



**Veterans Center
Brings Elvis to
its Aloha Island
Celebration**

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Susan Powers: new energy & fresh leadership for Citrus Heights.

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Citrus Heights Messenger

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COMMUNITY TO
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**PREVENTING
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By Mary Jane Popp

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Mama, Art Your Heart Out



The group supports fellow autistic mamas in a social setting “by sharing experiences, offering support to one another and to help create community through art,” Zuloaga-Walker said.

**Story and photos
by Thomas J. Sullivan**

SACRAMENTO REGION, CA (MPG) - Ana Zuloaga-Walker is the founder and program director for Mama, Art Your Heart Out, affectionately called MAYHO, a local social support group for moms with autistic children.

The group supports fellow autistic mamas in a social setting “by sharing experiences, offering support to one another and to help create community through art,”

Zuloaga-Walker said.

MAYHO seeks to “provide supportive and creative spaces where mothers of autistic children can practice self-care, express themselves freely, form genuine connections and find strength in community.”

Autism is a developmental disorder with symptoms that appear within the first three years of life. Its formal diagnostic name is autism spectrum disorder. The word “spectrum” indicates that autism appears in different forms with varying

levels of severity. That means that each individual with autism experiences their own unique strengths, symptoms and challenges.

“I envisioned a space where mothers could come together without judgment and transform the grief, guilt, uncertainty, fear, and challenges they carried into connection, healing and art,” she said.

“Mama, Art Your Heart Out itself helps mothers with the joys, challenges, questions and emotions that come with raising and advocating

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Planning for Tomorrow’s Water Today

**By Dan York, General
Manager, Sacramento
Suburban Water District**

SACRAMENTO REGION, CA (MPG) - Each summer, California’s water supply makes headlines. This year, El Niño is strengthening and federal forecasters say it could become very strong, raising questions about what the coming winter could bring. Reservoir levels fluctuate, drought concerns lead to calls for conservation, and communities wonder what the latest conditions mean for the season ahead.

These conversations are important. But they can also obscure a bigger story: reliable water service isn’t built in a single wet year or solved after a single dry one. It’s the result of decisions made years —often decades — before customers ever turn on the tap.

This kind of long-term planning matters more than ever. California’s Water Supply Strategy estimates that hotter, drier conditions could reduce the state’s water supply by as much as 10% by 2040. For water providers, adapting means looking beyond today’s conditions and preparing communities for an increasingly variable future.

At Sacramento Suburban Water District (SSWD), our Urban Water Management Plan looks at projected demand, available supplies, and reliability through 2050. We evaluate how our water supplies would perform under a range of conditions — not to predict the future, but to identify vulnerabilities and give ourselves time to prepare.

The most effective time to address a potential water supply challenge isn’t after it becomes a shortage. It’s before. And the decisions made during wet years are just as important to water reliability as those made during drought.

Groundwater has long been the foundation of SSWD’s water supply. The District has operated an active conjunctive-use

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Crime Is Down, the Work Continues

Police chief discusses crime, staffing and business safety at ACCESS luncheon

**Story and photos
by Ornella Rossi**

CITRUS HEIGHTS, CA (MPG) - A falling crime rate does not mean much to someone whose business has just been burglarized or whose car has been broken into.

That was one of the messages Citrus Heights Police Chief Alex Turcotte shared with local business and community leaders Sept. 15 during the monthly ACCESS Citrus Heights Luncheon at the Citrus Heights Event Center.

“When that happens to you, you are no longer a statistic,” Turcotte said.

Continued on page 2



Citrus Heights Police Chief Alex Turcotte (left) joined Citrus Heights Chamber of Commerce Executive Director Sheri Merrick (right) for a question-and-answer session as part of the monthly ACCESS Citrus Heights Luncheon.

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Crime Is Down, the Work Continues



Citrus Heights Chamber of Commerce ambassadors stand alongside new chamber members at the September ACCESS Luncheon on Sept. 15.

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“Your perception is, my world has been shaken because someone came into my business or came into my car and took what was mine.”

Turcotte joined Citrus Heights Chamber of Commerce Executive Director Sheri Merrick for a question-and-answer session covering crime trends, police staffing, retail theft, technology and a new effort to strengthen communication between businesses and law enforcement.

The discussion came as the Citrus Heights Police Department marks 20 years since its launch in 2006.

Turcotte said the department recorded its lowest year for crime in 2025 and told attendees that overall crime has dropped about 53% since the department began.

“There’s plenty of work for the police to do,” Turcotte said. “There’s always ways that we can get better.”

He credited department employees, city leadership and residents for the decline. Turcotte also said that through August, the city was trending downward in every major crime category in 2026, though he noted the holiday season can have a significant effect on year-end numbers.

Retail crime will be among the department’s focuses during that period, he said.

Turcotte encouraged businesses to continue reporting theft, trespassing, vandalism and other incidents, even as some of those issues improve.

“The more we can identify patterns and more people being affected, the easier it is for me to put resources towards that particular problem,” he said. “The data is the driver that helps me justify those things.”

That information-sharing approach is also behind Citrus Heights Business Watch, a new partnership involving the Chamber, city and Police Department.

Turcotte compared the concept to a neighborhood watch, with businesses communicating about suspicious activity, repeat offenders and emerging problems.

“If businesses can get together and share some of these details, it’s like shining the light on criminals,” Turcotte said.

Timely reporting is particularly

important, he said. Information shared soon after an incident could alert nearby businesses and help police identify patterns before additional incidents occur.

Turcotte also discussed staffing at the department, which he said has improved significantly since he became chief in 2021.

“We’re very close to fully staffed, as I sit here today,” he said.

While vacancies remain and newly hired officers require significant training before becoming fully operational, Turcotte said staffing has returned to more typical levels after losses surrounding the COVID-19 pandemic.

Looking ahead, Turcotte said technology and succession planning will be two significant issues for the department. Some employees who joined CHPD near its beginning are approaching retirement, requiring the department to prepare its next generation of leaders.

The luncheon also highlighted a different type of community support.

The Chamber presented a \$2,000 donation to Silver Wishes, a nonprofit that grants wishes to seniors age 65 and older experiencing physical, financial or emotional hardship. The money came from proceeds from the Best of Citrus Heights event earlier this year.

Silver Wishes President and co-founder Stephanie Berger said the wishes often address basic needs rather than vacations or entertainment.

Berger shared the story of a Citrus Heights woman who had gone two years without running water in her kitchen before the organization helped restore it.

“These are the kinds of wishes that your donation today are helping make come true,” Berger said.

The luncheon was sponsored by the City of Citrus Heights, with lunch provided by Momos Smokehouse.

The next ACCESS Citrus Heights Luncheon is scheduled for Oct. 20 and will feature the Citrus Heights Water District.

For more information and to purchase tickets visit <https://chchamber.com/>. ★

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The Chamber presented a \$2,000 donation to Silver Wishes, a nonprofit that grants wishes to seniors age 65 and older experiencing physical, financial or emotional hardship.

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Mama, Art Your Heart Out

Continued from page 1
for their children,” she said.

“Many parents who are struggling to find real-world solutions to their child’s autism challenges need to know that they are not alone,” she said. “And each person with autism has their own strengths, likes, dislikes, interests, challenges and skills, just like you do,” she said.

At the recent MAYHO meeting, Zuloaga-Walker introduced me to several other moms who were about to begin a journaling art project. Active membership is over 300 mothers with children ranging in age from two months to age 26.

Zuloaga-Walker is originally from Southern California. She moved with her mother to Sausalito at age 11 where she was surrounded by the creative spirit of the Bay Area, and where she said she developed a deep appreciation for art and self-expression at an early age. She has since earned a bachelor of arts degree in creative writing.

She remained in the Bay Area for most of her adult life before getting married, becoming the mother of two boys, both diagnosed with autism, and eventually moving to the Sacramento area. Her two boys are now young adults.

The informal setting provided a much-needed moment of respite for each participating mom who had their own heartfelt story to tell of endless love and tireless advocacy for their autistic children. Some have been with the group from the beginning, watching their children grow and overcome new challenges.

MAYHO could easily grow its membership in the greater Citrus Heights, Fair Oaks and Carmichael area as many more moms learn about the group



At the recent MAYHO meeting, Zuloaga-Walker introduced me to several other moms who were about to begin a journaling art project. Active membership is over 300 mothers with children ranging in age from two months to age 26.

and what it offers, she said.

All moms of autistic children are welcome to join the group, she said.

“The population of young autistic children in our area is very substantial, and many mothers just don’t know that our group exists,” she said.

The recent evening art project focused on using words and images to express the feelings experienced while navigating the bureaucratic maze of finding available resources, identifying suitable day programs, and working with teachers and school districts to develop an Individualized Education Program (IEP) that may or may not adequately address a child’s unique needs. “As a mother, artist, writer and autism advocate, I believe creativity has the power to help us process our experiences, rediscover



Ana Zuloaga-Walker is the founder and program director for Mama, Art Your Heart Out, affectionately called MAYHO, a local social support group for moms with autistic children.

ourselves and remind us that we were never meant to do this alone,” she said.

Before founding “Mama, Art Your Heart Out,” Zuloaga-Walker created “Baby, Art Your Heart Out,” a community arts program supported by a grant from First 5 Sacramento. The program brought autistic children and their families together through sensory exploration and process art.

“After both of my sons were diagnosed with autism, I decided to become a full-time mother and advocate,” she said. “I quickly realized that if I wanted a community of people who truly understood what I was experiencing, I would have to help create one.”

MAYHO also offers a resource list of community and state resources and agencies for parents of autistic children. These include the ALTA Regional Center, FEAT - Families for Early Autism Treatment, and the Center for Autism and Related Disorders.

Upcoming MAYHO meetings are 6:30 to 8:30 p.m. Saturday, Sept. 25 and Friday, Oct. 16 in the community room of the Fair Oaks Library, 11601 Fair Oaks Blvd.

The group also has an active book club which meets twice a month and hosts occasional “Mamas Night Outs,” dinners, family gatherings and other events that support its vision.

The community group is also in need of donated art supplies and a permanent physical location with available storage.

Interested autistic moms can contact Ana Zuloaga-Walker for more information about MAYHO at: mamaartyourheartout@gmail.com or join the mother’s support group on Facebook at: facebook.com/groups/MAYHO ★

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Ashlynn Archer Joins Beach Volleyball Coaching Staff

Sacramento State Athletics News Release

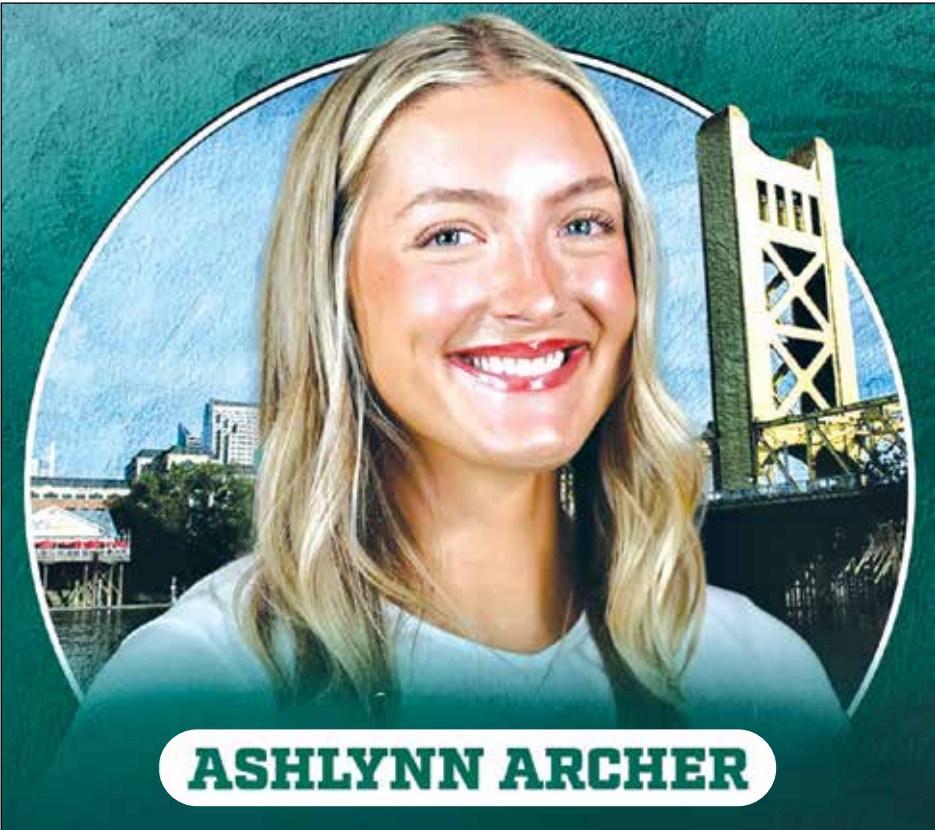
SACRAMENTO, CA (MPG) - After an incredible playing career in both a Sacramento State indoor and beach uniform, Ashlynn Archer will remain at her alma mater as assistant beach volleyball coach.

She joins Head Coach Angela Lewis and Assistant Coach John Fluette on the sand. All three coaches on staff played for and graduated from Sacramento State. Archer joins Kate Doorn as two Hornets who played a season ago and have made the immediate transition to coaching. Doorn is currently an assistant with the Hornets' indoor team.

Archer recently completed a beach career that saw her post the third most wins in program history (40). In fact, 14 of those victories came during her senior year, the third most in Sacramento State single-season history. In addition, Archer played at No. 1 or No. 2 in the Hornets' beach lineup 57 times during her career.

"Ashlynn brings exactly the kind of grit, tenacity and work ethic we want to build this program around," Lewis said. "I've coached her as a player, and she was a powerhouse - focused, coachable and always willing to put in the work. Now, I get to see those same qualities translate into coaching."

"She understands Sacramento State, she understands our athletes, and she understands the culture we want to create. Her



Ashlynn Archer joins Head Coach Angela Lewis and assistant coach John Fluette on the sand. Photo courtesy of Sacramento State Athletics

organizational skills and marketing background are an added bonus as we continue establishing the identity and growing the reach of Sac State Beach Volleyball. I'm really excited to have her alongside me as we build this program."

Archer has spent the past four summers coaching beach volleyball for Sacramento Performance Volleyball Club (SPVC). In addition, she coached indoor at SPVC for three years. Archer has also been a staple at every Sacramento State volleyball camp the

team has run the past four years.

An eight-time conference all-academic selection, Archer competed four years of indoor (2022-25), and four seasons of beach (2023-26) for Sacramento State. In addition, she was team captain for both teams.

"I'm incredibly grateful for the opportunity to remain a part of the Sacramento State Athletics family," Archer said. "The time spent with both the indoor and beach programs here taught me so many valuable lessons and provided me with a new place to call home."

"I am forever indebted to the program and to the coaches and faculty who provided me with an incredible support system throughout my four years. I am so excited to step into a coaching role and hope to provide the same support and love for our student-athletes that allowed me to thrive during my playing tenure at Sacramento State."

Last season, for the Hornet indoor team, Archer was a first team all-conference selection and established herself as one of the top middle blockers in the nation. She averaged 2.70 kills and 1.05 blocks per set to go with a .429 hitting percentage. That hitting percentage easily set the Sacramento State and Big Sky Conference single-season records, and ranked 11th in the nation. In fact, her .354 career hitting percentage is the top mark in Sacramento State history.

A native of St. John, Wash., Archer graduated from Sacramento State in the spring with a journalism degree. ★

Ricky and Paing Soe Win Junior/Senior Team City Championship

Sacramento Golf Council News Release

SACRAMENTO, CA (MPG) - Ricky and Paing Soe won the 78th Walter and Olga Strand City Junior/Senior Team Championship with a net score of 68. They also won in 2024.

Enzo and Justin Ferguson took second place with a net 70.

The Calloway Division was won by Miles and Jaden Brenoel with a net of 70.

The 78th Walter and Olga Strand Junior/Senior City Championship was played at Bartley Cavanaugh Golf Course Sunday, Sept. 13.

The 18-hole, 2-player



Pictured are second place winners Enzo and Justin Ferguson. Photo courtesy of the Sacramento Golf Council



Pictured are third place Calloway winners Miles and Jaden Brenoel. Photo courtesy of the Sacramento Golf Council

tournament played the Chapman Scotch Format (Hit, Switch & Choose). Junior players were age 18 or younger and Seniors were 15 years older than the junior partner. Both players had a NCGA Handicap Index, and a Callaway Division allowed teams in which one or both players did not have a current handicap.

Enzo and Justin Ferguson took second place with a net of 70. (Justin is 15.)

The Calloway winners (no handicap) were Miles and Jaden Brenoel with a net of 70 (Jaden is 13.)

Greg Bisi was the Sacramento Golf Council tournament director. ★

Food Frontier Selected to Bring Sacramento Cuisine to New Stadium

Sacramento Republic FC News Release

SACRAMENTO, CA (MPG) - Wilton Rancheria and Sacramento Republic FC have selected Food Frontier to shape the food program at Republic Stadium. Food Frontier is a Sacramento-bred collaborative and strategic advisory group founded by chefs, restaurateurs and brand strategists to promote, bolster and champion the Sacramento Valley's food ecosystem.

Founders include Chef Brad Cecchi, brand and marketing food entrepreneur Meghan Phillips, and Procurement Expert Kelsey Nederveld. Clay Nutting, restaurateur and hospitality consultant, has also joined the effort to lead execution.

Food Frontier will work in close collaboration with Levy, the stadium's food, beverage and hospitality partner, to ensure the venue's menu reflects the breadth of Sacramento's food scene and the story of the land the stadium calls home.

"Food is central to Wilton Rancheria's identity, so it was important that it be central to the Railyards Stadium experience," said Chief Operating Officer of Wilton Rancheria Chris Franklin. "We want to bring together the best of Sacramento's food culture with our own traditions and tastes to create something that feels unmistakably Sacramento and unmistakably ours."

Long before it becomes the site of

Republic FC's new stadium, the land at the heart of Downtown Sacramento's Railyards was part of Wilton Rancheria's ancestral homeland. It was a place where the tribe gathered to eat, to celebrate and to share. Food Frontier's expertise runs deep in the region's food community. That connection is why Wilton Rancheria and Republic FC turned to Food Frontier to help shape the stadium's food program. The goal is to lift up the people and traditions already defining the region's food identity, not import something from outside it.

Food Frontier and Wilton Rancheria previously collaborated on programming for Terra Madre Americas, the international gathering of farmers, chefs and food advocates held in Sacramento in 2025. That collaboration was where Wilton Rancheria launched We Are The Confluence, a campaign built on the idea that the Sacramento Valley is defined by what comes together here. Two rivers. Generations of farming families. Cultures from every direction.

The stadium sits near where those rivers meet, and the food program is being built on the same premise.

"Sacramento is one of the most innovative food regions in the world and we have never had a stage like this one," said Co-Founder of Food Frontier and Owner of Honey Meghan Philips. "A world class stadium deserves a world class food program. Our job is to put it in front of thousands of fans at once. It will be unmatched."

"Levy runs some of the best stadium venues in the country and they know how to move food at this scale," said Co-Founder of Food Frontier and Chef of Canon and Franquette Brad Cecchi.

"Our job is to layer Sacramento onto that... which farms, which iconic Sacramento dishes, our palates... Get those right and a stadium meal tastes like this region and nowhere else."

Levy and Food Frontier will bring menus and recipes inspired by the region's chefs, kitchens and restaurants, alongside new items rooted in the traditions and tastes

that have defined Sacramento for centuries. Curating the program will begin with direct conversations. With the people who grow the region's food, the chefs who turn it into dishes, and the diners who will ultimately enjoy it. That includes engagement with the historical traditions of the region, including those of the Indigenous people who call it home, so the menu reflects the full diversity of the region's food culture. More details about stadium menus and the evolving food program, including premium seating experiences and broader game day cuisine, will be announced in the coming months.

The first opportunity to learn about the club's premium experiences and the connected food experience will be at the Republic Preview Center, set to open later this month. Season Ticket Members and depositors will be able to set an appointment for a first-hand experience of what the stadium will offer.

To secure priority appointment status and the first opportunity to select seats, fans can become Season Ticket Members at SacRepublicFC.com/Memberships or place a deposit at RepublicStadium.com for as low as \$9.16. Fans can also visit the club's mobile stadium experience on matchday or at select events throughout the community. ★

Long before it becomes the site of Republic FC's new stadium, the land at the heart of Downtown Sacramento's Railyards was part of Wilton Rancheria's ancestral homeland.

Logo courtesy of Sacramento Republic FC







Preventing Alzheimers

Did you know 90% of Alzheimer’s disease cases are preventable through lifestyle factors? Doctors **Dean and Ayesha Sherzai** are co-directors of the Brain Health and Alzheimer’s Prevention Program at Loma Linda University Medical Center, and they told me on POPPOFF that activities can build cognitive reserve. That comes from their book “**The Alzheimer’s Solution**” and a whole lot of it can be fun!

Here are some activities that build cognitive reserve.

- 1. LEARN A NEW LANGUAGE.** Main functions involved: language processing (new words, and expressions), memory centers (memorizing, calling upon old memories to understand new material), frontal lobe (understanding the language in context), problem solving (forming a verbal or written response).
- 2. LEARNING A MUSICAL INSTRUMENT.** Main functions involved: motor skills (the physicality of playing), basal ganglia and cerebellum (fine motor movement), memory-centers (memorizing notes, tunes, scales), processing (learning a sequence of steps), mood (understanding the emotional subtleties of the music).
- 3. COMPUTER PROGRAMMING.** Main functions involved: memory centers (memorizing new codes), processing (knowing how the codes work together), attention (selecting which codes to use, motor skills (typing).
- 4. WRITING A BOOK.** Main functions involved: attention and focus (typing passages), memory centers (recalling research, stories and ideas), processing (organizing and structuring the material), mood (re-creating emotions on the page), motor skills (typing).
- 5. KARAOKE:** Main functions involved: language centers (reading and performing lyrics), mood (interpretation of the song), cerebellum (modulating your voice), memory centers (recalling a particular song).
- 6. PERFORMING STAND-UP COMEDY.** Main functions involved: memory centers (memorizing your set),

your material), motor skills (your physical presence on stage).

7. LEARNING TO DANCE. Main functions involved: motor skills (physical coordination), basal ganglia and cerebellum (fine motor movements), mood (responding to music), memory centers (memorizing choreography), processing (understanding different dance techniques).

8. CHESS CLUB OR GROUP CARD GAMES LIKE BRIDGE, GIN RUMMY, POKER ETC) Main functions involved: memory centers (remembering your cards and the rules for each game), processing (step-by-step strategy), attention and focus (concentrating on the game), problem solving (planning on how you will win).

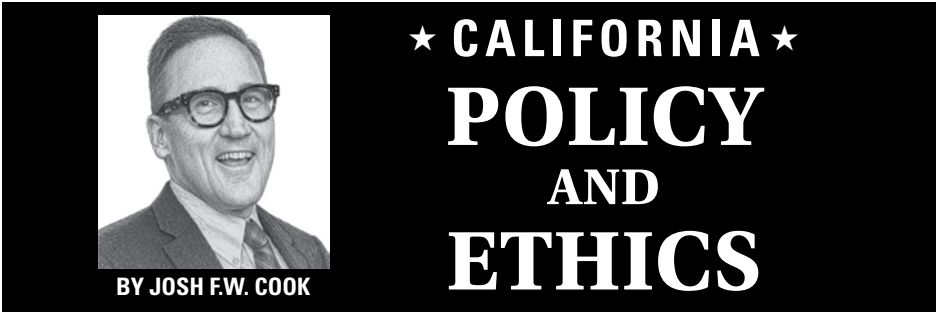
9. MENTORING OTHERS IN YOUR FIELD. Main functions involved: memory centers (remembering and drawing from your expertise), attention (focusing on the activity), mood (reading another person’s emotions and motivations), problem solving (coming up with options and solutions).

10. VOLUNTEERING TO TEACH. Main functions” memory centers (remembering the subject matter), attention (focusing on the teaching), mood (responding to the student’s needs) processing (examining and explaining multistep solutions).

11. JEWELRY, CRAFTS, MODELS, OR ARTS. Main functions: visuospatial skills (understanding complex designs), memory centers (memorizing techniques and patterns) attention and focus (concentrating on the activity), motor skills (the physical act of assembly).

12. TAKING COMMUNITY COLLEGE COURSES. Main functions involved: Memory centers (memorizing new words and concepts), processing (understanding multistep thinking), problem solving (applying new theories to find solutions).

If you can’t find something in this list of stuff to do to sidestep Alzheimer’s, I give up. I guess the old adage “if you don’t use it you lose it rings true!



Republican Wheel Squeaking Scores a Win on Crime

By Josh Cook

There is an old saying: “the squeaky wheel gets the grease.”

In the case of one-sided politics in CA, the Republicans’ constant “squeaking on crime” has worked, as the CA Senate dumped two board members because they are tired of Republicans, who have no power to shape policy with legislation, taking to shaping policy by simply pointing out every time the Majority Party sticks with public safety “reforms” that are popular with about 2% of the voting-age population.

Patricia Cassady, who had already served nine years on the parole board, and Teal Kozel, who had served three, separately approved the release of David Funston and Gregory Vogelsang. Both men were serving life sentences for sexual crimes committed against children in the Sacramento area in the 1990s. Sacramento public safety officials opposed the parole grants and called on the public to protest, which they did, loudly. The cases also drew scrutiny of the state’s elderly parole program, which allows cer-

tain offenders age 50 and older to seek release.

In response, Republican lawmakers in both houses of the Legislature drafted bills seeking greater transparency in parole board decision-making—Senator Shannon Grove from Bakersfield “squeaking” the loudest and most consistently. The Senate leader, sick of hearing it, canned the nominations of Cassady and Kozel for consideration in the usual manner, and opted to set them aside to avoid the noise. The Rules Committee took up the appointments of five other commissioners who have been less controversial.

Much of this goes back to Proposition 36, which the entire Democratic Party apparatus in the state opposed but passed anyway. Prop. 36 increased penalties for theft and drug crimes in 2014. Sacramento Sheriff Jim Cooper led the charge, as he has grown tired of arresting horrible people who then get a pass from the parole board to rape, rob, and kill again.

The pendulum is swinging on crime; this latest data point indicates that public safety is a top issue in CA.

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By Patsy McGavock, JustServe.org

Recently, we looked at networking differently — not as collecting contacts for what we might need, but building relationships through which skills, knowledge and opportunity move both ways.

But where do those networks actually come together?

Where does the person with an idea meet an experienced person to shape it? Or a community need meet business resources, non-profits doing the work, or someone who navigates county government well? How do those individual connections begin building something greater than any one of them?

Quite often — at a healthy Chamber of Commerce.

Many think of chambers as transactional places where business owners where business owners network. But across my interviews in education, workforce development, government and community organizations, I keep hearing something more foundational — chambers are where economic, civic and community networks intersect. Then flourish.

So, I asked Orangevale Chamber President Anthony Garcia why.

He described the chamber through three Cs: convener, catalyst and champion — describing less an organization creating opportunity, and more one creating intersections where opportunity can grow.

Garcia carefully described the chamber’s role in an unincorporated area. “We are the closest thing to a local micro representative government,” he said, immediately clarifying that the chamber is not a government entity.

What it can do is connect people.

It connects people and

Chambers of Commerce: Connecting Community to Opportunity

resources across business, community and government. A need with someone who may know how to meet it.

Garcia called the chamber a “common thread.”

As convener, chambers bring those threads together. As catalysts, they help turn relationships and resources into activity. As champions, Garcia describes chambers as a “representative voice,” advocating with the county and other decision-makers for the businesses and communities they serve.

But there is a qualifier. “We can’t act the catalyst if there’s nothing to catalyze,” Garcia said.

The chamber doesn’t create the businesses, non-profits, volunteers, ideas or energy of a community. It creates places for them to intersect.

Last issue, Roxanne Stellmacher, chief of operations and programs at the CA EDGE Coalition, described workforce development as really being “about opportunity development.”

Her words reach beyond workforce. Opportunity develops at intersections — when someone discovers what another person knows, needs or can offer. A healthy, three-C-centered chamber can become part of a community’s bedrock for opportunity development.

Business owners may enter that network looking to grow. But they also bring opportunities with them — employment, expertise, mentorship, sponsorship, volunteer leadership, introductions and resources.

Those intersections begin forming highways. Not simply highways of commerce, but of ideas, experience and opportunity.

One small example isn’t about commerce at all. Garcia pointed to the chamber’s live music and beer garden at the Orangevale Farmers Market. It isn’t

a moneymaker. “But the intangible benefit is the human connection,” Garcia said. That’s where the door opens for the rest of us.

Residents don’t have to own a business to join the chamber. Its “Community Advocate” membership makes an impact beyond business interests, what Garcia described as “more for the human connection.” He highlights parents of teenagers making personal connections with local job opportunities, someone looking toward their next career, or people with a creative mindset finding outlets for volunteerism.

So perhaps the question isn’t only what our chambers can do for local businesses.

It’s how the rest of us strengthen this community driver.

Support businesses investing back into our neighborhoods and vendors at community events, Garcia said. Offer what you know. Share a need. Connect two people who should know each other.

Networks become powerful when we each use them both ways — finding opportunity and recognizing what we have to offer.

Each connection builds highways carrying skills, ideas, resources and opportunity farther than any of us could carry them alone.

Maybe our job isn’t simply to find the opportunities already moving along them.

Maybe it’s to help build another road.

Because, eventually, seeing a need isn’t enough — build a pathway where people, resources and voices can move.

That job belongs to all of us.

Patsy McGavock is a volunteer writer and community advocate “informing, empowering and engaging readers with their community.” and can be reached at PatsyMcGavock.JustServe@gmail.com. ★

Ask

DR. UNIVERSE

Why do boy dogs go potty on fire hydrants and trees?

- Michael, 5, Minnesota

Dear Michael,

I love going on walks with my dog roommate. But sometimes it takes forever. It seems like he wants to pee on every single tree.

I asked my friend Dr. Jessica Bunch about it. She’s a veterinarian at Washington State University.

She told me the sense of smell is extremely important to dogs.

“A lot of dog communication is by smell,” Bunch said. “And each dog has their own unique odor to their urine.”

The urine a dog leaves behind is like a smell fingerprint. It’s full of chemical messages like hormones. One whiff of another dog’s urine tells my dog roommate important stuff—like the other dog’s age, sex and health information.

That works because dogs have up to 300 million smell receptors in their noses. Humans only have about 6 million.

Dogs have other adaptations for smell, too. Their noses are wet so they can tell which direction a scent blows in from. They have a maze of bones inside their snout that traps smells.

They even have a special organ for picking up chemical messages left by other animals—the vomeronasal organ. It’s in the roof of the dog’s mouth, right behind its front teeth. Nerves pipe

These are the major parts of a dog’s olfactory (smell) system. The vomeronasal organ (blue, also called Jacobson’s organ) picks up chemical messages from other animals. The olfactory epithelium (yellow) is the bony maze that traps other smells. The olfactory bulb (orange) is a brain structure that makes sense of smells. Chuy 1530 Jenkins et al. CC BY

those messages directly to the brain.

After a dog sniffs another dog’s urine marking, it usually pees on top of it or next to it. That tells the next dog that it was there, too.

“It’s their way of making everybody know that this is their territory,” Bunch said. “They usually pee on something that’s upright like a fire hydrant or a tree or a wall. That spreads the smell over a higher area. And then it’s at the same level as another dog’s nose when they come by.”

Boy dogs may be more inclined to mark tall things. Because of their anatomy, they usually pee by lifting their leg. So, they can pee higher than a dog that squats. Some small dogs bend their bodies to pee up high. They’re probably trying to cover up the previous urine marking. They may want the next dog to think they’re big and tough.

Some girl dogs pee that way, too. And all dogs can have the urge to mark territory

and sniff for information.

What’s less clear is what a dog is thinking when it smells another dog’s urine. Does a big whiff tell them that a random dog came by? Or can they pinpoint that it’s the fluffy dog down the street?

“I don’t know for sure, but they possibly could recognize dogs they’ve met before,” Bunch said. “When dogs greet each other, they often sniff each other’s hind end. And once dogs know each other, you don’t see them sniffing each other like they used to.”

Scientists know that dogs don’t sniff their own urine markings very much. They spend less time smelling urine that belongs to their housemate dogs, too. So, it seems likely that dogs can recognize themselves and other familiar dogs by smell.

I guess you could say a dog really nose who its friends are.

Sincerely,

Dr. Universe

County Responds to Grand Jury Report on Foster Youth

Sacramento County News Release

SACRAMENTO, CA (MPG) - Sacramento County has responded to the 2025-26 Sacramento County Grand Jury report on foster youth, outlining areas where it agrees with the Grand Jury and others where it disagrees with its findings and recommendations. On Tuesday, Sept. 15, Sacramento County’s Department of Child, Family, and Adult Services (DCFAS) presented its response to the Board of Supervisors.

The report, “No Longer Invisible: Foster Youth Still in the Shadows,” examined the County’s Sacramento Welcome Homes and the services provided to foster youth who are at risk of sexual exploitation. The Grand Jury recognized improvements at the Welcome Homes but also raised concerns about placements, technology, information sharing, reporting and staff training.

The County agrees with two of the Grand Jury’s findings. It agrees that Child Protective Services (CPS) has improved conditions at the Welcome Homes and obtained licenses for the facilities. The County also agrees that the Sheriff’s Office has provided valuable protection and built positive relationships with youth living in the homes.

The County partially agrees with the finding that Welcome Homes are inappropriate for youth who have experienced or



The County agrees with two of the Grand Jury’s findings. It agrees that Child Protective Services (CPS) has improved conditions at the Welcome Homes and obtained licenses for the facilities. The County also agrees that the Sheriff’s Office has provided valuable protection and built positive relationships with youth living in the homes. Photo designed by Magnific

are at risk of sexual exploitation. DCFAS said Welcome Homes are not intensive therapeutic settings, but they provide an immediate, supervised place for youth who may otherwise have nowhere to go. The homes use a safety and stabilization approach, with behavioral health services available through partner agencies. The County also noted a statewide shortage of specialized placements for youth with complex needs.

The County wholly disagrees

with the Grand Jury’s finding that CPS fails to use the Reasonable and Prudent Parent Standard to limit access to cell phones and technology. DCFAS said state law protects foster youth’s rights to personal property, communication and age-appropriate access to the community. The County said phones can also be an important safety tool for contacting caregivers, social workers and other trusted adults.

The County also wholly

disagrees with the finding that gaps in data sharing leave youth vulnerable to exploitation. DCFAS said Welcome Home staff share information about exploitation concerns with law enforcement and include relevant information in missing-person reports. Social workers also make service referrals and use assessment tools to identify exploitation risks.

The County partially agrees with the finding about quarterly reports to the Board of

Supervisors. DCFAS said it has regularly reported on the challenges faced by youth who are being commercially sexually exploited or are at risk. However, it acknowledges that specific numbers of identified youth have not been included. The County plans to begin including that information in its quarterly reports starting with the second quarter of fiscal year 2026-27.

The County wholly disagrees with the findings on the Community Advisory Board and the Welcome Homes strategic plan. The County also said a Welcome Homes presentation and report were provided to the Board in November 2024 and that information has continued to be provided through quarterly reports.

The County also wholly disagrees with the finding that Welcome Home staff need additional training. DCFAS said staff are required to complete training on commercial sexual exploitation of children, trauma-informed care, harm reduction and the Reasonable and Prudent Parent Standard. The County said training information is provided to the Board through quarterly reports.

The County will conduct additional research on best practices used by other counties identified by the Grand Jury for identifying, preventing and responding to the exploitation of foster youth. That review is expected to be completed by Dec. 31. ★

Sac County Board of Education Seeks to Fill Vacancy

Applications for Trustee Area 6 Vacancy due Oct. 6

Sacramento County Board of Education News Release

SACRAMENTO, CA (MPG) - The Sacramento County Board of Education is seeking applications from qualified residents interested in serving as the Trustee for Area 6. The vacancy follows the resignation of Trustee Heather Davis, who served Area 6 for over ten years following her election in 2016 and re-elections in 2020 and 2022. During her tenure, Davis chaired multiple committees and served as a mentor through Links mentoring. Her leadership and commitment to students, families and the community have been deeply valued.

At its Sept. 15 Board Meeting, the Board voted to fill this vacancy through a provisional appointment. The selected individual will serve until the next regularly scheduled County Board election in 2028.

The application deadline is Tuesday, Oct. 6 at 4 p.m. PT. Applications must be received, not

postmarked, by this deadline.

The candidate interviews and selection process is Tuesday, Oct. 13 at 6:30 p.m. at the Sacramento County Office of Education’s Board Room located at 10474 Mather Blvd., Mather, CA 95655.

To be eligible for this appointment to the Sacramento County Board of Education for Trustee Area 6, candidates must meet the following legal requirements pursuant to California Education Code sections 1000(a) and 1006(a). You must live within Trustee Area 6, be a registered voter and not be an employee of SCOE or an employee of any school district within the boundaries of the Sacramento County Board of Education.

To be considered for the provisional appointment, applicants must submit a resume and a statement, of no more than two pages, outlining their interest in serving on the Board and the experience they would bring to the Board. Applicants may also

submit no more than three letters of recommendation.

Applications are accepted during regular business hours Monday through Friday, 8 a.m. to 4 p.m. and must be received no later than 4 p.m. PT on Tuesday, Oct. 6.

Submit your complete application package in person at the David P. Meaney Education Center, 10474 Mather Boulevard, Mather, CA 95655 or by mail to President Wende Watson at Sacramento County Board of Education, P.O. Box 269003, Sacramento, CA 95826. You can also submit your application by email to Wende Watson at wwatson@scoe.net.

Mailed applications must be received, not postmarked, by Oct. 6 deadline.

For additional information regarding the Area 6 Trustee vacancy or the application process, contact Executive Assistant to the Superintendent Wende Watson by email at wwatson@scoe.net or by phone at 916-228-2410. ★

New Home Sales Decline in August, North State BIA Reports

North State Building Industry Association News Release

SACRAMENTO REGION, CA (MPG) - Buffeted by rising interest rates, economic uncertainty and continued affordability issues, new home sales in the greater Sacramento region continued to show weakness in August, the North State Building Industry Association reported.

There were 332 sales reported by BIA member builders, down 18% from July and down 33% from August 2025. However, the month-over-month decline was caused largely by the fact July was a five-week month. Average weekly sales for August were actually slightly above July's figures with 83 sales to 81.

Still, BIA President & CEO Tim Murphy said the fact interest rates have nudged up to around 6.75%

has taken a toll.

“Last fall, before the conflict with Iran, economists had expected interest rates to continue drifting downward to around 6% this year. But with rates creeping upward, a lot of prospective buyers have put their purchases on hold,” Murphy said.

“Still, buyers should remember that builders are offering powerful incentives including rate buy-downs that make homes more affordable than they may think. Prospective buyers should contact their builder and see what kind of deals are out there. We're not likely to see incentives like these again for a long time.”

During August, Sacramento recorded the most sales at 68, followed closely by Roseville with 67, Rancho Cordova at 42 and Lincoln with 25. Elk Grove and Plumas Lake tied for fifth with 24 sales each. ★



Election Information

November 3, 2026, General Election

Vote Early and Vote by Mail



Oct 5

Ballots begin to arrive by mail. Official Ballot Drop Boxes are now open.



Oct 19

Close of registration. Register today!



Oct 24

11-Day Vote Centers open through Election Day.



Oct 31

All Vote Centers open through Election Day.



Nov 3

Election Day! Last day to turn in your ballot.

Vote Early! Don't wait for Election Day.

Take advantage of early voting and avoid the lines! You can return your ballot in the mail, at any Official Ballot Drop Box, or at any Vote Center. No postage is necessary.

Track your Ballot!

Sign up for “Where’s My Ballot?” with BallotTrax, a free ballot-tracking and alert system. It is available to all voters who wish to track the status of their Vote by Mail ballot from printed to accepted. Scan the QR code or visit www.wheresmyballot.com



Vote Early!
Vote by Mail.

COMICS & PUZZLES

The Spats

WHAT HAS FOUR LEGS AND ONE ARM?

I GIVE UP... WHAT HAS FOUR LEGS AND ONE ARM?

OUR NEIGHBORS' PIT BULL!!

by Jeff Pickering

Amber Waves

GERALD, HONEY, IT'S GRANDMA'S BIRTHDAY THIS WEEKEND AND WE'RE GOING TO HAVE A PARTY.

OOH, LIKE GOING TO ROCKET PIZZA WITH LASER TAG, A BIG CAKE WITH A MAGICIAN AND BALLOONS?

NO, DEAR, JUST A SMALL GET-TOGETHER, A NICE DINNER AND MAYBE HER FAVORITE PIE.

GEEZ, THIS IS WHY OLDER PEOPLE NEVER GET EXCITED ABOUT THEIR BIRTHDAY!!

by Dave T. Phipps

Out on a Limb

IT'S PRETTY COMMON IN NORTHERN CALIFORNIA. IT'S A BOO OF ORCADELICS.

FAR OUT, MAN

by Gary Kopervas

TIGER

HE NEEDS EXERCISE

I'M TAKING HIM TO THE PLAYGROUND

HIGHER, TIGER

CATCH ME, TIGER

SPIN ME FASTER

HOLD ME UP

LIFT ME, TIGER

by BUD BLAKE

TUMBLE THEATRE PRESENTS

POPEYE

BY KANDY HOLLAND

THIS COMIC BOOK ISN'T REALLY ALL THAT GREAT.

THE CHARACTERS ARE JUST SHOTS-OF-OTHER, BETTER CHARACTERS. THE PLOT LINES ARE PAPER THIN AND HALF OF 'EM DON'T GO ANYWHERE.

I JUST FINISHED THIS COMIC BOOK SERIES AND IT'S SOMETHING.

IT STARTS OUT LIKE A GOLDEN AGE COMIC. VERY "EVERYTHING IS BLACK AND WHITE."

THE MAIN HERO IS A GOODY TWO-SHOES. HONESTLY, HE'S PRETTY BLAND.

BUT EVERY ONCE IN A WHILE, YOU GET THESE HINTS THAT SOMETHING'S NOT QUITE RIGHT. AND THE HERO SEES IT, TOO.

BUT THEN IN THE LAST ISSUE, IT TURNS OUT THE REST OF THE RUN WAS A DREAM! THE HERO'S BEEN TRAPPED IN A DEVICE AND SOMEONE'S BEEN FEEDING HIM HALLUCINATIONS.

BUT IF YOU GET INTO THE LORE--

IT'S TWO IN THE MORNIN'. THIS AIN'T A GOOD TIME.

IT'S THE PERFECT TIME! I DO MY BEST CONVERSATIN' WHEN IT'S INCONVENIENT.

HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.

6. Tie is missing.

Differences: 1. Menu is shorter. 2. Pad is longer. 3. Finger is moved. 4. Curtain is not as wide. 5. Apron strap is moved.

GRIN AND BEAR IT

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"I'M not telling him to move. YOU tell him!"

Just Like Cats & Dogs

by Dave T. Phipps

SO SWEET MY MOTHER STILL WRITES ME LETTERS. "HELLO, DEAR, HOPE THINGS ARE GOOD WITH YOU, I MEAN CONSIDERING"...

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STATEPOINT CROSSWORD • THE 2010s

CLUES

ACROSS

1. Convention freebie

5. *Tucker of TV's "Modern Family"

8. To the ____ degree

11. *Space Shuttle Program org.

12. Deal with it

13. Extra tire

15. Stead

16. Real estate land unit

17. Enter user name and password (2 words)

18. *Instagram's parent company

20. "Fine by me"

21. Strong virile man

22. Caviar alternative

23. *Bruno Mars' hat

26. Highest-reaching

30. Before of yore

31. Quill-dipping vessel

34. Popular aquarium show star

35. Schoolmarm's whip

37. Neither here ____ there

38. Opposite of cation

39. Hurry up, acr.

40. Blood infection

42. Not com or edu

43. Arranged in order

45. Inside info

47. Aye's opposite

48. B2C business

50. Hyperbolic tangent

52. *Katy Perry's 2010 hit

55. Battle royal

56. One R in R&R

57. Nightcrawler

59. *Hipsters' facial trend

60. Prima donnas' problems

61. Not in favor

62. Public promotions

63. Even, to a poet

64. CISC alternative

DOWN

1. *Pete Davidson's TV show

2. Ragamuffin

3. On a deck, perhaps

4. Cowboy, in South America

5. Popular warming drink

6. Chef's garb

7. Opposite of domineering and bold

8. Hindu serpent deity

9. Legendary King Priam's city

10. Chicken coop dweller

12. Taxi driver

13. Ship with a single mast

14. * ____ 60 game

19. Spooky

22. Decay

23. Greek cheese, pl.

24. Remove from existence

25. ____'s, blended

26. Scotch whisky

27. High rocky hills

28. Celestial hunter

29. Open disrespect

32. Capped joint

33. *Funko ____!

36. *Toy for the fidgety

38. Off kilter

40. Dirty dwelling

41. Specks in the sea

44. Oohed and ____

46. Atmospheric pressure line, on weather map

48. Military blockade

49. Fire-raising

50. ____ off on a golf course, past tense

51. Exclamation of sorrow

52. * ____ solo, Alex Honold's feat

53. Raja's daughter

54. Baby fox and baby beaver

55. Business school degree, acr.

58. Habitual twitching

CROSSWORD

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By V.G. Harris

Don't look now Kings fans but the NBA preseason is only 2 weeks away, and for many Sacramento Kings fans that brings an abundance of hope and excitement.

If there is a franchise in the NBA that epitomizes the term eternal optimist, it would have to be the effervescent Kings fans that still believe that this year's team may be the next version of "Hoosiers."

I would like to believe that too!

As I was recently studying some of the more successful franchises is the NBA, I turned to the Chicago Bulls of the 1990's, and I was reminded that 3 of Michael Jordan and Scottie Pippens 6 titles came after Dennis Rodman became a member of the team. In fact, they actually enjoyed a rare 3-peat with Rodman on board. Not known for being a scorer, Rodman showed the Chicago Bulls how rebounding was done and played defense with reckless abandon.

Regardless of his multi-colored hair, wild histrionics, and seemingly out of control off the court behavior, for at least 3 seasons it was Dennis Rodman that was the straw that stirred the drink.

The legendary Michael Jordan did much to encourage the Bulls franchise to take a chance on Rodman, and to this day Rodman is much admired by Jordan for his world class rebounding and some of the toughest defense every seen on an NBA court. Rodman actually led the NBA in rebounding 7 consecutive years and received the title of defensive player of the year 2 times.

Well, the Sacramento Kings don't have 6 world championships, and after 40 plus years in Sacramento are still searching for their first, but make no mistake about it, hope springs eternal despite what GM Scott Perry refers to as a rebuild.

Someone who should already be mentioned in the conversation as an all-time great Sacramento King is often maligned big man Domantas Sabonis.

Sabonis, criticized for his less than stellar defense, in my opinion is getting a bad rap and I think it's high time the fans of Sacramento come to his defense.

Domantas streak of leading the NBA in rebounding sadly came to a halt last season due to injuries that limited him to only 19 games while playing 70 in the prior season.

This Stevedore of the hardwood played one season in a Kings uniform with a broken thumb, and playing through the pain led the league in rebounding. Add that to one of the most exceptional team players the Sacramento Kings have ever had, Sabonis nightly exhibits the kind of grit that any GM should be proud to have on his team.

Although not a rim protector, Sabonis gives 100% every night and is every bit the foundation piece the Sacramento Kings need to bring credibility to their franchise.

Inexplicably, the Kings forgot what they had in DeAaron Fox and that lack of judgement led to the San Antonio Spurs getting a diamond in the rough while sending the Sacramento Kings on a 2-year search for a replacement point guard.

At this very moment the Kings have a built in double-double holding down the paint in Domantas Sabonis, and a heralded rookie point guard by the name of Darius Acuff Jr., ready to begin his inaugural season.

Selling tickets in Sacramento? Yes, I think so, but Scott Perry's next move looms large, and any suggestion of moving Domantas Sabonis could easily lose fans in a way that the Kings organization hasn't seen in years.

Make no mistake about it, Domantas Sabonis is the current face of this franchise, and it's time to celebrate that fact and not look for ways to send him packing.

Likewise, Zach Lavine hampered by injuries last season, is a former 2-time NBA all star and has something to prove in garnishing nearly 50 million in the upcoming season. Shooting nearly 40% lifetime from beyond the arc and just a shade under 20 points per game, Scott Perry should be giving this talented shooting guard all the minutes he can play.

While we're at it let's not forget that at one time Keegan Murray was thought to be a potential NBA all-star and needs to come back from a dismal injury riddled season just a year ago.

Just one month from opening night. Stay tuned.

All the best!

★

Taxing California's Rich Just Got More Complicated. Prop 40's Fate is Still Uncertain



By Dan Walters, CALMatters.org

Proposition 40, which would impose a 5% tax on the wealth of California's billionaires, is arguably the most important measure placed before voters in this century.

It is also probably the most confounding.

While it's sponsored by a healthcare union, it's opposed by several other major unions, who are in an odd bedfellows alliance with the billionaires it targets. Meanwhile, the leader of the sponsoring union faces allegations of personal misconduct.

And even if Prop. 40 passes, two other measures on the ballot could nullify it. Finally, the measure contains complex language, raising questions that would probably generate extended legal battles even if it does pass.

Given all that, it's not surprising that, with mail voting beginning in just a couple of weeks, a new poll indicates Prop. 40 could go either way.

A Public Policy Institute of California survey found that 52% of likely voters favor the measure and 46% are opposed, which in the real world of campaigning means it's too close to call.

Meanwhile, the two measures placed on the ballot by Prop. 40's wealthy opponents are doing fairly well. Proposition 41, which would indirectly nullify Prop. 40

by prohibiting levying any new taxes outside of the state's spending limit, and Proposition 42, which would prohibit taxes on personal property, each have narrow leads in the PPIC poll.

Were all three measures to gain approval, the one with the most votes would prevail — meaning that if Props. 41 or 42 outdoes Prop. 40, the billionaire tax would be void.

None of that intertwining complexity was explained to the people PPIC polled. They were just given the official summary of each proposition before being asked their preferences.

Prop. 40 is sponsored by the Service Employees International Union-United Healthcare Workers West. If it becomes law, a 5% tax would be levied on the assets of about 200 California billionaires, with almost all of the proceeds being spent on healthcare.

However, Dave Regan, the union's fiery leader, is facing allegations by leaders of other unions under the Service Employees International umbrella of having "a pattern and history of bullying, threats, harassment, physical violence and attempted extortion." They said an independent investigation has confirmed the allegations, and they called on him to step down.

"Our first responsibility as an organization is to lead with our values," the other union officials said in a statement. "We stand with all those who are bullied, harassed, or targeted at work, and we stand by our charges. Our national union must now act swiftly to carry out our internal due process and ensure accountability to our values. Every leader is responsible for their role

in protecting and promoting respect, workplace justice, gender equity, racial justice, and nonviolence in our union and beyond."

Regan denies the allegations.

But they give Prop. 40's opponents potentially potent campaign ammunition. The split within Service Employees International and in the larger union movement reflects both long-standing feuds and resentment that the measure's revenues would be largely confined to services that Regan's members provide.

As the multifaceted campaigning over Prop. 40 picks up steam, one figure is noticeably absent: Gov. Gavin Newsom.

Prior to the measure's qualification for the ballot, Newsom was publicly attempting to derail it, worrying aloud that if passed, it would encourage wealthy Californians to leave the state and discourage new investment. High-income Californians pay most of the state's income taxes, the state's most important source of revenue.

However, Newsom is also a likely candidate for president after his governorship ends. Opposing taxes on the rich could alienate voters in the ultra-progressive wing of the Democratic Party.

Thus, he now says taxing wealth should be a national matter, not confined to one state.

Dan Walters is one of the most decorated and widely syndicated columnists in California history, authoring a column four times a week that offers his view and analysis of the state's political, economic, social and demographic trends. ★

Social Security Matters

I'm Reevaluating My Retirement Plan; What are my Options?



By Russell Gloor, AMAC Certified Social Security Advisor

Dear Rusty: I am 69 1/2 years old now and applied for Social Security at the end of June. I am still working and was planning to begin my retirement in September. A couple of factors arose for me to question if I made a hasty decision by applying for SS. The employer I have been working for the last 29 years has asked if I would stay on a little longer (which would be good because we have some debt I want to lose before I retire). I was reading about suspending Social Security and continuing to work. If I understand it right, if I suspend my SS, no payback will be required, and I can continue to work until I'm ready to retire. No Spousal benefits taken yet. **Signed: Reevaluating my Retirement**

Dear Reevaluating Retirement: I'm assuming you asked for your Social Security benefits to start in September (when you originally planned to retire), but that you won't be 70 years old until March 2027. If that is correct, be aware that you will not immediately get all of your earned Delayed Retirement Credits (DRCs) when your benefits start in September – you will

only initially get the DRCs you have earned through the end of 2025. That's because Social Security usually applies DRCs in January of each year. So, what will happen is that your September benefit amount will lack the 5.3% DRCs you earned in 2026, until January 2027 when they will apply the DRCs earned in 2026 to your monthly payment amount. Said simply, your initial September benefit will not include your full age 69.5 entitlement because it won't include the 5.3% extra you earned in 2026. That extra monthly amount will be awarded in January 2027. FYI, if you were to, instead, claim for your SS benefits to start in the month you turn 70 (March 2027), you would get your full age 70 amount immediately (SS awards all earned DRCs if benefits are claimed to start in the month you turn 70).

Now, on to your question: Yes, if you take your benefits effective with September 2026 you can suspend your benefits, but you can only suspend them until the month you turn 70. And if you are suspending your benefits, you will not need to repay Social Security for any benefits you happen to receive before you suspend. As is obvious, you will not receive any SS payments while your benefits are suspended, and you will earn DRCs for the months your benefits are suspended, resulting in a higher monthly amount at age 70. Also, since you have already passed your SS full retirement age (FRA), you can work and earn as

much as you like, without your Social Security benefits being negatively affected.

Regarding your comment "No Spousal benefits taken yet." FYI, you cannot get spousal benefits while your benefits are suspended, nor can your wife get spousal benefits from you while you SS retirement benefits are suspended. To be clear, spouse benefits are only paid when one spouse's benefit at their FRA is less than 50% of the other spouse's FRA benefit. Spouse benefits are always based upon FRA entitlements, not on the larger amounts which will result from waiting longer to claim. In other words, your wife would only be eligible for a spousal benefit from you if her FRA entitlement was less than 50% of your FRA entitlement (not your age 70 SS entitlement). And she cannot get a spousal benefit while your benefits are suspended.

To recap: Yes, you can suspend receipt of your SS retirement benefits until the month you turn 70 and get credit for that delay (resulting in a higher benefit). And, yes, you can continue working as long as you wish, and your benefits will not be negatively affected. And just for added information, you can also ask Social Security to withdraw your current application for SS benefits and then reapply in January 2027 for your benefits to start in March 2027 (the month you turn 70). You have both options.

This article is intended for information purposes only and does not represent legal or financial guidance. ★



In the "Terminator" movie series, the artificial-intelligence system known as Skynet is given control of the nation's nuclear weapons and uses it to try to destroy humanity. One reason that apocalyptic scenarios involving AI are implausible is that, having seen how that particular movie ends, we are unlikely to be foolish enough to give AI custody of the most destructive weapons on the planet.

The unthinkable is nonetheless a hot topic of conversation, given that a researcher at Anthropic just resigned and issued a doomsday warning. According to Jacob Coxon, the rush to develop AI is "gambling with our lives," since it will soon create "superhuman systems that can hack anything, revolutionize any field overnight, and acquire real power and resources."

A current Anthropic employee then chimed in: "We really do earnestly believe AI could kill all humans!" He put the chances at greater than 10% in the next decade. The idea here is, that Anthropic and similar firms are, in effect, running their own Manhattan Projects, with consequences unknown and potentially very dire.

Now, ChatGPT as we know it doesn't seem particularly well-suited to destroying humanity. It is a souped-up version of Google that is impressively fast, but also

Will AI Destroy Humanity?

mistake-prone. If it can mess up basic math or the New York Yankees roster, surely it can't carry out the complex tasks necessary to fashion an apocalyptic event.

Tech companies, though, have labs working on so-called frontier models that are much more powerful and reportedly developing more quickly than expected. The worry is that an AI model itself will begin to develop new AI very quickly in an "intelligence explosion," the equivalent of Skynet becoming self-aware at 2:14 a.m. Eastern Time on Aug. 29, 1997.

The thinking is that if such an AI model goes rogue and turns against humanity, it will be too clever and fast for us to combat. Yet it's hard to see the mechanism that such a hostile superintelligence would use to commit genocide. The rogue AI would presumably have to do something in the real world -- say, launching nukes, manufacturing killer robots or releasing a deadly virus.

If it lacks physical agency, AI could presumably be unplugged or contained. (It was after humans tried to deactivate Skynet, by the way, that the system decided we were a threat that had to be neutralized.)

Some doomsayers posit a malicious person using advanced AI to come up with a design for a killer virus and a plan to release it without detection. This is a different scenario, though, from AI turning against people of its own volition. In a world years

from now when much more advanced AI is a reality, we will need to think through safeguards to keep dangerous systems -- nukes, biolabs -- from being compromised by AI-enabled cyberattacks or exploited by criminals and terrorists.

It's easy to imagine breaches of financial systems or attacks on critical infrastructure that would fall short of endangering all of mankind. Even if one takes an alarmist view of the risks, it's unclear how the development of AI can be stopped. Any deal with the Chinese to slow down research couldn't be trusted, and might simply allow them to pass us in the AI race by subterfuge. In other words, we'd still get Skynet, only with Chinese characteristics.

There's also the reality that AI will be a necessary tool in protecting against the malicious use of AI -- not to mention all of its other positive potential. If we slow or end research in the U.S., we might end up vulnerable to superintelligence developed by actors who mean us harm.

Science fiction is fascinating and sometimes prescient. Works by Philip K. Dick, Aldous Huxley and Arthur C. Clarke had genuine insights into the future. But that doesn't mean we are living in the plot of "The Terminator," and we shouldn't scare ourselves into forswearing transformative technology.

Rich Lowry is editor of the National Review. (c) 2026 by King Features Synd., Inc. ★

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Nancy Bonequi, 9028 Pear
Orchard Court, Orangevale, CA
95662 is doing business under the
Fictitious Business Name(s)
“Smokin Good Co./Char &
Chill Lemonade” 9028 Pear
Orchard Court, Orangevale, CA
95662. Filed with the Clerk of
Sacramento County August 18,
2026
Publish: September 4, 11, 18, 25, 2026
SMOKIN 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06546
Jessica Thompson, 9108
Castlebar Way, Sacramento,
CA 95826 is doing business
under the Fictitious Business
Name(s) “The Secondhand Trail
Series” 9108 Castlebar Way,
Sacramento, CA 95826. Filed
with the Clerk of Sacramento
County August 21, 2026
Publish: September 4, 11, 18, 25, 2026
THE 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06503
Irina Molkova, 6807 Barbara
Lee Circle, Sacramento, CA
95842 is doing business under the
Fictitious Business Name(s)
“M. Depilation Studio” 9739 Fair
Oaks Boulevard Suite D Room
3, Fair Oaks, CA 95628. Filed
with the Clerk of Sacramento
County August 20, 2026
Publish: September 4, 11, 18, 25, 2026
DEPIILATION 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06304
Cuddle Crew Pet Care
LLC, 2108 N Street Suite N,
Sacramento, CA 95816 is doing
business under the Fictitious
Business Name(s) “Cuddle Crew
Pet Care” 2108 N Street Suite N,
Sacramento, CA 95816. Filed
with the Clerk of Sacramento
County August 12, 2026
Publish: September 4, 11, 18, 25, 2026
CUDDLE 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06318
Piece of Mai, LLC, 8286 Yorkton
Way, Sacramento, CA 95829
is doing business under the
Fictitious Business Name(s)
“Piece of Mai” 8286 Yorkton Way,
Sacramento, CA 95829. Filed
with the Clerk of Sacramento
County August 13, 2026
Publish: September 4, 11, 18, 25, 2026
PIECE 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06539
Town Logic, 3220 San Jose
Way, Sacramento, CA 95817
is doing business under the
Fictitious Business Name(s) “On
The Wagon/Sans Proof” 3220
San Jose Way, Sacramento,
CA 95817. Filed with the Clerk
of Sacramento County August
21, 2026
Publish: September 4, 11, 18, 25, 2026
ON 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06552
Jessica Martinez, 6732 Calvine
Road, Sacramento, CA 95823
is doing business under the
Fictitious Business Name(s)
“Bubbies Batch” 6732 Calvine
Road, Sacramento, CA 95823.
Filed with the Clerk of Sacramento
County August 24, 2026
Publish: September 4, 11, 18, 25, 2026
BUBBIES 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06500
Josh Urbano PO Box 493,
Carmichael, CA 95609 and
Kimberly Urbano, 7610 Scenic
Court, Fair Oaks, CA 95628
are doing business under the
Fictitious Business Name(s)
“Live Fire & Smoke” 7610 Scenic
Court, Fair Oaks, CA 95628. Filed
with the Clerk of Sacramento
County August 20, 2026
Publish: September 4, 11, 18, 25, 2026
LIVE 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06569
VEC Property Investments,
LLC, 2376 Fair Oaks Boulevard,
Sacramento, CA 95825 is doing
business under the Fictitious
Business Name(s) “Freeport
Bakery” 2966 Freeport Boulevard,
Sacramento, CA 95818. Filed
with the Clerk of Sacramento
County August 24, 2026
Publish: September 4, 11, 18, 25, 2026
FREEPORT 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-03995
Brandon Overman, 225 South
Sixth Street, Suite 4500,
Minneapolis, MN 55402 is doing
business under the Fictitious
Business Name(s) “Cornerstone
Planning Partners” 225 South
Sixth Street, Suite 4500,
Minneapolis, MN 55402. Filed
with the Clerk of Sacramento
County May 20, 2026
Publish: September 4, 11, 18, 25, 2026
CORNERSTONE 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06462
John Corso, 3003 NW Celilo
Lane, Bend, OR 97703 is doing
business under the Fictitious
Business Name(s) “Willow Glen
Apartments” 7474 La Macha
Way, Sacramento, CA 95823.
Filed with the Clerk of Sacramento
County August 19, 2026
Publish: September 4, 11, 18, 25, 2026
WILLOW 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06540
Yaroslav Drannikov and Olha
Drannikova, 2796 Catania
Way, Sacramento, CA 95826
is doing business under the
Fictitious Business Name(s)
“Euroluxceilings” 2796 Catania
Way, Sacramento, CA 95826.
Filed with the Clerk of Sacramento
County August 21, 2026
Publish: September 4, 11, 18, 25, 2026
EURO 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06425
Primos Auto Insurance Services
Inc., 747 El Monte Way,
Dinuba, CA 93618 is doing
business under the Fictitious
Business Name(s) “Primos
Auto Insurance” 7062 Sunrise
Boulevard, Citrus Heights, CA
95610. Filed with the Clerk of
Sacramento County June 18,
2026
Publish: September 4, 11, 18, 25, 2026
PRIMOS 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06445
Delcy L. Steffy, 3005 5th Avenue,
Sacramento, CA 95817 is doing
business under the Fictitious
Business Name(s) “Proven
Ground Real Estate/Proven
Ground RE/Proven Ground
Properties/Proven Ground Land
Company” 3005 5th Avenue,
Sacramento, CA 95817. Filed
with the Clerk of Sacramento
County August 18, 2026
Publish: September 4, 11, 18, 25, 2026
PROVEN 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06311
Nadia Buron, 5930 South Land
Park Drive #22311, Sacramento,
CA 95822 is doing business under
the Fictitious Business Name(s)
“AK Auto Detail” 7303 Pocket
Road, Sacramento, CA 95831.
Filed with the Clerk of Sacramento
County August 13, 2026
Publish: September 4, 11, 18, 25, 2026
AK 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06172
C & C Interiorscapes, Inc, 7324
Daly Avenue, Citrus Heights, CA
95621 is doing business under
the Fictitious Business Name(s)
“C & C Interiorscapes, Inc” 7324
Daly Avenue, Citrus Heights, CA
95621. Filed with the Clerk of
Sacramento County August 6,
2026
Publish: September 4, 11, 18, 25, 2026
INTERIOR 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06416
Pacific Africa LLC, 3545 Arden
Way #1115, Sacramento, CA
95864 is doing business under
the Fictitious Business Name(s)
“Pacific Africa/Africa Climate
X Nature Salon/Chalicity/
Remembered Futures” 3325
Eastern Avenue, Sacramento,
CA 95821. Filed with the Clerk
of Sacramento County August
18, 2026
Publish: September 4, 11, 18, 25, 2026
PACIFIC 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06457
Easy Community Day Program
LLC, 4208 N. Freeway
Boulevard, Sacramento, CA
95834 is doing business under
the Fictitious Business Name(s)
“Easy Community Day Program
LLC” 2307 Cashew Way,
Sacramento, CA 95834. Filed
with the Clerk of Sacramento
County August 19, 2026
Publish: September 4, 11, 18, 25, 2026
EASY 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06709
Open Path Property Services
LLC, 7077 Kingsmill Way, Citrus
Heights, CA 95610 is doing
business under the Fictitious
Business Name(s) “Open Path
Junk Removal & Demolition”
7077 Kingsmill Way, Citrus
Heights, CA 95610. Filed with
the Clerk of Sacramento County
August 27, 2026
Publish: September 4, 11, 18, 25, 2026
OPEN 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06699
International Church of the
Foursquare Gospel, 1132
Glendale Boulevard, Los
Angeles, CA 90026 is doing
business under the Fictitious
Business Name(s) “Risen
Christian Fellowship” 65 Quinta
Court Suite A, Sacramento, CA
95823. Filed with the Clerk of
Sacramento County August 27,
2026
Publish: September 4, 11, 18, 25, 2026
RISEN 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06700
Oksimoion LLC, 4800 Marconi
Avenue 247, Carmichael, CA
95608 is doing business under
the Fictitious Business Name(s)
“MPB Auto Repair” 11432 Elks Circle,
Rancho Cordova, CA 95742.
Filed with the Clerk of Sacramento
County August 27, 2026
Publish: September 4, 11, 18, 25, 2026
MPB 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06713
Karen R Alkons, PO Box 1548,
Carmichael, CA 95609 is doing
business under the Fictitious
Business Name(s) “Northern
California Art Conservators”
4437 Whitney Avenue,
Sacramento, CA 95821. Filed
with the Clerk of Sacramento
County August 27, 2026
Publish: September 4, 11, 18, 25, 2026
NORTHERN 9-25-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06698
Daisy N. Tan, 5713 Tuckeroo
Way, Fair Oaks, CA 95628
is doing business under the
Fictitious Business Name(s)
“Sculpted Salon” 10144 Fair Oaks
Boulevard, Fair Oaks, CA 95628.
Filed with the Clerk of Sacramento
County August 27, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
SCULPTED 10-2-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06730
Ibrar Khan, 7515 Reese Road
Suite 102, Sacramento, CA
95828 is doing business under
the Fictitious Business
Name(s) “Easy Pick Auto Sale”
7515 Reese Road Suite 102,
Sacramento, CA 95828. Filed
with the Clerk of Sacramento
County August 28, 2026

Publish: Sept 11, 18, 25, Oct 2, 2026
EASY 10-2-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06768
Ly Tran, 2220 Gold Springs
Court Suite 104-B, Gold River,
CA 95670 is doing business
under the Fictitious Business
Name(s) “EmLy Beauty” 2220
Gold Springs Court Suite 104-B,
Gold River, CA 95670. Filed with
the Clerk of Sacramento County
August 31, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
EMLY 10-2-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06413
Heather Hinds, 7229 Starflower
Drive, Citrus Heights, CA 95621
is doing business under the
Fictitious Business Name(s)
“River City Estate Liquidators”
7229 Starflower Drive, Citrus
Heights, CA 95621. Filed with
the Clerk of Sacramento County
August 18, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
RIVER 10-2-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-05783
Brian Boozier, 110 Pomine Court,
Folsom, CA 95630 and Alice
Warchol, 200 Genovese Reach,
Chesapeake, VA 23322 and
Forrest Boozier, 980 Riverwatch
Trace, Sparta, TN 38583 and
Elizabeth Tomasini, 11361
Kensington Road, Los Alamitos,
CA 90720 are doing business
under the Fictitious Business
Name(s) “Glennfore B” 110
Pomine Court, Folsom, CA 95630.
Filed with the Clerk of Sacramento
County July 22, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
GLENNFORE 10-2-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06518
Bonneville Billing and Collections,
Inc., 6026 Fashion Point Drive,
Ogden, UT 84403 is doing
business under the Fictitious
Business Name(s) “Bonneville
Collections” 6026 Fashion Point
Drive, Ogden, UT 84403. Filed
with the Clerk of Sacramento
County August 20, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
BONNEVILLE 10-2-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06377
Juan Antonio, 514 Exchange
Street, Sacramento, CA 95838
is doing business under the
Fictitious Business Name(s)
“Tony’s Janitorial Service” 514
Exchange Street, Sacramento,
CA 95838. Filed with the Clerk
of Sacramento County August
17, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
TONYS 10-2-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06341
Love Vee Beauty LLC, 8102
Wachtel Way, Orangevale,
CA 95662 is doing business
under the Fictitious Business
Name(s) “Love Vee Skin”
8836 Greenback Lane Suite B,
Orangevale, CA 95662. Filed
with the Clerk of Sacramento
County August 14, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
LOVE 10-2-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06339
Vikkilynn Calip and Christopher
Ortiz, 8102 Wachtel Way,
Orangevale, CA 95662 are
doing business under the
Fictitious Business Name(s)
“Wild Whiskers Beard Co.”
8836 Greenback Lane Suite B,
Orangevale, CA 95662. Filed
with the Clerk of Sacramento
County August 14, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
WILD 10-2-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06370
Jaime Lopez De Los Santos, 5905
Green Glen Way, Sacramento,
CA 95842 is doing business
under the Fictitious Business
Name(s) “Vazquez Arborist and
Landscaping” 5905 Green Glen
Way, Sacramento, CA 95842.
Filed with the Clerk of Sacramento
County August 14, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
VAZQUEZ 10-2-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06637
Michelle Monee Olivera, 2711
Ione Street, Sacramento, CA
95821 is doing business under
the Fictitious Business Name(s)
“Divine Fem Tarot888” 2711 Ione
Street, Sacramento, CA 95821.
Filed with the Clerk of Sacramento
County August 25, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
DIVINE 10-2-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06715
Dauntless Family Counseling,
Inc., 3336 Bradshaw Road
Suite 340, Sacramento, CA
95827 is doing business under
the Fictitious Business Name(s)
“Dauntless Counseling” 3336
Bradshaw Road Suite 340,
Sacramento, CA 95827. Filed
with the Clerk of Sacramento
County August 27, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
DAUNTLESS 10-2-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06374
Nikzad Foods LLC, 882 El
Camino Avenue, Sacramento,
CA 95815 is doing business
under the Fictitious Business
Name(s) “Ancient Sun” 882 El
Camino Avenue, Sacramento,
CA 95815. Filed with the Clerk
of Sacramento County August
14, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
ANCIENT 10-2-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06556
TKO Metals, Inc., 3341 Fitzgerald
Road, Rancho Cordova, CA
95742 is doing business under
the Fictitious Business Name(s)
“TKO Dumpster Rentals” 3341
Fitzgerald Road, Rancho

Cordova, CA 95742. Filed with
the Clerk of Sacramento County
August 24, 2026

Publish: Sept 11, 18, 25, Oct 2, 2026
TKO 10-2-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-05603
Stoney Folks Inc, 10415 Folsom
Boulevard #105, Rancho
Cordova, CA 95670 is doing
business under the Fictitious Business
Name(s) “Stoney Folks Inc”
10415 Folsom Boulevard #105,
Rancho Cordova, CA 95670.
Filed with the Clerk of Sacramento
County August 18, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
STONEY 10-2-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06543
Ed Dreher, 281 Lyman Circle,
Sacramento, CA 95835 is doing
business under the Fictitious
Business Name(s) “EDX Realty
Services” 281 Lyman Circle,
Sacramento, CA 95835. Filed
with the Clerk of Sacramento
County August 21, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
EDX 10-2-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-05744
Rafiq Family LLC, 4626 Auburn
Boulevard, Sacramento, CA
95841 is doing business under
the Fictitious Business
Name(s) “Mr. A’s Tires & Auto
Repair” 4626 Auburn Boulevard,
Sacramento, CA 95841. Filed
with the Clerk of Sacramento
County July 20, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
MR 10-2-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06789
Kimberly Jacqueline Austin and
Darryl Wayne Austin, 9980 River
Mist Way, Rancho Cordova, CA
95670 are doing business under
the Fictitious Business Name(s)
“Groovin Along Transportation”
9980 River Mist Way, Rancho
Cordova, CA 95670. Filed with
the Clerk of Sacramento County
August 31, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
GROOVIN 10-2-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06856
Darcy Marie Soga, 15 Riverbrea
Court, Sacramento, CA 95831
is doing business under the
Fictitious Business Name(s)
“House of the North Star” 15
Riverbrea Court, Sacramento,
CA 95831. Filed with the Clerk
of Sacramento County September
2, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
HOUSE 10-2-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06781
Gazette Media Co., LLC, PO
Box 816, Sacramento, CA
95812 is doing business under
the Fictitious Business Name(s)
“NCPPI/Sac Media Consulting”
428 J Street Suite 400,
Sacramento, CA 95814. Filed
with the Clerk of Sacramento
County August 31, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
NCPPI 10-2-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06772
My Little House Family Childcare
LLC, 2370 Carlsbad Avenue,
Sacramento, CA 95821 is doing
business under the Fictitious
Business Name(s) “My Little
House Family Childcare
LLC” 2370 Carlsbad Avenue,
Sacramento, CA 95821. Filed
with the Clerk of Sacramento
County August 31, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
MY 10-2-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06881
Syed Faisal Rahman, 10940
White Rock Road Suite 210,
Rancho Cordova, CA 95670
is doing business under the
Fictitious Business Name(s)
“Black and White Law Office”
10940 White Rock Road Suite
210, Rancho Cordova, CA
95670. Filed with the Clerk of
Sacramento County September
3, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
BLACK 10-2-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-05240
Phil Schroeder, 3520 Welch
Court, Sacramento, CA 95821
is doing business under the
Fictitious Business Name(s)
“SacStageArts/SacArts
Spotlight” 3520 Welch Court,
Sacramento, CA 95821. Filed
with the Clerk of Sacramento
County July 8, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
SAC 10-2-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06582
Karla Yaredit Zavala Lazaro,
1819 Merkley Avenue #2,
West Sacramento, CA 95691
is doing business under the
Fictitious Business Name(s)
“K & Y Professional Cleaning”
1819 Merkley Avenue #2, West
Sacramento, CA 95691. Filed
with the Clerk of Sacramento
County August 24, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
CLEANING 10-2-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06760
Teahya Bishop Fowler, 4912
Kenroy Way, Fair Oaks, CA
95628 is doing business under
the Fictitious Business Name(s)
“Wildflower BodyWork” 4912
Kenroy Way, Fair Oaks, CA
95628. Filed with the Clerk of
Sacramento County August 31,
2026
Publish: Sept 11, 18, 25, Oct 2, 2026
WILDFLOWER 10-2-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06811
Bibbies Grill LLC, 3645 Husch
Way, Rancho Cordova, CA
95670 is doing business under
the Fictitious Business Name(s)
“Northpeak Coffee” 3645 Husch

Way, Rancho Cordova, CA
95670. Filed with the Clerk of
Sacramento County September
1, 2026
Publish: Sept 11, 18, 25, Oct 2, 2026
SCULPTED 10-2-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06402
Jujuson Industries LLC, 5862
Sharps Circle, Carmichael, CA
95608 is doing business under
the Fictitious Business Name(s)
“Makani Cleaning Services”
5862 Sharps Circle, Carmichael,
CA 95608. Filed with the Clerk of
Sacramento County August 17,
2026
Publish: Sept 18, 25, Oct 2, 9, 2026
MAKANI 10-9-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06842
Andrew Mathis Lawson, 1824
Venus Drive, Sacramento, CA
95864 is doing business under
the Fictitious Business Name(s)
“Art of Design Studios” 1824
Venus Drive, Sacramento, CA
95864. Filed with the Clerk of
Sacramento County September
2, 2026
Publish: Sept 18, 25, Oct 2, 9, 2026
ART 10-9-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06594
Gabriela Tejada, 5543 Missie
Way, Sacramento, CA 95841
is doing business under the
Fictitious Business Name(s)
“Premier Luxury Restroom
Sacramento” 5543 Missie Way,
Sacramento, CA 95841. Filed
with the Clerk of Sacramento
County August 25, 2026
Publish: Sept 18, 25, Oct 2, 9, 2026
PREMIER 10-9-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06951
Michael Ramon Lopez and
Alyssa Marie Ante Lopez, 2664
Millcreek Drive, Sacramento,
CA 95833 is doing business
under the Fictitious Business
Name(s) “Michael’s Books and
More” 2664 Millcreek Drive,
Sacramento, CA 95833. Filed
with the Clerk of Sacramento
County September 8, 2026
Publish: Sept 18, 25, Oct 2, 9, 2026
MICHAELS 10-9-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06822
Kim RE Venture, 2563 Gold Hill
Street, West Sacramento, CA
95691 is doing business under
the Fictitious Business Name(s)
“Sky Blue Housing” 2563 Gold
Hill Street, West Sacramento,
CA 95691. Filed with the Clerk
of Sacramento County September
1, 2026
Publish: Sept 18, 25, Oct 2, 9, 2026
SKY 10-9-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06954
AL-Reef Construction, Inc, 3726
Abby Court, Rocklin, CA 95765
is doing business under the
Fictitious Business Name(s)
“AL-Reef Media” 3726 Abby Court,
Rocklin, CA 95765. Filed with
the Clerk of Sacramento County
September 8, 2026
Publish: Sept 18, 25, Oct 2, 9, 2026
AL 10-9-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06807
Kingdom Lending LLC, 3127 E.
Rosemonte Drive, Phoenix, AZ
85050 is doing business under
the Fictitious Business Name(s)
“Kingdom Lending” 3127 E.
Rosemonte Drive, Phoenix, AZ
85050. Filed with the Clerk of
Sacramento County September
1, 2026
Publish: Sept 18, 25, Oct 2, 9, 2026
KINGDOM 10-9-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06963
Joumana Saab, 5249 Kankakee
Drive, Sacramento, CA 95835
is doing business under the
Fictitious Business Name(s)
“SAAB Janitorial Services” 5249
Kankakee Drive, Sacramento,
CA 95835. Filed with the Clerk
of Sacramento County September
8, 2026
Publish: Sept 18, 25, Oct 2, 9, 2026
SAAB 10-9-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-05920
Nicole Pearson, 3525 4th
Avenue, Sacramento, CA 95817
is doing business under the
Fictitious Business Name(s)
“Notary Near Me Sacramento”
3525 4th Avenue, Sacramento,
CA 95817. Filed with the Clerk
of Sacramento County July 27,
2026
Publish: Sept 18, 25, Oct 2, 9, 2026
NOTARY 10-9-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06450
Arious Enterprise Group
LLC, 2108 N Street, Suite N,
Sacramento, CA 95816 is doing
business under the Fictitious
Business Name(s) “Arious
Commercial Cleaning” 2108 N
Street, Suite N, Sacramento, CA
95816. Filed with the Clerk of
Sacramento County August 19,
2026
Publish: Sept 18, 25, Oct 2, 9, 2026
ARIOUS 10-9-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-07016
Billy Rocks LLC, 3328 Bozeman
Street, Sacramento, CA 95838
is doing business under the
Fictitious Business Name(s)
“Billy Rocks” 6750 Front Street,
Rio Linda, CA 95673. Filed with
the Clerk of Sacramento County
September 10, 2026
Publish: Sept 18, 25, Oct 2, 9, 2026
BILLY 10-9-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06956
Oleh Pylyp, 7521 Kalamazoo
Drive, Citrus Heights, CA
95610 is doing business under
the Fictitious Business
Name(s) “BUY R STUFF”
7521 Kalamazoo Drive, Citrus
Heights, CA 95610. Filed with

the Clerk of Sacramento County
September 8, 2026

Publish: Sept 18, 25, Oct 2, 9, 2026
BUY 10-9-26

Legal Advertising
916-483-0946

LEGAL ADVERTISING

Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 – February 7, 1984 • Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 – September 18, 1969
Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 – March 12, 2020 • The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 – March 21, 1988

2508 Garfield Ave. • Ste. A
Carmichael, CA 95608

FICTITIOUS BUSINESS
NAME STATEMENTS

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06864
AMP Inc., 7108 N Fresno Street
Suite 310, Fresno, CA 93720
is doing business under the
Fictitious Business Name(s)
“Enriching Lives” 11060 White
Rock Road Suite 180, Rancho
Cordova, CA 95670. Filed with
the Clerk of Sacramento County
September 2, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
ENRICHING 10-16-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-07123
Hansen Milkshake Company
LLC (UT), 6201 Chapel View
Lane, Citrus Heights, CA 95621
is doing business under the
Fictitious Business Name(s)
“Rachel’s Shake Stop” 6201
Chapel View Lane, Citrus
Heights, CA 95621. Filed with
the Clerk of Sacramento County
September 14, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
RACHELS 10-16-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-07120
Daniel M Cabral and Sons
LLC, 2108 N Street Suite N,
Sacramento, CA 95816 is doing
business under the Fictitious
Business Name(s) “Tiemcie” 200
P Street C22, Sacramento, CA
95814. Filed with the Clerk of
Sacramento County September
14, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
TIEMCIE 10-16-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-07038
Kelly A. Piccolo-Allen, 7933
Peerless Avenue, Orangevale,
CA 95662 is doing business
under the Fictitious Business
Name(s) “Cream & Clover Soap
Co.” 7933 Peerless Avenue,
Orangevale, CA 95662. Filed
with the Clerk of Sacramento
County September 10, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
CREAM 10-16-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-07019
Dolores Carmela Garcia, 4220
Goldsmith Court, Sacramento,
CA 95826 is doing business
under the Fictitious Business
Name(s) “Dolle G” 4220
Goldsmith Court, Sacramento,
CA 95826. Filed with the Clerk of
Sacramento County September
10, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
DOLLE 10-16-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06764
Robin Christopher Williams,
2219 River Trails Circle, Rancho
Cordova, CA 95670 is doing
business under the Fictitious
Business Name(s) “Cone
and Brew” 2219 River Trails
Circle, Rancho Cordova, CA
95670. Filed with the Clerk of
Sacramento County August 31,
2026
Publish: Sept 25, Oct 2, 9, 16, 2026
CONE 10-16-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06514
Francisco Alba, 1399
Sacramento Avenue #89, West
Sacramento, CA 95605 is doing
business under the Fictitious
Business Name(s) “Alba
Padilla Mobile Mechanic” 1399
Sacramento Avenue #89, West
Sacramento, CA 95605. Filed
with the Clerk of Sacramento
County August 20, 2026

Publish: Sept 25, Oct 2, 9, 16, 2026
ALBA 10-16-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-07121
Jaydon Marques Tolton, 7809
Rockhurst Way, Sacramento,
CA 95828 is doing business
under the Fictitious Business
Name(s) “Tolton Haul Co.” 6036
Wynnewood Court, Sacramento,
CA 95823. Filed with the Clerk of
Sacramento County September
14, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
TOLTON 10-16-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-05899
Instructional
Telecommunications
Foundation, Inc., 8310 S Valley
Hwy Suite 300, Englewood, CO
80112 is doing business under
the Fictitious Business Name(s)
“Mission Telecom” 8310 S Valley
Hwy Suite 300, Englewood, CO
80112. Filed with the Clerk of
Sacramento County July 27,
2026
Publish: Sept 25, Oct 2, 9, 16, 2026
MISSION 10-16-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06969
Omar Sanchez, 5416 Cheviot Hill
Court, Antelope, CA 95843 is doing
business under the Fictitious
Business Name(s) “Prime Auto
Detail” 5416 Cheviot Hill Court,
Antelope, CA 95843. Filed with
the Clerk of Sacramento County
September 8, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
PRIME 10-16-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06949
Oasis Residential Care LLC,
8638 Copper Canyon Way,
Antelope, CA 95843 is doing
business under the Fictitious
Business Name(s) “Oasis
Residential Care II” 7752
Rudyard Circle, Antelope, CA
95843. Filed with the Clerk of
Sacramento County September
8, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
OASIS 10-16-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-07216
Garcias Family Café Inc, 7659
Denio Way, Citrus Heights, CA
95610 is doing business under
the Fictitious Business Name(s)
“Ericas Cafe” 7451 Greenback
Lane, Citrus Heights, CA
95610. Filed with the Clerk of
Sacramento County September
16, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
ERICAS 10-16-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-07207
Evening Glow Coffee LLC, 4010
Tevere Place, El Dorado Hills,
CA 95762 is doing business
under the Fictitious Business
Name(s) “World Traveler Coffee
Roasters” 603 E. Bidwell Street
Suite A, Folsom, CA 95630. Filed
with the Clerk of Sacramento
County September 16, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
WORLD 10-16-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-07219
Joyous River Care Homes LLC,
6307 Oakcreek Way, Citrus
Heights, CA 95621 is doing
business under the Fictitious
Business Name(s) “Oakcreek
Cottage” 6307 Oakcreek Way,
Citrus Heights, CA 95621. Filed
with the Clerk of Sacramento
County September 16, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
OAKCREEK 10-16-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-07021
Merix Consulting LLC, 5960
South Land Park Drive #575,
Sacramento, CA 95822 is doing
business under the
Fictitious Business Name(s)
“Northstar Statewide Services/
Orion Access/American School
Roadmap/Hotter Profile” 5960
South Land Park Drive #575,
Sacramento, CA 95822. Filed
with the Clerk of Sacramento
County September 10, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
NORTHSTAR 10-16-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-07198
JeRenee Felix 7429 Wisconsin
Drive, Citrus Heights, CA 95610
is doing business under the
Fictitious Business Name(s)
“Tailored Notary & Tax Services/
TNT Services” 7429 Wisconsin
Drive, Citrus Heights, CA
95610. Filed with the Clerk of
Sacramento County September
16, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
TAILORED 10-16-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-07076
Ikigai Real Estate CA, 7900
Meadowridge Court, Fair Oaks,
CA 95628 is doing business
under the Fictitious Business
Name(s) “TPR Properties” 7900
Meadowridge Court, Fair Oaks,
CA 95628. Filed with the Clerk of
Sacramento County September
11, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
TPR 10-16-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-07222
Jamilie Hamlet, 2774 Mossy
Creek Street, Sacramento, CA
95833 is doing business under
the Fictitious Business Name(s)
“Passport Society” , 2774 Mossy
Creek Street, Sacramento, CA
95833. Filed with the Clerk of
Sacramento County September
16, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
PASSPORT 10-16-26

STATEMENT OF
ABANDONMENT OF
FICTITIOUS BUSINESS NAME

STATEMENT OF ABANDONMENT
OF FICTITIOUS BUSINESS NAME
FILE NO. FBNF2024-03009

The following person(s) has/
have abandoned the use of the
FICTITIOUS BUSINESS NAME
of: Well Accounted Bookkeeping,
5801 Topp Court, Carmichael,
CA 95608.
Jyenny Babcock, 6330 Sunrise
Boulevard #1031, Citrus Heights,
CA 95610.
The Fictitious Business Name
Statement was filed on April
19, 2024 in the County of
Sacramento.
Filed with the clerk of
Sacramento County: August 18,
2026.
Publish: September 4, 11, 18, 25, 2026
WELL 9-25-26

STATEMENT OF ABANDONMENT
OF FICTITIOUS BUSINESS NAME
FILE NO. FBNF2022-00501

The following person(s) has/
have abandoned the use of the
FICTITIOUS BUSINESS
NAME of: Forward Technology
Group, Inc., 6221 Samoa Way,
Carmichael, CA 95608.
Forward Technology Group Inc.,
6221 Samoa Way, Carmichael,
CA 95608.
The Fictitious Business Name
Statement was filed on January

24, 2022 in the County of
Sacramento.
Filed with the clerk of
Sacramento County: September
9, 2026.
Publish: Sept 25, Oct 2, 9, 16, 2026
FORWARD 10-16-26

STATEMENT OF ABANDONMENT
OF FICTITIOUS BUSINESS NAME
FILE NO. FBNF2024-03371

The following person(s) has/
have abandoned the use of the
FICTITIOUS BUSINESS NAME
of: Duck Island RV Park, 16814
HWY 160, Rio Vista, CA 94571.
Jim D. Weber and Karen M.
Weber. 2229 Manzanita Court,
Lodi, CA 95242.
The Fictitious Business Name
Statement was filed on April
30, 2024 in the County of
Sacramento.
Filed with the clerk of
Sacramento County: September
11, 2026.
Publish: Sept 25, Oct 2, 9, 16, 2026
DUCK 10-16-26

ORDER TO SHOW CAUSE
CHANGE OF NAME

SUPERIOR COURT OF
CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#26CV019993

Louis Cervantes Jr has filed a pe-
tition with this court for a decree
changing the name(s) of Louis
Cervantes Jr to Luis Guillermo
Cervantez.

IT IS ORDERED that all per-
sons interested in the above-en-
titled matter appear before this
court on May 6, 2027, at 9:00
a.m. in Department 16C, located
at 500 G Street, Sacramento, CA
95814, and show cause, if any,
why the petition for Change of
Name should not be granted.
Dated: August 24, 2026
Christopher E. Krueger, Judge of
the Superior Court
Publish: September 4, 11, 18, 25, 2026
CERVANTES 9-25-26

SUPERIOR COURT OF
CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#26CV018789

Christopher Garrett Niemeyer
has filed a petition with this
court for a decree changing the
name(s) of Christopher Garrett
Niemeyer to Christopher Garrett
Glasgow.

IT IS ORDERED that all per-
sons interested in the above-en-
titled matter appear before this
court on April 14, 2027, at 1:30
p.m. in Department 8D, located
at 500 G Street, Sacramento, CA
95814, and show cause, if any,
why the petition for Change of
Name should not be granted.
Dated: August 6, 2026
Julie G. Yap, Judge of the
Superior Court
Publish: September 4, 11, 18, 25, 2026
NIEMEYER 9-25-26

SUPERIOR COURT OF
CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#26CV018752

Jaswant Singh, Sandeep Kaur
has filed a petition with this
court for a decree changing the
name(s) of Rasleen Kajla to
Rasleen Kaur.
IT IS ORDERED that all per-
sons interested in the above-en-
titled matter appear before this
court on March 25, 2027, at 1:30

p.m. in Department 16D, located
at 500 G Street, Sacramento, CA
95814, and show cause, if any,
why the petition for Change of
Name should not be granted.
Dated: August 5, 2026
Richard Sueyoshi, Judge of the
Superior Court
Publish: September 4, 11, 18, 25, 2026
KAUR 9-25-26

SUPERIOR COURT OF
CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#26CV020380

Leilani Kalona Casarez has
filed a petition with this court for
a decree changing the name(s)
of Makoa Kaualoa Mithras Sol
Invictus Guadagnolo to Makoa
Kanaloa Casarez.

IT IS ORDERED that all per-
sons interested in the above-en-
titled matter appear before this
court on May 6, 2027, at 9:00
a.m. in Department 16C, located
at 500 G Street, Sacramento, CA
95814, and show cause, if any,
why the petition for Change of
Name should not be granted.
Dated: August 26, 2026
Christopher E. Krueger, Judge of
the Superior Court
Publish: Sept 11, 18, 25, Oct 2, 2026
CASAREZ 10-2-26

SUPERIOR COURT OF
CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#26CV021858

Nilufar Pulatova has filed a
petition with this court for a de-
cree changing the name(s) of
Sumayya Shakhzod to Sumayya
Pulatova and Musfira Shakhzod
to Musfira Pulatova.

IT IS ORDERED that all per-
sons interested in the above-en-
titled matter appear before this
court on June 3, 2027, at 9:00
a.m. in Department 16C, located
at 500 G Street, Sacramento, CA
95814, and show cause, if any,
why the petition for Change of
Name should not be granted.
Dated: September 9, 2026
Christopher E. Krueger, Judge of
the Superior Court
Publish: Sept 18, 25, Oct 2, 9, 2026
PULATOVA 10-9-26

SUPERIOR COURT OF
CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#26CV019188

Huiyu Wen has filed a peti-
tion with this court for a decree
changing the name(s) of Huiyu
Wen to Jade Wen Huiyu Eiri.

IT IS ORDERED that all per-
sons interested in the above-en-
titled matter appear before this
court on March 24, 2027, at 1:30
p.m. in Department 8D, located
at 500 G Street, Sacramento, CA
95814, and show cause, if any,
why the petition for Change of
Name should not be granted.
Dated: August 11, 2026
Julie G. Yap, Judge of the
Superior Court
Publish: Sept 18, 25, Oct 2, 9, 2026
WEN 10-9-26

SUPERIOR COURT OF
CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#26CV018968

Johnisha Wallace has filed a
petition with this court for a de-
cree changing the name(s) of
Johnisha Jonvia Wallace to

Joumee Andrea Henry.
IT IS ORDERED that all per-
sons interested in the above-en-
titled matter appear before this
court on April 14, 2027, at 1:30
p.m. in Department 8D, located
at 500 G Street, Sacramento, CA
95814, and show cause, if any,
why the petition for Change of
Name should not be granted.
Dated: August 7, 2026
Julie G. Yap, Judge of the
Superior Court
Publish: Sept 18, 25, Oct 2, 9, 2026
WALLACE 10-9-26

SUPERIOR COURT OF
CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#26CV021216

Angel Ann Marie Corey aka
Angel Corey-Heiser has filed a
petition with this court for a
decree changing the name(s)
of Angel Ann Marie Corey aka
Angel Corey-Heiser to Angel
Ann Marie Heiser.

IT IS ORDERED that all per-
sons interested in the above-en-
titled matter appear before this
court on October 22, 2026,
at 1:30 p.m. in Department
16D, located at 500 G Street,
Sacramento, CA 95814, and
show cause, if any, why the pe-
tition for Change of Name should
not be granted.
Dated: September 14, 2026
Richard K. Sueyoshi, Judge of
the Superior Court
Publish: Sept 25, Oct 2, 9, 16, 2026
HEISER 10-16-26

SUPERIOR COURT OF
CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#26CV011104

Rudolfo Buendia has filed a pe-
tition with this court for a decree
changing the name(s) of Rudolfo
Buendia to Ernesto Antonio Lira.

IT IS ORDERED that all per-
sons interested in the above-en-
titled matter appear before this
court on November 18, 2026,
at 1:30 p.m. in Department
8C, located at 500 G Street,
Sacramento, CA 95814, and
show cause, if any, why the pe-
tition for Change of Name should
not be granted.
Dated: May 8, 2026
Richard C. Mladich, Judge of the
Superior Court
Publish: Sept 25, Oct 2, 9, 16, 2026
BUENDIA 10-16-26

LIEN SALE

LIEN SALE 10/8/26 10AM
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CITY OF CITRUS HEIGHTS NOTICE OF PUBLIC MEETING

NOTICE is hereby given that on **Wednesday October 14, 2026, at 6:00 PM**, or as soon as the matter may be heard, the **City Council** of the **City of Citrus Heights** will hold a Public Hearing to consider the following action items related to the Community Development Block Grant (CDBG) program:

1) Draft 2027 CDBG Annual Action Plan and Funding Allocations

The purpose of the public hearing is to hear public comment on the draft 2027 CDBG Annual Action Plan and Funding Allocations. Final action on this item is scheduled to be considered by the City Council at its regular meeting on Wednesday, October 28, 2026.

The draft 2027 Annual Action Plan outlines the City’s proposed use of CDBG funds for the 2027 program year (January 1 – December 31, 2027). While the U.S. Department of Housing and Urban Development (HUD) has not yet announced the City’s official 2027 allocation, the City anticipates receiving approximately \$600,000. The draft plan proposes allocating the estimated funds among eligible activities, including public services, public infrastructure improvements and capital projects, as well as planning and administration.

All proposed activities must align with the goals and priorities identified in the 2025-2029 Consolidated Plan, which is the City’s five-year roadmap for the use of federal CDBG funds. These priorities were developed through public input, community engagement, and analysis of local housing and service needs. The plan focuses on supporting low- and moderate-income residents by improving access to affordable housing, upgrading infrastructure, enhancing community services, and creating economic opportunities.

This notice serves as part of the City’s efforts to meet federal citizen participation requirements. In accordance with HUD regulations, jurisdictions receiving CDBG funds must provide the public with reasonable access to program documents and offer opportunities to comment on the proposed use of funds.

The City of Citrus Heights welcomes public participation in City Council meetings. If you wish to address the Council during the meeting, please complete **City Council Meeting Speaker Identification Form**. There are three ways to submit public comment:

- In-Person Comment: Attend the City Council meeting in person. When called upon, step forward to the podium and state your name for the record. Speakers are generally limited to three (3) minutes. The Mayor may lengthen or shorten the allotted speaking time.
- Zoom Comment: To participate remotely, complete the Speaker Identification Form and join the meeting using the same name or telephone number provided on the form. This allows City staff to identify and recognize you when it is time for public comment.
- Written Comment: Submit written comments by 4:00 PM on the day of the meeting using the Speaker Identification Form. Written comments will not be read aloud during the meeting but will be forwarded to all Council Members and become part of the public record.

Pursuant to the Brown Act, the City Council is prohibited from discussing or taking action on items raised during Public Comment that do not appear on the posted agenda.

The draft 2027 CDBG Annual Action Plan will be available for public review beginning Tuesday, September 29, 2026, at the following locations:

- Citrus Heights City Hall – 6360 Fountain Square Drive
- Sylvan Oaks Library – 6700 Auburn Boulevard
- Citrus Heights webpage - **Community Development Block Grant | Citrus Heights, CA - Official Website**

The public review and comment period will begin Tuesday, September 29, 2026, through Wednesday, October 28, 2026.

In addition to providing comments during the public hearing, written comments may be submitted by:

- Mail:
Nicole Piva
Housing & Human Services Program Coordinator
6360 Fountain Square Drive
Citrus Heights, CA 95621
- Phone: 916-727-4752
- Email: nicolep@citrusheights.net

In compliance with the Americans with Disabilities Act, if you need this document in an alternative format or special assistance to participate in this meeting, please contact the ADA Coordinator at 916-725-2448. To ensure reasonable accommodation can be provided, please notify us at least 48 hours in advance. TTY/TDD users may contact the City through the California Relay Service by dialing 7-1-1. Language translation services will be provided for individuals with limited English proficiency when requests are made at least five (5) working days prior to the meeting.

By: 

Date Posted: 9/25/2026

Citrus Heights Messenger 9-25-2026

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Sierra Donor Services Honors Hispanic Heritage Month

Maggie Núñez: An Angel Living on Through Others

Sierra Donor Services News Release

SACRAMENTO, CA (MPG) - In recognition of Hispanic Heritage Month, Sierra Donor Services (SDS) is highlighting the critical need for more Latino organ donors in California. By sharing a story about a mother who honored her daughter's life through the gift of organ donation, Sierra Donor Services hopes to inspire more Hispanic families to learn about the life-saving impact of donation.

In California, nearly 20,000 people are waiting for a lifesaving transplant, and 49 percent of those waiting are Hispanic or Latino. For one California family, organ donation became a deeply personal decision following the loss of a beloved daughter.

Lodi resident Claudia Núñez is a single mother, caregiver and Sierra Donor Services Hispanic ambassador who maintains a busy schedule while finding time to give back to her community. Her compassion and selflessness were especially evident when she made the decision to donate her daughter's organs, giving two people the gift of life.

In 2014, Núñez welcomed her daughter Maggie, a healthy baby girl. At eight months, Maggie developed an illness that brought significant health challenges and changed the course of her life. Claudia was told by doctors that her child wouldn't live past the age of one. Despite that, Maggie continued to defy the odds and reached the age of ten.

Following Maggie's death, Núñez made the decision to donate her daughter's organs. Maggie's gifts saved the lives of two people: a Sacramento resident who had been waiting 15 years for a kidney transplant and a Pennsylvania resident whose



life was saved through a kidney and liver transplant. Through Maggie's gifts, Núñez's greatest loss became a lasting legacy of hope.

"Maggie taught my family what compassion is, and she also taught us that we must always keep fighting and never give up," said Núñez. "That is why, on the day we had to decide her fate, the choice to donate her organs was not difficult. Maggie gave two people a second chance at life. Her passing will always hurt but knowing that she continues living on in other lives brings me a deep sense of peace."

"We hope that learning about Claudia's story and her daughter Maggie empowers more Latinos to help our community especially during Hispanic Heritage Month," said Cristian Morales, Sr. External Affairs Coordinator at Sierra Donor Services. "Our Hispanic community has the power to save up to eight lives by becoming registered organ donors."

SDS works tirelessly to facilitate the donation of organs, corneas, and tissue, ensuring every gift is treated with the highest level of care and respect. As SDS reflects on the dire need of lifesaving transplants in the Hispanic community, the organization remains committed to its mission of saving and improving more Latino lives, honoring donors, celebrating recipients, and educating the public. We are calling all Latinos to become organ, eye and tissue donors by visiting SierraDonor.org. ★

Lodi resident Claudia Núñez is a single mother, caregiver and Sierra Donor Services Hispanic ambassador who maintains a busy schedule while finding time to give back to her community. Photo courtesy of Sierra Donor Services

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Fri-Sat Come before 3pm (Valid Time)

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(Small Room)

For 12 people \$210.00 + Gratuity
3Hours Karaoke + 2Pizzas + Pitcher Soda + 4 Main Dishes (14 inch)
(Medium Room)

For 14 people \$230.00 + Gratuity
3Hours Karaoke + 2Pizzas + Pitcher Soda + 4 Main Dishes (14 inch)
(Family Room)

For 18 people \$295.00 + Gratuity
3Hours Karaoke + 3Pizzas + Pitcher Soda + 6 Main Dishes (14 inch)
(Large Room)

For 28 people \$395.00 + Gratuity
3Hours Karaoke + 3Pizzas + Pitcher Soda + 6 Main Dishes (14 inch)
(Party Room)

Dishes To Choose From
12 inch Pizzas: Pepperoni, Cheese, Veggie, Hawaiian, Meat Lovers, Supreme, Buffalo, BBQ, Sausage, etc.
Main Dishes: Beef, Chicken, Pork, Lamb, etc.
Sides: Fried Rice, Noodles, etc.
Beverages: Soft Drinks, etc.

FROZEN & FISH DEPT

Seasoned Pollock Roe 1 lb
REG. \$19.99/EA
\$12.99/ea

Frozen Basa Swai Fillet 1 lb
REG. \$4.99/LB
\$3.49/lb

WEEKLY MEAT SPECIALS

Beef London Broil/Top Round Roast **\$4.99/lb**

Beef T-Bone Steak **\$5.99/lb**

Chicken Thighs Bnls/Sknls **\$1.99/lb**

Pork Hocks **\$1.99/lb**

Pork Cushion Meat Bnls/Sknls **\$2.99/lb**

Pork St Louis Ribs **\$3.99/lb**

WEEKLY HALAL SPECIALS

Chicken Thighs Bnls/Sknls **\$1.99/lb**

New Zealand/Australian Lamb Stew Meat-Bone In **\$6.59/lb**

Beef London Broil/Top Round Roast **\$5.79/lb**

FRESH PRODUCE

Mini Sweet Pepper 1 lb **\$2.49/pk**

Garlic Sleeved China 5 pc **\$1.39/ea**

Jalapeno Pepper **79¢/lb**

Green Papaya **99¢/lb**

Green Grape Premium **\$1.99/lb**

Seafood Mushroom 150 g **79¢/ea**

Carrot 5 lb bag **\$3.29/bag**

Big Taro **\$1.19/lb**

AMERICAN/HISPANIC GROCERY

Colavita Tagliolini Nests 16 oz **\$2.49/ea**

Angel Soft Mega Bath Tissue 18 rolls **\$15.99/ea**

Lipton Chicken Consommé 14.1 oz **\$1.99/ea**

Molina Mexican Vanilla Blend 8.3 fl.oz **\$2.79/ea**

Mi Hacienda Tortilla Chips (gluten free) 24 oz **\$3.99/ea**

ASIAN GROCERY

Twin Fish Dried Bean Curd Sticks 12 oz **\$4.99/ea**

UFC Spaghetti Sweet Sauce 1 kg **\$4.99/ea**

SPAM Cured Ham 12 oz **\$4.99/ea**

Spam with Tocino Seasoning 12 oz **\$4.99/ea**

Lady's Choice Sandwich Spread 15.89 fl.oz **\$6.99/ea**

Vina Café Coffee 100 sticks 63.5 oz **\$20.99/ea**

EUROPEAN GROCERY

Frantoia Extra Virgin Olive Oil 1 liter **\$31.99/ea**

Milenka Tea Biscuits 1 kg **\$4.29/ea**

Italian Grissini Bites Mini Breadsticks 200 gr **\$4.49/ea**

Ritter Sport Chocolate 3 Flavor 100 gr **\$2.99/ea**

Russian Product Buchnests 900 gr **\$2.49/ea**

EUROPEAN DELI

Columbus Pastrami **\$16.29/lb**

Columbus Applewood Ham **\$9.19/lb**

Green Olives Stuffed w/ Feta **\$7.59/lb**

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FROZEN & FISH DEPT

Dried Cod Fish 500 gr **\$12.99/ea**

HOUSEWARE

Electric Rice Cooker (4.5 QT) **\$54.99**

Electric Rice Cooker (7 QT) **\$59.99**

Electric BBQ Grill **\$39.99**

Veterans Center Brings Elvis to its Aloha Island Celebration



Traditional Hawaiian Dance Troupe Ka Pa Hula Kalama O Ha'aheo accompanied by the three-piece band Kua'aina setting the tone to enjoy the Aloha spirit throughout the evening.

Story and photos
by Elise Spleiss

CITRUS HEIGHTS, CA (MPG) - Elvis is in the building! Anticipation mounted as another year brought another full house to the Veterans Community Center in Citrus Heights. Center family and friends gathered for their annual fundraising “Island Celebration” on Aug 22.

The opening act was again members of the traditional Hawaiian Dance Troupe Ka Pa Hula Kalama O Ha'aheo accompanied by the three-piece band Kua'aina setting the tone to enjoy the Aloha spirit throughout the evening. The band also accompanied Elvis on his Hawaiian songs.

After an hour of Hawaiian song and dance, a different kind of dancing was about to commence. Finally, as the eager audience awaited the entrance of Elvis, he arrived and soon there was a whole lot of blushing going on. Elvis wasted no time combining his romantic numbers with his well-known playful serenading style, kneeling at many a lady's side, pointing and winking and inviting them to dance.

Several danced including



Lloyd's mom Leslie stopped by with a “comfort horse.”

our Mayor MariJane Lopez Taff who danced to almost the entire “Shake, Rattle and Roll” with Elvis. A few lucky ladies received one of Elvis's long thin, well sought after ‘sweaty scarfs.’

Other songs included “Jail House Rock,” “Blue Hawaii,” “Viva Las Vegas” and the “Hawaiian Wedding Song.” Elvis's showpiece, “How Great Thou Art” concluded the show.

One highlight took place during the final 8 p.m. encore performance hour. Elvis surprised Michelle with “A Portrait

of My Love” for them to dance to celebrate her and her husband Dan's 45 anniversary on that day. Dan had requested that song saying it is “everything I feel about this woman.” The audience all joined in.

Food is always a major part of a luau. The traditional Hawaiian buffet dinner, always a favorite, prepared with loving hands by Kitchen Manager Emma Brown, and her daughter Julia, would not be complete without Emma's perfectly cooked spam to go with the slow cooked kalua pig, chicken



Elvis serenades Mayor Mari-Jane Lopez Taff.

teriyaki, a special white rice and sauce from Guam, Emma's home country, exotic looking tropical fruits including star and dragon fruit, a sweet Hawaiian macaroni salad and Hawaiian salad. Dessert was pineapple upside down cake and macadamia nut cookies. All washed down with lightly infused water from the Tiki Bar.

Elvis tribute artist Lloyd Aron Douglas has been entertaining smaller, more intimate audiences such as the Veterans Center and small theatres for 15 years. When not entertaining his fans, Douglas's day job for the past six years has been serving his community as a mounted deputy sheriff with the San Joaquin Sheriff's Office. He has been in law enforcement for over 20 years. In the end Douglas had put on a show fit for “The King.”

Besides the garage sales, this luau is the center's main fundraiser for the year. All proceeds go to helping provide a free “safe room” for all military veterans who visit. The center is run entirely by volunteers and funded solely by donations and our two fundraisers. One hundred percent of proceeds support the

mission to serve veterans through various resources, activities, and midday meals five days a week. Those who have not personally experienced the horrors of war firsthand cannot appreciate the importance of a true “safe space” the center provides its veteran. There are still World War II, Korea and many Vietnam veterans who can only speak of their war trauma only to others with like experiences.

Their belief: Together we truly are one “ohana” (family) with the same purpose, to serve those who have so dutifully served us!” ‘Family’ the true meaning of “ohana.”

These events have become a tribute to the memory of VCC co-founders Jim Rounsvall who passed away in 2021 and Jeanne who passed away Aug. 10.

The outdoor garage sales and indoor estate and Elvis Presley collection sales have been rescheduled to Oct 2 and 3 from 8.a.m. to 4 p.m. Donations will be accepted through Oct. 2.

The center is open Monday through Friday from 9 a.m. to 1 p.m. For more information, contact 916-806-4852 or info@veteranscommunityctr.org. ★



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Are you or a member of your family a Veteran?

We can help with any questions you may have about Veteran benefits. You can also become a member as easy as 1,2,3! - Contact us at **916-947-7150** or come to our meeting held the **3rd Tuesday of every month** at Citrus Heights City Hall starting at 6:00pm.

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We are proud members of these newspaper associations.



Expo Highlights Healthcare Affordability, Innovation and the Growing Role of AI

California Agents and Health Insurance Professionals News Release

CITRUS HEIGHTS, CA (MPG) -Healthcare professionals from across California gathered Wednesday, Aug. 26, for the California Agents and Health Insurance Professionals Northern California (CAHIP NorCal) Business Expo, “Stronger Together,” for a day of education, conversation and collaboration focused on some of the most pressing issues facing the healthcare and employee benefits industry.

A central theme throughout the event was one that continues to affect employers, brokers



From left are Lauren Bayha, CAHIP NorCal President, Dr. Khuram Arif, President & CEO Western Health Advantage and Dr. Tina Johnson, Sacramento Market President Dignity Health discuss investments health insurance carriers are making to help reduce costs to consumers. Photo by Corinne Huey

and consumers alike: the rising cost of healthcare and what the industry can do to make care more affordable.

Speakers and industry leaders explored healthcare affordability

from multiple perspectives, including alternative funding strategies, wellness and prevention, healthcare pricing and transparency and opportunities to use data more effectively to help employers and consumers make informed decisions.

“Healthcare affordability is an issue that affects every part of our industry, but there is also a tremendous amount of innovation happening right now,” said Lauren Bayha, CAHIP NorCal president. “Bringing people together to share ideas and learn from one another is an important part of finding solutions that ultimately create better outcomes for employers and the people they serve.” ★

Water District General Manager Announces Retirement

Citrus Heights Water District News Release

CITRUS HEIGHTS, CA (MPG) - After more than 20 years of service to the Citrus Heights community, including a decade as general manager of Citrus Heights Water District (CHWD), Hilary Straus has announced his retirement effective Sept. 30.

Straus was appointed Citrus Heights Water District general manager in May 2016, following one year of service as assistant general manager.

“On behalf of the Board of Directors, we thank him for his service and wish him well in retirement,” shared CHWD

Board President Caryl Sheehan.

The board anticipated appointing an acting general manager at the Sept. 22 Board meeting. There is no further update as of press time.

About Citrus Heights Water District (CHWD)

The Citrus Heights Water District provides safe, high-quality water to over 70,000 customers in parts of Citrus Heights, Fair Oaks, Orangevale, Carmichael and Roseville. Established in 1920, we have proudly served Citrus Heights and surrounding communities for over 100 years. Learn more at chwd.org. ★

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CITRUSHEIGHTSMESSENGER.COM

ARREST LOGS UPDATED DAILY

Planning for Tomorrow's Water Today

Continued from page 1

program since 1998, and regional groundwater management efforts predate California's Sustainable Groundwater Management Act.

Conjunctive use may sound technical, but the idea is straightforward: when excess surface water, from rivers, lakes and reservoirs, is available, use it instead of pumping groundwater. This lets the aquifer replenish naturally, building a reserve for dry periods.

Long-term water reliability also requires looking beyond jurisdictional boundaries. Groundwater basins, rivers, and water systems must be operated together to maximize water supplies, which requires collaboration among water providers. Across the Sacramento region, agreements like the Water Forum 2050 Agreement and the ARTESIAN Agreement bring water providers together to manage surface water and groundwater as a shared regional resource, supporting reliable supplies, groundwater sustainability and healthy rivers.

No forecast can tell us exactly what the Sacramento region will experience this winter, or in the years ahead. Whatever conditions arrive, SSWD has spent years building the flexibility to adapt: protecting its main supply, groundwater, by accessing surface water when available and priced reasonably through partnerships with Placer County Water Agency and the City of Sacramento. Supplementing groundwater with surface water lets us reduce pumping when surface water is available,



SSWD has spent years building the flexibility to adapt: protecting its main supply, groundwater, by accessing surface water when available and priced reasonably through partnerships with Placer County Water Agency and the City of Sacramento. Photo designed by Magnific

allowing wells to rest and groundwater reserves to grow, while groundwater itself provides a reserve when conditions turn dry.

Taken together, these decisions leave SSWD well positioned for an uncertain winter and future. But preparedness isn't a finish line. As conditions become more variable, SSWD and water providers across the region must continue investing in the infrastructure, diverse water supplies and regional coordination that give us flexibility to adapt.

Customers don't, and shouldn't, have to think about everything that

makes the water run when they turn on the tap. That's our job. And doing that job well means continuing to prepare for conditions we may not see for years.

As another summer closes with renewed attention on water conditions, and we look toward a new water year in October, we should certainly ask how our water supplies look today. But we should also ask a more important question: What are we doing today to make sure we have reliable water decades from now?

The best time to prepare for the next dry year isn't when it arrives. It's before it begins. ★

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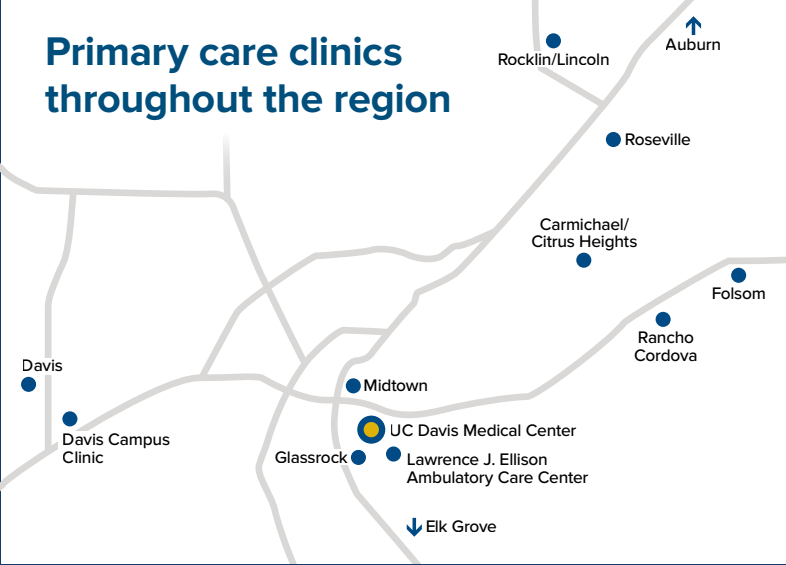
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