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East Sacramento News

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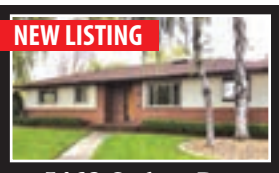


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PENDING



Opinion: East Sacramento Preservation calls on City to install split sewer system not the vault



File photo by Lance Armstrong

A banner opposing the proposed project stretches across the front yard of a home bordering McKinley Park.

East Sacramento Preservation Neighborhood Association opposes the city's proposed water vault solution for flooding in McKinley Park and calls on the City of Sacramento to install split sewer systems throughout the city. A modern, growing city like Sacramento must do this. We are one of only three cities on the west coast that has not up dated its system. Even significantly older municipalities in the north east United States are undertaking this task.

Council Member Harris and the city are pushing to excavate a 25 to 30 feet deep sewer/water tank to be placed in 3.2 acres of McKinley Park. The project will take about three years and will disrupt traffic, quality of life, and safety of neighbors. Not to mention the impact on recreational users. Joggers, picnicking families, strolling moms and their infants, and many walkers from throughout Sacramento will be displaced. McKinley Park is the most heavily used and greatly loved park in the city.

The vault would hold the overflow runoff and sewage on rainy days, so some streets don't flood, but its capacity during major storms is not proven. Sacramento needs updated, split sewer systems in all the neighborhoods throughout the city.

In split sewer systems, the waste flows from household plumbing pipes to a dedicated sewer line that connects to the water treatment plant. At the plant the waste is cleaned out and the water is ready to be processed into potable water. The plant discharges any excess, sewage-free water, into the river. The key to this design is the separate, dedicated pipe that takes sewage to treatment plants. The storm drains connect to a separate pipe that carries rainwater and runoff to the river. Unfortunately, our East Sacramento and other older neighborhoods, sprinkled throughout the city, rely on a very old combined system.,

Historic McKinley Park is the most highly used neighborhood park in Sacramento. Thousands and thousands of people from throughout the city recreate, marry, eat, play and relax on its green lawns. The baseball field (slated for destruction) is one of the few left in East Sacramento. The building of the vault is a huge disruption and not necessary. It's a patch.

Do the right thing. Replace the system to a split system, over time. Spread out the construction and the cost, like the water meter project, and bring our city into the modern age, like the rest of the country.

Do the right thing.

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Cover photo by: Courtesy

Tahoe Park resident is oldest, former Sacramento Solons baseball player

Christian Bros. High grad also played for six major league teams

By Lance Armstrong

Wally Westlake, one of the most accomplished baseball players in Sacramento history, is the answer to several trivia questions.

Locally, the 98-year-old Westlake is the oldest living Sacramento Solons player. The Pacific Coast League Solons played their home games on a field that was located at the southeast corner of Riverside Boulevard and Broadway.

Prior to becoming a Solons player in 1956, Westlake spent nine seasons and a short part of a 10th season as a major league player. In order, he played for the Pittsburgh Pirates, St. Louis Cardinals, Cincinnati Reds, Cleveland Indians, Baltimore Orioles and lastly the Philadelphia Phillies.

On another trivial note, Westlake is the oldest living, former National League player.

Westlake, who was born on Nov. 8, 1920, also ranks as the fourth oldest living, former major league player.

The three former major leaguers ahead of Westlake in age are Tom Jordan, who was born on Sept. 5, 1919 and played for the Chicago White Sox, St. Louis Browns (predecessor of the present day Baltimore Orioles) and Cleveland Indians; Bill Mills, who was born on Nov. 2, 1919 and played for the Philadelphia Athletics (predecessor of the Oakland Athletics); and Val Heim, who was born on Nov. 4, 1920 and played for the Chicago White Sox.

Although he ranks fourth in this category, Westlake is the best-known player of these four players.

see BASEBALL page 4



Photo by Lance Armstrong

Wally Westlake holds one of his signed baseballs in his Tahoe Park home on April 10.

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River City Chorale showcases the choir community to encourage young musical artists

River City Chorale, a 60-voice choir offering quality concerts within the Sacramento region for over 40 years, presents their spring concert, "A Salute to American Music" May 3 and 5 in Sacramento. Directed by Richard Morrissey, it features songs about America and music by American composers. Performances will be held Friday, May 3, 7:30 p.m. at Northminster Presbyterian Church, Sacramento and Sunday, May 5, 4 p.m. at St. Mark's Lutheran Church, Citrus Heights. The program includes a Jazz Mass, American folk songs, spirituals, a medley of Steven Foster songs and some songs from Broadway and is accompanied by a jazz ensemble.

Featured in the Friday night performance will be "The Community Choir (TCC)," a children's choir directed by local choral musician Kamilyn Davis. Part of River City Chorale's mission is to encourage the young in their musical talents. The Community Choir will be singing several selections at the concert, including one with the RCC. TCC provides students with high-quality, structured music education and performance opportunities to increase access arts education for underserved schools and young people throughout the region. TCC is a sponsored project of Fractured Atlas, a non-profit arts service organization based in New York City that exists to further the arts and arts education.

TCC is currently comprised of three choral programs consisting of a tour choir, an interfaith choir, and three school choirs and serves approximately 120 students each year. The tour choir is for Sacramento-area teenagers ages 13-19 years old. The Leataata Floyd School choir serves seventh through twelfth graders through an after-school program run by Mercy Housing. Leataata Floyd School is a Title I school receiving federal assistance to support the high number of children from families with low-incomes. The choir is provided completely free-of-charge and all services have been donated. The school choirs also include Phoebe Hearst Elementary School kindergarten through sixth-grade students and second through sixth graders at Crocker Riverside Elementary School. TCC offers full and partial scholarships to anyone who needs them and no one who has asked for help with tuition has been turned away.

The director, Kamilyn Davis, has studied piano, pipe organ, violin, conducting, acting and accompanying. Holding a Bachelor of Arts in Music, Kami has been honored as The Master's College Alumnus of the Year in 1999 in Southern California for her work in expanding musical opportunities for the young. Kamilyn moved to Sacramento in 2006 and has worked as a piano teacher, an organist, a vocal coach, a choral conductor, a musical theatre director, and as an accompanist for vocalists, instrumentalists, choirs and musical theatre productions. Kamilyn founded The Choir Community in the hopes of providing children with the refuge and purpose she has found in music.

Tickets are $15 in advance, $20 at the door. Group sales of 10 or more are $12 each. Children 12 and under are $5. For more information, call 916-331-5810 or visit www.rivercitychorale.org (tickets available for purchase at this website)

Venues:

The Friday, May 3 performance will start at 7:30 p.m. at Northminster Presbyterian Church, 3235 Pope Ave., Sacramento. The Sunday, May 5 performance will start at 4 p.m. at St. Mark's Lutheran Church, 7869 Kingswood Drive, Citrus Heights.

RIVER CITY CHORALE
SINGS
"A Salute to America's Music"



HEAR A WIDE VARIETY OF GREAT MUSIC
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Northminster
Presbyterian Church
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SUNDAY, MAY 5, 4:00 PM
St. Mark's Lutheran Church
7869 Kingswood Dr.
Citrus Heights

ADVANCE TICKETS $15.00 ($20.00 at the door)
www.rivercitychorale.org Call 916-331-5810

Baseball:

continued from page 3

During his major league career, which began on April 15, 1947 with the Pirates, Westlake played in 958 games.

Jordan, Mills and Heim played in a combined total of 47 games, with Jordan playing in the majority of those games, with 29 games played.

Westlake, who had a major league career batting average of .272, with 127 home runs and 539 runs batted in, was a member of the National League All-Star team in 1951.

In that All-Star game, he played a limited role, as he entered the game in the 9th inning as the defensive replacement for left fielder Stan Musial, a St. Louis Cardinals star who was later inducted into the National Baseball Hall of Fame.

Having made a 1951 major league All-Star team, Westlake is also the answer to another baseball trivia question: "Who is the oldest living, former major league All-Star player?"

Three years after playing in the All-Star game, Westlake played in the 1954 World Series as a member of the Cleveland Indians.

He played in two games of this best-of-seven games series, which was won by the New York Giants, 4-0. He had one hit and a walk in seven at bats.

Also part of his trivial status, Westlake is the oldest living person to have played in a World Series game.

Asked to share his memories of having played in a World Series, Westlake said, "I don't want to talk about that. We stunk it up.'"

Westlake recalled that those World Series and All-Star games were attended by fewer people than well-attended games at Municipal Stadium in Cleveland at that time.

"I played in front of some bigger crowds in regular season games when I got over in the American League with Cleveland," he said. "They had 86,000 (fans) watching then."

Among the Cleveland players that Westlake recalled was Bob Feller.

"(The Indians) were led by (Hall of Famer) Bob Feller, one of the great pitchers," he said. "He was a great guy and he never forgot that he was (an Iowa) farmer boy."

see SOLONS page 6

Homeless Young Man with Autism Is Hopeful That His Life Will Soon Change

By Jan Dalske

I met Jamison at the local library when he asked me for ride to a local restaurant to get something to eat. The local Indian restaurant offers him a free meal at dinner time if he goes there and picks it up.

We talked for a few hours, and, during that time, I discovered that he was homeless, and had been diagnosed with Autism. How he ended up homeless is a long story that did not end well for him.

He had been living with his "Auntie" and the home that she was renting was sold. The family was evicted and they had struggled to find another place to rent that they could afford. The amount that the landlords wanted was more than they could pay on their combined limited incomes.

Jamison stayed at a few local homeless shelters and then he alternated staying with other relatives. Nothing was ever permanent. Since he only has a limited income source, from SSI, because of his Autism, he does not have enough money to pay for the cost of a room.

All of his belongings are in a local storage unit. Every day, as he walks the streets of Sacramento, he has one wheeled suitcase, which contains his sleeping attire and some clothes, and, a large plastic bag that contains his rain boots.

When he goes to the library to use the computers, he sometimes uses Craigslist to try to find a place to live. He feels that it is not a great source, and that people are trying to "rip you off" on that website. He just wants to find a cheap room to rent, somewhere in the area of $300-$400.

He told me that he had rented a room some time ago with whom he described was a "stinky old guy", but shared with me that "as long as I'm sleeping, and eating, I'm good."

He showed me his Facebook page, where he posts daily messages. They are mostly upbeat and tells the readers: "*good things are gonna happen to me today*." He does not have a phone and uses the library computer to communicate with his friends and family, whom he feels give him "useless advice".

He tries to avoid what he calls are "stupid people". He does not like people who will, as he describes it, "turn on you". Jamison is just looking for a part-time job which help him to pay the rent and a place to live. Isn't that what we all need? A place to call home, where we can safely sleep and food to eat: Food and Shelter. It just seems that those two needs are difficult for many of our local people to attain.

Private Property- No Trespassing or Loitering- All Violators Will be Prosecuted

By Jan Dalske

This is the latest sign to be posted at our local public libraries. Why do all of the elected leaders of our City and County of Sacramento find it necessary to post these signs at the parking lots of our public libraries in many parts of the city?

The signs state that there is "no trespassing, no loitering, no overnight parking, no skate boarding", and that the parking lot is for "customer parking only". And, they add that "violators will be prosecuted" and "all unauthorized vehicles will be towed at the owners' expense".

The signs are part of an effort to discourage any people from parking in the library parking lots overnight. They are targeting the homeless population. Some of the homeless people may have a van or a car that they have been sleeping in overnight to stay warm. They are sleeping in their vehicles because they have nowhere else that might be safe to spend the night.

They have lost their jobs, or the rent on the place where they were living had been raised so high that they could no longer afford to pay it. They had no choice. They had to put all of their belongings in a storage unit. Then they packed up needed clothing along with warm blankets and pillows for sleeping. They are spending the night in their vehicles. Some of them are individuals, or couples, but some of them are also families with children.

Most of the members of the homeless population have no vehicles and have to use shopping carts from local stores to transport their belongings around the city. They have small carts, and large carts, and some have two or more carts. They use the carts to carry extra clothing, and sleeping bags, and maybe some food items.

You cannot miss seeing them. They are all around our cities, and in all of our neighborhoods. Some of them stand on street corners with signs asking for cash donations to help them with getting food or maybe put toward paying for a hotel room for one night so that they can get off of the streets.

Where are the people supposed to sleep? How can they get food without money to purchase it? What can we do to help them? They are human beings, just like the rest of us. They have physical needs, such as cleanliness, or using a restroom, and having water and food and, of course shelter. They have to use the restrooms at fast food places or go to the local Walmart stores to use their facilities.

Many of the homeless people are sick, or disabled. They may have mental health issues. Where can they go for help with these problems? The social service agencies are overloaded. Their offices are filled with people trying to apply for help with food and shelter needs. They are long waiting lists for housing.

Some of the homeless people have an EBT card, and that helps them. But, where can you keep perishable food items when you do not have anywhere to live? Yes, they can buy something and eat it, but if you get anything that needs refrigeration, that could be a problem.

We can try to help our local homeless people by calling our elected officials and telling them to do something now. Quit talking about it, and act. Maybe they should spend a night on the streets of our city and see what it feels like to be homeless, cold and hungry.

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EASTER SUNDAY 10:00 AM
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UNITED CHURCH OF CHRIST
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Solons:

continued from page 4



Photo courtesy of Westlake family

Wally Westlake is shown in his Pittsburgh Pirates uniform in about 1947.

Also memorable to Westlake was "the great Larry Doby," as he called his former teammate.

"(Doby) was the (black) centerfielder (for Cleveland)," he said. "I played alongside him. He was a good-looking rascal. The ladies favored him. I don't care what color they were. One day, I asked him, 'Larry, how do you service all them? Do you service them by appointment?'"

At the height of his major league career, Westlake earned $24,000 in a season.

Regarding modern day contracts worth millions of dollars, Westlake said, "I'm crying, because I'm not playing."

Additionally memorable for Westlake is his aforementioned, former Cardinals teammate, Stan Musial.

"I can't say enough about Stan," he said. "He was just a great person. I asked him one day why he didn't get 140, 150 bases on balls. He said, 'Wally, when I walk into that batter's box, I'm not looking for a base on balls. I can hit anything I can see.' I said, 'That's pretty obvious, Stan.'"

Another one of Westlake's favorite players was Hall of Famer Ted Williams, who he mentioned was especially talented, because he had a high batting average and was also a power hitter.

Westlake recalled the latter part of his own major league career.

"(Cleveland Indians General Manager) Hank Greenberg started trading and selling (players in 1955), and he sent me to Baltimore," he said. "They started moving me around, and that's when I said, 'Well, time to call it a day.'

"In (1956), I went to spring training with the Phillies, started the season (playing in five games) and they turned me loose. I came home and I finished up with the Pacific Coast League here with the old Solons."

In 90 games with the 1956 Solons, Westlake had a .273 batting average, 80 hits, 12 home runs and 50 runs batted in.

Westlake retired from professional baseball following that season.

In addition to his own professional career, Westlake's brother, Jim, also played professional baseball.

Regarding his brother's playing days, Westlake said, "Jimmy had somewhat of a career. He was a great first baseman, left handed hitter, but what was sad was he just couldn't run."

In speaking about his earlier years in life, Westlake said that he was born in Gridley, but spent nearly his entire life in the Sacramento area, with his first local home being on Fruitridge Road, near Franklin Boulevard.

"My folks, they came to Sacramento out on the farm when I was 5 years old," he said. "It really wasn't a farm at that time. It was just old country. They called it the city farm, but it was just big, wide-open (land). There were some alfalfa patches, but as any growing in there, vegetables, that didn't happen until (a) later time."

Westlake recalled that the farm was created by two or three Japanese families.

"Boy, they grew all kinds of vegetables," he said. "On the back end (of the farm), where they couldn't see me, I would sneak into their strawberry patch."

Westlake, who was one of the four children of Waldon and Helene Westlake, said that he was fortunate to have "great parents."

Waldon supported his family through his work as a painter, and he also became an expert on roses through the large rose garden he maintained on his property.

Westlake mentioned that besides baseball, two of his favorite childhood activities were fishing, mostly on the Sacramento River, and hunting in the fields near his home. His father gave him his first rifle when he was 10 years old.

"I must have walked a million miles chasing ground squirrels and jackrabbits (with that rifle)," he said.

Westlake recalled that he did not own his own baseball glove until he was in high school.

"(Before then), I borrowed (gloves) or played a lot with bare hands," he said.

With his early talent as a baseball player, Westlake made the varsity team at Christian Brothers High School during his sophomore year. He was the captain of that team during his senior year.

Westlake also helped Sacramento's George W. Manhart Post's baseball team win the 1937 American Legion state championship, with two victories against Long Beach's Samuel Thomas Post's team at Cardinal Field at Riverside Boulevard and Broadway.

In the second game, Westlake singled in the fifth and sixth runs of the Manharts' 6-4 victory.

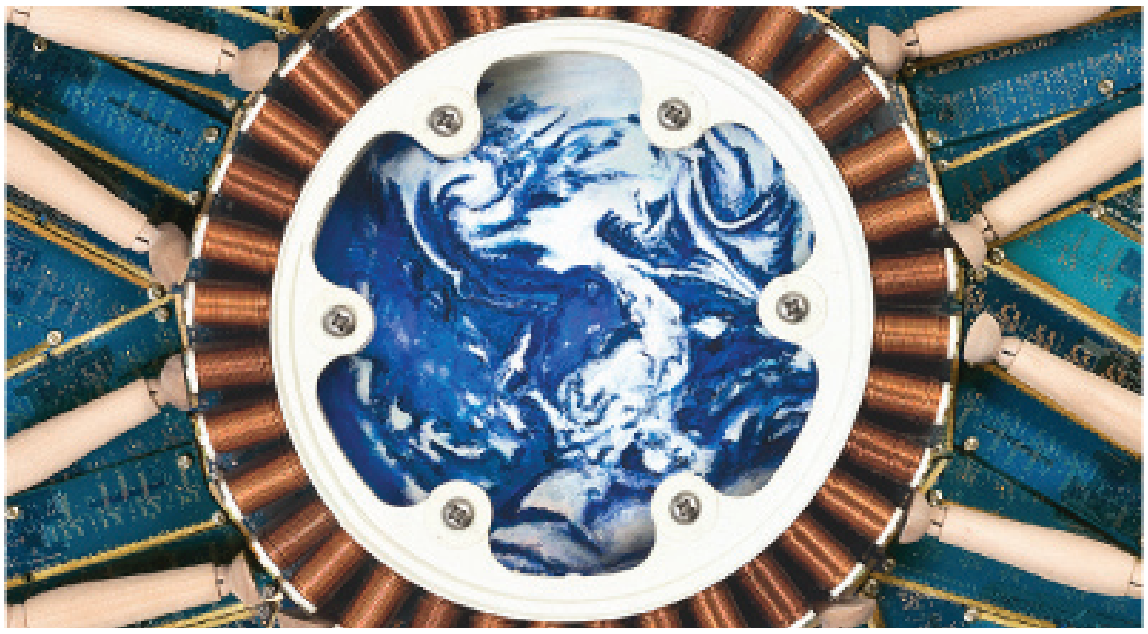
After graduating from high school in 1939, West-

see PLAYER page 8



Save/[eARTh]: CSUS gallery art exhibit draws attention to environmental issues





Angela Gonzalez will be creating a greener tomorrow in the upcoming art exhibition, Save/[eARTh]. This will be the last Gallery exhibit of the semester. The exhibit will be featured in The University Union's Gallery from April 22 through May 16 during general hours. The Gallery is open Monday-Fridays from 10:30 a.m. To 3:30 p.m. and Wednesday-Thursdays from 5 to 8 p.m. during the semester.

Gonzalez is originally from Colombia, South America. She decided to become an artist after attending college and majoring in design. She believes that art allows her to communicate with the barriers of culture, age or language. Her art has been featured at many venues, including the New York Hall of Science Museum, The Coral Springs Museum of Art, and the SMUD Gallery. In hopes of leading a greener tomorrow, her objective in this exhibit is to engage audiences in a conversation about ecological and social responsibilities. For the exhibit, she will be displaying 16 art pieces related to climate change and its impact on earth by using recycled technology materials, including computer chips, hard drives and more.

"I am deeply concerned about our planet and I want to use my art to create awareness about the issues earth is facing today," said Gonzalez. "I hope the public is inspired by my work and join me in taking steps to SAVE/[eARTh]."

The reception for Save/[eARTh] will be held on Thursday, April 25 from 6-8 p.m. in the Gallery, located on the second floor of the University Union. The exhibit, along with its reception, is open to the general public. Attendants are welcome to meet the artist and enjoy appetizers provided at the event.

For more information about upcoming art exhibits, visit www.theuniversityunion.com/gallery.



Drag Queen Bingo to Surpass $250K Raised for Local Non-Profits

Monthly Bingo Fundraiser Will Hit Milestone on Big Day Of Giving 2019

On Thursday, May 2, Drag Queen Bingo, the monthly charity fundraising event produced by the Sacramento Rainbow Chamber of Commerce, will reach the milestone of $250,000 raised for local non-profit organizations on Thursday, May 2. Marking the milestone will be a reunion of drag personalities Rusty Nails and Felicity Diamond, who put the "drag" in Drag Queen Bingo when it launched in 2009, and current Mistress of Ceremonies DoMe Moore, aka Chamber board member Paul Crouch. A half-time show also will feature several Chamber board members and local business leaders performing as Drag Queens and Kings.

Proceeds from the event, part of the Rainbow Chamber Foundation's 2009 Big Day Of Giving campaign, will support the Foundation's scholarship program for LGBTQ and allied students and provide funding for local organizations that provide LGBTQA youth services. Drag Queen Bingo supports a different 501(c)(3) non-profit organization each month, and local organizations that have benefited include Sacramento LGBT Community Center, Davis Pride, WEAVE, Sacramento Gay Men's Chorus, West Sacramento Historical Society, Sac State Pride Center, PFLAG, Gender Health Center, River City Food Bank, Front Street Animal Shelter and many more.

Cost to play Bingo is $20, which gets you everything you need for eight Bingo games, including Bingo cards, daubers and a cheat sheet for rowdy call-backs, such as G-54: "Ooh ooh, the Disco G!" and B-11: "Legs to Heaven." Admission to the game goes on sale at 6:30 p.m. at the venue; cash only, please.

For this one-night special event only, guests can take advantage of a $50 VIP package, which includes everything you need for eight games of Bingo, reserved seating, and a souvenir Drag Queen Bingo T-shirt. To purchase VIP tickets online in advance of the event, visit https://business.rainbowchamber.com/events/calendar/. For those who do not purchase VIP tickets, organizers recommend arriving early, as the event is expected to sell out.

Sacramento's iteration of Drag Queen Bingo was launched in August 2009 by Fred Palmer, publisher and CEO of Outword Media Marketing Events and Outword staffers Ron Tackitt and Charlie Peer, with original Mistresses of Ceremonies Rusty Nails and Felicity Diamond, joined more recently by DoMe Moore. Nails and Diamond retired from emceeing the event in 2016, and Moore continues as the regular event emcee. The three will reunite for this special one-night event on May 2.

In August 2015, after Drag Queen Bingo had raised more than $100,000 for local organizations, Palmer passed the torch to the board of the Sacramento Rainbow Chamber of Commerce. The Chamber has continued producing the monthly event, coordinated by Chamber members Paul Villaluz Weubbe, R. Paul Villaluz Weubbe and Richard Hernandez with assistance from Chamber volunteers.

Held the first Thursday of each month, from 7 to 9 p.m., at Mango's, 1930 K Street in Sacramento, Drag Queen Bingo features prizes for every Bingo, including theater tickets and souvenir packages donated by Broadway Sacramento. In addition to game proceeds, beneficiary organizations are invited to promote their services and fundraise during the event intermission. For more information about Drag Queen Bingo or becoming a beneficiary, contact info@rainbowchamber.com.

The Sacramento Rainbow Chamber of Commerce is a regional chamber serving LGBT business owners and professionals across the Sacramento Valley, as well as straight allies who support its mission of fostering a prosperous, diverse and inclusive business community. For more information about the organization, visit RainbowChamber.com.

Player:

continued from page 6

lake signed a contract with the Brooklyn Dodgers and joined their farm system, playing with the Elmira (N.Y.) Pioneers and the Dayton (Ohio) Wings.

Westlake mentioned that he experienced a very difficult moment in his life during the early part of his professional career.

"They called me in that spring and advised me to go home and forget baseball and go to work," he said. "I'm on the bus, tears flowing, and I went right by the ballpark and the lights are on. I just had that thing. My blood was boiling and I said, 'OK, you so and so's, you think you're going to make me quit?'

"So, as time went on, my first day at Ebbets Field (while playing against the Dodgers), I singled, doubled and tripled. I had just tripled and I was standing on third base and I was looking up in the upper deck penthouse, and said, 'There you are, you (expletive). Eat that one.'"

En route to the big leagues, Westlake played for the Merced Bears of the California League in 1941.

He was next scouted by Sacramento native Bill Avila to play for the Oakland Oaks of the Pacific Coast League in 1942.

Westlake recalled becoming a better baseball player after serving in the U.S. Coast Guard during World War II.

"When I got out of the war in 1945, I went back to Oakland and then I got my number one break in baseball," he said. "Casey Stengel was the manager. Earlier in the season in Oakland, in pregame warmup, I walked out of the back cage and he was sitting there in the dugout and he called for me.

"He said, 'Young fellow, you've got pretty good talent. Now I'm going to teach you how to play this game.'"

Westlake noted that Stengel, who would later become a legendary manager of the New York Yankees, was instrumental in making him a better ball player.

"(Stengel) taught me all that little garbage in baseball that you never hear about," he said. "He really taught me how to play – he was an outfielder himself – and how to throw properly, when to throw and when not to throw, running the bases.

"Casey, to this day, I've got to thank him."

Because Westlake played baseball in an era when players did not have contracts worth millions of dollars, he went to work after his playing days.

His post-baseball employment included working for various companies, including an oil company, Aerojet, and Teichert, where he was employed for about 16 years.

He has also enjoyed his family life, which began in 1944 with his marriage to Rose Bier, who died in 2006. Together, they had five children.

While sitting behind a table with stacks of fan mail that he recently received, Westlake summarized his baseball playing days.

"I could run and throw and I had some power, but one thing I thoroughly enjoyed was the challenge," he said.



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David Lubin held its first "Steam Night"







In the hopes for an annual event, David Lubin Elementary, the home of the first STEAM (Science, Technology, Engineering, Art and Math) program within the Sacramento City Unified School, held its first "STEAM Night" on April 5. Booths showcased EDMO (avionics, test equipment and tooling, wire and cable, pilot supplies, communication solutions, and radio test), Verge Center for the Arts, herpetology, Lego Engineering and gardening projects. Organized by Mrs. Natalie Tamblyn, 5th/6th grade teacher, the event was hailed a success by the David Lubin community. The event was supported by volunteers and businesses who ran tables including Verge Center for the Arts, Surfside Kids Dental Land Park, CAMP EDMO, River City Doctors of Optometry's Dr. Rembleski, MODO, the California Herpetological Association, and others who donated their time and talents.

Photos courtesy of David Lubin's public Facebook page.

Spring Cleaning was a Family Job at Our House in Colonial Village

By Jan Dalske

Every year at Spring-time, our mom had a list of many different things that really needed to be cleaned at our house. When she worked on her regular cleaning schedule, she just finished the cleaning tasks that needed to be done on a daily or weekly basis.

Every weekend, she dusted the furniture and vacuumed the floors in the living room, dining room, hallways and all of the bedrooms. She cleaned both of the bathrooms every day. With seven growing children, the house was usually disorganized and untidy.

The laundry was done on an as-needed basis, except for the bedding, which was washed every Saturday. I usually helped my mom with stripping all of the beds and carrying the sheets out to the garage. I also picked up any other laundry and took it to the garage where our washer and dryer were located.

When the weather was good, the clean sheets and pillow cases were hung on the clotheslines in the backyard to dry. The hot sun dried the sheets quickly and left them with a clean, fresh smell. During the rainy months, she used the electric dryer. The towels were usually washed every few days as there were lots of baths and showers at our house.

During the spring, the washing schedule changed. Our mom washed more of the bedding, as all of the bedspreads, and blankets needs to be washed. The pillows were sometimes tossed into the washing machine for cleaning also. The window curtains were not washed very often and the various throw rugs were cleaned only when they needed to be.

Our mom was very organized. She had been raised in a family of twenty children, and her mother taught them how to be organized when it came to household cleaning. The oldest kids all had to help. And, our mom trained us all to be her helpers also.

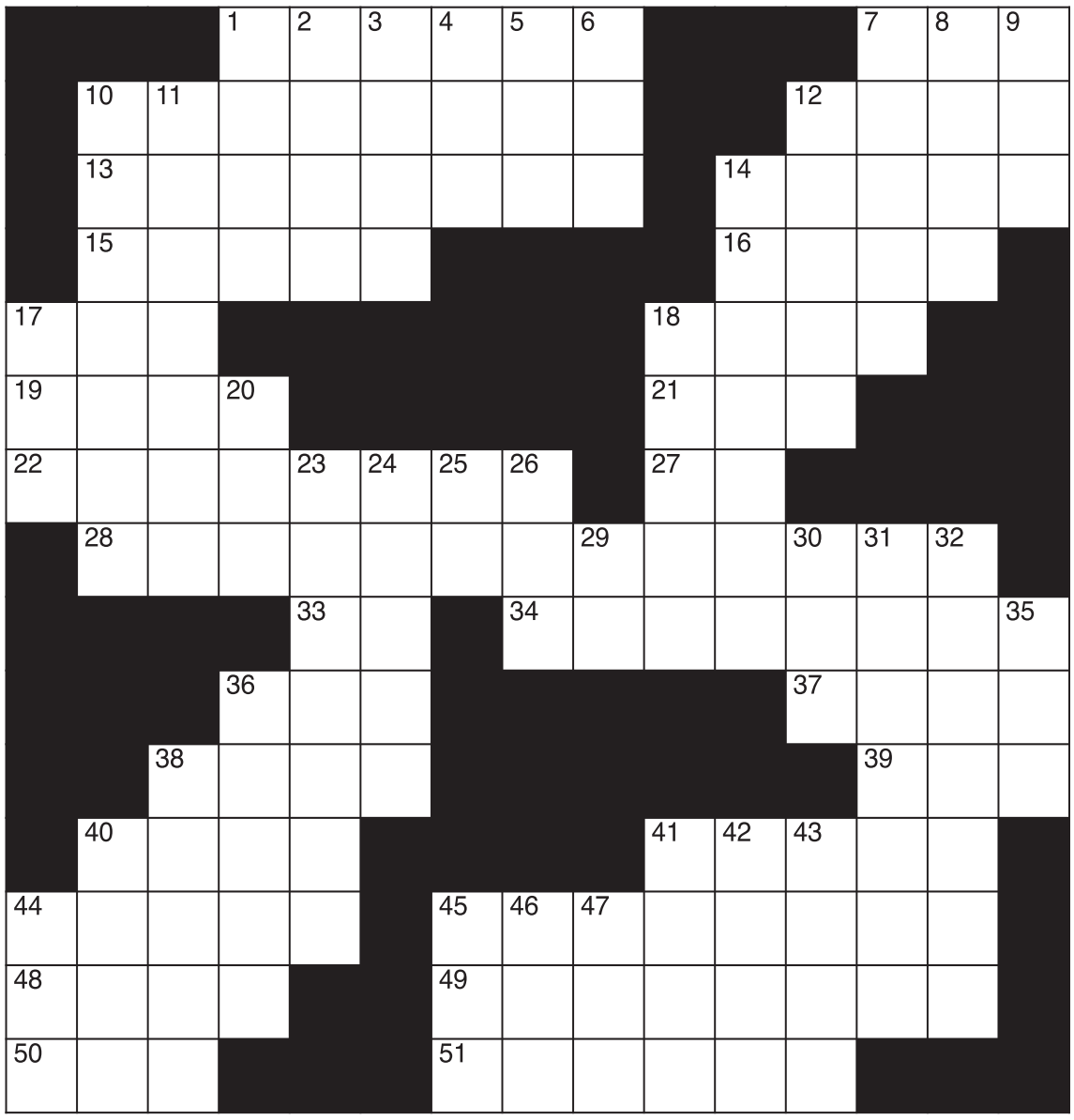
As the oldest girl, I had quite a few responsibilities around the house. My brothers were the ones that had to shake out the throw rugs and make sure that they got out all of the dust. When they finished shaking them by hand, they hung them on the clothesline to air out.

One of them always had to pick up the wastebaskets from the rooms and put the trash outside. They tried to make a game out of doing that task by tossing the wastebaskets into the air and catching them.

The biggest project was always the carpet cleaning. We had hard wood flooring in most of the rooms. And, area carpets were in the living room. When the furniture was moved for the vacuuming, many lost items turned up unexpectedly. They were found under beds, or even the living room couch.

Our mom was an amazing cleaner, as she had learned how to do the job from her mother. Those were lessons that were well learned by her growing children, and I am sure that they were never forgotten.

CROSSWORD



CLUES ACROSS

1. Submit
7. When you hope to arrive
10. Ducks
12. Ancient Dead Sea region
13. Hatch
14. Genus of finches
15. Knifes
16. Towards the oral region
17. Bitter-flavored beer
18. Brews
19. Hideouts
21. Where one sleeps
22. Unbroken view of a region
27. Hammer is one
28. Racing legend
33. Commercial
34. Understood by just a few
36. Global design effort
37. Portuguese folk song
38. Traditional woven cloth
39. Oil barrel (abbr.)
40. Cupbearer of the gods
41. Spiritual leader of a Jewish congregation
44. Dabs
45. Bedspread
48. Visionary
49. Prime Ministers
50. Criticize
51. Teeter

CLUES DOWN

1. Bird genus
2. A baseball team
3. Taxis
4. Baseball stat
5. Insecticide
6. Midway between east and southeast
7. Icelandic poems
8. Rocker Rundgren
9. Doctors' group
10. Inform wrongly
11. TVs used to have one
12. Long-__: donkeys
14. Weasel-like mammal
17. Payroll company
18. Conductance unit
20. Fifth note of a major scale
23. Prepares
24. Yellow-fever mosquitos
25. Partner to Pa
26. They __
29. Canadian province (abbr.)
30. Official
31. More colorless
32. Goodies
35. Sanders was one
36. Talkative
38. Rips apart
40. Chinese Muslim
41. Rapid eye movements
42. Song
43. Spent it all
44. Somber
45. Cycles per second
46. Naturally occurring material
47. "Orange is the New Black" character

Solutions page 14

Trivia test

by Fifi Rodriguez

1. U.S. STATES: Which state is home to the Volcanoes National Park?
2. HISTORY: When did the Deepwater Horizon oil spill occur in the Gulf of Mexico?
3. MOVIES: Who sang "Beauty and the Beast" in the 1991 movie of the same name?
4. GEOGRAPHY: Which one of Japan's islands is the largest in size?
5. RELIGION: Who was the first Roman emperor to convert to Christianity?
6. LITERATURE: What was the name of the land featured in the seven-novel fantasy series written by C.S. Lewis?
7. MATH: What is the name of an angle that is less than 90 degrees?
8. GENERAL KNOWLEDGE: What was Mahatma Gandhi's profession before he became an activist for nonviolent civil disobedience?
9. U.S. PRESIDENTS: Which president popularized the phrase "The Silent Majority"?
10. INVENTIONS: Who is credited with inventing Coca-Cola?

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Solutions page 14

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Portuguese baking with Jeremiah





Story and photos by Monica Stark

As a light rain passed through the valley, the warmth of a hot oven and cozy kitchen helped set the stage for Portuguese pastry baking that perfect evening, Friday, March 22, as the sound of Fado, or the Portuguese blues added to the ambiance inside the Pocket neighborhood home of Jeremiah Duarte Bills.

Growing up in a "dessert-obsessed family," Jeremiah brings his Portuguese heritage front and center in the heart of his home, teaching bakers and food lovers the ins and outs of creating such delicacies as *tarte de amêndoa* (Portuguese almond tart), *queijadas de laranja* (little Portuguese orange custardy tarts with dashes of cinnamon), *pastéis de nata* (custard tart, a favorite in Lisbon), *bolo de bolacha* (a traditional Portuguese dessert made with Maria biscuit, rich coffee, and buttercream).

In an intimate demonstration style class with plenty of hands-on participation, classes are limited to six students. In the midst of his cooking classes, Jeremiah offers historical and cultural context, as well as personal experiences he's encountered during trips to Portugal for vacations and research.

From cultural tidbits such as the origin of the Portuguese word for spatula, *Salazar*, named after António de Oliveira Salazar, the dictator who ruled Portugal for 40 years and "scraped the country for all its worth" – to the cloistered nuns of the 1500s who learned how to make large swaths of paper thin dough with a filling and a drizzle of butter, Jeremiah's passion for the Portuguese culture contagiously seeps into cooking lessons.

Speaking of his adventure touring a convent during one of his cooking classes as a student, he said, "It's like a Middle Eastern pastry, really. It's the same idea. But, you have to think. We have that kind of dough like strudel dough (which originated in Austria), and filo dough (rooted in the Ottomon cuisine), and then this tiny little place in Portugal figured out how to do it by these nuns living on their own. It's like a miracle. And watching it, was like, I'm witnessing a total miracle."

Not originally from the Pocket, Jeremiah said he learned of the Portuguese historical impact on the area after he moved here. A beautiful happenstance, Jeremiah now is on the board of the Sacramento Portuguese Historical and Cultural Society and looks to make more neighborhood connections.

In 2016, Jeremiah appeared on ABC's The Great American Baking Show where he baked many Portuguese recipes. This experience connected him to people all over the world hungry to learn about Portuguese dessert recipes. He has collaborated and created recipes for many Portuguese American companies including UMA CASA Restaurant, Ginja9 Cherry Liqueur, and Rooster Camisa. His test kitchen also serves as home base for testing traditional Portuguese dessert recipes for his upcoming book, "Portuguese Desserts", which of course, will also include histories and stories. Portuguese Desserts' extensive and exhaustive collection of recipes are adapted for the American kitchen and include recipes from continental Portugal, the islands of the Azores, Madeira as well as the Luso (Portuguese speaking) world.

With about 3,300 followers on Instagram, Jeremiah says he loves being connected and sharing his talent, but that book agents seem obsessed with the 50,000 follower mark. Despite that trend, one agent has expressed interested, though nothing has been signed as of yet. Because anyone can "Google" recipes, the agent explicitly encouraged him to include stories. "I was happy she was into that because it's more of an artistic project," he said. "I like those books, too, and it's totally true, we have access to almost everything these days."

And with that side note during this class, he turned, rose his voice and said, "Look at you guys. You guys are amazing. Good work."

When he dismissed himself to package goodies in take-home boxes for his students, one of them described the class as a "creativity and culture class, and you get to eat too. All the good things in life."

Jeremiah's creative and cultural talent does not stop with cooking, his background is in music. He attended the world-famous Juilliard School and performed as an orchestral flutist all over the world. He keeps bees, and also teaches aspiring flute and piano students.

As he said when discussing the intricacies of Fado, "Portuguese love poetry, and music is like food. You get it no matter what. If you don't speak the language it doesn't matter."

His next class is Saturday, April 13. Follow him on Instagram or Facebook. Perhaps, look for a food column in this publication at a later date.

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California State Fair Announces Toyota Concert Series at the Golden 1 Stage Opening with TLC and the Plain White T's Closing with Martina McBride



Photo courtesy TLC

Let the summer begin with music at the 2019 California State Fair on the Golden 1 Stage for the State Fair Toyota Concert Series. Opening weekend features Plain White T's, Queen Nation, which is on fire after the film "Bohemian Rhapsody", and the "CrazySexyCool" groove of Grammy-awarding winning artists TLC. Closing weekend wraps up with Tony! Toni! Tonè! and Country songstress, Martina McBride. And there's plenty of good music in between!

In addition to the free nightly concerts on the Golden 1 Stage, the best of local musicians will perform live, day and night on the six stages located across the Fair: Save Mart Wine Garden, PG&E Center Stage, Heineken Blues and Brews Speak Easy, The Coca-Cola Promenade in the Food Festival Court, the Cantina, and the Honky Tonk Saloon.

2019 Toyota Concert Series Lineup:
July 12 – Plain White T's
July 13 - Queen Nation
July 14 - TLC
July 15- Def Leppard Tribute
July 16 - Clay Walker
July 17 - The Marshall Tucker Band
July 18 - Petty and the Heartshakers
July 19 - Sean Kingston
July 20 - Joe Nichols
July 21 - Mariachi Vargas and the Statewide High School Mariachi Competition
July 22 - The Boys of Summer -Music of the Eagles
July 23 - 38 Special
July 24 - We Are Messengers
July 25 - California Surf, Incorporated
July 26 - Tony! Toni! Tone!
July 27 - Journey Revisited
July 28 - Martina McBride

For music fans who want a guaranteed seat, close to the stage, reserved seating is available! Be one of the first to get reserved seats on Tuesday, April 9th at 10 a.m. Subscribe to our newsletter at CAStateFair.org or like us on Facebook, Instagram, or Twitter to get a presale code. All concert tickets are now on sale.

Plan ahead and save big with special deals! For the best savings, get the Fun Pack! It comes with 4 General Admission Tickets, a Parking Pass, and 4 ride tickets for $49.99 - that's a savings of $40! Or buy a Season Pass for $35.99.

New this year is a season parking pass! For only $30, you get three visits. That's a savings of $15! Buy your tickets now because prices go up once Fair starts!

Be on the lookout for more exciting announcements and what's new this year at the 2019 California State Fair, July 12-28.

Trivia test by Fifi Rodriguez

Answers

1. Hawaii
2. 2010
3. Angela Lansbury
4. Honshu
5. Constantine
6. Narnia
7. Acute
8. Lawyer
9. Richard Nixon
10. Dr. John Pemberton

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What's happening East Sacramento?

GARDENS GONE NATIVE TOUR: The Sacramento Chapter of the California Native Plant Society is in the planning stage for our Ninth Annual Gardens Gone Native Tour. Every year we feature 25 to 30 local residential gardens which feature substantial plantings of California Native plants. Many of our Hosts show their garden several years in a row, others take a break, and we're always on the lookout for new gardens to feature. Do you have a love of sharing your garden, and have half or more as natives? The Tour is in late April (April 27th), but we are trying to settle on gardens within the Sacramento and Yolo area that somewhat group together for the convenience of the tour-goers. If you are interested, contact us at gardensgonenative at gmail dot com, or contact Colene Rauh at 916-717-5517.

SATURDAY, APRIL 20

32ND ANNUAL PANCAKE BREAKFAST & EASTER EGG HUNT: The East Sacramento Kiwanis invite you to a fun filled morning at Clunie Clubhouse for their 32nd Annual Pancake Breakfast and Easter Egg Hunt from 7 to 11:30 a.m. The Clunie Community Center is located at 601 Alhambra Blvd.
Breakfast includes unlimited pancakes, sausage, fruit, juice and coffee. Adults are $6; children 4 and under are $4; children (under 4) are free.
Carnival games and face painting will be available. Tickets are 50 cents each.
Easter Egg Hunt Age Groups and Start Times Below:
Ages 0-1 9:30am Ages 2-3 9:45am
Ages 3-4 10:00am Ages 5-6 10:15am
Ages 7-8 10:30am Ages 9-10 10:45am
Tickets are available for purchase on our squareup webpage above and at the doors. We hope to see you there!

SATURDAY, APRIL 27

GARDEN WORK DAY & BAKE SALE: Help The Silver Orange's Youth Urban Garden grow, as it raises funds for a tool shed and cleaning up the outdoor area and garden. 10 a.m. - 4 p.m. on Saturday, April 27 to volunteer your time, contribute to the bake sale, or purchase a baked good (or all 3)! Email alenab.thesilverorange@gmail.com for questions. The Silver Orange is located at 922 57th St.

SUNDAY, APRIL 28

HISTORIC WINDOW WORKSHOP: This four-hour presentation discusses how to restore wooden windows for security, efficiency and beauty. Historic windows play a big role in the character of vintage homes, handcrafted of old-growth wood. As homes age, they may stick and rattle, or have broken or missing parts. Instead of replacement of vinyl (prohibited by city code), learn how to restore and maintain wooden windows. Presented by Tim White, a master carpenter, whose window restoration projects include the Stanford Mansion and Old Sacramento. Time: 1 to 5 p.m. Place: CADA workshop, 1322 O St.

WEDNESDAY, MAY 1

BDOG TEEN ART CONTEST CALL FOR TEEN ARTISTS! Teens are welcome to participate in The Silver Orange's dog portrait contest. All visual mediums accepted. Art is due May 1 at The Silver Orange, 922 57th St, Sacramento, CA 95819, at 6 p.m. You may submit up to two pieces per contestant, please title and write your name and age along with your piece before submitting.
Here are the Rules!
-Artwork must feature a dog portrait
-Artist must be between the ages of 11 to 17
-Artwork must be submitted to The Silver Orange by May 1st at 6pm
-Digital work and photography must be printed
-Artwork must be framed or on a canvas
-Artwork must be bigger than 4"x5" and smaller than 36" x 24"
-Paint must be dry
Art Show will be on May 2nd at The Silver Orange at the Big Day of Giving event. Winner will be chosen depending on how many votes they get the day of the Art Show, so make sure to bring all of your family and friends!
The winner will receive receive a prize gift basket generously sponsored by Chalk It Up! For more information call us at (916)228-4169 or visit our website TheSilverOrange.org

SATURDAY, MAY 11

CHRYSANTHEMUM PLANT SALE: The Sacramento Chrysanthemum Society will hold their annual plant sale on Saturday May 11, 2019, at Shepard Garden and Art Center, 3330 McKinley Blvd., Sacramento. It is a one day sale of the exhibition type mums not found in nurseries. There will be a large variety of plants for sale. Plants are not in bloom at time of the sale but pictures showing the blooms for each plant will be exhibited with each variety of mum.

FRIDAY, MAY 17

THE 17TH WINE TASTING EXTRAVAGANZA by the Philoptochos Society of the Greek Orthodox Church in Sacramento will be held on Friday, May 17th, from 5:30—8:30 at the Annunciation Hellenic Center located at 616 Alhambra Boulevard, across from McKinley Park. Wine and food tasting will be plentiful and included in the entrance fee. There will also be a silent auction, local artists, and live music by the OCD Band from Yuba City. Cost of attendance will be two tickets for $50 or one for $30. What a great way to finish the work week and start the weekend! Contact Helen Nickolson at hnickols@yccd.edu for tickets or more information. MUST be of age to be served.
Wineries: Julie & Greg Rauser--Galt; Bill Nicolaou--Lodi; Wreckless Blenders--Sacramento; Omega--Lodi; Abbey of New Clairvaux; Bella Grace; Helwig and Cabana.
Food: The Old Spaghetti Factory, Philoptochos, Voula Cazanis, Mani Imports

ONGOING

MUSIC AT NOON APRIL and MAY PERFORMANCES: At Westminster (Always Free!) Bring your lunch & enjoy fine music Wednesdays, 12 noon – 12:55 p.m. Upcoming concert information: www.musicatnoon.org
April 17 -- Pianist/Vocalist Renee Pajer
April 24 -- Cellist Julie Hochman and Friends
May 1 -- Bay Area Pianist Miyuki Otani
May 8 -- RSVP Choral Ensemble; Jennifer Reason, director
May 15 -- Vocal Art Ensemble; Tracia Barbieri, director
May 22 -- Silent Films with Organist Dave Moreno
May 29 -- Bay-Area Pianist Robyn Carmichael
June 5 -- Pacific Arts Trio: Alice Lenaghan, flute; Natalie Cox, harp; Dan Reiter, cello
June 12 -- Violinist Frieda Yang and Friends
June 19 -- NO M.A.N. (VBS is scheduled)
June 26 -- Folk Singer-Songwriter-Multi Instrumentalist Liz Ryder
July 3 -- Cellist Jia-mo Chen and Friends
July 10 -- Sacramento Youth Symphony Chamber Music; Susan Lamb Cook, Director
July 17 -- Hot Club Faux Gitane Gypsy Swing Band (Gypsy Jazz)
July 24 - Albany Consort plays music of the Baroque Masters, and more
Across from Beautiful Capitol Park
100% of your contributions support M.A.N., with more than 95% used for artist honorariums. Your weekly contribution helps to sustain quality programming. Thank you. Tax-deductible M.A.N. SPONSORSHIPS start at $35. You may donate online at www.MusicAtNoon.org (note: "M.A.N.") or make check payable to Westminster Presbyterian Church (memo: "M.A.N."). For audition information or program suggestions, please contact Program Director Brad Slocum: 916.442.8939 x315. Westminster Presbyterian Church is a welcoming, inclusive, and diverse community. 1300 N Street, Sacramento 95814 For additional information visit www.musicatnoon.org, call 442-8939, or e-mail mission@westminsac.org
BYOL* and (quietly) eat in the sanctuary while you enjoy the concert! *Bring Your Own Lunch

KNIT AND CRAFT – A morning of fiber arts fun! Participants can learn to knit or crochet, get help with projects, and chat with new friends. Don't forget to bring your craft supplies! Adult. Wednesdays from 10 a.m. – noon at McKinley Library, 601 Alhambra Blvd, Sacramento.
SACRAMENTO AREA ENGLISH COUNTRY DANCE: Great news for those who live relatively close to central Sacramento! The Sacramento Country Dance Society is adding a second monthly English Country Dance, on the third Sunday afternoon of each month. Lovely hall and floor, easy parking, and on the American River Bike Trail. Come join us at Camp Pollock, just 5 minutes from downtown/midtown Sacramento, from 2:00 to 5:00 pm. Each dance is preceded at 1:30 pm by an Introductory Workshop for newcomers. This is in addition to our long-running dance in Roseville that continues on the first Sunday afternoon of each month. Beginners welcome, no partners necessary, always live music. Details about both dances, including callers, music, locations, and date changes, can be found on our Web site: sactocds.org/english-country-dance/

TOWER BREWING MONDAY OPEN MIC: Mondays from 630 to 10 p.m. at Sactown Union Brewery 1210 66th Street, Unit B, Sacramento, California 95819. Host Autumn Sky brings you a weekly open-mic night to express yourself and be apart of a unique, supportive community! Sign ups at 6:30 p.m., open mic begins at 7 p.m. and it's all ages until 8 p.m. A house guitar is provided (Autumn's own!) to play if bringing yours is difficult. There's beer, pizza next door that delivers to the open mic, and they welcome well behaved dogs. Comedy, DJing, spoken word, poetry, instrumental performance, songwriters, cover heroes and rappers are all welcome.

CORN - HOLE EVERY THURSDAY NIGHT AT SACTOWN UNION BREWERY: Be a part of the Sports Social Club. XOSO Sports Host Corn - Hole League Every Thursday Night from 6:30 to 9:30 p.m. at Sactown Union Brewery, 1210 66th St. VISIT www.xososports.com to register. Because even adults need recess.

FRIENDS AND FAMILY OF SURVIVORS SUPPORT GROUP: Every first Monday of the month from 6 to 7 p.m. Location: Sacramento. Call 916-428-3271 for exact location. Description: Is your friend or family member in a domestic violence, sexual assault, or human trafficking situation? This free, drop-in group is for you. Learn how to support your loved one, and receive some support yourself among people who are in the same situation. Feel free to call My Sister's House for more information: 916-428-3271.

#METOO SUPPORT GROUP: Every third Monday of the month from 6 to 7 p.m. Location: Sacramento. Call 916-428-3271 for exact location. Description: This drop-in support group is free, confidential, open to all genders, and available to sexual assault survivors at any point in their healing. Feel free to call My Sister's House for more information: 916-428-3271.
STATE FAIR SCHOLARSHIP APPLICATIONS ANNOUNCED: The Friends of the California State Fair Scholarship Program is now accepting scholarship applications for the 2018 - 2019 academic year. The program offers 14 categories of scholarships ranging from $1,000 - $2,500 each with varying eligibility requirements. Categories include: agriculture, art, academic excellence, business, culinary/hospitality/event management, education, international relations, trade school, viticulture and enology. Applicants may apply for one scholarship category of their choice per year and will be evaluated based on academics, community service, quality of essay and recommendation. Top scholarship winners in select categories may be invited to compete for the $5,000 Ironstone Concours Foundation Scholarship Scholarships are not renewable; however, students may reapply each year as long as they continue to meet the eligibility criteria. The Friends of the California State Fair Scholarship Program is a collaboration between the Friends of the California State Fair, the California Exposition & State Fair, the California State Fair Agricultural Advisory Council, the Ironstone Concours Foundation, Blue Diamond Growers and Western Fairs Association. International Scholarship and Tuition Services, Inc. (ISTS), an independent scholarship management company, hosts the online application process and disburses awards for the program. The deadline to apply is March 2, 2018. Learn more at CAStateFair.org/scholarship. For questions about the Friends of the California State Fair Scholarship Program, please email scholarship@calexpo.com.

SAC UNIFIED POETRY SLAM: Jenny Lynn and Joe Montoya's Poetry Unplugged present The Sac Unified Poetry Slam every third Friday at Luna's, 1414 16th St., starting at 7:30 p.m. The show is unpredictable. The special guests and judges won't be known until they sign up. The slam is three rounds. This is a FREE show with purchase at the cafe, donations are encouraged to cover PSI venue dues and show staffing. $5 to slam (except youth 18 and under) winner takes the whole pot. Luna's Cafe will be serving the freshest juices and licuados in town, nothing frozen or concentrated. The menu also includes sandwiches, salads, our famous quesadilla, fresh-ground coffee, mochas, and other espresso drinks. A nice selection of beer and wine is also offered. Enjoy it all in the comfortable atmosphere of Luna's, one of this area's original cafe galleries. Supporting artists of all kinds for over 30 years.

JANE AUSTEN READING GROUP AT ELLA K. MCCLATCHY LIBRARY: This monthly group reads the works of Jane Austen and meets the third Saturday of each month in the Ella K. McClatchy library from 3:30 p.m. to 5 p.m. All Austen fans are welcome. 2112 22nd St.

Sofa Sale

All sofas, loveseats, sectionals, chairs, ottomans, and recliners are on sale!*



79"

Choose your Fabric or Leather

The Westside
$1359 reg$1499
593249



87"

Choose your Fabric or Leather

The Patton
$2399 reg$2749
672754



86"

Choose your Fabric or Leather

The Sullivan
$1749 reg$1949
713582



89"

The Fenwick
$2399 reg$2749
438545



91"

Choose your Fabric or Leather

The Bexley
$1759 reg$1949
208362



87"

The Roscoe
$2699 reg$2999
601063



83"

Power Headrests

The Tomkins
$1799 reg$1999
161385



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