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Sacramento County reintroduces indoor mask mandate

Community responds to order



Photos by Lance Armstrong
Meadowview resident Sam Gevara is among the supporters of Sacramento County's reinstated mask mandate.

By LANCE ARMSTRONG

With the July 29 announcement that Sacramento County public health officials reinstated the mandate requiring people to wear face coverings in indoor, public spaces, local residents shared their thoughts on that order.

The reinstated mandate went into effect the following day and pertains to most people, regardless of whether they have been vaccinated against COVID-19. The mandate does not apply to people who are medically exempted from wearing face coverings.

Face masks are also not required for those working alone in a room or exercising.

Indoor public settings, according to the mandate, include restaurants, retail stores, movie theaters, gyms and offices.

The mandate's return occurred nearly two months after being lifted, following the end of California's color-coded tier restrictions for businesses and public buildings.

Dr. Olivia Kasirye, the county's public health officer, stated in her July 29 order that the rise in COVID-19 cases led to the reinstated order.

"Since June 15, 2021, when most restrictions from the state of California's Blueprint for a Safer Economy were lifted, the average daily incident case rate of COVID-19 in Sacramento County has increased 5.5-fold to reach the 'high-transmission' level of the U.S. Centers for Disease Control and Prevention's indicators for levels of community transmission," she wrote.

"The testing positivity rate in Sacramento County has also risen 4.3-fold since June 15. Hospitalizations from COVID-19 in Sacramento County have risen from 60 patients on June 15 to 175 patients on July 27."

Kasiyre additionally stated that the "significantly more transmissible" COVID-19 Delta variant is the predominant strain in the United States, and has accounted for 64.8% of positive specimens collected from county residents and genotyped, since June 15.

see Mask page 7



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Race for the Arts 5K Run/Walk with Kids Fun Runs and Free Arts Festival set for Aug. 28

Grab your running shoes and come out and enjoy the 22nd Race for the Arts 5K Run/Walk & Kids Fun Runs. It's fun for the experienced runners and the casual walkers with entertainment (on the racecourse and on stage), food for sampling, and food for purchase, plus hands-on booths all make it more than a run, it's an experience. Teams of 10 or more receive 20 percent discount. The event includes a free arts festival.

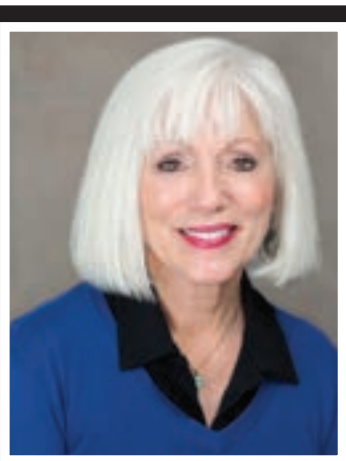
Have a favorite nonprofit arts organization or school program? Collect pledges (due October 1) and designate any California literary, performing, cultural, visual, or culinary arts organization or school and they will receive 100% of pledges designated to them. Pledges are due Oct. 1 but are not a requirement of the race.



TIME: 7 a.m. Registration (or register at http://www.RacefortheArts.com, or mail your registration to Race for the Arts, P.O. Box 799, Folsom, CA 95763)
8:10 a.m. – Kids Fun Runs
8:35 a.m. – 5K Run/Walk
8 a.m. – 1 p.m. Free Arts Festival

WHERE: William Land Park, Sacramento (across from Sacramento Zoo and next to Fairytale Town)

COST: $15 - $35 (cost varies, depending on age and date of entry). A 20% discount for teams of 10 or more. Registration includes an event T-shirt, refreshments, and the free arts festival.
INFORMATION: (916) 966-8893 / www.RacefortheArts.com / sallyrice@RacefortheArts.com



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EAST LAND PARK VILLAGE
This stately home with Spanish flair sits on a large lot in a Tim Lewis development. The property features high ceilings, a tiled turret entry, living room, dining room, office / den, full bath and downstairs wood floors. The family room with fireplace opens to the kitchen featuring a large tiled island, pantry, gas cooktop, built-in oven and dishwasher, ample storage and views of the exceptionally inviting backyard. Upstairs features a sitting room in the upstairs turret, laundry room, two bedrooms and a full bath. There is a desk area at the upstairs landing which leads to the master suite complete with sitting area and large bathroom with dual sinks, large tub, shower and walk-in closet. The backyard comes with covered patios, built-in BBQ island with refrigerator, fruit trees and landscaped gardens. Home is on a street with no outlet and at the end is a small park and playground. This shows like a model home! **6318 Park Village St. $779,000**



GREENHAVEN
This stately home is on a large .22-acre lot just steps away from the Greenhaven greenbelt. It boasts a large tiled entry, a spacious living room and formal dining room with two built in hutches. Kitchen with granite counters, built-in oven, cook top, microwave, dishwasher, two disposals, desk area and tiled floors. Family room has wood floors, fireplace and access to patio. Laundry room with access to back and front yards and garage. Downstairs bedroom / office with bookshelves and built-in desk. Spacious upstairs master bedroom has two closets and built-in dresser, master bath with shower and walk-in closet. Two additional upstairs bedrooms, one with walk-in closet. Many dual pane windows, whole house fan and central vacuum. Two car garage with drive though garage door to a concrete pad in the backyard for boat or other storage. Garage has built-in shelves, storage areas and sink. Large, lush backyard with citrus trees, blooming plants and private patio areas. **852 Senior Way $712,000**



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Sac County Public Health Officer selected as Access Sacramento's "Power of Voice" honoree

By Monica Starktr

(Disclosure: Monica Stark is Secretary to the Board of Directors at Access Sacramento.)

Access Sacramento Community Media named Dr. Olivia Kasirye as the 2021 Power of Voice award recipient. This local communications award honors a single, powerful voice who has brought inspiration to Sacramento County residents. The celebration will be held virtually on Wednesday, Aug. 25 at 5:30 p.m.

A Power of Voice honoree uses their voice in a productive or inspirational way. Powerful voices can inspire empathy and understanding; they can transmit emotion, focus intentions, inspire action, uplift the under-valued, bring about solutions, and are without a doubt an important building block of a strong community.

Access Sacramento Board Chair Robert Smith stated that Dr. Kasirye has been "the voice" of lifesaving information and instruction throughout the Covid pandemic. "Through television, internet, print and public meetings Dr. Kasirye has been at the forefront in providing vital public safety direction for our 1.5 million Sacramento county residents. Our Board unanimously recognizes Olivia Kasirye as this year's most important and prominent communicator. She exemplifies our definition of the Power of Voice," he said.

Almost a decade as the County's Public Health Officer, Kasirye continues to provide medical expertise and oversight on community-wide public health issues impacting county residents, including communicable disease control, maternal and child health issues, chronic diseases, and emergency preparedness and currently oversees the COVID-19 pandemic response in Sacramento County. With a Master's Degree in Epidemiology and Board certified in both preventative medicine and public health, Kasirye brings to her important communication work the power of experience and education as exemplified in her tireless community outreach.

Growing up in Uganda, Kasirye said the inspiration behind becoming a doctor started early. Her parents encouraged reading, and subscribed to Reader's Digest. "We would all read it," she said, remembering having read about the first female surgeon, and, then, as she grew older, she became more interested in the sciences such as biology.

While in rotations at pediatric outpatient clinics she said it was the environment they were in that really impacted her. "We were treating a lot of these children, and then sending them back into an environment that was actually making them sick." Between poor sanitation and the lack of vaccines, the diseases she saw recur were preventative. "Seeing that really brought it to me that the environment is important in that we needed to be able to take care of the environment in order to protect people's health."

Those learning experiences led her to pursue a career in public health and work on measures whereby enacting some control.

When asked about some of her most proud moments as Public Health Officer, Kasirye said that when she first started in her position as Public Health Officer, she was looking at the disparities in birth outcomes and disparities in child deaths and noted the fact that the mortality rate facing African American babies was two times as high as other groups, and arming the communities with information and actually coming up with initiatives that were helping to reduce these disparities.

Recognizing how this pandemic has highlighted, and in many, exacerbated the disparities in communities. When Sacramento County received CARES funding, community testing sites have been very helpful especially in areas where there are disparities, but she and others saw that disparity come up also with vaccinations were when they started off with certain occupations like healthcare, and safety.

"A lot of people in underserved communities were left out, and we're still trying to catch up. Even now when you look at our data, you can see that people of color

see Honoree page 5

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Honoree:

continued from page 4

have lower vaccination rates, and so that's something that we work within public health is trying to identify (them)," Kasirye said.

Time has shown us that there are some Covid-19 stories that will remain with us -- that while people do see the numbers, there are lives behind them. Kasirye recalled when this whole pandemic was first starting when Sacramento County had its first case at UC Davis Medical Center. As we have seen in subsequent cases, those caregivers that had been exposed needed to be put in quarantine.

One of the stories Kasirye recalled surrounded a specific call with a father who had two toddlers at home but fortunately for him, he had parents who live nearby who were able to take him in and put him in a room by himself. "This was the first time that he was spending time away from his children and that every night he would call them. And he would just say goodbye to them over the phone and he could not touch them, he could not have them. There was just the pain in his voice as he was having to do this," Kasirye said.

Despite his pain, Kasirye spoke with him and reassured him that he had everything he needed.

But, then there was the story about a family of four who were all hospitalized because of the coronavirus, including one son with a disability who depended on his father for care. Sadly, the father died from the disease, and the mother ended up in a wheelchair. "And so you're looking at a family like that and thinking, 'Oh my, how are they going to pick up from here? How are they going to continue?'"

Then there was the story Kasirye relayed of an elderly couple, both of whom got hospitalized because of COVID-19. "They ended up in the hospital the wife died. The husband for the first time was going home by himself. And these were stories. The people. The ambulance company that was taking him home -- they called us because they said they were telling us he's going to need some help. He was on oxygen. So the first time for him to be by himself without his wife. So all of that pain…"

But with the vaccine comes hope.

"I think seeing those stories of despair, get out there, comparing it with the hope that we have right now. And I think that's the beauty and the value of the time we're living in right now where we were able to get a vaccine pretty in a relatively short time, and that we're able to give it up now and that is readily available for those are the stories that stay with me," Kasirye said.

When asked about the effectiveness of vaccines, she said to look at what's happening in the long-term care facilities. In previous surges, there would be such huge outbreaks in the facilities, with a lot of cases ending up in the hospital and a lot of deaths were among people who were coming from the long-term care facilities. But now that they are vaccinated 80 to 90% vaccination rates in those facilities, even at this point, there are very few cases. "So it just shows how effective measures like that can be," Kasirye said.

As such, a lot of the work that public health workers, doctors, and scientists do is find ways of stopping these diseases (like Covid-19) that impact communities. "A vaccine is just a small jab into your arm, and it's actually able to protect not just the person who's getting the vaccination," Kasirye added.

Her unwavering commitment to public health and also using her voice to inform the public makes her truly the best candidate for the Access Sacramento Community Media 2021 Power of Voice virtual celebration. Added Smith: "(Kasirye) is brilliant, motivated, capable and communicated so professionally and so unwaveringly that she has (helped) us stay safe during this dire health crisis." The celebration will be held on Wednesday, Aug. 25 at 5:30 p.m., and can be viewed on Channel 19 as well as online at accesssacramento.org. Proceeds will benefit Sacramento Covered a non-profit dedicated to connecting underserved residents with healthcare providers, and public access broadcasting. For those interested in event sponsorship, contact Donna Girot, Executive Director, Access Sacramento at dgirot@AccessSacramento.org or call 916-456-8600, x100.



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On a roll with a "Third Thursday & 24th & K" Street Activation: Midtown Association presents an outdoor roller rink



First launched in 2018, the Midtown Association is proud to present a special "Third Thursday at 24th & K" street activation on August 19, 2021, from 6 to 10 p.m. that is highlighted by an outdoor roller-skating activity. Presented by the Midtown Central restaurant district with support provided by Thomas Roth and Women in Placemaking, the community is invited to attend and experience a dynamic event that takes place in the middle of K street (that will be temporarily closed between 23rd & 24th Streets beginning at 2 p.m.). While the event is free to attend, advance registration is recommended and available via Eventbrite.

For that one evening only, "Third Thursday" guests will have the opportunity to roller skate in a 40' X 60' outdoor rink specially set up – with DJ lights and a disco ball to add to the fun – (in the parking lot next to 23rd & K Street, near Kayak Alley). Roller skating is open to all ages and all roller skates, helmets, knee/elbow will be provided at no charge (guests are asked not to bring their own skates). Interested participants will need to sign up at the information booth at the roller rink to reserve times.

Surrounded by some of Sacramento's best food and drink options and a focus on showcasing creativity and all things that are made in Midtown, guests can also enjoy performances by Sac Dance Lab throughout the evening, arts and crafts, live music, tarot card reading, lounge seating, drink specials, a hydration booth station, adult lawn games, unique photo opportunities, and more. To add to the fun and festive atmosphere, the popular "Disco Tree" at the corner of 24th & K is a great social media check-in and selfie-spot that lights up each night at dusk.

The nearby and participating Midtown Central restaurants, bars and eateries that support this special "Third Thursday at 24th & K" activation includes the following: Azul Mexican Food & Tequila Bar, Cantina Alley, Der Biergarten, The Flamingo House, The Golden Bear, Low-Brau, Mango's, and Tres Hermanas.

In addition to offering numerous public transportation options, Midtown Sacramento is walkable and bike/scooter/car-share friendly with plenty of parking available in nearby garages plus various lots throughout Midtown. For additional transportation information, visit www.easeintomidtown.com. For more information about Midtown Sacramento in general, special events and activities, and the Midtown Association, please visit www.exploremidtown.org or follow on social media – Facebook at www.facebook.com/exploremidtown/ and @ExploreMidtown on Instagram and Twitter.

CRYPTO FUN

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

Determine the code to reveal the answer!

Solve the code to discover words related to water quality.
Each number corresponds to a letter.
(Hint: 12 = **E**)

A. **17 22 1 19 5 26**
Clue: Part of the heart

B. **3 17 1 13 19 17 3**
Clue: Relating to the heart

C. **9 12 6 6 12 8**
Clue: Vein, artery or capillary

D. **6 22 1 12 23 10 22 18**
Clue: Quality of being strong

Answers: A. atrium B. cardiac C. vessel D. strength

Mask:

continued from page 2

As of Aug. 4, the county reportedly had a COVID-19 case rate of 25.6 per 100,000 residents. In contrast, the case rate was reportedly 5.2 cases per 100,000 residents on July 1.

Kasiyre did not provide a date for when the order would be lifted.

Land Park resident Melanie Davis mentioned that she believes in following the county's mask mandate order.

"I'm all for contributing to whatever the solution is, and if that means we all have to wear masks now," she said. "I work in the medical setting, so I've had to wear one from the beginning. So, it's not much of a change for me."

Curtis Park resident Kathy Strawser also believes in following the order.

"I always wear the mask (in public)," she said. "Everyone in my family is vaccinated, so when I'm at home, I don't wear the mask. If I go to Safeway or (in a gas station), paying cash for my gas, then I put the mask on."

Former Land Park resident Lisa Santos, bartender at the XO Lounge, noted that she does not agree with the mandate's requirement for vaccinated people to wear masks indoors in public places.

"I think if you were (vaccinated), I don't think it should apply to you," she said.

"I do think that it's unfortunate that people still have to wear (face coverings). I'm not about government at all, and I think you should do what you want to do."

Stefon Love, who identified himself as a homeless man who lives in the area, believes that it was not necessary to reinstate the mandate.

"On this pandemic and things that are going around with the mask, even though the government says we don't have to wear the mask ever since June, but we have to turn back around and wear them, to me I can understand the panic," he said. "But this is something that if 1,000 people ain't dying in one city to the other to the other, I really think they overregulate.

see Mask page 8



West Sacramento resident Melissa Gomez mentioned that she especially supports the mask mandate, due to her medical issue that prevents her from getting vaccinated.

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Mask:

continued from page 7

"I understand the concern, because I'm concerned about it, but I don't think the government or the city where you live (needs) to go this far."

While sitting inside a Land Park business, Gerry Kushida shared his thoughts on the mask mandate.

"The variant is so powerful, I guess, it really effects everybody," he said. "So, we're going back to square one (with face coverings), I think. So, we've got to be careful. Hospital rates are high. I'm concerned about it. What can we do? Everybody's rebelling against wearing masks, and they don't want to get vaccinated.

"I think it's up to you. If you want to wear your mask, fine. If not, fine."

Little Pocket resident Lein Shanahan said that he is frustrated with the "flip-flopping" of the mandate.

"To me, it's like, we got vaccinated, trying to get back to normal life and you want to flip-flop and say, 'Oh, now that you're vaccinated, you've got to go (back) and wear masks.'"

Steven Quarles, a 1975 graduate of John F. Kennedy High School, mentioned that he questions the recent mask mandate.

"I don't give (an expletive) what the government thinks," he said. "I'll be damned if I'm going to follow anything they say. I've always felt suspect. You know, conspiracy theorist."

Asked about the mandate, Meadowview resident Sam Gevara noted that he has grown frustrated with Gov. Gavin Newsom.

"We should have (continued to wear) masks before the second opening," he said. "Our governor. He don't care. He would rather have us get sick and die. So, I would rather have people inside the stores or buildings have masks on, because you don't know who got sick, who's not.

"Personally, I think (the mandate) is a good idea, but most people, they don't realize that. It's really stupid all these people sitting around not wearing a mask. It's dumb. I believe the real-life science. I don't believe the fake news stuff."

Oak Park resident John Williams told this paper that he supports the reinstated mask mandate.

However, he noted that although he is very concerned about the spreading of COVID-19, he does not attempt to promote his view with others.

"A grown man or woman has to make their (own) choice," he said. "I don't judge. Just don't give (the virus) to me."

Katie, a nurse in the community who did not want to share her last name, supports the reinstated mask mandate.

"I'm all for the mask mandate," Katie said. "Our hospitals are being overflowed again. We don't have the means to keep up with the rate that it's going up, and if masks can help cut that down even a little bit, I think it's an easy concession to make for the betterment of everyone around you."

She also commented on the COVID-19 variant.

"We're already seeing it mutate so far, and we're already seeing it become smarter than us at this point," she said. "So, I think wearing masks can keep us smarter than mutations. If wearing masks cuts down the ability for it to further mutate, so our vaccine might not even work anymore, I think we've got to do our part."

West Sacramento resident Melissa Gomez mentioned that she especially supports the mask mandate, due to her medical issue that prevents her from getting vaccinated.

"I think the mask mandate is a good thing to do, and I think we should be wearing them," she said. "I haven't gotten sick since we had to (wear them)."

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"Gambatte! Legacy of an Enduring Spirit" has returned to the California Museum



Historic photograph of Junzo Jake Ohara, Takeshi Motoyasu and Eddie Tetsuji Kato in their Boy Scout uniforms at Heart Mountain Relocation Center, Cody, Wyo., taken in 1943 by Pat Coffey. Courtesy of National Archives and Records Administration.

The California Museum recently announced an encore presentation of "Gambatte! Legacy of an Enduring Spirit" that opened on Thursday, Aug. 5, and which will continue through 5 p.m. on Sunday, Nov. 7.

First presented in 2015, the traveling exhibition features contemporary images taken by photojournalist Paul Kitagaki, Jr. echoing historic images by U.S. War Relocation Authority (WRA) photographers who documented the mass incarceration of Japanese Americans during WWII.

Updated and expanded for 2021, "Gambatte" returns with 30 new photographs, audio interviews with some of the subjects and a behind-the-scenes video, highlighting the resilience of Japanese Americans who persevered over their mass incarceration during WWII.

Additionally, the first-ever public display of artifacts from Kitagaki's family's incarceration at the Topaz War Relocation Center provides new insights into his personal connections to his work exploring the Japanese concept of "gambatte" (to triumph over adversity).

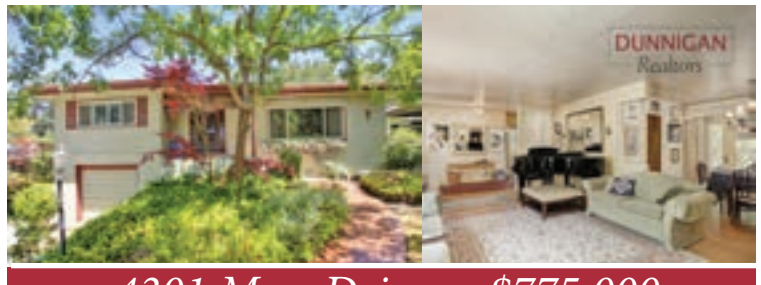
"The California Museum is excited to present this second installation of 'Gambatte,'" said Executive Director Amanda Meeker. "Since its debut in 2015, the exhibition has expanded, with new images and content. We're also thrilled to add personal family artifacts that provide a deeper understanding of Paul's work and serve as a testament to Japanese Americans' resilience when faced with unimaginable hardships."

In February 1942, President Franklin D. Roosevelt signed Executive Order 9066, paving the way for the imprisonment of nearly 120,000 Japanese Americans living on the West Coast. Responsible for the forced removal and incarceration of Japanese Americans during WWII, the WRA employed noted photographers of the era, such as Dorothea Lange (1895-1965) and Ansel Adams (1902-1984), to

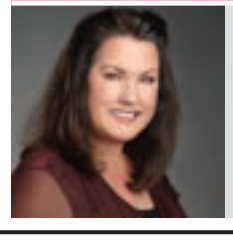
see Gambatte page 11

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Contemporary photograph of Junzo Jake Ohara, Takeshi Motoyasu and Eddie Tetsuji Kato taken in Monterey Park, Calif., in 2013 by Paul Kitagaki, Jr. Courtesy of Paul Kitagaki, Jr.

Gambatte:

continued from page 10

document their treatment. The resulting 17,000-plus images now are held by the National Archives in Washington, D.C.

In the late 1970s, Kitagaki learned Lange photographed his family in 1942 while waiting to board a bus to a detention center. The discovery launched his decades-long mission to identify, find and photograph as many of the anonymous Japanese Americans recorded in WRA images as he could.

"As I examined Lange's work, I realized each photograph contained the untold story of a family like mine," said Kitagaki. "The images inspired me to discover how mass incarceration changed the lives of Japanese Americans and to capture their legacy of perseverance and resilience after unjustly losing their homes, businesses, and sometimes, families."

Since then, Kitagaki has shot more than 60 images of Japanese Americans documented by the WRA and their direct descendants. Taken with cameras similar to those used by photographers of the 1940s, his portraits illuminate a dark chapter of American history while capturing the strength and resilience of generations of Japanese Americans.

For more information on Paul Kitagaki, Jr., go to https://www.kitagakiphoto.com.



Historic photograph of Mits Kojimoto in San Francisco, Calif., waiting for a bus to the Santa Anita Assembly Center, Arcadia, Calif., taken in 1942 by Dorothea Lange. Courtesy of National Archives and Records Administration.



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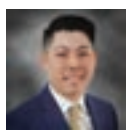


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Upcoming events at Fairytale Town



Sacramento Virtual Play Summit

Saturday, September 11 from 9 AM - 4:30 PM

The 9th annual Sacramento Play Summit will be held online this year. Presented by Fairytale Town and Sacramento Public Library, this conference aims to highlight the importance of play, the many types of play, ways to incorporate play into daily and school life, and more.

This conference is ideal for adults who work with children: preschool and elementary educators, early childhood education specialists, childcare providers, after-school program administrators and practitioners, parks, and recreation professionals, physical education professionals, parents, and grandparents. Registration closes on September 10, 2021. For more information, visit fairytaletown.org or call (916) 808-5233.

Troupers Auditions

Starting in September for the November showing of: The Princess of Camelot!

The Elly-Award winning Fairytale Town Troupers will be holding auditions for actors—and your child can be part of the fun! The program is open to youth ages 5 to 18. No theatrical experience is required. Parents and guardians are welcome to accompany minors. Audition appointments are required and will be scheduled on the hour at 4, 5, and 6 PM. To make an appointment, or for questions about the Troupers, please contact John Lee at mrlee@fairytaletown.org.

For more information, visit fairytaletown.org or call (916) 808-5233.

Tales & Ales

Saturday, October 2 from 5 PM - 9 PM

Join Fairytale Town for their annual Tales & Ales Brewfest Fundraiser! It's a great evening for friends and families to enjoy playtime, music, and local fare. All event proceeds benefit Fairytale Town's park improvements and art and literacy programs. Tickets are limited. VIP tickets for purchase. VIPs enjoy early ad-

see Events page 13

Events:

continued from page 12

mission, specialty brews, exclusive reception and tastings, and a commemorative tasting cup. Purchase tickets in advance to guarantee entry to the event. For more information, visit fairytaletown.org or call (916) 808-5233.

Safe and Super Halloween

Saturday & Sunday, October 16-17 & 23-24 from 5 PM - 9 PM

Enjoy 4 days of Ghostbusters-themed trick-or-treating and family-friendly fun at the 34th annual Safe & Super Halloween! This Halloween extravaganza features treat stations, a costume parade, hands-on activities, and lots of fun. Purchase tickets in advance to guarantee entry to the event. For more information, visit fairytaletown.org or call (916) 808-5233.

Dirty Kid Race

Saturday, October 9, from 8:30 AM - 2 PM

Fitness should be fun! Join us in our 3rd annual Dirty Kid Obstacle Race. Youth ages 4-15 will race in a small endurance course with obstacles, including MUD! Obstacles can vary, but will not have a high degree of difficulty. Youth will run in "waves" of up to 10 persons. This event is a fundraiser for the Adventure Playground. 100% of the funds go towards sponsoring the Adventure Playground. For more information visit sacadventureplay.org or call (916) 222-3831.

Fairytale Town is open daily from 9 a.m. to 4 p.m. from March through October and Thursday through Sunday from 10 a.m. to 4 p.m. from November through February, weather permitting and unless otherwise noted. For more information, visit fairytaletown.org or call (916) 808-5233.



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5317 V STREET $549,000

Charming Elmhurst home featuring 2 bedrooms and 1 bath, living room with fireplace, remodeled kitchen, wood floors and dual pane windows. Outside there's a huge deck and lush yard for summer entertaining and a detached 1-car garage. Located walking distance to Bacon and Butter, UCD Medical Center and light rail,and enjoy all that living in the heart of the city has to offer. This is the ideal investment property or place to call home.



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General Congress of Women in Sacramento curated an art show



Exhibit fulfills a dream of the late, Joan Marie

By Laura Hansen

"Arise then…Women of this day!"

The above quote is the first line of the Mother's Day Proclamation written by Julia Ward Howe. Following the 150th anniversary in 2020 of Julia Ward Howe's Mother's Day Proclamation's call to action to bring about peace in our communities, Joan Marie gathered 12 women to establish the first General Congress of Women here in Sacramento.

This group of community leaders steps forward to present a three-month exhibit at the Crocker Art Museum from August through October 2021 showcasing local artists' expression of social justice, empowerment and self-agency, environmental justice and health and well-being.

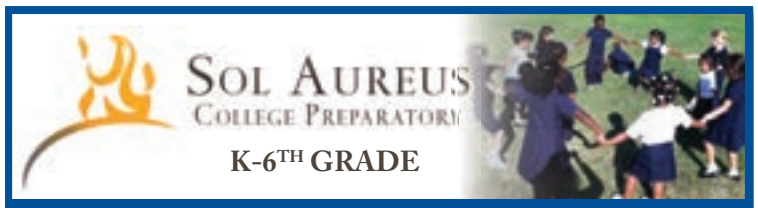
While Joan founded the first General Congress of Women here in Sacramento, she has inspired women from around the world to start their own Congresses.

Joan Marie passed on June 22, 2021. She was beloved by this board and countless other groups, individuals, and organizations around the world. She leaves a legacy of peacebuilding, beloved community, and compassionate activism. Joan's dedication to alleviating the suffering of others' lives on in the Compassionate Living and Dying initiative. Brenda Kress, asked by Joan to champion the work is doing so with a team equally dedicated to this work.

She founded the first General Congress of Women in 2020, comprised of 12 women leaders from across the state. Months before she passed, Joan hand-picked and lead this Congress in

see Art page 17





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Art:

continued from page 14

its first project, the Activism Through the Arts exhibit taking place at the Crocker Art Museum August through October 2021. This group of women leaders will continue on in a collaborative leadership model to execute her vision for this event. Joan left many more legacies. One of which is the Peace Pole Gardens Project. Before she died, Joan was able to meet with the program's first team of Artist Facilitators as they began their training. This program resides within Chill Center, Inc. and will continue to thrive under the Board's leadership and the team's commitment to bringing monuments to peace to the communities of the Capital region.

To house her community healing work, Joan founded Compassion Central in Carmichael, a venue with a mission to host and promote educational and cultural events and training that serve veterans, women, and girls. She was co-founder of Compassionate Capitol Region, an Ambassador for Compassionate Women and Girls, a Conscious Touch Educator and VP of Healing Hands Healing Hearts. Joan founded their Veterans Care Program in honor of her father, Alfred J Goularte. She also worked with A Therapeutic Alternative in their Healing Yourself Naturally Program. She was the Producer and Host of the webinar series V2020 and many other online workshops, as well as being a public speaker and performing artist.

Joan was a gifted and prolific artist, photographer, and graphic designer. Her mastery in energetic bodywork brought relief and transformation to her clients. She will be remembered as a passionate visionary, loving mother, wise counselor, life-long friend, inspiring leader, and dedicated servant to the mission of bringing love into every situation. We miss her now. We will miss her tomorrow and the days ahead. We feel her love and guidance. We know she is doing the same work on the other side, making it easier for the rest of us to carry on.

We love you, Joan.



" LEILA VICTORIN" Sims in Jewel Tones, 2020. Acrylic on Canvas, 30in x 40in

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CruiseFest on Fulton Avenue-Back On The Road







On Saturday, October 2, 2021, from 3 to 7 pm, to the delight of thousands of spectators, hundreds of eye-popping custom and classic cars will be cruising up and down Fulton Avenue, from El Camino to Marconi.

Covid roadblocked the event last year due to Covid, but organizers are back and making plans for a spectacular 10th Anniversary celebration of CruiseFest on Fulton Avenue, Northern California's premier car cruise.

In terms of special featured vehicles, here's a quick sample, with more announcements to follow.

Save Mart's 12-foot tall mega-motorized shopping cart—Powered by a 454 Chevy engine, it can accommodate a handful of passengers and a few bags of groceries.

And new to CruiseFest, answering the Bat Signal …

The 7th replica Batmobile ever built. Owned by Bob Goldsand of Meadow View. These are the Batmobiles that were fully licensed and authorized by DC Comics and Warner Brothers. There are only 14 of the licensed replicas in the world and Bob's is the lucky #7 car.

CruiseFest on Fulton Avenue is a benefit for the California Automobile Museum.

Due to the growth in popularity, the last cruise was a sell-out….CRO. (cruising room only). So early registration is advised.

Cruisers are being asked to register at calautomuseum.org - Museum members - $40 / Non-members - $50 / Day of - $75 Free to the attending spectators. The California Automobile Museum is a 501c3 organization.

2022 Gardening Guide and Calendar "Fruit-Something Old, Something New"

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2022 Gardening Guide and Calendar



The 2022 Gardening Guide and Calendar tells the story of fruits, featuring a variety of luscious examples including citrus, berries, tree fruit and exotic Muskmelon, Acai berries and dragon fruit. But the inspiration doesn't stop there: each month includes a veggie advice column along with science-based tips for planting, irrigation, fertilizing, pruning and pest management for the entire garden.

In addition to the month-by-month "what-to-do" in the garden, a Seasonal Guide with charts for planting and harvesting fruits and vegetables in the Sacramento region is included. Proceeds from sales help support the Sacramento County Master Gardener community projects.

Details for online ordering are at sacmg.ucanr.edu. Calendars will be delivered to your home for $10, including sales tax and postage. For more information, call UC Cooperative Extension, (916) 875-6913 or visit sacmg.ucanr.edu, facebook.com/sacmg.

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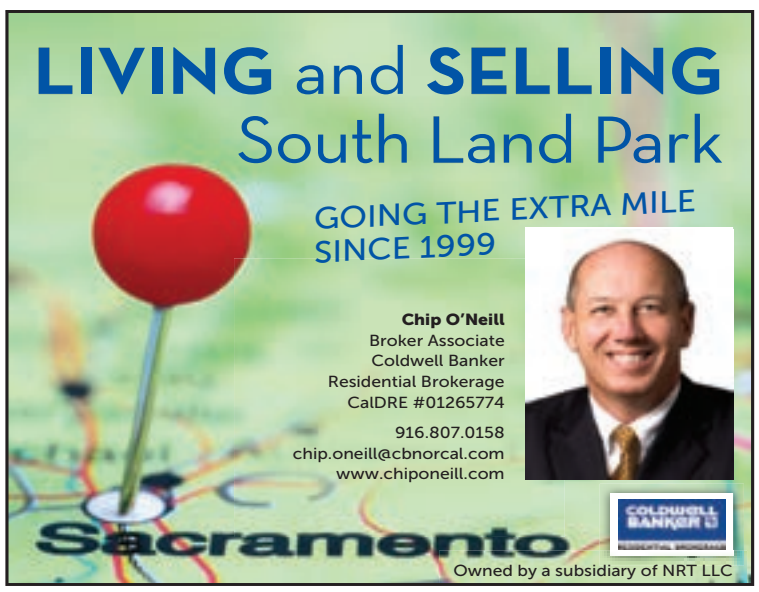
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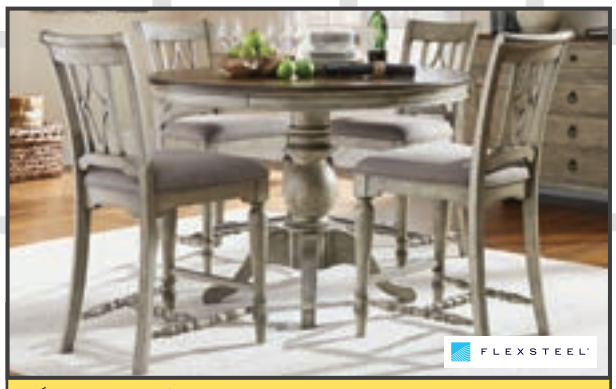
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39"x86" Trestle Table $949 reg $1049
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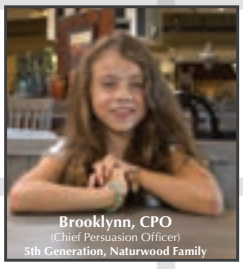


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