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Land Park News

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BUDDHIST BAZAAR FEATURED THE BEST IN LOCAL JAPANESE FARE AND ENTERTAINMENT

see page 8



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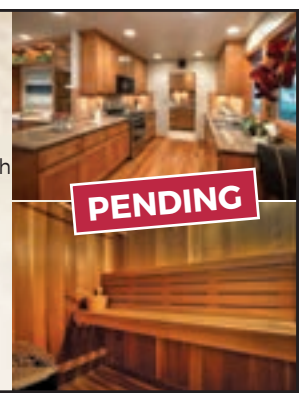


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Door to Door

with PAT LYNCH

Costco August 8 evacuation

Around 8 p.m. I met my friend, Marie, at Costco. She wanted a bulk purchase of Nearly Naked popcorn. If you munch this at night you won't puff up the next morning and have to sweat it off. Costco was crowded but in we went. I was at the back, eyeing the bags of coffee, when the thought arrived: this was a big store busy with basket traffic, chattering kids, adults conferring over purchases. It was ideal for him. Who was he? He was the killer who used his specialized war weapon to slaughter dozens at once. One blast, a dozen down. Another blast, another dozen.

I know what to do when the thought comes. Shake it out. Clear your head. Assess those coffees. Banish the thought.

I did. I picked a French Roast and pushed the basket down the aisle. I strolled by the books, slowly. Some anguished romances, so no temptations there. Down another aisle. Halloween stuff up already. Marie appeared and put bread, cheese, a precooked chicken and wine in the basket. "Meet me by the popcorn," she said. "Nearly Naked is way up high so a clerk is going to get a forklift to bring it down." A forklift for popcorn? But I said okay.

I wandered over to the pharmacy and idly surveyed the various potions that restore youth in thirty days. I thought I heard someone call my name, but it was noisy and I strolled on. Suddenly Marie was there, her expression weird. "I've been calling you," she said. "Two police with automatic weapons and padded vests came in and said, 'Where's the camping equipment?' and went over to it."

"You saw them?"

"Just now."

Uneasy, we considered what to do. We could go now but didn't like the prospect of walking past the camping aisle. And if we were scared enough to leave we'd have to warn others.

Marie said, "The girl at the front door said maybe the police were just shopping."

I laughed, and we finally decided to get our popcorn and go. The police were here already, there were no loud popping sounds, no signs of panic or even worry, we were at a good distance from the camping equipment, things felt under control.

When we returned to the popcorn aisle we met up with Cynthia, the pretty, young Costco employee who was making arrangements. I told her I intended to film the forklift process to show how degenerate Marie was about popcorn. We had a nice time chatting with her before Cynthia excused herself, saying she'd return soon. She did, but this time her smile was gone. "You need to leave," she said.

"Leave the store?" we said at once.

"Yes."

Marie pointed to the basket. "What about this?"

"Leave it," Cynthia said.

Other Costco employees had fanned out, made eye contact with customers, motioned them to come forward and quietly told them to abandon their baskets and evacuate.

"You take care of yourself, Cynthia," Marie said, and Cynthia nodded.

Marie and I joined a crowd forming a line behind the counters. I felt numb at first but weirdly observant. We're in it, I thought. This is it, and we're in it. A young woman, face pale, eyes sick with fear, pulled her toddler boy from the basket, fiercely grasped the hand of her other son who was about five.

People turned from nearly full baskets without a backward glance, gathered their kids, and walked in silence. Nobody ran, nobody pushed. Parents put their children between them. A group of Costco workers urged us along in our silent, sudden exodus. When we emerged from behind the line of cash registers we saw from eight to ten police officers, all facing into the store, while we headed to the doors. A white male was stopped, frisked, released.

The thought came: now is the time for him to shoot, when we're all in a row. But it dissipated instantly. We had a human shield of police facing every aisle. We had only to get outside.

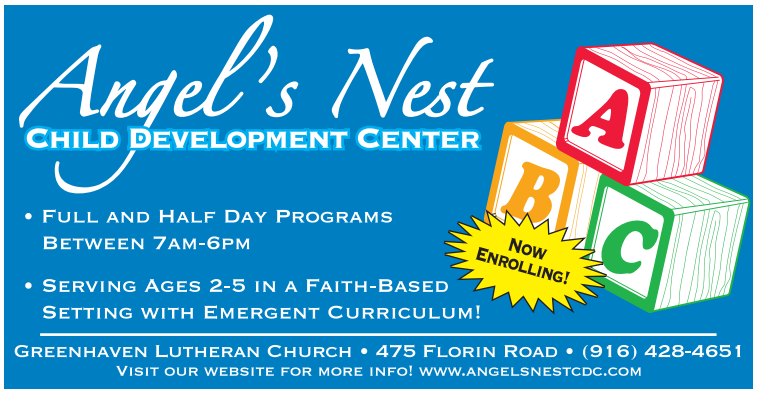
We did. We went right to our cars. Most people did the same. I heard a man say, "Nobody wants to hang around and get shot."

Well, there was no killer, or if there was someone who intended to kill, he got out before the police came. But there was trauma, and dread, and a fatal certainty: this will happen elsewhere, and the killer will use his easily acquired weapons on a crowd as innocent as ours.

We think Costco made the right call: evacuate people who may be in harm's way.

The next day a motorcycle backfired in Times Square and panic erupted. People pounded on theater doors and begged to be let in. Sobbing tourists ran

see COSTCO page 14





Steffan Brown
Your Vintage Home Specialist

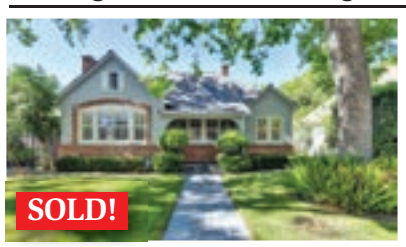
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Darling Curtis Park Cottage



Cozy living room with gas insert fireplace, comfortable dining room and beautiful hardwood floors throughout. Charming light-filled galley kitchen with Wolf Stove, tile counters, and slate tile floor. 3 generously sized bedrooms with huge closets and a fourth room that can be used as a den or a bedroom. Spacious master bedroom/bathroom suite with a beautifully remodeled bathroom with copious amount of subway tile and a walk-in shower.

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72 52nd Street | $569,990

LAND PARK NEWS
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Cover by:
Joe Perfecto

"La Lucha: Convergence of Identity" opens at the Latino Center of Art + Culture

By Monica Stark

Conceived by noted longtime Latino Center of Art and Culture photographer, Andres Alvarez, a new interactive exhibition, "La Lucha: Convergence of Identity" will examine through the lens of Lucha Libre what identities we are given--and what we choose.

This first time exhibition at the Latino Center of Ar and Culture, 2700 Front St., opens Saturday, Sept. 21 with a reception from 6 to 11 p.m. and will run through Dec. 21.

"There is a family story that there were luchadores (Mexican wrestlers) in the room when my brother-in-law was born, and I thought that was beautiful--so I wore a Lucha mask in the room when my son was born, and I see now how that the things I show him, teach him --creates the mask he wears," Alvarez said.



Photo by Monica Stark

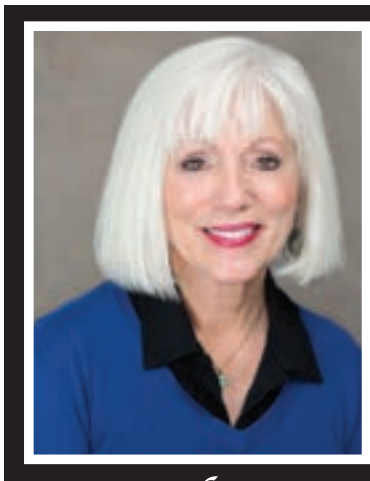
Donned in the luchador mask of El Santo (The Saint) photographer Andres Alvarez sits in his studio surrounded by his work and inspiration of history and culture books many of which are about masks, namely from Mexico. Alvarez will have an exhibit starting Sept. 21 at The Latino Center of Art + Culture, 2700 Front St.

This personal and political exhibition is in a transformed site-specific visual setting. "If you could sum it up in one word it would be: Reflection. What kind of mask do you wear? And, why?" he says.

Upon entering the exhibit, visitors will enter the house of Alvarez's childhood, the place where his identity was formed. "We need to be jolted to really look at a photograph for longer than a few seconds, to contemplate, to see. So I decided that since identity is formed at home, I wanted to recreate where my own idea of identity started. And by walking into my childhood, hopefully others will be open to remembering their own experience, and examine their role in the Lucha of identity."

To that extent, he recreated a living room type of feel with salvaged furniture from around town and invites visitors to examine the photographs in regards to the underlying messages of identity. Additionally, he will display the many lucha masks he's collected over the years, as paintings and drawings adorn the walls. From masks of classical wrestlers that are well-known like El Santo (The Saint), and El Solatario (The Lonely Fighter), to the more modern ones, like Lady Shani, styles and fab-

see LA LUCHA page 6



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landparkhomes.com



LAND PARK

Pride of ownership abounds with the immediate curb appeal, the welcoming walkway to the entry and the cottage like front porch. The entire home was remodeled to retain its original character. The living room features a lovely fireplace and opens to a wainscoted sitting room stepping down to a formal dining room. Kitchen, laundry and bathrooms have been fully remodeled. Detached garage, a large brick patio and a spacious yard with beautiful gardens.

1129 Teneighth Way $789,000



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RESIDENTIAL BROKERAGE

Sacramento City College, Hacker Lab partner to grow workforce skills and entrepreneurship

Sacramento City College and Hacker Lab announce a new partnership that will grow workforce skills and entrepreneurship by providing SCC students enrolled in MAKR classes with full Hacker Lab access.

"This is a big deal. Community colleges are more accessible than ever. Thanks to this partnership, we are glad to be part of that expansion. We hope to inspire learning and maker education in hands-on ways that are the future of education, with shorter classes open to the community," said Eric Ullrich, Hacker Lab COO.



File photo by Monica Stark

Students will be able to expand on the critical skills they are learning both in MAKR classes and in the Sacramento City College Makerspace by engaging in events, classes and networking at the Hacker Lab. This partnership will open new doors and opportunities that students can use to achieve their dreams, build on their passion and explore a new future.

"We need to help people get better paying jobs and have better livelihoods, with more students working independent and in self-employed jobs," said SCC Makerspace Project Director Tom Cappelletti.

MAKR classes at Sacramento City College are geared toward providing students with highly desirable skills. Fall classes sinclude MAKR 140: Introduction to Making, MAKR 151: Makerspace Lab I and MAKR 201: App Development with Swift. MAKR 140 and 201 are both late start and currently enrolling students for September 7 and October 17 start dates, respectively.



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Life on Two Rivers: Cold, Deep and Fast

By Ellen Cochrane

On the first day of each school year, I would pull out a laminated story from the local daily. The picture shows a boy in a life vest and the story covers safety on the river. My tanned students, fresh from summer, eyed the paper and passed it around. Then I told my stories.

Many years ago my father took me aside to show me a small clipping from the paper. A young girl drowned in the American River. Her last name was Brown, and I sat behind her the prior year in school. She tripped into an underwater hole and was overcome by the currents. She died on a beautiful July day playing with her family and friends.

My parents drilled river safety into us with one rule: Don't swim in the rivers. They were lifelong Sacramentans and had their own stories of river death.

Years later, one of my students died in the Sacramento River. He was being chased by a group of boys who were angry that he'd flirted with one of their girlfriends. He jumped into the river to evade them and drowned.

I taught immigrants – children from Laos, Vietnam, Mexico and other warmer climates. Equally dangerous rivers flow in these countries, but they are often not as cold, as deep or as fast moving as ours. Many of my students don't know how to swim, let alone understand icy mountain water. Pushed by blazing summer heat, the young and invincible will wade into the rivers. But in my silent classroom, wide-eyed students listened to my stories of dangerous undertows, snags and Sierra snow runoff.

Sadly, these stories are not new to some students. To keep their interest, one of my fall assignments was making a game. Students experiment with writing rules, and planning paths and strategies. Xiong turned in a two-sided paper, handmade dice with pencil point dots and simple instructions. The paper was covered with dozens of numbered spaces, arrows, ladders and pictures. The setting was Laos and the drawings depicted each of the perils he lived through before coming to America. There were villages with huts and gardens, men with guns, burning houses, mountains, rivers and an airplane that could go either to happy California with sun and dancing children or to a camp with barbed wire. You rolled the dice to begin your journey. The river square showed a person drowning.

Quickly I changed the tone from healthy fear to education: Learn how to swim. I smile and pass out papers that cheerfully announce swim lessons at the local pools.

Look at these free life-jacket stations. I flash pictures of the jackets from Howe Avenue and Discovery Park. Tell your folks my stories, and don't swim in the rivers. Swim in pools.

I'll never know if I have saved a life. Teachers never really know how lessons will follow students. They might be instantly forgotten or resurrected much later. But if a child brings lessons home, parents listen and information is passed on.

Fall is around the corner and teachers will be thinking of their new lesson plans. In the flurry of the first school days, teach a lesson that might save a life. Tell the stories you know, and then, come May, tell the stories again. Act flustered. Did I tell you this at the beginning of school? Yes, well, it must have been so important I have to repeat it.

Ellen Cochrane is a Certified California Naturalist and science writer living in Sacramento, California.









Photo by Andres Alvarez

The photographer's son, Valentine, is draped in material used in detention centers. This photo will be on exhibit at the Latino Center of Art + Culture.

La Lucha:

continued from page 3

rics vary, invoking different feelings – be it sadness, loneliness or strength.

Alvarez started his extensive lucha mask collection with one mask in 2008 that was given to him as a gift. Representing, El Santo, its original silver color has faded into a cream color. A cultural icon, El Santo was known as the "silver wrestler", and as Alvarez's mask has weathered in color, it's also collected a few wrinkles along the way. "I like it because it makes it more mine than El Santo's because it's been worn.... I haven't let anyone else wear it because it's mine. It's my identity. And, when you become a parent, you start aging."

When his son, Valentine, was born, so was the idea that lucha libre is a metaphor in the grand scheme of life. "Masks are a metaphor. The ring is a metaphor for life experiences, internal struggles. The ropes are metaphors for obstacles or possibilities. You can spring off the ropes and get back into winning the match. All those ideas started coming about. Most importantly is the idea of my son having masks and masks I force him to wear," he said.

Growing up donning the mask of machismo, Alvarez didn't want his son to be forced to wear that mask. Beginning that journey with the choice of name – Valentine (symbol of love, and valor) – Alvarez began a quest to teach his son to be gentle while still having the ability to balance aggression. He continues to teach Valentine kindness and courage without putting on the machismo mask.

Alvarez indirectly quotes essayist Octavio Paz, who's known for exploring aspects of Mexican and Mexican American identity in the 1940s-1950s, as saying: "The mask both hides and reveals at the same time."

A self-described "pretty shy person," Alvarez's El Santo mask helps elicit that confidence, and as a photographer hiding behind the lens of the camera, he's taken his shyness to his advantage when capturing images at lucha events. So, whether behind the lens or beneath the mask, it's then that he feels comfortable, he says. "There's a barrier between your skin. You feel like you're not completely present and that brings comfort."

Compounding those ideas, the photographs Alvarez will display at the exhibit feature everyday people wearing lucha masks, and each tells a story of identity that the viewer can dissect.

In one photograph, Valentine is draped in a silver cape made from the same material used in detention centers. "It's a symbol that even in bad situations, kids try to make the most of it, in terms of their spirit and imagination. As a kid, I'd use a towel and tie knots and pretend I'm a superhero. I was trying to capture that with my son. But the look – facial expression and body language – that's all him."

The exhibit's promotional flyer shows a woman wearing a white, elegant mask with gold trim and a baby pink outfit with costume jewelry trim. Adjusting her mask, her hairy armpits are exposed. "Part of the show is to see how people wrestle with these images because whether they know it or not, they will be engaged in a wrestling match," Alvarez said.

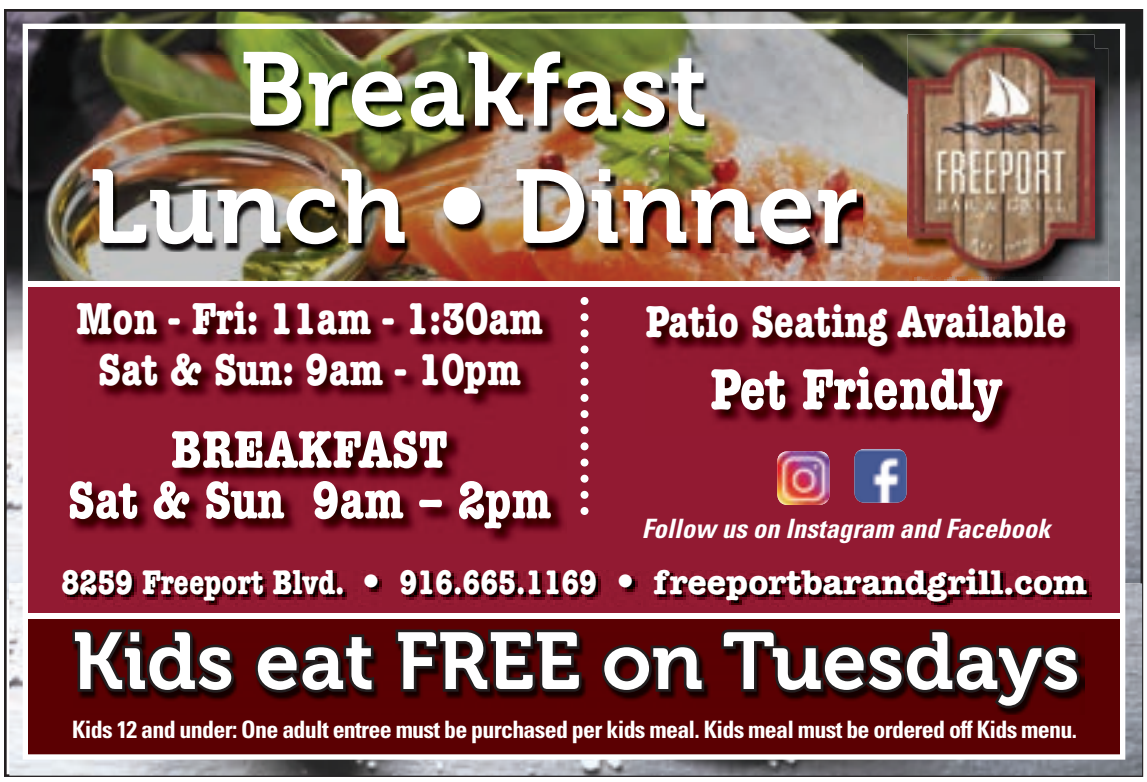
Likening lucha to ballet whereby those on the stage tell a story with movement, Alvarez explains that lucha tells a story without actually using words. "It deals with things we deal with in life. Good versus bad. Who's a good guy? Who's a bad guy? If you're a fan of that wrestler, you get to transform yourself as if you are in the ring with that wrestler. You've taken on the spirit of this wrestler," he said.

He also invited those who have been photographed to attend the reception wearing the masks they wore in the photographs. As luchadores never reveal their true identities, the names and faces of those photographed (except for his son), will be protected during the show (unless they want to reveal themselves).

The exhibit also celebrates Alvarez's 10-year anniversary as a photographer. After the show, he plans to focus on painting and drawing.

Alvarez and the five other invited artists participating in "La Lucha: Convergence of Identity", examine through photos, collage art, paintings and drawings the many labels/masks people carry now: Mexican-American. Latino. Latinx. American. Chicano. Chicanx. Afro-Latino. Alvarez is a storyteller through his art and he wants to encourage conversation and participation,

see LATINO page 7



Retired Woman with a Great Career Joins the Area's Homeless Population

By Jan Dalske

Betty was a well- dressed senior citizen, who was sitting on the wooden bench in front of the library on a Monday morning, waiting for the front doors to open. I started a conversation with her. She told me that she was very tired because she had just moved all of her belongings into a storage unit.

I asked her why. She told me that she had a great career and had retired with what she thought would be enough income to keep her going during her older years. She was wrong. The apartment that she was renting was affordable and her life was wonderful. She was comfortable and happily retired after many years of hard work.

But, then the notice arrived in the mail that the rent was increasing 30% over what she currently paid. She could not believe it. She had no way to pay that much unless she went back to work again. And, she did not want to go back to work. She had worked many years already and wanted to be retired.

She thought about getting a larger apartment and sharing it with another person. But, she did not know anyone. And, she said that "she was not interested in living with a complete stranger, as she was much too old and set in her ways to do that". And, she has no family members in town.

Her only option was to pack up all of her belongings and find a storage unit. So, now she is homeless and she is not sure what she will do to change that situation. I could tell that she was very upset about her current living situation. She seemed lost and was obviously angry about what had happened to her.

But, where can she go to complain? The City of Sacramento has been talking about rent control measures. But, so far, nothing has been accomplished. Over the last three years, many renters in our area have been hit with rent increases from 20 to 30 %. There have been many no-cause evictions, even after the renters have been there for many years.

In Sacramento's rental market at the present time, renters need to earn close to $28.00 an hour just to afford the median rents that are being charged. A recent survey found that 80% of the households with what are classified as being "low income households" in Sacramento County are spending more than half of their income on paying their rent.

The California Apartment Association is reported to have spent close to $500,000 in fighting rent control initiatives in nearby Bay Area cities. They also supported an initiative on the November 2018 Ballot that would have allowed more local rental restrictions.

Betty wants the City Council and Mayor Steinberg to do something now and quit talking about it. Maybe there will be a Ballot Initiative, maybe not. And, there is a new alliance that has been formed, called "Sacramento for Real Rent Control" which may help get something accomplished.

But, in the meantime, Betty is homeless, something that she thought she would never experience. She had worked hard for many long years and now finds herself is a position that she has no power to change. She only hopes that the City and State Governments can find a solution.

The citizens of our Capital City all deserve an affordable place to live. Rent Caps are needed and Tenant Protections need to be put in place. Betty asked "Does California want to see more homeless families on the streets of our cities?"

Latino:

continued from page 6

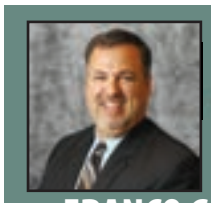
particularly at this opening night event. On opening night, there will be a deejay, traditional food and drinks in the center's tree-shaded outdoor grounds.

If you go:
What: "La Lucha: Convergence of Identity" art exhibition
When: Opens Saturday, Sept. 21 and will run through Dec. 21. An opening night reception will be held from 6 to 11 p.m.
Where: The Latino Center of Art and Culture, 2700 Front St.

Additional artist information can be found online, as follows:
Andres Alvarez (Sacramento) Instagram: @laluchacill Facebook: LuchaCILL https://www.facebook.com/LuchaCILL/
Sonya Fe (Las Cruces, New Mexico) https://www.facebook.com/sonya.fe
Aida Lizalde (Sacramento) https://aidalizalde.com/
Alejandra Osorio Olave (Mexico City) https://www.facebook.com/alejandra.o.olave
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Buddhist Bazaar featured the best in local Japanese fare and entertainment



Photos by Joe Perfecto

By Joe Perfecto

It is the midpoint of Aug., and at the corner of Riverside and X, things have once again returned to business as usual. The dense walls of pungent smoke have cleared and the dust has settled; the booths have all been disassembled and carefully stowed away until they are mustered next summer; the displays have all been cleared; the pots, pans, trays, utensils, bins and prep areas have been cleansed; and the plaza grounds have been cleared and returned to their primary use as parking facilities. There is, in short, not the slightest hint that just days before, the Buddhist Church of Sacramento at 2401 Riverside was the site of what might be the region's largest ethnic bazaar—if not in size or

see BUDDHIST page 9

7707 Rush River Drive,
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"Keeping Your Loved One Safe at Home"

Presented by: Dot Boyd, Senior Safety Specialist, Electronic Caregiver

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DATE and TIME

Tuesday, September 17th at 2:00pm

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Buddhist:

continued from page 8

scope then by virtue of its sheer popularity.

Always a major event, the annual Japanese Food & Cultural Festival (a.k.a the "Bazaar"), which will see its 74th edition in 2020, drew crowds in excess of last year's. And given that the grounds are huge, the number of attendees at any given point—let alone the total for the weekend—can surpass the population of many small towns. The temperate weather on that weekend (Aug. 10-11) and little competition from other nearby events were likely factors in the increase in attendance.

The resulting influx of traffic does put pressure on the surrounding neighborhood, especially with regard to parking. The church advises attendees—both via promotional materials and over the PA system throughout the event—to park at the pay lot under I-80 a few blocks away and take the free and convenient shuttle. This arrangement works well but is not availed by many visitors, who instead opt to park in other nearby lots, e.g. across the alley at Ming Dynasty, Golden One at 14th and across Broadway at Target. Target enforced a two-hour limit, and vehicles were in fact towed.

For a fully immersive experience, attending both days is best as most live performances only occur once. Also, as Sun. wears on, food items begin to sell out; by the end of the day Nippon-style nourishment is nil. And if something's going to break down, it's probably more likely to do so later on, which was the case this year; anyone craving tempura was out of luck on Sun., for a gas leak was found in the burner area beneath the woks, and since PG&E couldn't fix it, the booth was shut down. But everything else, such as the teriyaki dishes, udon, gyoza and takoyaki, could still be had. The latter two items, which were added this year, proved very popular and will likely be offered again.

The static cultural programs—calligraphy, handmade dolls and ikebana—were continuously accessible on both days. The dolls on display embodied extremely detailed craftwork as expressed in the figurines themselves, the traditional vestments that adorned them and the miniature props such as tea sets and picture cards that accompanied them. The walls of the calligraphy workshop were covered with framed examples produced by masters of the art. Guides were present to assist visitors in creating their own paper strips of brush-painted Japanese characters representing their names or perhaps a word or phrase.

The airspace both indoors and out resonated with the vibrations of assorted music and dance performances ranging from a koto trio and a Hawaiian-style ukuleke group to powerful taiko drumming and amped-up old school/funk/soul/classic rock. Most of the groups appeared in traditional dress, such as the Sakura Minyo Doo Koo Kai folk dancing troupe, whose members were clad in exquisitely tailored, brilliant blue summer yukata as they executed their finely choreographed movements across the stage. Sakura Minyo's members range in age from 13 to 85, and several of the seniors performed in numerous dance numbers. It might not take a lot of convincing that with the help of a little magic, any one of the performers had just emerged from a 13th-century scroll painting that depicted a Japanese noblewoman in all her delicate beauty and grace. An audience could not be faulted for wondering if perhaps a protective shōgun might be lurking nearby.

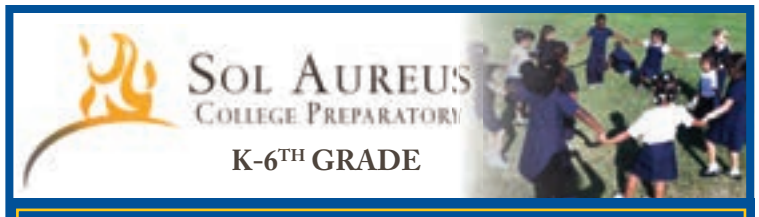
Among the more interesting aspects of the various acts were: a song number based on the Village People's "YMCA" that featured handheld paddles bearing the letters S, B, W and A (standing for the Sacramento Buddhist Women's Association); the koto concert, one of whose performers was a very young African American girl who charmed the audience with both her playing of the harp-like koto and her fluency in Japanese; and on a personal note, this reporter found the senior members of the Sakura Minyo dance group profoundly beautiful, radiating poise and dignity.

Most performing groups return each year but changes occur occasionally. Due to the perennial popularity of the old school/funk/etc. East Wind Band, fans of the group can look forward to many encore performances in the years to come.

The festival, which was founded in 1947 as a means for members of the area's Japanese

see BAZAAR page 10





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Bazaar:

continued from page 9



communities to congregate and celebrate their traditional culture, has come a long way from its roots, but while its reach has increased manyfold, its purpose remains unchanged. And for the church this is also the case. All festival profit supports church operations and a host of programs and associated organizations, including a legacy endowment fund that facilitates efforts to cultivate, promote and sustain the Jodo Shinshu tradition in Sacramento.

Although the next bazaar is fully 11 months away, interested parties can check out two church-sponsored events occurring later this month. On the 14th from 1-3:30 p.m. the church will host "Tule Lake: America's Worst Concentration Camp", a free presentation and discussion about how the camp attained that dubious distinction and related issues, conducted by authors Roger Daniels and Barbara Takei. The pair are working on a book examining Tule Lake and the experiences of the Japanese diaspora during the war years and subsequent decades.

Then, on the 29th at 2 p.m., the Sacramento premiere of the documentary film "Alternative Facts: The Lies of Executive Order 9066" will be screened at the California State Museum, 1020 O St. A flyer describes the film as being about the "false information and political influences which led to the World War II incarceration of Japanese Americans" and states that the film also "examines the parallels to the current climate of fear, targeting of immigrant and religious communities, and similar attempts to abuse the powers of the government." Tickets are $10 but the screening is free to students.

Information about these and other church-related events can be viewed at https://www.buddhistchurch.org/events-news.



Faces and Places: Buddhist Bazaar

Photos by Stephen Crowley

The Buddhist Church of Sacramento held its 73rd annual Japanese Food and Cultural Festival on Aug. 10 and 11, featuring Japanese food (including their famous teriyaki chicken), games, cultural exhibits, and performances by Sacramento Taiko Dan and the East Wind Band.

















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Group Called "350.org" Working to End the Age of Fossil Fuels

By Jan Dalske

Have you heard of the "International Movement" that is made up of ordinary people who are all working to end the age of fossil fuels and to build a world of community-led renewable energy for all? They describe what they are doing as a "fight against climate change is a fight for justice". People in all countries of our world are feeling the impacts of climate change. And, the people who are suffering the most are the ones that have done the least to cause the problem. They want us to cut off the "social license" and financing for the fossil fuel companies: "divest, de-sponsor, and defund".

They are aware that the climate crisis is immense and feel that "we must be daring and courageous in response". says Jamie Margolin, a 17-year-old climate justice activist, "and I'm terrified of what the future holds if we remain on our current carbon trajectory" "It's time for adults to join us, and help us with this immense weight we are carrying. We the youth are calling on people of all ages to join in — and we need all of us to heed the call to action."

Climate change is not just an environmental issue. It is a social justice issue, and an economic issue. The goal is to accelerate the transition to 100% renewable energy for all. 350.org feels that this can be accomplished by banning all oil, coal and gas projects from being built. This will be done by using local restrictions and community resistance efforts.

We want to cut off the "social license" and financing for the fossil fuel companies: "divest, desponsor, and defund". We are aware that the climate crisis is immense and feel that "we must be daring and courageous in response". Jamie continues. "The climate crisis looms over every single decision I make, and impedes any and all plans I try to make for the future. I have never known a time in my life where life on earth as we know it wasn't coming to an end thanks to the climate crisis".

350.org was founded in the United States in 2008 by a group of university friends. Author Bill McKibben, who wrote one of the first books about global warming for the public, was part of the group. The name 350.org refers to 350 parts per million, the safe concentration of carbon dioxide in the atmosphere.

The group was active during the International Day of Climate Action that took place in 2009, the Global Work Party in 2010, and Moving Planet in 2011. Before you knew it, 350 .org had become a planet-wide collaboration of organizers, community groups and just ordinary people who are fighting for the future. Today, the group 350.org works on grassroots campaigns across the globe.

They oppose coal plants and mega-pipelines, support renewable energy solutions and cutting financial ties of the fossil fuel industry. All of their efforts are to leverage people power that will help to dismantle the influence and infrastructure of the fossil fuel industry.

Some of their proudest movements in recent years include campaigns against Keystone XL and Dakota Access in the United States. They have stopped fracking in hundreds of cities in Brazil and Argentina. And, they also joined grassroots mobilizations before and after the Paris Climate Agreement was signed.

Their efforts have encouraged hundreds of universities, foundations, cities, and churches to divest from fossil fuels. 350.org knows that no one has all the answers. And, they value the experience and knowledge of their partners and all of their communities. They are building a future that is just, prosperous, equitable and safe from the effects of climate change.

On September 20th, millions of people of all ages around the world will walk out of their classes, jobs and homes as part of a Global Climate Strike. They are asking you to join them. There are already 200 Climate Strikes on the map in the United States. You can join one, or sign up to host one where you live. 350.org is building a global climate movement.

You can connect with them on Facebook, follow them on Twitter, and text 350 to 83224 to get important mobile action alerts. You can also become a sustaining donor and help keep their movement strong and growing. If you are looking for more ways to get involved, check out their map to see if there is a local 350 group to event scheduled near where you live.

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Costco:

continued from page 2

into restaurants and shops. Twelve people were injured in the panic and six had to be hospitalized."This isn't a country I want to live in with anxiety and fear for my life in public areas. This isn't right and this isn't a way to live," tweeted P.J.@petrinajc. Many caught in the fright expressed kindred sentiments.

As I write three men in three states are in custody for expressing desire to commit mass shootings. One Florida man, Tristan Wix, said he had already chosen a location. "A good 100 kills would be nice," he said. Another, Brandon Wagshot from Connecticut, stated on Facebook that he wanted to commit a mass shooting and is being held for illegal possession of large capacity magazines. A third, James Reardon from Ohio, was arrested for threatening a Jewish community center. He identified as a white nationalist and had a cache of guns and ammunition. Intoxicated by the power of the gun, these men stockpiled. It was easy for them to get their guns, and it's easy for anyone, anywhere in America. The person who tweeted from Times Square tweeted for Marie and me, and for all of us. "This isn't right and this isn't a way to live."

What's happening, Land Park?

THURSDAY, SEPT. 12

INTRODUCTION TO ACUPUNCTURE: Acupuncture has been practiced for over 2,500 years in China and has spread to many parts of Asia. Come and learn the history and art of this ancient holistic medicine. Learn the mystery and science behind how you can benefit from sterile needles that are inserted on specific points and various locations on the body. This workshop does not require prior experience or knowledge of acupuncture or Chinese medicine. Pre-registration and prepaymentof $3 required. Drop-in fee of $5 at the door. Class will be held Thursday September 12, 2019 from 4:30p-5:00pm at ACC Senior Services 7334 Park City Drive. For more information, call (916) 393-9026 ext 330 or www.accsv.org.

FRIDAY, SEPT. 13

SOCIAL SECURITY PRESENTATION: The Social Security Adminstration administers different programs. This presentation will be about Social Security Retirement benefits such as eligibility rules--what it means to receive benefits before, during or after normal retirement age and eligibility requirement to received spouse's, divorced spouse's, or widow's benefits. Pre-registration required. Free of Charge. Class will be held Friday September 13, 2019 from 1:00p-2:00pm at ACC Senior Services 7334 Park City Drive. For more information, call (916) 393-9026 ext 330 or www.accsv.org.

SATURDAY, SEPT. 14

'LOVE FOUND, LIFE LOST' CEMETERY TOUR: The Old City Cemetery Committee presents a new tour, starting at 10 a.m., on what happens when love goes wrong. Cole Porter wrote "When love comes in and takes you for a spin, ooh-la-la-lah, c'est magnifique". Love is wonderful, but sometimes it doesn't end happily ever after. What happens when love goes wrong? Join us on this tour and find out! The tour convenes at the 10th Street entrance. Sacramento Historic City Cemetery is located at 1000 Broadway, Sacramento. There is free parking on surrounding streets. Tours are free; however, donations are appreciated and benefit cemetery preservation. For more information, call 916-448-0811.

THURSDAY, SEPT. 19

WE'RE READY! ARE YOU READY FOR PUBLIC BENEFITS?: This seminar is education on your public benefits (Medicare, MediCal, and Veteran's Benefits). Pre-planning for your benefits is a must. Many are unprepared for the crisis and want to stay home; the question is how will you pay for the cost of care. Learn from experts and how to prepare without buying insurance products. Learn how to make your retirement funds last. Pre-registration and pre-paymentof $3 required. Drop-in fee of $5 at the door. Class will be held Thursday September 19, 2019 from 1:00p-2:00pm at ACC Senior Services 7334 Park City Drive. For more information, call (916) 393-9026 ext 330 or www.accsv.org.

SATURDAY, SEPT. 28

CEMETERY TOUR – HAUNTED SACRAMENTO: The Old City Cemetery Committee presents a tour of Sacramento's spooky past on Saturday, Sept. 28, starting at 7 p.m. at the Sacramento Historic City Cemetery, 1000 Broadway, Sacramento. Cost is $10 at https://www.brownpapertickets.com/event/4341173. There are restless spirits in sleepy Sacramento. Apparitions are said to reveal themselves to unsuspecting passersby. Take a walk on the spooky side and learn the haunted history of Sacramento. You may never look at our town the same again.
The tour costs $10 per person and tickets are only available online at https://www.brownpapertickets.com/event/4341173. The cemetery is located at 1000 Broadway, Sacramento. The tour convenes at the 10th Street gate. There is free street parking on surrounding streets. Early arrival is recommended. For more information, call 916-448-0811.

SATURDAY, OCT. 6

CEMETERY TOUR – HAUNTED SACRAMENTO: The Old City Cemetery Committee presents a tour of Sacramento's spooky past on Saturday, Oct., starting at 10 a.m.
There are restless spirits in sleepy Sacramento. Apparitions are said to reveal themselves to unsuspecting passersby. Take a walk on the spooky side and learn the haunted history of Sacramento. You may never look at our town the same again. The cemetery is located at 1000 Broadway, Sacramento. There is free street parking on surrounding streets. Tours are free; however, donations are appreciated and benefit cemetery preservation. For more information, call 916-448-0811.

SATURDAY, OCT. 12

C.K. MCCLATCHY CLASS OF 1979 40TH REUNION: It will be a fun night with old friends, remembering the good old days, and making new memories. The reunion is open to all CKM alum and guests are welcome from 6 to 11 p.m. at Fat City Catering: 1015 Front St. in Old Sacramento, 95814. The event is for ages 21 and older. Tickets are $60 each until Sept. 12, 2019; $65 after that. For questions and to receive the reunion Evite, email: CKMLions79@gmail.com

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ACC FAMILY CAREGIVER SUPPORT GROUP: Are you caring for a loved one? We understand that caregiving comes with the joy of giving back but many challenges as well. Please join us in our support group meeting and share informational/emotional support and guidance with other caregivers and staff. Meetings are held on the second Wednesdays from 12:00p-1:30p and the 4th Thursdays from 6:30p-8:00p at ACC Senior Services 7334 Park City Drive. For more information, please contact Soojin Yoo, MSW at (916) 393-9026 ext 336 or www.syoo@accsv.org. .accsv.org.

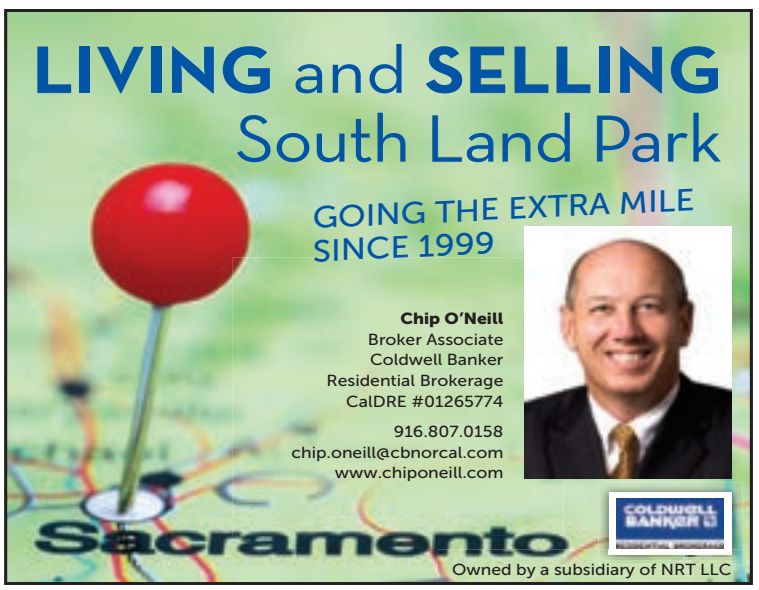
ACC FAMILY CAREGIVER SUPPORT GROUP: Are you caring for a loved one? We understand that caregiving comes with the joy of giving back but many challenges as well. Please join us in our support group meeting and share informational/emotional support and guidance with other caregivers and staff. Meetings are held on the second Wednesdays from 12:00p-1:30p and the 4th Thursdays from 6:30p-8:00p at ACC Senior Services 7334 Park City Drive. For more information, please contact Soojin Yoo, MSW at (916) 393-9026 ext 336 or www.syoo@accsv.org. .accsv.org.

INTRODUCTION TO SUNYATA MEDITATION: Meditation has been proven to improve a person's mental and physical well-being. This introductory workshop will show you some simple meditation techniques which will enable you to obtain the benefits of meditation. A few Qi Gong exercises will supplement and enhance the meditation session. No prior experience or knowledge required. Bring a yoga mat. Classes are held the third Thursday of each month. Pre-registration required. $18 for three classes or $8 drop-in fee at the door. Class will be held the third Thursday of each month from 4:15p-5:45pm at ACC Senior Services 7334 Park City Drive. For more information, call Susan Sarinas (916) 393-9026 ext 339 or www.accsv.org

PARKINSON ASSOCIATION OF NORTHERN CALIFORNIA South Sacramento Support Group: Every second Thursday of the month from 1 to 2:15 p.m., Location: Asian Community Center (ACC), 7334 Park City Drive, Sacramento, CA 95831. This support group is free to those who are living with Parkinson's Disease, their family and caregivers. The group shares information to help each other and provide guest speakers who can assist with physical and mental challenges in daily living.
ADULT AND TWEEN/TEEN BOOK CLUBS AT CRAWFORD'S BOOKS: Crawford's Books is hosting a monthly adult book club on the first Thursday of the month from 6:30- 7:30 p.m. They also host a tween/teen book club every other month. This group convenes on the 1st Saturday of EVEN months from 4 to 5 p.m. Light refreshments are provided. For more information and the list of books that will be discussed, please visit crawfordbooks.net. Crawford's Books is located at 5301 Freeport Blvd., #200, Sacramento. For more information, call 916-731-8001.

AUTO MUSEUM DEBUTS ALL-NEW EXHIBIT: HITTING THE ROAD: ROAD TRIPPIN' THROUGH THE YEARS: The California Automobile Museum is proud to present a new exhibit titled Hitting the Road: Road Trippin' Through the Years" that is on display until Feb. 25, 2019. The exhibit allows guests an opportunity to explore the historic American pastime of traveling with family and friends. Depending on age, race, and financial status, experiences and memories of road trips differ dramatically. The goal of this exhibit is to explore these differences along with how the automobile and road trips changed American culture, and also helped to shape entire industries.
The exhibit will showcase the heyday of road trips in the '50s, '60s and '70s as well as take a look at how the experience has changed over time. Museum guests will learn how different Americans experienced life on the road. For instance, the exhibit demonstrates how some families were squished into a station wagon on the way to the lake while others traveled in a cozy camper bound for Yosemite.
As part of this nostalgic exhibit, a number of iconic cars will be on special display, including: a 1952 Dodge 2-door Sedan, 1964 Ford Falcon Deluxe Wagon, 1953 Kaiser Traveler, 1956 Chevy Bel Air Wagon, 1959 Shasta Airflyte trailer, Custom 1972 Toronado RV, 1972 Oldsmobile Vista Cruiser Wagon, 1966 VW EZ Camper with tent canopy, 1955 Harley-Davidson Panhead, 1976 BMW R100/7, 1930s home-built tear-drop trailer and 1962 Ford Falcon Squire Wagon.
The Hitting the Road exhibit is free with Museum admission: $10 for adults; $5 for youth ages 5 to 17) and free for children ages 4 and under. For more information about the special exhibit or the California Automobile Museum in general, please call 916-442-6802 or visit www.calautomusem.org.

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