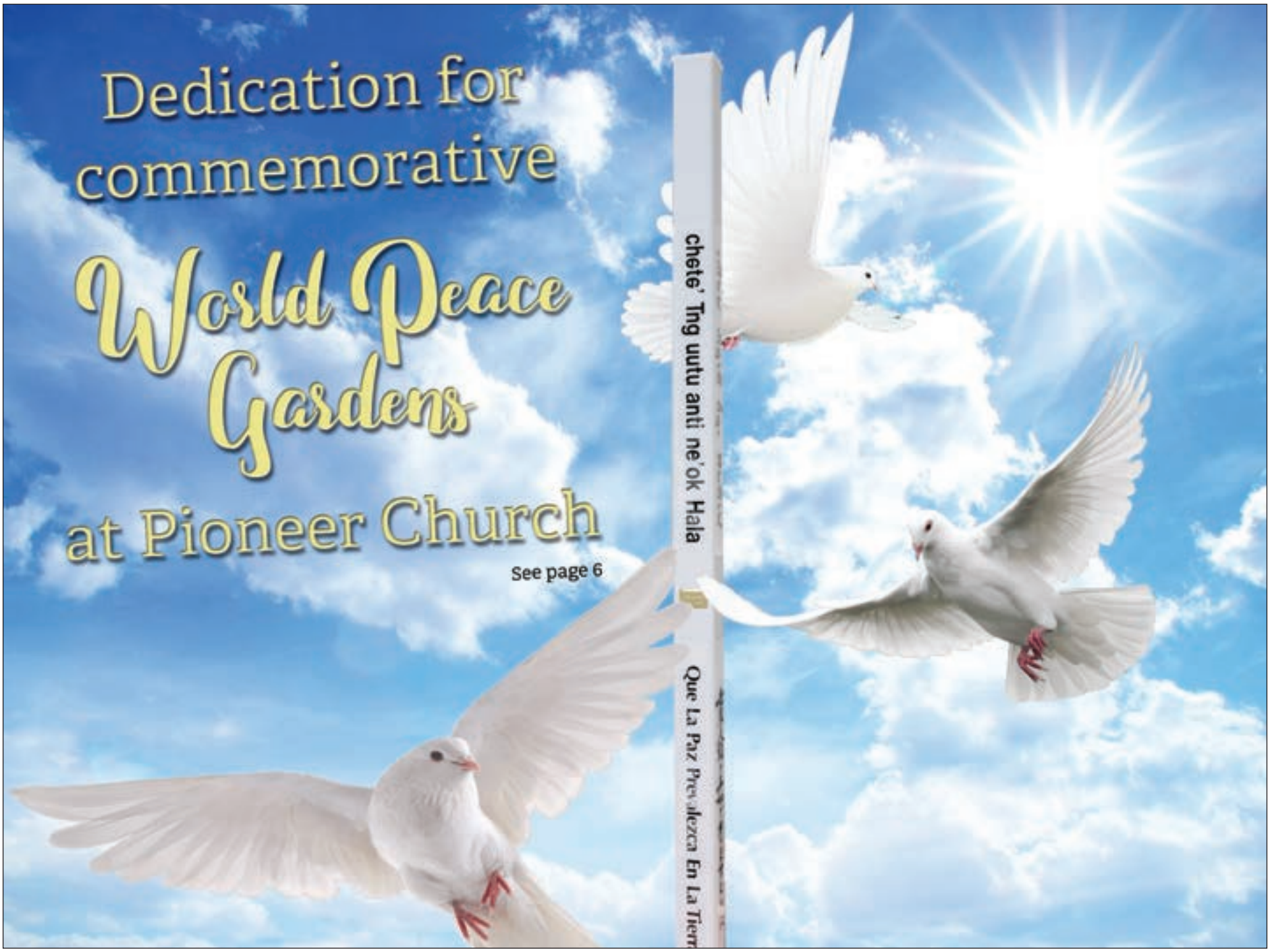
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Door to Door
with PAT LYNCH

Banana Fanna Bo Banna

Names (and slogans) mean a lot. A new baby, Theo, came to our block. Theo will fit right in with his generation of kids. His name is in the top fifty preferred boy names of 2018. The top ten boys names are Jackson, Liam, Noah, Aiden, Lucas, Casen, Grayson and Mason. (Yep, Casen, Grayson and Mason—they could grow up to be a law firm, or a rap group). The top ten names for baby girls are, Sophia, Olivia, Emma, Ava, Isabella, Mia, Aria, Riley, Zoe and Amelia. Name preferences sweep through the Zeitgeist every few years or so and it's hard to keep up. It seemed only yesterday that everyone was called Montana, Kane, Dakota and Cade. But now there's a new surge. These name swings are national. Disney has inspired some, notably, River, Willow and Storm (No, not Stormy). But speaking of Stormy, the name, Donald, appears to have plunged. "The popularity of baby name "Donald" is falling dramatically," says the Salon website. This seems strange because you'd think that Trump's base would fervidly reproduce batches of little Donnies, or Don-Dons, creating a Trump Bump in the birth rate. But it hasn't happened. Maybe they realized he wants to eradicate their maternity coverage.

Anyway, chosen names and designations say more about the choosers than the named. When a city has a nickname or slogan it's not like naming a baby. It, A: arises from the people's observations of the city's quality, or, B: it's part of a deliberate re-branding that strives to associate people and places with products. Sacramennto used to be identified as the City of Trees. This accounted for much of its allure. Now some promoters want us to call it the Farm to Fork Capitol. Farm to Fork. That's a giant step backward. Into a cow pie. We've struggled for recognition as a culturally hip urban center (trees are hip, and show ecological awareness) and they want Farm to Fork, a phrase that evokes a rustic, small town sensibility. At least "City of Trees" is a City.

There's an online petition where fraught Sacramentans may protest the fork-to-face rural slogan and stand up for our City of Trees. I'm going to sign it because I've been to farm towns. I don't mean picturesque foothill towns like Sutter Creek, I mean treeless, scraggly drive-throughs baking under the sun. This is not the Sacramento aesthetic. We are a diverse mix of people and in our long summers we thrive in the shade of our beautiful trees. Finally, "Farm to Fork" has no poetry (it has alliteration but that alone is not poetry). City of Trees, like the City of Light, or the City that Never Sleeps, or the City of Angels, evokes a poetic image that arises naturally from the city's core identity. It's not a slogan superimposed by marketers. Don't you wish we could all vote on these things before signs go up showing us grinning and waving forks?

In England there's a "Names, Not Numbers" symposium that claims to stand up for "individuality in a mass age." This is a good illustration of the renaming excitement. Some people with ordinary names feel their sparkling uniqueness is submerged in a swamp of Johns and Janes. But you can change your name to Eucalyptus Snowdrop and still have nothing fascinating to say. You can change your name and wear startling outfits and still be dull as toast when you opine. The trick is to be authentic. If Eucalyptus is funny or inquisitive, she'll do fine. But if she's spent too much time thinking up her new name, she'll be as flat and empty as she thought her old name was.

Now to nicknames. Princess Di's nickname was Dutch. Uppercrust eastcoast nicknames are Buffy and Skipper. And Scooter. A famous Scooter, Lewis "Scooter" Libby, was recently pardoned by Trump. Scooter worked for former Vice President Dick Cheney and leaked the name of CIA under-cover agent Valerie Plane, thus imperiling her life and mission. A federal grand jury convicted Scooter of "perjury, obstruction of justice" and "making false statements." No one knows yet what lofty position he will hold in the present administration.

Once nicknames arose organically from a person's traits, like, Blondie, or, Brainiac. But now you can order up nicknames from multiple nickname websites. Maybe Eucalyptus Snowdrop could shop for a nickname just as she spent hours researching a new birth name. Here's a few of the purportedly cool girl's nicknames found on-line: Shadow, Moonshine, Sphinx, Claws, Bon-Bon, Subzero, Wind, and Statue. Here's boys nicknames from the same site: Boomer, Mammoth, Saber-tooth, Crusher, Bomber, Rocket, Cannon and Trigger. Readymade nicknames for all. Take your pick. It probably shouldn't escape us that the boy's list is a tad more explosive than the girl's.

Finally--last names. I was surprised to learn that my own last name, Lynch, has become controversial. A school board in Portland, Oregon, recently voted to remove the name, Lynch, from three elementary schools named after a local Lynch family that donated generously to them. The name is also, of course, commonly associated with lynchings and crazed, grizzled cowboys in movies shouting, "Git a rope." Now some ardent Oregoneons are actually urging Lynches to change their last names altogether. When I first heard about this, I volunteered to change my name to Pat Noose. My brother, Danny, said he'd change his to Danny Lethal Injection.

We were merely trying to be flip, a proclivity amongst the more nervous Lynches. And we do take seriously the horrific racist legacy of the word. We take it seriously, but not personally. Should people named White change their names? Because whites

See Door-to-Door, page 13

Taste of East Sacramento celebrates a decade of neighborhood culinary talent

Mark your calendars for Saturday, July 14th. From 6-9 pm, this year's Taste of East Sacramento festival offers residents a unique opportunity to revisit some the area's favorite established culinary talent while exploring exciting newcomers.

Now in its tenth year, Taste of East Sacramento has grown into the largest culinary event in East Sacramento and will feature over 40 neighborhood restaurants, cafes, breweries, wineries and specialty grocers who come together to offer attendees many tasting options and wine and beer samplings.

While the event's popularity is certainly due in part to the wide variety of edible experiences available, it's also a chance for local food and beverage-related business owners to step out from behind the scenes and interact with their neighbors.

Set against the beautiful backdrop of East Sacramento's Annunciation Greek Orthodox Church, there will be space to mingle among cocktail tables, traditional seating,as well as room to dance the evening away. This year the event will be offering an exciting silent action featuring items any food and wine will jump at the chance to bid on. The event space allows for a maximum of 600 guests, so those interested in attending should secure tickets ahead of time by purchasing online at www.TasteofEastSac.comfor $60 per person. Note that the price increases to $70 if purchased at the door and Early Bird pricing is available until June 30th at $50 per ticket. Tickets are also available to purchase by cash or check at Sellands on H Street. The list of this year's vendors is still growing! For an updated list, visit TasteofEastSac.comPlatinum Sponsors include Kappel Mortgage Group, Farmers Insurance Kevin Guinn Office and Elise Brown and Polly Sanders Coldwell Banker Realty. Please note the event is open only to those 21 and older. Parking is available, as is a free bike valet provided by Sacramento Area Bicycle Advocates.

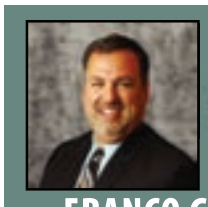






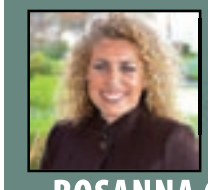
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State Fair to open on July 13

17-day event to offer rides, music, entertainment, more

By LANCE ARMSTRONG

With July finally here, one of the most anticipated summer events of the year – the California State Fair – will begin next week.

Opening on July 13 and running for 17 days, the fair will once again bring a wide variety of attractions designed to offer something for everyone.

Midway rides

Drawing many people to the fair every year are the midway rides.

Butler Amusements continues its longtime tradition of offering various rides at the State Fair. Along with familiar rides, this company also plans to offer two new rides this year.

The midway will be open from 2 to 11 p.m. on Mondays, Wednesdays and Thursday, from 11 a.m. to 11 p.m. on Tuesdays, and from 11 a.m. to midnight from Fridays through Sundays.

Live music

Among the other popular attractions at the fair are its live music shows.

Those shows include concerts on various stages, including the Golden 1 Stage.

Among the artists who will perform at this year's fair on that stage include War (July 13), Berlin, featuring Terri Nunn (July 14), Kool and the Gang (July 16), Night Ranger (July 21), Sugar Ray (July 23) and The Spinners (July 28).

A new feature this year will be free admission to the fair with the purchase of tickets to either the Kidz Bop Live (July 26) or ZZ Top/George Thorogood (July 26) concerts at Papa Murphy's Park at Cal Expo.

A Republic FC soccer game will also be played at Papa Murphy's Park during the fair. The game will be played against the Oklahoma City Energy on July 21 at 8 p.m., and tickets to that contest will also include free admission to the fair.

For information about these Papa Murphy's Park events, visit www.papamurphyspark.com.

Also new to the fair this year will be the Youth Mariachi Competition, which will be held on July 22 at 5 p.m. The participants will compete for cash prizes.

Mariachi Vargas de Tecalitian will perform that night on the Golden 1 Stage.

Silent Disco

Another new, music related event at this year's fair will be Silent Disco, a daily, free activity, in which participants will dance to the kid-friendly music of their choice through their own special set of headphones.

After 5 p.m., DJs will battle to get the most number of people listening to their station.

Animals

Animals play a significant role in the fair throughout the fairgrounds.

As usual, the Sale of Champions will be held at the State Fair.

This prestigious event presents the opportunity for Future Farmers of America and 4-H members and adults to represent their counties with the livestock animals they have raised.

The event, in which the most valuable livestock are named, will be held in the Tractor Supply Co. Big Barn on July 15 at 6 p.m. The sale will be preceded by a social gathering at 5 p.m. and a dinner at 5:30 p.m.

Animals such as pigs, horses, cows, sheep and goats can also be visited by the public in the barn during the fair, and barn animal owners can gain tips about their animals at the Livestock Animal Education Center.

A petting zoo will also be available to fair guests, as well as a Fur and Feathers section, with state champion rabbits, chickens and turkeys.

For 11 days, the fair will be present live, Kentucky Derby-style horse racing.



Photo courtesy of the California State Fair

Horse races will be presented at this year's fair.

There will also be horse shows held in the horse arena on the fairgrounds.

Food and beverage concessions

As usual, the fair will feature many vendors offering a wide variety of food, ranging from hot dogs, ice cream and funnel cakes to turkey legs, many deep fried items, and healthy alternatives such as fruits and vegetables.

On Wednesday and Thursday, fairgoers can purchase certain food items at a reduced price, as the fair will feature its $2 Taste of the Fair days. On those days, each food vendor will offer a normally higher priced food item for $2.

Those seeking adult beverages can visit the Save Mart Wine Garden and the Craft Brew Pub, which will be open daily.

Many merchandise vendors

The fair will offer plenty of shopping opportunities, as vendors will have supplies of merchandise such as clothing, gadgets and items for the home.

There will also be various demonstrations.

Other attractions

Among the other fair attractions will be freestyle motocross, wiener dog races, the California counties exhibit, the California Authors section and a classic car show.

Fair hours, admission

Fair hours at the main gate are 11 a.m. to 10 p.m. on Mondays through Thursdays and 10 a.m. to 10 p.m. on Fridays and Saturdays. Admission to the fair is $14/general, $12/seniors, 62 and older, $10/children, 5 to 12, and free/ages 4 and younger.

Pre-sale tickets, purchased before July 13, will include a $2 per ticket discount.

Fairgoers bringing three non-perishable food items to the fair will receive free admission on Mondays before 3 p.m. Diapers will also be accepted. These items will be donated to the Elk Grove Food Bank.

The State Fair runs through July 29.

For additional details about this year's fair, visit the website www.castatefair.org.

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LIFE IN THE VILLAGE

By JAN DALSKE
East Sacramento News

We were all very excited that springtime was just around the corner. The last few months of the year had been a very difficult time for our parents. Our dad had been late for work a few days because he had to take time off to visit our mom and our little sister, Sandra Kay, at the hospital. And after our mom and little sister had come home, I know that he worried about them. When we found out about Sandra's birth defect, it was especially difficult.

He had asked us to be good kids and help our mother whenever we could. I already did that, and I hoped that my brothers and sisters would be more helpful. But, the boys did not really know how to help, and they thought that housework was just for girls. And, Linda and Rita were really too young to do too many things. I was just seven, but I had always been my mother's little helper. I told my mom that I would try to find ways that all of my brothers and sisters could help around the house every day.

I asked them to try to make their beds when they woke up every morning. I showed them how easy it was to pull up the covers and plump up the pillow, and then cover the bed with the bedspread. They could pick up their toys when they were finished playing with them. They could put their dishes on the counter when they were finished eating. If everyone in our family did their share of the work, then our mother could spend more time with little Sandra Kay.

Rita was going to turn three in March. My mom told me that she wanted to give her a rag doll and her own set of blocks so she would not want to play with the ones Wayne had in his playpen. That was a good idea. I guess that our dad would have to go shopping for those toys as our mother did not drive and we only had the car my dad used to go to work every day. Maybe, if my mom had any extra time she would sew Rita a new dress like she did for my birthday. That would be a nice present for Rita because she usually wore the clothes that Linda and I had outgrown.

Easter Day was on Sunday, April 1st this year. That was just a week after Rita's birthday. Dad always brought home candy for our celebration. He boiled eggs and colored them for us. He let Rodney and I help him that year. I guess he thought we were finally old enough to do that without breaking the eggs or spilling the coloring mixture. The older kids had their own Easter Baskets with chocolate eggs, colorful jelly beans, and some marshmallow chicks. Usually our parents did not let us have candy. It was a treat on Easter, Halloween and Christmas. So, we took advantage of it when we could.

Our backyard already had new fences that our dad had put up, and a strong gate. And, dad had planted grass, but it was covered with water during that horrible rain storm in December. Dad worked hard to get the grass to come back to life once all of the water had started to dry up in the backyard. He wanted to surprise our mother with a flower garden. He knew what her favorite flowers were and he wanted to plant them all in her garden. She liked roses, so he planted a rose bush with bright red petals. It climbed the trellis by the patio. She also loved lilies and how tall and stately they looked. She loved geraniums with their brightly colored flowers. My dad had met some men in his construction job that were from Mexico. They all had cactus plants in their yards, and they gave him some cuttings that he could plant so that our mom could have cactus plants in her garden. Having a garden was a great present for our mom. Because our parents both grew up in the cold state of Wisconsin, many flowers would not grow in that state. But sunny California was the perfect place for growing all of the flowers that made our yard come alive. And, when mom cut them and put them in vases and placed them on display in our house, the rooms were bright with color and the airv was filled with the scents of the flowers.

CALENDAR ANNOUNCEMENTS

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Faces and Places:

Dedication for commemorative World Peace Garden at Pioneer Church

Photos by Stephen Crowley

A Commemorative World Peace Garden was dedicated Sunday, June 24, at Pioneer Congregational Church, 2700 L St. Twenty peace doves were released as the peace pole was unveiled by Vice-Mayor Steve Hansen and Pastor Phil Konz.

A World Peace Pole is centered in the commemorative brick area open to the Sacramento community. It symbolizes the oneness of humanity and a common wish for a world at peace. Eight languages on the World Peace Pole say "May Peace Prevail On Earth" in Spanish, Japanese, Hebrew, Miwok, Arabic, Hindu, Russian, English and English in Braille. Speakers in all languages interpreted what peace means to their cultures.

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Public Notification

City of
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Department of Utilities

Construction Is Underway

The City of Sacramento, Department of Utilities and its construction contractors are working on water meters, water mains, and water service lines in the area.

Visit **www.MetersMatter.org** to learn more about the project and to find out what may be happening in and around your neighborhood.

This work may result in:
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This work addresses the State's mandate for water meters to be installed on all water services.

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Arts & Activities

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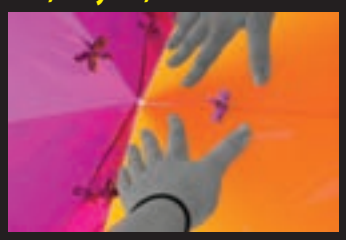


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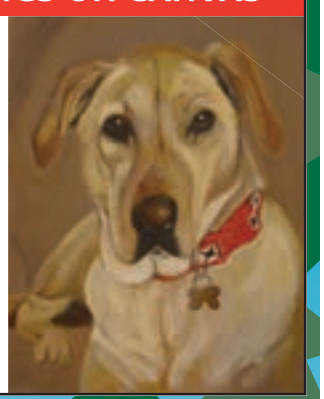
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Class of 2018

Statement from the President & Principal

St. Francis Catholic High School's Class of 2018 is a wonderful group of 247 young women who have made a difference in our community and will certainly continue to make a difference in our world. They have shared their many God-given talents in the areas of academics, athletics, arts, leadership, and ministry. Their commitment to our four pillars of faith, excellence, leadership, and service shined forth in all that they did. They have left an indelible impression on our school. May God bless this class with joy, confidence, and determination, as they embark on a new chapter in their lives. Congratulations to the SFHS Class of 2018, and may all your dreams come true!

Theresa Rodgers, President
Elias Mendoza, Principal

Grace Ann Abshear
Kaleigh J. Adams
Kathryn Rose Agustin
Nadia Aiyu Aimufua
Lindsay Lee Alhady
Lauren Elizabeth Allen
Alexis Marie Areias
Carina Alyse Arroyo
Reesa Eliza Artz
Alexis Salma Assad
Mary Alexus Mendoza Baccay
Sydney Aroon Baichtal
Nikola Taylor Barnes
Kristen Elaine Bartow
Emily Rose Bartylla
Nicole Suzanne Beigh
Priscilla Anne Belisario
Sophia Chanelle Bellinoff
Madeleine Marie Bisi
Julia Marie Boston
Anna Veronica Fakaola'i Fanga Bourke
Lauren Marie Brothers
Madeline Anna Brown
Mary Catherine Elizabeth Burky
Loren Anne Bykowski
Audrey Lauren Camarillo
Alanna Susann Carlin
Kendall Renee Carlsen
Kobe Susan De Yu Carpenter
Victoria DeVivar Castillon
Lennea Aaliyah Castro
Emily Elizabeth Cates
Caitlynn Pascua Chang
Victoria Elizabeth Cimino
Allison Elizabeth Cloninger
Hannah Joy Clouser
Sidney Margaret Clymer-Engelhart
Holly Marie Coffman
Hannah Isabelle Bautista Cole
Jocelynn Dion Coleman
Grace Maria Conlin
Anna Victoria Cooper-Huber
Rachel Elizabeth Cooper-Huber
Julia Wilson Coss
Erica Christine Cradeur
Nicole Lucretia Cronin
Emily Angela Vera Cunanan
Julionah Monae Dahdouh
Nicole Georgina Danuwidjaja
Lauren Elizabeth Dodier
Melia Juliet Dowd
Allison Joy Dowdell
San Tue Tran Du
Yahsmeene Isis Duffey
Liliana Maddison Eilhardt
Julia Anne Endicott
Madison Frances Enos
Abigail Elizabeth Erckenbrack
Bianca Marie Escoto
Marisa Nicole Fat
Katarina Dutra Fernandez
Nora Lou Fluetsch
Stephanie Deanna Fong
Jacqueline Elizabeth Foran
Nicole Mary Frank
Jacqueline B. Fancy Free
Lia Mullins French
Alexandra Mae Freund
Emma Jeanne Fries
Olivia Hui Yen Fu
Savannah Anne Gagnon
Samantha Rose Garaygay
Azalea Garcia
Jennifer Marie Gilbert
Grace Katherine Gillis
Chiara Anna Giordani
Mayrin Gonzalez
Mary Louise Goodwin
Adrienne Eileen Graybill
Lauren Frances Grinbergs
Christina Candelaria Guadamuz
Giulianna Maria Guerrera
Peyton Grisabel Guzman
Alexis Marie Harvey
Grace Catherine Hause
Marianne Dolores Hayes
Fiona Ferris Heenan
Jennifer Marie Heideman
Isabelle Rose Hesse
Chynna Lee Hinrichsen
Abigail Grace Holt
Nicole Marie Hopkins
Kennedy Grace Hornbuckle
Grace Elizabeth Horner
Sarah Lynn Huang
Sarah Carol Huggins
Hannah Therese Ilomin-Sheff
Natalie Camille Imboden
Katherine Marie Isherwood
Kiya Cardenas Jackson
Kyla Cardenas Jackson
Victoria Alejandrez Jacobo
Tenea Narthelia Jefferies
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Grace Frances Klas
Katherine Noel Klokkevold
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Kelly Hatley Kraeger
Lauren Kristen Labrie
Isabella Monigatti Lake
Vyvyann Dinh Tuyet Hoa Le
Tammy Joan Lee
Teresa Marie Lee
Morgan Elizabeth Lesniewski
Lauren Alexis Liberatore
Larissa Love Liden
Madelynn Noelle Lima
Isabel Annette Linne
Elinore Anne Loyer
Julia Elena Lucic
Lauren Tallah Lukowicz
Camille Rose Dery Lutes
Kelly Anne Luthy
Lucille Rose Mackintosh
Makayla Montez Madkins
Yasmine Mahmoudieh
Maggie May Malaney
Hailey Margaret Malone
Lauren Michael Martinelli
Anne Cristine McDaniel
Lillyann Kate McGee
Moira Mei McMahon
Claire Matheson Mellberg
Ariana Corinne DeCasas Miggins
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Sydney Rain Morgan
Sarah Rylie Morris
Krystle Anne Nanoo
Kathryn Alexandra Neubuerger
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Hydee Minh Thu Nguyen
Sophia AnhChi Nguyen
Sana Niaz
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Francesca Odunlami
Ashley Elizabeth O'Harra
Jessica Madeline Oloriz
Kaitlynn Kerrie O'Neill
Saleena Aleina Ordorica
Amanda Lee Ostrom
Caroline Wan Shin Ow
Julia Caroline Palchak
Kayla Marie Panza
Cameron Kay Parra
Cassandra Santos Peralta
Rebecca Nicole Phelan
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Amanda Nicole Roina
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Kalia Grace Rucker
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Kristine Alexis Runnberg
Claire Lucille Russell
Clarissa Louise Ryder
Chase Alexandra Saca
Andie Catherine Salazar
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Natalie Ann Sanfilippo
Isabella Marie Sardo
Anastasia Madonna Sasal Barrett
Maya Frances Sbisa
Madelyn Diane Schildmeyer
Makayla Anne Scott
Elise Reghene Young Sexton
Savanna Rose Sherwood-McGrew
Laura Anne Sicoe
Amanda Eileen Sieverts
Jadyn Elisabeth Simperman
Taylor Rae Simpkins
Carly Rose Simpson
Solene Rochelle Conley Sinclair
Madeline Elizabeth Sliger
Maya Natalia Solis
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Rachel Marie Wick
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Lauren Elizabeth Wilkins
Emily Ann Williams
Molly Patricia Wilson
Gabriella Alida Wirick
Elysia Nicole Witham
Ashley Anne Wyant
Marisa Kiyomi Yamada
Bailey Brophy Yates
Nicole Amber Young
Penelope Natali Zavala
Alexandra Zhu
Alexandria Nicole Ziegler





Grace Conlin
Valedictorian

Bio:

Grace Conlin, a graduate of Stella Maris Academy in La Jolla, California, is in the top 5% of her graduating class at St. Francis. She is an amazing young woman who brings joy to all she does and possesses a deep faith and desire to share her time and talents with her community. She has been a St. Francis Ambassador for the past three years, as well as a part of the Ambassador Leadership Board, and a four-year member of our Model United Nations Team, earning the role of Co-Captain senior year. Grace was also elected as our SBO Ministry Coordinator. She has excelled in St. Francis' rigorous college preparatory classes, and has taken every AP course in English and History, and still found the time to dance Hula and be a part of the Swim Team. Grace received St. Francis' highest student honor, the Pax et Bonum Award, and she will be attending the Naval Academy in the fall.

Awards & Scholarships:
Pax et Bonum Award
General Excellence Award
English Program Honors
Fine Arts Program Honors
Mathematics Program Honors
Modern & Classical Language Program Honors
Science Program Honors
Social Studies Program Honors
Theology Program Honors
Excellence Award in English
Excellence Award in Social Studies
Christian Service Leadership Award
Highest Honor Roll 2017-2018
California Scholarship Federation Sealbearer
National Honor Society Member
AP Scholar with Honor
U.S. Department of the Navy ROTC Scholarship
United States Military Academy Scholarship
United States Naval Academy Scholarship





Olivia Fu
Salutatorian

Bio:

Olivia Fu, a graduate of Brookfield School, aspires to academic excellence in all she does and has demonstrated a love and passion for lifelong learning. She is one of only a few seniors who has earned straight A's in all eight semesters of high school in all seven subject areas. She has taken more AP courses and exams than any other student in recent years, and earned 5's on every exam! In addition to her academic excellence, she was also the President of Key Club and Girl Up Club, as well as the captain of Mock Trial and Speech. She willingly gives of her time to mentor students on both of these academic teams. She is well respected by her classmates and they recognize her brilliance and generosity alike. Olivia received the Principal's Pillar of Excellence Award for her for outstanding academic achievements while embodying faith, excellence, leadership, and service. She will attend Harvard University in the fall.

Awards & Scholarships:
Class of 2018 Salutatorian
Principal's Pillar of Excellence Award
General Excellence Award
English Program Honors
Mathematics Program Honors
Modern & Classical Language Program Honors
Science Program Honors
Social Studies Program Honors
Theology Program Honors
Excellence Award in Mathematics
Excellence Award in Social Studies
Excellence Award in Speech
Highest Honor Roll 2017-2018
California Scholarship Federation Sealbearer
National Honor Society Member
National AP Scholar
National Merit Finalist
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Door-to-Door

Continued from page 2

were the lynchers and currently the racist villains in the USA are white. But not necessarily Whites. Not all white Whites are white racists. And so it is with Lynch. There is a John Lynch, born into slavery, who got himself elected a U.S. Congressman. I hope he is part of my Lynch heritage because he lived till 92 and kept his edge the whole ride.

If we Lynches changed our last names we'd create horrendous legal confusion with our identification, licenses, wills, passports, contracts—all the tonnage of paperwork that marks one's passage through life. So I thought maybe I could change my first name instead. I'd change it to, Don't. Then I'd be, Don't Lynch, a nice instruction upholding due process. But, Don't, is a problematic first name. What if I got married again? "I, Don't, take thee for my lawful, wedded spouse," simply doesn't sound enthusiastic. So this Lynch name controversy remains a knotty problem. I can't repeat here the new first name my brother chose for himself.

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Sacramento Shakespeare Festival Opens their 2018 Season

By JAN DALSKE

The Sacramento Shakespeare Festival has provided top quality productions for many years. They have included two of Shakespeare's plays each summer from late June through early August in William Land Park (WLP), and have been presented since 1986. They have also been presented at Sacramento City College since 1966. The plays in WLP are performed in the Amphitheatre with audiences of several thousand people who come from many of the cities in Sacramento County.

The 2018 Season begins with "The Count of Monte Cristo". This play is adapted from the novel written by Alexandre Dumas. The first performance date is June 29th. Edmond Dantes is framed and imprisoned by a conspiracy. He spends fourteen years plotting his revenge. Through providence he escapes. The lives of three powerful families are thrown into chaos with the arrival of the mysterious Count of Monte Cristo, a man of untold wealth who carries with him secrets from the past which may destroy them all. This adaption was written by Christopher Walsh, and brings "a fresh look to this dark tale of intrigue and vengeance".

"Henry V" is a history play by William Shakespeare, and is believed to have been written around 1599. Henry is new to the throne and wants to prove his military strength, so he declares war against France, who is England's enemy. The play presents the interactions as the country prepares for war. This play puts a new spin on the story for our modern world.

The actors want to share their thoughts with you about these plays.

"This show has given me great confidence in stage combat!" –Liam W.O.

"This is my first time doing the festival and I'm so excited to watch it all come together. Audiences are not going to know what hit them." –Erika Kristine

"Playing Hermine in the Count of Monte Cristo has been a challenge, but a challenge in all the best ways! I can't wait to go live". –Sarah Ekstrom Palmero

"I have performed in many plays indoors and outside but this Sacramento Shakespeare Festival is a unique experience, which I've enjoyed many times as a member of the audience. This summer's production of The Count of Monte Cristo is my first full Festival experience as an actor. Last year I did one night performance as an understudy but this year I have a featured role as a villain in France in the early 1800s. The language is very easy to understand and there's lots of action once the plot has been set." –Mike Poe

"Being the foley artist for The Count of Monte Cristo has been an interesting experience for me. Some of the sound work for the show requires improvised sound effects due to a few limitations, but these effects have nonetheless provided a certain detail to the show that would otherwise seem 2D if absent. We are all very excited to provide the audience with an entertaining visual and auditory experience." –Jon Ruiz

"I'm Jonathan Plon. I play the Baron Danglars in The Count of Monte Cristo at the Sacramento Shakespeare Festival. This is my fourth year participating at the festival. I'm having a huge blast this year playing the Baron. I'm really enjoying the process of creating and finding the humanity of this character who is a pretty awful guy. I've just really grown to appreciate the process of finding out what makes a character tick, and why they do the things they do. I can't wait for people to see the show. Danglars and the Count of Monte Cristo were old friends and shipmates until Danglars betrayed and imprisoned Monte Cristo for his own ambition."



Performances for both of these plays are at 7:30 pm on Thursdays, Fridays, Saturdays, and Sundays. The Box Office opens at 6 pm and the gates are open at 6:30 pm. You can purchase tickets online at their website: http://www.sacramentoshakespeare.net/stagehtm You can also buy them at Kline Music at 2200 Sutterville Rd, Sacramento, or at the door on the day of each performance at 6 pm.

The Sacramento Shakespeare Festival needs sponsors, and you can help! Ticket sales only cover half of what it costs to produce the Festival. The balance of the cost is covered by grants, individual donations, and corporate sponsorships. With more sponsors, they would have more money to allocate to their artists. They could also increase the comfort of the theatre, and provide higher levels of technical support. Sponsorships start at under $500, for a Contributor, and you can donate any amount that you would like. Please contact Luther Hanson at 916-558-2173 for more details about supporting the Sacramento Shakespeare Festival.





What's happening East Sacramento?

SATURDAY, JULY 7

COLLEGE ADMISSIONS A-Z Saturday July 7, 10:30 am McKinley Library
-Developing the college lists
-The application process
-Next Steps
-Financial Aid & Testing
-Question and Answer period
Questions: contact@apcollegeconsulting.com

SATURDAY, JULY 14

BUGS BUGS BUGS WITH NITA DAVIDSON: Friends of the Riverbanks invites you to this monthly event, which generally meets on the second Saturday of each month at 10 a.m. (note there are exceptions so check the calendar), at Sutter's Landing Park at the VERY end of 28th Street in Sacramento. Bring water and sunblock, and a change of clothes for young ones who are sure to get sandy, muddy, and wet. Children under 13 must wear life jackets if they go into the water, per law. Leave your dogs at home and please bike, walk, or carpool if you can to keep our carbon footprint as small as possible. Directions: Head north on 28th Street, cross C Street and then the railroad tracks. Continue to the last parking lot where the park abuts the American River Parkway.

TASTE OF EAST SACRAMENTO:
10th Annual Taste of East Sacramento Mark your calendars for Saturday, July 14th. From 6-9 pm, this year's Taste of East Sacramento festival offers residents a unique opportunity to revisit some the area's favorite established culinary talent while exploring exciting newcomers. 10th Annual Taste of East Sacramento Mark your calendars for Saturday, July 14th. From 6-9 pm, this year's Taste of East Sacramento festival offers residents a unique opportunity to revisit some the area's favorite established culinary talent while exploring exciting newcomers.

AFRICAN DRUMMING AND DANCE WORKSHOP: This workshop, from 1 to 3 p.m., includes an hour of drumming lessons with master drummer, Adwoa, the first female master drummer in Ghana and an hour of dance with Sena, her daughter who has been dancing and teaching since she was 7! Karen has studied African dance since 1990 and has both learned and danced with Sena since 2006. 3101 33rd St, Sacramento, CA 95817-3233, United States

SATURDAY, JULY 21

SUTTER'S FORT TO FOCUS ON FUN & GAMES WITH A SUMMERTIME "HANDS ON HISTORY" EVENING EDITION: Continuing a popular series of interactive and fun "Hands on History" activities happening on the third Saturday each month, Sutter's Fort State Historic Park and Friends of Sutter's Fort are proud to present a new and special summertime event --"After Hours: An Evening Hands on History" on Saturday, July 21, 2018 from 6 to 9 p.m. As part of this new evening offering, Fort visitors will take a step back in time to the 1850s to participate in crowd-favorite pioneer fun and games such as marbles, the game of graces, and more. Plus, Fort guests will have the opportunity to explore and experience history in a variety of ways, including:
Watch Dutch oven baking demonstrations at 6 p.m.
Watch flint and steel fire making demonstrations at 6, 6:45, 7:45 & 8:45 p.m.
Take a 30-minute Fort tour offered at 6:30, 7:30 & 8:30 p.m.
Watch musket demonstrations at 6:30, 7:30 and 8:30 p.m.
Enjoy a campfire and marshmallow roasting activities at 8 p.m.
Admission to this special "After Hours: An Evening Hands on History" event at Sutter's Fort SHP is $7 per adult (18 and older), $5 per youth (ages 6 to 17) and is free for children 5 and under (regular admission pricing is $5 per adult, $3 for youth). For more, call 916-445-4422 or visit www.suttersfort.org.

SATURDAY, JULY 23-29

SAUCY & SENSATIONAL…SACRATOMATO WEEK RETURNS TO MIDTOWN'S SUTTER DISTRICT : Get ready to savor the tomato when Midtown Sacramento's Sutter District presents the fan-favorite Sacratomato Week July 23-29, 2018. To celebrate Sacramento's signature commodity, the vibrant and engaging restaurants, bars and nightclubs located in Midtown's Sutter District will offer tomato-themed menu options, drink specials and more. Restaurants, bars and nightclubs in the Sutter District include the following: Barwest, Biba, Blue Cue, Centro Cocina Mexicana, Harlow's Restaurant & Nightclub, INK Eats & Drinks, Paragary's, Midtown and Red Rabbit Kitchen & Bar. Guests to Sutter District restaurants and bars are encouraged to post enticing images of their tomato-themed dishes and drinks on social media during Sacratomato Week. To be entered to win great prizes, guests simply post an image, tag the venue and also include the hashtag #sacratomato2018. Sacratomato Week prizes include valuable gift cards to Sutter District restaurants & bars plus unique experiences to places such as B Street Theatre, Sutter's Fort State Historic Park and more. Fresh and fun Tomato Trivia activities will take place at various places throughout the Sutter District, including at the Midtown Farmers Market on multiple Saturdays in July, on social media, and prior to the Free Outdoor Movie Night showing of "La La Land" on the walls of Sutter's Fort State Historic Park on July 14 at approximately 8:30 p.m.
A Sacratomato raffle will take place at the Midtown Farmers Market on Saturday, July 21 (leading into Sacratomato Week) and again on July 28 (when winners will be drawn). Raffle prizes include valuable gift cards to Sutter District restaurants & bars plus unique experiences to places such as B Street Theatre, Sutter's Fort State Historic Park and more.
Surprise appearances by the Midtown Mascot (aka "Juicy Tomato") throughout the week and/or during the Midtown Farmer's market in July.
Sacratomato Happy Hour Specials!
Sacratomato Week enthusiasts are encouraged to browse the Sutter District each weeknight from 5 to 6 p.m. to enjoy Happy Hour edibles and refreshments being offered by participating Sutter District bars and restaurants, with suggested stops at the following:
Barwest, Biba, Blue Cue, Centro Cocina Mexicana, INK Eats & Drinks, Paragary's Midtown, Red Rabbit Kitchen & Bar,
Sacratomato Food & Drink Offerings!
Delicious offerings of tomato-themed drink and menu items bursting with the farm-fresh flavors that flourish in our agriculture rich region will be featured throughout Sacratomato Week, a sampling of which includes the following:
Paragary's Midtown – Pancetta and Spicy Salami Pizza featuring San Marzano tomatoes
Red Rabbit Kitchen & Bar – Brunch Bloody Mary
Harlow's Restaurant & Nightclub – Jean Harlow Burger with pickled tomatoes
Sacratomato Week is proudly presented by Midtown Sacramento's Sutter District with generous support from the Midtown Association. More information about the 2018 Sacratomato Week is available at www.exploremidtown.org. For more information about Midtown Sacramento, how to get around, special events, the Midtown Association and the Sutter District, please visit www.exploremidtown.org or follow on social media – Facebook at www.facebook.com/exploremidtown/ and @ExploreMidtown, #ExploreMidtown, @thesutterdistrict and #sutterdistrict on Instagram and Twitter.

SATURDAY, AUG. 11

USEFUL PLANTS WITH BRIAN COLLETT: Friends of the Riverbanks invites you to this monthly event, which generally meets on the second Saturday of each month at 10 a.m. (note there are exceptions so check the calendar), at Sutters Landing Park at the VERY end of 28th Street in Sacramento. Bring water and sunblock, and a change of clothes for young ones who are sure to get sandy, muddy, and wet. Children under 13 must wear life jackets if they go into the water, per law. Leave your dogs at home and please bike, walk, or carpool if you can to keep our carbon footprint as small as possible. Directions: Head north on 28th Street, cross C Street and then the railroad tracks. Continue to the last parking lot where the park abuts the American River Parkway.

SATURDAY, SEPT. 8

DRAGONS AND DAMSELS, GREG KAREOFELAS: Friends of the Riverbanks invites you to this monthly event, which generally meets on the second Saturday of each month at 10 a.m. (note there are exceptions so check the calendar), at Sutters Landing Park at the VERY end of 28th Street in Sacramento. Bring water and sunblock, and a change of clothes for young ones who are sure to get sandy, muddy, and wet. Children under 13 must wear life jackets if they go into the water, per law. Leave your dogs at home and please bike, walk, or carpool if you can to keep our carbon footprint as small as possible. Directions: Head north on 28th Street, cross C Street and then the railroad tracks. Continue to the last parking lot where the park abuts the American River Parkway.

SATURDAY, OCT. 13

WELCOME BACK, SALMON: Friends of the Riverbanks invites you to this monthly event, which generally meets on the second Saturday of each month at 10 a.m. (note there are exceptions so check the calendar), at Sutters Landing Park at the VERY end of 28th Street in Sacramento. Bring water and sunblock, and a change of clothes for young ones who are sure to get sandy, muddy, and wet. Children under 13 must wear life jackets if they go into the water, per law. Leave your dogs at home and please bike, walk, or carpool if you can to keep our carbon footprint as small as possible. Directions: Head north on 28th Street, cross C Street and then the railroad tracks. Continue to the last parking lot where the park abuts the American River Parkway.

SATURDAY, NOV. 10

SURPRISE! Enjoy beautiful fall day outdoors independently. Friends of the Riverbanks invites you to this monthly event, which generally meets on the second Saturday of each month at 10 a.m. (note there are exceptions so check the calendar), at Sutters Landing Park at the VERY end of 28th Street in Sacramento. Bring water and sunblock, and a change of clothes for young ones who are sure to get sandy, muddy, and wet. Children under 13 must wear life jackets if they go into the water, per law. Leave your dogs at home and please bike, walk, or carpool if you can to keep our carbon footprint as small as possible. Directions: Head north on 28th Street, cross C Street and then the railroad tracks. Continue to the last parking lot where the park abuts the American River Parkway.

SATURDAY, DEC. 1

PARTICIPATE IN 34RD ARNHA ANNUAL WILDLIFE COUNT: Friends of the Riverbanks invites you to this monthly event, which generally meets on the second Saturday of each month at 10 a.m. (note there are exceptions so check the calendar), at Sutters Landing Park at the VERY end of 28th Street in Sacramento. Bring water and sunblock, and a change of clothes for young ones who are sure to get sandy, muddy, and wet. Children under 13 must wear life jackets if they go into the water, per law. Leave your dogs at home and please bike, walk, or carpool if you can to keep our carbon footprint as small as possible. Directions: Head north on 28th Street, cross C Street and then the railroad tracks. Continue to the last parking lot where the park abuts the American River Parkway.

JAN. 1, 2019

NEW YEARS GATHERING: Friends of the Riverbanks invites you to this monthly event, which generally meets on the second Saturday of each month at 10 a.m. (note there are exceptions so check the calendar), at Sutters Landing Park at the VERY end of 28th Street in Sacramento. Bring water and sunblock, and a change of clothes for young ones who are sure to get sandy, muddy, and wet. Children under 13 must wear life jackets if they go into the water, per law. Leave your dogs at home and please bike, walk, or carpool if you can to keep our carbon footprint as small as possible. Directions: Head north on 28th Street, cross C Street and then the railroad tracks. Continue to the last parking lot where the park abuts the American River Parkway.



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