



**Leading
the Charge:
Lancer Stories**
PAGE 3

Never, Ever Forget



SEPTEMBER 11, 2001

The Official Newspaper of Record for the City of Rancho Cordova

Grapevine Independent

VOLUME 60 • ISSUE 37 PROUDLY SERVING RANCHO CORDOVA & SACRAMENTO COUNTY SINCE 1968 SEPTEMBER 11, 2026

**SEE
INSIDE**

FINDING
CAPACITY AND
RESILIENCE



PAGE 12

COME ONE,
COME ALL!



PAGE 14

**AVORIO
DENTAL**

Upen J. Patel, DDS, MAGD
**NO INSURANCE?
NO PROBLEM!**
\$108 New Patient Visit!
(Call for details)
• General • Cosmetic
• Implant • Emergency
• Snoring & Sleep Apnea
25+ Years of Experience.
Exceptional Results.



We Accept all Medical Insurance Plans for
Sleep Appliances. Helping you maximize
your benefits for sleep apnea treatment.

916 483 5566
www.avoriodental.com
@doctorupenpatel



Scan our QR Code for a
direct link to our online edition!



PRSRTD STD.
U.S. POSTAGE
PAID
CARMICHAEL, CA
PERMIT NO. 350
**OR CURRENT
POSTAL CUSTOMER**

‘Meant to Be’

Mimo Bake Studio and The Brewing Bean create family through food and coffee



Mariam Armenyan, owner of coffee business The Brewing Bean, has recently partnered with the bakery. From left are Armenyan's daughter, Noemi Armenyan, Mirella Maruza and Monique Torres. Photo by Ornella Rossi

By Ornella Rossi

RANCHO CORDOVA, CA (MPG) - "It was meant to be."

For Mirella Maruza and Monique Torres, the phrase describes more than one moment in the story of Mimo Bake Studio. It reflects a series of connections between two women, their Brazilian roots, their families and, eventually, the Rancho Cordova community they now serve.

Mimo Bake Studio, located at 3581 Mather Field Road, Suite A, was founded by Mirella Maruza and Monique Torres



Mimo's menu reflects the founders' Brazilian backgrounds and the countries diverse cuisine with foods including pão de queijo, coxinha, tapioca sandwiches and açai bowls. Photo by Noemi Armenyan

with the goal of sharing Brazilian food while creating the kind of welcoming environment they grew up experiencing in Brazil.

Even the bakery's name carries pieces of that story. "Mimo" combines the first two letters of Mirella and Monique. In Portuguese, the word also refers to affection, a thoughtful gesture or a small gift given with care.

The repeated "M" has continued to appear throughout the bakery's journey, from Mirella and Monique to Mimo, and

Continued on page 2

Visit Rancho Cordova Opens Nominations for 2026 Destination Legacy Awards

By Ornella Rossi

RANCHO CORDOVA, CA (MPG) - Visit Rancho Cordova is accepting nominations for its second annual Destination Legacy Awards, recognizing businesses, events, organizations and individuals that contribute to the city's tourism industry.

The awards cover the 2025-26 fiscal year and are intended to recognize attractions, events, restaurants, hotels, tourism professionals and community partners that have contributed to Rancho Cordova's visitor economy.

Nominations are open through Sept. 30, and self-nominations are permitted. Winners are expected to be notified in October and will be recognized during Visit Rancho Cordova's annual Tourism Summit on Friday, Nov. 6.

"Visit Rancho Cordova



Visit Rancho Cordova is accepting nominations for its second annual Destination Legacy Awards. Photo courtesy of Visit Rancho Cordova

is so excited to honor another group of deserving individuals, organizations and business owners making a strong impact on Rancho Cordova's tourism economy at this year's Tourism Summit," Kristen Achziger, director of marketing and communications for Visit Rancho Cordova, said. "We encourage

residents and community leaders to nominate their favorite local attractions, events and things to do that make our destination a

Continued on page 14

Volunteers to Transform 30 Lincoln Village Homes

**Dorothy Mae Good
Deeds Day
News Release**

RANCHO CORDOVA, CA (MPG) - Sacramento Neighborhood Housing Services (SNHS), a HUD-approved housing counseling agency and certified CDFI lender serving 13 counties across Northern and Central California, will host Dorothy Mae Good Deeds Day 2026 on Saturday, Sept. 12, in partnership with the City of Rancho Cordova.

Named for Dorothy Mae Richardson, founder of the Neighborhood Housing Services movement, the free annual event honors the 40-year mission she inspired by bringing volunteers directly to the homes of 30 Lincoln Village households. Volunteers will provide yard cleanup, landscaping, home maintenance kits, e-waste disposal and on-site dumpsters for residents looking to discard unwanted items, along with take-home family meals, at no cost to participating residents, homeowners and renters alike.

"Most housing programs require ownership as a condition of access," said Lauretta Casimir-Mahoney, CEO and President of SNHS. "This year we are placing special emphasis on renters, who often see less support from those programs. People are community, and for 40 years we have shown up through housing education, down payment assistance and foreclosure prevention. This is simply the latest way we show up."

The day includes volunteer-led home beautification beginning at 9 a.m., live entertainment, a kid zone with free children's activities, a food truck, community lunch provided by the City of Rancho Cordova and a closing certificate ceremony honoring every volunteer. SNHS welcomes volunteers of all ages, including high school and college students seeking community service hours and individuals looking for a meaningful way to give back.

Learn more at gooddeeds.snhisinc.org ★

WE SUPPORT
OUR
MILITARY

‘Meant to Be’

Continued from page 1

most recently Mariam Armenyan, owner of The Brewing Bean, whose coffee business has partnered with the bakery.

But long before the Rancho Cordova storefront or new partnerships, Mimo began with the connection between its two founders.

Maruza and Torres came from different professional backgrounds. Maruza had experience in marketing, while Torres had worked in civil engineering and shopping center management. Together, they combined those skills with a shared connection to Brazil and a desire to introduce the foods and traditions they knew to customers in Northern California.

Their differences eventually became part of how they describe their partnership, with Maruza serving as Mimo’s “heart” and Torres as its “brain.”

The business grew through farmers markets and pop-up events before reaching the point of opening a permanent storefront in Rancho Cordova.

Mimo’s menu reflects the founders’ Brazilian backgrounds and the countries diverse cuisine with foods including pão de queijo, bolo de rolo, tapioca sandwiches and açaí bowls. But for Maruza and Torres, the experience they want to create extends beyond what is served on the plate.

Hospitality, Maruza said, is deeply connected to Brazilian culture.

She pointed to the expression “passar um cafezinho” — essentially, to make or offer someone a little coffee.

In Brazil, Maruza said, offering coffee communicates something larger: You are welcome in this home. Sit down. Stay for a while.

“This is what we want our customers to feel,” Maruza said.

Asked what she wants someone visiting Mimo for the first time to leave with, her answer was simple. “Memories, experience and



The Brewing Bean, founded by Mariam Armenyan, recently began operating inside the bakery after Armenyan met Mirella Maruza and Monique Torres through Rancho Cordova’s MBARK small-business program. Photo by Noemi Armenyan



Apart from the bakery, customers can browse the Mimo Market, where Mimo creations, authentic Brazilian products and local small businesses come together to bring a little more of Brazil to their homes. Photo by Ornella Rossi

feeling special,” she said.

That focus on personal connection has become a defining part of the bakery.

Maruza said customers have formed relationships with the owners beyond simply purchasing food. Some return with their families. Others bring cards, gifts or messages for the women behind the counter.

Running the business can also mean sacrificing time elsewhere, she said, including time with their children and husbands.

There are difficult moments when the demands of operating Mimo can make them question the time and energy required.

Then, Maruza said, their customers remind them why they continue.

That idea of expanding family has also shaped Mimo’s newest partnership.

The Brewing Bean, founded

by Mariam Armenyan, recently began operating inside the bakery after Armenyan met Maruza and Torres through Rancho Cordova’s MBARK small-business program.

Armenyan’s daughter, Noemi Armenyan, said the relationship quickly became more personal than a typical business arrangement.

“They’re like my second moms,” Noemi said of Maruza and Torres. “I feel like we’re all just like a big family.”

The collaboration brings another culture into the space as well.

Mimo reflects Maruza and Torres’ Brazilian heritage, while the Armenian family brings its Armenian background. Noemi, who was born and raised in Rancho Cordova, said she knew little about Brazilian culture before beginning to work

alongside the Mimo founders.

She soon began noticing similarities.

Both cultures, she said, place importance on welcoming people warmly, feeding them, talking with them and showing affection.

“The first thing we want to do is hug them and kiss them and say, ‘How are you?’” Noemi said.

That shared approach can now be seen inside the bakery. Mimo’s team prepares the food, The Brewing Bean prepares drinks and the businesses serve customers together.

For Noemi, the goal is not simply to hand someone a cup of coffee and move on.

“I don’t want to just serve a customer. I want to get to know them,” she said.

That sentiment mirrors what Maruza and Torres have worked to build through Mimo, a business where Brazilian food serves

as an introduction, but relationships encourage people to return.

For the founders, the Rancho Cordova storefront represents another stage in a journey shaped repeatedly by unexpected connections.

Two women became business partners. Their names became Mimo. A bakery became a gathering place. Customers became familiar faces and familiar faces became what Maruza describes as an extended family.

And now another “M” has joined the story.

Through each change, the idea behind Mimo has remained much the same as the Portuguese word that inspired its name: something offered with affection.

Or, as Maruza described through the tradition of passing a cup of coffee, an invitation to come inside, sit down and feel at home. ★

YOU DESERVE AWARD-WINNING FIBER INTERNET

No contracts.
No data cap.
10x faster than cable.



IT FEELS LIKE FIDIUM



Starting at*
\$30/mo

Check availability 1.888.805.5275
FidiumFiber.com/GetFastFiber



*Offer available to residential customers only. Terms and conditions apply.

Leading the Charge: Lancer Stories

New schoolwide message reflects pride, belonging and change

By Omella Rossi

Editor’s note: This is the first installment of “Leading the Charge: Lancer Stories,” a monthly Grapevine Independent series following the students, staff, programs and traditions of Cordova High School throughout the 2026-27 school year.

RANCHO CORDOVA, CA (MPG) - At lunch on a recent Friday, Cordova High School’s identity was easier to see than to define.

Students gathered outside, some playing volleyball while others talked with friends. Across campus, teachers and staff wore Lancer shirts and the school’s black and red colors.

Behind them, demolition of some of the school’s oldest buildings offered another sign of change.

Together, the scenes capture the idea behind “Lead the Charge,” a schoolwide message Cordova High is using to connect its history, community and vision for what comes next.

For Principal Amy Strawn, moving forward does not mean creating a new identity from scratch.

“There is something pretty powerful about that,” Strawn said while discussing the school’s transition. “Growing and changing without forgetting our roots.”

Those roots mean different things depending on whom you ask.

Senior Mirwais Mkar described arriving at Cordova High without speaking English and leaving several years later with stronger language skills, greater confidence and friendships that helped the campus become his community. He credited teachers who took the time to help him learn and adjust.



Cordova High School students play volleyball during lunch on a recent Friday afternoon as classmates gather outside on campus. Photo courtesy of Cordova High School

Student Shaher Atae pointed to another side of being a Lancer: pride in the school’s history, athletics, activities and the experiences students share outside the classroom.

And for student board member Jeanene Wallace, school identity includes making sure students have a voice in what their school becomes.

“Cordova High is a very welcoming school. It’s easy to make friends, and students have a lot of opportunities to get involved, find their community and support each other,” Wallace said. “One thing that sets us apart is our diversity. To be a Lancer means being someone who shows up, supports others and is willing to lead. Cordova High has taught me to be accepting of others and forgiving of my own flaws.”

That effort to build connection extends to employees.

Head Coach Kimberly Bradley spoke about the



Cordova High School students show their Lancer pride during the first rally of the school year, kicking off 2026-27 with high energy and school spirit. Photo courtesy of Cordova High School

relationships that shape students’ experiences in the classroom.

“Our students are rock stars. If there’s a goal set in front of them, they all come together to make it a common goal,” Bradley said. “Cordova pride

is at an all-time high. There is such a team-first mentality. I see support from every angle, one goal in mind, one heart and one commitment, and it starts with leadership.”

Music Director Kevin Sims, who has been at the school for

32 years, offered the perspective of someone who has watched generations of Lancers pass through the school.

“We’ve always had caring principals, and the students have always come first,” Sims said. “In recent years, it seems there’s been even more attention and support for students, so they can come out of high school with the best step forward.”

At the same time, Cordova High’s next chapter is becoming physically visible.

Heavy demolition of the old C Wing and administration buildings is underway for a two-story, 45,000-square-foot gateway building. The new facility will house administration, counseling, mental health support, college and career services and a library, along with 13 classrooms and collaborative learning spaces.

“When this building opens it will be a hub for our campus,” Strawn said, bringing resources students currently travel between buildings to access “under one roof.”

The project, expected to be completed for the start of the 2027-28 school year, is the first major secondary school initiative funded through Measure S, the \$144 million bond Rancho Cordova voters approved in 2024.

But in the midst of construction, new branding and schoolwide activities, Cordova High’s identity continues to come back to something less tangible. Whether the people walking its halls feel connected to the place and to one another.

Buildings will change. Students will graduate. New Lancers will arrive.

The challenge behind “Lead the Charge” is carrying the part that makes Cordova High feel like Cordova High with them. ★

Powering you for life.

We're community-owned and not-for-profit.

As your community-owned, not-for-profit electric service, you can count on us to power you safely and reliably, with clean energy, programs to lower your bill and some of the lowest rates in California. This is your community, where families grow, neighbors connect and life happens. It's where the energy behind your most meaningful moments begins. Every connection builds the future of this place we call home. **Together, we're powering the moments that matter.**

Learn more at smud.org/Community



ROSEVILLE
WESTFIELD GALLERIA AT ROSEVILLE
AUGUST 6 - 31

FOLSOM
LAKESIDE CHURCH
SEPTEMBER 4 - 21

BUY NOW!
CIRCUSVARGAS.COM

SAVE 20%
CODE: 20AD26

GET IT NOW!

E-Edition

Emailed every week to your inbox.
Only \$1.00 per issue

- Go to **MPG8.com**
- Click on **'Subscribe'** from the top menu
- Find the **Publications** you want delivered
- Click on **'E-Edition'**
- Make your payment and start receiving your **E-Edition** the very next Friday!

Your subscription supports local journalism.
All payments are processed through PayPal

2508 Garfield Ave., Suite A | Carmichael, CA 95608
(916) 773-1111 | MPG8.com

MPG
Messenger Publishing Group

KP International MARKET

10971 Olson Drive
Rancho Cordova, CA 95670
916.853.8000

Market: 7 Days 8am - 9pm
Food Court: 7 Days 11am - 3:30pm
Korean/Mex/Viet: 7:30pm - 10:00pm
Chinese/Japanese: 7:00pm - 10:00pm

KP KARAOKE SPECIAL

Sun-Thu Come before 6pm (Valid Time)
Fri-Sat Come before 5pm (Valid Time)

For 6 people \$115.00	For 18 people \$295.00
3Hours Karaoke + 2Pizzas + Pitcher Soda + 2 Main Dishes (Dishes To Choose From Below)	3Hours Karaoke + 3Pizzas + Pitcher Soda + 6 Main Dishes (Dishes To Choose From Below)
For 12 people \$210.00	For 28 people \$395.00
3Hours Karaoke + 2Pizzas + Pitcher Soda + 4 Main Dishes (Dishes To Choose From Below)	3Hours Karaoke + 3Pizzas + Pitcher Soda + 6 Main Dishes (Dishes To Choose From Below)
For 14 people \$230.00	
3Hours Karaoke + 2Pizzas + Pitcher Soda + 4 Main Dishes (Dishes To Choose From Below)	

Dishes To Choose From

FROZEN & FISH DEPT

Pacific Surf Bay Scallops 340 gr REG. \$6.99/EA \$4.99/ea	Cooked Clam Meat 340 gr REG. \$6.99/EA \$3.99/ea
--	---

WEEKLY MEAT SPECIALS

Beef Cross Rib/Shoulder Roast Boneless \$5.69/lb	Beef T-Bone Steak \$5.99/lb	Chicken Breast Bnls/Sknls \$1.79/lb
Pork Chops Bone-In \$2.19/lb	Pork Loin Roast Boneless \$2.29/lb	Pork Spare Ribs \$2.99/lb

WEEKLY HALAL SPECIALS

Chicken Breast Bnls/Sknls \$1.89/lb	New Zealand/Australian Lamb Stew Meat-Bone In \$5.99/lb	Beef Cross Rib/Shoulder Roast Boneless \$5.99/lb
---	---	--

Advertised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE SEPTEMBER 09 - SEPTEMBER 15, 2026.

FRESH PRODUCE

Celery 99¢/ea	Persian Cucumber \$1.49/lb	Constellation Tomato 10 oz \$1.99/ea	Mini Sweet Pepper 1 lb \$2.99/pk
Small Taro 99¢/lb	King Oyster Mushroom \$1.49/lb	Young Thai Coconut 9 ct Box \$19.99/box	White Corn 59¢/ea

AMERICAN/HISPANIC GROCERY

REG. \$2.99 \$1.29/ea	REG. \$19.99 \$16.99/ea	REG. \$3.49 \$1.99/ea	REG. \$4.99 \$3.99/ea	REG. \$8.99 \$4.99/ea
Manischewitz Potato Pancake Classic Mix 6 oz	Suavini Fabric Softener 9.5 liter	Kirenox Facial Tissue (Lotion) 120 count	1,2,3 Vegetable Oil 1 liter	La Lechera Sweetened Condensed Milk 28 oz

ASIAN GROCERY

REG. \$5.99 \$5.49/ea	REG. \$3.79 \$3.09/ea	REG. \$12.99 \$9.99/ea	REG. \$1.99 \$0.99/ea	REG. \$6.99 \$2.99/ea
Three Ladies Vietnamese Rice Vermicelli 2 lb	Golden Mountain Seasoning Sauce 20 fl.oz	Oshihara Tapioca Boba 5 lb	EED Whole Water Chestnuts 8 oz	Chaokoh 100% Coconut Milk 1 liter

EUROPEAN GROCERY

REG. \$14.99 \$9.99/ea	REG. \$4.29 \$1.99/ea	REG. \$8.99 \$4.99/ea	REG. \$2.99 \$2.49/ea	REG. \$4.99 \$3.99/ea
Santa Bremor Lightly Salted Herring Fillets in Oil 1kg	Galina Imam Bayildi Eggplant Appetizer 530 gr	Ugurlu Turkish Delight Mixed Aromati 250 gr	Khilani Georgian Pear & Tarragon Soft Drink 500 ml	Altmad Summer Fruits & Tea Mango Lychee 20 fl.oz

EUROPEAN DELI

REG. \$14.19/LB \$13.19/lb	REG. \$10.19/LB \$9.19/lb	REG. \$7.99/LB \$6.99/lb	REG. \$7.99/LB \$6.99/lb
Columbus Roast Beef	Black Forest Ham	Pitted Olives Garlic Salad	Sicilian Style Olives

FROZEN & FISH DEPT

REG. \$19.99/EA \$12.99/ea	Hongqi Ice Cream 2 Flavors 3 X 2.65 oz
--------------------------------------	--

HOUSEWARE

REG. \$10.99 \$8.99/ea	REG. \$16.99 \$16.99/ea
ELECTRIC RICE COOKER 10-CUP	ELECTRIC RICE COOKER 10-CUP

Advertised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE SEPTEMBER 09 - SEPTEMBER 15, 2026.

Fiscal Year 2026-27 Revised Recommended Budget Available



The FY 2026-27 Revised Recommended Budget includes \$9.2 billion in total appropriations. Photo courtesy of Sacramento County

Sacramento County News Release

SACRAMENTO, CA (MPG) - The Sacramento County Board of Supervisors will begin Fiscal Year (FY) 2026-27 Revised Recommended Budget hearings on Tuesday, Sept. 8, at 9:30 a.m. in Board Chambers in the Sacramento County Administration building, located at 700 H Street, Sacramento, 95814. If necessary, hearings will continue on Sept. 9, 10 and 11 at the same time and location.

The hearing schedule begins with the IHSS public authority budget deliberation and approval, the presentation of the FY 2026-27 revised recommended budget, then follows with public comment and ends with the board deliberation and approval of revisions to the approved recommended budget and capital improvement plan and approval of adopted budget resolutions.

The Board of Supervisors approved the FY 2026-27

recommended budget on June 10. This year's \$9 billion spending plan consists of \$3.2 billion in enterprise and special revenue funds (utility rates, fees and other dedicated revenue), \$4 billion in general fund (funded with \$1 billion in discretionary revenue, \$1.7 billion in reimbursements from restricted funds, and \$1.3 billion in federal, state and fee revenue dedicated to specific purposes), and \$1.7 billion in restricted funds (amounts transferred to the general fund to reimburse eligible expenditures in general fund departments).

The numbers in the budget change between June and September when the County receives new information, including the impact of the state budget and updated fund balance and revenue totals. Because of that new information, the revised recommended budget comes back to the board for review and adoption in September.

The FY 2026-27 revised recommended budget includes \$9.2 billion

in total appropriations.

Ok, that was a lot of numbers! You may be wondering, "what services does the county offer that I use and what programs do they run that I care about" – fair question! Let's play a game of did you know?

Did you know? The County runs Sacramento International Airport (SMF) – which is growing year over year. SMF serves award winning food and beverage options, has a vast offering of non-stop flights to new and exciting destinations, and will be opening a brand-new parking garage in time for the holiday rush this year.

The County maintains 23-miles of the American River Parkway – a beautiful greenbelt full of wildlife with breathtaking views of the American River and multiple river access points, and a multi-use recreation trail that runs from Folsom to downtown.

The County maintains thousands of miles of roads, dozens of beautiful parks and four golf courses.

The County collects garbage and provides recycling and organics collection services for more than 165,000 residential customers, collects used mattresses and Christmas trees and runs the Kiefer landfill.

The County provides building permits, and information on land use and ownership, and brings new business opportunities to the region, helping to grow the economy and tax base and helping local small business to thrive.

The County is the connection to general assistance, cash assistance, mental health resources, substance use services and homeless services and manages our youth foster system, child support services and child protective services.

The County also inspects restaurants for food safety and public pools and spas for safety compliance, manages testing and containment on communicable disease and helps people exposed quarantine to limit the spread – potentially saving thousands of

people from exposure.

The County has a robust public safety and justice system – running the multifaceted jail system, including a youth correctional facility, probation, public defender unit and district attorney and law enforcement that all work together to keep our community safe.

The County runs a large, open-intake municipal animal shelter and animal regulation and enforcement operation, caring for tens of thousands of lost and neglected animals a year, facilitating adoptions for thousands of amazing animals back into the community, rescuing abused and neglected animals from abusers, and prosecuting them to the fullest extent of the law.

So – how many did you know? Members of the public may attend the hearings and be heard on any item in the budget, either publicly or through written comments. The budget hearings will also be telecast live on Metro Cable 14 and on the web. ★

State Treasurer Fiona Ma Announces Results of Bond Sale for Sutter Health

Financing will support major health care expansion projects, including new medical campuses across Northern California and refinancing of existing debt



Fiona Ma
California State Treasurer's Office News Release

SACRAMENTO, CA (MPG) - California State Treasurer Fiona Ma, CPA, announced the results

of a \$1.407 billion bond sale for Sutter Health providing financing to support major capital investments in health care facilities across Northern California and refinance existing debt.

"This financing will help Sutter Health make significant investments in health care capacity and facilities in communities across Northern California," said Treasurer Ma. "These investments will support expanded access to care, modernize health care infrastructure and help ensure that Californians can receive high-quality services close to home. I am pleased that the California Health Facilities Financing Authority was able to facilitate this

financing and help Sutter move forward with projects that will serve patients for years to come."

The bond-financed capital projects include improvements at health care facilities throughout the Bay Area and the Central Valley. Projects include expansion of intensive care and inpatient capacity; acquisition of land

and medical buildings; laboratory facilities; and improvements to neuroscience and cancer care facilities.

Project locations in the Bay Area include San Francisco, San Mateo, Castro Valley, Pleasanton and Dublin. Two of the largest planned projects include a 1.3 million square foot campus in Emeryville called Emery Yards,

and an 850,000 square foot campus in Santa Clara that will also include a 1-million-square foot additional development nearby. Project locations in the Central Valley include facilities in Sacramento, Roseville, Folsom, Elk Grove and Modesto.

Proceeds were also used to refund Sutter's outstanding 2016B bonds, which generated approximately \$25.7 million in net present-value savings, or approximately 6.7 percent over the life of the bonds.

The original financing request approved by CHFFA authorized up to \$1.6 billion in aggregate principal amount. The final sale amount was \$1,407,070,000. ★



Election Information

November 3, 2026, General Election

Vote Early and Vote by Mail



Oct 5 Ballots begin to arrive by mail. Official Ballot Drop Boxes are now open.



Oct 19 Close of registration. Register today!



Oct 24 11-Day Vote Centers open through Election Day.



Oct 31 All Vote Centers open through Election Day.



Nov 3 Election Day! Last day to turn in your ballot.

Vote Early! Don't wait for Election Day.

Take advantage of early voting and avoid the lines! You can return your ballot in the mail, at any Official Ballot Drop Box, or at any Vote Center. No postage is necessary.

Track your Ballot!

Sign up for "Where's My Ballot?" with BallotTrax, a free ballot-tracking and alert system. It is available to all voters who wish to track the status of their Vote by Mail ballot from printed to accepted. Scan the QR code or visit www.wheresmyballot.com



Vote Early!
Vote by Mail.



in partnership with

OCTOBER 10-11, 2026

★★★★★★★★★★★★★★★★★★★★★★★★

[illegible]

**BECOME AN AIRSHOW INSIDER
GET EXCLUSIVE TICKET DISCOUNTS,
PERFORMER ANNOUNCEMENTS, AND
THE WEEKEND FLYING SCHEDULE!**

Kings Korner

By V.G. Harris

Welcome Ben Simmons

By V.G. Harris

Many of you have now been Sacramento Kings fans for literally decades, and discussions of playoffs have been a topic rarely heard in the city of Sacramento.

Enter new GM Scott Perry who has been promising changes with regard to bad drafts and trades that don’t make sense.

Although Perry has made a couple of moves that I strongly disagree with, the jury is largely still out as he has begun in earnest his quote, “rebuild.”

DeAaron Fox was traded not on his watch, but make no mistake about it, the decision to bring on the first overall pick in the 2016 draft is all about Scott Perry.

Sink or swim, the acquisition of Ben Simmons, albeit for only one year and a price tag of only 3.5 million, lands entirely in the lap of Scott Perry.

Just a week ago in this column I wrote that the possibility existed that the Kings may have interest in signing Simmons, who has had a checkered past to say the least, and now the suspense is over, and Ben Simmons is now about to become a full-fledged member of the Sacramento Kings family.

I am an ardent believer that any player attempting a comeback deserves his opportunity to allow the fan base see what he has in the tank, and I for one will not root against this player that has literally been injury prone for the entirety of his 10-year NBA career.

It is rare that an organization has the opportunity to acquire a player drafted No. 1 overall, and in the case of 6-foot-10 Ben Simmons he is coming to the Kings after sitting out the entire 2025-26 season.

The prevailing problem has been related to back issues for Simmons, but according to Simmons himself, he wasn’t going to try and mount a comeback until he was “bulletproof.”

The Kings recently worked out Simmons in Sacramento, and he had a meeting with Scott Perry that obviously went well.

Simmons stats are not eyepopping, but certainly worthy of taking note. Over a 10-year career spent with three teams, Simmons had a scoring average of just over 13 points per game, seven rebounds, seven

assists and 1.5 steals.

To his credit, although most widely noted for missing games due to injury, Simmons made the all-star team one time, and in 2021 was runner up for the defensive player of the year.

Aside from the perpetual injury bug, if there is one knock on this otherwise talented big man, it is his abysmal free throw shooting.

At an astonishing low 59 percent, he brings back memories of another talented big man who couldn’t make free throws by the name of Wilt Chamberlain. Wilt shot an almost unbelievable 51 percent from the charity strip, and like Shaquille Oneal he was known for his inability to make free throws when it counted.

Sadly, Ben Simmons is coming to a team that is typically dead last in free throw shooting, so who on the Kings team is going to step up and teach this 10-year veteran how to improve in an area that he clearly knows little about?

The Kings coaching staff?

If you thought all eyes were on Darius Acuff Jr., wait till you see Ben Simmons take the floor for the Sacramento Kings.

As I said before, I refuse to root against Simmons regardless of past problems, and I don’t believe the Kings would sign him to a contract of any length if they thought he wasn’t 100 percent healthy.

I want to close my eyes and imagine what a healthy Ben Simmons looks like playing alongside Domantas Sabonis, with a talented rookie point guard distributing the ball, and two capable three-point shooters on the wings in Zach Lavine and Keegan Murray.

Does this new lineup have potential? Absolutely it does, and once again it boils down to staying away from injuries and allowing a group of very talented players to develop chemistry and do what they do.

If you’re an ardent Kings fan it’s almost impossible not to get excited.

Look for an opening night that Sacramento hasn’t seen in years, and all of a sudden ticket sales just went up!

Stay tuned Kings fans because there is more to come.

All the best! ★

California’s Political Hopefuls Remain Silent on State’s Job Losses, Unemployment



By Dan Walters,
CALMatters.org

In two months California voters will elect a governor, fill several other statewide offices and choose a new class of state legislators and members of Congress.

The aspirants for those positions are making all sorts of promises to win voters’ approval. But few, if any, have mentioned a slow-motion menace affecting a fundamental facet of life: jobs.

The state has never fully recovered from the virtual shutdown of the economy during the COVID-19 pandemic. It still has more than a million unemployed workers. Its unemployment rate continues to be the highest, or nearly so, of any state. And its signature economic sectors, such as high tech and film production, have been shedding jobs for several years.

As ominous as those data points sound, a deeper dive into employment data reveals an even darker reality.

“California’s labor market is holding up, but its foundations remain troublingly narrow,” Justin Niakamal, research manager at Beacon Economics, said in a recent overview of the state’s economy. Healthcare is the only sector with strong employment gains, he noted.

While healthcare jobs are welcome, they are highly dependent on spending by

federal and state governments, and both have been cutting back. Moreover, while healthcare is a service industry, it does not create added-value wealth the way technology, film production and agriculture do.

Back to the data.

California’s stubbornly high unemployment rate — 5.1% in July — was second-highest among the states, behind Connecticut and Oregon, both at 5.2%. The rate is the percentage of the labor force that is not employed, even in part-time work, during the month.

The size of the labor force, as well as the unemployment figure, are important to note. Over the previous year, California’s labor force — people who are working or seeking work — declined by 286,300, according to the monthly Employment Development Department report.

To some extent, the labor force decline masks the actual decline in employment. Moreover, the widely quoted unemployment figure is simplistic: Even if someone is paid for working just a few hours in a month, he or she is counted as employed.

The federal Bureau of Labor Statistics makes several other computations of employment that are more sophisticated. One, called U-6, measures underemployment. It takes into account workers who want to work full time but can only find part-time work, as well as those who are “marginally attached” to the labor force.

California’s U-6 rate is a much more realistic measure of the job picture. It was calculated at 10.3% in June, easily the highest of any state.

The bureau also calculated

U-6 for New York City and Los Angeles County because their populations are larger than many states. New York’s rate was 10.2% while Los Angeles’ was 12.1%.

Those are high numbers but may still understate what’s happening — or not — in California’s job market.

The Ludwig Institute for Shared Economic Prosperity takes the U-6 underemployment calculation even further. It discounts jobs, even full-time work, that pay less than a living wage, which it pegs at \$26,000 a year. It calls its number the “true rate of unemployment,” saying it measures “functional unemployment.”

As one might suspect, Ludwig’s calculations for California — reported by major metropolitan area — are very high, especially in rural communities where agriculture is a primary source of jobs.

California’s highest “true unemployment” rate, according to Ludwig, is in Redding (67.4%). Other rural or semi-rural communities fall into the 50%-65% range. But some urban regions see high rates as well, such as 53.8% in the Los Angeles-Long Beach-Anaheim metropolitan area.

Only a few regions are under 50%.

Given these numbers, one might expect that California’s officeholders and office seekers would be telling us how they will respond. They are not.

Dan Walters is one of the most decorated and widely syndicated columnists in California history, authoring a column four times a week that offers his view and analysis of the state’s political, economic, social and demographic trends. ★

Social Security Matters

Why change Social Security now? It’s a working “Ponzi



By Russell Gloor,
AMAC Certified Social Security Advisor

Dear Rusty: Maybe everybody has the same reaction that I do to Social Security insolvency. I do not understand a system that has been basically run like a Ponzi Scam since its Inception; why have you decided (in 2026-2027) that now is the time to change a perfectly good Ponzi Scam. In all reality, this began with Babylon. I’m sure that if you searched the meaning of the words “Babylonian money magic,” you would understand what I’m talking about. If this is as good as the Earth has, why would you mess with a perfectly rotten thing. Why would you decide to change currencies to some sort of fragile digital currency?

Signed: Skeptical Senior

Dear Skeptical Senior: You touch on an item that the AMAC Foundation has dealt with many times over the years, specifically the notion that Social Security has the characteristics of a Ponzi Scheme. Our position in response to that notion is that Social Security was created and operated with full transparency, with its financial

status, formulas, and long-term deficits completely and publicly documented, and reported to the President and Congress annually. Unlike the infamous Charles Ponzi, the government has a permanent pool of contributors through mandatory FICA and SECA (self-employment) payroll taxes and is designed to remain in operation infinitely as long as there’s a taxpaying workforce. Moreover, the Social Security system is overseen by Congress, specifically the Senate Finance Committee and the House Ways and Means Committee, and the Government Accountability Office (GAO). The Social Security Administration is subject to routine hearings by these congressional overseers and maintains an independent Office of the Inspector General to ensure the integrity of its financial operations.

Contrary to Ponzi victims, all participants retiring from the workforce (and their dependents) recover their Social Security contributions via benefit payments, some more than others based on their level of participation in the system. Also, contrary to Ponzi Schemes, Social Security was designed as a social insurance system and has operated successfully in that mode for over nine decades.

What raises the notion of a Ponzi Scheme comparison these days is the looming insolvency facing Social Security just six

years from now. This financial problem, however, has nothing to do with fraud. Rather, it is a function of workforce demographics and the fact that Congress has long deferred corrective action on a problem that has been known for the past four decades. We sometimes hear well intended (but sometimes uninformed) comments from some Washington politicians invoking the Ponzi Scheme reference, but we believe that Congress is finally waking up to the urgency. And we also believe Congress is now starting to move seriously to set a course for correction in time to ward off the impact of insolvency. AMAC is proud to be a part of the collective thinking currently surfacing, and our Social Security Guarantee is in play as a plan to be considered.

We invite you to review our SS reform plan (at <https://amac.us/social-security-guarantee>) and likewise to stay tuned to our Social Security Report website (<https://socialsecurityreport.org/>) where we post regular updates on a variety of matters pertaining to Social Security and retirement.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation’s staff, trained and accredited by the National Social Security Association (NSSA). ★



President Trump’s tariffs aren’t popular, but he’s found a way to make them even less so -- a trade war with America’s most inoffensive ally.

When one thinks of countries that deserve to be subjected to a steady stream of insults (it’s Lake America now, not Lake Ontario) and a punishing regime of tariffs, Canada is far down the list.

Ottawa has been a loyal, if occasionally annoying, friend of the United States for nearly 100 years. The presence of a well-meaning country with similar values along the 5,000-mile border to our north is a gigantic geostrategic blessing, although one that is apparently lost on President Trump.

Both sides deserve blame for the breakdown in negotiations, but news reports suggest it was the U.S. that made additional demands at the 11th hour. Now both sides are imposing new duties on the other, and Trump is threatening 50% tariffs on all Canadian cars, trucks and parts beginning in the new year.

It is certainly true that we can impose more pain on the Canadians than they can on us and grind them down economically. We can also land the 101st Airborne in Nova Scotia. But why would we want to do it?

The contention with Canada is characteristic of Trump’s economically

A Foolhardy Conflict with an Inoffensive Ally

senseless, legally dubious and politically harmful push to tariff everything and everyone he can.

Trump’s imposition of all these duties -- often relying on strained interpretations of U.S. statutes -- has run directly counter to his promise in the 2024 campaign to reduce prices, a pledge central to his victory. Although the administration maintains that the cost of tariffs isn’t passed on to U.S. consumers -- instead borne by foreign countries and producers -- its actions implicitly concede the opposite.

The administration excluded an array of consumer electronics from new reciprocal tariffs on China to avoid unpopular price increases, and it lifted tariffs on a long list of foodstuffs late last year. Twice this year, including about a week ago, the administration widened exceptions for beef imports. If tariffs were genuinely cost-free, none of this would have been deemed necessary by the most protectionist administration since that of Herbert Hoover.

A chief argument for tariffs is that they will revive American manufacturing. Even if this is true, it’s a long-term play, whereas the disruption from tariffs is experienced immediately. It’s also a questionable proposition; increasing the price of imported goods used in manufacturing, which is the effect of the scattershot tariffs, doesn’t do U.S. producers any favors. It is telling that the National Association of Manufacturers opposes the sweeping tariffs.

Polling consistently

finds that the duties are unpopular. Majorities oppose Trump’s handling of the issue, and the public believes that the tariffs have increased prices and should be lowered. The trade war with Canada in particular fares poorly. A YouGov survey found that 62% of people oppose the imposition of 50% tariffs on many Canadian imports.

At the end of the day, Trump has chosen a long-standing ideological goal and his legacy over his short-term political standing. He has advocated for major tariffs for decades and has finally gotten them. They are likely to endure, even if they hurt now. His most probable Republican successor, J.D. Vance, presumably wouldn’t roll them back, and the Democratic candidate in 2028 might be equally protectionist. Regardless, it’s going to be difficult for future presidents to give up the revenue generated by the duties.

And so a president who campaigned on lowering prices has embraced a policy that, at the margins, increases them. Unless things are smoothed over with our Friendly Neighbor to the North, there will be more where that came from -- in a dispute with a country that no one considers an economic threat to the United States.

If the midterms end up sending a broad message of discontent, the tariffs will surely be a reason why.

Rich Lowry is editor of the National Review.

(c) 2026 by King Features Synd., Inc. ★

COMICS & PUZZLES

The Spats by Jeff Pickering

POPEYE by Randy Milgrom

Amber Waves by Dave T. Phipps

HOCUS-FOCUS by Henry Boltinoff

Out on a Limb by Gary Kopervas

GRIN AND BEAR IT by Dave T. Phipps

TIGER by Bud Blake

CROSSWORD

B	L	E	S	S		B	B	C		D	U	P	E	
A	I	T	C	H		A	I	L		T	E	N	E	T
R	A	N	E	E		B	O	A		U	L	T	R	A
F	R	A	N	K	L	Y		S	E	R	I	O	U	S
			T	E	A		U	P	O	N				
P	A	S		L	Y	E	S		N	I	T	W	I	T
A	D	A	R		E	V	E	R		P	O	O	L	E
R	O	L	E		R	E	L	A	Y		G	R	I	M
I	B	S	E	N		N	E	V	E		A	S	A	P
S	E	A	D	O	G		S	E	N	T	E	D	O	
			B	A	R	S		T	A	P				
A	N	Y	M	O	R	E		F	A	I	L	U	R	E
D	O	M	E	D		F	D	A		L	A	V	E	R
D	E	C	A	Y		E	A	R		O	C	E	A	N
S	L	A	T			R	Y	E		R	E	A	M	S

STATEPOINT CROSSWORD • MOVIE QUOTES

CLUES

ACROSS

- Give benediction
- World's oldest broadcasting company, acr.
- Hoodwink
- H, spelled out
- Have a cold, e.g.
- Dogma
- Raja's wife
- Shel Silverstein's constrictor
- Extreme, prefix
- **"____, my dear, I don't give a damn"
- "Why so ____?"
- "High" beverage
- Fairytale's second word
- "Swan Lake" step, e.g.
- Potassium hydroxide solution, pl.
- Nincompoop
- Month of Purim
- At any time
- Coastal town in southern England
- Flick part
- 4 x 4 race
- Like most Brothers Grimm stories
- "Peer Gynt" playwright
- Actress Campbell
- Please do not delay, acr.
- Experienced sailor (2 words)
- Dispatched
- a.k.a. Tokyo
- Window guards
- Beer faucet
- **"I'm mad as hell, and I'm not going to take it ____"
- **"What we've got here is ____ to communicate"
- Like United States Capitol
- Food safety org.
- Ritual basin
- Tooth trouble
- Husk of corn
- Sharks' domain
- Fence board
- Pastrami partner
- Paper quantities

DOWN

- Vomit
- The one with pants on fire
- Volcano in Sicily
- **"I can smell the ____ of a woman... Honey oil, lavender, soap"
- Israeli monetary unit
- **"Hasta la vista, ____"
- Life story, for short
- Fastener
- Hero shop
- "Do ____ others..."
- Paddington Bear's homeland
- Airport postings, acr.
- Rutabaga cousin
- Extra sweatshirt, e.g.
- Long period of time
- No-good
- **"We'll always have ____"
- Hacienda brick
- Mexican cuisine staple
- **"She doesn't ____ go here"
- Party garb?
- Not better

Consumer Cellular

CALL CONSUMER CELLULAR 888-804-0913

Classified Advertising

Sell Your Stuff!
Reach 1000's of Readers Every Week!

MPG

916.773.1111

SUDOKU

7	6	1	5	4	9	3	2	8
8	5	4	3	7	2	6	1	9
9	2	3	1	6	8	7	5	4
6	9	5	2	3	4	1	8	7
2	1	7	8	9	6	4	3	5
3	4	8	7	5	1	2	9	6
5	8	2	4	1	7	9	6	3
1	7	9	6	8	3	5	4	2
4	3	6	9	2	5	8	7	1

WE SUPPORT FIRST RESPONDERS

MPG

SUDOKU

Call today and receive a **FREE SHOWER PACKAGE PLUS \$1600 OFF**

SAFE STEP WALK-IN TUB 1-855-576-5653

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

		1	5		3	8	
		3		2			
9	2			7	5		
6	9		2				
		7		4			
				1		9	6
	8	2				6	3
			6		3		
4	6			5	8		

CALL A PROFESSIONAL

SLS

Insured
Lic#794551

Superior Landscape Services

Landscaping and Maintenance

• Sprinkler Repair/Install • Pruning
• Mowing/Trimming • Fertilizing

Please Call (916) 761-0999

Dave Cochran Owner

dave_SLS@surewest.net

Jose's Landscape Maintenance

✓ General Lawn Service
✓ One Time Clean Ups
✓ Lawn Aerate
✓ Dethatch
✓ Sprinkler Repair

Call Jose at
916-991-6923

Gen. Bus Lic # 32014-01649 \ Spe Bus Lic # 12016-00134

AFFORDABLE TRENCHLESS
& PIPE LINING

Install a Water/Electric
line under your
existing driveway!

SEWER PROBLEMS? WATCH OUR VIDEO.
www.ydig.com

We're #1 in the #2 business

Off (916) 488-1215 Lic #754886

SMOOT LANDSCAPING

Celebrating 45 years

916.454.1300

www.SmootLandscaping.com • Contractor License #633224

• Drought tolerant
landscape
• Low voltage lighting
• Garden renovations
• Concrete and stone
• Consultations
available

TRACTOR SERVICE

• Mowing • Rototilling
• Discing • Scraper/Loader

Call
(916) 991-8431

GREENWAY TREE SERVICE

Specializing in Expert Tree Pruning,
Tree Removal & Stump Grinding

Free Estimates
Competative Prices
Licensed and Insured

(916) 224-9750

ALL AMERICAN PRO
CONSTRUCTION & RESTORATION

★ FAMILY-OWNED & OPERATED ★ VETERANS & SENIOR DISCOUNTS ★
★ GREAT CRAFTSMANSHIP & CUSTOMER SERVICE ★
SPECIALIZING IN KITCHEN & BATH REMODELS,
WATER DAMAGE, PLUS MUCH MORE.

BIG OR SMALL, WE DO IT ALL.
GIVE US A CALL.
916-504-0188

CSLB# 1089369,
Licensed, Bonded
& Insured

HTTPS://AAPC.BUILD

Rewired To Read

Reading &
Spelling
Specialist

rewiredtoread.com
916-664-6805

LeAna Splettstoesser AA, AS, M.A.
26 Years Experience

FULL RANGE OF FLAT
ROOFING SERVICES

RPA FLAT ROOF

• New Construction • Leak Repairs
• Waterproofing • Top-Grade Materials
• Experienced • Reliable • Honest Pricing
• Excellent Customer Service

We take pride in completing
every project on time and
to the highest standards.
Lic. # 1153892

Call Today!
(916) 267-5026

RestoreYourHome.com

Quality, Service and Craftsmanship

John W Rouse III

Kitchen • Bath • Home

kitchens, baths, home renovations, interior home
remodeling, windows, doors, floors, cabinets, tile,
countertops, electrical, plumbing, finish carpentry

916.342.6596 • johnflooring@aol.com

Shanei Oriental Rug Gallery

Oriental Rugs | Persian Rugs | Navajo | Tapestries
Sell . Buy . Hand Washing . Restoration . Appraisal
916.792.5408 | 11267 Coloma Road - Gold River

Pick-up & Delivery www.SHANEI.com Since 1989

MURIETA
CARPET &
Stone Care

✓ Deep Steam Carpet Cleaning
✓ Tile & Grout Restoration
✓ Natural Stone Cleaning
& Sealing

Carpet • Tile • Grout • Natural Stone

RONNIE CRAVEA
916-502-1531

Proud Rancho Murieta Resident
Licensed & Insured
Lic # GNB32024-01516

Call for a FREE Estimate Today!

PROFESSIONAL PET WASTE REMOVAL SERVICE

Total clean
SCOOP TEAM

HONEST SERVICE. FAIR PRICING.
SPOTLESS RESULTS.

916-250-2506

WWW.TOTALCLEANSCOOPTeam.COM

RESIDENTIAL
& COMMERCIAL

Quality work since 1994!

CALL
916-370-8777

A.P.S.
Painting Inc.

Exterior & Interior • Power-Washing
Caulking • Competitive Pricing
Top Quality Paint • Free Estimates
Licensed/Insured License #863753

Magnolia Landscape
& Concrete, Inc.

Commercial • Residential
General Cleanups • Concrete • Pavers
Stone • Fence • Retaining Walls
Irrigation • Planting • Sod • Tree Removal

Call Now for
Free Estimate!
(916) 200-9518
Contractor Lic #962540

Email: magnolialandscapeco@gmail.com
Website: www.magnolialandscapeandconcreteinc.com

Local Classified

Advertise in your local community newspaper
Call 916-773-1111

Hall Rentals

Event hall for rent. 2,800 sq. ft. Coffee bar. Plenty of parking. Saturday and Sunday. \$500. 5809 Gibbons Dr. (916) 470-7323. (TFN)

Health/Wellness

XOSIALX – Get Social. Be EXCEPTIONAL XILERATE is redefining energy for everyone. It provides an authentic, jitter-free boost that appeals to both regular energy drink users, and those who may have avoided them due to artificial ingredients or harsh effects. FREE TO JOIN. www.cander-son.xosialx.com (TFN)

Help Wanted

KP
International MARKET

Many Positions
are Available.
Please no phone calls.
Apply in person.
10971 Olson Dr.,
Rancho Cordova,
CA 95670

TURN CLUTTER
INTO CASH!

PLACE A
CLASSIFIED AD
TODAY
(916) 773 1111

Are You a Pro?

Get the word out!

Advertise in the Classifieds
Call 916-773-1111

Keep It Local!

Landscaping

YARD SERVICE

ONE-TIME CLEANUP
Mow, Weed, Prune & Haul
NEED: Landscaping bark?
Gutters cleaned?
Light fence work?
CALL 916/205-9310
or 916/627-9000/

We
Support
Our
Military

Landscaping

CREATE YOUR
PARADISE

Winter Yard Cleanups,
Complete Landscape
Design/ Installation,
Sprinkler System
Installs/Repairs, All
Types Concrete Work,
Fence Installation,
Retaining Walls-
All Types, Drainage
Systems-all types,
Landscape Lighting,
Residential/ commercial
American Landscape Design
& Installation. Est 1987
American Construction & Property
Maintenance Company
WE ACCEPT VISA & MASTER CARD
(916)612-0776
Lic#690968

Advertising Works!

Music Lessons

Guitar Lessons

Beginner to Advanced . \$20/
half-hour; \$30 full hour. 916-
507-6658, freddiebbalbert@
gmail.com (12/31/2026)

Roofing

BERNARDINO
ROOFING

Reroofs, Repairs, Maintenance, Dryrot,
Gutters, Family Operated, BBB MEMBER!
FREE ESTIMATES
SENIOR DISCOUNTS
Lic.#817945 43 Years Experience
916.920.0100
www.bernardinoroofing.com

Room Wanted

Elderly man looking for
furnished room to rent.
\$600 - \$800. Call Scott (916)
910-4796. (TFN)

GOT LOCAL NEWS?

Call
(916) 773 1111

Tree Service

BP TREE
SERVICES LLC.

TREE & STUMP REMOVAL
TREE TRIMMING/ SHAPING
FREE ESTIMATE
10% OFF WITH THIS AD
Insured, Workman's comp, Arborist
916-722-6321
BPTreeServices.com
VISA / MASTER CARD
California Contractors Lic #1036031

Need Help?

Hire A Pro!

MPG8.COM

LEGAL
ADS FOR
SACRAMENTO
COUNTY?

We Can
Do That!

Call to place your
legal advertising
916-773-1111

MPG

All Legal Ads Published
by Messenger
Publishing Group

GOT LOCAL NEWS?
Call (916) 773 1111

Protect and Heal your whole family with Affordable
CHIROPRACTIC MEMBERSHIPS

All-inclusive monthly memberships from \$39-\$69 per visit. CALL or TEXT us today!

MENTION THIS AD
AND RECEIVE
\$50 OFF YOUR INITIAL
EXAM/TREATMENT

• Improves mobility, maintains flexibility
• Family owned and operated
• 25+ years experience serving the community
• Affordable memberships - plan for your health
• All inclusive - services and therapies
• Relieves pain from head/back/neck/sciatica

AMERICAN RIVER CHIROPRACTIC
2280 Vehicle Drive, Suite 110 Rancho Cordova, CA 95670
916-776-6362 • americanriverchiropractic.com
CALL or TEXT today!

SUNSET NO AL CLUB

EVENT HALL
FOR RENT.
2,800 sq. ft.
Coffee bar.
Plenty of parking.
Saturday and Sunday.
\$500.

5809 Gibbons Dr. • (916) 470-7323

Call to Advertise 916-773-1111

Legal Advertising
916-483-0946

Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 – February 7, 1984 • Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 – September 18, 1969
Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 – March 12, 2020 • The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 – March 21, 1988

FICTITIOUS BUSINESS
NAME STATEMENTS

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06220
Valentin Vorobets, 5037 Kahn
Street, Carmichael, CA 95608
is doing business under the
Fictitious Business Name(s)
“Val Transportation” 5037
Kahn Street, Carmichael, CA
95608. Filed with the Clerk of
Sacramento County August 7,
2026
Publish: August 21, 28, Sept 4, 11, 2026
VAL 9-11-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-05740
Philip Wayne Derbigny, 11852
Pyxis Circle, Rancho Cordova,
CA 95742 is doing business
under the Fictitious Business
Name(s) “Kettle Boyz” 11852
Pyxis Circle, Rancho Cordova,
CA 95742. Filed with the Clerk
of Sacramento County July 20,
2026
Publish: August 21, 28, Sept 4, 11, 2026
KETTLE 9-11-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-03977
Nita B Cruz, 1412 Passion
Lane, Fairfield, CA 94533 and
Maria Tamura, 736 Tillman
Drive, Stockton, CA 95206
are doing business under the
Fictitious Business Name(s)
“Sunflower Coffee Shop” 7500
Hospital Drive, Sacramento,
CA 95823. Filed with the Clerk
of Sacramento County May 19,
2026
Publish: August 21, 28, Sept 4, 11, 2026
SUNFLOWER 9-11-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-05898
Robert E. Beaudry, 12088 Gold
Pointe Lane, Gold River, CA
95670 is doing business under
the Fictitious Business Name(s)
“Beaudry Leadership Partners”
12088 Gold Pointe Lane, Gold
River, CA 95670. Filed with the
Clerk of Sacramento County July
27, 2026
Publish: August 21, 28, Sept 4, 11, 2026
BEAUDRY 9-11-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06235
Signed and Secured LLC, 4008
Batia Way, Rancho Cordova, CA
95742 is doing business under
the Fictitious Business Name(s)
“Signed and Secured CPR”
1900 Danbrook Drive Unit 323,
Sacramento, CA 95835. Filed
with the Clerk of Sacramento
County August 10, 2026
Publish: August 21, 28, Sept 4, 11, 2026
SIGNED 9-11-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06208
MMG Apparel LLC, 7816
Nesting Cove Court, Antelope,
CA 95843 is doing business
under the Fictitious Business
Name(s) “Fog Lighthouse” 7816
Nesting Cove Court, Antelope,
CA 95843. Filed with the Clerk
of Sacramento County August
7, 2026
Publish: August 21, 28, Sept 4, 11, 2026
FOG 9-11-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06246
Car Key Replacement
Sacramento Inc, 180 S Lexington
Drive Apt 421, Folsom, CA
95630 is doing business under
the Fictitious Business Name(s)
“Car Key Experts” 180 S
Lexington Drive Apt 421,
Folsom, CA 95630. Filed with
the Clerk of Sacramento County
August 10, 2026
Publish: August 21, 28, Sept 4, 11, 2026
CAR 9-11-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06223
Filipp Tarasyuk, 2238 Waterford
Road, Sacramento, CA 95815
is doing business under the
Fictitious Business Name(s)
“FLT Transportation” 2238
Waterford Road, Sacramento,
CA 95815. Filed with the Clerk
of Sacramento County August
7, 2026
Publish: August 21, 28, Sept 4, 11, 2026
FLT 9-11-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06162
Islam Mejia Vargas, POB 181,
Elverta, CA 95626 is doing
business under the Fictitious
Business Name(s) “Elite
Services” 7813 Lakeport Circle,
Elverta, CA 95626. Filed with
the Clerk of Sacramento County
August 6, 2026
Publish: August 21, 28, Sept 4, 11, 2026
ELITE 9-11-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-04531
Samarveer Singh, 3277 Garden
Terrace Drive, Folsom, CA
95630 is doing business under
the Fictitious Business Name(s)
“M & A Web Solutions” 3277
Garden Terrace Drive, Folsom,
CA 95630. Filed with the Clerk
of Sacramento County June 10,
2026
Publish: August 21, 28, Sept 4, 11, 2026
WEB 9-11-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06083
OCD Mobile Solutions LLC,
10265 Old Placerville Road #25,
Sacramento, CA 95827 is doing
business under the Fictitious
Business Name(s) “J’s Street
Beats” 10265 Old Placerville
Road #25, Sacramento, CA
95827. Filed with the Clerk of
Sacramento County July 31,
2026
Publish: August 21, 28, Sept 4, 11, 2026
JS 9-11-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06161
Richard DeSantis, 8104 Filifera
Way, Antelope, CA 95843 and
Kevin Hanawalt, 11134 Cascina
Way, Rancho Cordova, CA
95670 are doing business under
the Fictitious Business Name(s)
“RMD Hanawalt Construction”
11134 Cascina Way, Rancho
Cordova, CA 95670. Filed with

the Clerk of Sacramento County
August 6, 2026
Publish: August 21, 28, Sept 4, 11, 2026
RMD 9-11-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-05947
Carmen Peralta Bedoy, 608
Norma Court, Sacramento, CA
95833 is doing business under the
Fictitious Business Name(s) “V &
S Auto Keys” 608 Norma Court,
Sacramento, CA 95833. Filed with
the Clerk of Sacramento County
July 28, 2026
Publish: August 21, 28, Sept 4, 11, 2026
AUTO 9-11-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-05506
Mona Ghaffarian Maghoul, 9580
Oak Avenue Parkway Suite
7-299, Folsom, CA 95630 is do-
ing business under the Fictitious
Business Name(s) “MGH
Company” 9580 Oak Avenue
Parkway Suite 7-299, Folsom,
CA 95630. Filed with the Clerk
of Sacramento County July 16,
2026
Publish: August 21, 28, Sept 4, 11, 2026
MGH 9-11-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06291
Roots of Integration, LLC, 2110
K Street, Sacramento, CA
95816 is doing business under
the Fictitious Business Name(s)
“Atma Somatics” 2110 K Street,
Sacramento, CA 95816. Filed
with the Clerk of Sacramento
County August 12, 2026
Publish: August 21, 28, Sept 4, 11, 2026
ATMA 9-11-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06285
Hazak LLC, 8920 Bedford
Avenue, Fair Oaks, CA 95628
is doing business under the
Fictitious Business Name(s)
“Trek Off” 8920 Bedford Avenue,
Fair Oaks, CA 95628. Filed with
the Clerk of Sacramento County
August 12, 2026
Publish: August 21, 28, Sept 4, 11, 2026
TREK 9-11-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06272
Natalia Voloshina, 15 El Conde
Court, Sacramento, CA 95833
is doing business under the
Fictitious Business Name(s)
“Natalia’s Cleaning Services” 15
El Conde Court, Sacramento,
CA 95833. Filed with the Clerk
of Sacramento County August
11, 2026
Publish: August 21, 28, Sept 4, 11, 2026
NATALIAS 9-11-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06271
Inna Babich, 3113 Stanhope
Way, Sacramento, CA 95833
is doing business under the
Fictitious Business Name(s) “Inna
Clean Co.” 3113 Stanhope Way,
Sacramento, CA 95833. Filed
with the Clerk of Sacramento
County August 11, 2026
Publish: August 21, 28, Sept 4, 11, 2026
INNA 9-11-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06316
Ivan Efrén Herrera, 3335 B Watt
Avenue #171, Sacramento CA
95821 is doing business under
the Fictitious Business Name(s)
“AA Garage Doors/AAA Garage
Doors” 3529 Ridgewood Way,
Sacramento, CA 95821. Filed
with the Clerk of Sacramento
County August 13, 2026
Publish: August 21, 28, Sept 4, 11, 2026
AA 9-11-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06184
RJ & AJ Enterprises, 10266
Rockingham Drive, Sacramento,
CA 95827 is doing business
under the Fictitious Business
Name(s) “MJM Supply/DVBE
Staffing” 10266 Rockingham
Drive, Sacramento, CA
95827. Filed with the Clerk of
Sacramento County August 6,
2026
Publish: August 21, 28, Sept 4, 11, 2026
MJM 9-11-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06369
Brian Bigelow, 4801 El Camino
Avenue B, Carmichael, CA
95608 is doing business under
the Fictitious Business Name(s)
“Bigelow Construction” 4801 El
Camino Avenue B, Carmichael,
CA 95608. Filed with the Clerk
of Sacramento County August
14, 2026
Publish: August 21, 28, Sept 4, 11, 2026
BIGELOW 9-11-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06357
Aaron Toto, 8111 Cook Riolo
Road, Antelope, CA 95843 is do-
ing business under the Fictitious
Business Name(s) “Aaron
Brothers Home Services” 8111
Cook Riolo Road, Antelope, CA
95843. Filed with the Clerk of
Sacramento County August 14,
2026
Publish: August 28, Sept 4, 11, 18, 2026
AARON 9-18-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06373
Valeriya Timoshenko, 8015
Watt Avenue, Antelope, CA
95843 is doing business under
the Fictitious Business Name(s)
“European Market and Deli”
8015 Watt Avenue, Antelope,
CA 95843. Filed with the Clerk
of Sacramento County August
14, 2026
Publish: August 28, Sept 4, 11, 18, 2026
EUROPEAN 9-18-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06314
Ryan Robinson, 3363
Hayground Way, Sacramento,
CA 95835 is doing business
under the Fictitious Business
Name(s) “Grain & Light Studio/
Grain & Light” 3363 Hayground
Way, Sacramento, CA
95835. Filed with the Clerk of
Sacramento County August 13,
2026
Publish: August 28, Sept 4, 11, 18, 2026
GRAIN 9-18-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-05482
Seven Enterprise LLC, 5044
Madison Avenue, Sacramento,
CA 95841 is doing business
under the Fictitious Business
Name(s) “The UPS Store” 5044
Madison Avenue, Sacramento,
CA 95841. Filed with the Clerk
of Sacramento County July 15,
2026
Publish: August 28, Sept 4, 11, 18, 2026
THE 9-18-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06302
Brandon Shawn Mok,
915 Cobble Shores Drive,
Sacramento, CA 95831 is do-
ing business under the Fictitious
Business Name(s) “Fresh
Paws Company” 915 Cobble
Shores Drive, Sacramento, CA
95831. Filed with the Clerk of
Sacramento County August 12,
2026
Publish: August 28, Sept 4, 11, 18, 2026
FRESH 9-18-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-05147
Erin Helpio, 1401 21st Street
#12552, Sacramento, CA 95811
is doing business under the
Fictitious Business Name(s)
“Cranium Care” 1401 21st Street
#12552, Sacramento, CA
95811. Filed with the Clerk of
Sacramento County July 6, 2026
Publish: August 28, Sept 4, 11, 18, 2026
CRANIUM 9-18-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-04993
Sodi Singh, 9126 Kristina Court,
Sacramento, CA 95829 is doing
business under the Fictitious
Business Name(s) “Sodi
Trucking” 9126 Kristina Court,
Sacramento, CA 95829. Filed
with the Clerk of Sacramento
County June 25, 2026
Publish: August 28, Sept 4, 11, 18, 2026
SODI 9-18-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06258
Auburn Villa, LLC, 710 Lakeway
Drive Suite 180, Sunnyvale, CA
94085 is doing business under
the Fictitious Business Name(s)
“Auburn Villa Mobile Home &
RV Park/Auburn Villa Mobile
Home Park/Auburn Villa RV
Park/Auburn Villa MHP/Auburn
Villa” 5867 Auburn Boulevard,
Sacramento, CA 95841. Filed
with the Clerk of Sacramento
County August 11, 2026
Publish: August 28, Sept 4, 11, 18, 2026
AUBURN 9-18-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06398
Ivan Otsimik, 5845 Del Campo
Lane, Carmichael, CA 95608
is doing business under the
Fictitious Business Name(s)
“MegaCheB” 5845 Del
Campo Lane, Carmichael, CA
95608. Filed with the Clerk of
Sacramento County August 17,
2026
Publish: August 28, Sept 4, 11, 18, 2026
MEGACHEB 9-18-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-04737
VP Specialty Inc., 2301 West La
Loma Drive, Rancho Cordova,
CA 95670 is doing business
under the Fictitious Business
Name(s) “Victor Pools/VP
Enterprises” 2301 West La
Loma Drive, Rancho Cordova,
CA 95670. Filed with the Clerk
of Sacramento County June 16,
2026
Publish: August 28, Sept 4, 11, 18, 2026
VICTORS 9-18-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06033
Miles McDonald, 7741 Reno
Lane, Citrus Heights, CA 95610
is doing business under the
Fictitious Business Name(s) “Mr
Basset’s USA” 7741 Reno Lane,
Citrus Heights, CA 95610. Filed
with the Clerk of Sacramento
County July 30, 2026
Publish: August 28, Sept 4, 11, 18, 2026
MR 9-18-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06431
TINKU Holdings LLC, 7521
Malva Rosa Way, Sacramento,
CA 95829 is doing business
under the Fictitious Business
Name(s) “Venue at Folsom
Junction” 1301 Bidwell Street,
Folsom, CA 95630. Filed with
the Clerk of Sacramento County
August 18, 2026
Publish: August 28, Sept 4, 11, 18, 2026
VENUE 9-18-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06257
Michael Prestwich, 2711 Tioga
Way, Sacramento, CA 95821
is doing business under the
Fictitious Business Name(s)
“Knight Automotive” 2711
Tioga Way, Sacramento, CA 95821.
Filed with the Clerk of
Sacramento County August 11,
2026
Publish: August 28, Sept 4, 11, 18, 2026
KNIGHT 9-18-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06479
Thi Hong Ha Nguyen and
Marcos Edo Giral, 210 Bill Bean
Circle, Sacramento, CA 95835
are doing business under the
Fictitious Business Name(s)
“Hong Ha. Travel” 210 Bill
Bean Circle, Sacramento, CA
95835. Filed with the Clerk of
Sacramento County August 20,
2026
Publish: August 28, Sept 4, 11, 18, 2026
HONG 9-18-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06452
Gustavo Balderas Gutierrez,
611 Charles Bradley, Way,
Sacramento, CA 95838 is
doing business under the
Fictitious Business Name(s)
“3B Construction” 611 Charles
Bradley, Way, Sacramento, CA
95838. Filed with the Clerk of
Sacramento County August 19,
2026
Publish: August 28, Sept 4, 11, 18, 2026
CONSTRUCTION 9-18-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06499
Michael Hatfield, 10265
Old Placerville Road #25,
Sacramento, CA 95827 is do-
ing business under the Fictitious
Business Name(s) “J’s Street
Beats/OCD Mobile Solutions”
10265 Old Placerville Road #25,
Sacramento, CA 95827. Filed
with the Clerk of Sacramento
County August 20, 2026
Publish: August 28, Sept 4, 11, 18, 2026
JS 9-18-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06268
New Day Bake Shop LLC, 7643
Van Maren Lane, Citrus Heights,
CA 95621 is doing business
under the Fictitious Business
Name(s) “New Day Bake Shop”
7643 Van Maren Lane, Citrus
Heights, CA 95621. Filed with
the Clerk of Sacramento County
August 11, 2026
Publish: August 28, Sept 4, 11, 18, 2026
NEW 9-18-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06470
Phatcharin Jumpasom, 2530 J
Street, Sacramento, CA 95816
is doing business under the
Fictitious Business Name(s)
“Maneeya Thai Massage”
2530 J Street, Sacramento, CA
95816. Filed with the Clerk of
Sacramento County August 19,
2026
Publish: August 28, Sept 4, 11, 18, 2026
MANEEYA 9-18-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06460
PBRE, Inc., 2055 Red Star Court,
Gold River, CA 95670 is doing
business under the Fictitious
Business Name(s) “Gold River
Homes” 2055 Red Star Court,
Gold River, CA 95670. Filed with
the Clerk of Sacramento County
August 19, 2026
Publish: August 28, Sept 4, 11, 18, 2026
GOLD 9-18-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06448
Specialized Maintenance
Services LLC, 1960 Blue Oaks
Boulevard 190-6, Roseville, CA
95747 is doing business under
the Fictitious Business Name(s)
“OCS/Olvera Cleaning Services”
164 La Vina Court, Roseville, CA
95747. Filed with the Clerk of
Sacramento County August 18,
2026
Publish: August 28, Sept 4, 11, 18, 2026
OCS 9-18-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06440
Nancy Bonequi, 9028 Pear
Orchard Court, Orangevale, CA
95662 is doing business under
the Fictitious Business Name(s)
“Smokin Good Co/Char &
Chill Lemonade” 9028 Pear
Orchard Court, Orangevale, CA
95662. Filed with the Clerk of
Sacramento County August 18,
2026
Publish: September 4, 11, 18, 25, 2026
SMOKIN 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06546
Jessica Thompson, 9108
Castlebar Way, Sacramento,
CA 95826 is doing business
under the Fictitious Business
Name(s) “The Secondhand Trail
Series” 9108 Castlebar Way,
Sacramento, CA 95826. Filed
with the Clerk of Sacramento
County August 21, 2026
Publish: September 4, 11, 18, 25, 2026
THE 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06503
Irina Molkova, 6807 Barbara
Lee Circle, Sacramento, CA
95842 is doing business under
the Fictitious Business Name(s)
“M. Depilation Studio” 9739 Fair
Oaks Boulevard Suite D Room
3, Fair Oaks, CA 95628. Filed
with the Clerk of Sacramento
County August 20, 2026
Publish: September 4, 11, 18, 25, 2026
DEPIILATION 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06304
Cuddle Crew Pet Care
LLC, 2108 N Street Suite N,
Sacramento, CA 95816 is do-
ing business under the Fictitious
Business Name(s) “Cuddle Crew
Pet Care” 2108 N Street Suite N,
Sacramento, CA 95816. Filed
with the Clerk of Sacramento
County August 12, 2026
Publish: September 4, 11, 18, 25, 2026
CUDDLE 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06318
Piece of Mai, LLC, 8286 Yorkton
Way, Sacramento, CA 95829
is doing business under the
Fictitious Business Name(s)
“On The Wagon/Sans Proof” 3220
San Jose Way, Sacramento,
CA 95817. Filed with the Clerk
of Sacramento County August
21, 2026
Publish: September 4, 11, 18, 25, 2026
ON 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06539
Town Logic, 3220 San Jose
Way, Sacramento, CA 95817
is doing business under the
Fictitious Business Name(s)
“On The Wagon/Sans Proof” 3220
San Jose Way, Sacramento,
CA 95817. Filed with the Clerk
of Sacramento County August
21, 2026
Publish: September 4, 11, 18, 25, 2026
ON 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06552
Jessica Martinez, 6732 Calvine
Road, Sacramento, CA 95823
is doing business under the
Fictitious Business Name(s)
“Bubbies Batch” 6732 Calvine
Road, Sacramento, CA 95823.
Filed with the Clerk of Sacramento
County August 24, 2026
Publish: September 4, 11, 18, 25, 2026
BUBBIES 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06500
Josh Urbano PO Box 493,

Carmichael, CA 95609 and
Kimberly Urbano, 7610 Scenic
Court, Fair Oaks, CA 95628
are doing business under the
Fictitious Business Name(s)
“Live Fire & Smoke” 7610
Scenic Court, Fair Oaks, CA
95628. Filed with the Clerk of
Sacramento County August 20,
2026
Publish: September 4, 11, 18, 25, 2026
LIVE 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06569
VEC Property Investments,
LLC, 2376 Fair Oaks Boulevard,
Sacramento, CA 95825 is do-
ing business under the
Fictitious Business Name(s)
“Freeport Bakery” 2966 Freeport
Boulevard, Sacramento, CA
95818. Filed with the Clerk of
Sacramento County August 24,
2026
Publish: September 4, 11, 18, 25, 2026
FREEPORT 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-03995
Brandon Overman, 225 South
Sixth Street, Suite 4500,
Minneapolis, MN 55402 is do-
ing business under the Fictitious
Business Name(s) “Cornerstone
Planning Partners” 225 South
Sixth Street, Suite 4500,
Minneapolis, MN 55402. Filed
with the Clerk of Sacramento
County May 20, 2026
Publish: September 4, 11, 18, 25, 2026
CORNERSTONE 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06462
John Corso, 3003 NW Cello
Lane, Bend, OR 97703 is doing
business under the Fictitious
Business Name(s) “Willow
Glen Apartments” 7474 La
Macha Way, Sacramento, CA
95823. Filed with the Clerk of
Sacramento County August 19,
2026
Publish: September 4, 11, 18, 25, 2026
WILLOW 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06540
Yaroslav Drannikov and Olha
Drannikova, 2796 Catania
Way, Sacramento, CA 95826
is doing business under the
Fictitious Business Name(s)
“Euroluxceilings” 2796 Catania
Way, Sacramento, CA
95826. Filed with the Clerk of
Sacramento County August 21,
2026
Publish: September 4, 11, 18, 25, 2026
EURO 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06425
Primos Auto Insurance Services
Inc., 747 El Monte Way,
Dinuba, CA 93618 is doing
business under the Fictitious
Business Name(s) “Primos
Auto Insurance” 7062 Sunrise
Boulevard, Citrus Heights, CA
95610. Filed with the Clerk of
Sacramento County June 18,
2026
Publish: September 4, 11, 18, 25, 2026
PRIMOS 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06445
Dely L. Steffy, 3005 5th Avenue,
Sacramento, CA 95817 is doing
business under the Fictitious
Business Name(s) “Proven
Ground Real Estate/Proven
Ground RE/Proven Ground
Properties/Proven Ground Land
Company” 3005 5th Avenue,
Sacramento, CA 95817. Filed
with the Clerk of Sacramento
County August 18, 2026
Publish: September 4, 11, 18, 25, 2026
PROVEN 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06311
Nadia Buron, 5930 South Land
Park Drive #2311, Sacramento,
CA 95822 is doing business under
the Fictitious Business Name(s)
“AK Auto Detail” 7303 Pocket
Road, Sacramento, CA 95831.
Filed with the Clerk of Sacramento
County August 13, 2026
Publish: September 4, 11, 18, 25, 2026
AK 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06172
C & C Interiorscapes, Inc, 7324
Daly Avenue, Citrus Heights, CA
95621 is doing business under
the Fictitious Business Name(s)
“C & C Interiorscapes, Inc” 7324
Daly Avenue, Citrus Heights, CA
95621. Filed with the Clerk of
Sacramento County August 6,
2026
Publish: September 4, 11, 18, 25, 2026
INTERIOR 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06416
Pacific Africa LLC, 3545 Arden
Way #1115, Sacramento, CA
95864 is doing business under
the Fictitious Business Name(s)
“Pacific Africa/Africa Climate
X Nature Salon/Chailcity/
Remembered Futures” 3325
Eastern Avenue, Sacramento,
CA 95821. Filed with the Clerk
of Sacramento County August
18, 2026
Publish: September 4, 11, 18, 25, 2026
PACIFIC 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06457
Easy Community Day Program
LLC, 4208 N. Freeway
Boulevard, Sacramento, CA
95834 is doing business under
the Fictitious Business Name(s)
“Easy Community Day Program
LLC” 2307 Cashew Way,
Sacramento, CA 95834. Filed
with the Clerk of Sacramento
County August 19, 2026
Publish: September 4, 11, 18, 25, 2026
EASY 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06709
Open Path Property Services
LLC, 7077 Kingsmill Way, Citrus
Heights, CA 95610 is doing
business under the Fictitious
Business Name(s) “Open Path
Junk Removal & Demolition”
7077 Kingsmill Way, Citrus
Heights, CA 95610. Filed with

the Clerk of Sacramento County
August 27, 2026
Publish: September 4, 11, 18, 25, 2026
OPEN 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06699
International Church of the
Foursquare Gospel, 1132
Glendale Boulevard, Los
Angeles, CA 90026 is doing
business under the Fictitious
Business Name(s) “Risen
Christian Fellowship” 65 Quinta
Court Suite A, Sacramento, CA
95823. Filed with the Clerk of
Sacramento County August 27,
202

Legal Advertising
916-483-0946
*Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 – February 7, 1984 • Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 – September 18, 1969
Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 – March 12, 2020 • The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 – March 21, 1988*

LEGAL ADVERTISING

2508 Garfield Ave. • Ste. A
Carmichael, CA 95608

FICTITIOUS BUSINESS
NAME STATEMENTS

Ortiz, 8102 Wachtel Way, Orangevale, CA 95662 are doing business under the Fictitious Business Name(s) "Wild Whiskers Beard Co." 8836 Greenback Lane Suite B, Orangevale, CA 95662. Filed with the Clerk of Sacramento County August 14, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
WILD 10-2-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-06370
Jaime Lopez De Los Santos, 5905 Green Glen Way, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Vazquez Arborist and Landscaping" 5905 Green Glen Way, Sacramento, CA 95842. Filed with the Clerk of Sacramento County August 14, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
VAZQUEZ 10-2-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-06637
Michelle Monee Olivera, 2711 Ione Street, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Divine Fem Tarot888" 2711 Ione Street, Sacramento, CA 95821. Filed with the Clerk of Sacramento County August 25, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
DIVINE 10-2-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-06715
Dauntless Family Counseling, Inc., 3336 Bradshaw Road Suite 340, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Dauntless Counseling" 3336 Bradshaw Road Suite 340, Sacramento, CA 95827. Filed with the Clerk of Sacramento County August 27, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
DAUNTLESS 10-2-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-06374
Nikzad Foods LLC, 882 El Camino Avenue, Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "Ancient Sun" 882 El Camino Avenue, Sacramento, CA 95815. Filed with the Clerk of Sacramento County August 14, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
ANCIENT 10-2-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-06556
TKO Metals, Inc., 3341 Fitzgerald Road, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "TKO Dumpster Rentals" 3341 Fitzgerald Road, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County August 24, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
TKO 10-2-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-05603
Stoney Folks Inc, 10415 Folsom Boulevard #105, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Stoney Folks Inc" 10415 Folsom Boulevard #105, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County August 18, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
STONEY 10-2-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-06543
Ed Dreher, 281 Lyman Circle, Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "EDX Realty Services" 281 Lyman Circle,

Sacramento, CA 95835. Filed with the Clerk of Sacramento County August 21, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
EDX 10-2-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-05744
Rafiq Family LLC, 4626 Auburn Boulevard, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Mr. A's Tires & Auto Repair" 4626 Auburn Boulevard, Sacramento, CA 95841. Filed with the Clerk of Sacramento County July 20, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
MR 10-2-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-06789
Kimberly Jacqueline Austin and Darryl Wayne Austin, 9980 River Mist Way, Rancho Cordova, CA 95670 are doing business under the Fictitious Business Name(s) "Groovin Along Transportation" 9980 River Mist Way, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County August 31, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
GROOVIN 10-2-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-06856
Darcy Marie Soga, 15 Riverbrea Court, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "House of the North Star" 15 Riverbrea Court, Sacramento, CA 95831. Filed with the Clerk of Sacramento County September 2, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
HOUSE 10-2-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-06781
Gazette Media Co., LLC, PO Box 816, Sacramento, CA 95812 is doing business under the Fictitious Business Name(s) "NCPP/Sac Media Consulting" 428 J Street Suite 400, Sacramento, CA 95814. Filed with the Clerk of Sacramento County August 31, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
NCPP 10-2-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-06772
My Little House Family Childcare LLC, 2370 Carlsbad Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "My Little House Family Childcare LLC" 2370 Carlsbad Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County August 31, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
MY 10-2-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-06881
Syed Faisal Rahman, 10940 White Rock Road Suite 210, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Black and White Law Office" 10940 White Rock Road Suite 210, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County September 3, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
BLACK 10-2-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-05240
Phil Schroeder, 3520 Welch Court, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "SacStageArts/SacArts Spotlight" 3520 Welch Court, Sacramento, CA 95821. Filed with the Clerk of Sacramento County July 8, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
SAC 10-2-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-06582
Karla Yaredit Zavala Lazaro, 1819 Merkley Avenue #2, West Sacramento, CA 95691 is doing business under the Fictitious Business Name(s) "K & Y Profesional Cleaning" 1819 Merkley Avenue #2, West Sacramento, CA 95691. Filed with the Clerk of Sacramento County August 24, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
CLEANING 10-2-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-06760
Teahya Bishop Fowler, 4912 Kenroy Way, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Wildflower BodyWork" 4912 Kenroy Way, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County August 31, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
WILDFLOWER 10-2-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-06811
Bibbies Grill LLC, 3645 Husch Way, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Northpeak Coffee" 3645 Husch Way, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County September 1, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
SCULPTED 10-2-26

STATEMENT OF
ABANDONMENT OF
FICTITIOUS BUSINESS NAME

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE NO. FBNF2024-03009
The following person(s) has/have abandoned the use of the FICTITIOUS BUSINESS NAME of: Well Accounted Bookkeeping, 5801 Topp Court, Carmichael, CA 95608.
Jynny Babcock, 6330 Sunrise Boulevard #1031, Citrus Heights, CA 95610.
The Fictitious Business Name Statement was filed on April 19, 2024 in the County of Sacramento.
Filed with the clerk of Sacramento County: August 18, 2026.
Publish: September 4, 11, 18, 25, 2026
WELL 9-25-26

ORDER TO SHOW CAUSE
CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#26CV019102

Nathaniel Louise Heart has filed a petition with this court for a decree changing the name(s) of Nathaniel Louise Heart to Nathaniel Isaac Bastian Fairweather.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on April 15, 2027, at 9:00 a.m. in Department 16C, located at 500 G Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 10, 2026
Christopher E. Krueger, Judge of the Superior Court
Publish: August 21, 28, Sept 4, 11, 2026
HEART 9-11-26

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#26CV017206

Mustafa Kadhim Taha and Doaa

Basil Mohammed have filed a petition with this court for a decree changing the name(s) of Fatima Taha to Fatimah Mustafa Kadhim.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 25, 2027, at 9:00 a.m. in Department 16C, located at 500 G Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: July 16, 2026
Christopher E. Krueger, Judge of the Superior Court
Publish: August 21, 28, Sept 4, 11, 2026
MOHAMMED 9-11-26

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#26CV016996

Kyle William Young and Sydney Liza Young have filed a petition with this court for a decree changing the name(s) of Dylan Skylar Young to Skylar Delaney Young.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 18, 2027, at 9:00 a.m. in Department 16C, located at 500 G Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: July 14, 2026
Christopher E. Krueger, Judge of the Superior Court
Publish: August 21, 28, Sept 4, 11, 2026
YOUNG 9-11-26

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#26CV018972

Jennifer Anne Hauck Mahoney has filed a petition with this court for a decree changing the name(s) of Natalie June Mahoney to Natalie June Hauck-Mahoney.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 23, 2027, at 1:30 p.m. in Department 16D, located at 500 G Street, Sacramento CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 7, 2026
Richard K. Sueyoshi, Judge of the Superior Court
Publish: August 21, 28, Sept 4, 11, 2026
MAHONEY 9-11-26

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#26CV018517

Isac Alvarado has filed a petition with this court for a decree changing the name(s) of Isac Alvarado to Isac Zavala Alvarado.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 17, 2027, at 1:30 p.m. in Department 8C, located at 500 G Street, Sacramento CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: July 31, 2026
Richard C. Miadich, Judge of the Superior Court
Publish: August 21, 28, Sept 4, 11, 2026
ALVARADO 9-11-26

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#26CV014695

Inna, Sergeevna, Vinokurov has filed a petition with this court for a decree changing the name(s) of Inna, Sergeevna, Vinokurov to Inna Vino.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on January 20, 2027, at 1:30 p.m. in Department 8D, located at 500 G Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: June 17, 2026
Julie G. Yap, Judge of the Superior Court
Publish: August 21, 28, Sept 4, 11, 2026
VINOKUROV 9-11-26

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#26CV019525

Sandra Adams has filed a peti-

tion with this court for a decree changing the name(s) of Jordan Alexander Nesbit to Jordan Alexander Richardson.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on April 7, 2027, at 1:30 p.m. in Department 8C, located at 500 G Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 17, 2026
Richard C. Miadich, Judge of the Superior Court
Publish: August 28, Sept 4, 11, 18, 2026
ADAMS 9-18-26

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#26CV019672

Natalie Alexandra Lazo has filed a petition with this court for a decree changing the name(s) of Natalie Alexandra Lazo to Natalie Alexandra Lazo Spicer.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on April 14, 2027, at 1:30 p.m. in Department 8C, located at 500 G Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 19, 2026
Richard C. Miadich, Judge of the Superior Court
Publish: August 28, Sept 4, 11, 18, 2026
LAZO 9-18-26

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#26CV019125

Dad Mohammad Akrami has filed a petition with this court for a decree changing the name(s) of Dad Mohammad Akrami to Mohammad Akrami.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on April 5, 2027, at 1:30 p.m. in Department 8C, located at 500 G Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 5, 2026
Richard C. Miadich, Judge of the Superior Court
Publish: August 28, Sept 4, 11, 18, 2026
AKRAMI 9-18-26

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#26CV019142

Dawood Khan Akrami has filed a petition with this court for a decree changing the name(s) of Dawood Khan Akrami to Dawood Akrami.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 24, 2027, at 1:30 p.m. in Department 8D, located at 500 G Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 5, 2026
Julie G. Yap, Judge of the Superior Court
Publish: August 28, Sept 4, 11, 18, 2026
AKRAMI 9-18-26

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#26CV019525

Sandra Adams has filed a petition with this court for a decree changing the name(s) of Jordan Alexander Nesbit to Jordan Alexander Richardson.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on April 7, 2027, at 1:30 p.m. in Department 8C, located at 500 G Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 17, 2026
Richard C. Miadich, Judge of the Superior Court
Publish: August 28, Sept 4, 11, 18, 2026
ADAMS 9-18-26

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#26CV019993

Louis Cervantes Jr has filed a petition with this court for a decree changing the name(s) of Louis Cervantes Jr to Luis Guillelmo Cervantez.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 6, 2027, at 9:00 a.m. in Department 16C, located at 500 G Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 24, 2026
Christopher E. Krueger, Judge of the Superior Court
Publish: September 4, 11, 18, 25, 2026
CERVANTES 9-25-26

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#26CV018789

Christopher Garrett Niemeyer has filed a petition with this court for a decree changing the name(s) of Christopher Garrett Niemeyer to Christopher Garrett Glasgow.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on April 14, 2027, at 1:30 p.m. in Department 8D, located at 500 G Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 6, 2026
Julie G. Yap, Judge of the Superior Court
Publish: September 4, 11, 18, 25, 2026
NIEMEYER 9-25-26

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#26CV018752

Jaswant Singh, Sandeep Kaur has filed a petition with this court for a decree changing the name(s) of Rasleen Kajla to Rasleen Kaur.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 25, 2027, at 1:30 p.m. in Department 16D, located at 500 G Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 5, 2026
Richard Sueyoshi, Judge of the Superior Court
Publish: September 4, 11, 18, 25, 2026
KAUR 9-25-26

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#26CV020380

Leilani Kalona Casarez has filed a petition with this court for a decree changing the name(s) of Makoa Kauloalo Mithras Sol Invictus Guadagnolo to Makoa Kalanaloa Casarez.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 6, 2027, at 9:00 a.m. in Department 16C, located at 500 G Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 26, 2026
Christopher E. Krueger, Judge of the Superior Court
Publish: Sept 11, 18, 25, Oct 2, 2026
CASAREZ 10-2-26

NOTICE OF PETITION TO
ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF IVORY LEE WEBB
CASE NO. 26PR002341

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Ivory Lee Webb.

A Petition for Probate has been filed by Dwight Murphy Jr. in the Superior Court of California, County of Sacramento, requesting Dwight Murphy Jr. be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant

City of Rancho Cordova Notice of Public Hearing

NOTICE is hereby given that on **Wednesday, September 23, 2026**, at **5:30 p.m.**, or as soon thereafter as the matter may be heard, the Planning Commission of the City of Rancho Cordova will hold a Public Hearing at the **Rancho Cordova City Hall, located at 2729 Prospect Park Drive, Rancho Cordova**, to consider the following:

CAPTIAL VILLAGE RESIDENCES — VESTING TENTATIVE SUBDIVSION MAP & MAJOR DESIGN REVIEW —
PROJECT NO. PLND-0725-0134:

REQUEST: The applicant is requesting approval of a Vesting Tentative Subdivision Map and Major Design Review to develop 166 single-family homes, including 59 units with attached Accessory Dwelling Units (ADUs). The project is split between two sites. Site 1 is located at the northeast corner of Kilgore Road and International Drive and includes 135 single-family lots, while Site 2 is located at the southwest corner of the same intersection and includes 31 single-family lots. The project features six distinct floor plans, each offered in three architectural elevation styles. A landscape plan is also included, featuring an open space area with amenities such as a picnic area, multi-use lawn, and a detention basin.

OWNER: Nelson E. Bahler
GGC Hwy 50, LLC
3255 W March Lane, Suite 400
Stockton, CA 95219

OWNER: GGC Hwy 50, LLC
2484 Natomas Park Drive,
Suite 101
Sacramento, CA 95833

APPLICANT: Rosalinda Perez
Guardian Commercial Real Estate, L.P.
5780 Fleet Street, Suite 225
Calrsbad, CA 92025

LOCATION/APN: Northeast corner and Southwest corner of International Drive and Kilgore Road; APNs: 072-0680-048, 072-0260-057, -058, -059, & -060
ZONING: Office Professional Mixed Use (OPMU)
ENVIRONMENTAL: An Addendum to the Initial Study/Mitigated Negative Declaration (IS/MND) that was completed in December 2022 (SCH No. 20220900063) has been prepared pursuant to Article 6 of the California Environmental Quality Act (CEQA) Guidelines
PROJECT PLANNER: Chance Finley-Ross, AICP, Associate Planner

The City of Rancho Cordova encourages interested parties to attend public meetings and comment on the issues being discussed. If you wish to provide testimony and are unable to attend the meeting, written comments that are delivered to the Planning Commission Clerk prior to the time of the hearing will be made a part of the public record.

Questions regarding this matter should be directed to the City of Rancho Cordova Planning Division at (916) 851-8750.

NOTICE REGARDING CHALLENGES TO DECISIONS

Pursuant to all applicable laws and regulations, including without limitation, California Government Code Section 65009 and/or California Public Resources Code Section 21177, if you wish to challenge in court any of the above decisions (regarding planning, zoning and/or environmental decisions), you may be limited to raising only those issues you or someone else raised at the public hearing(s) described in this notice/agenda, or in written correspondence delivered to the city at, or prior to, this public hearing.

ADA COMPLIANCE STATEMENT

In compliance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please contact the Planning Division at (916) 851-8750. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting.

Printed in the Grapevine Independent on September 11, 2026.

City of Rancho Cordova Notice of Public Hearing

NOTICE is hereby given that on **Monday, September 21, 2026**, at **5:30 p.m.**, or as soon thereafter as the matter may be heard, the City Council of the City of Rancho Cordova will hold a Public Hearing at the **Rancho Cordova City Hall, located at 2729 Prospect Park Drive, Rancho Cordova**, to consider the following:

First Reading of Ordinance Establishing a Special Tax for Transit-Related Services for IONNA EV Charging Project

The purpose of this public hearing is: Adoption of the Ordinance will assist the City in meeting the costs of providing transit-related services by creating a special tax area zone and establishing a special tax for transit-related services for The IONNA EV Charging Project.

The City of Rancho Cordova encourages interested parties to attend public meetings and comment on the issues being discussed. If you wish to provide testimony and are unable to attend the meeting, written comments that are delivered to the City Clerk's office prior to the time of the hearing will be made a part of the public record. Questions regarding this matter should be directed to Khaliq McClean, City of Rancho Cordova at (916) 851-8708.

NOTICE REGARDING CHALLENGES TO DECISIONS

Pursuant to all applicable laws and regulations, including without limitation, California Government Code Section 65009 and/or California Public Resources Code Section 21177, if you wish to challenge in court any of the above decisions (regarding planning, zoning and/or environmental decisions), you may be limited to raising only those issues you or someone else raised at the public hearing(s) described in this notice/agenda, or in written correspondence delivered to the city at, or prior to, this public hearing.

ADA COMPLIANCE STATEMENT

In compliance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please contact the City Clerk's Department at (916) 851-8720. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting.

Printed in the Grapevine Independent on September 11, 2026.

Finding Capacity and Resilience

Exploring Somatic Therapy and Dream Work with Nicole Lemaster, LFMT, SEP

By Abbey Wicks

SACRAMENTO, CA (MPG) - Nicole Lemaster considers herself to be more than just a therapist. She considers herself a healer.

With more than a decade of experience, Lemaster is a Licensed Marriage and Family Therapist (LMFT) and a Somatic Experiencing Practitioner (SEP).

As a somatic therapist, she takes a body-centered approach in helping clients find relief from trauma stored in the body. Stored trauma might show up as chronic pain, difficulty sleeping or not being able to enjoy the present moment. Her work guides her clients to nervous system regulation and finding a state of homeostasis.

Lemaster’s journey to becoming a somatic therapist stemmed from her own lived trauma. She identifies with the wounded healer archetype, or a person whose personal trauma and pain becomes their source of helping others.

She specializes in patients with PTSD, complex PTSD and shock trauma. Anxiety and depression usually end up in the cluster with those other diagnoses, Lemaster said.

However, this type of therapy can benefit clients who aren’t experiencing these disorders.

“The nervous system work is profound, and it can literally support people who haven’t had these types of shock traumas or complex traumas from their developmental years,” Lemaster said.

Working with nervous systems led Lemaster to start her own dream coaching business, Moonbeam Dream, where she offers sessions such as DreamSphere, a five-week program and Auralis, a nine-week program.

“The same nervous system work that helps you get over symptoms also supports you having the capacity to tolerate visibility or have courage,” Lemaster said.

Lemaster said somatic therapy might be considered by patients who are feeling stuck and not benefiting from traditional talk therapy or continue to engage in patterns or habits that they know are harmful.

“There’s like on lay of guilt and shame for being able to see it, but their system still doesn’t have the capacity to do it different,” Lemaster said this same idea applies to fear around pursuing a dream.

According to an article from



Nicole Lemaster with her book “WTF Am I Even Doing: A Nervous System Workbook To Support Mind Body Alignment.” Photo courtesy of Nicole Lemaster (@coleyology)

Harvard Health, “Typical talk therapies such as CBT engage only the mind, not the body, encouraging people to become aware of disturbing thoughts and behavior patterns and work to change them. But in somatic therapy, the body is the starting point to achieve healing.”

Lemaster explained the

survive, even if that is not its true state of homeostasis. This creates tension stored in the body.

Somatic therapy involves showing your nervous system that it can reset, that it is safe.

According to Lemaster, a supported nervous system looks like capacity and resilience. The buzzword concept of being “zenned out” oversimplifies the work that is being done within the nervous system, Lemaster said.

“It is being able to go to that space,” Lemaster said. “But an actual nervous system that is regulated is like ‘Oh, there’s some high charge stress I know how to activate, and after it’s done, I’m able to deactivate.’”

Lemaster explained the process of a somatic therapy session as mirroring back to her clients what she sees in their body language.

“My whole hope is to build safe enough, self-trust, self-love, self-intimacy, self-empowerment and it has nothing to do with me because I’m just mirroring back what your body’s already doing,” Lemaster said. “I’m just helping you know it’s there and trust yourself.”

It’s building a well of resources to pull from and a

safe space to pendulate back to. “So often when people are hurting, they can’t locate pleasure as easily or what’s good.”

According to Lemaster, it’s very common for people to experience microdoses of regulation, like taking a deep breath or noticing something beautiful in nature. Somatic therapy can help people become fully conscious of that regulation.

Nervous system regulation plays a significant role in pursuing dreams, something Lemaster realized throughout her work as a therapist.

“To create your dream, you need to be in alignment and authentic and vulnerable,” Lemaster said.

An unregulated nervous system might shut down to keep you safe from experiencing that vulnerability, LeMaster said. Building resilience lends itself to pursuing dreams with courage.

“Because dreams are precious,” Lemaster said.

Lemaster’s book “WTF Am I Even Doing: A Nervous System Workbook To Support Mind Body Alignment” is available on Amazon. She can be found on social media @interconnectedheart and @coleyology. ★



**Publisher,
Paul V. Scholl**

The Grapevine Independent is a member of **Messenger Publishing Group**

To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: Publisher@mpg8.com.
Be sure to place in the subject field "Attention to Publisher". If you do not have email access, please call us at (916) 773-1111.

Grapevine Independent

Serving Rancho Cordova and Sacramento County Since 1968

It is the intent of the *Grapevine Independent* to strive for an objective point of view in the reporting of news and events. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

The *Grapevine Independent* is not responsible for unsolicited manuscripts or materials. The entire contents of the *Grapevine Independent* is with the publishing company and written permission to reproduce the same must be obtained from the publisher.

Subscriptions should be mailed to *Grapevine Independent*, 2508 Garfield Ave., Suite A, Carmichael, CA 95608. Subscription rate is \$52 per year within Rancho Cordova. \$72 within Sacramento County.

The *Grapevine Independent* is published weekly. Call 916-773-1111 for more information.

We are proud members of these newspaper associations.



RCPD Conducts Retail Theft Operation

City of Rancho Cordova News Release

RANCHO CORDOVA, CA (MPG) - Recently, the Rancho Cordova Police Department (RCPD) conducted a retail theft enforcement operation focused on retail establishments on Zinfandel Drive. The operation included members of the RCPD Problem Oriented Policing (POP) Team, RCPD detectives and a Sacramento County Property Crimes detective.

During the operation, officers detained nine individuals and issued nine trespass

notices. Officers issued three misdemeanor citations and recovered numerous items of suspected stolen merchandise. No other businesses within the shopping complex requested police assistance or made calls for service during the operation timeframe.

The operation successfully identified and addressed retail theft at the participating businesses, resulting in several enforcement actions, the recovery of stolen merchandise and the issuance of trespass notices to individuals identified during the operation. ★



WE SUPPORT FIRST RESPONDERS



Legal Advertising
916-483-0946

*Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 – February 7, 1984 • Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 – September 18, 1969
Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 – March 12, 2020 • The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 – March 21, 1988*

LEGAL ADVERTISING

2508 Garfield Ave. • Ste. A
Carmichael, CA 95608

NOTICE OF PETITION TO ADMINISTER ESTATE

the authority.

A hearing on the petition will be held in this court as follows September 30, 2026, 9:00 a.m. in Dept 126; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the

date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Dwight Murphy Jr., 3653 Far Niente Way, Sacramento, CA 95834; 925-382-9369

Publish: August 28, Sept 4, 11, 2026
WEBB 9-11-26

NOTICE OF PETITION TO ADMINISTER ESTATE OF HANA MARIE TRKOVSKY CASE NO. 26PR001795

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Hana Marie Trkovsky.

A Petition for Probate has been filed by Tonya Dee Gullo, in the Superior Court of California, County of Sacramento, requesting Faith Koby be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived

notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows September 29, 2026, 9:00 a.m. in Dept Probate, Room 126; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months

from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Tonya D. Gullo, 2515 Las Casas Way, Rancho Cordova, CA 95670; 951-378-2180

Publish: August 28, Sept 4, 11, 2026
TRKOVSKY 9-11-26

LIEN SALE

LIEN SALE 9/21/26 9AM
AT 10148 IRON ROCK WAY,
ELK GROVE
16 PORSCHE LIC# 7TLE352
CA
VIN# WP1AE2A26GLA17104
SAC 9-11-26

LIEN SALE 9/21/26 10AM
AT 796 DEL PASO BLVD,
SACRAMENTO
07 SUN LIC# 1MK4504 CA
VIN# 4UBBT0S2471G76225
LIEN 9-11-26

LIEN SALE 9/21/26 10AM
AT 809 READING ST, FOLSOM
17 HONDA LIC# AB88U90
VIN# JHMCRF74HC019542
SAC 9-11-26



FOLLOW US

for Local News and much more!

Rancho Cordova Grapevine Independent

 **Facebook: @RCGIMPG8**

LOCAL ARREST RECORDS

Find out what's happening in your local area

Arrest Logs updated daily

RANCHOCORDOVAINDEPENDENT.COM



By Bob McGarvey

Last night, at about 8:00 pm, there was a light rain which I enjoyed because it had been some weeks since it rained in Rancho Cordova. This winter's El Nino has a pretty high chance of becoming dangerous weather. We will watch storms, flooding, and more impacts on everyone this year. I know that we will all have to watch very carefully this coming winter. I remember the rain we received in 1986. The water was almost over the Folsom Dam. I know about the depth of the American River, and it was running high in the Rossmoor Park, I hope we don't ignore the weather as it goes on by.

The information from the Mosquito Vector Control District has been on the news recently because some people have been infected by the West Nile Virus. There are quite a few who have that illness. Looking at the maps

And Another Thing

A Season of Rain and Memories

of Rancho Cordova, there are very few times in which the mosquitoes are shown. We find very few people in Rancho who are affected by the mosquitos. More people who test positive are shown in Citrus Heights or Folsom than in Rancho.

I am looking forward to the holidays which are starting soon. We just celebrated Labor Day, and Halloween is coming up soon. This is my favorite time of the year. Some things are stronger memories than others, like 9-11 which was shown on TV just the other day. Another thing that I remembered was that I was in Lake Charles, Louisiana and I was assigned to Chennault Air Force Base in October when we were alerted because of the Cuban Missile Crisis. This was frightening to everyone in our country. That was October 1962, when it caused everyone to be afraid of possible nuclear war. Fortunately, it finally ended with no nuclear missiles or war.

Something that I appreciate today, is the addition to the Mather Veterans Village that is being expanded. There are going to be 70 more apartments attached to the Mather Veterans Village. Right now, there are 150 apartments in the village, and there are also 50 transitional beds, and the Veterans can stay there for two years. The apartments do not have same time limit. The 70 apartments which are being added will be apartments like the others, and the Veterans can live there until they can live independently. Some have been there since it

The 70 new apartments are in the process, and there is one building which has been partially done. I hope that will be done before the rain begins. More apartments will get more Veterans off the street. I will keep watching those apartments as they are completed.

From Bob McGarvey, God bless, and see you next time. ★



the weekly whistle

The Loudest Emotion: Part 2

By Jason Harper, Director, Rancho Cordova Athletic Association

RECAP PART 1:

“There I was, the fierce competitor who minutes earlier imagined himself as David preparing to slay Goliath, now reduced to climbing through the bleachers to retrieve the glove I had just thrown in a tantrum. Humiliation has a funny way of making lessons stick. I thought that was the end of my humiliation.

It wasn’t.”

THE PART I DIDN’T KNOW YET

After the game, I went through my normal routine. I iced my arm. I stretched. I tried to put the whole miserable afternoon behind me. Then I noticed something. A dull, gnawing pain deep in my shoulder. Not the normal soreness after pitching.

Something was wrong. Eventually, the diagnosis came back: A micro-tear of my subscapularis. My season was over.

That fall, instead of starting baseball, I started physical therapy. Think about that sequence.

Minutes earlier, I had acted as though giving up that home run was the worst thing that could possibly happen to me.

I blamed my catcher. I untucked my jersey. I threw my hands into the air. I dropped the baseball, making Coach King pick it up. I launched my glove into the stands. That didn’t work either, landing at her feet.

I made certain everybody in the ballpark knew how devastated I was over one pitch. And I didn’t even know yet that I had just thrown my last pitch of the season. That realization has stayed with me for nearly four decades.

We rarely know, in the moment, how big the moment is.

I treated a home run like a catastrophe. Then an actual setback arrived quietly. No crowd reaction. No screaming coach. No baseball disappearing into the night. Just a dull ache in my shoulder. One moment required maturity. The other revealed how little of it I had.

I DIDN’T HAVE TO SAY A WORD

That’s what I understand differently today. I hadn’t dropped a string of F-bombs on my teammates. I hadn’t delivered some profanity-filled tirade. In fact, I really hadn’t said very much at all. I didn’t need to. My body had already given the speech.

Blaming my catcher. Untucking my jersey. Throwing my hands into the air. Dropping the baseball instead of handing it to my coach. Throwing my glove. Walking away. Every movement communicated something.

This isn’t my fault. I’m angry. I’m embarrassed. Someone else is responsible. Look at me.

I had just pitched a pretty darn good baseball game against a very good team.

Nobody cared anymore. My body language became the story.

Imagine if college coaches or professional scouts had been sitting in those stands.

What would they have written down? Not my ERA. Not the movement on my slider.

Not that I had competed deep into a game against a talented lineup. They would have written down something much more important: he is a tantrum-throwing cancer in team chemistry. How I responded when things went wrong. And that’s why body language belongs in our coaching curriculum.

THERE ARE WAYS TO COACH IT! COACH THE RESPONSE, NOT JUST THE RESULT.

We coach the swing. The route. The shot. The throw. The pitch. Start coaching what happens after the mistake. Give athletes a reset routine.

Error? Pick up the glove. One breath. Find the next assignment.

Strikeout? Helmet away correctly. Eyes up. Rejoin the team.

Bad call? No eye roll. No hands thrown into the air. Reset.

Don’t simply tell athletes what not to do. Teach them the replacement behavior. In sports, it is called “having a short memory.” Coach Ted Lasso from the sports soccer series declared that the happiest animal in the world is a goldfish. Why? Because the goldfish has a ten-second memory. At least to Coach Lasso.

TURN THE SOUND OFF.

Athletes often have no idea what they look like. Neither do coaches. Use game film for more than mechanics. Occasionally, turn the sound completely off. Watch what happens after an error. After a substitution. After a teammate makes a mistake. After an official makes a bad call. After you’re winning. And especially after you’re losing.

Then ask one question: “If we couldn’t hear anything, what would our team be saying?”

That could be one heck of a film session!

I was hired to work with a coach developing a team culture. The hard part was telling them they were the problem to start with. Why? Their actions, words, and non-verbals would/could never be tolerated by them or their players. The coach had never seen or heard themselves.

“Next game,” I paused for dramatic effect. “Coach don’t film the game. Film you, your staff, and your team,” I said. They agreed to the filming. And they agreed to wear a lavalier mic to record their words during coaching. After the game, they had forgotten that we had filmed (and recorded). The film made them mortified. That took care of the coaches’ “lead as I say” hypocrisy.

COACHES: REMEMBER WHO IS WATCHING YOU.

I must tell you, the coach nearly changed overnight. Long after I was gone, they self-imposed a “Coaches Fine Account.” Cash for a tantrum. Cash for profanity. They realized that this lesson isn’t just for athletes. Your players watch what you do after an error. They see your face after a bad call. They notice the eye roll. The crossed arms. The disgusted turn toward the bench. The clipboard slammed onto the chair.

You may tell an athlete: “Next play.” But if every part of your body is screaming:

“I CAN’T BELIEVE YOU JUST DID THAT!” Guess which messages the kid hears?

The body usually wins. Our job isn’t to eliminate emotion. It’s to learn how to manage it.

THE LOUDEST EMOTION

We don’t want coaches and athletes to become robots. If you strike out with the bases loaded, be disappointed. If you make an error, be frustrated. If you hit the first home run of your life, for goodness’ sake, celebrate it. Emotion is one of the beautiful parts of sports.

The lesson is learning the difference between having an emotion and surrendering control to it.

In the summer of 1989, I hadn’t learned that yet. Coach King didn’t need a 30-minute lecture to teach me. He needed two sentences.

“Harper, you don’t throw tantrums on my team.”

“Now go into the stands and get your mitt.”

And life added one more lesson a few hours later. The glove came back. The season didn’t.

Thirty-seven years later, I can still see that baseball leaving LaRue Baber’s bat. I can still see my glove sitting at Aimee’s feet. And I can still remember that dull ache in my shoulder.

That’s part of why I have spent so much of my adult life coaching coaches and athletes.

I’m trying to put a roadblock in front of them before they barrel down that road called:

OUT OF CONTROL.

I don’t teach this because I mastered it. I teach it because I’ve traveled it. Your shoulders talk. Your eyes talk. Your hands talk. Your walk back to the dugout talks. The way you hand, or don’t hand, the baseball to your coach talks.

And occasionally... the glove flying over the dugout talks loudly too. It screamed to my pops and to his high school buddy, “Harper is a punk.” It screamed to my mom, “Oh Jason!” And I am sure it screamed something to Aimee.

Coaches, teach it.

Athletes, own it.

Because long after people forget the mistake you made, they may remember how you carried yourself after making it. Your body is always talking.

Make sure it’s saying something you’re proud of. ★

LEGAL ADS FOR SACRAMENTO COUNTY?

We Can Do That!

916-773-1111

All Legal Ads Published by Messenger Publishing Group

CHURCH DIRECTORY

SUN RIVER CHURCH

11223 Trinity River Drive

Rancho Cordova • (916) 635-9000

9:00 am Sundays: Youth and Adult classes

10:30 am: Worship Gathering

Nursery and Children’s programs available at both 9:00 and 10:30 am

FIRST BAPTIST CHURCH

10720 Coloma Road • (916) 635-4672

Morning Worship 10:00 am Sunday – Children’s Church & Nursery

Live Stream on www.fbcrancho.org

Bible Study Senior Ladies 8:45 am, Adults & Children 11:30 am

Midweek Bible Study, Prayer, & Encouragement 6:30 – 8:00 pm

Wednesday with Pastor Tom Jones

NET OF LIFE CHURCH A-G

2451 Zinfandel Drive

Rancho Cordova

(916) 217-8864

Pastor Ray Stevens

Sunday Service is at 11:00 am

John 3:16

ST. CLEMENT’S EPISCOPAL CHURCH

www.saint-clements.com

2376 Zinfandel Drive (916)-635-5282

Sunday Worship at 10am

Kids’ Sunday School During Service

The Episcopal Church Welcomes You!

SUNRISE COMMUNITY CHURCH

RANCHO CORDOVA

Meets Sundays, 12:30 pm at New Life Center

2451 Zinfandel Drive, Rancho Cordova • (916) 710-0142

Senior Pastor Roy Leos

Sunday: 12:30 pm in person and Facebook Live

Wednesday: 7 pm via Zoom

www.rcSunrise.org

Place Your Church Services Ad in the Grapevine Independent Church Directory.

Call us at 916-773-1111

We are your neighbors

nextdoor

Stop by for a visit

nextdoor.com/page/grapevine-independent-1

Visit Rancho Cordova Opens Nominations for 2026 Destination Legacy Awards

Continued from page 1

truly compelling place to visit.”

Ten award categories are planned for this year's program.

The Attraction of the Year Award recognizes a local business, venue, event, hotel or tourism-related site that attracts visitors and provides a notable experience in Rancho Cordova.

The Signature Event of the Year Award is intended for a major event or festival that draws regional visitors, contributes to the local economy and builds partnerships within the community.

The Community Partner of the Year Award recognizes a business, organization, event, hotelier or tourism professional for collaboration and contributions to Rancho Cordova's tourism industry.

Volunteer of the Year recognizes an individual who contributes time, expertise and support to tourism-related events, programs or visitor experiences.

The Inclusion Advocate of the Year Award recognizes an event, leisure-based business, tourism organization or tourism-related professional that works to create welcoming and inclusive experiences for people of different backgrounds and identities. The award also recognizes efforts to develop programs, practices and partnerships intended to foster a sense of belonging among visitors.

The Rising Star Award recognizes an emerging leader, business, event or organization showing promise within Rancho Cordova's tourism community. Nominees may include those that are new to the city or have recently gained greater visibility through their work, creativity or involvement in the local tourism industry.

The Hospitality Excellence Award recognizes a Rancho Cordova hotel or hotelier for customer service and guest experiences.

The Innovative Marketing Award is intended for a business, event, organization or tourism professional that has used creative marketing to promote Rancho Cordova and attract visitors.

The Cultural Stewardship Award recognizes efforts to preserve, promote or celebrate Rancho Cordova's culture, heritage and arts through experiences available to residents and visitors.

The Sustainability Leader Award focuses on businesses, organizations and tourism professionals that have adopted environmentally responsible practices, improved resource efficiency or promoted sustainability within the local tourism industry.

Nominees generally must be associated with Rancho Cordova's tourism economy and have operated for at least one year. Eligible nominees can include attractions, hotels, events, breweries, restaurants and tourism-related organizations or professionals.

Previous winners cannot receive the same award again within two years.

Nominations may be submitted by residents, community leaders, businesses or other members of the public. Submissions should identify the nominee and award category and include supporting information and photographs requested by Visit Rancho Cordova.

A committee made up of Visit Rancho Cordova board members and staff will review the nominations. Winners will be selected based on eligibility, their impact on local tourism and the strength of the nomination.

The Destination Legacy Awards were introduced in 2025 as a way to recognize businesses, organizations, events and individuals involved in Rancho Cordova's tourism industry and visitor experience.

The 2026 winners will be announced following the judging process and publicly recognized during the Nov. 6 Tourism Summit.

For more information and to submit a nomination visit visitranhocordova.com/destination-legacy-awards/. ★

Come One, Come All!

11th annual Rancho Cordova Sports Hall of Fame induction ceremony to be held this Saturday

By James Darnell

RANCHO CORDOVA, CA (MPG) - In what has become a highly anticipated yearly tradition, the 11th annual Rancho Cordova Sports Hall of Fame induction ceremony takes place this Saturday, Sept. 12 at 6 p.m. inside Rancho Cordova City Hall.

All are welcome to attend the event as the Rancho Cordova Athletic Association is set to honor a new class of inductees. Honorees include a vaunted Cordova High School boys' varsity basketball team, three former Lancer football greats, two All-American swimmers, a respected coach and Negro League baseball standout.

The event begins with a cocktail reception, followed by the induction ceremony. Rancho Cordova native and respected media personality Ken Rudolph will serve as the host for the gala, with multiple city dignitaries also on hand to speak during the event.

Honorees elected to the Rancho Cordova Sports Hall of Fame were judged to have attained significant achievements in or have made notable contributions to athletics, as well as exhibiting high standards of character



The 11th annual Rancho Cordova Sports Hall of Fame induction ceremony takes place this Saturday, Sept. 12 at 6 p.m. inside Rancho Cordova City Hall. Flyer courtesy of the Cordova Community Council

and sportsmanship.

Tickets for the induction ceremony are \$35, which includes an appetizer and cocktail reception and awards program can be purchased at the Cordova Community Council, visit cordovacouncil.org/cc-events/11th-Annual-Rancho-Cordova-Sports-Hall-of-Fame.

The Rancho Cordova Athletic Association was formed in 2013 to foster lifelong values of good sportsmanship, teamwork and healthy, active lifestyles through the development of excellent youth sports facilities and organizations, positive coaching and access to play for all. ★



PAYROLL and HR Support

\$299 a month

Only available for businesses with up to 10 employees

916-760-7227

PINNACLE
EMPLOYEE SERVICES
HR | Payroll | Benefits



A Great Gatherings Green Event

OUT OF THIS WORLD Community Dance Party

SATURDAY * SEPTEMBER 12TH * 6:30 PM

Marriott Rancho Cordova
11211 Point E. Drive
Admission: \$30



Elvis will be "In the Building"

THANK YOU - Thank you very much

More info @ greatgatheringsgreen.com





WE SUPPORT FIRST RESPONDERS



New California State and RESTORED California Townhall

Rancho Cordova Library Meeting Room

9845 Folsom Blvd., Sacramento, 95827
Saturday, Oct. 3rd, 2026 - 1:00 to 2:45 pm

- Facts of the U.S. Constitution and the foundational purpose for the Federalist Papers.
- Election Rights and Duties.
- Plus more on the NCS Statehood process.

NewCaliforniaState.com is a non-profit, non-partisan, educational organization 501c4

"This program is neither sponsored nor endorsed by the Sacramento Public Library"

Rosie's Country Kitchen

Best food in town!



Now Serving Draft Beer

NEW! EXPANDED HOURS

SUN - THURS:
6AM TO 8PM

FRI & SAT:
6AM TO 9PM

BUY ONE GET ONE FREE

Excludes Pizza. With an entrée at regular menu price and purchase of 2 drinks. No holidays. Dine-in only. Steak and seafood not included. Not valid with any other coupons or discounts. Expires 9/30/2026

SMALL BUILD YOUR OWN PIZZA \$7.99!

No holidays. Dine-in only. Not valid with any other coupons or discounts. Expires 9/30/2026

916-361-1647 rosiescountrykitchen.com

10273 Folsom Blvd, Rancho Cordova, CA



A Morning Like No Other – Ground Zero at 25 years



An early morning skyline view from the Staten Island Ferry. This was the daily view of thousands of commuters to Manhattan before 9/11. Years later, I met with my friend, the captain of the ferry, in Sacramento for lunch. John had to leave New York because he just couldn't live another day in that memory. He stopped his ship in the middle of the harbor that 9/11 morning, as he and his entire shipload of travelers and crew watched the horror unfold.



Reflections at East River and John Finley Walk. Photo by a savior

Commentary and photos by Paul V. Scholl

After a long night of late work well into the morning, I was in a deep sleep. The repeating ring of the telephone awakened me. I received an alarming telephone call from a close friend frantically trying to get my attention. She said “just get up and turn on the TV. You won’t believe what is happening”. She was absolutely right.

As I sat there on my white leather couch in my small rental home in Roseville, tuned in as the world was tuned in, to the disaster in New York as it unfolded live for everyone to see. We were all New Yorkers that day.

I had previously lived in Manhattan. After returning to California, I traveled to New York City often to teach classes at The Learning Exchange and spiritual training centers as a part of my ministry. I also met with many clients as a spiritual life coach each visit. Through these visits I became friends with so many great people who lived in The City. I stayed at their homes, got to know their families, learned about their lives, loves, and fears. Many of them worked in the immediate area of the Twin Towers.

As I sat there watching the towers fall along with the rest of the world, I had no idea if any of those friends or members of their families were being crushed under the weight of that destruction. It was a personal anguish and horror felt by millions

simultaneously. It was a grief embedded forever. And we as a nation vowed to never forget.

Everything changed for everyone during those hours. Terrorism had come to our shores, and those whom we had charged to protect us failed miserably. We have been paying for their failures ever since.

And for those who paid the ultimate price, giving their lives to save others inside and around the Twin Towers? And for all the First Responders who witnessed the death and destruction at the end of their fingertips and right before their own eyes? What did they get from so many after only 25 years? Many forgot.

Yes, life goes on, but as individuals we do not. Our time is limited. We are here to understand life, liberty, love, and loss. We are here to understand joy and grief. These become the web that builds our evolution, our DNA that we pass on to those who follow us. If we do not teach our emotional history to our children, good and bad, they will suffer repeating our mistakes and the feeling of betrayal from us for not forewarning them.

Enter our current day Neon Nation. Have we lost our way in one generation? Does the “Shiny thing” distract us so easily because it is too hard for us to focus on the truth and explaining it to others as our society crumbles around us?

A few months after 9/11 I traveled back to New York to offer support to any of those friends who needed it. I traveled to the site while the clean-up was still under-way. I saw the scorched church and cemetery. There were still many “Missing” flyers posted to walls and lampposts. I saw the many memorials around the site. When I found one memorial that listed all of the names of those lost I read every one of them. I thank God to this day that not one of my



One of the many memorial walls surrounding the Ground Zero site. Photo by Paul Scholl

friends was on that list.

The history of Ground Zero is complex and still unfolding. The more the years fall away the more important it is that we reveal as much as we can about that fateful morning and all that led up to it.

When someone kills your son or daughter, husband or wife, it doesn’t matter what political party they belong to. It doesn’t matter what religion they belong to. It doesn’t matter their motive. All that matters is your loved one is gone forever. Grief takes over. And no one can ever really fill that void. It never truly heals. You just learn how to manage it in the silent times, alone with your Creator.

All those who lost loved ones during those tragic days only asked one thing from us. Never Ever Forget.

On this remembrance weekend 25 years later, take a few moments in silence to share the grief and the weight of the losses experienced by so many on September 11, 2001. If only with that simple action, love will prevail.



Visitors reading through the many memorials and “missing” posters.



A dedication plaque honoring the fallen first responders.



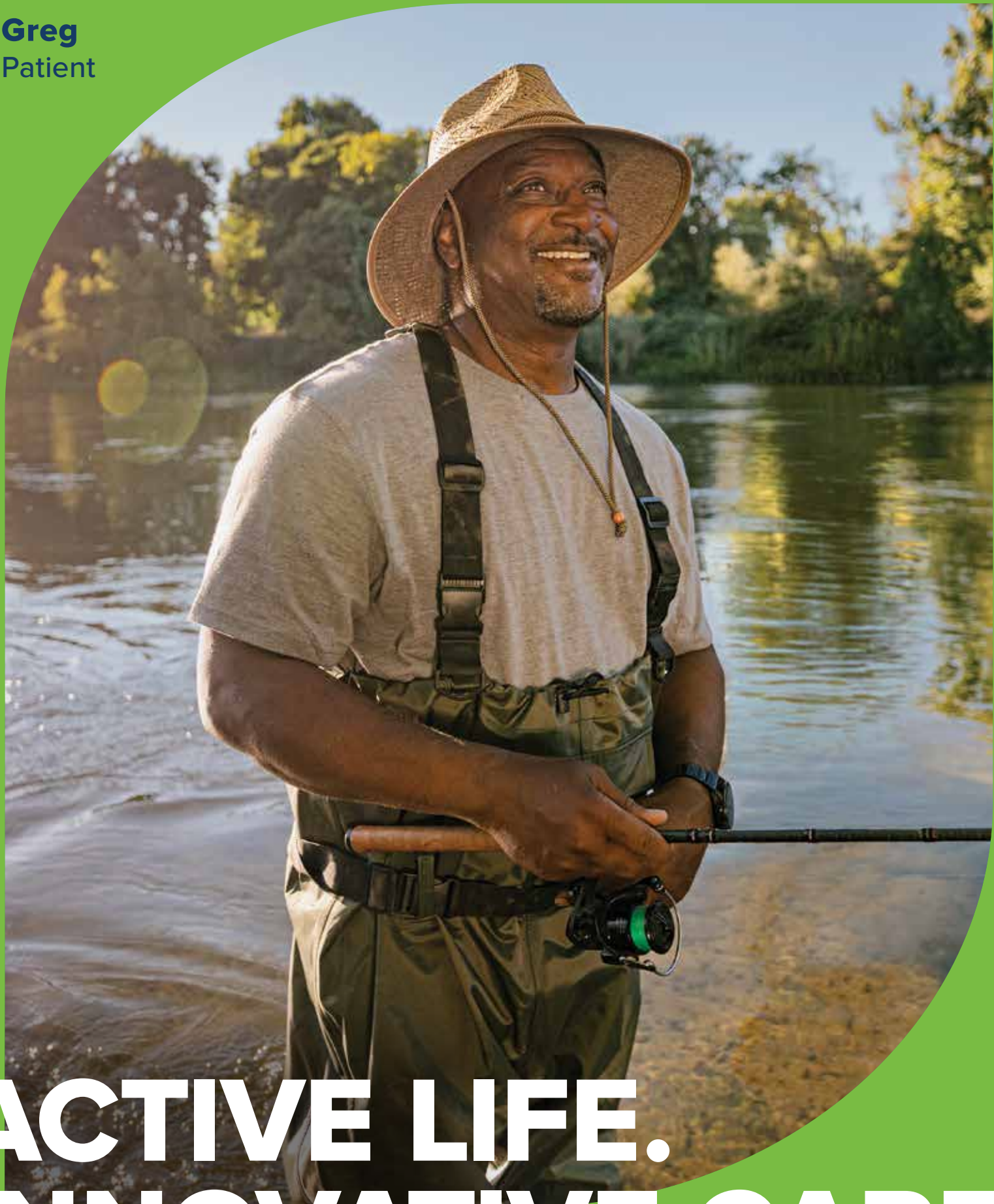
A memorial sculpture remembering all the construction workers.



And then an angel appeared over the site in my camera lens.

IT'S OPEN ENROLLMENT

Greg
Patient



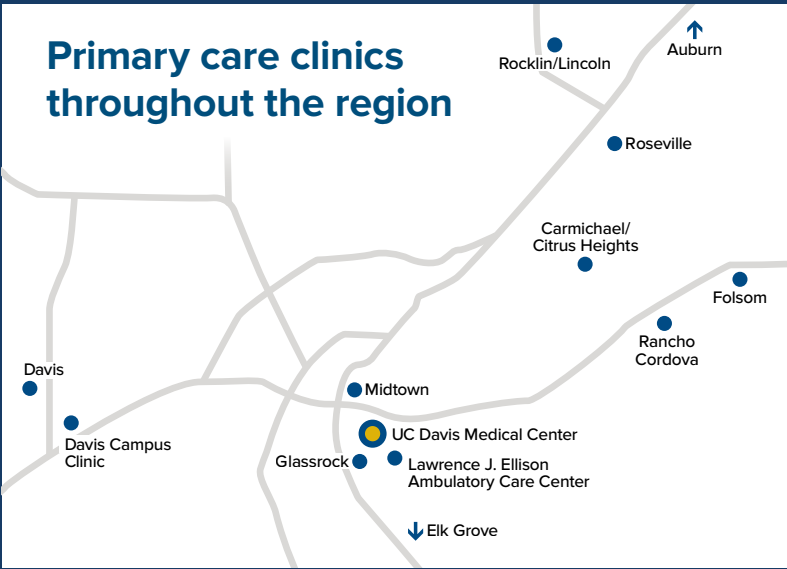
ACTIVE LIFE. INNOVATIVE CARE.

Choose a health plan that includes UC Davis Health.

When Greg, an avid fisherman, golfer, and high school sports referee, noticed he was short of breath climbing stairs, UC Davis Health identified blood clots that had traveled to his lungs. With a team dedicated to his recovery, Greg is out on the water with his son again and calling games on the field. During open enrollment, choose a health plan that includes access to UC Davis Health's primary and specialty care.

UCDAVIS HEALTH

ChooseHealth.ucdavis.edu



Doctors rated 4.8/5 stars by patients | 150 specialties | Accepts many major health plans