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LAND PARK NEWS

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Capital City Motorcycle Club celebrates 110th anniversary

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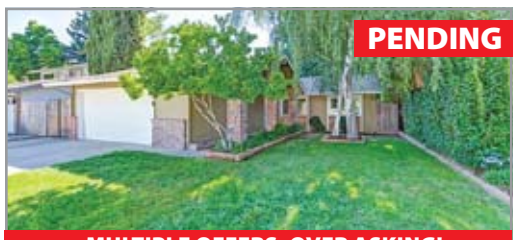
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MASTERS CLUB

Land Park resident joins local United Way board

Amy Krause of Land Park has joined the board of directors for United Way California Capital Region. She will help lead the 100-year-old nonprofit that is working to end poverty for local families, starting in school.

Krause has served as vice president and associate general counsel for the Centene Corporation and Health Net since 2015.

Prior to joining Health Net, she was director and patient advocate for the California Health and Human Services Agency's Office of the Patient Advocate.

Krause has also worked for the state's Department of Managed Health Care and WellPoint Health Networks in Thousand Oaks.

She holds a juris doctor degree from Loyola Law School in Los Angeles, and a bachelor's degree in political science from the University of California, Irvine.

Dr. Dawnté Early, president and CEO of United Way California Capital Region, expressed pride in Krause and the other new board members.

"We are proud to have this fantastic slate of community leaders join our board of directors in our 100th anniversary year," she said. "They will contribute critical resources as we begin a new century working together to end poverty for families across the region."



Photo courtesy of United Way California Capital Region

Land Park resident Amy Krause recently joined the board of directors for United Way California Capital Region.

'Please adopt me'

Wiggles the dog seeks new home

"Hi, my name is Wiggles. I am a 4-year-old, spayed female, tan-colored, pit bull mix. I love human attention and I would love someone who can give me all theirs.

I am very friendly and I get very wiggly when I meet new people. I get along with kids, but I still would appreciate a slow introduction. I will need help learning that being alone at home while you run your errands is OK.

I know a few tricks, such as sit, stay, touch, and look. I will sit and lay down for treats, and I love a game of fetch. I will get a case of the "zoomies" from time to time. I walk well on a leash, and I am not reactive when I'm on a leash. I am an all-around fun and loving pup.

To meet me, make sure I'm still available at www.FrontStreetShelter.org, then ask for me at the shelter from noon to 5 p.m. seven days a week. My animal identification number is A587031."

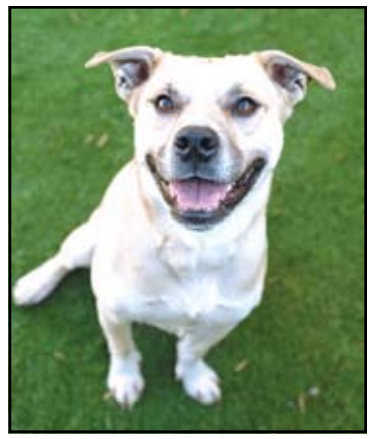


Photo courtesy of Front Street Animal Shelter

Wiggles is a female, tan-colored pit bull mix. Her animal identification number is A587031.



LAND PARK NEWS
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The Land Park News is published on the second and fourth Thursdays of the month in the area bounded by Broadway to the north, Interstate 5 on the west, Florin Road on the south and Freeport Boulevard/21st Street on the east.

Publisher ..... Bonnie Rodriguez
Editor ..... Lance Armstrong
Advertising Executives ..... Linda Pohl, Melissa Andrews

Vol. 32 • No. 15

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Cover by:
Joe Perfecto

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Capital City Motorcycle Club celebrates 110th anniversary

By Joe Perfecto

The Capital City Motorcycle Club, of Sacramento, is currently celebrating its 110th anniversary.

Just around the corner from the Broadway Target and across 13th Street from the Asian Food Center parking lot, is this organization's clubhouse – an unassuming little, World War II-era bungalow, clad in horizontal, off-white flush siding, with the entryway overhang bearing the club's name, hand-painted in orange.

On a given Friday evening, a passersby will likely see the little building surrounded by two-wheeled machines of various makes, and perhaps some of the leather-adorned owners of those machines milling about.

While the uninitiated might take this to be the hangout of Sacramento's version of the Sons of Anarchy outlaw motorcycle club, nothing could be further from the truth, for the Capital City Motorcycle Club (CCMC), is anything but menacing.

Indeed, since its inception, the club has advocated for better traffic conditions and safe riding, and engaged in numerous community projects. The group's bylaws even list among the club's objectives the fostering of "improved fellowship and harmonious social benevolence among motorcyclists and between motorcyclists and the general public."



Photos by Joe Perfecto

The CCMC's historic clubhouse on 13th Street was abuzz with activity on the morning of this year's annual Rolling on the River ride.

In keeping with that mission, CCMC condemns the sorts of reckless riding that are seen daily on the public thoroughfares and are even glorified in numerous YouTube videos – and not just because it causes motorists to be wary of anybody on two wheels.

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While joined by members of the Capital City Motorcycle Club at Sacramento City Hall on May 30, Sacramento City Council Member Katie Valenzuela holds a certificate of recognition honoring the club's 110th anniversary.

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Original owners of this East Sac Mid-Century home. Features include a front porch, formal entry, spacious living room with fireplace and picture window. Party sized kitchen with eating area, hutch and built-ins with tiled counters, built-in electric oven, gas cooktop, freestanding refrigerator and dishwasher. Three bedrooms, 1.5 baths. Hardwood floors in living room, hallway and bedrooms. Inside laundry room with sink, folding area, and many cabinets. Bedrooms are all good sized with large closets and upper cabinets. Hallway has lots of closet space and cabinets. The gathering room is carpeted and accesses backyard patio. Detached garage w/ workbench. Separate storage room for pantry goods and canning. Covered patio, vegetable gardens, older style built-in BBQ and small storage shed. 232 41st Street



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Motorcycle

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Anyone wanting to remain a member in good standing must adhere to a long list of rules regarding rider comportment, and the club does not associate with non-members who engage in dangerous behavior such as racing in traffic.

"We are aware of such things, and we do not condone it at all," club president Richard "Toad" Sherman said in regard to illegal street racing. "We are opposed to stunts on motorcycles in public areas, and we would not ride with a group that engages in (such acts)."

He added that the club emphasizes safety gear.

"When we see guys in sandals and T-shirts and cutoffs on motorcycles, we just shake our heads like, 'You are out of your mind,'" he said.

CCMC is the fourth oldest motorcycle club in the state after San Francisco, Oakland and Pasadena, and the fifth oldest in the nation. The world's oldest motorcycle club is the Yonkers Motorcycle Club, of New York, which was founded in 1903.

The group was initially founded as the Sacramento Motorcycle Club (SMC) in 1911, at which point both recreational and competitive motorcycling enjoyed much popularity here among participants and spectators alike.

Popular though it was, compared to another equally popular spinning-wheel sport, motorcycling was a relative newcomer to Sacramento, which had long been dominated by bicycle racing.

Cycling events were a major and prominent feature of the local papers' sports pages since the late 18th century, and at the heart of the local scene was the Capital City Wheelmen organization. Founded in 1886, this bicycle club regularly held competitions at the Agricultural Park track at 20th and G streets.

To keep up with the times and ensure their races maintained their relevance in the face of increased competition from motorcycling, the Wheelmen expanded their events to include those "fire-belching beasts." But the arrival of the Sacramento Motorcycle Club and its own well-publicized racing program represented a whole new level of competition; the Wheelmen no longer dominated the city's print media, and something had to be done.

Deciding to explore opening their charter to motorcyclists, the club approached the SMC; the two groups agreed to work as one entity on a trial basis. The experiment proved successful and, in 1913, the merged groups began operation under the present name.

CCMC meetings were conducted at the former Wheelmen clubhouse – which occupied an entire floor of a bank building at 5th and J streets – until the construction of a bespoke, and much smaller, clubhouse at 13th Street, near Broadway, was completed in 1940.

Throughout the many decades of urban growth all around it, including the construction of Interstate 80, just half a block north, the clubhouse has been in continuous use. It not only still serves its original purpose today, but it represents a portal to decades of yesterdays, as its walls

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Sacramento City Council Member Katie Valenzuela signs a certificate of recognition honoring the club's 110th anniversary.



Sacramento City Council Member Katie Valenzuela chats with Capital City Motorcycle Club members outside of Sacramento City Hall on May 30.

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Motorcycle

Continued from page 4

are lined with trophies and other memorabilia that in some cases date back to the early days.

Of course, during that same period, changes came not just to the urban landscape, but to the club, as well.

As the decades passed, one by one the club lost the members who were key figures in local motorcycling during CCMC's formative era.

Due to its popularity, the club, in 1926, felt the need to limit its membership to 60. Today, membership stands at just over 100.

While back in the day, the club consisted exclusively of Harley-Davidson motorcycle riders due to the brand's prominence in the U.S., as other brands made headway, riders of other motorcycle brands were adopted by the membership. Nowadays, the club is brand agnostic.

There was also the matter of exclusion of the fairer sex. While currently women are well represented among the club's ranks, for a long time they were barred from admission.

Perhaps most importantly, given the tenor of the time in which the club originated, over time, the cycling element was phased out.

Even with its initial focus on both cycling and motor sport, the establishment of the club played a central role in transforming Sacramento into one of the state's largest motorcycling hubs.

While today CCMC is strictly focused on recreational riding, for decades it hosted numerous road and track events featuring large purses, some of which occurred at the nearby state fairgrounds. Entry fees funded not only those purses and club coffers, but contributions to local improvement projects and community groups, a practice that continues apace.

"We sponsor several rides throughout the year, including random rides throughout Northern California whenever the weather allows," club spokesperson Corbett Waddingham said. "We use both Meetup and Facebook to announce these rides, and they are open to any motorcyclist who wants to ride with us. This year, we are also sponsoring the annual Gypsy Tour, and will be riding to Fort Bragg with members of other motorcycle clubs from everywhere from San Jose to Yuba City."



A Rolling on the River rider from the San Francisco Motorcycle Club receives his second card of the "poker run" last April.



From left, Capital City Motorcycle Club members Cory, Bill, Joseph and Randy observe Sacramento City Council Member Katie Valenzuela while she presents a city certificate of recognition to the club on May 30.

A portion of proceeds from events go to various charities. Among previous recipients are Shriners Children's Northern California and BloodSource's bone marrow donor program.

A local Shriners program dedicated to offsetting travel costs for families of children receiving cancer treatment was selected as the recipient of funds collected via the 53rd annual Rolling on the River run, which in late April wended its way through Freeport and a few other river towns.

Some events, like Rolling on the River, are known as "poker runs," as they involve a sort of a prize raffle with a twist. These runs are sort of a cross between a ride and a card game. Every participant receives a playing card when signing in at each checkpoint along the route, and by the end of the ride accumulates enough cards for a full hand. Once all riders have returned to the starting point, prizes are awarded for the high and low hands.

This year's River run drew 112 participants, which more than doubled last year's attendance. Most riders traveled from Oakland, San Francisco, Stockton, Yuba City and a few other out-of-town locales.

In addition to the poker awards, post-ride festivities included a raffle for prizes such as cases of wine, motorcycle helmets, a backpack cooler, and custom motorcycle-themed artwork.

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(Sample Buildings Pictured)

Motorcycle

Continued from page 5

A "50/50" drawing for $300 was held, with the winner and this year's charity each receiving half of the prize amount. There were also awards for the club with the highest number of participants – which went to the San Francisco Motorcycle Club – and for the group traveling the most miles to the event. The latter award was won by the Oakland Motorcycle Club, technically the runner-up, since the San Francisco club had already won an award.

The Capital City Motorcycle Club received an award of its own on May 30, when the city of Sacramento acknowledged the club's 110th anniversary with a certificate of recognition presented by Council Member Katie Valenzuela to Sherman, with about a dozen club representatives bearing witness in Sacramento City Hall's voluminous foyer. Sherman also received a U.S. flag that was flown over the building.

Afterward, Valenzuela walked club members to their motorcycles amid conversation about the club's history and how her office might support upcoming club efforts in the community.

Against a backdrop of a row of bikes parked at the curb, club members took turns informing Valenzuela about CCMC's community work, sharing such examples as doing a toy drive, supporting homeless veterans, and raising awareness about stuttering.

She encouraged club members to reach out to her office to collaborate on similar events, such as doing another toy drive or a backpack and school supply drive for underserved youth.

Valenzuela described the excitement she experienced as a child while riding on the back of a family member's motorcycle, but she added that she hasn't been on a motorcycle since. She also recalled how her father instilled in her the importance of having community spaces for like-minded people to gather, discuss ideas, and celebrate accomplishments.



Riders' steely steeds line the streets of Old Sacramento at the Rolling on the River run's final checkpoint last April.

She was invited to tour the clubhouse at one of the open house events held on the fourth Friday of each month. Several club members encouraged her to consider taking a motorcycle safety course, so she could even join a future ride.

Valenzuela said she would love to visit the clubhouse, which is in the district she represents, and that she will think about learning to ride a motorcycle.

In addition to offering sponsored events, the club does many rides to a variety of destinations in the greater Sacramento region and beyond.

The club welcomes young and old alike, and its members range in age from 30 to 90. CCMC also invites all interested parties to attend the weekly meetings that occur every Friday at 8 p.m. at the clubhouse at 2414 13th St.

For anyone interested in motorcycling, paying a visit to that living history museum chronicling so much about a phenomenal part of the capital city's sporting history is the way to go.

Additional information about this club can be found on its website, www.CapitalCityMC.com, as well as its Facebook page, www.Facebook.com/CapitalCityMC.





A day at the California State Fair

Land Park News spends a day with fair attendees

By Lance Armstrong
vcneditor@gmail.com

The California State Fair, one of Sacramento's premier summertime events, completed another season, with a 17-day run, which concluded on July 30.

As usual, the fair provided a wide variety of entertainment and educational opportunities, as well as many goods and services for sale.

During the fair's second day, Saturday, July 15, the Land Park News spent several hours on the grounds of Cal Expo, visiting with many people, including guests, vendors and other participants.

Given this fair's roots as an event showcasing the state's wealth of agriculture, this paper made sure to spend a lot of time at the animal barn, where youth from throughout California boarded and showed their animals before judges. Many of the youth who were in the barn are members of Future Farmers of America (FFA) and 4-H programs.

Among the youth who were showing animals at the fair was 16-year-old Elizabeth Wagster, of Atascadero FFA.

Wagster, who had four sheep that she was showing at the fair, told this paper that she enjoys showing animals at the State Fair.

"I would definitely give it a 10 out of 10," she said. "It is a great time, even though it definitely gets a little hot. It's a fantastic show. I've done fairly well (this year). I've done well in my market classes, and showmanship was a great time."

Wagster also praised the youth who work with animals.

"Well, honestly, the livestock industry, it makes great kids,"

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Photos by Lance Armstrong
Fabian Jimenez, center, is the operator of Fabian's Pony Rides, of Tulare. He is pictured with his wife and his favorite pony.

Free life jacket rentals offered through fire department

With the arrival of hotter temperatures, the Sacramento Fire Department (SFD) is urging swimmers and boaters to be cautious and wear life jackets in waterways this summer. And to help keep people safe, the department is currently offering free life jacket rentals.

"Our goal is to remind people of the risks of swimming in our local waterways and the best practices for keeping themselves and their loved ones safe," said Sacramento Fire Capt. Justin Sylvia. "This includes wearing a life jacket, especially for children."

Fire stations in the Sacramento region offer life jackets to the public on a loan basis. Life jackets are available for children and adults and can be borrowed for the day or weekend simply by completing a form.

Life jackets can be obtained at the following SFD fire stations: Station No. 1, 624 Q St.; Station No. 5, 731 Broadway; Station No. 8, 5990 H St.; Station No. 11, 785 Florin Road; Station No. 15, 1640 West El Camino Ave.; and Station No. 60, 3301 Julliard Drive.

Below are a few more water safety tips from the fire department:

Always wear a life jacket.

Never swim alone and never go in the water after drinking alcohol.

Stay within an arm's length of inexperienced swimmers.

Always watch children in and around water. Assign a "water watcher." Don't assume someone else is watching. Drowning is quick and silent, it can happen in seconds.

Drain inflatable pools and coolers after each use. A toddler can drown in just 1 inch of water.

Call 911 right away if someone is in trouble.

Learn CPR.

Wear sunscreen.





Fair

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she said. "Some of the people in this barn are probably the hardest working individuals I've ever met."

Also showing animals at the fair were Ashley Hagen and Carly Wheeler, of Templeton.

Wheeler, 18, has presented animals at the fair since she was 9.

She had a supreme champion market goat at this year's fair, with two more days of showing animals remaining, as of July 15.

"It's a huge honor, because we compete against so many incredible goats and people that take care of them all year," Wheeler said. "So, it's really exciting to get the opportunity to do so well."

Hagen mentioned that she has been showing animals at the State Fair for about five years.

Like Wheeler, she showed sheep, pigs and goats at this year's fair.

Hagen's success at this year's fair, as of July 15, was having a supreme champion gilt and a reserve supreme goat.

Cody Jacobsen, the State Fair's sheep and goat superintendent, spoke about judging for the animal showings.

"Basically, the judges, they're looking at how much muscle these animals have," he said. "Most of these animals, their end plan is that they're going to be consumed, and so (the judges look) at muscle quality structure on feet and legs, breed characteristics, and which one wraps it into the best overall product. And so, that's how they place them."

During this paper's attendance at a showing on July 15, the judge was Justin Lawrence, from Texas.

The Land Park News also met with Nathan Swanson, of Elk Grove, following his visit with animals with his son, Axel.

"We just looked at the cows and the pigs, and he decided he was hungry before we go ride rides," he said. "He liked the pigs, and he is looking forward to rid(ing) the Ferris wheel." Although he did not grow up in the Sacramento area, Nathan mentioned that he fell in love with attending a fair during his youth in Siskiyou County.

"(At that fair), I would see all my friends that I hadn't seen (since) school," he said. "We would all run into each other at the fair."

Carmichael resident Lee Scott mentioned that he also has a fair tradition.



As usual, the main attractions at the California State Fair included midway rides and games.

"I've been coming out here ever since I was a kid," he said. "I've been in Sacramento since I was probably 4 or 5 years old. I graduated from El Camino High School in 1999. One thing we used to do as (kids) that we just did again, recently, is the photo parlor where we dress up in the Western outfits. I have a daughter and my nephews, and we all dressed up."

Being that the fair is held when temperatures, at times, reach the

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Elizabeth Wagster, of Atascadero FFA, shows off two sheep that she presented at the California State Fair.



NatureFest coming to Effie Yeaw Nature Center Oct. 8

NatureFest 2023, Effie Yeaw Nature Center's largest family event of the year, will be held on Sunday, Oct. 8, from 10 a.m. to 3 p.m.

This event promotes science and nature education, and is an excellent opportunity to learn more about local organizations that support the community.

Held annually at Effie Yeaw Nature Center, 2850 San Lorenzo Way in Carmichael's Ancil Hoffman Park, this family-friendly event includes live animal presentations, hands-on activities, demonstrations and guided nature hikes.

The cost to attend this event is $7/general admission, and $3 for children, ages 3 to 11 years old. Children, 2 years old and younger, will be admitted for free.

For additional information, call (916) 876-4918, or write to info@SacNatureCenter.net.

Fair

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century mark, Scott noted that he has a system he abides by in attending this event.

"If you're going to go to the State Fair, go first thing in the morning when it opens," he said. "See how long you can last past noon, and then you're just going to embrace the heat."

Among the concessions at the fair were pony rides for children.

The operator of those rides is Tulare resident Fabian Jimenez, who is assisted by his wife and a few employees.

"We have 37 ponies, and we brought these six (ponies), and then we have two extra (ponies), so they take turns, (rotating on a) work shift," he said. "We do pony rides all over California and Las Vegas. We just love our jobs. We take care of the ponies, go out to the public, give kids rides, 1-year-olds to (kids weighing) 100 pounds."



Two girls show their animals at the California State Fair on July 15.

This paper also spent time with several food vendors, including a spokesperson for Hot Doggin' gourmet hot dogs, a State Fair regular of about 15 years.

"Oh, they're great," she said. "As great, I mean not just because, but they are. They're named brand, Miller's, and each (are) quarter pounders, and we make them to where it's a good meal for the person for the price of it. We've gotten a lot of compliments, saying 'This is the best hot dog I've ever tasted.'"

Another food vendor, "Wild Bill" Gardner, had multiple stands at the fair, including a stand that offered roasted corn, a stand that featured funnel cakes, and a stand with free lemonade refills.

Gardner also had a stand with grilled cheese sandwiches with rainbow-colored cheese.

Musical entertainers were plentiful throughout this year's fair.

Two of those entertainers were Bill and Stephanie Harris of the band, Salsa Steel.

Stephanie shared details about that band.

"Salsa Steel is a steel pan band

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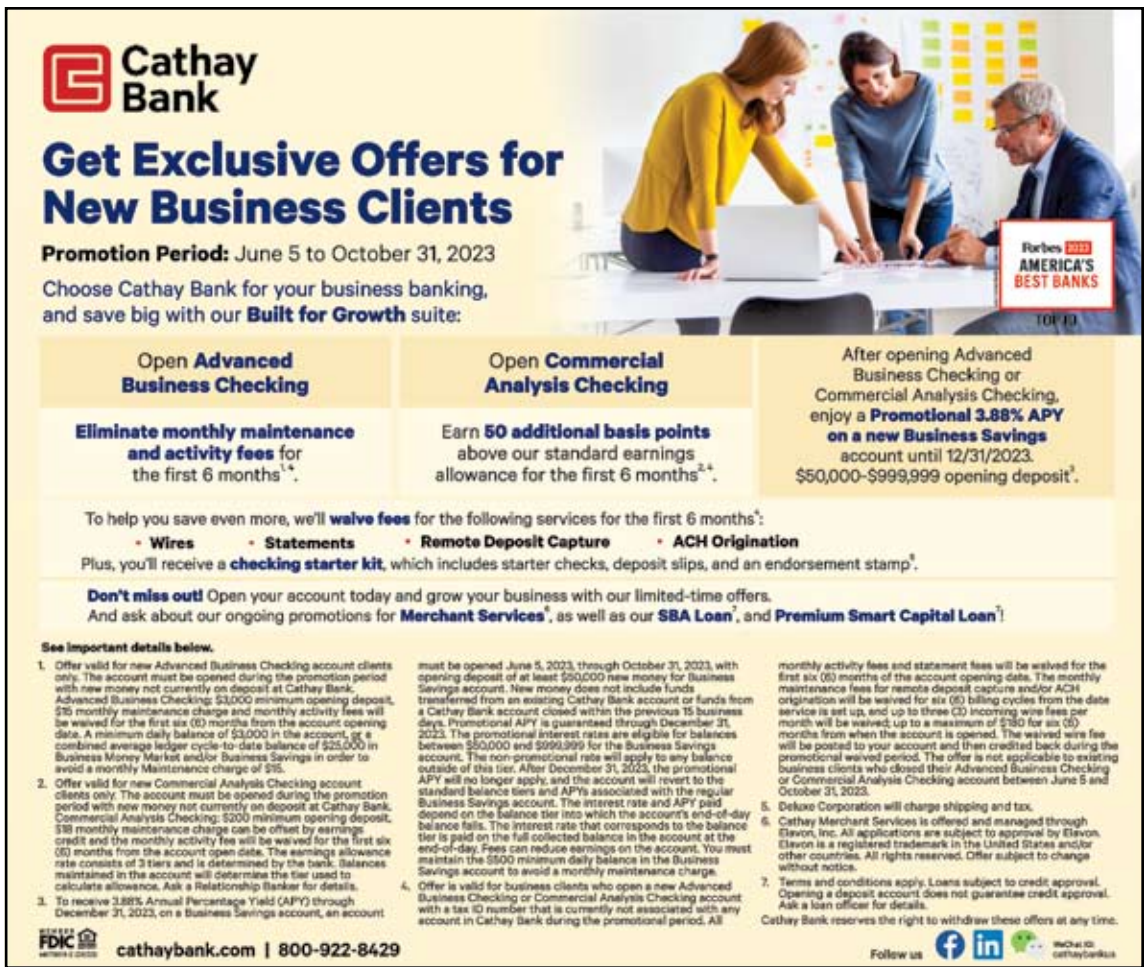


From left, Ashley Hagen, Blake Goss and Carly Wheeler enjoy a moment at the California State Fair.



Landa Plenty was one of the premier entertainers at this year's Out at the Fair celebration at the fair.





East Village Bookshop: More than a bookstore

By Mitch Barber

Imagine a store in East Sacramento where retired adults lounge, relax and chat in a corner in comfortable seating with a coffee table, while a couple of young children play a piano that is accessible for anyone to play.

Meanwhile, a 13-year-old boy types on an old typewriter, amazed that the words he types appear on the white paper inside of it.

Sabrina Nishijima owns such a place – East Village Bookshop at 3604 McKinley Blvd., about four blocks from McKinley Park.

Nishijima described her customers in an interview with this newspaper.

"Our typical customer, well, there's three I would say," she said. "There's the retired people in East Sac who are out and about, and there's the families. And then there's the young people who don't really have anywhere to go. They like to read or they like to hang out here."



Photos by Mitch Barber

East Village Bookshop owner Sabrina Nishijima is shown inside her business.

So, what caused Nishijima to open this refuge for all ages? She has had a passion for reading since an early age when she was growing up in Hawaii.

"I remember one book that I had that I wanted to read every night," she recalled. "It was 'The Great Bear Scare' (about a honey factory and Bearville citizens). And I was maybe 2 or 3 years old, and we read it every night. It was my favorite book, and so, I memorized it.

"So, I started reciting it and people thought I could read, but I couldn't. I was just reciting it. Reciting it and turning the pages at the right moment, and so, they were like, 'Oh, my God. She can read!' But no."

As a mature reader, Nishijima became enamored with American author Fran Lebowitz.

"She's a humor writer and I've

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Fair

Continued from page 9

run by Mr. Bill Harris, and it started about 25 years ago in San Diego County," she said. "We started with the original steel band orchestra that came over from Trinidad."

Also performing at the fair was an entertainer, who is known by the stage name of Landa Plenty.

"We are Out at the Fair, so we are family-friendly, queer entertainment here at the State Fair," Landa Plenty said. "And we travel to different states and county fairs within California and New Mexico. We're going to have a drag show. So, we have local drag queens in the area. We (will later) have a dance party."

Now in its fifth year, Out at the Fair is a celebration of LGBTQ+ pride and diversity within the fairgrounds.

While standing at a concession booth, Arissa Ramirez shared what entertainment she enjoyed seeing at this year's fair.



Ebonne Avina shows off a grilled cheese sandwich with rainbow-colored cheese.

"I'm really enjoying the transformer guys who are riding on skateboards on their knees and arms," she said. "They're really fun to watch. I also like the lady on stilts. How are you comfortable walking like that? Her balance is great."

West Sacramento resident Faith Ross mentioned that she has been coming to the State Fair for about eight years, and that she makes sure to always visit the petting zoo.

"The petting zoo is my favorite," she said. "I'm an animal lover."





Bookshop

Continued from page 10

always enjoyed her ever since I saw her (on the cable and satellite TV network), C-SPAN, reading her book when I was 13," Nishijima said. "She was so funny in a serious way. I love her works. I read them over and over."

Asked what books are popular among customers these days, Nishijima responded, "We sell a lot of this book, 'Horse,' by (the Pulitzer Prize-winning author) Geraldine Brooks." The book is based on the true story of a record-breaking thoroughbred in Civil War times.

Speaking of animals, there is a children's reading corner in the store, with a cushion to sit on, and a stuffed, gray, plush armadillo. There is also a little sofa, little chairs and, sometimes, Nishijima's son reading a book.

More than half the store is dedicated to children, with graphic novels, picture books, and board books for the youngest. There are also books for children in their middle years, and those a bit older: young adults. The rest of the store is dedicated to adults.

There is a method to the organization of the books in the store, Nishijima noted.

"We do it by subject and (the) author's last name," she said. "But things get kind of thrown around a lot and kind of misshelved. And so, sometimes books are not where they belong, so we often have to look throughout the whole bookstore to find a book that we know is here. But it's just like somewhere."

Nishijima's vision for the layout of the store perhaps came from her own experience in them.

"I have hung out in so many bookstores, like all my life," she said.

She didn't have any retail experience before opening her shop.

Nishijima spoke about her store's small staff.

"We have three, and one in training," she said. "They're clerks, but they really, you know, represent the bookstore. They are the heart and soul of the shop. They're not here for the money; they're here for the whole experience. A lot of them are moms. They are doing this as a hobby, kind of."

There are plenty of staff picks throughout the store, with homemade signs to go with them. Take "Middlemarch" by English author Mary Anne Evans, who wrote under the name, George Eliot. The sign reads, "An acute moving look at life in a provincial English village, offering the full range of human emotion in intertwined plots. My all-time favorite classic. Love (written as a heart), Kate."



A display at East Village Bookshop showcases books and other items.

"Middlemarch" is in the classics section.

There are also areas for new releases, poetry, romance, memoir, relationships, sports, travel, and seven full shelves of books on cooking.

There is a local nonfiction section nearby, with a book on Sacramento's Capitol Park, if you were wondering about all those trees. It can be purchased for $21.99.

See BOOKSHOP on page 12



Books are arranged on this circular book display at East Village Bookshop in East Sacramento.



Bookshop

Continued from page 10

If you are looking for a discount, you can become a "bookworm member" for $25 per year. You get 20% off all adult hardcovers, and 10% off everything else, in addition to a free member tote bag. Otherwise, there are a couple shelves of used books that are 50% off the listed price, or as marked.

Check the store's Instagram page, @eastvillagebookshop, for upcoming events, like author visits, as some happenings are advertised just a few days ahead.

The store is quite the attraction: a reading refuge. One sign reads, with a Hawaiian touch, "Please be gentle when reading the children's books. Please do not leave children's books on the floor. Mahalo!"

East Village Bookstore is open every day of the week from 11 a.m. to 6 p.m.

For additional information about this business, call (279) 202-9018 or visit the website, www.EastVillageBookshop.com.



East Village Bookshop is located at 3604 McKinley Blvd. in East Sacramento



Posted on a piano at East Village Bookshop is a sign, which reads, "Please play me. Love, piano."

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Families enjoy grocery shopping at Elks 6 farmers' market

By Stephen B. Clazie
Sacramento Elks Lodge No. 6
past exalted ruler

The Pocket-Greenhaven neighborhood farmers' market in the parking lot of Sacramento Elks Lodge No. 6 on Riverside Boulevard is building a tradition as a place for families to walk or bike for groceries.

Victor "Vic" Cima, the market's manager, mentioned that he sees a lot of male shoppers.

"Throughout modern history, women have been the primary grocery shoppers of America," he said.

A recent study shows that the gender gap in the grocery aisle has been closing, and reports that men make up 49% of grocery shoppers – their highest percentage in history.

At the Elks 6 farmers' market, Cima has a booth at its west end, where he can view the whole market. And from his seat, he has gained a new perspective.

"A trip to the farmers' market provides a great way to spend time together as a family," he said.

The Elks market is a local community market, with a lot of off-the-street parking, Cima noted.

"Our parking lot is not full, because families are walking or riding their bikes to the market," he said.

Cima is proud that this market is promoting a healthier lifestyle through getting people out for a walk or bike ride. But also customers are getting lower prices and a higher quality of food.

"The food you get from a farmers' market is also fresher," Cima said.

For many people, a Saturday morning outing for the whole family often includes the family dog.

Children especially seem to enjoy one of the fun benefits of getting to see the wonderful variety of dogs that live in the neighborhood.

One might feel like they are attending a dog show, and find themself in awe of the beautifully groomed and well-trained pedigree dogs of the neighborhood.

Cima is extremely happy to see families enjoying each other's company. The little kids are so excited to be at the market.

For Miles Geary, it is getting to Uncle Jer's Traveling Bee Show. However, it is not for a taste of honey, but instead to see the bees and point out to his two older siblings where the queen bee is located.

Miles and company left their father, Jon Estes, at the Bumble Bear Café at the market to get his coffee. Meanwhile, Miles took his mother and siblings on a shopping safari, and his father had to catch up.

Cima noted that he has seen families play fun games like finding fruits and vegetables of different or same colors. He also gets a kick out of seeing Miles pushing his own fully loaded shopping cart that carries his favorite items.



Photos by Stephen B. Clazie
Miles Geary shows his siblings, Autumn and Frederick, and his mother, Tamara, the queen bee at Uncle Jer's Traveling Bee Show at the farmers' market in the parking lot of Sacramento Elks Lodge No. 6.

The kids all have favorite places to stop at the market, like Sweetbrier Bakery.

Their cookies remind Vic Cima of his mother's cookies, because they are a home-based bakery.

This bakery makes everything from scratch, such as chocolate chip cookies, oatmeal raisin cookies, white chocolate cookies, peanut butter cookies, and a variety of pies.

Miles' first stop might be at the Truthful Kernel, which makes a health snack food that Cima said "is so good, and the most delicious popcorn you've ever tasted."

Another first stop might be at Tom Gwinn's fresh-picked strawberries stand. Children are amazed to see so many strawberries in one place.

The Elks 6 farmers' market is located at 6446 Riverside Blvd., and is open every Saturday, from 8 a.m. to noon.



Miles Geary has his shopping cart full after attending the Pocket-Greenhaven neighborhood farmers' market at Sacramento Elks Lodge No. 6.



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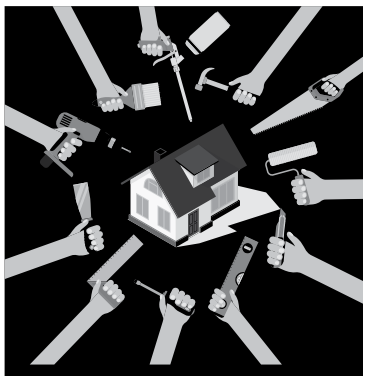
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