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East Sacramento News

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East Sac's SacYard Community Tap House to open by the end of the year

See page 10

- Crossword 5
- Faces and Places 8
- Home Improvement Guide 12
- Classifieds 13
- What's Happening 14



Civil rights musical:

Local filmmaker's documentary on Sacramento Hyers Sisters to air on PBS

See page 3



Perennial Sac Rocktoberfest drew 11 bands, benefiting The Silver Orange Teen Center

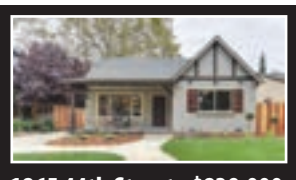
See page 8



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East Sacramento News is published on the first and third Thursday of the month in the area bounded by Business 80 on the west, the American River on the north and east and Highway 50 on the south.

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Vol. XXVI • No. 21

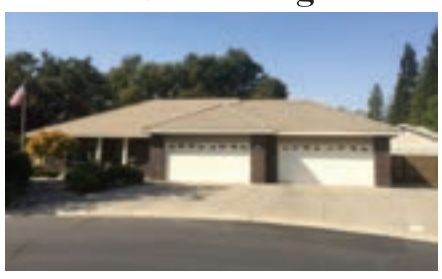
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Local Young Authors Honored at Special Reception

Tales for Tails Book Highlights Human-Animal Bond

On Thursday, Nov. 9, East Sacramento based nonprofit RedRover along with 916 Ink held a special reception to honor eight local authors for their short stories about the human-animal bond. Children between 8 and 12 years old entered the writing contest for a chance to be featured in the book Tales for Tails, to choose animals to be adopted at no charge, and to win prizes.

The contest prompted children to use their imaginations to write short stories from either a pet's point of view, the point of view of an animal in a shelter, or about a day spent with their pet best friend. Tales for Tails is available for purchase online at https://www.916ink.org/our-books.

Aviana, age 11, advice to budding writers is as follows: "You shouldn't write with your head, you should write with your heart." To Erica, 13, her story was personal. "I was supposed to get a husky for my hearing," she said. For Alex, 12, what inspired his story was his dog Stripe and their new puppy that was "getting all the attention."

Prizes were awarded at the reception. First place winners in each age group became a Sacramento SPCA Pet Ambassador and will choose an animal to have its adoption fees waived (covered by RedRover); will have their story hung in the SSPCA lobby; and received a certificate for one free week of SSPCA's Kindness Summer Camp, as well as a $100 Barnes and Noble gift card. Second place winners received a free field trip for 30 students to 916 Ink's Imaginarium writing workshop. Third place winners received $30 Barnes & Noble gift cards. All published authors received two copies of the Tales for Tails book compilation.

Nicole Forsyth, President and CEO of RedRover said, "We are thrilled to partner with 916 Ink on this project to help youth develop their writing skills while developing empathy towards animals. Research has shown that developing empathy may be the best way to prevent acts of violence and abuse and, therefore, critical to creating a more compassionate society for both animals and people."

RedRover focuses on bringing animals out of crisis and strengthening the human-animal bond through emergency sheltering, disaster relief services, financial assistance and humane education for children. This contest aligned with the RedRover Readers program which helps students explore the human-animal relationship and develop critical thinking and empathy.

Since 2011, 916 Ink has led efforts to promote youth literacy by empowering the youth voice through creative writing workshops. They have published more than 85 books, serving more than 3,300 young authors in the Sacramento region.

Justin Self, Executive Director of 916 Ink said, "916 Ink's mission is to empower children and youth through creative writing, and in this project we found that the human-animal connection was an exceptional source of inspiration and creativity for the students that we work with."

Civil rights musical: Local filmmaker's documentary on Sacramento Hyers Sisters to air on PBS

By LAURA I. WINN

Sacramento's own Hyers Sisters are the civil rights and musical theater pioneers most people have never heard of. But thanks to local filmmaker Susheel Bibbs, the story of these African American sisters and their history-changing musical works of the late 1800s has been retold in the award-winning documentary, "Voices for Freedom: The Hyers Sisters' Legacy," airing Friday, Nov. 17 at 4 p.m. and Sunday, Nov. 19 at 6:30 p.m. on PBS.

The Hyers Sisters, Anna and Emma, were young opera singers who at only 9 and 11 years of age debuted at Sacramento's Metropolitan Theater in 1867. Heralded for their talent, they toured the United States in 1871 and then had plans to perform in Europe when as Bibbs tells it, "all Hell broke loose" after President Rutherford B. Hayes pulled troops out of the south and African Americans became disenfranchised and subjected to violence and lynchings by the Night Riders and other groups. The Hyers Sisters, children of the 1860s civil rights movement, felt they couldn't leave their country and instead had to act. In response, they created the



first American musicals, humanizing African Americans to white audiences through "stories of dignity, hopes and dreams," says Bibbs.

During this tumultuous time, the Hyers Sisters used humor to poke fun at negative stereotypes and "as a testament to their bravery" were the first to have an integrated cast. "They wanted to showcase how African Americans had real stories of real people, not cartoons of minstrels. They showed how they wanted the American dream like anyone else," explains Bibbs.

Bibbs, an accomplished opera singer in her own right, learned of the Hyers Sisters story while on tour in 2009. For the next seven years, Bibbs immersed herself in research, reading American musical theater history books, interviewing descendants still living in Sacramento, tracing genealogy records and visiting the gravesites at the Sacramento City Cemetery.

In "Voices for Freedom," Bibbs draws from that research to bring the story and the music of the Hyers Sisters to life with help from internationally-acclaimed mezzo soprano Tichina Vaughn and hip-hop narrator WolfHawkJaguar, among others. Bibbs says she chose a hip hop artist for one of the narrators to make the connection to the negative issues that continue to face African Americans today. "I wanted to show a very positive way of addressing these issues from this current vantage point."

Noting how music connects people, Bibbs adds that spirituals, like the ones sung in the Hyers Sisters' drama "Out of Bondage," have an especially effective way of uplifting and inspiring everyone, regardless of color. "When people get caught up in that music, they could steel themselves against the dogs after them. They help transcend problems. I call them spirit songs because they raise the spirits of all people."

It's that musical connection that Bibbs says she hopes draws a wider audience to the film in comparison to her last documentary, "Meet Mary Pleasant: Mother of Civil Rights in California," which also aired on PBS and screened at The Cannes Film Festival. In addition to the PBS broadcasts, "Voices for Freedom" is showing at film festivals across the country and recently won the 2017 Grand Festival Award at the Berkeley Video Film Festival.

Arts in River Park founder Brenda Jew Waters, a financial sponsor of the film, hosted a viewing party in her home for the PBS debut on November 15. Waters backed "Voices for Freedom" because she says she was intrigued by the story and believes in the talent and passion of Bibbs and her proven record of success.

For information on hosting a viewing party, buying the DVD or attending a film festival screening, visit thehyerssisters.com.

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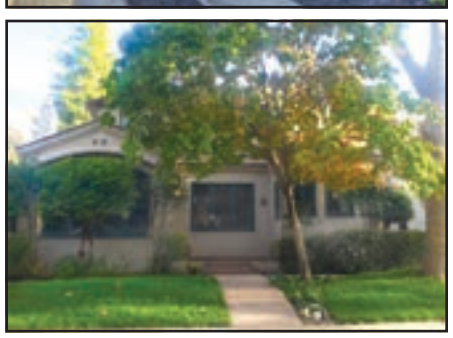
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Rich Cazneaux

Finding a good mail slot in Tahoe Park

By BILL LAWS

Benny, a letter carrier in Tahoe Park, complains of the difficulty of finding good mail slots in the Sacramento residential community. Although a veteran carrier, he asks that his name be changed for purposes of this article. "Actually," he says, "I like mail baskets best. This time of year you get a lot of gift catalogs coming through that don't fit the mail slots."

Mail slots in "old neighborhoods like Tahoe Park" , says Benny, are not big enough for the catalogs or bunches of advertisements or sometimes even modern letter covers. Usually, he says, he'll try and talk to the owner about where they want their oversize mail. Perhaps behind a planter or on a porch chair.

"I usually try to deliver three or four times until I get the owner to answer the door," he explains. He explains with obvious pride that the U.S. Postal Service tries a little harder than private carriers like Amazon to make sure the mail is delivered safely. He shows me one well-stuffed private carrier envelope that is marked "Carrier Leave If No Response." "That means," Benny says, "that they can leave the mail on the very first delivery attempt even if there is no mail slot or basket."

Another case of the "adequate mail slot" in the same neighborhood is at Tahoe Park school. In this instance, there actually exists a mail slot but one slot may not be sufficient. Unlike most public schools, Tahoe Elementary School in Tahoe Park has two different addresses.

One address is on 60th Street. This marks the location of the main school office. The other address is on 8th Avenue. This second address marks what the letter carriers I have spoken with call "the bungalow."

The bungalow is situated on the school campus and looks like a regular classroom. This small building, owned and maintained by the school district, is between the school garden and some playground equipment. It houses the YMCA program(and other programs) that take place after the ringing of the last school bell. Letters properly addressed to the YMCA program get sent even after the bungalow is closed tight. The small outbuilding is also where the neighborhood association meets on a monthly basis.

Unfortunately, the bungalow doesn't have a mail box or letter slot. When the school year starts, YMCA staff (or anyone else) are almost never there.

"I can't figure out where to take the mail," explains the new letter carrier named Benny for this story. With a sense of exasperation, he explains that the office staff at the main school refuses to take any mail for the after-school program.

At a certain level this seems puzzling. After all, the school office keeps a message box for the YMCA staff to receive notes and other information. The bungalow, moreover, is just a few feet away from the classrooms.

In the summer there would be someone at the bungalow who would eventually take the mail. The letter carrier describes the process of walking the mail into the bungalow and handing it to the part-time staff who worked there. Even then, he says "people didn't seem to know who should take the mail."

But at least they got it, he says. In addition, the letter carrier has some extra concern. He says that the mail looks like it might include payroll checks. He knows that if the mail is sent back to the post office as "undeliverable" it might sit for weeks before the part-time workers receive their pay.

In this case, the return address on the letter cover seems to be a payroll service. The letter carrier figures it could be a long time before the rightful person gets the letter if the letter is rerouted. As he asserts, even though the post office knows that the YMCA is the employer, the post office might not take the time to call or text to ascertain a proper local forwarding address.



Back at the school office on 60th Street, a professional looking woman who says she is the school secretary says "we can't have anything to do with it. It's their mail."

Perhaps understandably she feels that the outbuilding isn't her responsibility. It's owned by the school district, but it is only partially within the school fence. The stairs and handicapped ramp let out onto the sidewalk. Long tradition, then, has made everyone feel that the bungalow's various tenants control their own destinies and their own communications systems.

Sean, a letter carrier who formerly worked the area for almost ten years has some sympathy for the school secretary's point-of-view. "After all," he says "It's a federal program and everyone wants to do the right thing." In his new route, he says that some schools will take the extra mail and take it to the agency or staff of a partnering agency. That decision though, as explained by Sean, is up the individual or school office receiving the mail.

Others feel slightly different. From a different angle, one would think that the regular school staff should be aware that the bungalow has failed to provide a letter slot or mail drop of some kind. Isn't one of the duties of the school staff to be aware of the conditions and happenings on their school campus?

After all, no one wants abandoned mail. Under the "carrier leave if no response" policy that would indeed be the outcome. And at the door of the bungalow there is no flowerpot or porch furniture behind which to hide a fat envelope or parcel.

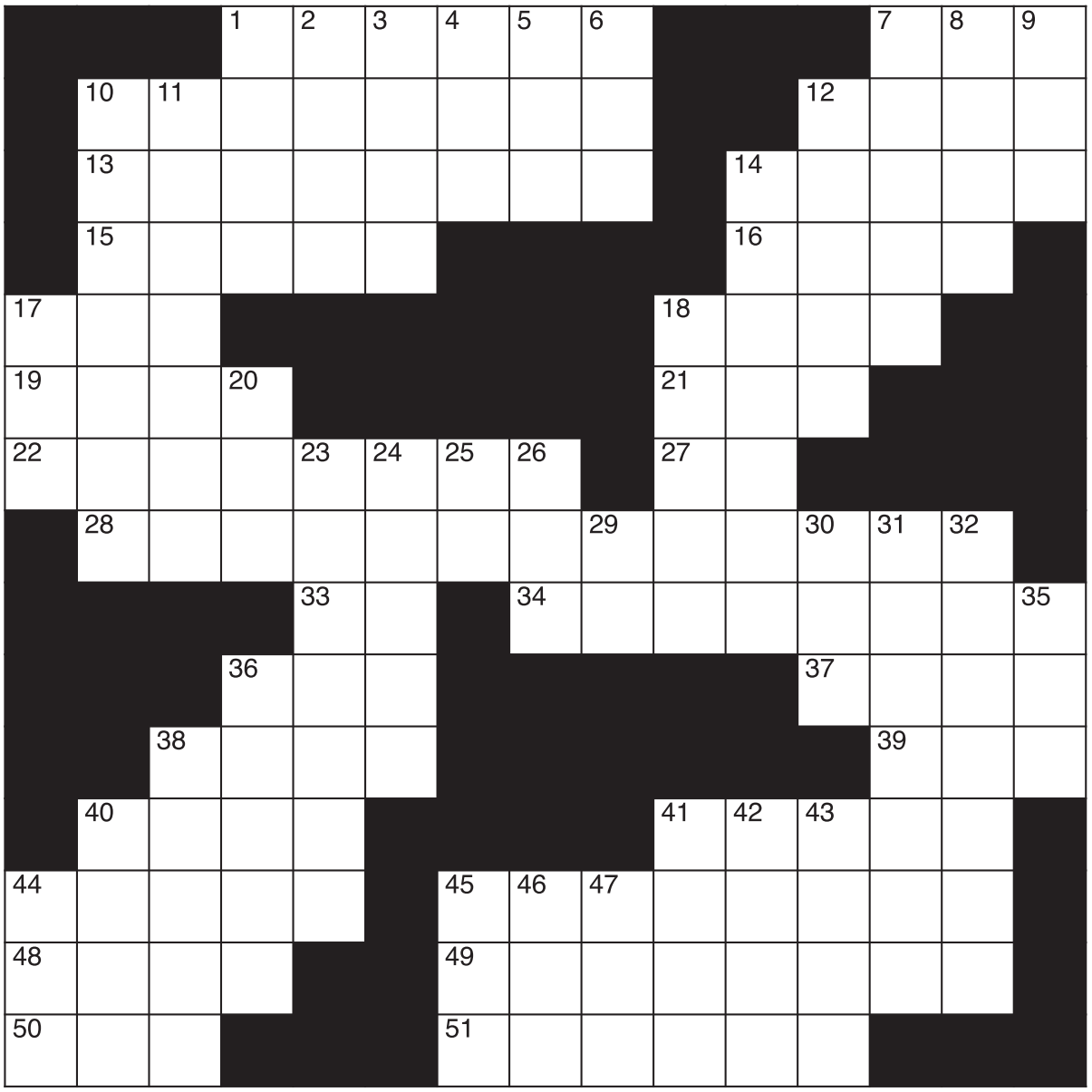
Alex Barrios, the Chief Communications Officer for Sacramento Unified School District is not quite ready to cast the blame on the staff at Tahoe Elementary.

His suspicion is that the after-school program has forgotten to send a change of address slip to the post office to inform them of where to send the mail after the summer program has ended or substantially "wound down."

"We certainly have an interest in making sure that mail gets to where it is suppose to go," says Barrios. Not a bad idea since the after-school program probably serves some of the same kids and families served by the regular school program. In a cheerful and efficient manner, he promises that he will look into the problem.



CROSSWORD



CLUES ACROSS

1. Holds candles
7. In possession of
10. Rodents
12. Type of cofactor (Brit. sp.)
13. Hard candy on a stick
14. Animal of the weasel family
15. Things that should not be overlooked
16. "Silence" author
17. Dried, split lentils
18. People native to Ghana
19. Barros and Gasteyer are two
21. British thermal unit
22. Large oblong hall
27. Ethnic group in Asia
28. Holiday decoration
33. Milliliter
34. Open
36. Health physics concept (abbr.)
37. Tantric meditation
38. Where golf games begin
39. Birth swine
40. Rip
41. Remove
44. Puts together in time
45. Rotary engines
48. Skeletal structure
49. Member of a labor organization
50. Japanese classical theater
51. Undergarments

CLUES DOWN

1. "Snake Tales" cartoonist
2. Religious group
3. Singer Redding
4. __ and tuck
5. Head honcho
6. Second sight
7. Composer
8. About aviation
9. Senior officer
10. Forecasts weather
11. Seasoned Hungarian soup
12. Town in Hesse, Germany
14. Thought to derive from meteorites
17. Hit lightly
18. Seemingly bottomless chasm
20. Title of respect
23. Warms up
24. Man and Wight are two
25. Type of scan
26. Atomic mass unit
29. Article
30. Incriminate
31. Passes by
32. Most nerve-inducing
35. David Alan Grier sitcom
36. Achieve
38. Freshwater fish
40. Beginner
41. Dark brown or black
42. A newlywed wears one
43. DiFranco and Vardanyan are two
44. Diego, Francisco, Anselmo
45. Ancient Egyptian King
46. Old name (abbr.)
47. Brazilian city (slang)

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Mom and Pop Garcia reflect on four years of hard work and fun at Blue Lamp

By LAURA I. WINN



Not many mom and pop shops boast of burlesque comedy shows, punk rock fundraisers and hip hop concerts, but for the Garcia's, an eclectic lineup of performing arts paired with some good, strong drinks is just what they're selling. Their shop just happens to be Blue Lamp, a live music venue and bar on Alhambra Boulevard, and the Mr. and Mrs. happen to be Gabi, 43, former manager of Limelight Bar & Cafe, and Ben, 40, former frontman of the hardcore band Hoods.

On Halloween 2013, the couple combined their respective talents and purchased the longstanding 21+ venue with the goal of bringing more bands to town and revitalizing the scene. "We noticed bands were skipping Sacramento. Bands we wanted to see would play San Francisco, Portland and Reno, but not here," explains Gabi.

So the couple invested in their venue. They revamped the sound system and created the type of space they knew musicians liked to play. From the guy at the soundboard to the security at the door, all of the staff have had their own music projects at one time or another.

The upgrades on the inside fostered changes to the names on the marquee outside. Two Ramones (Richie and CJ), Rapper Layzie Bone of Bone Thugs-n-Harmony, and a number of legendary bands, including MDC and The Dictators, have since graced the stage with opening support from local bands in the 160-capacity club.

All genres of music are welcome "as long as it's not derogatory. This is a safe space," states Gabi. "Anyone and everyone is welcome," adds Ben.

That welcome extends beyond concerts. At the monthly MoxieCRUSH Variety Show every third Friday, there's dancing from Midtown Moxies Burlesque and jokes from a revolving lineup of comedians. The venue has hosted circus performers and art receptions. Last year's "Life on Mars" reception showcased 60 local artists' interpretations of David Bowie lyrics.

No two shows are alike. "We had three hip hop shows one week, and it was a different crowd every night," explains Gabi. When The Ataris, a band popular for their pop punk love songs of the late 90s played in 2015, "It was date night. All the guys were here for their wives," laughs Ben.

On their 2016 and 2017 tours, the Ataris returned. "We've built up a good reputation with touring bands," says Ben. "I treat the bands how I would like to be treated as a musician." Sometimes that

See Blue Lamp, page 7

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Blue Lamp:

Continued from page 6

means doing something as small as giving the band a case of water to make them feel a little more like rock stars.

Local music veteran Danny Reynoso, who has played many Blue Lamp shows, including benefits for the American Cancer Society and Toys for Tots, agrees. "Gabi and Ben show respect, work hard and appreciate bands that do the same."

Charity shows, including fundraisers for the homeless and area schools, are a staple at Blue Lamp. "One of my favorite things about owning the business is to be able to give back to the community while bringing it together with art and music," Gabi states.

That giving spirit recently extended to two struggling music clubs, The Colony and Cafe Colonial. Blue Lamp hosted an October benefit to help keep their doors open because "They are smaller all ages venues this city desperately needs," Gabi explains.

In addition to operating as a community-engaged events venue, the Garcia's originally envisioned Blue Lamp as a neighborhood bar with regular afternoon and evening hours, but lack of foot traffic altered plans. Still, being steps away from a Motel 6, Starbucks and 24-hour IHOP has made Blue Lamp an ideal destination for touring musicians who thrive on coffee and late-night pancakes. Plus, the current set-up keeps the couple plenty busy with events four or more nights a week.

"We're a true family-run businesses, so we do everything," explains the mom of two. "I'm the booker, bartender, manager and janitor." She's also coach for her daughter's basketball and soccer teams.

Ben still works a 9-to-5 job, but fills in as needed, providing security and pouring the local brews on tap, including Two Rivers Cider, Track 7 and Lagunitas.

To balance all of their responsibilities, Gabi says they try not to sweat the small stuff. Her motto is, "Do what you can do every day, and finish the rest tomorrow."

The adventure of the past four years has led to some unexpected lessons. Being on "both sides of the fence" changed Ben's perspective to his behavior as a touring musician. "It's easier to the be jerk on stage than the guy running everything."

For Gabi, the biggest surprise has been her own strength. "I have more perseverance and patience than previously thought." Owning a venue has been "way harder than anyone could ever think. You have to be responsible for other people's livelihoods." But she adds, "It's also the most fun we have ever had."

Sacramento Teen is a Finalist in National Singing Competition



Local Sacramento teenager, Mackinley Grace Melgoza, 17, has made it to the finals of a national singing contest called *Sing Your Praise*, a national Christian online singing competition. The winner gets $10,000 and the chance to record a single with Grammy award winner Jaci Velasquez. Voting is open until 10 p.m. on November 16. More information about the contest and how to vote can be found on Melgoza's website at mackinleygrace.com.

A senior at Capitol Christian High School, has been singing as long as she has been walking. "She's been singing since she was a toddler, with her first performance at 3 or 4, states her mother, Cindy Melgoza, "Versatile and passionate are two words that I have to describe her vocal talent.

Her vocal range, especially when it comes to belting out the high notes, is something that local professionals noticed early on. "She's definitely unique and headed to a bigger stage one day," states Arlene Mordeno, local producer and owner of Kick-A-Beat records.

Melgoza is the youngest of three siblings. All of her siblings have a passion for music but Mackinley hopes to make a career out of it, "Music has always been my passion and I'm thankful for the gift God has given me. I love performing and moving my audience the way music moves me." If Melgoza wins this competition, she will devote the proceeds to college, which I her next big goal. "I would love to go somewhere known for its musical curriculum." States Melgoza."

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Perennial Sac Rocktoberfest drew 11 bands, benefiting The Silver Orange Teen Center

By ALENA BRAHCE

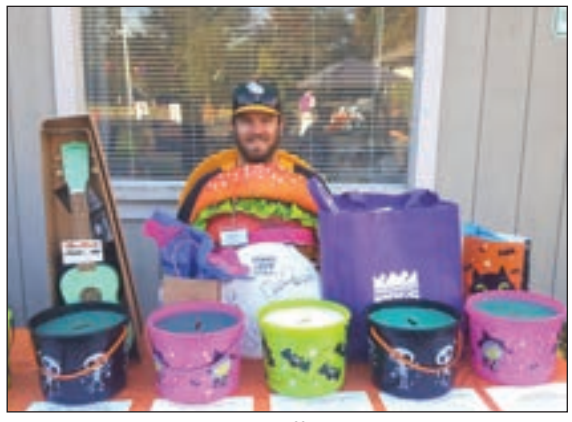
The perennial Sac Rocktoberfest took place in East Sacramento at The Silver Orange teen center on Saturday, Oct. 28. Eleven youth bands performed on two stages – an outdoor acoustic stage and an indoor "Screaming Orange" main stage for a spooky fundraiser concert benefiting The Silver Orange. Additionally, four youth artists displayed their creativity and sold prints and original artwork in an Artists Showcase. Community members joined to enjoy the music, grab food from Purple Pig Eats and Voyager World Cuisine, trick-or-treat at various booths and participate in the raffle and costume contests. Raffle prizes included donations from the Sacramento Kings, Kline Music, Mike's Bikes, DMK Creative Youth Foundation, Pipeworks and more.

The Silver Orange Teen Center is a new nonprofit organization in East Sacramento focused on creating a safe and creative environment for teens ages 11-17 to express themselves through social activities, music and art. This event marks its first ever benefit concert to support teens.

Keep an eye out for upcoming concerts, events and fundraisers on The Silver Orange's Facebook page: www.facebook.com/SilverAndOrange.



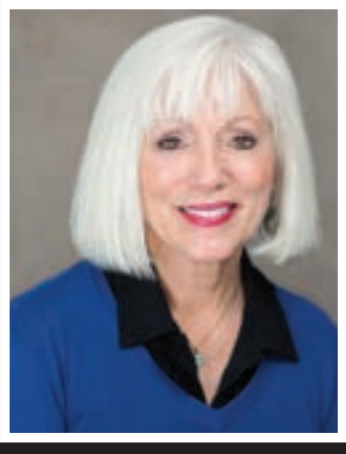
Attendees listen to music at the outdoor acoustic stage.



Community members bid on raffle prizes donated by the Sacramento Kings, Kline Music, Mike's Bikes, DMK Creative Youth Foundation, Pipeworks and more.



Youth artists displayed their creativity and sold prints and original artwork in an Artists Showcase.



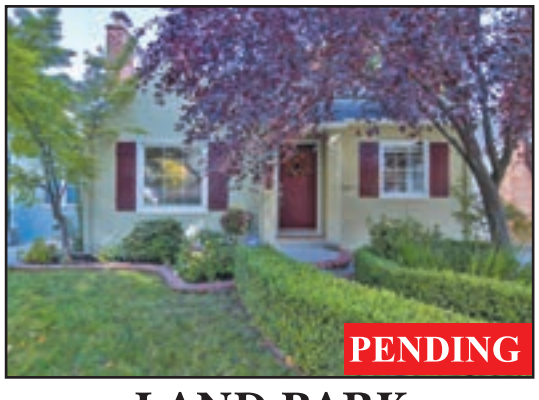
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Public Notification

City of SACRAMENTO
Department of Utilities

Construction Is Underway

The City of Sacramento, Department of Utilities and its construction contractors are working on water meters, water mains, and water service lines in the area.

Visit **www.MetersMatter.org** to learn more about the project and to find out what may be happening in and around your neighborhood.

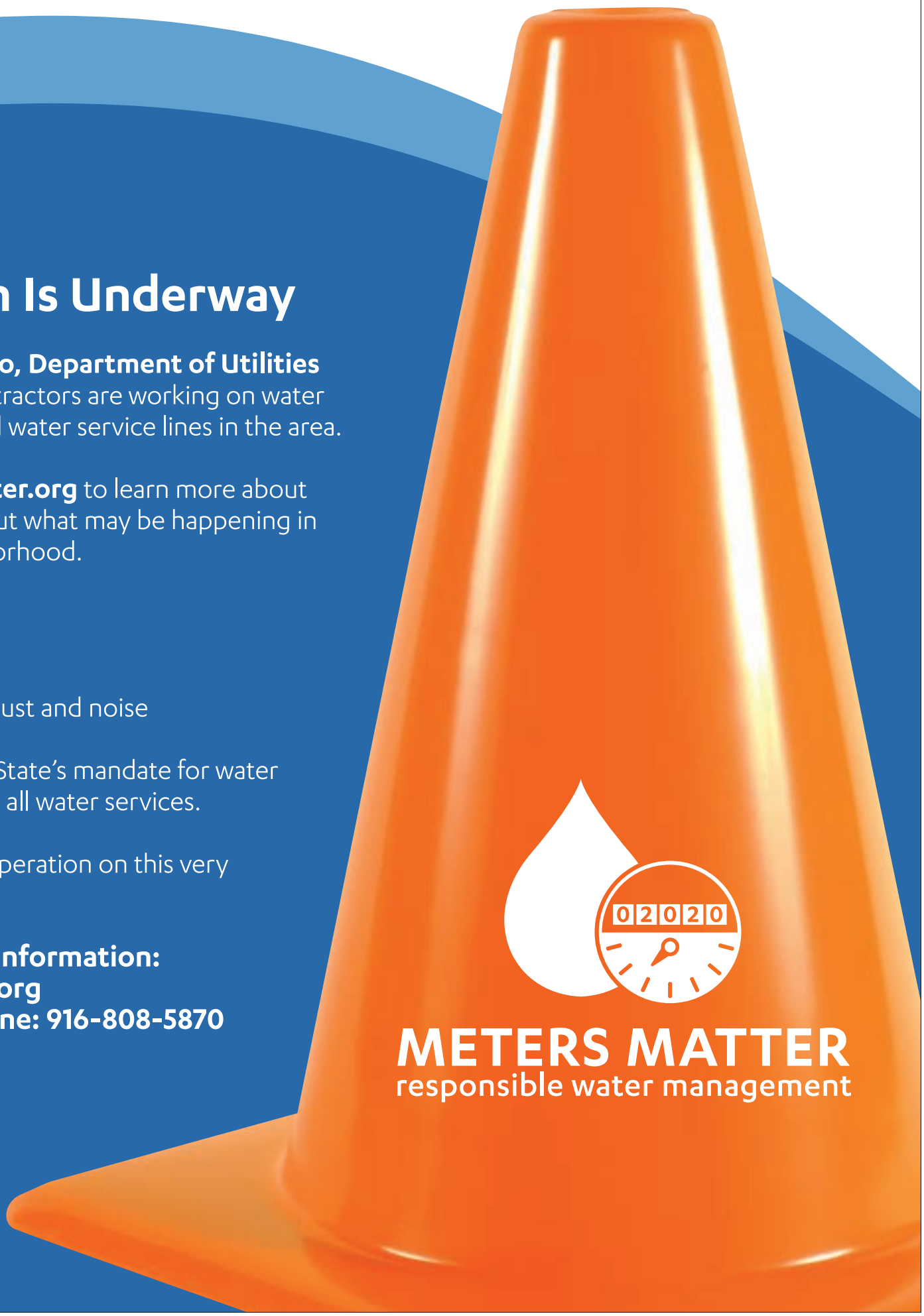
This work may result in:
- Traffic delays
- Sidewalk closures
- Construction-related dust and noise

This work addresses the State's mandate for water meters to be installed on all water services.

Thank you for your cooperation on this very important project.

Contact us for more information:
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Meter Information Line: 916-808-5870

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East Sac's SacYard Community Tap House to open by the end of the year

By MONICA STARK
editor@valcomnews.com

Sixteen years ago, East Sacramentans Melody and Dan Thebeau had their first date at a brewpub and before the end of this year the duo will celebrate a major milestone – the opening of their own long-awaited business: SacYard Community Tap House at 1725 33rd St.

As the old adage goes – What you drink says a lot about you – the Dan and Melody story surrounded a love for beer. At that first date, Melody arrived before Dan and ordered her beer, and when he arrived she was very curious as to what beer he would order. At a time when there were very few craft breweries and a limited variety of "different" to select from, Melody says they both ordered a Sierra Pale Ale. "It was love then and over many years and many beers our love of beer has expanded to a world of amazing craft brew. There's nothing like a deeply rooted chocolate stout on a cold winter night or the crisp taste of a top/fermented Kolsch on a warm summer day. Our go-to will always be an IPA, which is better today than they have ever been."

Both transplants to the area, Melody from Oakland and Dan from Hartford, Connecticut, East Sacramento is home, and truth is, Melody says, "We've never been happier." Living just a few blocks from the tap house in a 100-year-old quaint craftsman with their two dogs Yorkie Hurley and English Golden Retriever Chase, "Life is simple and good," she said.

Built on the site of a former automotive garage, the location of SacYard boasts a unique half dome roof and glass garage doors that allow for an abundance of natural light, as the exterior storefront of consists of white oak wood cladding complemented by corrugated, galvanized steel panels in weathered gray, reflecting the building's industrial characteristics.

When you walk into the 2,400-square-foot taproom, you'll feel the warmth of the natural wood truss ceiling embrace you. Look up and you'll see the space retains original automotive characteristics, such as the painted banding and refurbished concrete flooring. The communal tables are handcrafted from a local woodcraftsman, Iron Plank Designs, from Auburn. They are made from abandoned water tanks more than 100 years old that retain the natural incongruities of the tank system. The cooler houses 24 direct draw taps with an outdoor service counter opening the bar to the beer garden. The interior design was influenced by LJ2 Interiors and Parisa O'Connell. "Our biggest partner, however, is Sutter Builders, the master of making it all happen!" says Melody.



Photo by Monica Stark

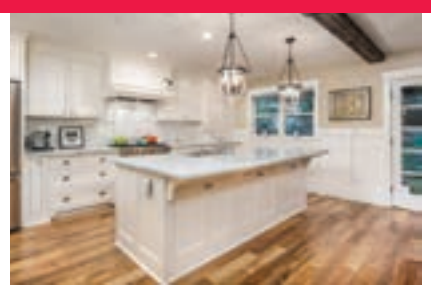
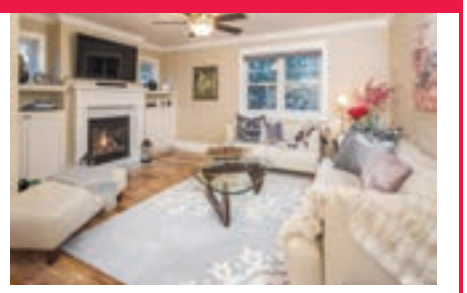
Dan and Melody Thebeau along with dog Hurley outside the soon-to-open SacYard Community Tap House, located at 1725 33rd St.

Designed by Jake Moss of Healdsburg, whose work you may have seen on DIY Network's Yardcore, the heart of the 3,800-square-foot outdoor biergarten will include a communal fire pit where people can gather, while others can choose to sit with friends and family at one of the 8 to 9-foot farm tables that collectively will span 50 square feet.

For those who love the "man cave" element, the owners plan to tuck

See Taphouse, page 11

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Taphouse:

Continued from page 10

you in a private corner of the yard with comfortable seating and a dedicated outdo Thebeaus or television set. An outdoor service counter will make it convenient to grab a beer without having to go back in. A grass area and cornhole toss will invite families and friends. Meanwhile, a full-sized wall chalkboard can occupy the children.

With the experience of a seasoned beer program manager and a good understanding of the variety of what customers enjoy, the Thebeaus' focus will be on the freshest selection of beers available at every order. While accounts with the major distributors will be necessary, they intend to work directly with independent craft brewers as often as possible. "Our 24 taps will rotate the best selection of ales, lagers and sours from the West, including Portland, San Diego, and Colorado. Of course, some of our finest beer carry will be local to the Sacramento region," Melody says.

Melody says they will heavily promote food truck families and provide dedicated food truck parking on the premise with the hope of bringing a varied selection of the best food truck options in Sacramento from Thursday through Sunday. They have also partnered with East Sacramento's very own Compton's Market to provide a small selection of daily gourmet sandwiches, pasta salads and charcuterie to supplement the food truck experience. Folks are welcome to "order-in" food options by phone app and families can also choose to pack and bring their own picnic from home.

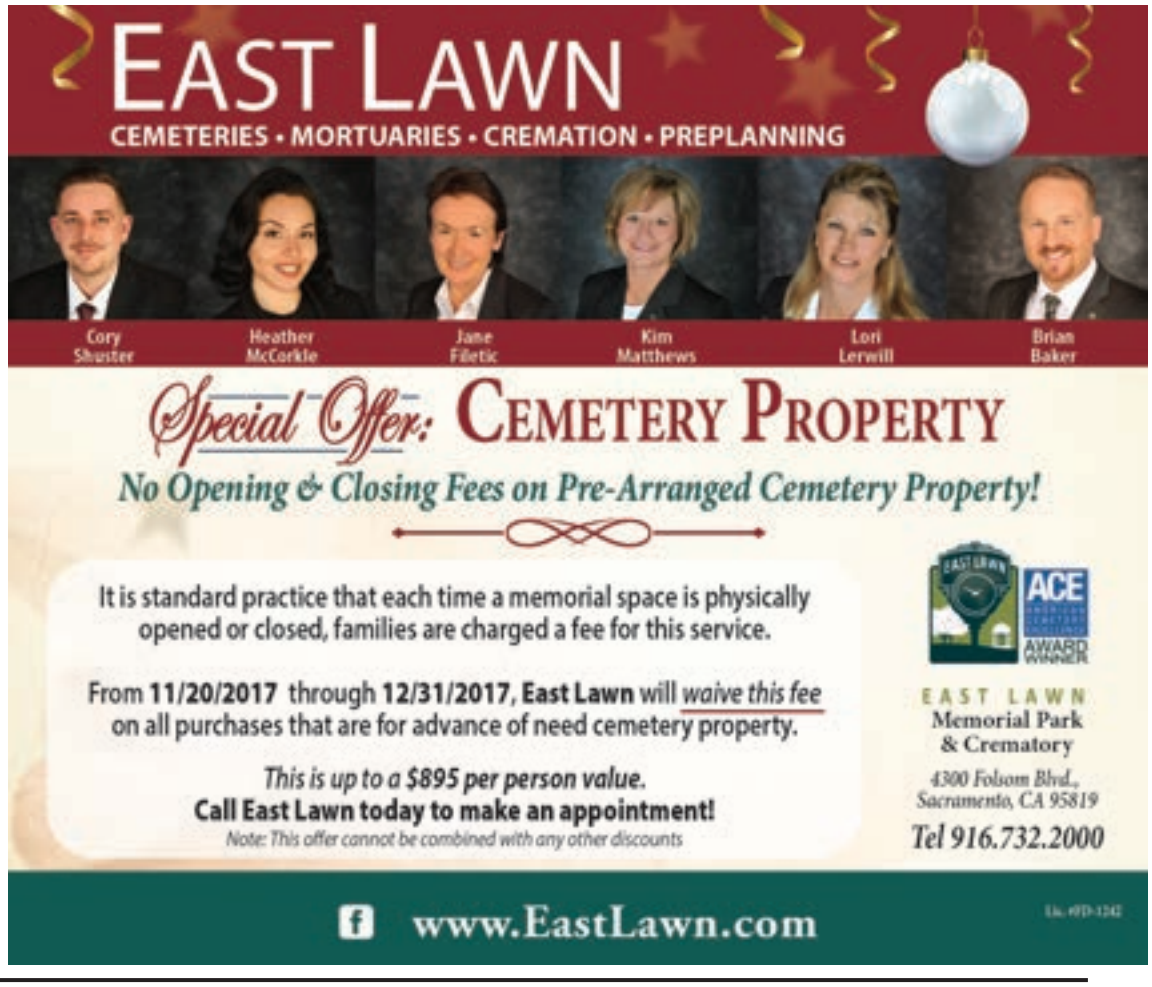
As taprooms and breweries continuously pop up around Sacramento, Melody does not fear the competition, in fact, she's inspired by it and says SacYard will provide a unique atmosphere for the neighborhood. "Taprooms and breweries are enhancing communities and getting people out without a high-cost experience. In our immediate vicinity, there is nothing like SacYard's indoor/outdoor setting bordering neighborhoods that are walking and biking distance. Our 3,800 square-foot beer garden is where people will feel free to gather and enjoy warm fire pits in the winter or the comfort of a heated or air conditioned tap room where people are playing Dominos and card games." She added that the taproom's entertainment permit allows for live music, though that's not to say that they're going to have a live stage concert. They're also considering other entertainment such as a comedy night. "Lastly, for our 33rd Street neighbors, we will have one dedicated '33rd Street Tap' for a beer selection of their choice. We feel very fortunate to be in a neighborhood that has welcomed SacYard and this is a small way of giving them something back. It's all about the community."

Melody, having been in the commercial real estate industry and have been for more than 20 years, runs operations with teams of seasoned commercial property managers in Northern California, Portland, Seattle, New York and Chicago. Dan's opportunity to join Armstrong Plumbing company to run their underground division is what triggered the Thebeaus' move from the Bay Area. "Although I travel a good amount of time, I do love my career, but mostly because I get to be here in Sacramento. We have no intentions of leaving our day jobs, which I think is important for the success of a new business venture. We'll leave the day-to-day in the hands of our experienced operators who have learned more than we'll ever know. Our managers represent the heart of our team." All that said, she assures you will still find her and her husband most evenings and weekends, bar backing, bussing tables and hosting the beer garden with a smile.

Asked if there was anything they'd like to add, Melody said SacYard will be proud to support three local charitable organizations each year to raise awareness of the growing needs of our community and those in the nonprofit sector. More information will be available as the Thebeaus approach the grand opening.







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Words matter: 'grief' applies to the life altering events of the fire storms in Santa Rosa. It also applies to 'feeling blue' and the anxieties of the coming holidays. Regarding this feeling and others, call G. Epstein, M.D. 916 454-3668 at Mercy Plaza, Ste 270, 3939 J Street. Appointments Wednesday afternoon.



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Words Matter. I'm amazed Dr. Boucher didn't shoot Senator Paul. Holidays are anxious times, before you lose it, lash out without thinking, talk to me. I'll listen. G Epstein, MD 916-454-3668

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What's happening East Sacramento?

FRIDAY, NOV. 17-SATURDAY, NOV. 18

SAC STATE'S OPERA THEATRE PRESENTS BERLIN TO BROADWAY WITH KURT WEILL: A Musical Voyage, at 7:30 p.m. Nov. 17 & 18, and 2 p.m. Nov. 19, in the Capistrano Concert Hall on campus, 6000 J St. The performance is a joyous and moving celebration of composer Kurt Weill, known for songs such as "Mack The Knife" and "Alabama Song (Whisky Bar)." Tickets are $10 general, $7 seniors, $5 students, available at (916) 278-4323 or www.csus.edu/hornettickets. Contact: (916) 278-5155.

2ND ANNUAL GERMAN CHRISTMAS MARKET: It's a time to greet your neighbors, sample exquisite foods and select Christmas gifts in a festival atmosphere; 9 a.m. to 3 p.m. at American River Community Church, 3300 Walnut Ave.

FRIDAY, NOV. 17-SUNDAY, NOV. 19

RIVER CITY QUILTERS' GUILD 2017 QUILT SHOW: The River City Quilters' Guild is hosting their annual quilt show. "Reflections and Visions," at the Scottish Rite Temple, 6151 H Street, Sacramento on November 17 through November 19. Times are Friday from 10 am to 5 pm, Saturday from 10 am to 5 pm and Sunday from 10 am to 4 pm. Admission is $10 for all 3 days. Ages 12 and under are free if accompanied by an adult. The show will feature hundreds of beautiful quilts, including traditional, contemporary, and art quilts and wearable art made by textile artists. The Country Store and a multitude of vendors will have a fabulous selection of items for holiday gift giving. Don't miss your chance to win a beautiful red and white basket quilt or the cherry red Singer Featherweight Sewing machine, lovingly refurbished by Twice Nice Sewing Machine Restorations. The Boutique will offer chances to win many great baskets and other items, many not quilt related. There will be numerous demonstrations during the three day show. Parking at Scottish Rite is free and lunch is available on site from Ambrosia Café & Catering. Featured artist this year is Carol Smith, a prolific award winning quilter and charter member of the Guild, which is celebrating its 40th anniversary in 2017. Carol is a mentor, teacher, judge, and lecturer whose quilts reflect many varied techniques she has learned in the 40+ years she has been quilting. Proceeds from this event will support the activities of the Guild, which include promoting quilting and the use of textiles within the Guild itself and in the community at large. The Guild contributes to the knowledge of quilting techniques, patterns, history, and quilt making by providing educational meetings, fun, and fellowship. Community service activities include making hundreds of quilts annually for pediatric patients in area hospitals; creating quilts for veterans at Mather Hospital; sewing flannel "lovies" for the Sacramento County Sheriff Chaplaincy and drawstring travel bags for children at the Children's Receiving Home; providing a scholarship at CSU Sacramento for an aspiring quilter; and participating in other charitable quilt auctions.



FRIDAY, DEC. 1 - SATURDAY, DEC. 2

GALENA STREET EAST--HOLIDAY TAPESTRY: Come enjoy a beautiful Holiday Tradition and experience the magic of the performing group Galena Street East as they present their HOLIDAY TAPESTRY. ONLY 3 shows.....Friday December 1st at 7pm and then two shows on Saturday December 2nd at 1pm and 7pm. Tickets prices ($20 adult--$15 students/seniors....Group rates available if anyone wants to get a group together to attend). Shows are at the HIRAM JOHNSON HIGH SCHOOL auditorium. Tickets can be purchased at holidaytapestry.org OR by calling 916/731-4090.

SATURDAY, DEC. 2

PIONEER CHURCH GIVES "SONGS OF THE SEASON": "Songs of the Season", the annual Pioneer Congregational Church family holiday musical will be performed Saturday, December 2, at 7:00 p.m. Capital Public Radio's Donna Apidone is the "story teller". Pioneer Music Director, Jim Jordan, has drawn musicians and singers from the four-county area for the holiday production. "The jubilant secular and joyous sacred pieces are wrapped in a beautiful story masterfully told by Donna Apidone. This will be an evening sure to delight young and old alike," says Jordan. The 35 voice choir and 24 piece orchestra is from a variety of community musical organizations from the Folsom Lake Symphony, Camellia Symphony Orchestra, Rancho Cordova Civic Light Orchestra, Sacramento Choral Society, West Sacramento Symphony, and California State University, only a partial listing. Tickets are available at www.brownpaperticket.com or at the Pioneer box office at 916-443-0032, $20 in advance and $25 at the door, children under the age of ten are free. Parking is available at Sutter Community Garage, 27th and N Streets. The historic Pioneer Congregational United Church of Christ (UCC) is located at 2700 L Street, across from Sutter's Fort.

SUNDAY, DEC. 3

2ND ANNUAL ESP SCHOLARSHIP FUNDRAISER CHAMPAGNE BRUNCH & FASHION SHOW: East Sacramento Preservation invites you to a benefit fashion show and brunch from 11 a.m. to 2 p.m. at Katia's Collections, 5619 H St. (Free parking available in the back.) Learn about the latest trends and what styles look best on your body type. A special discount will be offered to all guests exclusively for this event. Cost: $25. Please make your tax-deductible check payable to ESP. All proceeds benefit the East Sacramento Preservation Scholarship Fund. Reserve your seat by mailing your name, email address and check to: ESP, PO Box 191763, Sacramento, CA 95819
For more information, email contact@eastsacpreservation.org, call 456-9625 or visit eastsacpreservation.org/

See more What's Happening, page 15

—EVENT CALENDAR—

SACRAMENTO CIVIC BALLET & CROCKETT-DEANE APPRENTICE CO & DEANE DANCE CENTER PRESENT

NUTCRACKER & CHRISTMAS ANGELS
Friday, Dec 15, 8 p.m. - Preview
Saturday, Dec 16, 2 pm
Sunday, Dec 17, 2 pm 2017

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CITY THEATRE

What's happening East Sacramento?

TUESDAY, DEC. 12

CHP EAST SACRAMENTO AREA OFFERS FREE "START SMART" CLASSES: The leading cause of death for Americans 15-20 years old is motor vehicle collisions. In an effort to help reduce motor vehicle collisions, the California Highway Patrol (CHP), East Sacramento Area Office, will offer a free Start Smart class. According to the National Highway Traffic Safety Administration (NHTSA), mile for mile, teenagers are involved in three times as many fatal crashes as all other drivers. The CHP's Start Smart program is a driver safety education class which targets new and future licensed teenage drivers between the age of 15-19, and their parents or guardians. The Start Smart class will cover California's Graduated Driver License Program, collision trends and avoidance techniques, distracted driving laws, and alcohol related driving laws. The program also offers an opportunity for new drivers and parents/guardians to ask CHP Officers clarifying questions. The class runs for approximately two hours from 6:30 to 8:30 p.m. at CHP East Sacramento, 11336 Trade Center Drive, Rancho Cordova. Parents or guardians interested in signing up for the class can register by contacting Officer Tommy Riggin at (916) 464-1457, or at triggin@chp.ca.gov. It is encouraged that parents or guardians attend the class with their teen driver. If you have any questions or need additional information, please contact Officer Tommy Riggin at (916) 464-1457, or the on-call public information officer at (916) 802-5372. Funding for CHP's Start Smart program is provided by a grant from the California Office of Traffic Safety through the National Highway Traffic Administration.

ONGOING

CHAUTAUQUA PLAYHOUSE CHILDREN'S THEATRE PRESENTS "CINDERELLA": Chautauqua Playhouse will present the timeless fairy tale "Cinderella", adapted by Robert Gerould, beginning on Oct. 28 at the Playhouse. The show will run on Saturdays at 1 p.m. through Nov. 11. The performances will be held at the Chautauqua Playhouse, 5325 Engle Road in the La Sierra Community Center in Carmichael. Admission is $8 for all seats. The most famous fairy tale in the world comes to Chautauqua, with all the characters you love. Cinderella, a scullery maid in her own home, dreams of finding love and escaping from her wicked stepmother and stepsisters. Only a Fairy Godmother and an optimistic heart can help Cinderella achieve her happily ever after. The direction is by Warren Harrison. The cast includes Stella Pedersen, Dean Dudzik, Pat DeBruyn, Jamie Bristow, Linden Tarr, Shelly Montes and Stephen Watson. Information and tickets are available through the Chautauqua Playhouse website: www.cplayhouse.org or call the box office at (916) 489-7529, during business hours.

"BUTTERFLIES" PLAY AT SAC STATE: Fused in music, dance and new media animated imagery, In the Time of Butterflies, comes to the Sac State Playwrights' Theatre, 6000 J St. Directed by Roberto Pomo, the production is a magical realistic story about the Mirabal sisters, whose assassination in 1960 Dominican Republic led to a worldwide movement. **Performances are at 8 p.m. Oct. 18-21, 27 & 28; 6:30 p.m. Oct. 25-26; and 2 p.m. Oct. 22 and 29.** Tickets are $10-$18, at (916) 278-4323 or www.csus.edu/hornettickets. Contact: (916) 278-6368.

SAC UNIFIED POETRY SLAM: Jenny Lynn and Joe Montoya's Poetry Unplugged present The Sac Unified Poetry Slam every third Friday at Luna's, 1414 16th St., starting at 7:30 p.m. The show is unpredictable. The special guests and judges won't be known until they sign up. The slam is three rounds. This is a FREE show with purchase at the cafe, donations are encouraged to cover PSI venue dues and show staffing. $5 to slam (except youth 18 and under) winner takes the whole pot. Luna's Cafe will be serving the freshest juices and licuados in town, nothing frozen or concentrated. The menu also includes sandwiches, salads, our famous quesadilla, fresh-ground coffee, mochas, and other espresso drinks. A nice selection of beer and wine is also offered. Enjoy it all in the comfortable atmosphere of Luna's, one of this area's original cafe galleries. Supporting artists of all kinds for over 30 years.

JANE AUSTEN READING GROUP AT ELLA K. MCCLATCHY LIBRARY: This monthly group reads the works of Jane Austen and meets the third Saturday of each month in the Ella K. McClatchy library from 3:30 p.m. to 5 p.m. All Austen fans are welcome. 2112 22nd St.

NON-PROFIT ORGANIZATION IS SEEKING LOCAL HOST FAMILIES FOR HIGH SCHOOL EXCHANGE STUDENTS: ASSE International Student Exchange Programs (ASSE), in cooperation with your community high school, is looking for local families to host boys and girls between the ages of 15 to 18 from a variety of countries: Norway, Denmark, Spain, Italy, Japan, to name a few. ASSE students are enthusiastic and excited to experience American culture while they practice their English. They also love to share their own culture and language with their host families. Host families welcome these students into their family, not as a guest, but as a family member, giving everyone involved a rich cultural experience. The exchange students have pocket money for personal expenses and full health, accident and liability insurance. ASSE students are selected based on academics and personality, and host families can choose their student from a wide variety of backgrounds, countries and personal interests. To become an ASSE Host Family or to find out how to become involved with ASSE in your community, please call the ASSE Western Regional Office at 1-800-733-2773 or go to www.host.asse.com to begin your host family application. Students are eager to learn about their American host family, so begin the process of welcoming your new son or daughter today!

KNITTING CIRCLE AT MCKINLEY LIBRARY – Any adult interested in knitting — even an absolute beginner — is invited to join. Participants can learn to knit, or get help on current projects and advice from expert knitters. Don't forget to bring your knitting needles and yarn. Wednesdays from 10 a.m. to 12 noon at McKinley Library, 601 Alhambra Blvd, Sacramento.

TEEN SPACE AT MCKINLEY LIBRARY – Looking for something fun to do after school? Need a place where you're free to hang out with your friends and have a snack? Come to the McKinley Library Teen Space, Wednesdays from 3p.m. to 4:30 p.m. at McKinley Library, 601 Alhambra Blvd, Sacramento.

CAMP POLLOCK VOLUNTEER DAY: From 9 a.m. to 1 p.m. on Saturdays help improve Camp Pollock! Join the Sacramento Valley Nature Conservancy at the 11-acre, former Boy Scout Camp, located on the American River in the American River Parkway. Every Saturday volunteers team up with SVC staff to accomplish tasks including: painting, planting, weed eradication, construction, fence building, outreach, native plant garden maintenance and more. Volunteer days are held every Saturday from 9am-1pm at Camp Pollock. Please wear sturdy, closed toe shoes, hat, dress in layers and bring a water bottle, snack and liability form. All youth must be accompanied by their guardian. Please register below, so we can plan our volunteer projects accordingly. Volunteers will be notified by email if the event is canceled. Rainy conditions will also cancel Service Project.
Important Documents:
Directions to Camp Pollock
Liability form - please print and bring (http://www.sacramentovalleyconservancy.org/admin/upload/Adult%20Release%20of%20Liability.pdf)
Additional information about SVC's events, outings and volunteer opportunities.
If you would like to coordinate a group service day or have questions, please contact us at camppollock@sacramentovalleyconservancy.org



SATURDAY, DEC. 2

SAC STATE HIP-HOP SHOWCASE: Celebrate the hip-hop culture with Sacramento State's first ever #SLAPPAS Fest: A Hip-Hop Student Showcase. It's an afternoon of music and dance performed by University students, featuring Oke Junior, DJ Ajani, MC Sleng, and more. It all starts at 3 p.m. Saturday, Dec. 2, in the Capistrano Concert Hall on campus, 6000 J St. Tickets are $12 general and $8 for students and seniors, available at www.csus.edu/hornettickets or (916) 278-4323. Contact: (916) 278-5155.

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