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Land Park News

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Former Sacramento Mayor Anne Rudin remembered

see page 2



Sacramento resident Jay Rudin is shown behind a sign for the Anne Rudin Peace Pond, which was named in his mother's honor. In his hands are framed recognition certificates honoring his mother's lifetime of service.

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Family, friends celebrate life of former Sacramento Mayor Anne Rudin

By Lance Armstrong

A large crowd, on May 6, gathered in William Land Park to pay tribute to former Sacramento Mayor Anne Rudin.

Rudin, a Philadelphia native who was a resident of South Land Park for more than six decades, died from complications of pneumonia at the age of 97 on Nov. 25, 2021. Her celebration of life had been delayed by the COVID-19 pandemic.

Rudin was only the third woman to serve on the Sacramento City Council, beginning her 21 years of service in that role in 1971.

A mother of four children, Rudin met her husband, Dr. Edward Rudin, while attending Temple University as a medical student. Edward, who later spent 45 years working as a child psychiatrist in Sacramento, died at the age of 80 in 2003. The couple moved to California in 1948, settled in Sacramento a decade later, and had several grandchildren and great-grandchildren.

Rudin, whose father was an immigrant from Sicily and whose mother also had Sicilian roots, would also spend time working in the medical field, as a registered nurse.

In an interview with this paper in 2018, Rudin noted that she had no interest in holding a political position.



Photos by Lance Armstrong

The celebration of the life of former Sacramento Mayor Anne Rudin was held near William Land Park's Anne Rudin Peace Pond, which was named in her honor in 2018. Rudin moved to South Land Park in 1958 and served on the Sacramento City Council for 21 years.

"I had no interest in politics," she said. "I was a nurse. I never expected to get into the political field. I was persuaded (by the Citizens for Better Government) to run for the City Council. It took me six weeks to make the decision."

Prior to her service on the City Council, Rudin joined the League of Women Voters in 1957, served as president of its Sacramento Chapter from 1961 to 1963, and president of the California League of Women Voters from 1969 to 1971.

Rudin, who was elected as the District 4 representative in Sacramento's first district-based City Council election on Nov. 2, 1971, established herself as a community activist, preservationist and women's rights advocate.

Rudin served as the city's mayor from 1983 to 1992.

Her first election as mayor was historic, as it marked the first time that a woman was elected as the city's mayor by the people of Sacramento.

In her 2018 interview with this paper, Rudin referred to

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Lance Armstrong



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Rudin:

Continued from page 2

becoming the city's mayor as "the highlight of my life."

In addition to her service on the council and with the League of Women Voters, Rudin was involved with the American Association of University Women, the KVIE Women's Committee and the Natomas Basin Conservancy.

As mayor, she also promoted bilateral relations between the United States and Japan, and helped lay the foundation for Matsuyama to become Sacramento's first sister city in 1981.

While gathered beneath an overcast sky near the Mayor Anne Rudin Peace Pond, which was named in her honor in 2018, various speakers stood at a podium and shared their memories about this legendary figure in the city's history.

The speakers addressed a wide range of topics about the former mayor, from her political and family life to her personality and her dedication to making her own clothes. One of those outfits was on display at the event, along with photographs, newspaper articles and other mementos from her life.



Left to right, former Sacramento Mayor Phil Isenberg, Sacramento Mayor Darrell Steinberg and former Sacramento Mayor Heather Fargo were among the event's attendees.

Sacramento Mayor Darrell Steinberg praised Rudin for her approach to politics.

"Here was an unpretentious, public official who was both kind and tough as steel at the same time," he said. "And here was someone who had such conviction that she was unafraid to take on things that political consultants, and even many people in the electorate, would say, 'Why are you working on that (issue)?'"

Steinberg added that Rudin was also a woman who was way ahead of her time on LGBTQ issues, and one who fought for the arts in this capital city.

In recognition of Rudin, U.S. Rep. Doris Matsui, D-Sacramento, presented a Congressional Record statement that will be forever housed in the Library of Congress.

"We won't forget (Rudin) here, but I want to make sure that the United States of America does not forget," she said.

Matsui additionally presented the Rudin family with an American flag that had been flown over the U.S. Capitol in Rudin's honor.

"Anne Rudin was a patriot at the highest level, and it's an honor that the United States confers on her," she said.

Heather Fargo, who was the only other citywide elected female mayor in Sacramento history, mentioned that Rudin's



Barbara Rudin, daughter of former Sacramento Mayor Anne Rudin, shows off one of her mother's mayoral campaign buttons.



Fusako Mizushima, vice president of the Matsuyama-Sacramento Sister City Corp., speaks at the celebration of life gathering for former Sacramento Mayor Anne Rudin.

legacy also included leading efforts to establish the Sacramento River Parkway.

"I know that the community kind of thought they were done when they did the American River Parkway, but we do have this other river that a lot of us live near and would like to have access to, and she was an ardent supportive of that for a very long time, which is helping," she said.

Fargo told this publication that Rudin was a leader who led with courage and integrity.

"She was a mentor really to the whole city in how to get along, how to resolve issues and how to build a good community," she said.

Another former Sacramento mayor, Phil Isenberg, who served on the council with Rudin from 1971 to 1982, shared his own impression of Rudin's approach as a political leader.

"The Anne Rudin I knew was kind of like the master nurse in a hospital who goes around pretending to be sweet and wonderful, but is like a prison guard with soft gloves," he said.

Isenberg called Rudin's support of the federal government's decision to gradually close all military bases in Sacramento as the "toughest thing she ever did."

"As mayor in 1984, I think it was, she refused to appeal that decision through the federal process," he said. "The peace (pond) is real and meaningful. Ed and Anne were part of that all their

See Rudin on page 8



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East Portal Bocce Club announces upcoming Little Italy Bocce Tournament

By Christy Swider
Special to Valley Community Newspapers

On June 11 and 12, Little Italy of Sacramento will host 20 bocce teams and 80 players for a two-day event. East Portal Bocce Club and east Sacramento will be the treasured host. The two-day event will run 9:00 a.m. to 6:00 p.m. totaling 32 games on Saturday and 30 games on Sunday to determine the finals.

This tournament is drawing teams from all over California. The current list of teams include Martinez, San Rafael, Stockton, Salinas, Pittsburg, Antioch, Auburn, Fresno, Chico, Huntington Beach, Penn Valley and Sacramento.

Michael Mathis, the director is enthusiastic about bringing this level of bocce play to Little Italy, Sacramento. Rodeo Way is a busy neighborhood street and it brings an abundance of foot traffic to the park which is ideal to promote bocce in the community and showcase the tournament. The tournament is open to the public and the park provides bleachers for spectators. All are invited to come and watch.



My own grandfather, Christopher Cuilla and his brother, Sam Cuilla immigrants, played bocce at East Portal back when the courts were dirt. I will be sponsoring a family banner to recognize their memory and interest in bocce. Under the direction of the Sacramento City Parks and Recreation and the East Portal Bocce Club, the courts and team participation have flourished which is only fitting for Little Italy, Sacramento.



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Del Rio Trail moves closer to construction phase with tree plan approval

The City of Sacramento continues to make progress toward construction of the Del Rio Trail with recent City Council approval of the tree removal and replacement plan.

The 4.8-mile Class I multi-use path will allow south Sacramento residents, cyclists, pedestrians, runners and dog walkers to travel for miles to access William Land Park, the Sacramento Zoo, schools, stores, restaurants, retail centers, jobs and community parks.

"This is a community-driven and community-supported project that has involved stakeholders since its initiation," Adam Randolph, project manager and senior engineer with the Department of Public Works said. "This project, among others, is part of our goal to provide more opportunities for Sacramentans to be active and healthy while also protecting our environment."

The trail is part of the City's Bikeway Master Plan to support more active transportation modes. Once completed, it will provide a climate-friendly travel option for people to bike to work rather than drive on freeways and boulevards.

The City Council approved the project's environmental document in 2019, and staff have worked to tackle engineering details, settle encroachment issues and finalize tree replacement plans and activities, while keeping the community informed of progress.

The project was also recently awarded $5 million from Clean California grants for public art installations and other improvements.

There are more than 1,800 trees in the trail corridor of which staff identified 384 for removal. The City will plant 810 trees throughout the corridor



to replace the 384 that are being removed -- more than a 2:1 replacement ratio.

"Multiple design features were included to save existing trees to the greatest extent feasible," Randolph said. "This includes adjusting the trail alignment, the trail width, and/or embankment slopes, and reducing the parking lot footprint. Retaining curbs and retaining walls were added to save existing trees."

As a result of redesign efforts, 183 fewer trees will be removed than identified in the original trail alignment in the 2019 Final Environmental Impact Report.

Staff worked with the Sacramento Tree Foundation to select the new trees. In general, all the trees are native or climate-adapted and, once established, can survive without supplemental water.

The City will work with the Tree Foundation to plant and maintain the new trees for two years. The Tree Foundation will irrigate them to ensure the new trees are properly established and thrive. After, the entire parkway will be maintained by the City's Department of Youth, Parks and Community Enrichment.

Once construction starts, staff will continue to look for any feasible alternatives for trees identified for removal that can be accommodated. Construction is expected to begin fall 2022.

For project history, FAQs and more information, visit cityofsacramento.org/DelRioTrail.

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Obon Odori Festival returns in person to celebrate those who passed



By Randall Ishida

Funerals and memorials are solemn occasions. Sometimes it is a time to let go. We have to remember how the person lived and not how they passed.

A gathering such as this can be a time to reconnect and rejoice in the memories that are cherished still in our hearts. It is a time to reminisce with those that we haven't seen in a long time. The person who passed brought us closer and comradeship to those that gathered at the ceremony.

If we follow the many traditional activities one has bestowed upon us then their legacy will live a lifetime.

Obon ("oh bone") is a Buddhist holiday that is another time to get together and renew our friendship. Obon is also known as Bon Festival, an event that takes place over the course of several days commemorating and honoring ancestors. Celebrated in mid-July and into the summer months, Obon centers around a belief that the spirits, souls of loved ones, and dead ancestors come back to visit. It is when multi-colored lanterns light the entrance archway to guide the spirits and join in dance (Obon Odori) filled with joyous merriment.

Just like the Day of the Dead (Día de los Muertos)is a holiday traditionally celebrated on November 1 and 2, It largely originated in Mexico, where it is mostly observed, but also in other places, especially by people of Mexican heritage. It is associated with the observances of All Hallow's Eve, All Saints' Day and All Souls' Day, it has a much less solemn tone and is portrayed as a holiday of joyful celebration rather than mourning. The multi-day holiday involves family and friends gathering to pay respects and to remember friends and family members who have died.

Because of the reopening of this pandemic we need to reconnect with people we haven't seen or heard from before we learn of their passing and not after. Friendships last forever, so enjoy one's company day to day every day in person and remember the memories always in your hearts.

The Buddhist Church of Sacramento will hold its Bon Odori Festival on June 9 from 8 to 9:15 p.m. and will include with in-person dancing, which will be streamed live on Facebook and YouTube. Dancing will begin at 8 p.m. and run continuously till 9:15 p.m. Food concessions will be offered in the courtyard beginning at 5:30 p.m.

Then, on Sunday, July 10 at 9:30 a.m. a combined Obon/ Hatsubon Service will be held in the main Hondo and will be livestreamed on YouTube and on Facebook. The Hatsubon is the first Obon Service after a loved one has passed.

The Buddhist Church of Sacramento is located at 2401 Riverside Blvd. For more information, call 916-446-0121.

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Community Briefs

Crawford's May Vendor Pop-up. Crawford's has a super awesome lineup of local artists for May- it's a packed house! Saturday, May 28 from 10 a.m. to 1 p.m. 5301 Freeport Blvd, Sacramento

www.CrawfordBooks.net, (916) 731-8001.

Fairytale Town Troupers Present: Fairytale Town's Got Talent 3

Saturday, May 28 - 29

Showtimes: 11:30 AM & 12:30 PM

Weather Permitting

See talented young performers from the Sacramento area perform LIVE on our Mother Goose Stage in this fast and funny entertainment experiment. Enjoy singing, dancing, comedy, and more! There will be 2 performances per day. Showtimes are 11:30 AM & 12:30 PM on May 28, & 29. For more information, visit fairytaletown.org or call (916) 808-5474.

Library Updates

ADULT 101: LIFE SKILLS FOR TEENS & YOUNG ADULTS WORKSHOP SERIES

Sacramento Public Library is offering a 6-week workshop series focusing on core skills that support the transition from youth to adulthood. Participants will learn skills related to sustainable employment and the overall development of a person as they enter a new season of life. We will be discussing 6 different topics over the 6-week period, with one virtual and one in person session each week available for teens and young adults ages 16-24.

Week 1: Healthy Living with the Health Education Council

Learn about food advertising and how it impacts choices and shopping on a budget. Receive a hands-on food demo to make a quick, cheap and good tasting healthy meals and get a bonus 30-minute basic yoga tutorial.

Each participant will receive an insulated grocery shopping bag and a yoga mat.

Tuesday, June 14, from 3-5 p.m. Register here(Opens in a new window).

Location: Zoom

Thursday, June 16, from 3-5 p.m. Register here(Opens in a new window).

Location: Arcade Library(Opens in a new window)

Week 2: Money Savvy with SAFE Credit Union

Understand the basics of budgeting, opening and maintaining a checking account, as well as overall financial health and the impacts that debt can have long term.

Each participant will receive an envelope budgeting system.

Tuesday, June 21, from 3-4:30 p.m. Register here(Opens in a new window).

Location: Zoom

Thursday, June 23, from 3-4:30 p.m. Register

Continued on page 9

Puzzle Solutions

R	O	A	R				S	R	I			T	A	B
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Sacramento Gay Men's Chorus Announces 37th Season Spring Concert: SGMC To the Max!

The Best Hits of the 80s

The Sacramento Gay Men's Chorus invites everyone to help us re-live one of our favorite decades: the 1980s! We're dusting off our shoulder pads, bold colors, and big hair for this bodacious show. SGMC To the Max! features rad 1980s tunes sure to make you tap your toes and sing along. We'll sing power ballads and pop hits and throw in some humor and surprises along the way! If you love the 80s, you'll be totally amped about this awesome show!

The evening show dates are Friday and Saturday, June 17 and 18, 2022. Doors open at 6:00 pm, and the curtain goes up at 7:00 pm. A matinee show is offered on Saturday, June 18, 2022, with doors opening at 2:00 pm and curtain up at 3:00 pm.

General admission tickets are $30 each, and students with a valid Student ID can purchase tickets for just $15. VIP tickets, which include premium concert seats, are $45. Tickets are on sale now at SacGayMensChorus.org and the Sofia box office. All audience members over five years of age will be required to show proof of COVID-19 vaccination to keep our singers and audience safe. Ticket holders can find full details on Sofia COVID-19 Health and Safety Protocols at bstreettheatre.org.



The venue for all shows is The Sofia at 2700 Capitol Avenue in Sacramento, California.

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Jay Rudin accepts a Congressional Record statement from U.S. Rep. Doris Matsui, D-Sacramento, at the March 6 event.

Rudin:

Continued from page 3

lives, and it takes courage to do the little things. It takes a lot of courage to do big things."

Jeff Raimundo, who spent 24 years working for The Sacramento Bee, recalled the respect that The Bee had for Rudin.

"Reporters recall that Anne (while serving as mayor) would sometimes make a statement and then, after reading her own words in print, call to say that wasn't what she really meant to say," he said. "And in a rarity for The Bee, they sometimes would print a clarification, illustrating their respect for Anne."

Raimundo also praised Rudin for her ethics in politics.

"She was a person of high principles, something sorely lacking in too many of our elected officials nowadays," he said. "She treated everyone with respect, whether she liked their politics or not."

He added that Rudin was one of Sacramento "most unwavering feminists," and that when she first ran for City Council, she refused to run as a "housewife." She instead ran without a ballot designation.

Cecily Knepprath mentioned that Rudin "wove in and out" of her life for 55 years, beginning in her elementary school days in the 1960s.

"I remember meeting Anne, who most likely drove up to our house for a league meeting or a campaign mailing party, in her well-traveled, faded blue Plymouth Valiant," she said. "I'm certain some of you from the old days remember Anne's trusty vehicle.

"And after our introduction, when I was greeted with Anne's warm smile, it struck me that she was the first woman president I'd heard of. At that time, I was only aware of men being presidents of almost anything and everything."

Later in her life, Knepprath joined Rudin in San Francisco to testify at the President's Commission on HIV and AIDS in the early 2000s. She also joined Rudin at Disneyland for a celebration of Mickey Mouse's 60th birthday in 1988.

Knepprath mentioned that she spent three years by Rudin's side, "celebrating the success of light rail, sharing in the disappointment of the building of the sports arena (the original ARCO Arena in North Natomas), and witnessing positive movement with women's rights and no smoking ordinances."

Original Sacramento Kings owner Gregg Lukenbill recalled Rudin's opposition to the development of Natomas, and thus the construction of the original ARCO Arena in that area.

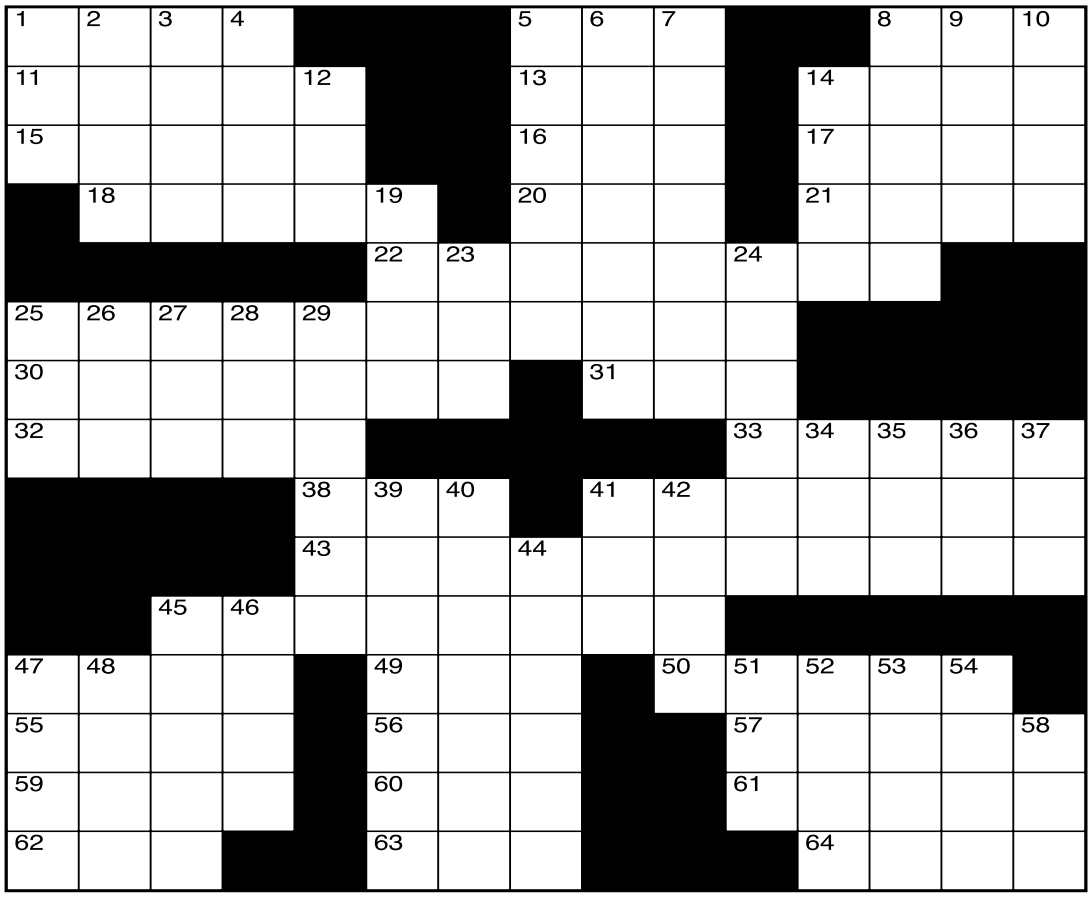
As a result of that opposition, Rudin was harshly booed at the arena in 1986, on the evening she accepted the Mayor's Cup, an annual award representing the season series winner between the Kings and the Golden State Warriors.

Lukenbill noted that Rudin's willingness to enter the building that evening, knowing she would not be received well, represented the type of courage she demonstrated as a leader.

He also praised Rudin for her "love and passion for Sacramento" and her many achievements in this capital city.

"Anne's life was full of high achievements," he said. "Anne's life in Sacramento is a history of groundbreaking achievements."

CROSSWORD



CLUES ACROSS

1. Scream loudly
5. Antidepressant (abbr.)
8. The bill in a restaurant
11. Oblong pulpits
13. Adult female chicken
14. Abnormal breathing
15. Financial obligations
16. Belonging to a thing
17. Winged
18. Peoples
20. College hoops tournament
21. An informal body of friends
22. Region of the world
25. In an early way
30. Connected by kinship
31. Type of tree
32. Official order
33. Foundation for an idea
38. Small, faint constellation
41. Book lovers
43. Vegetable
45. Cabbage variety
47. A way to heal
49. Illuminated
50. Dish that features a stick
55. Insurance-related costs (abbr.)
56. Solid water
57. Soldier's gear
59. "Uncle Buck" actress Hoffmann
60. Former measure of length
61. Arabic name meaning "spring"
62. Doctors' group
63. Actress Susan
64. Appropriate

CLUES DOWN

1. Cool!
2. Hebrew unit of measure
3. Swedish rock group
4. College army
5. Black eye
6. One who stopped working
7. Teach a value
8. Rhythmic patterns
9. "MASH" actor Alda
10. "Friday Night Lights" director
12. Midway between south and southeast
14. Indian musical pattern
19. Fulfill a desire
23. Water soaked soil
24. Brass instrument
25. Before
26. Popular color
27. Peyton's little brother
28. Partner to cheese
29. Put onto
34. "Much __ about nothing"
35. A way to mend
36. Anger
37. Soviet Socialist Republic
39. Mobilized
40. Resembles an earlobe
41. Cut of meat
42. Nigerian people
44. Recently
45. Square stone building at Mecca
46. Adhere to orders
47. Adventure story
48. Marine bivalve mollusk
51. Retrospective analysis (abbr.)
52. Actor Pitt
53. Tibetan village
54. A way to change by heating
58. A beam of sunshine

Community Briefs

Continued from page 6

here(Opens in a new window).
Location: South Natomas Library(Opens in a new window)

Week 3: Job Readiness with SETA/Sacramento Works for Youth
Go over the process of seeking and securing employment by marketing yourself to potential employers and begin familiarizing yourself with your skills, your personality, and your accomplishments. Digital literacy skills for job searching, resume writing, and interview preparation will also be included.
Each participant will receive a resume padfolio.
Tuesday, June 28, from 3-4:30 p.m. Register here(Opens in a new window).
Location: Zoom
Thursday, June 30, from 3-4:30 p.m. Register here(Opens in a new window).
Location: Colonial Heights Library(Opens in a new window)

Week 4: Effective Communication in a Digital World with Hacker Lab & Data Privacy with Data Detox x Youth presented by the Sacramento Public Library
Examine common digital communication methods, how to stand out, when to use each, how to be effective, and the common pitfalls of different platforms in part one of this session. Then learn about data privacy and how to navigate online platforms while keeping your information secure in part two.
Tuesday, July 5, from 3-5 p.m. Register here(Opens in a new window).
Location: Zoom
Thursday, July 7, from 3-5 p.m. Register here(Opens in a new window).
Location: Sylvan Oaks Library(Opens in a new window)

Week 5: Mental Health & Stress Management with Sacramento Youth Mental Health & NAMI Sacramento
Destigmatize mental health issues and learn about what resources are out there for you. You will be provided with hands on mindfulness and stress reduction tools and techniques.
Each participant will receive a stress reduction fidget keychain.
Tuesday, July 12, from 3-5 p.m. Register here(Opens in a new window).
Location: Zoom
Thursday, July 14, from 3-5 p.m. Register here(Opens in a new window).
Location: Belle Cooledge Library(Opens in a new window)

Week 6: Personal Organization & Time Management with Pam Posz, Professor Librarian at Sacramento City College
Become proficient in ways to keep yourself organized and on track while keeping stress levels low. You'll also learn how to organize your tools for job hunting and how to start a LinkedIn profile.
Each participant will receive a dot journal planner to be used in the session.
Tuesday, July 19, from 3-5 p.m. Register here(Opens in a new window).
Location: Zoom
Thursday, July 21, from 3-5 p.m. Register here(Opens in a new window).
Location: Valley Hi-North Laguna Library(Opens in a new window)

Participants will receive a digital badge from Badgr(Opens in a new window) upon completion of each session as well as digital certificates. The project was supported in whole or in part by the U.S. Institute of Museum and Library Services under provisions of the Library Services and Technology Act, administered in California by the State Librarian.

Virtual Children's Programming
Enjoy virtual storytimes featuring popular childrens' books and activities to grow your child's vocabulary. Follow us on Facebook(Opens in a new window) and catch our live storytimes(Opens in a new window) every Tuesday and Thursday at 10:30 a.m. www.saclibrary.org/Event/Special-Events/Virtual-Programs

Play and Rhyme
Join librarians on Facebook every Thursday at 10:30 a.m., starting July 8, for Virtual Play and Rhyme! This program unites playful elements of storytime with play activities and prompts that encourage families to move, bond, learn, and play. Join us for this wonderful opportunity to bring developmentally appropriate early learning ideas home. https://www.saclibrary.org/Event/Special-Events/Virtual-Programs

Dial-A-Story
Call to hear children's stories read in English and Spanish. Stories are available 24/7 and change every few days. Call (916) 441-1234 or (866) 241-7490. https://www.saclibrary.org/Event/Special-Events/Virtual-Programs

Dial-A-Tale
Every three days, we upload a new reading in which a passage from essays, short stories, excerpts and poetry are read by library staff. Call (916) 575-4590. https://www.saclibrary.org/Event/Special-Events/Virtual-Programs

Virtual Adult Programming
Schedule graphic of virtual adult book club scheduleAdult Book Club
The Adult Book Group invites you the first Saturday of each month at 11 a.m. Travel to a different time and place through the pages of a good book. We will meet on Zoom. https://www.saclibrary.org/Event/Special-Events/Virtual-Programs

Between the Covers: A Romance Book Club
Join us on Zoom to discuss a delightfully diverse collection of romance novels on the second Saturday of the month at 1 p.m. We'll also be discussing what romance novels are making you happy while staying safe at home. https://www.saclibrary.org/Event/Special-Events/Virtual-Programs

Forever Young Book Club
Join the official Sacramento chapter of the FYABC, where we celebrate reading teen books as adults. This virtual book club meets on the last Saturday of each month at 11 a.m. https://www.saclibrary.org/Event/Special-Events/Virtual-Programs

Grownups Unite! Book Club
Looking to join a *new* book club that reads comics and graphic novels for adults? Join us on Zoom the third Wednesday each month at 6 p.m. https://www.saclibrary.org/Event/Special-Events/Virtual-Programs

Library AF Book Club
Enjoy monthly book club discussions for young adult readers (and those young at heart), including lively pop-culture banter and enjoyable, non-traditional topics. This virtual book club will meet on Zoom on the second Saturday of each month at 11 a.m. https://www.saclibrary.org/Event/Special-Events/Virtual-Programs



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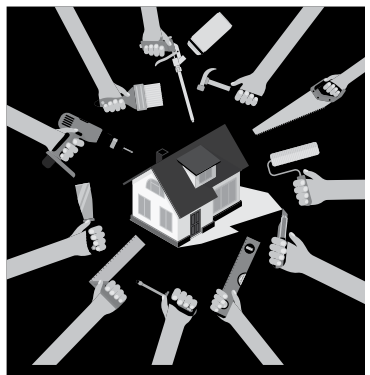
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