July 12, 2018 | www.valcomnews.com

Land Park News

— BRINGING YOU COMMUNITY NEWS FOR 27 YEARS —



SF SUPERMARKET OPENS IN SOUTH HILLS SHOPPING CENTER

See page 8

- Terry McSweeney feature 2
- What's Happening 6
- Home Improvement 12
- Classifieds 13

Nativity display prompts discussion on immigrant children held at the border

See page 3





Del Rio Trail Update

See page 4



Sheila puts the Heart in Real Estate

Sheila Van Noy
916.505.5395
Sheila@SheilaVanNoy.com
CalBRE#00924678



LAND PARK NEWS
WWW.VALCOMNEWS.COM

E-mail stories & photos to: editor@valcomnews.com
Editorial questions: (916) 267-8992

The Land Park News is published on the second and fourth Thursdays of the month in the area bounded by Broadway to the north, Interstate 5 on the west, Florin Road on the south and Freeport Boulevard/21st Street on the east.

Publisher ..... David Herburger
Editor ..... Monica Stark
Art Director ..... John Ochoa
Graphic Designer ..... Annin Greenhalgh
Advertising Director ..... Jim O'Donnell
Advertising Executives ..... Linda Pohl, Melissa Andrews

Copyright 2018 by Valley Community Newspapers Inc. All rights reserved. Reproduction in whole or in part without written permission is prohibited.

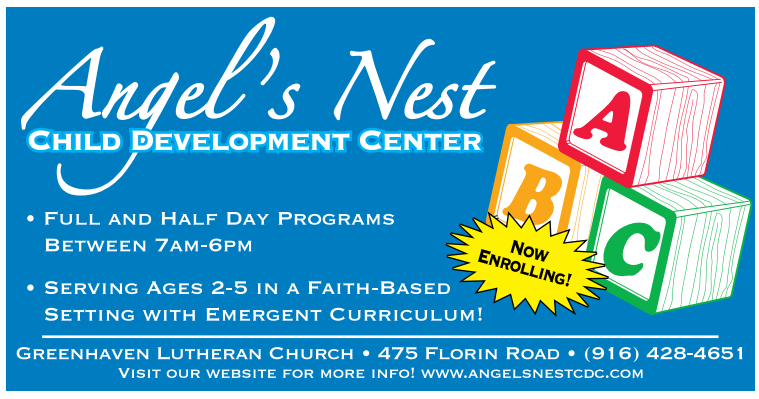
Vol. XXVII • No. 13
1109 Markham Way
Sacramento,
CA 95818
t: (916) 429-9901
f: (916) 429-9906

Cover by:
Joe Perfecto

Other Photos:
Courtesy
Courtesy



4041 Freeport Blvd Sacramento, CA 95822 • **(916) 452-6157**
For more information regarding our services, please visit **www.harryanauman.com**





Opioid Epidemic forum set for September 15



By TERRY MCSWEENEY

Terry will host 'The Forum on the Opioid Crisis" with the support of the Valley Community Newspapers on Saturday, Sept. 15 from 1:30-4:30pm at the Pocket Library. September is Pain Awareness Month. This is part 2 in a series on various aspects of the opioid crisis.

"The Opioid Epidemic: A Mother's Story"

In 2016 116 people died in the U.S. every day from opioid-related drug overdoses meaning more than 42,000 people died in that year alone. (www.hhs.gov/opioid/about-the-epidemic) One of those people was my cousin's 29 year old son.

He was 12 years old when his best friend died in a river accident and he was witness to it. He felt so guilty, blaming himself. Perhaps he felt he should have done more to save him. His guilt overwhelmed him which led to the beginning of his opioid journey by getting oxycodone on the streets. As parents when you realize that your child is in trouble with drugs, you do whatever you can to get him the help they need and hope that it works, but unfortunately sometimes everything you do just does not work. Twice my cousin checked her son into a hospital rehab facility for detox and twice he checked himself out. She found him a support group, but he dropped out. Acupuncture didn't work either. Then two weeks after his high school graduation, another good friend committed suicide. His guilt returned with a vengeance.

During this time my cousin and her husband joined a group called Nar-Anon, a 12-step program for addicts and their families. She realized while listening to other parents that besides the addiction their kids had something in common. Each of them described their child as "a sweet kid," or "such a good human being." They also sent him to a therapist, which was difficult because he was such a private person who found it difficult to share his feelings. It was also odd that the therapist prescribed xanax to help him through his depression and anxiety. The question is why? Time went by and 2 years prior to his death he went to the emergency room where it was found that he had a pulmonary embolism, a condition in which one or more arteries in the lung becomes blocked by a clot. To their surprise the doctor prescribed percocet, which is a combination drug consisting of oxycodone and acetaminophen used for pain management. (RxList) There seemed to be hope because he refused it by telling the doctor," I can't take that. I am addicted." The question is, why would a doctor knowingly prescribe percoset to an addict?

It was March 30, 2016, her husband's birthday. Their oldest son was at work and she took her husband to lunch to celebrate his birthday. When they came home their lives changed forever. Her husband went to check on their son and then screamed for her to bring the Narcan, a drug used to reverse a drug overdose. They had done this 7 times before and it worked. This time they were too late. He had died from an overdose of xanax and heroin combined. Families are left to deal with the pain. My cousin said she will never be totally happy again, her husband doesn't talk about it, but he was rocked to his core, and their other son believes he could have done more to save his brother, his best friend. Her advice to other parents of the addicted, "Don't be afraid to talk to your child, no matter what show them all of the love you can, and don't turn your back on them." Most importantly remember, "There

See Forum, page 13



Jesus in a cage

Nativity display prompts discussion on immigrant children held at the border

By ELIZABETH GRISWOLD



The conversation didn't take long. I spoke recently with Parkside Community Church's other pastor, Rev. Bonnie Rambob, to see what she thought of the idea of setting up a display on the church's front lawn to demonstrate our solidarity with immigrant families separated at the border. She immediately agreed. Her husband, Rev. Raj Rambob, committed on the spot to being our building project leader. Our Church Council voted unanimously to support it. So then while I tracked down nativity scene figures of Mary, Joseph, and Jesus; the Rambobs bought the supplies for our makeshift jails—and we were ready to begin.

Church members gathered in the morning of Saturday, June 30, to construct the fences around the Holy Family, before heading over to the "Families Belong Together" rally at ICE (Immigration and Customs Enforcement) offices downtown. The idea was that we have a unique perspective as a church, and a unique voice with which to proclaim it. Our perspective is one of faith—and in our Christian tradition we follow a savior who was himself an asylum seeker, who lived as a Jew under the oppressive Roman Empire, who died as a Person of Color at the hands of the state. And we feel it is our duty to use our Christian voice to connect that biblical story to the stories of families facing similarly harrowing experiences today.

It's easy to forget that the story of Jesus' birth includes a disturbing chapter in the Gospel of Matthew that sounds like it was ripped from today's headlines. In Matthew 2, the Roman-appointed King Herod feels threatened by the baby Jesus. So like any oppressive ruler worth his salt, he makes a commanding, racist, and violent decree. All children under age two shall be killed. In fear for their lives, Jesus' holy family is forced to leave their country to find safety in neighboring Egypt. Jesus, Mary, and Joseph flee violence in their homeland and seek asylum in another country until it is safe for them to return.

Yet that's where our modern tale takes a different turn. Unlike ancient Egypt, the contemporary United States is not welcoming families who are fleeing violence. We are locking them up in cages!

Last year our church voted unanimously on Palm Sunday to become a Solidarity Congregation. We pledged to aid any family who is facing deportation and is seeking sanctuary; and we committed to stand in solidarity with immigrants by making public declaration of our support. So Parkside decided to creatively raise our Christian voice to proclaim this current unGodly treachery against the human family by inserting the biblical characters into the modern narrative. Creating this display was our faith-based obligation.

Even in an artistic display, how hideous it is to see Jesus, Mary, and Joseph separated and locked up! And since every family is a Holy Family, in real life how hideous it is to see our sisters and brothers from the south separated and locked up! My five-year-old daughter, who helped create the display at Parkside, explains that we hope everyone who sees the cages understands that just as Jesus shouldn't be in jail for being an immigrant, neither should anyone else. Our message is really that simple.

Elizabeth Griswold is a pastor at Parkside Community Church on South Land Park Drive and 35th Avenue.



Sue Olson
916-601-8834
sue@sueolson.net
CalBRE# 00784986
landparkhomes.com



SO. LAND PARK HILLS

Spacious 4 bedroom 2 and 1/2 bath custom home. Formal living area with fireplace and formal dining area with built-in cabinets. Separate family room and kitchen combination w/ fireplace, stainless and black appliances, breakfast bar, pantry closet and laundry room. Backyard with built-in pool and spa. Low maintenance front yard and gated driveway.

1333 Gagle Way $599,900



LAND PARK

Charming Land Park home on a tree lined street. This property features two bedrooms, one and one-half baths plus a den with fireplace. Formal living and dining rooms with hardwood floors. Granite counters in kitchen with copper farm sink and large breakfast nook. Newer copper plumbing in kitchen, laundry and 1/2 bath. Hallway with cabinets and storage closets, newer water heater, additional storage area attached to garage, nice yard with covered brick patio.

2725 13th Street $689,500



Teresa Olson
916-494-1452
teressa.olson@cbnorcal.com
CalBRE# 01880615

COLDWELL BANKER
RESIDENTIAL BROKERAGE

Del Rio Trail Update

By SALLY KING



The South Land Park Neighborhood Association met with the public, Wednesday, June 27 at 7 p.m. at Alice Birney Elementary School to give an update on the Del Rio Trail project.

The meeting began with the president of the association, Brian Ebbert, introducing himself and stating the main purpose of this meeting is to provide information about the trail project and have a Q & A at the end of the meeting.

Ebbert explained the California State Railroad Museum Foundation wants the rail line restored for possible future use of tourist trains. Ebbert said the trail traverses through the heart of South Land Park and nearby neighborhoods.

"This is like a knife cutting through the heart of the community," Ebbert said.

"The rail lines along Del Rio Road going south are a historical part of Sacramento and it would be sad to see them destroyed," said Gregg Lukenbill, a board member of the Foundation, who attended the meeting and commented afterwards.

Ebbert, along with the city planning division and Councilman Jay Schenier, assured everyone that the plan they are presenting is only for a pedestrian and bike trail. This plan does not include restoring the train rail for future use. The rails that are in place now will be preserved as part of the train history of Sacramento, but not completely redone.

Chuck Hughes, chairman of the Del Rio Trail Committee, took a few minutes to describe the trail design. Hughes said the trail is about four and a half miles long, stretching from the Sacramento River behind the Sacramento Zoo to Interstate 5, where the big water tank sits. The plan separates the pedestrian path from the bike path. The pedestrian path will consists of decomposed granite packed in between the train rails with a curved edge and the bike path will be paved.

The city has to comply with the California Environmental Quality Act and they are preparing an environmental impact report (EIR). They look at any concerns folks may have concerning the affect of the trail on the environment and they complete a study of the area, noting any potential environmental issues. The notice of preparation (NOP) informing the city of issues and concerns must be turned into the city by July 9. The city writes up the document after issues have been addressed. It's then circulated and folks will have 45 days to comment. Once the EIR has been completed it will be brought to the city for review. At that time the city will ask for a grant from the Sacramento Area Council of Government to fund the project, which, according to city councilman Jay Schenirer, costs approximately $12.3 million.

Scott Burns, a member of the South Land Park Neighborhood Association, talked about the abandoned rail line's original purpose. The rail line was developed in 1912 and helped the Delta farmers. The line started to fall into disuse during the depression. Burns explained Southern Pacific abandoned the rail line in 1978. Once it was abandoned, the state took over part of the operation. Regional Transit purchased part of the rail line as potential light rail use, but it was never used. RT has given it to the city for the Del Rio pedestrian/bike trail. Burns said the big issue concerning the trail is the use of the railroad tracks. The California State Railroad Museum Foundation runs an excursion train out from Old Sacramento to to an area by the Sacramento Zoo. The Foundation has a plan to extend the train to two locations. One is the Sacramento Zoo, which is being completed now and the other is having the train go from Meadowview Road, south to the town of Hood. In the proposal, they would use the Del Rio segment of the rail line as a maintenance line to maintain the rail line going to the city of Hood. Right now, due to the noise issue, the plans for the maintenance rail line has been dropped. Burns explained there are several opposing opinions about the use of the rail line going through the South Land Park Neighborhood. Some folks want the rail lines taken out, others want to preserve the lines.

Burns said, originally, the city was going to restore 50 percent of the rail lines. Now they plan on restoring 98 percent of the lines. Many folks believe it is important to preserve the rail lines for historical purposes. Burns emphasized this project is only for the pedestrian/bike trail and they will preserve the tracks to the extent they don't interfere with public safety.

Jay Schenier thanked RT for the donation of the land. He is working on the grant proposal and feels confidant it will happen.

"I'm looking forward to cutting the ribbon for the trail," Schenirer said.

The rest of the meeting was Q & A. Folks wanted insurance the trail would be secure. The city police department and the city park ranger addressed this issue, reassuring folks they would be available for any problems that might come up once the trail was built. Many questions came up about the use of the trail for the maintenance train and most of the audience made it clear they do not want a maintenance train running through their neighborhood.





Community takes over land for benefit of low-income individuals

By JOE PERFECTO

Sacramento is one of many places across the country experiencing an affordable housing crisis. While a number of residential and mixed-use development projects are planned, underway or completed, the problem according to housing advocates is that not only do they *not* benefit the sector of the region's market in need of affordable housing because of a weakened local inclusionary ordinance that collects fees from developers instead of requiring a percentage of each project to be reserved for affordable units, they in fact create a more hostile environment due to gentrification, whose resultant inflationary effect on purchase prices and rental costs locks numbers of lower-income residents out of a rising market and even *displaces* them.

While the aforementioned collected fees are used to fund the construction of low-income housing at the direction of the City or County, the actual output makes but a small dent in local demand (about 60,000 homes are needed countywide). Reserving a percentage of each new development for such housing instead may be more effective, but developers understandably loathe undertaking sub-market-rate construction due to reduced return on investment; after all, they're in business to be as profitable as possible. The obvious solution is to remove profit motive as the driving force—and it's done by putting community members in the driver's seat.

Enter the *community land trust* (CLT), a type of nonprofit organization first developed in the 1960s whose overarching role is the permanent stewardship of land for the benefit of lower-income communities. Through utilizing either its own resources exclusively or partnering with governmental agencies, CLTs acquire land/structures via donation or purchase and oversee the production of affordable homes for purchase or below-market price-stable rental, co-op housing, commercial space, childcare, urban agriculture, public space and other community-building projects. There are 330 CLTs in the US, 34 of which are in CA. One was founded in Sacramento in 1988, and a second, Sacramento Community Land Trust (SacCLT), filed incorporation papers in Feb. and on June 9 held its first general membership meeting that was attended by 62 residents from five zip codes.

SacCLT will operate in four zones: Downtown-Midtown and South/Southwest/Southeast Sacramento. Periodic local meetings will be held in each zone. A small group participated in the inaugural Southwest gathering on June 30, at which several board members were introduced and attendees discussed housing and related community issues and brainstormed about ways to address them.

Judging from months of feedback from residents, Oak Park and Downtown may be the most heavily impacted areas of the city. The Co-Chair herself, Katie Valenzuela, stated that she now resides in Boulevard Park after being forced out of Oak Park by gentrification. Board member Michael Gill, an 11-year resident of Oak Park, reinforced her experience. "I've lived in 13 zip codes throughout the Sacramento area; Oak Park's where I chose to settle, and I'm seeing my neighbors get kicked out by their landlords [who are] selling their houses, and they have no chance in hell of purchasing those houses and staying in the neighborhood," he said. "[SacCLT] is the only viable [approach] that anyone's come up with, so, we've got to give it a try."

Meeting attendees offered a number of project ideas to explore, including acquisition of vacant buildings and parcels in Land Park, partnering with churches, teaming up with neighborhood associations, providing childcare and establishing community centers and basic healthcare clinics. These areas of focus may seem wide-ranging, but Valenzuela explained that CLTs are designed to do more than address housing issues. "Housing is one of the paramount things that we're interested in as a land trust because that is the most immediate crisis, but there are a lot of other things that the trust could be doing to help a community achieve its vision," she said. "Like business spaces—helping seed small businesses that are having trouble finding space or can't afford market rent. In places like Meadowview where they recently lost their grocery store...grocery stores have a two or three percent profit margin—so if we can acquire a grocery store sized space and lease it [at] below market rate, that could really entice a store to come in. Or we could start a community-owned shop. Also, open space—recreation is important and having places to gather is important; community gardens, farmers' markets, parks. In the end our vision is to be a vehicle so that we can help the community have the tools to do whatever it is that they need." Valenzuela also mentioned an idea proposed at the Downtown meeting, targeted at making small businesses more competitive. "They started talking about the corner stores that are everywhere," she said. "They said, wouldn't it be cool if we could partner with all the corner stores and do group purchasing so they could bring in some more affordable produce?"

Valenzuela emphasized the importance of the participation of residents from all over the city. "I had some friends

See SacCLT, page 15

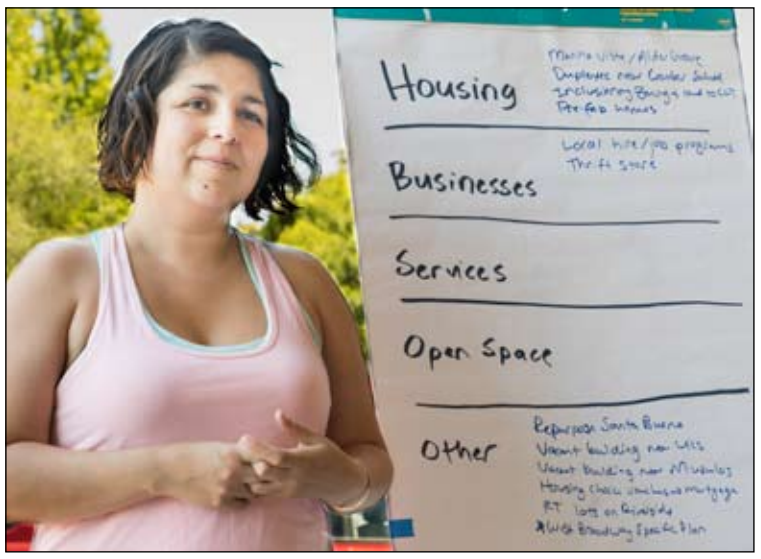


Photo by Joe Perfecto
SacCLT Co-Chair Katie Valenzuela records suggestions for community projects.

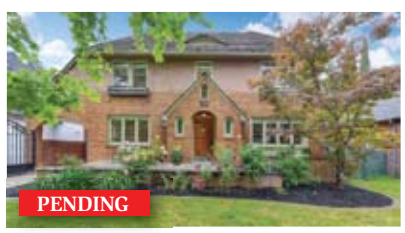


Steffan Brown
Your Vintage Home Specialist

STEFFAN BROWN REAL ESTATE

916-717-7217
steffan@steffanbrown.com
COLDWELL BANKER REAL ESTATE SERVICES
CalRE# 01882787

King-Sized Tudor in Curtis Park!



This 4 bed, 3 bath plus office/library and huge finished basement has room for everyone! Beautiful hardwood floors flow throughout, gracious lead mullioned windows light up soaring arched doorways and charming built-ins. Updated kitchen, electrical panel, dual HVAC and more. Enchanting Port Cochere, large 3 car garage and plenty of room for entertaining.

2948 25th Street • $1,049,900

Mediterranean Masterpiece!



Nestled in its own secret garden this beautiful 3 bed, 2.5 bath will bring you home to Tuscany! Graceful curved stairway, hardwood floors and lead mullioned windows blending seamlessly w/ an airy and bright kitchen w/quartz counters, Bertazzoni stove, SS Sub Zero and SS shelving...a perfect match of classic Old World elegance and tasteful modern simplicity.

2749 25th Street • $899,900

PERFORMANCES AT PIONEER
BILL DAMIAN
HARP & FLUTE
JULY 15 - 3PM - FREE
WOODWIND QUINTET
CHAMBER ENSEMBLE
AUGUST 19 - 3PM - FREE
BEETHOVEN & FRIENDS
CHAMBER ENSEMBLE
SEPT 23 - 3PM - FREE
HISTORIC PIONEER CHURCH
2700 L St, Sacramento
Across from Sutter's Fort
916-443-3727

FUNERAL DIRECTORY
Call Melissa at (916) 429-9901
www.valcomnews.com

GEORGE L. KLUMPP
Chapel of Flowers FD360
2691 Riverside Blvd.
(916) 443-7917
KlumppsFuneralHome.com
Newly re-modeled.
Reception room available.
A fully accommodating, caring facility.
Serving Sacramento since 1921.

Harry A. Nauman & Son
Dignity Memorial
FD366
4041 Freeport Blvd
Sacramento, CA 95822
(916) 452-6157
Serving Sacramento Families since 1903.
Pre-arrangement packages available.

EAST LAWN
East Lawn
Memorial Parks, Mortuaries & Crematory
(916) 732-2000
EastLawn.com
4 Sacramento locations serving families since 1904

What's happening, Land Park?

WILDLIFE CARE VOLUNTEERS CRITICAL: The non-profit wildlife rehabilitation group has taken in over 1,000 birds and small animals in May that need a real friend. Thousands more are coming in June and July. Volunteers to help care for and feed injured and orphaned wildlife give them a second chance to live. Wildlife Care Association of Sacramento has a variety of roles including that filled by volunteer Dave Gish. As a community volunteer he's given over 1,600 hours and logged hundreds of miles returning over 500 creatures to the wild in releases across the Sacramento region since 2016. WCA volunteers like Dave return wildlife to the area it came from originally on release back to nature. Volunteers have fed, raised and rehabilitated wildlife while others from across the community staff the Hotline, manage the office and keep the WCA facility up and operating thru the busy season. Dave Gish also volunteers as a facility gardener working to maintain the grounds when not on the road to release rehabilitated wildlife back to nature. Wildlife Care volunteers provide 98% of the critical skills needed to keep these heroes of wildlife on track. Working with skilled animal care staff and our community volunteer coordinator it's the people from across the region from all walks of life that make the difference in life or death for wildlife. By taking in thousands of creatures to live again and return to the wild, the WCA heroes of nature help keep the balance in our environment to preserve our quality of life. Volunteers are the most critical part of the mission to save wildlife across the Sacramento region that began more than 45 years ago. Visit volunteer@wildlifecareassociation.com to take part in saving wildlife! If you find wildlife injured, orphan or displaced by human activity call the Wildlife Care Association of Sacramento Hotline at 916-965-WILD.

SATURDAY, JULY 14

FACE PAINTING WITH PIXIE TRIBE – Celebrate Summer Reading with face painting! We use coconut oil based paints in beautiful shades of color to bring the best of a child's imagination to life. July 14 from 2 to 3 p.m. at Belle Cooledge Library, 5600 South Land Park Dr., Sacramento.

WEDNESDAY, JULY 18

LAND PARK COMMUNITY ASSOCIATION: The next LPCA Community meeting will be held on Wednesday, July 18th at 6:30pm. The location is Eskaton Monroe Lodge, 3225 Freeport Blvd. The July agenda includes a Parks update from the City of Sacramento and the latest news about the Gas Line Replacement Project by PG&E. This meeting is open to the public. Residents and community members are encouraged to come and bring their questions or concerns.

SATURDAY, JULY 21

AZTEC DANCE GROUP – Celebrate Summer Reading with dance! July 21 from 2 to 3 p.m. at Belle Cooledge Library, 5600 South Land Park Drive.

MONDAY, JULY 23

QUALIFYING FOR MEDI-CAL AND VA BENEFITS: As we age, there are concerns on how to ensure your needs are mets and how to manage your assets appropriately. This seminar will discuss the resources available regarding asset protection and Medi-Cal and VA benefits. Prepayment of $3 or $5 drop-in fee at the door. Class will be held Monday July 23, 2018 from 4:00-5:00pm at ACC Senior Services 7334 Park City Drive. For more information, call (916) 393-9026 ext 330 or www.accsv.org.

TUESDAY, JULY 24

PHONE SCAMS- JUST SAY "NO THANKS!": This workshop will provide information on how to recognize telephone scams and how to handle unexpected sales call. In addition, there will be a discussion on the fraudulent sales calls by Third Party Gas Companies. Free of charge and pre-registration required. Class will be held Tuesday July 24, 2018 from 2:00-3:30pm at ACC Senior Services 7334 Park City Drive. For more information, call (916) 393-9026 ext 330 or www.acssv.org.

THURSDAY, JULY 26

COSTCO WHOLESALE HEARING AID CENTER: This class will review what Costco's services provide in relation to the testing and fitting of hearing aids. There will be a display of hearing aids and accessories to view and ask questions. Pre-payment of $3 or $5 drop-in at the door.Pre-registration required. Class will be held Thursday July 26, 2018 from 11 a.m. to noon at ACC Senior Services 7334 Park City. For more information, call (916) 393-9026 ext 330 or www.accsv.org.

SATURDAY, JULY 28

JUGGLING STORYTELLING WITH IZZI TOOINSKY – Celebrate Summer Reading with lots of juggling and audience participation. Izzi guides kids and families on a wonderfully imaginative journey to find the elusive, Blue Bird of Happiness. July 28 from 2 to 3 p.m. at Belle Cooledge Library, 5600 South Land Park Dr., Sacramento.

FRIDAY, AUG. 3

WILLIAM LAND PARK CENTENNIAL AND MOVIE IN THE PARK, FEATURING COCO: Starting at 5 p.m., the Land Park Community Association and Steve Hansen's Office are co-hosting the event, which will include music by the Sacramento Philharmonic and cake. Then, at sundown, there will be a free Movie in the Park featuring Disney Pixar's "Coco". This is a family-friendly event and people are encouraged to bring picnics, blankets, and lawn chairs. Free popcorn and water will be provided at the movie. All events will be held at or near the William A. Carroll Amphitheatre in William Land Park. Front Street Animal Shelter will be there collecting donations including: dog and cat food, blankets, newspapers, cat beds, dog/cat toys, large bath towels, and monetary donations. Fairytale Town, the Sacramento Zoo, Land Park Volunteer Corps, and Sacramento Metropolitan Arts Commission (SMAC) will also have tables set-up to share about their organizations.

SATURDAY, AUG. 4-SUNDAY AUG. 5

SELF DEFENSE FOR ALL: ESCAPE TO GAIN SAFETY: Back by popular demand -- an updated awareness preventive workshop on how to escape from situations that may cause harm. This 4-session workshop will demonstrate techniques that may prevent you from becoming a victim. No prior experiences required.This is an active participation workshop for all ages--so wear comfortable clothing and rubber sole shoes. Pre-payment of $40 or $15 drop-in per class at the door .Pre-registration required. Class will be held Saturdays and Sundays starting Aug 4,5,11, and 12, 2018 from 1:00-3:00pm at ACC Senior Services 7334 Park City. For more information, call (916) 393-9026 ext 330 or www.accsv.org.

TUESDAY, AUG. 7

PLANNING AHEAD FOR THE INEVITABLE: A 25-minute presentation on why everyone shout pre-plan funeral arrangements; this may eliminate stress, relieve family burden, and save money. Free lunch provided. Free of charge and pre-registration required. Class will be held Tuesday August 7, 2018 from 11:30a-12:30pm at ACC Senior Services 7334 Park City Drive. For more information, call (916) 393-9026 ext 330 or www.acssv.org.

FRIDAY, AUG. 10

WHAT ARE PALLIATIVE CARE AND HOSPICE?: Learn about palliative care and hospice services and how they can improve the quality of life for someone with a chronic illness or a life-limiting illness. Free of charge and pre-registration required. Class will be held Friday August 10, 2018 from 1:00-2:00pm at ACC Senior Services 7334 Park City Drive. For more information, call (916) 393-9026 ext 330 or www.acssv.org.





Public Notification

City of
SACRAMENTO
Department of Utilities

Construction Is Underway

The City of Sacramento, Department of Utilities and its construction contractors are working on water meters, water mains, and water service lines in the area.

Visit **www.MetersMatter.org** to learn more about the project and to find out what may be happening in and around your neighborhood.

This work may result in:
- Traffic delays
- Sidewalk closures
- Construction-related dust and noise

This work addresses the State's mandate for water meters to be installed on all water services.

Thank you for your cooperation on this very important project.

Contact us for more information:
www.MetersMatter.org
Meter Information Line: **916-808-5870**

311
Español | 中文
Tagalog | Tiếng Việt
Hmoob | Русский



SF Supermarket opens in South Hills Shopping Center

By LANCE ARMSTRONG

South Land Park residents finally have the long-awaited grocery store that they have been wanting.

SF Supermarket in the South Hills Shopping Center opened its doors to the public on June 29.

Located at 5820 South Land Park Drive, the market – which is managed by Tina Nguyen – offers a wide variety of Asian food, fresh meat, fish and vegetables, as well as various American groceries.

The new store is part of the 25-year-old SF Markets chain, which has 10 other California locations, including 6930 65th St. #123 and 4562 Mack Road in Sacramento. The company, which is operated by the Tran family, also has two stores in Las Vegas and another one in Dallas.

Prior to the opening of this South Land Park market, a special ceremony was held with brief speeches by Sacramento Mayor Darrell Steinberg, Council Member Jay Schenirer, South Land Park Neighborhood Association President Brian Ebbert and others.

The ceremony also included introductions of the ownership team, traditional dragon and lion dances, the setting off of thousands of firecrackers, and a ribbon cutting.

Steinberg praised the opening of the market as a grand example of the good that can come through immigration in the United States.

"Is there a greater living example of what good can happen when we welcome people to this country than what we're celebrating here today?" he asked. "I don't think so."

As part of the day's attractions, the store's first 500 customers to make a purchase received either a free 10-pound bag of jasmine rice or a 12-pack package of noodles.

During the grand opening celebration, Huy Trieu, general manager of SF Markets, told this publication that he was pleased to introduce this store to the community.

"We are so excited to see the neighbors, the whole community together and celebrate the grand opening of the store," he said. "We're so happy to be here."

Trieu, an immigrant from Vietnam, said that this new store offers a variety of international food.

"You can buy almost any food, (including) American food," he said. "We try to be a connection between different cultures, where everyone can find something in one store. But our main goal is to bring the freshness of products – meat, seafood and produce."

Dan Riddell, who walked to the SF Supermarket grand opening from his South Land Park home, said he was thrilled to have a new store fill the empty space that formerly housed Vic's IGA Market.



Photos by Joe Perfecto

Tens of thousands of firecrackers would produce an ear-shattering display of light and smoke.

"(The vacancy) was a blight in the neighborhood," he said.

Riddell added that he is already drawn to the new store's meat and fish.

"It looks awesome and fresh," he said. "Yeah, look at it. It looks like it is all fresh and good quality."

Patricia Velasquez said that having a store at the old Vic's site is extremely important.

"We moved here (to South Land Park) 10 years ago, because there was a (grocery) store nearby, and I wanted to be able to walk to it," she said. "Then somebody else (ran Vic's), and that was horrible.

"And then there was nothing (at that site), and we had to go to Raley's or Bel Air, and we had to get in the car and drive (to those stores). But here (at SF Supermarket), it's right around

See Grand Opening, page 9

WHY PAY A HIGHER MORTGAGE
WHEN YOU DON'T HAVE TO?
COME HOME TO THE EXPERTS



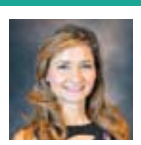
More Lenders = More Competition = Lower Rates and Fees / Multiple options to lower payments / Lower Payments = More Money in your Pocket!

916.476.6507 info@greenhavencap.com


Kevin Oto
President/Broker
BRE Lic# 01721444
NMLS ID: 62641


Kyle Garman
Senior Loan Consultant
BRE Lic# 01886785
NMLS ID: 354318


Bryan Tom
Loan Consultant
BRE Lic# 01960546
NMLS ID: 1234757


Hilda Sousa
Loan Originator
BRE Lic# 01873794
NMLS ID:1439315


Laura Corbett
Loan Originator
BRE # 01758984
NMLS ID: 1180623

GREEN HAVEN CAPITAL INC

CA BRE #01842493. NMLS ID: 173062. Equal housing opportunity lender. We do not conduct business in states where we are not licensed. Interest rates are subject to change.

Enjoy Life at Pioneer Tower
A 55+ Community



Come Tour Our Downtown Facility Featuring:

Spacious 1-bedroom apartments with complete kitchens, new appliances, walk-in showers, large closets, balconies, lovely views

We pay utilities, offer free transportation to shopping and medical appointments.

- Active residents association with a variety of social activities
- On-site Service Coordinator
- 24-hour maintenance, compassionate, caring staff
- Small pets welcome
- Rental Assistance Programs for income- qualified applicants

We Pay Utilities!
Active Senior Living Retirement Community
515 P St., Sacramento
(916) 442-2907
www.rhf.org EOE

Grand Opening:

Continued from page 8

the block. I'm so grateful that they opened up, and it's beautiful."

Rocio Candiotti also expressed satisfaction with the store's location.

"We used to go all the way to Raley's (on Freeport Boulevard) and wait for some fresh seafood, but I know the Asian stores always carry those, so we're excited," she said. "Otherwise, we have to go all the way to Stockton Boulevard (to shop at a large Asian market). So, this is great for us."

Among those attending the store's grand opening from outside of the South Land Park and Pocket neighborhoods was 22-year-old Arden area resident Sophia Lotz.

Lotz, a student at California State University, Sacramento, said that she was excited about the opening of the market.

"It's very exciting," she said. "It's a huge store, and they have a huge selection of products. They have different types of exotic fruits and different types of fish and all that stuff. It's really cool."

Also attending the event was West Sacramento resident Linda Yip.

Yip, an immigrant from Hong Kong, said that the store is a short commute from her home.

"It's nice and it's close by to where I live in West Sacramento," she said. "You don't find Asian stores in West Sacramento this big. I guess I will come here two or three times a month maybe. I will buy fruits and vegetables. It's (convenient). I just hop on the freeway and get off on Fruitridge Road and come over here."

Elma Aglubat, who identified her culture as Filipino, said that she also commuted to the store's grand opening from several miles away.

"I live in Elk Grove," she said. "I came all the way here, because I like SF (Market). I buy the Asian food – the fish, the veggies. There are so many Asian people, so this a good store for them. It's so accommodating and so accessible."



Cashiers worked furiously against a backdrop of a seemingly endless sea of new customers.

Jason Lam, who works for a Hayward-based, Asian food supplier for the store, supported Aglubat's words.

"There's a good, sizable population of Asian people (in this area), so there's a need, there's a growth," he said.

Linda Chang, property manager of the SF Supermarket site, described the importance of having this store open in South Land Park.

"It's very, very important, especially for this community," she said. "There are a lot of Asians here that don't necessarily want to go all the way down to Stockton Boulevard. They would ask, 'When are you going to open?'"

Chang credited brokers Shaun Morrow and Justin Allen as being instrumental in bringing SF Supermarket to the South Hills Shopping Center.

During the market building's three years of vacancy, efforts were made to bring a Trader Joe's grocery store to the old Vic's Market site, Chang recalled.

"Trader Joe's was supposed to be at (the current site of Sprouts Farmers Market grocery store on Del Rio Road)," she said. "I believe there was a last minute decision not to be there.

"We were gunning for a Trader Joe's, but Trader Joe's wants 15,000 square feet as their footprint. This is double that size (at 29,000 square feet). Trader Joe's said it was too big for them and they were done with Sacramento. That's what they were telling our broker. But no, (SF Supermarket) is better than a Trader Joe's."

Chang mentioned that the quality and success of SF Supermarket has led to its continuous growth. She noted that plans have already been made for two other SF Supermarkets. The first of those stores will open in Portland, followed by another store in the old Sam's Club building on Sunrise Boulevard in Rancho Cordova.

South Land Park's new SF Supermarket is operated by 45 employees, of which about 30 work during a single shift.

The store is open daily from 8 a.m. to 9 p.m., 365 days a year.

For additional information about this store, call (916) 619-8112.

Tim Tyler Ph.D
Attorney at Law



- Living Trust
- Wills
- Deed
- Health Directives ($750)

Estate, Tax, & Medi-Cal Planning

Free In-Home Consultation (916) 452-0624

Call me to sell your home for TOP DOLLAR!!



Greenhaven duplex that is perfect for investment or owner occupant opportunity. This stunning duplex features 2 bedrooms and 2 baths on each side, large kitchens, dining rooms, living rooms with brick fireplaces and covered patios. Both sides feature a master suite, garages and a lush yard. Located in the heart of Greenhaven and walking distance to parks, schools and shopping, this is a fabulous property for investment or to call home.



Stunning South Land Park home featuring 2 bedrooms and 3 baths, spacious living room with fireplace, dining room, family room, updated kitchen with breakfast nook and large basement perfect for guests or a home office. This Mid Century Modern home is open and bright with lots of space to entertain. Outside there's a pool, covered patio and lush yard that is ready for a summer BBQ.



Wendi REINL
REALTOR®
CAL BRE# 01314052

(916) 206-8709
Wendi@WendiReinl.com
www.WendiReinl.com

COLDWELL BANKER

LPCA THANKS ALL OUR SPONSORS FOR A FABULOUS

'A Taste of Land Park' EVENT!

A Taste of Land Park

PRESENTED BY LPCA

Save the Date for the 18th annual A Taste of Land Park on Sunday, May 19th, 2019

Sommelier Level

THE MILL AT BROADWAY

Fidelity National Title

Urban Cow Half Marathon LAND PARK, SACRAMENTO

Connoisseur Level

Mitchell Rohrer proudly supporting TASTE OF LAND PARK

WELLS FARGO ADVISORS

Mitchell Rohrer
Financial Advisor
Senior Vice President – Investments
400 Capitol Mall Ste 2100
Sacramento, CA 95814
Direct: (916) 440-4152
rohrerm@wellsfargo.com
wellsfargoadvisors.com

Investment and Insurance Products: ▶ NOT FDIC Insured ▶ No Bank Guarantee ▶ MAY Lose Value

Wells Fargo Advisors is a trade name used by Wells Fargo Clearing Services, LLC, Member SIPC, a registered broker-dealer and non-bank affiliate of Wells Fargo & Company. © 2011, 2013, 2016 Wells Fargo Clearing Services, LLC. All rights reserved.

Palate Level

LYON REAL ESTATE
Pamela Petterle
ppetterle.golyon.com

LYON REAL ESTATE
Tanya Curry
tcurry.golyon.com

DUNNIGAN Realtors

STEVE HANSEN
SACRAMENTO CITY COUNCIL

GREATER BROADWAY DISTRICT

TEICHERT

COOK REALTY
Trey Bonetti
Contact: (916) 451-6702
trey@cookrealty.net
Helping you with all of your Real Estate needs.

John Puente & Dennis DeVore
The Setzer Foundation

Sample Level

GEORGE L. KLUMPP CHAPEL OF FLOWERS

Steve & Alice Schnaidt
Dr. L. Steven Winlock
Jean "Pinki" Stevenson Cockrell

Idelle & Rhonda
Your Premier Real Estate Team
idelleandrhonda.com
Delighted to Sponsor A Taste of Land Park



For over 40 years

COOK REALTY

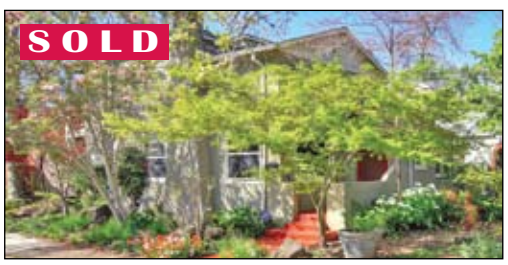
www.cookrealty.net
info@cookrealty.net
DRE# 00618471



2000 22ND STREET • $1,750,000
JAMES WALKER • 607-0519



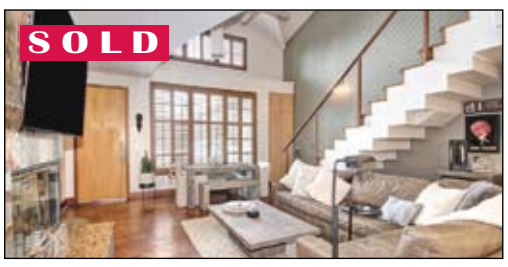
6684 FORDHAM WAY • $499,000
TAMMY NOVOA • 628-8530



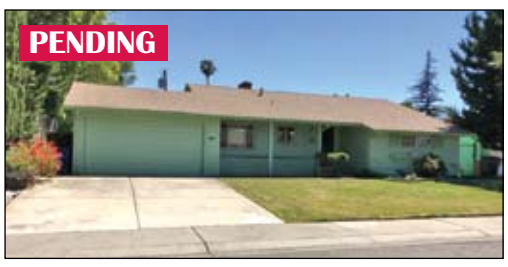
2239 CASTRO WAY
Charming updated Curtis Park home.Upstairs addition done in keeping with period of home, 3/4 hardwood floors, moldings, framing around doors and windows and wall finish all done to match the original home! $699,000
SUSIE KUWABARA-PARKER • 768-8494



757 8TH AVENUE
Cute 3 bedroom good size and in good condition. Home has a bonus 1/4 bath next to laundry room. Hardwood floors throughout home as well as dual pane windows. One bedroom has private access to the backyard. $399,000
MEENA CHAN-LEE • 837-9104



2020 "H " STREET UNIT F
Visually striking high-tech loft in Midtown's prized Blvd Park. Unit F has been upgraded w/:Poggenpohl German cabinetry, Danmer shutters, wireless Legrand lighting system, Bosch, SubZero & Miele appliances & more. $499,000
JAMES WALKER • 607-0519



2182 SARAZEN AVENUE
Well maintained Golf Course Terrace home! Enjoy meals in the kitchen nook. Entertain in the separate living and family room with dual fireplace and built in cabinets. Hardwood flooring in living room. Large backyard with uncovered patio. $280,000
MEENA CHAN-LEE • 837-9104

See all our listings at www.cookrealty.net

REAL ESTATE SCHOOL
★ LOW INTRODUCTORY COST
★ START ANYTIME
★ LIVE CLASSES

Call: Ed Daniels • 451-6702

PROPERTY MANAGEMENT
★ MONTHLY CASH FLOW
★ TENANT SCREENING
★ MAINTENANCE

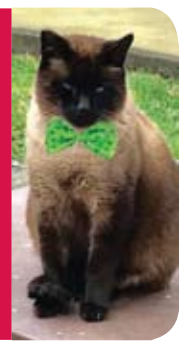
Call: Brittany Naucke • 457-4907

ADDITIONAL LISTINGS

2384 HALDIS WAY SOLD
Cozy Hollywood Park C… your chance to live in one of Sacramento's most desirable areas! Perfect starter home or investor opportunity! Put your vision to work for what this beautiful home can be! Walk to St. Roberts, Hollywood Park and LDV schools!
ED DANIELS • 204-6702

5609 JOHNS DRIVE SOLD
Well maintained hom… 2 baths with a bonus room in the back. Granite counters in kitchen with access to the garage. Beautiful backyard has a great layout with fruit trees and a shed for extra storage. $279,000
MEENA CHAN LEE • 837-9104

Greetings FROM THE COOK CAT, **BIG BOY!**



4305 Freeport Boulevard, Sacramento COOK REALTY www.cookrealty.net • (916) 451-6702

Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901

ADDITION SPECIALIST

LYTLE CONSTRUCTION INC.
Remodeling and Design
LIC# 480492

Certified Kitchen & Bath Remodeler

Award-Winning Design/Build Firm
Serving Sacramento for more than 25 years

- Additions
- Kitchens
- Bathrooms
- Custom Cabinetry

FREE Consultation
916-422-6639

www.lytleconstruction.com

CLEANING

Prime Quality Maintenance

- **Window Cleaning** (inside/out/screens washed)
- **Rain Gutter Cleaning**
- **Pressure Washing** (all surface areas)
- **Hard Water Stain Removal**
- **Landscape Maintenance**

Free Estimates
Licensed & Insured
CSL# 996271

Call Jesse: 916-428-2940



CLEANING

The Cleaning Brothers
"We Treat Your Home Like It's Our Own!"

Residential & Commercial Services:

- ✓ Solar Panel Cleaning
- ✓ Window Cleaning
- ✓ Gutter Cleaning
- ✓ Pressure Washing
- ✓ Post Construction Cleaning



Call Us Today! 916-402-8390
www.thecleaningbrothersco.com
thecleaningbrothersco@gmail.com

CONSTRUCTION/HAULING

DB Haul-away
Commercial & Residential Hauling
Reliable -Dependable - Insured
Lic# 627768

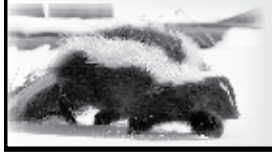
Residential/Construction waste removal
Foreclosure services • Yard clean ups
Handyman services • Demo • Drop bin services



Bobby Timms • 916-402-7546 • dbhaulaway@gmail.com

CREATURE CATCHERS/REMOVAL

CREATURE CATCHERS
WILDLIFE MANAGEMENT



Creature Catchers Wildlife Management
"If it walks or flies, we'll remove it"

Humane and non-toxic solutions for both animals & man
Dead Animal Location/Removal • Exclusion Work
Live Trapping • Humane Removal • Repair
Skunks • Fox • Raccoon • Opossum • Squirrels
Mice/Rats • Birds/Bats (bat elimination)

CreatureCatchers.org **530 885-PEST(7378)**
California State Trapping License #7781 - Insured by Lloyds of London



4 papers, 1 low price!
Advertise your service in this section, today!
Call 429-9901

FLOORING SPECIALIST

Hardwood Flooring
Specializing in installing, sanding and finishing hardwood flooring or repair and refurbish your current floors.
Call Michael - (916) 383-8742
Lic# 544159/References Available

HANDYMAN

Summer Yard Clean-up Specials!

- HAULING & YARD CLEAN-UP
- RAIN GUTTER CLEANING
- CONCRETE REMOVAL
- HEDGE TRIMMING /SHRUB REMOVAL
- PRESSURE WASHING

Call LESTER
(916) 838-1247
Lic#128758/Ref

Pressure wash your driveways clean! your decks, too!
Clean out your garage! Replace that old lawn!
Hard work—not a problem!



SPECIALS FOR SENIORS/*SERVING THE AREA FOR OVER 20 YRS*

ELECTRICAL CONTRACTOR

CAPITOL ELECTRIC
Reasonable Residential & Commercial Work since 1960
Repairs, Trouble Shooting
Custom Lighting/FREE Est.
Excellent ref from Angie's List
(916) 451-2300
Cell: 213-3740
Neil McIntire — C.S.L.# 394307

HANDYMAN

FREEDOM HANDYMAN SERVICE
I specialize in all areas of home improvement !
Quality work the first time, guaranteed!
Carpentry - Electrical - Plumbing - Demolition
Sprinklers - Sheetrock - Furniture Anchoring
Fix leaks of all types
Accepts All Major Credit Cards "Senior Discount"
NO JOB TOO SMALL!
Licensed and Insured #152902
Call Eric (916) 470-3488

HAULING

Get - R - Done Hauling

Tear Downs
Fence Removal
Trees & Shrubs
Backyard Cleanup
Handyman Services
Debris Removal
Small Jobs
Moving
& much more!

Licensed & insured
Price: $75 & up
Whatever It Takes
CALL ANYTIME!
Greg (916) 370-0565



PAINTING

COOK PAINTING
Full Service Company – Start to Finish
CSL# 432951



In business since 1982

- Custom Painting
- Super clean, neat & fast
- Interior/Exterior
- Cabinets

Specializing in custom trim & moulding!
Color Consultants
FREE ESTIMATES

As seen on yelp

(916) 591-5056

PAINTING

GARY'S PAINTING



- Warranty
- Senior Discounts
- Professional & Reliable
- Interior & Exterior Painting
- Using only Kelly-Moore Paint!

CSL #734323

(916) 725-8781

PAINTING

SOVEREIGN PAINTING
Quality craftsmanship 3rd Generation Painter with over 30-years experience
(916) 422-4416
sovereignpaintingco.com
sovereignpaint@yahoo.com
Dan Sovereign, Interior & Exterior Painting
Lic.# 484215
Better Business Bureau Member

Home Improvement Guide: a "Keeper" by our readers



Great exposure in these four upscale neighborhoods:
Arden-Carmichael, East Sacramento, Land Park & Pocket/Greenhaven.



Contact Melissa at 916-429-9901

CALENDAR ANNOUNCEMENTS

Send you updated announcements
email to editor@valcomnews.com

VCN VALLEY COMMUNITY NEWSPAPERS | **916-267-8992**
1109 Markham Way, Sacramento 95818

Forum:

Continued from page 2

isn't an addict that wants to be an addict."

In the state of California there are 19 bills in the current legislative, each geared to curb opioid abuse. (https://www.cda.org/news-events/cda-supported bills, 6/7/18) Assemblyman Arambula said, " California is faced with a serious health care dilemma: how to prescribe controlled substances safely and effectively to relieve pain, while simultaneously reducing the risk of prescription medication misuse, addiction, and overdose." (https://www.cmanet.org/news/detail/) We must find this balance remembering those addicted and the 137 million chronically ill Americans.

Terry McSweeney is a Certified Fibromyalgia Advisor, Graduate of the International Fibromyalgia Coaching Institute, Founder of Fibromyalgia Pathways.com, Founder of the Sacramento Fibromyalgia Support Group, Member of Leaders Against Pain in conjunction with the National Fibromyalgia & Chronic Pain Association and Chairperson of the Sacramento Together Walks for Fibromyalgia Awareness held each May.

Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901

HANDYMAN



D&H Service
Office: **916-428-5907**
Cell: **916-206-8909**
Interior and exterior painting
Fence Installation
Tile Installation
Dry Rot Repair
25 years of experience

PLUMBING

ROONEY'S PLUMBING
FULL SERVICE PLUMBING
456-7777
rooneysplumbing.com
License #683668

ROOF/GUTTER CLEANING

Stan The Man
est 2007
* ROOF / GUTTER CLEANING * WINDOW CLEANING
* PRESSURE WASHING * SENIOR DISCOUNTS



916.601.1030
Cleaning and Repair
Sacramento, CA

ROOFING/SIDING

ZIMMERMAN REROOFING
3675 R Street
Sacramento, California 95816
Roofing Specialists
454-3667
zimroof.com
License #763169 Dave Zimmerman

TILE WORK

BAXTER TILE
EXPERT INSTALLATION
REMODELING & REPAIR
Ceramic • Marble • Granite
Floors • Counters • Walls
33 Years Experience • FREE Estimates
916-213-4669
License #668100

TILE WORK

NIETO'S TILE & LANDSCAPING
RESIDENTIAL & COMMERCIAL
Frank Nieto
(916) 480-9512
Sprinkler Systems (Install & Repair)
Fencing • Plumbing
Electrical • Painting
Concrete • Tile Installation
Granite Fabrication
Laminate/Wood Floors
NietosTile@sbcglobal.net www.nietostile.com Lic. #917883

4 papers, 1 low price!
Advertise your service in this section, today!
Call 429-9901

TREE & GARDENING SERVICE

Terra Bella Tree & Gardening Service
"Not your typical mow, blow & go company!"
• One Time Clean-Ups • Tree, Bush & Hedge Removal
• Full Yard Maintenance
Family Owned • *25 years experience!*
Call Randy (916) 454-3430 or 802-9897
www.terrabellagarden.com • Lic# 152584

Our Readers Need Your Service!
It Pays to Advertise!
Contact Melissa at 916-429-9901



CLASSIFIED ADS

TAX PREPARER

#1 CONCIERGE TAX PREPARER
35 yrs. exp. We specialize in Business Tax returns including Corp & Partnerships. FREE Pick-up & Delivery to those who qualify. We prepare expertly **all past tax returns** including all State returns. Get the most deductions allowed to you by law. CTEC + IRS Registered & Bonded. Please call for your appt. today. Irene Senst (916) 640-3820 CA, (775) 410-3422 NV. Same low 1990 rates. www.taxirene.info • taxireneinfo@gmail.com

FOR SALE

CLEAR LAKE LOTS
Owner can sell a 5000 sq.ft. lot (utilities available) as little as $500.00 down and $236.00 per month. 1 mile from the lake. Call Bob @ 707-998-1785 or 702-523-5239

HANDYMAN

HANDYMAN SERVICES
No job too small. Make your "to-do" list and give me a call. Electrical, Plumbing, Tile, Sheetrock,Plaster, Stucco, Repairs and Remodeling, you name it! **Lic# 908942. Call Steven at 230-2114.**

HANDYMAN

CLEAN-UP SPECIALS!
Summer yard cleaning – Yard clean-up. Rain gutter cleaning, pressure washing/power spray, hauling, yard work, painting, tree & shrub removal, clean-up, fence repairs, light tree trimming, & more. Ref avail. Call Les at 838-1247. **18 yrs. exp.Specials for seniors. Licensed**

SPECIAL ALZHEIMER'S LIVING

REVERE COURT
MEMORY CARE Lic. #347001338/342
Day Club, Respite, Residential, Support Groups & Educational Classes
casey.s@chancellorhealthcare.com
www.reverecourt.com
(916) 392-3510
7707 Rush River Dr. Sacto, CA 95831

BOOKKEEPING

#1 CONCIERGE BOOKKEEPER
35 years exp. in industries like Auto, Mechanics, Restaurants, Caterers, Massage, Doctors, Chiropractors, Non-Profits, Retail, Marshal Arts, Barber, Construction, Wholesale, Investment Clubs, Corp, Partnerships, Small Business. We are experts in General Ledger, Payroll, Profit & Loss & Quarterlies. Call for your concierge appt. Same low 1990 rates. Ask for Irene Senst (916) 640-3820, Nevada (775) 410-3422. www.taxirene.info • taxireneinfo@gmail.com

BUSINESS SERVICES

#1 CONCIERGE BUSINESS SERVICES
Put our 35 years in Concierge Business Support Service to work for your business. We provide support in: Licensing, Business & Corp Start-ups or Closures, Basic web design, Set-up social media. Business Concierge Shopping, Marketing and much more. Please contact Irene Senst (916) 640-3820 CA, (775) 410-3422 NV. www.taxirene.info • taxireneinfo@gmail.com

www.valcomnews.com

RESERVE YOUR SPACE IN THE CLASSIFIEDS! CALL 429-9901

River Cats

STAR WARS NIGHT



PACKAGE INCLUDES TICKET AND HAT

Sutter Health
Fireworks Saturdays

SATURDAY, JULY 14

WITH SPECIALTY JERSEY

TICKETS AT RIVERCATS.COM

KENNEDY

JFK CLASS OF 78'

ANNOUNCES IT'S 40TH REUNION.

SATURDAY, SEPTEMBER 8, 2018

TO PURCHASE TICKETS CONTACT US AT
KENNEDYCOURGARS78@GMAIL.COM OR CLASSMATES.COM.

SEEKING EVENT SPONSORS



Get the FREE Scoop on
Experience Corps - City of Sacramento

ICE CREAM SOCIAL

JULY 26th
5pm-7pm

Hart Senior Center
915 27th St. Sacramento, CA 95816

We are looking for volunteer tutors **50 years and over** to serve in the Sacramento community by helping children in kindergarten through 3rd grade become great readers!
RSVP: volunteers@sccsc.org or **916-370-8720**

the center | A proud affiliate of AARP Foundation EXPERIENCE CORPS | COLD STONE CREAMERY

7707 Rush River Drive,
Sacramento, CA 95831

REVERE COURT
MEMORY CARE

www.RevereCourt.com
916-392-3510

MONTHLY CAREGIVER EDUCATIONAL SEMINAR

Thursday, July 19th at 2:00pm

"Town Hall Meeting"

Presented by: Helen Justice, GCM
Advanced Wellness, VA Accredited Agent, Public Benefits Specialist

Join us to learn about various public benefits to include Social Security, Medicare, Medi-Cal, Tri-Care, Service Connected Disability Pension, DIC, and the VA Non-Service Connected Aid & Attendance Pension. You will learn when and how any of these benefits may apply to you and a loved one, who can qualify and how to apply. This presentation will show you how to defray the cost of long term elder care. NO INSURANCE PRODUCT SALES are part of this training.

Light refreshments will be provided

CHC CHANCELLOR HEALTH CARE, LLC

Please join us
RSVP By July 17th at 916-392-3510

Residential License #: #342700005
Day Club License #: 347001342

Revere Court Memory Care offers a Day Club, Respite & Residential Care for those with a memory impairment, also offering Support Groups and Monthly Seminars for caregivers and loved ones.

SacCLT:

Continued from page 5

in Curtis Park say, oh, OK, so we're not going to join because this isn't really about us," she said. "But no—you're important for helping to fundraise, helping to represent. Obviously the primary purpose is to acquire parcels to manage for community benefit, but the secondary purpose is to build community power—and the way you do that is by having a really broad base of members coming from different backgrounds and communities. Something that came up at the Oak Park meeting was how the permitting fees and process for building secondary units are such an obstacle for folks who have the opportunity to convert a garage or build a unit to offer [as a low-cost rental]; so if we're going to advocate for these things, we need that sort of political base and expertise across the city."

There's another reason SacCLT needs a scattered membership. "What makes community land trusts different from all other forms of development is the fact that we're making our decisions based on the voices and opinions of the folks who live in those communities," Valenzuela said. "[For example,] we wouldn't acquire parcels in zip codes where we didn't have members. Like Del Paso Heights—If we don't have members up there, as much opportunity and need as there is, for us to come in and acquire parcels without [residents] as a part of the decision-making structure violates what we stand for as a community-based organization."

"Community land trusts have been doing this for a while now; there are hundreds all over the world," Gill added. "Where they seem to have failed—in the few cases that they have—is [by losing] that community engagement. We all have our pet ideas that brought us in to do this in the first place, but that's not why we're doing this. We're doing this to make sure that everybody else in the community who have ideas have an input—a way to engage—and a way to see this happen."

Although SacCLT is currently in the developmental, formative phase and has yet to attain official non-profit status, it is working with an accountant to apply for a 501(c)(3) designation, after which the organization will be able to embark on full-scale operations. That day will come none too soon, as the needs of the city's various communities continue to mount. "We've seen this bubble happen before; we're seeing it happen again, and there are communities that have such a need right now," Gill said. "[T]o think that this isn't going to affect all of Sacramento County is naïve. And this is a very long-term process; this kind of stuff does not happen overnight."

There may be a countywide SacCLT meeting in the fall; meanwhile, the next meeting for the Southwest zone will take place July 21 at 11 AM at Giovanni's Pizza, 5924 S. Land Park Dr. (The next Downtown zone meeting will take place at 1 PM on the same date at Southside Park Cohousing, 5th and T Streets.) A host of information is available at http://www.sacclt.org and at 916.258.2364. To learn about Sacramento's other CLT, Mutual Housing California, visit http://www.mutualhousing.com or call 916.453.8400.

INSERTS!

Your Company, Our Distribution!

You or Your Company Can Have Your Flier or Postcard Inserted in our publications! We Have Great Rates!

CALL 916-429-9901 for Information

Independent Living with Services



eskaton.org/eml

ESKATON®
Transforming the Aging Experience

Eskaton Monroe Lodge
Independent Living with Services
Land Park
916-265-0045

Pet Friendly

A leading nonprofit provider of aging services in Northern California since 1968

BED ROOM SALE

ALL BEDROOMS ON SALE*



$699 reg $769
QUEEN SLEIGH BED
$799 KING SLEIGH BED
Nightstand $239
Dresser $669 Mirror $199

$629 reg $689
QUEEN PANEL BED
$729 KING PANEL BED
(shown)
Nightstand $299
Chest $899





$1079 reg $1199
QUEEN PANEL BED
$1339 KING PANEL BED
Nightstand $399
Dresser $979 Mirror $89

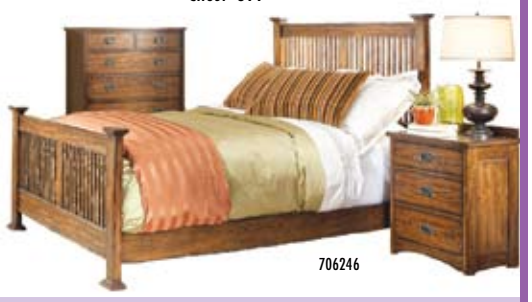
$949 reg $1059
QUEEN PANEL BED
$1099 KING PANEL BED
Nightstand $479
Dresser $1079
Mirror $339
Bench $439



$999 reg $1099
QUEEN STORAGE BED
$1279 KING STORAGE BED
Nightstand $359
Chesser $799
Mirror $169



$799 reg $899
QUEEN MISSION BED
$969 KING MISSION BED
Nightstand $429
Chest $899



$999 reg $1179
QUEEN PANEL BED
$1229 KING PANEL BED
Nightstand $399



$779 reg $859
QUEEN PANEL BED
$899 KING PANEL BED
Nightstand $319
Dresser $789
Mirror $219



Naturwood® HOME FURNISHINGS

12125 Folsom Blvd.
Rancho Cordova
916-351-0227

Mon – Fri 10am – 8pm
Sat 10am – 6pm
Sun 11am – 6pm

www.naturwood.com

*Sale applies to all indicated items except all "Clearance" and "Special Buys". Sale price not available in conjunction with any other offer or discount. Allow time for delivery on some items. Sizes and colors are approximate. Sale ends 7/29/18