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Land Park News

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Buddhist Church of Sacramento Bazaar

at home edition

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Door to Door

Fantasy Islands

By Pat Lynch

My sister and I bemoaned our plight, sequestered as we are because of the skyrocketing numbers of Covid infected. Horrendous surges are everywhere.

"Now we're going to be banned in the EU," she says. "Because we can't control our spreaders. Because they crowd the streets and won't wear masks. I wish we could deport them all to their own islands."

White Pride Island. Imagine. They could have their own capitol, Gunville. They could stride around being white, armed, carrying signs: White is Might. Pallid is Valid. Pale is Hale. Pasty is Tasty. They could wear Confederate flag shirts and those god-awful red hats.

On a nearby island, KKK Island, Klan officials could parade in their flowing gowns and pointy hoods, displaying their fanciest ribbons and insignia, unaware that they look life-size garden gnomes. Nearby, White Pride islanders could shoot off fireworks and guns to salute the KKK and to celebrate everybody's lack of the melanin pigment. They could have Wallow in Whiteness Day with freckle counting contests, white bread sandwiches, vanilla milkshakes and cottage cheese. Yum.

There should be a place for everybody, don't you think?

There are over 500,000 islands on Earth, some of which the U.S. happens to own. It makes sense to export our citizenry to our own territories. Eileen and I will remain on the Mainland, wearing our masks, staying home, waiting for the soaring infection rate to subside. "We're the Mother-ship," she says. "We supply the islanders. We're like parents. We let the kids rebel but we watch over them."

She's a better parent than I. I think these people are loutish and stunted, and am glad to ship them off. Now will the islands be as bare and miserable as the concentration camps we have for immigrant kids? No. Eileen won't let me.

No Vax Island will be a noisy place where suffering children moan and whimper while other children, not yet manifesting their diseases, rampage, screeching, through the village. Mass contagion is the goal here. The anti-vaxers think vaccines give kids Autism so they're not hoping for a breakthrough Covid vaccine next winter. They hate vaccines. They let their kids "catch everything" so they can get over it. Therefore their kids can get Measles, Mumps, Chicken-pox, Small-pox (yes, they're bringing back Smallpox), Tetanus, HPD, Hepatitis B, Whooping Cough, Diphtheria and Polio. You can see why this whole batch of humans need to be on an island.

Dr. Fauci says their anti-vax influence may dilute the effect of a future vaccine for the rest of us, making it only 75 percent effective. So this gullible, hysterical minority may usher in many more Covid fatalities. Plainly we need to ship them off. They'll stay busy on their island while their sick children writhe through their diseases and the parents scheme how to get the survivors in our public schools.

Conspiracy Island will be near No Vax Island, but not near enough for wind borne Diphtheria pathogens to threaten the conspiracy-minded (tough they won't believe that). And since current conspiracy theories undermine our efforts to battle Covid with masks and distancing, conspiracists have to go. Chief amongst them will be Judy Mikovits, maker of the absurd video, Plandemic. Plandemic, as described by the New York Times, "wrongly claimed that a shadowy elite" (for "shadowy elite" read, scientists, journalists, medical researchers and physicians) exploited Covid and a potential vaccine to enrich themselves. This brew of falsehoods "went from a niche conspiracy video to a mainstream phenomenon." It was especially effective for people who don't like to (or can't) read their misinformation, but can grasp it presented as a movie. Anyway, the Plandemic video stirred up a frenzy amongst the conspiracy minded, and they took to the streets and airways to orate against measures to control Covid.

You may wonder why the same people are always drawn to conspiracy constructs. Psychologist John Grohol, Phd, says conspiracists tend to "have lower levels of analytic thinking" and a "need for uniqueness" which makes them susceptible to a conspiratorial interpretation of events. Their conspiratorial notions enable them to feel smarter and better informed than the rest of us. Psychologists have also noted narcissism and a touch of grandiosity in their fevered presentations. So imagine them on the island, all together, all talking at once, exhaling their Covid particles on one another's unmasked faces. It's too bad. But better there than here.

Finally, Halleluiah Island. This is my fave. This is where all the Evangelical mega-church peeps will go. Their pastors and faith healers (not one of whom has laid hands on a Covid sufferer and produced a miracle cure) will go too. They'll all trudge to a big island near Alaska where it gets cold. But no worries, they can huddle together and sing hymns around the fire. Will there be bears? I say yes. Gay bears. Hungry gay grizzlies. Then we'll see how they pray the gay away.

The pastors of these congregations are financially well off and live in mansions. Yet few of them have donated one cent to Covid relief. Joel Osteen, for example. He's worth a hundred million. How much has his Christian compassion inspired him to give? Nada. He wouldn't even open his remodeled church (worth another 100 million coughed up by parishioners) to the destitute after Hurricane Harvey. How about Franklin Graham, son of the late Billy Graham? Franklin thinks God wants Trump to rule and likely imagines God, like Trump and himself, to be a white supremacist. On Halleluiah Island all the preachers and their followers will huddle around bonfires by day and sleep in huts at night, ever alert for the scratch of claws.

On the Mainland we'll shelter in place, keep a 6 to 8-foot distance, stay informed, help others—all the while at potential risk of 100,000 people per day catching the virus (Fauci, CNN). All this because our racists, anti-vaxers, conspiracists and religious fundamentalists were joined by bar-hoppers, sun worshipers and GOP governors who closed their states too late and opened too soon. So we're going to have to have some new islands. The bar crowd and the sun crowd will go north and they'll have to bring their own booze because we're not serving. They'll have to bring their own sun too because it's cold on those melting arctic ice-burgs. The Guvs will go to an island filled with hefty predators. Eileen says this is harsh, but how else are they going to learn to scurry up trees screaming for help?

Peril is humbling. It's instructive too.

Time they learned.

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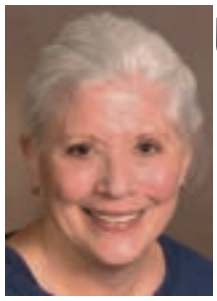


THIS 'n' THAT

by Carol Bogart

On Working from Home

Well, now, this is interesting (and lest you think I'm job hunting, I am not). A recent article in the Wall Street Journal says some, maybe many, people whose job search was income driven, no longer have to live in big cities to earn big pay. Why? Because thanks to technology – the Internet and Zoom, et al – employers, liking this 'remote' work so much, are telling valued workers, "stay home, but move someplace cheaper if you want to. Do your work remotely."

I relate to this.

Back in my TV News days, my agent knew my #1 consideration was 'market size'. In my 20s, if the work itself appealed to me, that was good. Number 1, though: "How much money will I make?" Number 2: Would I want to live there? A distant third: Will I get a chance to anchor? (Anchoring interested me because anchors make more money.)

Now, before you find me shallow, let me explain. I'd been working since I was 14 years old. My first job was stacking baskets at a swimming pool. Before I was out of high school, I waitressed part time at Big Boy; full time while taking college classes at the local branch. One semester, and then I left for college. My folks told me what the deal would be. They paid my tuition and my health insurance. Everything else was me.

And so, I waitressed at night, went to school by day. When the restaurant closed, I worked other low paying jobs and split expenses with three roommates. Meantime, the campus radio station took me on as an announcer. No pay, but I liked it.

As an upper classman, I could take TV production. Our final project: a 10 minute newscast. The professor said we could use the AP wire. Instead, I went out and found some stories. Took photos. Wrote, voiced and anchored everything. (My anchoring, stiff and scared, was very bad.) The show itself was good. Turned out none of the other students thought to do original reporting. Just ripped stuff from the AP wire. The university president asked to see a newscast. The professor showed him mine. "OK," I thought. "I have an aptitude. I can become a voice for the voiceless. Help kids and animals."

With the goal of becoming an on-air reporter, I took a job as newsroom secretary at the Cleveland station owned by NBC, where I weaseled my way into several stories. The investigative reporter told his buddy, a news director in Scranton, about me. "No experience," he said, "but a lot of determination." His buddy hired me. I packed everything I owned into mom's station wagon, including Rags, my dog. In Scranton, I anchored, produced, reported – and won a first place Community Service AP award. In response to my series on child abuse, Pennsylvania legislators enacted what would be the state's first Child Abuse Reporting Hotline.

By the time I was 28 I'd won double Emmys in Atlanta and was working in Chicago.

In Chicago, there were more awards. The logical next step was network correspondent. There had been some interest at ABC. But I didn't want that. A network correspondent, I knew, lived out of a prepacked suitcase. 'Home' was whichever plane the network put you on. So, when Denver told me I could self-assign and anchor, I went to Denver. And learned I didn't want to anchor, either. Lousy hours (morning show anchors have to be at work by 4 a.m. 'Prime time' is a night job. yuk).

Being self-assigning – that was nice. My videographer and I won bronze medals at the International Film & TV Festival of New York for our series on children of alcoholics. ABC's 20-20 picked up my research for 'All Bottled Up' and did its own documentary. Nationwide, viewers learned why kids who blame themselves for a parent's drinking need groups like Ala-tots and Ala-teens.



PHOTO COURTESY OF CAROL BOGART

Co-anchoring the 6 a.m. news while parenting a month old baby. Marty should look tired, too. He had newborn twins.

Meantime, biologically, my clock was ticking. Fixing fertility problems became my focus. Saving the world would have to wait. I wanted to be a mommy.

No siblings for Mike, though. Secondary infertility. Watching him sleep, I'd whisper, "You're my miracle boy. Just wait. God has big plans for you."

With an inheritance from my parents, I was able to stay home with Mike through his toddler years and grade school. My folks had wanted his childhood to include their farm, but had made no provision in their wills. So, I bought one.

From there, I reinvented myself as a small town print (newspaper) journalist. Started saving the world again with my stories but also served on the high school's parent advisory council, attended all Mike's hockey games, and helped out with music boosters. Important to me: he never came home to an empty house.

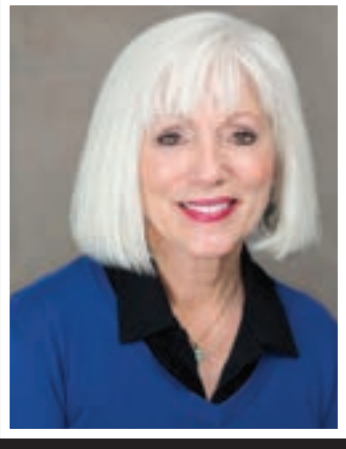
And then, my inheritance ran out. My job didn't pay enough to support the farm, and so, I sold it. Mike finished high school in California, played hockey and left for college. That was 17 years ago. Today, for both of us, California's home.

So, you see, I can relate to workers eager to leave expensive cities to work from home in bucolic less expensive settings, without having to sacrifice their jobs.

My last California newspaper didn't pay much, but, again, I could do most of it at home. It was my dream job. Used all my skills plus rarely second guessed me. Grateful, I worked far more hours than I was paid for, and the product never suffered.

Employees appreciate trust. Employers appreciate employees who are trustworthy. This 'new normal' of work-from-home people living where they want should prove win-win-win: for employers, families – and the family dog.

Carol Bogart does her writing in her West Sac home office. When the dog distracts her, she takes him for a walk. Questions? Comments? Contact Carol at carol@bogartonline.com.



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LAND PARK

This One of a Kind Tudor features a mix of old-world charm and new construction. Vaulted ceiling in L/R w/ hand hewn beams, original crafted artisan stained glass, leaded windows, brick replace and rich dark wood oors. Custom quality abounds in the wonderful Chef's kitchen with quartz counters, over-sized quartz island, breakfast bar, farm sink, six burner stainless cook-top / oven, microwave and built-in stainless refrigerator. Formal D/R opens to the kitchen, with adjacent F/R. Downstairs offers a master suite, laundry / mud room, 1/2 bath and 1/4 bsmt. Upstairs boasts three more bedrooms, one is an additional Master Suite w/ large bathroom, double sinks, marble floor / shower, walk-in closet and balcony. The other two bedrooms have hardwood oors and many windows. There is also a full bath w/double sinks and a bonus study / sewing room. Backyard captures a beautiful Heritage Oak tree, patio and lawn area. Single car garage w/attic storage and charming guest cottage.

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Local to release never-before-heard album of WWII-era big band music



PFC Richard Burt on Leyte Philippines Campaign

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By Stacy Grow

The News-Ledger recently caught up with local Jason Burt. Jason's grandfather was long-time West Sac resident Richard Burt. Richard was a Juilliard-trained trumpet player who taught music in the Washington Unified School District from the late 1950s-1984.

After Richard and his wife passed away in recent years, the Burt family discovered a treasured part of their family history they had believed to be lost: a 75-year-old recording of big band music created by Richard's Air Force Band during their WWII campaign.

Now Jason, a middle school history teacher, is working to share his grandfather's long-lost music with the world. We interviewed him to get the full story on the album.

Q: We understand you're working on releasing an album of music that was created 75 years ago. Tell us the history of this music and how you came to be involved with this project.

A: The music was created by the 746 th FEAF (Far East Air Force) Band at Fort McKinley, an Army Air Force Head Quarters base in Manila, Philippines. This 20-piece orchestra played together throughout the Philippines campaign while the United States was retaking the Philippines from the Japanese. They played shows with the USO (United Service Organizations) to entertain front line troops and make them feel a little closer to home in the middle of the war.

Prior to the band heading home, they recorded themselves playing these popular big band songs. My grandpa, Richard Burt, was the lead trumpet player of the band. He asked his commanding officer if he could have the recordings. The commanding officer gave permission for him to take the recordings and my grandpa brought them back home.

Grandpa lost track of the records at some point as he got older. He thought he had lost them in the 1980s. However, after my grandparents passed, we found the recordings while cleaning out their attic. My dad and his brothers gave me all of my grandpa's military items, including the recordings, because I am a history teacher and had done extensive family history research on my grandpa's military service.

After finding out the records still played music, I began to formulate ideas about how I could honor my grandpa and the band members of whom he was so fond. They played such an important role overseas with morale during WWII, yet civilians don't hear much about them.

I decided to make their music available to the public for purchase. Initially, I emailed the National WWII Museum in New Orleans to gauge their interest in an item like this. I received a response that said they were very interested, but they do not produce music. However, they told me they would love to hear and see a finished product.

As I thought more about the project, it evolved into something much bigger. I wondered, "How can a band of "amateur" musicians compete with the likes of the Glen Millers and Duke Ellingtons of the time period - let alone modern music? Nobody would hear their story or their music if a CD was just placed on a shelf."

Then the idea was born to connect with the USO, who continues to serves the same role as they did during WWII, making Veterans overseas feel closer to home. [The United Service Organizations is a nonprofit that provides live entertainment, such as comedians, actors and musicians, social facilities, and other programs to members of the United States Armed Forces and their families.] Thus, my campaign to make regular everyday soldiers become platinum artists was born.

Q: You mentioned you're working with 4-time Grammy Award-winning sound engineers to digitalize, clean up, and master the album. How did you connect with them?

A: It was no accident that I connected with a Grammy-winning sound engineer. I needed somebody who was the best in their field to take on something like this because of the age of the records.

I researched Grammy winners for Best Historical Album, particularly those who won for Jazz albums. I began to send out emails to multiple winners, telling them about the project.

I heard back from four within a week, all excited about the prospect of working on the project. Three of the sound engineers emailed me back, but one called – Lurssen Mastering. Gavin Lurssen and Reuben Cohen were so excited at the prospect of doing the work that they were the obvious choice. The idea of working on something that old and making it modern really appealed to their love of their profession.

Since their studio is down in Burbank, we are waiting for Covid restrictions to ease so that I can be in the studio at the same time and watch them work.

Q: What are your goals in releasing this album? What do you hope to accomplish?

A: I have a handful of goals with this project.

1. I hope to pay tribute to my grandpa and his band mates by teaching people the role of musicians during World War II.

2. I want young people to feel connected to this project as I document it on Facebook and Twitter. I want my students, and students in general, to realize that history is more than a bunch of facts in a book. And also to know that the things you can do in the history field aren't limited to teaching.

3. I hope to raise money for the USO and help them continue on with the same goal my grandpa and his band had: making service members overseas feel like they are a little closer to home.

4. I also view this project as a tip of the cap to the Greatest Generation. I hope it brings a smile to their faces to relive old memories when they hear the music.

Q: How can interested readers follow the progress of this project?

A: I will be documenting the project as it moves forward on the band's Facebook and Twitter accounts (@746thFEAFband on Facebook and Twitter)

Q: Where and when will the album be available for purchase?

A: The current release date of the album is projected for the week of Veterans Day (November 11, 2020). The current plan is to release the album through TuneCore, which uploads the music onto all the different platforms for purchase, such as Itunes and Spotify.

Check out the recent article about this project in World War II magazine!

Community responds to removal of John Sutter statue

By LANCE ARMSTRONG

The bronze, John Sutter statue, which stood at the northeast corner of 28th and L streets for the past 32 years, was removed last month, after it was defaced with red paint.

This act of vandalism occurred following the George Floyd killing that led to protests calling for racial justice, and the removal of historical statues and monuments that celebrate controversial figures in American history.

While some statues were legally taken from their sites, others were illegally removed.

In certain cases, like the Sutter statue, statues were vandalized prior to their legal removals.

The 8-foot-tall Sutter statue, which stood on the grounds of the Sutter Medical Center, just east of Sutter's Fort, was removed upon the order of the hospital on June 15, a week after it was vandalized. It was donated to the hospital by the United Swiss Lodge of California in the fall of 1987.

A Sutter Health spokesperson last week commented on the decision to remove the statue, which memorializes Sutter, the German-born Swiss immigrant who colonized the area of today's Sacramento, but has also been accused of enslaving, brutalizing and murdering Native Americans.

"Out of respect for some community members' viewpoints, and in the interest of public safety for our patients and staff, we are removing the John Sutter statue that was originally donated to Sutter General Hospital," the spokesperson said.

"There are important conversations happening across the country about the appropriate representation of statues and monuments, and we look forward to listening to and participating in future conversations about how our own community may display artwork from the different communities and individuals that have played important roles in Sacramento's history."

Jesus Tarango, tribal chair of the Wilton Rancheria – Sacramento County's only federally recognized tribe – responded to the removal of the Sutter statue.

"To our people, John Sutter is a name that prompts anger and sadness in many, as he was the architect of such destruction against our people," he noted in a statement written for this article. "A man who carried out grave and unforgivable brutalities against our men, women and children deserves no honor or enshrinement.

"His name will always be a painful part of our people's memory, but this removal and those to follow will provide our people with the much needed acknowledgement of the state's and nation's past indiscretions that continue to affect our people today."

Tarango described some of the accusations that form the tribe's view of Sutter.

"John Sutter was a brutal man, once boasting in his personal diary about a barbaric slaying of 30 men along the Cosumnes River," he wrote. "With this attack, he forced between 200 to 300 of our Miwok and Nisenan ancestors into a treaty and continued his mission of brutal violence, murder and enslavement as he sought to conquer the entirety of the Sacramento and San Joaquin (valleys).

"He enslaved and sold the labor of our ancestors to those in surrounding settlements, making it nearly impossible for people to gain their freedom from such barbarism."

Tarango also claimed that Sutter burned tribal sweat houses and ceremonial roundhouses as a means to motivate men to "work harder."

"In American society, we often decry these acts as that of terrorists, both domestic and foreign," he wrote. "Why then should we honor and celebrate a man who committed these same acts that are now among the most despicable imaginable?

"We hope that this removal will finally open a path to a truthful and exact history of atrocities that took place against our people at the hands of John Sutter and others, and that our history will be taught in schools to not only our native students, but to the masses. We cannot expect true change or atonement without an honest portrayal of history."

During a speech at Sutter's Fort on Aug. 16, 2014, Rick Adams, a local Miwok activist, said that Sutter controlled the Indian population by tracking and shooting Indians who did not show up to work.

He also alleged that Sutter inserted rings in the noses of Indian girls, so that he could "lead them around like chattel."

Local historian Steve Beck, who worked as a history guide at Sutter's Fort for 21 years, responded to Adams' comments.

"There is no corroborating evidence to suggest that Sutter tortured young Indian girls for his personal pleasure," he said. "While the daily log book for the fort does mention punishment being meted out to Indians, it never mentions them being killed or tortured for not coming to work."

Beck added that the relationship between Sutter and the California Indians is "extremely complex." "The incredibly diverse cultures of California Indians contribute to the confusion surrounding Sutter's relationships with the Indians," he said. "There were Indians who worked with and supported Sutter and there were Indians that tried to stop his settlement and stop other Indians from

see REMOVAL page 6



Photo by Heather Woodford

The bronze, John Sutter statue, which stood at the northeast corner of 28th and L streets for the past 32 years, was removed last month, after it was defaced with red paint.





It's summer: Time to get reading!

By Devin Lavelle

Whether you're passing the time while watching kids play, lounging by the pool or enjoying the air conditioning inside, summer is a great time for reading! For adults, for teens, for younger kids, we'll all have a better summer the more books we spend time with.

And our wonderful friends at the Sacramento Library are here to help! You can sign yourself and your kids up for the Summer Reading Challenge at www.saclibrary.org/Event/Special-Events/Summer-Reading. Log what you read and fun activities that support reading to earn badges and have fun!

While the libraries themselves remain closed due to COVID, nearly all locations (Including Robbie Waters in the Pocket and Belle Coolidge in South Land Park) are open for curbside pick-up of pre-reserved books. Learn more here: https://www.saclibrary.org/curbside-appointment

But, of course, we still need to know what to read! The library has such an extensive collection, where would we start? Yes, our friends at Sac Public have even thought of that. With a few simple questions, they will email you personalized recommendations of books you are sure to love! Learn more here: https://www.saclibrary.org/Books-Media/Reading-Recommendations/Personal-Recommendations

Not enough for you? Fear not, some of your neighbors have offered some suggestions as well!

Personally, I'm reading The Book of Joy by the Dalai Lama and Archbishop Desmond Tutu. It was recommended to me a couple of years ago by both Councilmember Angelique Ashby and chef extraordinaire Patrick Mulvaney and it is providing such wonderful grounding to approach the difficult times we are living through. As the Archbishop says, "We grow in kindness when our kindness is tested."

Rick Jennings, Sacramento City Councilmember: "The Pact" by Drs. Sampson Davis, George Jenkins, and Rameck Hunt.

"It is a must-read!"

Rosanna Herber, SMUD Board Member: How Women Rise by Sally Helgesen and Marshall Goldsmith.

"The book is full of leadership strategies for how women can use their talents to soar in their chosen fields. The authors are masters in demonstrating how habits that are often associated with women (apologizing profusely, not speaking up, taking a long time to get to the point) can be unlearned and replaced with more influential and powerful habits. I'm learning a lot about myself and how I can better channel my energy to have a more positive impact in my world."

Kathi Windheim, Friends of the Robbie Waters' Library President-emeritus: "The Pastures of Heaven" (twelve interrelated stories set in a fertile California valley) by John Steinbeck

"Anything by Steinbeck is a great summer read!"

And if you, like me, spend most of your reading time with the kids, my boys love, love, love a book called "What the Sleepy Animals Do at the Audubon Zoo". It's a New Orleans favorite my aunt recommended to me while I was visiting and I brought it back as a souvenir. The fanciful story Renee's dad dreams up to explain the nocturnal nature of many zoo animals is a treat Henry and Charlie love to enjoy over and over again.



Henry and Charlie Lavelle love "What the Sleepy Animals Do At the Audubon Zoo", a book they highly recommend for summer reading.

Regardless of what book you choose, choose to take yourself on a journey that is only possible when the imagination of a gifted author and our own mind combine to paint a picture that leaps out of the page at higher resolution than any TV could ever manage. You'll never regret time spent with a good book.

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Removal:

continued from page 5

assisting Sutter."

Beck mentioned that the historic record does not support Sutter's ability to conquer the Indians of the Sacramento Valley.

"Sutter's landing party consisted of only four Europeans and 10 Hawaiians, two of whom were women," he said. "This was hardly an invasion force to subjugate the thousands of Indians in the Sacramento Valley."

Sutter represented the official law and order on the frontier, Beck noted.

"Part of Sutter's job as a Mexican official was to protect the people and property on his land, whether they were white or Indian," he said. "When a group of outside Indians was caught raiding Indian villages along the Cosumnes River to steal cattle and women and children, it was Sutter's job to stop them.

"Sutter's deputies for enforcing these laws, because he had so few Europeans, were his army of California Indians. So, we have Indians armed by Sutter helping him enforce the law against other Indians."

Beck noted that the diversity of California Indians complicates all of the relationships that Sutter had with the native people.

"The problem is made even more complex, because the 'Indians' with whom Sutter is associated are both local (Indians) and former California Mission Indians, and Indians from other regions who came to trade, pillage or plunder the local Indians under Sutter's protection," he said.

"The complex point made here is that for survival, Sutter had to befriend and arm the Indians for his colony to succeed. If Sutter was guilty of the abuse with which he is often credited, why did the armed Indians not simply turn on Sutter?"

Swiss immigrant and longtime South Land Park resident Ferdinand Morant, who was on the committee to have the Sutter statue created, said that he is disappointed with the statue's removal.

"I was disappointed, but happy about (Sutter Health) taking care of the statue, protecting it (in storage)," he said. "It's too bad that it can't be there anymore, but eventually time changes again. We don't know (the future). I hope that time will change again someday and then it can be displayed in Sacramento, maybe at the same place."

Morant also shared his thoughts about John Sutter as a person.

see SUTTER page 7

You have the power: Save lives; Strengthen the economy

By Devin Lavelle

What if I told you that you can save lives and strengthen the economy?

You? Yes, you!

You can be a protector, someone with the courage to do your part; the moral code to protect people in danger; the fighting spirit to not give in, even if people around you already have.

What does that sound like to you?

That's right.

You can be a superhero.

There's a villain on the rise. But you have the power to defeat it. Wham! Pow! Bam!

But don't worry, there's no fighting involved. Just a quick outfit change. A change so minor, you don't even need to find a phone booth!

Your superhero costume can be slipped into your pocket when not facing the villain. It can be red and blue. It can be black and gold. It can feature a golden lasso. Or pink polka dots, if you prefer.

Your superhero costume can say a lot about your sense of style. It also says that you're a kind-hearted person who is willing to suffer minor discomfort to protect the people around you.

You may have guessed by now, but your superhero costume is a face mask.

A simple piece of cotton that can reduce risk of infection by 50% or more.

Yes, the science is not yet perfect, but it clearly shows there is a positive effect, we're just not quite sure how positive it is. And for the simple inconvenience of wearing a light piece of cotton, wouldn't it still be worth it if it were only saving a single life?

And wearing a mask can be fun! Add a splash of color to your outfit. Celebrate a favorite sports team (Go A's!) or college (Stingers Up!). Show off your favorite hobby or pet. Choose a favorite color or pattern. Or, go all in, and put on the mask of your favorite superhero. It's your personality! It's up to you!

They aren't even hard to find anymore. Sure, you can pick them up at Target or any similar large store. Lots of neighbors are making them (just post on Nextdoor and you'll get more offers than you can sort through) – and so is my friend Paula's mom (pvillescaz@gmail.com)! She gets rave reviews from lots of our mutual friends and uses the income to make masks for at-risk farmworkers who are keeping our food supply stable. Old County Tailor in East Sac, Blue Nile & LiBush in Old Sac and AllGxxd at the Ice Blocks also come recommended for stylish options. Or visit shop.atrium916.com to pick up something truly unique while supporting local artists.

See? Being a superhero is even a great opportunity to support local businesses! You support them when you purchase your superhero costume. And you keep supporting them by fighting the villain that has driven our economy into recession. Even as the economy is slowly reopening, it can't fully recover until everyone feels comfortable going out, going to work in their office, going out to eat, going shopping.



We all aspired to be a superhero at one time or another, right? This is your chance. Your chance to save lives and our economy. This is no time to be jaded. As they say, always be yourself. Unless you can be Batman. Then always be Batman.

Be Batman.

Or be any other superhero you prefer.

Just please, do the right thing.

Be a superhero.

Wear your mask.

Sutter:

continued from page 6

"John Sutter helped lots and lots of guys, immigrants, Germans and (others)," he said. "A lot of immigrants, they started there. He was always helpful, so I wanted to make the statue. At that time, I wanted to make it so that he's holding his arm out, saying, 'Welcome everybody to the fort. Whatever I do, I help everybody.'"

As for the allegations that Sutter mistreated Indians, Morant supported Sutter.

"I don't think so, that he abused the children and stuff like that," he said. "They say that he had them eating out of troughs. Well, at that time, the Indians only had the baskets to eat out of, but they didn't have forks and knives or spoons. You can't prove nothing. It's speculation."

Given the differing views people have regarding Sutter and the statue memorializing him, Bill George, president of the Sacramento Historical Society, issued a statement to members of that organization, in which he called for open discussions regarding the statue.

"We are concerned that 'facts' being presented to the public are incendiary and designed to agitate emotions," he wrote. "In that atmosphere, it is difficult to hold a dispassionate discussion about the issue. I believe there is an opportunity for SHS to take a leading role in shaping the discussion going forward."

During an interview for this article, George expressed a need to examine Sutter's relationship with California Indians.

"There is evidence that he perhaps abused Indians, that he may have killed Indians, but the jury is still kind of out on that," he said. "So, I think there just needs to be a full look at it.

"There's not going to be any one verdict about John Sutter. He was very complex. He had a lot of different facets. Obviously, some people hate the very mention of his name. But in the history of Sacramento, rightly or wrongly, he was portrayed after the Gold Rush as a very benevolent figure, especially to the pioneers.

"And he got a maybe overblown reputation for kindness, although he clearly did help lots of people along the way. That image endured in Sacramento."

As for the future of this statue, George noted that the society will be involved in its preservation.

"We have been, and will be, in contact with Sutter Health to determine where the statue will be stored," he wrote in his statement to the society's members. "We want to make sure this important historical artifact is saved and has a suitable home."

John Fraser, superintendent of the Capital District of California State Parks, which includes the California State Indian Museum and Sutter's Fort, did not respond to this paper's request for comment by deadline.



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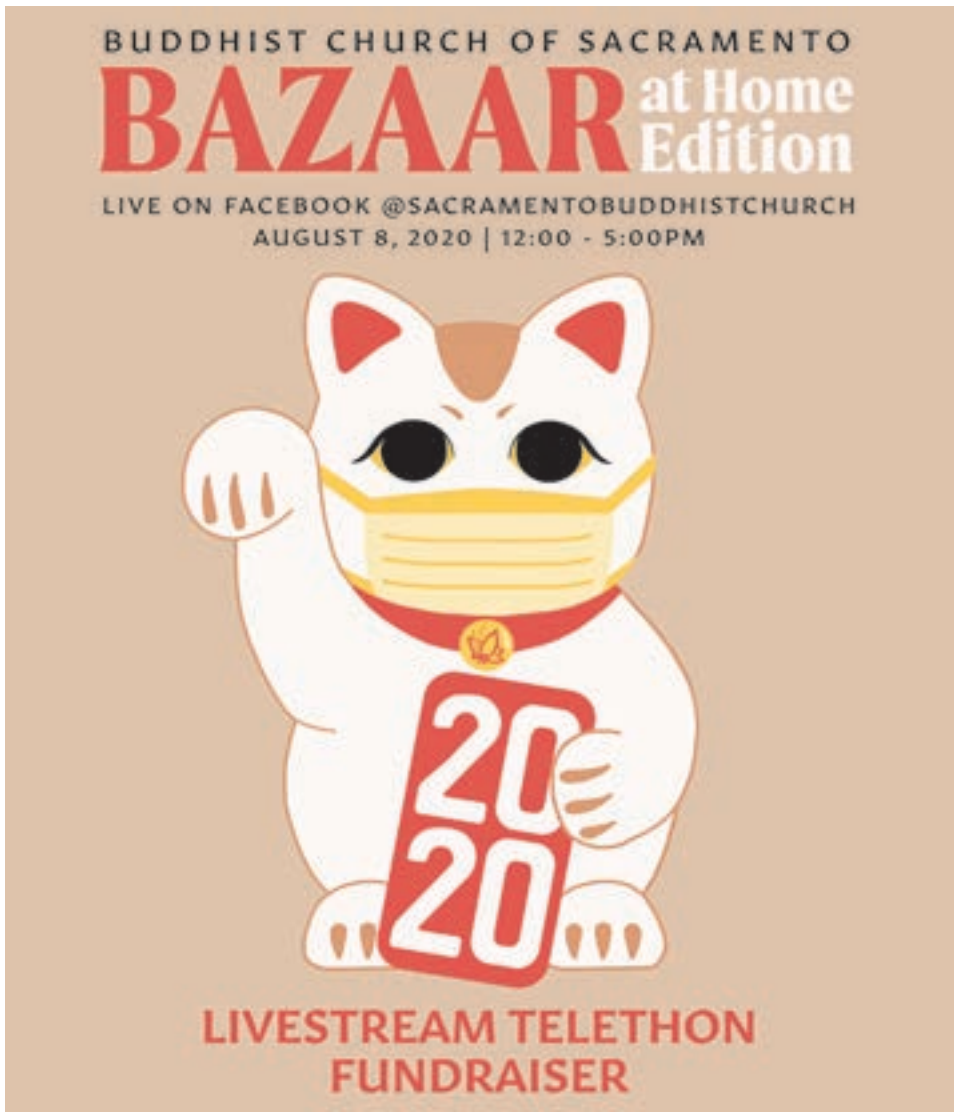
Buddhist Church of Sacramento Bazaar – at home edition



For the first time since its founding in 1947, the Buddhist Church of Sacramento's 74th Annual Japanese Food and Cultural Bazaar had to be canceled due to the COVID-19 pandemic. The annual bazaar has grown to be one of the largest Japanese cultural events in the Sacramento area, featuring a variety of food, cultural exhibits and demonstrations, and games for the kids. The event is the church's major fundraiser of the year, and the proceeds support the many programs and activities offered at the church, as well as its general operating expenses.

In the spirit of the annual bazaar, the church will be hosting a livestreamed telethon event, the "Bazaar-At Home Edition" on Facebook on Saturday, August 8, 2020 from noon – 5 p.m.

A full program is planned, with live entertainment, food and cultural demonstrations, special guests, and presentations by the temple's affiliated and sponsored organizations. Cultural demonstrations will include Bonsai, Japanese Calligraphy, Ikebana Flower Arranging, Bunka, and Taiko.

You can view this live event on Facebook (@buddhistchurchofsacramento). The program schedule will be posted on the church's website (www.buddhistchurch.org) and on Facebook when it is finalized. Viewers can tune in to the program any time during the five-hour period.

In addition to accepting monetary donations, the church will also be selling commemorative t-shirts and aprons. These items will be sold in limited supply on a pre-order basis only. The merchandise can be ordered on-line at the Betsuin's website at www.buddhistchurch.org prior to the event.

In Loving Memory: Jason "Jay" Jugoz

Riverside Sports Bar owner, St. Baldrick's supporter, lost battle to pancreatic cancer







It is with great sadness that the family of Jason Andrew Jugoz, 35, Sacramento, notes his passing early morning Monday, June 22, 2020, after battling pancreatic cancer for over a year. He was surrounded by his brother Jeremy, parents Rudy and Sherry and wife Cassie at the time of his passing. Jason was born September 17, 1984 to Rudolph Jugoz and Sherry Habon in Sacramento.

After graduating from Sheldon High 2002, Jason joined the United States Air Force, and served with Security Forces, NORAD Cheyenne Mountain, Colorado. Upon completing his military service Jason carried his law enforcement discipline into the food and service industry working in Sacramento while also gaining experience and developing his dream for entrepreneurship as a local bartender and manager at the Wrangler, Streets of London, Brass Tap and DeVeres to name a few. In 2017, he and his older brother (and best friend) Jeremy combined their resources and partnered to open the Riverside Sports Bar located in the Pocket– Greenhaven area bordered by the Sacramento River.

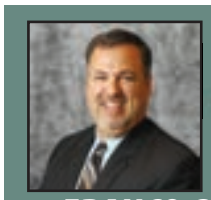
Jason was an immensely bright and soft-hearted individual who did his best to help others throughout his life. He was a consistent participating sponsor for St. Baldrick's Foundation and annual events such as Golf & Guitars which reflected his love for the game of golf and country music. After learning he had Stage IV pancreatic cancer it only inspired him to continue helping others who were also fighting this deadly disease. He went to "Battle" to appear on the Good Day Sacramento TV Show promoting the St. Baldrick's Foundation and partnered with Shriners (Jacob Cummings) to organize his first annual toy drive for children at the Riverside Sports Bar. The community participation was overwhelming even receiving donations as far away as North Carolina. The event was a huge success and will continue to be an annual event in his name. Anyone who knew Jason called him "Jay" and knew that he was a special soul who knew no stranger. Once he adopted you into his family you were cherished. He had an immense passion for life and was always a positive source in whatever group he was in. He will forever be in our hearts and memories.

He is survived by his Wife Cassie Jugoz; Daughter Eden(CA), Mothers Sherry Habon(VA); Mary Kleinfall(CA), Father Rudy Jugoz [Wife: Elizabeth Jugoz (NC)], Brothers - Jeremy Jugoz [Wife: Abigail Jugoz & Daughter Ryleigh Jugoz (VA)], Brandon Egly (NC), Jaremy Troughton (CA), Sisters - Sarah Giltencore (CA); Rebecca Stumpo (NC), Grandma Leilani Jugoz (CO), Aunt - Janet Demmit (CA), Uncle - Dwaine Jugoz (CO), Cousins - Kelly Saber (CA); Anna Scarabino (CA), Ricky Comacho (CA), many other Aunts, Uncles, Cousins, expanded family members and Friends.

The family requests that any gift be sent in the form of a donation to the PanCan Action Network Organization.

A Celebration of his life is planned for September 17, 2020, Venue to be determined.





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A 4th of July like none other

COVID-19 cases lead to cancellation of events, gatherings

By LANCE ARMSTRONG

With an increase in COVID-19-related restrictions, Sacramento area residents experienced a 4th of July unlike any seen in the history of this annual celebration.

Leading into this year's Independence Day weekend, Gov. Gavin Newsom on July 1 announced that counties with mandatory closures should consider canceling fireworks shows.

Newsom noted that many fireworks shows had already been canceled ahead of this recommendation, specifically recognizing the cancellation of the annual 4th of July fireworks show at Cal Expo. However, people celebrated the holiday early at Cal Expo, arriving to purchase typical fair food from an expanded menu on July 3.

Other annual events canceled for this year's Independence Day included the Pocket's Spirit of the Pocket Parade, East Sacramento's 41st Street Parade, and Carmichael's Independence Day parade and pancake breakfast at Carmichael Park.

Regarding the cancellation of the 41st Street Parade, Joe Biehl, a veteran of the parade's committee, in a letter to "neighbors and fellow patriots," mentioned that the committee could not obtain a city permit to close the street for a parade due to the coronavirus situation.

Former Sacramento City Council Member Terry Kastanis, a longtime resident of that neighborhood, said that although no official parade would be held, there would still be some social distancing parading along this East Sacramento parade route on that day.

In the south part of the county, the city of Elk Grove canceled its annual Salute to the Red, White & Blue celebration, with the exception of its fireworks show, which was announced to be held at an undisclosed location. The event, which included music, was televised by the Land Park area's KXTV Channel 10.

The governor mentioned that his 4th of July recommendations were made as an attempt to be proactive in the fight against further spreading of this coronavirus.

"We are trying to build around a framework of being proactive this weekend and get us through 4th of July weekend in a way where we're not seeing a significant increase in spike in cases in a few weeks hence," he said.

Emphasizing his previous words, Newsom also noted during his July 1 speech that a significant increase in coro-

see JULY page 11

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July:

continued from page 10

navirus cases have been traced to family gatherings.

He additionally recognized that a lot of people join such gatherings who are not a part of an immediate household.

"(This is) an understandable impulse, particularly around the 4th of July weekend and everything it represents to our nation," he said. "And clearly that spirit, we appreciate and deeply respect.

"I think patriotism, at least in a COVID-19 environment can be expressed a little bit differently with our independence, again, from COVID-19. That needs to come with conditions and considerations on wearing masks and making sure we're physically distanced."

Newsom expressed his desire that people would not meet with anyone during this holiday who are not members of their immediate household.

He also provided an example of how people abandon their mask wearing in family gatherings.

"We may be wearing those masks at the beginning of that time together, but invariably after a few hours, after a drink or two, after eating some food, masks then are put aside and families begin to mix that hadn't seen each other in some time, and the prospect of increasing transmission presents itself," he said.

An anniversary celebration

While many Independence Day celebrations were canceled for 2020, had restrictions resulting in those cancellations not been issued – or the country and world were not introduced to this coronavirus – there would have been cause for even greater celebration.

This 4th of July marks 150 years since that day became a federal holiday.

The Sacramento Bee reported on March 1, 1870 that a bill in the New York Legislature was introduced regarding public holidays.

It is noted in that paper that the bill "provides that the first of January, the 22nd of February, the 4th of July, the 25th of December, and any day appointed by the president or governor for thanksgiving, shall for all purposes whatever, as regards (to) bank checks, notes, etc., be treated as Sunday, and when any of the days named falls on a Sunday, then the Monday following shall be deemed a public holiday."

Congress later made the 4th of July a federal holiday.

Among the celebratory attractions on that day, in 1870, was a parade, which began at 10 a.m. in the area of 3rd and J streets and concluded at the Turn Verein Hall on K Street, between 9th and 10th streets.

Other early Independence Day celebrations

Sacramento has a long tradition of celebrating Independence Day. Below are details regarding some of those early celebrations.

1878 – In its July 3, 1878 edition, The Sacramento Union includes a preview advertisement for a "grand fireworks" show at midnight the following day.

The advertisement notes: "Corner of Third and J streets, directly after the pyrotechnic display at the Capitol. This exhibition will be managed by Hadfield and Coulman."

1882 – Turner Hall on K Street was again the site of an Independence Day attraction, as a grand ball was held in this structure following that evening's fireworks show. Live music was presented by the Hussars' Band.

1897 – An Independence Day parade began at 6th and M (now Capitol Mall) streets and made its way to 15th and L streets.

In a preview for the day's festivities, The Union noted: "Citizens are earnestly requested to appropriately decorate their residences and business houses throughout the city, and especially along the line of march."

Following the parade, literary exercises were held in the exposition building on 15th Street, between M and N streets.

An evening program was presented in Capitol Park, and included a performance by the 24-piece Second Infantry Band.

The concluding attraction was an illuminated bicycle parade around the park.



Photo by Lance Armstrong

The 41st Street Parade in East Sacramento was officially canceled this year due to the parade committee's inability to obtain a city permit for street closure, because of the coronavirus situation.

1915 – Businesses throughout downtown Sacramento were festively decorated for the 4th of July holiday, which also included a parade and fireworks.

George W. Ficks, chairman of the parade, worked with local organizations and businesses to present many floats in the procession.

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Masked Faces and Places: BLM sign/art making party

Photos by Stephen Crowley

Black Lives Matter Sacramento and Allies of Black Lives Matter Sacramento are gearing up for their next big action. They held a Sign/Art Making Party at Organize Sacramento on Friday, June 26. Organize Sacramento is located at 1714 Broadway, Sacramento.



Trump Flotilla held on Independence Day



Photos by Eddy Salmons

On the Fourth of July, a Trump Boat Parade was held on the Sacramento River. The Trump Flotilla started on the south side of Tower Bridge, headed toward the Virgin Sturgeon before returning back to Tower Bridge.







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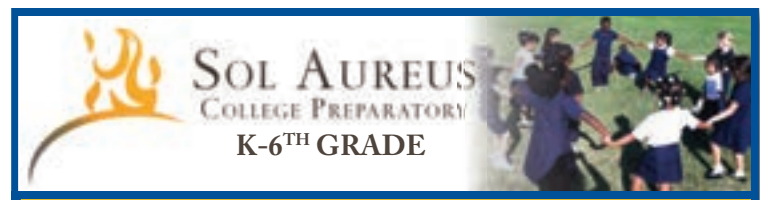

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