets to remaining contests in 2026 will receive an equal number of tickets for the 2027 season. Fans can visit rivercatspromos.com/schedulelaunch27 to be eligible for this ticket promotion.

Before the 2027 regular season gets underway, the River Cats will welcome the San Francisco Giants back to West Sacramento for a preseason exhibition game on Sunday, March 21. This will be the fourth straight and sixth overall exhibition matchup between the two sides in their shared history.

The River Cats will begin the regular season on the road for the

first time since 2024 with a three-game series at Albuquerque. They will then return home for the first of 13 series hosted by the River Cats at Sutter Health Park, opening with a six-game set against the Salt Lake Bees (Los Angeles Angels) from March 30 to April 4.

Four of Sacramento's first five series at home will see teams from the Pacific Coast League West Division, as they host Salt Lake twice from March 30 to April 4 and April 27 to May 2, Tacoma (Seattle Mariners) from May 11 to 16, and Reno (Arizona Diamondbacks) from May 25-30. They will also see Round

Rock (Texas Rangers) from April 13 to 18, which will be the Express' only visit to Sutter Health Park.

The River Cats will take a two-week road trip at the beginning of June, facing Sugar Land (Houston Astros) from June 1 to 6, then traveling to face Oklahoma City (Los Angeles Dodgers) from June 8 to 13. They will then return home for

the final series of the second half against Las Vegas (Athletics).

They will kick off the second half on the road at Salt Lake from June 22 to 27.

Following the All-Star Break, the Cats will host two consecutive series at home, beginning with a three-game set vs. Oklahoma City from July 16-18, then a six-game set vs. Reno from July 20 to 25. The Comets' visit in July will be the Dodger affiliate's only trip to Sutter Health Park in 2027.

Sacramento will finish out the season at home for the fourth-straight year, facing Las Vegas from Sept. 14 to 19.

Each Pacific Coast League team will visit Sutter Health Park at least once, with Salt Lake, Tacoma, Reno and Las Vegas

each making two trips.

The River Cats will play at home on the Fourth of July for the first time in recorded franchise history. It will mark the series finale vs. El Paso, taking place from June 29 to July 4.

The only other holiday Sacramento will host is Father's Day on June 20, also marking a series finale vs. Las Vegas, occurring June 15 to 20.

The River Cats will play a total of 39 weekend home games, with 13 each on Fridays, Saturdays and Sundays. Meanwhile, Sacramento will play 36 weekday home games with 12 games each on Tuesdays, Wednesdays and Thursdays. Due to the six-game series format, the River Cats will not play on Mondays.

The full 150-game schedule can be viewed online. Game times for all 150 contests, 2027 membership information and a full 2027 promotions schedule are to be announced. First access to single game tickets for the 2027 season are available for a limited time. ★



LOCAL SPORTS
→ COVERAGE

PRESENTED BY THE GALT HERALD

A New Swing at Liberty Ranch

He didn't touch a club until his freshman year. Now Daniel Johnson leads a completely rebuilt Hawks golf staff ... and he brought a PGA professional with him.

By Paige Lampson
Sports Editor

GALT CA (MPG) - Most golf stories start early. A set of cut-down clubs at age six, a grandparent's driving range, a junior tour circuit before middle school. Daniel Johnson's story starts later than that, and in a way, that's the whole point.

He picked up a club for the first time as a high school freshman. Within a season, the game had him: not casually, but completely, in that specific way golf tends to take hold of people who discover it right when they're old enough to understand how hard it is. He was late to the game by competitive standards, and he made up the distance the only way anyone does: by outworking the calendar.

That climb took him to collegiate golf at Jessup University, where he has competed at both the NAIA and NCAA Division II levels and still plays as a competitive amateur. It's an unusual résumé for a first-time head coach, and it's exactly the résumé Liberty Ranch needed. Johnson isn't a coach who used to play. He's a player who is learning to coach, and the difference shows up in the way he talks about his athletes.

Starting late gave him something a life-long prodigy never develops: empathy for the beginner. He remembers being the kid who couldn't get out of a bunker, who didn't know the etiquette, who felt behind. When a Liberty Ranch freshman shows up this season having never broken 120, Johnson doesn't see a problem to fix. He sees himself, roughly nine years ago.

On the Other Side of the Lesson

What Johnson lacks in head-coaching tenure he offsets with something more useful at the high school level: real teaching volume. He has spent more than five years working with The First Tee and Operation 36 programs at Emerald Lakes Golf Course – the same course that serves as Liberty Ranch's home grass – which means he arrives already knowing the greens his players will read all season, and already knowing how to teach a beginner without losing an advanced player's attention in the same session.

Those two programs shaped his philosophy. The First Tee builds character and life skills through golf. Operation 36 builds golfers through a structured, progressive model: play nine holes from a short distance, shoot even par or better, move back. It rewards competence over ego and progress over raw score, and it gives a struggling player something to win at on a day when the scorecard offers nothing.

He isn't going to rebuild a sophomore's swing in October to save two strokes in November.

Johnson's coaching philosophy borrows from both. He blends technical development with long-term athletic growth, building players who will still be improving as seniors and, ideally, still playing at 40. Performance matters. So does



Pictured is the Hawk girls' golf coaching team: Erin Martinelli; Katie R. Hamilton, PGA; and Daniel Johnson. Courtesy photos

enjoyment. He treats those as partners rather than trade-offs, which is a healthier equation than most competitive junior golf offers.

A Career in Transition

Johnson graduates from Jessup University this May, and he's using that milestone to pivot deliberately. He plans to enter the PGA Professional Program, formally beginning the transition from competitive college golfer to career coach.

That timing benefits Liberty Ranch. Johnson is in the most absorbent phase a coach ever occupies: still competing at a high level, still grinding on his own game, still actively studying instruction rather than coasting on what he learned a decade ago. Everything he picks up this year lands on his team within a week. His players get a coach who is doing the work alongside them, not describing it from memory.

He is, by his own description, deeply committed to constant learning and growth as both a coach and a player. High schoolers detect the difference immediately. A coach who is visibly still improving gives them permission to be visibly still improving.

He Didn't Come Alone

The other headline at Liberty Ranch this season is that Johnson isn't carrying the program by himself. The school has assembled an entire new staff around him, and it is, by any reasonable measure, an unusually strong one for a high school golf program.

Katie R. Hamilton, PGA, joins as coach while serving as Cosumnes Recreation Director of Golf. A certified PGA member

in Player Development, she ranks among the Top 50 Golf Coaches for Operation 36 and teaches numerous classes at Emerald Lakes. Her signature accomplishment locally is the Mentor League she founded at Emerald Lakes in 2017: It launched with five women on the roster and now carries 135. That's not a program that grew. That's a program that changed the culture of a golf course.

For the Liberty Ranch girls, Hamilton's presence is the kind of thing that doesn't fit neatly in a season preview. A teenage girl standing on the first tee, sometimes as the only girl in her group, is being coached by a PGA member who built a 135-woman community out of five. Representation stops being an abstraction when it's the person handing you a wedge.

Erin Martinelli rounds out the staff as LRHS Girls Golf coach and booster representative, arriving with the dual credential of longtime golfer and longtime golf mom. She'll travel with the team as van driver and onsite coach for every away match and tournament, which sounds logistical until you've watched a high school golfer finish a rough round on an unfamiliar course two hours from home with nobody there who knows her name.

Martinelli's own golf life spans the full range of the sport, from local par-3 courses to The Inn at Spanish Bay at Pebble Beach, Torrey Pines, TPC Scottsdale's Champions Course, Aviara Golf Club and Steel Canyon. That range is the message. She has enjoyed golf at every level it's offered, and her stated goal is an encouraging environment where every player – brand new or experienced – can build confidence, improve and enjoy being part



Liberty Ranch Golf Head Coach Daniel Johnson.

of what she calls the LRHS golf family.

What the Season Looks Like

Emerald Lakes in Elk Grove serves as home course, and the staff's collective familiarity with it is close to a competitive advantage. Johnson has coached there for years. Hamilton teaches there and built her Mentor League there. Players will practice on greens their coaches have read hundreds of times.

The staff's structure fills the gaps that quietly sink high school golf programs. Johnson brings current competitive playing experience and a progressive development model. Hamilton brings PGA certification, nationally recognized instruction and a proven ability to grow participation. Martinelli brings travel coverage, booster support and the steady presence that turn a roster into a team. Beginner development, elite instruction, competitive credibility and logistical support: all covered, which is more than most programs this size can claim.

For a program in transition, that's the real story. Not one hire, but a complete rebuild of the support system around a group of student-athletes.

The Long Game

Ask what success looks like this year and the answer likely won't lead with a league title. Johnson's model doesn't optimize for one season. It optimizes for players who keep getting better after the season ends, who keep playing after high school ends, who find in golf what he found as a 14-year-old freshman who had no idea what he was doing.

He got hooked late and chased it all the way to college competition and a professional coaching path. Now he's standing on the first tee at Emerald Lakes with a roster of players at every conceivable skill level, a PGA professional and a dedicated travel coach beside him, and a genuinely good chance of hooking a few more.

The scorecards will say what they say. The better measure arrives in five years, in 10, in the number of Liberty Ranch graduates still playing, still, as their first head coach would put it, learning and growing.

Liberty Ranch High School Golf plays its home matches at Emerald Lakes in Elk Grove. ★

Herald-Based Throws Club Finishes 2026 as Nation's Top Medal-Earning Team

By Paige Lampson
Sports Editor

NORWALK, CA (MPG) - Nine athletes from Golden State Throwers, a club based in Herald, combined for 10 All-American awards at the USATF National Junior Olympic Track & Field Championships, held July 27 through Aug. 2 at Cerritos College. The total made GST the highest All-American-earning throws club in the country for 2026.

The team's deepest event was the hammer throw, where it placed athletes in the top eight across four divisions.

In the 17-18 women's hammer, GST took three of the top five spots. Incoming senior Madeline



The Golden State Throwers show off their hardware from the Junior Olympics. Courtesy photo

Hess of Folsom (Vista Del Lago HS) finished second at 158'8", her third All-American award in the event. Incoming senior Elizabeth Ojukwu of Rancho Cordova (Pleasant

Grove HS) was third at 156'11", also her third. Incoming senior Erin Spratt of Fair Oaks (Bella Vista HS) placed fifth at 145' even for her first.

Incoming sophomore

Abby Wunderlich of Pleasanton finished fourth in the 15-16 girls hammer at 117' even, earning her first All-American award.

On the men's side, 2026 Elk Grove High graduate

Avery Mitchell placed fourth in the 17-18 hammer at 196'1", his second All-American award in the event. Mitchell will throw on scholarship at Cal Poly San Luis Obispo.

Matthew LaMarca of Rancho Cordova, a 2026 Pleasant Grove High graduate, finished seventh at 183'4" for his first. LaMarca will throw on scholarship at Cal State Fullerton.

In the 15-16 boys hammer, incoming junior Preston Richardson of Elk Grove (Christian Brothers HS) took second at 169'6", and incoming sophomore Marcos Espinosa of Sacramento (Monterey Trail HS) placed fourth at 159'4": the nation's top finish by an incoming sophomore. Both earned

their first All-American awards.

Two GST athletes added All-American honors in the discus. Incoming senior June Kobrin of Stockton (St. Mary's HS) finished sixth in the 17-18 women's division at 133'9" for her first award, and Richardson took eighth in the 15-16 boys division at 138'10" for his second of the week.

"There is great pride in this team," said Head Coach Mike Curry. "They worked hard all year long to reach an accomplishment like this."

Golden State Throwers is coached by Mike Curry. More information is available at goldenstatethrowers.org or on Instagram at [@goldenstate_throwers](https://www.instagram.com/goldenstate_throwers). ★