

localtownpages Medway & Millis

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September 1, 2026

Millis Community Day draws over 800 people

By THERESA KNAPP

More than 800 people gathered on Aug. 20 for the first annual Millis Community Day. Attendees enjoyed family activities, food and entertainment at Millis Town Park.

The goal of the festivities, said organizers before the event, was to neighbors together to

celebrate the people, places and traditions that make Millis home while fostering connection and community pride.

Alyson Rockwood, a member of the Town of Millis Community Day Planning Committee, said they it accomplished their goal and they will hold the event again next year.

The free event featured a variety of family-friendly activities, including a Kids Zone with bounce houses and face painting, a K9 demonstration, chili contest, food, entertainment and more.

For more photos, visit @Millis-CommunityDay on Facebook



Photos from this year's Millis Community Day. Courtesy photos. See page 16 for more!



Conceptual rendering of proposed Medway Municipal Complex, view from Pond Street, with the police station on the left, Town Hall in the middle, and the fire department on the right. Source: Vanasse & Associates (Medway Cable Access)

Medway Municipal Complex site plan reviewed

By THERESA KNAPP

At a meeting of the Planning & Economic Development Board on Aug. 11, town officials conducted a site plan review for a new Municipal Building Com-

plex that would bring the Police department, Fire department and Town Hall together on a single 8.3-acre site at 120 Main

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continued on page 3



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Proposed Heritage on Main gets architectural redesign, traffic analysis

By THERESA KNAPP

MEDWAY - The proposed Heritage on Main development returned to the Medway Planning and Economic Development Board (PEDB) on Aug. 11 when the applicant presented revised plans addressing concerns raised by town officials, residents and an independent peer review.

The two-hour hearing focused heavily on traffic and the project's redesigned architecture. Attorney Jonathan Silverstein, representing the applicant, said the development team had taken public and municipal feedback into account. Silverstein said, "We think we are responsive to a lot of the comments that we've heard."

The proposed mixed-use complex would encompass 107-119 Main St. and 1-3 Elm Street.

Traffic concerns

Jeffrey Dirk of Vanasse & Associates, the project's transportation engineering and planning consultant, presented an updated traffic analysis and said the team is coordinating its work with the town's planned municipal complex across the street.

Dirk described the Main Street location as well suited for a dense multifamily residential development because of its proximity to amenities, saying "It's perfectly located for having dense multi-family residential because of all the amenities we have in the area."

According to Dirk, the analysis found no significant traffic impacts from the project. The study examined conditions before and after construction, including delays and vehicle queues at nearby intersections.

"As we look at the overall impact of the project...when we look at conditions before and after the project being constructed, we didn't find any



Before and after designs of the corner entry that will directly across from the new fire station in the municipal complex; the original building was redesigned after community feedback. Photo source: Medway Cable

significant impacts," said Dirk. "What we're looking at are increases in delay and how those delays translate into backup or queuing at the intersections."

He said the projected increase in delay would be no more than 16 seconds at any one intersection, while vehicle queues would increase by no more than four cars.

The proposed development would have five driveways, including one at a signalized intersection near the gas station. The remaining driveways would be unsignalized, meaning residents leaving the development could experience delays, particularly when attempting left turns onto Main Street.

Dirk said, "We're not installing traffic signals along the corridor, so there is going to be delays" for vehicles exiting the project. He noted the maximum queue at the project's driveways is expected to be

only one or two vehicles. The development is projected to generate approximately 3,140 trips on an average weekday, with about half entering and half leaving the site. Morning peak traffic would occur between approximately 7:15 and 8:15 a.m.

Dirk said some intersections, including the Pond Street and Elm Street area, are already operating "at or above their design capacity," with queues of approximately four to five vehicles. The average delay for drivers at those locations could be between 35 and 40 seconds, he said.

The project team is exploring possible improvements, including retiming traffic signals, and plans to connect with GATRA regarding public transportation.

Residents and board members also raised concerns about traffic on surrounding streets, including Pond Street, Curtis Street, Holliston Street and the

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continued from page 1

Street (Route 109) near Pond Street.

The project, years in the making, is designed to replace aging and inadequate facilities

while also creating what officials describe as an anchor for the western end of a future downtown Medway.

“This is an exceptionally robust plan,” said Medway Town Manager Michael Boynton. “This is the largest project that the town of Medway has ever

done or likely will ever do, short of building a new school.”

The project team has spent approximately 10 months developing the current proposal, although planning for the site and the community’s municipal space needs began years earlier.

In the fall of 2022, the town purchased the former Medway Block property for \$4.5 million. The business had occupied the site for more than 75 years. The site was known to have a hydraulic oil leak, Boynton said, but the contamination has since been addressed.

The town’s master plan calls for the “creation of a downtown concept for Medway,” Boynton said, and officials see the new complex as “a fantastic anchor on the western-most point of what would otherwise be considered a downtown.”

Resident involvement

Boynton said the project team held outreach meetings and residents were concerned about the appearance of the facility, the desire to shield nearby homes from views of parking and public activity, pedestrian safety along Main and Pond Streets, and a fear the site might become a “public entertainment venue.”

Boynton said those comments were incorporated into the planning process, particularly the concerns of residents who live closest to the proposed complex.

A 12-member building committee, which Boynton described as a “cross-section of Medway residents with significant profes-

sional experience,” has helped guide the project.

Building design

The proposed complex will connect the fire department, Town Hall and police department in one coordinated facility.

The front of the fire department will face Main Street, with the Town Hall rising behind it and the Police department connected farther to the rear and accessible from Pond Street. A storage garage is planned in the far corner of the site.

“Basically, what we’re doing is creating a town center by building a municipal complex on this site,” said Don Walter with Dore + Whittier Architects. “In fact, linking all three - the Town Hall, police and fire - together, with the Town Hall being really the centerpiece of it all.”

The design is intentionally rooted in Medway’s architectural history, Walter said.

“We’re taking a lot of our cues from Medway, historic Medway, New England vernacular,” he said. “We were

charged with the term ‘Yankee frugal,’ and we take that very seriously with the design and symmetry, but also as it relates to cost. We’ve been working very hard to keep the costs under control and affordable.”

The buildings are designed to appear as though they developed over time, rather than as a single institutional structure.

“We tried to make it look like it’s a campus system developed over time,” Walter said.

Boynton noted that connecting the three departments into one complex, rather than constructing separate facilities, will result in significant savings.

“We save money on infrastructure; we save money on utilities, on HVAC-type systems, teledata systems; and, importantly, we’re able to function with space,” explained Boynton.” So, instead of a fire station with its own large training center and a police station with its own

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continued on page 4



The proposed plan shows the main visitor entrance (1) and exit (2) off Pond Street, and the town hall employees and police department entrance off Main Street (3). Two additional driveways (4-5) off Main Street are for the fire department only. Driveway 4 will align with the residential driveway of Heritage on Main. The three entities will be connected as one building, shown here with the fire department in the forefront, the Town Hall (with a step up) in the middle, connected to the police department in the back. There is also a storage garage in the back corner of the complex.



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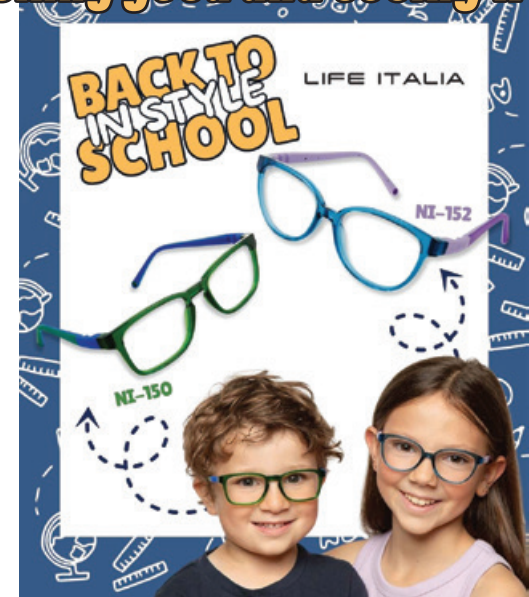


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continued from page 3

large training center, we consolidated those training centers into one spot on the third floor of Town Hall – that’s the training center for both police and fire - it also doubles as an Emergency Operations Center. We know, based on winter or weather conditions here, that we will utilize emergency operations functions in these facilities. It’s New England and we wanted everything under one roof and the ability to be able to do that on one site is fantastic, it is absolutely fantastic, and it’s efficient.”

John Perry of Langan Engineering & Environmental Services said the new building footprint would be approximately 41,000 square feet. The site will include 62 visitor parking spaces, 40 spaces for police cruisers, 38 spaces for other staff and 16 spaces for electric vehicles.



Conceptual rendering of Medway Municipal Complex, view from Main Street. Source: Vanasse & Associates (Medway Cable Access)

Traffic

Traffic along busy Route 109 – which serves as a regional connector between the Route 495 corridor and Route 95/128 corridor - was another major focus of the planning process.

Stephan Zaets, a senior transportation engineer with Vanasse & Associates, said the Municipal Building Complex traffic plan is being coordinated with the proposed Heritage on Main development across the street.

Zaets said the complex is expected to generate an estimated 484 daily trips, including approximately 74 fire department trips and 410 trips associated with the police department and Town Hall of-

fices. The estimate is based on approximately 70 employees across the municipal operations.

That traffic would be distributed among five driveways with the main visitor entrance and exit would be located on Pond Street, and a separate entrance on Main Street for Town Hall employees and police. Two additional driveways on Main Street would be reserved for fire department only.

The fire department would also have a dedicated traffic signal that would activate when emergency vehicles are responding to a call.

Other roadway improvements would include a dedicated eastbound left-turn lane from Main Street/Route 109

into the Municipal Building Complex and a dedicated west-bound left-turn lane for vehicles entering Heritage on Main.

One of the proposed fire department driveways would align with the residential driveway serving Heritage on Main.

A cohesive Main Street

The project team said its goal is to ensure that the Municipal Building Complex and the Heritage on Main development work together as part of a broader vision for a more cohesive Main Street.

Boynton said construction costs have risen sharply in recent years, particularly since the town began work on the Department of Public Works garage in 2019, and officials believe they have developed a plan that balances the community’s needs with financial responsibility.

“This facility will, in and of itself, be the most expensive thing that the town has ever built,” Boynton said. “But we believe we have a plan.”

To watch a recording of the meeting, visit <https://new.medwaycable.com/internetchannel/show/4321?channel=3>.

Traffic light at Main and Pond Streets

At previous project outreach meetings, residents had asked whether a traffic signal could be installed at the intersection of Main and Pond streets.

During a site plan review with the Planning & Economic Development Committee on Aug. 11, traffic engineer Stephan Zaets said a traffic signal warrant analysis was conducted using both existing and projected future traffic conditions, and the intersection did not meet the criteria established by the Massachusetts Department of Transportation (MassDOT) for installation of a traffic signal.

Medway Town Manager Michael Boynton said that the decision would not rest solely with Medway officials in any case. “The Town does not have the authorization in and of itself to put signals,” he said. “The ultimate decision as to whether or not to allow a signal in that location is MassDOT’s, not the Town of Medway’s.”

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SOUR GRAPES

by Tim Jones

I CAN'T REMEMBER WHAT I WAS SUPPOSED TO DO TODAY.

EXERCISING USUALLY HELPS ME REMEMBER THINGS, BUT NOT THIS TIME, AESOP.

YOU'D THINK IT WOULD JOG YOUR MEMORY.

Five questions that could change how you see retirement



Mark Freeman, CEPA

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Saving for retirement is important, but it's only part of the picture. If you're within five to 10 years of your target retirement date, it's time to start thinking about what you actually want your retirement to look like. After all, getting to retirement

isn't the end goal — it's what you want to do once you're there that matters.
Start by asking yourself these five questions.

When do you want to retire?
The age at which you retire matters more than you may realize. Retiring early sounds appealing, but it means saving more and having less time to do it. It can also create gaps in health care coverage and income before key benefits kick in. For example, Social Security benefits can begin at 62, but at a reduced amount. Full benefits are available between ages 66 and 67, depending on birth year, and waiting until 70 means the maximum benefit. Medicare doesn't start until age 65, and penalty-free withdrawals from retirement accounts generally aren't allowed until age 59½.
For couples, timing gets even more complicated. Staggering

retirement dates can sometimes maximize benefits; in other cases, retiring at the same time works better.
A financial advisor can help you sort through these decisions and find the approach that makes the most sense for your situation.

How do you want to spend your time in retirement?
Many new retirees are surprised to find that having unlimited free time feels disorienting rather than freeing. Thinking ahead about how to fill the days with meaningful activity — whether that's travel, volunteering, pursuing hobbies or spending more time with family — can make the transition smoother.
It helps to sketch out what a typical week, month or even first year might look like. If there are big gaps, it's worth thinking now about what might fill them in rewarding ways.

Where do you want to live as a retiree?
Some retirees stay put, while others downsize or relocate entirely. Either way, it's wise to consider whether a chosen location will work well as you get older, taking into account factors like proximity to family, access to health care, cost of living and climate.

What will your retirement lifestyle cost?
It's not uncommon for retirees to discover that their travel, entertainment or leisure expenses were higher than expected. The more active and involved you plan to be, the more you will likely need to budget.

Does your retirement involve giving back?
Retirement often brings both the time and motivation to be more generous. Whether the goal is helping family members, donating

to charity or volunteering in the community, it's worth defining those goals and building them into an overall plan.
Now that your vision is taking shape, turn it into a plan. Work with your financial advisor to align your savings with the life you want — and revisit that plan as your priorities evolve so your retirement keeps pace with you.

Contact Mark today to discuss this topic or any of your financial goals.
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Letters to the Editor

My friend and I were out for some exercise in August around 6:45 p.m., heading down Pleasant St. As we approached the Dyer St. intersection, we saw a car with a police cruiser behind it with the lights on. It is most cer-

tainly disappointing when you get pulled over on a Tuesday night, most likely coming home from work. But alas, that was not the case. As we moved around to the side, there lay Sergeant Roy of the Millis Police Depart-

ment on the ground positioning the car jack!!! He was in full uniform, including his vest and gun belt. The driver had a flat tire and Sergeant Roy was working to change it. The point of the story is that if Millis is looking for an example of an individual who personifies community policing, look no further than Sergeant Roy. As I said to him at the time, a patrol sergeant changing a flat tire on the side of the road is very impressive.

Regards,
Bill Buccella

Dear Editor,

I wanted to share a story about how our Medway students are making a direct impact. On June 30, they spent the day in Boston supporting people experiencing homelessness. We split into three teams: one handed out care packages directly to unhoused individuals, one worked a meal shift in the kitchen at Rosie's Place, and one delivered supplies to Rosie's Place and Pine Street Inn. All told we brought \$3,352.77 in supplies, funded entirely through community fundraising. "My favorite part was watching the volunteers

realize the true impact of what we do whether they were dropping off supplies at real shelters or serving food to unhoused women at Rosie's Place." We're a student-led 501(c)(3) that started as a club at Hopkinton High and now runs in four towns Hopkinton, Westford, Holliston, and Medway with 56 volunteers. Thanks, Madhav Saxena Founder & President, Advocacy for the Unhoused (HAU)

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Navigating college admissions with financial planning



Glenn Brown, CFP

If you have a high school junior or senior, the college admissions process can quickly turn into an overwhelming blur of deadlines, application choices, and financial decisions. From understanding application timing to navigating shifting loan rules, every choice you make now directly impacts your family's broader financial plan.

Early Action vs. Early Decision

Let's start with the early application process with various October deadlines, and how choosing between Early Action and Early Decision carries financial implications. Early Action gives your student an early decision without a binding commitment, letting them apply to several schools and compare actual financial aid offers. Early Decision is a binding

agreement. While it can give an admissions edge at certain selective institutions, it strips away your leverage to negotiate financial aid later. If your family chooses the binding route, merit aid conversations must happen prior, not after the application.

Build Merit-Based Relationships

When targeting merit-based aid, looking beyond "trophy" schools is often where the real money is hiding. Highly competitive universities rarely offer deep merit scholarships because their applicant pools are overflowing. Instead, consider specialized or regional colleges where your student's academic profile places them in the top 20% of applicants. Encourage your teenager to lead conversations, build relationships with local recruiters, and express genuine interest. Admissions teams want to hear an authentic student voice—not a sales pitch polished by Mom or Dad.

Manage Your 529 Plan

For families who have spent years funding a 529 plan, junior year in high school is the time to start protecting that growth. Consider shifting a portion of those funds into money market instruments so market dips do not force a bad exit right when tuition bills arrive. Tax-free withdrawals must

go toward qualified education expenses like tuition, mandatory fees, and room and board. If you end up overfunding the account, SECURE 2.0 rules allow families to roll up to \$35,000 of leftover 529 funds directly into a Roth IRA for the student, provided the account has been open for at least 15 years. It serves as a great safety valve that turns unused college money into a head start on retirement.

Fast Track The FAFSA

Make sure to submit the Free Application for Federal Student Aid (FAFSA) as early as possible once it opens in the fall. Prioritizing early completion gives your family first-come, first-served access to state-level grants, institutional aid, and federal work-study funds that frequently run out before general admissions deadlines.

Sequencing Your Loans

The biggest shift comes from last year's student loan reform, when open-ended federal par-

ent borrowing officially ended. Congress placed a hard annual limit of \$20,000 and a lifetime cumulative cap of \$65,000 per dependent child on Parent PLUS loans. Direct undergraduate student loan limits remain capped at \$5,500 to \$12,500 annually.

Because a four-year university can easily exceed that \$65,000 federal ceiling, families need a proactive borrowing plan:

- Pace the \$65,000 Parent PLUS cap evenly across all four years (\$16,250 annually) rather than borrowing \$20,000 upfront and hitting a wall by senior year.
- Combine lower-interest Direct student loans first, ensuring your teenager maxes out their federal loan eligibility before parents assume debt.
- Target colleges with generous institutional grants, prioritizing schools whose net price calculators reveal strong aid packages that minimize reliance on parent debt. Aligning your child's educa-

tional goals with a realistic, well-paced funding strategy ensures they get a great degree without compromising your own retirement.

If you are balancing application timelines with your household wealth plan, reach out to your Certified Financial Planner to map out a custom college roadmap.

The opinions voiced in this material are for general information only and are not intended to provide specific advice or recommendations for any individual.

Glenn Brown is a Holliston resident and owner of Plan-Dynamic, LLC, www.PlanDynamic.com. Glenn is a fee-only Certified Financial Planner™ helping motivated people take control of their planning and investing, so they can balance kids, aging parents and financial independence.

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Medway Food Pantry opens in new location

By Susan Dietrich

After years of planning, collaboration, and community support, the Medway Food Pantry officially opened the doors to its new dedicated home at 74 Main Street on Mon., Aug. 10.

The opening marks the culmination of a tremendous effort to bring Medway’s two longtime food pantries together under one roof and create a space designed specifically to serve neighbors experiencing food insecurity.

On the Saturday morning before its official opening, the Medway Food Pantry held a ribbon-cutting ceremony, which included the presentation of a congratulatory citation from Senate President Karen Spilka’s office, as well as personal remarks and a citation from the Massachusetts House of Representatives, presented personally by Representative Jeff Roy. The morning’s events brought together many of the people who helped make the project possible, but perhaps the most meaningful celebration came in the days that followed, when clients walked through the doors and began shopping.

In its very first week, the new Medway Food Pantry served 186 households,

which included families with children, single adults, and seniors on fixed incomes, all of whom expressed their gratitude to the pantry leadership for creating the new market for them. As people shopped for the first time, their smiles and happy reactions reinforced just how much the new space means.

“This is so beautiful. Everything is laid out so well and it is so easy to shop,” said a Medway Food Pantry client. “I especially love all the fresh produce. It is so expensive at the store, so getting fresh produce is so helpful.”

Fresh food is an important part of the pantry’s mission. Approximately 25% of all food distributed by the Medway Food Pantry is fresh produce, including produce supplied by local farms. At a time when the cost of fresh fruits and vegetables can be a significant burden on household budgets, providing families with access to nutritious, fresh choices remains a priority.

The new pantry also comes at a critical time. Demand for food assistance in Medway has



Paul Galante and Marilyn Conley stand in front of a plaque of gratitude for “their years of dedicated service, compassionate leadership & enduring commitment to our community.” Photo credit: Tim Rice Photo

risen dramatically in recent years, increasing more than 200% over four years. The new 2,700-square-foot facility provides increased refrigeration, storage, and food recovery capacity, allowing the pantry to better meet that growing need.

But the new space represents much more than additional square footage. It represents years of work by volunteers and community leaders, including the longtime leadership of

Marilyn Conley and Paul Galante and the countless volunteers who built and sustained Medway’s two food pantries over decades. It represents the donors, local businesses, organizations, town officials, farms, and community members who contributed their time, expertise, resources, and financial support to make a unified pantry possible. This was a community coming together to create something for the community.

For volunteers who have spent years working toward this moment, watching the new pantry come to life was an emotional experience. “We have known for years that the shopping experience for our clients was not ideal,” said Executive Director, Susan Dietrich. “While we have always offered people 100% choice in the foods and household items they could select each week, the constraints of our temporary space meant that people had to wait in long lines in their cars, sometimes for more than an hour during busy times. We have wanted to offer a better solution for many years, and this new pantry feels like that dream has come true.”

The Medway Food Pantry offers a bright, market-style space with fully stocked shelves of pantry staples and household goods, glass-door refrigera-

tors and freezers filled with a wide variety of meat, eggs, and dairy choices, and a prominent produce display of fresh fruits and vegetables that looks just like a grocery-store display.

One donor who toured the pantry shortly before it opened shared her impression that, “This space is filled with so much dignity.” That sense of dignity was central to the vision for the new pantry. Clients shop and make their own selections, choosing the foods that best meet the needs of their households, without needing to wait in long lines or feel rushed.

To everyone who donated, volunteered, advocated, planned, built, stocked shelves, moved food, or supported this project along the way: thank you. The new Medway Food Pantry belongs to the community that made it possible. And now, after years in the making, it is doing exactly what it was created to do - welcoming neighbors, providing choice, and helping ensure Medway families have access to the food they need.

The Medway Food Pantry is currently accepting new clients who are Medway residents. Shopping is by appointment only. Residents who would like to learn more or schedule an appointment can call 508-534-7245. You can also visit our website at Home | Medway Food Pantry and follow us online.



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HERITAGE ON MAIN

continued from page 2

Brentwood neighborhood. One resident called for a pedestrian signal at the intersection of Pond and Main streets, while others questioned whether increased traffic could affect nearby residential streets and intersections.

PEDC Chair Andy Rodenhiser said improving the flow of traffic on Route 109 could help prevent motorists from diverting onto neighborhood streets, and would address many resident issues raised at the meeting. “The more traffic we can move on 109 faster, the more likely we are to minimize any traffic that hits the side streets [and] prevent people from feeling like 109’s a clogged artery,” he said, and Dirk agreed.

Architectural redesign

The second half of the hearing was related to the extensive revisions to the project’s architectural design which incorporated comments from the town, residents and the Design Review Committee.

Aksel Solberg of HFA, the project’s architectural firm, said the response to those comments resulted in an extensive overhaul of the development.

“The architectural revision here has been pretty significant, we really went back to the drawing board; we wanted to make it clear that we were responding to the comments and that we heard the desires of the community,” he said. “Given the extent of comments and the genuine philosophical alignment that we have with delivering the best project we can to the town, we essentially redesigned the entire project,” said Solberg.

Among the concerns raised about the original proposal were the appearance of the multifamily buildings, which some felt were too long, flat and visually unbroken. The revised plans incorporate additional architectural elements, colors and materials intended to better reflect a ‘New England village’ aesthetic.

The materials palette now includes more masonry, shingles and shakes, as well as additional colors and textures

to the clapboard design. The redesign also seeks to soften the appearance of the fourth floor and the project’s edge along Main Street.

Solberg said, “It is a much more New-England-inspired theme. The fourth floor has been completely redesigned to incorporate Mansard roofs, gable roof forms, dormers for the windows. We’ve completely re-evaluated the window proportions, the window types, ground floor storefronts have been added to give the appeal of that commercial space that people wanted to see more of along Main Street.”

Projecting balconies were replaced with Juliet balconies (doors that open to a safety rail but no patio floor).

Retail buildings were also redesigned to reflect a more traditional New England village style. Solberg said there are plans for an ice cream window and a farmers market area associated with the proposed country store. Solberg also said the ‘tree top canopy’ has been removed from above the fuel pumps.

“The architectural revision here has been pretty significant,” Solberg said. “We really went back to the drawing board; we wanted to make it clear that we were responding to the comments and that we heard the desires of the community.”

PEDC member Sarah Rapposa said the revisions have improved the project’s appearance.

“Certainly, it’s still a massive building, but the architectural features that you’re incorporating do help with the visual buffering,” said Rapposa. “And I think having the benefit of the rendering for across the street [municipal complex], it’s telling a better story.”

The hearing will continue Sept. 8 at 7 p.m. in the Medway Middle School presentation room.

Public comments and questions may be emailed to planningboard@medwayma.gov.





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Millis Public Library expands community technology access with new computers and Chromebook lending program

The Millis Public Library is pleased to announce a significant expansion of its public technology resources thanks to the Massachusetts Broadband Institute's (MBI), a division of the Massachusetts Technology Collaborative, through its Connected and Online program.

The grant has enabled the library to add new desktop computers, laptops, and Chromebooks for public use, while also launching a new Chromebook lending program that will allow patrons to borrow devices for use at home. The library offers mobile hotspots for checkout as well, which provide internet access in conjunction with an internet-enabled device.

The expanded technology offerings are designed to help community members access online services, complete school assignments, search for employment, participate in

workforce training, connect to telehealth appointments, and stay connected with family and friends.

"This grant will allow us to better serve our community by making technology more accessible to everyone," said Kim Tolson, Library Director. "Whether someone needs a computer to apply for a job, attend an online class, complete homework, or simply access the internet from home, these new devices will help remove barriers and expand opportunities for our patrons."

The library's new public computers provide additional access for patrons visiting the library, while the Chromebook lending program offers flexible access to technology for those who may not have a computer available at home. Chromebooks may be borrowed by eligible cardholders in accordance with the library's lending policy.

The devices were provided through the MBI's Connected & Online Program, a state-wide initiative that distributes internet-enabled devices to libraries and other community organizations to help bridge the digital divide and increase access to education, workforce development, healthcare, and other essential online resources.

Library staff encourage community members to stop by to learn more about the new technology resources and how to borrow a Chromebook.

For more information about the Chromebook lending program or the library's technology services, visit millislibrary.com or call 508-376-8282.

Submitted by Millis Public Library

A new generation of **TALENT.** A season full of **HEART.**

On Stage This Fall at Dean:

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Fall Dance Concert October 30-31	New Thespian Showcase December 5-6
Urinetown November 11-15	Faculty Dance Works December 11-12

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Millis Council on Aging Upcoming Events



Located at 900 Main Street, Millis, MA 02054
(508) 376-7051
Hours: 8:30 AM- 4:00 PM,
Monday, Tuesday, Wednesday and Thursday
8:30 AM- 12:30 PM Friday
Monthly Newsletters can be found at the Senior Center, Town Hall, and the Millis Public Library.

Tech Time

Drop-In Help for computers & smartphones with Esther Davis of the Millis Public Library.
Tues., Sept. 8, at 12 p.m.

KevTech Presents: Using Uber & Lyft

Learn how to use your iPhone to book rides with Uber or Lyft ridesharing services.

Learn to book rides for ourselves and others, add payment methods, and stay safe while ordering rides. Bring your phone to this presentation.

Fri., Sept. 11, at 11 a.m. Sign up (508) 376-7051

Pizza and Prevention with the Millis Fire Department

Monthly informative and fun program about fire prevention and life safety. Pizza served courtesy of the Friends of the Millis COA.

Mon., Sept. 14, at 11:30 a.m. Sign up: (508) 376-7051

Art with Amy Adams

A fun afternoon of creative guided painting on canvas. All materials provided. No experience necessary.

Tues., Sept. 15, at 1 p.m.
Cost: \$3.00 Sign up: (508) 376-7051

Lunch & Learn: A Safe Drive through the Aging Process

Developed specifically for senior drivers, this 1-hour presentation offers a practical,

engaging, and compassionate approach to the challenges of “senior drivers vs. the aging process.” We will address the sensitive issue of when it may be time to relinquish driving independence, with the goal of not taking away driving opportunities, but providing strategies to recognize and manage diminishing skills—ensuring seniors can remain safe on the road. Presented by Mary McNiff of Senior Care Authority.

Fri., Sept. 18, at 11 a.m. Sign up: (508) 376-7051

The History of Dolls

Presentation on the history of dolls with a display of 65+ collectable/antique dolls from the late 1800’s through modern day. Bisque, China Head, Ginny, Shirley Temple, Madame Alexander, etc. There will be time after for questions and to look at the dolls up close. Presented by Jenny Baby’s Doll Hospital, Hopkinton.

Tuesday, September 22 at 1:00 PM. Sign up: (508) 376-7051

Lunch & Learn: New Medicare Savings Plan

Are you concerned about Medicare costs? Medicare Part B premiums, deductibles and co-payments can quickly add up. The Medicare Savings Plan (MSP) may be able to help! This federal program is administered by MassHealth and is available to Medicare recipients with gross monthly incomes below \$2,993 (single

or \$4,058 (couple). If you are currently working, only half of your monthly wages are used to determine eligibility. Join Karyl Lew, Millis COA SHINE Counselor to learn more about this program and for assistance in completing the 5 minute MSP application.

Friday, September 25 at 11:00 AM. Sign up: (508) 376-7051

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Farm Fest at Medway Community Farm on Sept. 12

Medway Community Farm will host its annual Farm Fest on Sept. 12 from 12 p.m. - 4 p.m.
Events will include music,

food trucks, farm tours, kids activities, local vendors, beer tent, and much more. There is an admission fee.
The farm is located at 50

Winthrop St. in Medway. For more information, visit MedwayCommunityFarm.org.

Medway residents named to Dean’s List at Simmons

Medway residents Mariella Johnson and Sydney Maurer were named to the 2026 spring semester dean’s list at Simmons

University in Boston.
To qualify for dean’s list status, undergraduate students must obtain a grade point aver-

age of 3.5 or higher, based on 12 or more credit hours of work in classes using the letter grade system.

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The b.LUXE *beauty beat*

Why Is Everyone at b.LUXE?

Inside One of Massachusetts' Highest-Rated Salons

By GINA WOELFEL

September is the Unofficial “Back To Yourself” Season.

After a summer of loose schedules, salt air and increasingly optional beauty routines, September brings the urge to feel pulled together again. That return to yourself is what b.LUXE has always been about.

Meanwhile, at the Studio...

On any given day, more than 30 beauty professionals are cutting hair, mixing color, giving facials, applying makeup, fitting wigs and toppers, consulting with guests and learning from one another.

Fifteen years in, hair is still at the heart of b.LUXE.

It simply has more company now: advanced therapeutic skincare, private wig and topper services and a new generation of artists building their careers.

More than 1,000 Google reviews have helped make b.LUXE one of the highest-rated salons in Massachusetts.

We're proud of that number. Even prouder of what it represents.

Each one came from a guest who thought their experience was worth sharing.

It Still Starts with Really Good Hair

Hair has always been the foundation of b.LUXE Studio. Our team specializes in precision cutting, custom color, extensions, smoothing services, scalp care and conditioning treatments.

Every b.LUXE artist receives advanced education in cutting, coloring and treatments for all hair lengths and textures, from short hair and long layers to curls, razor cuts and clipper cuts.

Your hair also has to work outside the salon.

You shouldn't need three brushes, four products, two free hours and the upper-body strength of a professional athlete to recreate it.

Really good hair should still be really good when you're the one doing it.

The Next Generation Is Taking Appointments

September has always carried a certain back-to-school energy, and our apprentices understand that better than anyone.

Apprentice Stylists Jenni, Anneliese and Kendall have officially joined our booking menu, offering blowouts, haircuts, color and foiling under the guidance of b.LUXE's experienced mentors and educators.

We know a college budget and great hair are not natural allies.

We have a solution.

A model wash, cut and style starts at \$35. Color services start at \$40. Face-frame foils start at \$65, partial foils at \$85 and full foils at \$105! Foiling services include a color balance and blow-dry, too.

These are full salon appointments, not practice sessions tucked away after hours. Each includes a consultation, completed service and senior-educator check-ins along the way.

It is smart beauty math.

For students heading back to campus, families watching fall expenses and anyone who appreciates b.LUXE hair at apprentice pricing, the numbers work.

Extensions Are Not What They Used to Be

The words “hair extensions” once suggested very long, dramatic results.

Now, many of our guests choose extensions for reasons other than length. They want fullness through the sides, added density or the return of

volume their hair used to have.

We still love a dramatic makeover.

Today's extensions can be placed and blended to look completely natural. A consultation covers the method, color, placement and upkeep before a single extension is added.

Wigs & Toppers: BEAUTIFULLY YOU

Our wig and topper services began with owner Heather Cohen, who understands hair loss because she has experienced it herself.

She knows that finding alternative hair is not simply a matter of selecting a color and placing an order.

You want it to look natural.

You want it to feel comfortable.

Mostly, you want to recognize yourself again.

Our private consultations give you room to ask questions, try different options and receive honest guidance. We work with guests experiencing thinning, alopecia, medical hair loss and changes in density.

Consultations are available in person and virtually for our non-local guests. Every piece is selected, fitted, cut and styled with the same care and attention as every b.LUXE hair service.

We have also given wigs and toppers a home of their own at bluxewigs.com. Online retail is coming soon!

The Quieter Side of b.LUXE

Beyond the energy of the salon, behind the spa room doors, the pace changes.

The light softens, the music settles into the background, and your phone stays blissfully silent in your bag.

For once, you have nowhere else to be.

Our G.M. Collin Master Certified Estheticians, Corinn and Monique, offer customized facials, chemical peels, waxing and lash services, with specialized care that includes oncology therapeutic skincare and Reiki facials.



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Back to You

September is not about reinvention. It is a return to the routines that make you feel like yourself, just as the busiest three months of the year begin.

Maybe that's why everyone is here.

For their hair. Their skin.

Their makeup. Their confidence.

Turns out, there is more than one way back to yourself.

Book your next appointment at bluxe.com, or visit bluxewigs.com to learn more about wigs, toppers and private consultations.

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Medway trail spotlight: Willows at Medway

Are all of Medway’s walking trails owned by the town? The answer to this common query is actually “no.” To be included in the Open Space newest walking trails flyer, any Troop 367, who all aided in clearing a nature trail. Bird watching, hiking, canoeing/ kayaking and just enjoying the beauty of nature are positive attributes of this relatively



A view of the Charles River from the Willows at Medway. Photo source: Medway Open Space Committee and Medway Trail Club

inclusive trail must be accessible to all Medway residents. An example of a trail that is privately-owned but has an easement for townies is located at 44 Willow Pond Circle. Parking is at this address for the Willows at Medway, a 55+ retirement community, and Whitney Place, an assisted living facility, which maintains the land under the auspices of the Salmon Properties. There is a gazebo in front which is next to visitor parking. Not only is the trail considered a walking trail but the canoe/kayak launch there could categorize it as a water trail stop along the Charles River. Opened in 2021, the trail was established by the Salmon Properties, and the ConCom of Medway with the help of 15 Boy Scouts from new trail. A blue and white open space sign is located beyond the gazebo at the trail head and there is a beautiful view of the river as you walk a quarter mile to a short off-shoot trail where old bridge abutments can be seen. The trail continues for another quarter mile where it splits for two options, though both end at the canoe launch. Boots or hiking shoes are recommended to traverse the trail due to some wet spots and tree roots. Whether you are a resident of one of the communities there or live nearby, the one-mile roundtrip trail has proven to be one of the gems of the Medway Trails’ inventory of great places to explore. Submitted by Medway Open Space Committee and Medway Trail Club



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LIVING HEALTHY

A new treatment option for dry macular degeneration

By ROGER M. KALDAWY, M.D. |
MILFORD FRANKLIN EYE CENTER

For decades, telling a patient they had dry macular degeneration meant delivering some of the most difficult news in eye care. I would sit across from patients worried about losing their ability to read, drive, or enjoy time with family, and explain that we had very few treatment options.

The advice was always the same: take appropriate vitamins, don't smoke, maintain a healthy lifestyle, monitor your vision, and come in for regular exams. Beyond that, our approach was largely one of careful observation. We were managing the disease as best we could, but we had little to offer in terms of active treatment.

Today, that paradigm is changing.

A new option for dry AMD
Dry age-related macular degeneration (AMD) is the most common form of macular de-

generation, affecting millions of Americans. Unlike wet AMD, for which effective injectable treatments have been available for nearly two decades, patients with earlier stages of dry AMD historically had no treatment specifically designed to address the disease itself. While the AREDS2 vitamin formulation can reduce the risk of progression in certain patients, active treatment options remained severely limited.

However, in November 2024, the FDA authorized the Valeda® Light Delivery System for the treatment of dry AMD. Valeda utilizes a technology called **photobiomodulation (PBM)**, offering a noninvasive approach for appropriately selected patients with intermediate dry AMD before the development of advanced geographic atrophy.

What is photobiomodulation?
While light-based therapies have been used for years in

other medical fields for wound healing and inflammation, its application in ophthalmology is a major milestone.

PBM uses carefully controlled wavelengths of red and near-infrared light delivered to the retina during a series of brief, painless office treatments. The light is absorbed by mitochondria—the energy-producing structures within cells. Researchers believe this process supports cellular metabolism while reducing the oxidative stress and inflammation that drive the progression of macular degeneration.

The standard treatment protocol consists of nine short sessions performed over approximately three to five weeks. Based on clinical trials, additional treatment series may be recommended periodically.

What does the research show?
The LIGHTSITE III clinical trial evaluated photobiomodu-



lation in patients with intermediate dry AMD over two years. The results were highly encouraging:

- **Improved vision:** Patients receiving PBM experienced an average improvement in visual acuity compared to those who received a sham treatment.
- **Measurable gains:** More than 60% of treated eyes gained at least five letters on the standard ETDRS visual acuity chart.
- **Slower progression:** The study suggested that treated patients may experience lower rates of progression to advanced geographic atrophy.
- **Safety:** The treatment was well tolerated with no significant safety concerns identified.

A note of caution: Photobiomodulation is not a cure, and it does not guarantee improved vision for every patient. As an ophthalmologist, I believe in balancing optimism with reality. Patients deserve accurate information and realistic expectations, not exaggerated promises.

Who is a candidate?
Patient selection is critical. Current evidence and FDA authorization focus specifically on patients with **intermediate dry AMD**. Determining whether this treatment is appropriate requires a comprehensive eye examination, detailed retinal imaging, and an individualized evaluation by an ophthalmolo-

gist or retina specialist.

What this means for you
If you were told years ago that there was "nothing to do" for your dry AMD, it is time to have another conversation with your eye doctor. PBM does not replace the fundamentals of care—patients must still take vitamins, avoid smoking, and undergo regular monitoring—but it offers a powerful new tool in our arsenal.

At Milford Franklin Eye Center, we are proud to be the fourth center in Massachusetts—and the only one in our local area—to offer photobiomodulation therapy with the Valeda system through our Franklin office.

We are also proud to provide comprehensive, on-site retina specialty care through Dr. Alyse Richard, a highly trained retina specialist dedicated to advanced, patient-centered care for complex retinal conditions.

After many years of simply monitoring dry AMD, I am grateful we finally have more to offer. If you or a loved one has been diagnosed with dry AMD, contact Milford Franklin Eye Center today to schedule a comprehensive retinal evaluation.

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Medway Cultural Council applications due Oct. 15

Medway Cultural Council grant applications are now available for community-oriented arts, humanities, and science programs. They are due October 15 by 11:59 PM ET. These grants can support a

variety of artistic projects and activities in MEDWAY, including exhibits, festivals, field trips, short-term artist residencies, performances in schools, workshops, and lectures. The Medway Cultural

Council is part of a network of 329 Local Cultural Councils (LCCs) serving all 351 cities and towns in the Commonwealth. The LCC Program is the nation's largest grassroots cultural funding network, supporting

thousands of community-based projects in the arts, humanities, and sciences every year. The state legislature provides an annual appropriation to the Mass Cultural Council, a state agency that allocates funds to each com-

munity. Interested applicants should apply at: <https://massculturalcouncil.org/communities/local-cultural-council-program/application-process/>

Allegra Commonwealth singers to hold guest nights in September

Soprano and alto adult singers can attend guest nights for Allegra Commonwealth Singers every Monday in September. The welcoming chorus meets from 7 – 9 p.m. at St. Andrew’s Episcopal Church, 3 Maple Street, in Framingham. Singers should be excited to learn a variety of musical genres and be able to read music or have choral experience; those wishing to

join will participate in a relaxed audition. The chorus rehearses weekly to prepare for upcoming public afternoon concerts on December 5 and 6. Director Brett Abigaña leads the chorus in his second year, and pianist Simonida Spasojevic accompanies. Information is available on the website allegrasingers.org or by emailing info@allegrasingers.org.

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Photos from this year's Millis Community Day. Courtesy photos.

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Saturday: 9 a.m. - 2 p.m. CLOSED Sunday**

Medway Library to host author events in September

In September, the Medway Public Library will host two author events. The programs will take place in the Cole Room and will be followed by a book sale and signing with the author. The public is invited to attend.

Reinventing Oneself the “Write” Way with Author E. L. Wilk
Thursday, September 17 | 6:00–7:00 PM | Cole Room

Join critically acclaimed author, indie publisher, and Eric Hoffer Gold Medal finalist E. L. Wilk for an engaging program about the world of independent publishing. Wilk, author of Body of Work, will share helpful tools, resources, and firsthand insight into bringing an independent

book to market and reaching new readers. A book sale and author signing will follow the program.

Special Storytime with Author Margaret Asante
Saturday, September 26 | 12:00 PM | Cole Room

Join author Margaret Asante for a special reading of Yaa Asantewaa: The Warrior Queen, an inspiring children’s story about courage, leadership, and standing up for what is right. Families will also have the opportunity to learn about an important piece of West African history. A book sale and author signing will follow the reading.

For more information, visit www.medwaylib.org or call 508-533-3217.

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SPORTS

Shumaker has Millis Football believing

By MATT HYLEN

Three goals hang over Millis High School football this fall, and head coach Don Shumaker keeps them short enough that every player can recite them.

"I want a winning September, I want to make the playoffs, and I want to win on Thanksgiving," Shumaker said. "That's all I ask of them."

For a program that won three games last season and did not take a league game, that is an ambitious list. However, Shumaker's confidence in it has less to do with scheme than with the kind of coach he has decided to be.

"Millis is a special breed of kid," Shumaker said. "I've never seen such a small group of kids never quit the whole season."

The system he brought with him in his first year is built on pillars that his players can utilize on and off the field.

"I believe in respect and communication," Shumaker said. "It has to be all the way, from me, to the very last player, all my coaches, everybody. Being heard matters to me."

In the year before he arrived, a number of players walked away from the program. He believes that a lack of belief and love for the game is why.

"If you don't listen to one of your players, they're going to shut down," he said. "I got

a chance to talk to these kids, and they talked to the players that have already played for me. Most of them came back."

Millis has doubled its roster for this fall, helped by a co-op with Norfolk County Agricultural School (Norfolk Aggie) that added a handful of players from outside the school. Shumaker made sure every message reached both groups at once, and his captains handled the rest, setting up group chats months before camp opened.

"You would never know that the Norfolk kids weren't already part of Millis High School," he said. "The brotherhood there is just amazing."

Based on Shumaker's passion and desire to turn this program around, the tone has changed in Millis. However, the standard did not, and Shumaker's evidence for that comes from inside the building rather than off the scoreboard.

"I hold my captains to a high standard, on and off the field, in school, at home, everywhere," he said. "They know I have eyes everywhere."

Integrity, hard work, and belief is also what he looks for when a player walks in the door. Experience, in his opinion, is negotiable.

"I'm looking for kids that love to play, that have the heart to play, that have the determina-



Millis High School football team at the end of last season. Source: YouTube @MillisCommunityMedia

tion to play," Shumaker said. "We can teach anybody how to play football, but we can't teach them how to love the game."

What makes Shumaker unique is his willingness to put onfield performance aside in order for his players to keep that love they have had that made them want to play in the first place.

"I try to let these boys know that it's a game," he said. "This

isn't your life. They all have lives outside of the field."

The clearest verdict on the approach came at the end of that three-win season, when his seniors told him it had been their favorite of the four.

"I try to put the fun back in the game," Shumaker said. "That is what sports are all about."

What Shumaker has brought into the Mohawks' locker room

is 15 years of evidence that this is the job he wants. He still hears from the first group he coached, at Blackstone-Millville.

Whether it be texts at Christmas, wedding invitations, or even a flight down to surprise a former player at his Marine Corps graduation, Shumaker builds relationships that can last

SPORTS

continued on page 20

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SPORTS

Michael Damon named to Forbes | Shook Best-in-State Financial Security Professionals

MASSACHUSETTS, August 2026 – Michael Damon from the Boston General Office of New York Life has been listed on the 2026 Forbes | Shook Best-in-State Financial Security list. The individuals named to this list of distinguished professionals were chosen based on many criteria considered by an independent research firm.

A New York Life agent for 25 years, Mr. Damon received this recognition for helping his clients in a world in which wealth preservation and protection matter more than ever.

“We are honored that Mike appears on this prestigious list,” said Peter McAvinn, managing partner of the Boston General Office. “New York Life has known for quite some time what a valuable asset Mike has been to our family and to many families and businesses in our community.”

The Forbes | SHOOK® Top Financial Security Professionals and Best-In-State Financial Security Professionals rankings are the product of SHOOK Research, LLC's independent research and due diligence and its proprietary ranking methodology. The rankings are published and distributed by Forbes. Data as of December 31, 2025. Published by Forbes (July 2026).

SHOOK Research's proprietary methodology and ranking algorithm incorporates in-person, virtual, and telephone due diligence meetings to evaluate each professional across



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SPORTS

continued from page 18

beyond what he gives them on the field.

“Before I started coaching, all I did was work, go home, work, go home,” he said. “Now a lot of my players are grown men with families, and I’m so proud

to see that.”

Don Shumaker loves the game of football, and his desire to share that love for the game is what makes him a truly special coach.

“If I could retire and be a high school football coach for the rest of my days, I would do that,” he said. “When it comes

to sports, I love coaching more than anything.”

As for Millis, Shumaker may have played for Medway High growing up, but he has found a home in Millis. “They drive me nuts,” he jokes, “But in all seriousness, I absolutely love these kids. There is no place I would rather be, I love it here.”

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Millis Public Safety Log

Vandalism, assault, suspicious activity

According to safety logs, July 15 to Aug. 15, the Millis Police and Fire Department spent the majority of its time on calls related to motor vehicle stops and violations, car crashes, disabled motor vehicles, general traffic control, alarms (burglar, master box, carbon monoxide), suspicious activity, disturbances, larceny/forgery/fraud, general complaints, and assisting citizens.

This is not an exhaustive list of all calls. Entries of note include:

- July 16 at 11:27 a.m., Union St., suspicious activity, checked and spoke with
- July 16 at 3:32 p.m., Main St., larceny/forgery/fraud
- July 17 at 10:03 p.m., Middlesex St., suspicious activity, unfounded
- July 18 at 12:27 a.m., Stoney Brook Dr., disturbance
- July 18 at 11:31 p.m., Timberline Rd., suspicious activity
- July 21 at 7:38 a.m., Bow St., vandalism
- July 25 at 10:27 p.m., Cedar Sq., disturbance
- July 28 at 12:44 a.m., Village St., suspicious activity, could not locate
- July 28 at 4:18 p.m., Pleasant St., assault, arrest. A 76-year-old Millis male was charged with assault and battery with a dangerous weapon on Pleasant Street.
- Aug. 1 at 10:42 a.m., McCabe Ave., suspicious activity
- Aug. 6 at 12:44 p.m., Main St., larceny/forgery/fraud
- Aug. 7 at 8:38 a.m., Milliston Rd., larceny/forgery/fraud
- Aug. 7 at 6:46 p.m., Spring & Plain Sts., disturbance, arrest. A 39-year-old Millis male was placed in protective custody on Village Street.
- Aug. 10 at 3:19 p.m., Main St., fire, other
- Aug. 13 at 7:36 p.m., Orchard St., soliciting
- Aug. 14 at 8:42 a.m., Brandwine Ter. & Independence Ln., vandalism

Source: Millis Police Department

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Pets of the month: Linguini Le Chat & Colette Le Chat

Sweet, shy Pair searching for patient home

Linguini and Colette are a one-year-old brother and sister duo who came to us as strays. These two have never been apart and rely on each other for comfort and confidence, so they must be adopted together.

Linguini is a handsome all-black boy who is slowly but surely warming up to the idea that people aren't so bad after all. He can be shy at first, but a few treats go a long way with him. Once he feels comfortable, he is a genuinely sweet and affectionate boy who will seek out his favorite people for attention. Once you find the right spot for a scratch, he melts completely turning into

a happy, purring puddle.

Colette is a sweet girl who is still building her confidence around people. She does best with a calm, consistent environment where she can feel safe and settle in at her own pace. Play is the best way to connect with her. Pull out a wand toy or laser pointer for her, and you will start to see her true personality come out.

Both Linguini and Colette have tested positive for FIV, but FIV-positive cats can live long and healthy lives without needing medication. Our adoption counselors have plenty of information on FIV and can assure



you that both cats have many good years ahead of them.

Linguini and Colette would do best in a calm, quiet home with patient adopters who understand that shy cats often have the most love to give, but they just need a little extra time to show it. They will thrive in a low-stress environment with predictable routines to help them build confidence as they come out of their shells.

Adoptions are by appointment only. If you have an interest in meeting Colette & Linguine, please fill out our online adoption application at <https://www.shelterluv.com/matchme/adopt/MWHS/Cat>.

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Recent Home Sale



The 3-bed, 2-bath, 2,208-square-foot house at 66 Meadow Cartway in Millis recently sold for \$680,000. Image credit: www.zillow.com



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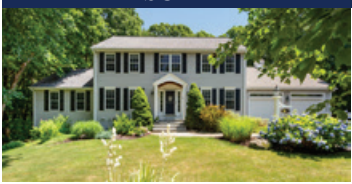
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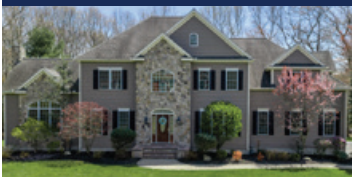
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Laina Regan Kaplan

SOLD



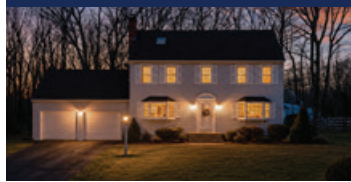
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Client Feedback for Laina Regan Kaplan

"Laina was simply outstanding during our recent home sale in Medway. In fact, she was super helpful in the years leading up to it, offering great suggestions along the way. Laina truly knows the market and all of the moving parts that go into listing and selling a property. Laina was great at helping us get our house ready for sale as this all came together very quickly and we needed someone who knows how to make things happen fast. Laina's communication style is also super effective and her attention to details from start to finish was a difference maker. We highly recomend Laina to anyone looking to buy or sell a property."

– Mike & Jen Biliouris, Medway

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