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‘Sowing Solidarity’: Hollywood Park urban farm provides more than just produce



By Kerin Gould

Urban farms always seem to provide more to the community than just fresh produce, and Sowing Solidarity in Hollywood Park is no exception. Their first farm stand opened last week at the St. Robert School at 23rd Street and Anita Avenue, and they will be offering picked-this-morning veggies every Saturday from 9 to 11 a.m.

Attracted to the chard kale, turnips, lettuce, beets and sugar snap peas, neighbors almost immediately turned up to shop delightedly, and many also volunteered to help out, feeling a need to work in the soil, in nature, which is something urban dwellers too rarely get to enjoy. Families were excited to find they could walk to this location with kids pulled along in the wagon, and the event allowed neighbors to connect and children to explore the compost pile.

Though many urban farms are located in food deserts, Sowing Solidarity’s stand is near two supermarkets, but the produce quality here stands out as “hyper-local, never refrigerated, field to table”, with no transportation involved, according to Gina Anderson, head of this fledgling non-profit farm.

At the end of the day, any left-over produce was donated to the River City Food Bank. All the proceeds from the farm stand are donated to a fund that provides mosquito nets to prevent malaria in Africa, as Anderson and her husband find that this cause is a direct and tangible solution to one of the world’s big problems.

Anderson was formerly the director of Community Ser-

see FARM page 3



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CA 95818
t: (916) 429-9901
f: (916) 429-9906

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Steve Crowley

Farm:

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vice at Jesuit High School, helping students "grow compassion and understand bigger social issues in the world." At an environmental justice conference she organized in that capacity, an urban farmer's presentation convinced her that, "…you could solve some of the day's biggest social issues through urban farming, namely eating locally and eating seasonally, so therefore reducing our carbon footprint…"

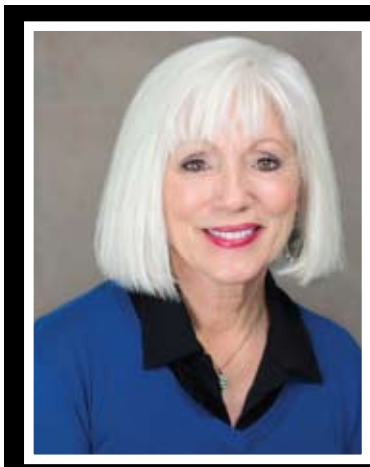
With that inspiration in mind, when the opportunity arose to create a garden on the St. Robert School property only a mile from her home, she and her family decided to pursue their dream.

Anderson balances her lofty, global ideas on one hand, while on the other she finds that an urban farm builds close community. "I've met so many more neighbors. I've only been doing this the last two years…and I've met quadruple the amount of people. And people want to know how they can get involved… It builds community in a time when there is a lot of isolation and polarization, and I find the farm can be a real healing place. It's therapeutic…And then it promotes healthy eating, fresh eating, and seasonal eating."

Asked how an urban farm affects the kids in the neighborhood, Anderson said that especially parents of small children want to have them involved with the farm, have them see where food comes from and restore that connection. "When our pediatrician says 'how many hours of television the kids watch' in our annual check-up, that's telling you something!... I want every child in Sacramento to have an urban farm!"

Sowing Solidarity has many plans to expand, support other urban farmers, and provide educational programs on video and in collaboration with the school (but also open to the public). For now working this small farm mostly by hand is a big job. "Being on a farm…it really does force you to slow down in a lot of ways. I think that would serve our society well, to reconnect with one another, with your neighbors, and reconnect with your food system."





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Sac City English professor honored at Poetry Walk in West Sacramento



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Photos by Niko Panagopoulos/Express

City College English Professor and former Sacramento Poet Laureate Jeff Knorr reading his poem "The River" following the ribbon cutting for the city's Washington District renovation project

By Alex Cortez

(Editor's Note: This article was originally published in the Express, the Sacramento City College student newspaper.)

A portion of a poem by City College English professor and former Sacramento Poet Laureate Jeff Knorr has been set into a new Poetry Walk in West Sacramento and unveiled at a March 19 riverside ceremony.

Knorr's poem, "The River," is embedded into the sidewalk between 5th and E streets near Tower Bridge and is a homage to the Sacramento River, which connects West Sacramento and Sacramento.

Knorr's poem is a part of a $18 million renovation project in the Washington District, West Sacramento's oldest district, originally built in 1864. According to West Sacramento Mayor Christopher Cabaldon, the project has improved the century-old infrastructure, roadways, sewage system, sidewalks and bike lanes.

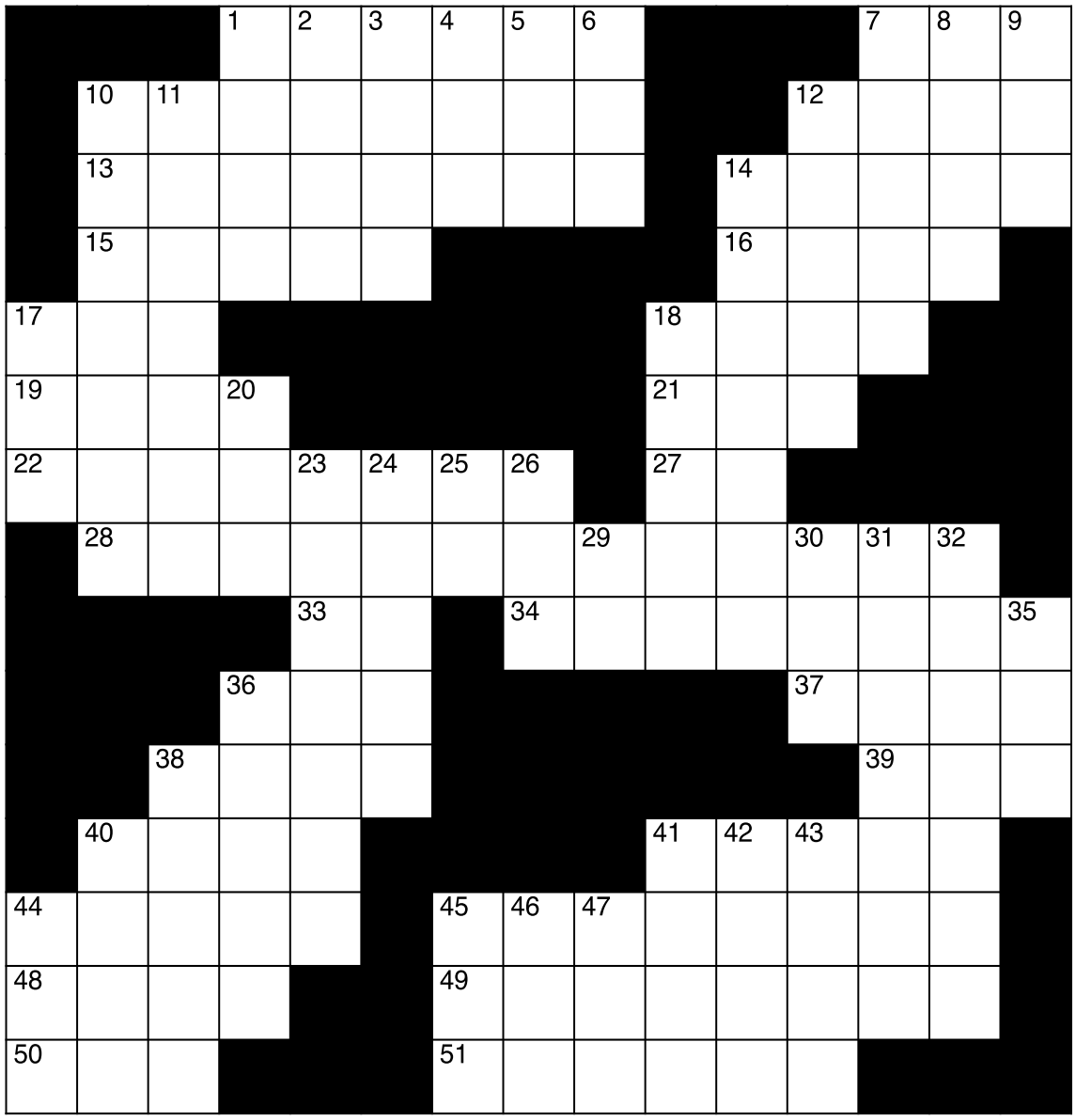
The ribbon cutting began on West Capitol Avenue at the corners of 7th Street and Tower Gateway where about 60 people gathered to hear speak Cabaldon in the newly built parking lot.

"What's really amazing is that now this is the community's poem," Knorr said during the ceremony, "and I hope that the neighbors on the street here enjoy it. I hope that even if they just read four lines of it that it becomes a piece of their lives."

Knorr said he wrote the poem when he served as poet laureate and that it was originally a longer poem called "The Sacramento"

see PROFESSOR page 13

CROSSWORD



CLUES ACROSS

1. Submit
7. When you hope to arrive
10. Ducks
12. Ancient Dead Sea region
13. Hatch
14. Genus of finches
15. Knifes
16. Towards the oral region
17. Bitter-flavored beer
18. Brews
19. Hideouts
21. Where one sleeps
22. Unbroken view of a region
27. Hammer is one
28. Racing legend
33. Commercial
34. Understood by just a few
36. Global design effort
37. Portuguese folk song
38. Traditional woven cloth
39. Oil barrel (abbr.)
40. Cupbearer of the gods
41. Spiritual leader of a Jewish congregation
44. Dabs
45. Bedspread
48. Visionary
49. Prime Ministers
50. Criticize
51. Teeter

CLUES DOWN

1. Bird genus
2. A baseball team
3. Taxis
4. Baseball stat
5. Insecticide
6. Midway between east and southeast
7. Icelandic poems
8. Rocker Rundgren
9. Doctors' group
10. Inform wrongly
11. TVs used to have one
12. Long-__: donkeys
14. Weasel-like mammal
17. Payroll company
18. Conductance unit
20. Fifth note of a major scale
23. Prepares
24. Yellow-fever mosquitos
25. Partner to Pa
26. They __
29. Canadian province (abbr.)
30. Official
31. More colorless
32. Goodies
35. Sanders was one
36. Talkative
38. Rips apart
40. Chinese Muslim
41. Rapid eye movements
42. Song
43. Spent it all
44. Somber
45. Cycles per second
46. Naturally occurring material
47. "Orange is the New Black" character

puzzle solutions page 6

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1. In 2017, Houston's George Springer became the third person to hit five home runs in a World Series. Name either of the first two to do it.
2. Which of the following four players hit the most home runs while in a Cincinnati Reds uniform: Adam Dunn, George Foster, Ken Griffey Jr. or Tony Perez?
3. Who was the last rookie running back before Jordan Howard in 2017 to represent the Chicago Bears in a Pro Bowl?
4. Which men's basketball team was the last before Villanova in 2018 to win all six of its NCAA Tournament games by double digits?
5. In 2019, Washington's Braden Holtby became the second-fastest goaltender to reach 250 victories (409 games). Who was faster?
6. Through 2019, how many consecutive years has a Hendrick Motorsports driver won the pole for the Daytona 500?
7. How many times have Novak Djokovic, Roger Federer and Rafael Nadal combined to finish in the top three in the year-end ATP tennis rankings?

Sacramento native recalls infamous, 1972 Farrell's tragedy

Plane crash at ice cream parlor resulted in 22 deaths

By LANCE ARMSTRONG

Sacramento native Dick Ryder last week told the Land Park News that he came uncomfortably close to being hit by the plane that infamously killed 22 people and injured about 30 others in the capital city on Sept. 24, 1972.

The tragedy at Farrell's Ice Cream Parlour at 5770 Freeport Blvd. occurred at the end of an air show at the Executive Airport.

A 36-year-old pilot attempted to take off in an F-86 Sabrejet aircraft from the 3,000-foot-long Runway 30 on the west side of the airport.

Overrunning the runway, the vintage, blue and gold Korean War plane skidded across Freeport Boulevard and crashed into the very busy Farrell's restaurant.

Overrunning the runway, the plane skidded across Freeport Boulevard and crashed into the very busy Farrell's restaurant.

About 100 people were inside the eatery at the time of the accident, and among the 22 people killed were 12 children.



Photo courtesy of Dick Ryder

This c. 1971 Magic Carpet Air Travel Club poster features the DC-7C Seven Seas transport aircraft, which made many trips from Sacramento and appeared in the 1973 film, "American Graffiti."

As for how he was nearly hit by the F-86 aircraft, Ryder said that he decided to stop by the airport with his wife, Irene, shortly before the crash to check on a DC-7C Seven Seas transport aircraft that he partially owned. The 98-passenger aircraft was on display at the air show.

"Irene and I had gone down to Napa or someplace down that way and had lunch," he said. "We had just come over that hump (on Freeport Boulevard) and I turned into the airport, and, if I recall right, I heard an explosion as I turned into the airport.

"At that time, you didn't have to go down to the first signal. You could just turn into the airport. When I got to (the airport's administration building), I looked back and all I could see was a plume of smoke. It looked like a bikini atom bomb's smoke."

Ryder also noted that his connection to the crash stemmed to his longtime association with William Penn "Bill" Patrick (1930-1973), the owner of the F-86 that crashed into Farrell's.

"Bill and I were in a class at (Sacramento) State College, which became (California State University, Sacramento)," he said. "When it came to a project, we were alphabetically appointed to do a project together. At the time, at college, (Patrick) was running a group of kids selling subscriptions to magazines."

Ryder added that Patrick and his wife later became involved in selling cosmetics, and, in 1964, established the Holiday Magic cosmetics company, which made millions of dollars before being investigated as a pyramid scheme. The company was ultimately found guilty of deceptive trade practices.

"The big money was in cosmetics and Bill became a cosmetics expert, and they invented Holiday Magic," Ryder said. "That was a big name (in cosmetics back then).

"He was using his money to buy surplus aircraft. He bought the F-86, and he had a number of B-25s, B-24s, stuff like that. He (also) got involved in politics, and ran for governor of California (against Ronald Reagan in 1966)."

Patrick, who was also nominated for vice president of the United States by the California Theocratic Party in 1967, owned Spectrum Air, which operated the F-86 Sabrejet aircraft.

As for Patrick's aircraft collection, Ryder noted that he was using the fleet to promote Holiday Magic.

Ryder recalled the DC-7 that he partially owned as a member of the Magic Carpet Air Travel Club.

"If I recall correctly, it was 10 of us (businessmen) that each put in $10,000, and we owned the DC-7, Holiday Magic flying machine," he said. "We had gone to Mexico a half a dozen times and to British Columbia two or three times, I guess."

This passenger aircraft, which was owned by the group during the early 1970s, offered heavily dis-

see Farrell's page 7

PUZZLE SOLUTION

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Answers

1. Reggie Jackson (1977) and Chase Utley (2009).
2. Perez, with 287 homers, tops Dunn (270), Foster (244) and Griffey Jr. (210).
3. Gale Sayers, in 1965.
4. North Carolina, in 2009.
5. Ken Dryden did it in 381 games.
6. Five consecutive years.
7. Seven times.

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Farrell's:

continued from page 6

counted rate rides to its members.

An advertisement for Magic Carpet flights was published in the Nov. 27, 1972 edition of The Sacramento Bee, and includes the words: "Magic Carpet Air Travel Club invites you to join now and fly mini-vacations. Spend New Year's Eve in Mexico City. Leave Dec. 26, return Jan. 1st. $207 double occ."

Another advertisement, which appeared in The Bee's Jan. 16, 1973 edition, shows flights to the Bahamas, Denver, and New Orleans for Mardi Gras.

On each Magic Carpet flight were a retired airline pilot and a stewardess.

The club – which was headed by Arthur Leddy, who co-owned the Comet Office Supply Co. at 2114 St. – had an office in The Crossroads, the Freeport Boulevard shopping center where Farrell's was also located.

Ryder recalled one of Magic Carpet's latter trips: flights to and from the Calgary Stampede in Canada, in 1973.

"It turns out that the queen (Elizabeth II) and (Prince) Phillip were in their own private plane, and it just happened that we flew in before the queen came in," he said. "The streets were all festooned for the queen's entry to Calgary. They thought the queen was coming and it was us.

"We later watched the queen. She was the honored guest at the Calgary Stampede."

Ryder noted that the Magic Carpet club's DC-7 aircraft is also remembered for making an appearance in the 1973 film, "American Graffiti."

"At the end of the movie, 'American Graffiti,' it (shows the plane)," he said. "One time, Irene and I were heading to London and they showed, 'American Graffiti,' and they got to that point (with the plane), and I stood up and said, 'Hey, that's my airplane.'"

This DC-7, which was built in 1956, crashed near Dakar, Senegal on Oct. 9, 1986.

Returning to the topic of the Farrell's crash, Ryder recalled that Patrick died, at the age of 43, less than a year after the crash.

"Incidentally, Bill Patrick had a P-51(D) Mustang, which he ran into a mountain over in Lake County (on June 9, 1973)," he said. "It was not suicidal, particularly, but it might have been after the reality of what had happened (at Farrell's).

"But I don't think it was suicidal. He was a hotshot and he was doing his hotshot stuff."

Also killed in the crash with Patrick was 30-year-old Christian George Hagert, who headed Holiday Magic's operations in Finland.

Another connection that Ryder has to the Farrell's crash is his former association with Tony Martin, who owned Morey's Letterman emblem shop at 5434 14th Ave.

At the age of 29, Tony was among the people who perished in the Farrell's crash.

Other members of the Martin family who were killed in this tragedy were Tony Martin's 28-year-old wife, Susan, and their children, Gregory, 6, Jeanene, 4, and Shawn, 3.

Susan's parents, Gene and Margaret LaVine, were also among those who were killed in the crash.

Ryder, who co-owned Howe-Ryder Insurance Service at 2613 24th St., recalled Tony Martin.

"(Tony) was a nice, young guy," he said. "He was by far the youngest officer we had with the (Sacramento) Better Business Bureau, and it was such a shock to read the next day that it was (the Tony Martin) family that had gotten killed. There was no way we could have known that afternoon (of the crash) that it was Tony Martin and his family.

"But when I found out the next day, it really hit home hard."

At that time, Ryder was the BBB's president and Martin was the vice president.

Pondering the Farrell's accident 46 years later, Ryder said, "It's a lasting memory. It's something you never forget."



Photo by Lance Armstrong

Sacramento native Dick Ryder holds a c. 1971 Magic Carpet Air Travel Club poster.



Outcome still unknown from one-day teacher strike



Photos by George Young

This is a selection of photos from the one-day April 11 teachers strike organized by the Sacramento City Teachers Association. The strike was district wide and these photos were taken at Crocker-Riverside Elementary School.

By Monica Stark

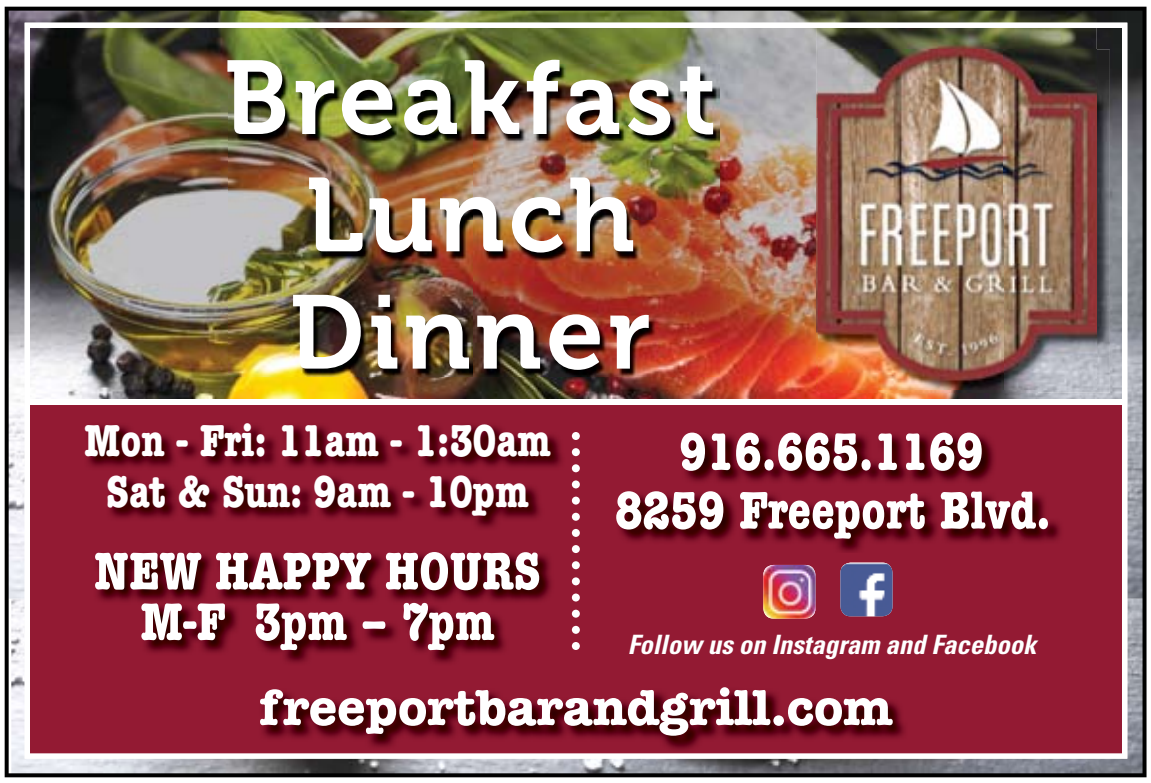
The one-day strike of 3,000 Sacramento teachers on Thursday, April 11 starkly affected attendance at various schools.

Karen McClain, 3rd grade teacher and Sacramento City Teachers Association representative at Crocker/Riverside Elementary School said that 28 out of 28 teachers did not cross the picket line, with every teacher who was able to demonstrating in front of the school. "The mood (was) festive and relaxed. Quite a few parents have joined us here and I'd say that less than half of the students came to school today We (had) our PTO President, other parents, and several children making signs and helping us here during the strike."

About 150 of the 550 enrolled students were in attendance.

Teachers say the strike forced an effort to convince the Sacramento City Unified School District to keep its promises to students by honoring a contract that was mutually agreed to in December, 2017. Teachers say the district is back-tracking on the contract that would reduce class sizes and improve services to stu-

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Strike:

continued from page 8

dents. Because the contract has been agreed to and ratified by both parties, this will be an Unfair Labor Practice (ULP) strike.

"This strike is to ensure that SCUSD management keeps its promises to our students," said David Fisher. "SCUSD administrators simply need to honor the contract and obey the law."

Teachers began picketing at 7 a.m. or 30 minutes prior to the start of schools before heading to a noontime "Kids First Rally" at the district office, 5735 47th Ave., where they were joined by the following speakers: National Education Association Secretary Treasurer Princess Moss, CTA President Eric Heins, California Teachers Association President Elect Toby Boyd, UTLA Vice President Cecily Myart-Crus, Oakland Education Vice-President Ismael Armendariz; Fabrizio Sasso, Executive Director, Sacramento Central Labor Council; Diana McClure of the California Nurses Association, Nick Mehta of the California Faculty Association and California Federation of Teachers President Jeff Freitas.

Meanwhile, district administrators and board members said they spent the day visiting school sites meeting with and listening to students, educators, staff and families.

SCUSD Chief Communications Officer Alex Barrios said in a written statement: "The message we heard from our community was clear—they do not want to be caught in the middle of a fight between leaders of the SCTA and District. While our community understands we have a $35 million budget deficit and are at risk of state takeover, they want all of us working on solutions to this problem, not on fighting with each other. We will be honoring Board President Jessie Ryan's call for a 'cease fire' agreement between the District and SCTA."

Barrios said that while the district had originally planned to file an unfair labor practice charge against SCTA challenging the legality of the strike, they have chosen not to file that charge. "Instead, we will focus on working together with a coalition of labor, business, community, and elected officials to avoid a state takeover and address our budget challenges."

George Young, a retired Crocker-Riverside Elementary School teacher contributed to this report. Monica Stark is a parent of an SCUSD student and advocate for the teachers.











CKM's production of Little Shop of Horrors promises a "postmodern" feel







By Monica Stark
Photos by Stephen Crowley

The meek floral assistant Seymour Krelborn stumbles across a new breed of plant he names "Audrey II" - after his coworker crush. This foul-mouthed, R&B-singing carnivore promises unending fame and fortune to the down and out Krelborn as long as he keeps feeding it blood. Over time, though, Seymour discovers Audrey II's out of this world origins and intent towards global domination.

C.K. McClatchy's Lion's Pride Players present Little Shop of Horrors in a bit of a more postmodern feel, giving the audience a different experience viewing this version of the play than they have previously seen.

To hit the stage at the newly renovated VAPA (Visual and Performing Arts) Theatre from May 1-10, the actors are breaking the fourth wall which hopefully gives it a bit more postmodern feel, says director Kelda Barker.

With separate matinee and night casts, Barker has seen a cadre of hard working and talented student actors over the course of preparing for this show. "Peter Sunseri and Daniel Baradat both play Seymour bringing their own flavor to the role. Chloe Cook brings a vulnerability to the role of Audrey. All the Duwop Girls in the cast are bringing their own interpretation to the role. They are all very talented students and I hope they continue working in the theatre," she says.

"Working on such an iconic show has been a really amazing experience," says student technical director Mackenzie Crall. "We have been able to invent our own world in Skid Row from how we want it to look, the costumes, how we want it to look with the lighting, even how it sounds."

For Crall working with the tech crew has always been her favorite part of any show. "The amount of detail and work that is put into every technical aspect always leaves me speechless when the sets finally come together on the stage. All set pieces have had so much thought put into them from the color scheme to the set dressings that will be put on them, even the way that the lights hit each piece is discussed, there are so many people from the Lighting and Sound designers to the set builders and painters."

Performing in the newly revamped theatre, which houses up-to-date equipment and facilities to serve the program's students, is "amazing", says student Kayla Irvin. "I have been in two shows in this theatre and it fully never sits in on how beautiful it is. One thing I like to do is look up and see

see CKM page 11

CKM:

continued from page 10

all of the lights and how professional it looks. When we have tech weeks it's great to see all of this new technology in use and handled correctly due to our wonderful technicians. They are so talented and I am glad that they get to experience this new theatre as well."

A favorite show for sound designer Josie Powell, Little Shop's cast is small enough that everyone can have a microphone and so much progress has been made in the sound department since last year, so she's really excited for people to be able to see that when it comes time.

Powell and Crall give a big thanks to Mrs. Morrison who has led the tech program to great success. "We couldn't do anything without our teachers," says Crall.

The show opens on Wednesday, May 1 at 7 p.m. On Thursday, May 2, there is a matinee that starts at 3:30 p.m., and on Friday, May 3, the show starts at 7 p.m., The Lion Players open again the following week on May 8 at 7 p.m., May 9 at 3:30 p.m., and closing night is May 10 at 7 p.m. Tickets go on sale April 29and 30 from 3:30 - 4:30 p.m., or folks can purchase the tickets at the door from the box office. Evening tickets are as follows: $12 general admission, $7 for staff, students and people age 65 and older. Matinee is as follows: $7 general admission, $5 for staff, students and people age 65 and older.

see SHOP page 12





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EQUAL HOUSING OPPORTUNITY

Professor:

continued from page 4

that had to be shortened because of the Washington District Infrastructure Project guidelines.

"Poetry as public art is difficult. I think it takes a creative design mind to figure out how to do it, and often the literary arts as public art is overlooked," Knorr said.

Although he had visited the site two weeks before the ribbon cutting, before he read the poem to the audience, Knorr said he was still shocked to actually see it engraved in the sidewalk.

"I keep looking at and going,'Wow it's in the ground,'" said Knorr. "I think part of what made me feel this way is one of my sons said recently, 'Wow, that's really cool. I can take my kid there and tell them your grandpa wrote this,'" said Knorr.

Before the ribbon cutting, Cabaldon said that the Washington Infrastructure Project began in 2015 after West Sacramento received funding from California's Cap-and-Trade program ("a regulation designed to reduce greenhouse gases," according to the program's website). The city also was given a $4.1 million grant from the Affordable Housing and Sustainable Community Program.

According to Paul Holsey, communications and media officer for West Sacramento, the project had many facets.

"A part of the goal for this Washington District Infrastructure Project was to upgrade a lot of the roadways, sewer system, water gutters, and some public artwork installments was one of the things that fit in nicely," said Holsey.

Holsey said that the cities of West Sacramento and Sacramento partnered with the Crocker Art Museum, which put out the submission call for a public art piece. Knorr's poem was one of nearly 200 submitted poems.

Holsey said the poems were judged by four panelists from the West Sacramento Arts, Culture and Historic Preservation Commission.

"We had all types of people submit, from kids in kindergarten, housewives, fishermen that had been on the Sacramento River and knew what it was like," said Holsey.

Knorr and Cabaldon, along with other city council members, cut the ceremonial ribbon, which took several tries.

Following the cutting, Holsey and Cabaldon encouraged attendees to reconvene at 5th and E streets to hear Knorr read the poem. Some people walked and others drove, but many decided to experience the new roads and bike lanes by riding on JUMP bikes and scooters, which are available in the area.

Alex Cortez is a staff writer for the Express, Sacramento City College student newspaper. He can be reached at acortez.express@gmail.com



Photos by Niko Panagopoulos/Express

City College English Professor and former Sacramento Poet Laureate Jeff Knorr (Left), West Sacramento Mayor Christopher Cabaldon (center) and other city officials at the ribbon cutting ceremony for the city's $18 million renovation project. | npanagopoulos.express@gmail.com

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Faces and Places: Sac Open Handball Tournament



Photos by Stephen Crowley

April 12-14th markED the 40th anniversary of the Sac Open handball tournament. Hosted by the Sacramento Elks Lodge #6. People cAme from far and near to play, watch and be a part of an amazing event. This tournament always has great food, awesome handball an wonderful people. The handball players are like family and the camaraderie is evident. Players, friends and families bring their campers, R.V.'s and tents to hang out for three days of fun! Thank you to Ron Domingues, John Stellmach and all the other volunteers for their hard work setting up, coordinating, cooking and making sure everyone is having a good time.



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Handball:

continued from page 14















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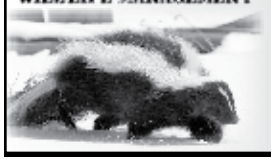
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What's happening, Land Park?

SATURDAY, APRIL 27

LAKE WASHINGTON SAILING CLUB OPEN HOUSE: Free Sailboat rides and fun for all! Come to the Lake Washington Sailing Club's Annual Open House on Saturday April 27, 2019, from 10:30am to 3:30PM. In addition to sailing, there will be fascinating displays of sailing activities and sailing related organizations, food and refreshments for sale and fun activities for kids. The club is located at the end of Boathouse Rd at the Port of Sacramento in West
Sacramento. Check our website for directions: http://www.lwsailing.org.

STAR WARS DAY AT THE SACRAMENTO ZOO: Meet your favorite Star Wars characters without making a trip to a galaxy far, far away. Just go to the Sacramento Zoo, 3930 West Land Park Drive. Visitors are encouraged to bring their cameras to Star Wars Day and pose for free photos with the costumed characters from 11 a.m. to 4 p.m. (The Zoo opens at 9 a.m.) Visitors will learn how animal adaptations and behaviors in our galaxy relate to the creatures from the Star Wars universe through wildlife stage shows, crafts and other activities. Visitors will also be able to enjoy Star Wars themed concession items in Kampala Cafe, a ride on the Conservation Carousel to Star Wars music and face painting. The animals will join in on the fun as they receive special Star Wars themed enrichment items throughout the day. Due to animal safety, you may be asked to remove full head costume pieces in certain areas of the zoo. Lightsabers are allowed, but cannot be used over fences or animal barriers. Any costume blasters or guns are NOT allowed unless you are with the 501st Legion, Rebel Legion, Mandalorian Mercs or R2 Builders Club and have had your prop inspected and tagged before entering the zoo.
*Proceeds from Star Wars Day will benefit animal care and the general maintenance of the zoo.
*Tickets are non-refundable. Rain or shine.
*Special Ticket Required, (members receive free admission, no ticket required)
For tickets, visit www.saczoo.org

WEDNESDAY, MAY 1

LIVING HAPPILY EVER AFTER WITH HEARING LOSS: Learn simple tips that could change your life and the lives of your loved ones. Reduce the frustrations of hearing loss whether you already wear hearing aids or are in the process of investing in them. This class is a must for anyone with hearing loss and their loved ones. Pre-registration required and free of charge. Class will be held from 10 to 11 a.m. at ACC Senior Services 7334 Park City Drive. For more information, call (916) 393-9026 ext 330 or www.accsv.org.

Grand Opening
JAZZERCISE
FREE CLASS SCHEDULE:

Saturday, May 4th:		Sunday, May 5th:	
8:15am	Jazzercise	9:15am	Strength
9:20am	Jazzercise	10:15am	Cinco
10:30am	Yoga		de Mayo
11:45am	Line Dancing		Cardio Class

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MONDAY, MAY 6

STROLLER STRIDES AT THE SACRAMENTO ZOO: Hosted by FIT4MOM Sacramento and Sacramento Zoo from 9 to 10 a.m. at the Sacramento Zoo, 3930 West Land Park Drive. For tickets, visit sacramento.fit-4mom.com
Join us for a Stroller Strides at the Zoo! We're taking our workout into the Sacramento Zoo on the first Monday of every month. Bring a friend and we'll see you on Monday, May 6th! The first class is FREE! (Regular Zoo admission fees apply)

TUESDAY, MAY 7

POP UP BOOK SALE AT BELLE COOLEDGE: On Tuesday, May 7th, the Belle Cooledge Library is having a Pop Up Sale from 11am-5pm. Book prices are $1 for hardback and .50 for tradeback and paperback books. We have children's books from .25-.50 cents. Fill a grocery size bag of books for $5. If you already purchased our special Friends of the Library bag, you can fill it up for $4! No credit cards please. Belle Cooledge is located at 5600 South Land Park Drive.

THURSDAY, MAY 9

FREE PHONE AND PG&E BILL REVIEW CLINIC: Are you paying too much for your phone and PG&E services? Bring your questions and a recent phone (landline or wireless) or PG&E bill for a free review. ACC will explain your charges, identify fraud, or save you money. Class will be held Thursday May 9, 2019 from 2:00p-4:00pm at ACC Senior Services 7334 Park City Drive. For more information, call Susan Sarinas (916) 393-9026 ext 339 or www.accsv.org.

SATURDAY, MAY 11

BOOK SIGNING – A.J. PERRISH: Crawford's Books invites you to a book reading, discussion, Q & A and book signing with local author, A.J. Perrish from 1 – 4pm. His new book, The Wars Within tells the story of a veteran returning home from war and the many challenges he faces as a civilian. A.J. is an expert on PTSD, overcoming adversity, suicide prevention, and proactive leadership. A.J. has spoken to many organizations including military and veteran groups, mental health professionals and groups, colleges and students, school districts, communities, non-profits, and churches throughout the country. Crawford's Books is located at 5301 Freeport Blvd., #200, Sacramento. For more information, call 916-731-8001 or visit us at www.CrawfordBooks.net.

SATURDAY, MAY 18

LOCKE ASIAN PACIFIC STREET FESTIVAL: Gala event featuring lion dance and martial arts, cultural entertainment, arts and crafts, vendor booths, food, raffle prizes. Come visit the only surviving rural Chinese town in the U.S. Suitable for families and children. Free admission and free parking. Hours are 11 a.m. to 5 p.m. The festival will be held in historic Locke, 13916 Main St. Walnut Grove. Sponsored by the Locke Foundation. www.locke-foundation.org. For more information, contact (916) 776-1684 or email lockefoundation@frontier-net.net.

SUNDAY, MAY 19

THE 18TH ANNUAL A TASTE OF LAND PARK, Sunday, May 19th from 4-7pm. More information and ticket sales coming soon. Attendees can enjoy beer, wine, food, art, and live music. Land Park Community Association members will receive early admission.

ONGOING

PARKINSON ASSOCIATION OF NORTHERN CALIFORNIA South Sacramento Support Group: Every second Thursday of the month from 1 to 2:15 p.m., Location: Asian Community Center (ACC), 7334 Park City Drive, Sacramento, CA 95831. This support group is free to those who are living with Parkinson's Disease, their family and caregivers. The group shares information to help each other and provide guest speakers who can assist with physical and mental challenges in daily living.

ADULT AND TWEEN/TEEN BOOK CLUBS AT CRAWFORD'S BOOKS: Crawford's Books is hosting a monthly adult book club on the first Thursday of the month from 6:30- 7:30 p.m. They also host a tween/teen book club every other month. This group convenes on the 1st Saturday of EVEN months from 4 to 5 p.m. Light refreshments are provided. For more information and the list of books that will be discussed, please visit crawford-books.net. Crawford's Books is located at 5301 Freeport Blvd., #200, Sacramento. For more information, call 916-731-8001.

AUTO MUSEUM DEBUTS ALL-NEW EXHIBIT: HITTING THE ROAD: ROAD TRIPPIN' THROUGH THE YEARS: The California Automobile Museum is proud to present a new exhibit titled Hitting the Road: Road Trippin' Through the Years" that is on display until Feb. 25, 2019. The exhibit allows guests an opportunity to explore the historic American pastime of traveling with family and friends. Depending on age, race, and financial status, experiences and memories of road trips differ dramatically. The goal of this exhibit is to explore these differences along with how the automobile and road trips changed American culture, and also helped to shape entire industries. The exhibit will showcase the heyday of road trips in the '50s, '60s and '70s as well as take a look at how the experience has changed over time. Museum guests will learn how different Americans experienced life on the road. For instance, the exhibit demonstrates how some families were squished into a station wagon on the way to the lake while others traveled in a cozy camper bound for Yosemite. As part of this nostalgic exhibit, a number of iconic cars will be on special display, including: a 1952 Dodge 2-door Sedan, 1964 Ford Falcon Deluxe Wagon, 1953 Kaiser Traveler, 1956 Chevy Bel Air Wagon, 1959 Shasta Airflyte trailer, Custom 1972 Toronado RV, 1972 Oldsmobile Vista Cruiser Wagon, 1966 VW EZ Camper with tent canopy, 1955 Harley-Davidson Panhead, 1976 BMW R100/7, 1930s home-built tear-drop trailer and 1962 Ford Falcon Squire Wagon.
The Hitting the Road exhibit is free with Museum admission: $10 for adults; $5 for youth ages 5 to 17) and free for children ages 4 and under. For more information about the special exhibit or the California Automobile Museum in general, please call 916-442-6802 or visit www.calautomusem.org.

YOGA MOVES US CLASSES – Free indoor community yoga classes on Thursday evenings. Classes are 60 minute vinyasa style all-level yoga classes taught by local registered yoga teachers. Bring a mat, a water bottle, and a friend! Every Thursday from 6 to 7 p.m. at Ella K. McClatchy Library, 2112 22nd St., Sacramento.

KLASSY TALKERS TOASTMASTERS provides a supportive, positive and fun learning environment in which every member has the opportunity to develop communication and leadership skills. The club welcomes the public to check out the club on Mondays (except holidays) from 7:15 – 8:30 p.m. at Eskaton Monroe Lodge, 3225 Freeport Blvd.

SOL KIDS DAY! EVERY SECOND SUNDAY OF THE MONTH: From 2 to 4 p.m., families are welcome to enjoy a day of cultural arts, crafts, and music., Sol Kids Day provides different hands-on arts and health activities every Second Sunday like nature creation labs, healthy snack assembly stations, yoga for kids and everyone's favorite, slime-making. Engaging performances for kids include hip hop theatre production, beat-making workshops, and guest appearances from some local unicorns and magicians. Sol Kids Day also hosts a gently used toy/clothing exchange every month as well! Sliding scale donations. No one ever turned away for lack of funds. Funded in part by the Cultural Arts Award Program of the Sacramento Metropolitan Arts Commission with support from the City and County of Sacramento. Sol Collective is located at 2574 21st St, Sacramento, California 95818.

LADIES GOLF CLUB IN LAND PARK: Did you know there is a women's golf club that regularly plays at William Land Park? Women can discover the joys of golf, build new social relationships and get fit the fun way by joining the William Land Women's Golf Club. This 9-hole group meets Thursday mornings. It's open to women of all ages and golf abilities. Questions....or want more information....please call 916-422-0831 or email gretjen@comcast.net

The Corner Booth

By Jim Cassie

"Sometimes you want to go where everybody knows your name …"

For me, the theme from the landmark series Cheers pretty much sums up the vibe at Dad's Kitchen on Freeport Boulevard. It's a happy joint for good food, good beer and great conversation. And the history of the building is quite interesting and very Land Park.

Dad's Kitchen today is book-ended between the adjacent Marie's Donuts and a pizza business at the south end in a building that could have been one of Sacramento's original strip malls. The building was built in 1947 and originally served as a restaurant, then an appliance and clothing stores. In 1974 through 1989, it was the second home for the Sacramento Natural Food Co-op, which then moved on to its Alhambra Boulevard location before its current location at 28th and R streets.

In 1987, Walter and Marlene Goetzeler bought out an existing bakery and started Freeport Bakery, which has become a city landmark. But when they started, they shared the building with a radio shop, hence the two entry doors you see today. Soon they bought out the shop, expanded their footprint and a couple of years ago, took over an empty space next to Dad's which they now us for a production facility for their many tasty offerings.

Dad's Kitchen has housed a number of food-related businesses. In the late-1970s, there was the Sunshine Sandwich Company next door to a walk-up Dairy Queen. Then along came Mum's, a vegetarian option for Land Park followed by Dad's in 2008. But the restaurant was much smaller than today.

The bar area of the current Dad's had served as a storage area for the co-op and in 2012, owner Sukhy Collins and a former partner took over the space and created the bar. "The addition of the bar has created a community hub in Land Park,"said Collins. "It was one of the first of its kind in Sacramento with 28 handles. It's a craft beer haven," she added.

In 2011, Food Network's Guy Fieri featured Dad's Kitchen on Diners, Drive-ins, and Dives, showcasing their famous Dad's Burger, which is one of their biggest sellers.

Last year, Collins took over full ownership of Dad's Kitchen with the goal of becoming part of the Land Park community. Said Collins, "Our neighbors are very important to us and it's important they know who we are."



Dad's owner Sukhy Collins with chief beertender Matt Winberry

Collins has already added new menu items, a larger offering of premium wines and theme-related party nights like Taco Tuesdays, Wine Wednesdays, and Pint Night Thursdays with food and drink specials.

The staff at Dad's is hard-working and attentive to customer needs and outside dining in their patio is very popular. Parking can be challenging, but well worth it.

Dad's Kitchen is located at 2968 Freeport Blvd. and open Tuesday through Sunday for lunch and dinner with brunch on Sunday.

Drag Queen Bingo to Surpass $250K Raised for Local Non-Profits

Monthly Bingo Fundraiser Will Hit Milestone on Big Day Of Giving 2019

On Thursday, May 2, Drag Queen Bingo, the monthly charity fundraising event produced by the Sacramento Rainbow Chamber of Commerce, will reach the milestone of $250,000 raised for local non-profit organizations on Thursday, May 2. Marking the milestone will be a reunion of drag personalities Rusty Nails and Felicity Diamond, who put the "drag" in Drag Queen Bingo when it launched in 2009, and current Mistress of Ceremonies DoMe Moore, aka Chamber board member Paul Crouch. A half-time show also will feature several Chamber board members and local business leaders performing as Drag Queens and Kings.

Proceeds from the event, part of the Rainbow Chamber Foundation's 2009 Big Day Of Giving campaign, will support the Foundation's scholarship program for LGBTQ and allied students and provide funding for local organizations that provide LGBTQA youth services. Drag Queen Bingo supports a different 501(c)(3) non-profit organization each month, and local organizations that have benefited include Sacramento LGBT Community Center, Davis Pride, WEAVE, Sacramento Gay Men's Chorus, West Sacramento Historical Society, Sac State Pride Center, PFLAG, Gender Health Center, River City Food Bank, Front Street Animal Shelter and many more.

Cost to play Bingo is $20, which gets you everything you need for eight Bingo games, including Bingo cards, daubers and a cheat sheet for rowdy call-backs, such as G-54: "Ooh ooh, the Disco G!" and B-11: "Legs to Heaven." Admission to the game goes on sale at 6:30 p.m. at the venue; cash only, please.

For this one-night special event only, guests can take advantage of a $50 VIP package, which includes everything you need for eight games of Bingo, reserved seating, and a souvenir Drag Queen Bingo T-shirt. To purchase VIP tickets online in advance of the event, visit https://business.rainbowchamber.com/events/calendar/. For those who do not purchase VIP tickets, organizers recommend arriving early, as the event is expected to sell out.

Sacramento's iteration of Drag Queen Bingo was launched in August 2009 by Fred Palmer, publisher and CEO of Outword Media Marketing Events and Outword staffers Ron Tackitt and Charlie Peer, with original Mistresses of Ceremonies Rusty Nails and Felicity Diamond, joined more recently by DoMe Moore. Nails and Diamond retired from emceeing the event in 2016, and Moore continues as the regular event emcee. The three will reunite for this special one-night event on May 2.

In August 2015, after Drag Queen Bingo had raised more than $100,000 for local organizations, Palmer passed the torch to the board of the Sacramento Rainbow Chamber of Commerce. The Chamber has continued producing the monthly event, coordinated by Chamber members Paul Villaluz Weubbe, R. Paul Villaluz Weubbe and Richard Hernandez with assistance from Chamber volunteers.

Held the first Thursday of each month, from 7 to 9 p.m., at Mango's, 1930 K Street in Sacramento, Drag Queen Bingo features prizes for every Bingo, including theater tickets and souvenir packages donated by Broadway Sacramento. In addition to game proceeds, beneficiary organizations are invited to promote their services and fundraise during the event intermission. For more information about Drag Queen Bingo or becoming a beneficiary, contact info@rainbowchamber.com.

The Sacramento Rainbow Chamber of Commerce is a regional chamber serving LGBT business owners and professionals across the Sacramento Valley, as well as straight allies who support its mission of fostering a prosperous, diverse and inclusive business community. For more information about the organization, visit RainbowChamber.com.



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