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East Sacramento News

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East Sacramento Christmas Bird Count

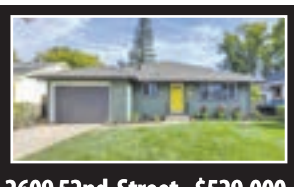
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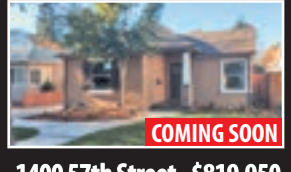


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Door to Door
with PAT LYNCH

Christmas

One windy Christmas Eve when I was four or five, my sisters Kathleen and Moira and I ran around in a frenzy. We lived temporarily on a Navy base. This night we were going to be allowed to stay up late and listen for Santa, who came at midnight. The minute we heard him on the roof we were to run to bed because Santa did not like to deliver to wide-awake children. We climbed up on the couch and noted excitedly the small circles of fog our breath made on the big window. Smiling, our parents watched from the little dining room.

Later our father picked up the phone and dialed. He said to our pregnant mother, a bit loudly, "I have to call the Admiral." Then he said, again in the same loud voice, "Hello Admiral. What? I have to come to the meeting? Now? At nighttime? On Christmas Eve? Well, I'll be darned." It was unusual for our father to talk like this and we stared from the couch. He was not an, I'll be darned, type of swearing man. He was an, I'll be damned, I'll be damned to hell, I'll be damned to hell and back, I'll be damned to hell and gone, and infinitely more vivid, type of swearing man. But now he sounded like one of those jolly Dad's in the Sunday comics, like Pricilla's Pop, who said, gosh and jeepers.

"This meeting must be very important," our mother said in the same raised, strangely stilted voice. She got Dad's coat for him.

We ran to our father. "Don't go, Daddy. You'll miss Santa."

But we knew he had to leave. In the hierarchy of tremendously important men who must be obeyed, the President came first, then the Admiral, then Generals in the Army and Air Force, then Daddy. He opened the door and we glimpsed the Christmas lights on neighbors' houses. He kissed us good-by and off he went into the twinkling night.

We returned to the window. We helped Moira climb up on the couch because she was still a toddler. She had a towering mop of red, curly hair and a toddler's odd way of pronouncing words, something Kathleen and I found extremely funny. "Moi, say Merry Christmas," I said.

"Mi mi massama ," Moira said.

Kathleen and I, already over-excited, doubled over with laughter. "Kathleen said, "Merry Mi mi massama," and I said it back and we had a mockery fest, tumbling back on the couch, laughing.

"What's going on out there?" Our mother, said from the kitchen. Kathleen and I quieted down. In our house you were not allowed to make fun of the way other people looked or talked. We returned to the Santa vigil.

"I heard something," Kathleen said. "Did you hear that?"

I listened hard. Nothing.

Our mother came from the kitchen and turned off the living room lamps. "I heard something," she said.

This validated it. My heart felt like it galloped.

Mom got on the couch with us.

"Listen," Kathleen said, her blue eyes huge.

We heard the chinking of bells. Real bells, on the roof. Then a scraping sound.

"That must be the sled," Mom whispered.

Then came a protracted rattle of bells. The reindeer must be shaking their heads. In the dark, staying up late, holding hands now because Santa was actually here, on the roof, our roof, scraping and jingling, I felt nearly paralyzed with excitement. I didn't object when Mom whispered that we should tiptoe down the hall to bed. She picked up Moira and carried her. "Did you hear Santa?" our mother whispered to her.

"Goo gog-along bink," Moira said, clapping her hands. "Goo gog-along bink."

Kathleen and I glanced at each other but did not giggle at Moi. The night had become too consequential. We lay in bed, afraid to whisper lest we miss a sound. It grew windier but we were sure we heard the chinking of bells and the pawing of hooves between the gusts. Then came an even louder scraping noise and a man's voice...

CALENDAR ANNOUNCEMENTS

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River Park resident celebrates 65th birthday with unique fundraiser

Event assists touring youth choir from Uganda

By LANCE ARMSTRONG
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Café Le Monde in River Park was the scene of a unique birthday party on Dec. 8, as about 20 young musicians from Uganda entertained a small group as part of their 10-month fundraising tour in America.

The group, which ranges in age from 12 to 16, is raising funds to pay for a new school in their hometown of Kampala through the singing of cultural, gospel and Christmas songs. The tour began in Portland, Ore. last August.

Also performing that evening were pianists Jacqueline Hairston and Carlos Fuentes, and Dana Malpass, who read a poem dedicated to Brenda Jew Waters, who was celebrating her 65th birthday.

Among those who were sitting closest to the entertainment was Jew Waters, who arranged for the entertainment as a way to support the traveling group from Uganda, who are members of I Am Family Ministries.

Waters, a River Park art philanthropist, who founded the nonprofit organization, Arts in River Park, explained why she chose these performers.

"They came to me with an opportunity and I decided to have them perform for my birthday," she said. "Since it's my 65th birthday and I'm always into cultural exchange, I decided to bring the best talent that I know here in Sacramento to perform as a cultural exchange of the United States and Uganda."

Barnabas Rwakatale, one of the choir's team leaders, commented on the tour.

"We are on a mission to use our music to pass our message to the people on how to build and revive Africa," he said. "So, we're here to raise sponsors and build our school. Our (organization) helps orphans and vulnerable kids to educate them, give them health care and also food. So, these kids, we give them hope."

As of last week, the tour has raised $20,000 of the $500,000 needed to construct the school.

Lisa Cares, 14, said that she enjoys participating in the choir.

"It makes me feel really good to (help) build up our nation," she said. "People back home say we're doing really good and they're praying for us."

Jew Waters encouraged people to support the I Am Family Ministry Choir.

"It's going to take a lot of work (to reach the monetary goal)," she said. "They probably need a GoFundMe account, if we can have somebody in the United States receive the funding.

"What I would like people to do is if they have a small venue, have them come and perform and give them an honorarium, which is what I'm doing tonight. And if each group can give them an honorarium of $300 (to) $500, every little bit helps for every day that they're here."

Those interested in assisting the choir can contact Michael Kyalwazi, of Café Le Monde, at 224-0524 or kyalwazi@aol.com.

For additional information about I Am Family Ministries, visit the website iamfamily.org.



Photo by Lance Armstrong

The choir dances during their performance at Café Le Monde.

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THE HEART OF RIVER PARK
5516 Spilman Ave.

This 3 - 4 bedroom, 1.5 bathroom River Park home is on the market for the first time. Features include hardwood floors throughout, formal dining room, breakfast nook, dual pane windows throughout and plantation shutters. Covered brick patio out back is perfect for entertaining. Don't miss this opportunity to live in the heart of River Park!



Rich Cazneaux

454-0323 Rich@EastSac.com | www.EastSac.com

CalBRE# 01447558

GLOBAL LUXURY

East Sacramento Christmas Bird Count

By ELLEN COCHRANE

7:30 a.m.

Up at 6:30 a.m. on a Sunday, slurping coffee and getting ready to roll with Dr. Ed, we spy a small but fierce Merlin falcon on the tip top of a redwood in East Portal Park. This savage hunter is no friend to songbirds, but we were thrilled to start our day with this killer.

The whole country is divided into survey territories from Dec. 14 to Jan. 5 for the Audubon Christmas Bird Count and East Sacramento is no exception. I joined East Sacramentan Dr. Ed Pandolfino to count the neighborhood birds. Pandolfino is former president of Western Field Ornithologists and co-author of Birds of the Sierra Nevada.

9 a.m. East Lawn Cemetery

I learn not to evoke the ire of birders. Those big black-and-white birds in the parking lots are gulls, NOT sea gulls, never say Canadian goose—it's Canada Goose, and bite your tongue if you call a California Scrub-Jay, a Blue Jay. No, no and no. Also avoid the SBB (small brown bird epithet). Sparrows are a beautiful and varied lot. My eyes are opened and now I see. They are beautiful.

Thanks to Frank M. Chapman of the Audubon Society, a Christmas slaughter was turned into a census. Up until 1900, sportsmen celebrated the season with a competition to see who could bag the most creatures, winged and furred. Chapman, an ornithologist and pioneering conservationist, was aware of the declining avian populations and suggested that we count the birds and thus the Audubon Christmas Bird Count was born.

10:30 a.m. Sutter's Landing

Diving birds abound in the water—Common Goldeneyes, a Grebe, a Bufflehead duck. We skirt the new plantings and find an access point to the river bank. A beaver floats lazily on the opposite shore. Red-shouldered Hawks call across the river and Red-tail Hawks perch on power towers. Dr. Ed hears the a Yellow-billed Magpie, but does not see it. We pass two homeless camp sites and bump into a few human river inhabitants. Nods and pleasantries are exchanged. We wonder why the new bike path ends abruptly and does not connect to River Park. Luck is with us and we see a Western Meadowlark on "the mound" (the old city dump). It's a cloudless, sunny day and the water is a smooth glass table top. Perfect for the work.

The count is now a cornerstone of avian conservation in the United States. The EPA and U.S. Fish & Wildlife Service have used it for scientific data collection and the Audubon Society publishes multiple scientific reports based on the sightings. This is the 118th annual count and thousands of experienced and novice birders participate by counting every bird they see and hear in an assigned area.

Noon at McKinley Park

The pond has a flotilla of magnificently feathered Wood Ducks—54 peep and call, already starting mating behavior. These are tree cavity nesters and natural cavities and installed boxes in the park and along the river will host nests this spring. I hear a Northern Flicker call. Dr. Ed has filled my head with lyrical information and I'm stunned when I see the final list. We saw at least 50 species and 100s of birds. My favorite—the speedy, flashy Cedar Waxwings. I check my pedometer at home—4.3 miles of listening, walking and talking. Indeed a beautiful day.

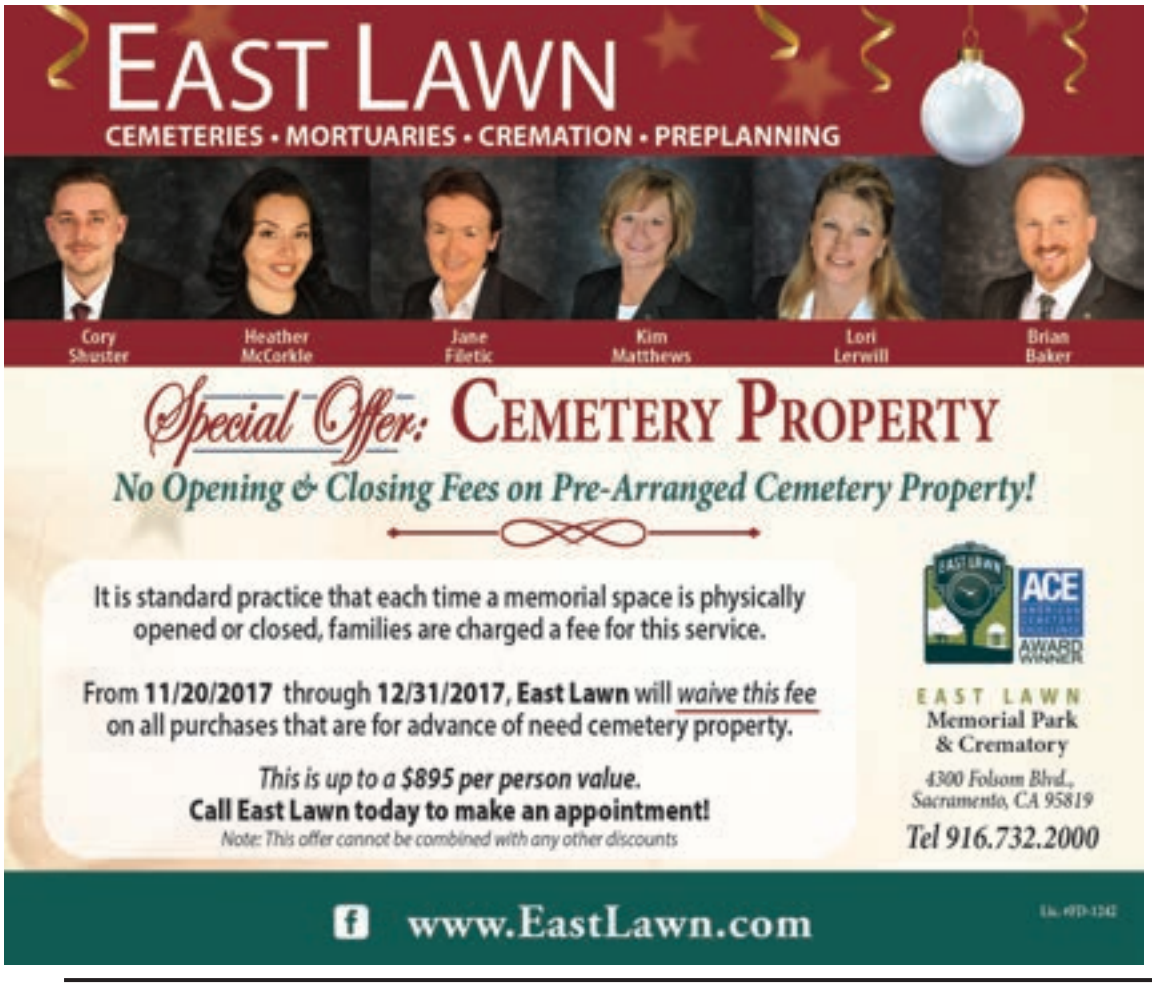


Photo by Jack Ferrante

East Sac resident the Cedar Waxwing

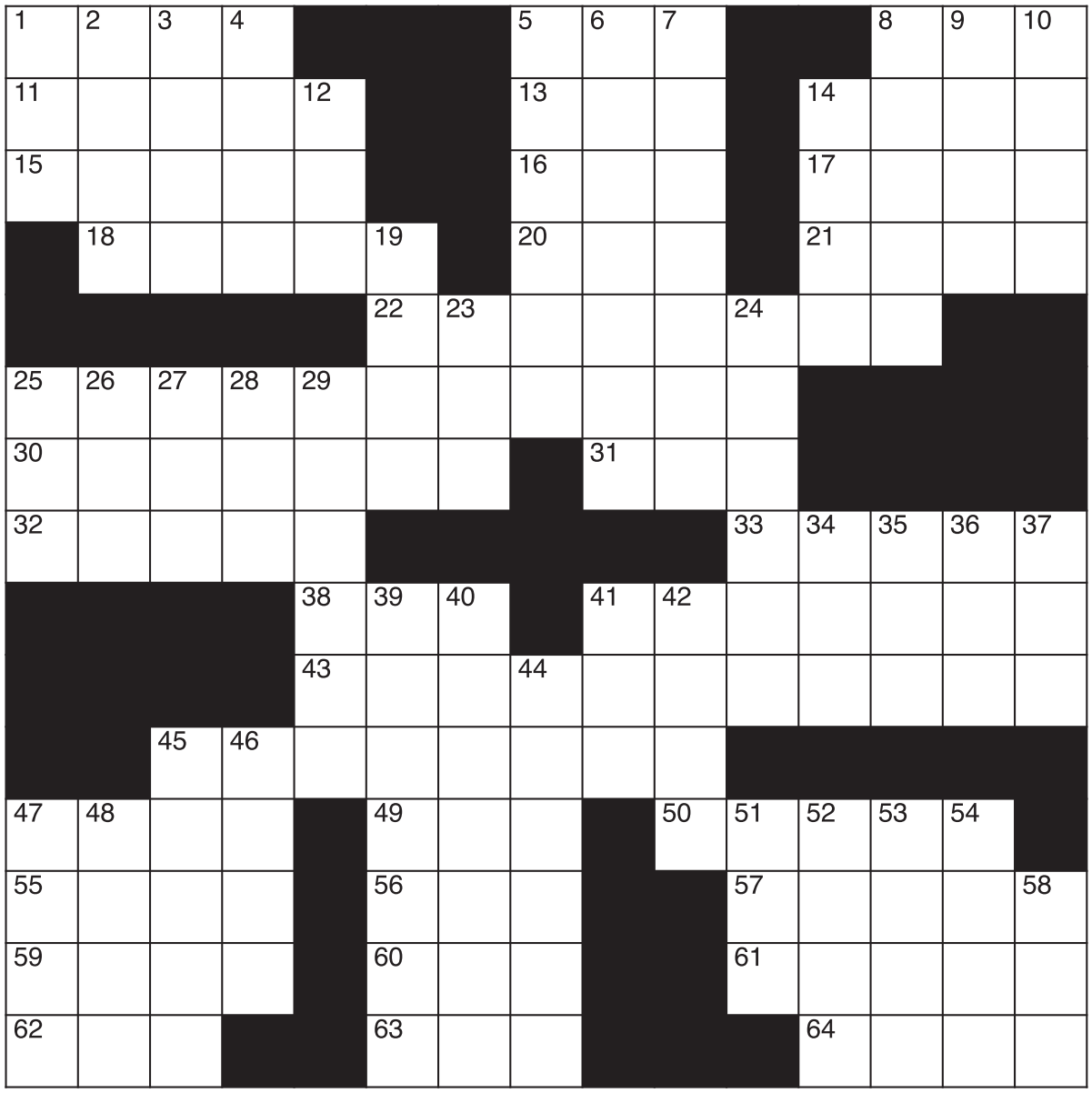
Here's the count for the East Sacramento Christmas Bird Count on Dec. 17, 2017.

Canada Goose	38
Wood Duck	54
Mallard	18
Bufflehead	1
Common Goldeneye	22
California Quail	1
Pied-billed Grebe	1
Double-crested Cormorant	1
Great Blue Heron	1
White-tailed Kite	1
Red-shouldered Hawk	2
Red-tailed Hawk	2
Killdeer	2
California Gull	35
Herring Gull	8
gull sp.	21
Rock Pigeon	30
Mourning Dove	5
Anna's Hummingbird	8
Nuttall's Woodpecker	14
Northern Flicker	20
Merlin (F. c. suckleyi)	1
Black Phoebe	15
California Scrub-Jay	23
Yellow-billed Magpie	2
American Crow	38
Oak Titmouse	14
Bushtit	17
White-breasted Nuthatch	12
Bewick's Wren	4
Ruby-crowned Kinglet	26
Western Bluebird	8
American Robin	3
Northern Mockingbird	12
European Starling	19
Cedar Waxwing	21
Yellow-rumped Warbler	63
Fox Sparrow	1
Dark-eyed Junco	20
1 'Slate-colored' White-crowned Sparrow	6
Golden-crowned Sparrow	3
Savannah Sparrow	1
Lincoln's Sparrow	3
Spotted Towhee	3
Western Meadowlark	1
Brewer's Blackbird	8
House Finch	9
Lesser Goldfinch	13
American Goldfinch	17
House Sparrow	8





CROSSWORD



CLUES ACROSS

1. Member of a Semitic people
5. Certified public accountant
8. Residue
11. Sayings attributed to Christ
13. The products of human creativity
14. Listen to
15. Longed
16. No (Scottish)
17. Descriptor
18. Yankees' sensation Judge
20. Zero
21. Comics legend Lee
22. Honorary title holder
25. "Uncle Joey"
30. Graceful and stylish
31. Pitching term
32. Former Mets outfielder Jones
33. One who avoids animal products
38. Quick to learn
41. Mechanism in an organ
43. Redo with new materials
45. Epics
47. Wings
49. Extrasensory perception
50. Cavalry sword
55. Bangladeshi monetary unit
56. Not the bottom
57. Afflicted
59. Bound
60. One who is highly skilled
61. Jewish spiritual leader
62. Tall, rounded vase
63. Liturgical language of Hinduism (abbr.)
64. Cheek

CLUES DOWN

1. Pie _ __ mode
2. Portuguese cape
3. Ottoman military title
4. Movable frame used in burials
5. Type of coal
6. A treeless grassy plain
7. Artist's workroom
8. Assists
9. Protein-rich liquids
10. A song of praise to God
12. Much __ about nothing
14. Japanese city
19. Atomic number 10
23. Egyptian goddess
24. Go places
25. Having ten
26. Complete
27. Automotive belt
28. Psyche
29. Melodious bird
34. Medical personnel
35. Acquired
36. Type of beverage
37. Neither
39. Spanish monetary units
40. Small area of grass
41. Your
42. Diana __, singer
44. Salt's partner
45. Made of wood
46. No longer alive
47. Alaskan island
48. Wild animal's resting place
51. Swiss river
52. Partiality
53. "Luther" actor Idris
54. UNLV's "Runnin' __"
58. Criticize

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Walk in the New Year with The Sticks

The Sacramento Walking Sticks Club will be hosting walks on New Year's Eve and New Year's Day for everyone, including the family dog, to join in on. The walks will both start from the Pioneer Congregational United Church of Christ, 2700 L St. Registration for the New Year's Eve walk, Dec. 31, is between 5 and 6 p.m. and the New Year's Day walk, Jan. 1, is between 9 a.m. and noon. There will be a different 5K (3.1 miles) and 10K (6.2 miles) route available on both days. Flashlights are recommended on the New Year's Eve walk. Dogs are welcome on all the walks but they are not allowed inside the church; strollers and wheelchairs will be able to traverse all routes. Rain will not stop these events from taking place.

Volkswalking is a family sport and parents and grandparents are encouraged to bring their children and grandchildren out and get them walking. These events are a wonderful way to see the old year out and see the new one in. This makes for a great new year's resolution; to get fit, meet new people and see sights in your home town and surrounding areas that you've never seen before.

The New Year's Eve route will take people through the brightest and most celebratory streets of downtown Sacramento to enjoy the spirit of the New Year. The walks are non-competitive and not timed so people can stop along the way to enjoy the sights and sounds – so long as they return for check-in by 9:00 p.m. at the Church.

The New Year's Day route is entirely new and people will be touring the new murals on walls all around the midtown area. They'll see many other enjoyable art works in sculptures, quirky bike racks and call boxes. This is a fun walk and a feast for the eyes.. Everyone must be checked in by 3:00 pm. Each participant will receive a set of written directions with a map for the route they will be walking and typically the route will also be marked.

The walks are open and available to everyone. They are FREE and there is also an incentive program provided that allows people the opportunity to track their mileage. This incentive program can be started by purchasing a New Walker Packet for $5.00. There is also a limited edition commemorative patch available for $4.00 each.

Volkssporting (translation means sport of the people) originated in Germany in the 1970's. Many US military families stationed there enjoyed the sport and eventually brought it to America; there are currently under 300 clubs nationwide. The Sacramento Walking Sticks Club continues to be the largest volkssport club in the entire USA with 550 members and it offers everyone a wide array of walking and bicycling adventures for people of all ages, including their dogs.

Walking is one of the most efficient and inexpensive forms of exercise around and it also offers an array of psychological, physical, and spiritual benefits as well. Walking is an exercise that works on you from head to toe as well as from the inside out. People love to go exploring in their hometown as well as in their state but they tend to be more receptive to doing it with others. Volkssporting is a great connector of town festivals and activities with people who would never have ventured there on their own. There's safety in numbers whether by day or night and meeting new friends along the way is another side benefit. After the walks we like to dine at local eateries wherever we're at so there's also another social layer to volkswalking.

The Sacramento Walking Sticks Club offer group walks on Tuesday, Thursday and Friday mornings (5 and 10K routes to choose from) as well as Wednesday night group walks that are always 5K. There are also group bike rides of 25K offered every other Thursday morning throughout the year. Check out our website's Calendar of Events link for all the details or people can sign up to receive weekly walk alerts by e-mail.

Donations needed for baby basket drive for new moms at Sacramento Life Center

Local residents are invited to be a baby's first Santa as Sacramento Life Center holds its annual Baby Basket Drive for local women and teens spending the holidays preparing to become new moms in the coming year. The drive runs through Dec. 31 so the Sacramento Life Center can provide a basket of needed items to every patient who gives birth in 2018. Donations can be made online at www.saclife.org. Gifts can be made in any increment, but a donation of $50 buys one basket, which includes formula, diapers, newborn clothes, pacifiers and more.

"One of the most overwhelming feelings is learning that you're pregnant and fearing you won't have the resources to care for your vulnerable baby," said Marie Leatherby, executive director, Sacramento Life Center. "Sometimes something as simple as a gift of diapers and newborn clothes can give expecting mothers the confidence that they have a support system to help raise their child. Gifts to our Baby Basket Drive give expecting mothers proof that they will always have a family here at the Sacramento Life Center and cheerleaders out in the community rooting for their family."

The Sacramento Life Center's mission is to offer compassion, support, resources and free medical care to women and couples facing an unplanned or unsupported pregnancy. The Sacramento Life Center's licensed Sac Valley Pregnancy Clinic includes a primary clinic and two Mobile Medical Clinics that provide all services for free, including pregnancy tests, STD tests, ultrasounds, peer counseling for men and women, education and resource referrals. The nonprofit also offers a school-based teen education program, a 24-hour hotline and a program for women seeking support after having an abortion. For more information about the Sacramento Life Center's Sac Valley Pregnancy Clinic, visit www.svpclinic.com. For more information about the Sacramento Life Center or to make a donation, visit www.saclife.org.

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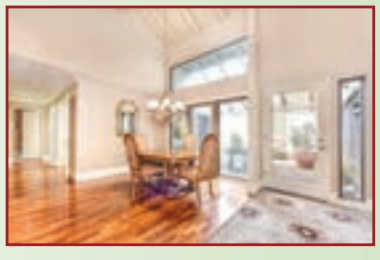
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Two Bathrooms include...
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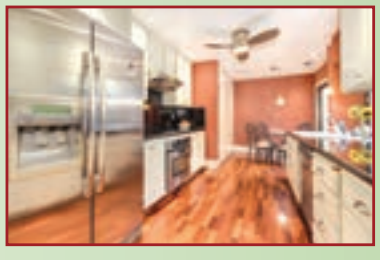


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It's Christmas in East Sac and the ponies are back

By Ellen Cochrane

Lo, about five o'clock a crowd starts to gather in the Rite Aid parking lot at 48th and J streets. Hats are pulled snug to heads and children chase each other. High pitched squeals spin through the air. It's Christmas time in East Sacramento and the ponies are back.

Except they're not exactly ponies. Angel, Rosebud, Dash, Moose and their buddies are 2,000-pound draft horses who are gentle as kittens. These calm giants are well acquainted with sloppy kisses, love hugs, whispered secrets and tugs from little hands. They will lean in for selfies and pick up ears for portraits. For 15 years they've been jingling bells up and down the streets of East Sac during December, ferrying holiday merrymakers.

Seasoned horsewoman Crystal Newborn of Top Hand Ranch thinks the Christmas light gig is a breeze. "The horses rest all day and only work at night. They like to pull and the only challenge here is the traffic on the popular streets." In fact, the biggest danger she faces is the love. "I've had to stop the kids from trying to give the horses chocolate, gum, cookies and all kinds of weird treats."

Newborn is part of the family business at Top Hand, which also runs the concession in Old Sacramento. They have clydesdales and percherons that pull the hand crafted and restored wagons festooned with decorative lights. She's at ease hefting harness collars and can hold in hand a team of four or more.

These horses are loved creatures. After December, the equine employees get all of January off. The Top Hand team shoes them with barium padded horseshoes to prevent slipping and stress from the asphalt. They are a relaxed and mellow herd. The night I visited a bitter wind blew through the neighborhood. A clattering trailer door evicted not a tail swish or cocked ear. Rosebud shifted on her feet and closed her eyes.

Orion Sievers had been on a horse before, but the toddler looked surprised at the size of Angel. "We booked a year in advance to get a place this year on the wagon rides," said Meredith Sievers. They were part of the more than forty parents, kids and friends who queued up to take a ride on a very cold night. All murmured in agreement when I asked about the need to book early. "I've heard the bells for years and I'm finally getting to go," someone said. This brought smiles and nods.

The wagons head down 48th towards the Fabulous Forties. Winking blue and white lights on the wagons twinkle smaller and smaller, disappearing down the long tree-lined streets. A chorus of Joy to the World spills out of the wagon. The revelers laugh and sing and another holiday season in East Sacramento rings true.

The East Sac rides are completely closed for 2017. Call first thing in January 2018 to get on board for next Christmas.

For more information, visit Top Hand Ranch online at tophandranch.com, email tophandranch@aol.com or call 496-0102.



Loading the wagon



Crystal Newborn harnesses Dash.

Photos by Ellen Cochrane

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Words matter: 'grief' applies to the life altering events of the fire storms in Santa Rosa. It also applies to 'feeling blue' and the anxieties of the coming holidays. Regarding this feeling and others, call G. Epstein, M.D. 916 454-3668 at Mercy Plaza, Ste 270, 3939 J Street. Appointments Wednesday afternoon.



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Words Matter. I'm amazed Dr. Boucher didn't shoot Senator Paul. Holidays are anxious times, before you lose it, lash out without thinking, talk to me. I'll listen. G Epstein, MD 916-454-3668

Please RECYCLE this paper. Thank You

Check out the Home Improvement Guide
Call Melissa at 429-9901 for ad rates.

RESERVE YOUR SPACE IN THE CLASSIFIEDS!

What's happening East Sacramento?

SUNDAY, DEC. 31-SATURDAY, JAN. 6

CUB SCOUT XMAS TREE PICKUP: If you hate to see you old Christmas tree looking sad and lonely on the curb waiting for the claw to take it away, let the Cub Scouts take it to the Recycling Center! East Sacramento's own Cub Scout Pack 128 is raising money, through their annual Christmas Tree Recycling fundraiser at 8 a.m. on Sunday, Dec. 31 and Saturday Jan. 6, and will take your tree away for $10. Eligible for East Sacramento and River Park residents. Be sure to include your address and chosen pick-up day. For details or to arrange pick up, contact Meredith Harvan, the committee chairman at meredith@mharvan.com or 838-5842 payments can be made by check, cash or PayPal. Send check to 221 Meister Way, Sacramento, CA 95819.

WEDNESDAY, FEB. 7

THE SACRAMENTO FLORAL DESIGN GUILD IS OFFERING A BEGINNER CLASS IN FLORAL DESIGN on Feb. 7 from 9:30 a.m. to noon at Shepard Garden and Art Center, 3330 McKinley Blvd., Sacramento. The fee, $20.00, includes instruction in a basic floral design, flowers and container. You will make an arrangement and take it with you. Please reserve your spot today. Send your check, with name, email address & home address and phone number to Sacramento Floral Design Guild, 4 Park Vista Circle, Sacramento, CA 95831.This course is taught by Frankie Raymond, an experienced designer and National Garden Club Flower Show Judge. Frankie's team of assistants will insure each participant receives individual instruction. Participants need not have any floral design experience.For further information contact Guild President, Jan Goehring, at Jgoehring5329@yahoo.com.

FRIDAY, JAN. 5-SATURDAY, JAN. 6

LIBRARY FRIENDS TO HOST WAREHOUSE CLEARANCE SALE: The Friends of the Sacramento Public Library are hosting a Warehouse Clearance Sale at the Book Den Warehouse, 8250 Belvedere Ave., Suite E, on Saturday, Jan. 6, 9 a.m. to 4 p.m. A preview for Friends members only will be held Friday, Jan. 5, 5 to 8 p.m., and nonmembers who wish to attend may join at the door for $20. The warehouse is currently overstocked with a wide variety of books which must be sold so that room is available for incoming new donations. Proceeds benefit the Sacramento Public Library system. All books and other materials in the warehouse will be priced at $6 for each grocery bag, and customers are encouraged to bring their own paper bags, though bags will be available. Because of the reduced prices, the Friends members' usual discount will not be offered at this sale. The Book Den store, which specializes in better books and is located at the same site, will be open during the same hours with materials offered at regular prices. For more information, call 916-731-8493 or email bookden@saclibfriends.org. Regular Book Den store hours are 10 a.m. to 2 p.m. on Thursdays and 10 a.m. to 5 p.m. on Fridays and Saturdays.

SATURDAY, JAN. 20

FREE PRESENTATION ON STANDARDIZED TESTS: Strategies and Prep: Sacramento Library with AP College Consulting presents this free workshop at Belle Cooledge Library, 5699 South Land Park Drive at 2 p.m. High school students and families encouraged to attend.
Topics covered include: PSAT :
What it means, why take it?
ACT vs SAT: Which is right for you?
When to take and how many times?
AP tests: How to use them
Subject Tests: Who requires them and for what?
Test Prep: To pay or not to pay
Super Scoring: What it means.
Questions: contact@apcollegeconsulting.com.

SATURDAY, JAN. 27

FREE PRESENTATION ON STANDARDIZED TESTS: Strategies and Prep: Sacramento Library with AP College Consulting presents this free workshop at at Sacramento Library Elk Grove, 8900 Elk Grove Blvd. at 11 a.m. High school students and families encouraged to attend.
Topics covered include: PSAT :
What it means, why take it?
ACT vs SAT: Which is right for you?
When to take and how many times?
AP tests: How to use them
Subject Tests: Who requires them and for what?
Test Prep: To pay or not to pay
Super Scoring: What it means.
Questions: contact@apcollegeconsulting.com.

ONGOING

SPLINTER GROUP THEATRE PRESENTS BEOWULF, THE PANTO!: Splinter Group Theatre presents Beowulf, the Panto!, by John Savournin and the Charles Court Opera, opening Thursday, Dec. 14 and playing through Saturday, Dec. 23. Performances are Dec. 14, 15, 16, 20, 21, 22, and 23 at 7 p.m., and Dec. 16, 17 and 23 at 2 p.m. Performances will be held in the Black

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Saturday, January 20, 2018

8am - 3pm

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GOING BATTY, Corky Quirk
CONSERVATION AMBASSADORS, Gabriel Kerschner
CAL-WASTE, Leesa Klotz
HAWKS, HONKERS AND HOOTS, Kelli Moulden
KEYNOTE SPEAKER, PAUL BANNICK

TOURS

Sunrise Photography Tour/Kyle Bowlin
Tall Forrest & Riparian Habitat/Dr. John Trochet
Heritage Oaks Bird Walk & Lunch/David Yee
Birds & Beer at the Barn/Amber Veselka & River Rock Brewery
Paint & Sip at the Barn/Amber Veselka & Consumnes River Farm
Delta Birding Tour/Chris Conard

Barn Owl

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What's happening East Sacramento?

Box Theatre at the West Sacramento Community Center, 1075 West Capitol Ave. Ticket prices are $15 general admission; $10 for students with IDs, seniors, and persons with disabilities; and $5 for children under 6. All details and tickets are available online at www.splintergrouptheatre.com.

STATE FAIR SCHOLARSHIP APPLICATIONS ANNOUNCED: The Friends of the California State Fair Scholarship Program is now accepting scholarship applications for the 2018 - 2019 academic year. The program offers 14 categories of scholarships ranging from $1,000 - $2,500 each with varying eligibility requirements. Categories include: agriculture, art, academic excellence, business, culinary/hospitality/event management, education, international relations, trade school, viticulture and enology. Applicants may apply for one scholarship category of their choice per year and will be evaluated based on academics, community service, quality of essay and recommendation. Top scholarship winners in select categories may be invited to compete for the $5,000 Ironstone Concours Foundation Scholarship Scholarships are not renewable; however, students may reapply each year as long as they continue to meet the eligibility criteria. The Friends of the California State Fair Scholarship Program is a collaboration between the Friends of the California State Fair, the California Exposition & State Fair, the California State Fair Agricultural Advisory Council, the Ironstone Concours Foundation, Blue Diamond Growers and Western Fairs Association. International Scholarship and Tuition Services, Inc. (ISTS), an independent scholarship management company, hosts the online application process and disburses awards for the program. The deadline to apply is March 2, 2018. Learn more at CAStateFair.org/scholarship. For questions about the Friends of the California State Fair Scholarship Program, please email scholarship@calexpo.com.

SAC UNIFIED POETRY SLAM: Jenny Lynn and Joe Montoya's Poetry Unplugged present The Sac Unified Poetry Slam every third Friday at Luna's, 1414 16th St., starting at 7:30 p.m. The show is unpredictable. The special guests and judges won't be known until they sign up. The slam is three rounds. This is a FREE show with purchase at the cafe, donations are encouraged to cover PSI venue dues and show staffing. $5 to slam (except youth 18 and under) winner takes the whole pot. Luna's Cafe will be serving the freshest juices and licuados in town, nothing frozen or concentrated. The menu also includes sandwiches, salads, our famous quesadilla, fresh-ground coffee, mochas, and other espresso drinks. A nice selection of beer and wine is also offered. Enjoy it all in the comfortable atmosphere of Luna's, one of this area's original cafe galleries. Supporting artists of all kinds for over 30 years.

JANE AUSTEN READING GROUP AT ELLA K. MCCLATCHY LIBRARY: This monthly group reads the works of Jane Austen and meets the third Saturday of each month in the Ella K. McClatchy library from 3:30 p.m. to 5 p.m. All Austen fans are welcome. 2112 22nd St.

NON-PROFIT ORGANIZATION IS SEEKING LOCAL HOST FAMILIES FOR HIGH SCHOOL EXCHANGE STUDENTS: ASSE International Student Exchange Programs (ASSE), in cooperation with your community high school, is looking for local families to host boys and girls between the ages of 15 to 18 from a variety of countries: Norway, Denmark, Spain, Italy, Japan, to name a few. ASSE students are enthusiastic and excited to experience American culture while they practice their English. They also love to share their own culture and language with their host families. Host families welcome these students into their family, not as a guest, but as a family member, giving everyone involved a rich cultural experience. The exchange students have pocket money for personal expenses and full health, accident and liability insurance. ASSE students are selected based on academics and personality, and host families can choose their student from a wide variety of backgrounds, countries and personal interests. To become an ASSE Host Family or to find out how to become involved with ASSE in your community, please call the ASSE Western Regional Office at 1-800-733-2773 or go to www.host.asse.com to begin your host family application. Students are eager to learn about their American host family, so begin the process of welcoming your new son or daughter today!



SUNDAY, DEC. 31-SATURDAY, JAN. 6

CUB SCOUT XMAS TREE PICKUP: If you hate to see you old Christmas tree looking sad and lonely on the curb waiting for the claw to take it away, let the Cub Scouts take it to the Recycling Center! East Sacramento's own Cub Scout Pack 128 is raising money, through their annual Christmas Tree Recycling fundraiser at 8 a.m. on Sunday, Dec. 31 and Saturday Jan. 6, and will take your tree away for $10. Eligible for East Sacramento and River Park residents. Be sure to include your address and chosen pick-up day. For details or to arrange pick up, contact Meredith Harvan, the committee chairman at meredith@mharvan.com or 838-5842 payments can be made by check, cash or PayPal. Send check to 221 Meister Way, Sacramento, CA 95819.

KNITTING CIRCLE AT MCKINLEY LIBRARY – Any adult interested in knitting — even an absolute beginner — is invited to join. Participants can learn to knit, or get help on current projects and advice from expert knitters. Don't forget to bring your knitting needles and yarn. Wednesdays from 10 a.m. to 12 noon at McKinley Library, 601 Alhambra Blvd, Sacramento.

TEEN SPACE AT MCKINLEY LIBRARY – Looking for something fun to do after school? Need a place where you're free to hang out with your friends and have a snack? Come to the McKinley Library Teen Space, Wednesdays from 3p.m. to 4:30 p.m. at McKinley Library, 601 Alhambra Blvd, Sacramento.

DO YOU HAVE AN UPCOMING OR MONTHLY EVENT?

Let us know.
e-mail Monica:
editor@valcomnews.com

Get Rosemont cheerleaders to Nationals



Rosemont High School's Competitive Cheer Squad needs help raising money to get out of Sacramento to USA Spirit Nationals taking place at the Anaheim Convention Center. This will be the first time this team has been to nationals. It is also an opportunity not only for them as individuals, but also to put Rosemont on the map. As Coach Leanne reports, "These athletes have been working hard and we're able to qualify for nationals their very first time competing! As their coach, I know their potential and see them doing well and having fun experiencing the trip to Southern California to compete against the best of the best. As a special treat we plan on going to Disneyland, which will also be a first for some of these kids! With all the travel, hotel, and registration costs, my athletes' families are doing their best, however this event is February 23-25, 2018 and quickly approaching. Please share and spread our mission so these awesome cheerleaders can go to Nationals! Your support is greatly appreciated! Go Big Blue!"

Source: gofundme.com/get-rosemont-to-nationals



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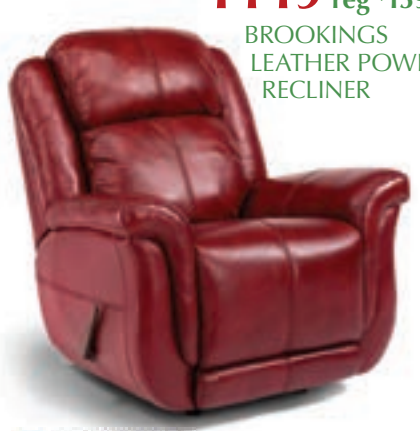
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