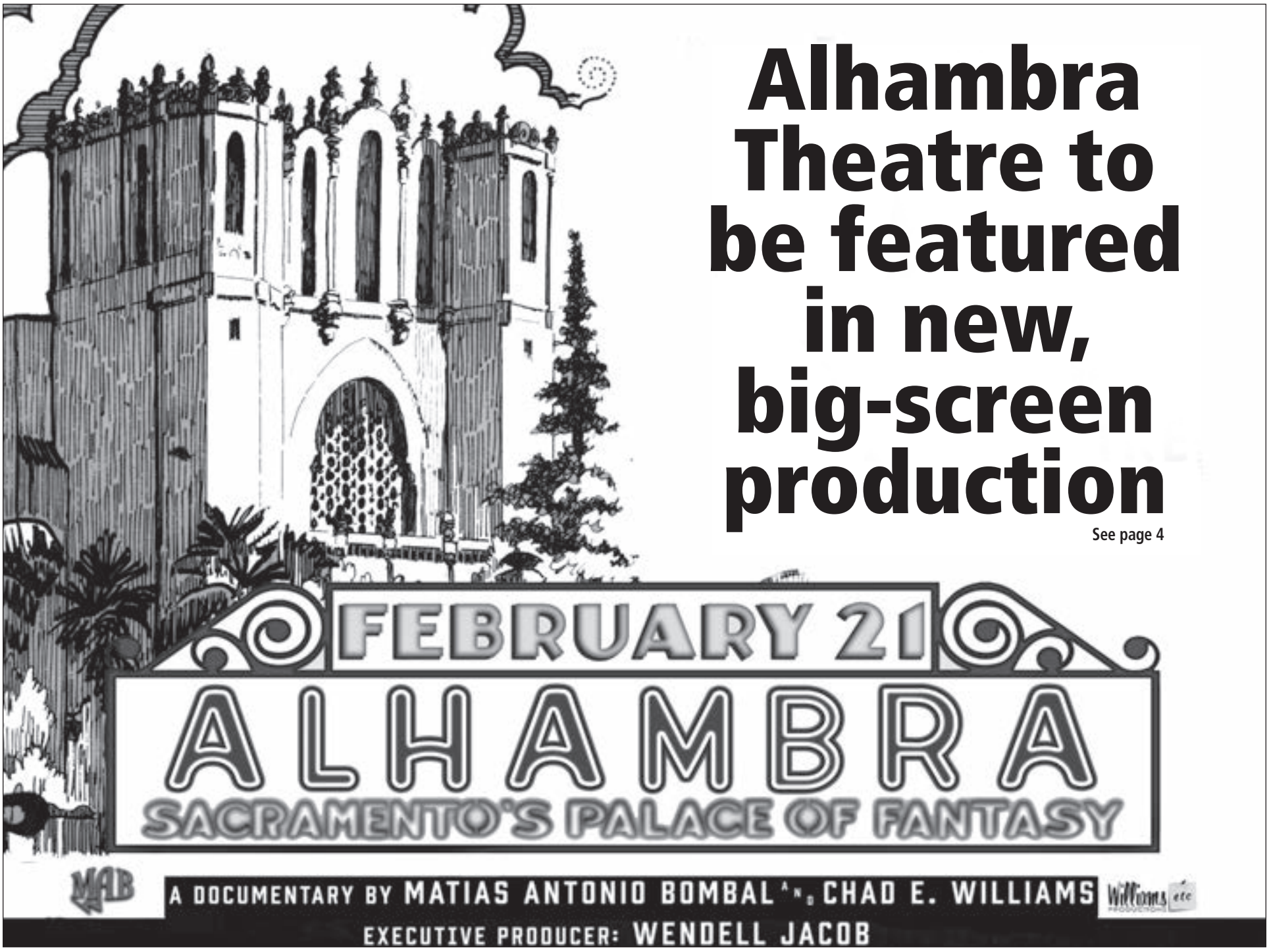
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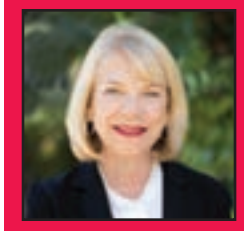
Yoga inside the library:

Yoga Moves Us nonprofit adds library yoga to its free indoor sessions

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East Sacramento News is published on the first and third Thursday of the month in the area bounded by Business 80 on the west, the American River on the north and east and Highway 50 on the south.

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Editor ..... Monica Stark
Art Director ..... John Ochoa
Graphic Designer ..... Annin Greenhalgh
Advertising Director ..... Jim O'Donnell
Advertising Executives: ..... Melissa Andrews, Linda Pohl

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Vol. XXVII • No. 3

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The exhibit includes Mohammed al-Kurd's "Liberty we Breathe."

Palestine Unlimited: Free exhibit at Sac State featuring young photographers

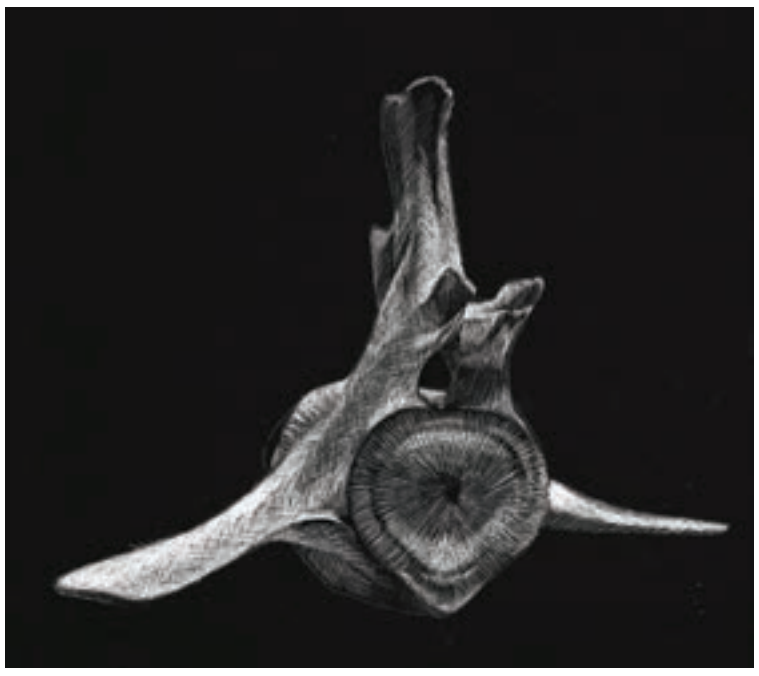
An intriguing photographic look at the day-to-day lives of young Palestinians is featured in "Palestine Unlimited", a free exhibit in Sacramento State's Robert Else Gallery, 6000 J St., Feb. 19 to March 7. The 10 photographers, most in their early 20s, are finalists in the Karimeh Abboud Competition. Regular gallery hours are noon-4:30 p.m., Monday through Friday. Contact: (916) 278-6166.

Investigations into "Scientific Illustration"

It was Albert Einstein who said you cannot understand something until you can picture it and art has been the standard bearer of this truth since humans first left images painted upon cave walls.

The act of documenting our investigations and findings as image has been intrinsically tied to study long before we ever called it science, from mapping the movements of the sun to meticulously detailed copies of herbs and flowers, we have always used image as a carrier of insight, as a map how we understand our world, to explain what we see, and to see what we cannot.

Fe Gallery explores these notions with its upcoming show, "Scientific Illustration."



Megan Ellis' "Humpback Whale Lumbar Vertebrae" is one of various pieces at the Fe Gallery Scientific Illustration show.

Show opening reception: Saturday, Feb. 10 from 6 to 9 p.m. (There will also be a live blacksmith demonstration by Jay Burnham-Kidwell.)

Show runs through April 5

Yoga inside the library:

Yoga Moves Us nonprofit adds library yoga to its free indoor sessions

By MONICA STARK
editor@valcomnews.com



Photo by Jany Slay

Jany Slay's first time teaching at the Clunie Center on Dec. 23 brought 108 yogis in attendance. McKinley Park is home to Saturday 9 a.m. yoga. During the winter months, the practice is brought indoors to the Clunie Center. All classes are free.

With a love of sharing the practice of yoga to all in the community, Yoga Moves Us added free yoga sessions to the Colonial Heights and Ella K. McClatchy libraries.

Uniting neighbors, surrounding yoga studios and teachers to a practice that is proven to create a healthier lifestyle, Yoga Moves Us continues its McKinley Park sessions on Saturdays from 9 to 10:15 a.m., making that the longest running class that continues to grow in attendance each year. Now averaging 90-120 yogis every Saturday, it is also the only park class that is offered all year, as class is moved inside to the Clunie Center during the winter.

The library collaboration began with the inspiration to provide more year-round classes that didn't have to end in the winter months, explained Jany Slay, Yoga Moves Us outreach program coordinator. And, with similar core values of community, health, service and connection, Slay says both the libraries and Yoga Moves Us strive to support our neighborhoods with programs that enrich the quality of our lives. "Working together strengthens that goal. Together we are stronger," Slay says.

Similarly, Ella K. McClatchy Library Branch Supervisor Sheri Garcia, says "We're committed to providing unique opportunities, but also to find new ways for people to reconnect with the library — and what better way is there to engage the community than in the consideration of their good health? We're inspired by the community's desire to better themselves, but what we look forward to the most is showing them our collection on yoga and how they can expand their practice with the library."

Offered at all of the classes, All Levels Vinyasa Yoga benefit beginners and long time practitioners alike connecting individuals with their community, breath, and mind, Slay explains. "The physical poses are a part of yoga too but is not the main reason most yoga teachers choose to share yoga with others. Our teachers are mindful to offer a space to others that will leave them feeling strong, restored, and part of something greater. The physical poses are a part of yoga too but is not the main reason most yoga teachers choose to share yoga with others. Our teachers are mindful to offer a space to others that will leave them feeling strong, restored, and part of something greater."

Slay started as a McKinley Park assistant in 2016 and started teaching for them shortly thereafter. With a love of practicing outdoors and being surrounded by fellow yogis,getting involved with Yoga Moves Us has been most gratifying, Slay says. In 2015, before she became a volunteer, she had a life-changing moment. It was at their 108 sun salutation summer fundraiser at the State Capitol where they had teachers from various studios teaching and Dwight Armstrong from Solfire shared his story of how yoga saved his life. "His bravery to share his struggles and victories brought me tears and I will never forget that feeling of hope and inspiration it left in me. That feeling, to me, is what yoga is about and it is what fuels me to share the powerful benefits of yoga to as many people as possible."

Yoga Moves Us started in the spring of 2015 as a nonprofit organization with the mission to create stronger and healthier communities through yoga. The nonprofit had its largest expansion in 2016 when groups branched out to parks in Davis at the Community Park, Roseville at Maidu Park, and Folsom at Lions Park, according to Slay. Those park classes are seasonal and typically run April through September every Saturday 9 to 10:15 am. We also began a Sunday class at Tahoe Park in Sacramento and an indoor class at the River City Food Bank every Wednesday 6-7 p.m.

In 2017, Yoga Moves Us launched Midtown Yoga - MiYo - for short - as a collaboration with the Midtown Association. "It was our first outdoor evening class at Fremont Park every Tuesday and Thursday 6-7 p.m. and we are excited for season two in the spring. This was also the year that we began to look into libraries as another place to grow," Slay explained.

Further discussing the beginning of the collaboration between the libraries and Yoga Moves Us, Slay explained that Zuda Midtown had graduated several yoga teachers that were eager to teach and Kellie Conway was one of them. "She reached out on the Oak Park Neighborhood Facebook Page looking for a community space and was soon connected with Vanessa Centeno at the Colonial Heights Library. It was a few months after the Monday evening Colonial Heights launch that I was reminded of the charming Ella McClatchy Library on 22nd and U streets and approached the supervisor, Sheri Garcia, about yoga. The second story space is ideal for yoga and we launched on the first Thursday of this New Year. Both library classes are 6-7 p.m."

Slay says while many longtime Yoga Moves Us regulars attend the library classes, she has also noticed many new faces. "We are very excited to be able to reach more and more people with the library classes, especially first-timers and beginners," she says.

Looking forward for new ways and spaces to offer yoga in our communities, she says current goals are around finding ways to better serve current students and teachers in the long term with additional hopes of expanding to the Bay Area.

Yoga Moves Us indoor sessions

Yoga At The Library – Colonial Heights

Yoga Moves Us hosts an hour long weekly vinyasa-style yoga class at Colonial Heights Library every Monday, starting at 6 p.m. No experience necessary; this is an all levels class. Extra mats available. Colonial Heights Library is located at 4799 Stockton Blvd.

Yoga At The Library – Ella McClatchy

Yoga Moves Us hosts an hour long weekly vinyasa-style yoga class at Ella K. McClatchy Library every Thursday, starting at 6 p.m. No experience necessary; this is an all levels class. Ella McClatchy Library is located at 2112 22nd St.

Yoga at River City Food Bank –

Every Wednesday night at 6 p.m. at River City Food Bank is located at 1800 28th St.

Yoga In The Park: McKinley Park – Every Saturday indoors through March 24, outdoors afterward

Every Saturday at 9 a.m., this is an all-levels class and everyone is welcome. Bring a mat, bring some water, and bring a friend. Extra yoga mats will be available. Location: Inside the Clunie Center.



Alhambra Theatre to be featured in new, big-screen production

By LANCE ARMSTRONG

Once recognized as the "showplace of Sacramento," East Sacramento's Alhambra Theatre captured the hearts of many area residents. And although more than four decades have passed since this movie palace met the wrecking ball, its memory is about to become more vivid.

Through the work of local filmmakers Matías Bombal and Chad E. Williams, the Alhambra – a venue where many classic films were shown throughout its nearly 45-year existence – is set to hit the big screen itself.

In their attempt to capture the storied memories of the Alhambra Theatre, which majestically stood on a block of land at J and K streets on the eastern side of Alhambra Boulevard, Bombal and Williams produced a 55-minute documentary film, titled "Alhambra: Sacramento's Palace of Fantasy."

The film will make its public debut at the Tower Theatre, 2508 Land Park Drive, on Feb. 21 at 7 and 8:20 p.m. The first showing is already sold out and a very limited number of seats are available for the second showing.

A finely weaved mix of vintage films, photographs, interviews and information gathered through research, this documentary does everything it can to showcase the former glory of this celebrated theater.

Designed by Sacramento architect Leonard F. Starks and Edward Flanders, the Alhambra Theatre was rich with elegance.

It was constructed in the likeness of the famous, luxurious Moorish palace and fortress, known as The Alhambra, which was built near Granada, Spain in the 13th and 14th centuries.

Beyond its alluring exterior and gardens entrance, this cinema palace had an attractive interior that included a ceiling with a colorful dome-like effect, long beams leading to an ornamented proscenium arch, perforated grillwork, many rows of fancy seats divided by a large center aisle, a balcony, a 75-foot stage, elegant lighting, drapes, tapestries and a large gold velour curtain with an image of the historic Alhambra of Spain.

Certainly, Bombal and Williams did not rebuild the theater in its old, physical form, but the footage taken from old television newsreels should give audiences of this new production the feeling that they are both inside the Alhambra and meandering outside in its spacious, beautiful gardens.



Photo by Lance Armstrong

Filmmakers Matías Bombal and Chad E. Williams sit at the computer where they worked on the creation of their new documentary, "Alhambra: Sacramento's Palace of Fantasy."

Williams, 46, described the uniqueness of the Alhambra Theatre, which opened on Sept. 24, 1927.

"What strikes me about it is most theaters are part of a city block," he said. "They are a building within a larger building in some cases. (The Alhambra), on its own and at the time, was kind of in the middle of nothing.

"It was this huge place, and it may not have been the largest theater in town, it may not have been the grandest theater, but it was unique in that it was its own little universe. You could go in and be completely taken away from your everyday life."

Bombal, 50, described the special feelings that people continue to share about the Alhambra.

"The clear message that comes from everyone – although they word it very differently – is that

See Alhambra, page 5

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Alhambra:

Continued from page 4

the Alhambra, in their mind's eye, now lost, is their lost youth," he said. "It doesn't matter which generation.

"If it were the older folks who remember it in the 1930s, the people that remember it during the war years or if it were the hippies that were trying to save it (from demolition) or the people that went to see (rock concerts there in the 1970s), any person we've talked to that set foot on the grounds or in the theater has never forgotten it.

"It made an impression so indelible, it stays with them the rest of their lives. That was at the key of what Chad and I really wanted to get to (with this film). What was it about this place that made that impression?"

Bombal – who is also a noted film critic whose reviews have appeared in Valley Community Newspapers publications – added that certain views of the theater that are shown in the documentary reveal how it stood well above any other structure around it.

In particular, he was impressed by an image taken from 8th and K streets.

"(From that point, looking eastward), you could see this (theater) towering in the horizon over all of that," he said. "This thing was a building that was impressive to behold."



Photo courtesy of Collection of Nicholas Cadena Moore

The Alhambra Theatre is shown at the present day location of a Safeway supermarket on Alhambra Boulevard. This cinema palace stood on that site from 1927 to 1973. Present in this image is signage for the March 25, 1936 premiere of "Sutter's Gold."

In creating the Alhambra Theatre documentary, Bombal and Williams benefitted from their previous experience of working together on films.

Their other films were "The Sacramento Picture" (2015) and "The Story Behind Your Radio Dial" (2016).

Williams said that the latter film, a documentary on the 1948 short film about NBC's broadcasting facilities in New York and Los Angeles, led to the creation of the current documentary on the Alhambra Theatre.

"(Davis entrepreneur) Wendell P. Jacob saw our film, 'The Story Behind Your Radio Dial,' and loved it, and was just really impressed with the amount of detail we had presented and the way that we had presented it," he said. "After seeing that film, he approached us with (the idea of funding) a project. Matías and I both looked at each other and went, 'Yeah, we need to do something on the Alhambra.'"

Williams added that the idea of creating a documentary on the Alhambra dates back to when he and Bombal were working on "The Sacramento Picture" – a film featuring local footage from 1910 through 1974.

The process of creating the Alhambra Theatre documentary included Williams' work with Mahlon Picht, of the Center for Sacramento History.

Together, they went through the center's film archives and acquired about 45 minutes of KCRA and KOVR TV news footage of the Alhambra. Most of those films were from the early 1970s.

The result of that two-week venture was what Williams called "an amazing treasure of images."

"(There are scenes) that nobody has seen, probably since it was filmed in 1972 or 1973," he said. "I think that stuff has been sitting in boxes ever since."

Williams credited Bombal for his researching ability and talent for tracking down details of the Alhambra's past.

With the digitizing of old films, the conducting of interviews and the many hours spent to bring this new documentary together, "Alhambra: Sacramento's Palace of Fantasy" is prepared to make its public debut in a timely fashion: during the 90th anniversary of the theater's opening.

To purchase tickets for this second showing of this film, visit sachistorymuseum.org/programs-events/alhambra-sacramentos-palace-of-fantasy/.





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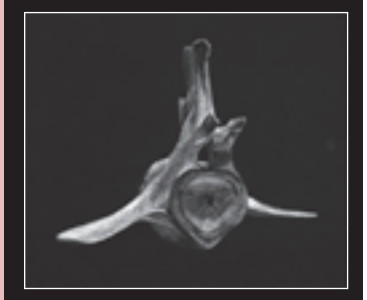
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LIFE
IN THE VILLAGE

By JAN DALSKE
East Sacramento News

It was a girl! We had another sister. I could tell that Rodney and Timothy were disappointed by the looks on their faces. But, I told them that it was good that we had another girl in the family. There would be more help around the house with doing the dishes and helping our mother with other chores. Then they both smiled and laughed and told me that I was right! Our dad had just arrived at home. He had been at the hospital all night waiting for the new baby to be born. He must have been very tired. And our mom would not be coming home for about a week. So I guess that he would need to get someone to watch the little ones so Rodney, Timothy and I could go to school. It was Friday, so we would be home all weekend. He just needed to find someone for next week.

I listened as my dad talked to one of his sisters, my aunts, on the telephone. We only had one telephone and it was in the area between the kitchen and the living room. Only my mother and father were allowed to talk on the telephone. We could not even answer it when it rang, which was not very often. Only adults could use the telephone. Rodney and I thought it was a silly rule because, first, we did not know how to use the telephone, and second, none of our friends used their telephones either. If I wanted to talk to any of my friends I could do that in person, either at school or at their houses.

My aunts both lived in Sacramento. They had families of their own. Our cousins were the same ages that we were, so they had them to take care of already. He was asking them if they knew of anyone he could ask to help with his family while he went to work. I watched as he wrote down a name and phone number. I guess one of my aunts knew of someone who was available. As soon as he headed for the back of the house, I tiptoed over to the telephone table and read the name on the pad of paper."Mrs. White". We would all meet Mrs. White on Monday morning before we left for school. I wondered what her first name was, and how old she was and if she was nice.

Dad took good care of us over the weekend. He had his hands full with six children. But, the older kids, Rodney and Timothy and I, helped him as much as we could. Wayne and Rita spent most of their time in the playpen. We could watch them better there. Linda gave Rita a dolly and a blanket to play with and that seemed to make her happy. Wayne just played with his blocks, and when we thought that his diaper needed changing we told our dad. We all missed our mother. We were all excited about meeting our new little sister. We did not know what her name was yet. I guess it was a secret.

The weekend went by too slowly for all of us. We missed our mother. Dad tried to make the meals, and they were okay, but not as good as what mom fixed for us. The three older kids all helped as much as we could just like our dad had asked us to do. We did not go to church on Sunday. I knew my dad could not have handled six kids at church. It was very quiet all weekend. I sat Linda and Rita down on the couch and read them some stories from my school books. They seemed to enjoy that. The boys just played quietly with their toys. There seemed to be a big empty space in the house that only our mom could fill.

When Monday morning arrived, the doorbell rang very early. Dad answered it right away so that the sound would not wake up the little ones. Rodney and Timothy and I were already ready to leave for school. We had eaten breakfast with our dad, who needed to leave for work as soon as Mrs. White arrived. She seemed like a nice lady and dad did not say too much to her as he headed out the door. He just shouted that he would see us later, after work, and after he stopped by the hospital to see our mother and the baby sister who had no name yet. I showed Mrs. White the bedrooms where Rita, Linda and Wayne were still sleeping. We tiptoed in and out very quietly. She would have her hands full when they all woke up. Me, I was off to school with my brothers and rushed out the front door right behind them.



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FARM AND FLAVOR

That huge, blood-orange moon rising behind the skeletal trees, lighting up dark fields where dry grasses give way to green and frost is sparkling on the icy fabric that protects tender winter row-crops… almost makes these chilly temperatures picturesque and charming. The chickens get extra insulation in the hen-house. The citrus trees get covered to keep them from dying of frostbite. Tender young plants are nibbled by hungry sparrows. The cabbages and broccoli, tough as they are, stop and wait for a warmer day to get back to growing.

Indoors, seed catalogs cover the kitchen table, a perennial sign of absurd optimism and renewed ingenuity. After last year's extreme summer, where the number of days over 104 degrees overwhelmed many plants and the UV rays were at 10 on a scale of 10 far too often – enough to scorch my nylon clothesline to glittery powder at times – "extreme" has become the new "normal". So seed selection now focuses on heat tolerant, disease resistant, and drought tolerant tough-guy plants. A row of wind-blocking plants has been started to reduce erosion and evaporation. Shade cloth made some difference in plant survival last summer, so a couple of rolls are in the shed at the ready, and seed starting will be farmed out to a friend's greenhouse for babysitting until the plants are fierce enough for whatever comes along weather-wise.

Small, agile farms can respond this way to dramatic, unpredictable climate change or "global weirding" (and if anybody still doubts the seriousness of it, just ask a farmer.) Large, mono-cropping farms face a harder and more expensive challenge. In Florida, where citrus trees were hit by hurricane Irma and now freezing temperatures, growers are expecting the lowest harvest in decades and a loss of trees for future crops. In an article by Kevin Hecteman in the Daily Democrat, last year's tomato crop in Yolo County yielded about 10.5 million tons, much lower than the 2016 crop of 12.5 million tons, and farmers were paid a lower price as well. What a rotten deal!

Where will our food come from in the future and what will it cost? Will it take more energy to grow food – for example hothouses in winter and shade structures with fans in the summer? We'll need more renewable energy! What forms of farming should we be supporting, as consumers, to ensure we have affordable, fresh and delicious produce in the future? How do our food choices affect climate change? I am shamelessly biased when I recommend we eat locally and seasonally, and that we support small and diversified farms. But in 2013, the United Nations Commission on Trade and Development (UNCTAD) consulted with 60 experts who recommended small, sustainable, natural and organic systems as more able to feed the world while decreasing farming's contribution to climate change.

So, as I spend extra time babying my plants this winter, rolling with the weather drama as we go, adjusting my chores to the quirky wetness or temperature changes, I expect 2018 will be a year of resilience and determination, and hopefully a few wise or lucky choices. As the days get a little longer and brighter, that inexplicable optimism rises again…

What can we cook with seasonal veggies to fortify us, to make us feel resilient, determined, wise or lucky and maybe even a little optimistic? Black eyed peas turn up in many new year's dishes, reputed to bring good luck, and we all need some fresh greens at this time of year, so…

Black-eyed peas, Fresh Greens, and Pasta

Why this is healthy: Beans bring the fiber, potassium, folate, vitamin B6 but also keep your colon clean. The protein-fiber balance is a big help for regulating sugars too. Leeks and garlic offer allicin, great for your cardio-vascular system, has anti-microbial power, and may fight both cancer and the common cold. Greens are loaded with anti-oxidants, calcium and iron.
Why this tastes great : Garlicky taste balances the mellow beans and fresh greens.
Why this is easy: One pot, a little chopping, stir, serve.
Featured ingredients: Black eyed peas, leek and garlic, greens
Secondary benefits: High in protein, low in fat!
Season: Fall and winter
Note: If you have trouble with beans causing gassiness, add one leaf of the Mexican herb Epazote - it's nature's Beano.

Ingredients

2 Tbs. olive oil
1 large leek, quartered, white and light green parts chopped (2 cups)
2 cloves garlic, minced (2 tsp.)
a pinch each of parsley, sage, rosemary and oregano
8 oz. kale or collards, tough stems removed, leaves cut into 2-inch pieces (4 cups)
4cups diced tomatoes
diced green chiles to taste
¾ cup dried black-eyed peas (soaked over night)
1 qt. low-sodium vegetable broth
¾ cup farfalle pasta
optional (vegan) Parmesan cheez

Directions

1. Heat oil in large pot or Dutch oven over medium heat. Add leek, and sauté 5 to 7 minutes, or until soft. Add garlic and herbs, and sauté 1 minute more. Stir in kale, and cook 5 to 7 minutes, or until leaves are wilted, tossing occasionally.

2. Add diced tomatoes, diced chiles, black-eyed peas, vegetable broth, and 7 cups water; season with salt and pepper, if desired. Cover, reduce heat to medium-low, and simmer 40 to 45 minutes. Stir in pasta, and cook 7 to 10 minutes more, or until pasta is al dente and black-eyed peas are tender.

For more recipes, articles, resources and a photographic farm tour, visit: producewithapurpose.wordpress.com

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What's happening East Sacramento?

SACRAMENTO CAPITOLAIRES GEAR UP FOR ANOTHER YEAR OF SINGING VALENTINES: Valentine's Day is approaching fast and the Sacramento Capitolaires would like to give you the opportunity to book your Singing Valentine early. Last year was a busy year for the Capitolaires and members want to make sure that you have the chance to get your orders in if you are planning to order a Singing Valentine for your loved ones or friends for 2018. A Singing Valentine includes two love songs by a quartet, a silk rose, a box of chocolates, and a personalized greeting card. The Capitolaires are members of the Barbershop Harmony Society and were chartered in 1946. The barbershop quartet can perform Singing Valentines anywhere in the greater Sacramento area. Book early by finding the Singing Valentine Page at capitolaires.org

FRIDAY, FEB. 2

VALENTINE'S CARDS, CRAFTS, AND COOKIES – Get ready for Valentine's Day by making your own cards and crafts to give your special Valentines. at McKinley Library. There will be a variety of fun, decorative materials to choose from. Then stay to decorate and enjoy a valentine's cookie! School-age. Friday, February 2 from 3:30 – 4:30 p.m. at McKinley Library, 601 Alhambra Blvd, Sacramento.

TUESDAY, FEB. 6

READ TO A DOG – Love animals? Then come read aloud to a trained therapy dog from Lend-A-Heart at McKinley Library. This is a great program for reluctant readers – the dogs are great listeners! Children may bring their own books or borrow from the library. Tuesday, February 6 from 3:30 – 4:30 p.m. at McKinley Library, 601 Alhambra Blvd, Sacramento.

WEDNESDAY, FEB. 7

THE SACRAMENTO FLORAL DESIGN GUILD IS OFFERING A BEGINNER CLASS IN FLORAL DESIGN on Feb. 7 from 9:30 a.m. to noon at Shepard Garden and Art Center, 3330 McKinley Blvd., Sacramento. The fee, $20.00, includes instruction in a basic floral design, flowers and container. You will make an arrangement and take it with you. Please reserve your spot today. Send your check, with name, email address & home address and phone number to Sacramento Floral Design Guild, 4 Park Vista Circle, Sacramento, CA 95831.This course is taught by Frankie Raymond, an experienced designer and National Garden Club Flower Show Judge. Frankie's team of assistants will insure each participant receives individual instruction. Participants need not have any floral design experience.For further information contact Guild President, Jan Goehring, at Jgoehring5329@yahoo.com.

FRIDAY, FEB. 9

DRUM AND DANCE FOR JOY WITH THE FENIX DRUM AND DANCE COMPANY – Celebrate Black History month with the Fenix Drum and Dance Company as they tell stories and teach traditional African dances around a drum circle at McKinley Library. All members of the audience are encouraged to join in and use one of the percussion instruments provided and participate in learning dances! Family. Friday, February 9 from 3:30 – 4:30 p.m. at McKinley Library, 601 Alhambra Blvd, Sacramento.

THURSDAY, FEB. 13

SAC STATE'S NEW MILLENNIUM SERIES PRESENTS THE FACULTY, ALUMNI, & FRIENDS GALA at 7:30 p.m. Thur., Feb. 13, in the Capistrano Concert Hall on campus, 6000 J St. The program includes performances by flautist Laurel Zucker, pianist John Cozza, percussionist Daniel Kennedy, and closes with Brahms' C Major Piano trio by the Peregrine Trio. Tickets are $20 general, $15 seniors, & $10 students. Season tickets also are available at www.csus.edu/hornettickets or (916) 278-4323. Contact: (916) 278-5155.

SATURDAY, FEB. 17

CEMETERY TOUR – AFRICAN-AMERICAN HISTORY: The Old City Cemetery Committee presents a tour that celebrates the contributions of historic African-Americans in Sacramento at 10 a.m. at the Sacramento Historic City Cemetery, 1000 Broadway. Free born or slaves, slavery was not born in them. Celebrate the contributions of Sacramento's African-American community as they struggled to gain a foothold in a dynamic and often hostile environment, and meet barbers, doctors, caterers, soldiers, singers, pastors, and others who settled the frontier. The cemetery is located at 1000 Broadway, Sacramento. There is free street parking nearby. Tours are free; however, donations are appreciated and benefit cemetery preservation. For more information, call 916-448-0811. The mission of the OCCC is to join hands with the community to restore, beautify, preserve, and protect the Historic City Cemetery, while maintaining access by descendants of the deceased, and to provide educational services to all visitors to the Historic City Cemetery of Sacramento.

WEDNESDAY, FEB. 21

ALHAMBRA: SACRAMENTO'S PALACE OF FANTASY TO PREMIERE ON FEB. 21 AT THE TOWER THEATRE: The Center for Sacramento History, in partnership with Matías Antonio Bombal, Chad E. Williams and executive producer Wendell Jacob, are proud to present the world premiere of ALHAMBRA: Sacramento's Palace of Fantasy at the Tower Theatre (2508 Land Park Drive) on Wednesday, Feb. 21, 2018. Screenings will take place at 7 p.m. and 8:20 p.m. Over a year in research and production, using multiple assets in the collections of the Center for Sacramento History and the community, this documentary examines why the Alhambra Theatre (1927-1973) captured the imagination of all who entered and how its demise still sparks controversy nearly 50 years later. Advance tickets are $30 each and available online only at www.centerforsacramentohistory.org. With limited seating available, tickets are expected to sell-out quickly for this fundraising event. The 55-minute documentary film ALHAMBRA: Sacramento's Palace of Fantasy is highlighted with compelling interviews, pictures and newly-found movies that tell the story of Sacramento's beloved and lost Alhambra Theatre, a 1927 million-dollar temple to movies, music, and art for 46 years. The film's trailer can be viewed at https://vimeo.com/242839790. Funds from this event will go toward preserving and making available the moving image collections held by the Center. For more information, please visit www.centerforsacramentohistory.org.

FEB. 21-25

SACRAMENTO STATE'S UNIVERSITY DANCE COMPANY PRESENTS DANCE SITES 2018, directed by Philip Flickinger on the main stage of the University Theatre on campus, 6000 J St. The bigger stage provides more room and offers a chance to get more creative with staging and lighting, resulting in a fascinating dance experience. Performances are at 6:30 p.m. Feb. 21 and 22; 8 pm. Feb. 23 and 24; and 2 p.m. Feb. 25. Tickets are $10-$18, at (916) 278-4323 or www.csus.edu/hornettickets. Contact: (916) 278-6368.

SATURDAY, MARCH 3

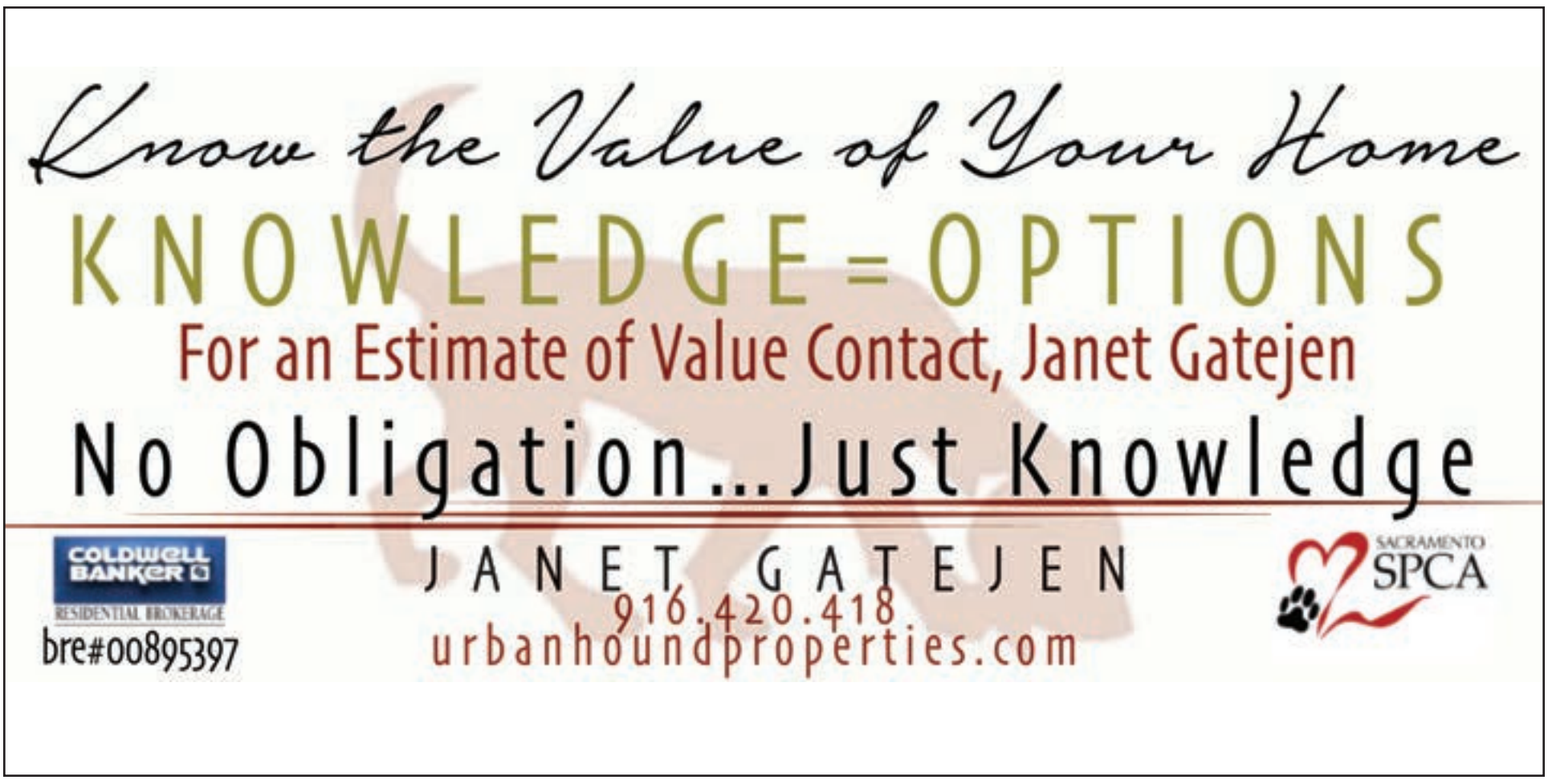
EAST SACRAMENTO LITTLE LEAGUE OPENING DAY: East Sacramento Little League will have its opening day ceremonies from 9 a.m. to noon at 60th and M streets.

SATURDAY, MARCH 10

CAL MIDDLE SPRING THING: The 9th Annual Spring Thing is March 10th and is Cal Middle Schools largest "FUN"d raiser. This Evening Gala keeps improving with continued support from several of our best local restaurants, breweries, and wineries. The delicious local fare is coupled with rockin' music, amazing silent auction baskets, fabulous live auction, fabulous student art auction, awesome balloon poppers (think 'Grab Bag'), and terrific raffle prizes! Without these funds, the following Cal programs will either be cut, or will need to charge fees to continue: scholarships for field trips, afterschool tutoring, afterschool sports programs/uniforms, and supplemental supplies for classrooms: all of which are needed for our students to thrive. The event is from 6:30-9:30 in the Social Hall at Congregation B'nai Israel, 3600 Riverside Blvd. in Land Park. For tickets, visit https://lpsf.schoolauction.net/2018auction/homepages/show

SUNDAY, MARCH 18

SACRAMENTO SYMPHONIC WINDS, A 60-PIECE SYMPHONIC BAND, PRESENTS "SPRING FLING": Bring the entire family to this spring concert of dance music entitled "Spring Fling" at the Crowne Plaza Sacramento Northeast, starting at 2:30 p.m. The Sacramento Symphonic Winds is a 60-piece adult symphonic band conducted by Timothy M. Smith. This concert features trombone soloist, Tony Collins, playing Colloquy by W. L. Goldstein. Also The Hounds of Spring by Alfred Reed, Symphonic Dance Music from West Side Story by Leonard Bernstein, Mock Morris by Percy Grainger and more dance music! Visit our web site at <http://www.sacwinds.org> or on Facebook! Crowne Plaza Sacramento Northeast, 5321 Date Ave., Sacramento, 95841 (On Date just north of Madison east of I-80 interchange). Tickets at the door: General Admission $15; Student (11-17)/ Senior (65+) $10; Children 10 and under are free.



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