



Lancers' Second Half Shutout Secures Win

PAGE 15

Trusted by the men & women who keep you safe!



Sacramento Area Firefighter's



Sacramento County Deputy Sheriffs'

Not authorized by a candidate or a committee controlled by a candidate. Paid for by Citizens for Accountable Local Government ID#1291071

Linda Budge for Rancho Cordova City Council

The Official Newspaper of Record for the City of Rancho Cordova

Grapevine Independent

VOLUME 60 • ISSUE 39 PROUDLY SERVING RANCHO CORDOVA & SACRAMENTO COUNTY SINCE 1968 SEPTEMBER 25, 2026

SEE INSIDE

SIERRA DONOR SERVICES HONORS HISPANIC HERITAGE MONTH

PAGE 13

LADY LANCERS ENTER LEAGUE PLAY MUCH IMPROVED

PAGE 15

PREVENTING ALZHEIMERS

By Mary Jane Popp

PAGE 14

Candidates Make Their Pitch



The Cordova Community Council and Rancho Cordova Area Chamber of Commerce hosted their Campaign Whistlestop luncheon Sept. 18 featuring, from left, 3rd Congressional District candidate Robb Tucker, Cordova Recreation and Park District District 1 incumbent Brian Danzl, Folsom Cordova Unified School District Board of Education President Jennifer Laret and CRPD District 1 challenger Eric Mott.

Story and photos by Omella Rossi

RANCHO CORDOVA, CA (MPG) - Three minutes, one microphone, four local candidates and one chance to make their case to Rancho Cordova voters

The Cordova Community Council and Rancho Cordova Area Chamber of Commerce put an election-season spin on their monthly luncheon Sept. 18 with their "Campaign Whistlestop," giving candidates three minutes each to introduce themselves and highlight their priorities.

The event at Rancho Cordova City Hall borrowed its theme from the days when political candidates traveled by train, stopping briefly in communities to address voters from the back of a railcar.

"When you heard that train whistle, that's what you came out to do,"

Chamber President and CEO Diann Rogers said. "We don't have any trains here today, but we're trying to adapt the best way we can." Each candidate, she explained, would have three minutes to tell attendees why they should be elected.

The first round featured candidates for California's 3rd Congressional District, the Cordova Recreation and Park District Board and Folsom Cordova Unified School District Board of Education.

Robb Tucker, a Nevada County supervisor and Republican candidate for the 3rd Congressional District, used his time to emphasize his local ties, business experience and concerns about taxes, regulation and government spending. Sacramento County election records list Tucker and Democratic Rep. Ami Bera as the two qualified candidates in the race.

Bera was not in attendance.

"I live in District 3, born and raised, running a business for years, raising my kids there," Tucker said. "I'm one of you guys and I just want to continue to serve."

Tucker said he wants to bring his private-sector and local government experience to Congress, citing federal debt, forest management, water infrastructure and wildfire insurance among the issues he sees as priorities.

The program then shifted to the Cordova Recreation and Park District, where incumbent Brian Danzl and challenger Eric Mott are running for the district 1 board seat. Both are listed as qualified candidates by Sacramento County elections officials.

Danzl, who was first elected to the board in 2010, focused on changes he

Continued on page 2

Business Owner Selected for Air Force One Detailing Team

Rancho Cordova business owner Chris Tabieros has been selected to serve on the 2026 Air Force One Detailing Team. Photo courtesy of Chris Tabieros

By Omella Rossi

RANCHO CORDOVA, CA (MPG) - Rancho Cordova business owner Chris Tabieros has been selected to serve on the 2026 Air Force One Detailing Team, marking his third year participating in the preservation of historic aircraft at The Museum of Flight in Seattle.

Tabieros owns Sacramento Car Detailing in Rancho Cordova and serves as an ambassador for the Rancho Cordova Area Chamber of Commerce. The chamber currently lists Tabieros among its ambassadors and Sacramento Car Detailing as a member business.

The invitation-only Air Force One Detailing Team is led by professional detailer and trainer Renny Doyle. Team members volunteer their time and skills to clean, polish and protect historically significant aircraft in the museum's collection.

"Serving on the Air Force One team for a third year really brings home how far I've come. It's an incredible opportunity I never thought I'd see," Tabieros said. "To be selected for a third year alongside some of the best in our industry and contribute to preserving aviation and American history is something I never take for granted."

The centerpiece of the project is Boeing VC-137B SAM 970, the first jet aircraft built for presidential use. Delivered in 1959, the modified Boeing 707 carried Presidents Dwight D. Eisenhower, John F. Kennedy, Lyndon B. Johnson and Richard Nixon. The aircraft carried the call sign "Air Force One" whenever

Continued on page 2

15 Years of Leadership

Story and photos by Omella Rossi

RANCHO CORDOVA, CA (MPG) - "Exhilarating. Candidly challenging."

That is how President and CEO Diann Rogers summed up 15 years leading the Rancho Cordova Area Chamber. Years she said have ultimately been about helping other people turn their ideas into reality.

Community leaders, chamber staff and friends gathered Sept. 17 at Rancho Cordova City Hall to recognize Rogers' 15th anniversary with the Chamber.



Matthew Ceccato, district chief of staff for Rep. Ami Bera, presented Diann Rogers with a certificate of congressional recognition.

"It's really been a joy because, in its very own corny way, you get to help people with dreams come true," Rogers said. "They have a passion or a vision for something, and you have the tools, resources and the team to be able to help make those things come to fruition."

Representatives from federal and state offices joined city and business leaders in recognizing Rogers' work.

Matthew Ceccato, district chief of staff for Rep. Ami Bera, said Rogers has become a point of

Continued on page 3



Linda Budge didn't just help found Rancho Cordova. She's the engine that makes our city run.

- ★ Safer Neighborhoods: Increased crime prevention & police patrols to lower crime by 61%.
- ★ Community Improvements: Repaired roads, attracted new shopping and restaurants, created the Cordova Community Council.

Not authorized by a candidate or a committee controlled by a candidate. Paid for by Citizens for Accountable Local Government ID#1291071

Is your Medicare Coverage still right for you?

For more information, you can meet with me or attend one of my Kaiser Permanente Medicare Health Plans seminars. Please call:



Susan Kenyon
Kaiser Permanente
Medicare specialist
916-947-1851
(TTY 711)
mykpagent.org/susank

Learn more at **kp.org/medicare**

You must reside in the Kaiser Permanente Medicare health plan service area in which you enroll. For accommodations of persons with special needs at meetings call TTY 711. Kaiser Foundation Health Plan, Inc. 393 E. Walnut St. Pasadena, CA 91188-8514

Please recycle. 446781680 CA February 2020

Y0043_N00015450_C



Candidates Make Their Pitch

Continued from page 1
said the district has made during his tenure.

He told attendees the district's budget has grown from less than \$10 million to nearly \$41 million and pointed to new park construction and improvements as signs of its growth.

"We've built 16 parks in the last three years," Danzl said. "We have another seven new parks coming in the next two years. It's incredible just to watch how the district has grown, and the leadership team that we've built there is incredible."

He credited the district's leadership team and asked voters to support him for another term.

Mott offered a contrasting message, focusing on deferred maintenance, spending priorities and executive compensation.

"The parks belong to us, to our families, our kids, our seniors, our athletes and every taxpayer who expects their dollars to be spent wisely," Mott said.

He argued the district should place greater emphasis on maintaining existing facilities and called for increased accountability and transparency in budgeting and performance standards.

"This isn't about whether members of our current CRPD leadership are good people or diminishing anyone's service to this community," Mott said. "It's about whether 16 years is enough. I believe it is"



Pam Garcia, business development manager for the Rancho Cordova Chamber of Commerce, sounds the three-minute whistle, signaling to candidates that their time is up during the Campaign Whistlestop Luncheon.

Folsom Cordova Unified School District Board President Jennifer Laret also addressed attendees. Laret is seeking another term representing Trustee Area 5 and is the only qualified candidate for that seat, according to Sacramento County election records.

Laret focused her remarks on school facilities, voter-approved bond funding and student support programs.

She highlighted projects at Cordova High School and Cordova Villa Elementary School and discussed efforts at Mills Middle School involving Positive Behavioral Interventions and Supports, commonly known as PBIS.

"We're not simply repairing Cordova High, we're transforming it," Laret said. "Because when our students walk onto campus, they need to know: You matter, your education matters, and this community believes in your future."

The Sept. 18 luncheon was part of the long-running Cordova Community Luncheon series, jointly hosted by the Chamber and Cordova Community Council. The Chamber described Whistlestop as an opportunity for voters to hear short pitches directly from candidates.

Rogers said another round is planned for Oct. 16, with races including Rancho Cordova City Council District 5, California Assembly District 7, state Senate District 6 and FCUSD Trustee Area 3.

She closed the luncheon by encouraging attendees to learn about candidates and issues before casting their ballots.

"Participate, learn about the candidates, understand the issues, ask the questions, make your own decisions and then vote," Rogers said. "Democracy is not something that happens around us. It works when we participate. One vote can make a difference." ★

Business Owner Selected for Air Force One Detailing Team

Continued from page 1
the president was aboard. It remained in government service transporting vice presidents and other dignitaries until 1996.

Doyle's aircraft preservation project began more than two decades ago with work on SAM 970 and later expanded to other aircraft at the Seattle museum. The team now returns to maintain several aircraft using professional detailing techniques intended to protect paint, polished aluminum and other exterior surfaces.

Among the aircraft included in the 2026 project are the B-29 Superfortress "T-Square 54," Concorde G-BOAG "Alpha Golf," Boeing 727 Serial No. 001, the first Boeing 747, known as RA001, and a Lockheed 1049G Super Constellation, according to information provided with Tabieros' selection announcement.

Several of those aircraft have their own significant histories.

The museum's B-29, T-Square 54, flew at least 37 combat missions in the Pacific during World War II before later serving as an aerial refueling tanker during the Korean War.

The museum's Concorde, Alpha Golf,

flew the final British Airways commercial Concorde flight from New York to London in 2003. The Boeing 747 on display is RA001, the first 747 ever built, which Boeing later used as a test aircraft before donating it to the museum in 1995.

Tabieros previously participated in the Air Force One project in 2023 and 2024. During his 2024 trip, he was one of about three dozen professional detailers selected to work on the museum's aircraft.

His Rancho Cordova shop specializes in automotive detailing and paint protection services, including ceramic coatings, paint correction and paint protection film. Tabieros has also remained involved with the local business community through the Rancho Cordova Area Chamber of Commerce.

The aircraft project relies on participating detailers who donate their labor and expertise rather than being paid for the work. The broader preservation effort has continued for more than 20 years.

For Tabieros, the assignment provides an opportunity to apply skills normally used on customers' vehicles to aircraft with a place in aviation and American history. ★

New California State and RESTORED California Townhall

Rancho Cordova Library Meeting Room

9845 Folsom Blvd., Sacramento, 95827
Saturday, Oct. 3rd, 2026 - 1:00 to 2:45 pm

- Facts of the U.S. Constitution and the foundational purpose for the Federalist Papers.
- Election Rights and Duties.
- Plus more on the NCS Statehood process.

NewCaliforniaState.com is a non-profit, non-partisan, educational organization 501c4

"This program is neither sponsored nor endorsed by the Sacramento Public Library"

Rosie's Country Kitchen

Best food in town!

Now Serving Draft Beer

NEW! EXPANDED HOURS

SUN - THURS:
6AM TO 8PM

FRI & SAT:
6AM TO 9PM

BUY ONE GET ONE FREE

Excludes Pizza. With an entrée at regular menu price and purchase of 2 drinks. No holidays. Dine-in only. Steak and seafood not included. Not valid with any other coupons or discounts. Expires 9/30/2026

SMALL BUILD YOUR OWN PIZZA \$7.99!

No holidays. Dine-in only. Not valid with any other coupons or discounts. Expires 9/30/2026

916-361-1647 **rosiescountrykitchen.com**
10273 Folsom Blvd, Rancho Cordova, CA



COME AND ENJOY OUR PARISH FESTIVAL
9 am to 5 pm
Sunday, October 4, 2026

INTERNATIONAL FOOD
Taste delicious flavors from around the world!

RAFFLE PRIZES
Enter for your chance to win exciting prizes!

MAGICIAN SHOWS
Be amazed by entertaining magic for the whole family!

MARTIAL ARTS DEMONSTRATIONS
Experience exciting display of skill, discipline, and strength!

SINGING & DANCING
Enjoy lively performances that will have you celebrating!

HISPANIC FOOD FILIPINO FOOD AMERICAN FOOD

ST JOHN VIANNEY CATHOLIC PARISH
10497 COLOMA ROAD, RANCHO CORDOVA, CA 95670

15 Years of Leadership



Rancho Cordova city staff present Diann Rogers with flowers in recognition of her 15 years leading the Rancho Cordova Area Chamber.

Continued from page 1

connection for people entering the Rancho Cordova community.

“You talk to anyone in this community, anyone in this region, they will tell you that you must see Diann,” Ceccato said. “She’s connected to the business community. She’s connected to leaders, to the people. She’s connected to the community.”

Natalya Sachuk, representing Assemblymember Josh Hoover, and Kosim Latipov, representing state Sen. Roger Niello, also presented recognitions and thanked Rogers for her service.

Rancho Cordova Mayor Garrett Gatewood credited Rogers with helping rebuild and expand the Chamber during her tenure.

“I could not imagine not having Diann in my life and not having her as part of the city,” Gatewood said. “From the City of Rancho Cordova, we thank you.”

Brad Silverbush, owner and operator of Chick-fil-A Rivergate Cordova, recalled meeting Rogers after opening his business



Rancho Cordova Area Chamber staff, from left, Cassandra Marcum, Pam Garcia, Diann Rogers, Bee Lopez and Ashley Buud gather during Rogers’ 15th anniversary celebration.

and learning more about opportunities to become involved locally.

“She really opened my eyes to a lot of really positive things going on here that I was unaware of,” Silverbush said.

Chamber staff also reflected on Rogers’ impact inside the organization.

Bee Lopez, who has worked

with Rogers for 11 years, said Rogers’ approach extends beyond supporting businesses.

“You inspire us to want to be better at what we do,” Lopez said. “You meet us with such passion for the community, not just the business community, but everybody who walks through our door.”



Brad Silverbush, owner and operator of Chick-fil-A Rivergate Cordova, presents Diann Rogers with a framed photo of Rogers and Chamber staff during a visit to the restaurant.

Rogers, in turn, credited the team around her.

“Every one of them is so unique that what they bring is marvelous to everything that we do,” Rogers said. “Yet when we

need to be a fully cohesive team, it happens in a second.”

After 15 years, Rogers said reaching that point took time.

“I’m glad we got here,” she said. ★

Powering you for life.



**We’re community-owned
and not-for-profit.**

As your community-owned, not-for-profit electric service, you can count on us to power you safely and reliably, with clean energy, programs to lower your bill and some of the lowest rates in California. This is your community, where families grow, neighbors connect and life happens. It’s where the energy behind your most meaningful moments begins. Every connection builds the future of this place we call home. **Together, we’re powering the moments that matter.**



Learn more at smud.org/Community



Ashlynn Archer Joins Beach Volleyball Coaching Staff

Sacramento State Athletics News Release

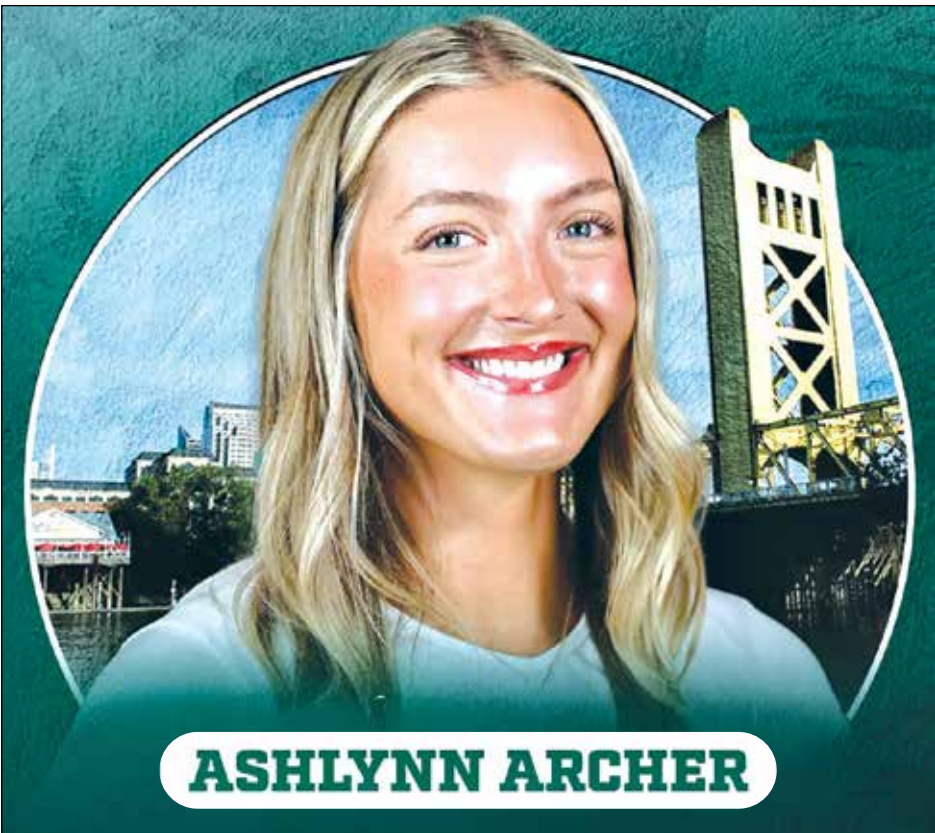
SACRAMENTO, CA (MPG) - After an incredible playing career in both a Sacramento State indoor and beach uniform, Ashlynn Archer will remain at her alma mater as assistant beach volleyball coach.

She joins Head Coach Angela Lewis and Assistant Coach John Fluette on the sand. All three coaches on staff played for and graduated from Sacramento State. Archer joins Kate Doorn as two Hornets who played a season ago and have made the immediate transition to coaching. Doorn is currently an assistant with the Hornets' indoor team.

Archer recently completed a beach career that saw her post the third most wins in program history (40). In fact, 14 of those victories came during her senior year, the third most in Sacramento State single-season history. In addition, Archer played at No. 1 or No. 2 in the Hornets' beach lineup 57 times during her career.

“Ashlynn brings exactly the kind of grit, tenacity and work ethic we want to build this program around,” Lewis said. “I’ve coached her as a player, and she was a powerhouse - focused, coachable and always willing to put in the work. Now, I get to see those same qualities translate into coaching.”

“She understands Sacramento State, she understands our athletes, and she understands the culture we want to create. Her



Ashlynn Archer joins Head Coach Angela Lewis and assistant coach John Fluette on the sand. Photo courtesy of Sacramento State Athletics

organizational skills and marketing background are an added bonus as we continue establishing the identity and growing the reach of Sac State Beach Volleyball. I'm really excited to have her alongside me as we build this program.”

Archer has spent the past four summers coaching beach volleyball for Sacramento Performance Volleyball Club (SPVC). In addition, she coached indoor at SPVC for three years. Archer has also been a staple at every Sacramento State volleyball camp the

team has run the past four years.

An eight-time conference all-academic selection, Archer competed four years of indoor (2022-25), and four seasons of beach (2023-26) for Sacramento State. In addition, she was team captain for both teams.

“I’m incredibly grateful for the opportunity to remain a part of the Sacramento State Athletics family,” Archer said. “The time spent with both the indoor and beach programs here taught me so many valuable lessons and provided me with a new place to call home.”

“I am forever indebted to the program and to the coaches and faculty who provided me with an incredible support system throughout my four years. I am so excited to step into a coaching role and hope to provide the same support and love for our student-athletes that allowed me to thrive during my playing tenure at Sacramento State.”

Last season, for the Hornet indoor team, Archer was a first team all-conference selection and established herself as one of the top middle blockers in the nation. She averaged 2.70 kills and 1.05 blocks per set to go with a .429 hitting percentage. That hitting percentage easily set the Sacramento State and Big Sky Conference single-season records, and ranked 11th in the nation. In fact, her .354 career hitting percentage is the top mark in Sacramento State history.

A native of St. John, Wash., Archer graduated from Sacramento State in the spring with a journalism degree. ★

Sacramento Golf Council News Release

SACRAMENTO, CA (MPG) - Ricky and Paing Soe won the 78th Walter and Olga Strand City Junior/Senior Team Championship with a net score of 68. They also won in 2024.

Enzo and Justin Ferguson took second place with a net 70.

The Calloway Division was won by Miles and Jaden Brenoel with a net of 70.

The 78th Walter and Olga Strand Junior/Senior City Championship was played at Bartley Cavanaugh Golf Course Sunday, Sept. 13.

The 18-hole, 2-player



Pictured are second place winners Enzo and Justin Ferguson. Photo courtesy of the Sacramento Golf Council



Pictured are third place Calloway winners Miles and Jaden Brenoel. Photo courtesy of the Sacramento Golf Council

tournament played the Chapman Scotch Format (Hit, Switch & Choose). Junior players were age 18 or younger and Seniors were 15 years older than the junior partner. Both players had a NCGA Handicap Index, and a Callaway Division allowed teams in which one or both players did not have a current handicap.

Enzo and Justin Ferguson took second place with a net of 70. (Justin is 15.)

The Calloway winners (no handicap) were Miles and Jaden Brenoel with a net of 70 (Jaden is 13.)

Greg Bisi was the Sacramento Golf Council tournament director. ★

Food Frontier Selected to Bring Sacramento Cuisine to New Stadium

Sacramento Republic FC News Release

SACRAMENTO, CA (MPG) - Wilton Rancheria and Sacramento Republic FC have selected Food Frontier to shape the food program at Republic Stadium. Food Frontier is a Sacramento-bred collaborative and strategic advisory group founded by chefs, restaurateurs and brand strategists to promote, bolster and champion the Sacramento Valley's food ecosystem.

Founders include Chef Brad Cecchi, brand and marketing food entrepreneur Meghan Phillips, and Procurement Expert Kelsey Nederveld. Clay Nutting, restaurateur and hospitality consultant, has also joined the effort to lead execution.

Food Frontier will work in close collaboration with Levy, the stadium's food, beverage and hospitality partner, to ensure the venue's menu reflects the breadth of Sacramento's food scene and the story of the land the stadium calls home.

“Food is central to Wilton Rancheria's identity, so it was important that it be central to the Railyards Stadium experience,” said Chief Operating Officer of Wilton Rancheria Chris Franklin. “We want to bring together the best of Sacramento's food culture with our own traditions and tastes to create something that feels unmistakably Sacramento and unmistakably ours.”

Long before it becomes the site of

Republic FC's new stadium, the land at the heart of Downtown Sacramento's Railyards was part of Wilton Rancheria's ancestral homeland. It was a place where the tribe gathered to eat, to celebrate and to share. Food Frontier's expertise runs deep in the region's food community. That connection is why Wilton Rancheria and Republic FC turned to Food Frontier to help shape the stadium's food program. The goal is to lift up the people and traditions already defining the region's food identity, not import something from outside it.

Food Frontier and Wilton Rancheria previously collaborated on programming for Terra Madre Americas, the international gathering of farmers, chefs and food advocates held in Sacramento in 2025. That collaboration was where Wilton Rancheria launched We Are The Confluence, a campaign built on the idea that the Sacramento Valley is defined by what comes together here. Two rivers. Generations of farming families. Cultures from every direction.

The stadium sits near where those rivers meet, and the food program is being built on the same premise.

“Sacramento is one of the most innovative food regions in the world and we have never had a stage like this one,” said Co-Founder of Food Frontier and Owner of Honey Meghan Philips. “A world class stadium deserves a world class food program. Our job is to put it in front of thousands of fans at once. It will be unmatched.”

“Levy runs some of the best stadium venues in the country and they know how to move food at this scale,” said Co-Founder of Food Frontier and Chef of Canon and Franquette Brad Cecchi.

“Our job is to layer Sacramento onto that... which farms, which iconic Sacramento dishes, our palates... Get those right and a stadium meal tastes like this region and nowhere else.”

Levy and Food Frontier will bring menus and recipes inspired by the region's chefs, kitchens and restaurants, alongside new items rooted in the traditions and tastes

that have defined Sacramento for centuries. Curating the program will begin with direct conversations. With the people who grow the region's food, the chefs who turn it into dishes, and the diners who will ultimately enjoy it. That includes engagement with the historical traditions of the region, including those of the Indigenous people who call it home, so the menu reflects the full diversity of the region's food culture. More details about stadium menus and the evolving food program, including premium seating experiences and broader game day cuisine, will be announced in the coming months.

The first opportunity to learn about the club's premium experiences and the connected food experience will be at the Republic Preview Center, set to open later this month. Season Ticket Members and depositors will be able to set an appointment for a first-hand experience of what the stadium will offer.

To secure priority appointment status and the first opportunity to select seats, fans can become Season Ticket Members at SacRepublicFC.com/Memberships or place a deposit at RepublicStadium.com for as low as \$9.16. Fans can also visit the club's mobile stadium experience on matchday or at select events throughout the community. ★

Long before it becomes the site of Republic FC's new stadium, the land at the heart of Downtown Sacramento's Railyards was part of Wilton Rancheria's ancestral homeland. Logo courtesy of Sacramento Republic FC





BECOME AN AIRSHOW INSIDER
GET EXCLUSIVE TICKET DISCOUNTS,
PERFORMER ANNOUNCEMENTS, AND
THE WEEKEND FLYING SCHEDULE!

LETTER TO THE EDITOR

To the Editor of the Grapevine Independent,

I am writing to sound the alarm on a deeply troubling decision by the Rancho Cordova Planning Commission regarding the proposed Quick Quack Carwash at 3384 Zinfandel Drive. As a Stone Creek resident since 2008 and a professional geologist with over 25 years of site cleanup and CEQA oversight experience, I know firsthand what a rigorous environmental review requires. The process used to approve this project failed our community on both a procedural and technical level.

On February 25, 2026, the Planning Commission voted to deny this project during a heavily attended public meeting. Because this was the last official paper notice sent to nearby property owners, 99% of our community assumed the project was dead.

Instead, the City utilized a series of continuance meetings to keep the project alive without issuing new paper notifications to property owners within 500 feet. On April 8, 2026, the Planning Commission quietly reversed its decision and approved the carwash under a California Environmental Quality Act (CEQA) exemption. The deal was finalized when the City Attorney filed a Notice of Exemption (NOE), effectively stripping residents of standard administrative recourse before construction even begins. A resident living directly across the street on Bianco only discovered this by chance very recently.

This is not just a breakdown of civic transparency; it is a technical failure. Having reviewed and stamped numerous CEQA exemption reports throughout my career, I can state with professional confidence that the sound and noise report used to justify this exemption is fundamentally faulty. By focusing heavily on minor traffic patterns and aesthetics, the Planning Commission's failure has likely exposed residents to potential unmitigated noise and human health hazards.

Unfortunately, this is a textbook strategy. Developers frequently target communities with high percentages of non-native English speakers, lower public meeting attendance, and fragmented local leadership that lacks the technical expertise to challenge flawed reports.

Our city leaders must be held accountable for allowing a faulty technical report to fast-track a project behind closed doors. I have already escalated this matter to the City Attorney, Mayor, Clerk, and regional investigative media. The residents of Rancho Cordova deserve a transparent local government that prioritizes public health and rigorous science over developer convenience.

Sincerely,

Ben Heningburg
Licensed Professional Geologist
Stone Creek Resident



BY JOSH F.W. COOK

★ CALIFORNIA ★
POLICY
AND
ETHICS

Republican Wheel Squeaking
Scores a Win on Crime

By Josh Cook

There is an old saying: “the squeaky wheel gets the grease.”

In the case of one-sided politics in CA, the Republicans’ constant “squeaking on crime” has worked, as the CA Senate dumped two board members because they are tired of Republicans, who have no power to shape policy with legislation, taking to shaping policy by simply pointing out every time the Majority Party sticks with public safety “reforms” that are popular with about 2% of the voting-age population.

Patricia Cassidy, who had already served nine years on the parole board, and Teal Kozel, who had served three, separately approved the release of David Funston and Gregory Vogelsang. Both men were serving life sentences for sexual crimes committed against children in the Sacramento area in the 1990s. Sacramento public safety officials opposed the parole grants and called on the public to protest, which they did, loudly. The cases also drew scrutiny of the state’s elderly parole program, which allows cer-

tain offenders age 50 and older to seek release.

In response, Republican lawmakers in both houses of the Legislature drafted bills seeking greater transparency in parole board decision-making—Senator Shannon Grove from Bakersfield “squeaking” the loudest and most consistently. The Senate leader, sick of hearing it, canned the nominations of Cassidy and Kozel for consideration in the usual manner, and opted to set them aside to avoid the noise. The Rules Committee took up the appointments of five other commissioners who have been less controversial.

Much of this goes back to Proposition 36, which the entire Democratic Party apparatus in the state opposed but passed anyway. Prop. 36 increased penalties for theft and drug crimes in 2014. Sacramento Sheriff Jim Cooper led the charge, as he has grown tired of arresting horrible people who then get a pass from the parole board to rape, rob, and kill again.

The pendulum is swinging on crime; this latest data point indicates that public safety is a top issue in CA.

Go to Policy-Ethics.com

LOCAL
ARREST
RECORDS

Find out what's
happening in
your local area

Arrest Logs
updated daily

RANCHOCORDOVAINDEPENDENT.COM

LEGAL ADS FOR SACRAMENTO COUNTY?

We Can Do That!

MPG 916-773-1111

All Legal Ads Published by Messenger Publishing Group



AWARD WINNING



YOU WANT TO
PRINT HERE



western web

PRECISION PRINTING • UV CARE INK SPECIALISTS • SUPERIOR QUALITY

Newspaper • Magazines • Catalog Guides
Annual Reports • Schedules • Custom Publications

WOW!

AWARD-WINNING
COMMERCIAL WEB PRINTING WITH THE
TECHNOLOGY AND EXPERIENCE TO MAKE
YOUR PUBLICATION STAND OUT.

Stochastic Printing • UV Cure Ink • Bindery • Mailing Fulfillment

KEVIN BELL | 707-444-6236 | KBELL@WESTERN-WEB.NET

SERVING NORTHERN CALIFORNIA • SHIPPING NATIONWIDE

Circulation Manager (Sacramento Region)

Messenger Publishing Group

We are seeking a detail oriented team leader to oversee our delivery for our local newspaper group. Our market area includes Carmichael, Citrus Heights, Rancho Cordova, Fair Oaks, Orangevale, Gold River, Rio Linda, Arden Arcade, Elk Grove, Galt, East Sacramento, Land Park, Pocket and Rancho Murieta in Sacramento County, as well as our publications in Yolo, Solano, Yuba, Butte and Colusa counties.

We are a growing company and Messenger Publishing Group is now the largest newspaper publisher in the Sacramento region with 18 publications.

This position includes overseeing all aspects of our circulation department, including the delivery by our independent delivery driver team. It includes completing weekly reports for our audit records, managing subscriber lists and distribution records, setting up new delivery location accounts, distributing promotional materials to locations, verifying delivery of drivers, replacing newsstands on location, and overall maintenance of our newsstands.

Distribution days are Thursday and Friday. Other work days are flexible due to workloads. You must be able to perform the physical requirements of this position without assistance. You must be mechanically inclined and able to repair and replace parts on the newsstand units without assistance. All tools, parts and training provided. Company vehicles are provided for this position.

This is considered a management position within the company.

Research our company at www.MPG8.com.

Please send your resume and five references along with your cover letter explaining why you are the right person for this management position.

MPG is an EOE.

Email: Publisher@mpg8.com



Publisher,
Paul V. Scholl

The Grapevine Independent is a member of Messenger Publishing Group

To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: Publisher@mpg8.com.
Be sure to place in the subject field "Attention to Publisher". If you do not have email access, please call us at (916) 773-1111.



Serving Rancho Cordova and Sacramento County Since 1968

It is the intent of the *Grapevine Independent* to strive for an objective point of view in the reporting of news and events. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

The *Grapevine Independent* is not responsible for unsolicited manuscripts or materials. The entire contents of the *Grapevine Independent* are copyrighted. Ownership of all advertising created and/or composed by the *Grapevine Independent* is with the publishing company and written permission to reproduce the same must be obtained from the publisher.

Subscriptions should be mailed to *Grapevine Independent*, 2508 Garfield Ave., Suite A, Carmichael, CA 95608. Subscription rate is \$52 per year within Rancho Cordova. \$72 within Sacramento County.

The *Grapevine Independent* is published weekly. Call 916-773-1111 for more information.

We are proud members of these newspaper associations.



County Responds to Grand Jury Report on Foster Youth

Sacramento County News Release

SACRAMENTO, CA (MPG) - Sacramento County has responded to the 2025-26 Sacramento County Grand Jury report on foster youth, outlining areas where it agrees with the Grand Jury and others where it disagrees with its findings and recommendations. On Tuesday, Sept. 15, Sacramento County’s Department of Child, Family, and Adult Services (DCFAS) presented its response to the Board of Supervisors.

The report, “No Longer Invisible: Foster Youth Still in the Shadows,” examined the County’s Sacramento Welcome Homes and the services provided to foster youth who are at risk of sexual exploitation. The Grand Jury recognized improvements at the Welcome Homes but also raised concerns about placements, technology, information sharing, reporting and staff training.

The County agrees with two of the Grand Jury’s findings. It agrees that Child Protective Services (CPS) has improved conditions at the Welcome Homes and obtained licenses for the facilities. The County also agrees that the Sheriff’s Office has provided valuable protection and built positive relationships with youth living in the homes.

The County partially agrees with the finding that Welcome Homes are inappropriate for youth who have experienced or



The County agrees with two of the Grand Jury’s findings. It agrees that Child Protective Services (CPS) has improved conditions at the Welcome Homes and obtained licenses for the facilities. The County also agrees that the Sheriff’s Office has provided valuable protection and built positive relationships with youth living in the homes. Photo designed by Magnific

are at risk of sexual exploitation. DCFAS said Welcome Homes are not intensive therapeutic settings, but they provide an immediate, supervised place for youth who may otherwise have nowhere to go. The homes use a safety and stabilization approach, with behavioral health services available through partner agencies. The County also noted a statewide shortage of specialized placements for youth with complex needs.

The County wholly disagrees

with the Grand Jury’s finding that CPS fails to use the Reasonable and Prudent Parent Standard to limit access to cell phones and technology. DCFAS said state law protects foster youth’s rights to personal property, communication and age-appropriate access to the community. The County said phones can also be an important safety tool for contacting caregivers, social workers and other trusted adults.

The County also wholly

disagrees with the finding that gaps in data sharing leave youth vulnerable to exploitation. DCFAS said Welcome Home staff share information about exploitation concerns with law enforcement and include relevant information in missing-person reports. Social workers also make service referrals and use assessment tools to identify exploitation risks.

The County partially agrees with the finding about quarterly reports to the Board of

Supervisors. DCFAS said it has regularly reported on the challenges faced by youth who are being commercially sexually exploited or are at risk. However, it acknowledges that specific numbers of identified youth have not been included. The County plans to begin including that information in its quarterly reports starting with the second quarter of fiscal year 2026-27.

The County wholly disagrees with the findings on the Community Advisory Board and the Welcome Homes strategic plan. The County also said a Welcome Homes presentation and report were provided to the Board in November 2024 and that information has continued to be provided through quarterly reports.

The County also wholly disagrees with the finding that Welcome Home staff need additional training. DCFAS said staff are required to complete training on commercial sexual exploitation of children, trauma-informed care, harm reduction and the Reasonable and Prudent Parent Standard. The County said training information is provided to the Board through quarterly reports.

The County will conduct additional research on best practices used by other counties identified by the Grand Jury for identifying, preventing and responding to the exploitation of foster youth. That review is expected to be completed by Dec. 31. ★

Sac County Board of Education Seeks to Fill Vacancy

Applications for Trustee Area 6 Vacancy due Oct. 6

Sacramento County Board of Education News Release

SACRAMENTO, CA (MPG) - The Sacramento County Board of Education is seeking applications from qualified residents interested in serving as the Trustee for Area 6. The vacancy follows the resignation of Trustee Heather Davis, who served Area 6 for over ten years following her election in 2016 and re-elections in 2020 and 2022. During her tenure, Davis chaired multiple committees and served as a mentor through Links mentoring. Her leadership and commitment to students, families and the community have been deeply valued.

At its Sept. 15 Board Meeting, the Board voted to fill this vacancy through a provisional appointment. The selected individual will serve until the next regularly scheduled County Board election in 2028.

The application deadline is Tuesday, Oct. 6 at 4 p.m. PT. Applications must be received, not

postmarked, by this deadline.

The candidate interviews and selection process is Tuesday, Oct. 13 at 6:30 p.m. at the Sacramento County Office of Education’s Board Room located at 10474 Mather Blvd., Mather, CA 95655.

To be eligible for this appointment to the Sacramento County Board of Education for Trustee Area 6, candidates must meet the following legal requirements pursuant to California Education Code sections 1000(a) and 1006(a). You must live within Trustee Area 6, be a registered voter and not be an employee of SCOE or an employee of any school district within the boundaries of the Sacramento County Board of Education.

To be considered for the provisional appointment, applicants must submit a resume and a statement, of no more than two pages, outlining their interest in serving on the Board and the experience they would bring to the Board. Applicants may also

submit no more than three letters of recommendation.

Applications are accepted during regular business hours Monday through Friday, 8 a.m. to 4 p.m. and must be received no later than 4 p.m. PT on Tuesday, Oct. 6.

Submit your complete application package in person at the David P. Meaney Education Center, 10474 Mather Boulevard, Mather, CA 95655 or by mail to President Wende Watson at Sacramento County Board of Education, P.O. Box 269003, Sacramento, CA 95826. You can also submit your application by email to Wende Watson at wwatson@scoe.net.

Mailed applications must be received, not postmarked, by Oct. 6 deadline.

For additional information regarding the Area 6 Trustee vacancy or the application process, contact Executive Assistant to the Superintendent Wende Watson by email at wwatson@scoe.net or by phone at 916-228-2410. ★

New Home Sales Decline in August, North State BIA Reports

North State Building Industry Association News Release

SACRAMENTO REGION, CA (MPG) - Buffeted by rising interest rates, economic uncertainty and continued affordability issues, new home sales in the greater Sacramento region continued to show weakness in August, the North State Building Industry Association reported.

There were 332 sales reported by BIA member builders, down 18% from July and down 33% from August 2025. However, the month-over-month decline was caused largely by the fact July was a five-week month. Average weekly sales for August were actually slightly above July's figures with 83 sales to 81.

Still, BIA President & CEO Tim Murphy said the fact interest rates have nudged up to around 6.75%

has taken a toll.

“Last fall, before the conflict with Iran, economists had expected interest rates to continue drifting downward to around 6% this year. But with rates creeping upward, a lot of prospective buyers have put their purchases on hold,” Murphy said.

“Still, buyers should remember that builders are offering powerful incentives including rate buy-downs that make homes more affordable than they may think. Prospective buyers should contact their builder and see what kind of deals are out there. We're not likely to see incentives like these again for a long time.”

During August, Sacramento recorded the most sales at 68, followed closely by Roseville with 67, Rancho Cordova at 42 and Lincoln with 25. Elk Grove and Plumas Lake tied for fifth with 24 sales each. ★



Election Information

November 3, 2026, General Election

Vote Early and Vote by Mail



Oct 5

Ballots begin to arrive by mail. Official Ballot Drop Boxes are now open.



Oct 19

Close of registration. Register today!



Oct 24

11-Day Vote Centers open through Election Day.



Oct 31

All Vote Centers open through Election Day.



Nov 3

Election Day! Last day to turn in your ballot.

Vote Early! Don't wait for Election Day.

Take advantage of early voting and avoid the lines! You can return your ballot in the mail, at any Official Ballot Drop Box, or at any Vote Center. No postage is necessary.

Track your Ballot!

Sign up for “Where’s My Ballot?” with BallotTrax, a free ballot-tracking and alert system. It is available to all voters who wish to track the status of their Vote by Mail ballot from printed to accepted. Scan the QR code or visit www.wheresmyballot.com



Vote Early!
Vote by Mail.

COMICS & PUZZLES

The Spats

WHAT HAS FOUR LEGS AND ONE ARM?

I GIVE UP... WHAT HAS FOUR LEGS AND ONE ARM?

OUR NEIGHBORS' PIT BULL!!

by Jeff Pickering

Amber Waves

GERALD, HONEY, IT'S GRANDMA'S BIRTHDAY THIS WEEKEND AND WE'RE GOING TO HAVE A PARTY.

OOH, LIKE GOING TO ROCKET PIZZA WITH LASER TAG, A BIG CAKE WITH A MAGICIAN AND BALLOONS?

NO, DEAR, JUST A SMALL GET-TOGETHER, A NICE DINNER AND MAYBE HER FAVORITE PIE.

GEEZ, THIS IS WHY OLDER PEOPLE NEVER GET EXCITED ABOUT THEIR BIRTHDAY!!

by Dave T. Phipps

Out on a Limb

IT'S PRETTY COMMON IN NORTHERN CALIFORNIA. IT'S A BOO OF ORCADELICS.

FAR OUT, MAN

by Gary Kopervas

TIGER

HE NEEDS EXERCISE

I'M TAKING HIM TO THE PLAYGROUND

HIGHER, TIGER

CATCH ME, TIGER

SPIN ME FASTER

HOLD ME UP

LIFT ME, TIGER

by BUD BLAKE

TUMBLE THEATRE PRESENTS

POPEYE

BY KANDY HOLLAND

THIS COMIC BOOK ISN'T REALLY ALL THAT GREAT.

THE CHARACTERS ARE JUST SHOTS-OF-OTHER, BETTER CHARACTERS. THE PLOT LINES ARE PAPER THIN AND HALF OF 'EM DON'T GO ANYWHERE.

I JUST FINISHED THIS COMIC BOOK SERIES AND IT'S SOMETHING.

IT STARTS OUT LIKE A GOLDEN AGE COMIC. VERY "EVERYTHING IS BLACK AND WHITE."

THE MAIN HERO IS A GOODY TWO-SHOES. HONESTLY, HE'S PRETTY BLAND.

BUT EVERY ONCE IN A WHILE, YOU GET THESE HINTS THAT SOMETHING'S NOT QUITE RIGHT. AND THE HERO SEES IT, TOO.

BUT THEN IN THE LAST ISSUE, IT TURNS OUT THE REST OF THE RUN WAS A DREAM! THE HERO'S BEEN TRAPPED IN A DEVICE AND SOMEONE'S BEEN FEEDING HIM HALLUCINATIONS.

BUT IF YOU GET INTO THE LORE--

IT'S TWO IN THE MORNIN'. THIS AIN'T A GOOD TIME.

IT'S THE PERFECT TIME! I DO MY BEST CONVERSATIN' WHEN IT'S INCONVENIENT.

HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.

6. Tie is missing.

5. Apron strap is moved.

4. Curtain is not as wide.

3. Finger is missing.

2. Pad is longer.

1. Menu is shorter.

GRIN AND BEAR IT

© North America Syndicate, Inc. World rights reserved.

"I'M not telling him to move. YOU tell him!"

Just Like Cats & Dogs

by Dave T. Phipps

SO SWEET MY MOTHER STILL WRITES ME LETTERS. "HELLO, DEAR, HOPE THINGS ARE GOOD WITH YOU, I MEAN CONSIDERING"...

S	W	A	G		C	A	M		N	T	H							
N	A	S	A		C	O	P	E		S	P	A	R	E				
L	I	E	U		A	C	R	E		L	O	G	O	N				
	F	A	C	E	B	O	O	K		O	K	A	Y					
					H	E	M	A	N		R	O	E					
F	E	D	O	R	A					T	O	P	M	O	S	T		
E	R	E			I	N	K	P	O	T		O	R	C	A			
T	A	W	S	E		N	O	R			A	N	I	O	N			
A	S	A	P			S	E	P	S	I	S		O	R	G			
S	E	R	I	A	T	E				S	K	I	N	N	Y			
					N	A	Y			S	A	L	E	S				
					T	A	N	H		F	I	R	E	W	O	R	K	
M	E	L	E	E						R	E	S	T		B	A	I	T
B	E	A	R	D						E	G	O	S		A	N	T	I
A	D	S								E	E	N			R	I	S	C

STATEPOINT CROSSWORD • THE 2010s

CLUES

ACROSS

1. Convention freebie

5. *Tucker of TV's "Modern Family"

8. To the ____ degree

11. *Space Shuttle Program org.

12. Deal with it

13. Extra tire

15. Stead

16. Real estate land unit

17. Enter user name and password (2 words)

18. *Instagram's parent company

20. "Fine by me"

21. Strong virile man

22. Caviar alternative

23. *Bruno Mars' hat

26. Highest-reaching

30. Before of yore

31. Quill-dipping vessel

34. Popular aquarium show star

35. Schoolmarm's whip

37. Neither here ____ there

38. Opposite of cation

39. Hurry up, acr.

40. Blood infection

42. Not com or edu

43. Arranged in order

45. Inside info

47. Aye's opposite

48. B2C business

50. Hyperbolic tangent

52. *Katy Perry's 2010 hit

55. Battle royal

56. One R in R&R

57. Nightcrawler

59. *Hipsters' facial trend

60. Prima donnas' problems

61. Not in favor

62. Public promotions

63. Even, to a poet

64. CISC alternative

DOWN

1. *Pete Davidson's TV show

2. Ragamuffin

3. On a deck, perhaps

4. Cowboy, in South America

5. Popular warming drink

6. Chef's garb

7. Opposite of domineering and bold

8. Hindu serpent deity

9. Legendary King Priam's city

10. Chicken coop dweller

12. Taxi driver

13. Ship with a single mast

14. * ____ 60 game

19. Spooky

22. Decay

23. Greek cheese, pl.

24. Remove from existence

25. ____'s, blended

26. Scotch whisky

27. High rocky hills

28. Celestial hunter

29. Open disrespect

30. Sour-tasting

32. Capped joint

33. *Funko ____!

36. *Toy for the fidgety

38. Off kilter

40. Dirty dwelling

41. Specks in the sea

44. Oohed and ____

46. Atmospheric pressure line, on weather map

48. Military blockade

49. Fire-raising

50. ____ off on a golf course, past tense

51. Exclamation of sorrow

52. * ____ solo, Alex Honold's feat

53. Raja's daughter

54. Baby fox and baby beaver

55. Business school degree, acr.

58. Habitual twitching

SWITCH & GET \$25

CALL CONSUMER CELLULAR 888-804-0913

© 2023 Consumer Cellular Inc. For promo details please call 888-804-0913

Off First Month of New Service! USE PROMO CODE: GZ590

Consumer Cellular

Classified Advertising

Sell Your Stuff! Reach 1000's of Readers Every Week!

MPG

916.773.1111

7	5	9	8	1	2	4	3	6
4	3	1	7	9	6	8	2	5
8	2	6	3	4	5	9	7	1
6	4	2	5	3	9	1	8	7
5	8	3	1	7	4	6	9	2
9	1	7	2	6	8	5	4	3
1	9	4	6	2	3	7	5	8
2	7	8	4	5	1	3	6	9
3	6	5	9	8	7	2	1	4

WE SUPPORT FIRST RESPONDERS

MPG

SUDOKU

Call today and receive a FREE SHOWER PACKAGE PLUS \$1600 OFF

SAFE STEP WALK-IN TUB 1-855-576-5653

With purchase of new Safe Step Walk-In Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. See web site for details. *See promo code on shower package. CIRC 10012101. MISC 00000000 00000000

		9			2	4	3	
			7		6			
	2			4		9		
6						1		7
5	8						9	2
9		7						3
		4		2			5	
			4		1			
6	5	9			2			

© StatePoint Media

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

CALL A PROFESSIONAL

SLS

Insured
Lic#794551

Superior Landscape Services

Landscaping and Maintenance

• Sprinkler Repair/Install • Pruning

• Mowing/Trimming • Fertilizing

Please Call (916) 761-0999

Dave Cochran Owner

dave_SLS@surewest.net

Jose's Landscape Maintenance

✓ General Lawn Service

✓ One Time Clean Ups

✓ Lawn Aerate

✓ Dethatch

✓ Sprinkler Repair

Call Jose at
916-991-6923

Gen. Bus Lic # 32014-01649 \ Spe Bus Lic # 12016-00134

We're #1 in the #2 business

AFFORDABLE TRENCHLESS
& PIPE LINING

MENTION THIS AD
AND RECEIVE A
5% DISCOUNT!

Install a Water/Electric line under your existing driveway!

SEWER PROBLEMS? WATCH OUR VIDEO.
www.ydig.com | Off (916) 488-1215 | Lic #754886

SMOOT LANDSCAPING

Celebrating 45 years

• Drought tolerant landscape

• Low voltage lighting

• Garden renovations

• Concrete and stone

• Consultations available

916.454.1300

www.SmootLandscaping.com • Contractor License #633224

TRACTOR SERVICE

• Mowing • Rototilling

• Discing • Scraper/Loader

Call
(916) 991-8431

GREENWAY TREE SERVICE

Specializing in Expert Tree Pruning,
Tree Removal & Stump Grinding

Free Estimates
Competative Prices

Licensed and Insured

(916) 224-9750

ALL AMERICAN PRO
CONSTRUCTION & RESTORATION

★ FAMILY-OWNED & OPERATED ★ VETERANS & SENIOR DISCOUNTS ★

★ GREAT CRAFTSMANSHIP & CUSTOMER SERVICE ★

SPECIALIZING IN KITCHEN & BATH REMODELS,
WATER DAMAGE, PLUS MUCH MORE.

BIG OR SMALL, WE DO IT ALL.
GIVE US A CALL.
916-504-0188

CSLB# 1089369,
Licensed, Bonded
& Insured

HTTPS://AAPC.BUILD

Rewired To Read

Reading & Spelling Specialist

rewiredtoread.com

916-664-6805

LeAna Splettsstoesser AA, AS, M.A.

26 Years Experience

FULL RANGE OF FLAT
ROOFING SERVICES

RPA

FLAT ROOF

• New Construction • Leak Repairs

• Waterproofing • Top-Grade Materials

• Experienced • Reliable • Honest Pricing

• Excellent Customer Service

We take pride in completing every project on time and to the highest standards.
Lic. # 1153892

RestoreYourHome.com

Quality, Service and Craftsmanship

John W Rouse III

Kitchen • Bath • Home

kitchens, baths, home renovations, interior home remodeling, windows, doors, floors, cabinets, tile, countertops, electrical, plumbing, finish carpentry

916.342.6596 • johnflooring@aol.com

Shanei Oriental Rug Gallery

Oriental Rugs | Persian Rugs | Navajo | Tapestries

Sell . Buy . Hand Washing . Restoration . Appraisal

916.792.5408 | 11267 Coloma Road - Gold River

Pick-up & Delivery www.SHANEI.com Since 1989

MURIETA
CARPET &
Stone Care

Deep Steam Carpet Cleaning

Tile & Grout Restoration

Natural Stone Cleaning & Sealing

Carpet • Tile • Grout • Natural Stone

RONNIE CRAVEA
916-502-1531

Proud Rancho Murieta Resident
Licensed & Insured
Lic # GNB32024-01516

Call for a FREE Estimate Today!

PROFESSIONAL PET WASTE REMOVAL SERVICE

Total clean
SCOOP TEAM

HONEST SERVICE. FAIR PRICING.
SPOTLESS RESULTS.

916-250-2506

WWW.TOTALCLEANSCOOPTeam.COM

RESIDENTIAL
& COMMERCIAL

CALL
916-370-8777

Quality work since 1994!

A.P.S.
Painting Inc.

Exterior & Interior • Power-Washing

Caulking • Competitive Pricing

Top Quality Paint • Free Estimates

Licensed/Insured License #863753

Magnolia Landscape
& Concrete, Inc.

Commercial • Residential
General Cleanups • Concrete • Pavers
Stone • Fence • Retaining Walls
Irrigation • Planting • Sod • Tree Removal

Call Now for
Free Estimate!

(916) 200-9518

Contractor Lic #962540

Email: magnolialandscapeco@gmail.com

Website: www.magnolialandscapeandconcreteinc.com

Local Classified

Advertise in your local community newspaper
Call 916-773-1111

Hall Rentals

Event hall for rent. 2,800 sq. ft. Coffee bar. Plenty of parking. Saturday and Sunday. \$500. 5809 Gibbons Dr. (916) 470-7323. (TFN)

Help Wanted

Kp

International MARKET

Many Positions are Available. Please no phone calls. Apply in person.

10971 Olson Dr., Rancho Cordova, CA 95670

Are You a Pro?

Get the word out!

Advertise in the Classifieds
Call 916-773-1111

Keep It Local!

Health/Wellness

XOSIALX – Get Social. Be EXCEPTIONAL XILERATE is redefining energy for everyone. It provides an authentic, jitter-free boost that appeals to both regular energy drink users, and those who may have avoided them due to artificial ingredients or harsh effects. FREE TO JOIN. www.cander-son.xosialx.com (TFN)

TURN CLUTTER INTO CASH!

PLACE A CLASSIFIED AD TODAY

(916) 773 1111

Be Scam Smart

Check before you pay.

Trust your instincts.

Landscaping

YARD SERVICE

ONE-TIME CLEANUP

Mow, Weed, Prune & Haul

NEED: Landscaping bark?

Gutters cleaned?

Light fence work?

CALL 916/205-9310 or 916/627-9000/

Landscaping

CREATE YOUR PARADISE

Winter Yard Cleanups, Complete Landscape Design/ Installation, Sprinkler System Installs/Repairs, All Types Concrete Work, Fence Installation, Retaining Walls- All Types, Drainage Systems-all types, Landscape Lighting, Residential/ commercial American Landscape Design & Installation. Est 1987 American Construction & Property Maintenance Company WE ACCEPT VISA & MASTER CARD

(916)612-0776

Lic#690968

Advertising Works!

Music Lessons

Guitar Lessons

Beginner to Advanced . \$20/ half-hour; \$30 full hour. 916-507-6658, freddiebbalbert@gmail.com (12/31/2026)

Roofing

BERNARDINO ROOFING

Reroofs, Repairs, Maintenance Dryrot, Gutters, Family Operated, BBB MEMBER!

FREE ESTIMATES SENIOR DISCOUNTS Lic.#817945 43 Years Experience

916.920.0100

www.bernardinoroofing.com

Room Wanted

Elderly man looking for furnished room to rent. \$600 - \$800. Call Scott (916) 910-4796. (TFN)

GOT LOCAL NEWS?

Call (916) 773 1111

Tree Service

BP TREE SERVICES LLC.

TREE & STUMP REMOVAL TREE TRIMMING/ SHAPING FREE ESTIMATE 10% OFF WITH THIS AD Insured. Workman's comp. Arborist

916-722-6321

BPTreeServices.com VISA / MASTER CARD California Contractors Lic #1036031

Wanted to Buy

Dad's Old Stereo and Large Speakers. ALTEC, JBL, or? Call Greg at 662-998-0857. (10/16/26)

Shop Small. Hire Local.

Support the local businesses that support your community.

MPG8.COM

LEGAL ADS FOR SACRAMENTO COUNTY?

We Can Do That!

Call to place your legal advertising

916-773-1111

MPG

All Legal Ads Published by Messenger Publishing Group

GOT LOCAL NEWS? Call (916) 773 1111

Protect and Heal your whole family with Affordable CHIROPRACTIC MEMBERSHIPS

All-inclusive monthly memberships from \$39-\$69 per visit. CALL or TEXT us today!

MENTION THIS AD AND RECEIVE \$50 OFF YOUR INITIAL EXAM/TREATMENT

• Improves mobility, maintains flexibility

• Family owned and operated

• 25+ years experience serving the community

• Affordable memberships - plan for your health

• All inclusive - services and therapies

• Relieves pain from head/back/neck/sciatica

AMERICAN RIVER CHIROPRACTIC

2280 Vehicle Drive, Suite 110 Rancho Cordova, CA 95670

916-776-6362 • americanriverchiropractic.com

CALL or TEXT today!

SUNSET NO AL CLUB

EVENT HALL FOR RENT.

2,800 sq. ft.

Coffee bar.

Plenty of parking.

Saturday and Sunday.

\$500.

5809 Gibbons Dr. • (916) 470-7323

Call to Advertise 916-773-1111

Kings Korner

By V.G. Harris

Stay with Sabonis

By V.G. Harris

Don't look now Kings fans but the NBA preseason is only 2 weeks away, and for many Sacramento Kings fans that brings an abundance of hope and excitement.

If there is a franchise in the NBA that epitomizes the term eternal optimist, it would have to be the effervescent Kings fans that still believe that this year's team may be the next version of "Hoosiers."

I would like to believe that too!

As I was recently studying some of the more successful franchises is the NBA, I turned to the Chicago Bulls of the 1990's, and I was reminded that 3 of Michael Jordan and Scottie Pippens 6 titles came after Dennis Rodman became a member of the team. In fact, they actually enjoyed a rare 3-peat with Rodman on board. Not known for being a scorer, Rodman showed the Chicago Bulls how rebounding was done and played defense with reckless abandon.

Regardless of his multi-colored hair, wild histrionics, and seemingly out of control off the court behavior, for at least 3 seasons it was Dennis Rodman that was the straw that stirred the drink.

The legendary Michael Jordan did much to encourage the Bulls franchise to take a chance on Rodman, and to this day Rodman is much admired for Jordan for his world class rebounding and some of the toughest defense every seen on an NBA court. Rodman actually led the NBA in rebounding 7 consecutive years and received the title of defensive player of the year 2 times.

Well, the Sacramento Kings don't have 6 world championships, and after 40 plus years in Sacramento are still searching for their first, but make no mistake about it, hope springs eternal despite what GM Scott Perry refers to as a rebuild.

Someone who should already be mentioned in the conversation as an all-time great Sacramento King is often maligned big man Domantas Sabonis.

Sabonis, criticized for his less than stellar defense, in my opinion is getting a bad rap and I think it's high time the fans of Sacramento come to his defense.

Domantas streak of leading the NBA in rebounding sadly came to a halt last season due to injuries that limited him to only 19 games while playing 70 in the prior season.

This Stevedore of the hardwood played one season in a Kings uniform with a broken thumb, and playing through the pain led the league in rebounding. Add that to one of the most exceptional team players the Sacramento Kings have ever had, Sabonis nightly exhibits the kind of grit that any GM should be proud to have on his team.

Although not a rim protector, Sabonis gives 100% every night and is every bit the foundation piece the Sacramento Kings need to bring credibility to their franchise.

Inexplicably, the Kings forgot what they had in DeAaron Fox and that lack of judgement led to the San Antonio Spurs getting a diamond in the rough while sending the Sacramento Kings on a 2-year search for a replacement point guard.

At this very moment the Kings have a built in double-double holding down the paint in Domantas Sabonis, and a heralded rookie point guard by the name of Darius Acuff Jr., ready to begin his inaugural season.

Selling tickets in Sacramento? Yes, I think so, but Scott Perry's next move looms large, and any suggestion of moving Domantas Sabonis could easily lose fans in a way that the Kings organization hasn't seen in years.

Make no mistake about it, Domantas Sabonis is the current face of this franchise, and it's time to celebrate that fact and not look for ways to send him packing.

Likewise, Zach Lavine hampered by injuries last season, is a former 2-time NBA all star and has something to prove in garnishing nearly 50 million in the upcoming season. Shooting nearly 40% lifetime from beyond the arc and just a shade under 20 points per game, Scott Perry should be giving this talented shooting guard all the minutes he can play.

While we're at it let's not forget that at one time Keegan Murray was thought to be a potential NBA all-star and needs to come back from a dismal injury riddled season just a year ago.

Just one month from opening night. Stay tuned.

All the best!

★

Taxing California's Rich Just Got More Complicated. Prop 40's Fate is Still Uncertain



By Dan Walters, CALMatters.org

Proposition 40, which would impose a 5% tax on the wealth of California's billionaires, is arguably the most important measure placed before voters in this century.

It is also probably the most confounding.

While it's sponsored by a healthcare union, it's opposed by several other major unions, who are in an odd bedfellows alliance with the billionaires it targets. Meanwhile, the leader of the sponsoring union faces allegations of personal misconduct.

And even if Prop. 40 passes, two other measures on the ballot could nullify it. Finally, the measure contains complex language, raising questions that would probably generate extended legal battles even if it does pass.

Given all that, it's not surprising that, with mail voting beginning in just a couple of weeks, a new poll indicates Prop. 40 could go either way.

A Public Policy Institute of California survey found that 52% of likely voters favor the measure and 46% are opposed, which in the real world of campaigning means it's too close to call.

Meanwhile, the two measures placed on the ballot by Prop. 40's wealthy opponents are doing fairly well. Proposition 41, which would indirectly nullify Prop. 40

by prohibiting levying any new taxes outside of the state's spending limit, and Proposition 42, which would prohibit taxes on personal property, each have narrow leads in the PPIC poll.

Were all three measures to gain approval, the one with the most votes would prevail — meaning that if Props. 41 or 42 outdoes Prop. 40, the billionaire tax would be void.

None of that intertwining complexity was explained to the people PPIC polled. They were just given the official summary of each proposition before being asked their preferences.

Prop. 40 is sponsored by the Service Employees International Union-United Healthcare Workers West. If it becomes law, a 5% tax would be levied on the assets of about 200 California billionaires, with almost all of the proceeds being spent on healthcare.

However, Dave Regan, the union's fiery leader, is facing allegations by leaders of other unions under the Service Employees International umbrella of having "a pattern and history of bullying, threats, harassment, physical violence and attempted extortion." They said an independent investigation has confirmed the allegations, and they called on him to step down.

"Our first responsibility as an organization is to lead with our values," the other union officials said in a statement. "We stand with all those who are bullied, harassed, or targeted at work, and we stand by our charges. Our national union must now act swiftly to carry out our internal due process and ensure accountability to our values. Every leader is responsible for their role

in protecting and promoting respect, workplace justice, gender equity, racial justice, and nonviolence in our union and beyond."

Regan denies the allegations.

But they give Prop. 40's opponents potentially potent campaign ammunition. The split within Service Employees International and in the larger union movement reflects both long-standing feuds and resentment that the measure's revenues would be largely confined to services that Regan's members provide.

As the multifaceted campaigning over Prop. 40 picks up steam, one figure is noticeably absent: Gov. Gavin Newsom.

Prior to the measure's qualification for the ballot, Newsom was publicly attempting to derail it, worrying aloud that if passed, it would encourage wealthy Californians to leave the state and discourage new investment. High-income Californians pay most of the state's income taxes, the state's most important source of revenue.

However, Newsom is also a likely candidate for president after his governorship ends. Opposing taxes on the rich could alienate voters in the ultra-progressive wing of the Democratic Party.

Thus, he now says taxing wealth should be a national matter, not confined to one state.

Dan Walters is one of the most decorated and widely syndicated columnists in California history, authoring a column four times a week that offers his view and analysis of the state's political, economic, social and demographic trends. ★

Social Security Matters

I'm Reevaluating My Retirement Plan; What are my Options?



By Russell Gloor, AMAC Certified Social Security Advisor

Dear Rusty: I am 69 1/2 years old now and applied for Social Security at the end of June. I am still working and was planning to begin my retirement in September. A couple of factors arose for me to question if I made a hasty decision by applying for SS. The employer I have been working for the last 29 years has asked if I would stay on a little longer (which would be good because we have some debt I want to lose before I retire). I was reading about suspending Social Security and continuing to work. If I understand it right, if I suspend my SS, no payback will be required, and I can continue to work until I'm ready to retire. No Spousal benefits taken yet. **Signed: Reevaluating my Retirement**

Dear Reevaluating Retirement: I'm assuming you asked for your Social Security benefits to start in September (when you originally planned to retire), but that you won't be 70 years old until March 2027. If that is correct, be aware that you will not immediately get all of your earned Delayed Retirement Credits (DRCs) when your benefits start in September – you will

only initially get the DRCs you have earned through the end of 2025. That's because Social Security usually applies DRCs in January of each year. So, what will happen is that your September benefit amount will lack the 5.3% DRCs you earned in 2026, until January 2027 when they will apply the DRCs earned in 2026 to your monthly payment amount. Said simply, your initial September benefit will not include your full age 69.5 entitlement because it won't include the 5.3% extra you earned in 2026. That extra monthly amount will be awarded in January 2027. FYI, if you were to, instead, claim for your SS benefits to start in the month you turn 70 (March 2027), you would get your full age 70 amount immediately (SS awards all earned DRCs if benefits are claimed to start in the month you turn 70).

Now, on to your question: Yes, if you take your benefits effective with September 2026 you can suspend your benefits, but you can only suspend them until the month you turn 70. And if you are suspending your benefits, you will not need to repay Social Security for any benefits you happen to receive before you suspend. As is obvious, you will not receive any SS payments while your benefits are suspended, and you will earn DRCs for the months your benefits are suspended, resulting in a higher monthly amount at age 70. Also, since you have already passed your SS full retirement age (FRA), you can work and earn as

much as you like, without your Social Security benefits being negatively affected.

Regarding your comment "No Spousal benefits taken yet." FYI, you cannot get spousal benefits while your benefits are suspended, nor can your wife get spousal benefits from you while you SS retirement benefits are suspended. To be clear, spouse benefits are only paid when one spouse's benefit at their FRA is less than 50% of the other spouse's FRA benefit. Spouse benefits are always based upon FRA entitlements, not on the larger amounts which will result from waiting longer to claim. In other words, your wife would only be eligible for a spousal benefit from you if her FRA entitlement was less than 50% of your FRA entitlement (not your age 70 SS entitlement). And she cannot get a spousal benefit while your benefits are suspended.

To recap: Yes, you can suspend receipt of your SS retirement benefits until the month you turn 70 and get credit for that delay (resulting in a higher benefit). And, yes, you can continue working as long as you wish, and your benefits will not be negatively affected. And just for added information, you can also ask Social Security to withdraw your current application for SS benefits and then reapply in January 2027 for your benefits to start in March 2027 (the month you turn 70). You have both options.

This article is intended for information purposes only and does not represent legal or financial guidance. ★



In the "Terminator" movie series, the artificial-intelligence system known as Skynet is given control of the nation's nuclear weapons and uses it to try to destroy humanity. One reason that apocalyptic scenarios involving AI are implausible is that, having seen how that particular movie ends, we are unlikely to be foolish enough to give AI custody of the most destructive weapons on the planet.

The unthinkable is nonetheless a hot topic of conversation, given that a researcher at Anthropic just resigned and issued a doomsday warning. According to Jacob Coxon, the rush to develop AI is "gambling with our lives," since it will soon create "superhuman systems that can hack anything, revolutionize any field overnight, and acquire real power and resources."

A current Anthropic employee then chimed in: "We really do earnestly believe AI could kill all humans!" He put the chances at greater than 10% in the next decade. The idea here is that Anthropic and similar firms are, in effect, running their own Manhattan Projects, with consequences unknown and potentially very dire.

Now, ChatGPT as we know it doesn't seem particularly well-suited to destroying humanity. It is a souped-up version of Google that is impressively fast, but also

Will AI Destroy Humanity?

mistake-prone. If it can mess up basic math or the New York Yankees roster, surely it can't carry out the complex tasks necessary to fashion an apocalyptic event.

Tech companies, though, have labs working on so-called frontier models that are much more powerful and reportedly developing more quickly than expected. The worry is that an AI model itself will begin to develop new AI very quickly in an "intelligence explosion," the equivalent of Skynet becoming self-aware at 2:14 a.m. Eastern Time on Aug. 29, 1997.

The thinking is that if such an AI model goes rogue and turns against humanity, it will be too clever and fast for us to combat. Yet it's hard to see the mechanism that such a hostile superintelligence would use to commit omnicide. The rogue AI would presumably have to do something in the real world -- say, launching nukes, manufacturing killer robots or releasing a deadly virus.

If it lacks physical agency, AI could presumably be unplugged or contained. (It was after humans tried to deactivate Skynet, by the way, that the system decided we were a threat that had to be neutralized.)

Some doomsayers posit a malicious person using advanced AI to come up with a design for a killer virus and a plan to release it without detection. This is a different scenario, though, from AI turning against people of its own volition. In a world years

from now when much more advanced AI is a reality, we will need to think through safeguards to keep dangerous systems -- nukes, biolabs -- from being compromised by AI-enabled cyberattacks or exploited by criminals and terrorists.

It's easy to imagine breaches of financial systems or attacks on critical infrastructure that would fall short of endangering all of mankind. Even if one takes an alarmist view of the risks, it's unclear how the development of AI can be stopped. Any deal with the Chinese to slow down research couldn't be trusted, and might simply allow them to pass us in the AI race by subterfuge. In other words, we'd still get Skynet, only with Chinese characteristics.

There's also the reality that AI will be a necessary tool in protecting against the malicious use of AI -- not to mention all of its other positive potential. If we slow or end research in the U.S., we might end up vulnerable to superintelligence developed by actors who mean us harm.

Science fiction is fascinating and sometimes prescient. Works by the likes of Philip K. Dick, Aldous Huxley and Arthur C. Clarke had genuine insights into the future. But that doesn't mean we are living in the plot of "The Terminator," and we shouldn't scare ourselves into forswearing transformative technology.

Rich Lowry is editor of the National Review.

(c) 2026 by King Features Synd., Inc. ★

Legal Advertising
916-483-0946

Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 – February 7, 1984 • Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 – September 18, 1969
Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 – March 12, 2020 • The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 – March 21, 1988

2508 Garfield Ave. • Ste. A
Carmichael, CA 95608

FICTITIOUS BUSINESS
NAME STATEMENTS

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06440
Nancy Bonequi, 9028 Pear
Orchard Court, Orangevale, CA
95662 is doing business under the
Fictitious Business Name(s)
“Smokin Good Co./Char &
Chill Lemonade” 9028 Pear
Orchard Court, Orangevale, CA
95662. Filed with the Clerk of
Sacramento County August 18,
2026
Publish: September 4, 11, 18, 25, 2026
SMOKIN 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06546
Jessica Thompson, 9108
Castlebar Way, Sacramento,
CA 95826 is doing business
under the Fictitious Business
Name(s) “The Secondhand Trail
Series” 9108 Castlebar Way,
Sacramento, CA 95826. Filed
with the Clerk of Sacramento
County August 21, 2026
Publish: September 4, 11, 18, 25, 2026
THE 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06503
Irina Molkova, 6807 Barbara
Lee Circle, Sacramento, CA
95842 is doing business under the
Fictitious Business Name(s)
“M. Depilation Studio” 9739 Fair
Oaks Boulevard Suite D Room
3, Fair Oaks, CA 95628. Filed
with the Clerk of Sacramento
County August 20, 2026
Publish: September 4, 11, 18, 25, 2026
DEPIILATION 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06304
Cuddle Crew Pet Care
LLC, 2108 N Street Suite N,
Sacramento, CA 95816 is doing
business under the Fictitious
Business Name(s) “Cuddle Crew
Pet Care” 2108 N Street Suite N,
Sacramento, CA 95816. Filed
with the Clerk of Sacramento
County August 12, 2026
Publish: September 4, 11, 18, 25, 2026
CUDDLE 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06318
Piece of Mai, LLC, 8286 Yorkton
Way, Sacramento, CA 95829
is doing business under the
Fictitious Business Name(s)
“Piece of Mai” 8286 Yorkton Way,
Sacramento, CA 95829. Filed
with the Clerk of Sacramento
County August 13, 2026
Publish: September 4, 11, 18, 25, 2026
PIECE 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06539
Town Logic, 3220 San Jose
Way, Sacramento, CA 95817
is doing business under the
Fictitious Business Name(s) “On
The Wagon/Sans Proof” 3220
San Jose Way, Sacramento,
CA 95817. Filed with the Clerk
of Sacramento County August
21, 2026
Publish: September 4, 11, 18, 25, 2026
ON 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06552
Jessica Martinez, 6732 Calvine
Road, Sacramento, CA 95823
is doing business under the
Fictitious Business Name(s)
“Bubbies Batch” 6732 Calvine
Road, Sacramento, CA 95823.
Filed with the Clerk of Sacramento
County August 24, 2026
Publish: September 4, 11, 18, 25, 2026
BUBBIES 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06500
Josh Urbano PO Box 493,
Carmichael, CA 95609 and
Kimberly Urbano, 7610 Scenic
Court, Fair Oaks, CA 95628
are doing business under the
Fictitious Business Name(s)
“Live Fire & Smoke” 7610 Scenic
Court, Fair Oaks, CA 95628. Filed
with the Clerk of Sacramento
County August 20, 2026
Publish: September 4, 11, 18, 25, 2026
LIVE 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06569
VEC Property Investments,
LLC, 2376 Fair Oaks Boulevard,
Sacramento, CA 95825 is doing
business under the Fictitious
Business Name(s) “Freeport
Bakery” 2966 Freeport Boulevard,
Sacramento, CA 95818. Filed
with the Clerk of Sacramento
County August 24, 2026
Publish: September 4, 11, 18, 25, 2026
FREEPORT 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-03995
Brandon Overman, 225 South
Sixth Street, Suite 4500,
Minneapolis, MN 55402 is doing
business under the Fictitious
Business Name(s) “Cornerstone
Planning Partners” 225 South
Sixth Street, Suite 4500,
Minneapolis, MN 55402. Filed
with the Clerk of Sacramento
County May 20, 2026
Publish: September 4, 11, 18, 25, 2026
CORNERSTONE 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06462
John Corso, 3003 NW Cello
Lane, Bend, OR 97703 is doing
business under the Fictitious
Business Name(s) “Willow Glen
Apartments” 7474 La Macha
Way, Sacramento, CA 95823.
Filed with the Clerk of Sacramento
County August 19, 2026
Publish: September 4, 11, 18, 25, 2026
WILLOW 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06540
Yaroslav Drannikov and Olha
Drannikova, 2796 Catania
Way, Sacramento, CA 95826
is doing business under the
Fictitious Business Name(s)
“Euroluxceilings” 2796 Catania
Way, Sacramento, CA 95826.
Filed with the Clerk of Sacramento
County August 21, 2026
Publish: September 4, 11, 18, 25, 2026
EURO 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06425
Primos Auto Insurance Services
Inc., 747 El Monte Way,
Dinuba, CA 93618 is doing
business under the Fictitious
Business Name(s) “Primos
Auto Insurance” 7062 Sunrise
Boulevard, Citrus Heights, CA
95610. Filed with the Clerk of
Sacramento County June 18,
2026
Publish: September 4, 11, 18, 25, 2026
PRIMOS 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06445
Delcy L. Steffy, 3005 5th Avenue,
Sacramento, CA 95817 is doing
business under the Fictitious
Business Name(s) “Proven
Ground Real Estate/Proven
Ground RE/Proven Ground
Properties/Proven Ground Land
Company” 3005 5th Avenue,
Sacramento, CA 95817. Filed
with the Clerk of Sacramento
County August 18, 2026
Publish: September 4, 11, 18, 25, 2026
PROVEN 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06311
Nadia Buron, 5930 South Land
Park Drive #22311, Sacramento,
CA 95822 is doing business under
the Fictitious Business Name(s)
“AK Auto Detail” 7303 Pocket
Road, Sacramento, CA 95831.
Filed with the Clerk of Sacramento
County August 13, 2026
Publish: September 4, 11, 18, 25, 2026
AK 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06172
C & C Interiorscapes, Inc, 7324
Daly Avenue, Citrus Heights, CA
95621 is doing business under
the Fictitious Business Name(s)
“C & C Interiorscapes, Inc” 7324
Daly Avenue, Citrus Heights, CA
95621. Filed with the Clerk of
Sacramento County August 6,
2026
Publish: September 4, 11, 18, 25, 2026
INTERIOR 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06416
Pacific Africa LLC, 3545 Arden
Way #1115, Sacramento, CA
95864 is doing business under
the Fictitious Business Name(s)
“Pacific Africa/Africa Climate
X Nature Salon/Chalicy/
Remembered Futures” 3325
Eastern Avenue, Sacramento,
CA 95821. Filed with the Clerk
of Sacramento County August
18, 2026
Publish: September 4, 11, 18, 25, 2026
PACIFIC 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06457
Easy Community Day Program
LLC, 4208 N. Freeway
Boulevard, Sacramento, CA
95834 is doing business under
the Fictitious Business Name(s)
“Easy Community Day Program
LLC” 2307 Cashew Way,
Sacramento, CA 95834. Filed
with the Clerk of Sacramento
County August 19, 2026
Publish: September 4, 11, 18, 25, 2026
EASY 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06709
Open Path Property Services
LLC, 7077 Kingsmill Way, Citrus
Heights, CA 95610 is doing
business under the Fictitious
Business Name(s) “Open Path
Junk Removal & Demolition”
7077 Kingsmill Way, Citrus
Heights, CA 95610. Filed with
the Clerk of Sacramento County
August 27, 2026
Publish: September 4, 11, 18, 25, 2026
OPEN 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06699
International Church of the
Foursquare Gospel, 1132
Glendale Boulevard, Los
Angeles, CA 90026 is doing
business under the Fictitious
Business Name(s) “Risen
Christian Fellowship” 65 Quinta
Court Suite A, Sacramento, CA
95823. Filed with the Clerk of
Sacramento County August 27,
2026
Publish: September 4, 11, 18, 25, 2026
RISEN 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06700
Oksimoion LLC, 4800 Marconi
Avenue 247, Carmichael, CA
95608 is doing business under
the Fictitious Business Name(s)
“MPB Auto Repair” 11432 Elks Circle,
Rancho Cordova, CA 95742.
Filed with the Clerk of Sacramento
County August 27, 2026
Publish: September 4, 11, 18, 25, 2026
MPB 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06713
Karen R Alkons, PO Box 1548,
Carmichael, CA 95609 is doing
business under the Fictitious
Business Name(s) “Northern
California Art Conservators”
4437 Whitney Avenue,
Sacramento, CA 95821. Filed
with the Clerk of Sacramento
County August 27, 2026
Publish: September 4, 11, 18, 25, 2026
NORTHERN 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06698
Daisy N. Tan, 5713 Tuckeroo
Way, Fair Oaks, CA 95628
is doing business under the
Fictitious Business Name(s)
“Sculpted Salon” 10144 Fair Oaks
Boulevard, Fair Oaks, CA 95628.
Filed with the Clerk of Sacramento
County August 27, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
SCULPTED 10-2-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06730
Ibrar Khan, 7515 Reese Road
Suite 102, Sacramento, CA
95828 is doing business under
the Fictitious Business
Name(s) “Easy Pick Auto Sale”
7515 Reese Road Suite 102,
Sacramento, CA 95828. Filed
with the Clerk of Sacramento
County August 28, 2026

Publish: Sept 11, 18, 25, Oct 2, 2026
EASY 10-2-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06768
Ly Tran, 2220 Gold Springs
Court Suite 104-B, Gold River,
CA 95670 is doing business
under the Fictitious Business
Name(s) “EmLy Beauty” 2220
Gold Springs Court Suite 104-B,
Gold River, CA 95670. Filed with
the Clerk of Sacramento County
August 31, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
EMLY 10-2-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06413
Heather Hinds, 7229 Starflower
Drive, Citrus Heights, CA 95621
is doing business under the
Fictitious Business Name(s)
“River City Estate Liquidators”
7229 Starflower Drive, Citrus
Heights, CA 95621. Filed with
the Clerk of Sacramento County
August 18, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
RIVER 10-2-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-05783
Brian Booser, 110 Pomine Court,
Folsom, CA 95630 and Alice
Warchol, 200 Genovese Reach,
Chesapeake, VA 23322 and
Forrest Booser, 980 Riverwatch
Trace, Sparta, TN 38583 and
Elizabeth Tomasini, 11361
Kensington Road, Los Alamitos,
CA 90720 are doing business
under the Fictitious Business
Name(s) “Glennfore B” 110
Pomine Court, Folsom, CA 95630.
Filed with the Clerk of Sacramento
County July 22, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
GLENNFORE 10-2-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06518
Bonneville Billing and Collections,
Inc., 6026 Fashion Point Drive,
Ogden, UT 84403 is doing
business under the Fictitious
Business Name(s) “Bonneville
Collections” 6026 Fashion Point
Drive, Ogden, UT 84403. Filed
with the Clerk of Sacramento
County August 20, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
BONNEVILLE 10-2-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06377
Juan Antonio, 514 Exchange
Street, Sacramento, CA 95838
is doing business under the
Fictitious Business Name(s)
“Tony’s Janitorial Service” 514
Exchange Street, Sacramento,
CA 95838. Filed with the Clerk
of Sacramento County August
17, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
TONYS 10-2-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06341
Love Vee Beauty LLC, 8102
Wachtel Way, Orangevale,
CA 95662 is doing business
under the Fictitious Business
Name(s) “Love Vee Skin”
8836 Greenback Lane Suite B,
Orangevale, CA 95662. Filed
with the Clerk of Sacramento
County August 14, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
LOVE 10-2-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06339
Vikkilyn Calip and Christopher
Ortiz, 8102 Wachtel Way,
Orangevale, CA 95662 are
doing business under the
Fictitious Business Name(s)
“Wild Whiskers Beard Co.”
8836 Greenback Lane Suite B,
Orangevale, CA 95662. Filed
with the Clerk of Sacramento
County August 14, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
WILD 10-2-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06370
Jaime Lopez De Los Santos, 5905
Green Glen Way, Sacramento,
CA 95842 is doing business
under the Fictitious Business
Name(s) “Vazquez Arborist and
Landscaping” 5905 Green Glen
Way, Sacramento, CA 95842.
Filed with the Clerk of Sacramento
County August 14, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
VAZQUEZ 10-2-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06637
Michelle Monee Olivera, 2711
Ione Street, Sacramento, CA
95821 is doing business under
the Fictitious Business Name(s)
“Divine Fem Tarot888” 2711 Ione
Street, Sacramento, CA 95821.
Filed with the Clerk of Sacramento
County August 25, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
DIVINE 10-2-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06715
Dauntless Family Counseling,
Inc., 3336 Bradshaw Road
Suite 340, Sacramento, CA
95827 is doing business under
the Fictitious Business Name(s)
“Dauntless Counseling” 3336
Bradshaw Road Suite 340,
Sacramento, CA 95827. Filed
with the Clerk of Sacramento
County August 27, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
DAUNTLESS 10-2-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06374
Nikzad Foods LLC, 882 El
Camino Avenue, Sacramento,
CA 95815 is doing business
under the Fictitious Business
Name(s) “Ancient Sun” 882 El
Camino Avenue, Sacramento,
CA 95815. Filed with the Clerk
of Sacramento County August
14, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
ANCIENT 10-2-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06556
TKO Metals, Inc., 3341 Fitzgerald
Road, Rancho Cordova, CA
95742 is doing business under
the Fictitious Business Name(s)
“TKO Dumpster Rentals” 3341
Fitzgerald Road, Rancho

Cordova, CA 95742. Filed with
the Clerk of Sacramento County
August 24, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
TKO 10-2-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-05603
Stoney Folks Inc, 10415 Folsom
Boulevard #105, Rancho
Cordova, CA 95670 is doing
business under the Fictitious Business
Name(s) “Stoney Folks Inc”
10415 Folsom Boulevard #105,
Rancho Cordova, CA 95670.
Filed with the Clerk of Sacramento
County August 18, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
STONEY 10-2-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06543
Ed Dreher, 281 Lyman Circle,
Sacramento, CA 95835 is doing
business under the Fictitious
Business Name(s) “EDX Realty
Services” 281 Lyman Circle,
Sacramento, CA 95835. Filed
with the Clerk of Sacramento
County August 21, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
EDX 10-2-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-05744
Rafiq Family LLC, 4626 Auburn
Boulevard, Sacramento, CA
95841 is doing business under
the Fictitious Business
Name(s) “Mr. A’s Tires & Auto
Repair” 4626 Auburn Boulevard,
Sacramento, CA 95841. Filed
with the Clerk of Sacramento
County July 20, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
MR 10-2-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06789
Kimberly Jacqueline Austin and
Darryl Wayne Austin, 9980 River
Mist Way, Rancho Cordova, CA
95670 are doing business under
the Fictitious Business Name(s)
“Groovin Along Transportation”
9980 River Mist Way, Rancho
Cordova, CA 95670. Filed with
the Clerk of Sacramento County
August 31, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
GROOVIN 10-2-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06856
Darcy Marie Soga, 15 Riverbrea
Court, Sacramento, CA 95831
is doing business under the
Fictitious Business Name(s)
“House of the North Star” 15
Riverbrea Court, Sacramento,
CA 95831. Filed with the Clerk
of Sacramento County September
2, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
HOUSE 10-2-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06781
Gazette Media Co., LLC, PO
Box 816, Sacramento, CA
95812 is doing business under
the Fictitious Business Name(s)
“NCPP/Sac Media Consulting”
428 J Street Suite 400,
Sacramento, CA 95814. Filed
with the Clerk of Sacramento
County August 31, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
NCPP 10-2-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06772
My Little House Family Childcare
LLC, 2370 Carlsbad Avenue,
Sacramento, CA 95821 is doing
business under the Fictitious
Business Name(s) “My Little
House Family Childcare
LLC” 2370 Carlsbad Avenue,
Sacramento, CA 95821. Filed
with the Clerk of Sacramento
County August 31, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
MY 10-2-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06881
Syed Faisal Rahman, 10940
White Rock Road Suite 210,
Rancho Cordova, CA 95670
is doing business under the
Fictitious Business Name(s)
“Black and White Law Office”
10940 White Rock Road Suite
210, Rancho Cordova, CA
95670. Filed with the Clerk of
Sacramento County September
3, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
BLACK 10-2-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-05240
Phil Schroeder, 3520 Welch
Court, Sacramento, CA 95821
is doing business under the
Fictitious Business Name(s)
“SacStageArts/SacArts
Spotlight” 3520 Welch Court,
Sacramento, CA 95821. Filed
with the Clerk of Sacramento
County July 8, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
SAC 10-2-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06582
Karla Yaredit Zavala Lazaro,
1819 Merkle Avenue #2,
West Sacramento, CA 95691
is doing business under the
Fictitious Business Name(s)
“K & Y Professional Cleaning”
1819 Merkle Avenue #2, West
Sacramento, CA 95691. Filed
with the Clerk of Sacramento
County August 24, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
CLEANING 10-2-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06760
Teahya Bishop Fowler, 4912
Kenroy Way, Fair Oaks, CA
95628 is doing business under
the Fictitious Business Name(s)
“Wildflower BodyWork” 4912
Kenroy Way, Fair Oaks, CA
95628. Filed with the Clerk of
Sacramento County August 31,
2026
Publish: Sept 11, 18, 25, Oct 2, 2026
WILDFLOWER 10-2-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06811
Bibbies Grill LLC, 3645 Husch
Way, Rancho Cordova, CA
95670 is doing business under
the Fictitious Business Name(s)
“Northpeak Coffee” 3645 Husch

Way, Rancho Cordova, CA
95670. Filed with the Clerk of
Sacramento County September
1, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
SCULPTED 10-2-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06402
Jujuson Industries LLC, 5862
Sharps Circle, Carmichael, CA
95608 is doing business under
the Fictitious Business Name(s)
“Makani Cleaning Services”
5862 Sharps Circle, Carmichael,
CA 95608. Filed with the Clerk of
Sacramento County August 17,
2026
Publish: Sept 18, 25, Oct 2, 9, 2026
MAKANI 10-9-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06842
Andrew Mathis Lawson, 1824
Venus Drive, Sacramento, CA
95864 is doing business under
the Fictitious Business Name(s)
“Art of Design Studios” 1824
Venus Drive, Sacramento, CA
95864. Filed with the Clerk of
Sacramento County September
2, 2026
Publish: Sept 18, 25, Oct 2, 9, 2026
ART 10-9-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06594
Gabriela Tejada, 5543 Missie
Way, Sacramento, CA 95841
is doing business under the
Fictitious Business Name(s)
“Premier Luxury Restroom
Sacramento” 5543 Missie Way,
Sacramento, CA 95841. Filed
with the Clerk of Sacramento
County August 25, 2026
Publish: Sept 18, 25, Oct 2, 9, 2026
PREMIER 10-9-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06951
Michael Ramon Lopez and
Alyssa Marie Ante Lopez, 2664
Millcreek Drive, Sacramento,
CA 95833 is doing business
under the Fictitious Business
Name(s) “Michael’s Books and
More” 2664 Millcreek Drive,
Sacramento, CA 95833. Filed
with the Clerk of Sacramento
County September 8, 2026
Publish: Sept 18, 25, Oct 2, 9, 2026
MICHAELS 10-9-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06822
Kim RE Venture, 2563 Gold Hill
Street, West Sacramento, CA
95691 is doing business under
the Fictitious Business Name(s)
“Sky Blue Housing” 2563 Gold
Hill Street, West Sacramento,
CA 95691. Filed with the Clerk
of Sacramento County September
1, 2026
Publish: Sept 18, 25, Oct 2, 9, 2026
SKY 10-9-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06954
AL-Reef Construction, Inc, 3726
Abby Court, Rocklin, CA 95765
is doing business under the
Fictitious Business Name(s)
“AL-Reef Media” 3726 Abby Court,
Rocklin, CA 95765. Filed with
the Clerk of Sacramento County
September 8, 2026
Publish: Sept 18, 25, Oct 2, 9, 2026
AL 10-9-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06807
Kingdom Lending LLC, 3127 E.
Rosemonte Drive, Phoenix, AZ
85050 is doing business under
the Fictitious Business Name(s)
“Kingdom Lending” 3127 E.
Rosemonte Drive, Phoenix, AZ
85050. Filed with the Clerk of
Sacramento County September
1, 2026
Publish: Sept 18, 25, Oct 2, 9, 2026
KINGDOM 10-9-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06963
Joumana Saab, 5249 Kankakee
Drive, Sacramento, CA 95835
is doing business under the
Fictitious Business Name(s)
“SAAB Janitorial Services” 5249
Kankakee Drive, Sacramento,
CA 95835. Filed with the Clerk
of Sacramento County September
8, 2026
Publish: Sept 18, 25, Oct 2, 9, 2026
SAAB 10-9-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-05920
Nicole Pearson, 3525 4th
Avenue, Sacramento, CA 95817
is doing business under the
Fictitious Business Name(s)
“Notary Near Me Sacramento”
3525 4th Avenue, Sacramento,
CA 95817. Filed with the Clerk
of Sacramento County July 27,
2026
Publish: Sept 18, 25, Oct 2, 9, 2026
NOTARY 10-9-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06450
Arious Enterprise Group
LLC, 2108 N Street, Suite N,
Sacramento, CA 95816 is doing
business under the Fictitious
Business Name(s) “Arious
Commercial Cleaning” 2108 N
Street, Suite N, Sacramento, CA
95816. Filed with the Clerk of
Sacramento County August 19,
2026
Publish: Sept 18, 25, Oct 2, 9, 2026
ARIOUS 10-9-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-07016
Billy Rocks LLC, 3328 Bozeman
Street, Sacramento, CA 95838
is doing business under the
Fictitious Business Name(s)
“Billy Rocks” 6750 Front Street,
Rio Linda, CA 95673. Filed with
the Clerk of Sacramento County
September 10, 2026
Publish: Sept 18, 25, Oct 2, 9, 2026
BILLY 10-9-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06956
Oleh Pylyp, 7521 Kalamazoo
Drive, Citrus Heights, CA
95610 is doing business under
the Fictitious Business
Name(s) “BUY R STUFF”
7521 Kalamazoo Drive, Citrus
Heights, CA 95610. Filed with

the Clerk of Sacramento County
September 8, 2026
Publish: Sept 18, 25, Oct 2, 9, 2026
BUY 10-9-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-07027
Oleksandra Valdovinos, PO
Box 788, Citrus Heights, CA
95611 is doing business under
the F

Soroptimist Highlight Gynecologic Cancer Awareness Month

By MPG Staff

SACRAMENTO, CA (MPG) - Soroptimist International of Rancho Cordova & Gold River is recognizing Gynecologic Cancer Awareness Month in September by encouraging community members to learn about symptoms, risk factors, prevention and screening for cancers of the female reproductive system.

Gynecologic cancers include five main types: cervical, ovarian, uterine, vaginal and vulvar cancer. The Foundation for Women’s Cancer established Gynecologic Cancer Awareness Month in 1999 to increase public awareness of the diseases and promote prevention and early detection.

An estimated 117,660 people in the United States will be diagnosed with a gynecologic cancer in 2026, and about 34,570 are expected to die from the diseases, according

to the Foundation for Women’s Cancer, citing American Cancer Society estimates.

Because symptoms vary among the different types of gynecologic cancer, health officials encourage people to become familiar with what is normal for their bodies and to discuss unusual or persistent changes with a medical professional.

Possible warning signs can include unusual bleeding or discharge, persistent pelvic pain or pressure, abdominal or back pain, bloating and feeling full quickly or having difficulty eating. Changes in urination or bowel habits can also occur with some gynecologic cancers, while vulvar cancer can cause itching, burning, tenderness or changes to the skin of the vulva.

The Centers for Disease Control and Prevention recommends contacting a doctor promptly for bleeding that is

unusual, including any bleeding after menopause. Other warning signs that are unusual for an individual and continue for two weeks or longer should also be evaluated. Such symptoms can have causes other than cancer, but medical evaluation can help determine the cause.

Screening options differ significantly among the five gynecologic cancers.

Cervical cancer is the only gynecologic cancer for which recommended screening tests are available. Cervical cancer screening can include HPV testing and Pap testing, which can identify infections or abnormal cervical cells before cancer develops or detect cancer at an earlier stage. There is currently no simple, reliable routine screening test for ovarian, uterine, vaginal or vulvar cancers in people without symptoms.

Vaccination against human

papillomavirus, or HPV, can also lower the risk of several cancers. HPV is a common virus associated with cervical, vaginal and vulvar cancers, and the HPV vaccine protects against the types of the virus that most often cause those cancers. The CDC recommends routine HPV vaccination beginning at ages 11 or 12, although vaccination can begin at age 9. Catch-up vaccination is recommended through age 26 for those who were not adequately vaccinated earlier, while some adults ages 27 through 45 may choose vaccination after discussing it with a health care provider.

Family medical history can also provide important information about cancer risk. According to the CDC, people with a family history of breast, ovarian, uterine or colorectal cancer may have an increased risk for certain cancers. Health

care providers may recommend additional evaluation, genetic counseling or testing based on a person's family history.

Soroptimist International of Rancho Cordova & Gold River is encouraging community members to use the awareness month as an opportunity to discuss family history, possible symptoms, appropriate vaccinations and recommended cancer screenings with their health care providers.

Soroptimist is an international nonprofit organization with programs focused on improving educational and economic opportunities for women and girls.

More information about Soroptimist International of Rancho Cordova & Gold River, including membership and volunteer opportunities, is available at soroptimistranchocordova.org or by emailing sircgr2009@gmail.com ★

Legal Advertising
916-483-0946

LEGAL ADVERTISING

2508 Garfield Ave. • Ste. A
Carmichael, CA 95608

Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 – February 7, 1984 • Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 – September 18, 1969

Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 – March 12, 2020 • The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 – March 21, 1988

FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-06864
AMP Inc., 7108 N Fresno Street Suite 310, Fresno, CA 93720 is doing business under the Fictitious Business Name(s) "Enriching Lives" 11060 White Rock Road Suite 180, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County September 2, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
ENRICHING 10-16-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07123
Hansen Milkshake Company LLC (UT), 6201 Chapel View Lane, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Rachel's Shake Stop" 6201 Chapel View Lane, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County September 14, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
RACHELS 10-16-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07120
Daniel M Cabral and Sons LLC, 2108 N Street Suite N, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Tiemcie" 200 P Street C22, Sacramento, CA 95814. Filed with the Clerk of Sacramento County September 14, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
TIEMCIE 10-16-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07038
Kelly A. Piccolo-Allen, 7933 Peerless Avenue, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Cream & Clover Soap Co." 7933 Peerless Avenue, Orangevale, CA 95662. Filed with the Clerk of Sacramento County September 10, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
CREAM 10-16-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07019
Dolores Carmela Garcia, 4220 Goldsmith Court, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Dolle G" 4220 Goldsmith Court, Sacramento, CA 95826. Filed with the Clerk of Sacramento County September 10, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
DOLLE 10-16-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-06764
Robin Christopher Williams,

2219 River Trails Circle, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Cone and Brew" 2219 River Trails Circle, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County August 31, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
CONE 10-16-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-06514
Francisco Alba, 1399 Sacramento Avenue #89, West Sacramento, CA 95605 is doing business under the Fictitious Business Name(s) "Alba Padilla Mobile Mechanic" 1399 Sacramento Avenue #89, West Sacramento, CA 95605. Filed with the Clerk of Sacramento County August 20, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
ALBA 10-16-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07121
Jaydon Marques Tolton, 7809 Rockhurst Way, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Tolton Haul Co." 6036 Wynnewood Court, Sacramento, CA 95823. Filed with the Clerk of Sacramento County September 14, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
TOLTON 10-16-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-05899
Instructional Telecommunications Foundation, Inc., 8310 S Valley Hwy Suite 300, Englewood, CO 80112 is doing business under the Fictitious Business Name(s) "Mission Telecom" 8310 S Valley Hwy Suite 300, Englewood, CO 80112. Filed with the Clerk of Sacramento County July 27, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
MISSION 10-16-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-06969
Omar Sanchez, 5416 Cheviot Hill Court, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Prime Auto Detail" 5416 Cheviot Hill Court, Antelope, CA 95843. Filed with the Clerk of Sacramento County September 8, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
PRIME 10-16-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-06949
Oasis Residential Care LLC, 8638 Copper Canyon Way, Antelope, CA 95843 is doing

business under the Fictitious Business Name(s) "Oasis Residential Care II" 7752 Rudyard Circle, Antelope, CA 95843. Filed with the Clerk of Sacramento County September 8, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
OASIS 10-16-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07216
Garcias Family Café Inc, 7659 Denio Way, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Ericas Cafe" 7451 Greenback Lane, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County September 16, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
ERICAS 10-16-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07207
Evening Glow Coffee LLC, 4010 Tevere Place, El Dorado Hills, CA 95762 is doing business under the Fictitious Business Name(s) "World Traveler Coffee Roasters" 603 E. Bidwell Street Suite A, Folsom, CA 95630. Filed with the Clerk of Sacramento County September 16, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
WORLD 10-16-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07219
Joyous River Care Homes LLC, 6307 Oakcreek Way, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Oakcreek Cottage" 6307 Oakcreek Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County September 16, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
OAKCREEK 10-16-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07021
Merix Consulting LLC, 5960 South Land Park Drive #575, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Northstar Stateside Services/ Orion Access/American School Roadmap/Hotter Profile" 5960 South Land Park Drive #575, Sacramento, CA 95822. Filed with the Clerk of Sacramento County September 10, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
NORTHSTAR 10-16-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07198
JeRenee Felix 7429 Wisconsin Drive, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Tailored Notary & Tax Services/

TNT Services" 7429 Wisconsin Drive, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County September 16, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
TAILORED 10-16-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07076
Ikigai Real Estate CA, 7900 Meadowridge Court, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "TPR Properties" 7900 Meadowridge Court, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County September 11, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
TPR 10-16-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07222
Jamille Hamlet, 2774 Mossy Creek Street, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Passport Society", 2774 Mossy Creek Street, Sacramento, CA 95833. Filed with the Clerk of Sacramento County September 16, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
PASSPORT 10-16-26

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE NO. FBNF2024-03009
The following person(s) has/have abandoned the use of the FICTITIOUS BUSINESS NAME of: Well Accounted Bookkeeping, 5801 Topp Court, Carmichael, CA 95608.
Jyenny Babcock, 6330 Sunrise Boulevard #1031, Citrus Heights, CA 95610.
The Fictitious Business Name Statement was filed on April 19, 2024 in the County of Sacramento.
Filed with the clerk of Sacramento County: August 18, 2026.
Publish: September 4, 11, 18, 25, 2026
WELL 9-25-26

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE NO. FBNF2022-00501
The following person(s) has/ have abandoned the use of the FICTITIOUS BUSINESS NAME of: Forward Technology Group, Inc., 6221 Samoa Way, Carmichael, CA 95608.
Forward Technology Group Inc., 6221 Samoa Way, Carmichael, CA 95608.
The Fictitious Business Name Statement was filed on January 24, 2022 in the County of Sacramento.
Filed with the clerk of Sacramento County: September 9, 2026.
Publish: Sept 25, Oct 2, 9, 16, 2026
FORWARD 10-16-26

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE NO. FBNF2024-03371
The following person(s) has/ have abandoned the use of the FICTITIOUS BUSINESS NAME of: Duck Island RV Park, 16814 HWY 160, Rio Vista, CA 94571.
Jim D. Weber and Karen M. Weber. 2229 Manzanita Court, Lodi, CA 95242.
The Fictitious Business Name Statement was filed on April 30, 2024 in the County of Sacramento.
Filed with the clerk of Sacramento County: September 11, 2026.
Publish: Sept 25, Oct 2, 9, 16, 2026
DUCK 10-16-26

ORDER TO SHOW CAUSE CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#26CV019993
Louis Cervantes Jr has filed a petition with this court for a decree changing the name(s) of Louis Cervantes Jr to Luis Guillermo Cervantez.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 6, 2027, at 9:00 a.m. in Department 16C, located at 500 G Street, Sacramento, CA

95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 24, 2026
Christopher E. Krueger, Judge of the Superior Court
Publish: September 4, 11, 18, 25, 2026
CERVANTES 9-25-26

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#26CV018789

Christopher Garrett Niemeyer has filed a petition with this court for a decree changing the name(s) of Christopher Garrett Niemeyer to Christopher Garrett Glasgow.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on April 14, 2027, at 1:30 p.m. in Department 8D, located at 500 G Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 6, 2026
Julie G. Yap, Judge of the Superior Court
Publish: September 4, 11, 18, 25, 2026
NIEMEYER 9-25-26

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#26CV018752

Jaswant Singh, Sandeep Kaur has filed a petition with this court for a decree changing the name(s) of Rasleen Kajla to Rasleen Kaur.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 25, 2027, at 1:30 p.m. in Department 16D, located at 500 G Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 5, 2026
Richard Sueyoshi, Judge of the Superior Court
Publish: September 4, 11, 18, 25, 2026
KAUR 9-25-26

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#26CV020380

Leilani Kalona Casarez has filed a petition with this court for a decree changing the name(s) of Makoa Kualaloa Mithras Sol Invictus Guadagnolo to Makoa Kanaloa Casarez.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 6, 2027, at 9:00 a.m. in Department 16C, located at 500 G Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 26, 2026
Christopher E. Krueger, Judge of the Superior Court
Publish: Sept 11, 18, 25, Oct 2, 2026
CASAREZ 10-2-26

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#26CV021858

Nilufar Pulatova has filed a petition with this court for a decree changing the name(s) of Sumayya Shakhzod to Sumayya Pulatova and Musfira Shakhzod to Musfira Pulatova.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 3, 2027, at 9:00 a.m. in Department 16C, located at 500 G Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: September 9, 2026
Christopher E. Krueger, Judge of the Superior Court
Publish: Sept 18, 25, Oct 2, 9, 2026
PULATOVA 10-9-26

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#26CV019188

Huiyu Wen has filed a peti-

tion with this court for a decree changing the name(s) of Huiyu Wen to Jade Wen Huiyu Eiri.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 24, 2027, at 1:30 p.m. in Department 8D, located at 500 G Street. Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 11, 2026
Julie G. Yap, Judge of the Superior Court
Publish: Sept 18, 25, Oct 2, 9, 2026
WEN 10-9-26

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#26CV018968

Johnisha Wallace has filed a petition with this court for a decree changing the name(s) of Johnisha Jorنيا Wallace to Journee Andrea Henry.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on April 14, 2027, at 1:30 p.m. in Department 8D, located at 500 G Street. Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 7, 2026
Julie G. Yap, Judge of the Superior Court
Publish: Sept 18, 25, Oct 2, 9, 2026
WALLACE 10-9-26

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#26CV021216

Angel Ann Marie Corey aka Angel Corey-Heiser has filed a petition with this court for a decree changing the name(s) of Angel Ann Marie Corey aka Angel Corey-Heiser to Angel Ann Marie Heiser.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on October 22, 2026, at 1:30 p.m. in Department 16D, located at 500 G Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: September 14, 2026
Richard K. Sueyoshi, Judge of the Superior Court
Publish: Sept 25, Oct 2, 9, 16, 2026
HEISER 10-16-26

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#26CV011104

Rudolfo Buendia has filed a petition with this court for a decree changing the name(s) of Rudolfo Buendia to Ernesto Antonio Lira.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on November 18, 2026, at 1:30 p.m. in Department 8C, located at 500 G Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: May 8, 2026
Richard C. Miadich, Judge of the Superior Court
Publish: Sept 25, Oct 2, 9, 16, 2026
BUENDIA 10-16-26

LIEN SALE

LIEN SALE 10/8/26 10AM
AT 7840 14TH AVE,
SACRAMENTO
10 DODGE LIC# 99575W3 CA
VIN# 1D7RV1GT3AS223210
SAC 9-25-26



Call to place your
legal advertising
916-773-1111

City of Rancho Cordova Legal Notice

NOTICE IS HEREBY GIVEN that on **October 5, 2026**, a public hearing as required by Section 147(f) of the Internal Revenue Code of 1986 (the "Code"), will be held with respect to a proposed plan of financing providing for the issuance by the California Municipal Finance Authority (the "Authority") of exempt facility bonds for a qualified residential rental project pursuant to Section 142(a)(7) of the Code in one or more series issued from time to time, including bonds issued to refund such exempt facility bonds in one or more series from time to time, in an amount not to exceed \$50,000,000 in aggregate principal amount (the "Bonds").

The proceeds of the Bonds will be used to: (1) finance or refinance the acquisition, construction, improvement and equipping of The Liora, a multifamily rental housing project located at 4381 Anatolia Drive, Rancho Cordova, California; and (2) pay certain expenses incurred in connection with the issuance of the Bonds. The facilities are to be owned by Liora Owner LP (the "Borrower") or a partnership of which Lincoln Avenue Communities (the "Developer") or a related person to the Developer is the general partner.

The Bonds and the obligation to pay principal of and interest thereon and any redemption premium with respect thereto do not constitute indebtedness or an obligation of the Authority, the State of California or any political subdivision thereof, within the meaning of any constitutional or statutory debt limitation, or a charge against the general credit or taxing powers of any of them. The Bonds shall be a limited obligation of the Authority, payable solely from certain revenues duly pledged therefor and generally representing amounts paid by the Borrower.

The hearing will commence at **5:30 PM** or as soon thereafter as the matter can be heard, and will be held in the City Council Chambers, Rancho Cordova, California. Interested persons wishing to express their views on the issuance of the Bonds or on the nature and location of the facilities proposed to be financed or refinanced may attend the public hearing or, prior to the time of the hearing, submit written comments.

Additional information concerning the above matter may be obtained from, and written comments should be addressed to, City Clerk, City of Rancho Cordova, California.

NOTICE REGARDING CHALLENGES TO DECISIONS

Pursuant to all applicable laws and regulations, including without limitation, California Government Code Section 65009 and/or California Public Resources Code Section 21177, if you wish to challenge in court any of the above decisions (regarding planning, zoning and/or environmental decisions), you may be limited to raising only those issues you or someone else raised at the public hearing(s) described in this notice/agenda, or in written correspondence delivered to the city at, or prior to, this public hearing.

ADA COMPLIANCE STATEMENT

In compliance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please contact the City Clerk's Department at (916) 851-8720. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting.

Printed in the Grapevine Independent on **September 25, 2026**.

Maggie Núñez: An Angel Living on Through Others

Following Maggie's death, Núñez made the decision to donate her daughter's organs. Maggie's gifts saved the lives of two people: a Sacramento resident who had been waiting 15 years for a kidney transplant and a Pennsylvania resident whose



Lodi resident Claudia Núñez is a single mother, caregiver and Sierra Donor Services Hispanic ambassador who maintains a busy schedule while finding time to give back to her community. Photo courtesy of Sierra Donor Services

WEEKLY HALAL SPECIALS

Product	Price
Chicken Thighs Bnls/Sknls	\$1.99/lb
New Zealand/Australian Lamb Stew Meat-Bone In	\$6.59/lb
Beef London Broil/Top Round Roast	\$5.79/lb



PoppTalk

With Mary Jane Popp

Preventing Alzheimers

Did you know 90% of Alzheimer’s disease cases are preventable through lifestyle factors? Doctors **Dean and Ayesha Sherzai** are co-directors of the Brain Health and Alzheimer’s Prevention Program at Loma Linda University Medical Center, and they told me on POPPOFF that activities can build cognitive reserve. That comes from their book “**The Alzheimer’s Solution**” and a whole lot of it can be fun!

Here are some activities that build cognitive reserve.

1. LEARN A NEW LANGUAGE. Main functions involved: language processing (new words, and expressions), memory centers (memorizing, calling upon old memories to understand new material), frontal lobe (understanding the language in context), problem solving (forming a verbal or written response).

2. LEARNING A MUSICAL INSTRUMENT. Main functions involved: motor skills (the physicality of playing), basal ganglia and cerebellum (fine motor movement), memory-centers (memorizing notes, tunes, scales), processing (learning a sequence of steps), mood (understanding the emotional subtleties of the music).

3. COMPUTER PROGRAMMING. Main functions involved: memory centers (memorizing new codes), processing (knowing how the codes work together), attention (selecting which codes to use, motor skills (typing).

4. WRITING A BOOK. Main functions involved: attention and focus (typing passages), memory centers (recalling research, stories and ideas), processing (organizing and structuring the material), mood (re-creating emotions on the page), motor skills (typing).

5. KARAOKE: Main functions involved: language centers (reading and performing lyrics), mood (interpretation of the song), cerebellum (modulating your voice), memory centers (recalling a particular song).

6. PERFORMING STAND-UP COMEDY. Main functions involved: memory centers (memorizing your set),

your material), motor skills (your physical presence on stage).

7. LEARNING TO DANCE. Main functions involved: motor skills (physical coordination), basal ganglia and cerebellum (fine motor movements), mood (responding to music), memory centers (memorizing choreography), processing (understanding different dance techniques).

8. CHESS CLUB OR GROUP CARD GAMES LIKE BRIDGE, GIN RUMMY, POKER ETC) Main functions involved: memory centers (remembering your cards and the rules for each game), processing (step-by-step strategy), attention and focus (concentrating on the game), problem solving (planning on how you will win).

9. MENTORING OTHERS IN YOUR FIELD. Main functions involved: memory centers (remembering and drawing from your expertise), attention (focusing on the activity), mood (reading another person’s emotions and motivations), problem solving (coming up with options and solutions).

10. VOLUNTEERING TO TEACH. Main functions” memory centers (remembering the subject matter), attention (focusing on the teaching), mood (responding to the student’s needs) processing (examining and explaining multistep solutions).

11. JEWELRY, CRAFTS, MODELS, OR ARTS. Main functions: visuospatial skills (understanding complex designs), memory centers (memorizing techniques and patterns) attention and focus (concentrating on the activity), motor skills (the physical act of assembly).

12. TAKING COMMUNITY COLLEGE COURSES. Main functions involved: Memory centers (memorizing new words and concepts), processing (understanding multistep thinking), problem solving (applying new theories to find solutions).

If you can’t find something in this list of stuff to do to sidestep Alzheimer’s, I give up. I guess the old adage “if you don’t use it you lose it rings true! ★

COMMUNITY CONNECTION

Informing, Empowering & Engaging Readers With Their Community



By Patsy McGavock, JustServe.org

Recently, we looked at networking differently — not as collecting contacts for what we might need, but building relationships through which skills, knowledge and opportunity move both ways.

But where do those networks actually come together?

Where does the person with an idea meet an experienced person to shape it? Or a community need meet business resources, non-profits doing the work, or someone who navigates county government well? How do those individual connections begin building something greater than any one of them?

Quite often — at a healthy Chamber of Commerce.

Many think of chambers as transactional places where business owners network. But across my interviews in education, workforce development, government and community organizations, I keep hearing something more foundational — chambers are where economic, civic and community networks intersect. Then flourish.

So, I asked Orangevale Chamber President Anthony Garcia why.

He described the chamber through three Cs: convener, catalyst and champion — describing less an organization creating opportunity, and more one creating intersections where opportunity can grow.

Garcia carefully described the chamber’s role in an unincorporated area. “We are the closest thing to a local micro representative government,” he said, immediately clarifying that the chamber is not a government entity.

What it can do is connect people.

It connects people and

Chambers of Commerce: Connecting Community to Opportunity

resources across business, community and government. A need with someone who may know how to meet it.

Garcia called the chamber a “common thread.”

As convener, chambers bring those threads together. As catalysts, they help turn relationships and resources into activity. As champions, Garcia describes chambers as a “representative voice,” advocating with the county and other decision-makers for the businesses and communities they serve.

But there is a qualifier. “We can’t act the catalyst if there’s nothing to catalyze,” Garcia said.

The chamber doesn’t create the businesses, non-profits, volunteers, ideas or energy of a community. It creates places for them to intersect.

Last issue, Roxanne Stellmacher, chief of operations and programs at the CA EDGE Coalition, described workforce development as really being “about opportunity development.”

Her words reach beyond workforce. Opportunity develops at intersections — when someone discovers what another person knows, needs or can offer. A healthy, three-C-centered chamber can become part of a community’s bedrock for opportunity development.

Business owners may enter that network looking to grow. But they also bring opportunities with them — employment, expertise, mentorship, sponsorship, volunteer leadership, introductions and resources.

Those intersections begin forming highways. Not simply highways of commerce, but of ideas, experience and opportunity.

One small example isn’t about commerce at all. Garcia pointed to the chamber’s live music and beer garden at the Orangevale Farmers Market. It isn’t

a moneymaker. “But the intangible benefit is the human connection,” Garcia said. That’s where the door opens for the rest of us.

Residents don’t have to own a business to join the chamber. Its “Community Advocate” membership makes an impact beyond business interests, what Garcia described as “more for the human connection.” He highlights parents of teenagers making personal connections with local job opportunities, someone looking toward their next career, or people with a creative mindset finding outlets for volunteerism.

So perhaps the question isn’t only what our chambers can do for local businesses.

It’s how the rest of us strengthen this community driver.

Support businesses investing back into our neighborhoods and vendors at community events, Garcia said. Offer what you know. Share a need. Connect two people who should know each other.

Networks become powerful when we each use them both ways — finding opportunity and recognizing what we have to offer.

Each connection builds highways carrying skills, ideas, resources and opportunity farther than any of us could carry them alone.

Maybe our job isn’t simply to find the opportunities already moving along them.

Maybe it’s to help build another road.

Because, eventually, seeing a need isn’t enough — build a pathway where people, resources and voices can move.

That job belongs to all of us.

Patsy McGavock is a volunteer writer and community advocate “informing, empowering and engaging readers with their community.” and can be reached at PatsyMcGavock.JustServe@gmail.com. ★

CHURCH DIRECTORY

SUN RIVER CHURCH
11223 Trinity River Drive
Rancho Cordova • (916) 635-9000
9:00 am Sundays: Youth and Adult classes
10:30 am: Worship Gathering
Nursery and Children’s programs available at both 9:00 and 10:30 am

NET OF LIFE CHURCH A-G
2451 Zinfandel Drive
Rancho Cordova
(916) 217-8864
Pastor Ray Stevens
Sunday Service is at 11:00 am
John 3:16

ST. CLEMENT’S EPISCOPAL CHURCH
www.saint-clements.com
2376 Zinfandel Drive (916)-635-5282
Sunday Worship at 10am
Kids’ Sunday School During Service
The Episcopal Church Welcomes You!

SUNRISE COMMUNITY CHURCH
RANCHO CORDOVA
Meets Sundays, 12:30 pm at New Life Center
2451 Zinfandel Drive, Rancho Cordova • (916) 710-0142
Senior Pastor Roy Leos
Sunday: 12:30 pm in person and Facebook Live
Wednesday: 7 pm via Zoom
www.rcSunrise.org

FIRST BAPTIST CHURCH
10720 Coloma Road • (916) 635-4672
Morning Worship 10:00 am Sunday – Children’s Church & Nursery
Live Stream on www.fbcrancho.org
Bible Study Senior Ladies 8:45 am, Adults & Children 11:30 am
Midweek Bible Study, Prayer, & Encouragement 6:30 – 8:00 pm
Wednesday with Pastor Tom Jones

CORDOVA LUTHERAN CHURCH (LCMS)
10400 Coloma Road -- (916) 363-5687
Sunday worship 10 a.m. -- Bible study 9 a.m.
www.corluth.org
cordovalutheran@gmail.com
Indoor seating and/or Drive-in setting (Tune to FM 87.9)
Pastor Matt Peters
ALL ARE WELCOME!



Place Your Church Services Ad in the Grapevine Independent Church Directory.
Call us at 916-773-1111

WE SUPPORT FIRST RESPONDERS 



PAYROLL and HR Support

\$299 a month

Only available for businesses with up to 10 employees

916-760-7227



HR | Payroll | Benefits

LOCAL ARREST RECORDS

Find out what’s happening in your local area at...

RANCHOCORDOVAINDEPENDENT.COM

ARREST LOGS UPDATED DAILY

Lancers' Second Half Shutout Secures Win at Rio Americano



Senior running back Zachary McIntire runs up the middle untouched for the game winning touchdown.

Story by James Darnell
and photos by Rick Sloan

SACRAMENTO, CA (MPG) - The Cordova Lancers know that everything they do starts and stops with their defense. So when Cordova was clinging onto a six-point lead with just over two minutes left on the road against Rio Americano at El Camino High School last Friday Sept. 18, there was no panic. After all, the Lancers had held the Raiders scoreless in the second half after the two teams went into halftime tied at 21-21. Lancers' senior tailback Zachary McIntire scored from two yards out early in the fourth quarter to put Cordova ahead, but when the extra point was missed it left the door open for the Raiders to pillage the win. With a fresh set of downs on their own 32-yard line, Raiders' sophomore quarterback James McCormac would be sacked by Cordova senior Omari Harrell, putting Rio Americano behind the sticks and backed up near their own endzone. The Lancers

would suffocate the Raiders from there on out, as three consecutive incompletions against a stifling Lancers' secondary put the game on ice, with Cordova snagging an impressive 27-21 win to remain undefeated at 3-0. "Our heartbeat is really our defense," Lancers Head Coach JP Dolliver said postgame. "We play with that chip on our shoulder. They practice like that, they play like that. For me it's kind of about balancing that and I don't ever want to change that character about them, but when you play a tough school like (Rio Americano) where the game got a little chippy, you have to manage that aggression and physicality. We did a really good job of that." Coming off of their bye week from the week prior, the Lancers (3-0 overall) took time to get going against the Raiders (2-2 overall), who jumped out to a 14-0 lead in the first quarter with short touchdown runs from junior Joeli Karavaki and senior Niko Chatzis. The Raiders came out running an uptempo offensive attack led by

their ground game that appeared to catch the Lancers off guard early. By the second quarter however, Lancers' senior quarterback Terryn "TK" King had seen enough and decided to put the Lancers on his back. In the second quarter, King accounted for all three of the Lancers' touchdowns in an explosive barrage of points by Cordova. King would first put the Lancers on the board with a 15-yard touchdown sprint one minute into the quarter. The Lancers' ensuing possession saw perhaps the most impressive play of the season by Cordova, as McIntire would be stuffed on a run to the left on third and goal from the Raiders' seven yard line, only for the senior to lateral the football to King before getting tackled. King would do the rest, taking the ball around the right side towards the sideline and diving towards the front pylon on a scoring play that energized the Cordova sideline. Although King found paydirt, it was McIntire who made the play happen. "If there was any kid that I



Senior defensive tackle Emilio Abilez brings down the Rio ball carrier from behind.



Senior quarterback Terryn "TK" King runs around the end for the first of his two touchdowns.

wouldn't mind doing that, it would be him," Dolliver said of McIntire's brilliant pitch play. "He's a pretty heady player. Sometimes football can be kind of chaotic, and that was just a good play." King was not done putting up points in the quarter, however. After the Raiders went up 21-14 with four minutes left in the first half following an 11-yard scoring strike from McCormac to Rio Americano senior wide receiver Lucas Bartell, the Lancers would tie the game up going into halftime after King connected with senior playmaker Troy Simmons on a 56-yard touchdown up the left sideline.

King finished the game 8-of-12 passing for 144 yards and the score. On the ground, King led the Lancers in rushing as he earned 71 yards on seven carries, including his two scoring runs. Senior Trey Wallace also accounted for 17 carries and 58 yards before exiting the game in the fourth quarter with a shin injury. Simmons compiled three receptions for 78 yards and his aforementioned score and also registered his third interception on the season defensively early in the third quarter. McIntire also tallied five receptions for 66 yards. The Lancers return to the field on Friday, Sept. 25 when they travel to the bay area to face Pinole Valley, with kickoff scheduled for 7 p.m.★

Lady Lancers Enter League Play Much Improved

Story by James Darnell
and photos by Rick Sloan

RANCHO CORDOVA, CA (MPG) - The Cordova Lady Lancers have enjoyed a strong start to their season, accumulating a solid 8-5 preseason record heading into Metro League play this week. The team is playing much better volleyball than a season ago, but the team knows the improvement truly began during the growing pains that occurred last fall. Last year, the team was comprised of mostly inexperienced underclassmen with some playing the game for the first time. Fast forward through an off-season and summer of hard work and determination, and you see a group who is far more confident and prepared for the task at hand. "This years' team is a more seasoned team," Lady Lancers' Head Coach Jaimee Stevenson said. "Last year I pulled a lot of girls up (from junior varsity) out of necessity. But we only graduated one senior, so these are girls who have played together and battled through last year which was tough. We poured a lot of energy last year into setting goals and celebrating those goals. The journey and the grit has built a lot of gel and resilience. Even in some of the losses we've had this year, they've battled. We've also taken some wins from teams who beat us last year as well." Seven of their eight victories thus far have been in impressive fashion, shutting out their opponents in three sets. But now with league play getting underway this week, the group knows they have to step things up a notch in an ever-competitive Metro League. "They are really excited," Stevenson said. "The entire volleyball community (program) is really excited. They feel like they are ready." Standouts for the Lady Lancers early on include senior libero Isabel Stevenson, whose 34 service aces rank second among all

league opponents coming into the week. She has also racked up an impressive 114 digs, far and away leading Cordova in that category. She has certainly taken her game to a new level in her senior season as one of the teams' top leaders. "She has been a solid player for us for a long time," Stevenson said. "I would say her serving has been really beneficial, I think she's second in the league in aces. We've made this rule where 'You've got to get the un-gettable.' You've got to try. No ifs, ands, or butts. No fear. Better out than in the net. If it's in the net, it's fear-based. If it's out, there's power behind that." Additionally, junior middle blocker Asena Qoro has been a strong presence around the net. Her 38 blocks to this point are good for 2nd in the entire Sac Joaquin Section Division I, and her tenacity has helped set the tone for her team. "She's such a gentle spirit," Stevenson said. "But this year she's locked into beast mode more. I think she's only beginning to unlock her potential the more ferocious she gets." Other top contributors include junior outside hitter Madisyn Keys, who leads the team in kills (52) after having to sit out most of last season due to injury. The team has also benefited greatly from their entire back row, who has consistently generated strong serve/receive. Lastly, senior Brie Colianna has impressed with her all around effort according to her coach. After Metro League matchups at West Park and home against McClatchy this week (results not available at press time), the Lady Lancers travel to Kennedy this Monday, Sept. 28 for another critical league showdown at 6:30 p.m. They next play at home on Wednesday, Sept. 30 when they host visiting Grant at 6:30 p.m. inside the auxiliary gym. ★



Junior Madisyn Keys hits a spike against Oakmont.



Senior Brie Colianna hits a soft volley over the net against Oakmont for a point.

IT'S OPEN ENROLLMENT

Cecilia
Patient



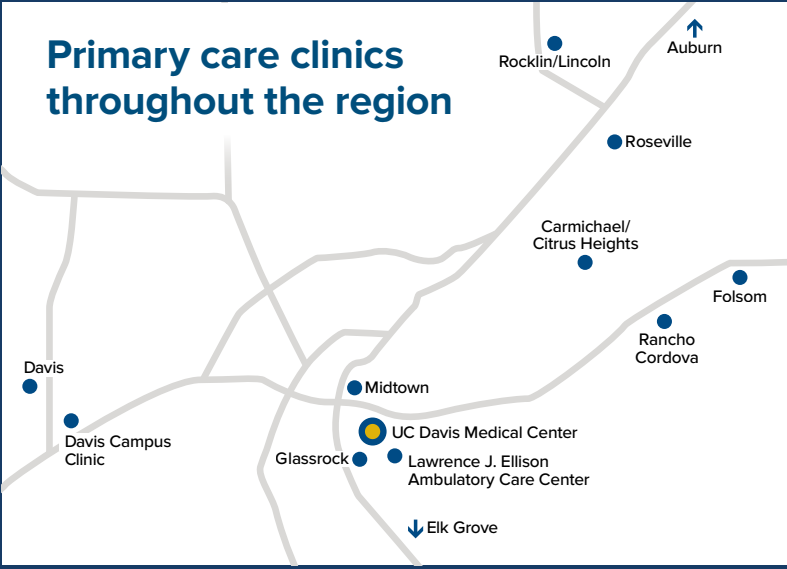
EXPERT CARE. LASTING RESULTS.

Choose a health plan that includes UC Davis Health.

Cecilia pushed through her pain for years before the UC Davis Health Pain Clinic changed everything. From her first visit, she felt genuinely cared for as a whole person. With the support of world-class expertise, she's back tending to her garden and her family. During open enrollment, choose a health plan that includes access to UC Davis Health's primary and specialty care.

UCDAVIS HEALTH

ChooseHealth.ucdavis.edu



Doctors rated 4.8/5 stars by patients | 150 specialties | Accepts many major health plans