



Cecilia's
107
Blessings

PAGE 2

Never, Ever Forget



SEPTEMBER 11, 2001

Carmichael Times

VOLUME 47 • ISSUE 37 Serving Carmichael & Sacramento County since 1981 SEPTEMBER 11, 2026

SEE
INSIDE

INTRODUCING
SUE'S GREAT
GUMBO COOK-OFF



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SILENT KILLER
By Mary Jane Popp



PAGE 12

ACC CARE CENTER
EARNS 5-STAR
OVERALL RATING



PAGE 4



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Best of the Best is Back



In Your Home Care last year took Best of Carmichael laurels for senior services. More than 60 business and service categories are included in the 2026 contest.

Story and photo
by Susan Maxwell Skinner

CARMICHAEL, CA (MPG) - The popularity contest that decides Carmichael's top businesses has kicked off. The Best of Carmichael 2026 results will be revealed just days after the nation decides mid-term elections. Thanks to swing-votes in this tiny pocket of America, new winners emerge every year. Carmichael Chamber of Commerce officials will announce bragging rights during a Nov. 6 gala. Businesses in 63 categories are in contention. Between now and November, hundreds of local entities seek voter support. Divisions include professional services, non-profits, markets,

restaurants and parks. Some incumbents have worn a trail on the red carpet. Bel Air Market has consistently bagged Best Grocery Store. Katie Pexa's Farmers agency usually has insurance voters covered. River City Brewery owners have popped corks after victories every year. Carmichael's favorite teacher will again be decided. Nominations are open for kindergarten to university level educators. The winner gets a \$400 prize, sponsored by San Juan Unified School District board candidate Roxanne Stellmacher and current board director Zima Creason. Food categories are the hottest ticket. "We include Best Bartender, Best Date Ambiance, Best Mediterranean Cuisine and Best

Tacos," said Carmichael Chamber of Commerce President Rosie Buck. "With so many restaurants in our area, we love highlighting great kitchens." Entertainment is another town specialty. Carmichael's Wasted Space group last year rocked laurels for Best Concert Band. Best Veteran-Owned Business is a new category. "Many local companies are run by veterans," explained Rosie Buck. "We love them to have recognition and support." In keeping with current trends, a 'Best Social Media Presence' is another 2026 innovation. The contest is a Carmichael Times and Chamber of Commerce collaboration. To qualify for the ballot, nominees must be located in

Continued on page 3

Celebrating
Transit Month
in September



SACOG is where local government leaders in the Sacramento region come together to advance three strategic goals of equality, economy and environment. Photo courtesy of SACOG

Sacramento Area Council of Governments News Release

SACRAMENTO, CA (MPG) - The Sacramento Area Council of Governments (SACOG) is encouraging community members to try transit during the month of September! By riding transit and logging trips in the NorCal GO app, community members will be entered to win weekly \$25 gift card drawings or one \$100 gift card drawing at the end of month. "Transit connects all corners of the Sacramento region," said Jill Gayaldo, SACOG board chair and City of Rocklin councilmember. "Transit Month gives us an opportunity to highlight the region's transit agencies and routes while encouraging community members to take the bus or microtransit to get to work, go to an event or even to visit friends or family members. We hope the Transit Month celebration and gift card giveaways inspire people to try transit." The six-county Sacramento region transit system provides millions of trips every year by transit agencies large and small. Each service provides critical connections to support local economies, decrease traffic and keep the region moving. NorCal GO is an app designed to provide convenient, eco-friendly and cost-effective travel solutions for residents across the region. This new platform offers an easy one-stop shop to find transit, bike, and walking routes and carpools for commutes and daily travel alike. NorCal GO is available in app stores and can be accessed at www.NorCalGO.org.

Family Storytime Moves to Carmichael Park

By MPG Staff

CARMICHAEL, CA (MPG) - Despite the temporary closure of the Carmichael Library due to renovations, Family Storytime is forging on in a new location. In partnership with Carmichael Recreation & Parks, Family Storytime will be held at Carmichael Park through Nov. 19. Families can join the Carmichael Library on Thursdays from 10:30 to 11:15 a.m. (except Sept. 17), weather permitting. Blankets or chairs are welcome but not required. Family Storytime



In partnership with Carmichael Recreation & Parks, Family Storytime will be held at Carmichael Park through Nov. 19. Photo courtesy of Sacramento Public Library

includes songs, rhymes, movement activities and stories all designed to support the early learning skills of young children said Caitlin Greenwood, branch supervisor for the Carmichael Library. Improvements at the library include HVAC replacement, as well as interior and exterior ADA enhancements. The project began in August 2026 and was projected to last several weeks, according to the Sacramento Public Library website. The Carmichael branch is among five locations to undergo ADA building enhancements this year. ★

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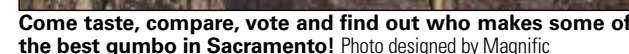
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Cecilia's 107 Blessings



This year's new flavorful new attraction, Louisiana Sue's Great Gumbo Cook-Off, features local chefs from restaurants, caterers and food trucks competing and serving their own

Prices for a taste and bowl vary depending on category. For instance, the prices for the traditional gumbo are \$6 for a taste and \$15 for a bowl and the vegan gumbo is

Come ready to have
some fun, be entertained,
sing and taste some
Great Gumbo...all in one
location! ★



"She'll give anything a try," continued Hawkins. "The students and I agreed: Cecilia's exactly how we'd love to be, if we ever reach her age." ★

FRESH PRODUCE

Celery  99¢/ea	Persian Cucumber  \$1.49/lb	Constellation Tomato 10 oz  \$1.99/ea	Mini Sweet Pepper 1 lb  \$2.99/lb
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ASIAN GROCERY

REG \$5.99 \$5.49/ea Three Ladies Vietnamese Rice Vermicelli 2 lb 	REG \$3.79 \$3.09/ea Golden Mountain Seasoning Sauce 20 fl.oz 	REG \$12.99 \$9.99/ea Dstehh Tapioca Boba 5 lb 	REG \$1.99 \$0.99/ea EED Whole Water Chestnuts 8 oz 	REG \$6.99 \$2.99/ea Chaokoh 100% Coconut Milk 1 liter 
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EUROPEAN GROCERY

REG \$14.99 \$9.99/ea Santa Bremor Lightly Salted Herring Fillets in Oil 1kg 	REG \$4.29 \$1.99/ea Galina Imam Bayildi Eggplant Appetizer 530 gr 	REG \$6.99 \$4.99/ea Ugurlu Turkish Delight Mixed Aromati 250 gr 	REG \$2.99 \$2.49/ea +TAX +CRV Khiani Georgian Pear & Taroni Soft Drink 500 ml 	REG \$4.99 \$3.99/ea Ahmad Summer Fruits & Tea Mango Lychee 20 T/B 
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REG. \$14.19/LB \$13.19/lb Columbus Roast Beef 	REG. \$10.19/LB \$9.19/lb Black Forest Ham 	REG. \$7.99/LB \$6.99/lb Pitted Olives Garlic Salad 	REG. \$7.99/LB \$6.99/lb Sicilian Style Olives 
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Keeping Greater Sacramento Area Restaurants Cooking: 22 Local Restaurants Receive Resilience Grants Funded by PG&E

Greater Sacramento eateries and commercial food businesses awarded \$5,000 grants to invest in equipment, technology and workforce development

PG&E News Release

SACRAMENTO, CA (MPG) -Twenty-two restaurants and food businesses across five counties in the Greater Sacramento Area are receiving grants through the California Restaurant Foundation's Restaurants Care Resilience Fund, supported by funding from The PG&E Corporation Foundation.

The \$5,000 grants will help local restaurant owners invest in new equipment and technology, support employee training and retention efforts and address unexpected business challenges.

The funding is part of a larger program that awarded grants to 239 restaurants and commercial caterers across 30 counties in Northern and Central California this year.

Local restaurants play a vital role in the region's economy and

culture, creating jobs, supporting Valley agriculture and serving as gathering places for families and communities.

"Local restaurants are vital to our communities," said Executive Vice President, Corporate Affairs, PG&E Corporation, and Chair of the Board, The PG&E Corporation Foundation, Carla Peterman. "They serve as economic engines, gathering hubs and cultural anchors. They support local and regional farms and other food producers and small businesses. They have a tremendous economic multiplier effect that brings many benefits to our hometowns. We're thrilled to continue to support these cornerstones of the communities we serve."

The PG&E Corporation Foundation funded the grants and provided support for the California

Restaurant Foundation to administer the program through its Restaurants Care Resilience Fund.

This year marks a record for the partnership, with \$1.4 million distributed to 239 restaurants and commercial caterers throughout PG&E's service area. Since the program began in 2021, PG&E and The PG&E Corporation Foundation have provided \$5.7 million in funding, helping more than 1,100 restaurants and catering businesses strengthen their operations and remain resilient.

Grant recipients are independently owned California restaurants with fewer than five locations and less than \$3 million in annual revenue. More than 70% of this year's recipients said they plan to use the funding to upgrade kitchen equipment, while others will invest in technology

improvements and workforce development.

"We are incredibly grateful to The PG&E Corporation Foundation for their continued generosity and commitment to California's independent restaurant community," said President of the California Restaurant Foundation, Alycia Harshfield. "Their contributions to the Restaurants Care Resilience Fund make a meaningful difference, providing restaurant owners with the financial support they need to make critical investments in their business, strengthen their teams and navigate unexpected challenges."

Funding for the grants comes from PG&E shareholders, not customers.

The Greater Sacramento Area 22 grant recipients include businesses in El Dorado County, Nevada

County, Placer County, Sacramento County and Yolo County.

PG&E offers a range of programs designed to help small and medium-sized businesses reduce energy costs and improve efficiency, including 0% interest on-bill financing for qualifying energy-efficiency upgrades, rebates for food service equipment, energy-efficiency programs tailored to business needs, budget billing to help manage seasonal energy costs and economic development rates for eligible businesses

For more information on support available for small and medium-sized businesses, visit PG&E's Small Business Resource Center.

You can read about PG&E's data privacy practices at PGE.com/privacy.

★

Best of the Best is Back

Continued from page 1

Carmichael or have Chamber membership. Anyone can vote, from anywhere in the world. Organizers are still accepting candidate nominations.

Victors will celebrate during a Mystery Clue-themed gala on Nov. 6. "We encourage attendees to strut vintage glam," says Rosie Buck. "Once again, the big spotlight is on

Carmichael."

Candidates will be listed at www.bestofcarmichael.com later this month.

Gala tickets are \$65 per person for chamber members; \$75

for non-members. Momo's Smokehouse will cater the buffet dinner.

Sponsors include: Aquamarine Jewelers, SMUD, Buck Family Automotive,

Carmichael Improvement District, Dignity Health, River City Brewing and Supervisor Rich Desmond.

For information, go to www.carmichaelchamber.com.

★

Read More at CarmichaelTimes.com

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Learn more at smud.org/Community



ACC Care Center Earns Prestigious 5-Star Overall Rating

ACC Senior Services News Release

SACRAMENTO, CA (MPG) - ACC Senior Services is proud to announce that the ACC Care Center has earned the highest possible 5-Star Overall Rating from the Centers for Medicare & Medicaid Services (CMS), a distinction that recognizes excellence in quality of care, staffing and health inspections.

According to the CMS official release, the updated Five-Star Quality Ratings appear on the Medicare Care Compare website on or around July 29. ACC Senior Services is pleased to share this achievement with its residents, families, employees and the greater

Sacramento community. “This achievement reflects the unwavering dedication, compassion and professionalism of every member of our Care Center team,” said Interim President & CEO of ACC Senior Services, Jill Hays. “This recognition reinforces our commitment to clinical excellence, person-centered care, and continuous improvement.”

Interim President & CEO of ACC Senior Services, Heidi Wheeler added, “We are incredibly proud of our entire Care Center Team and grateful for the trust our residents and families place in us every day.”

The CMS Five-Star Quality Rating System – one of the nation’s most trusted measures of nursing home quality – assists families make informed decisions when choosing care for their loved ones. Facilities are evaluated across three key areas: health inspections, staffing levels and quality measures. An overall 5-Star rating signifies that ACC Care Center performs well

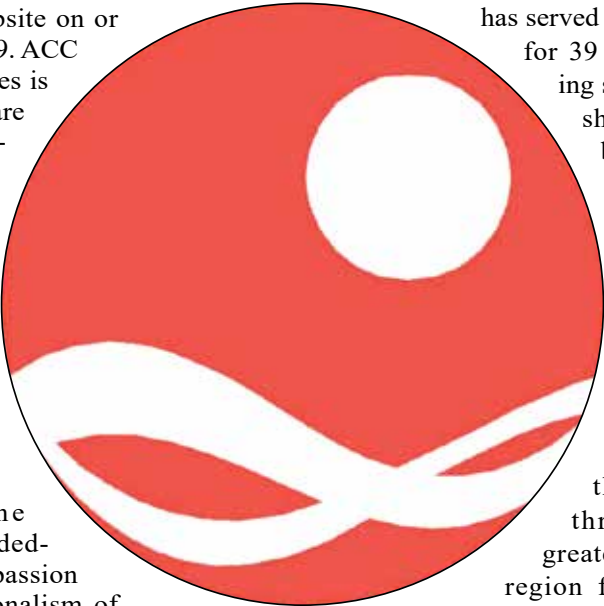
above average in delivering skilled nursing and rehabilitation services, placing it among the nation’s highest-performing skilled nursing facilities.

“Achieving five stars represents more than a rating. It reflects the trust we build, the lives we touch, and the excellent care we deliver every day,” said Director of Nursing at ACC Care Center, Kristy Moore.

Located in Sacramento’s Pocket neighborhood, ACC Care Center has served the community for 39 years, providing skilled nursing, short-term rehabilitation, and long-term custodial care in a culturally welcoming environment. ACC Senior Services has served older adults and their families throughout the greater Sacramento region for more than 50 years, remaining committed to its mission of enriching lives through compassionate care and innovative programs.

ACC Senior Services remains committed to continuously enhancing the quality of care and services it provides while fostering a welcoming, compassionate environment where older adults can real and thrive.

About ACC Senior Services:
ACC Senior Services is a community-based 502(c)3 nonprofit organization dedicated to enriching the lives of older adults through high-quality programs, senior housing, and care services. Serving the greater Sacramento region for over 53 years, ACC provides a continuum of care that promotes independence, wellness, and community connection. ★



New Season New Listings

SEPT

EMBER

EDITION

DIEZ & SIGG GROUP

RE/MAX GOLD

2716 Zachman Way, Carmichael | Offered at \$549,000

BRAND-NEW 420 SQ. FT. ADU! Welcome home to this charming 4-bedroom, 3-bath residence tucked away on a private lane in Carmichael. The new attached ADU features a private entrance, bedroom, bath, living area, and kitchenette—perfect for multigenerational living, guests, a home office, or rental income. The main home is filled with natural light and offers an open floor plan with hardwood flooring, cozy brick fireplace, and an updated kitchen with granite countertops, stainless steel appliances, gas cooktop, and abundant storage. Enjoy a private, low-maintenance backyard with mature trees, patio, and orange tree. Conveniently located near the American River Parkway, trails, Milagro Centre, and top-rated schools. Move-in ready, versatile, and full of possibilities!

6511 Mossview Way, Citrus Heights | Offered at \$599,000

SALTWATER POOL, SPA + CUSTOM TIKI BAR! Welcome home to this beautifully maintained 3-bedroom, 2.5-bath home where comfort, style, and easy entertaining come together. The private backyard is truly special, featuring a sparkling saltwater pool and spa, custom tiki-style outdoor kitchen and bar, covered patio, and outdoor shower. Inside, enjoy a warm and inviting layout with a stylish kitchen, cozy wood-burning fireplace, and versatile bonus space with custom bar and backyard access. The spacious primary suite features a beautifully remodeled ensuite, while solar, RV access, and an oversized garage add convenience. A wonderful home designed for relaxing, entertaining, and enjoying life!

4400 E. Nichols Ave, Sacramento | Offered at \$389,000

UPDATED OAK PARK CHARM + ROOM TO GROW! Experience the charm of this beautifully updated 2-bedroom, 1-bath Oak Park home, ideally located just minutes from Downtown Sacramento and UC Davis Medical Center. A private European-inspired courtyard welcomes you inside to a bright, open-concept layout featuring an updated kitchen with granite countertops, white cabinetry, and a gas cooktop. Spacious bedrooms, a remodeled bath, newer laminate flooring, and indoor laundry add comfort and convenience. Outside, enjoy a generous backyard with RV access and plenty of room for a future ADU, garden, or outdoor retreat. Move-in ready with incredible flexibility and potential!

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Final Food Truck Night - Asian Pacific Islander Fashion Face-off!

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CARMICHAEL CREATES

THE

ARTS & MAKERS MARKET

CARMICHAEL PARK

5750 GRANT AVE

There are several more Makers Market opportunities this year. Interested vendors can find more information and register at carmichaelchamber.com or by contacting execdir@carmichaelchamber.com

THURS

SEPT

24TH

5-7:45PM

@ Carmichael Food Truck Night

The Carmichael Chamber of Commerce Hosts:

BEST OF

2026

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A FORMAL AFFAIR OF MYSTERY & DISTINCTION

Carmichael Times

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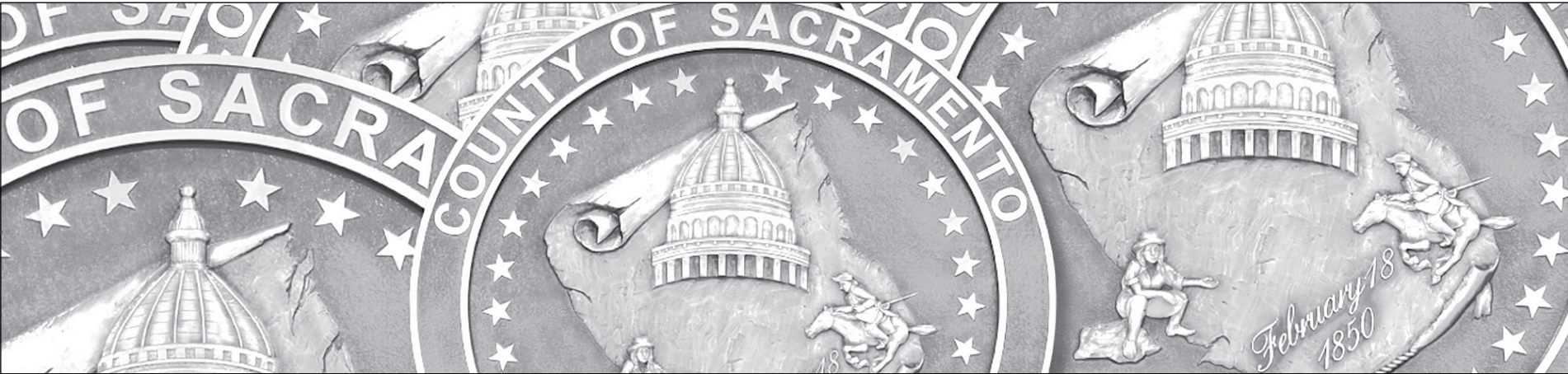
www.BestofCarmichael.com

VOTING ENDS OCTOBER 10TH

Rules & Instructions are on The Website!

Businesses must be located in Carmichael (95608) or be a Carmichael Chamber member

Fiscal Year 2026-27 Revised Recommended Budget Available



The FY 2026-27 Revised Recommended Budget includes \$9.2 billion in total appropriations. Photo courtesy of Sacramento County

Sacramento County News Release

SACRAMENTO, CA (MPG) - The Sacramento County Board of Supervisors will begin Fiscal Year (FY) 2026-27 Revised Recommended Budget hearings on Tuesday, Sept. 8, at 9:30 a.m. in Board Chambers in the Sacramento County Administration building, located at 700 H Street, Sacramento, 95814. If necessary, hearings will continue on Sept. 9, 10 and 11 at the same time and location.

The hearing schedule begins with the IHSS public authority budget deliberation and approval, the presentation of the FY 2026-27 revised recommended budget, then follows with public comment and ends with the board deliberation and approval of revisions to the approved recommended budget and capital improvement plan and approval of adopted budget resolutions.

The Board of Supervisors approved the FY 2026-27

recommended budget on June 10. This year’s \$9 billion spending plan consists of \$3.2 billion in enterprise and special revenue funds (utility rates, fees and other dedicated revenue), \$4 billion in general fund (funded with \$1 billion in discretionary revenue, \$1.7 billion in reimbursements from restricted funds, and \$1.3 billion in federal, state and fee revenue dedicated to specific purposes), and \$1.7 billion in restricted funds (amounts transferred to the general fund to reimburse eligible expenditures in general fund departments).

The numbers in the budget change between June and September when the County receives new information, including the impact of the state budget and updated fund balance and revenue totals. Because of that new information, the revised recommended budget comes back to the board for review and adoption in September.

The FY 2026-27 revised recommended budget includes \$9.2 billion

in total appropriations.

Ok, that was a lot of numbers! You may be wondering, “what services does the county offer that I use and what programs do they run that I care about” – fair question! Let’s play a game of did you know?

Did you know? The County runs Sacramento International Airport (SMF) – which is growing year over year. SMF serves award winning food and beverage options, has a vast offering of non-stop flights to new and exciting destinations, and will be opening a brand-new parking garage in time for the holiday rush this year.

The County maintains 23-miles of the American River Parkway – a beautiful greenbelt full of wildlife with breathtaking views of the American River and multiple river access points, and a multi-use recreation trail that runs from Folsom to downtown.

The County maintains thousands of miles of roads, dozens of beautiful parks and four golf courses.

The County collects garbage and provides recycling and organics collection services for more than 165,000 residential customers, collects used mattresses and Christmas trees and runs the Kiefer landfill.

The County provides building permits, and information on land use and ownership, and brings new business opportunities to the region, helping to grow the economy and tax base and helping local small business to thrive.

The County is the connection to general assistance, cash assistance, mental health resources, substance use services and homeless services and manages our youth foster system, child support services and child protective services.

The County also inspects restaurants for food safety and public pools and spas for safety compliance, manages testing and containment on communicable disease and helps people exposed quarantine to limit the spread – potentially saving thousands of

people from exposure.

The County has a robust public safety and justice system – running the multifaceted jail system, including a youth correctional facility, probation, public defender unit and district attorney and law enforcement that all work together to keep our community safe.

The County runs a large, open-intake municipal animal shelter and animal regulation and enforcement operation, caring for tens of thousands of lost and neglected animals a year, facilitating adoptions for thousands of amazing animals back into the community, rescuing abused and neglected animals from abusers, and prosecuting them to the fullest extent of the law.

So – how many did you know? Members of the public may attend the hearings and be heard on any item in the budget, either publicly or through written comments. The budget hearings will also be telecast live on Metro Cable 14 and on the web. ★

State Treasurer Fiona Ma Announces Results of Bond Sale for Sutter Health

Financing will support major health care expansion projects, including new medical campuses across Northern California and refinancing of existing debt



Fiona Ma
California State Treasurer's Office News Release

SACRAMENTO, CA (MPG) - California State Treasurer Fiona Ma, CPA, announced the results

of a \$1.407 billion bond sale for Sutter Health providing financing to support major capital investments in health care facilities across Northern California and refinance existing debt.

“This financing will help Sutter Health make significant investments in health care capacity and facilities in communities across Northern California,” said Treasurer Ma. “These investments will support expanded access to care, modernize health care infrastructure and help ensure that Californians can receive high-quality services close to home. I am pleased that the California Health Facilities Financing Authority was able to facilitate this

financing and help Sutter move forward with projects that will serve patients for years to come.”

The bond-financed capital projects include improvements at health care facilities throughout the Bay Area and the Central Valley. Projects include expansion of intensive care and inpatient capacity; acquisition of land

and medical buildings; laboratory facilities; and improvements to neuroscience and cancer care facilities.

Project locations in the Bay Area include San Francisco, San Mateo, Castro Valley, Pleasanton and Dublin. Two of the largest planned projects include a 1.3 million square foot campus in Emeryville called Emery Yards,

and an 850,000 square foot campus in Santa Clara that will also include a 1-million-square foot additional development nearby. Project locations in the Central Valley include facilities in Sacramento, Roseville, Folsom, Elk Grove and Modesto.

Proceeds were also used to refund Sutter’s outstanding 2016B bonds, which generated approximately \$25.7 million in net present-value savings, or approximately 6.7 percent over the life of the bonds.

The original financing request approved by CHFFA authorized up to \$1.6 billion in aggregate principal amount. The final sale amount was \$1,407,070,000. ★



Election Information

November 3, 2026, General Election

Vote Early and Vote by Mail



Oct 5

Ballots begin to arrive by mail. Official Ballot Drop Boxes are now open.



Oct 19

Close of registration. Register today!



Oct 24

11-Day Vote Centers open through Election Day.



Oct 31

All Vote Centers open through Election Day.



Nov 3

Election Day! Last day to turn in your ballot.

Vote Early! Don't wait for Election Day.

Take advantage of early voting and avoid the lines! You can return your ballot in the mail, at any Official Ballot Drop Box, or at any Vote Center. No postage is necessary.

Track your Ballot!

Sign up for “Where’s My Ballot?” with BallotTrax, a free ballot-tracking and alert system. It is available to all voters who wish to track the status of their Vote by Mail ballot from printed to accepted. Scan the QR code or visit www.wheresmyballot.com



Vote Early!
Vote by Mail.

The Big West Honors Ching as the League’s Offensive Player of the Week

Sacramento State Athletics News Release

SACRAMENTO, CA (MPG) - Following her two-goal performance that helped lift the Sacramento State women’s soccer team to victory against Southern Utah, junior Candace Ching was named The Big West’s Offensive Player of the Week on Monday (Aug. 31) for the first time in her career.

Ching became the second Hornet to win weekly honors from the league this season alongside teammate Mia Jackson, who also picked up her own offensive award back on Aug. 17 following two goals in her debut in the green and gold against Pacific. Sacramento State has now won multiple offensive weekly awards in the same season for the first time since 2019 when Kylie Kim-Bustillos, Tiffany Miras and Camila Fonseca did so in the Big Sky Conference.

Her first score came in the



Junior Candace Ching was named The Big West’s Offensive Player of the Week on Monday (Aug. 31) for the first time in her career. Photo courtesy of Sacramento State Athletics

61st minute as she collected a deflected ball that was tapped to her by teammate Marely Velazquez Varela, outraced a defender into the box, and finished with the right foot to the near post to tie the match.

In the 64th minute, Ching then gave her team the lead for good. Establishing position near the penalty spot, Ching chested down a lofted ball from teammate Ellie Farber before unleashing a one-timer into the

upper right-hand corner for the eventual game winner.

Along with Jackson’s performance against the Tigers, Ching’s stellar second half gave the Hornets two players with a brace in the same season since

2022 when Abigail Lopez (at Pacific) and Aubrey Goodwill (at Cal State Bakersfield) did so.

Entering the week, Ching ranks tied for second in the league in goals scored with three, tied for sixth in shots on goal with five, and tied for second in the conference in points with six.

Standing as one of only three remaining unbeaten teams in The Big West table, Sacramento State put its 4-0-1 record on the line with a single match the week of Aug. 31-Sept. 4 against Fresno State (Sept. 3).

The Hornets have tied the school record for the best start in school history through five matches originally set by the 2000 squad with the same record. A win over the Bulldogs would give this year’s team the title of the best start in school history after that 2000 team began the year 4-0-2 following a draw against Pacific. ★

Chibi Ukaegbu to Join Houston Dynamo

Sacramento Republic FC News Release

SACRAMENTO, CA (MPG) - Republic FC announced that the club has reached an agreement with Major League Soccer club Houston Dynamo FC transferring defender Chibuike “Chibi” Ukaegbu (pronunciation: Chi-bee Oo-kay-boo) to Houston Dynamo II of MLS NEXT PRO pending league and federation approval. The 19-year-old becomes the latest homegrown player developed in Republic FC’s nationally respected academy system to feature with the first team and continue his professional career beyond Sacramento.

“Chibi is a highly talented and hard working young player, who has positively contributed to the club’s success over the past several seasons. We know that he’ll represent our club and region well as he continues to grow and wish him all the best as he enters the next chapter of his career,” said President and General Manager Tim Holt. “Chibi is a great example of what the young players of this region can

accomplish, and his journey through our academy, to the first team, and now on to a top club like Houston Dynamo is a source of pride for our club and the Sacramento soccer community.”

“It’s bittersweet to say goodbye to my first club — my hometown club — but it has been an honor to wear the Sacramento Republic FC crest,” said Chibi Ukaegbu. “I’m proud to be one of the local kids that followed their dream through the academy, to the first team, and now on to the next stage in my career.”

Ukaegbu continued, “I hope more kids across the region see this moment and understand that the path to the top doesn't skip places like Sacramento — it runs right through this club. I’m grateful for all the people who’ve stood behind me and pushed me further each day — coaches, teammates, the team and academy staff, my friends, and of course my family.”

Ukaegbu joined Republic FC’s academy at 14 years old in 2021 after playing for Placer United.

In two seasons with the academy, he appeared in 60 matches



Sacramento Republic FC has reached an agreement with Major League Soccer club Houston Dynamo FC transferring defender Chibuike “Chibi” Ukaegbu to Houston Dynamo II of MLS NEXT PRO pending league and federation approval. Photo courtesy of Sacramento Republic FC

and helped the club’s U15 and U17 teams reach MLS NEXT Cup playoffs in both years. He earned opportunities to train with the First Team and signed his first professional contract with his hometown

team in November of 2023.

He would go on to make his professional debut and mark his first career start on May 7, 2024, at age 17. Facing off with fellow USL Championship club Monterey Bay FC in the U.S. Open Cup, Ukaegbu made a splash in his first-ever appearance, leading all players with four tackles won and seven duels won. He was a critical substitute in the club’s Open Cup 4-3 extra time thriller over San Jose Earthquakes.

Since making his debut, Chibi has made 47 appearances and played nearly 2,500 minutes across all competitions. Featuring in 20 matches that resulted in clean sheets, the defender has helped Republic FC secure two play-off berths, three appearances in the U.S. Open Cup Round of 32 and a trip to the Quarterfinals in 2024, and a spot in the 2025 USL Cup Final. Earlier this year in Open Cup play, he came on as a substitute to close out Republic FC’s shutout performance against MLS club Minnesota United before converting his penalty attempt in the ensuing twelve-round shootout.

Regularly recognized as one of the USL Championship’s top young players, Ukaegbu has also earned several invitations to U.S. Soccer national team programs, including two selections to the U-20 Men’s National Team and one to the U-19 Men’s National Team in 2025.

Founded in 2015, Republic FC’s youth development academy has propelled hundreds of young players into the next stage of their soccer journey. As the only youth-to-pro pathway in the Sacramento region, Republic FC’s academy provides unique opportunities for players to access professional environments, premier coaches, elite competition and more.

Over 30 players have joined the professional ranks in domestic and global leagues, including the eight who have signed professional contracts to play for their hometown team. Nearly 50 players have earned the opportunity to train and compete with the First Team through USL Academy contracts, while over 100 have gone on to play for Division I colleges. ★

UC Davis Welcomes Zyhira Jones as New STUNT Assistant Coach

UC Davis Athletics News Release

DAVIS, CA (MPG) - UC Davis STUNT is strengthening its coaching staff with the addition of Assistant Coach Zyhira Jones. A former collegiate STUNT athlete and experienced head coach with a proven track record of program building and athlete development.

Jones arrives in Davis after founding and directing the inaugural STUNT program at West Park High School in Roseville, Calif. Over her six years, she built the program into a regional power, expanding the roster from 13 to more than 30 athletes while leading the team to three consecutive California STUNT State Championship appearances, two League Championships and two CIF Section runner-up finishes. During her time at West Park, Jones developed over 10 athletes who advanced to play at the collegiate level.

“Zyhira brings a level of expertise and experience that will be incredibly valuable as we build this program from the ground up. She has a proven ability to develop athletes, establish a strong team culture and build a program from its foundation into one of the most competitive high school STUNT programs in the state of California,” said UC Davis STUNT Head Coach Brittany Lampson. “Her experience leading a program through that growth process gives her a unique perspective that will translate directly to what we are building here at the Division I level. I'm excited to have her on our coaching staff and know that her knowledge, passion, and commitment to STUNT will play a huge role in helping us establish the foundation for this program and create something special from day one!”



Zyhira Jones has been named assistant coach of the Division I STUNT team at UC Davis. Photo courtesy of UC Davis Athletics

Before her time at West Park, Jones served as the head cheer coach at Del Campo High School (2018–20) and Encina High School (2017–18), overseeing practice planning, routine development and program administration.

“I'm so excited to join UC Davis and have the opportunity to help build the STUNT program at the Division I level,” Jones said. “I've had the unique experience of being part of a collegiate STUNT program from the beginning and then later building a high school program from the ground up, so getting to be part of another program's first chapter feels really special to me. I'm excited to bring what I've learned as both an athlete and a coach to UC Davis, help develop our student-athletes, and build a program that we can all be proud of. I'm really honored to be part of the start of this program and can't wait to see what we build together. Let's go Aggies!”

As a collegiate student-athlete, Jones competed for Concordia University Irvine from 2013 to 2016 as a member of CUI’s inaugural STUNT program. She graduated from Concordia University Irvine in 2016 with a Bachelor of Arts in biology. ★

State Fair Junior Championship Crowns 2026 Winners at Haggin Oaks

Sacramento Golf Council News Release

SACRAMENTO, CA (MPG) - The State Fair Junior Championship for boys and girls ages 7 to 18 was held Saturday, Aug. 26, at Haggin Oaks Golf Complex. Players ages 12 to 18 competed on the Alistair MacKenzie 18-hole course, while the 7 to 11 division played nine holes on Arcade Creek.

In the boys 14 to 18 division, Kees Hoogendyk captured the overall title with a 68 score in the boys 16 to 18 division.

In the girls 14 to 18 division, Melody Chen won the overall championship from the 14 to 15 division.

Other division highlights included boys 16 to 18 winner, Amani Asghar scored 70; girls 16 to 18 winner, Khloe Chao scored 73; boys 14 to 15 winner, Ricky Soe scored 71; and girls 14 to 15 winner, Elise Lim scored 74.

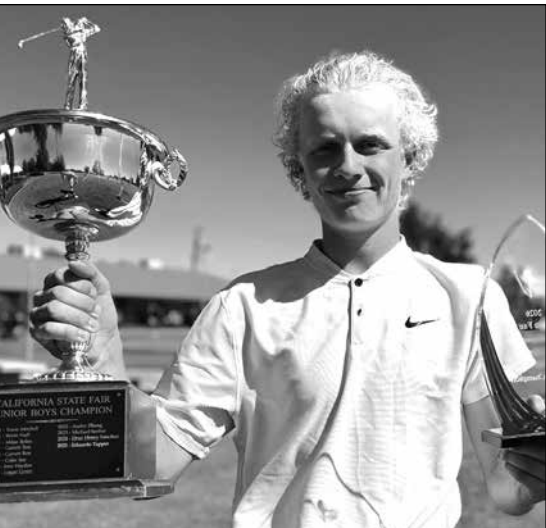
Boys 12 to 13 winner, Rishan Dey scored 71; girls 12 to 13 winner, Zoe Yu scored 73; boys 10 to 11 winner, Joseph Alastair scored 38, winning in a play-off against Carter Cedillo. And girls 10 to 11 winner, Livy Woodward scored 37.

Lastly, Boys 7 to 9 winner, Chung-Kuang Chang scored 36 and the girls 7 to 9 winner, Olivia Villajoquin scored 37.

The tournament was hosted by the Sacramento Golf Council under the direction of Council President and Tournament Chairman Mark Perry. ★



In the girls 14 to 18 division, Melody Chen won the overall championship from the 14 to 15 division. Photo courtesy of Sacramento Golf Council



In the boys 14 to 18 division, Kees Hoogendyk captured the overall title with a 68 score in the boys 16 to 18 division. Photo courtesy of Sacramento Golf Council

Kings Korner

By V.G. Harris

Welcome Ben Simmons

By V.G. Harris

Many of you have now been Sacramento Kings fans for literally decades, and discussions of playoffs have been a topic rarely heard in the city of Sacramento.

Enter new GM Scott Perry who has been promising changes with regard to bad drafts and trades that don’t make sense.

Although Perry has made a couple of moves that I strongly disagree with, the jury is largely still out as he has begun in earnest his quote, “rebuild.”

DeAaron Fox was traded not on his watch, but make no mistake about it, the decision to bring on the first overall pick in the 2016 draft is all about Scott Perry.

Sink or swim, the acquisition of Ben Simmons, albeit for only one year and a price tag of only 3.5 million, lands entirely in the lap of Scott Perry.

Just a week ago in this column I wrote that the possibility existed that the Kings may have interest in signing Simmons, who has had a checkered past to say the least, and now the suspense is over, and Ben Simmons is now about to become a full-fledged member of the Sacramento Kings family.

I am an ardent believer that any player attempting a comeback deserves his opportunity to allow the fan base see what he has in the tank, and I for one will not root against this player that has literally been injury prone for the entirety of his 10-year NBA career.

It is rare that an organization has the opportunity to acquire a player drafted No. 1 overall, and in the case of 6-foot-10 Ben Simmons he is coming to the Kings after sitting out the entire 2025-26 season.

The prevailing problem has been related to back issues for Simmons, but according to Simmons himself, he wasn’t going to try and mount a comeback until he was “bulletproof.”

The Kings recently worked out Simmons in Sacramento, and he had a meeting with Scott Perry that obviously went well.

Simmons stats are not eyepopping, but certainly worthy of taking note. Over a 10-year career spent with three teams, Simmons had a scoring average of just over 13 points per game, seven rebounds, seven

assists and 1.5 steals.

To his credit, although most widely noted for missing games due to injury, Simmons made the all-star team one time, and in 2021 was runner up for the defensive player of the year.

Aside from the perpetual injury bug, if there is one knock on this otherwise talented big man, it is his abysmal free throw shooting.

At an astonishing low 59 percent, he brings back memories of another talented big man who couldn’t make free throws by the name of Wilt Chamberlain. Wilt shot an almost unbelievable 51 percent from the charity strip, and like Shaquille Oneal he was known for his inability to make free throws when it counted.

Sadly, Ben Simmons is coming to a team that is typically dead last in free throw shooting, so who on the Kings team is going to step up and teach this 10-year veteran how to improve in an area that he clearly knows little about?

The Kings coaching staff?

If you thought all eyes were on Darius Acuff Jr., wait till you see Ben Simmons take the floor for the Sacramento Kings.

As I said before, I refuse to root against Simmons regardless of past problems, and I don’t believe the Kings would sign him to a contract of any length if they thought he wasn’t 100 percent healthy.

I want to close my eyes and imagine what a healthy Ben Simmons looks like playing alongside Domantas Sabonis, with a talented rookie point guard distributing the ball, and two capable three-point shooters on the wings in Zach Lavine and Keegan Murray.

Does this new lineup have potential? Absolutely it does, and once again it boils down to staying away from injuries and allowing a group of very talented players to develop chemistry and do what they do.

If you’re an ardent Kings fan it’s almost impossible not to get excited.

Look for an opening night that Sacramento hasn’t seen in years, and all of a sudden ticket sales just went up!

Stay tuned Kings fans because there is more to come.

All the best!

★

California’s Political Hopefuls Remain Silent on State’s Job Losses, Unemployment



By Dan Walters,
CALMatters.org

In two months California voters will elect a governor, fill several other statewide offices and choose a new class of state legislators and members of Congress.

The aspirants for those positions are making all sorts of promises to win voters’ approval. But few, if any, have mentioned a slow-motion menace affecting a fundamental facet of life: jobs.

The state has never fully recovered from the virtual shutdown of the economy during the COVID-19 pandemic. It still has more than a million unemployed workers. Its unemployment rate continues to be the highest, or nearly so, of any state. And its signature economic sectors, such as high tech and film production, have been shedding jobs for several years.

As ominous as those data points sound, a deeper dive into employment data reveals an even darker reality.

“California’s labor market is holding up, but its foundations remain troublingly narrow,” Justin Niakamal, research manager at Beacon Economics, said in a recent overview of the state’s economy. Healthcare is the only sector with strong employment gains, he noted.

While healthcare jobs are welcome, they are highly dependent on spending by

federal and state governments, and both have been cutting back. Moreover, while healthcare is a service industry, it does not create added-value wealth the way technology, film production and agriculture do.

Back to the data.

California’s stubbornly high unemployment rate — 5.1% in July — was second-highest among the states, behind Connecticut and Oregon, both at 5.2%. The rate is the percentage of the labor force that is not employed, even in part-time work, during the month.

The size of the labor force, as well as the unemployment figure, are important to note. Over the previous year, California’s labor force — people who are working or seeking work — declined by 286,300, according to the monthly Employment Development Department report.

To some extent, the labor force decline masks the actual decline in employment. Moreover, the widely quoted unemployment figure is simplistic: Even if someone is paid for working just a few hours in a month, he or she is counted as employed.

The federal Bureau of Labor Statistics makes several other computations of employment that are more sophisticated. One, called U-6, measures underemployment. It takes into account workers who want to work full time but can only find part-time work, as well as those who are “marginally attached” to the labor force.

California’s U-6 rate is a much more realistic measure of the job picture. It was calculated at 10.3% in June, easily the highest of any state.

The bureau also calculated

U-6 for New York City and Los Angeles County because their populations are larger than many states. New York’s rate was 10.2% while Los Angeles’ was 12.1%.

Those are high numbers but may still understate what’s happening — or not — in California’s job market.

The Ludwig Institute for Shared Economic Prosperity takes the U-6 underemployment calculation even further. It discounts jobs, even full-time work, that pay less than a living wage, which it pegs at \$26,000 a year. It calls its number the “true rate of unemployment,” saying it measures “functional unemployment.”

As one might suspect, Ludwig’s calculations for California — reported by major metropolitan area — are very high, especially in rural communities where agriculture is a primary source of jobs.

California’s highest “true unemployment” rate, according to Ludwig, is in Redding (67.4%). Other rural or semi-rural communities fall into the 50%-65% range. But some urban regions see high rates as well, such as 53.8% in the Los Angeles-Long Beach-Anaheim metropolitan area.

Only a few regions are under 50%.

Given these numbers, one might expect that California’s officeholders and office seekers would be telling us how they will respond. They are not.

Dan Walters is one of the most decorated and widely syndicated columnists in California history, authoring a column four times a week that offers his view and analysis of the state’s political, economic, social and demographic trends.

★

Social Security Matters

Why change Social Security now? It’s a working “Ponzi



By Russell Gloor,
AMAC Certified Social Security Advisor

Dear Rusty: Maybe everybody has the same reaction that I do to Social Security insolvency. I do not understand a system that has been basically run like a Ponzi Scam since its Inception; why have you decided (in 2026-2027) that now is the time to change a perfectly good Ponzi Scam. In all reality, this began with Babylon. I’m sure that if you searched the meaning of the words “Babylonian money magic,” you would understand what I’m talking about. If this is as good as the Earth has, why would you mess with a perfectly rotten thing. Why would you decide to change currencies to some sort of fragile digital currency? **Signed: Skeptical Senior**

Dear Skeptical Senior: You touch on an item that the AMAC Foundation has dealt with many times over the years, specifically the notion that Social Security has the characteristics of a Ponzi Scheme. Our position in response to that notion is that Social Security was created and operated with full transparency, with its financial

status, formulas, and long-term deficits completely and publicly documented, and reported to the President and Congress annually. Unlike the infamous Charles Ponzi, the government has a permanent pool of contributors through mandatory FICA and SECA (self-employment) payroll taxes and is designed to remain in operation infinitely as long as there’s a taxpaying workforce. Moreover, the Social Security system is overseen by Congress, specifically the Senate Finance Committee and the House Ways and Means Committee, and the Government Accountability Office (GAO). The Social Security Administration is subject to routine hearings by these congressional overseers and maintains an independent Office of the Inspector General to ensure the integrity of its financial operations.

Contrary to Ponzi victims, all participants retiring from the workforce (and their dependents) recover their Social Security contributions via benefit payments, some more than others based on their level of participation in the system. Also, contrary to Ponzi Schemes, Social Security was designed as a social insurance system and has operated successfully in that mode for over nine decades.

What raises the notion of a Ponzi Scheme comparison these days is the looming insolvency facing Social Security just six

years from now. This financial problem, however, has nothing to do with fraud. Rather, it is a function of workforce demographics and the fact that Congress has long deferred corrective action on a problem that has been known for the past four decades. We sometimes hear well intended (but sometimes uninformed) comments from some Washington politicians invoking the Ponzi Scheme reference, but we believe that Congress is finally waking up to the urgency. And we also believe Congress is now starting to move seriously to set a course for correction in time to ward off the impact of insolvency. AMAC is proud to be a part of the collective thinking currently surfacing, and our Social Security Guarantee is in play as a plan to be considered.

We invite you to review our SS reform plan (at <https://amac.us/social-security-guarantee>) and likewise to stay tuned to our Social Security Report website (<https://socialsecurityreport.org/>) where we post regular updates on a variety of matters pertaining to Social Security and retirement.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation’s staff, trained and accredited by the National Social Security Association (NSSA).

★



President Trump’s tariffs aren’t popular, but he’s found a way to make them even less so -- a trade war with America’s most inoffensive ally.

When one thinks of countries that deserve to be subjected to a steady stream of insults (it’s Lake America now, not Lake Ontario) and a punishing regime of tariffs, Canada is far down the list.

Ottawa has been a loyal, if occasionally annoying, friend of the United States for nearly 100 years. The presence of a well-meaning country with similar values along the 5,000-mile border to our north is a gigantic geostrategic blessing, although one that is apparently lost on President Trump.

Both sides deserve blame for the breakdown in negotiations, but news reports suggest it was the U.S. that made additional demands at the 11th hour. Now both sides are imposing new duties on the other, and Trump is threatening 50% tariffs on all Canadian cars, trucks and parts beginning in the new year.

It is certainly true that we can impose more pain on the Canadians than they can on us and grind them down economically. We can also land the 101st Airborne in Nova Scotia. But why would we want to do it?

The contention with Canada is characteristic of Trump’s economically

A Foolhardy Conflict with an Inoffensive Ally

senseless, legally dubious and politically harmful push to tariff everything and everyone he can.

Trump’s imposition of all these duties -- often relying on strained interpretations of U.S. statutes -- has run directly counter to his promise in the 2024 campaign to reduce prices, a pledge central to his victory. Although the administration maintains that the cost of tariffs isn’t passed on to U.S. consumers -- instead borne by foreign countries and producers -- its actions implicitly concede the opposite.

The administration excluded an array of consumer electronics from new reciprocal tariffs on China to avoid unpopular price increases, and it lifted tariffs on a long list of foodstuffs late last year. Twice this year, including about a week ago, the administration widened exceptions for beef imports. If tariffs were genuinely cost-free, none of this would have been deemed necessary by the most protectionist administration since that of Herbert Hoover.

A chief argument for tariffs is that they will revive American manufacturing. Even if this is true, it’s a long-term play, whereas the disruption from tariffs is experienced immediately. It’s also a questionable proposition; increasing the price of imported goods used in manufacturing, which is the effect of the scattershot tariffs, doesn’t do U.S. producers any favors. It is telling that the National Association of Manufacturers opposes the sweeping tariffs.

Polling consistently

finds that the duties are unpopular. Majorities oppose Trump’s handling of the issue, and the public believes that the tariffs have increased prices and should be lowered. The trade war with Canada in particular fares poorly. A YouGov survey found that 62% of people oppose the imposition of 50% tariffs on many Canadian imports.

At the end of the day, Trump has chosen a long-standing ideological goal and his legacy over his short-term political standing. He has advocated for major tariffs for decades and has finally gotten them. They are likely to endure, even if they hurt now. His most probable Republican successor, J.D. Vance, presumably wouldn’t roll them back, and the Democratic candidate in 2028 might be equally protectionist. Regardless, it’s going to be difficult for future presidents to give up the revenue generated by the duties.

And so a president who campaigned on lowering prices has embraced a policy that, at the margins, increases them. Unless things are smoothed over with our Friendly Neighbor to the North, there will be more where that came from -- in a dispute with a country that no one considers an economic threat to the United States.

If the midterms end up sending a broad message of discontent, the tariffs will surely be a reason why.

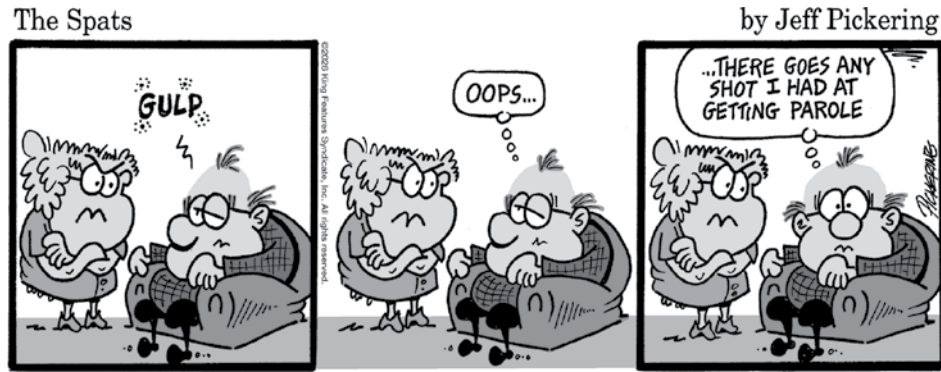
Rich Lowry is editor of the National Review.
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COMICS & PUZZLES

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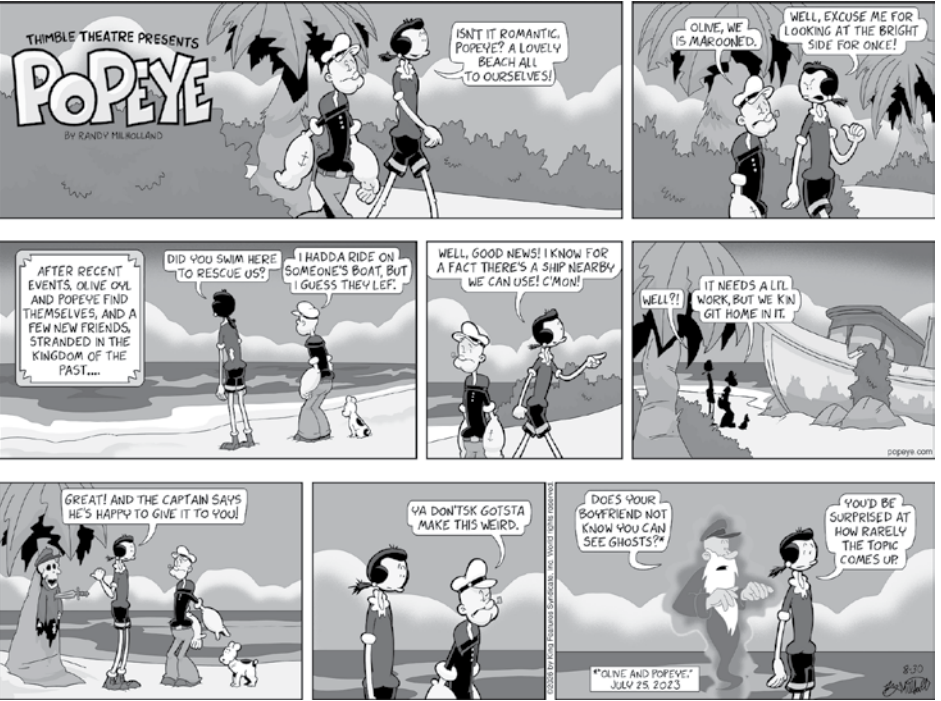
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THIMBLE THEATRE PRESENTS

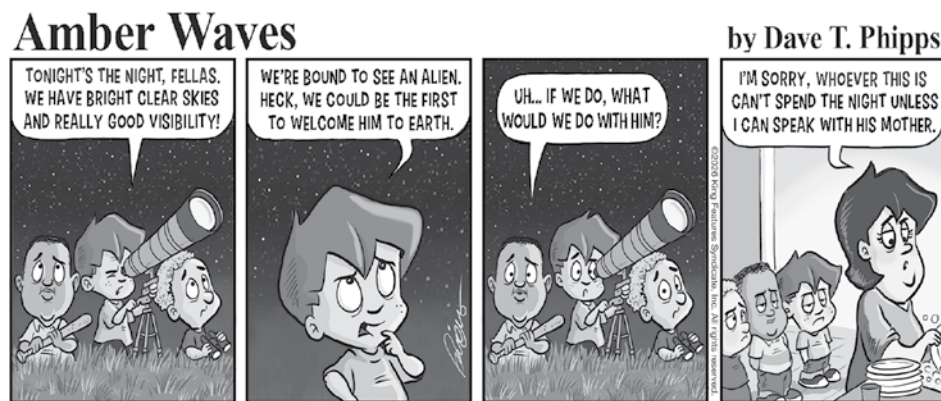
POPEYE

BY RANDY MILLBLAND



Amber Waves

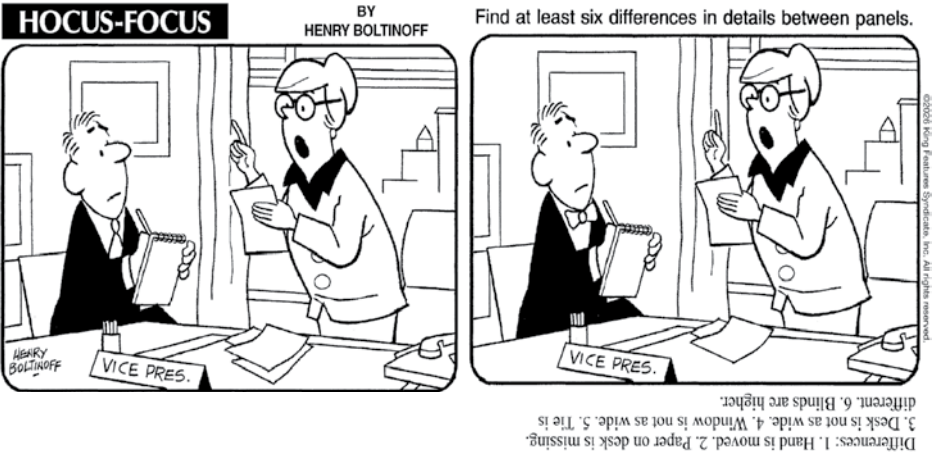
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Find at least six differences in details between panels.



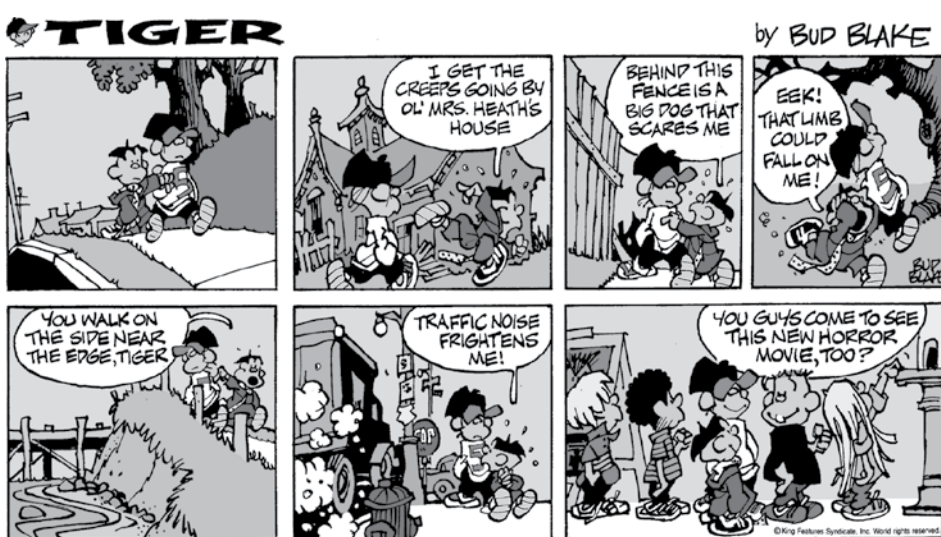
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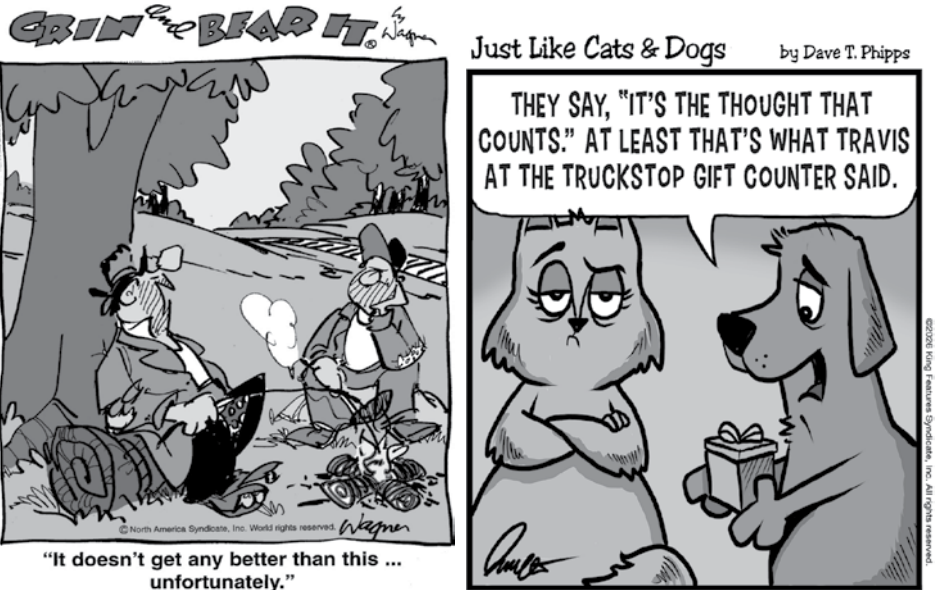
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GRIN AND BEAR IT

Just Like Cats & Dogs

by Dave T. Phipps



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CLUES

ACROSS

1. Give benediction

6. World's oldest broadcasting company, acr.

9. Hoodwink

13. H, spelled out

14. Have a cold, e.g.

15. Dogma

16. Raja's wife

17. Shel Silverstein's constrictor

18. Extreme, prefix

19. *"" my dear, I don't give a damn"

21. *""Why so ____?"

23. "High" beverage

24. Fairytale's second word

25. "Swan Lake" step, e.g.

28. Potassium hydroxide solution, pl.

30. Nincompoop

35. Month of Purim

37. At any time

39. Coastal town in southern England

40. Flick part

41. 4 x 4 race

43. Like most Brothers Grimm stories

44. "Peer Gynt" playwright

46. Actress Campbell

47. Please do not delay, acr.

48. Experienced sailor (2 words)

50. Dispatched

52. a.k.a. Tokyo

53. Window guards

55. Beer faucet

57. *""I'm mad as hell, and I'm not going to take it ____"

61. *""What we've got here is ____ to communicate"

65. Like United States Capitol

66. Food safety org.

68. Ritual basin

69. Tooth trouble

70. Husk of corn

71. Sharks' domain

72. Fence board

73. Pastrami partner

74. Paper quantities

DOWN

1. Vomit

2. The one with pants on fire

3. Volcano in Sicily

4. *""I can smell the ____ of a woman... Honey oil, lavender, soap"

5. Israeli monetary unit

6. *""Hasta la vista, ____"

7. Life story, for short

8. Fastener

9. Hero shop

10. "Do ____ others..."

11. Paddington Bear's homeland

12. Airport postings, acr.

15. Rutabaga cousin

20. Extra sweatshirt, e.g.

22. Long period of time

24. No-good

25. *""We'll always have ____"

26. Hacienda brick

27. Mexican cuisine staple

29. *""She doesn't ____ go here"

31. Party garb?

32. Not better

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FICTITIOUS BUSINESS
NAME STATEMENTS

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06220
Valentin Vorobets, 5037 Kahn
Street, Carmichael, CA 95608
is doing business under the
Fictitious Business Name(s)
“Val Transportation” 5037
Kahn Street, Carmichael, CA
95608. Filed with the Clerk of
Sacramento County August 7,
2026
Publish: August 21, 28, Sept 4, 11, 2026
VAL 9-11-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-05740
Phillip Wayne Derbigny, 11852
Pyxis Circle, Rancho Cordova,
CA 95742 is doing business
under the Fictitious Business
Name(s) “Kettle Boyz” 11852
Pyxis Circle, Rancho Cordova,
CA 95742. Filed with the Clerk
of Sacramento County July 20,
2026
Publish: August 21, 28, Sept 4, 11, 2026
KETTLE 9-11-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-03977
Nita B Cruz, 1412 Passion
Lane, Fairfield, CA 94533 and
Maria Tamura, 736 Tillman
Drive, Stockton, CA 95206
are doing business under the
Fictitious Business Name(s)
“Sunflower Coffee Shop” 7500
Hospital Drive, Sacramento,
CA 95823. Filed with the Clerk
of Sacramento County May 19,
2026
Publish: August 21, 28, Sept 4, 11, 2026
SUNFLOWER 9-11-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-05898
Robert E. Beaudry, 12088 Gold
Pointe Lane, Gold River, CA
95670 is doing business under
the Fictitious Business Name(s)
“Beaudry Leadership Partners”
12088 Gold Pointe Lane, Gold
River, CA 95670. Filed with the
Clerk of Sacramento County July
27, 2026
Publish: August 21, 28, Sept 4, 11, 2026
BEAUDRY 9-11-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06235
Signed and Secured LLC, 4008
Batia Way, Rancho Cordova, CA
95742 is doing business under
the Fictitious Business Name(s)
“Signed and Secured CPPR”
1900 Danbrook Drive Unit 323,
Sacramento, CA 95835. Filed
with the Clerk of Sacramento
County August 10, 2026
Publish: August 21, 28, Sept 4, 11, 2026
SIGNED 9-11-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06208
MMG Apparel LLC, 7816
Nesting Cove Court, Antelope,
CA 95843 is doing business
under the Fictitious Business
Name(s) “Fog Lighthouse” 7816
Nesting Cove Court, Antelope,
CA 95843. Filed with the Clerk
of Sacramento County August
7, 2026
Publish: August 21, 28, Sept 4, 11, 2026
FOG 9-11-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06246
Car Key Replacement
Sacramento Inc, 180 S Lexington
Drive Apt 421, Folsom, CA
95630 is doing business under
the Fictitious Business Name(s)
“Car Key Experts” 180 S
Lexington Drive Apt 421,
Folsom, CA 95630. Filed with
the Clerk of Sacramento County
August 10, 2026
Publish: August 21, 28, Sept 4, 11, 2026
CAR 9-11-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06223
Filipp Tarasyuk, 2238 Waterford
Road, Sacramento, CA 95815
is doing business under the
Fictitious Business Name(s)
“FLT Transportation” 2238
Waterford Road, Sacramento,
CA 95815. Filed with the Clerk
of Sacramento County August
7, 2026
Publish: August 21, 28, Sept 4, 11, 2026
FLT 9-11-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06162
Islam Mejia Vargas, POB 181,
Elverta, CA 95626 is doing
business under the Fictitious
Business Name(s) “Elite
Services” 7813 Lakeport Circle,
Elverta, CA 95626. Filed with
the Clerk of Sacramento County
August 6, 2026
Publish: August 21, 28, Sept 4, 11, 2026
ELITE 9-11-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-04531
Samarveer Singh, 3277 Garden
Terrace Drive, Folsom, CA
95630 is doing business under
the Fictitious Business Name(s)
“M & A Web Solutions” 3277
Garden Terrace Drive, Folsom,
CA 95630. Filed with the Clerk
of Sacramento County June 10,
2026
Publish: August 21, 28, Sept 4, 11, 2026
WEB 9-11-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06083
OCD Mobile Solutions LLC,
10265 Old Placerville Road #25,
Sacramento, CA 95827 is doing
business under the Fictitious
Business Name(s) “J’s Street
Beats” 10265 Old Placerville
Road #25, Sacramento, CA
95827. Filed with the Clerk of
Sacramento County July 31,
2026
Publish: August 21, 28, Sept 4, 11, 2026
JS 9-11-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06161
Richard DeSantis, 8104 Filifera
Way, Antelope, CA 95843 and
Kevin Hanawalt, 11134 Cascina
Way, Rancho Cordova, CA
95670 are doing business under
the Fictitious Business Name(s)
“RMD Hanawalt Construction”
11134 Cascina Way, Rancho
Cordova, CA 95670. Filed with

the Clerk of Sacramento County
August 6, 2026
Publish: August 21, 28, Sept 4, 11, 2026
RMD 9-11-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-05947
Carmen Peralta Bedoy, 608
Norma Court, Sacramento, CA
95833 is doing business under
the Fictitious Business Name(s)
“V & S Auto Keys” 608 Norma Court,
Sacramento, CA 95833. Filed with
the Clerk of Sacramento County
July 28, 2026
Publish: August 21, 28, Sept 4, 11, 2026
AUTO 9-11-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-05506
Mona Ghaffarian Maghoul, 9580
Oak Avenue Parkway Suite
7-299, Folsom, CA 95630 is do-
ing business under the Fictitious
Business Name(s) “MGH
Company” 9580 Oak Avenue
Parkway Suite 7-299, Folsom,
CA 95630. Filed with the Clerk
of Sacramento County July 16,
2026
Publish: August 21, 28, Sept 4, 11, 2026
MGH 9-11-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06291
Roots of Integration, LLC, 2110
K Street, Sacramento, CA
95816 is doing business under
the Fictitious Business Name(s)
“Atma Somatics” 2110 K Street,
Sacramento, CA 95816. Filed
with the Clerk of Sacramento
County August 12, 2026
Publish: August 21, 28, Sept 4, 11, 2026
ATMA 9-11-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06285
Hazak LLC, 8920 Bedford
Avenue, Fair Oaks, CA 95628
is doing business under the
Fictitious Business Name(s)
“Trek Off” 8920 Bedford Avenue,
Fair Oaks, CA 95628. Filed with
the Clerk of Sacramento County
August 12, 2026
Publish: August 21, 28, Sept 4, 11, 2026
TREK 9-11-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06272
Natalia Voloshina, 15 El Conde
Court, Sacramento, CA 95833
is doing business under the
Fictitious Business Name(s)
“Natalia’s Cleaning Services” 15
El Conde Court, Sacramento,
CA 95833. Filed with the Clerk
of Sacramento County August
11, 2026
Publish: August 21, 28, Sept 4, 11, 2026
NATALIAS 9-11-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06271
Inna Babich, 3113 Stanhope
Way, Sacramento, CA 95833
is doing business under the
Fictitious Business Name(s)
“Inna Clean Co.” 3113 Stanhope Way,
Sacramento, CA 95833. Filed
with the Clerk of Sacramento
County August 11, 2026
Publish: August 21, 28, Sept 4, 11, 2026
INNA 9-11-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06316
Ivan Efrén Herrera, 3335 B Watt
Avenue #171, Sacramento CA
95821 is doing business under
the Fictitious Business Name(s)
“AA Garage Doors/AAA Garage
Doors” 3529 Ridgewood Way,
Sacramento, CA 95821. Filed
with the Clerk of Sacramento
County August 13, 2026
Publish: August 21, 28, Sept 4, 11, 2026
AA 9-11-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06184
RJ & AJ Enterprises, 10266
Rockingham Drive, Sacramento,
CA 95827 is doing business
under the Fictitious Business
Name(s) “MJM Supply/DVBE
Staffing” 10266 Rockingham
Drive, Sacramento, CA
95827. Filed with the Clerk of
Sacramento County August 6,
2026
Publish: August 21, 28, Sept 4, 11, 2026
MJM 9-11-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06369
Brian Bigelow, 4801 El Camino
Avenue B, Carmichael, CA
95608 is doing business under
the Fictitious Business Name(s)
“Bigelow Construction” 4801 El
Camino Avenue B, Carmichael,
CA 95608. Filed with the Clerk
of Sacramento County August
14, 2026
Publish: August 21, 28, Sept 4, 11, 2026
BIGELOW 9-11-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06357
Aaron Toto, 8111 Cook Riolo
Road, Antelope, CA 95843 is do-
ing business under the Fictitious
Business Name(s) “Aaron
Brothers Home Services” 8111
Cook Riolo Road, Antelope, CA
95843. Filed with the Clerk of
Sacramento County August 14,
2026
Publish: August 28, Sept 4, 11, 18, 2026
AARON 9-18-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06373
Valeriya Timoshenko, 8015
Watt Avenue, Antelope, CA
95843 is doing business under
the Fictitious Business Name(s)
“European Market and Deli”
8015 Watt Avenue, Antelope,
CA 95843. Filed with the Clerk
of Sacramento County August
14, 2026
Publish: August 28, Sept 4, 11, 18, 2026
EUROPEAN 9-18-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06314
Ryan Robinson, 3363
Hayground Way, Sacramento,
CA 95835 is doing business
under the Fictitious Business
Name(s) “Grain & Light Studio/
Grain & Light” 3363 Hayground
Way, Sacramento, CA
95835. Filed with the Clerk of
Sacramento County August 13,
2026
Publish: August 28, Sept 4, 11, 18, 2026
GRAIN 9-18-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-05482
Seven Enterprise LLC, 5044
Madison Avenue, Sacramento,
CA 95841 is doing business
under the Fictitious Business
Name(s) “The UPS Store” 5044
Madison Avenue, Sacramento,
CA 95841. Filed with the Clerk
of Sacramento County July 15,
2026
Publish: August 28, Sept 4, 11, 18, 2026
THE 9-18-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06302
Brandon Shawn Mok,
915 Cobble Shores Drive,
Sacramento, CA 95831 is do-
ing business under the Fictitious
Business Name(s) “Fresh
Paws Company” 915 Cobble
Shores Drive, Sacramento, CA
95831. Filed with the Clerk of
Sacramento County August 12,
2026
Publish: August 28, Sept 4, 11, 18, 2026
FRESH 9-18-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-05147
Erin Heliopio, 1401 21st Street
#12552, Sacramento, CA 95811
is doing business under the
Fictitious Business Name(s)
“Cranium Care” 1401 21st Street
#12552, Sacramento, CA
95811. Filed with the Clerk of
Sacramento County July 6, 2026
Publish: August 28, Sept 4, 11, 18, 2026
CRANIUM 9-18-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-04993
Sodi Singh, 9126 Kristina Court,
Sacramento, CA 95829 is doing
business under the Fictitious
Business Name(s) “Sodi
Trucking” 9126 Kristina Court,
Sacramento, CA 95829. Filed
with the Clerk of Sacramento
County June 25, 2026
Publish: August 28, Sept 4, 11, 18, 2026
SODI 9-18-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06258
Auburn Villa, LLC, 710 Lakeway
Drive Suite 180, Sunnyside, CA
94085 is doing business under
the Fictitious Business Name(s)
“Auburn Villa Mobile Home &
RV Park/Auburn Villa Mobile
Home Park/Auburn Villa RV
Park/Auburn Villa MHP/Auburn
Villa” 5867 Auburn Boulevard,
Sacramento, CA 95841. Filed
with the Clerk of Sacramento
County August 11, 2026
Publish: August 28, Sept 4, 11, 18, 2026
AUBURN 9-18-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06398
Ivan Otsimik, 5845 Del Campo
Lane, Carmichael, CA 95608
is doing business under the
Fictitious Business Name(s)
“MegaCheB” 5845 Del
Campo Lane, Carmichael, CA
95608. Filed with the Clerk of
Sacramento County August 17,
2026
Publish: August 28, Sept 4, 11, 18, 2026
MEGACHEB 9-18-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06437
VP Specialty Inc., 2301 West La
Loma Drive, Rancho Cordova,
CA 95670 is doing business
under the Fictitious Business
Name(s) “Victor Pools/VP
Enterprises” 2301 West La
Loma Drive, Rancho Cordova,
CA 95670. Filed with the Clerk
of Sacramento County June 16,
2026
Publish: August 28, Sept 4, 11, 18, 2026
VICTORS 9-18-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06033
Miles McDonald, 7741 Reno
Lane, Citrus Heights, CA 95610
is doing business under the
Fictitious Business Name(s) “Mr
Basset’s USA” 7741 Reno Lane,
Citrus Heights, CA 95610. Filed
with the Clerk of Sacramento
County July 30, 2026
Publish: August 28, Sept 4, 11, 18, 2026
MR 9-18-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06431
TINKU Holdings LLC, 7521
Malva Rosa Way, Sacramento,
CA 95829 is doing business
under the Fictitious Business
Name(s) “Venue at Folsom
Junction” 1301 Bidwell Street,
Folsom, CA 95630. Filed with
the Clerk of Sacramento County
August 18, 2026
Publish: August 28, Sept 4, 11, 18, 2026
VENUE 9-18-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06257
Michael Prestwich, 2711 Tioga
Way, Sacramento, CA 95821
is doing business under the
Fictitious Business Name(s)
“Knight Automotive” 2711
Tioga Way, Sacramento, CA 95821.
Filed with the Clerk of
Sacramento County August 11,
2026
Publish: August 28, Sept 4, 11, 18, 2026
KNIGHT 9-18-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06479
Thi Hong Ha Nguyen and
Marcos Edo Giral, 210 Bill Bean
Circle, Sacramento, CA 95835
are doing business under the
Fictitious Business Name(s)
“Hong Ha. Travel” 210 Bill
Bean Circle, Sacramento, CA
95835. Filed with the Clerk of
Sacramento County August 20,
2026
Publish: August 28, Sept 4, 11, 18, 2026
HONG 9-18-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06452
Gustavo Baldaras Gutierrez,
611 Charles Bradley Way,
Sacramento, CA 95838 is
doing business under the
Fictitious Business Name(s)
“3B Construction” 611 Charles
Bradley Way, Sacramento, CA
95838. Filed with the Clerk of
Sacramento County August 19,
2026
Publish: August 28, Sept 4, 11, 18, 2026
CONSTRUCTION 9-18-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06499
Michael Hatfield, 10265
Old Placerville Road #25,
Sacramento, CA 95827 is do-
ing business under the Fictitious
Business Name(s) “J’s Street
Beats/OCD Mobile Solutions”
10265 Old Placerville Road #25,
Sacramento, CA 95827. Filed
with the Clerk of Sacramento
County August 20, 2026
Publish: August 28, Sept 4, 11, 18, 2026
JS 9-18-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06268
New Day Bake Shop LLC, 7643
Van Maren Lane, Citrus Heights,
CA 95621 is doing business
under the Fictitious Business
Name(s) “New Day Bake Shop”
7643 Van Maren Lane, Citrus
Heights, CA 95621. Filed with
the Clerk of Sacramento County
August 11, 2026
Publish: August 28, Sept 4, 11, 18, 2026
NEW 9-18-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06470
Phatcharin Jumpasom, 2530 J
Street, Sacramento, CA 95816
is doing business under the
Fictitious Business Name(s)
“Maneeya Thai Massage”
2530 J Street, Sacramento, CA
95816. Filed with the Clerk of
Sacramento County August 19,
2026
Publish: August 28, Sept 4, 11, 18, 2026
MANEEYA 9-18-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06460
PBRE, Inc., 2055 Red Star Court,
Gold River, CA 95670 is doing
business under the Fictitious
Business Name(s) “Gold River
Homes” 2055 Red Star Court,
Gold River, CA 95670. Filed with
the Clerk of Sacramento County
August 19, 2026
Publish: August 28, Sept 4, 11, 18, 2026
GOLD 9-18-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06448
Specialized Maintenance
Services LLC, 1960 Blue Oaks
Boulevard 190-6, Roseville, CA
95747 is doing business under
the Fictitious Business Name(s)
“OCS/Olvera Cleaning Services”
164 La Vina Court, Roseville, CA
95747. Filed with the Clerk of
Sacramento County August 18,
2026
Publish: August 28, Sept 4, 11, 18, 2026
OCS 9-18-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06440
Nancy Bonequi, 9028 Pear
Orchard Court, Orangevale, CA
95662 is doing business under
the Fictitious Business Name(s)
“Smokin Good Co./Char &
Chill Lemonade” 9028 Pear
Orchard Court, Orangevale, CA
95662. Filed with the Clerk of
Sacramento County August 18,
2026
Publish: September 4, 11, 18, 25, 2026
SMOKIN 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06546
Jessica Thompson, 9108
Castlebar Way, Sacramento,
CA 95826 is doing business
under the Fictitious Business
Name(s) “The Secondhand Trail
Series” 9108 Castlebar Way,
Sacramento, CA 95826. Filed
with the Clerk of Sacramento
County August 21, 2026
Publish: September 4, 11, 18, 25, 2026
THE 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06503
Irina Molkova, 6807 Barbara
Lee Circle, Sacramento, CA
95842 is doing business under
the Fictitious Business Name(s)
“M. Depilation Studio” 9739 Fair
Oaks Boulevard Suite D Room
3, Fair Oaks, CA 95628. Filed
with the Clerk of Sacramento
County August 20, 2026
Publish: September 4, 11, 18, 25, 2026
DEPILATION 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06304
Cuddle Crew Pet Care
LLC, 2108 N Street Suite N,
Sacramento, CA 95816 is do-
ing business under the Fictitious
Business Name(s) “Cuddle Crew
Pet Care” 2108 N Street Suite N,
Sacramento, CA 95816. Filed
with the Clerk of Sacramento
County August 12, 2026
Publish: September 4, 11, 18, 25, 2026
CUDDLE 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06318
Piece of Mai, LLC, 8286 Yorkton
Way, Sacramento, CA 95829
is doing business under the
Fictitious Business Name(s)
“Piece of Mai” 8286 Yorkton Way,
Sacramento, CA 95829. Filed
with the Clerk of Sacramento
County August 13, 2026
Publish: September 4, 11, 18, 25, 2026
PIECE 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06539
Town Logic, 3220 San Jose
Way, Sacramento, CA 95817
is doing business under the
Fictitious Business Name(s)
“On The Wagon/Sans Proof” 3220
San Jose Way, Sacramento,
CA 95817. Filed with the Clerk
of Sacramento County August
21, 2026
Publish: September 4, 11, 18, 25, 2026
ON 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06552
Jessica Martinez, 6732 Calvine
Road, Sacramento, CA 95823
is doing business under the
Fictitious Business Name(s)
“Bubbles Batch” 6732 Calvine
Road, Sacramento, CA 95823.
Filed with the Clerk of Sacramento
County August 24, 2026
Publish: September 4, 11, 18, 25, 2026
BUBBIES 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06500
Josh Urbano PO Box 493,

Carmichael, CA 95609 and
Kimberly Urbano, 7610 Scenic
Court, Fair Oaks, CA 95628
are doing business under the
Fictitious Business Name(s)
“Live Fire & Smoke” 7610
Scenic Court, Fair Oaks, CA
95628. Filed with the Clerk of
Sacramento County August 20,
2026
Publish: September 4, 11, 18, 25, 2026
LIVE 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06569
VEC Property Investments,
LLC, 2376 Fair Oaks Boulevard,
Sacramento, CA 95825 is
doing business under the
Fictitious Business Name(s)
“Freeport Bakery” 2966 Freeport
Boulevard, Sacramento, CA
95818. Filed with the Clerk of
Sacramento County August 24,
2026
Publish: September 4, 11, 18, 25, 2026
FREEPORT 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-03995
Brandon Overman, 225 South
Sixth Street, Suite 4500,
Minneapolis, MN 55402 is do-
ing business under the Fictitious
Business Name(s) “Cornerstone
Planning Partners” 225 South
Sixth Street, Suite 4500,
Minneapolis, MN 55402. Filed
with the Clerk of Sacramento
County May 20, 2026
Publish: September 4, 11, 18, 25, 2026
CORNERSTONE 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06462
John Corso, 3003 NW Cello
Lane, Bend, OR 97703 is doing
business under the Fictitious
Business Name(s) “Willow
Glen Apartments” 7474 La
Macha Way, Sacramento, CA
95823. Filed with the Clerk of
Sacramento County August 19,
2026
Publish: September 4, 11, 18, 25, 2026
WILLOW 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06540
Yaroslav Drannikov and Olha
Drannikova, 2796 Catania
Way, Sacramento, CA 95826
is doing business under the
Fictitious Business Name(s)
“Euroluxceilings” 2796 Catania
Way, Sacramento, CA
95826. Filed with the Clerk of
Sacramento County August 21,
2026
Publish: September 4, 11, 18, 25, 2026
EURO 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06425
Primos Auto Insurance Services
Inc., 747 El Monte Way,
Dinuba, CA 93618 is doing
business under the Fictitious
Business Name(s) “Primos
Auto Insurance” 7062 Sunrise
Boulevard, Citrus Heights, CA
95610. Filed with the Clerk of
Sacramento County June 18,
2026
Publish: September 4, 11, 18, 25, 2026
PRIMOS 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06445
Delyc L. Steffy, 3005 5th Avenue,
Sacramento, CA 95817 is doing
business under the Fictitious
Business Name(s) “Proven
Ground Real Estate/Proven
Ground RE/Proven Ground
Properties/Proven Ground Land
Company” 3005 5th Avenue,
Sacramento, CA 95817. Filed
with the Clerk of Sacramento
County August 18, 2026
Publish: September 4, 11, 18, 25, 2026
PROVEN 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06311
Nadia Buron, 5930 South Land
Park Drive #22311, Sacramento,
CA 95822 is doing business under
the Fictitious Business Name(s)
“AK Auto Detail” 7303 Pocket
Road, Sacramento, CA 95831.
Filed with the Clerk of Sacramento
County August 13, 2026
Publish: September 4, 11, 18, 25, 2026
AK 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06172
C & C Interiorscapes, Inc, 7324
Daly Avenue, Citrus Heights, CA
95621 is doing business under
the Fictitious Business Name(s)
“C & C Interiorscapes, Inc” 7324
Daly Avenue, Citrus Heights, CA
95621. Filed with the Clerk of
Sacramento County August 6,
2026
Publish: September 4, 11, 18, 25, 2026
INTERIOR 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06416
Pacific Africa LLC, 3545 Arden
Way #1115, Sacramento, CA
95864 is doing business under
the Fictitious Business Name(s)
“Pacific Africa/Africa Climate
X Nature Salon/Chalicity/
Remembered Futures” 3325
Eastern Avenue, Sacramento,
CA 95821. Filed with the Clerk
of Sacramento County August
18, 2026
Publish: September 4, 11, 18, 25, 2026
PACIFIC 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06457
Easy Community Day Program
LLC, 4208 N. Freeway
Boulevard, Sacramento, CA
95834 is doing business under
the Fictitious Business Name(s)
“Easy Community Day Program
LLC” 2307 Cashew Way,
Sacramento, CA 95834. Filed
with the Clerk of Sacramento
County August 19, 2026
Publish: September 4, 11, 18, 25, 2026
EASY 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06709
Open Path Property Services
LLC, 7077 Kingsmill Way, Citrus
Heights, CA 95610 is doing
business under the Fictitious
Business Name(s) “Open Path
Junk Removal & Demolition”
7077 Kingsmill Way, Citrus
Heights, CA 95610. Filed with

the Clerk of Sacramento County
August 27, 2026
Publish: September 4, 11, 18, 25, 2026
OPEN 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06699
International Church of the
Foursquare Gospel,

Legal Advertising
916-483-0946

Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 – February 7, 1984 • Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 – September 18, 1969
Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 – March 12, 2020 • The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 – March 21, 1988

LEGAL ADVERTISING

2508 Garfield Ave. • Ste. A
Carmichael, CA 95608

FICTITIOUS BUSINESS NAME STATEMENTS

Ortiz, 8102 Wachtel Way, Orangevale, CA 95662 are doing business under the Fictitious Business Name(s) "Wild Whiskers Beard Co." 8836 Greenback Lane Suite B, Orangevale, CA 95662. Filed with the Clerk of Sacramento County August 14, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
WILD 10-2-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-06370 Jaime Lopez De Los Santos, 5905 Green Glen Way, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Vazquez Arborist and Landscaping" 5905 Green Glen Way, Sacramento, CA 95842. Filed with the Clerk of Sacramento County August 14, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
VAZQUEZ 10-2-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-06637 Michelle Monee Olivera, 2711 lone Street, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Divine Fem Tarot888" 2711 lone Street, Sacramento, CA 95821. Filed with the Clerk of Sacramento County August 25, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
DIVINE 10-2-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-06715 Dauntless Family Counseling, Inc., 3336 Bradshaw Road Suite 340, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Dauntless Counseling" 3336 Bradshaw Road Suite 340, Sacramento, CA 95827. Filed with the Clerk of Sacramento County August 27, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
DAUNTLESS 10-2-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-06374 Nikzad Foods LLC, 882 El Camino Avenue, Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "Ancient Sun" 882 El Camino Avenue, Sacramento, CA 95815. Filed with the Clerk of Sacramento County August 14, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
ANCIENT 10-2-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-06556 TKO Metals, Inc., 3341 Fitzgerald Road, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "TKO Dumpster Rentals" 3341 Fitzgerald Road, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County August 24, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
TKO 10-2-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-05603 Stoney Folks Inc, 10415 Folsom Boulevard #105, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Stoney Folks Inc" 10415 Folsom Boulevard #105, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County August 18, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
STONEY 10-2-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-06543 Ed Dreher, 281 Lyman Circle, Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "EDX Realty Services" 281 Lyman Circle, Sacramento, CA 95835. Filed with the Clerk of Sacramento County August 21, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
EDX 10-2-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-05744 Rafiq Family LLC, 4626 Auburn Boulevard, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Mr. A's Tires & Auto Repair" 4626 Auburn Boulevard, Sacramento, CA 95841. Filed with the Clerk of Sacramento County July 20, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
MR 10-2-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-06789 Kimberly Jacqueline Austin and Darryl Wayne Austin, 9980 River Mist Way, Rancho Cordova, CA 95670 are doing business under the Fictitious Business Name(s) "Groovin Along Transportation" 9980 River Mist Way, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County August 31, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
GROOVIN 10-2-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-06856 Darcy Marie Soga, 15 Riverbrea Court, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s)

"House of the North Star" 15 Riverbrea Court, Sacramento, CA 95831. Filed with the Clerk of Sacramento County September 2, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
HOUSE 10-2-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-06781 Gazette Media Co., LLC, PO Box 816, Sacramento, CA 95812 is doing business under the Fictitious Business Name(s) "NCPP/Sac Media Consulting" 428 J Street Suite 400, Sacramento, CA 95814. Filed with the Clerk of Sacramento County August 31, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
NCPP 10-2-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-06772 My Little House Family Childcare LLC, 2370 Carlsbad Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "My Little House Family Childcare LLC" 2370 Carlsbad Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County August 31, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
MY 10-2-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-06881 Syed Faisal Rahman, 10940 White Rock Road Suite 210, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Black and White Law Office" 10940 White Rock Road Suite 210, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County September 3, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
BLACK 10-2-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-05240 Phil Schroeder, 3520 Welch Court, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "SacStageArts/SacArts Spotlight" 3520 Welch Court, Sacramento, CA 95821. Filed with the Clerk of Sacramento County July 8, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
SAC 10-2-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-06582 Karla Yaredit Zavala Lazaro, 1819 Merkley Avenue #2, West Sacramento, CA 95691 is doing business under the Fictitious Business Name(s) "K & Y Profesional Cleaning" 1819 Merkley Avenue #2, West Sacramento, CA 95691. Filed with the Clerk of Sacramento County August 24, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
CLEANING 10-2-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-06760 Teahya Bishop Fowler, 4912 Kenroy Way, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Wildflower BodyWork" 4912 Kenroy Way, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County August 31, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
WILDFLOWER 10-2-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-06811 Bibbies Grill LLC, 3645 Husch Way, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Northpeak Coffee" 3645 Husch Way, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County September 1, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
SCULPTED 10-2-26

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE NO. FBNF2024-03009 The following person(s) has/ have abandoned the use of the FICTITIOUS BUSINESS NAME of: Well Accounted Bookkeeping, 5801 Topp Court, Carmichael, CA 95608. Filed with the clerk of Sacramento County: August 18, 2026.
Publish: September 4, 11, 18, 25, 2026
WELL 9-25-26

ORDER TO SHOW CAUSE CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #26CV019102 Nathaniel Louise Heart has

filed a petition with this court for a decree changing the name(s) of Nathaniel Louise Heart to Nathaniel Isaac Bastian Fairweather.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on April 15, 2027, at 9:00 a.m. in Department 16C, located at 500 G Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: August 10, 2026 Christopher E. Krueger, Judge of the Superior Court
Publish: August 21, 28, Sept 4, 11, 2026
HEART 9-11-26

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#26CV017206 Mustafa Kadhim Taha and Doaa Basil Mohammed have filed a petition with this court for a decree changing the name(s) of Fatima Taha to Fatimah Mustafa Kadhim.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 25, 2027, at 9:00 a.m. in Department 16C, located at 500 G Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 16, 2026 Christopher E. Krueger, Judge of the Superior Court
Publish: August 21, 28, Sept 4, 11, 2026
MOHAMMED 9-11-26

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#26CV016996 Kyle William Young and Sydney Liza Young have filed a petition with this court for a decree changing the name(s) of Dylan Skylar Young to Skylar Delaney Young.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 18, 2027, at 9:00 a.m. in Department 16C, located at 500 G Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 14, 2026 Christopher E. Krueger, Judge of the Superior Court
Publish: August 21, 28, Sept 4, 11, 2026
YOUNG 9-11-26

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#26CV018972 Jennifer Anne Hauck Mahoney has filed a petition with this court for a decree changing the name(s) of Natalie June Mahoney to Natalie June Hauck-Mahoney.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 23, 2027, at 1:30 p.m. in Department 16D, located at 500 G Street, Sacramento CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: August 7, 2026 Richard K. Sueyoshi, Judge of the Superior Court
Publish: August 21, 28, Sept 4, 11, 2026
MAHONEY 9-11-26

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#26CV018517 Isac Alvarado has filed a petition with this court for a decree changing the name(s) of Isac Alvarado to Isac Zavala Alvarado.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 17, 2027, at 1:30 p.m. in Department 8C, located at 500 G Street, Sacramento CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 31, 2026 Richard C. Miadich, Judge of the Superior Court
Publish: August 21, 28, Sept 4, 11, 2026
ALVARADO 9-11-26

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#26CV014695 Inna, Sergeevna, Vinokurov has filed a petition with this court for a decree changing the name(s) of Inna, Sergeevna, Vinokurov to Inna Vino.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on January 20, 2027, at 1:30 p.m. in Department

8D, located at 500 G Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: June 17, 2026 Julie G. Yap, Judge of the Superior Court
Publish: August 21, 28, Sept 4, 11, 2026
VINOKUROV 9-11-26

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#26CV019525 Sandra Adams has filed a petition with this court for a decree changing the name(s) of Jordan Alexander Nesbit to Jordan Alexander Richardson.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on April 7, 2027, at 1:30 p.m. in Department 8C, located at 500 G Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: August 17, 2026 Richard C. Miadich, Judge of the Superior Court
Publish: August 28, Sept 4, 11, 18, 2026
ADAMS 9-18-26

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#26CV019672 Natalie Alexandra Lazo has filed a petition with this court for a decree changing the name(s) of Natalie Alexandra Lazo to Natalie Alexandra Lazo Spicer.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on April 14, 2027, at 1:30 p.m. in Department 8C, located at 500 G Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: August 19, 2026 Richard C. Miadich, Judge of the Superior Court
Publish: August 28, Sept 4, 11, 18, 2026
LAZO 9-18-26

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#26CV019125 Dad Mohammad Akrami has filed a petition with this court for a decree changing the name(s) of Dad Mohammad Akrami to Mohammad Akrami.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on April 5, 2027, at 1:30 p.m. in Department 8C, located at 500 G Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: August 5, 2026 Richard C. Miadich, Judge of the Superior Court
Publish: August 28, Sept 4, 11, 18, 2026
AKRAMI 9-18-26

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#26CV019142 Dawood Khan Akrami has filed a petition with this court for a decree changing the name(s) of Dawood Khan Akrami to Dawood Akrami.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 24, 2027, at 1:30 p.m. in Department 8D, located at 500 G Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: August 5, 2026 Julie G. Yap, Judge of the Superior Court
Publish: August 28, Sept 4, 11, 18, 2026
AKRAMI 9-18-26

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#26CV019525 Sandra Adams has filed a petition with this court for a decree changing the name(s) of Jordan Alexander Nesbit to Jordan Alexander Richardson.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on April 7, 2027, at 1:30 p.m. in Department 8C, located at 500 G Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: August 17, 2026 Richard C. Miadich, Judge of the Superior Court
Publish: August 28, Sept 4, 11, 18, 2026
ADAMS 9-18-26

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#26CV019993 Louis Cervantes Jr has filed a petition with this court for a decree changing the name(s) of Louis Cervantes Jr to Luis Guillermo Cervantez.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 6, 2027, at 9:00 a.m. in Department 16C, located

at 500 G Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: August 24, 2026 Christopher E. Krueger, Judge of the Superior Court
Publish: September 4, 11, 18, 25, 2026
CERVANTES 9-25-26

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#26CV018789 Christopher Garrett Niemeyer has filed a petition with this court for a decree changing the name(s) of Christopher Garrett Niemeyer to Christopher Garrett Glasgow.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on April 14, 2027, at 1:30 p.m. in Department 8D, located at 500 G Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: August 6, 2026 Julie G. Yap, Judge of the Superior Court
Publish: September 4, 11, 18, 25, 2026
NIEMEYER 9-25-26

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#26CV018752 Jaswant Singh, Sandeep Kaur has filed a petition with this court for a decree changing the name(s) of Rasleen Kajla to Rasleen Kaur.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 25, 2027, at 1:30 p.m. in Department 16D, located at 500 G Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: August 5, 2026 Richard Sueyoshi, Judge of the Superior Court
Publish: September 4, 11, 18, 25, 2026
KAUR 9-25-26

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#26CV020380 Leilani Kalona Casarez has filed a petition with this court for a decree changing the name(s) of Makoa Kauloa Mithras Sol Invictus Guadagnolo to Makoa Kauloa Casarez.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 6, 2027, at 9:00 a.m. in Department 16C, located at 500 G Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: August 26, 2026 Christopher E. Krueger, Judge of the Superior Court
Publish: Sept 11, 18, 25, Oct 2, 2026
CASAREZ 10-2-26

NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF IVORY LEE WEBB CASE NO. 26PR002341

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Ivory Lee Webb.

A Petition for Probate has been filed by Dwight Murphy Jr. in the Superior Court of California, County of Sacramento, requesting Dwight Murphy Jr. be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows September 30, 2026, 9:00 a.m. in Dept 126; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate

Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Dwight Murphy Jr., 3653 Far Niente Way, Sacramento, CA 95834; 925-382-9369
Publish: August 28, Sept 4, 11, 2026
WEBB 9-11-26

NOTICE OF PETITION TO ADMINISTER ESTATE OF HANA MARIE TRKOVSKY CASE NO. 26PR001795

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Hana Marie Trkovsky.

A Petition for Probate has been filed by Tonya Dee Gullo, in the Superior Court of California, County of Sacramento, requesting Faith Koby be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows September 29, 2026, 9:00 a.m. in Dept Probate, Room 126; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Tonya D. Gullo, 2515 Las Casas Way, Rancho Cordova, CA 95670; 951-378-2180
Publish: August 28, Sept 4, 11, 2026
TRKOVSKY 9-11-26

LIEN SALE

LIEN SALE 9/21/26 9AM AT 10148 IRON ROCK WAY, ELK GROVE 16 PORSCHE LIC# 7TLE352 CA VIN# WP1AE2A26GLA17104 SAC 9-11-26

LIEN SALE 9/21/26 10AM AT 796 DEL PASO BLVD, SACRAMENTO 07 SUN LIC# 1MK4504 CA VIN# 4UBBT0S2471G76225 SAC 9-11-26

LIEN SALE 9/21/26 10AM AT 809 READING ST, FOLSOM 17 HONDA LIC# AB88U90 VIN# JHMC6R674HC019542 SAC 9-11-26





Silent Killer

SUPER SIZE IT! BUFFET IT! Make it bigger, taller, pile it on! That’s our American eating mentality, and it shows in our waistlines. Obesity has become an epidemic in our country. So what we have is Heart Disease...the No.1 killer of Americans, Cancer...the No. 1 fear of Americans, and Alzheimer’s...the No. 1 concern of Americans.

And what do these devastating diseases have in common? All three have been linked to silent inflammation, a condition that occurs when the body’s natural immune response goes awry. It usually begins as a defensive reaction to invading viruses and bacteria, but this inflammatory response can misfire, sparking a chain reaction of inflammation anywhere in the body.

Fueled by obesity, it may continue unchecked for years, assaulting the heart, arteries, and even the brain. As a matter of fact, research confirms that obesity is a primary cause of silent inflammation and has been linked to today’s epidemic rise in heart disease. That is from **Dr. Barry Sears**, who is a Lipid Scientist who studies fats, and has spent his career probing the delicate body chemistry that controls our health and well being. Dr. Sears has authored the No. 1 New York Times Best-seller “**The Zone Diet**” and “**The Omega RX Zone**: The Miracle of the New High-Dose Fish Oil.” He’s written some fifteen books.

As I continued the interview with Dr. Sears on my “POPPTALK” Radio Show, I

tried to defend myself by telling the good Doc that I eat fish. So why do I need to take more fish oil? Dr Sears abruptly congratulated me on eating from the sewer of the sea! Whaaaat!???

He explained that it takes a new generation of fish oil to launch the fight against these diseases. So how is this generation of fish oil different from our old slippery friend? According to Dr. Sears, the fish oil Grandma got down our gullets, and that which is currently sold in health food stores has never been pure enough to use in the great quantities to feel its potential benefits.

“High-dose pharmaceutical-grade fish oil will radically change how medicine is practiced in the future. Once it is accepted, we will enter a new era of medical care based primarily on the food we eat, not the drugs we take,” he told me emphatically!

So the bottom line here is Dr. Sears claims that pharmaceutical grade fish oil, when taken in appropriate therapeutic doses, has the power to reverse silent inflammation in just thirty days! In his view, it may be “A true miracle cure for the twenty-first Century!” Boy, what a wake-up call this was for me. A shrimp cocktail please? Why is it that good taste is not always good for us? Darn!

If you’d like information on how to find this industrial strength fish oil, the Doc told me he has several places listed in his book “**The Omega RX Zone**” or you can log on to www.DrSears.com. Can I have a shrimp cocktail please? ★

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Paul V. Scholl

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Voters Agree Building Fees Are a Major Problem

Three-quarters say government fees and regulations contribute to affordability challenges; 83% favor reducing fees that average over \$100,000 per new home

North State Building Industry Association News Release

SACRAMENTO REGION, CA (MPG) - Sacramento-area residents overwhelmingly agree that housing costs are a major problem and that government fees and regulations contribute to the shortage of housing that is affordable, according to a new regional poll.

The poll of 810 registered voters in Sacramento, Placer, Yolo and El Dorado counties found that 93% consider the cost of housing and rent a very big or somewhat of a problem, including 68% who consider it a very big problem.

Three-quarters of respondents said excessive government regulations and fees have contributed a lot or somewhat to the shortage of housing people can afford. And 83% said local government leaders should work to reduce fees, which average more than \$100,000 for each new home.

The poll was commissioned by the North State Building Industry Association, Sacramento Association of Realtors, the Placer Business Alliance, and the Sacramento Metro, Folsom and Roseville chambers of commerce. The survey was conducted Aug. 4-7 among 810 registered voters and has a margin of error of plus or minus 3.44 percentage points.

BIA President & CEO Tim Murphy said the results show that residents are deeply concerned about housing costs and want local government officials to address the fees and regulations that increase the cost of building new homes and apartments.

“Housing affordability is a tremendous challenge in the Sacramento region, and the only way to seriously improve affordability is for local governments to reduce the red tape that makes building such a lengthy and expensive process and to reduce the fees that drive up costs,” Murphy said.

“Nearly three out of four respondents — 72% — don’t believe their children or grandchildren will be able to afford to buy a home in our area. The poll found that should be their top priority, ahead of reducing homelessness, cutting taxes or preventing crime. Isn’t it time for local officials to begin promoting housing affordability instead of making homes more and more expensive to build?”

Poll also finds support for housing choice, stronger business climate

Jessica Coates, CEO of the Sacramento Association of Realtors, said a top priority should be supporting development of all types of housing.

“Homeownership is at the heart of the American Dream, and our agents hear

every day that buyers want options,” Coates said. “Solving California’s housing crisis means building all types of housing. Nearly two-thirds of those surveyed agree, and that desire for choice holds up across the region and across age groups. Single-family homes are a critical piece of the solution, and they need to go hand-in-hand with the full range of housing types, including infill, missing middle and multi-family housing, that reflect what Californians actually want and can afford.”

The poll also found strong support for local businesses.

“California’s high cost of doing business and increasingly complex regulatory environment continue to create real challenges for employers, entrepreneurs, and small businesses. The public recognizes that challenge, with 82% in our region agreeing that it should be easier for everyday people to open and run a small business,” said Robert Heidt, President & CEO of the Sacramento Metro Chamber.

“At the Metro Chamber, we believe we should be removing unnecessary barriers to entrepreneurship, investment, and job creation — and we’ll continue advocating for policies that make the Capital Region a place where businesses can start, grow and succeed.”

Joe Gagliardi, CEO of Choose Folsom, said local chambers play a key role in promoting a healthy business climate.

“These results reinforce that people want communities where businesses can start, grow and thrive — and they expect local leaders and business organizations to help create that environment,” Gagliardi said. “They also remind organizations like ours that we have an ongoing responsibility to clearly demonstrate the value of that work. Strong local businesses contribute to strong local economies, quality jobs and vibrant communities, and we need to continue connecting those dots for the people we serve.”

Ananda Rochita, President & CEO of the Roseville Area Chamber, pointed out that poll results found that Placer County residents were more likely to think their area was on the right track than the rest of the region, which she attributed to the longstanding cooperation between business leaders and government to promote a strong economy.

“Thanks to the strong partnership between the business community and local government in Placer County, our area is the only part of the region where more people think the county is going in the right direction,” Rochita said. “The chamber will continue advocating for business-friendly and streamlined policy that cuts through red tape.” ★

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Roger's Review

By State Senator Roger Niello

Permanent Daylight Saving Time Is Not the Bright Idea Congress Thinks It Is

By Senator Roger Niello

As the saying goes, “Those who do not learn the lessons of history are doomed to relive them.” One lesson we may soon be reliving: the adoption of permanent daylight saving time.

Let’s fall back more than just an hour and revisit the early 1970s. The United States was in the middle of an energy crisis. Keeping the country on permanent daylight saving time was pitched to help conserve energy. Congress passed legislation to try it from January 1974 to April 1975. The experiment did not go well. In fact, it was so disliked by the American people that the change only lasted until October 1974...not even a full year.

People quickly learned that the lack of morning sun was fundamentally at odds with their circadian rhythm. It negatively impacted their mood, cognition, and overall wellbeing. Also, children’s safety was compromised when there were reports of children being struck by vehicles as they went to school in the dark.

Advocates for the federal Sunshine Protection Act seem to be more focused on having extra daylight in the evenings, but the fact is the summer months would still have plenty of daylight under permanent standard time. For instance, in July, it would still be light until almost 7:40 p.m., versus 8:40pm on Pacific Daylight Time.

Then there’s this: Permanent daylight saving time in the winter means the sun wouldn’t rise until about 8:30 a.m. Does putting your kids to bed while the sun’s still out and having them go to school in the dark make sense?

In California, we pushed back school start times because of the scientific benefits of sleep on students’ performance, physical, and mental health. And just this year, my resolution to acknowledge the health benefits of permanent standard time was approved by our state legislature.

Good sleep is already hard to come by, with one-third of Californians struggling to get enough. If we adopt Congress’ route, those without flexibility in their work schedules will be disproportionately affected. Shift workers and essential workers will have to wake up in the dark many more months each year. This goes against our biological needs and light-sensitive brains.

The benefits of quality sleep cannot be understated. It improves focus and concentration. It lowers the risk of heart attacks, strokes, abnormal heart rhythms, and obesity. Better sleep means better drivers on our roads, decreasing the risk of crashes.

Most Americans agree it’s time to ditch the switch, but standard time is not the switch to ditch. Instead, Congress should be ditching daylight saving time.

Standard time is the safer, simpler, and healthier choice to keep. That is why the California Medical Association, the California Sleep Society and the National Safety Council endorse permanent standard time. In addition, it’s worked out well for Arizona, Hawaii, and Mexico where residents sing its praises.

While the U.S. House recently rushed forward the Sunshine Protection Act, it remains to be seen if it will be approved in the U.S. Senate. Regardless, I will continue to help my colleagues see the light and convince them that adopting permanent standard time is the right choice to make. Otherwise, they should prepare to face the ire of their constituents just as was done in the 1970’s.

Americans are both physically and mentally tired from the twice a year time change, which is why I’ve carried legislation to “ditch the switch” the healthy way in the state legislature multiple times. Backed by science, I’ve advocated keeping California on permanent standard time.

Permanent “summer time” may sound promising, but permanent standard time is a much brighter idea.

★

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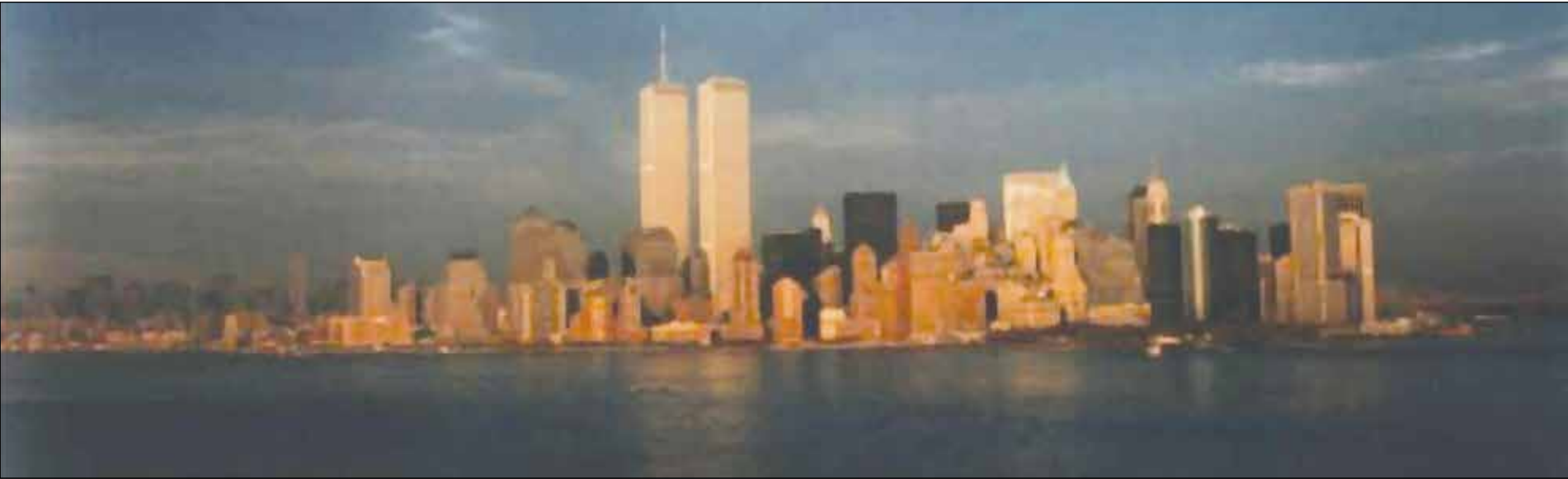
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A Morning Like No Other – Ground Zero at 25 years



An early morning skyline view from the Staten Island Ferry. This was the daily view of thousands of commuters to Manhattan before 9/11. Years later, I met with my friend, the captain of the ferry, in Sacramento for lunch. John had to leave New York because he just couldn't live another day in that memory. He stopped his ship in the middle of the harbor that 9/11 morning, as he and his entire shipload of travelers and crew watched the horror unfold.



Reflections at East River and John Finley Walk. Photo by a savior

Commentary and photos by Paul V. Scholl

After a long night of late work well into the morning, I was in a deep sleep. The repeating ring of the telephone awakened me. I received an alarming telephone call from a close friend frantically trying to get my attention. She said “just get up and turn on the TV. You won’t believe what is happening”. She was absolutely right.

As I sat there on my white leather couch in my small rental home in Roseville, tuned in as the world was tuned in, to the disaster in New York as it unfolded live for everyone to see. We were all New Yorkers that day.

I had previously lived in Manhattan. After returning to California, I traveled to New York City often to teach classes at The Learning Exchange and spiritual training centers as a part of my ministry. I also met with many clients as a spiritual life coach each visit. Through these visits I became friends with so many great people who lived in The City. I stayed at their homes, got to know their families, learned about their lives, loves, and fears. Many of them worked in the immediate area of the Twin Towers.

As I sat there watching the towers fall along with the rest of the world, I had no idea if any of those friends or members of their families were being crushed under the weight of that destruction. It was a personal anguish and horror felt by millions

simultaneously. It was a grief embedded forever. And we as a nation vowed to never forget.

Everything changed for everyone during those hours. Terrorism had come to our shores, and those whom we had charged to protect us failed miserably. We have been paying for their failures ever since.

And for those who paid the ultimate price, giving their lives to save others inside and around the Twin Towers? And for all the First Responders who witnessed the death and destruction at the end of their fingertips and right before their own eyes? What did they get from so many after only 25 years? Many forgot.

Yes, life goes on, but as individuals we do not. Our time is limited. We are here to understand life, liberty, love, and loss. We are here to understand joy and grief. These become the web that builds our evolution, our DNA that we pass on to those who follow us. If we do not teach our emotional history to our children, good and bad, they will suffer repeating our mistakes and the feeling of betrayal from us for not forewarning them.

Enter our current day Neon Nation. Have we lost our way in one generation? Does the “Shiny thing” distract us so easily because it is too hard for us to focus on the truth and explaining it to others as our society crumbles around us?

A few months after 9/11 I traveled back to New York to offer support to any of those friends who needed it. I traveled to the site while the clean-up was still under-way. I saw the scorched church and cemetery. There were still many “Missing” flyers posted to walls and lampposts. I saw the many memorials around the site. When I found one memorial that listed all of the names of those lost I read every one of them. I thank God to this day that not one of my



One of the many memorial walls surrounding the Ground Zero site. Photo by Paul Scholl

friends was on that list.

The history of Ground Zero is complex and still unfolding. The more the years fall away the more important it is that we reveal as much as we can about that fateful morning and all that led up to it.

When someone kills your son or daughter, husband or wife, it doesn’t matter what political party they belong to. It doesn’t matter what religion they belong to. It doesn’t matter their motive. All that matters is your loved one is gone forever. Grief takes over. And no one can ever really fill that void. It never truly heals. You just learn how to manage it in the silent times, alone with your Creator.

All those who lost loved ones during those tragic days only asked one thing from us. Never Ever Forget.

On this remembrance weekend 25 years later, take a few moments in silence to share the grief and the weight of the losses experienced by so many on September 11, 2001. If only with that simple action, love will prevail.

★



Visitors reading through the many memorials and “missing” posters.



A dedication plaque honoring the fallen first responders.



A memorial sculpture remembering all the construction workers.



And then an angel appeared over the site in my camera lens.



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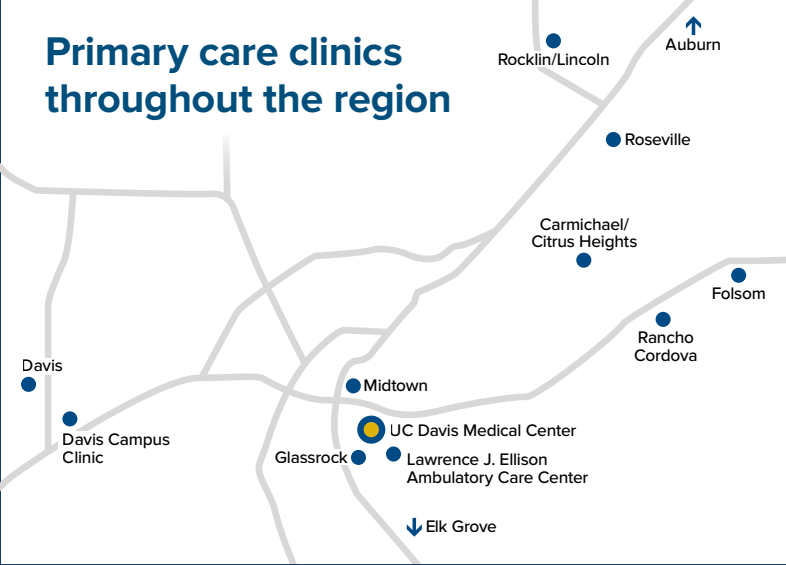
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