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Land Park News

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Fleet Feet Sacramento to donate $10,000 to CK McClatchy track remodel

The owners of Fleet Feet Sports Sacramento have announced they are donating $10,000 from their after school running program, Project Fit, to the track remodel project at CK McClatchy.

When CKM announced the new all-weather track would be constructed this year, the Fleet Feet Sports ownership team contacted Restore The Roar. The Sweeneys and the Robinsons, the owners of the J Street store, then met with the Restore The Roar board and learned that lighting and equipment were not included by the city's remodel budget. That cinched their decision to donate to the track project.

"The new CKM track is going to be a crown jewel of the community", Dusty Robinson says. "We are thrilled to support it and hope this inspires other companies to do the same as there is still a lot of need."

Project Fit was a free after school running program started by Jan and Pat Sweeney about 10 years ago to support youth running. It supported over a dozen after school running clubs, provided running shoes to underserved school kids, and paid for race entry fees for underserved students wanting to run in area races. With the Sweeneys now retired, their son being a graduate of CKM, and other organizations now operating several youth running programs, they discussed it with the Robinsons and they all agreed this donation was a perfect fit.

The donation will be presented to Restore The Roar and to McClatchy's Athletic Department on Thursday evening September 28 at 5:30 p.m. before the start of back to school night.On Thursday, June 15, the Sacramento City Unified School District Board of Trustees approved $4.5 million in funding for the renovation of McClatchy High School's track and field with an all weather surface. Construction is anticipated to start in the summer and completed around October.

Restore the Roar, a fundraising organization made mostly of CKM alumni, began to lobby the SCUSD Board to make improvements to the outdoor athletic facilities at McClatchy and on Thursday, June 15, trustees approved $4.5 million in funding for the renovation of the track and field with an all weather surface.

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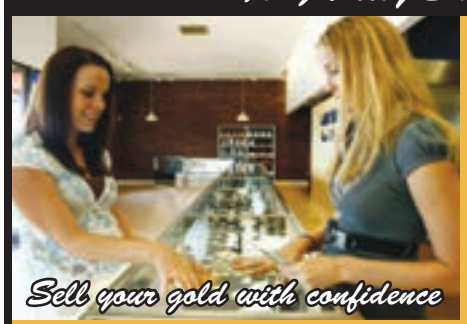
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Happy birthday, Goody!



Goody showing off her shoe to half-sister Skye.

Goody the reticulated giraffe celebrated her 19th birthday on Sept. 19 (one of her primary caretakers, zookeeper Melissa, also celebrating a birthday that day!). For her special day, she received extra treats (grapes are a favorite). The easygoing gal got to hang out with her herd-mates and made her way to the giraffe deck during public encounters to receive extra leafy greens.

Goody is a bit of a celebrity who received national attention for the custom-made shoe she wears and other treatments to care for her arthritis and leg conformation issues.

Goody is doing well. While she will continue to receive various treatments for the rest of her life such as her electrotherapy mat, acupuncture, glucosamine and more, all are being provided at a maintenance level. Goody's condition is not declining; instead, the treatments have slowed down the progression of her arthritis and other related ailments. This effort on the part of keepers and vets has greatly improved Goody's quality of life, allowing her to enjoy her golden years with her half-sister and the rest of the herd.

Happy birthday, Goody!



Flamingo chick Bellini at 2 days old

Flamingo chick care update: Passing of Bellini

The Sacramento Zoo's animal care team, veterinarians, and all other support staff are somber as they announce the death of Bellini on Sept. 20, one of the six American flamingo chicks to hatch at the zoo this summer. The cause of death is unknown at this time. Zoo veterinary staff completed a preliminary exam that procured no further answers. A full necropsy will be performed at UC Davis. Bellini was the second oldest chick but was also the smallest. As the runt, her food intake and weight were monitored closely by her care team. Unlike the rest of her flock, she was still receiving supplemental feedings in an effort to help her grow. She will be remembered fondly by visitors and staff as being the little girl filled with personality. She loved to cuddle with her caretakers, enjoyed bathing, and had a sweet disposition. This is a difficult loss for all at the zoo.



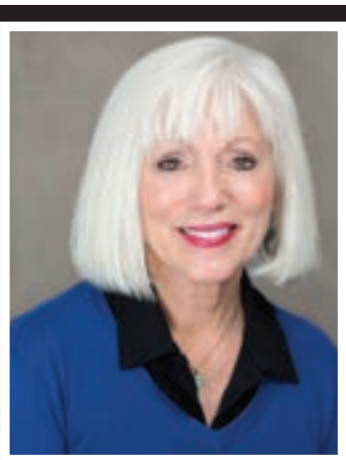
The zoo's facilities team taking a quick break from constructing the new structure for the lions.

New custom-built furniture for the African lions

The Sacramento Zoo's facilities and animal care teams have been hard at work creating and implementing some new and exciting changes to the African lion's habitat.

The most noticeable change for visitors is a climbing and napping structure in the exhibit. The large structure was created with our lion pride and their needs, as well as lion housing guidelines, in mind. It offers more shade on hot days, as well as heated locations on cold winter days. Overall, the main structure and two additional smaller napping platforms offer more lounging, scratching, and exploring options. An added benefit for zoo visitors is a closer view and new perspective of the lions.

Further additions, that cannot be appreciated by guests, is an expanded behind-the-scenes space for the African lions that triple the amount of off-exhibit outside area. The area includes resting platforms and simply more options for keepers to move animals from space to space depending upon the cat's needs and the pride social dynamics at any given time.



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Land Park area neighbors meeting set to address under-the-freeway homeless population

By STEPHANIE DUNCAN
Land Park Community Association

In response to a growing homeless population beneath the W/X freeway and in neighborhoods to the south, the Land Park Community Association and Sierra Curtis Neighborhood Association are collaborating to hold a discussion about homelessness on Monday, Oct. 23 from 6:30 to 8 p.m. in Curtis Hall at the Sierra 2 Center in Curtis Park.

Stephanie Duncan, an LPCA board member, initially approached the SCNA board with the idea of a homeless discussion in January 2017. The succeeding months have included reaching out to various resource agencies and elected officials to take part in the event. Additionally, input from area residents has been gathered on social media such as Next Door and Facebook to determine their primary concerns and questions.

The goal of the discussion is to invite residents from Land Park, Curtis Park, Upper Land Park, South Land Park Estates, South Land Park Terrace, Hollywood Park, and South Land Park to get their questions answered about homelessness in our neighborhoods. Additionally, City, County, and Resource Agency staff will share statistics about homelessness, provide answers about the services they provide and what one must to do obtain services, their goals are for the future to help get people off of the streets, and how the community can help.

Current City/County/Resource Agency attendees include:

- Councilmember Jay Schenirer
- Emily Halcon, Homeless Services Coordinator for the City of Sacramento
- Cynthia Cavanaugh- Director of Homeless Initiatives for Sacramento County
- Eduardo Ameneyro- Homeless Services Division Manager at the County Dept. of Human Assistance
- Ryan LoofBourrow- Sacramento Steps Forward CEO
- Sacramento Police Department's Impact Team
- Noel Kammermann- Loaves & Fishes General Manager
- Steve Watters- First Step Communities Executive Director

You can mark your calendars for Monday, Oct. 23 and bring your questions to this informative community event. Be sure to arrive early as seating is limited.



Steffan Brown
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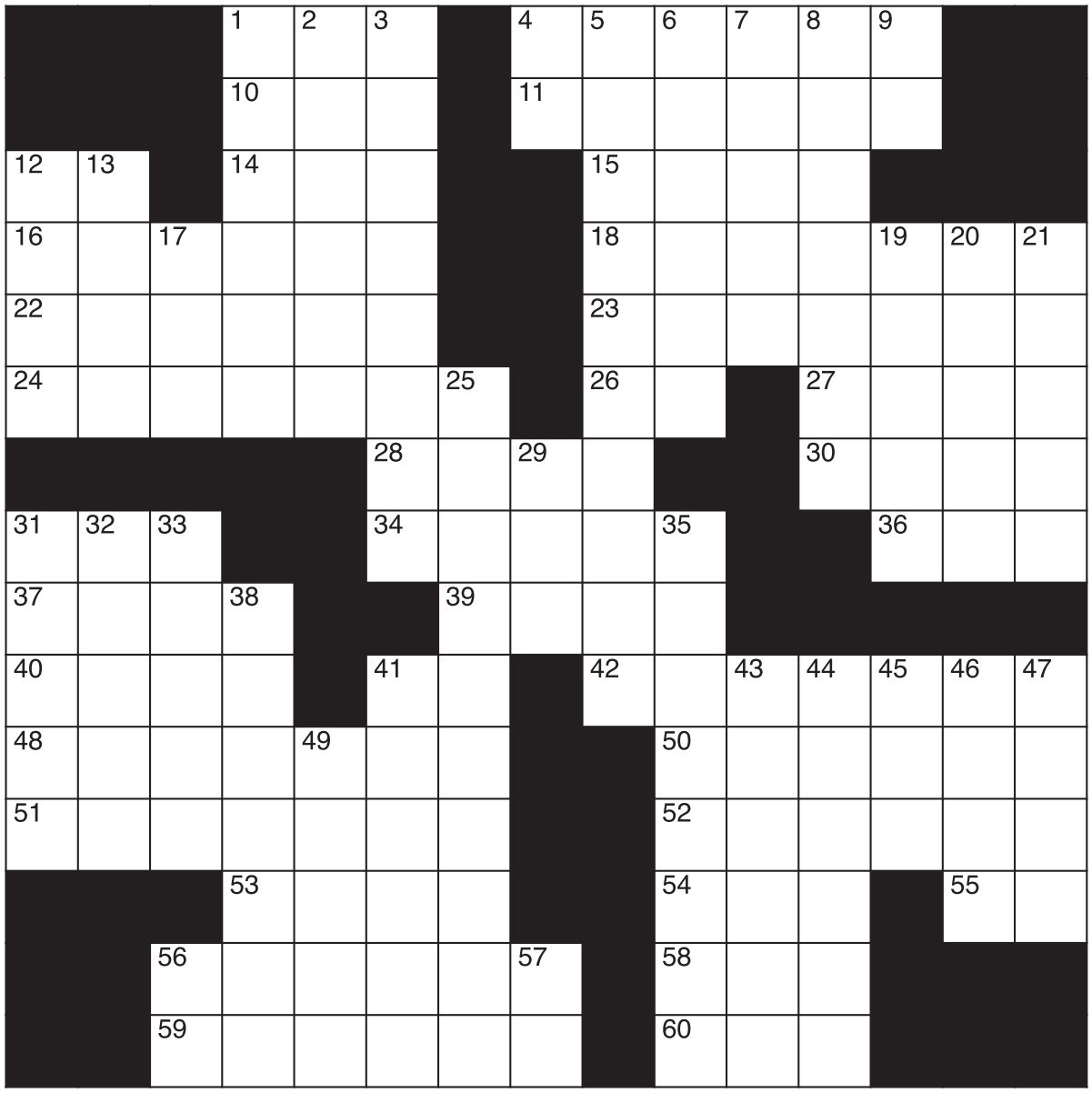
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1. Storage device
4. Disagree with
10. Political organization
11. Playoff appearances
12. Collection of cops
14. Balkan mountain peak
15. Island north of Guam
16. Seizure of someone's property
18. Repeat
22. Beautiful youth
23. Bullfighters
24. Charges a fare
26. Not off
27. Where skaters ply their trade
28. Meson
30. Guru
31. Cycles/second
34. Alternating turns
36. Soviet Socialist Republic
37. Mound
39. Boxer Amir
40. Away from wind
41. Exist
42. Working man
48. British soldier
50. Scrounge
51. Upset
52. The act of escaping
53. Poet Pound
54. Confederate general
55. Midway between south and east
56. Becomes hot from the sun
58. Fictitious poet Mailey
59. Not yet purchased
60. Intersperse

CLUES DOWN
1. Bathing suit
2. Poignantly different from what was expected
3. A person with the same name as another
4. West Siberian river
5. Of the membrane lining the abdominal cavity
6. Has a positive electric charge
7. Fish-eating mammal of the weasel family
8. Offerers
9. Spanish be
12. Chilean province Capitan __
13. Father
17. Pestilence
19. Songs
20. Grilling tools
21. Long, winding ridge of sand and gravel
25. Court game
29. __kosh, near Lake Winnebago
31. Variety of beet
32. Caps
33. Rides in the snow
35. Took without permission
38. Tall stand to hold books
41. Spanish neighborhood
43. Spanish dance
44. Countries of Asia
45. Make fun of
46. Elk Grove High School
47. Network of nerves
49. Greek apertifs
56. Unit of volume
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El Coro: The first bilingual community chorus announced and all are welcome to join

By MONICA STARK
editor@valcomnews.com



Marie Acosta, Director of The Latino Center of Art and Culture

The Latino Center of Art and Culture announces the formation of Sacramento's first bilingual community chorus. In partnership with La Familia Counseling Center and Casa de Español and funded by the California Arts Council, El Coro will revive songs from the Chicano Civil Rights Movement and other social movements from Latin America and the United States. The Coro will be directed by the outstanding vocalist Dinorah Klingler and her musical partner, Carlos Mario Kandia. The Coro songs are in Spanish, English and Spanglish.

As LCAC Director Marie Acosta has said, "We are immensely excited to bring songs from our activist legacy to our current political climate. Music heals, unites and inspires."

El Coro especially seeks Latino Baby Boomers who remember the songs from the 1960s and '70s that inspired and informed students, farmworkers and community activists, but all ages are welcome.

El Coro will interpret well-known songs including: "Quihubo Raza!" ("What's Happening, People!"), "El Picket Sign," "No Nos Moveran," "Huelga En General," "Un Son Para Mi Pueblo" along with songs from the same era-- "Give Peace a Chance," "We Shall Overcome" and "Blowin' In the Wind."

Historically performed on the backs of pick-up trucks, in labor halls, at demonstrations, at student gatherings during the era of the Delano Grape Strike and Boycott and Cesar Chavez's 300-mile march from Delano to Sacramento, these songs, Acosta recalls symbolized the strength of community that arose out of the activism of the day."We'd perform for farmworkers out in the fields. They were very powerful messages and there was such a great response from these songs."

Two of her favorite protest songs of the time include "Quihubo Raza!" and "Que Vivan Los Estudiantes (Long Live the Students)". Quihubo Raza! discusses "identities as Latinos and the pride we have about being Latino and the contributions we make as Latinos" while "Que Vivan Los Estudiantes", Acosta feels, is "so appropriate for today for DACA, our Dreamer students."

Asked about the motivation behind the formation of El Coro, Acosta senses energy from the youth who are responding to a series of actions taken recently by the Trump administration. "There's a sense of purpose. The 'I' is less important than the 'We'. There's a community that expands beyond our boundaries of Sacramento and there's an international sense of urgency."

El Coro may participate in local protests or cultural events if called upon, Acosta said. "And, today a lot of people feel it's important to go to demonstrations and participate in those, but after that, what? This is a way for people to continue their activism through song with these words; many of (the songs) are in the Smithsonian (Folkways Recordings)."

When the grant proposal was due to the California Arts Council for a new program called Artists Activating Community, Acosta said the timing was inspiring. "It was right after the elections, and I started thinking there has to be a way through the arts we can address this situation that has so many of us in angst and stress." Coincidentally, for many years, she had wanted to revive the songs from the Chicano Civil Rights Movement, which she participated in both Mexico and the United States. "They were such inspiring songs. They built community and they strengthened our efforts and our resolve and they added continuity to what we were doing at the time."

During that time period, Acosta worked with the famed El Teatro Campesino (*The Farmworkers' Theater)* in California and in Mexico with a group called Teatro Los Mascarones (*The Maskers Theater).*

She recalls her experiences during "El Movimiento" traveling to college campuses or participating in demonstrations in host towns. "The catchiest way to get people into the marches was with these tunes. I've seen them in action. I had that purpose myself. There was a sense that as cultural workers we were able to contribute to an important cause that would affect our families and children for years. One of the other reasons is that many of my peers are Latino Baby Boomers and have great memories of Chicano activists and 'El Movimiento.' That piece of our history is considered in the past, but it speaks to the now. And many of my peers said, 'Yes, let's bring those songs back.'"

A special holiday performance at the Guild Theatre is planned with Spanish language Christmas favorites – an event that like the traditional Mexican Posadas will play out Mary and Joseph's journey to Bethlehem in their search for a place to stay for the birth of baby Jesus. Posadas are held in neighborhoods across Mexico and this year's Posada will occur along the Broadway Triangle with a big fiesta ending at the Guild. Songs will be sung along the way.

While auditions have been announced, there will be no cuts to El Coro. "The purpose is to hear people, to hear the kind of range of the people we have. We hope to do harmonies; soloists, musicians will join us. I know people will think they can't sing in front of people. But that's not true, everyone can sing. This isn't a glee chorus. This is the people's chorus. Everyone is welcome."

Auditions for El Coro will be held on:

Sunday, Oct. 1 from 1 to 5 p.m. at the Latino Center of Art and Culture, 2700 Front St.

Tuesday, Oct. 3 from 5 to 9 p.m. at Casa de Español, 101 R St.

Wednesday, Oct. 4 from 5 to 9 p.m. at Maple Neighborhood Center, 3301 37th Ave.,

For more information, call 446-4133 or email larazagaleria@gmail.com



Door to Door

with PAT LYNCH

When our family went on car trips our mother often said, "Look up, look up." This was so we could avoid seeing the beer cans, soda bottles, crumpled papers, cigarette butts, discarded food and other sometimes unidentifiable garbage that befouled the roadways. It was a disgrace, she said, and the people who tossed their refuse or dropped it on the ground were, of course, disgraceful. This was to be without grace, and grace was the thing that lifted us up and made us share, gave us good manners and good habits. People who had grace were considerate of others. They didn't spoil the view.

So we didn't throw our banana peels out the car window. Once in Calaveras we saw and heard two adults complaining loudly about a trash-splattered meadow. "Why don't they do something?" our mother muttered, and I recall thinking that if she didn't have seven kids to keep track of, she'd have cleaned the meadow herself. We took seriously the "Don't be a Litterbug" campaign inspired by early environmentalists, (though Eileen, our youngest, misheard it and thought it said, (Don't be a Little Bug.) Our mother wasn't crazy about billboards either, and liked to recite Ogden Nash's verse: I think that I shall never see/A billboard lovely as a tree./ Indeed, unless the billboards fall/ I'll never see a tree at all."

By the late sixties we elder kids had entered our generation's roistering critique of president Lyndon Johnson and the Vietnam war. Our parents largely agreed, in part because they feared the draft would take one of our brothers. But our mother insisted on one thing: "Don't tell me I can't like Lady Bird," she said. "Because I like Lady Bird Johnson." The first lady had made highway beautification and recovery of natural habitat her mission, and though comedians made great mock of her Texas drawl and her cause, she persisted.

The Outdoor Advertising Association of America defeated her first effort—the Highway Beautification Act. LBJ reacted strongly. "You know, I love that woman," he proclaimed to his cabinet. "And by God, we're going to get it for her." (New York Times, 2007). Lady Bird's bill finally passed, 245 to 138. Thus began an enhanced national consciousness, abetted by fines, and now you can drive to breathtaking Yosemite or tour the New England fall colors without having to 'look up, look up' to avoid squalor.

You saw the improvement everywhere, in national parks, local parks, on the highways and byways of our vast sprawl of homeland. Lady Bird woke us up and got us to clean house. And once we did that we instituted a permanent new aesthetic for our public places—they had to be kept clean and inviting. She was an old school preservationist, of course, which means she was really a visionary and a futurist, and we enjoy the realization of her vision today. So here's a nod to Lady Bird.

But sometimes high standards are hard to maintain. Our iconic and lovely McKinley park, for example, has declined. Encamped and transient park users defile it with discarded needles, waste, condoms, garbage, soiled clothing and other detritus. Some of the people who abuse the park environment are destitute, others can afford spray cans for graffiti.

It is, as my mother would have said, a disgrace. The charming haven she enjoyed, with its celebrated rose garden, library and pond, is besieged, and shows it. One day at dusk I saw a stained paper bag tumble down a green slope. I went to retrieve it, then recoiled. Urine soaked underwear sagged out, giving it a soggy stench. I backed off. Okay, I fled.

I don't know enough about the homeless to characterize them as a group. I know some are mentally ill, some are parolees, many are drug addicts, a few are younger runaways. And I know that their presence has burdened the park and driven some neighbors away.

Another citizen has confronted McKinley's deterioration in a more forthright manner. After frequently calling 311 to report park violations (and receiving no response), Will Green decided to act. Armed with rubber gloves and a tall trash grabber, he patrols the park, picks up refuse, drops it in the cans. "It's a mission for me," he says. "I'm so visually wired, and when I saw the park getting so degraded I had to do something." Green is a retired physician, so he knows the biological hazard that lurks in some of the refuse. "I'm out there every day," he says. On weekends he is joined by Martin Palomar.

Green is so committed to his mission that he has designed and wears a blue teeshirt that states U 2 CAN HELP; it features the image of a person discarding trash. Green, too, is a preservationist visionary (and former co-founder and current board member of East Sacramento Preservation), and is able to see not merely what is wrong with a situation, but how to make it right. He is unusual in that he steps in.

Psychiatry was his medical specialty and he says that most of the park abusers are indeed homeless and suffer mental illness. The arena pushed some of them out of downtown and into East Sacramento where our parks become refuge. Add drug addiction to the mental illness and you have a recipe for personal disaster. But Green doesn't go to the park to treat or reprimand. Instead he brings water bottles and blankets and picks up the trash. This is public service that produces immediate and needed results, for the day. But he's out there the next day too, and the next, and the next. Sometimes he returns in the evenings. Palomar joins him every weekend, and sometimes they both return in the evening. While the City ponders building pet-friendly homeless shelters for winter, these two guys rescue our park. Nobody asked them to do it, nobody forced them, nobody pays them. They serve because they saw the need. It reminds me of what Martin Luther King said: "Everybody can be great…because anybody can serve… You only need a heart full of grace."



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An interview with the Münechild

By JAMES PEYTON

Local indie artist Isaiah Thompson, also known as "Münechild", stops by to talk to the Land Park News. Münechild plays local gigs here and there with his own vibe, and his own record label – Native Cruiser Records. When trying to ascertain what style of music he plays, to attempt to fit it into a category or box, the closest thing he came up with was Ocean-Grunge. Let's see what the Münechild has to say.

Peyton: What inspired you to get into music, and who were you inspired by?
Münechild: I've always had a serious interest in music, but decided to pursue it seriously when I was around 12. I was inspired to actually learn guitar when I was around 10 after reading a book on Jimi Hendrix.

Peyton : Who are your current musical inspirations?
Münechild: I've currently been inspired by Tyler, the Creator – his new album is dope. The homies on my record label (Native Cruiser Records). Toro y Moi. Smokey Robinson. Etc.

Peyton: What kind of mood does making music get you into?
Münechild: Makes me feel like I'm in church or something. It gets me feeling super spiritual and happy. No other feeling like it

Peyton: So it lifts you out of depression, if you are in it?
Münechild: Oh yeah, definitely

Peyton: Your music and videos seem to portray a certain loneliness and isolation. Do you think that is a theme in your music?
Münechild: That's a part of it. The concept of Münechild is about trying to understand the world as an outsider, and knowing that there's a bit of relativity in all of us. You just have to find it.

Peyton: OK, tell me more about your label Native Cruiser records. It's an Indie label?
Münechild: NCR is an indie founded by me and co founded by my friend Josh who's also an artist. We basically just put together a team of producers, photographers, rappers, etc. that want to create and collaborate without having to worry about being accepted. We just want to be able to vibe with everyone.

Peyton: Is it an actual label? Or does it only go out to Soundcloud?
Münechild: It's not official yet, it's more of a collective. I wanted it to be a record label because I wanted to make a statement that you don't have to be famous or anything to have/be signed by a label. You can just create the music you love and distribute it by yourself if you wanted to, you don't have to wait for a major label.
Peyton: How do you distribute? CDs, YouTube, Soundcloud, and social media?
Münechild: CDs and as much social media outlets as we can. NCR is my label/collective promoting the idea of being true to your art and doing what you want artistically - without having to wait on someone to tell you what to do or how to do something.

Peyton: What does Nativecruiser mean?
Münechild: I didn't actually put that much thought into it, but the native part kinda goes with sticking close to your instincts or "native to your beliefs". The cruiser part just signifies letting life take its course.

Peyton: About how many tracks have you made so far?
Münechild: More than 20.

Peyton: How has playing gigs and the music scene changed how you view the world?
Münechild Playing gigs helps me realize that performing is just as much an art than the music. The music scene has showed me that there are a lot of cliques and exclusivity. I feel like our music scene needs a lot of work in helping our artists flourish.

Peyton: Where do you plan to go next with your music? What would you like to see happen to the scene in sac?
Münechild I would like to see more opportunities for young and upcoming musicians to perform. I'm working on an album currently, and I'm working hard on polishing it. So hopefully it gains a lot more recognition than my previous work.

Peyton: Is there anything you would like to tell the reading audience?
Münechild: I'll be selling some merch soon for anyone who's interested! And um... fuck Donald Trump.

Peyton: Were you influenced by Mac De Marco a lot?
Münechild: Definitely. Him and a few other artists (Deerhunter, Toro y Moi, Interpol, etc.) helped define my sound a lot. I think for a lot of people Mac was really refreshing in the indie rock scene. Very original, and had a lot of variety in his music.

Peyton: What types of music do you see as popular today:
Münechild: Mostly indie rock, chillwave, and trip-hop. Chillwave is like modern electronic music that sounds like retro 80s music.

Peyton: Besides that, is there any adversity you go through, that is reflected in your music?
Münechild: Relationship struggles, family problems, thoughts about the world and where it's going.

Peyton: Tell our readers about some of your collaborators.
Münechild: I met Brahman at a Tyler, the Creator show. We were both front in line and talked about music for a bit. So we decided to link up and not only did I find out he was a great producer, but he's a dope emcee and very talented videographer. Mo is a friend of mine that I grew up with, and he's always been into music. I heard some new tracks of his about a year ago and asked him if he wanted to be in the collective. Things just went from there.

I met Tommy Lipper in about 2013 through some mutual friends. Eventually, he joined the band I was in and eventually I found out that he made Chillwave beats, a genre that I'm really into. I asked him last year if he wanted to join the label and ever since then we've been collaborating on various things.

Peyton: What is one of your favorite tracks you've made? Tell us about your short film NC97.
Münechild: NC97 was just a cool experiment. I wanted to film, to capture my experience during summer. I like "Working Man" a lot, and NC97 for the feelings they capture.

Peyton: Where was your favorite night of playing music so far?
Münechild: Probably at Cafe Colonial a couple years ago. That was the first time I had like a full band helping me play all of my songs. It was a really great night.

Peyton: Thanks for stopping by, hope to hear you soon! By the way, I heard Soundcloud may be going down in the future.
Münechild: I usually just upload everything on YouTube, but it sucks because my song Amazon Hippie has over 148,000 reposts - which is something I'm super proud of. I don't even know how so many people got to hear it, but it's motivation. I'll be coming out with t-shirts sometime in the near future if anyone's interested! You can reach me online at lowmood27@gmail.com.

Münechild's most popular tracks are : "Amazon Hippie", "Jade City, "Rookie", "Nature Cabin", and "Miyako". Some other titles are Water Boy, Matsuyama, Remember, Fire, Feel Good days, Gettin' Down, Cassettes, Faded, Graveyard Shift, Magic, Good Bye, Apologies, and Native Cruiser 97.

You can find his music videos online at : https://www.youtube.com/user/LowMood27

You can listen to his music online at : https://soundcloud.com/munechild_ncr

Münechild Merchandise: Hats, Shirts.

Note: You may have read the Sacramento City College Professor interview published in these pages a few months ago, at the end, I mentioned he was my teacher, long ago. In this case, the Münechild was my student, long ago.



Chinese Community Church to host 34th annual fall festival

On Saturday, Oct. 14, the Chinese Community Church will host its 34th annual Fall Fellowship and Food Festival.

The cultural festival attracts a wonderful diversity of people to celebrate Chinese food, live music and entertainment, and activities for kids.

This year, the CCC Fall Fellowship and Food Festival will feature delicious Chinese menu items, including the popular BBQ chicken, chow mein, Chinese chicken salad, and quick appetizers such as pot stickers, egg rolls and more. Members and volunteers of the Chinese Community Church prepare the food by hand and always use fresh ingredients to preserve traditional family recipes.

The Chinese Community Church donates a portion of festival proceeds to support and enrich the local community each year. The church is proud to partner with a number of missionaries and non-profit organizations in the greater Sacramento area to help people in need and create greater opportunities within our community.

It will be a day of food, activities, and cultural entertainment at the Chinese Community Church, 5600 Gilgunn Way, Sacramento CA 95822 (on Fruitridge Road between Freeport Boulevard and South Land Park Drive) on Saturday, Oct. 14 from 11 a.m. to 6 p.m. The event will be a free-admission event.

Please visit www.cccsac.net for more information.









File photos by Monica Stark

The community has enjoyed delicious Chinese barbecue chicken, pot stickers, live entertainment and fun and games at previous years' Fall Fellowship and Food Festival, which has been held at the Chinese Community Church. Here's to this year's event, which will be held on Saturday, Oct. 14 from 11 a.m. to 6 p.m.

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Gabriel Sanford, Take to Flight, pen and ink, 11.5x32 inches

Shimo Center for the Arts presents multi-group exhibit for October

Shimo Center for the Arts bring out an outstanding multi-group exhibit for October. This is a three-segment show that will last from Sept. 30 to Oct. 20, with opening receptions for each group of artists. Emphasizing the title of the exhibit "Borderless", there will be an array of artistic minds with limitless boundaries.

When the lines are blurred, spirit and creativity will collide to create a new power and revolutionary change. When culture, society, time and language all transform into artistic expression, "Borderless" becomes a symbol of acceptance and conflict as well as struggle and harmony.

"The 2nd Annual Borderless Contemporary Art Exhibition" is a non-profit exhibition, encourages communication about art, culture and creativity between Chinese artists residing in the Bay Area and Sacramento local artists.

Borderless will represent all mediums of contemporary artwork including painting, installation art, experimental film, sculpture and many more.

What: Second Annual Borderless Contemporary Art Exhibition

When: Group 1 - Sept. 30 to Oct. 5, featuring artists: Pan Deng, Zeng Ni, Andy Cunningham, Richard Beckermeyer. There will be a reception on Sept. 30 from 2 to 6 p.m.
Group 2 - Oct. 7 to Oct. 13, featuring artists: Ma Shang, Daniel Hoh, Kainan Becker, Lily Mott. There will be a reception on Oct. 7 from 2 to 6 p.m.
Group 3 - Oct. 14 to Oct. 20, featuring artists: Ju Yan, Wang ZI Hao, Jeff Musser, Gabriel M. Sanford, Lin Fei Fei with a reception on Oct. 14 from 2 to 6 p.m.



Lily Mott, Albatross, acrylic and watercolor, 24x36 inches

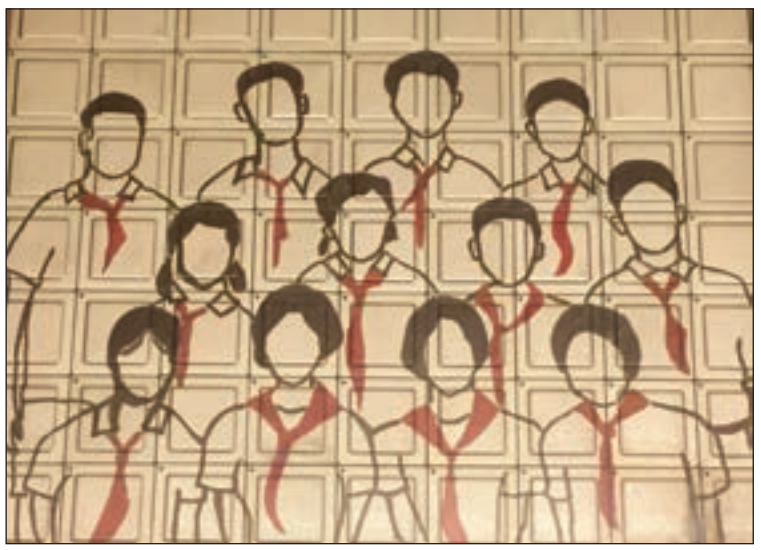
The Shimo Center for the Arts is located at 2117 28th St., 95818. For more information, call 706-1162.



Andy Cumningham, Portrait of a Man, 5x4 feett, acrylic on wood panel



Kainan Becker, Blue Mouth, mixed-media sculpture, 32x32 inches



Daniel Hoh,Time Blurs Our Faces, silicon wafer, 8x10 inches

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Hollywood Park artist showcased works at Charity ArtFest

Local artist Sharon Norton, 42, exhibited some of her latest paintings at the 24th Annual ArtFest held by the Women Lawyers of Sacramento on Sept. 19 at Beatnik Studios, 723 S St. Sharon was one of several featured artists at the charity event, and her works were well received and appreciated by all who attended.

Sharon, who has been a Hollywood Park resident for the last decade, has had a passion for art since she was a young girl growing up in Woodland. "There weren't really regular art classes for kids in Woodland when I was growing up, so my mom would find craft classes and send me there," she recalls fondly about her early years. Her natural talents flourished as time passed, and Sharon excelled so much with her artistry that she became eligible to receive Advanced Placement college credits while in high school. She ultimately sought a Multimedia degree and earned it from ITT Technical Institute in 2003 in order to put her talents towards a marketable skill. Sharon has also attended Sacramento City College, and Cal State Summer School for the Arts in pursuit of her passion.

Many of Sharon's works showcase beautiful California landscapes and expressive portraits of both humans and animals. "I like to find the interesting angles to paint," she says of her creative process. "Usually, it is in the middle of creating my work that the title of the piece comes to me." Among the pieces that Sharon exhibited at ArtFest were "The Ride", a large oil and acrylic painting with vibrant colors depicting a bicycle parked along the road. "Bird Rock" depicts a spot at Point Reyes that Sharon captured in a photograph during a visit with her family. Several portraits were on display as well.

"Sharon's works remind me of Gregory Kondos," said another local artist named Anthony who also attended the event, when asked what drew him to her work. Mr. Kondos is a well-known Sacramento artist famous for his use of colors and minimal detail. Anthony ended up purchasing from Sharon a portrait of a chicken that she had on display. "The Ride" was submitted to the silent auction for charity, was sought after by several bidders, and purchased for a good price.



When not pursuing her passions at painting and art, Sharon works as an office manager for a local engineering company. She is also a devoted wife and mother and loves to spend time in nature with her family. She is available for commissioned portraits, other works, and even graphic and website design. To learn more about Sharon and her artistry, or to purchase any existing pieces, visit her website at www.sharonlnorton.com.



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On Oct. 7, it's the 9th Annual CruiseFest on Fulton Avenue, Northern California's premier car cruise, benefiting the California Automobile Museum.

And this year's CruiseFest (major sponsor being the Fulton Avenue Association) promises to be the best one yet, with 500 classic and custom cars of every make, model and era, cruisin' down the Avenue…in milder weather than years past.

The cruise will take place on a one-mile loop of Fulton Avenue, bordered by Cottage Way on the south and Marconi Avenue on the north. The cruise will begin at 3 p.m., and participants may cruise (or park) as much as they want from 3 until 5 p.m. Everyone will then be directed to park along Fulton, and the street will be opened up for spectators to "cruise" on foot till 7:30 p.m.

And this year organizers have added a little frosting to the cake, with the addition of some unique, one-of-a-kind vehicles:

The NutMobile, Planters Peanuts "shell on wheels" is making its way west and will be there for CruiseFest with a special appearance by Mr. Peanut himself, who will be handing out samples and coupons to the crowd, who will also be able to take pictures in Planter's cutouts and will be invited to shout their love for Planters, registered by a decibel meter. http://www.planters.com/nutmobile

***The Oscar Meyer Weinermobile crew will have a bean bag toss and pass out weiner whistles, coupons and stickers

***Sacramentan Richard Fehlman's amazing Circus Calliope Wagon

***Jim Welch's Draconos Marshall Services—2 person, 4 wheel bike with a model T body and electrically propelled paddy wagon

***The Sacramento Ghostbusters Ecto Truck

***The Art Mog, a restored Mercedes-Benz Unimog (originally a Belgian troop transport vehicle)

***Team American Graffiti's cool clones from the Academy Award nominated film, including four re-creation clones of cars featured in American Graffiti — Harrison Ford's '55 Chevy, Paul Le Mat's yellow '32 Ford coupe, Ron Howard's '58 Chevy, Toad's Vespa and the 1961 Ford Galaxy cop car.



***Sacramento Steampunk Society will be in attendance in full, costumed regalia.

As always, this car cruise and block party will feature lots of free family-friendly fun, including: kids zone, local food trucks, live music, Sponsors choice awards, including the Directors Award (also known as "Best in Show"); and craft beer vendors.

While this event is free to spectators, if you'd like to register a car, the registration fee (includes CruiseFest T-shirt) is $49. For more information, or to sign up, visit calautomuseum.org/cruisefest or call the Museum!

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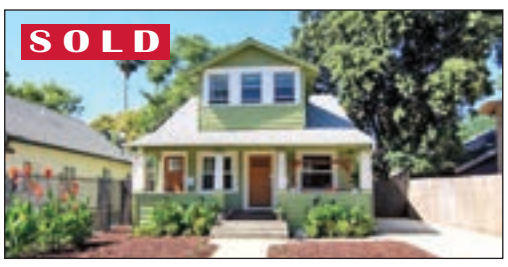
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A festival of LOVE

Holi Festival of Colors to consider Southside Park its Sacramento home

By MONICA STARK
editor@valcomnews.com

Celebrating the triumph of love over evil, the Holi Festival of Colors returns to a playful and colorful backdrop – Sacramento's Southside Park on Saturday, Sept. 30 from 11 a.m. to 4 p.m.

An annual Hindu event in India and Nepal, the Holi Festival of Colors is a festive day to meet others, play and laugh. From Salt Lake City to Sacramento, Caru Das, the festival's coordinator returns from one capital city to another. The president and founder of the Krishna Temple in Spanish Fork and SLC, Das said the 21-year-old event in Utah plateaued in 2012 with about 60,000 in attendance, and so, rather than scaling back – he's added 10 other events in California, Nevada and Utah. "It's such a potentially cathartic event that for young people that we wanted to share it and expose it and make it the same experience available within reason."

Highlighting the event includes an official throw of biodegradable colored cornstarch at the top of each hour with bands performing an appropriate drum roll, followed with dancing, a positive channel of energy, Das explained.

A traditional festival in India, representing the passing of winter and the coming of spring, Das' festivals have been spread throughout the year for logistical and symbolical reasons. "There's a lot of dancing involved, so we haven't found it practical to do (the festival) in the summer months when it's hot, so we do eight of them in the spring and three of them are left over for the fall. Regarding comments about doing it unseasonably, there's the practical aspect, then there's also the fact that spring itself is a metaphor for change, revitalization and renewal. So, I think that's something that's purposeful and thematic any time of the year."

Das' adult life has been spent practicing Bhatki Yoga, a form that has been popularized with an annual, yet pricey, festival in Joshua Tree. "It appeals to a certain class of people who have to travel out of town to a retreat center," Das explains, adding he wanted to make a genuine spiritual experience available to people who live in the inner city for a small pittance of an admission fee ($6 online at festivalofcolorsusa.com). "So, you may

See Festival, page 15





Photos by Mario Leonardo

Judy Cuong
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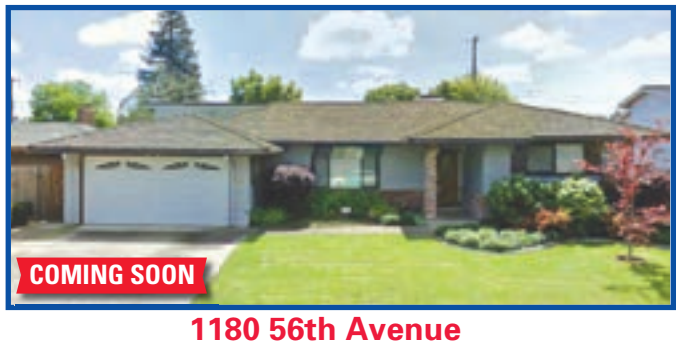
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Festival:

Continued from page 14

say this is a blue-collared Bhatki Fest." People get to experience yoga, mantras, a lyrical type of music called Kirtan (chanting) while the Holi Festival of Colors bridges the gap between India and the West using music that's popular, including hip-hop, rap, reggae, ska as well as rock 'n' roll, each coupled with consciousness-raising mantras. "The effect is an experience unlike any most of our attendees have had before," Das says.

While the performers are imports who travel with the festival, the craft and food vendors are Sacramento local, as are many of the volunteers. From Key Club members at Monterey Trail and Franklin high schools to individuals at various schools like Burbank, community members are volunteering in various capacities. As for the performers – Das prefers to call them "engagers."

"Their job is to get things going – to engage the audience and the call-and-response chant and the dancing... A lot of people think of spiritual life as dropping out and passive and not engaging, but the principle of Bhatki is a yoga community, it's a yoga celebration, it's a yoga music, it's a yoga food. It's a type of yoga that you can do in one form or another, 24 hours a day."

The second year at Southside Park, Das said previous Sacramento locations have included River Walk Park ("but that was deserted") and Gibson Ranch. Inquiring to the city parks department for the use of William Land Park, he said the response was "that it would not be suitable" for the event "and they gave us Southside Park instead."

"I like it. I like Southside Park. I like the people that live in the area. I like the diversity of it. So, we're happy."

While the festival continues to grow, it's still in its infancy in some ways, requiring Das' paternal presence, he says. So, he's looking for someone to train up as a vice manager to help out with the 11 annual festivals since he works 12 hours a day, 365 days a year. "You're never at a point when you say it's good enough. You want it to say it's the best festival. You want it to stand above the others. We're just trying to push the envelope all the time."

To Das, the festival and the release of color, brings out the inner child. As children, he says, we tend to trust everyone and we tend to basically love everyone unreservedly, but as we grow up, that changes." It's not that anything happens to us; it's just a general mood of society where they tend not to understand people who aren't like them. We saw that in Charlottesville. People start by mistrusting those who are not of the same color, then that escalates into stereotyping and demonizing, then blaming all the troubles on somebody else. I think the Festival of Colors, especially for children, nips that in the bud and gives them a little resistance, a little push back from society and leadership that thrives on fear and mistrust. We need to be proactive about love. Love is not something that happens. It's something you pursue aggressively and you have to work to maintain it and we are just doing our little part."









Mercy Housing California celebrates re-dedication of Land Park Woods

For many hardworking families in Sacramento County—making well-below the $19.92 hourly wage needed to afford a two-bedroom apartment in the area—a safe, decent, affordable home is often out of reach. But, for more than 20 years, residents have found stability and hope at Land Park Woods—a community of 75 affordable homes acquired and rehabbed by Rural California Housing Corporation / Mercy Housing California in 1996. On Thursday, Sept. 7, Mercy Housing California joined these residents, neighborhood leaders, and the Sacramento Housing and Redevelopment Agency in celebrating the completion of its most recent 2016-2017 renovations—upgrades that will ensure Land Park Woods' viability as a vibrant, affordable community for many years.

"The high quality improvements that Mercy Housing California has completed at Land Park Woods show the value of investing in preserving affordable housing into the future and the significant impact that public-private-nonprofit partnerships can make for residents in the entire community," said La Shelle Dozier, Executive Director of Sacramento Housing and Redevelopment Agency. "Of greater importance is the fact that we must continue to champion efforts for a legislative sustainable funding source to meet the affordable housing needs of Sacramento residents."

Thursday's re-dedication event marked the completion of a year-long renovation process including updates to the property's major systems, energy-efficiency upgrades that will result in a 30% more efficient community, and a completely renovated community building. New low-water use landscape lines the several walkways that meander through the 11 residential buildings at Land Park Woods and added outdoor picnic areas provide new gathering places for residents. In addition to outdoor improvements including new windows, porches, and roofing, the interiors of the one, two, and three-bedroom apartments received new floors, countertops, appliances, and new green plumbing and lighting fixtures.

Adding services and additional staffing to the family-oriented 5.5 acre community, Mercy Housing California also updated and expanded the community room to accommodate office spaces for resident services, a large conference room, and a computer lab. The new resident services coordinator will connect Land Park Woods residents to the resources and amenities central to the lives of families while adding community-building programming onsite.



Photo by Ethan Pines

One of the newly renovated cottages

"At this moment of seemingly unconquerable odds, the renovations at Land Park Woods shows that we can make a difference in our community," says Stephan Daues, Regional Director of Real Estate Development at Mercy Housing California. "With the help of our public agency partners, Land Park Woods is a demonstration of Mercy Housing California's commitment to bring together affordability, quality, and sustainable housing with services that will help families continue to build on a strong foundation."

Financial partners for Land Park Woods include The Sacramento Housing and Redevelopment Agency, Merritt Community Capital Corporation, Bank of America, California Tax Credit Allocation Committee and Federal Home Loan Bank of San Francisco.

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Fall is the Perfect Time of Year To Start A Water-Wise Landscape

By SSWD STAFF

While spring often comes to mind as the ideal time for planting, actually fall is better.

In fall, the soil still holds summer's warmth, which encourages root growth, but the days are cooler so new plants don't require as much water. Even if there's a late heat wave, the stress on new plants is greatly reduced because days are shorter.

When spring rolls around, fall plantings will have established root systems, be ready to start their growth spurt and be better prepared for the heat of summer.

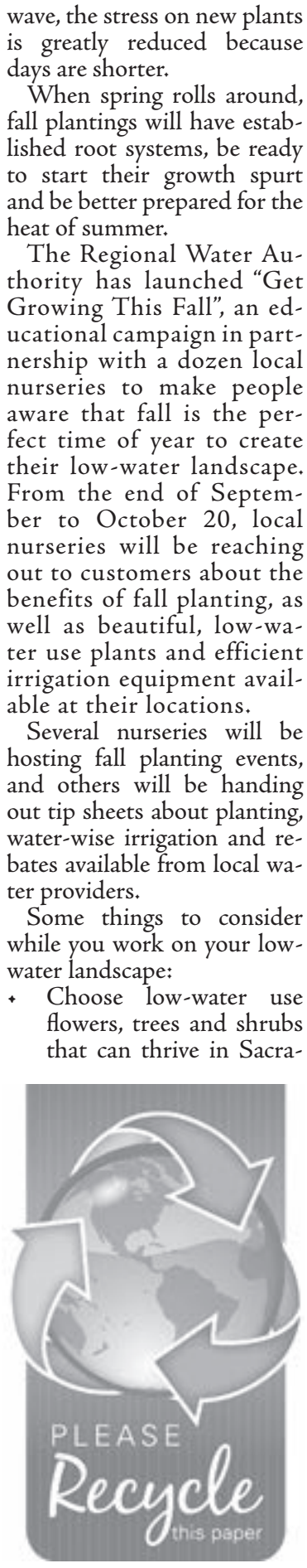
The Regional Water Authority has launched "Get Growing This Fall", an educational campaign in partnership with a dozen local nurseries to make people aware that fall is the perfect time of year to create their low-water landscape. From the end of September to October 20, local nurseries will be reaching out to customers about the benefits of fall planting, as well as beautiful, low-water use plants and efficient irrigation equipment available at their locations.

Several nurseries will be hosting fall planting events, and others will be handing out tip sheets about planting, water-wise irrigation and rebates available from local water providers.

Some things to consider while you work on your low-water landscape:

- Choose low-water use flowers, trees and shrubs that can thrive in Sacramento's Mediterranean climate.
- Group plants with similar water and sun needs in the same place and give them room to grow.
- Add drip irrigation for your new trees, shrubs and flowers to have healthier plants and reduce water waste.
- Replace older pop-up sprinklers with new high-efficiency rotary nozzles, which shoot multiple streams of water at a steady rate allowing for better absorption by the soil.
- Create a custom watering plan for your yard using the Sacramento Region Smart Irrigation Scheduler on the BeWaterSmart web-site (bewatersmart.info).

You can find more planting advice from experts at local nurseries and information on rebates at bewatersmart.info. And you can visit sswd.org to find information on rebates for sprinkler system upgrades.



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What's happening, Land Park?

THURSDAY, SEPT. 28

DOMESTIC VIOLENCE: RESOURCES AND SERVICES: This presentation will cover what domestic violence is and the different types of violence. We will also focus on restraining orders, the Victims Bill of Rights (also known as Marsy's law), and the resources available to victims. Free of charge and pre-registration required. Class will be held Thursday, Sept. 28 from 10 to 11 a.m. at ACC Senior Services 7334 Park City Drive. For more information, call (916)393-9026 ext 330, www.accsv.orgs

SATURDAY, SEPT. 30

LAND PARKTOBERFEST 2017: Tickets are on sale now for Land Parktoberfest 2017. Hosted by the alumni of Holy Spirit School, the event will take place Saturday, Sept. 30 from 5-10 p.m. Holy Spirit School will be transformed into a Sacramento micro brew and wine garden featuring German food and live music from Norman and the Boyz. Tickets are on sale now at www.landparktoberfest.com. ProBt!

GARDEN TOUR – WHAT'S BLOOMING?: The Old City Cemetery Committee presents a free one-hour tour of the cemetery's Hamilton Square Garden in the beautiful Historic City Cemetery, 1000 Broadway. With 800 plus unusual Mediterranean perennial plants the garden has drought tolerant color all year long. Meet at the Tenth Street gate at 10 a.m. There is free street parking on surrounding streets. For more information, call 916-448-0811.

TUESDAY, OCT. 3

TEACH YOUR PARENTS NIGHT AT SACRAMENTO NEW TECHNOLOGY HIGH SCHOOL: From 6 to 7 p.m. 9th graders will hold workshops and teach their parents what they have learned in the first 9 weeks of school)

KNOWING WHEN TO GET HELP: As people age and physical changes occur, we may find ourselves dealing with those changes ineffectively. We wonder where should we look for help? The good news is this workshop will address signs and indicators that it's time to get help and resources. Pre-registration and pre-payment of $3 required. $5 drop-in at the door. Class will be held Tuesday, October 3, 2017 from 3:00-4:00pm at ACC Senior Services 7334 Park City Drive. For more information, call (916)393-9026 ext 330, www.accsv.orgs.

HOW TO CARVE A TURKEY: You selected it, roasted it and now you are ready to carve it. If you are concerned with this last task, learn the simple steps to turkey carving and then enjoin a delicious meal from the turkey. Pre-registration and pre-payment of $15 required. Class will be held Tuesday, October 3, 2017 from 12:00-1:30pm at ACC Senior Services 7334 Park City Drive. For more information, call (916)393-9026 ext 330, www.accsv.orgs.

THURSDAY, OCT. 5

HOLIDAY SAFETY: With all the excitements, Halloween and Thanksgiving can be a time of peril. In this workshop, we will discuss fire hazards, decorating mishaps, auto burglaries and much more. Free of charge and pre-registration required. Class will be held Thursday, October 5, 2017 from 1:00-2:30pm at ACC Senior Services 7334 Park City Drive. For more information, call (916)393-9026 ext 330, www.accsv.orgs

SATURDAY, OCT. 7

"THE SACRAMENTO GUITAR SOCIETY PRESENTS YURI LIBERZON AND GRISHA GORYACHEV, two Russian-born virtuoso guitarists in one show! The concert is at the Harris Center in Folsom on October 7th, at 7:30 p.m. Tickets are available at the Harris Center box office, 916-608-6888 or website: www.HarrisCenter.net. Relax and enjoy some beautifully dazzling music!"

TUESDAY, OCT. 10

INTRODUCTION TO MANDALA ART: They cay mandalas are a picture of the underlying energy of our consciousness. Learn how to create your own unique mandala in this easy to understand introductory course. Only the simplest tools needed; no art experience necessary. Materials list provided at time of payment and registration. Pre-registration and pre-payment of $25 required. Class will be held Tuesday, October 10, 2017 from 10:00-11:30am at ACC Senior Services 7334 Park City Drive. For more information, call (916)393-9026 ext 330, www.accsv.orgs.

VOTER EDUCATION FORUM: Sacramento County Voter Registration and Elections will inform citizens on the new voting process, show the importance of registering to vote, increase community involvement throughout the county and answer any questions from the general public. Free of charge and pre-registration required. Class will be held Tuesday, October 10, 2017 from 1:30-2:30pm at ACC Senior Services 7334 Park City Drive. For more information, call (916)393-9026 ext 330, www.accsv.orgs

SATURDAY, OCT. 14

HAWAIIAN STYLE TEXAS HOLD-EM TOURNAMENT FUNDRAISER FOR LOCAL CHARITIES: Tournament is being played on Saturday, Oct. 14 at Swallows Nest Country Club, 2245 Orchard Lane, 95833. South Sacramento Rotary's Satellite Club is hosting this event. Come to play or just cheer on your favorite player while enjoying some good food and great fun, HAWAIIAN STYLE. Beginners welcome! There will be a practice table for those who arrive early. One lucky winner will take home the grand prize valued at $500! Your participation will benefit worthy Sacramento non-profits supporting women and children. From 5 to 6 p.m., come for the drinks, practice table, and buffet. From 6 to 10 p.m. is playtime and from 10 to 10:30 p.m., prizes will be awarded. Players are $80 per person; spectators, $20 per person. Bring friends - RSVP and sign up online at Checks to be made out to Rotary Club of South Sacramento Foundation.
Provide checks to your Rotary contact or mail to: Rotary Club of South Sacramento Foundation, 6191 South Land Park Drive, Sacramento, CA 95831. The Rotary Club of South Sacramento Foundation is a 501(c)(3) charitable organization (Tax ID # 68-0234137), and your contribution is tax deductible to the extent allowed by law. Must be 21 years or older to attend. Tickets are non-refundable. Tickets may be transferred to individuals over the age of 21; contact information for transferred tickets must be provided to Rotary no later than Oct.9 for tickets to be honored. And don't forget to wear your best island casual!Each ticket includes one drink coupon and dinner buffet. Players receive chips, and the opportunity to purchase additional chips during the event. https://info.3marketeers.com/rotary-club/texas-holdem-night

FRIDAY, OCT. 20 AND SATURDAY, OCT. 21

LANTERN TOURS 2017: You're invited to the annual October evening tours with Victorian-era costumed actors for "Wild Rides" through the tombstones at the 2017 Lantern Tours of the Sacramento Historic City Cemetery presented by the Old City Cemetery Committee. Four tours per night are available on Oct. 20-21 and Oct. 28 at 7 p.m., 7:45 p.m., 8:30 p.m., and 9:15 p.m. On Oct. 27, two tours are available at 8:30 and 9:15 p.m. On a lantern-led tour through Sacramento's past, guests will meet some of the cemetery's eternal residents who will share stories of adventure and misadventures on the water, across the prairies, on trains and through Gold Rush streets. A stage show will feature riverboat entertainment at the tour's midpoint, and you will encounter riverboat gamblers and enjoy period music. Along the way, you will encounter some ghostly – or is it ghastly? – spirits. It will be a lively night in the cemetery! Tickets for this fundraiser are $35 and available only through http://www.brownpapertickets.com/event/3034629. Price includes the tour, entertainment and light refreshments. Proceeds benefit cemetery preservation and maintenance, and other programs of the Old City Cemetery Committee. **Tickets on sale now.** For more information, call 916-448-0811 or 916-264-7839. The mission of the OCCC is to join hands with the community to restore, beautify, preserve, and protect the Historic City Cemetery, while maintaining access by descendants of the deceased, and to provide educational services to all visitors to the Historic City Cemetery of Sacramento. The Sacramento Historic City Cemetery is located at 1000 Broadway, Sacramento.

FRIDAY, OCT. 27 AND SATURDAY, OCT. 28

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SATURDAY, OCT. 28

FILM SCREENING OF "MOST LIKELY TO SUCCEED" AT SAC CITY COLLEGE: From 3 to 5 p.m., there will be a film screening followed by Q & A panel of local innovative school leaders.

TUESDAY, OCT. 31

HAUNTED HEADLIGHTS TOUR: The California Auto Museum presents the "Haunted Headlights Tour". Exhibits will come to spook-tacular life like never before! (Kids under 13 are not advised at this spooky event!) Price includes the tour, and beverages and snacks in our lounge afterwards. Spots in these tours are limited; get your tickets soon! Fun starts at 6:30 p.m. Tickets can be purchased at https://www.calautomuseum.org/hauntedheadlights?mc_cid=542863b657&mc_eid=91045e66c5

SATURDAY, NOV. 4

MY SISTER'S HOUSE FUN RUN: The Asian Pacific State Employees Association (APSEA): My Sister's House Run/Walk for a Safe Haven fundraiser is going to be held on Saturday, Nov. 4 from 8 a.m. to noon in William Land Park, 3800 West Land Park Drive. This is a good opportunity to support an organization working toward ending domestic violence in our community. This is also a great opportunity to network with APSEA members and others in our community. APSEA has set up a team to support this great organization. Our team name is APSEA Team. The team cost is $32 for each adult member (includes a t-shirt). Hope you will consider supporting this event. To register for this event, click on link below to take you to APSEA registration page. On the right section APSEA Team, select Join Team. Then it will take you directly to the registration page. In entering your registration information, you will be asked

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February 16th: Loneliness In Older Adults

March 16th: Hospice Care & Companion Care How do they work together.

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What's happening, Land Park?

for a team password. The team password is APSEA2017. https://raceroster.com/events/2017/13911/run-for-a-safe-haven-5k-runwalk-kids-half-mile-2017/pledge/team?id=11

CHARLES PHOENIX TO PRESENT AMERICANA SHOW AT THE CALIFORNIA AUTO MUSEUM: In partnership with SacMod, Charles Phoenix will return to the California Auto Museum for a great retro show this November! Cost is $29 per person and starts at 6:30 p.m. Charle Phoenix, the "Ambassador of Americana" unleashes his stories and glories of spectacular space-age style, amazing attractions, local landmarks, roadside wonders, fun foods, festive fashions, crazy car culture, futuristic transportation and more galore. Your imagination will be inspired and your American spirit will soar! Come for the show…stay for the Addicted to Americana book signing, classic cars and ice cream social!
SacMod and California Automobile Museum Members get one free drink coupon at check-in. The mailing address is:
2200 Front Street, Sacramento, CA 95818. For more information, call 442-6802 or fax 442-2646. Tickets can be purchased at https://www.calautomuseum.org/addictedtoamericana?mc_cid=542863b657#038;mc_eid=91045e66c5

WEDNESDAY, NOV. 8

SCUSD "CHOOSE YOUR FUTURE" HIGH SCHOOL EXPO: 5:30pm - 7:30pm at the Serna Center, 5735 47th Ave.

SATURDAY, DEC. 2

FIFTH ANNUAL DANDELION ARTS & CRAFTS SHOW: The Sacramento Senator Lions Club presents this free admission and free parking event at the Sacramento Buddhist Church, 2401 Riverside Blvd. from 9 a.m. to 3 p.m. All sales profits go to support various community projects. Visit sacramentosenatorlions.org to see how the Sacramento Senator Lions Club serves the community. For event information, email senatorlionsevents@gmail.com

ONGOING

BELLE COOLEDGE LIBRARY VIDEO GAMES AND VIDEO GAME SYSTEMS DRIVE: The Belle Cooledge Library is looking for video games and working game systems for our afterschool teen space program for next year. If you have any video games or working game systems that you would like to donate please bring them to the Belle Cooledge Library and we will provide a tax receipt. What is Teen Space? Join other area teens in our community room for our afterschool Teen Space! Hang out, geek out and mess around with friends and snacks! Seriously, what could be better? Teen Space occurs weekdays from 3 - 5 PM (except Thursdays 1:30 - 5 p.m.), is free, and open to teens between the ages of 12 - 18. (During the school year) All Library programs are free and open to the public a library card is not required! Belle Cooledge Library is located at 5600 South Land Park Dive. Library hours are Tuesdays noon to 8 p.m.; Wednesdays and Thursdays 10 a.m. to 6 p.m.; Fridays 1 to 6 p.m. and Saturdays 10 a.m. to 5 p.m.

OFF THE GRID FOOD TRUCK EVENT: Every Thursday evening, Off the Grid is hosting a weekly food truck and music event from 5-9pm. Mark your calendars for this fun, family-friendly event on 15th Ave near Land Park Drive! Visit https://offthegrid.com/events/ for vendor details. Corner of 15th Ave. and Land Park Drive.

JANE AUSTEN READING GROUP AT ELLA K. MCCLATCHY LIBRARY: This monthly group reads the works of Jane Austen and meets the third Saturday of each month in the Ella K. McClatchy library from 3:30 p.m. to 5 p.m. All Austen fans are welcome. 2112 22nd St.

MCCLATCHY CLASS OF 1967 50-YEAR REUNION: The 50th reunion for McClatchy graduates will be held at Scott's/Westin Hotel on the Sacramento River, $75 per person until August 1. Details at: http://www.1967mcclatchylions.com. Call Bob Sertich at 441-0657

LAND PARK VOLUNTEER CORPS WORK DAYS: Help the corps with various work projects in William Land Park after a very wet winter.. First Saturdays of the month from 9 a.m. to noon. Meet at the Base Camp located in the picnic grounds directly behind Fairytale Town.

FAMILY FRIDAYS AT BELLE COOLEDGE LIBRARY: Spend some family time together this summer at the library with Family Fridays! Each Friday, in the Community Room there will be board games, cards, Wii gaming, arts and crafts, toddler toys, and a reading nook! This is a Summer Reading Challenge: Read by Design event each Friday from 3 to 5 p.m., 5600 South Land Park Drive.

ROTARY CLUB OF SOUTH SACRAMENTO: The friendliest club in Sacramento, the Rotary Club of South Sacramento meets every Thursday from 11:30 a.m. to 12:45 p.m. at the Casa Garden, 2760 Sutterville Road.

SAC TRANSIT RIDERS UNION WEEKLY MEETING: Interested in democratizing transit and putting the "public" back into "public transit"? Sac TRU's weekly meetings, held every Saturday from 1-3 p.m. addresses these issues. Organize Sacramento, 1714 Broadway, Sacramento, CA 95818

POP-UP BOOK SALE AT BELLE COOLEDGE LIBRARY: Every first Tuesday of the month from 11 a.m. to 5:30 p.m., the book sale features books for all ages. Support your local library and pick up some great reads! All proceeds from the sale benefit library programs. The Friends Bookstore will be open regular hours. The sale is held at the entrance to the library. 5600 South Land Park Drive

SUNDAY BREAKFAST BUFFET AT THE ELKS LODGE, NO. 6: From 8:30 to 11 a.m., enjoy eggs, omelets, corn beef hash, bacon or sausage. 6446 Riverside Blvd.

BABY STORYTIME AT BELLE COOLEDGE LIBRARY –Nursery rhymes, fingerplays, simple stories, and songs designed to encourage a range of early literacy skills. For children up to about 18 months old. Each child must be accompanied by a participating adult. Tuesdays at 12:30 p.m. at Belle Cooledge Library, 5600 South Land Park Drive.

TODDLER STORYTIME BELLE COOLEDGE LIBRARY– Toddlers ages one to three and their caregivers will enjoy fun songs, stories, and fingerplays. After the storytime, there will be a stay and play group. Thursdays at 9:30 a.m. at Belle Cooledge Library, 5600 South Land Park Drive, Sacramento.

PRESCHOOL STORYTIME AT BELLE COOLEDGE LIBRARY – Preschoolers ages three and older and their caregivers are invited for fun songs, stories, fingerplays and a play activity. Thursdays at 11 a.m. at Belle Cooledge Library, 5600 South Land Park Drive, Sacramento.

HOMEWORK ZONE AT BELLE COOLEDGE LIBRARY– Teen and adult volunteer homework coaches will be available to assist students in grades K-8 with homework assignments. Please note: Homework Zone ends on June 8, 2016. Space is available with coaches on a first-come, first-served basis. Wednesdays from 4 p.m. to 5 p.m. and Thursdays from 3 p.m. to 5 p.m. at Belle Cooledge Library, 5600 South Land Park Drive, Sacramento.

BELLE COOLEDGE LIBRARY PRESENTS SING ALONG WITH MISTER COOPER – Join neighborhood favorite Mister Cooper for 30 minutes of music time and freeze dancing for families. Saturdays from 11 a.m. to 11:30 a.m. at Belle Cooledge Library, 5600 South Land Park Drive.

FAMILY STORYTIME AT ELLA K. MCCLATCHY LIBRARY – Every Tuesday at 10 a.m. for books, songs, stories and fun. Miss Lindsey and her guitar always make this storytime a fun event. Everyone is welcome to stay for our STEAM stay and play activity of the day. Recommended for ages 0-5. Every Tuesday from 10 a.m. to 11 a.m. at Ella K. McClatchy Library, 2112 22nd St., Sacramento.

YOGA CLASSES AT PARKSIDE COMMUNITY CHURCH: **Svaroopa ©/Restorative Yoga** classes are a journey into yourself. Beginning by walking through the door, settling in a relaxation pose, guided through self awareness, breathing and poses. The poses are propped to meet your deepest muscular tension. As the support of props, specific alignments and the weight of your body gently reach into these deep tender areas, your spinal muscles release and let go. Side effects of this deep release are Bliss, resolving stress and fear, and a deep appreciation of yourself. Physical effects that have been reported are pain relief, improved respiratory, circulatory, immune, neurological systems and more. Walking out of the class you feel a greater sense of wellbeing. This is a body, mind and spirit filled experience. Thursdays 7:15-9:00pm advanced. Questions 916-833-9444. **Hatha Yoga** – breath, meditation, and postures with various forms of movement to help release tension throughout the entire mind and body. You'll sweat a little, relax a lot, and leave feeling strong, calm and connected.
*Hatha Flow is Level 1-2 class and is suitable for active beginner and intermediate students. Wear comfortable, form-fitting clothes. Questions, Call (718) 578-5258 or email: eva@evacollins.com
Hatha Flow Classes Thursdays 5:45-7:00pm. All Classes held at Parkside Community Church Fellowship Hall
5700 South Land Park Drive; 916-428-7927.

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For Tickets
Contact: 422-6666
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Fall Fellowship and Food Festival
Saturday,
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11 AM to 6 PM ■ ONE DAY ONLY
ADMISSION IS FREE
Delicious Chinese Food – BBQ Chicken, Pot Stickers & More
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A to-go "Crowler" spins rapidly on the capping press.

West Sacramento's Bike Dog Brewing rolls onto Broadway site

By JOE PERFECTO

Broadway gained a bit of "sup*beer*iority" with the Sept. 19 soft opening of the latest addition to Sacramento's burgeoning microbrewing scene. Bike Dog Brewing, an iconic small-batch brand known for several IPA varieties, has established a presence east of the river with Bike Dog Broadway, a satellite "tasting room" of its West Sacramento production facility/taproom. Joining New Helvetia and Oak Park Brewing to the east, the site at 915 Broadway, situated a half-mile from the renowned Tower Theatre and the resurrected Joe Marty's, is the new de facto westernmost anchor of the Broadway entertainment district, extending it by two-thirds of a mile.

The site was chosen, in part, with a nod to Broadway's past; a popular cruise strip back in the day, Broadway was home to Tower Record Mart (predecessor to Tower Records), Harvey's Drive-In, countless clubs and Edmonds Field, home of the Sacramento Solons baseball team until 1960. And the location offers many advantages today, with more to come. "We like the proximity to downtown, midtown, Land Park, Curtis Park and the freeway access," said Sage Smith, one of the brewery's four co-founders, who grew up nearby in Land Park. "We like being closer to the neighborhoods because we want to be people's neighborhood spot." Among the likely patrons are residents of the nearby partially-completed Mill at Broadway housing development, which targets at least one demographic that is heavily represented among microbrewery enthusiasts.

This section of the southern edge of the city's central grid also has the potential for much transformation in the not-too-distant future. Changes slated for Broadway include streetscaping and reduction of its four lanes to two and the possible addition of roomy bike lanes to facilitate bicycle and pedestrian traffic. A bridge connecting Sacramento to its Yolo County counter-

See Bike Dog, page 23

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A rainbow of tap handles form the colorful centerpiece for the back wall.

Bike Dog:

Continued from page 22

part via this historic route, as well as a streetcar line are also under discussion.

Currently, though, actually getting into the taproom can sometimes be a challenge. Sandwiched between Silva Stowell Architects and the expansive Selland's Market-Cafe Broadway in a structure that housed a Safeway in the 1960s and most recently a state unemployment office, the brewery sits in shadow beneath a deep overhang; this and the lack of signage can make spotting it from the street difficult (a sign is planned). The undersized parking lot will fill at peak times, although there is some nearby on-street parking. Using other transport will ease the experience; there are two bus stops nearby (W/B route 35 at 8th St. and E/B routes 2/15 right out front), and four bike racks are available.

But once patrons enter the taproom, any possible frustrations fade quickly. Visitors are greeted by a scene wholly unlike the dark, uber-casual, intimate atmosphere found at the West Sacramento taproom squeezed into the front of its brewing facility— nearly 3,000 square feet of bright, expansive space thanks to a Popp/Littrell Architecture design incorporating light-toned walls, a high ceiling and a floor-to-roofline glass frontage that bathes the main seating area in subdued natural light. From the front-of-bar order counter, dead ahead is a clear view of the large flat-panel beverage menu high above the rear of the bar, and below it the 18-tap bridge, whose handles are clad in an eye-catching rainbow of brightly-hued rubber bicycle handlebar grips; 14 taps are dedicated to beer lines. Bench seating dominates the main area at front, with four-place tables extending rearward along both walls, and stools along both legs of the U-shaped alder butcher-block bar, for a total capacity of 100. Once licensed, a small, enclosed street-facing patio will add room for about 20 more imbibers and their companion animals (local health codes allow only service dogs in the interior portion, but the patio will not be restricted).

Initial offerings comprised a half-dozen IPAs (including a session and a double), the famous Mosaic pale ale and a lager, wheat, red, ESB and stout. A cold brew coffee nitro and a yuzu lemon kombucha are also on tap. Special releases, such as a NE style pale ale, a special glass and a T-shirt will be available at the Oct. 13 grand opening.

The brewery eschewed an in-house kitchen, instead partnering with the adjacent Selland's, which opened five months prior, to offer a 21-item menu of four pizzas, two entrees, four sandwiches, three salads, four cold sides, mac 'n' cheese and three small desserts. The offerings cover enough ground to afford patrons a characteristic Selland's nosh while having ready access to the taps. The menu saw immediate acceptance among the substantial inaugural crowd, as food deliveries were frequent throughout the day. Two advantages to this arrangement over the food trucks found at many of the latest microbrewpubs are more hours of access and a predictable menu.

With Bike Dog's arrival, fans of fresh beer can now enjoy three distinctly different brewery experiences along a two-mile stretch—making a foot-powered pub crawl feasible for those inclined to walk off all those carbs. The Dog is closed Mondays; regular hours are 3-10 p.m. Tuesday-Thursday, noon to 11 p.m. Friday and Saturday and noon to 9 p.m. Sunday. More information is available at 475-1808 and https://www.bikedogbrewing.com/.


Brewery co-founder Sage Smith, left, and long-time friend Doug Finley, holding the first growler to be filled at the taproom.


Sage Smith, one of the company's four co-founders, talks with media at the Broadway taproom soft open.

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1 Leather Choices

90"



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