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Photos by Lance Armstrong

Left to right, Rick Stevenson, a member of the Land Park Volunteer Corps, Sacramento Mayor Darrell Steinberg, and Stephanie Duncan, president of the Land Park Community Association, participate in the city resolution presentation.

Community celebrates William Land Park

By LANCE ARMSTRONG

Generations of families joined together on Aug. 3 to celebrate the history of the grandest of Sacramento's parks: William Land Park.

It was 100 years ago that the Sacramento City Commission – predecessor of the Sacramento City Council – resolved to purchase the current site of the park to memorialize former Sacramento Mayor William Land through funds he bequeathed to the city.

As a fitting tribute to a park named after a former mayor, Sacramento Mayor Darrell Steinberg and former Sacramento Mayor Anne Rudin cut the centennial cake, which was donated by Walter and Marlene Goetzeler of Freeport Bakery.

Also a part of the evening's attractions were free ice cream provided by Vic's Ice Cream, a performance by the Sacramento Philharmonic Orchestra, a car show presented by the California Automobile Museum, children's activities, various booths, and the presentation of a city resolution honoring the park.

Steinberg told a crowd gathered at the park's William A. Carroll Amphitheatre that William Land Park is his favorite place in the city.

"People ask me all the time, 'What's your favorite place in Sacramento?'" he said. "I have to be careful now, because I represent every place. But I'm going to tell you a little secret."

Whispering into the microphone, Steinberg said, "Land Park."

Sharing his impression of the park with this publication, Vice Mayor Steve Hansen referred to it as the "crown jewel of our city parks."



Mayor Darrell Steinberg prepares to cut a piece of cake at the event.

Rick Stevenson, a member of the Land Park Volunteer Corps, told the Land Park News that it was his idea to celebrate a centennial of the park.

Jean "Pinki" Stevenson Cockrell, the former Land Park Community Association

See Centennial, page 3

Centennial:

Continued from page 2

board member who led the organization of the Aug. 3 event, said that from Stevenson's idea, a list of possible ways to celebrate the park's history was compiled.

Cockrell noted that once that list was narrowed down to a community party in the park, the gathering occurred after only three months of planning, thanks to many contributors.

"Everything was done courtesy of all these community organizations donating their time and effort and it's just super," she said.

Cockrell added that LPCA also plans to plant a centennial tree in the park.

Among the many attendees of this event were families that built a long-time tradition of visiting William Land Park.

Rachel Burt, who was attending the event with her son, Ron, and her grandchildren, Levi and Anna Grace, said that four generations of her family have enjoyed visits to this park.

"We've been coming out here more than 50 years," she said. "As a child, I came here with my mom and dad (Paul and Virginia Smithers) and my (siblings). I was one of 12 kids."

Another attendee of the event, 87-year-old Patricia Valentina (Yniguez) Vega-Fanno, recalled visiting the park as early as about 1938.

"My father (George Yniguez) used to bring us to the park and show us around," she said. "When I first saw the park, I thought it was beautiful. It was open, and to this day, I appreciate the openness of it."

Maria Moreno, a 1975 graduate of C.K. McClatchy High School, said that she began visiting William Land Park in the 1970s.

"I would come out here with my parents, and (later) my kids," she said. "I still come here. I do a 5K (run) here every morning. I love it out here. It's beautiful. There is a lot of nature and a lot of families."

The final attraction of the Aug. 3 park celebration began at sundown in the amphitheater, with a showing of the Disney Pixar film, "Coco."

Also celebrating the park's history in various manners last week were the William Land Golf Course, Funderland, Fairytale Town and the Sacramento Zoo.



Freeport Bakery donated this three-section, 100th anniversary cake for the event.



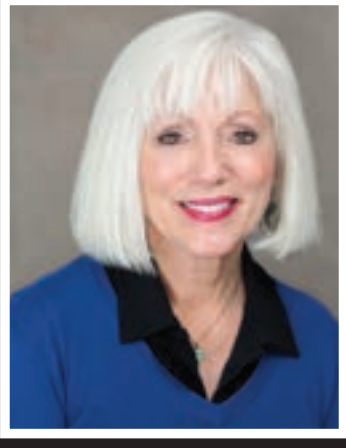
Shown above are three generations of family members who have visited William Land Park. They are Levi, Rachel, Ron and Anna Grace Burt.



Mayor Darrell Steinberg and former Mayor Anne Rudin participated in the event.



Vice Mayor Steve Hansen, right, stands alongside Rick Stevenson, whose idea it was to hold a centennial celebration for the park.



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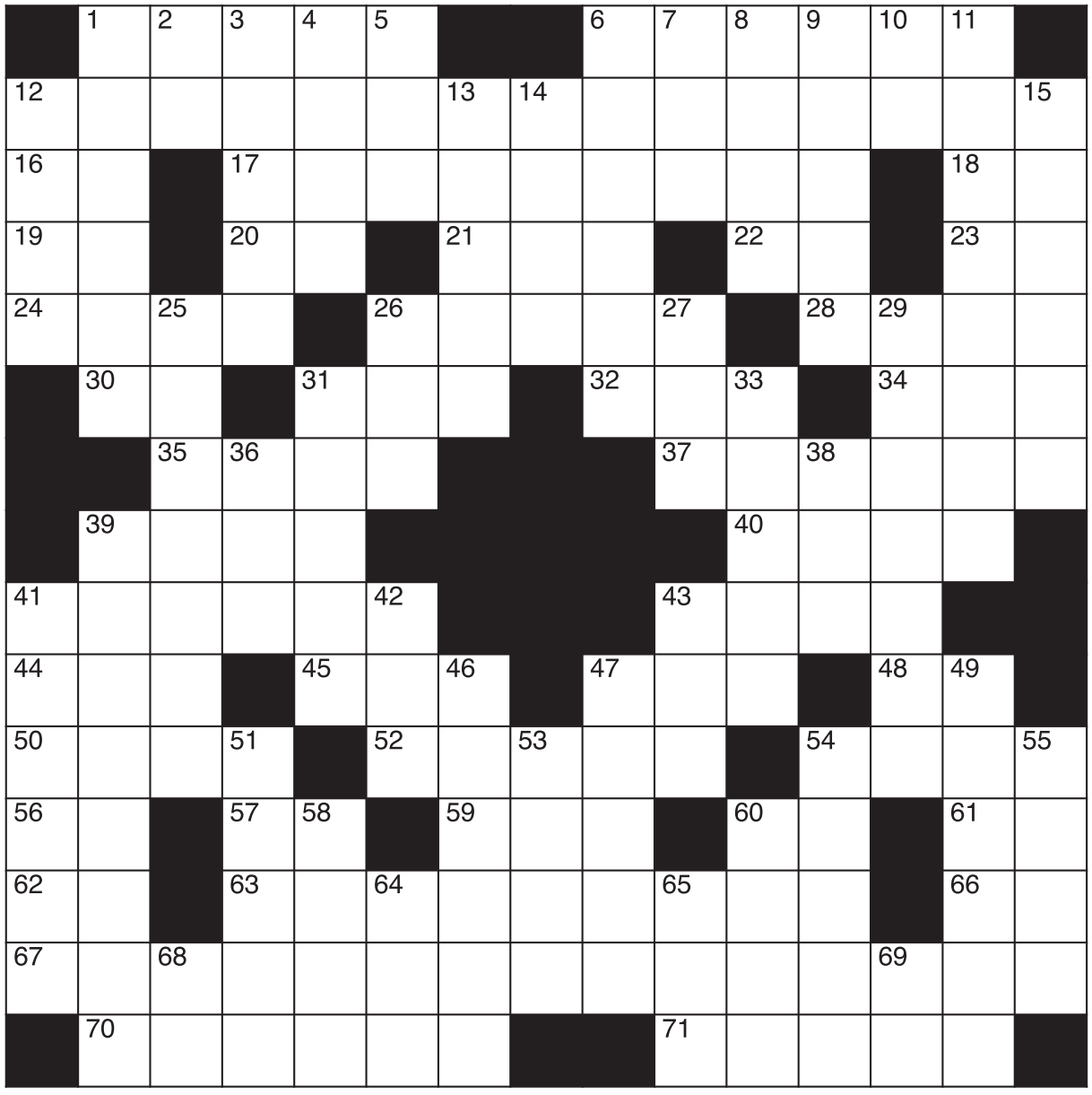
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CROSSWORD



CLUES ACROSS
1. Where to shop
6. A descendant of Shem
12. NBA big man "Boogie"
16. Integrated circuit
17. Voice
18. Larry and Curly's buddy
19. Beloved English princess
20. Used to emphasize
21. Sun worshippers want one
22. Atomic # 44 (abbr.)
23. Lincoln's state
24. Selects
26. Organs present in invertebrates
28. Self-immolation by fire
30. Trauma center
31. Automobile
32. Mustachioed actor Elliott
34. Something to do at auctions
35. British School
37. San Diego ballplayers
39. Drumming pattern
40. One-time Portuguese currency
41. Honor
43. Beaches have it
44. Folk singer DiFranco
45. Electronic data processing
47. Where wrestlers ply their trade
48. The Peach State
50. Boat post
52. Omitted from printed matter
54. Witnesses
56. Indicates position
57. Atomic # 18 (abbr.)
59. Obliged to repay
60. Lead prosecutor
61. Sun God
62. The Ocean State
63. Seek opportunity without scruples
66. Keeps you cool
67. Achievements
70. A beloved street
71. Analyze minutely

CLUES DOWN
1. Cooks need one
2. A mystic syllable
3. Male parents
4. Greek goddess of discord
5. U.S.-based church (abbr.)
6. Movies have lots of them
7. Greek goddess of the dawn
8. Influential naturalist
9. Ancient town
10. Atlanta-based rapper
11. Animosities
12. Pop singer
13. Speak
14. One who lives in northern Burma
15. Not liquids
25. A framework
26. Peter's last name
27. Plants have it
29. To shorten a book
31. French philosopher
33. Murdered in his bathtub
36. Greek letter
38. A hiding place
39. Crazed supporters
41. Winged nut
42. Doctor of Education
43. Unhappy
46. Popular celeb magazine
47. __ and greets
49. Poke holes in
51. Beloved Mexican dish
53. Monetary unit of Angola
54. More wise
55. Pouches
58. Hindu's ideal man
60. Type of gazelle
64. Revolutions per minute
65. Energy unit
68. Cerium
69. Canadian peninsula



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Brownie's Lounge founder reminisces about his long career in the bar business

By LANCE ARMSTRONG

A month has passed since Clair "Brownie" Brown, founder of Brownie's Lounge in the South Hills Shopping Center, began settling into his new life as a retiree.

After more than a half-century in the bar business, he is certainly in very unfamiliar territory.

Brown, 85, said that he was in the bar business for so long that he has no idea how he will spend his retirement years.

As for his departure from Brownie's Lounge, Brown mentioned that he sold the bar after losing his lease on his business space at 5858 South Land Park Drive.

"(The property owners) came to me one day and said, 'You're out of here," he said. "I didn't renew my (five-year) option, and the girl from the company said, 'Didn't you look at your lease? I said, (expletive), I don't even know where my lease is."

Brown, who resides in the Pocket area with his wife, Carolyn, noted that he had hoped to operate Brownie's Lounge until he was at least 90 years old.

The bar – which has retained the name, Brownie's Lounge – has instead been leased to the owners of Florez Bar & Grill, which is also located in the South Hills Shopping Center.

Brown, who has one daughter and two grandchildren, noted that at the time of his retirement, he had already achieved a significant milestone in local bar history.

"I owned a bar longer than any one single owner (in Sacramento)," he said. "There was Ronnie (Alvernaz) over at the Distillery. He went out of business. He was next to me. Then there's the (Joanne Martin-owned) Flame Club. But no one has been close in years."

Brown added that he believes that small, neighborhood bars are "on their way out."

Long before establishing himself in the bar business, Brown began his life in Yuba City. He was one of the 10 children of Leo and Hazel Brown.



Photo by Lance Armstrong

Clair "Brownie" Brown recently concluded 52 years of bar ownership in the capital city.

A 1951 graduate of Modesto High School, Brown served in the U.S. Air Force from 1953 to 1957. He was stationed in Japan before being discharged at McClellan Air Force Base.

It was also during the 1950s when Brown acquired his first job in a bar at The Stable, a pizza and beer business at 4563 Freeport Blvd. He was hired while taking general education classes at Sacramento Junior College – now Sacramento City College.

Brown also worked for some time at a Union service station at 131 Capitol Ave. (now Capitol Mall).

While working at the Union station one evening, Brown was approached by a man who informed him that someone was hollering for help in the Sacramento River.

After running to the river with another service station attendant, Brown

See Brownie's, page 8





An impromptu mosh pit materializes below the stage as the East West band belts out funk, soul and classic rock tunes.



Photos by Joe Perfecto

Tables were filled with thousands of attendees beneath colorful lanters suspended from a massive tent ceiling.

Sacramento's largest Japanese cultural & food bazaar celebrated its 72nd year

By JOE PERFECTO

Dating from the latter days of Eisenhower's second term, motorists traversing the intersection of Riverside Boulevard and X Street during the second full weekend in August encounter great clouds of smoke and lots of activity at the building on the southwest corner. Located on that spot since 1959 are the temple and large compound of the Buddhist Church of Sacramento; both the church and a certain smoky summer event have long histories here.

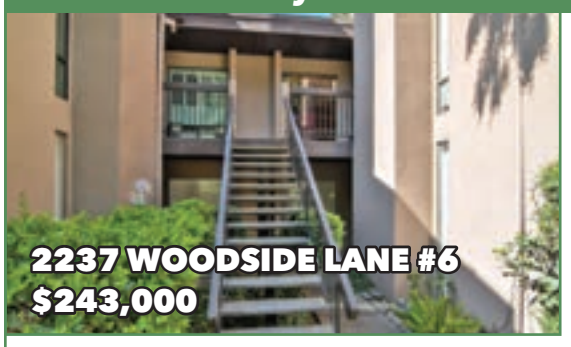
The second-oldest Jōdo Shinshū Buddhist Temple in the contiguous 48 states, the church was founded in the city's Japantown section in 1899 at 1221 3rd St. and moved to 410 O St. a year later; when redevelopment in Downtown's West End essentially obliterated Japantown in the late 1950s, the church relocated to its present site.

That wall of smoke that typically moves across X Street is dense with the aromas of teriyaki and sizzling meats; this and the car-filled streets and curbs and pedestrian-packed sidewalks are sure signs that the church's annual Bazaar is in full swing. A celebration of Japanese culture, the popular event is a major fundraiser supporting the church's operations and numerous programs and affiliated organizations. Now in its 72nd year, each presentation of the Bazaar is made possible by many hundreds of volunteers from the congregation's 850-plus families, these volunteers spanning an age range from seven to 90, among the latter being some longtime churchgoers who more than 60 years earlier attended services at the church's O Street location.

The Bazaar originated during the early postwar pe-

See Bazaar, page 7

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Bazaar:

Continued from page 6

riod as a component of efforts to rebuild the local Japanese-American community that had been dismantled by the widespread displacement imposed by FDR's Executive Order 9066, which in February, 1942 relocated citizens and resident aliens of Japanese descent to some 60 internment camps across the nation. Initially a primarily social festival focused on sharing Japanese cuisine and building social cohesion among the local ethnic cohort, over time the festival morphed into a fundraiser that attracted a wide range of attendees both local and regional with an expanded program of cultural displays and demonstrations such as calligraphy, classical dancing, concerts, doll making, flower arranging and Taiko drum performances. This year's Bazaar also included lectures on Buddhism; a booth for the Japanese language school that sold assorted trinkets and baubles; hula dancing; a ukulele group; a funk/soul/classic rock band; and children's game booths and games of chance where participants vied to win food items and other prizes with a lucky spin of the wheel.

But the biggest draw is probably food and drink. Beer and sake were flowing freely at the adult beverage booth, and a host of victuals vendors proffered a variety of offerings that included everything from rice dishes (makizushi, poke), noodles (somen, udon) and the ever popular teriyaki beef and chicken to sweets (an pan, peanut butter mochi). And business was brisk; many of the estimated 30,000 attendees could be found each day in long—and long-lasting—queues that snaked their way to order counters from which they could watch industrious kitchen staff feverishly at work.

The sheer volume of supplies needed is impressive. In two days the concession booths go through about 12,000 lbs. of ice, 8,000 pounds of chicken, 5,000 pounds of rice, 4,000 pounds of beef, 1,600 pounds. of sugar, 500 pounds of noodles, 500 pounds of shrimp, 100 pounds of salt and 100 pounds of soy sauce; beverage-wise, more than 15,000 cans and bottles of beer, sake and soft drinks are sold.

The church's vast enclosed compound is well-suited to this event, with ample expanses to accommodate many hundreds of tables and chairs. The booths and performance stage line the compound periphery, and much of the main temple complex houses other presentations and activities. In all, the venue feels much like a small village.

Although nearby parking is usually at a premium, a shuttle runs frequently between the Bazaar and the large parking lot situated under I-80 at 8th and X streets.

The church's website, https://www.buddhistchurch.org, and the Facebook page at https://www.facebook.com/Buddhist-Church-of-Sacramento-545233788944611/ provide information about the church and its events as well as Jōdo Shinshū Buddhism. Office staff can be reached Monday through Friday 9:30 a.m. to 5:30 p.m. at 916-446-0121.



One of several games of chance offered prizes of various Asian foodstuffs.


Arguably the Bazaar's most popular food item, filling for teriyaki beef sandwiches hits the grill at a food vendor's booth.



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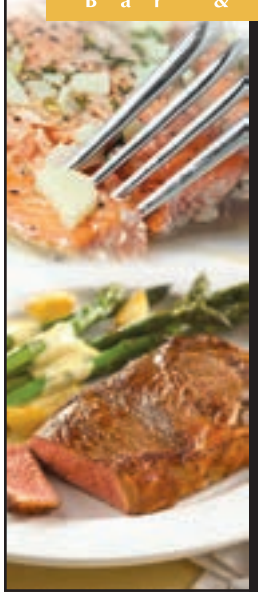


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Brownie's:

Continued from page 5

eventually discovered a man hanging onto a limb in the river, near the Tower Bridge.

Brown said that he made the decision to go into the river to save him.

"I told the guy, 'Don't grab me, I'll grab you,'" he said. "I didn't want him to pull me down, because we could go right between the barges. So, I reached and he grabbed me and he scratched my nose and I got away from him.

"I swam back around and I raised my hand up and I grabbed him, so he couldn't grab me, and then I swam toward the beach. I finally got mud on my toes and I got him up on the beach. I never heard who the guy was."

Brown later took a job at The Captain's Table, a cocktail lounge that was located at 4350 Riverside Blvd., in the area where Scott's Seafood Grill and Bar is now located. He also worked at the Gas Lamp bar at 4450 24th St.

Brown purchased the Gas Lamp in 1966, and the place became known as Brownie's Gas Lamp.

While working behind the bar at Brownie's Gas Lamp in 1976, a man entered his business with a gun.

Brown bumped the man's gun while handing him cash from the register.

The robber reacted by firing the gun at Brown. The bullet came so close to striking Brown's head that he could feel it sail through his hair.

But that incident was far from an isolated one, Brown noted.

"I had 21 armed robberies," he said. "I was shot at three times. Once in the back of my (pant) leg, once over my shoulder and once through my hair."

Brown also mentioned a New Year's Eve party at the Gas Lamp in 1970.

During that celebration, four men rushed in the bar at about 1:30 a.m., fired two shots and departed with about $850 in cash. One of the shots flew above a bartender's head.

Brown recalled an incident in which he searched for a man who had robbed him at his bar.

"I go down this street (with a gun) and here's this car and this guy is taking his mask off," he said. "I go, 'Freeze.' If he had a gun he would shoot me. Well, I'm going to shoot him. Anyway, the guy laid down on his seat, and I didn't know he had his engine running. I thought I had him, but he hit his accelerator with his hand and took off. I fired six shots at the car. The guy got away."

Although Brown said he retired his guns before opening the current location of Brownie's Lounge, he mentioned that two very dangerous situations occurred at the bar in more recent times.

"Four years ago, a car ran into the other (neighboring business space) and came into the bar and ruined the jukebox and everything," he said. "The other night, on March 4, a girl came in the parking lot, didn't step on the breaks, didn't turn the wheel, and drove right straight into the front of (Brownie's).

"I had to take the booths all out that were destroyed. The jukebox, the ATM machine, and (some) stools were (also) destroyed. She didn't take out the bar though. (The latter incident) caused $46,000 worth of damage to the place."

While working as a bar owner, Brown has tended the bar, cooked meals and socialized with his thousands of customers.

He also participated in the Honourable Guild of St. Patrick's Day Mummers' annual evening parade in Sacramento from 1960 to 1997. That organization, which he co-founded, named Brown as the Irishman of the Year in 1977.

The Irish theme has also been notable at Brownie's through many St. Patrick's Day celebrations and weekly corned beef and cabbage lunches.

Asked to summarize his many years in the bar business, Brown said, "It's been one hell of a ride."



Photo courtesy of Clair Brown

Shown in this 1993 photograph at Brownie's Lounge are bartender Sharon Masters, owner Clair Brown, bartender Rachael Houx, an unidentified, bartender and bartender Debbie Deacon.

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11:00am: Helen Justice, Advanced Wellness GCM, VA Accredited Agent: *"Are You A Veteran or a Widow of a War-Time Veteran? Get Answers About the Benefits You Deserve"*.
11:30am: Monte Leighton, Dignity Memorial, *"The Benefits & Blessings of Prearrangement"*.
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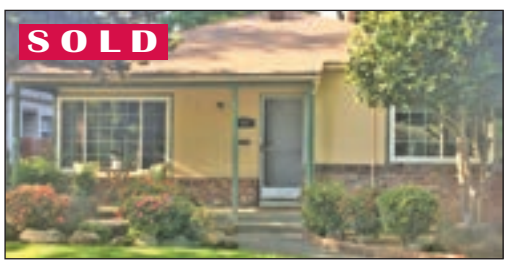
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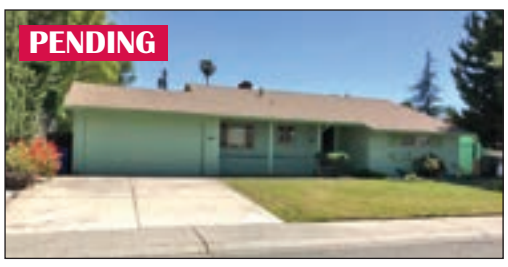
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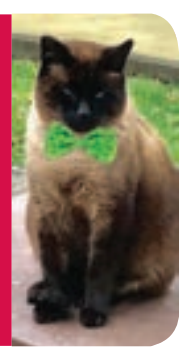
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Open Studios gives public passport to art

By LAURA I. WINN

For two weekends in September, the 13th annual Open Studios invites the public to tour the studios of over 200 Sacramento artists. This year, a group of 10 artists across seven studios in the Land Park and Curtis Park neighborhoods are offering a special incentive to see their work spaces on September 8 and 9 from 10 a.m. to 5 p.m. Pick up a passport at any of the participating studios and receive stamps along the tour. Collect all seven studio stamps for a chance to win a piece of art donated by artists. The raffle is just an added perk of the tour. Giving the public a behind the scene's peak at the art process is the real benefit, explained artist Elaine Bowers. Open Studios "allows people to see how an artist goes from point A to point B," Bowers said.



Bob Thompson


Elaine Bowers

Elaine Bowers at 2613 14th St.

For Bowers, her journey to becoming a full-time aerial landscape artist started as a toddler. She remembers drawing on anything and everything. "I like to say I was born with a crayon in my hand," she said.

After creating her first commissioned piece in high school–a portrait of children that still hangs in the buyer's home–Bowers went into graphic design and then art therapy. When not helping children and adults work through their struggles with art, she was hitching rides in private planes to photograph the landscape below. Bowers has hung out of the side of a WW II plane and zigged through radio towers to capture landscape images she turns into watercolor paintings. By showing the public her process from blank canvas to finished watercolor, Bowers hopes Open Studios builds an art appreciation for all ages and inspires children to become the next generation of art patrons.

Bob Thompson at 2613 14th St.

Bob Thompson spent years working with the State of California investigating unfair workplace practices. Now retired, he brings that same inquisitive mind to his photography and ceramics. "I always had 10 questions for everything I read. I'm naturally curious," he said. "There's so many things in our lives. We're in a hurry to go everywhere. I focus on the things you see as you walk by, but don't spend any time looking at."

This often means lagging behind friends on walks. Thompson stops to study the roses. "I take a couple of minutes to adjust for light and contemplate what I'm looking at, to capture the real essence," he said of his photography.

It's that slow and deliberate process that draws him to his other favorite subject: turtles. Thompson creates ceramic turtles with jazzy shell colors. "I find turtles kind of amazing," he said. "They tend to live so long and they don't seem to be in a hurry to go anywhere. They are a mirror of myself."

Ruth Holton-Hodson at 1725 Vallejo Way

From climbing roses in the spring to the camellias that bloom in the winter, seeing how her garden grows inspires watercolor artist Ruth Holton-Hodson. "I feel like I plant my subjects and see what I can do with them," she said.

Favoring pastels, Holton-Hodson said she focuses on how to capture the light and atmosphere of nature. At her home studio, patrons will find many affordable prints for sale, and perhaps, the motivation to color canvas, as well. "I started painting when I was in my mid 30s. It was the only thing that turned off a very busy job," she said. "For people who are working and have always just wanted to paint, I hope to inspire them to do the same. If you love it, you should do it."

Libby Harmor at 1725 Vallejo Way

Whether it's aluminum foil scraps or toilet paper rolls, Libby Harmor creates art from recycled objects and teaches kids how to do the same at festivals and fairs. Growing up, "I never had any money. I just used what I had around the house," she said.

But since the 1990s, the scraps she keeps around the house for art is exactly that–money. Harmor takes paper bills shredded by the U.S. Treasury and transforms the skinny strips into small works of art. She weaves the paper through window screens for 2" x 3" and 9" x 11" 3-D designs of flying carpets, trees and redesigned bills. She also works with ceramics and continues to use found objects, including leaves that fall from the trees in her neighborhood. For Harmor, creat-

See Open Studios, page 11

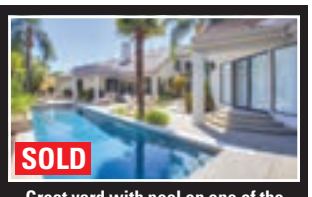
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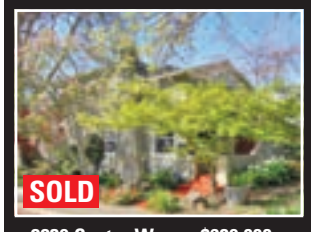
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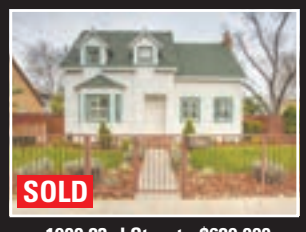
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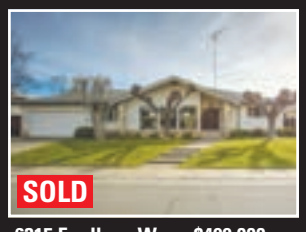

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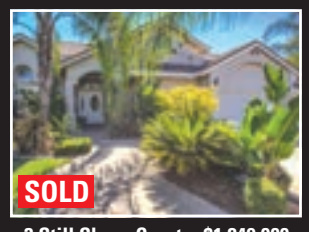

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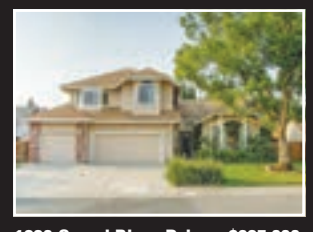
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1280 Grand River Drive - $625,000

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Open Studios:

Continued from page 10

ing art is a compulsion. "I have to. It is part of my being. I don't know what I would do without it. This is me."

Maggie Jimenez at 1166 4th Ave.

Maggie Jimenez traces her passion for colorful design back to her childhood when she created doll clothes. Then in high school, she fell in love with photography, which inspired her to double major in art and art history in college. After graduating, she taught art at the city college level and also spent years as a middle school teacher. But around Sacramento, she is probably best known for her whimsical art installations of animals and nature scenes at UC Davis, Sutter and Kaiser hospitals, as well as her mosaic pieces that color local buildings, including the Evelyn Moore Community Center, Food Source on Broadway and Plaza Del Paso.

"When you teach middle school for 28 years, you have to look at the whimsicality in front of you," Jimenez said.

At her studio, a converted two-story garage, Jimenez works on a little bit of everything–sculpture, painting and jewelry. She especially enjoys turning a mound of clay into a beautiful serving dish. "I like to make something out of nothing," she said.

Judith Johnson at 2183 Weller Way

From creating record cover designs as a child to building opera sets after art school, Judith Johnson has been making art of all sizes all of her life. "I never wanted to be on stage myself. I liked being behind the scenes," said the Austin-native who moved to Sacramento in 2016.

While working in the male-dominated field of set design in Austin, Johnson created large pieces that could be seen in the back of the theater. "Anything smaller than 4 feet seemed tiny," she said.

But here in Sacramento, Johnson spends most of her time in front of an easel. Dedicating an average of 60 to 80 hours to a canvas, Johnson paints with watercolors, oils or acrylics. Inspired by the mundane, Johnson adds objects from her life into still-life paintings. "I'm drawn to costumes, masks and archaeology. I like to add some kind of mysterious element, like wire cutters with a snake and fruit," she said. "I paint what I know. If it's a good painting, it talks to me as I go."

Mary Bartels at 2613 14th St.

A long and winding journey led Mary Bartels to jewelry making. As a child, her art was of the needle variety: knitting and crocheting. In college, she discovered a talent for creating in classes for interior and basic design. In her 30s and 40s, a career in landscape design served as her artistic outlet. But it wasn't until her mid 50s that she started collecting beads and gemstones for wearable works of art. "By 2007, I finally picked up my first torch and melted my first piece of metal! I was hooked!" she said. "I believe I use all my artistic life experiences to lead me through the evolution of each piece I create."

Bartels works with natural stones, sterling silver, copper, etched metal and other metals that have special finishings. Her creative process hinges on the materials at hand. It might take a night's drive to discover the purpose of a metal piece, but for natural stones, she only has to touch them and "then it just happens," she said. "I am always learning new processes, and I never know what is coming next. We never stop learning!"

Open Studios runs September 8, 9, 15 and 16. Passport artists also include Mary Kercher at 1129 Perkins Way, Kathrine Lemke Waste at 1840 9th Ave. and Jean Wiley at 2702 Coleman Way. More information is available at vergeart.com.



Maggie Jimenez



Judith Johnson



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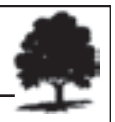
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What's happening, Land Park?

FRIDAY, AUG. 24

MY SISTER'S HOUSE 2018 BOOK NIGHT AT BELLE COOLEDGE LIBRARY: Southern California author Marsha Aizumi, author of Two Spirits, is in Sacramento to speak at My Sister's House 2018 Book Night about her memoir that chronicles her journey from fear, shame and sadness to unconditional love and acceptance as she navigated the transition of her son from female to male. Aizumi is an author, speaker, educator and advocate for the LGBT community. She serves on the PFLAG (Parents of Families of Lesbians and Gays) National Board of Directors and their Diversity and Inclusion Committee. Marsha is co-founder and current President of PFLAG San Gabriel Valley Asian Pacific Islander. In 2018, Marsha was appointed to former Vice President Biden's Foundation as a member of his LGBTQ Advisory Council. She has received awards from Congresswoman, Judy Chu, Children's Hospital of Los Angeles and Logo TV for her work as a LGBTQ activist. According to My Sister's House Executive Director, Nilda Valmores, "Aizumi's book was selected for My Sister's House 2018 Book Read night because My Sister's House Friends recognizes that domestic violence and sexual assault is a big issue for members of the LGBQTI community." Valmores added, "Within the Asian/Pacific Islander community, sex and sexual orientation can often be very taboo topics making it difficult to heal from the trauma of abuse." **When: Friday, August 24, 2018, 6:15 p.m. – 8:00 p.m.; Where: Belle Cooledge Library, 5600 S Land Park Drive**. Admission: Free. Speakers: Marsha Aizumi, author from Southern California, Mandy Lee, Organizer: My Sister's House Friends, an advisory committee of My Sister's House. My Sister's House is a local non-profit organization focused on serving Asian and Pacific Islander and other underserved women and children impacted by domestic violence, sexual assault and human trafficking by providing a culturally appropriate and responsive safe haven, job training and community services.



SATURDAY, AUG. 25

RACE FOR THE ARTS IN WILLIAM LAND PARK: Grab your running shoes, friends, family, co-workers, neighbors and join the fun! Race for the Arts is for everyone the serious runners (5K timed by B-tag) and for the casual runner/walker. Run, walk, jog or jeté along the racecourse in Sacramento's shady William Land Park. Entertainment throughout the racecourse and a FREE Arts Festival – What's not to love? Come out for the Race and stay for the Free Arts Festival with food, hands-on booths and plenty of entertainment. Race for the Arts raises funds and awareness for ALL California nonprofit visual, performing, cultural, literary and culinary arts organizations, and school music, drama, literary, art and culinary arts programs. They receive 100 percent of pledges designated to them. 7 a.m., registration (or register at http://www.RacefortheArts.com); 8:10 a.m. Kids Fun Runs; 8:35 a.m., 5K Run/Walk; William Land Park, Sacramento (across from Sacramento Zoo and next to Fairytale Town). Cost: $15 - $35 (cost varies, depending on age and date of entry). A 20 percent discount for teams of 10 or more. Registration includes event T-shirt, refreshments, and exclusively designed socks by Trumpette. FREE Arts Festival. Information, visit www.raceforthearts.com

SATURDAY, AUG. 25

TALES & ALES BREWFEST FUNDRAISER FOR FAIRYTALE TOWN: Fairytale Town welcomes you to celebrate their 59th anniversary from 5 to 9 p.m., as local craft breweries will be on-site pouring unlimited tastes of their beers. You can also enjoy live music on the Mother Goose Stage. Kids can enjoy complimentary root beer floats and hands-on activities in the Root Beer Float Garden in Mr. McGregor's Garden. There will also be a raffle with exciting prizes.Local food trucks will be onsite with food and beverages available for sale. Featured food trucks include: Culinerdy Cruzer, Chando's Tacos, and Cecil's Taste. Tales & Ales is an all-ages fundraiser and proceeds will support Fairytale Town's education programs and park improvements. VIP Tickets include early admission at 4 p.m., specialty brews and refreshments, and one commemorative cup.
Please note: Tales & Ales is a special ticketed event, and tickets will go on sale July 1. No outside food or drink. Fairytale Town will be closing at 2 p.m. the day of the event in order to prepare for the evening's festivities. Tickets prices are as follows: Advance tickets (July 1-Aug. 24): Adults VIP: $75; adults general admission: $30
Children (2-12 years): $6; children 1 and under: free; Fairytale Town members receive $5 off per adult ticket, and member children are free. Day-of Tickets: Adults general admission: $40; Children (2-12 years): $10; Children 1 and under: Free
No member discount. Fairytale Town is located at 3901 Land Park Drive.

SATURDAY, AUG. 25-SUNDAY, AUG. 26

TASTE OF SOUL SACRAMENTO: Taste Of Soul Sacramento is a two day event taking place at Southside Park in Sacramento on August 25 & 26 from noon to 7 p.m Saturday artist Line-up: 112, Temptations, Switch, Larriah Jackson, Next Phase, Sunshine Anderson and more! Sunday's artist line-up: Lyfe Jennings, Abrique B., Rome, Slave, Lakeside and more!
Must have a seperate ticket for each date. Come hear some good soul filled music and have a great time with your friends and family. Take a stroll in Vendor Row, we are sure you'll be impressed by great desserts and food as well as some top notch artwork, soaps, handmade gifts and much more! A raffle will take place on both dates.Full bar will be available to those 21+. TICKETS:
Free for children 10 and under (If an adult purchases a Preferred Seating ticket and they have a child coming that's under 10 years old, a seat will need to be purchased for that child in advance)
$25 General Admission advanced ticket purchased before July 15, 2018
$35 General Admission advanced ticket purchased after July 15, 2018
$65 Preferred Seating advanced ticket purchased before July 15, 2018 (seat in section in front of stage, two drink tickets and event Tshirt)
$75 Preferred Seating advanced ticket purchased after July 15, 2018 (seat in section in front of stage, two drink tickets and event Tshirt)
FAQ'S:
No outside food or drinks permitted
No INS and OUTS permitted
No oversize umbrellas permitted
No Canopy (pop up tent) permitted
No Drugs permitted
Must have valid ID for 21+ beverages
https://www.eventbrite.com/e/taste-of-soul-sacramento-tickets-44908590804?aff=efbeventtix

HIGH COUNTRY BRINGING TRADITIONAL BLUEGRASS TO THE SIDE DOOR: High Country celebrating their 50th anniversary as a band will bring the traditional sound of bluegrass to The Side Door, August 25th at 7:00. Doors open at 6:00pm $20 at the door. www.thesidedoor.net. Since 1968, High Country has earned its place as the West Coast's premier traditional bluegrass band. Strongly influenced by the classic styles of Bill Monroe, Flatt & Scruggs and the Stanley Brothers, the band's blend of banjo, mandolin, fiddle, dobro, guitar and bass.

See What's Happening, page 15





What's Happening:

Continued from page 14

SUNDAY, AUG. 26

CROPWALK RECRUITER RALLY AT PARKSIDE COMMUNITY CHURCH: Walk.Give.Change the world. On Saturday, Oct. 28 at the State Capitol, there will be a 3-mile walking starting at 2 p.m. (registration at 1:30 p.m.). Attendees are asked to bring 2 cans of food for entry into the raffle! CROP Hunger Walk is a scenic, family & dog-friendly 3-mile roundtrip walk from the Capitol to River City Food Bank and back. The Walk benefits CWS, Opening Doors, and local food banks. There will be a recruiter rally on Sunday, Aug. 26, from 4 to 5 p.m. at Parkside Community Church, 5700 South Land Park Drive. Sacramento, CA 95822 Together, we can help end hunger in our community and around the world!

WEDNESDAY, AUG. 29

MEDITATION: TIBETAN, CHINESE & HINDU: Meditation has been used for thousand of years to balance mind and body and improve health. Learn various types of meditations that may reduce blood pressure, support heart & immune system, and balance brain chemistry. Pre-payment of $20 or $25 drop-in at the door. Pre-registration required. Class will be held Wednesday August 29, 2018 from 1:00-2:30pm at ACC Senior Services 7334 Park City. For more information, call (916) 393-9026 ext 330 or www.accsv.org.

FRIDAY, AUG. 31

PROTECT YOURSELF FROM FRAUD: As the state's financial services regulator, Department of Business Oversight is responsible for consumer protection involving companies and individuals selling financial products. Learn how to protect yourself from financial fraud and scams. Free of charge and pre-registration required. Class will be held Friday August 31, 2018 from 1:00-2:00pm at ACC Senior Services 7334 Park City Drive. For more information, call (916) 393-9026 ext 330 or www.acssv.org.

FRIDAY, SEPT. 7

LANDLORD-TENANT PRESENTATION: As home prices increases and rents continue to rise, many people including seniors and low-income are having difficulty obtaining or maintaining safe, affordable housing. During this presentation, a LSNC advocate will discuss basic landlord-tenant law, focusing on tenants' rights, requesting reasonable accommodations or modifications due to disability and the unlawful detainer process. Free of charge and pre-registration required. Class will be held Friday September 7, 2018 from 1:00-2:00pm at ACC Senior Services 7334 Park City Drive. For more information, call (916) 393-9026 ext 330 or www.acssv.org.

SATURDAY, SEPT. 15

MEDICINE IN THE OLD WEST: ––– The Old City Cemetery Committee presents a tour of Gold Rush era medicine starting at 10 a.m. at the Sacramento Historic City Cemetery, 1000 Broadway. The doctors of the Gold Rush Era worked exhaustively to not only take care of their patients, but also to give to the community through their roles in improving public health, education, and maintaining important records. Many needed to find other sources of income, as their patients often were unlucky in finding gold, as were most of the physicians. Some suffered exciting lives, including being on a ship full of gold that sunk off the eastern coast of the United States. A number of the physicians worked together to form the Sacramento Society for Medical Improvement, now the Sierra Sacramento Valley Medical Society, the oldest such Society in California. The cemetery is located at 1000 Broadway, Sacramento. There is free street parking on surrounding streets. Tours are free; however, donations are appreciated and benefit cemetery preservation. For more information, call 916-448-0811.

SATURDAY, SEP. 22

ELDERLY SCAMS—HOW NOT TO BECOME A VICTIM: A full day of training with Sierra Pacific Communicators Network, a public speaking training organization. Presenting the following training: Elderly Scams—How Not to Become a Victim—presented by the Sacramento District Attorney's Office; Estate Planning—Ensure Your Desires are Followed presented by—Attorney Donna Shioya; Effective Use of Members Voices by Faye Corrin. Optional Buffet Lunch $25, Tri-tip & Chicken with Mushroom, Mashed Potatoes, Rice Pilaf, Vegetables and Coffee and Tea. Executive Airport, 6151 Freeport Blvd., Sacramento 95822, first floor conference room. Registration and morning snacks 8:15 to 9a.m. Training from 9am to 2pm. Must have a reservation, call Liz Richardson at 916-422-1354.

Taste of Soul to bring big names and local favorites to music, food and art festival at Southside Park

By LAURA I. WINN

On Saturday, Aug. 25 and Sunday, Aug. 26, one of the biggest festivals from Los Angeles comes to Southside Park. Taste of Soul Sacramento is a two-day, family-friendly festival filled with soulful music, food and art. The Temptations Review (a tribute band) headline Saturday's lineup, along with 112, the R&B group of the late 90s early 2000s famous for songs such as "Peaches and Cream" and "Only You." On Sunday, it's a fantastic voyage with 80s funk band, Lakeside and modern R&B singer, Melanie Fiona, a Grammy winner for the song "Fool for You" with CeeLo Green. Switch, Sunshine Anderson, Lyfe Jennings, Slave, Rome, Abrique B. and local teen jazz singer, Larriah Jackson, and local Isley Brother's cover band, Next Phase, will also perform.

Spanning six decades of music, the lineup is designed to attract all ages, but especially the 45 and older crowd, explained Bobby Wilkerson, an organizer with the event and the music director for Slave, a funk band popular in the 70s and 80s that performs on the Sunday bill. The event comes in response to a lack of nationally-known soul and R&B music within Sacramento. "We surveyed people and found they were tired of having to travel 45 minutes out of city limits to a casino to hear music for mature audiences," said Wilkerson.

The festival's youngest performer, Larriah Jackson, has made a name for herself singing for mature audiences. Channeling the likes of Ella Fitzgerald and Etta James, 13-year-old Jackson has won Sacramento singing contests and opened for the gospel great, Yolanda Adams. Jackson has also taken the stage in a number of local theater productions, including as Little Inez in the American River College production of "Hairspray." The 2017 Elk Grove Teen Center USA Teen Idol winner said she is "beyond excited" to take the stage with R&B and soul legends at Taste of Soul because their music is the music that inspires her. "I like older jazz and R&B because the lyrics tell a story in every single song. It's amazing. That music just speaks to me more," she said.

Jackson, who belts favorite covers, such as "At Last," "Summertime" and "A Change Is Gonna Come" called the chance to perform at Taste of Soul a blessing. "I never thought I would come this far. It's mind blowing in a way," she said. "Although I am not the biggest star, I know I have the potential to be one day."

Building up budding artists is part of the goal behind Taste of Soul. Some of the proceeds from the event will support the nonprofit agency, Transforming Young Minds for Future Solutions, which works with inner-city youth who are interested in becoming entrepreneurs. The charity brings in celebrities to mentor youth. According to Wilkerson, John Hanes, a multiple Grammy-award-winning engineer behind some of the biggest hits in modern music, recently spent three hours meeting with youth interested in music. The charity will soon bring celebrity cook Ayesha Curry to mentor aspiring chefs.

Taste of Soul is also about the food and booths offering local and handmade goods. Vendor Row will feature an array of soul food options, including Jamaican Caribbean, BBQ, and fish and chips. Local arts, crafts and charity booths will be on hand.

The festival is a big undertaking for the organizers, but one they hope becomes a tradition that grows each year. The Los Angeles festival draws 300,000 people annually. For its first year in Sacramento, the organizers hope to sell 2,000 tickets. From booking 52 flights and 44 hotel rooms to lining up sponsors, such as Coastal and Blue Shield of California, there is a lot of behind-the-scenes work to bring a festival of this size to town. "We really want to thank the community for its support and help," said Wilkerson.

Tickets for Taste of Soul (August 25 and 26 from 12 p m. to 7 p.m. at 2115 6th Street in Sacramento) are $35 general admission and $75 preferred seating (front section seat, two drink tickets and event T-shirt). General admission is free for children 10 and under. A separate ticket is required for each day.



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