August 1, 2019 | www.valcomnews.com

East Sacramento News

— BRINGING YOU COMMUNITY NEWS FOR 28 YEARS —

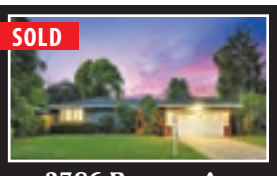




Tom Leonard | 834-1681
Tom.Leonard@CBNorcal.com
CalDRE#01714895

COLDWELL BANKER

4th Generation East Sacramentan


SOLD
3786 Breuner Ave
$750,000
5 beds | 3 baths | 2,038 sqft


PENDING
3770 Erlewine Circle
$575,000
3 beds | 2 baths | 1,557 sqft

Incredible River Park Ranch

This newly remodeled home has a wonderful floor plan, with large open custom built kitchen and big family room. 4 (large) bedrooms, 2 baths, almost 2k square feet, and just the backyard you have been waiting for. Prime interior location, Hardwood floors and custom finishes throughout. Steps to Caleb Greenwood IB School, Glenn Hall Park & all the American River Parkway has to offer.

5724 Callister Ave. - $729,000



Slow for the school zone: Speed limits lowered around East Sac neighborhood schools



www.flickr.com/photos/chunkysalsa/5126300164

The City of Sacramento is in the process of reducing vehicle speed limits near many schools. At the June 4th Council meeting, the City Council voted unanimously to lower speed limits near many of the area schools, including those in District 3. Sacramento was found to have the highest rate of traffic-related fatalities of any city in California. Further, Sacramento had the highest rate of traffic fatalities for someone under the age of 15. Streets around the following Council District 3 schools will see a reduction in the maximum speed limit:

American Lakes School
Bannon Creek School
Jefferson School Sacred Heart Parish School
Saint Francis High School
Saint Mary School
Caleb Greenwood Elementary
David Lubin Elementary
Kit Carson
Phoebe Hearst Elementary
Sutter Middle
Theodore Judah
Garden Valley Elementary School
Hazel Strauch Elementary
Rio Tierra Junior High
Smythe Academy

Expanding Childcare at Caleb Greenwood

The 4th R program at 19 schools in the Natomas, Sacramento and Twin Rivers School Districts are a wonderful before and after school resource for families with children in Kindergarten through 6th grade. Recently, the City Council took action to expand the City-run program at the Caleb Greenwood Elementary School site. The Council approved funding to add a portable classroom to serve 40-60 additional children.

Expansion of the program at other schools is being considered on a case by case basis and in conjunction with the School Principal, School District and families. Parents wishing to see a 4th R Program at their school should reach out to the Principal and School Board Member. The program is self-supporting and receives no general fund support.

Source: District Three Newsletter

The Classics are always in demand...
For classic service for all your Real Estate needs, call Kurt





KURT CAMPBELL
PROFESSIONAL REAL E STATE CONSULTANT
916-956-5878

LYON REAL ESTATE
www.GoLyon.com
CalDRE# 01064713

EAST SACRAMENTO NEWS
WWW.VALCOMNEWS.COM

E-mail stories & photos to: editor@valcomnews.com
Editorial questions: (916) 267-8992

East Sacramento News is published on the first and third Thursday of the month in the area bounded by Business 80 on the west, the American River on the north and east and Highway 50 on the south.

Publisher ..... David Herburger
Editor ..... Monica Stark
Art Director ..... Annin Greenhalgh
Advertising Director ..... Jim O'Donnell
Advertising Executives: ..... Melissa Andrews, Linda Pohl

Copyright 2019 by Valley Community Newspapers Inc. All rights reserved. Reproduction in whole or in part without written permission is prohibited.

Vol. XXVIII • No. 15
1109 Markham Way
Sacramento,
CA 95818
t: (916) 429-9901
f: (916) 429-9906

Cover photo by: Stephen Crowley



SMUD, Sacramento State and UC Davis Health partner on new child development center

East Sacramento Folsom Boulevard location will accommodate more than 200 children

SMUD, Sacramento State and UC Davis Health have joined forces to create a new child development center in Sacramento. Located at 6011 Folsom Blvd., the facility is scheduled to open in early 2021 and accommodate up to 208 children.

The need for the new facility arose out of a shortage of licensed childcare facilities in the area—Sacramento County only has enough licensed child care for 27 percent of young children with working parents, according to the California Child Care Resource & Referral Network.

"We recognize the pressing need for additional childcare services in our region. This three-way collaboration among SMUD, Sacramento State and UC Davis Health leverages our collective resources to expand high-quality childcare services for our employees and the community we all serve. It's a win-win for the partners and the community," said SMUD CEO and GM Arlen Orchard.

"When I arrived here a year ago and started my listening tour, I quickly realized that better child care was a major need for our employees, trainees and doctors. It's my hope this new partnership, sponsored by three major employers in this area, will help to alleviate some of that burden on our faculty, staff and students," said David Lubarsky, chief executive officer of UC Davis Health. "We will all be looking forward to the opening of this new child care center."

Sacramento State President Robert S. Nelsen expressed his support for the new center. "Having day care opportunities for faculty and staff at Sacramento State has long been desired by the Hornet Family," Nelsen said. "I am so pleased that this opportunity has come together and I cannot wait to see the center open."

SMUD's need to transition the Lighthouse Child Development Center, which is located on the SMUD campus on S Street, compelled SMUD to reach out to other major local employers to explore a solution. The building that has been home to Lighthouse for more than a quarter century has reached end of life and will close when the new center opens.

The SMUD, Sac State and UC Davis Health partnership will bring 100 new child care spaces to Sacramento, doubling the capacity of Lighthouse. The new child care center will feature a new playground and more space. The center will be a member of and follow the standards set by the National Association for the Education of Young Children (NAEYC), which aims to promote high-quality learning for children.

All children currently enrolled at the Lighthouse will be guaranteed a space at the new facility. Remaining spaces will be made available to SMUD, Sac State and UC Davis employees. Each partner will have one-third of the total spaces to offer its employees.

Sacramento State's share of child-care placement will be in addition to child care opportunities represented by the center operating on its campus. The spaces allocated to Sac State will be offered to faculty and staff with children. If any of those spots remain open, they could possibly be made available to students with children that are wait-listed for the on-campus child care center. However, the main goal is for the new opportunities to go to faculty and staff.

UC Davis Health's new partnership will augment the current child care offerings provided to employees and students. Equal priority will be given to current UC Davis employees and students, including residents, fellows, post-docs, faculty, staff and visiting scholars, both on the Davis and Sacramento campuses. Waitlists will be managed by the child care center operator. Any remaining slots will be offered to the other partners or the community.

SMUD will continue offering spaces on a priority basis to employees and in the event there are unfilled spaces SMUD will make them available to the community. More information about pricing and enrollment will be made available in the coming months.

Source: https://www.smud.org/



Photo courtesy

Shown here is the current location of Lighthouse Child Development Center, which is located on the SMUD campus on S Street.

FUNERAL DIRECTORY

Call Melissa at (916) 429-9901
www.valcomnews.com

Harry A. Nauman & Son

Dignity
FD366

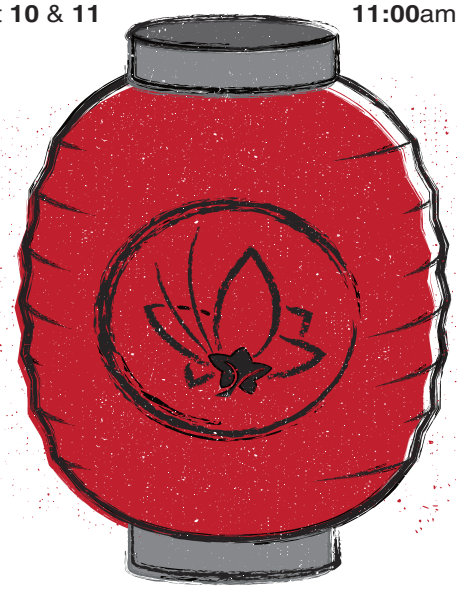
4041 Freeport Blvd
Sacramento, CA 95822
(916) 452-6157

Serving Sacramento Families since 1903.
Pre-arrangement packages available.

BAZAAR

BUDDHIST CHURCH OF SACRAMENTO
73RD ANNUAL JAPANESE FOOD & CULTURAL FESTIVAL

August **10** & **11** **11:00**am – **8:00**pm



Buddhist Church of Sacramento
2401 Riverside Blvd.
Sacramento, CA 95818

parking under Highway 50 at 8th & X Street
city rates may apply

buddhistchurch.org
916-446-0121

The lowdown on the uptick of feral cats and what to do about it

By Charlotte Sanchez-Kosa

For proponents and those against the Trap, Neuter and Release program in Sacramento County, there is a fine line to walk when it comes to dealing with the common problem of what to do with all the stray and feral cats. Some experts believe that by neutering, spaying and releasing the cats, the population will eventually decrease. However, others do not see the advantage of the program and they feel that euthanizing the cats is the best course of action.

According to information posted by the The Wildlife Society, numerous scientific studies have found that trap-neuter-release operations don't work and that feral cats that are released back into area ecosystems after being vaccinated can still greatly affect people and animals living in the area.

The post also states that feral cats and other free ranging cats, will lower the amount of wildlife in an area especially species that nest on or near the ground like the Ovenbirds, Quail and Killbirds.

"In addition, free-ranging and feral cats can cause serious harm to populations of rare or endangered wildlife, especially when human-supported cat colonies concentrate large numbers of feral cats within the range of an at-risk species." the post states.

The article also emphasizes that feral cats do spread diseases such as rabies, toxoplasmosis, bar-tonellosis, and salmonellosis which can all be transmitted to humans.

On the flip side those who support the program, say it does work and feral, stray and domesticated cats need to be spayed and neutered.

According to information on the Sacramento County Animal Control Website, spaying and neutering of all cats is very important. The cats can become pregnant repeatedly and have five to seven kittens in each litter.

"An unaltered female cat can produce hundreds of kittens in a lifetime, and if those offspring are not spay/neutered, the population explodes," the information states. "Our shelter receives hundreds of feral cats and kittens every year. Please do everything you can to make sure that every cat is spayed or neutered."

The Website also states that catching and euthanizing is an endless proposition and doesn't work.

"Feral cats choose a location because there is a food source and shelter," the site states. "Removing feral cats from a location is very ineffective as it opens a territorial void for more unaltered cats to move in, starting the breeding cycle all over again."

According to Sacramento Feral Cat Resources, there are an estimated 100,000 to more than 200,000 feral cats in Sacramento County.

"We came into existence in 2012 when the county decided that they would no longer euthanize and

Not all those cats were born feral," said Linda Morgan, of SacFerals. "Some of them are simply pets who have been left behind for one reason or another. But the bottom line is that it all comes down to controlling the population in a humane way and they decided to have a Trap, Neuter and Return program. Then they realized that people didn't have any knowledge of these cats and what was going on or anything. So they developed Sacramento Feral Cat Resources as an offshoot so that we are an information clearing house for people."

She added the resource group provides information that people might need to get through the process of trying to control the cats in their neighborhood.

"Over seven years, we've had probably 3,600 colony reports and a good 20,000 plus cats that have come through the system," Morgan said. "Lots of them are not altered because there is simply not the volunteers or people who are willing to do this. The other major issue is that you don't have the shelters that are set up with the capacity or the program to handle the spay and neuter of these cats."

Morgan added, however, that there are low cost programs for residents who do want to participate in TNR.

Mary, a volunteer in Sacramento County, has been taking care of several colonies for about 10 years.

"After I retired I joined a gym and as I'm driving through the parking lot, I noticed all these mangy-looking cats," Mary said. "They looked like they were starving to death so I went back home to get some cat food for them. So every day when I went to the gym, I fed the cats first."

One day while she was feeding a woman came up to her and asked if she was feeding the cats. When Mary admitted to it, the woman told her that she was also feeding them and not only that, other women from the gym were doing it.

The woman suggested that they all get together and work together on feeding so that the burden of buying food didn't just land on one person.

"We've all become friends," Mary said. "We call ourselves the crazy cat ladies."

For Mary and others like her, taking care of the cats is not crazy at all. She is simply trying to help curb a growing problem and she hopes that through education, others will do the same. On any given day, Mary feeds and waters several colonies in the Arden area. All the cats have names and all come when she calls them. In addition, she keeps track of them. She also watches for health issues.

At one of the locations that she feeds, the property owner is thankful because the cats help curb the rat and mouse population.

Another cat caregiver who lives in the Arden area but did not want to be identified said that when she first saw a female feral in her yard, she had no clue what to do. She was irritated that it had taken up residence in her yard and had even considered not

see CATS page 11

PEACE OF MIND.
Triple-R
ADULT DAY CENTERS





A safe & uplifting place to spend the day,
while family caregivers go to work or take a needed break.

Daytime Memory Care Services since 1992

www.TripleR.org ▪ (916) 808-1591

City of SACRAMENTO
Older Adult Services

South Land Park | Midtown | Woodlake

Brothers Stick together Through Thick and Thin

By Jan Dalske

When I met these two young men I was surprised to discover that they were actually brothers. They were waiting on the bench in front of the local library. It was early in the morning and the library was not open yet. I noticed that they had backpacks and bags with them and I asked them if they were homeless. They both nodded their heads and said that they were. They seemed sad and looked tired.

I was sure that they had come to the library to get inside a cool place. It was going to be another very warm day in South Sacramento. Temperatures would reach over 100 degrees in the shade. And they could stay at the library all day if they wanted to do that. There was an area in the back of the library where they could put down their things, and rest their heads on the tables. No one would bother them.

I asked them if they could tell me their stories and they nodded, and said that they were interested in doing that. They told me that they had been part of the group of homeless people that had been forced off of the land on Stockton Blvd. They had been camping there for a few months. They had met a lot of other people who, just like them, had nowhere else to go.

And, now, they were living on the streets, in alleys, in parking lots, anywhere they could find a place. They slept in places that most people would be afraid to stay. They had some of their belongings stolen when they rested. They had to take turns sleeping, if one of them could stay awake. But, sometimes they were both just too tired to keep their eyes open.

When they got hungry they had to get food from the local fast food places with money that they begged for on the street corners. Some people would be generous with their donations, and some called them names and made them feel bad for being homeless.

I asked them where their family was. They told me that they had not seen their father since they were boys. He had abandoned the family. And, soon after that, their mom had met another man. He did not want to raise anyone else's sons, and told her that he would not be with her if she had her sons with her. So, she told her young sons to leave.

They were too young to get jobs, just barely teenagers, and had no other relatives. They gathered up their meager belongings, and left their family apartment. They had no idea where to go or what to do. When they noticed people camping on the vacant land, they decided to join them. They had one thing in common. They had nowhere to sleep.

Now they just wander around the City of Sacramento, looking for a safe place to sleep every night. They beg for money for food, and use the restrooms in fast food places to clean up. They very seldom get to have a hot shower. But, now they know where they can go to get one. The Wellness Center on Florin and Bowling has free facilities to clean up.

These two young men are just like all of the other people that we see on our streets. They are not criminals. They did nothing wrong. They just found themselves in a situation that they had no control over. They are the victims. They are not criminals. I hope that I see them again sometime. I want to know if they are okay and what they have been doing.

But, in the meantime, I know that they have each other and that means a lot to them. That is all they have right now, that, and their hopes for a better future.

Americanisms



"An opinion should be the result of thought, not a substitute for it."
— *Jef Mallett*

© 2019 King Features Syndicate, Inc.

5 Year FIXED RATE
Home Equity Line of Credit Loan

4.25% Initial APR*



CHECK THE EL DORADO ADVANTAGE:

- ✓ FIXED RATE for 5 Years
- ✓ Local Processing & Servicing
- ✓ No Closing Costs on Qualifying Transactions
- ✓ Flexibility and Convenience
- ✓ Have Funds Available for Current and Future Needs
- ✓ Home Improvement, Debt Consolidation, College Tuition
- ✓ Interest May be Tax Deductible (Please consult your tax advisor)

EL DORADO SAVINGS BANK
Serving our local communities since 1958

www.eldoradosavingsbank.com

5500 Folsom Blvd. • 916.452.2613
4768 J Street • 916.454.4800

Se Habla Esplanol • 800-874-9779

Member FDIC

EQUAL HOUSING LENDER

*The initial Annual Percentage Rate (APR) is currently 4.25% for a new Home Equity Line of Credit (HELOC), and is fixed for the first 5 years of the loan which is called the draw period. After the initial 5 year period, the APR can change once based on the value of an Index and Margin. The Index is the weekly average yield on U.S. Treasury Securities adjusted to a constant maturity of 10 years and the margin is 3.50%. The current APR for the repayment period is 5.625% The maximum APR that can apply anytime during your HELOC is 10%. A qualifying transaction consists of the following conditions: (1) the initial APR assumes a maximum HELOC of $150,000, and a total maximum Loan-to-Value (LTV) of 70% including the new HELOC and any existing 1st Deed of Trust loan on your residence; (2) your residence securing the HELOC must be a single family home that you occupy as your primary residence; (3) **if the 1st Deed of Trust loan is with a lender other than El Dorado Savings Bank, that loan may not exceed $200,000 and may not be a revolving line of credit.** Additional property restrictions and requirements apply. All loans are subject to a current appraisal. Property insurance is required and flood insurance may be required. Rates, APR, terms and conditions are subject to change without notice. Other conditions apply. A $525 early closure fee will be assessed if the line of credit is closed within three years from the date of opening. An annual fee of $75 will be assessed on the first anniversary of the HELOC and annually thereafter during the draw period. Ask for a copy of our "Fixed Rate Home Equity Line of Credit Disclosure Notice" for additional important information. Other HELOC loans are available under different terms.

30th Year for the Sacramento Multi-Day Stand Down Event for Local Veterans

By Jan Dalske



This year marks the 30th Year for the "Stand Down" Event. The event will be held on Friday, August 9th and Saturday August 10th. "We are taking action to end the atrocity of Veteran Homelessness. We ask that you stand with Stand Down to help our community veterans".

The McClellan Conference Center, at 5411 Luce Ave McClellan Park, CA is the location for this event. "Stand Down" is anticipating more than five hundred Veterans and family members to be in attendance.

This annual event works to offer the homeless or marginally housed veterans "a hand up, not a hand out". Multiple services are available. These services include a court where you can clear up minor warrants. Veterans' Affairs officials will be on hand to help veterans who have lost their proof of veteran's status obtain a replacement needed for veterans' services.

Hundreds of homeless veterans will be provided with a broad range of services and goods, including food and clothing. They will also receive medical, legal, and mental health assistance. There will be onsite job counseling and employment referrals. Veterans can make some new friends. This event creates a place to connect with other members of the homeless veteran population.

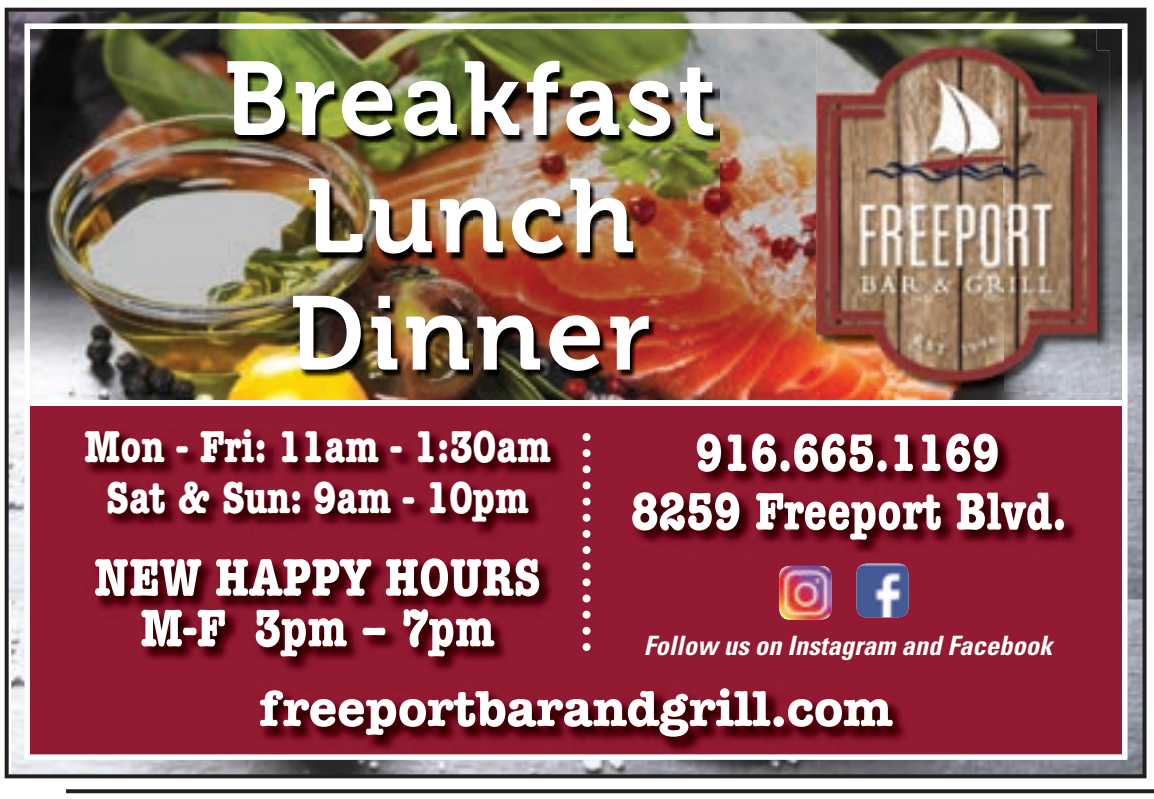
This homeless crisis affects each and every town, city and state in our country. The philosophy of "Stand Down" is carried out through the work of hundreds of volunteers who want to "give a hand up, not a hand out". The event often will have a barber to help the attendees present a better image in their job searches, as well as many other practical services.

The purpose of the annual event is to allow many organizations to connect as well as to make that connection with a Veteran and to help them to ensure that they are receiving all of the benefits that are available to them. Stand Down wants to help solve any problems in an easy way.

Veterans receive many more resources that the average person does. The biggest obstacle is for the veteran to be connected to the resources and for them to follow through. The real issue is to get the Vet connected and to make sure that the Vet follows through. These local events break down many of those barriers. You can learn more about this event online at: www.SacramentoStandDown.org

Sacramento Stand Down operates year around to help veterans. But, the two day event is worthwhile since so many services will be available in a "one stop shop". There are many more resources available for vets than for the average person, and they can find out about them at this event.

Congressman Ami Bera's office is happy to be a resource for Veteran's. His website has an entire page dedicated to this: https://bera.house.gov/helpforvets Congressman Beri shared, "As a doctor who has helped care for Veterans, I've seen firsthand how much they've sacrificed for us," said Rep. Ami Bera, MD (CA-7). "The high rates of unemployment and homelessness among Veterans is unacceptable. We must do a better job of ensuring our veterans have the support services and opportunities they've earned, including affordable housing. They deserve nothing less than our unwavering support. That's why I supported the Mather Veterans' Village for disabled and homeless veterans in Rancho Cordova. This facility is a community of service members who can support veterans in need. My office worked to secure federal housing vouchers to keep this project on schedule and we've connected the veterans living there with resources and services."



"Raising our Voices Together as One" Unity Concert Planned for August 18th

By Jan Dalske



Raising our Voices Together as One" Unity Concert is planned for Sunday, August 18th. There will be two shows, one at 3 pm and another at 6 pm. The event brings together hearts and voices from all across the Sacramento Interfaith Community to celebrate diversity and unity.

This once a year event will take place at St. John's Lutheran Church located at 1701 L Street in Sacramento, CA. They had a sold out inaugural performance in 2018. The Unity Concert is led by the acclaimed Choral Director Steven Johnson. He is the Choral Director for the Sacramento Gay Men's Choir St. John's Lutheran Church.

This concert officially launches Habitat's Build for Unity Project. This project is a community and multi-faith collaboration piloted in Sacramento which has not spread nationwide and seeks to bring people together of all different creeds, colors, and communities to break down barriers and build homes and unity. The concert is free to attend, family friendly and open to the press and public.

Piloted in Sacramento by Habitat for Humanity in Greater Sacramento in 2016, Build for Unity is an interfaith build which seeks to bring people together of all different faiths and background to come together to break down barriers and build homes and unity. The pilot Build for Unity Project brought together 180 different faith organizations and individuals from across the Christian, Muslim, Jewish, Buddhist, Sikh, and non-denominational faith communities to build two homes side by side in North Sacramento. Since the pilot Sacramento project, "Build for Unity" initiatives have sprouted all across the nation in over three dozen cities from Los Angeles to Houston to New York City.

"Regardless of the division that so often continues to dominate our world's narrative, it is our greatest hope that the Unity Concert, as well as the entire Build for Unity Project, will serve as a convener for healing, celebration, and unity in our Sacramento community." Says Habitat for Humanity Sacramento CEO, Leah Miller. "Following the recent attacks on the Tree of Life synagogue in Pittsburg and growing national rhetoric which continues to divide us, Habitat looks forward to bringing people together through Build for Unity for all different faiths and backgrounds to break down stereotypes and division and build homes, community and hope in our greater Sacramento community and beyond."

Habitat for Humanity of Greater Sacramento is celebrating 33 years of building hope and homes in Sacramento and Yolo County. Since its inception they have provided critical repairs to dozens of senior and Veteran homeowners to help them stay in their homes and age with dignity. You can find out more about their work and how to volunteer on the website: www.habitatgreatersac.org

This event is free and family friendly. Their goal is to raise awareness and support for the "Habitat for Humanity Build for Unity" project. You can learn more about the project or find out how to get involved by visiting this website: HabitatGreaterSac.org/BuildforUnity.

Are you a singer? Are you interested in joining the Community Interfaith Choir? Space is limited. You must be available for rehearsal on all of the following dates: July 31, 7-9 pm, August 14th from 7-9pm, and August 17th from 10 am to 12 pm.

For more information, please contact Kaitlyn Bathke at KBathke@HabitatGreaterSac.org

Enjoy Life at Pioneer Tower
A 55+ Community



Come Tour Our Downtown Facility Featuring:

Spacious 1-bedroom apartments with complete kitchens, new appliances, walk-in showers, large closets, balconies, lovely views

We pay utilities, offer free transportation to shopping and medical appointments.

- Active residents association with a variety of social activities
- On-site Service Coordinator
- 24-hour maintenance, compassionate, caring staff
- Small pets welcome
- Rental Assistance Programs for income- qualified applicants

We Pay Utilities!

Active Senior Living Retirement Community

515 P St., Sacramento

(916) 442-2907

www.rhf.org EOE

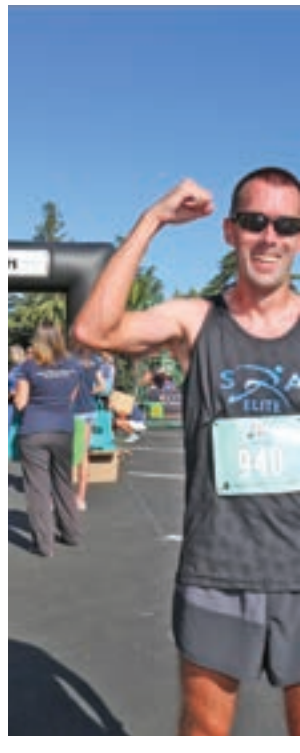
Faces and Places: Fab 40s 5k Run/Walk

Photos by Stephen Crowley

Supporters of the Alzheimer's Association laced up for the annual Fab 40s 5k Run/Walk (Kid and dog friendly) on Saturday, July 27, which started and finished at East Lawn Cemetery, 4300 Folsom Blvd.



Fab 40s
EAST LAWN
City of Sacramento Championship
5k Run/Walk





























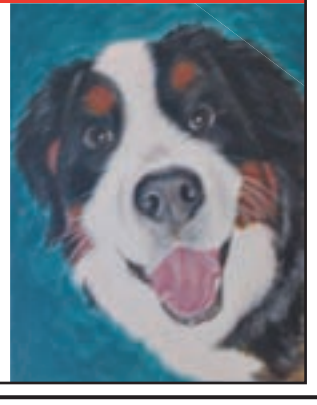








Pet Portraits
ONE-OF-A-KIND PAINTINGS ON CANVAS
A perfect gift for the animal lover!
TWO-WEEK TURN-AROUND
Acrylic, lifelike paintings from high resolution photographs
Call Melissa for rates
916.399.5719



26 55.847
Fe
Iron
SACRAMENTO, CA ART GALLERY
MYTHIC
An imaginative realism and pop surrealism group show.



UTOPIA (glass) BY HASNA SAL
OPENING RECEPTION:
Sat, Aug 10, 2019, 6:00 PM
SHOW RUNS THROUGH:
Fri, Sep 27, 2019, 9:00 PM
1100 65th St. - (916) 456-4455
www.FeGallery.com

Ice cream parlors have long history in Sacramento area



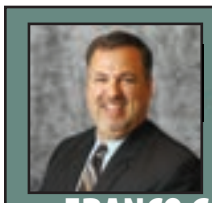
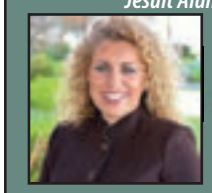
Photo by Lance Armstrong

Shasta Ice Cream opened its 21st Street and 3rd Avenue store in about 1950. The structure, pictured on July 19, was previously occupied by Mrs. Murphy's Bakery.

By LANCE ARMSTRONG

Editor's Note: This is the second article in a two-part series about current and past ice cream parlors in the Sacramento area.

Stopping by an ice cream parlor for scoops of ice cream during the hottest months of the year is a tradition long enjoyed by residents of the Sacramento area.


MASTERS CLUB
OUTSTANDING LIFE MEMBER
FRANCO GARCIA
(916) 206-3802
lic# 00925201
Jesuit Alumni

MASTERS CLUB
LIFE MEMBER
ROSANNA GARCIA
(916) 202-7294
lic# 01058309
St,Francis Alumni
GARCIA REALTY

GREAT LOCATION!
Unit 1 & 2 are remodeled/updated. Unit 1 has granite kitchen, new cabinets, s/s appliances. Unit 3 is large space can be an owner occupied unit. Bathrooms have been updated. Unit 4 has long term tenant, large studio. Triple pane windows. Units 1 & 2 have washer/dryers in units, 3 & 4 share w/d in garage storage area. Garages are currently unoccupied, but could be another source of income. New landscaping.
6 Beds, 5 Baths, 3100 SqFt
324 29th Street • $875,000
2100 28th Street • (916) 452-7535
www.GarciaRealEstate.com

In the first article of this series, readers were presented with details about the current, local ice cream parlors, Vic's Ice Cream, in Land Park; Gunther's Quality Ice Cream, just west of Oak Park; and Leatherby's Family Creamery, in the Arden area, Elk Grove and Citrus Heights.

But long before the establishment of those local institutions, people were drawn to other Sacramento area ice cream parlors, which are no longer in operation.

The following are summaries of some of those parlors of days gone by:

Hagelstein's ice cream and candy factory

Hagelstein's ice cream and candy factory is an example of an early ice cream parlor in Sacramento.

This 19th century business was established at 830 K St. by Gustave "Gus" Hagelstein, who began working as a candy maker for Henry Fisher's candy factory and restaurant at 508-510 J Street in about 1883. He was operating his own business by December 1886.

An advertisement for Hagelstein's parlor appeared in the July 7, 1887 edition of The Sacramento Bee.

A portion of that advertisement reads: "Ice cream! From pure cream; the best in the city. Nothing is more refreshing these hot days than a plate of Hagelstein's pure ice cream." The advertisement also refers to Hagelstein as a "manufacturer of homemade and French candies."

Hagelstein remained in business until at least August 1888.

Shasta Ice Cream

The Shasta Ice Cream Co. opened a factory and store at 2814 Y St. (today's Broadway) and a branch store and sandwich shop at 1013 Alhambra Blvd. on March 3, 1928. The original owners were Wert Irwin and Fred Harms.

A variety of flavors of ice cream could be purchased at this business at that time for 40 cents per quart.

Among the longtime favorite ice cream made at the Shasta factory was fruit salad ice cream, which was made with vanilla ice cream, fresh fruit and nuts.

By August 1928, the business was producing 100 gallons of ice cream per day.

On the occasion of their fifth anniversary, on March 18, 1933, Shasta Ice Cream sold double scoop ice cream cones for children for 5 cents each.

The business was operating a third store at 1600 L St. by 1936.

Shasta Ice Cream offered ice cream, fountain service and breakfast, lunch and dinner at all three of those locations.

With the elimination of its Alhambra Boulevard and L Street stores in about late 1942, the company became a single site operation.

That location – 2814 Broadway – was replaced by a store at 2794 21st St., at 3rd Ave., in about 1950.

Irwin, who was a native of Ohio, continued the operation of Shasta Ice Cream until about 1977, and died at the age of 97 on May 29, 1986.

Among the employees who worked for Irwin at the 21st Street parlor was Rick Klopp, a 1965 C.K. McClatchy High School graduate and current co-owner of Gunther's.

Country Maid Creamery

Among the most popular Sacramento area ice cream parlors of the past is Country Maid Creamery.

This business, which was located at 1030 J St., just south of the Elks Building at 11th and J streets, opened its ice cream store in the summer of 1935.

It was established by F. Norman Countryman Jr. and his wife, Dorothy, who were formally faculty members of a boys' school in the Santa Cruz Mountains, south of San Jose.

Country Maid, which manufactured high grade ice cream and also served lunches, added a candy department in the fall of 1935.

The establishment suffered a great loss with the death of Norman at the age of 26 on May 5, 1937. He died from uremia – a condition involving a high level of waste products in the blood.

Dorothy last worked at the Country Maid in August 1937, and later became a teacher at several

see ICE CREAM page 11

Ice Cream:

continued from page 10

Sacramento schools, including California Junior High School – now California Middle School. She died at the age of 93 in 2006.

Later Country Maid proprietors, Bob and Ed Williams, operated this parlor for more than three decades.

In 1946, Country Maid added an adjacent store building to house its fountain lunch and candy business operations.

Country Maid's many awards for its ice cream included a gold medal for its vanilla ice cream at the 1955 State Fair.

A 1957 telephone book listing for the Country Maid mentions that is was then "open daily & Suns. from 7 a.m. to 1 a.m."

The business moved its ice cream manufacturing plant to West Sacramento in 1958, and Country Maid's J Street location remained in operation under its last owner, Juanita Sowards, until her death in 1981.

Duane's Ice Cream

East Sacramento became home to Duane's Ice Cream at 5112 Folsom Blvd. in 1948.

The business was established by Iowa native Duane C. Cady, who served as a second lieutenant in the Air Force during World War I.

A 1954 advertisement for the business notes that the parlor offered hand-packed ice cream for take-out.

A two-alarm fire threatened Duane's Ice Cream during the early morning of Aug. 16, 1954.

Robert "Doc" Campbell, owner of the nearby Doc's Place root beer stand, alerted the fire department about the fire in the 5100 block of Folsom Boulevard.

The fire, which was caused by an overheated refrigerator motor in a neighboring business space, caused only smoke and water damage to Duane's Ice Cream.

About two weeks after the fire, Duane's won bronze medals for its strawberry and vanilla ice creams at the California State Fair.

Cady, who was also a member of a local Masonic lodge and the Unitarian Society of Sacramento, resided at 1529 41st St. in East Sacramento.

He retired from operating his ice cream parlor in 1957, and died at the age of 77 less than three years later.

Cats:

continued from page 4

feeding the cat or relocating it. Then the kittens came.

"Once I saw them, I just couldn't harm them," she said. "I couldn't just let them starve."

Nor could she, according to a county ordinance, it is against the law to trap and relocate the cats.

So after contacting SacFeral, she became involved in the TNR program. Last year she had a total of five cats, this year, she has only two. The three cats have either wandered off or have been hit by cars. The two remaining are the kittens, now grown into adults. All have been neutered or spayed. All have the tip of one ear clipped as a sign that they have been neutered or spayed.

But not everyone is as cooperative when it comes to the cats and not everyone who has domestic cats will get them neutered or spayed. The cats that are wandering outside come in contact with the ferals and the mating cycle starts all over again.

According to Morgan, cats can have a territory of several blocks to about a mile depending on how populated the area is and it's not just feral cats. People who own domesticated cats need to be responsible and have them neutered and spayed as well.

But the TNR Program would not be available if it wasn't for funding support from Sacramento County. There are also companies in Sacramento who contribute funds and time as well.

During a 2019 and 2020 budget meeting of the Sacramento County Board of Supervisors on June 11, there was discussion of decreasing the funding of the spay and neuter programs for the feral cats as well as cutting back on funding for on-call veterinarians for cats that need help after normal business hours.

"We get people all the time who say, 'here's a sick cat. I found it. What do I do with it?'" Morgan said during the meeting. "Before, you could call and someone from animal control would make sure the cat was picked up and taken care of or you could take it there."

After the supervisors held their discussion, the Society for the Prevention of Cruelty to Animals TNR program was fully funded for $110,000, the TNR program was funded at $70,000, the emergency veterinary services was funded at $68,000 and the community outreach programs was funded at $30,000.

For Morgan and other proponents of the program, getting the word out about ways to deal with the problem is very important.

According to Sacferals, "feral cats are a neighborhood issue. They are not just the responsibility of whomever is feeding them or the neighbor who doesn't want them around Those who get involved and actively participate can make a difference and help control and reduce the population."

For more information on dealing with feral cats in your area, visit SacFerals at http://www.sacferals.com/.



Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901

ADDITIONS/RENOVATIONS

"BUILDING YOUR DREAMS"

HARTIGAN
CONSTRUCTION Inc.

General Contractor

Call today to schedule your FREE estimate with Joe!

- Design/Build
- Full Renovations & Additions
- We offer Design & a full set of plans
- Knock down rebuild, Kitchen Renovations, Casitas

916 372-0530
320-8477

www.HartiganConstruction.com

ADDITION SPECIALIST

LYTLE CONSTRUCTION INC.
Remodeling and Design
LIC# 480492

Certified Kitchen & Bath Remodeler

Award-Winning Design/Build Firm
Serving Sacramento for more than 25 years

- Additions
- Kitchens
- Bathrooms
- Custom Cabinetry

FREE Consultation
916-422-6639

www.lytleconstruction.com

DOG POOP REMOVAL SERVICE

The Doo Doo Squad
DOG POOP PICK UP SERVICE
1st Month FREE
Weekly Service, One-Time Pick-Ups
Deodorize & Neutralize Yards
Serving Greater Sacramento, Yolo, Placer, & El Dorado Counties
916-364-7667
DooDooSquad.com

ASBESTOS/LEAD/MOLD/SILICA/RADAR TESTING

Westech Environmental LLC
CA State Certified Asbestos Consultant

ASBESTOS & MOLD TESTING

Westech Environmental

Commercial & Residential *Member: American Industrial Hygiene Association*

5960 South Land Park Drive #367, Sacramento CA 95822
916-392-2006 • www.1westech.com

CONSTRUCTION/HAULING

db DB Site Services
Commercial & Residential Hauling
Reliable -Dependable - Insured

Lic# 627768

Residential/Construction waste removal
Foreclosure services • Yard clean ups
Handyman services • Demo • Drop bin services

Bobby Timms • 916-402-7546 • dbsiteservices@gmail.com

ELECTRICAL CONTRACTOR

CAPITOL ELECTRIC
Reasonable Residential & Commercial Work since 1960
Repairs, Trouble Shooting
Custom Lighting/FREE Est.
Excellent ref from Angie's List

(916) 451-2300
Cell: 213-3740
Neil McIntire — C.S.L.# 394307

CONSTRUCTION/REMODELING

NARI

SURE BUILT CONSTRUCTION INC.
32 years experience! Licensed - Bonded - Insured

Premiere Remodeling and Restoration Experts
SPECIALIZING IN LUXURY KITCHENS & MASTER BATHS

Mario Gonzales, CEO CL 1050679
Office: **916 692-8280** Cell: **916 802-8225** **www.surebuiltco.com**

CREATURE CATCHERS/REMOVAL

CREATURE CATCHERS
WILDLIFE MANAGEMENT



Creature Catchers Wildlife Management
"If it walks or flies, we'll remove it"

Humane and non-toxic solutions for both animals & man
Dead Animal Location/Removal • Exclusion Work
Live Trapping • Humane Removal • Repair
Skunks • Fox • Raccoon • Opossum • Squirrels
Mice/Rats • Birds/Bats (bat elimination)

CreatureCatchers.org **530 885-PEST(7378)**
California State Trapping License #7781 - Insured by Lloyds of London



CLEANING

Prime Quality Maintenance

- **Window Cleaning** (inside/out/screens washed)
- **Rain Gutter Cleaning**
- **Pressure Washing** (all surface areas)
- **Junk Removal/Hauling**
- **Landscape Maintenance**

Free Estimates
Licensed & Insured

CSL# 996271

Call or Text Jesse: 916 417-4231



FENCING SERVICES

NO JOB IS TOO SMALL
Serving Sacramento & surrounding communities

Specializing in:
Wood Fences (New or Repair)

VINSON FENCE CO.
Licensed, Bonded & Insured Lic#1049925

Family Owned & Operated

Call Rick 916-239-5192
email: rick@vinsonfence.com

FREE ESTIMATE

HARDWOOD FLOORING

Hardwood Flooring

Specializing in installing, sanding and finishing hardwood flooring or repair and refurbish your current floors.

Call Michael:
(916) 383-8742

Lic# 544159
References Available

HANDYMAN

Summer Yard Clean-up Specials!

- HAULING & YARD CLEAN-UP
- RAIN GUTTER CLEANING
- CONCRETE REMOVAL
- HEDGE TRIMMING/SHRUB REMOVAL
- PRESSURE WSHING

CALL LESTER
(916) 838-1247
LIC# 128758/REF

Pressure wash your driveways clean! Your decks too!
Clean out your garage! Replace tt old lawn too!
Hard work-not a problem!



SPECIALS FOR SENIORS/*SERVING THE AREA FOR OVER 20 YEARS*

HANDYMAN

FREEDOM HANDYMAN SERVICE
I specialize in all areas of home improvement !
Quality work the first time, guaranteed!
Carpentry - Electrical - Plumbing - Demolition
Sprinklers - Sheetrock - Dryer Vent Cleaning
Fix leaks of all types
Accepts All Major Credit Cards "Senior Discount"

NO JOB TOO SMALL! **Call Eric (916) 470-3488**

Home Improvement Guide: a "Keeper" by our readers



Great exposure in these four upscale neighborhoods:
Arden-Carmichael, East Sacramento, Land Park & Pocket/Greenhaven.

Contact Melissa at 916-429-9901



Your Home Improvement Guide

HANDYMAN



D&H Service

Office: **916-428-5907**
Cell: **916-206-8909**

Interior and exterior painting
Fence Installation
Tile Installation
Dry Rot Repair

25 years of experience

HAULING

Get - R - Done Hauling

Tear Downs
Fence Removal
Trees & Shrubs
Backyard Cleanup
Handyman Services
Debris Removal
Small Jobs
Moving
& much more!

Licensed & insured
Price: $75 & up
Whatever It Takes
CALL ANYTIME!
Greg (916) 370-0565



4 papers, 1 low price!

Advertise your service in this section, today!

Call 429-9901

LANDSCAPING

Sacramento Landscape Company

Enduring, Beautiful, Affordable

Wayne Blanchard, Owner 916-832-2010

RESIDENTIAL – 'no job too small'

- New landscaping/renovations
- Plantings/new garden space
- Irrigation-new or repairs
- Other landscaping

www.sacramentolandscape.net - State cont. #770400 - saclandsacape@gmail.com

FREE ESTIMATES ***15 years experience***

PAINTING

GARY'S PAINTING

FREE Estimates!

- Warranty
- Senior Discounts
- Professional & Reliable
- Interior & Exterior Painting
- Using only Kelly-Moore Paint!

CSL #734323

(916) 725-8781

PAINTING

SOVEREIGN PAINTING

Quality craftsmanship 3rd Generation Painter with over 30-years experience

(916) 422-4416

sovereignpaintingco.com
sovereignpaint@yahoo.com

Dan Sovereign, Interior & Exterior Painting
Lic.# 484215
Better Business Bureau Member

PAINTING

COOK PAINTING

Full Service Company – Start to Finish

CSL# 432951

Freshen Up Your Home
VCN Special

In business since 1982

- Custom Painting
- Super clean, neat & fast
- Interior/Exterior
- Cabinets

Specializing in custom trim & moulding!
Color Consultants
FREE ESTIMATES

As seen on yelp

(916) 591-5056

PLUMBING

Mack's Plumbing

Repairs - Replacement - Service

916 761-5780

License # 784099

PLUMBING

ROONEY'S PLUMBING

FULL SERVICE PLUMBING

456-7777

rooneysplumbing.com

License #683668

ROOF/GUTTER CLEANING

Stan The Man

est 2007

* ROOF / GUTTER CLEANING
* WINDOW CLEANING
* PRESSURE WASHING
* SENIOR DISCOUNTS

916.601.1030

Cleaning and Repair
Sacramento, CA

TILE WORK

NIETO'S TILE & LANDSCAPING
RESIDENTIAL & COMMERCIAL

Frank Nieto
(916) 480-9512

Sprinkler Systems (Install & Repair)
Fencing • Plumbing
Electrical • Painting
Concrete • Tile Installation
Granite Fabrication
Laminate/Wood Floors

NietosTile@sbcglobal.net www.nietostile.com Lic. #917883

TILE WORK

BAXTER TILE

EXPERT INSTALLATION REMODELING & REPAIR

Ceramic • Marble • Granite
Floors • Counters • Walls

40 Years Experience • FREE Estimates

916-213-4669

License #668100

CLASSIFIED ADS

BOOKKEEPING

#1 CONCIERGE BOOKKEEPER
36 years exp. in industries like Auto, Mechanics, Restaurants, Caterers, Massage, Doctors, Chiropractors, Non-Profits, Retail, Marshal Arts, Barber, Construction, Wholesale, Investment Clubs, Corp, Partnerships, Small Business. We are experts in General Ledger, Payroll, Profit & Loss & Quarterlies. Call for your concierge appt. Same low 1990 rates. Ask for Irene Senst (916) 640-3820, Nevada (775) 410-3422. www.taxirene.info • taxireneinfo@gmail.com

YOUR AD HERE

RESERVE YOUR SPACE IN THE CLASSIFIEDS! CALL 916-429-9901

BUSINESS SERVICES

#1 CONCIERGE BUSINESS SERVICES
Put our 36 years in Concierge Business Support Service to work for your business. We provide support in: Licensing, Business & Corp Start-ups or Closures, Basic web design, Set-up social media. Business Concierge Shopping, Marketing and much more. Please contact Irene Senst (916) 640-3820 CA, (775) 410-3422 NV. www.taxirene.info • taxireneinfo@gmail.com

HANDYMAN

HANDYMAN SERVICES
No job too small. Make your "to-do" list and give me a call. Electrical, Plumbing, Tile, Sheetrock,Plaster, Stucco, Repairs and Remodeling, you name it! **Lic# 908942. Call Steven at 230-2114.**

SPECIAL ALZHEIMER'S LIVING

REVERE COURT

MEMORY CARE Lic. #347001338/342

Do you enjoy making people smile?

Do you want to work with people who care? Are you ready to join a team that makes a difference every day? If so, you may be interested in becoming a caregiver!

Stop by Today!

www.reverecourt.com
(916) 392-3510
7707 Rush River Dr. Sacto, CA 95831

www.valcomnews.com

FOR SALE

2003 FORD FOCUS FOR SALE
White. Mileage 127 K.
Well cared for, great little car.
$3,500 FIRM.
In Pocket area.
Call 916 399-5719

HANDYMAN

CLEAN-UP SPECIALS!
Summer yard cleaning – Yard clean-up. Rain gutter cleaning, pressure washing/power spray, hauling, yard work, painting, tree & shrub removal, clean-up, fence repairs, light tree trimming, & more. Ref avail. Call Les at 838-1247. **22 yrs. exp. Specials for seniors. Licensed**

TAX PREPARER

#1 CONCIERGE TAX PREPARER
36 yrs. exp. We specialize in Business Tax returns including Corp & Partnerships. FREE Pick-up & Delivery to those who qualify. We prepare expertly **all past tax returns** including all State returns. Get the most deductions allowed to you by law. CTEC + IRS Registered & Bonded. Please call for your appt. today. Irene Senst (916) 640-3820 CA, (775) 410-3422 NV. Same low 1990 rates. www.taxirene.info • taxireneinfo@gmail.com

FOE SALE

CLEAR LAKE LOTS
Owner can sell a 5000 sq.ft. lot (utilities available) as little as$500.00 down and $216.00 per month. 1 mile from the lake.
Call Bob @ 707-998-1785 or 702-523-5239

Faces and Places: California State Fair



Photos by Stephen Crowley

From the midway to animals, to exhibits featuring some of the best of the best to free entertainment, visitors had the opportunity to enjoy many attractions at the California State Fair from July 12-28 at Cal Expo in Sacramento.









GIANTS "LET PABLO PITCH" BOBBLEHEAD GIVEAWAY
August 9 | Orange Friday | Postgame Fireworks | $2 off select beers in Knee Deep alley | Live music
SATURDAY NIGHT FIREWORKS
August 10 | Themed fireworks show presented by Sutter Health | Food trucks at Toyota Home Run Hill | Best way to spend your Saturday night this summer!
SUNDAY FUNDAY
August 11 | Pregame player autographs | Kids Run the Bases postgame | River Cats transform into the Dorados de Sacramento
FAMILY 4 PACK - EVERY SATURDAY
Starting at $60
4 tickets, 4 hats, 4 hot dogs, 4 soda & chip vouchers
Watch fireworks on the field
DINGER'S KIDS CLUB
$15 | All Sunday games with exclusive events
SACRAMENTO RIVER CATS
FOREVER RC
TICKETS & PROMOTIONS @ RIVERCATS.COM

What's happening East Sacramento?

FRIDAY, AUG. 2

SLIME TIME! – Come make glow-in-the-dark slime, holographic slime and color-changing slime at this free, fun program. School-age. Friday, August 2 from 3:30 – 4:30 p.m. at McKinley Library, 601 Alhambra Blvd, Sacramento.

SATURDAY, AUG. 3

SUCCULENT/CACTUS PLANT SALE: Sale from 9 a.m. to about 1 p.m. Diane's arrangements are works of art! She sells these at the annual AA picnic each year also but this year she has a HUGE inventory.The sale will be held at 1100 39th St, Sacramento, CA 95816.

TUESDAY, AUG. 6

READ TO A DOG – Reading aloud to a certified therapy dog is a fun and positive way for beginning readers to develop reading skills and build confidence. Bring a favorite book or choose one from the library, and enjoy reading practice with a furry friend. School-age. Tuesday, August 6 from 3:30 – 4:30 p.m. at McKinley Library, 601 Alhambra Blvd, Sacramento.

FRIDAY, AUG. 9

TWEEN COMICS CLUB – Join us for this free, fun program. We will have snacks, discuss a comic book, do a craft, and have a trivia contest with the chance to win a prize! This month's book: Real Friends by Shannon Hale. Copies will be available at the McKinley branch in July. Recommended for ages 8–12. Friday, August 9 from 3:30 – 4:30 p.m. at McKinley Library, 601 Alhambra Blvd, Sacramento.

SATURDAY, AUG.10

10TH ANNUAL NEIGHBORWORKS ART, WINE, & FOOD: We proudly invite you to join us Saturday, August 10, 2019 for our 10th Annual NeighborWorks Art, Wine, & Food event at 5:30pm – 9pm at Tsakopoulos Library Galleria, 828 I street, Sacramento, CA 95814 to raise funds to help 2,000 families take the path to homeownership and work with community residents to build stronger communities in the Sacramento Region. This event will feature live music and entertainment, silent auction, raffle and games, local art display, and delicious wine, beer, and food tasting. Tickets are sold in advance at $45 per person or $80 for two; $60 at the door. Each ticket will include a raffle stub for a chance to win a great prize. To purchase a ticket visit our website www.nwsac.org or contact Blanca Gutierrez at (916) 452-5356 x2216 or email at blanca@nwsac.org.

TUESDAY, AUG. 13

ICE CREAM SOCIAL WITH MAGICIAN TREVOR WYATT – Face-painting, ice cream and magic, oh my! Help us celebrate another great Summer Reading season with our free, end of summer extravaganza. Ice cream and face paint start at 6 p.m. Show starts at 6:30 p.m. Family/ all ages. Tuesday, August 13 from 6 – 7:30 p.m. at McKinley Library, 601 Alhambra Blvd, Sacramento.

FRIDAY, AUG. 16

LEGO MANIA! – Like building with LEGO bricks? Join us for our monthly free-play afternoon! LEGO and DUPLO LEGO bricks will be provided for this free, family program. Friday, August 16 from 3:30 – 4:30 p.m. at McKinley Library, 601 Alhambra Blvd, Sacramento.

FRIDAY, AUG. 23

MINECRAFT – Enjoy this computer game filled with mining, crafting and exploring! Play with new friends on the library's own server. No experience necessary. Spots are first-come, first-served. Recommended for ages 8—14. Friday, August 23 from 3:30 – 4:30 p.m. at McKinley Library, 601 Alhambra Blvd, Sacramento.

ONGOING

KNIT AND CRAFT – A morning of fiber arts fun! Participants can learn to knit or crochet, get help with projects, and chat with new friends. Don't forget to bring your craft supplies! Adult. Wednesdays from 10 a.m. – noon at McKinley Library, 601 Alhambra Blvd, Sacramento.

SACRAMENTO AREA ENGLISH COUNTRY DANCE: Great news for those who live relatively close to central Sacramento! The Sacramento Country Dance Society is adding a second monthly English Country Dance, on the third Sunday afternoon of each month. Lovely hall and floor, easy parking, and on the American River Bike Trail. Come join us at Camp Pollock, just 5 minutes from downtown/midtown Sacramento, from 2:00 to 5:00 pm. Each dance is preceded at 1:30 pm by an Introductory Workshop for newcomers. This is in addition to our long-running dance in Roseville that continues on the first Sunday afternoon of each month. Beginners welcome, no partners necessary, always live music. Details about both dances, including callers, music, locations, and date changes, can be found on our Web site: sactocds.org/english-country-dance/

TOWER BREWING MONDAY OPEN MIC: Mondays from 630 to 10 p.m. at Sactown Union Brewery 1210 66th Street, Unit B, Sacramento, California 95819. Host Autumn Sky brings you a weekly open-mic night to express yourself and be apart of a unique, supportive community! Sign ups at 6:30 p.m., open mic begins at 7 p.m. and it's all ages until 8 p.m. A house guitar is provided (Autumn's own!) to play if bringing yours is difficult. There's beer, pizza next door that delivers to the open mic, and they welcome well behaved dogs. Comedy, DJing, spoken word, poetry, instrumental performance, songwriters, cover heroes and rappers are all welcome.

CORN - HOLE EVERY THURSDAY NIGHT AT SACTOWN UNION BREWERY: Be a part of the Sports Social Club. XOSO Sports Host Corn - Hole League Every Thursday Night from 6:30 to 9:30 p.m. at Sactown Union Brewery, 1210 66th St. VISIT www.xososports.com to register. Because even adults need recess.

FRIENDS AND FAMILY OF SURVIVORS SUPPORT GROUP: Every first Monday of the month from 6 to 7 p.m. Location: Sacramento. Call 916-428-3271 for exact location. Description: Is your friend or family member in a domestic violence, sexual assault, or human trafficking situation? This free, drop-in group is for you. Learn how to support your loved one, and receive some support yourself among people who are in the same situation. Feel free to call My Sister's House for more information: 916-428-3271.

#METOO SUPPORT GROUP: Every third Monday of the month from 6 to 7 p.m. Location: Sacramento. Call 916-428-3271 for exact location. Description: This drop-in support group is free, confidential, open to all genders, and available to sexual assault survivors at any point in their healing. Feel free to call My Sister's House for more information: 916-428-3271.

STATE FAIR SCHOLARSHIP APPLICATIONS ANNOUNCED: The Friends of the California State Fair Scholarship Program is now accepting scholarship applications for the 2018 - 2019 academic year. The program offers 14 categories of scholarships ranging from $1,000 - $2,500 each with varying eligibility requirements. Categories include: agriculture, art, academic excellence, business, culinary/hospitality/event management, education, international relations, trade school, viticulture and enology. Applicants may apply for one scholarship category of their choice per year and will be evaluated based on academics, community service, quality of essay and recommendation. Top scholarship winners in select categories may be invited to compete for the $5,000 Ironstone Concours Foundation Scholarship Scholarships are not renewable; however, students may reapply each year as long as they continue to meet the eligibility criteria. The Friends of the California State Fair Scholarship Program is a collaboration between the Friends of the California State Fair, the California Exposition & State Fair, the California State Fair Agricultural Advisory Council, the Ironstone Concours Foundation, Blue Diamond Growers and Western Fairs Association. International Scholarship and Tuition Services, Inc. (ISTS), an independent scholarship management company, hosts the online application process and disburses awards for the program. The deadline to apply is March 2, 2018. Learn more at CAStateFair.org/scholarship. For questions about the Friends of the California State Fair Scholarship Program, please email scholarship@calexpo.com.

SAC UNIFIED POETRY SLAM: Jenny Lynn and Joe Montoya's Poetry Unplugged present The Sac Unified Poetry Slam every third Friday at Luna's, 1414 16th St., starting at 7:30 p.m. The show is unpredictable. The special guests and judges won't be known until they sign up. The slam is three rounds. This is a FREE show with purchase at the cafe, donations are encouraged to cover PSI venue dues and show staffing. $5 to slam (except youth 18 and under) winner takes the whole pot. Luna's Cafe will be serving the freshest juices and licuados in town, nothing frozen or concentrated. The menu also includes sandwiches, salads, our famous quesadilla, fresh-ground coffee, mochas, and other espresso drinks. A nice selection of beer and wine is also offered. Enjoy it all in the comfortable atmosphere of Luna's, one of this area's original cafe galleries. Supporting artists of all kinds for over 30 years.

JANE AUSTEN READING GROUP AT ELLA K. MCCLATCHY LIBRARY: This monthly group reads the works of Jane Austen and meets the third Saturday of each month in the Ella K. McClatchy library from 3:30 p.m. to 5 p.m. All Austen fans are welcome. 2112 22nd St.

NON-PROFIT ORGANIZATION IS SEEKING LOCAL HOST FAMILIES FOR HIGH SCHOOL EXCHANGE STUDENTS: ASSE International Student Exchange Programs (ASSE), in cooperation with your community high school, is looking for local families to host boys and girls between the ages of 15 to 18 from a variety of countries: Norway, Denmark, Spain, Italy, Japan, to name a few. ASSE students are enthusiastic and excited to experience American culture while they practice their English. They also love to share their own culture and language with their host families. Host families welcome these students into their family, not as a guest, but as a family member, giving everyone involved a rich cultural experience. The exchange students have pocket money for personal expenses and full health, accident and liability insurance. ASSE students are selected based on academics and personality, and host families can choose their student from a wide variety of backgrounds, countries and personal interests. To become an ASSE Host Family or to find out how to become involved with ASSE in your community, please call the ASSE Western Regional Office at 1-800-733-2773 or go to www.host.asse.com to begin your host family application. Students are eager to learn about their American host family, so begin the process of welcoming your new son or daughter today!

KNITTING CIRCLE AT MCKINLEY LIBRARY – Any adult interested in knitting — even an absolute beginner — is invited to join. Participants can learn to knit, or get help on current projects and advice from expert knitters. Don't forget to bring your knitting needles and yarn. Wednesdays from 10 a.m. to 12 noon at McKinley Library, 601 Alhambra Blvd, Sacramento.

TEEN SPACE AT MCKINLEY LIBRARY – Looking for something fun to do after school? Need a place where you're free to hang out with your friends and have a snack? Come to the McKinley Library Teen Space, Wednesdays from 3p.m. to 4:30 p.m. at McKinley Library, 601 Alhambra Blvd, Sacramento.

Wishing Well®

8	7	5	8	7	5	6	4	3	8	6	8	6
M	C	T	A	H	I	F	D	Y	R	I	I	G
7	6	7	6	5	7	8	5	3	2	7	2	5
A	H	N	T	M	G	T	E	O	I	E	N	F
2	5	4	5	2	3	2	7	4	6	7	2	6
C	O	O	R	O	U	M	O	R	F	F	E	O
2	7	3	6	2	3	8	6	3	5	3	7	6
I	F	W	R	N	I	A	T	L	P	L	O	H
8	6	2	6	4	5	6	5	2	4	6	4	5
L	E	C	T	E	L	R	A	R	S	U	E	Y
8	4	3	8	3	7	2	3	6	2	6	7	2
B	A	E	L	X	R	E	C	T	A	H	T	S
7	2	4	7	4	3	7	2	8	4	3	8	8
U	E	R	N	C	E	E	D	I	H	L	S	S

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

Dine in Style SALE

All Dining is on Sale!*



40" x 80" w/2-16" leaves
Table $839 reg $949 | Side Chair $149 reg $169
Server $839 reg $939 | China $1299 reg $1459
471467



42" round
185223
Pedestal Table $299 reg $349
Side Chair $89 reg $349



32" x 79" counter height
942253
Trestle Table $859 reg $979
Barstool $219 reg $239



Brooklynn, CPO
(Chief Persuasion Officer)
5th Generation, Naturwood Family

"Come get your perfect dining room!"



40"x 80" w/2-16" leaves
839493
Leg Table $699 reg $799
Side Chair $149 reg $169 | Server $1229 reg $1349

Choose from Over 100 Dining Sets



40" x 75" w/2 20" leaves
876648
Leg Table $1049 reg $1149
Side Chair $179 reg $199

Naturwood HOME FURNISHINGS

12125 Folsom Blvd.
Rancho Cordova
916-351-0227

Mon – Fri 10am – 8pm
Sat 10am – 6pm
Sun 11am – 6pm

www.naturwood.com

*Sale applies to all indicated items except "Special Buys" and all "Clearance". Allow time for delivery on some items. Some items are limited to stock on hand. All measurements are approximate.
Sale ends August 15, 2019.