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East Sacramento News

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Sacramento Potter's Group ART BY FIRE FALL SHOW Will Take Place in McKinley Park

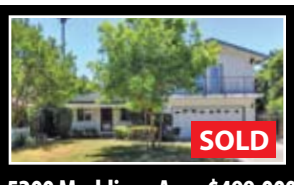
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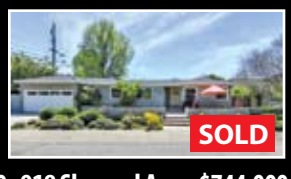
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Neighborhood meeting discussed East Sac traffic safety

By Sally King

The East Sacramento Preservation Meeting was held at 6:30 p.m., Wednesday, September 26, at McClaskey Adult Center , 5241 J St.

Board member Ellen Cochrane, chaired the meeting. Cochrane introduced the attending board members and went over the agenda, which included three guest speakers.

The first speaker was Jennifer Donlon Wyant, the Vision Zero Program Manager. Wyant gave a presentation on the Vision Zero Program. Wyant explained, "Vision Zero is a philosophy that traffic safety is paramount and there are no accidents. Accidents can be prevented through engineering, education and enforcement."

The city council adopted Vision Zero about a year and half ago based on data that had been put together showing the number of traffic fatalities and injuries. Wyant said they discovered that between 2009 and 2013, the number of killed or severely injured folks increased. The number of accidents for pedestrians and bikers had also increased.

Wyant pointed out, last year Sacramento had more traffic fatalities than homicides. There were 46 traffic fatalities and 39 homicides. Wyant emphasized these accidents are preventable. Based on the data, the areas where the highest number of incidents occurred were H Street, J Street, Folsom Boulevard and Broadway. Wyant said speed and impaired driving are the two main causes for major accidents.

Sacramento is the second worse city in California for accidents caused by impaired driving. The Vision Zero plan includes: first, update street design standards to be more up-to-date with our best traffic safety practices, and developing designs for the hot top five corridors where people are dying or suffering major injuries from accidents most often. Second, the plan supports state level, automated speed enforcement. Other states have automated speed enforcement because there are not enough traffic officers on the road to enforce the speed limit. At this time automated speed enforcement is not legal in California. This is something Sacramento would like to pilot to see if it works. Wyant re-emphasized in order to lower traffic accidents, we need engineering, education and enforcement. As part of the Vision Zero awareness, Wyant handed out free 'Drive Slowly' yard signs to those who wanted one. Wyant feels that even though the signs probably won't slow drivers down, they are a great conversation starter, a way for folks to think about driving safely.

"Traffic safety is home grown. We want it to be about us, not government telling people want to do, but us working together as a community," Wyant said.

Wyant informed folks that Vision Zero recently applied for a $9 million state grant. If it is approved, five key surroundings will receive improved pedestrian crossings and other structural improvements. Wyant said they are also including a study on safety around schools.

Wyant spoke about the new Jump Bike program. She explained the region saw this program as a way for folks to be more physically active, to reduce vehicle miles traveled, and improve air quality. This program is now offered in Sacramento, West Sacramento and Davis. Currently the city has about 450 jump bikes. They eventually plan to have 950 jump bikes. The rule when renting a Jump Bike is parking it in a bike rack after use. The city is in the process of adding more bike racks for the bikes. Most of the folks at the meeting felt too many of the Jump Bikes were being left on lawns and sidewalks, creating a safety issue. Wyant has heard this complaint before and explained they are trying to resolve the issue by adding more bike rakes and by Uber, who owns the Jump Bikes, to offer one free ride when the bike is returned to its proper place. Wyant also said to call the city and

see Traffic page 3

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Traffic:

continued from page 2

let them know if a bike isn't in a bike rack. Once there have been four complaints filed against a person for not returning a bike to a bike rake, they are no longer allowed to rent a bike.

The next guest speaker was Lt. Dan Monk from the Sacramento Police Department, recently promoted to Captain. Monk was there to talk about the crime issues in East Sacramento. Monk began by addressing the homelessness issue. Monk said the police department has put together an impact team to try and resolve the issues created by homelessness. They are trying to get these folks more stabilized, working to find them shelter.

Monk then addressed crime in East Sacramento, stating people need to report crimes to enable the police to know where crimes are happening and the type of crimes, such as car break-ins and car thefts. Monk said he realizes it's frustrating that an officer doesn't come out on each case and filling out paperwork to report a crime is time consuming, but without a report the officers don't know where the crimes are happening or what type of crime. A member of the audience asked if the Neighborhood Watch program was still active in their neighborhood. Monk replied the program is active and would find out who is running it in East Sacramento.

The third guest speaker was Eugene Loew, the city parks manager for McKinley Park. Loew said the city has hired a full-time arborist for the city trees. The priority for the arborist is focusing on older tree growths and working on a reforestation program with the community. A question came up about the irrigation wetting down the jogging trail in McKinley Park. Loew said the irrigation is 30-plus-years-old and it's hard to adjust the watering to keep it from hitting the jogging trail. Another question came up about the stressed trees in the park. Loew said the newly hired arborist plans to address the trees. Loew did say he felt once it starts to rain again, a lot of the trees should improve. Loew had business cards available for folks that want to contact him concerning park issues.

CRYPTO FUN

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

Determine the code to reveal the answer!

Solve the code to discover words related to aviation.
Each number corresponds to a letter.
(Hint: 14 = L)

A. **2 14 12 9 22**

Clue: Flying device

B. **23 12 18 22 11 4 4**

Clue: Get off ground

C. **14 12 9 1 26 9 8**

Clue: Return to runway

D. **4 14 26 8 16 23**

Clue: Air trip

Answers: A. plane B. takeoff C. landing D. flight

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3005 F Street

Very cozy two bedrooms, one bathroom, 1108 sq/ft cottage in Midtown. Hardwood floors throughout, fireplace in living room and a quaint breakfast nook in the kitchen. This home is full of light. Large patio in the back is perfect for entertaining. Close to McKinley Park, coffee shop and freeway access. Don't miss this midtown gem! **$429,950**



CLASSIC DETAILS
916 47th Street

Beautiful 3 bedrooms, 2 bathroom, 1,860 sq/ft, Tudor in East Sac with a new price. Open and spacious living room with fireplace and bay windows that make it cozy and comfortable. Dining area leads into the open kitchen with breakfast nook. Large master suite upstairs with large doors that open to the exterior space and a large bathroom with a walk in closet and plenty of storage. Backyard has a brick patio that is shaded and great for entertaining. Features include newly finished hardwood floors and classic light fixtures and finials. **$749,950**



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East Sac teen center wins national award







By Monica Stark
editor@valcomnews.com

The Silver Orange, East Sacramento's teen activity space and creative nonprofit, has won two awards from national parenting resource, Winnie.

The Silver Orange was voted by parents as one of the top family-friendly destinations in Sacramento in the 2018 Winnie Family Favorites awards. Previous awards garnered by the nonprofit include the Home-Away-From-Home Award for Best Child Care and Singing in the Rain Award for Best Indoor Entertainment.

A nonprofit organization that provides an activity space for teens (11-17) and supports the development of young, up-and-coming artists and musicians, The Silver Orange invites youth to come hang out with their friends, explore their interests, try new activities, and engage in experiences that spark growth and fulfillment while creating a place that they can call their own, explained Alena Brahce, operations administrator and community liaison.

The activity space provides art and music classes, games, lending library, media room, study hall, urban garden, and other interactive classes and activities that spark growth and fulfillment. All-ages events include: concerts, art shows, community workshops, and festivals.

The Silver Orange was founded by three behavior analysts with a passion for helping others learn and grow, Will Morris, Emily Weller, and Christina Huggett. They are supported by a team of supervisors, interns, and volunteers that manage the day-to-day operations and work with teens hands-on to create a fun and inspiring environment.

Unique in several ways, The Silver Orange was founded in East Sacramento with this community in mind, said Brahce. "As a small but nimble nonprofit, we tailor our programs to meet our members' needs and interests, such as our Dungeons and Dragons class that we recently expanded. We are the only teen space to partner with a behavioral services company to provide a safe, inclusive environment for teens of all abilities to socialize with peers. Lastly, we are one of the few all ages concert venues and art galleries that provides a platform for new or up-and-coming artists and musicians to gain experience in a safe, low-pressure, and family-friendly environment," she said.

The Silver Orange's teen activity space is open to all teens with a daily or multi-day pass, which costs between $2-7, depending on the membership type. The Silver Orange also offers full and partial scholarships to teens who need financial assistance to participate. All ages concerts, art shows, and community events are open to the public, which range from free to a $5-10 door donation, and no one is turned away for lack of funds. "We strive to make our programs as inexpensive and accessible as possible and will work with individuals for whom cost is a barrier," said Brahce.

Since launching in January 2017, The Silver Orange has directly impacted more than 300 teens in the Sacramento community. The nonprofit has supported young and up-and-coming artists and musicians by hosting more than 100 all ages concerts and showcasing the artwork of more than 40 community artists. In the past year alone, The Silver Orange's membership has grown over 50 percent, and they reach new teens, artists, and musicians every day.

So, why is it called The Silver Orange? Says Brahce: "Orange is the favorite color of our founder, Will Morris. In fact, he can often be found wearing his signature orange bucket hat. Using that as a starting point, he and his teens brainstormed the name 'The Silver Orange' because silver and orange are two of the five words in the modern American English language that have no rhymes -- therefore the name is just as unique as we are."

The Silver Orange will be partnering with Two Rivers Cider Company to host the second annual Sacramento Rocktoberfest 2018 on Saturday, Oct. 20, a family event and fundraiser featuring nine musical artists on on two music stages, three local visual artists, a haunted alley, costume contest, trick-or-treating, raffle, cider, food and more. Keep an eye out for events in November online at (www.facebook.com/SilverAndOrange) or at (www.thesilverorange.com/calendar).

During the school year, The Silver Orange is open from 3-9 p.m. Monday through Friday, and 4-10 p.m. on the second, third, and fourth Saturdays. The Silver Orange is also open during the summer, and usually offers extended hours during that time.

A full list of our upcoming events can be found on our website at www.thesilverorange.com/calendar

Families and teens interested in trying out The Silver Orange can use the attached free pass to take a tour and have a free day at the teen activity space. The passes are good for two people, so visitors are welcome to bring a friend.

The Silver Orange is located at 922 57th St. For more information, call 916-228-4169.



LIFE IN THE VILLAGE

By JAN DALSKE
East Sacramento News

Our Family Watches Our First Television Movie Together

By Jan Dalske

My family only had one television set. It was on a stand which was located in one of the corners of our living room. No one was allowed to turn it on or off except my dad. Our family usually did not watch anything on the television except maybe the news on the nights when our dad would relax after dinner. During the weekdays, when he was working, he would come home, shower, change into his regular clothes, and then sit down for dinner. After dinner he usually read the newspaper, and then, maybe he would turn on the television to catch up on what was going on in the world.

I will never forget the evening that our family watched a television movie together for the very first time. It was a Saturday afternoon when our dad told us that we were all going to watch a movie together that night. He explained that the younger children would be sleeping. But, the older children. Rodney, Timothy and me, could watch television that night with him and our mother. He did not tell us what we would be watching or why. But, we were soon to find out.

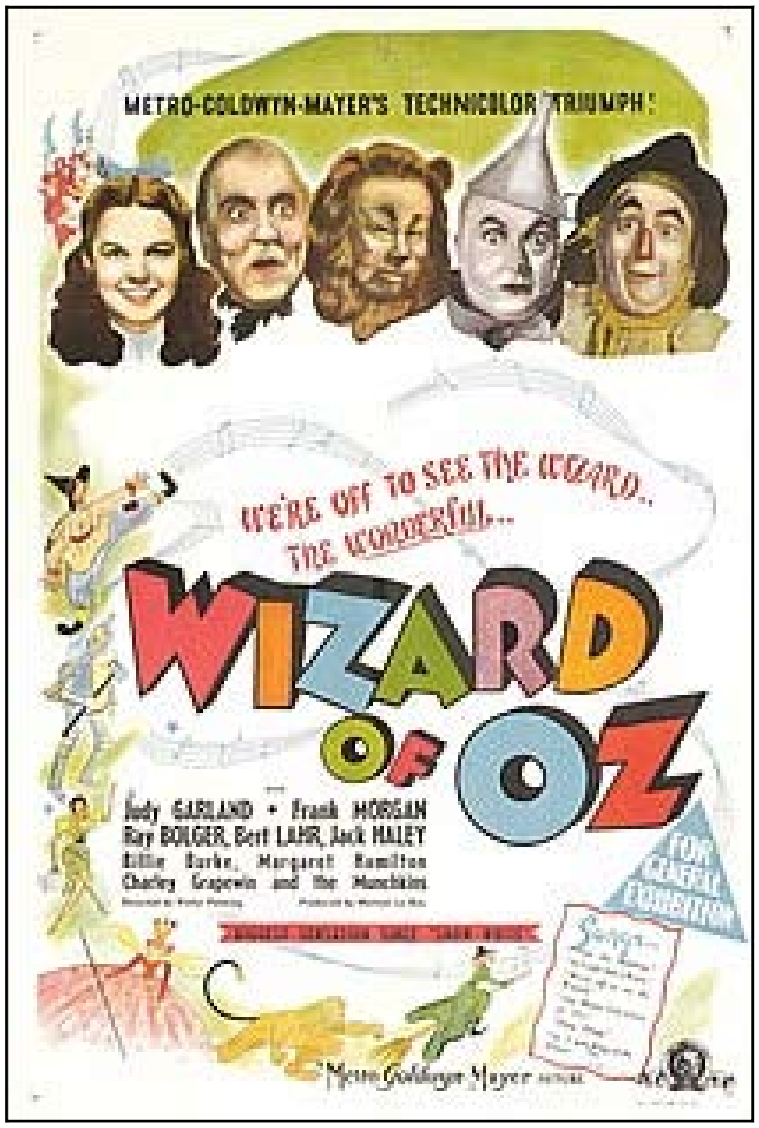
I helped my mother clean off the table after dinner. We washed and dried all of the dishes. She got the four youngest children bathed and ready for bed. Sandra, Wayne, Rita and Linda were much too young to understand anything they would see on television. Our parents decided that only the older kids, who were going to school, should watch the movie that was soon going to be on the television.

We still did not know what we would be watching. We put on our pajamas and sat on the couch while our dad turned on the television and located the correct channel. Our dad told us that this was the first time that this movie was going to be on television. It had been produced in 1939 and many people had already seen it in movie theaters. But, none of the kids in our family had ever been to a movie theater.

The words MGM appeared on the television screen. And, then the music started. We finally found out what the name of the movie was that we would be watching. It was the Wizard of Oz. But, I still was not sure what the movie was going to be about. My brothers and I sat quietly, waiting for the movie to start. We were very excited just listening to the music.

I did not know anything about this story. But, I loved the characters. Dorothy and Toto, her terrier dog, who lived in Kansas with her Aunt Em and Uncle Henry, met a Cowardly Lion, who wanted courage, a Scarecrow who wanted a brain and a Tin Woodsman who needed a heart. They were all following the Yellow Brick Road to the Land of Oz where the Professor lived. They all discovered that "There is No Place Like Home". My dad told me the next day that he had read a story in the newspaper that said there were 45 million other people watching the Wizard of Oz on their televisions that night.

When I went to school on Monday, I asked my teacher if that book, which was called the Wizard of Oz, just like the movie, was in the school library. She told me that, yes, it was. And I immediately went to find it before someone else in my class did. I checked it out and took it home to read. Because I had seen the movie I already knew about all of the characters. I also knew how the story would turn out. It had ended "happily ever after". That is the way that all stories should end.





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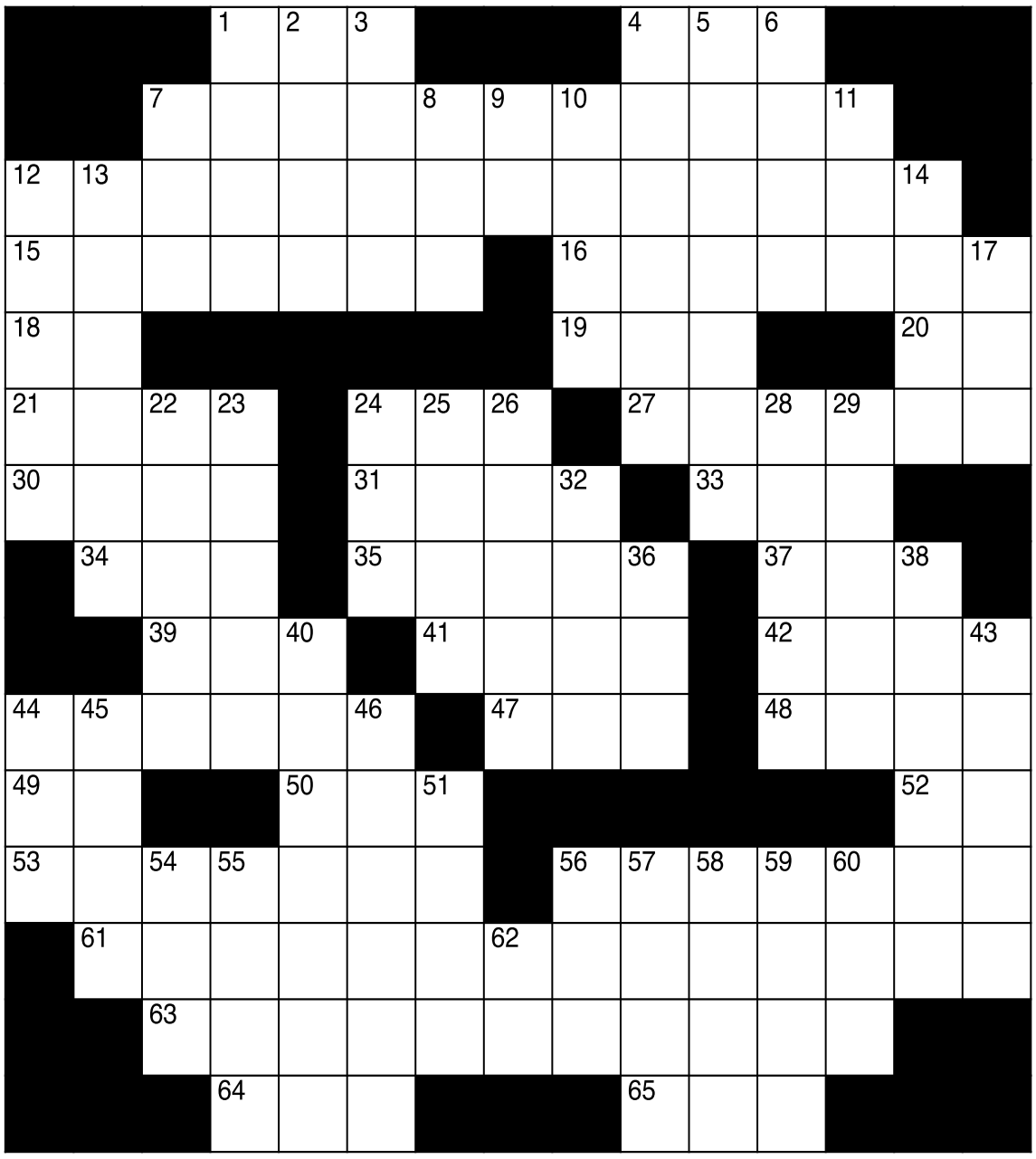
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Solutions on page 14

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CLUES ACROSS
1. Superhigh frequency
4. Sinatra's ex-wife
7. Unity
12. Not useful
15. One who mocks
16. Teachers
18. "Pollock" actor Harris
19. Fifth note of a major scale
20. A type of coalition
21. Aircraft transmitters
24. Where golfers begin
27. We all have them
30. Monetary unit
31. Calendar month
33. Pouch-like structure
34. Winter sport tool
35. Minneapolis suburb
37. __ student, learns healing
39. Keyboard key
41. Brief proposal
42. Gasteyer and Ivanovic are two
44. Lunatic
47. Cool!
48. Japanese musician
49. Successor to League of Nations
50. Actor Diesel
52. The Constitution State
53. Go back over
56. One long or stressed syllable followed by unstressed syllable
61. All of it
63. Seriousness
64. Adds color
65. __kosh, near Lake Winnebago

CLUES DOWN
1. Turfs
2. Handle
3. Floating ice
4. Railways
5. Breathe in
6. Neutralizes alkalis
7. Coenzyme A
8. Make a mistake
9. Tin
10. Parts of a machine
11. Midway between northeast & east
12. Prizes for victory
13. Great amount
14. Goodwill (archaic)
17. Suspicion of having committed a crime
22. Signed one's name
23. Quake
24. Exercise system __-bo
25. Round Dutch cheese
26. Ready to go
28. Khoikhoi peoples
29. Opera scene
32. Husband of Sita (Hindu)
36. A sign of assent
38. Cut a rug
40. An army unit mounted on horseback
43. Satisfies
44. Austrian river
45. In a more positive way
46. Religious creed
51. Brazilian NBA star
54. One and only
55. Street
56. Explosive
57. Gambling town
58. Public crier calls
59. Hard money
60. Time units (abbr.)
62. Exists

Crave Sacramento launches inaugural Bloody Mary Fest

Crave Sacramento presents its inaugural Bloody Mary Fest on Saturday, October 20, 2018. The event will be staged at The Good Saint Urban Reserve (2518 B St.) from 10 a.m. to 1 p.m. Tickets sold out in 2 weeks with a waitlist of hundreds of fans. Sponsors include Clover First Data, Paradiso Tomato and the California Restaurant Association Sacramento Chapter. A portion of the proceeds will be donated to Restaurants Care® who provides emergency assistance grants to restaurant employees facing unforeseen hardships.

Attendees will be able to sample the best Blood Marys from 12 participating restaurants featuring Tito's Handmade Vodka and Paradiso a local tomato company. Central to the Bloody Mary Fest will be a Bloody Mary cocktail competition, with restaurants looking to claim bragging rights for both a judged competition and crowd favorite People's Choice Award, based on collected tokens. Delicious bites will be provided by South restaurant for a la carte purchase. The local band "New Crown" playing Sacramento area garage soul will be playing beats all day for the crowd to enjoy.

People's choice will get an award plaque they can take and keep in their restaurant and bragging rights. Judge's choice award will receive a $500 purse and award trophy with restaurant name on it that they will be able to keep for the entire year until next year's competition.

Margaret Schroeder, VP of Marketing with Specialty Restaurants Corporation, sits on the Board of the Sacramento Chapter. "Crave Sacramento is excited to present the inaugural Blood Mary Festival in Sacramento. We created this festival to celebrate the incredible cocktail scene emerging in Sacramento with one of the most beloved cocktails, the Bloody Mary," she said. "We have received tremendous interest from local restaurants that want to participate to win the competition, plus give back to our charity, Restaurants Care."

Contestants to date include Devere's Irish Pub, Bacon & Butter, LowBrau, Scott's Seafood on the river, Red Rabbit, Tank House BBQ & Bar, Capitol Garage, Station 16, Fat's, Rio City Café, and Canon. All of the entrants will use Tito's Handmade Vodka and Paradiso Foods tomato products in their creations. Follow @cravesac on Instagram or Facebook for the latest updates on participating restaurants and a chance to win tickets.

"Crave Sacramento was created to share everything craveable in the Sacramento region," explains Schroeder. "We are local restaurateurs and hospitality professionals focused on making Sacramento a prime culinary attraction – and the buzz is catching on. There's a lot more to come with Crave Sacramento, including Sacramento Restaurant Week, pop-ups with local chefs and owners, and exclusive access to culinary events."

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Faces and Places: **Sacramento Greek Festival**



Photos by Stephen Crowley

For more than 50 years, the Sacramento Greek Festival has shared the vibrant culture, rich food and traditions of Greece with the community and has enjoyed being back on church grounds the last couple of years at 616 Alhambra Blvd. The authentic cuisine is always homemade by volunteers with recipes from all corners of the Greek Mediterranean. The village-style atmosphere of the festival represents the historical and epic Greek passion for life, food, drink and dance which the community got to experience this year on Oct. 5-7.

see Festival page 9

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Saturday, Dec. 1	9 a.m. - 7 p.m. *(Free)*
Sunday, Dec. 2	9 a.m. - 3 p.m. *(Free)*

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Festival:

continued from page 8













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The Historic Ivy Ridge Home Celebrates its 60th Anniversary

By Jan Dalske



Photo by Stephen Crowley

The historic Ivy Ridge Home, located in the Newton Booth neighborhood of Sacramento, California, will soon be celebrating its 60th Anniversary. In honor of this historic home's dedication to our area's seniors, and to celebrate this special anniversary, two events will be held. The Preview/Open House Event will take place on Thursday, October 18th. Tours will be offered from 1:00 pm to 4:00 pm, along with residential activities and light refreshments.

There will be a special celebration for the residents, their families, staff and special guests on Sunday, October 21st. And, a special community open house will be held from 11:00 am to 2:00 pm. During this time, a celebration will take place with tours, music and refreshments. A commemorative ceremony will also take place during the events.

The stately Ivy Ridge Home is one of the city's oldest licensed assisted living facilities in Sacramento. This is according to records that date back to its inception and the establishment of licensed adult care facilities in the city. This regal home has seen many changes over the last sixty years at its location in Midtown Sacramento. It is on 2030 23rd Street at the corner of U Street in Midtown Sacramento.

The history of Sacramento tells us that this area was originally named Poverty Hill. This was because there was a flood that forced the citizens who lived in Sacramento at that time to move to higher ground. Now, the neighborhood contains some of the more stately historic homes in midtown Sacramento. It is now a part of the Poverty Ridge Preservation District.

The home was originally owned by the Kraus family of Sacramento. They are known from the famed Claus and Kraus Meat Packing Company. Dr. Oscar Johnson, who at the time was a practicing cardiologist, organized a group of community minded Sacramentans of the Lutheran Church. In 1958, they purchased the home and established it as an assisted living adult care retirement home which was open to everyone.

Over the years, the Lutheran Foundation leaders and volunteers, which were comprised of St. John's Lutheran Church and other organizations, helped to maintain the home by fundraising activities. These activities helped preserve the home and its clean, traditional beauty. Dr. Johnson continued to provide house calls to the residents free of charge. He served as their on-call and unofficial medical director until he reached the age of ninety two.

The level of personalized resident care provided a reputation for the home in the community. The home never lacked for seniors who wanted to live there. Medical professionals provided referrals. Locals were aware of the care provided. Ivy Ridge has always operated to its near capacity and the sprawling estate can accommodate up to thirty six individuals.

During the Lutheran Foundation's forty four year tenure as the operators of the home, their team cared for over 700 individuals. Since that time, Ivy Ridge has cared for an additional 320 individuals, who span the ages from 70 years to over 100. Over the sixty years that they have been in operation, they have cared for over 1,000 individuals. Today, most of the residents spend an average of two months, and some as long as 16 years of peaceful living at Ivy Ridge.

The residents of Ivy Ridge live in quiet and spacious rooms. They typically have a maximum of 30-32 residents. The oldest resident just passed away, and was 106 years of age. The current oldest resident is 96 years old. Ivy Ridge has been a healthcare facility for 60 years. It was remodeled and updated in 2009 and is operated as an assisted living/adult care home, of the bed and breakfast style. The home has been preserved in its original state.

The current owner, Dwayne Hardy, who was born in Chicago, purchased the property in 2001, and he is only Ivy Ridge's third owner. He and his wife thought that buying the senior home would be a great way to serve seniors. His wife is a skilled nurse and paramedic. Mr. Hardy says that "the people that we serve are very appreciative and thankful for what we do for them; it's very gratifying". The residents of Ivy Ridge live in a safe and nurturing environment.

Ivy Ridge is part of a small collection of assisted living homes which include Apple Ridge, located on Annadale Lane. Ridge Assisted Living is widely recognized for its personal attention and residential amenities which are usually only available in larger senior communities.



Sacramento Potter's Group "Art by Fire Fall Show" Will Take Place in McKinley Park

By Jan Dalske

(Sonya Schumacher rejoined the group in 2014 and contacted us recently about doing a feature on the group "Sonya (Peterson) Schumacher first arrived in Sacramento in the 1989 as a young, aspiring ceramic artist. She had just completed her B.A. in Studio Art at Humboldt State in December of 1989.)

The Sacramento's Potter Group (SPG) is presenting an "Art by Fire Premier Exhibit and Sale" in McKinley Park. It will take place in the Shepard Garden and Art Center. This fun one day event will take place on Saturday, October 27th. Doors will open at 10 am and close at 4 pm. This event is free to the public.

Over twenty five exhibitors will be displaying their work for sale. They will have ceramics/hot glass. Membership in the Sacramento's Potter Group includes local Sacramento artists, members from the Sierra Foothills, the East Bay, the Yuba/ Chico area and the North San Joaquin Valley.

You will be able to see the broad range of talent in this group. While you are there, pick up a set of plates for a luncheon or dinner party. You can select a dichroic glass necklace that sparkles. Maybe you will be enchanted with a sculpture that intrigues you. You can purchase a spectacular Raku Vase or a one of a kind coffee mug. Their website is: www.artbyfire.org

There will be a cooking demonstration by Eric Struck from 11:30 to 12:30pm. He will show attendees how to use his specially formulated flame ware. There will also be throwing demonstrations on the potter's wheel throughout the day.

The SPG Art by Fire was started in the 1970's with a core group of full-time potters. Currently their members range from full-time clay, hot glass, and hot metal to committed part-time artists. They create functional art, and unique creations that will add beauty to your life. Their handmade jewelry can be created just for you and your taste. Their handmade blown glass is created with a touch of beauty.

Sonya (Peterson) Schumacher first arrived in Sacramento in the 1990's as a young, aspiring ceramic artist. She had just completed her B.A. in Studio Art at Humboldt State in December of 1989. She was focused on getting a body of work together to show, and she took a job as an assistant at Clouds Porcelain in Folsom. That is where she met her husband-to-be, Bob Schumacher. He was the President of the Sac Potter's Group (SPG) as it was known in the 90's. (Now known as Art by Fire).

Sonya and Bob were both active members until about the early 2000's. Then, in 2014 she rejoined the group, and soon was on the board. Her mission as well as the current board's mission has been to get new younger members who are active ceramic/hot glass artist to join, and also active artists who may have fallen off the membership roster who are local active artists.

Members of the Sacramento Potter's Group that will be attending the showing include: Sandy Feder, Dania Lukey, Sonya (Peterson) Schumacher, Sean Bill, Sharon Bellomo, Gerilyn Maslowski, Sherron Totter, Glenda Burns, Don Jower, Connie Chadwick and many more to be announced.







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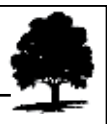
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What's happening East Sacramento?

BEEP BEEP BOOP: ART EXHIBIT AND RECEPTION AT CSUS: John Horton blends art, technology, and humanism in his upcoming art exhibit, Beep Beep Boop. The exhibit will be held in the University Union Gallery from October 22 – November 15 during general Gallery hours. The Gallery is open Monday-Fridays from 10:30am-3:30pm and Wednesday-Thursdays from 5-8pm during the semester. Horton is a local Sacramento artist who has a strong passion for painting. He describes his art as a mimic of distorted corrupt, digital files. Horton has been featured in the Sacramento annual festival Wide Open Walls, which helps promote and support local artists in the area. He has had his art featured on several locations, including the Artisan Gallery, Infusion, and The Greens Hotel. The reception for Beep Beep Boop will be held on Thursday, October 25th, 2018 from 6-8 pm in the Gallery, located on the 2nd floor of the University Union. The exhibit, along with its reception, is open to the general public. Attendants are welcome to meet the artist and enjoy appetizers and light refreshments. For more information about upcoming art exhibits and receptions, visit www.theuniversityunion.com/gallery.

NEW SACRAMENTO AREA ENGLISH COUNTRY DANCE: Great news for those who live relatively close to central Sacramento! The Sacramento Country Dance Society is adding a second monthly English Country Dance, on the third Sunday afternoon of each month beginning October 21. Lovely hall and floor, easy parking, and on the American River Bike Trail. Come join us at Camp Pollock, just 5 minutes from downtown/midtown Sacramento, from 2:00 to 5:00 pm. Each dance is preceded at 1:30 pm by an Introductory Workshop for newcomers. This is in addition to our long-running dance in Roseville that continues on the first Sunday afternoon of each month. Beginners welcome, no partners necessary, always live music. Details about both dances, including callers, music, locations, and date changes, can be found on our Web site: sactocds.org/english-country-dance/

SATURDAY, OCT 20

A NEIGHBORHOOD FESTIVAL IN EAST SACRAMENTO: Performances by Sacramento Civic Ballet and demo, Andy Alexis performing on the hammer dulcimer, Twist n Shout Balloonist, drawing for prizes throughout the day, vendor sales, wine and beer tastings, games. Special meal of the day at Willy's Cafe and 50% of these sales goes to the charity.Festival goes from 11 a.m. to 4 p.m. Compton's Market is located at 4065 McKinley Blvd.

SUNDAY, OCT 21

SACRAMENTO VIDEO GAME ENSEMBLE CONCERT AT PIONEER CHURCH: The Sacramento Video Game Ensemble will perform a concert, Sunday, October 21, at 3:00 p.m. at the Pioneer Congregational Church, 2700 L Street, across from Sutter's Fort. The Sacramento Video Game Music Ensemble, is a chamber orchestra made up of players of various ages, teens to retirees from the Sacramento region. Their purpose is the present the intricate and beautiful music of well-known video games on traditional instruments in a concert setting. They will be performing music from The Legend of Zelda, The Witcher Series, Undertale, Final Fantasy, Pokemon, and the Super Mario series. For information, call 916-443-3727.

THURSDAY, OCT. 25

SUTTER'S FORT ILLUMINATED: LIGHT ART GRAND TOUR USA: Join California State Parks, Sutter's Fort State Historic Park and Friends of Sutter's Fort as the walls of Sutter's Fort are illuminated by world-renowned Swiss Light Artist Gerry Hofstetter on Thursday evening, October 25, 2018, from 7 to 8 p.m. The free spectacular light projection show is part of a 50-state "Light Art Grand Tour USA". Sutter's Fort State Historic Park is the only California stop (#14) on the 50-state tour that takes place at iconic locations across the United States including Mount Vernon and Mount Rushmore. Artist Gerry Hofstetter is an innovator of light art who transforms buildings, monuments, and natural landscapes throughout the world into temporary works of art. The projections will begin at around 7 p.m. and will last roughly 1-hour. The best viewing for the "Light Art Grand Tour USA" at the Fort will be at L and 28th Streets. Parking around the Fort could be impacted and alternative transportation options are encouraged. Guests are encouraged to bring lawn chairs and blankets to relax and enjoy watching the family-friendly light spectacular happening in the heart of Midtown. Midtown is both walkable and bike-friendly with parking available in the nearby Sutter Community Garage at 2701 N Street plus various lots throughout the district. Additional paid parking in the event area can be found using Parkopedia. Please visit suttersfort.org for more information. For more information about the artist, tour and Sacramento stop, visit www.grandtour-usa.ch/california-sacramento.html#light-art-start. Sutter's Fort State Historic Park is located at 2701 L St.

SATURDAY, OCT 27

TRUNK OR TREAT: On Saturday, October 27, Sacramento First Christian Church will have a Trunk or Treat. Free. Bring children of all ages in costume to play games and for trick or treat in the church parking lot. The event will be from 5 until 6:30 p.m. so that folks can get home before it gets dark. The Church is located at 3901 Folsom Blvd. in Sacramento. They will also be offering gluten free, and casein free treats for children who need those. Pumpkin decorating too!

WEDNESDAY, OCT 31

PIONEER CHURCH STAGES SILENT FILM/ORGAN CONCERT OCT. 31: The 1925 horror silent film classic, The Phantom of The Opera, will be screened with live organ music by Pioneer Church music director Jim Jordan, on Halloween night, Wednesday, October 31, at 8:00 p.m. A canned food donation for the River City Food Bank will be collected. Pioneer Congregational Church is located at 2700 L Street, across from Sutter's Fort. For information, call 916-443-3727.
Matias Bombal, showman, broadcaster and former movie palace manager will introduce the cinema showing. The story of a mad, disfigured composer who seeks love with a lovely young opera singer, comes the novel by Gaston Leroux. Lon Chaney and Mary Phibin star in the silent film. "The darkened sanctuary of our historic church provides the perfect setting for this silent film," says Jordan. "Our organ is three instruments in one: the Hook pipe organ, the Estey pipe organ, and the Allen MDS digital organ that control it all. It gives the audience the experience the original film would have provided in the classic movie houses of days gone by."

SATURDAY, NOV. 3

SAINT JOHN'S PROGRAM FOR REAL CHANGE TO HOLD ANNUAL PARTY FOR CHANGE FUNDRAISER: Saint John's Program for Real Change, Sacramento's largest comprehensive pro-

One Book Program Presents: One Book Day

Sacramento State's One Book Program will be hosting One Book Day with special guests, Wayne and Nicole Maines on Thursday, Oct. 25. Wayne and Nicole and their family are the subject of the book, Becoming Nicole: The Transformation of American Family, written by Amy Ellis Nut. The book chronicles the family and their story as they come to terms with Nicole, who was assigned male at birth, being transgender.

Nicole knew early on that her assigned gender identity did not match who she is. When she rejected the gender assigned to her, she was faced with multiple barriers that she and her family addressed both within the family and in her community. For instance, the family resisted when the administrators at Nicole's elementary school marked her as different and apart by requiring her to use the staff bathroom, rather than the girls' bathroom. In 2014, Nicole was vindicated by the state of Maine's Supreme Judicial Court when they decided that the school violated her rights under the Maine Human Rights Act, marking the first time a state high court ruled for transgender folk to use the bathroom that correlates to their gender identity. Her battle was featured in the HBO documentary, "The Trans List". Nicole continues to make history. This Fall, she will be TV's first transgender superhero in season 4 of the CW show "Supergirl".

There will be two lectures featuring Wayne Maines and Nicole Maines at noon and 7 p.m., both in the University Union Ballroom. Book signings will follow each lecture. "In-Queer-Y", a panel discussion about trans and queer identity and lived experiences featuring Sac State faculty, staff and students will be hosted at 2:30 p.m. in the University Union Ballroom.

The One Book Program selects a book each year to bring together the Sac State community and the Sacramento region. Each book selected serves as a catalyst for considered conversations focusing on issues of social justice. The books chosen tend to just push along the edges, so while people may start conversations with feelings about the book or topic, they soon move into thoughtful, intellectual engagement with one another.

The events are free for students and the general public. For more information, visit www.csus.edu/onebook or the University Union Information Desk at (916) 278-6997.

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What's happening East Sacramento?

gram addressing the needs of homeless mothers and their children, will hold its annual Party for Change fundraising event on Saturday, November 3, from 6:00 p.m. to 11:00 p.m. at the Mather Jet Center, 10510 Superfortress Ave. in Mather. This elegant black tie/red sock soiree provides critical support for homeless families in crisis to move from homelessness to self-sustainability, while offering an unforgettable experience at the intersection of local farm-fresh food, art, wine and music. Hosted by KVIE's Rob Stewart of "Rob on the Road" and KCRA Anchor Kellie DeMarco, the event will feature contemporary American cuisine by Chef Brad Checchi of popular East Sacramento restaurant Canon, music by Las Vegas DJ E-Noc, dance and aerialist performances by the Sacramento Contemporary Dance Theatre and a live auction with auctioneer David Sobon. "This is a wonderful opportunity for the Sacramento community to make a difference in the lives of homeless women and children," comments Kim Hiltachk, Party for Change committee co-chair. "Women and children are the fastest growing segment of the homeless population, not only here in Sacramento, but also nationwide. Saint John's has helped to lift more than 30,000 women and children up and out of homelessness and dependability to lives of confidence and self-sustainability since its inception in 1985. The money raised through this gala event will go directly to support the up to 1,000 women and children served by Satin John's per year." Sponsorship opportunities are still available, and individual tickets to the event can be purchased on line on a first-come, first served basis at $250. Visit www.saintjohnsprogram.org/partyforchange. To volunteer at the event, contact Christy Glime, cglime@saintjohnsprogram.org.

SATURDAY, NOV. 10

SURPRISE! Enjoy beautiful fall day outdoors independently. Friends of the Riverbanks invites you to this monthly event, which generally meets on the second Saturday of each month at 10 a.m. (note there are exceptions so check the calendar), at Sutter's Landing Park at the VERY end of 28th Street in Sacramento. Bring water and sunblock, and a change of clothes for young ones who are sure to get sandy, muddy, and wet. Children under 13 must wear life jackets if they go into the water, per law. Leave your dogs at home and please bike, walk, or carpool if you can to keep our carbon footprint as small as possible. Directions: Head north on 28th Street, cross C Street and then the railroad tracks. Continue to the last parking lot where the park abuts the American River Parkway.

SATURDAY, DEC. 1

PARTICIPATE IN 34RD ARNHA ANNUAL WILDLIFE COUNT: Friends of the Riverbanks invites you to this monthly event, which generally meets on the second Saturday of each month at 10 a.m. (note there are exceptions so check the calendar), at Sutter's Landing Park at the VERY end of 28th Street in Sacramento. Bring water and sunblock, and a change of clothes for young ones who are sure to get sandy, muddy, and wet. Children under 13 must wear life jackets if they go into the water, per law. Leave your dogs at home and please bike, walk, or carpool if you can to keep our carbon footprint as small as possible. Directions: Head north on 28th Street, cross C Street and then the railroad tracks. Continue to the last parking lot where the park abuts the American River Parkway.

2019

JAN. 1

NEW YEAR'S GATHERING: Friends of the Riverbanks invites you to this monthly event, which generally meets on the second Saturday of each month at 10 a.m. (note there are exceptions so check the calendar), at Sutter's Landing Park at the VERY end of 28th Street in Sacramento. Bring water and sunblock, and a change of clothes for young ones who are sure to get sandy, muddy, and wet. Children under 13 must wear life jackets if they go into the water, per law. Leave your dogs at home and please bike, walk, or carpool if you can to keep our carbon footprint as small as possible. Directions: Head north on 28th Street, cross C Street and then the railroad tracks. Continue to the last parking lot where the park abuts the American River Parkway.

SATURDAY, FEB. 2

DREAM VARIATIONS: A SYMPHONIC CELEBRATION OF THE AFRICAN AMERICAN EXPERIENCE: The Sacramento Youth Symphony presents a major community concert event celebrating the ongoing contributions by African-Americans to our country's artistic landscape. Musical selections will include celebrated works by Duke Ellington, William Grant Still, Emmy Award-winning composer John Wineglass, and much more. An impressive roster of special guests will join the orchestra on-stage for this special event. Some of our guests include: Emcee-Omari Tau; Speaker-Courtney Dempsey; Guest Artists-Jay Mason, Chase Spruill 4th, Indigo Moore, Julian Dixon, Leslie Sandefur, & Sheryl Counter. Tickets: General $25, Students/Children/Seniors $20. For more information, visit www.sacramentoyouthsymphony.org

ONGOING

WOMEN WITH GOOD SPIRITS·MONTHLY MEETING: Women With Good Spirits is a women's social group that meets once a month. A local non-profit or charity is invited to speak. Currently, monthly meetings are held at Selland's Market Café (915 Broadway, Sacramento) on the first Monday of each month at 6:30 p.m. There is a requested minimum donation of $5 -- 100% of the donations go to the non-profit or charity. Past groups have included the Sacramento Ballet, 916INK, Chako Pit Bull Rescue, Soil Born Farms, Front Street Animal Shelter. Questions, email Monica Stark at editor@valcomnews.com.

CORN - HOLE EVERY THURSDAY NIGHT AT SACTOWN UNION BREWERY: Be a part of the Sports Social Club. XOSO Sports Host Corn - Hole League Every Thursday Night from 6:30 to 9:30 p.m. at Sactown Union Brewery, 1210 66th St. VISIT www.xososports.com to register. Because even adults need recess.

FRIENDS AND FAMILY OF SURVIVORS SUPPORT GROUP: Every first Monday of the month from 6 to 7 p.m. Location: Sacramento. Call 916-428-3271 for exact location. Description: Is your friend or family member in a domestic violence, sexual assault, or human trafficking situation? This free, drop-in group is for you. Learn how to support your loved one, and receive some support yourself among people who are in the same situation. Feel free to call My Sister's House for more information: 916-428-3271.

#METOO SUPPORT GROUP: Every third Monday of the month from 6 to 7 p.m. Location: Sacramento. Call 916-428-3271 for exact location. Description: This drop-in support group is free, confidential, open to all genders, and available to sexual assault survivors at any point in their healing. Feel free to call My Sister's House for more information: 916-428-3271.

STATE FAIR SCHOLARSHIP APPLICATIONS ANNOUNCED: The Friends of the California State Fair Scholarship Program is now accepting scholarship applications for the 2018 - 2019 academic year. The program offers 14 categories of scholarships ranging from $1,000 - $2,500 each with varying eligibility requirements. Categories include: agriculture, art, academic excellence, business, culinary/hospitality/event management, education, international relations, trade school, viticulture and enology. Applicants may apply for one scholarship category of their choice per year and will be evaluated based on academics, community service, quality of essay and recommendation. Top scholarship winners in select categories may be invited to compete for the $5,000 Ironstone Concours Foundation Scholarship Scholarships are not renewable; however, students may reapply each year as long as they continue to meet the eligibility criteria. The Friends of the California State Fair Scholarship Program is a collaboration between the Friends of the California State Fair, the California Exposition & State Fair, the California State Fair Agricultural Advisory Council, the Ironstone Concours Foundation, Blue Diamond Growers and Western Fairs Association. International Scholarship and Tuition Services, Inc. (ISTS), an independent scholarship management company, hosts the online application process and disburses awards for the program. The deadline to apply is March 2, 2018. Learn more at CAStateFair.org/scholarship. For questions about the Friends of the California State Fair Scholarship Program, please email scholarship@calexpo.com.

SAC UNIFIED POETRY SLAM: Jenny Lynn and Joe Montoya's Poetry Unplugged present The Sac Unified Poetry Slam every third Friday at Luna's, 1414 16th St., starting at 7:30 p.m. The show is unpredictable. The special guests and judges won't be known until they sign up. The slam is three rounds. This is a FREE show with purchase at the cafe, donations are encouraged to cover PSI venue dues and show staffing. $5 to slam (except youth 18 and under) winner takes the whole pot. Luna's Cafe will be serving the freshest juices and licuados in town, nothing frozen or concentrated. The menu also includes sandwiches, salads, our famous quesadilla, fresh-ground coffee, mochas, and other espresso drinks. A nice selection of beer and wine is also offered. Enjoy it all in the comfortable atmosphere of Luna's, one of this area's original cafe galleries. Supporting artists of all kinds for over 30 years.

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