



**Civic Events Fill
Fall Calendar**

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The Official Newspaper of Record for the City of Rancho Cordova

Grapevine Independent

VOLUME 60 • ISSUE 42 PROUDLY SERVING RANCHO CORDOVA & SACRAMENTO COUNTY SINCE 1968 OCTOBER 16, 2026

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HELP**
By Mary Jane Popp



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City Hall Comes to Safetyville



Rancho Cordova city employees celebrate the completion of a new miniature City Hall at Safetyville USA with a ribbon cutting Oct. 5. Photo courtesy of Safetyville USA

By Ornella Rossi

RANCHO CORDOVA, CA (MPG) - Rancho Cordova city employees recently helped complete a new miniature City Hall at Safetyville USA, adding another landmark to the educational community designed to teach children important safety skills.

The city celebrated completion of the project Oct. 5 at Safetyville, 3909 Bradshaw Road in Sacramento.

Rancho Cordova employees volunteered their time to construct the building, taking part in demolition, construction

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Safetyville USA welcomes WEAVE Inc. to its miniature community. The nonprofit supports survivors of domestic violence, sexual assault and sex trafficking and promotes healthy, safe relationships. Photo courtesy of Safetyville USA

Animal Services Responds to Wildlife Calls



Rancho Cordova Animal Services recently responded to a call involving a baby rabbit, helping assess the animal and determine the appropriate next steps for its care. Photo courtesy of the City of Rancho Cordova

By MPG Staff

RANCHO CORDOVA, CA (MPG) - Rancho Cordova residents who encounter injured, trapped or displaced wildlife may be able to receive assistance from the city's Animal Services team, depending on the circumstances.

While many wildlife-related calls are handled by the California Department of Fish and Wildlife or the Sacramento County Agricultural Commissioner's Office, Rancho Cordova Animal Services can respond to certain situations involving wild animals.

The city's team generally handles calls involving trapped, sick or injured wildlife, animals that have entered homes, wildlife that has come into contact with people or domestic animals, and some suspected cases of wildlife cruelty.

Animal Services recently responded to separate calls involving a baby turkey and a baby rabbit, helping assess the young animals and determine the appropriate next steps for their care.

City officials advise residents not to handle wildlife they believe is injured or abandoned. Wild animals can pose safety risks, and young animals that appear to be alone may still have a parent nearby.

Residents who encounter a wild animal in distress are encouraged to leave the animal undisturbed and contact a wildlife professional for guidance.

Local resources include the Wildlife Care Association, 5211 Patrol

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Lorente Ready to Lead Cordova Athletics

By James Darnell

RANCHO CORDOVA, CA (MPG) - The Cordova Lancers' athletic department is entering a new era, as Michael Lorente was introduced by Cordova High School on Sept. 15 as its newest Athletic Director.

Lorente spent the past six seasons as the head boys' basketball coach and administrator at Destiny Christian Academy, which was previously known as Capital Christian. From 2021-2025, Lorente led the Destiny Christian Academy program to five consecutive league titles between both the Capital Athletic League and Metro League, including three

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Michael Lorente was introduced by Cordova High School on Sept. 15 as its newest Athletic Director. Photo by Rick Sloan

straight 20-win seasons from 2022-2025.

Lorente also earned Coach of The Year honors during the 2023-2024 season. During his time with the program, he helped 15 student athletes move on to play at the collegiate level and was the figurehead of one of the most successful teams in the state. Lorente also currently serves as the head coach of boys' basketball at American River College after taking the job earlier this year.

Prior to his recent stops, Lorente served as head coach at Rocklin High School (2010-2012), and was an assistant coach at ARC from 2013-2020. Now at Cordova, Lorente is impressed with what he

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City Hall Comes to Safetyville

Continued from page 1
and other work needed to replace or improve the miniature civic structure. The project gave city staff an opportunity to contribute directly to a long-running regional program serving children and families.
Safetyville is a miniature community designed to help children practice real-world safety skills in a controlled environment. It has served Sacramento-area families for decades as part of the Safety Center's educational programming. The roughly one-third-scale city includes streets, sidewalks, traffic signals, crosswalks and small buildings that allow children to learn about pedestrian, bicycle and traffic safety through hands-on activities.
The new City Hall adds a civic landmark to the setting while continuing the site's emphasis on making safety education more interactive for young visitors.
City officials said the project was

completed through teamwork among employees who volunteered outside their typical office responsibilities.
The Rancho Cordova exhibit was one of two additions celebrated at Safetyville during the week. The organization also welcomed WEAVE Inc., a nonprofit that supports survivors of domestic violence, sexual assault and sex trafficking while promoting healthy and safe relationships.
Safetyville said the two ribbon cuttings also highlighted new community partnerships at the miniature city. The site welcomes more than 20,000 visitors each year and works with businesses, nonprofits and public agencies interested in establishing exhibits or other partnerships.
Organizations interested in partnering with Safetyville can call 916-862-4070 or email sv@safetycenter.org.
More information about Safetyville, its programs and partnership opportunities are available at safetycenter.org. ★

CRPD's Shelby Golden Earns Accreditation in Public Relations

*By Haley O'Neill,
Cordova Recreation & Park District*

RANCHO CORDOVA, CA (MPG) - The Cordova Recreation & Park District (District) is proud to announce that District Communications Manager Shelby Golden has earned the Accreditation in Public Relations (APR) from The Public Relations Society of America (PRSA).

The APR is a professional credential that recognizes demonstrated knowledge, skills and commitment to the practice of public relations. To earn the accreditation, Golden completed a panel presentation featuring the District's "Make This Time Matter!" campaign and successfully passed a comprehensive examination demonstrating her knowledge and abilities in the field.
This accreditation is awarded through the Universal Accreditation Board to public relations professionals who demonstrate competence in the practice of public relations, successfully complete the required written and oral examinations and demonstrate a genuine commitment



Cordova Recreation & Park District Communications Manager, Shelby Golden. Photo courtesy of Cordova Recreation & Park District

to the development and growth of the profession.
"Earning my APR represents an important point in my growth as a public relations professional," Golden said. "Over the course of my career, I've learned that our greatest value is in building connections and trust with the communities we serve. It's in asking the right questions, understanding the big picture and helping shape the strategy behind what we aim to achieve.
Having the opportunity to share Make This Time Matter! throughout

my APR journey made the process truly meaningful since it represents our District philosophy in action. I look forward to applying what I've learned through the APR process as I continue to grow both as a public relations professional and a leader."
The Public Relations Society of America (PRSA) is the leading professional organization serving the communications community through a network of more than 400 professional and student chapters.
For more information, visit www.prsa.org. ★

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Animal Services Responds to Wildlife Calls

Continued from page 1
Road in McClellan, at 916-965-9453, and Sierra Wildlife Rescue, 777 Pleasant Valley Road in Diamond Springs, at 530-621-4661. The California Department of Fish and Wildlife can also be reached at 916-653-7664.
Additional information about Rancho Cordova Animal Services and the types of calls handled by the department is available at CityofRanchoCordova.org. Residents can also sign up for city news and updates at CityofRanchoCordova.org/ENews. ★



Rancho Cordova Animal Services recently assisted with a baby turkey, evaluating the young bird and helping determine the appropriate care. Photo courtesy of the City of Rancho Cordova

Civic Events Fill Fall Calendar



Rancho Cordova will mark Veterans Day on Wednesday, Nov. 11, with several community observances. Photo courtesy of the Cordova Community Calendar

By Ornella Rossi

RANCHO CORDOVA, CA (MPG) - Residents will have several opportunities in the coming weeks to meet city leaders, weigh in on a major development proposal, honor local veterans and give back to the community.

Events begin later this month and continue through mid-November.

Downtown DOVA community meeting
Residents can learn more about the proposed Downtown DOVA project during a community informational meeting from 5:30 to 7 p.m. Tuesday, Oct. 20, at Rancho Cordova City Hall, 2729 Prospect Park Drive.

City staff and members of the project team are expected to present information about the proposal and answer questions from community members.

The Downtown DOVA proposal has drawn community interest as plans move forward for a major new development envisioned for the city's downtown area.

Coffee with the Mayor
Residents looking for a more informal conversation with city leadership can join Mayor Garrett Gatewood for Coffee with the Mayor from 9 to 10 a.m. Tuesday, Oct. 27, at Bagel Cafe, 10933 Olson Drive.

The gathering gives community members an opportunity to meet Gatewood, ask questions and share ideas.

A second Coffee with the Mayor is scheduled for the same time and location Tuesday, Nov. 17.

State of the City set for Nov. 10
Gatewood will deliver Rancho

Cordova's 2026 State of the City address Tuesday, Nov. 10, at the Sacramento Marriott Rancho Cordova, 11211 Point East Drive.

This year's theme is "Building for What's Next."

A public reception begins at 5 p.m., followed by the State of the City address at 6 p.m. Admission and parking are free.

The annual address gives city leaders an opportunity to review recent developments and discuss priorities and plans for Rancho Cordova's future.

Community to honor veterans
Rancho Cordova will mark Veterans Day on Wednesday, Nov. 11, with several community observances.

American flags will line Folsom Boulevard from Nov. 8 through Nov. 12 as part of the city's annual salute to members of the U.S. armed forces.

The tribute will continue Nov. 12 with a Veterans Day blood drive at Rancho Cordova City Hall, 2729 Prospect Park Drive.

The blood drive is scheduled from 11 a.m. to 2:45 p.m. and is being held in partnership with Vitalant and the Cordova Community Council.

Donors must generally be at least 16 years old, in good health and weigh at least 110 pounds. Donors who are 16 must bring a signed Vitalant parental consent form. Participants should bring a valid photo ID, eat before donating and drink plenty of water.

Appointments are encouraged, although walk-ins will be accepted as space allows. ★

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WEEKLY MEAT SPECIALS

Beef London Broil/Top Round Roast REG. \$5.99/lb \$5.49/lb	Beef Ribeye Roast Boneless REG. \$8.99/lb \$8.49/lb	Chicken Leg Quarters REG. \$3.49/lb 89¢/lb
Pork Butts Bone-In REG. \$2.49/lb \$2.49/lb	Pork Neck Bone Bone-In REG. \$1.99/lb \$1.99/lb	Pork St. Louis Ribs REG. \$3.99/lb \$3.99/lb

WEEKLY HALAL SPECIALS

Chicken Leg Quarters REG. \$5.99/lb 99¢/lb	New Zealand/Australian Lamb Shoulder Chops Bone In REG. \$6.49/lb \$6.49/lb	Beef London Broil/Top Round Roast REG. \$5.69/lb \$5.69/lb
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FRESH PRODUCE

Red Grape Premium Seedless REG. \$1.99/lb \$1.29/lb	Whole White Mushroom 8 oz REG. \$2.29/pk \$2.59/ea	Rainbow Bellpepper 2 lb Bag REG. \$2.69/bag 99¢/lb	Russet Potato 10 lb Bag REG. \$2.99/bag \$12.99/box
Satsuma Mandarine REG. \$1.99/lb \$1.29/lb	Assorted Mushroom 400 g REG. \$2.59/ea \$2.59/ea	Fuyu Persimmon REG. \$2.69/bag 99¢/lb	Young Thai Coconut w/ Straw 6 ct REG. \$2.99/bag \$12.99/box

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ASIAN GROCERY

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EUROPEAN DELI

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Ruben Ramirez Named Hawk of the Week

Men's Soccer Sophomore Ruben Ramirez Two-Goal Performance Against American River Seals the Win for the Hawks

Consumnes River College
News Release

SACRAMENTO, CA (MPG) - Cosumnes River College men's soccer defender Ruben Ramirez has been named the Hawk of the Week following a standout performance in the Hawks' 4-1 victory over American River College on Oct. 2 in Big 8 Conference action.

Ramirez delivered the turning point of the match, scoring twice in a span of just 1:44 early in the second half to erase a 1-0 half-time deficit and put the Hawks in front.

American River opened the scoring in the eighth minute and carried its lead into the halftime break. Cosumnes River came out of the locker room with a completely different level of urgency, and Ramirez was at the center of the turnaround.

In the 49th minute, Ramirez found the equalizer off an assist from Angel Castillo, scoring his first goal of the season to bring



Cosumnes River College men's soccer defender Ruben Ramirez has been named the Hawk of the Week following a standout performance in the Hawks' 4-1 victory over American River College. Photo courtesy of Cosumnes River College

the Hawks level at 1-1.

Less than two minutes later, Ramirez struck again.

At 49:56, the Hawks defender scored an unassisted goal to give Cosumnes River a 2-1 advantage. The quick pair of goals

completely shifted the momentum of the match and sparked a four-goal second-half outburst for the Hawks.

Ramirez's two goals were not only his first two of the season, but also came at a critical

moment as Cosumnes River looked to open Big 8 Conference play with a victory.

The Hawks continued to build on Ramirez's momentum throughout the second half. Krisztian Anderson extended the

lead to 3-1 in the 57th minute with an assist from Raghib Jami, before Sean Miller capped the scoring with an unassisted goal in the 59th minute.

By the final whistle, Cosumnes River had turned a one-goal halftime deficit into a convincing 4-1 conference victory.

The Hawks finished the match with nine shots, including five on goal, while limiting American River to just one shot and one shot on goal. Cosumnes River also held a 4-1 advantage in corner kicks.

Ramirez finished with two shots and two goals, while Castillo and Jami each recorded an assist. Miller and Anderson also contributed goals during the second-half surge.

Defensively, Sergio Duarte played 73:21 in goal and recorded one save, while Prithvi Pillay played the opening 16:39.

The victory moved Cosumnes River to 3-1-5 overall and 1-0 in Big 8 Conference play. ★

River Cats' Chris Shastid Named Pacific Coast League Groundskeeper of the Year

Sacramento River Cats
News Release

WEST SACRAMENTO, CA (MPG) - Minor League Baseball announced Sacramento River Cats Vice President of Field Operations, Chris Shastid, as the Pacific Coast League Groundskeeper of the Year. The winners were selected using the results of surveys of league managers, players and executives throughout the 2026 season.

In his 14th year with Sacramento, he delivered an exceptional playing surface for 156 total baseball games. That includes 75 Athletics games, 75 River Cats games, a Giants exhibition game, two Banana Ball games and three upcoming Cosmic Baseball games.

Shastid, alongside his Field Operations Managers, Carson Race and Alexis Rogers, kept the Sutter Health Park field ready for twice as many games as any other minor league team while navigating one of the most demanding schedules in professional baseball.

"Chris and his team met an extraordinary challenge again this season, delivering an exceptional playing surface for 156 games," said River Cats President and



Sacramento River Cats Vice President of Field Operations, Chris Shastid, has been named as the Pacific Coast League Groundskeeper of the Year. Photo courtesy of Sacramento River Cats

COO Chip Maxson. "Game after game, he earned consistent praise from baseball operations, clubhouse staff and veteran groundskeeping professionals. We're proud to see Chris earn this well-deserved

recognition for the leadership, care and commitment he brings to Sutter Health Park every day."

Shastid led his groundskeeping team in meeting the distinct needs of two home

teams, balancing each club's preferences for infield, mound and home plate firmness, playability and overall turf speed. His leadership and attention to detail ensured a consistently exceptional playing surface at Sutter Health Park.

"Chris exemplifies what it means to be an outstanding Minor League groundskeeper through his leadership, dedication, and unwavering commitment to the playing surface at Sutter Health Park," said Clay Wood, Head Groundskeeper, Oakland Coliseum, "He leads his crew with professionalism and pride, creating a culture where attention to detail, accountability and teamwork are the standard every day. Managing the field for both the A's and the River Cats presents an incredible challenge, yet Chris and his crew consistently deliver a playing surface of exceptional quality regardless of the demands placed upon it."

Groundskeeping excellence extends beyond a field's appearance to the trust it earns from players, coaches and colleagues. Shastid earned that trust time and time again, prioritizing player safety, supporting competitive integrity and elevating the ballpark experience for players and fans alike.★

Cosmic Baseball Announces Returns in 2027



Sacramento River Cats
News Release

WEST SACRAMENTO, CA (MPG) - The 2027 Cosmic Takeover Tour is landing at Sutter Health Park! Following their sold-out 2026

tour, Cosmic Baseball has released its 2027 touring schedule across 44 Minor League Ballparks.

With the success of the 2026 season, resulting in over 74 sold out games and playing in front of 750,000 fans, Cosmic Baseball

announces a new season of high energy entertainment that blends professional baseball with a full-scale neon phenomenon.

Each game showcases the flagship team, the Cosmic Chili Peppers, and their rivals, the Glow

Mojis, competing while transforming the ballpark into a nighttime performance fueled by black lights, UV-reactive gear, live DJ, and interactive fan engagement.

Fans are encouraged to join the ticket lottery today for the

chance to secure tickets for the 2027 Sacramento dates, to be announced. Fans can also stay up to date on news regarding Cosmic Baseball by following the teams on social media or visiting chilipeppersbaseball.com. ★

Kawaharada Leads American River Women

American River College
News Release

LIVERMORE, CA (MPG) - The American River College women's cross country team showcased both front-end strength and team depth at the Chabot Twilight on Sept. 26 at Las Positas College.

Sophomore Vanessa Kawaharada led the Beavers in the women's 5k, finishing second overall in 18:44.5, finishing just behind Chabot's Maya Garcia.

Fellow sophomore Delaney Sherr also turned in a strong performance, placing seventh overall in 19:51.3.

While Kawaharada and Sherr competed in the 5k, the remainder of the team competed in the 3k. Freshman Lesly Rojas led the Beavers in the shorter race, crossing the line in 11:19.0 to finish eighth overall and seventh among scoring runners. Freshman Brianna Williams followed in

11:28.4, with Gwendolyn Salas finishing in 11:45.8. ARC continued to pack runners closely behind its leaders. Sheena Raghuraman finished in 11:51.8, Jessica Lundberg in 11:52.9 and sophomore Kiyah Salers in 12:08.8.

Elise Moffatt crossed in 12:50.6, followed by Olivia Aguirre in

13:14.8, Madilyn Mergens in 13:21.3, Emily Marchetti in 13:50.8, and Sofia Ait Himmi in 13:52.8.

With the postseason approaching, American River continues to build depth behind its top runners as the Beavers prepare for the most important races of the season. ★

Lorente Ready to Lead Cordova Athletics

Continued from page 1

sees and is excited to get going. When asked about his feelings about coming over to Cordova, he did not mince words. “It feels great,” Lorente said. “I’m impressed by the amount of community support that the school has. I’m super excited and humbled to be a part of leading the charge moving forward. I really like the leadership here. We’ve got a tremendous staff. The kids are great and I think we’ve got so much potential. I think where we’re going is going to be unprecedented. The school has a rich history, but I think where we’re going is going to surpass what history has provided.” Lorente takes over the Cordova athletic department that was previously led by Lancers’ varsity football coach JP Dolliver, who elected to step down from the position in order to focus more on football. Enter Lorente, who recognizes the rich history and tradition that

Cordova has, and intends on upholding those traditions while also ushering the various sports programs into a new era. “It’s very important,” Lorente said when asked about what honoring past traditions at the school means to him. “I’ve been in a lot of meetings with the city and RC Sac who is a tremendous supporter of our programs. I think there’s tremendous parent support. The leadership starting from Mr. Swanson, the superintendent all the way down to myself and mid-level management here with our site leaders, everyone is really aligned with honoring the history. I think it’s really critical that we honor the history, but I also think it’s critical that we don’t get stuck looking in the rear view and we focus on looking out the windshield. I think it’s really important to know where we’ve been but also understand where we’re going and honor the history but really focus on the future.” ★

Mills Students Restore Staff Parking Tradition



Under the direction of visual arts teacher Heather Schlesinger, students designed and painted a new mural on the designated parking space during the week of Sept. 14. Photo courtesy of Folsom Cordova Unified School District

By MPG Staff

RANCHO CORDOVA, CA (MPG) - Students in the Visual Arts Department at Mills Middle School have restored a campus tradition by repainting the school’s Employee of the Month parking space after the original artwork was lost during a parking lot resurfacing project.

Under the direction of visual arts teacher Heather Schlesinger, students designed and painted a new mural on the designated parking space during the week of Sept. 14.

Mills Middle School began the Employee of the Month parking tradition during the 2024-25 school year. Each month, the employee selected for the recognition is given use of the specially decorated parking space.



The restored parking space is now back in use as part of Mills Middle School’s Employee of the Month program. Photo courtesy of Folsom Cordova Unified School District

The original artwork was created by Schlesinger’s visual arts students when the tradition began. The mural was later covered when the school parking lot was resurfaced.

Students decided to recreate the project this school year, developing a new design and repainting the space.

The project combines

the school’s visual arts program with its monthly employee recognition efforts, giving students an opportunity to contribute artwork to the campus while recognizing staff members.

The restored parking space is now back in use as part of Mills Middle School’s Employee of the Month program. ★



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★ CALIFORNIA ★ POLICY AND ETHICS

BY JOSH F.W. COOK

CA Water Woes a Plenty

By Josh Cook

Native American tribes are now contesting the Federal Energy Regulatory Commission’s relicensing of Oroville Dam—something they could not do when the dam was first licensed more than 60 years ago. That challenge adds another layer of legal uncertainty to a water regulatory system already running on borrowed time. California’s water infrastructure has barely grown since the Oroville Dam was completed in nineteen sixty-eight. The state has added millions of people since then. Still, no comparable storage or conveyance projects have followed—Sites Reservoir, the one major new reservoir in decades, is still only about one million acre-feet in the best case. Population outran the plumbing (infrastructure), and the gap is why you have a miserable low-flow shower to start your day every day. California faces a projected nine-million-acre-foot annual water gap by 2024, driven by weather changes, shrinking snowpack, and regulatory shifts. The new State Water Plan 2028 sets that as its first statewide target: roughly two Shasta Reservoirs of supply to replace. On top of all that, the Colorado River is tightening. Under the Trump administration’s twenty twenty-seven and twenty twenty-eight operating plan, California

must cut four hundred forty thousand acre-feet a year—about twelve percent of its allotment—while Arizona and Nevada take deeper reductions. Reservoirs are at record lows, and the federal Bureau of Reclamation controls the taps. Meanwhile, the Sustainable Groundwater Management Act is ending the era of unlimited pumping in the Central Valley. Local agencies are now imposing limits and fees; some farmers are already leaving fields dry, and up to 900,000 acres may eventually go fallow. The Delta tunnels remain unfinished. The Delta Conveyance Project has cleared some federal biological reviews but still faces court fights, financing questions, and water-rights decisions. Construction is unlikely before twenty twenty-nine at the earliest. All of this leaves California’s water system dependent on federal support. The state cannot balance its own books without Bureau of Reclamation operations, Colorado River agreements, and federal actions by EPA, NOAA, National Marine Fisheries, and collaboration with Federal Indian Tribes on treaty-level land and water rights. Sacramento is effectively waiting on Washington—and on Trump—to keep the system from breaking, and without cooperation, the system will cease to function.

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Sacramento Celebrates Completion of American River Bridge Project

Dignitaries, Law Enforcement and Cycling Advocates Celebrate Accomplishment



The improved bridge provides a multimodal connection between downtown and eastern Sacramento, linking residents and travelers to medical centers, employment opportunities and major activity hubs. Photo courtesy of California Department of Transportation

California Department of Transportation News Release

SACRAMENTO, CA (MPG) - On Oct. 7, local dignitaries, law enforcement officials, cyclists and other Caltrans partners gathered at Cal Expo to celebrate the completion of the \$288 million American River Bridge Rehabilitation Project.

The rehabilitation project of the American River Bridge on State Route 51/Capitol

City Freeway from north of the B street underpass to north of the Exposition Boulevard overcrossing in Sacramento included replacing the bridge deck, protecting the bridge piers from scour, and adding a Class I bicycle path, creating a dedicated bicycle connection across the American River.

“This project aligns with Caltrans’ mission of improving lives and communities through transportation,” said Caltrans District 3 Director Sergio

Aceves. “The bridge is safer, ride quality is improved, and it provides new access for bicyclists and pedestrians.

The improved bridge provides a multimodal connection between downtown and eastern Sacramento, linking residents and travelers to medical centers, employment opportunities and major activity hubs.

The rehabilitation helps preserve a critical piece of Sacramento’s transportation infrastructure while providing

a safer, more durable and more connected route across the American River.

The department issues construction updates on X @ CaltransDist3 and on Facebook at CaltransDistrict3. For real-time traffic, click on Caltrans’ QuickMap or download the QuickMap app from the App Store or Google Play.

Caltrans District 3 is responsible for maintaining and operating 4,385 lane miles in 11 Sacramento Valley and

Northern Sierra counties. Caltrans reminds motorists to “Be Work Zone Alert” and slow in construction zones for the safety of travelers and crews performing these improvements.

The department issues construction updates on X @ CaltransDist3 and on Facebook CaltransDistrict3. For real-time traffic, click on Caltrans’ QuickMap or download the QuickMap app from the App Store or Google Play. ★

Agriculture Contributes Nearly \$1.2 Billion to Local Economy, Supports 6,924 Jobs



Sacramento County agriculture had a 2025 gross production value of \$550.3 million, up 2.6% from the prior year. Photo courtesy of Sacramento County

Sacramento County News Release

SACRAMENTO, CA (MPG) - Sacramento County agriculture pumped \$1.198 billion to the local economy in 2024 and supported 6,924 jobs, Agricultural Commissioner/Sealer of Weights & Measures Chrisandra J. Flores announced Oct. 6 while presenting the County’s 2025 Crop and Livestock Report to the Sacramento County Board of Supervisors.

“This year’s Crop and Livestock report goes beyond our usual assessment,” said Flores. “Instead of stopping at farm production values, it includes a 14-page special report that quantifies local food

processing, employment and economic ripple effects across the county. The findings offer vital information for anyone who values a vibrant, resilient local economy.

Sacramento County agriculture had a 2025 gross production value of \$550.3 million, up 2.6% from the prior year.

Wine grapes remained the county’s leading commodity at \$164.4 million, followed by processed tomatoes, market milk, pears, aquaculture, nursery stock, poultry, cattle and calves, almonds and rice.

In 2024, the latest year for which complete data is available, agriculture

contributed \$1.198 billion to the county economy when production, local processing and multiplier effects are included. This represented over three million dollars per day (approximately \$3,281,000) or about \$136,700 per hour and \$2,300 per minute.

Agricultural production and processing directly supported 4,977 jobs, plus another 1,947 from multiplier effects, for a total of 6,924 jobs.

As measured by a widely used index, Sacramento County agriculture has a high level of economic diversification across commodity types, which has provided critical stability and resilience to

the agricultural industry and to the larger county economy.

The findings provide policymakers, agricultural producers, and community leaders with a clearer understanding of agriculture’s true economic footprint and the information they need to make informed decisions.

The Sacramento County 2025 Crop and Livestock Report—including its 14-page economic analysis—may be viewed on the Department of Agriculture, Weights and Measure website. A limited number of printed copies of the report are available at the Agricultural Commissioner’s Office at 4137 Branch Center Road in Sacramento.★

Federal Grant Furthers Critical Homeless Services



Congresswoman Doris Matsui secured and presented Sacramento County with a \$1 million grant to further that mission on Oct. 6 at the Florin Road Safe Stay Community. Photo courtesy of Sacramento County

Sacramento County News Release

SACRAMENTO, CA (MPG) - The road from being housed to unhoused to being housed again is not circular or linear. It is fraught with turns, breakages and twists that no one can predict or always avoid. A person’s ability to fully circumvent homelessness isn’t always up to them; it also depends on the support they have around them, the environmental factors they live in and the uncontrollable circumstances in which they live their lives. So many people are one catastrophic life event away from homelessness—but for some, that life event never comes.

But for many, that life event does come. And they don’t have families to care for them, to

offer them a bed, or to help with bills, food, childcare and transportation—essential elements we need to continue working, going to school and keeping ourselves afloat.

Not everyone living on the streets is on drugs. Not everyone on the streets is suffering from an acute mental illness. Not everyone is there by choice, and many—so many—are actively working to change their circumstances.

Sacramento County, in partnership with nonprofit partners, its cities, and with state and federal funds, is working tirelessly to lift people out of these circumstances, put them back on their feet in whatever way makes sense for them, and put them back on the straightest path to rehousing.

Congresswoman Doris Matsui secured and presented Sacramento County with a \$1 million grant to further that mission on Oct. 6 at the Florin Road Safe Stay Community. Open since August 2023 and now run by partner Five Keys, the Florin Road Safe Stay Community was the county’s first tiny home campus. Having now served more than 614 people, with a 35% successful outcome rate, these funds will further the goal of increasing successful outcomes and moving more people from the street to shelter to housing as quickly and successfully as possible.

“This infusion of critical funding comes at a pivotal moment in Sacramento County’s mission to continue its success in addressing homelessness in impactful

and unique ways,” said District 2 Sacramento County Supervisor Patrick Kennedy. “We’re grateful to Congresswoman Matsui’s tenacity in working for Sacramento and for the important work of addressing homelessness when funding is rapidly dwindling. We’re grateful for her continued advocacy in Washington.”

The Florin Road Safe Stay was the County’s first individual-occupancy-style shelter. After the success of Project Roomkey during COVID, the county pivoted its old sheltering model to focus on what people said yes to: privacy, a locking door and a place where they could shelter with a partner, their pet and their possessions in dignity. A shelter that was near the neighborhood

where they camped—near whatever support system they deemed important to them.

“It is difficult to build a stable future when your most basic needs aren’t being met. At Florin Safe Stay, we are providing people with something critically important: a safe place to begin again,” said President and CEO of Florin Road Safe Stay Heather Calomese. “At Five Keys, we believe something very simple: Your circumstances today do not determine your possibilities tomorrow.”

Homelessness does not have to define people. It does not need to be the last chapter of their story. It is part of their story, but so are the helpers—we can all rewrite the end of the story together. ★

COMICS & PUZZLES

The Spats

by Jeff Pickering

THIMBLE THEATRE PRESENTS

POPEYE

BY RANDY MILLBLAND

Amber Waves

by Dave T. Phipps

Out on a Limb

by Gary Kopervas

HOCUS-FOCUS

BY HENRY BOLTINOFF

Differences: 1. Arm is shorter. 2. Saw blade is longer. 3. Hat is thinner. 4. Finger is moved. 5. Leg is thinner. 6. Tree is thinner.

TIGER

by BUD BLAKE

GRIN AND BEAR IT

by Dave T. Phipps

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CLUES

ACROSS

1. Diver's acronym

6. *Bat wood

9. 1970s "pet"

13. *High-flying fly ball

14. *Tampa Bay player

15. Round loaf, in Paris

16. Oak fruit

17. Golf peg

18. Investigative report

19. *Winningest World Series team

21. *How many feet between bases?

23. Help

24. Queen of Hearts' pastry

25. *80-game restriction, e.g.

28. Cecum, pl.

30. Mr. Miyagi's forte

35. Some soaps have none

37. Mobile phone in Britain, slangily

39. Heat-conducting solid

40. Australian palm

41. Borders on

43. Large African antelope

44. Campus VIPs

46. *Umpires: Men in

47. Wednesday Addams' roommate

48. *Babe Ruth, a.k.a. the ____ of Swat

50. Campaign worker

52. Before, old-fashion

53. Buck or doe

55. GDP predecessor

57. *Grand slam/home run with bases ____

60. *____-inning stretch

64. Courteous and respectful

65. Large coffee pot

67. Habituate

68. Administer ceremonial oil

69. Bird word

70. Come in

71. Magnifying glass

72. Flow's partner

73. Classroom furniture pieces

DOWN

1. Fix a cat

2. Kind of cola

3. "Once ____ a time..."

4. Muslim woman's cover

5. Relating to apnea

6. Crafts' partner

7. Ed's request

8. Laughing predator

9. *Record holder for most career hits

10. Give a boot

11. Modeling material

12. Piano's E or G, e.g.

15. Small chicken variety

20. Organ swelling

22. Rub the wrong way

24. Arranged in rows and columns

25. *Record holder for most career home runs

26. Farewell, in France

27. Edible cactus

29. *One of five first Hall of Fame inductees

31. Blood vessel network

32. Repent

33. Short-trunked ungulate

34. Exclude or omit

36. Rave's partner

38. Purse on red carpet

42. Swamp plant

45. Equestrian's seat

49. Born, in bio

51. Begrudged

54. Derive

56. Tubular pasta

57. *Third base ____

58. Kitchen appliance

59. Pains

60. Nose-in-the-air type

61. Bonkers

62. Hiker's journey

63. Not his

64. *____ Ripken Jr.

66. *Umpire's blown call

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Kings Korner

By V.G. Harris

Let ‘Em Play

By V.G. Harris

After witnessing two home games at the Golden One Center, I can unequivocally state that the Sacramento Kings fans have lost none of their passion for NBA basketball.

Although not a sellout crowd, the home fans rooted on their Kings with true enthusiasm and passion.

To many fans myself included, we were puzzled as to why coach Christie made the decision to sit out Ben Simmons, Malik Monk and Keegan Murray. I later learned that Monk was nursing a toe sprain, but there was no report as to why Simmons and Murray were held out for the first two preseason games.

The Lakers meanwhile put their full contingent on display, and the final score recorded the results. In the first game it was over by half time as the Lakers took a more than 30-point lead and never looked back.

In the Thursday game in Los Angeles while the Lakers star Luka Doncic put on a show, once again coach Christie had veterans sitting on the bench. Neither Domantas Sabonis nor Vach Lavine recorded a single minute, and once again the outcome was predictable.

What makes this apparent strategy so strange, is that if there is one intangible that most pundits and fans agree is critical to winning it is team chemistry. Team chemistry can only develop if players have the opportunity to play together, and what better time to get the ball rolling than the preseason.

The Sacramento fans finally got to see a cameo appearance from Ben Simmons and Keegan Murray Saturday night against the Golden State Warriors. Simmons recorded nine minutes of action and Murray was on the hardwood for a total of eight. Although Simmons did not grab a single rebound, he scored seven points and went three for four from the charity stripe. Murray managed five points and no rebounds, but at least the fans got a glimpse of the two players expected to make an impact in the upcoming season.

The play thus far has fans scratching their heads, and without a full contingent of players on the floor, what is being witnessed is a hodge-podge that does little more than confuse fans.

Five or six preseason games doesn’t allow for a lot chemistry to develop, so let’s get these players on the court and let them adjust to one another. Rotations and minutes remain a critical component and fans are already finding their favorites.

Whether Darius Acuff Jr., Emmanuel Sharpe, Alex Karaban, or some of the second-year players, fans want to see these players on the court and getting enough of a look to see what they’ve got offer.

Emmanuel Sharpe has impressed from the get-go, and if coach Christie is honest about finding players that exemplify defense, look no further than young Sharpe. Sharpe not only is playing exemplary defense, but he is also a capable scorer as well.

What will be interesting is whether his standout play will translate to the regular season, and will he receive 20-25 minutes per game?

It is way too early to become overly critical although I’m certainly confounded with this rather odd beginning to the preseason.

I will give coach Christie and the staff the benefit of the doubt and presume that he is being overly cautious with Simmons and Murray while trying to avoid early injuries.

At some point basketball players have to play basketball, and no doubt that is what we will see.

Looking for the positives, especially during the preseason, before the real action gets started, has to be the order of the day. I firmly believe that the Kings will begin to gel when they actually find themselves on the court together and can begin the process of building that ever-essential team chemistry.

Make no mistake about it, there is abundant talent on the team right now, and I’m looking forward to the night that it all comes together.

Two areas that concern me most are guarding the three-point line and getting the team to shoot a higher percentage from the line. These two areas are ever so critical, and at the moment the Kings have gotten off to a tepid start in both categories.

Stay tuned Kings fans, because the real action is about to start!

All the best! ★

California’s Hallmark Economic Sectors are Confronting Threats to Their Survival



By Dan Walters, CALMatters.org

California’s economy is not only one of the world’s largest at more than \$4 trillion but one of its most diverse.

No single industry dominates. Rather, there are three hallmarks with global reach — film and TV production, technology and large-scale agriculture — and a variety of less famous sectors.

In terms of sheer financial and employment importance, healthcare is California’s biggest economic activity at something over \$500 billion a year, most of which comes from federal and state governments.

Southern California’s logistics industry — the movement of goods through its ports and its vast warehousing and transportation complexes — dwarfs Hollywood in economic importance. And tourism is huge in both of California’s major urban centers.

These are uncertain times for California’s economy. It has not fully recovered from the economic shutdown during the COVID-19 pandemic, it still has more than a million unemployed workers, and its 5.1% unemployment rate is currently tied for the highest of any state.

Economic turbulence is especially strong in California’s three hallmark sectors and could have existential importance.

The recent kerfuffle over the merger of two Hollywood icons, Paramount and Warner Bros., underscored fears that Southern California is losing its dominance of film and TV production to other states and nations. The region has lost thousands of production jobs in recent years and the state government has attempted to stem the outflow with an array of subsidies.

Politico put it this way: “It all amounts to an existential crisis for the state’s leaders — one that this year’s candidates for governor and Los Angeles mayor confront as readily as those stumping in West Virginia grapple with questions over whether the coal mines will come back, or those in Michigan over whether the automotive assembly lines will ever roll again.

“Beneath the fight over tax incentives lies a larger question: whether the middle-class life that generations of Angelenos built working in Hollywood will soon become a thing of the past.”

Silicon Valley, some 340 miles north of Hollywood, is undergoing upheaval of a different kind. Artificial intelligence is a booming new product for high-tech firms, drawing countless billions of dollars in venture capital. It is also a target for federal and state politicians responding to public concerns about AI impacts.

The potential of societal harm from uncontrollable AI and physical harm from AI’s huge data centers have made the new technology the hottest issue in this year’s elections. It also has adversely affected the job picture as tech companies employ AI to trim their own payrolls. The San Jose Mercury News reported recently that Silicon Valley firms have laid off nearly 14,000 workers so far this year, more than 2025’s yearly total.

Finally, there’s trouble down on the farm.

State officials have been pushing farmers to reduce their use of water to irrigate crops, both surface water from streams and reservoirs and underground water. Farmers also face shortages of labor, due to the Trump administration’s crackdown on immigrants lacking permanent legal status.

The Public Policy Institute of California has estimated that the state’s farmers will see a 20% reduction in water and may have to take as many as 900,000 acres out of production.

The most famous California agricultural product, wine, not only must contend with water and labor issues but a sharp decline in demand, leading to winery closures and decreasing acreage of wine grapes.

“Wine sales have decreased by more than 20% over a five-year period, causing prices paid for grapes to drop and prompting California growers to take roughly a quarter of the state’s vineyards out of production,” the Associated Press recently reported.

While Gov. Gavin Newsom and legislators have pledged millions of dollars to support Hollywood, they’ve ignored agriculture’s problems — and even worsened them via water restrictions.

Dan Walters is one of the most decorated and widely syndicated columnists in California history, authoring a column four times a week that offers his view and analysis of the state’s political, economic, social and demographic trends. ★

Social Security Matters

Does a Veteran who uses VA Healthcare need Medicare at age 65?



By Russell Gloor, AMAC Certified Social Security Advisor

Dear Rusty: I’m not yet old enough, but must I enroll in Medicare at Age 65? I am a disabled military veteran with VA benefits, so must I still take Medicare when I turn 65? **Signed: Disabled Veteran**

Dear Disabled Veteran: First, please accept my gratitude for your military service to our country. And please also know that if you now rely 100% on the VA for all your healthcare needs, and you expect that to continue for the rest of your life, then you have the option to decline enrolling in Medicare Part B when you turn 65. However, if you believe that using healthcare providers from outside the VA may someday be in your future, you should enroll in Medicare when you are first eligible.

Although you are required to enroll in Medicare Part A (coverage for inpatient hospitalization services) if you collect Social Security after age 65, enrolling in Medicare Part B (coverage for outpatient medical services) is always optional because there is a monthly premium for Part B (\$202.90 for 2026 - changes yearly). So, as a military veteran using VA healthcare, you have a choice to either enroll in Medicare Part B at age 65, or not if you get all your healthcare services from the Veterans Administration. Just be aware that VA healthcare is not considered “creditable” for Medicare purposes, so if you do not enroll in Medicare Part B during your Medicare Initial Enrollment Period (IEP), and later choose to enroll in Medicare Part B, there will be a permanent Late Enrollment Penalty for enrolling in Medicare Part B outside your initial enrollment period (your Medicare IEP is 3 months on either side of the month you turn 65).

So, the decision you will need to make as you approach 65 years of age is this: will all of your healthcare needs always be provided through the VA? Or do you want the convenience (and flexibility) to know you can use any healthcare provider anywhere the U.S. or its territories, whenever and wherever you wish. If the latter is true, then you should likely enroll in Medicare Part B when you turn 65. You can still use the VA for some services if you are enrolled in both, but there is no coordination of benefits (e.g., the VA will not make copayments if you use Medicare services, and vice versa). Which means that you may also wish to also consider a Medicare Advantage plan or a Medicare Supplement plan to go with Medicare Part B if/when you enroll.

I hope this answers your question, but please don’t hesitate to contact us again if needed. And, importantly, thank you for your service to our country.

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We’ve heard it from politicians, celebrities and influencers -- the system failed the accuser in the Cornell 7 case. This near-universal view is advanced with great certainty and a sense of outraged righteousness, but mistaken nonetheless. Based on the information available to them at the time, the authorities handled the matter in keeping with the facts and the law.

This isn’t to defend anything that occurred during that debauched night at the Chi Phi fraternity, which was “Lord of the Flies” meets “Eyes Wide Shut.” Nor does it foreclose the possibility that Jane Doe was the victim of crimes. But the critics of the school and the district attorney who declined to prosecute the case fail to account for a central element of the case -- a sworn statement by Jane Doe herself in November 2024 that appears to fail to allege any crime.

After getting slammed for his handling of the case, Tompkins County district attorney Matthew Van Houten publicly defended his office. He quoted extensively from Jane Doe’s statement. These excerpts do indeed describe her actions that night, in the words of the DA, as “voluntary, conscious and consensual.”

By her own account, she drank heavily before heading to the fraternity. She danced flirtatiously with a friend she was interested in, and then agreed to a threesome because of “how attracted” she was to him and “drunken curiosity.” This was before she ingested any drugs. The assignment stopped when her friend dropped out because of drowsiness, while the other male began to dry heave. She periodically checked on her sleeping friend, while “consoling” the other male. This was a squalid scene, but not one where she was unconscious or refusing.

Another male entered the room, and he began making out with her, with Jane Doe apparently lodging no objection. Her friend then woke up and made another lewd proposal that she declined. More males piled into the room. It was suggested she take “more ketamine,” and vaguely recalling she had already snorted some at some point, she figured “why not do it a second time.”

When the guys, who behaved abysmally, asked if they could snort the drug off her body, she said, “Sure.”

Finally, another young man entered the room and said he was shutting down “whatever the f*** this is.”

Still, her so-called friend persisted and took her to another room with another male to begin having group sex again. She said she was tired and plaintively asked her friend, “What happened to just you and me?” But she apparently didn’t say “no.” Finally, around 5:45 a.m., she said she “was tired and needed to turn in.”

This isn’t a hostile version of events concocted by a defense attorney -- it’s what she attested to weeks after the night of Oct. 19. The DA didn’t disbelieve her, or decide he couldn’t prove her allegations; he correctly determined that she described no actual crime.

It’s not the job of a DA, obviously, to get an alleged victim to change her story after she’s sworn to it in writing, or to make prosecutions based on vibes.

For its part, Cornell didn’t sweep the matter under the rug. The school carried out 50 interviews involving 32 witnesses. It expelled two of the students; suspended two others; banned from campus one who had already graduated; and allowed two others to remain, provided that they completed various trainings, including writing “reflective essays” (this is the source of the erroneous idea that essay-writing was the only consequence for the young men).

Both the DA and Cornell did their job. It’s not that the system failed Jane Doe but, rather, that she changed her version of events two years after the fact in a civil lawsuit against the men and the university, among others.

The risk now is that the system, with New York Attorney General Letitia James leading a politicized investigation, will be perverted to produce a predetermined outcome.

Rich Lowry is editor of the National Review.

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FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07068
Christopher G. Hacker, 8137 E Carriage Lane, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "CG Hacker - Life Agent" 8137 E Carriage Lane, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County September 11, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
CG 10-16-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-06903
Steven Levitt, 1990 Westwood Boulevard Suite 200, Los Angeles, CA 90025 is doing business under the Fictitious Business Name(s) "Rancho Terrace Apartments" 2830 Mills Park Drive, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County September 4, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
RANCHO 10-16-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-06702
Yana Plysniuk, 7967 Via Roma Drive, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "MilleFiori" 7967 Via Roma Drive, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County August 27, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
MILLEFIORI 10-16-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07057
Rise Community Services, Inc., PO Box 2160, Rocklin, CA 95677 is doing business under the Fictitious Business Name(s) "RISE" 3045 Arden Way, Sacramento, CA 95825. Filed with the Clerk of Sacramento County September 11, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
RISE 10-16-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07002
Sam Burgess, 8516 Cambric Court, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Citizen Intelligent Business Solutions" 8516 Cambric Court, Antelope, CA 95843. Filed with the Clerk of Sacramento County September 9, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
CITIZEN 10-16-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-06998
Christopher J Hearty, 11415 Hesperian Circle, Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "Showznw" 11415 Hesperian Circle, Gold River, CA 95670. Filed with the Clerk of Sacramento County September 9, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
SHOWZNOW 10-16-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-06864
AMP Inc., 7108 N Fresno Street Suite 310, Fresno, CA 93720 is doing business under the Fictitious Business Name(s) "Enriching Lives" 11060 White Rock Road Suite 180, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County September 2, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
ENRICHING 10-16-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07123
Hansen Milkshake Company LLC (UT), 6201 Chapel View Lane, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Rachel's Shake Stop" 6201 Chapel View Lane, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County September 14, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
RACHELS 10-16-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07120
Daniel M Cabral and Sons LLC, 2108 N Street Suite N, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Tiemcie" 200 P Street C22, Sacramento, CA 95814. Filed with the Clerk of Sacramento County September 14, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
TIEMCIE 10-16-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07038
Kelly A. Piccolo-Allen, 7933 Peerless Avenue, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Cream & Clover Soap Co." 7933 Peerless Avenue, Orangevale, CA 95662. Filed with the Clerk of Sacramento County September 10, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
CREAM 10-16-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07019
Dolores Carmela Garcia, 4220 Goldsmith Court, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Dolle G" 4220 Goldsmith Court, Sacramento, CA 95826. Filed with the Clerk of Sacramento County September 10, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
DOLLE 10-16-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-06764
Robin Christopher Williams, 2219 River Trails Circle, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Cone and Brew" 2219 River Trails Circle, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County August 31, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
CONE 10-16-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-06514
Francisco Alba, 1399 Sacramento Avenue #89, West Sacramento, CA 95605 is doing business under the Fictitious Business Name(s) "Alba Padilla Mobile Mechanic" 1399 Sacramento Avenue #89, West Sacramento, CA 95605. Filed with the Clerk of Sacramento County August 20, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
ALBA 10-16-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07121
Jaydon Marques Tolton, 7809 Rockhurst Way, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Tolton Haul Co." 6036 Wynnewood Court, Sacramento, CA 95823. Filed with the Clerk of Sacramento County September 14, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
TOLTON 10-16-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-05899
Instructional Telecommunications Foundation, Inc., 8310 S Valley Hwy Suite 300, Englewood, CO 80112 is doing business under the Fictitious Business Name(s) "Mission Telecom" 8310 S Valley Hwy Suite 300, Englewood, CO 80112. Filed with the Clerk of Sacramento County July 27, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
MISSION 10-16-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-06969
Omar Sanchez, 5416 Cheviot Hill Court, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Prime Auto Detail" 5416 Cheviot Hill Court, Antelope, CA 95843. Filed with the Clerk of Sacramento County September 8, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
PRIME 10-16-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-06949
Oasis Residential Care LLC, 8638 Copper Canyon Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Oasis Residential Care II" 7752 Rudyard Circle, Antelope, CA 95843. Filed with the Clerk of Sacramento County September 8, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
OASIS 10-16-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07216
Garcias Family Café Inc, 7659 Denio Way, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Ericas Cafe" 7451 Greenback Lane, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County September 16, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
ERICAS 10-16-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07207
Evening Glow Coffee LLC, 4010 Tevere Place, El Dorado Hills, CA 95762 is doing business under the Fictitious Business Name(s) "World Traveler Coffee Roasters" 603 E. Bidwell Street Suite A, Folsom, CA 95630. Filed with the Clerk of Sacramento County September 16, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
WORLD 10-16-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07219
Joyous River Care Homes LLC, 6307 Oakcreek Way, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Oakcreek Cottage" 6307 Oakcreek Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County September 16, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
OAKCREEK 10-16-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07021
Merix Consulting LLC, 5960 South Land Park Drive #575, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Northstar Stateside Services/ Orion Aerospace/American School Roadmap/Hotter Profile" 5960 South Land Park Drive #575, Sacramento, CA 95822. Filed with the Clerk of Sacramento County September 10, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
NORTHSTAR 10-16-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07198
JeRenee Felix 7429 Wisconsin Drive, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Tailored Notary & Tax Services/ TNT Services" 7429 Wisconsin Drive, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County September 16, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
TAILORED 10-16-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07076
Ikigai Real Estate CA, 7900 Meadowridge Court, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "TPR Properties" 7900 Meadowridge Court, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County September 11, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
TPR 10-16-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07222
Jamilie Hamlet, 2774 Mossy Creek Street, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Passport Society", 2774 Mossy Creek Street, Sacramento, CA 95833. Filed with the Clerk of Sacramento County September

16, 2026
Publish: Sept 25, Oct 2, 9, 16, 2026
PASSPORT 10-16-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07265
175 Productions LLC, 1643 Arden Bluffs Lane, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "175 Productions" 1643 Arden Bluffs Lane, Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 18, 2026
Publish: October 2, 9, 16 and 23, 2026
PRODUCTIONS 10-23-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07274
Artem Nikitenko, 3632 Cummings Way, Sacramento, CA 95660 is doing business under the Fictitious Business Name(s) "Nik Floors" 3632 Cummings Way, Sacramento, CA 95660. Filed with the Clerk of Sacramento County September 18, 2026
Publish: October 2, 9, 16 and 23, 2026
NIK 10-23-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07267
Linda Ramos, 3524 Loggerhead Way, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Good Measure Baking" 3524 Loggerhead Way, Sacramento, CA 95834. Filed with the Clerk of Sacramento County September 18, 2026
Publish: October 2, 9, 16 and 23, 2026
GOOD 10-23-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-06997
Jenna English, 2506 La Loma Drive, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Bold and Blissful Birth" 2506 La Loma Drive, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County September 9, 2026
Publish: October 2, 9, 16 and 23, 2026
BOLD 10-23-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-04991
Erik Efrain Cardenas Perez, 7051 Bowling Drive Apt 218, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Erik's Garden Service & Landscaping" 7051 Bowling Drive Apt 218, Sacramento, CA 95823. Filed with the Clerk of Sacramento County June 25, 2026
Publish: October 2, 9, 16 and 23, 2026
ERIKS 10-23-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07301
Gregoria Miranda, P.O. Box 160682, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Club Los Manitos" 915 27th Street, Sacramento, CA 95816. Filed with the Clerk of Sacramento County September 22, 2026
Publish: October 2, 9, 16 and 23, 2026
CLUB 10-23-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07318
Sacramento Association of Realtors, Inc., 2003 Howe Avenue, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Cantree/SAR Cantree" 2003 Howe Avenue, Sacramento, CA 95825. Filed with the Clerk of Sacramento County September 22, 2026
Publish: October 2, 9, 16 and 23, 2026
CANTREE 10-23-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07246
Cassandra D. Boykins-White, 1251 Fulton Avenue Apt 41, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Cass' Sweet Treats" 1251 Fulton Avenue Apt 41, Sacramento, CA 95825. Filed with the Clerk of Sacramento County September 17, 2026
Publish: October 2, 9, 16 and 23, 2026
CASS 10-23-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-06140
Eyoab Dagle and Wendy Dagle 3534 26th Avenue, Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "The Potter's House Christian Fellowship Church of Sacramento" 3534 26th Avenue, Sacramento, CA 95820. Filed with the Clerk of Sacramento County August 5, 2026
Publish: October 2, 9, 16 and 23, 2026
POTTERS 10-23-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07137
Alecia M Bryan-Lewis, 1446 Ethan Way Studio #82, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Aligned Body Studio" 1446 Ethan Way Studio #82, Sacramento, CA 95825. Filed with the Clerk of Sacramento County September 14, 2026
Publish: October 2, 9, 16 and 23, 2026
ALIGNED 10-23-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07183
Ship & Print Express, LLC, 8506 Madison Avenue Suite A, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "iprintrush" 8506 Madison Avenue Suite A, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County September 15, 2026
Publish: October 2, 9, 16 and 23, 2026
IPRINTRUSH 10-23-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07337
Selvin Milton Perez Hernandez, 1513 Main Avenue, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "S.P. Company" 1513 Main Avenue, Sacramento, CA 95838. Filed with the Clerk of

Sacramento County September 23, 2026
Publish: October 2, 9, 16 and 23, 2026
SP 10-23-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07032
Erika Gamboa, 608 Patton Drive, Roseville, CA 95747 is doing business under the Fictitious Business Name(s) "Gondola Sheft Craft" 1646 Kathleen Avenue, Sacramento, CA 95815. Filed with the Clerk of Sacramento County September 10, 2026
Publish: October 2, 9, 16 and 23, 2026
GONDOLA 10-23-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-06716
Asadullah Mangal, 5545 Marconi Avenue Apt 138, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Mangal Transportation" 5545 Marconi Avenue Apt 138, Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 27, 2026
Publish: October 2, 9, 16 and 23, 2026
MANGAL 10-23-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07408
Nameen's Enterprises LLC, 1178 Shasta Cove Way, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "HR Smog" 3214 Northgate Boulevard Suite B, Sacramento, CA 95833. Filed with the Clerk of Sacramento County September 24, 2026
Publish: October 2, 9, 16 and 23, 2026
HR 10-23-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-09601
Good Hands Massage LLC, 8117 Auburn Boulevard, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "The Massage at Fair Oaks" 5372 Sunrise Boulevard, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County September 24, 2026
Publish: October 2, 9, 16 and 23, 2026
MASSAGE 10-23-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07188
Maymoon Ahmad, 1030 K Street Unit #100B, Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "MD Mart" 1030 K Street Unit #100B, Sacramento, CA 95814. Filed with the Clerk of Sacramento County September 15, 2026
Publish: October 2, 9, 16 and 23, 2026
MD 10-23-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07189
MD Son LLC, 3425 El Camino Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Papa Puff" 3425 El Camino Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County September 15, 2026
Publish: October 2, 9, 16 and 23, 2026
PAPA 10-23-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07191
MD Son LLC, 10401 Folsom Boulevard Suite D, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Smoke Hub" 7330 Fair Oaks Boulevard Suite 7, Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 15, 2026
Publish: October 2, 9, 16 and 23, 2026
PAPA 10-23-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07208
Kimberly Feliza Cifuentes Barnos, 313 Anderson Court, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "USA Recycling" 313 Anderson Court, Sacramento, CA 95838. Filed with the Clerk of Sacramento County September 16, 2026
Publish: October 2, 9, 16 and 23, 2026
USA 10-23-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07349
Viktoria Neverov-Krstic and Anna Frumkin, 2618 J Street, Suite 1, Sacramento, CA 95816 are doing business under the Fictitious Business Name(s) "Coastal House" 2618 J Street, Suite 1, Sacramento, CA 95816. Filed with the Clerk of Sacramento County September 23, 2026
Publish: October 2, 9, 16 and 23, 2026
COASTAL 10-23-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07339
Nail Vibe Holdings, Inc, 10842 Bear Hollow Suite 103, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "The Nail Vibe" 10842 Bear Hollow Suite 103, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County September 23, 2026
Publish: October 2, 9, 16 and 23, 2026
NAIL 10-23-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07042
SIYIAA Group LLC, 1649 Pagoda Lane, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Pavilion Indoor Sports Center" 11270 Sanders Drive Suite C, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County September 10, 2026
Publish: October 9, 16, 23, 30, 2026
PAVILION 10-30-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07442
Thorn Exterior Services LLC, 7705 Hyde Park Circle, Antelope, CA 95843 is doing business under the Fictitious Business

Name(s) "Thorn Exterior Services/Thorn Services" 7705 Hyde Park Circle, Antelope, CA 95843. Filed with the Clerk of Sacramento County September 25, 2026
Publish: October 9, 16, 23, 30, 2026
THORN 10-30-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07412
Riverfront Mart Inc, 222 Jibboom Street, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Rivermar" 222 Jibboom Street, Sacramento, CA 95811. Filed with the Clerk of Sacramento County September 24, 2026
Publish: October 9, 16, 23, 30, 2026
RIVERMART 10-30-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-05412
Hoa Phan, 7342 6th Street, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Hoa's Nursery/Nursery Rio Linda" 7342 6th Street, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County July 13, 2026
Publish: October 9, 16, 23, 30, 2026
HOAS 10-30-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07449
Zeana Lachel McGuire, 8635 Cord Way, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Poema Remember" 8635 Cord Way, Sacramento, CA 95828. Filed with the Clerk of Sacramento County September 25, 2026
Publish: October 9, 16, 23, 30, 2026
POIEMA 10-30-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-06740
Graitree Home Lending, LLC, 666 Third Avenue Suite 1010, New York, NY 10017 is doing business under the Fictitious Business Name(s) "Graitree" 666 Third Avenue Suite 1010, New York, NY 10017. Filed with the Clerk of Sacramento County August 28, 2026
Publish: October 9, 16, 23, 30, 2026
GRAINTREE 10-30-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07500
Wilhaggin Neighborhood Association, P.O. Box 2273, Carmichael, CA 95609 is doing business under the Fictitious Business Name(s) "Wilhaggin Del Dayo Neighborhood Association" 761 Cortlandt Drive, Sacramento, CA 95864. Filed with the Clerk of Sacramento County September 28, 2026
Publish: October 9, 16, 23, 30, 2026
WILHAGGIN 10-30-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07436
Pavlo Denyshchych, 8416 Futurity Court, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Denysh Detailing" 8416 Futurity Court, Antelope, CA 95843. Filed with the Clerk of Sacramento County September 25, 2026
Publish: October 9, 16, 23, 30, 2026
DENYSH 10-30-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07447
American Cloud Technologies LLC, 1750 Prairie City Road Suite 130, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Sierra Zone Zero" 4773 Iron Bird Drive, Folsom, CA 95630. Filed with the Clerk of Sacramento County September 25, 2026
Publish: October 9, 16, 23, 30, 2026
SIERRA 10-30-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07405
Jon Lacy and Margie Lacy, 8786 Corinne Drive, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "OV Farm" 8786 Corinne Drive, Orangevale, CA 95662. Filed with the Clerk of Sacramento County September 24, 2026
Publish: October 9, 16, 23, 30, 2026
OV 10-30-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07565
House To Home Moving, Inc., 8974 Greenback Lane, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "House To Home Moving" 8974 Greenback Lane, Orangevale, CA 95662. Filed with the Clerk of Sacramento County September 29, 2026
Publish: October 9, 16, 23, 30, 2026
HOUSE 10-30-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07564
Aurora Electrical Works, 6517 Donegal Drive, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Aurora Electrical Works" 6517 Donegal Drive, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County September 29, 2026
Publish: October 9, 16, 23, 30, 2026
AURORA 10-30-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07058
Ilia Vereshchagin, 6033 Shirley Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "IV Trucking" 6033 Shirley Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 11, 2026
Publish: October 9, 16, 23, 30, 2026
TRUCKING 10-30-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07437
The Last of The Lead Holders LLC, P.O. Box 1080, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Democracy First America" 8049 Linden Lime Court, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County September 25, 2026
Publish: October 9, 16, 23, 30, 2026
DEMOCRACY 10-30-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07446
Vanush Knyazyan, 6279 Ted Aly, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Va'Napoli" 6279 Ted Aly, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County September 25, 2026
Publish: October 9, 16, 23, 30, 2026
VANAPOLI 10-30-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07175
Duran's Janitorial Solutions, 9200 Ager Beswick Road, Montague, CA 96064 is doing business under the Fictitious Business Name(s) "Jan Pro Commercial Cleaning" 3601 Redding Avenue, Sacramento, CA 95820. Filed with the Clerk of Sacramento County September 15, 2026
Publish: October 9, 16, 23, 30, 2026
JAN 10-30-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07512
Michael Issa Saito, 2340 Hurley Way Apt #55, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Mike Tight Lighting & Video Production Services" 2340 Hurley Way Apt #55, Sacramento, CA 95825. Filed with the Clerk of Sacramento County September 28, 2026
Publish: October 9, 16, 23, 30, 2026
MIKE 10-30-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07676
Derek Billings, 11727 Hollenbeck Way, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Billings Trading Cards" 11727 Hollenbeck Way, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County September 2, 2026
Publish: October 9, 16, 23, 30, 2026
BILLINGS 10-30-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-06993
Chinese American Citizens Alliance Sacramento Lodge, 2215 – 16th Street, Sacramento, CA 95818 is doing business under the Fictitious Business Name(s) "CACA Sacramento Lodge/CACA" 2215 – 16th Street, Sacramento, CA 95818. Filed with the Clerk of Sacramento County September 9, 2026
Publish: October 9, 16, 23, 30, 2026
CACA 10-30-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07166
Velvet Willow Living LLC, 2108 N Street Suite N, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Velvet Willow Living" 2108 N Street Suite N, Sacramento, CA 95816. Filed with the Clerk of Sacramento County September 15, 2026
Publish: Oct 16, 23, 30, Nov 6, 2026
VELVET 11-6-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07280
Sophia De La Rosby, 17 Advantage Court, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Ardently Yours/ Ardently Yours Co." 17 Advantage Court, Sacramento, CA 95834. Filed with the Clerk of Sacramento County September 18, 2026
Publish: Oct 16, 23, 30, Nov 6, 2026
ARDENTLY 11-6-26

FICTITIOUS BUSINESS NAME STATEMENT FBNF2026-07606
Dana Tid

Legal Advertising
916-483-0946

Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 – February 7, 1984 • Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 – September 18, 1969
Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 – March 12, 2020 • The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 – March 21, 1988

2508 Garfield Ave. • Ste. A
Carmichael, CA 95608

FICTITIOUS BUSINESS
NAME STATEMENTS

Sacramento” 2515 Cottage Way, Sacramento, CA 95825. Filed with the Clerk of Sacramento County September 10, 2026
Publish: Oct 16, 23, 30, Nov 6, 2026
ONE 11-6-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06892
G & J Inc, 1622 Farnham Avenue, Woodland, CA 95776 is doing business under the Fictitious Business Name(s) “Sam’s Market & Beverage” 7601 Sunrise Boulevard #1, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County September 3, 2026
Publish: Oct 16, 23, 30, Nov 6, 2026
SAMS 11-6-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06966
Solviva Business Solutions LLC, 8374 Hillsbrook Drive, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) “Solviva Travel Solutions/Solviva Business Solutions” 8374 Hillsbrook Drive, Antelope, CA 95843. Filed with the Clerk of Sacramento County September 8, 2026
Publish: Oct 16, 23, 30, Nov 6, 2026
SOLVIVA 11-6-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06681
LeRonn Nelson, 3048 Stanton Circle, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) “Nelson International Group/Uncle LeRonn.com/NIG” 3048 Stanton Circle, Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 26, 2026
Publish: Oct 16, 23, 30, Nov 6, 2026
NELSON 11-6-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-07726
Marquetta Danielle Phanor, P.O. Box 400, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) “Black Onyx Bundles” 3723 Myrtle Avenue, North Highlands, CA 95660. Filed with the Clerk of Sacramento County October 5, 2026
Publish: Oct 16, 23, 30, Nov 6, 2026
BLACK 11-6-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-07735
Spec Auto Group Inc, 3340 Leona Circle, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) “Natomas Smog Shop & Auto Repair/Natomas Smog Shop” 925 National Drive Suite 105, Sacramento, CA 95834. Filed with the Clerk of Sacramento County October 5, 2026
Publish: Oct 16, 23, 30, Nov 6, 2026
NATOMAS 11-6-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-07674
Baudilio Liriano, 6408 La Cienega Drive, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) “Words and Voices” 6408 La Cienega Drive, North Highlands, CA 95660. Filed with the Clerk of Sacramento County October 1, 2026
Publish: Oct 16, 23, 30, Nov 6, 2026
WORDS 11-6-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-07324
Diversity Venture Co., LLC, 3575 Sue Pam Drive, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) “Calfix Pros Handyman Services/Calfix Pros Home Services” 3575 Sue Pam Drive, Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 22, 2026
Publish: Oct 16, 23, 30, Nov 6, 2026
CALFIX 11-6-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-07577
Reformers LLC (CA), 11768 Village Pond Way, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) “Matthew Reneau Consulting” 11768 Village Pond Way, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County September 29, 2026
Publish: Oct 16, 23, 30, Nov 6, 2026
MATTHEW 11-6-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-07716
Simone Liggett, 9000 Casals Street, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) “Joy in Movement” 9000 Casals Street, Sacramento, CA 95826. Filed with the Clerk of Sacramento County October 5, 2026
Publish: Oct 16, 23, 30, Nov 6, 2026
JOY 11-6-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-07513
Dave Weatherborne and Katherine Vazquez, 10528 Coloma Road, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) “Weatherborne Delivery Services” 10528 Coloma Road, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County September 28, 2026
Publish: Oct 16, 23, 30, Nov 6, 2026
WEATHERBORNE 11-6-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-07785
Leticia S. Mason, 7039 Sprig Drive, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) “Lil’ Cup of Joy” 7039 Sprig Drive, Sacramento, CA 95842. Filed with the Clerk of Sacramento County October 6, 2026
Publish: Oct 16, 23, 30, Nov 6, 2026
LIL 11-6-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-07366
Boris Blazevic, 2110 K Street,

Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) “School of Pop” 2110 K Street, Sacramento, CA 95816. Filed with the Clerk of Sacramento County September 23, 2026
Publish: Oct 16, 23, 30, Nov 6, 2026
SCHOOL 11-6-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-07715
TBD Route LLC, 9719 Lincoln Village Drive Suite 504, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) “Community Connect Transport” 9719 Lincoln Village Drive Suite 504, Sacramento, CA 95827. Filed with the Clerk of Sacramento County October 5, 2026
Publish: Oct 16, 23, 30, Nov 6, 2026
COMMUNITY 11-6-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-07768
Mother Lode Hospitality Group LLC, 6741 Duncan Lane, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) “Mother Lode Airport Shuttle” 6741 Duncan Lane, Carmichael, CA 95608. Filed with the Clerk of Sacramento County October 6, 2026
Publish: Oct 16, 23, 30, Nov 6, 2026
MOTHER 11-6-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-07723
G & E Investment Service, LLC, 10354 Cardiff Way, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) “G. n. E Courier Service” 10354 Cardiff Way, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County October 5, 2026
Publish: Oct 16, 23, 30, Nov 6, 2026
GNE 11-6-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-07369
Nicholas Elespuru, 5801 Himalaya Way, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) “The Morning Brunch Box” 6111 Terrell Drive, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County September 23, 2026
Publish: Oct 16, 23, 30, Nov 6, 2026
NEXT 11-6-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-07730
Nydia Gutierrez, 6111 Terrell Drive, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) “The Morning Brunch Box” 6111 Terrell Drive, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County October 5, 2026
Publish: Oct 16, 23, 30, Nov 6, 2026
MORNING 11-6-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-06733
Bernard Fok, 8250 Calvine Road #C361, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) “PC Be Gone” 8437 Amrita Court, Sacramento, CA 95828. Filed with the Clerk of Sacramento County August 28, 2026
Publish: Oct 16, 23, 30, Nov 6, 2026
PC 11-6-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-07766
Amin Brothers Group LLC, 8158 Florin Road, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) “Angry Gyro” 8158 Florin Road, Sacramento, CA 95828. Filed with the Clerk of Sacramento County October 6, 2026
Publish: Oct 16, 23, 30, Nov 6, 2026
ANGRY 11-6-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-07849
Gay Carroll-Haring, J.D. and Raymond Haring, Ph.D., 901 H Street Suite 120-222, Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) “GPS Pillow Shop/Healthspan Communications/Bliss Road Studios” 2726 Land Park Drive, Sacramento, CA 95818. Filed with the Clerk of Sacramento County October 8, 2026
Publish: Oct 16, 23, 30, Nov 6, 2026
GPS 11-6-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-07745
Thelma Sanders, 8401 Bernardo Court, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) “Pretty Crumb Cookie Co.” 8401 Bernardo Court, Sacramento, CA 95828. Filed with the Clerk of Sacramento County October 5, 2026
Publish: Oct 16, 23, 30, Nov 6, 2026
PRETTY 11-6-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-07746
Akira Sushi LLC, 6601 Sunrise Boulevard, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) “B Banh Mi” 6191 Greenback Lane, Suite C, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County October 5, 2026
Publish: Oct 16, 23, 30, Nov 6, 2026
BANH 11-6-26

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2026-07860
Timothy Griffin and Maggie Griffin, 3137 U Street, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) “Twysted Creations/Twysted Tunes/Twysted Trinkets” 3137 U Street, Antelope, CA 95843. Filed with the Clerk of Sacramento County October 8, 2026
Publish: Oct 16, 23, 30, Nov 6, 2026
TWYSTED 11-6-26

STATEMENT OF
ABANDONMENT OF
FICTITIOUS BUSINESS NAME
FILE NO. FBNF2022-00501

The following person(s) has/ have abandoned the use of the FICTITIOUS BUSINESS NAME of: Forward Technology Group, Inc., 6221 Samoa Way, Carmichael, CA 95608.

Forward Technology Group Inc., 6221 Samoa Way, Carmichael, CA 95608.
The Fictitious Business Name Statement was filed on January 24, 2022 in the County of Sacramento.

Filed with the clerk of Sacramento County: September 9, 2026.

Publish: Sept 25, Oct 2, 9, 16, 2026
FORWARD 10-16-26

STATEMENT OF ABANDONMENT
OF FICTITIOUS BUSINESS NAME
FILE NO. FBNF2024-03371

The following person(s) has/ have abandoned the use of the FICTITIOUS BUSINESS NAME of: Duck Island RV Park, 16814 HWY 160, Rio Vista, CA 94571. Jim D. Weber and Karen M. Weber. 2229 Manzanita Court, Lodi, CA 95242.

The Fictitious Business Name Statement was filed on April 30, 2024 in the County of Sacramento.

Filed with the clerk of Sacramento County: September 11, 2026.

Publish: Sept 25, Oct 2, 9, 16, 2026
DUCK 10-16-26

STATEMENT OF ABANDONMENT
OF FICTITIOUS BUSINESS NAME
FILE NO. FBNF2025-08252

The following person(s) has/ have abandoned the use of the FICTITIOUS BUSINESS NAME of: Quality Dental Care, 2628 El Camino Avenue Suite B7, Sacramento, CA 95821.

Miguel A Cortez Dental Corp, 2628 El Camino Avenue Suite B7, Sacramento, CA 95821.

The Fictitious Business Name Statement was filed on November 4, 2025 in the County of Sacramento.

Filed with the clerk of Sacramento County: August 26, 2026.

Publish: October 9, 16, 23, 30, 2026
QUALITY 10-30-26

ORDER TO SHOW CAUSE
CHANGE OF NAME

SUPERIOR COURT OF
CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#26CV021216

Angel Ann Marie Corey aka Angel Corey-Heiser has filed a petition with this court for a decree changing the name(s) of Angel Ann Marie Corey aka Angel Corey-Heiser to Angel Ann Marie Heiser.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on October 22, 2026, at 1:30 p.m. in Department 16D, located at 500 G Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: September 14, 2026
Richard K. Sueyoshi, Judge of the Superior Court
Publish: Sept 25, Oct 2, 9, 16, 2026
HEISER 10-16-26

SUPERIOR COURT OF
CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#26CV011104

Rudolfo Buendia has filed a petition with this court for a decree changing the name(s) of Rudolfo Buendia to Ernesto Antonio Lira.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on November 18, 2026, at 1:30 p.m. in Department 8C, located at 500 G Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: May 8, 2026
Richard C. Miadich, Judge of the Superior Court
Publish: Sept 25, Oct 2, 9, 16, 2026
BUENDIA 10-16-26

SUPERIOR COURT OF
CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#26CV021728

Amber Willrich has filed a petition with this court for a decree changing the name(s) of Jade Joshlyn Willrich to Jade Joshlyn Reese.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on December 15, 2026, at 9:00 a.m. in Department 16C, located at 500 G Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: September 14, 2026
Christopher E. Krueger, Judge of the Superior Court
Publish: October 2, 9, 16 and 23, 2026
WILLRICH 10-23-26

SUPERIOR COURT OF
CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#26CV014799

Kristen Marie Holden has filed a petition with this court for a decree changing the name(s) of Charles Kenneth Holden to Caz Kenneth Holden.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 15, 2027, at 9:00 a.m. in Department 16C, located at 500 G Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Christopher E. Krueger, Judge of the Superior Court
Publish: October 2, 9, 16 and 23, 2026
HOLDEN 10-23-26

SUPERIOR COURT OF
CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#26CV021451

Shelly Anne Dixon has filed a petition with this court for a decree changing the name(s) of Shelly Anne Dixon to Shelly Anne Ellis.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on December 7, 2026, at 1:30 p.m. in Department 8C, located at 500 G Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: September 23, 2026
Richard C. Miadich, Judge of the Superior Court
Publish: October 2, 9, 16 and 23, 2026
DIXON 10-23-26

SUPERIOR COURT OF
CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#26CV022115

Nikolay Belaeviski and Volha Belaeviski have filed a petition with this court for a decree changing the name(s) of Olivia Belaeviskaya to Olivia Belaeviski.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 12, 2027, at 1:30 p.m. in Department 8D, located at 500 G Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: September 14, 2026
Julie G. Yap, Judge of the Superior Court
Publish: October 2, 9, 16 and 23, 2026
BELAEVSKI 10-23-26

SUPERIOR COURT OF
CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#26CV022542

Isabelle Lynn Gowen has filed a petition with this court for a decree changing the name(s) of Isabelle Lynn Gowen to Harley Lynn Deci and Skyler Joseph Dimora-Franklin to Skyler Joseph Deci.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on November 12, 2026, at 1:30 p.m. in Department 16D, located at 500 G Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: September 23, 2026
Richard K. Sueyoshi, Judge of the Superior Court
Publish: October 2, 9, 16 and 23, 2026
GOWEN 10-23-26

SUPERIOR COURT OF
CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#26CV010650

Avelicia Cruz Molina has filed a petition with this court for a decree changing the name(s) of Violeta Gabino to Violeta Gabino Cruz.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on December 8, 2026, at 9:00 a.m. in Department 16C, located at 500 G Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: April 30, 2026
Christopher E. Krueger, Judge of the Superior Court
Publish: October 9, 16, 23, 30, 2026
MOLINA 10-30-26

SUPERIOR COURT OF
CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#26CV022494

Jessica V Ponce has filed a petition with this court for a decree changing the name(s) of Destiny Mariah Schmidt to Destiny Mariah Ponce.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on November 9, 2026, at 1:30 p.m. in Department 8C, located at 500 G Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: September 28, 2026
Richard C. Miadich, Judge of the Superior Court
Publish: October 9, 16, 23, 30, 2026
PONCE 10-30-26

SUPERIOR COURT OF
CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#26CV022225

Moh Nazir Naib Khil has filed a petition with this court for a decree changing the name(s) of Moh Nazir Naib Khil to Mohammad Nazir Naib Khil.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 10, 2027, at 1:30 p.m. in Department 8C, located at 500 G Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: September 16, 2026
Richard C. Miadich, Judge of the Superior Court
Publish: October 9, 16, 23, 30, 2026
KHIL 10-30-26

SUPERIOR COURT OF
CALIFORNIA

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#26CV022637

Bronita Kaldani has filed a petition with this court for a decree changing the name(s) of Bronita Kaldani to Mona B. Kaldani.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on December 10, 2026, at 9:00 a.m. in Department 16C, located at 500 G Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: September 28, 2026
Christopher E. Krueger, Judge of the Superior Court
Publish: Oct 16, 23, 30, Nov 6, 2026
KALDANI 11-6-26

SUPERIOR COURT OF
CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#26CV023464

Randy Yuhao Cheng and Yi Tzu Wang have filed a petition with this court for a decree changing the name(s) of Howard Zhi-Qian Cheng to Howard Cheng.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 25, 2027, at 1:30 p.m. in Department 16D, located at 500 G Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: October 2, 2026
Richard K. Sueyoshi, Judge of the Superior Court
Publish: Oct 16, 23, 30, Nov 6, 2026
CHENG 11-6-26

SUPERIOR COURT OF
CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#26CV022876

Rajni Bala has filed a petition with this court for a decree changing the name(s) of Rajni Bala to Raj Kaur.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 24, 2027, at 1:30 p.m. in Department 8D, located at 500 G Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: September 28, 2026
Julie G. Yap, Judge of the Superior Court
Publish: Oct 16, 23, 30, Nov 6, 2026
BALA 11-6-26

NOTICE OF PETITION TO
ADMINISTER ESTATE
Gloria Jean Bryner Case No. 26PR002790

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Gloria Jean Bryner.

A Petition for Probate has been filed by Andrew Bryner, in the Superior Court of California, County of Sacramento, requesting Andrew Bryner be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows November 25, 2026, 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

The name, address and telephone number of the Attorney for Petitioner is: Heather S. Mayer, Esq., 400 Plaza Drive, Suite 145, Folsom, CA 95630; 916-631-1996
Publish: October 16, 23, 30, 2026
BRYNER 10-30-26

LIEN SALE

LIEN SALE 10/27/26 10AM
AT 796 DEL PASO BLVD,
SACRAMENTO
20 VOLVO LIC# P121096 IL
VIN# 4V4NC9EH2LN246222
SAC 10-16-26

TRUSTEE SALE

T.S. No.: 2606150474-4 Notice of Trustee's Sale Loan No.: CM-15004104-SW Order No. 95534059 APN: 067-0100-021-0000 Property Address: Vacant Land (aka 4719 Rancho Cordova Pkwy) Rancho Cordova, CA 95742 You Are In Default Under A Deed Of Trust Dated 8/29/2002. Unless You Take Action To Protect Your Property, It May Be Sold At A Public Sale. If You Need An Explanation Of The Nature Of The Proceeding Against You, You Should Contact A Lawyer. A public auction sale to the highest bidder for cashier's check drawn on a state or national bank, cashier's check drawn by a state or federal credit union, or a cashier's check drawn by a state or federal savings and loan association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. No cashier's checks older than 60 days from the day of sale will be accepted. Trustor: Sierra Holdings, LLC, a California limited liability company and Reverse Exchange Properties, Inc., a California corporation Duly Appointed Trustee: Total Lender Solutions, Inc. Recorded 9/5/2002 as Instrument No. n/a in book 2020905, page 868 of Official Records in the Office of the Recorder of Sacramento County, California, Date of Sale: 11/10/2026 at 9:30 AM Place of Sale: outside the south-facing exit of Sacramento City Hall in the courtyard at 916 H Street, Sacramento Amount of unpaid balance and other charges: \$1,256,041.64 (estimated) Street Address or other common designation of real property: Vacant Land (aka 4719 Rancho Cordova Pkwy) Rancho Cordova, CA 95742 Legal Description: Please See Attached Exhibit "A" The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. Notice To Potential Bidders: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder

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TRUSTEE SALE

Section 2924m of the California Civil Code. If you are an “eligible tenant buyer,” you can purchase the property if you match the last and highest bid placed

at the trustee auction. If you are an “eligible bidder,” you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First,

48 hours after the date of the trustee sale, you can call (877) 440-4460, or visit this internet website www.mkconsultantsinc.com, using the file number assigned to this case 2606150474-4 to find the date on which the

trustee’s sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee’s sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee’s sale. When submitting funds for a bid subject to Section 2924m, please make the funds payable to “Total Lender Solutions, Inc. Holding Account”. If you think you may qualify as an “eligible tenant buyer” or “eligible bidder,” you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. Please be advised that the trustee may require entity or trust bidders at this trustee’s sale to provide information, documentation and/or certification of the vesting instructions and the data required to be reported

pursuant to FinCEN regulations effective for transfers of residential real property to covered transferees on or after March 1, 2026. The required information must be provided to the trustee before a trustee’s deed upon sale will be issued for covered transfers. Additional information regarding these regulations and the required transferee information and certifications can be found at <https://www.federal-register.gov/documents/2024/08/29/2024-19198/anti-money-laundering-regulations-for-residential-real-estate-transfers> and https://www.fincen.gov/rre-faqs#D_5 Date: 10/5/2026 Total Lender Solutions, Inc. 10505 Sorrento Valley Road, Suite 125 San Diego, CA 92121 Phone: 866-535-3736 Sale Line: (877) 440-4460 By: Diana Rivera, Authorized Signatory Exhibit “A” Legal Description The West One-Half Of The Northwest One-Quarter Of Section 22, Township 8 North, Range 7 East,

M.D.B.&M. Excepting Therefrom An Undivided One-Half In All Oil, Gas And Other Hydrocarbons And Minerals Now Or At Any Time Hereafter Situate Therein And Thereunder, Located 100 Feet Or More Below The Surface Of Said Property And The Right To Take Away And Dispose Of The Same, But Without Entering Said Real Property Upon Or Above Its Surface As Reserved In Deed Dated June 20, 1955, Recorded July 6, 1955 In Book 2869 Of Official Records, Page 494, Executed By Natomas Company, A California Corporation To Bargain Bill’s Furniture Warehouse, Inc., A Corporation
Published 10/16/2026, 10/23/2026, 10/30/2026
GRAPEVINE INDEPENDENT 10-30-26



City of Rancho Cordova City Council
Notice of Public Hearing

NOTICE is hereby given that on **Monday, October 26, 2026, at 5:30 p.m.**, or as soon thereafter as the matter may be heard, the City Council of the City of Rancho Cordova will hold a Public Hearing at the **Rancho Cordova City Hall, located at 2729 Prospect Park Drive, Rancho Cordova**, to consider the following:

- CORDOVA ARENA & DOWNTOWN DOVA – MAJOR DESIGN REVIEW, LAND TRANSFER AGREEMENT, FINANCIAL PARTICIPATION AGREEMENT, & DEVELOPMENT AGREEMENT - PROJECT NO. PLND-1025-0142**
- Determine the Cordova Arena and Downtown Dova project is exempt from CEQA Guidelines Section 15183.
 - Discuss the Financial Participation Agreement between the City and DOVA Arena, LLC and Alpha One Sports and Entertainment Group, LLC.
 - Approve the Major Design Review
 - Approved the Land Transfer Agreement between the City and DOVA Arena, LLC and Alpha One Sports and Entertainment Group, LLC.
 - Conduct the hearing, waive the first reading, and introduce the Development Agreement.
 - For the Financial Participation Agreement and Economic Development Subsidy, the City Council will receive public testimony, deliberate, but not take final action, and continue the items for future City Council action at the regular meeting on November 2, 2026.

Request: The Applicant is requesting approval of a Major Design Review for the construction of an indoor arena. The Cordova Arena would feature an approximately 194,110 square-foot indoor arena space with approximately 7,500 fixed seats and flexible floor configurations. The Applicant is also requesting approval of a Development Agreement for the Downtown DOVA project. In addition to the arena structure and surrounding outdoor event area and gathering spaces, the future phases of the development may include a maximum of 800 hotel rooms, up to 1,000 multi-family residential units, approximately 220,000 square feet of retail, restaurant, and professional office uses, as well as structured parking with up to 2,500 spaces. The meeting will also include a discussion of all the components of the Downtown DOVA Project, including the Major Design Review, Financial Participation Agreement, and Economic Development Subsidy.

OWNER:		APPLICANT:
Alpha One Sports and Entertainment Group LLC 3195 Zinfandel Drive Rancho Cordova, CA 95670		KozPure Development LLC 3195 Zinfandel Drive Rancho Cordova, CA 95670
OWNER:		OWNER:
JB Company Management Limited Partnership (Gary Benvenuti) 1825 Bell Street, Suite 100 Sacramento, CA 95825		City of Rancho Cordova 2729 Prospect Park Drive Rancho Cordova, CA 95670
LOCATION/APN:	2807, 2735, 2875, and 2925 Kilgore Road (and three additional parcels with no addresses between the intersections of Trade Center Drive and Kilgore Road and Trade Center Drive and Sunrise Boulevard); APNs: 072-0223-001-0000, 072-0223-002-0000, 072-0223-003-0000, 072-0223-004-0000, 072-0490-024-0000, 072-0480-022-0000, & 072-0480-002-0000	
ZONING:	OPMU (Office Professional Mixed-Use) within the Convention (CO) Overlay	
ENVIRONMENTAL:	Exempt per Section 15183 "Projects Consistent with a Community Plan, General Plan, or Zoning"	
PROJECT PLANNER:	Arlene Granadosin-Jones, AICP, Planning Manager	

Questions regarding this matter should be directed to the City of Rancho Cordova Planning Division at (916) 851-8750.

NOTICE REGARDING CHALLENGES TO DECISIONS
Pursuant to all applicable laws and regulations, including without limitation, California Government Code Section 65009 and/or California Public Resources Code Section 21177, if you wish to challenge in court any of the above decisions (regarding planning, zoning and/or environmental decisions), you may be limited to raising only those issues you or someone else raised at the public hearing(s) described in this notice/agenda, or in written correspondence delivered to the city at, or prior to, this public hearing.

ADA COMPLIANCE STATEMENT
In compliance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please contact the City Clerk’s Department at (916) 851-8720. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting.

Printed in the Grapevine Independent on **October 16, 2026.**

City of Rancho Cordova Legal Notice

NOTICE IS HEREBY GIVEN that on **Monday, November 2, 2026, at 5:30 p.m.**, or as soon thereafter as the matter may be heard, the City Council of the City of Rancho Cordova will hold a **Public Hearing** at the **Rancho Cordova City Hall**, located at **2729 Prospect Park Drive, Rancho Cordova**, to consider the following:

ADOPTION OF THE 2027 ANNUAL ACTION PLAN FOR THE COMMUNITY DEVELOPMENT BLOCK GRANT (CDBG) PROGRAM

If you have any questions, you may contact the City Clerk’s Office by phone at (916)851-8720, or by checking the website at <https://www.cityofranchocordova.org/government/city-clerk>

The CDBG program is funded by the U.S. Department of Housing and Urban Development (HUD). The program provides funding for activities that benefit low-income persons, eliminate slum or blight, and/or serve an urgent need. Eligible activities include property acquisition, public improvements, housing rehabilitation, economic development, and public services.

The City has developed the 2027 Annual Action Plan which describes how the City will utilize CDBG funds for eligible activities during the 2027 program year. The 2027 Annual Action Plan was made available to the public 30 days before it will be adopted by the City Council. The documents were released on **October 2, 2026** for public review and comment, and have been made available until November 2, 2026 at City Hall, **2729 Prospect Park Drive, Rancho Cordova**, between the hours of 8:00 a.m. and 5:00 p.m. on weekdays and on the City’s website: <https://www.cityofranchocordova.org/departments/community-development/housing/community-development-block-grant>.

The purpose of this public hearing will be to present the 2027 Annual Action Plan to City Council for their approval, as well as to give citizens an opportunity to make their comments known regarding community needs, goals, and potential activities to be funded under the CDBG Program. The 2027 CDBG program year will run from January 1, 2027, to December 31, 2027. Annual Action Plans can be amended as needed to reallocate funds to housing and community development activities. Written comments and questions regarding the Annual Action Plan may be directed to:

Ka Vang, City of Rancho Cordova, 2729 Prospect Park Drive, Rancho Cordova, CA 95670, (916) 851-8902

The City of Rancho Cordova encourages interested parties to attend public hearings and comment on the issues being discussed. If you wish to provide testimony and are unable to attend the meeting, written comments that are delivered to the City Clerk’s office prior to the time of the hearing will be made a part of the public record. Questions regarding this matter should be directed to the **City of Rancho Cordova City Clerk’s office at (916) 851-8720.**

NOTICE REGARDING CHALLENGES TO DECISIONS

Pursuant to all applicable laws and regulations, including without limitation, California Government Code Section 65009 and/or California Public Resources Code Section 21177, if you wish to challenge in court any of the above decisions (regarding planning, zoning and/or environmental decisions), you may be limited to raising only those issues you or someone else raised at the public hearing(s) described in this notice/agenda, or in written correspondence delivered to the city at, or prior to, this public hearing.

ADA COMPLIANCE STATEMENT

In compliance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please contact the City Clerk’s Department at (916) 851-8720. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting.

Printed in the Grapevine Independent on **October 16, 2026**

NOTICE OF
ADOPTED ORDINANCE

The following is a summary of Ordinances adopted by the City Council of the City of Rancho Cordova at its meeting of October 5, 2026:

AN ORDINANCE OF THE CITY COUNCIL OF THE CITY OF RANCHO CORDOVA, STATE OF CALIFORNIA, AMENDING TITLE 2 (ADMINISTRATION AND PERSONNEL), CHAPTER 2.30 PLANNING COMMISSION

Passed and adopted on the 5th day of October 2026 by the following vote:

AYES: Budge, Little, Pulipati, Sander, and Gatewood
NOES: None
ABSENT: None
ABSTAIN: None

The full text of the adopted Ordinance is available in the City Clerk’s office, 2729 Prospect Park Drive, Rancho Cordova, CA 95670.

Printed in the Grapevine Independent on October 16, 2026.

NOTICE OF
ADOPTED ORDINANCE

The following is a summary of Ordinances adopted by the City Council of the City of Rancho Cordova at its meeting of October 5, 2026:

AN ORDINANCE OF THE CITY OF RANCHO CORDOVA, STATE OF CALIFORNIA, ESTABLISHING A SPECIAL TAX FOR TRANSIT-RELATED SERVICES FOR THE IONNA EV CHARGING PROJECT SUBJECT TO VOTER APPROVAL

Passed and adopted on the 5th day of October 2026 by the following vote:

AYES: Budge, Little, Pulipati, Sander, and Gatewood
NOES: None
ABSENT: None
ABSTAIN: None

The full text of the adopted Ordinance is available in the City Clerk’s office, 2729 Prospect Park Drive, Rancho Cordova, CA 95670.

Printed in the Grapevine Independent on October 16, 2026.

City of Rancho Cordova Notice of Public Hearing

NOTICE is hereby given that on **Wednesday, October 28, 2026, at 5:30 p.m.**, or as soon thereafter as the matter may be heard, the Planning Commission of the City of Rancho Cordova will hold a Public Hearing at the **Rancho Cordova City Hall, located at 2729 Prospect Park Drive, Rancho Cordova**, to consider the following:

RIODEL ORO PARCEL 67E—MAJOR DESIGN REVIEW—PROJECT NO. PLND-0226-0155:

REQUEST: The Applicant is requesting approval of a Major Design Review for six (6) master home plans within Parcel 67E of the Rio Del Oro Specific Plan. The proposed homes range from approximately 1,211 to 1,794 square feet and include three architectural styles: Bungalow, Farmhouse, and Contemporary. The application also includes preliminary landscape plans and a color and materials board.

OWNERS:	APPLICANT:
Elliott Homes 340 Palladio Parkway, Suite 521 Folsom, CA 95630	Anthony Cabrera 340 Palladio Parkway, Suite 521 Folsom, CA 95630
Alta Vista, LLC 340 Palladio Parkway, Suite 521 Folsom, CA 95630	

LOCATION/APN: South of Tarcoles Way West of Irazu Way; APN: 072-3880-009-0000
CURRENT ZONING: Single Family (SF) within the Rio Del Oro Specific Plan (RDOSP)
ENVIRONMENTAL: The project is exempt from the California Environmental Quality Act (CEQA) pursuant to CEQA Guidelines Section 15182(C), Residential Projects Implementing Specific Plans
PROJECT PLANNER: Chance Finley-Ross, AICP, Associate Planner

The City of Rancho Cordova encourages interested parties to attend public meetings and comment on the issues being discussed. If you wish to provide testimony and are unable to attend the meeting, written comments that are delivered to the Planning Commission Clerk prior to the time of the hearing will be made a part of the public record.

Questions regarding this matter should be directed to the City of Rancho Cordova Planning Division at (916) 851-8750.

NOTICE REGARDING CHALLENGES TO DECISIONS

Pursuant to all applicable laws and regulations, including without limitation, California Government Code Section 65009 and/or California Public Resources Code Section 21177, if you wish to challenge in court any of the above decisions (regarding planning, zoning and/or environmental decisions), you may be limited to raising only those issues you or someone else raised at the public hearing(s) described in this notice/agenda, or in written correspondence delivered to the city at, or prior to, this public hearing.

ADA COMPLIANCE STATEMENT

In compliance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please contact the Planning Commission Clerk at (916) 851-8759. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting.

Printed in the Grapevine Independent on **October 16, 2026**

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the weekly whistle

We've Been Busy

By Jason Harper, Director,
Rancho Cordova Athletic Association

A few weeks ago, about 50 Cordova High School athletes walked into the Rancho Cordova Sports Hall of Fame celebration. They're accustomed to walking into gyms, stadiums and fields where people are there to watch them. This night was different.

Before the doors opened, we pulled the Lancers together for a pregame huddle. We told them about the legends who, in just a few moments, would be walking through those doors and standing in their presence. These were men and women who had worn their colors, played on their fields, walked the same hallways and helped write the athletic history they had inherited.

Then we gave them a simple instruction: **"Tonight, you are not the star."**

We talked about humility and honor. We told them that when they met these legends, look them in their eyes. Not down. Not away. Eye contact is a sign of respect. Then we modeled a handshake. Firm. Hand to hand. Eye contact. Be present.

And then came the part that mattered most. **"Guys and gals, when you shake, you thank."**

We called it the **Shake and Thank**. Shake their hand. Look them in the eye. And authentically thank them. Not because somebody told you to say it. Not because you're working on an event. Thank them because the opportunity you have to wear CORDOVA across your chest exists, in part, because generations of people wore it before you.

Then the doors opened. These young athletes began meeting men and women who had worn the same colors before they were born. They escorted guests, opened doors, helped people find their seats and listened to stories from another generation of Rancho Cordova athletes.

The jerseys were different. The hairstyles were different. But the connection was unmistakable.

And standing quietly in their shadows was Cordova High School's new Athletic Director, Michael Lorente.

He watched.

He watched young athletes serve instead of being served.

He watched generations of Cordova athletics meet one another with respect.

He watched the very culture that had been such a significant draw in solidifying his desire to come to Cordova now playing out right in front of him.

No PowerPoint. No recruiting pitch. No slogan on a wall.

Just culture in action.

At some point during the evening, I found myself watching our young athletes standing alongside the people whose pictures and names belong to Rancho Cordova's history. For just a moment, you could see the entire purpose of what we're trying to build in one room.

The past was standing next to the future. There is a difference between being busy and building something that matters. Around here, we're working to do both.

Busy watching kids step onto fields for the first time.

Busy watching coaches give away evenings and weekends because somebody once did the same thing for them.

Busy building new opportunities. Busy connecting youth sports to our schools.

Busy celebrating the people who built Rancho Cordova athletics before many of our current athletes were even born.

And somewhere along the way, something became increasingly clear: We aren't just running sports programs anymore.

We are building an athletic community.

A five-year-old who puts on a jersey for the first time probably isn't thinking about Cordova High School. And the former athlete sitting

at the Hall of Fame probably isn't thinking about that first practice 40 years ago.

But we are. Because they're connected.

The kid learning how to dribble today may someday play varsity basketball. The Little Leaguer digging into the batter's box may someday wear a Cordova jersey. The high-school athlete serving our community today may someday become the coach standing beside another eight-year-old. And eventually, some of them become the names and stories we celebrate in the Rancho Cordova Sports Hall of Fame.

That's the pipeline.

Five years old to seventy-five and beyond. Wins matter. Championships matter. Competition matters.

We should teach kids to compete, improve and pursue excellence. But if the only thing youth sports produces are better athletes, **we aimed too low.**

We want better teammates. Better students. Better leaders. Better neighbors. Better adults.

That means creating opportunities for more kids to play, helping families who need assistance, supporting coaches, improving facilities, strengthening the connection between youth and high-school athletics, and making sure the history of Rancho Cordova sports isn't lost. It means building something that lasts longer than a season. There will always be another registration, another practice, another game and another season. But occasionally, it's worth looking up from the schedule and recognizing what is happening.

Across Rancho Cordova, thousands of kids are learning how to belong to something bigger than themselves. Hundreds of adults are giving their time to make that possible. And generations of Rancho Cordova athletes are becoming connected in ways they haven't been before.

And maybe that's why that Hall of Fame night stuck with me.

We told 50 young athletes: **"Tonight, you are not the star."**

We taught them the **'Shake and Thank.'** But watching them serve the people who came before them reminded me of something. **Someday, they might be.** And when that day comes, I hope another kid is standing at the door, shaking their hand, looking them in the eye and saying: **"Thank you for what you did for Rancho Cordova."**

That's bigger than a scoreboard. **That's community.**

We're not finished. Not even close. **We've just been busy.**

And there is a lot more coming. Let it be said of us Cordovans: No one will outwork us.

Because in Rancho Cordova, **it's effort over outcome.**

Honored to be your city-wide Athletic Director.

NEXT WEEK IN THE WEEKLY WHISTLE

"LORENTE: THE NEW AD."

Who is Michael Lorente?

Next week, we introduce Cordova High School's new Athletic Director, not with a biography, but with a conversation. Why Cordova? What did he see here that made him want the job? What does he believe high-school athletics should produce beyond wins and losses? What does he want a freshman athlete to experience when they first put on a Lancer uniform? And what does he need from coaches, parents, youth programs and the Rancho Cordova community to build what comes next? And we'll take him back one night...

"You stood in the background and watched nearly 50 Lancers serve the generations who came before them. What did you see?"

Next week:

LORENTE: THE NEW AD.

The person. The position. And his vision for what comes next at Cordova. ★



By Bob McGarvey

The next holiday on our calendar will be Halloween. There are quite a few people who are decorating their homes with colorful Halloween decorations. We are looking forward to seeing all the ghosts, goblins, princesses and the rest of the creative costumes. One of the most popular places this month is the Heartstoppers Haunts. Cordova Community Council has made it at what once was the Mineshaft, and there are high school students who really enjoy themselves decorating and scaring the visitors. This Halloween we have to remember that this is also the day to change our clocks to daylight saving time. This means we turn our clocks back one hour. I will really enjoy getting that extra hour of sleep.

There are other holidays which are coming up very quickly during the fall. We begin with Veterans Day, November 11th, will be honored in front of Mather Veterans Hospital and with

And Another Thing

Holiday Season Is Near

a display of flags along Folsom Blvd. Another holiday is Thanksgiving Day which is enjoyed at school and home. "The first Thanksgiving in 1621 was a three-day harvest gathering in Plymouth, Massachusetts sharing by about 50 English colonists and roughly 90 Wampanoag Native Americans." There aren't very many decorations at homes or businesses for that holiday for some reason. It is a very important part of our country's history. The next holiday is Christmas and then New Years Day. As I said earlier, the holidays are enjoyable, and we can enjoy them all when we can share.

Many families share different things during the holidays. Families get together to exchange gifts and maybe cookies. Many of us also enjoy some of the holiday movies together, and at times families are fortunate to just share time together. Our grandchildren and their parents have often gone to the mountains where they can cut down a Christmas tree. Some questions they asked were cute from them, like,

why we don't have snow in Rancho Cordova. They were very young and they aren't now, and we could give them some answers. The Sacramento Valley is too warm for snow. It only took a few miles to get to the foothills and mountains where the snow does fall. With just our own children, I remember going to Apple Hill where the little ones got a candy cane after they saw Santa Claus. What great memories.

The California Capitol Airshow is taking place as I am writing this article. Some people complain about the noise, but to me it is the sound of freedom. This year the show is different because it had night performances, including fireworks and drones. The audience enjoyed the spectacular performances by the Thunderbirds as well as the Snowbirds from Canada. The Airshow was sold out on Saturday and probably on Sunday. I am sure the show was enjoyed by everyone who attended.

From Bob McGarvey, God bless, and see you next time. ★



PoppTalk

With Mary Jane Popp

Hobbies Help

She is a regular on my POPPTALK Radio Show on KAH1 Radio. She is a true holistic health advocate for optimal nutrition, physical fitness, stress management, balanced living, positive aging, and natural approaches to greater energy and well-being. She has written numerous books with her latest "A Hug in a Mug," "Uplifted," "Wired for High-Level Wellness," and also authored the award-winning novelette "Joy and the Butterfly" a magical story for children of all ages. She is the most caring friend I have ever known. So, I asked **Dr. Susan Smith Jones** to share why hobbies can help!



Dr. Jones 76? Really? Yes, Really!

- 1. REDUCE STRESS.** Painting, knitting, gardening, music and other absorbing activities can interrupt worry and help the nervous system shift out of high alert.
- 2. LIFT YOUR MOOD.** Having enjoyable interests can encourage happiness, life satisfaction, optimism, and a welcome sense of possibility.
- 3. GIVE WORRY LESS ROOM.** When you focus on the next brushstroke, puzzle piece, garden row, dance step, or musical phrase, the mind has less space to rehearse problems.
- 4. KEEP THE BODY MOVING.** Gardening, dancing, hiking, horseback riding, tennis, pickleball, swimming, and walking groups make movement enjoyable instead of feeling like punishment.
- 5. EXERCISE THE BRAIN.** Reading, music, puzzles, photography, games, languages, and dancing challenge memory, coordination, observation, problem-solving and learning.
- 6. BUILD CONFIDENCE.** Finishing a project, learning a skill, or improving little by little reminds you: I can still learn, create, and surprise myself.
- 7. STRENGTHEN SOCIAL CON-**

NECTION. Book clubs, choirs, sports, classes, volunteer teams, and riding clubs create opportunities for friendship, laughter, and belonging.

8) **RESTORE WONDER.** Hobbies help us notice beauty again—a new flower, bird in flight, melody, sunrise, or the pleasure of creating something with our own hands.

9) **NURTURE THE SPIRIT.** A meaningful hobby can become a form of moving meditation or prayer, bringing us into the present with gratitude, patience, and peace.

10) **GIVE LIFE SOMETHING TO ANTICIPATE.** Hobbies place little islands of joy across the calendar and remind us that life is more than productivity.

I love how she finishes getting to the heart of ways to help heal body, mind, and spirit like choose something that genuinely delights you. You don't have to be "good" at it for it to be good for you. Begin small, stay curious, laugh at mistakes, and let your hobby become your sanctuary from stress and pressure. I will add...**START TODAY!** Let's face it, we all talk a good talk, but the action is what it takes to make things a reality. By the way, you can check out **Dr Susan Smith Jones** for lots more GREAT life enhancing ideas at **www.susansmithjones.com**.

While you're there, check out how to get her monthly newsletter. It has super inspiring information and delightful sayings to put a smile on your face in addition to helping you become the best you can be. No strings attached. Just click on the newsletter and it will be in your email monthly. Almost forgot. IT'S FREE!!! I take her advice seriously! Would you believe **Dr. Jones** will be 76 in November? **WOW! HAPPY HOBBY HUNTING!!!**



Grapevine Independent

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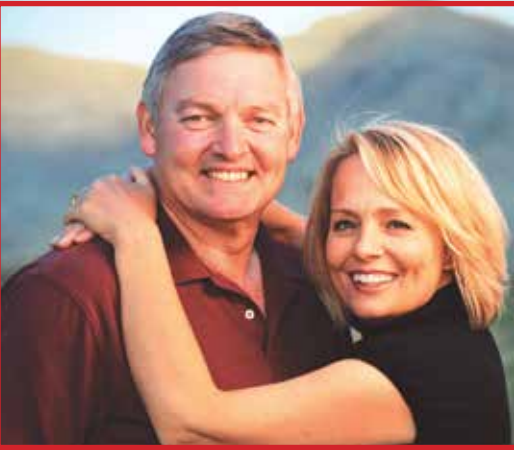
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Subscriptions should be mailed to *Grapevine Independent*, 2508 Garfield Ave., Suite A, Carmichael, CA 95608. Subscription rate is \$52 per year within Rancho Cordova. \$72 within Sacramento County.

The *Grapevine Independent* is published weekly. Call 916-773-1111 for more information.

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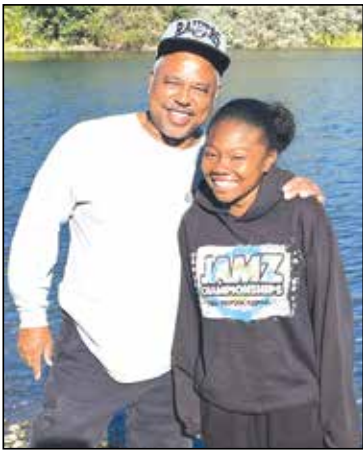
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Fathers and Daughters Enjoy Fishing and Family Fun

American River Parkway Foundation strives to make the American River Parkway more accessible to all in Sacramento County and beyond



Twenty-one daughters and their fathers enjoyed a morning of fishing at Sailor Bar Park on the American River Parkway on Saturday, Oct. 10. Photo courtesy of American River Parkway Foundation

American River Parkway Foundation News Release

SACRAMENTO, CA (MPG) - Twenty-one daughters and their fathers enjoyed a morning of fishing at Sailor Bar Park on the American River Parkway on Saturday, Oct. 10.

This is the third annual Father-Daughter Fishing event hosted by the American River Parkway Foundation in partnership with local nonprofit Sisters of Nia, which works to uplift, educate and empower young girls in grades sixth, seventh and eighth.

The Father-Daughter Fishing event is part of the Parkway Foundation's Parkway CONNECT program, which aims to remove barriers that prevent families from experiencing the American River Parkway.

"This was our largest group to date, and it was so great watching the girls out by the water casting the fishing poles with their dads. In addition to fishing, some even made a fish



One way the Parkway Foundation helps remove barriers that prevent families from experiencing the Parkway is by covering the cost of Parkway CONNECT events. Photo courtesy of American River Parkway Foundation



The Father-Daughter Fishing event is part of the Parkway Foundation's Parkway CONNECT program, which aims to remove barriers that prevent families from experiencing the American River Parkway. Photo courtesy of American River Parkway Foundation

print to remember our morning together. Most of the group had fished before, but only five or six had been to the American River Parkway," said Education Manager of the Parkway Foundation Jackie Hadley.

One way the Parkway Foundation helps remove barriers

that prevent families from experiencing the Parkway is by covering the cost of Parkway CONNECT events through grant funding and donations.

"All of the fishing gear for this event was donated, which is a testament to how passionate our community members

are about helping more people experience and recreate on the American River Parkway," added Executive Director of the Parkway Foundation Dianna Poggetto.

So far this year, 411 people of all ages and backgrounds discovered the Parkway through

Parkway CONNECT events. For more information about the Parkway CONNECT program, visit www.ARPF.org/Parkway-Connect. Or check out the Discover the Parkway YouTube series to hear from past participants about the impact of this program. ★

More Than 11,470 Pounds of Trash Removed During River Clean-Up

The American River Parkway Foundation's largest clean-up of the year spanned 13 sites along the American River Parkway



Almost a thousand volunteers removed 11,470 pounds of trash, pulled 6,801 invasive plants, laid 900 cubic feet of fresh mulch, and painted 35 infrastructures on the American River Parkway. Photo courtesy of American River Parkway Foundation

American River Parkway Foundation News Release

SACRAMENTO, CA (MPG) - Almost a thousand volunteers removed 11,470 pounds of trash, pulled 6,801 invasive plants, laid 900 cubic feet of fresh mulch, and painted 35 infrastructures on the American River Parkway (Parkway) during the Great American River Clean-Up (GARCU) on Saturday, Sept. 19.

"Every year, it amazes me to see how the community shows up to help conserve the American River Parkway. We are so grateful to our passionate volunteers, who took time out of their Saturday to pick up trash, pull invasive plants, lay mulch, and paint infrastructure, like metal poles, wooden posts and parking curbs, across 13 sites along the Parkway," said Dianna Poggetto, Parkway Foundation executive director. "Each year,



The American River Parkway Foundation manages programs like volunteer clean-ups, infrastructure improvements, trail maintenance, fire mitigation and education. Photo courtesy of American River Parkway Foundation

the amount of trash removed decreases, which really showcases how our community has

come together to keep one of our region's greatest civic amenities clean and beautiful."

The Great American River Clean-Up is part of the California Coastal Cleanup Day,

which is California's largest annual volunteer event to remove trash from beaches and inland waterways. The American River Parkway Foundation has partnered with the California Coastal Commission since 1993 to bring GARCU to the community.

Today, GARCU is recognized as one of the largest interior clean-ups in California and, since 2011, has helped removed over 271,000 pounds of trash and harmful debris from the American River Parkway.

For more details about the American River Parkway Foundation and the incredible work thousands of volunteers complete each year to conserve the American River Parkway, visit www.ARPF.org/ or watch the Discover the Parkway series on the ARPF YouTube channel at www.youtube.com/AmericanRiverParkwayFoundation. ★