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East Sacramento News

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First Christian Church to hold fun Halloween experience on Saturday, Oct. 28

See pages 8-9 for more details and for insights into many other seasonal events in the neighborhood.

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Track 7 adds East Sacramento location

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Community celebrates return of Greek Food Festival to East Sac

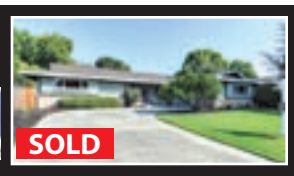
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LIFE IN THE VILLAGE

By JAN DALSKE
East Sacramento News

The night after we had our Thanksgiving dinner, our dad asked Rodney, Timothy and me to sit down at the dining room table so that we could talk about what would be happening soon in our house. This was the first time that dad had called a "family meeting" for his three oldest children. Because we were all attending elementary school now, I guessed that he needed our help. Maybe he wanted us to help our mom around the house more than we already did. We all waited quietly to hear what he had to say to us.

He started out by telling us that our mother would be having another baby very soon. We already knew that. So, what was different this time? He told us that our mom would be very busy taking care of the new baby, and we would need to help look after Wayne and Rita. Wayne was easy to look after as he usually stayed in his playpen all day. At night he was sleeping in his crib in the room next to our parents' room so our mom could hear him if he cried. Dad had already told me that he would be moving Wayne's crib to the room where Timothy and Rodney slept. They did not know that yet.

When dad told Timothy and Rodney that they would have to make some room for the crib that Wayne slept in they both started to say something. Dad silenced them by raising his hand. "Everyone in this family needs to do their share of helping," he said. They put their heads down and did not say anything. Then, he told me that I would be in charge of watching Rita and making sure she did not get into any mischief. Rita was two and a half and she was always getting into trouble. Her bed was already in the room that Linda and I shared.

So that was the plan, the two older boys would look after Wayne. And, the two older girls would look after Rita. That did not seem like too much for us to do. I just wondered what our mom would do during the day when we were at school. Nobody would be home to watch Rita and Wayne. Rodney, Timothy and I were all in school on the weekdays. Then, while I was thinking this, my dad told us that we would go straight to school in the morning, and then come straight home after school. There would be no stopping to play with the neighborhood kids. We were to come home and take over for our mother.

He looked at me and told me that I would be helping our mom with getting dinner ready. As soon as I got home from school, I was to ask her what she needed me to do. That was easy as I already helped her when she asked me to. And he told my brothers that "If Janice needs help with anything, she will tell you and you will do what she asks you to do." "Do you understand?" They both nodded.

So, that was the plan. All of us had to help. But, when was the new baby going to be here? None of us knew the answer to that question. But, we were all ready to do what we could to help out. A few days later, dad came home from work early and took mom to the hospital. It was time for the new baby to be born. He asked one of our mom's friends from church to come over to watch us while he was gone.

She fixed us dinner and read us a story before we all went to bed. But, none of us could fall asleep. We were waiting for our dad to come home and tell us if we had a new little brother or a little sister. I was hoping for the sister. I had too many brothers already. Dad did not come home all night. He finally returned in the morning when we were having breakfast. He looked very tired and said that he was not going to work that day, and he would be taking a nap and then he would be going back to the hospital. I guess that we would have to wait until he came home to find out how our mom was feeling and if we had a little sister or a little brother. I was really hoping for a little sister. Three brothers were enough.

East Sacramento YMCA after-school location now serving as collection drop-off for fire victims

In an effort to provide relief to the youngest victims of California's Wildfires, the YMCA of Superior California will collect donations of those essential items that will help kids on their path back to a sense of normalcy.

Here is what is needed: backpacks and school supplies; new socks, shoes, underwear and t-shirts; diapers and wipes; new or gently used coats and jackets. Items can be dropped off at any YMCA or YMCA after-school or pre-school program site in the region and staff will pack it up and deliver it to our neighbors throughout northern California.

Financial gifts are also welcome and can be made online at ymcasuperiorcal.org/FireRelief, or at any YMCA location, please mark your gift for Fire Relief and 100 percent of it will go to support fire victims through the YMCA in Sonoma County, and local organizations in the other impacted communities.

"The devastation of the California wildfires has touched the lives of nearly everyone in northern California. I have heard too many stories from people who have friends or families that have been evacuated, lost a home, had their children's school burn, or lost their business," said Jay Lowden, President and CEO, YMCA of Superior California.

East Sac YMCA
YMCA After-School Program
3600 J Street
Sacramento, CA 95816

Sacramento Central YMCA
2021 W Street
Sacramento, CA 95818

Track 7 adds East Sacramento location

By BILL LAWS

Ryan Graham, one of four owners of Track 7 Brewing with locations in Curtis Park and Natomas, is proud of the anticipated new location of his tap room in East Sacramento. Located on Folsom Boulevard in the spot of the former Les Beaux restaurant, Ryan feels as excited as he did for his first pub in a nearby neighborhood.

The reason for Graham's excitement lies in the nature of the new pub venue:

"Each of our tap rooms is totally unique and has its own creative independence," he explains over the telephone.

Known for its imaginative lager creations, Track 7 is the originator of bubbly titles as diverse as "The Panic" and "The Phuzzy Pheeling." Some of these monikers emphasize the nature of the buzz or beer experience.

Another owner, Rebecca Scott, is known as Track 7's "creative wrangler." Scott coordinates the efforts of the "creative team" in developing beer recipes (and related beer names) to be sold at each pub location. Although a date for the opening of the East Sacramento watering hole has not yet been established, Scott explains that she is sure to have many surprises for the public before the opening which should in mid-spring.

Scott admits the possibility (with the consensus of her management team) of a beer title that offers a "tip" to the popular French Vietnamese restaurant that once occupied the new site. Maybe a French name or a champagne flavor is in store for the future East Sacramento beer menu at the new Track 7. "I lived in France myself for a time," she says "so that might be a good idea."

In East Sacramento, the uniqueness of the pub and its offerings will no doubt merge with the independent character of the immediate neighborhood.

A few blocks down Folsom Boulevard, of course, are hallmarks of the area's Italian footprint. Corti Brothers, El Espanol and other businesses reflect a steadfast Italian presence.

Scott is quick to admit that her husband's family harkens from the Tuscan city of Lucca. From an obviously extensive knowledge of the subject of all things beer, she explains that many of the most acknowledged beer specialists make regular trips to Italy to find out what is trending in modern beer circles. Italy, she makes clear, is not only about wine.



The texture of the pub's new locale isn't just Italian, however. Immediately across the street from the new Track 7 (already marked by a fresh banner draped over Les Beaux's bright red sign) is Tres Hermanas, a restaurant and bar that has served the vicinity for over 17 years. Although the owners of "Hermanas" run a full bar, they vigorously welcome the newcomer Track 7 to the "hood." They stress that most of their liquor sales are with their margaritas. The Mexican beer titles they sell, moreover, are paired with the individual dinners ordered by their long-standing customer base.

All in all, from a cultural point-of-view Track 7 will be welcomed to their part of East Sacramento. With a quick look at local demographics, the new tap room will be a great addition to their stretch of Folsom Boulevard.

Rich Cazneaux - Coldwell Banker

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Rich Cazneaux

Creative Women Mini-Con to Showcase Local Artists

LAURA I. WINN

Five years ago when Jen Monson of Rosemont attended the first Creative Women Mini-Con at Empire's Comics Vault, she "just fell in love" with the store and the event, which showcases female creatives and their work inside the spacious comic book store at 1120 Fulton Avenue Suite K in Arden-Arcade. This year's free October 21 mini-con will be Monson's fourth as a featured artist, and she credits her first mini-con with kick-starting the career she has now.

"It was the first con that gave me the confidence to begin doing events. It was perfect to start with something nice and small where I could meet other people in the community who do this and get tips and questions answered." Under the name JenuoneArt, Monson 42, now sells her koi fish bowls and other hand-painted art at about one event a month. "I owe where I am right now because of the Creative Women Mini-Con and Empire's Comics," she said.

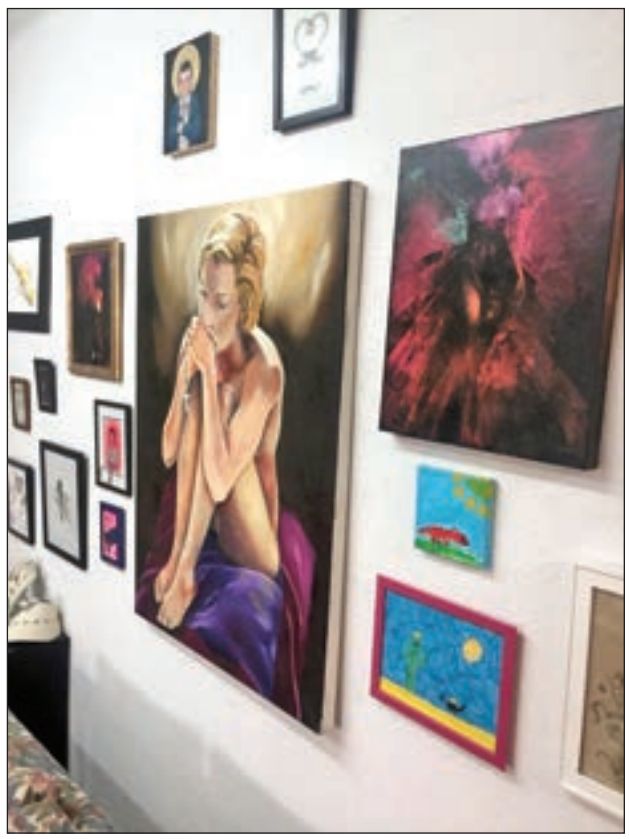
Giving new artists a place to begin is part of the goal behind the annual event. "It's about showcasing women who do anything creative," explained Empire's owner, Ben Schwartz, 41. "For those who have been selling art a while, it gives them a chance to show new stuff, and for those who have never done it before, it's a place to get started so they can jump in."

The 2017 mini-con will feature 16 artists of which all but one Bay Area artist currently reside in the Greater Sacramento Area. Among the vendor tables (which are provided at no-cost to the artists), attendees will find handmade jewelry, tote bags, watercolor paintings, whimsical toys, photographs and, of course, comic books, including books written, illustrated and printed by the two youngest artists, Maia, 9, and Kaimani, 8.

The variety of creations draws the dedicated comic book fans as well as many who step into Empire's for the first time. Pocket-area artist Rachel Strum, 33, who sells her creations under the name CitrusAtelier, is looking forward to the more geekier shoppers, whom she hopes will be in the market for her intricately carved wooden fantasy wands as well as her soaps that have toys hidden inside. Most of all, she said she is looking forward to seeing all the creations from the other women. "Whatever money I'll make, I'll probably end up spending there," she said with a laugh. "I am really thrilled to be able to meet so many locals who love the same things as I do and have this cool, unique way to express themselves."

That "concept of celebrating creative women in the nerd world" is also what artist Megan E. Risk, 30, of Cameron Park, found particularly intriguing about the mini-con. "I'm always on board with building up fellow creative ladies," she said.

Risk will bring her original watercolors and inks to sell and will also be available to create small, on-site commissions in ink. Although Risk is new to this con, she is a veteran of creative conventions, sometimes doing two in one weekend for a total of roughly 50 events by the end of this year. "I've been a vendor at conventions of many sizes, and the Creative Women Mini-Con is the first time I've felt that the show-runner has been truly interested in showcasing the vendors—all of the vendors-- and their talents," she said. "He (Schwartz) has invited a very fascinating group of women with very different



art styles and mediums and is treating all of us like honored guests."

The 16 honored guests will be available from 11 a.m. to 3 p.m. to sell, chat and take pictures with attendees. Creative Women Mini-Con is Empire's second-biggest event of the year. Only Free Comic Book Day trumps it. For the best selection of creative goods, Schwartz recommends arriving early.

U-Nite! returns to the Crocker, celebrating Arts & Letters

U-Nite!, the soiree that celebrates the arts and humanities in a festive atmosphere, returns after a three-year absence to deliver an evening of performances, readings, art, and talks from the faculty of Sacramento State.

A collaboration between Sacramento State's College of Arts & Letters and the Crocker Art Museum, U-Nite! situates dance performances, literary readings, scholarly and artist talks, artwork, and musical performances in the various galleries and spaces of the Crocker. Attendees may wander about, viewing the presentations, while enveloped in great works of art.

This year's celebration runs 5-9 p.m. Thursday, Oct. 26. Admission is free for Sacramento State students, staff, faculty, and Crocker members; $5 for alumni; and $10 general admission. Tickets are available here or by calling (916) 808-1182.

"The College of Arts and Letters takes great pride in its outstanding faculty and is eager to share their most recent accomplishments with the community," says Arts & Letters Dean Sheree Meyer. "Our professors are highly recognized artists, writers, filmmakers, choreographers, composers, and musicians."

This year's lineup includes solo, duet, and group dance performances; readings from new works by authors Joshua McKinney (Mad Cursive, Novice Mourner), Doug Rice (Here Lies Memory, Blood of Mugwump), and Kim Zarins (Sometimes We Tell the Truth, The Helpful Puppy); film screenings and more.

"Through this outstanding arts event, our long term relationship with Sacramento State becomes even more impactful," says Lial A. Jones, Mort and Marcy Friedman Director, at the Crocker Art Museum. "Some of California's preeminent artists are natives of Sacramento, members of the college alumni and represented in the Crocker's collection. U-Nite! promises to be an amazing evening of diverse cultural enrichment from and for our community."

The return of U-Nite! is part of Sacramento State's growing presence in downtown Sacramento. An education center the University is developing on S Street will house, for the most part, the developing School of Public Affairs. But it also will have office and meeting spaces for Arts & Letters to get together with arts entities downtown.



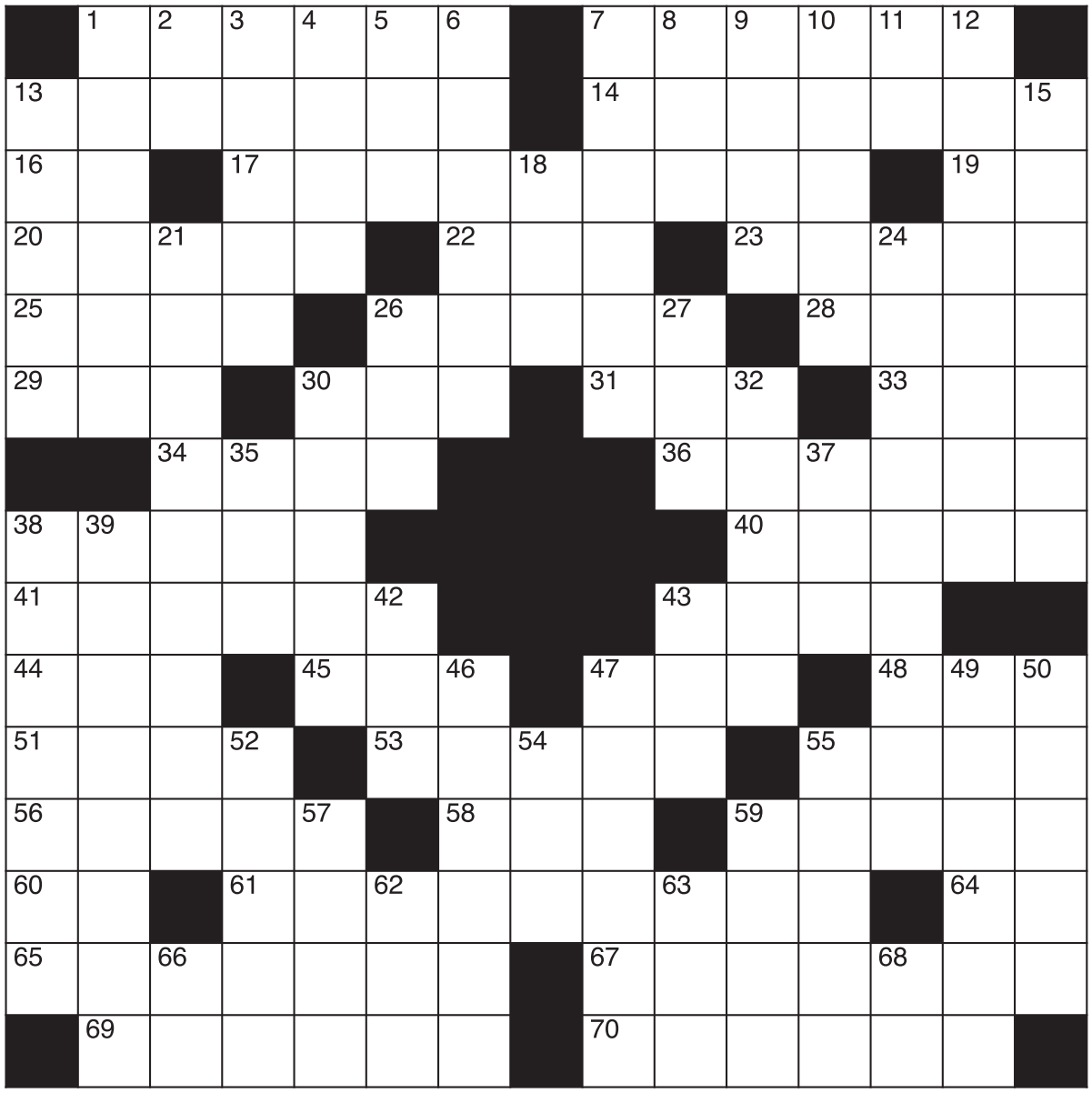
Sacramento State/Craig Koscho

Dance is just one component of Sac State's U-Nite! at the Crocker Art Museum.

"As the city of Sacramento plans strategically to develop its 'creative edge,' the College of Arts & Letters looks forward to playing a major role in establishing an arts and culture hub," Meyer says. "U-Nite! at the Crocker in the fall and U-Create at the Verge and Beatnik Studios in the spring are just the start of our 'moving downtown' and collaborating with our partners in the community."

For more information, visit the Crocker Art Museum at www.crockerart.org or call (916) 808-7000. More information about Sac State's College of Arts and Letters is available at www.csus.edu/al or (916) 278-6502.

CROSSWORD



CLUES ACROSS
1. Spanish city
7. Middle ear bone
13. Satisfy to the fullest
14. Able to be consumed
16. US island territory (abbr.)
17. Predatory reptile
19. Beachwear manufacturer
20. European space program
22. Alias
23. Metrical feet
25. Large integers
26. Matrilineality
28. Snouts
29. Giants' signal caller Manning
30. Pacific Time
31. Electronic countermeasures
33. "Anna Karenina" author
34. Snare
36. Sleeveless garment
38. More arctic
40. Clean off
41. Signs
43. Common Japanese surname
44. Allow
45. A way to mark
47. Ballplayers need one
48. __ and cheese
51. KGB mole
53. Indicating silence
55. Capital of Yemen
56. A woman of refinement
58. Extinct flightless bird of New Zealand
59. Belonging to a bottom layer
60. Stephen King novel
61. Fire obstacle
64. Lumen
65. Loud insects
67. Energetic persons
69. Confession (archaic)
70. Witnessing

CLUES DOWN
1. Whiskey receptacle
2. Western State
3. Cereal grasses
4. Needlefishes
5. Relating to the ears
6. Mathematical ratio
7. Dignified
8. Pacific sea bream
9. One of Thor's names
10. Song of praise
11. Equal to one quintillion (abbr.)
12. Drools
13. Cluster
15. One in a series
18. Egyptian unit of weight
21. Broached
24. Skin cancers
26. Second sight
27. Shock treatment
30. Whittled
32. Murdered in his bathtub
35. A way to soak
37. Small piece
38. Relating to Islam
39. Climbing plant
42. Drunkard
43. Test for high schoolers
46. Least exciting
47. Amanda and James are two
49. Something comparable to another
50. Soothes
52. Month in the Islamic calendar
54. White gull having a black back and wings
55. Japanese seaport
57. The south of France
59. Batman villain
62. British air aces
63. Body part
66. Clearinghouse
68. Manganese

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COMMUNITY CELEBRATES RETURN OF

Photos by STEPHEN CROWLEY
stephen@valcomnews.com

The Sacramento Greek Festival returned to the Greek Annunciation Greek Orthodox Church over the first weekend of October after years at the Sacramento Convention Center. In addition to the delicious food, the event showcased the new event center and courtyard on Alhambra Boulevard.























GREEK FOOD FESTIVAL TO EAST SAC

By LANCE ARMSTRONG
lance@valcomnews.com

Sacramento's annual Greek Food Festival returned to East Sacramento on Oct. 6-8, as the event was held at the church's Alhambra Boulevard and F Street grounds for the first time in 37 years.

That return was made possible through the construction of the church's new 40,000-square-foot community center.

After leaving the church's grounds, this 54-year-old event was presented at Cal Expo for three years, before spending the last 33 years at the Sacramento Convention Center at 14th and J streets.

Terry Kastanis, a longtime member of the church, commented about what it meant to relocate the festival to the Alhambra Boulevard site.

"Well, it's like coming back home, because not only do we have the secular aspects of the festival, but we have the religion at the church, as well," he said. "And one thing about being a Greek and an orthodox, you're kind of both. So, it's kind of nice to bring the culture and the religion together and to bring that back home to our new facility. And it's an opportunity for us to show the community what a lovely facility we have now."

Kastanis added that he believes the event will become a "mainstay in East Sacramento."

As for the new building, Kastanis said that it is a very inviting and convenient place for the festival.

"We have a lovely new kitchen with every modern boiling pot you can think of, and ovens," he said. "It's a huge, commercial kitchen, so we (are) able to do a lot better job of cooking our food in that kitchen. And in the hall is where the food (is) served.

"We (are) able to have plenty of room for all the different kinds of food, the sweets, as well as the lamb dinners, and all the roasted chicken and all those wonderful Greek dishes. So, all of that (is) in the hall and then we eat outdoors, outside in the platia."

Four generations of volunteers – about 400 people total – worked to present the event, which also included live music, traditional Greek dancing, vendors' booths, cooking demonstrations, an eating contest, a Kids' Zone activity area, and appearances by local artist Gregory Kondos. And new this year were bike parking and a free shuttle service.

Peloponnese, Greece native Nick Kontos, another member of the church, said that the success of this year's edition of the festival exceeded expectations.

"Being in a new location and on a new date, we did not know how things were going to go," he said. "The only yardstick we had was what was happening downtown. We made some assumptions and what happened in reality is it exceeded those assumptions.

"The folks enjoyed (the festival) and they enjoyed the food and they had a good time. The community around here supported the festival and we are very appreciative about that."

Healon Knight, who was among the many non-Greek church member guests at the event, commented about what she likes about the festival.

"What I like most about the festival is the atmosphere and the music, the food and just people coming together," she said. "It's just a lovely, festive vibe and something to do in Sacramento. And I'm glad that they got their new facility and are back to their old place."

Tahoe Park resident Trina Whitney said that she is attracted to both the festival's energy and food.

"The primary reason I come here is joy," she said. "I just like the energy, and of course I love the food. It's just amazing, and it's fun. People are friendly. It's great.

"I really like the tiropita. It's a (triangle-shape) pastry that's stuck to (feta) cheese. What's not to like? I also like the shrimp, fish, the Mediterranean salads."

Mary Frances (Munjak) Keenan said that she and her husband, Lloyd, have a long history of attending the festival.

"We have been coming (to the festival) for years, so we have seen the original festival right here on the church grounds," she said. "Every day is good in Greece and it's also good in Croatia. I'm an American, but of 100 percent Croatian descent. We're the neighbor to the north. We cook similarly, but we patronize each other, because we're good people."

Thirty-two-year-old Peter Fotopoulos, who served as the event's chairperson for the bar, said that he was pleased to participate in the festival in East Sacramento.

"This is the first time in my lifetime that I can remember the festival being on our church grounds," he said. "So, we're very excited and it gives us an opportunity to showcase our culture and our traditions and our amazing food, dancing and music with the East Sac community that we're apart of every day and every week.

"This is where we come for church and Greek dance and Greek school, and all of our community events are right here on our campus."

Tina Harris, who is also a member of the local Greek church, provided her own summary of this year's festival.

"The community has embraced it," she said. "I think we had a successful festival and it was so much fun for all our parishioners and all our guests. People were very happy they could walk here, ride their bikes, bring their families. A lot of (people) commented about the vibe, the energy and just the culture that it brought to the community. We're very pleased with the turnout. (The event) was everything I had imagined it would be, but more."



What's happening East Sacramento?

THURSDAY, OCT. 19

SAC STATE JAZZ CONCERT: Declared one of the top three college jazz bands in the nation by the Monterey Jazz Festival, Sac State's Jazz Ensembles present their first concert of the season at 8 p.m. Thursday, Oct. 19, in the Capistrano Concert Hall on campus, 6000 J St. The program includes Pietro's "Forgotten Dreams," Catingub's "Bopularity," and Wilson's "Basically Blues." Tickets are $10 general, $7 seniors, and $5 students, available at www.csus.edu/hornettickets or (916) 278-4323. Contact: (916) 278-5155.

CODING GAMES FOR KIDS – Want to learn how to code, while playing fun games? Then come to this beginner-friendly program Thursday, October 19 from 3:30 p.m. to 4:30 p.m. Spots are first-come, first-served. Recommended for ages 8 – 18. McKinley Library, 601 Alhambra Blvd, Sacramento.

FRIDAY, OCT. 20

MINECRAFT GAMING – Come join us for an afternoon of Minecraft gaming! Players of any level of experience are welcome to join. Spots are first-come, first-served. This free, school-age program takes place Friday, October 20 from 3:30 p.m. to 4:30 p.m. at McKinley Library, 601 Alhambra Blvd, Sacramento.

HOWL-O-WEEN DOGGIE MIXER & COSTUME CONTEST: West Campus High School seniors are hosting "Howl-O-Ween Doggy Mixer for only $10 per dog. Humans are free (18 and older only) on Friday, Oct. 20 from 6:45 to 9 p.m. The Animal Den Pet Resort, 4060 Power Inn Rd, Sacramento, CA 95826. All funds raised will go to the Front Street Animal Shelter - City of Sacramento. Ticket available at https://www.eventbrite.com/e/howl-0-ween-doggy-mixer-tickets-38364884402

FRIDAY, OCT. 20 AND SATURDAY, OCT. 21

LANTERN TOURS 2017: You're invited to the annual October evening tours with Victorian-era costumed actors for "Wild Rides" through the tombstones at the 2017 Lantern Tours of the Sacramento Historic City Cemetery presented by the Old City Cemetery Committee. Four tours per night are available on Oct. 20-21 and Oct. 28 at 7 p.m., 7:45 p.m., 8:30 p.m., and 9:15 p.m. On Oct. 27, two tours are available at 8:30 and 9:15 p.m. On a lantern-led tour through Sacramento's past, guests will meet some of the cemetery's eternal residents who will share stories of adventure and misadventures on the water, across the prairies, on trains and through Gold Rush streets. A stage show will feature riverboat entertainment at the tour's midpoint, and you will encounter riverboat gamblers and enjoy period music. Along the way, you will encounter some ghostly – or is it ghastly? – spirits. It will be a lively night in the cemetery! Tickets for this fundraiser are $35 and available only through http://www.brownpapertickets.com/event/3034629. Price includes the tour, entertainment and light refreshments. Proceeds benefit cemetery preservation and maintenance, and other programs of the Old City Cemetery Committee. **Tickets on sale now.** For more information, call 916-448-0811 or 916-264-7839. The mission of the OCCC is to join hands with the community to restore, beautify, preserve, and protect the Historic City Cemetery, while maintaining access by descendants of the deceased, and to provide educational services to all visitors to the Historic City Cemetery of Sacramento. The Sacramento Historic City Cemetery is located at 1000 Broadway, Sacramento.

PERFORMANCES
AT PIONEER

SPOOKTACULAR
SILENT FILM OCT 28 - 7PM
FREE w/ Canned good for the Sacramento Food Bank

TIM METZ TRIO
NOV 5 - 3PM
Great American Songbook
$25 at door

JASON SIA - PIANIST
Nov 12 - 3pm - FREE

SONGS OF THE SEASON
Dec 2 - On sale Nov 1

PIONEER CHURCH
2700 L St, Sacramento
Across from Sutter's Fort
916-443-3727
www.pioneerucc.org

SATURDAY, OCT. 21

YARD, CRAFT AND BAKE SALE AT CHURCH OF THE CROSS: Find a treasure! Clothing, Furniture, Books, Housewares, Crafts and Jewelry from 8 a.m. to 2 p.m. at Lutheran Church of the Cross, 45th and H streets, East Sacramento.

SAC4PR - PUERTO RICO HURRICANE RELIEF FUNDRAISING: Bachata On Da Edge, Mangos, Fiesta En La Calle, Casa De Español & other collaborators come together to bring you #SAC4PR, a fundraising event for the 3.5 million americans that were victims of Hurricane Maria in Puerto Rico. You can help raise money for the island of Puerto Rico on Saturday, October 21st at 1930 K St. from 5 to 11 p.m. Closing down the street between Mangos and Faces, there will be a stage with live latin music bands and DJs. There will also be free salsa & bachata lessons for those who would like to learn some moves and have fun. The entrance is free of charge. We will be accepting donations, having silent auctions and raffles to raise funds. Sales from the food and drinks will also help contribute to the cause. The monetary donations will be given to conPRmetidos.org. A non-profit organization that is helping with the relief. (Please see their website for details). Cash and card donations will be accepted through Square that will deposit directly into conPRmetidos bank account. If you're interested in volunteering please sign up in this link: http://www.signupgenius.com/go/20f0f4baaa72cabf58-sac4pr. Gracias mi gente! #PuertoRicoSeLevanta

LEGO MANIA! – Like building with LEGOs? Join us for our monthly LEGO free-play afternoon! LEGOs and DUPLO LEGOs will be provided. Family/All Ages. Saturday, October 21 from 2 p.m. to 4 p.m. at Ella K. McClatchy Library, 2112 22nd St., Sacramento.

WALK4LITERACY: The literacy crisis in Sacramento threatens to drastically impact this generation of children, their future and the future of our city. Sacramento's literacy crisis requires bold action and massive public awareness. From the 2016 Walk4Literacy, $5,000 was granted to local programs positively impacting children's literacy in our community. To date, $30,000 has been granted back to community organizations helping children reach grade-level. The event's goal is to help every child reach grade-level reading. The Walk4Literacy is a collaborative project. Group and family registration available. Register to walk or support a group of walkers at walk4literacy.org; 9 a.m. to 2 p.m.; McClatchy Park, 5th Ave.

G.E.T. LOUD: GIRLS EMPOWERED TOGETHER ADVENTURE. FRIENDSHIP. LEADERSHIP: The Junior League of Sacramento and Girl Scouts Heart of Central California welcome girls in grades 6-8 to a day of empowerment and community outreach. This FREE event features hands-on activities, speakers, community resources and lunch. Bring a friend and explore the program centers: Get Connected, Confidence, STEM, and Get Moving. Girls can visit the Get Connected Center and to meet people making a difference in the community. Gain confidence in the Confidence Center by diving into your worth and exploring why you are amazing! Innovate with Code for Hood in the STEM Center. Challenge yourself to live healthier in the Get Moving Center. This day will be filled with fun and exciting opportunities to learn and grow as a leader! Date: Saturday October 21, 2017; 10 a.m. to 3 p.m. at Arthur A. Benjamin Health Professions High School, 451 McClatchy Way.

TUESDAY, OCT. 24

4TH ANNUAL SENIOR PRIDE INFORMATION & RESOURCE FAIR: Wisdom Project = LGBT Elders is holding its 4th Annual Senior Pride Information & Resource Fair on Tuesday, October 24th, 2pm - 5pm at the Hart Senior Center in Midtown, 915 27th St.

WEDNESDAY, OCT. 25

What's That Spice: How to be a Super Taster – Have you ever tasted something so familiar but haven't been able to put your finger on the flavor? Learn to be a super taster! In this program, we'll explore flavor through all five senses: taste, smell, sight, sound and touch. Get to know your food on the next level! Recommended for adults and teens. Wednesday, October 25 from 6:30 p.m. to 7:30 p.m. at the Ella K. McClatchy Library, 2112 22nd Street, Sacramento.

THURSDAY, OCT. 26

SAC STATE'S U-NITE RETURNS: After a three-year absence, U-Nite!, the evening arts celebration thrown by Sacramento State and the Crocker Art Museum, returns Thursday, Oct. 26, 5-9 p.m. at the Crocker, 216 O St. Enjoy dance, dramatic presentations, poetry readings, music, history discussions, and much more, scattered about the many rooms of the Crocker. Admission is free for Sac State students, faculty, staff, and Crocker members. $10 at the door for everyone else. Contact: (916) 278-6502.

NEIGHBORHOOD KNITTERS – Do you have knitting projects you need to finish? Do you enjoy a little conversation with your knitting? Join our knitting group, learn some new tricks, and share your knowledge with others. We welcome all ages and skill levels. Thursday, October 26 from 2 p.m. to 3:30 p.m. at Ella K. McClatchy Library, 2112 22nd St., Sacramento.

FRIDAY, OCT. 27

MESSY HALLOWEEN CRAFTS – Get ready for Halloween by making some spooky, gooey, and downright messy Halloween-inspired arts and crafts. We will be making pumpkin play-dough, monster putty, marble painted spider webs, spooky pictures using paints, and more! School Age. Friday, October 27 from 3:30 p.m. to 4:30 p.m. at McKinley Library, 601 Alhambra Blvd, Sacramento.

FRIDAY, OCT. 27 & SATURDAY, OCT. 28

THE HAUNTED FORT AT SUTTER'S FORT STATE HISTORIC PARK: Friends of Sutter's Fort is proud to present an enhanced and family-friendly "The Haunted Fort" on two special evenings in October. Guests will have the special opportunity to explore the dimly-lit Fort at night at their own pace, interact with knowledgeable docents in period attire (who will share scary, spooky and sometimes disturbing details of pioneer life in the 1800s), participate in fun and interactive stations set-up throughout the Fort, and also be entertained by a number of talented performers from B Street Theatre Company. For more, visit www.suttersfort.org

SATURDAY, OCT. 28

TRUNK OR TREAT! AT SACRAMENTO FIRST CHRISTIAN CHURCH: Are you looking for a safe, fun Halloween experience for the kids? Bring yourself and the kids to Sacramento First Christian Church, 3901 Folsom Blvd. from 5 to 6:30 p.m. for trick or treating at different cars in the parking lot. There will be candy, games and fun! Come in costume, or not. The event is free. For more information call 452-7661.

PIONEER CHURCH STAGES SILENT FILM PHANTOM OF THE OPERA: The 1925 silent horror film classic, The Phantom of The Opera, will be screened with live organ music by Pioneer Church Music Director Jim Jordan, Saturday, Oct. 28 at 7 p.m. Matias Bombal, showman, broadcaster and former movie palace manager will introduce the cinema showing. The story of a mad, disfigured composer who seeks love with a lovely young opera singer, comes the novel by Gaston Leroux. Lon Chaney and Mary Phibin star in the silent film. "The darkened sanctuary of our historic church provides the perfect setting for this silent film," says Jordan. "Our organ is three instruments in one: the Hook pipe organ, the Estey pipe organ, and the Allen MDS digital organ that control it all. It gives the audience the experience the original film would have provided in the classic movie houses of days gone by." The concert is free. The church is collecting canned food donations for the River City Food Bank. The historic Pioneer Congregational Church is located at 2700 L Street, across from Sutter's Fort. For information, call 443-3727.

SABRINA'S CRAFT CORNER – Learn a new craft technique every month, using simple household items and affordable materials. Join us in October as we decorate Halloween tea light lanterns! Using recycled jars, make special homemade tea light lanterns that can be used year after year to light up your Halloween. This is a free adult program, but children 8 and up are welcome. Younger children need to bring an adult helper. Saturday, October 28 from 2:30 p.m. to 3:30 p.m. at McKinley Library, 601 Alhambra Blvd, Sacramento.

MESSY HALLOWEEN CRAFTS – Get ready for Halloween by making some spooky, gooey, and downright messy Halloween inspired arts and crafts. We will be making pumpkin play-dough, monster putty, marble painted spider webs, spooky pictures using paints, and more! Saturday, October 28 from 2 p.m. to 3 p.m. at Ella K. McClatchy Library, 2112 22nd St., Sacramento.

LANTERN WALK IN MCKINLEY PARK: Tinkergarten's Lantern Walk is designed to help kids big and small welcome and see the beauty in the darkness of the end of Daylight Saving time (aka "Fall back"). For our family and yours, we hope it becomes of a magical, annual tradition. At the very least, it's a chance to be out in the wild at night! Read more about why we think this is a super opportunity for you and your kids in our Fall Lanterns activity (see below!). This year, families will be lighting lanterns on the same evening across the country. We are thrilled to see your community join in the tradition! Families will gather before dusk, light lanterns and enjoy an outdoor walk in the park. Please meet at the meeting spot on the map. What do YOU need to bring? All you need is one or more lanterns for each family (we recommend one per family). Short on time? Just grab a flashlight, camping lantern or other light that can travel. You will still find the event magical! Tinkergarten will provide fire starters and tea lights a plenty. The group will also have song sheets so you can join in a few lantern walk songs. Can we bring friends? Of course! The more, the merrier! The event goes from 5 to 6:15 p.m.

See more What's Happening, page 9

PUZZLE SOLUTION

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What's happening East Sacramento?

FRIDAY, NOV. 17-SUNDAY, NOV. 19

RIVER CITY QUILTERS' GUILD 2017 QUILT SHOW: The River City Quilters' Guild is hosting their annual quilt show. "Reflections and Visions," at the Scottish Rite Temple, 6151 H Street, Sacramento on November 17 through November 19. Times are Friday from 10 am to 5 pm, Saturday from 10 am to 5 pm and Sunday from 10 am to 4 pm. Admission is $10 for all 3 days. Ages 12 and under are free if accompanied by an adult. The show will feature hundreds of beautiful quilts, including traditional, contemporary, and art quilts and wearable art made by textile artists. The Country Store and a multitude of vendors will have a fabulous selection of items for holiday gift giving. Don't miss your chance to win a beautiful red and white basket quilt or the cherry red Singer Featherweight Sewing machine, lovingly refurbished by Twice Nice Sewing Machine Restorations. The Boutique will offer chances to win many great baskets and other items, many not quilt related. There will be numerous demonstrations during the three day show. Parking at Scottish Rite is free and lunch is available on site from Ambrosia Café & Catering. Featured artist this year is Carol Smith, a prolific award winning quilter and charter member of the Guild, which is celebrating its 40th anniversary in 2017. Carol is a mentor, teacher, judge, and lecturer whose quilts reflect many varied techniques she has learned in the 40+ years she has been quilting. Proceeds from this event will support the activities of the Guild, which include promoting quilting and the use of textiles within the Guild itself and in the community at large. The Guild contributes to the knowledge of quilting techniques, patterns, history, and quilt making by providing educational meetings, fun, and fellowship. Community service activities include making hundreds of quilts annually for pediatric patients in area hospitals; creating quilts for veterans at Mather Hospital; sewing flannel "lovies" for the Sacramento County Sheriff Chaplaincy and drawstring travel bags for children at the Children's Receiving Home; providing a scholarship at CSU Sacramento for an aspiring quilter; and participating in other charitable quilt auctions.

SUNDAY, DEC. 3

2ND ANNUAL ESP SCHOLARSHIP FUNDRAISER CHAMPAGNE BRUNCH & FASHION SHOW: East Sacramento Preservation invites you to a benefit fashion show and brunch from 11 a.m. to 2 p.m. at Katia's Collections, 5619 H St. (Free parking available in the back.) Learn about the latest trends and what styles look best on your body type. A special discount will be offered to all guests exclusively for this event. Cost: $25. Please make your tax-deductible check payable to ESP. All proceeds benefit the East Sacramento Preservation Scholarship Fund. Reserve your seat by mailing your name, email address and check to: ESP, PO Box 191763, Sacramento, CA 95819
For more information, email contact@eastsacpreservation.org, call 456-9625 or visit eastsacpreservation.org/

ONGOING

CHAUTAUQUA PLAYHOUSE CHILDREN'S THEATRE PRESENTS "CINDERELLA": Chautauqua Playhouse will present the timeless fairy tale "Cinderella", adapted by Robert Gerould, beginning on Oct. 28 at the Playhouse. The show will run on Saturdays at 1 p.m. through Nov. 11. The performances will be held at the Chautauqua Playhouse, 5325 Engle Road in the La Sierra Community Center in Carmichael. Admission is $8 for all seats. The most famous fairy tale in the world comes to Chautauqua, with all the characters you love. Cinderella, a scullery maid in her own home, dreams of finding love and escaping from her wicked stepmother and stepsisters. Only a Fairy Godmother and an optimistic heart can help Cinderella achieve her happily ever after. The direction is by Warren Harrison. The cast includes Stella Pedersen, Dean Dudzik, Pat DeBruyn, Jamie Bristow, Linden Tarr, Shelly Montes and Stephen Watson. Information and tickets are available through the Chautauqua Playhouse website: www.cplayhouse.org or call the box office at (916) 489-7529, during business hours.

"BUTTERFLIES" PLAY AT SAC STATE: Fused in music, dance and new media animated imagery, In the Time of Butterflies, comes to the Sac State Playwrights' Theatre, 6000 J St. Directed by Roberto Pomo, the production is a magical realistic story about the Mirabal sisters, whose assassination in 1960 Dominican Republic led to a worldwide movement. **Performances are at 8 p.m. Oct. 18-21, 27 & 28; 6:30 p.m. Oct. 25-26; and 2 p.m. Oct. 22 and 29.** Tickets are $10-$18, at (916) 278-4323 or www.csus.edu/hornettickets. Contact: (916) 278-6368.

SAC UNIFIED POETRY SLAM: Jenny Lynn and Joe Montoya's Poetry Unplugged present The Sac Unified Poetry Slam every third Friday at Luna's, 1414 16th St., starting at 7:30 p.m. The show is unpredictable. The special guests and judges won't be known until they sign up. The slam is three rounds. This is a FREE show with purchase at the cafe, donations are encouraged to cover PSI venue dues and show staffing. $5 to slam (except youth 18 and under) winner takes the whole pot. Luna's Cafe will be serving the freshest juices and licuados in town, nothing frozen or concentrated. The menu also includes sandwiches, salads, our famous quesadilla, fresh-ground coffee, mochas, and other espresso drinks. A nice selection of beer and wine is also offered. Enjoy it all in the comfortable atmosphere of Luna's, one of this area's original cafe galleries. Supporting artists of all kinds for over 30 years.

JANE AUSTEN READING GROUP AT ELLA K. MCCLATCHY LIBRARY: This monthly group reads the works of Jane Austen and meets the third Saturday of each month in the Ella K. McClatchy library from 3:30 p.m. to 5 p.m. All Austen fans are welcome. 2112 22nd St.

NON-PROFIT ORGANIZATION IS SEEKING LOCAL HOST FAMILIES FOR HIGH SCHOOL EXCHANGE STUDENTS: ASSE International Student Exchange Programs (ASSE), in cooperation with your community high school, is looking for local families to host boys and girls between the ages of 15 to 18 from a variety of countries: Norway, Denmark, Spain, Italy, Japan, to name a few. ASSE students are enthusiastic and excited to experience American culture while they practice their English. They also love to share their own culture and language with their host families. Host families welcome these students into their family, not as a guest, but as a family member, giving everyone involved a rich cultural experience. The exchange students have pocket money for personal expenses and full health, accident and liability insurance. ASSE students are selected based on academics and personality, and host families can choose their student from a wide variety of backgrounds, countries and personal interests. To become an ASSE Host Family or to find out how to become involved with ASSE in your community, please call the ASSE Western Regional Office at 1-800-733-2773 or go to www.host.asse.com to begin your host family application. Students are eager to learn about their American host family, so begin the process of welcoming your new son or daughter today!

KNITTING CIRCLE AT MCKINLEY LIBRARY – Any adult interested in knitting — even an absolute beginner — is invited to join. Participants can learn to knit, or get help on current projects and advice from expert knitters. Don't forget to bring your knitting needles and yarn. Wednesdays from 10 a.m. to 12 noon at McKinley Library, 601 Alhambra Blvd, Sacramento.

TEEN SPACE AT MCKINLEY LIBRARY – Looking for something fun to do after school? Need a place where you're free to hang out with your friends and have a snack? Come to the McKinley Library Teen Space, Wednesdays from 3p.m. to 4:30 p.m. at McKinley Library, 601 Alhambra Blvd, Sacramento.

CAMP POLLOCK VOLUNTEER DAY: From 9 a.m. to 1 p.m. on Saturdays help improve Camp Pollock! Join the Sacramento Valley Nature Conservancy at the 11-acre, former Boy Scout Camp, located on the American River in the American River Parkway. Every Saturday volunteers team up with SVC staff to accomplish tasks including: painting, planting, weed eradication, construction, fence building, outreach, native plant garden maintenance and more. Volunteer days are held every Saturday from 9am-1pm at Camp Pollock. Please wear sturdy, closed toe shoes, hat, dress in layers and bring a water bottle, snack and liability form. All youth must be accompanied by their guardian. Please register below, so we can plan our volunteer projects accordingly. Volunteers will be notified by email if the event is canceled. Rainy conditions will also cancel Service Project.
Important Documents:
Directions to Camp Pollock
Liability form - please print and bring (http://www.sacramentovalleyconservancy.org/admin/upload/Adult%20Release%20of%20Liability.pdf)
Additional information about SVC's events, outings and volunteer opportunities.
If you would like to coordinate a group service day or have questions, please contact us at camppollock@sacramentovalleyconservancy.org

–EVENT CALENDAR–



Holiday Craft Faire
Saturday, November 4th
9am - 3pm • FREE
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Mission Oaks Community Center
4701 Gibbons Drive, Carmichael
916-972-0336

Holiday Arts & Crafts Festival
SATURDAY OCTOBER 28th, 2017
9A.M. TO 3P.M.
Sacramento Elks Lodge No. 6
6446 Riverside Blvd., Sacramento, Ca. 95831
More info: Mary-Jo at (916) 691-3059
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9am - 3pm. FREE to public
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ACC Greenhaven Terrace
1180 Corporate Way, Sacto, CA 95831
Contact Chau Nguyen (916) 394-6399

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& CROCKETT-DEANE APPRENTICE CO
& DEANE DANCE CENTER PRESENT
NUTCRACKER & CHRISTMAS ANGELS
Friday, Dec 15, 8 p.m. - Preview
Saturday, Dec 16, 2 pm
Sunday, Dec 17, 2 pm 2017
"The Center" 2300 Sierra Blvd
Tickets $8 - $15
(916) 453-0226 Tickets at door OR
DeaneDanceCenter.com

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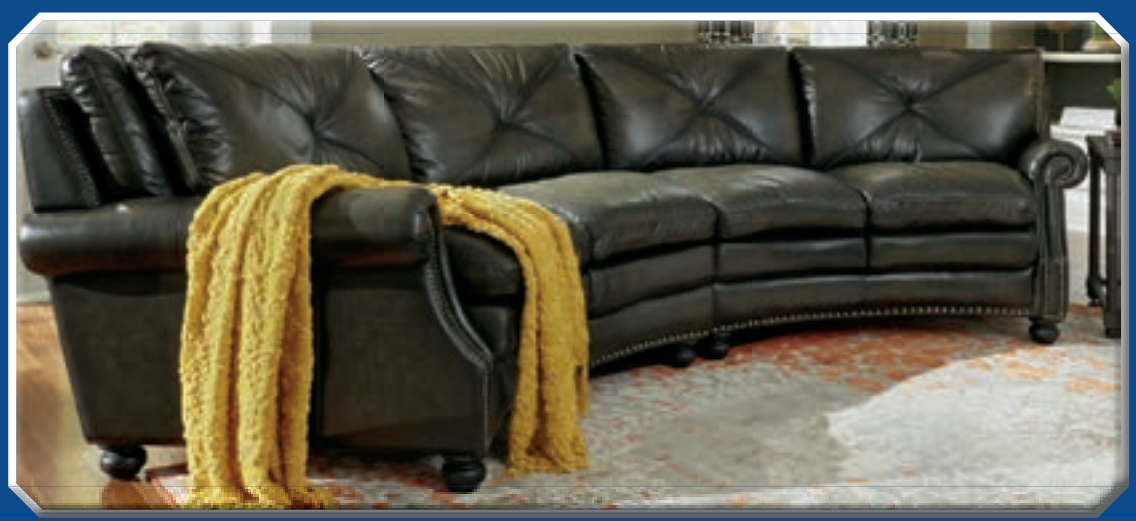
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