August 15, 2019 | www.valcomnews.com

East Sacramento News

— BRINGING YOU COMMUNITY NEWS FOR 28 YEARS —



From abandoned dog to NextDoor star

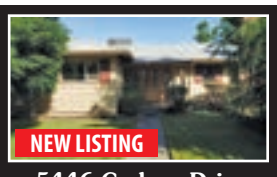
see page 2



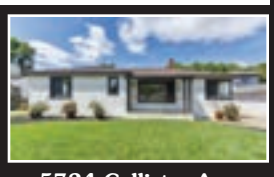
Tom Leonard | 834-1681
Tom.Leonard@CBNorcal.com
CalDRE#01714895

COLDWELL BANKER

4th Generation East Sacramentan



5446 Carlson Drive
$649,000
4 beds | 2 baths | 2,250 sqft



5724 Callister Ave
$699,000
4 beds | 2 baths | 1,971 sqft

Immaculate River Park Ranch

This gem has 3 large beds, 1 large bath & you can easily add another bath off large inside laundry room. Bath is super clean, and has separate shower and bath tub. Home is over 1,300 sqft, and feels much larger w/ the open layout and floor plan. Home features open Dining Room, Eat In Kitchen & plenty of storage. Gleaming original h/w floors, new (2014) dual pane windows, window treatments and incredible natural light. Classic built-ins & 1950's charm throughout.

5311 Camellia Avenue - $499,000



From abandoned dog to NextDoor star

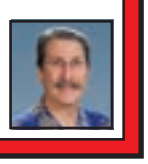








Charming East Sac
1524 36th Street $680,000
4 Beds 2 Baths 1,604 Sq.Ft.
KURT CAMPBELL
PROFESSIONAL REAL E STATE CONSULTANT
916-956-5878
LYON REAL ESTATE
www.GoLyon.com
CalDRE# 01064713



East Sacramento News
WWW.VALCOMNEWS.COM

E-mail stories & photos to: editor@valcomnews.com
Editorial questions: (916) 267-8992

East Sacramento News is published on the first and third Thursday of the month in the area bounded by Business 80 on the west, the American River on the north and east and Highway 50 on the south.

Publisher ..... David Herburger
Editor ..... Monica Stark
Art Director ..... Annin Greenhalgh
Advertising Director ..... Jim O'Donnell
Advertising Executives: ..... Melissa Andrews, Linda Pohl

Copyright 2019 by Valley Community Newspapers Inc. All rights reserved. Reproduction in whole or in part without written permission is prohibited.

Vol. XXVIII • No. 16
1109 Markham Way
Sacramento,
CA 95818
t: (916) 429-9901
f: (916) 429-9906

Cover photo by: Courtesy

By Ellen Cochrane

For Ziggy there was little hope remaining. Dogs are dumped, mistreated and abandoned every day. It's not clear if she was left after someone moved or just rejected. Mute, trembling and hungry she cowered under a porch behind Arden Fair Mall. Her odds in this world were grim, until kind eyes spied her. That changed everything.

Cheryl McDade scooped up the five-pound stray and took her home, but she knew she couldn't keep the dog. She figured the wide orbit of NextDoor would help her find a home for the pup. McDade reached out.

Neighbor John Levitt read her post and Ziggy fell into a pot of cream. That was September 2018.

Home Sweet Home

When John walked through the front door with a tiny mocha-colored dog the first thing Lora Riccomini thought was, "Oh boy, another dog." They already had dogs and very busy schedules. "But then I held her, and I knew I was her person," said Lora.

Ziggy was a natural couch potato, sunbasker, chill and lowkey with the other dogs. She was especially affectionate with Lora. "She's a face licker and a snuggler." The pair groomed the matts and snags out of her fur, plumped her up and poured love on her. She was family.

A few weeks later John noticed that Ziggy was restless. "I watched her go into the back yard pick up leaves in her mouth and drag them under the outdoor furniture. She was anxious and running around the room. I knew something was up."

Puppy

Ziggy gave birth to one puppy while Lora was home. "When I first saw it I wasn't sure if it was a squirrel or a puppy." One thing was clear, the puppy was dead. It was still born. The couple noticed that Ziggy didn't seem right after the birth. "She was jittery and not eating so we took her to the Sacramento Animal Hospital."

Dystocia (difficult birth in small dogs) has many causes. For Ziggy it meant that she wasn't finished. The vet x-rayed her and there, tucked against her ribs, was puppy number two. The vet delivered the baby and the black, sleek blob was healthy enough to go home.

Stardust

John and Lora are David Bowie fans. The new addition to the family became Stardust and the first rough days began. Ziggy settled down into a den: a cardboard box and blanket inside a super-sized dog cage, decorated with a doggie pad on the floor and shades around the cage. Lora hand fed Ziggy every two hours and brought in a heat lamp to keep Mom and pup cozy. A long, white thermometer hung in the cage to monitor the warmth. John remembers some rough moments. "Stardust woke us up with ear piercing screeches at 5 a.m."

"Ziggy grew so attached to me," Lora added, "that if I left the area, she'd freak out. So I sat in the cage and read to calm everybody down." Initially the pup was going to be adopted out but over the weeks that proved an impossibility. The human parents were in love.

NextDoor

Ziggy enter John and Lora's lives from NextDoor, so John

see DOG page 3

Dog:

continued from page 2

decided to post an update. His first message told the community about Ziggy's new life. But his second thread "From abandoned and neglected to loving mother" clinched readers interest. More than 300 comments trail after the post (growing every day) and thousands of East Sacramentans follow the story. It went East Sac viral.

I am one of the silent followers. When I happened on to the post two things stood out: pictures that could soften the hardest of hearts and the love flowing out of the NextDoor community.

John and Lora posted every step of the journey: Mom and pup snoozing and nursing, Lora reading in the cage, close ups of Stardust napping, wobble walking, yawning, resting on John's palm, sun bathing with Ziggy, sniffing noses with the other dogs, first toys and piggy backing on Mom.

Ziggy and Stardust followers are neighbors—young, old, men and women, and the comments reflect the joy John and Lora's postings bring. Some people have sought John and Lora out to give financial support and a cadre of followers want to buy a dog DNA test for Stardust. Last school year, a local elementary teacher shared the story and posts with her class to teach empathy.

In John's first post on the thread he wrote, "We thank everyone for the support. This would not have been possible without the help from our neighbors."

And the neighbors have responded with their love and gratitude.

Doug Read: I work at Sac Animal Hospital and her story and the birth of the puppy is not only remarkable but made our day the morning Stardust was born. There's lots of good in the world. Thank you both for being examples of that and sharing it with all of us.

Kristi Petretti: My daughter lives in Chico and I've been sharing this story and pictures with her.

Connie Sanders Emerson: Stardust and Ziggy have a village of godparents.

Kathy Kirby: You have been her angel and voice. Thank you for taking care of her.

Jojo Boehms: I decided to share their story and all of their pictures with my mom who lives out of state. She just loved them so much. These pups are loved and adored across state lines!

Virginia Leoffler: You have a (Campus Commons) fan club.

Jay Wise: I'm in love. Shhh! Don't let my dog know.

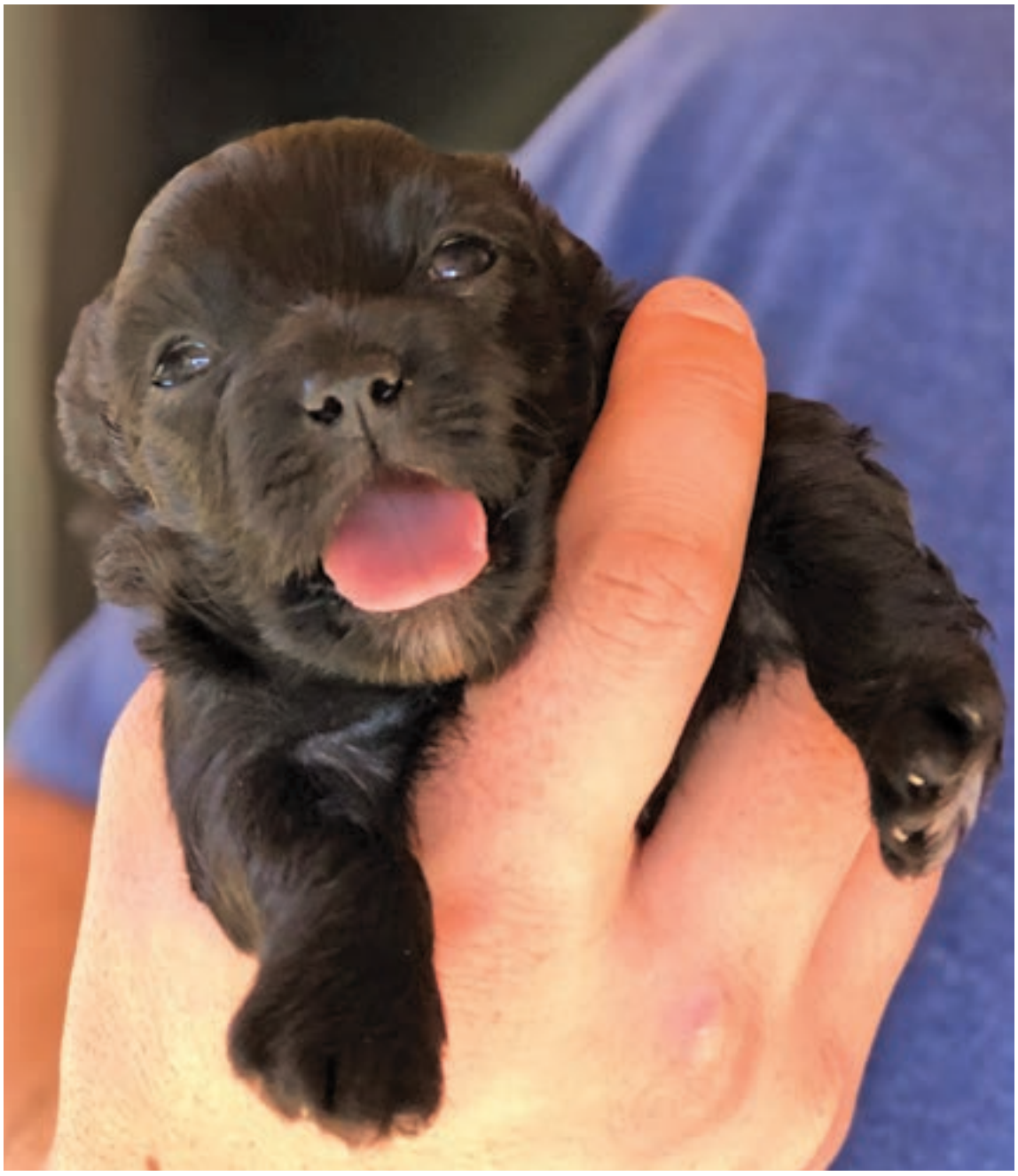
Face to Face

On a cloudless June morning, I met John and Lora at Chocolate Fish. Ziggy peeked out of a puppy sling strapped around Lora's shoulder and Stardust wiggled in John's arms. "Here, do you want to hold her?" said Lora. Ziggy is a wisp, light as a small bag of rice. She immediately snuggled into my lap but kept her eyes on Lora.

Stardust is now twice the size of Ziggy and still growing. She's adorned with long shaggy fur, a beard, mustache and combined eyebrows and eye lashes. "It's hard to tell where one stops and the other starts," said Lora. You can see a little Ziggy in her but she is strikingly different in size and coat.

Both Ziggy and Stardust will stay with John and Lora. "We've been through so much with them and just adore them. With the sleepless nights and entertaining days with these pups, we have grown to love them as our own little dogs. We couldn't bear to give them up at this point," said John.

The pair continue to post the adventures of the dogs. Most influencers have channels on YouTube or a large Facebook following but Ziggy and Bowie will stay on NextDoor. They're at home in the neighborhood.





Homes sprouting up on former Sutter Memorial Hospital grounds





Photos by Lance Armstrong

Construction has begun on the former grounds of Sutter Memorial Hospital, along the 5100 block of F Street in East Sacramento.

Pictured is a model home within the new Sutter Park development.

By LANCE ARMSTRONG

Construction recently began on East Sacramento's Sutter Park housing development on property that was formerly the site of Sutter Memorial Hospital.

The front of this 19-acre development runs along F Street, between 51st and 53rd streets.

Sutter Park, which features more than 100 homes, received all discretionary entitlements in April 2014. The hospital closed the next year, followed by the long process of preparing the land for its future development.

The project was formed as a partnership between Sutter Health and StoneBridge Properties, which is a subsidiary of the Teichert Land Co.

Eighty-eight of this development's homes are being constructed by Tim Lewis Communities, which has offices in Roseville. The company purchased lots from StoneBridge earlier this year, and construction of the development's eight model homes began last month.

Last week, the model homes were being framed while cement was poured for the foundations of the first phase of Tim Lewis Communities' Sutter Park production homes. The latter homes are scheduled to be completed sometime next year.

Nine custom lots, a two-story senior living facility, a centralized neighborhood park and garden paseos are also planned for the development. The park will include lawns, shade trees, hedges, rose bushes, picnic tables, and sculptures crafted by local artists.

The property's master plan additionally features a live-work section with 11 condominiums that will be located above ground floor businesses such as a café, sandwich shop and an ice cream parlor.

Linda Schwartz, director of sales and marketing for Tim Lewis Communities, said that this company's Sutter Park homes will sell in the range of $750,000 to $1.2 million, and will be one or two stories structures.

She added that the company offers three different home site sizes and three different product lines. The homes are categorized as The Garden Homes, The Classics and The Traditionals.

Among the homes will be smaller versions of modernized Fabulous Forties neighborhood-type homes, Schwartz noted.

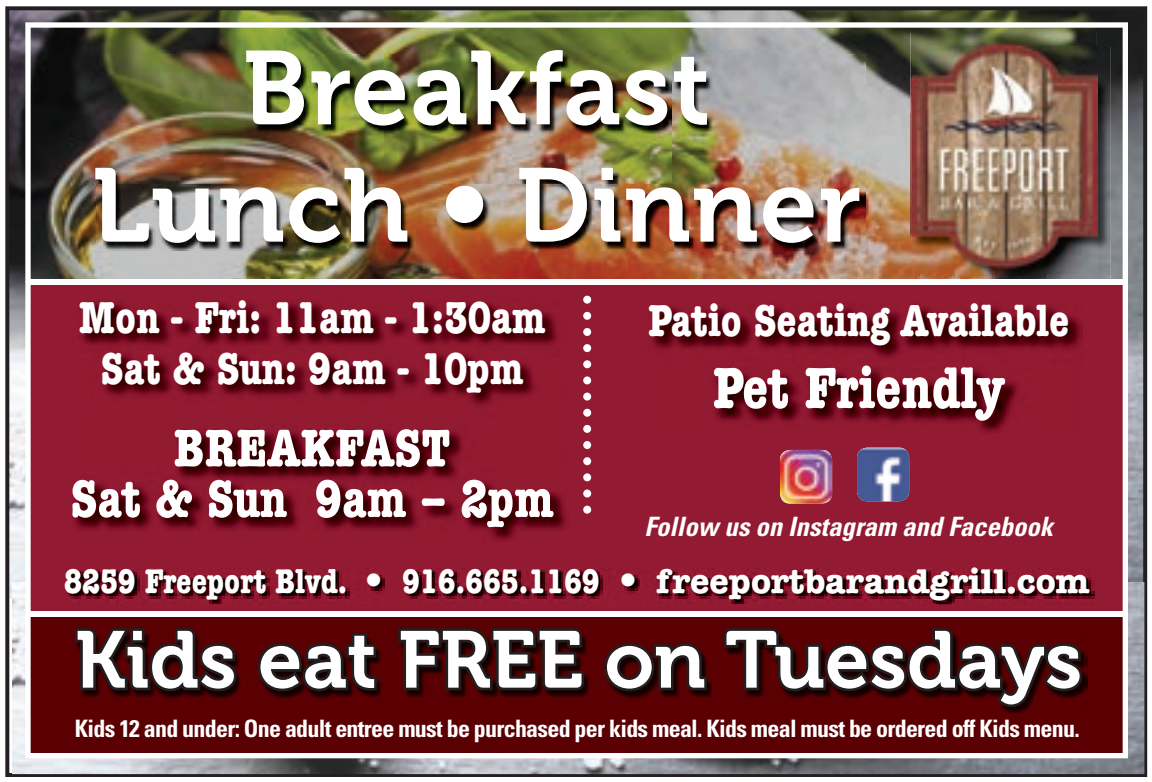
"We have some very traditional homes that are built with what people are used to seeing in East Sacramento, kind of the mini Fab Forties," she said.

Thus far, Tim Lewis Communities has sold 10 Sutter Park homes and has 12 other homes reserved for potential buyers.

Schwartz commented on the need for available housing in East Sacramento.

"The demand for (homes in) East Sacramento has been strong for years and

see HOMES page 5



Homes:

continued from page 4



Oakmont of East Sacramento, a senior living facility at 5301 F St., is shown under construction on Aug. 7.

years," she said. "It's just a very historical, family-oriented community, (with) very little inventory, very little turnover."

Schwartz mentioned that the development pays tribute to the history of the old hospital.

"It's a super exciting community for us to be involved in, just from the sense of the history – from Sutter Memorial Hospital, and how many people locally have been born there," she said. "It was known as the hospital of babies and there are so many people in the Sacramento area that either have been born there or their children or their grandchildren have been born there.

"So, when StoneBridge Properties started working to develop the site, it was clear that there was going to be collaboration with really holding onto that history to really be able to salvage some of the historic (elements) and bring those into the community, and they've done some really special things out there."

Schwartz noted that on the west side of the property is a camellia tree, which dates back to the hospital's beginnings in the 1930s.

"(The tree) was removed (in 2017) and stored while development happened and then replanted (in December 2018)," she said. "It really signifies the historical aspect there." The park's benches were created with trees that once stood on the property, and there are metal awnings with leaf patterns taken from tree leaves in East Sacramento.

There are also at least two heritage oaks that have been preserved on the property.

Schwartz said that the development is not a gated community, but was instead designed to be inviting to nonresidents of this section of East Sacramento.

"(It was designed with) a land plan that allows people to come through the community," she said. "It's very inviting. It's like (joining) the old East Sacramento with the new."

Schwartz mentioned that the opening of the company's triple-wide sales trailer on the west side of the property, at 51st Street, has been delayed until later this month.

"We are open for sales (as of three weeks ago)," she said. "I have not given pricing to the public. I have only dealt with our prequalified VIPS, if you will. But (on) the 30th of this month, the sales trailer will be open and then we will publish pricing and the whole 9 yards for the entire public."

The sales trailer and its parking lot will eventually be removed for the construction of Tim Lewis Communities' final two homes.

Ryan Montelius, a Realtor with Lifestyle Homes, told the East Sacramento News last week that the seven custom lots that he represents are "all sold or (are) in escrow to close."

Montelius presented this publication with a sales list for custom lots, which sold in the range of $550,000 to $779,000.

He added that the development's homes will fit well with the area.

"It's a community that will definitely blend in with East Sacramento, given a little bit of time, as far as the physical and the landscaping," he said. "But what makes it unique is that all of the homes there are being built by 2020 energy standards in California. We're one year ahead of schedule, and that's true of the customs and the Tim Lewis homes."

Schwartz additionally noted that the development will be a "solar community."

All Sutter Park residents will be required to belong to a homeowners' association at a cost of $120 per month. That fee will pay for costs associated with the development's common areas.

It is anticipated, Schwartz noted, that the development will be completely built out by December 2020.

However, Schwartz said that date could be pushed forward.

"In this business, I always buffer that a little bit, and I would say anywhere from December 2020 to (the) spring of 2021," she said. "That's pretty quick, but it's a high demand community. We have people on the interest list, and we're just doing all we can to get out there and opened and invite them out to show them (the houses)."

Schwartz summarized the Sutter Park development as a place that will be inviting to people who desire modern amenities in East Sacramento, which is known for its many historic homes.

"(It presents) things that people are looking for today," she said. "(They) still want to be in that neighborhood, but they want today's amenities. So, that's what we've all worked very hard to collaborate on and it's super exciting. I think it's just going to be a real one-of-a-kind community."

FUNERAL DIRECTORY
Call Melissa at (916) 429-9901
www.valcomnews.com

Harry A. Nauman & Son
Dignity
FD366
4041 Freeport Blvd
Sacramento, CA 95822
(916) 452-6157
Serving Sacramento Families since 1903.
Pre-arrangement packages available.

Please RECYCLE this paper. Thank You

Sports QUIZ

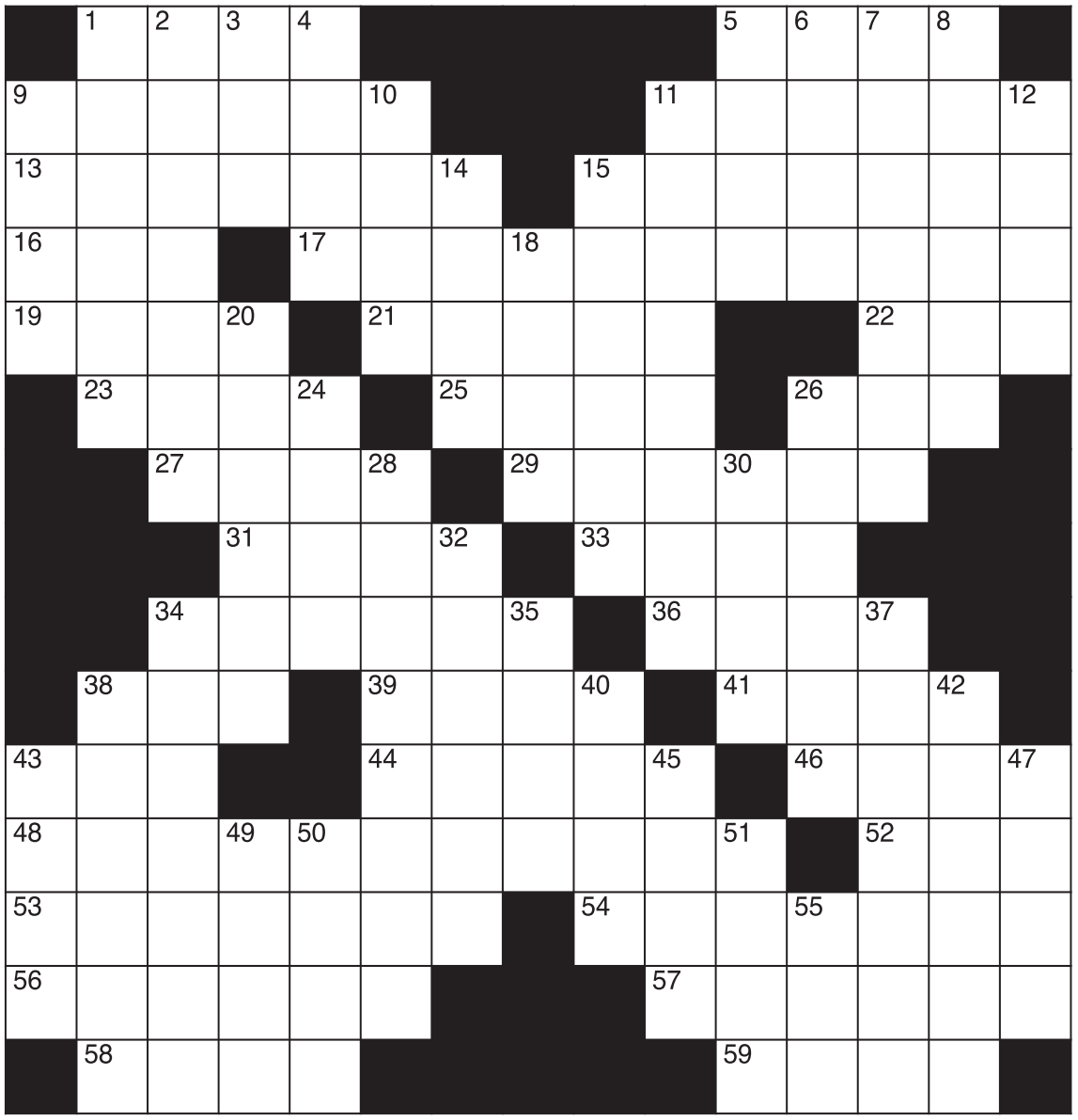
1. Since records started being kept in 1988, which major-league batter holds the mark for most pitches faced in one at-bat?
2. Name the last National League team before the 2018 Arizona Diamondbacks to win at least nine consecutive series to start a season.
3. How many times have the New England Patriots won 13 or more games in a season, and how many of those times was the head coach Bill Belichick?
4. Wofford College's Fletcher Magee became the all-time leader in career 3-pointers made (509) for Division I men's basketball in the 2018-19 season. Who had held the mark?
5. Who was the last NHL player before Tampa Bay's Nikita Kucherov in the 2018-19 campaign to have at least 128 points for the season?
6. Who was the first Major League Soccer goaltender to reach 200 career wins?
7. Name the last horse to win the Preakness and Belmont Triple Crown races after not winning the Kentucky Derby.

Answers

1. San Francisco's Brandon Belt faced 21 pitches in an at-bat in 2018.
2. The 1907 Chicago Cubs.
3. Seven times, with all of them being under head coach Bill Belichick.
4. Oakland's Travis Bader, with 504 (2010-14).
5. Pittsburgh's Mario Lemieux tallied 161 points in the 1995-96 season.
6. Nick Rimando of Real Salt Lake, in 2018.
7. Afleet Alex, in 2005.

© 2019 King Features Syndicate, Inc.

CROSSWORD



CLUES ACROSS

1. Babies' eating accessories
5. Charge on a coat of arms
9. Set of five
11. California town
13. One who cites
15. Elected official
16. Japanese delicacy
17. Couldn't be happier
19. Enormous
21. Hunter's tool
22. Georgia rockers
23. Cold wind
25. Beginner
26. Where you sleep
27. Without
29. We all have them
31. Spoiled
33. Platform
34. Drama and horror are two
36. In abundance
38. Turf
39. Inventor Musk
41. Negative answers
43. French river
44. Saps of energy
46. Type of sandwich
48. Sets apart again
52. Engage in a contest
53. Sufferings
54. Freestanding sculpture
56. Digs into
57. Fish have them
58. Speaks
59. Storage unit

CLUES DOWN

1. Spread over
2. Dyes
3. British thermal unit
4. Small city in Maine
5. Having an affection for
6. Welsh for John
7. Plays that ridicule
8. Not of your right mind
9. A way to get there
10. Hideaways
11. Relating to neurons
12. "Family City USA"
14. Proof of payment (abbr.)
15. Flew high
18. Wreaths
20. Got rid of
24. Shortly
26. Confer
28. Monies given as support
30. German electric car
32. Objects of an earlier time
34. Flat-bottomed boats
35. Small waterbird
37. Willingness to please others
38. Military actions
40. Brooklyn hoopsters
42. Took to the seas
43. Romanian city
45. What the sun eventually does
47. Titans' DC Dean
49. Resentful longing
50. Ceases to live
51. Pouches
55. Humbug

FARM AND FLAVOR

Lazy days of summer/Il Dolce Far Niente

By Kerin Gould

As the temperatures rise on the farm, activity slows way down. Even the plants themselves don't function above a certain temperature. No new leaves are growing, no new flowers to speak of this week. I remember one year so hot, that when I went to pick tomatoes, they were already cooked right there on the vine. It's certainly too hot for weeding, but I will accept any excuse to procrastinate on that chore. I can't transplant any young seedlings or plant any new seeds. Mostly, my job is to check the irrigation for any leaks or dry spots.

The cats seem to have liquefied while napping, and the dogs are snoozing in the coolest spots they can find, under the bed, waiting for the sun to sink, so they can get a bearable evening walk. The hens find the shade under the porch and stand by the crawlspace entrance where cool air comes out, barely moving from there to forage. They are all a terrible influence, as the mid-afternoon heat and being surrounded by deep sleepers makes me drowsy beyond my abilities to resist. No amount of espresso can help me now.

Even as my eyelids are lowering, flickering open again, and nearly closing, I think of all the tasks and to-dos I really should be doing: get the last cherry plums and make jam, pick some tomatoes and apricots and pears, sweep the walkway, mow the front yard, hang up the wasp traps, prune the olallieberries, weeding, weeding, and more weeding… especially that star thistle that stabs me in the leg every time I walk by.

I would argue, by way of excusing my unaccomplished day, that nature gives us some days in summer that are too hot and some days in winter that are too cold/wet for any kind of productivity. She will slow us down with weather that forces us to nap in our underwear beneath a fan or curl up with a blanket and cocoa – whatever it takes. And this is meant to remind us that perpetual, unbridled productivity is not natural or sustainable. Endless growth of consumption and production is simply not organically possible for her to sustain, nor is it sustainable for us, our bodies. Yet, our economy and our lifestyles have all been squeezed into the opposite idea.

History tells us that when Puritan colonizers saw Native people of this continent relaxing in their villages after chores, they judged them indolent savages and declared that entitled them to take the lands and enslave the people for a more industrious society? But the Indigenous people had managed this land well, sustained themselves in good health, and developed extensive knowledge systems, all without polluting and abusing the earth. Don't be like those Puritans.

Restorative measures are required, for us and the planet, especially during weather extremes. This mid-afternoon stupor is Mother Earth telling us to sit our butts down, perhaps with an ice tea and a book, perhaps on the sofa with a cat on the armrest and a dog at your feet, perhaps with a human person you should be lazily enjoying on top of the cool sheets, and just knock it off for a bit. Stop burning fuel and consuming stuff and slavishly pursuing busywork for once.

Sometimes doing nothing on purpose — il dolce far niente, as they say in Italian, the sweetness of doing nothing — may clash with our inherited puritan work ethic or with our social media addiction or with our compulsion to be in activities with people whether we like them or not. What if we pushed aside the guilt and the pressure and had a long slow lunch on a hot afternoon with delightful companions? What if the conversation was rich as a digestif wine and we refused to rush off anywhere, the way Italians and Spaniards do? Think of the benefits in stress reduction and improved digestion alone!

Here is an easy summer pasta recipe based on a dish from Naples. If you don't do gluten, there are now plenty of different pasta options to try! Use very fresh tomatoes and basil, and adjust the garlic and chili for your own taste. Enjoy it in good company.

Ingredients

1/4 cup olive oil
5 cloves garlic, crushed and chopped
4 cups chopped fresh tomato
1/2 teaspoon red chili flakes or 2 whole red chilis
8 leaves fresh basil, plus more for garnish
Salt

Directions

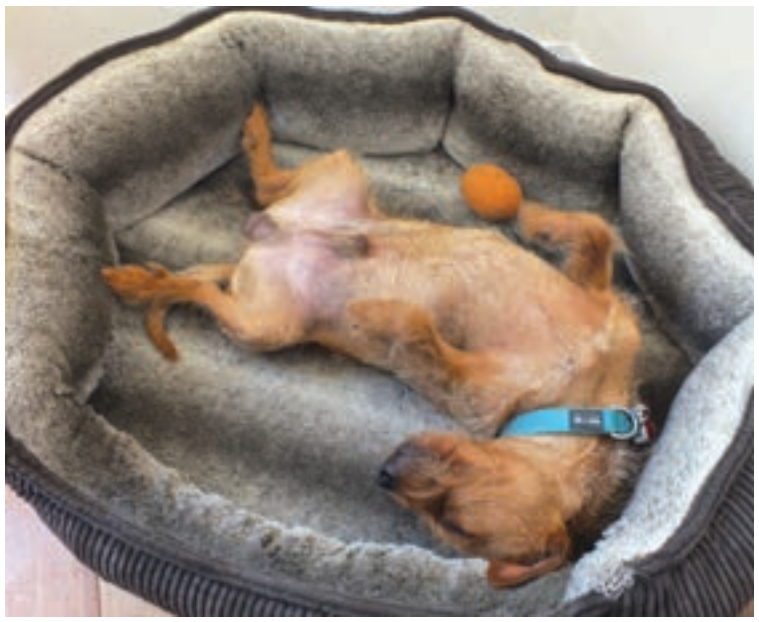
In a sauté pan warm the olive oil on low. Add in the garlic, chili, and basil and let them flavor the oil for 15-20 minutes, giving the pan a swirl every few minutes. Make sure it is not hot enough to smoke or burn the ingredients.

At about 12 minutes, boil water to prepare your pasta, timing it to be ready as soon as the sauce is done.

Once the oil is fully flavored (smells basil-garlicky), turn up the heat to medium. Stir in tomatoes, bringing them to a boil but being careful to avoid spatter. Cook for only 4-5 minutes, until the tomatoes are just softened and the oil has flavored them. Salt to taste.

Serve immediately over the cooked and drained pasta. Garnish with parmesan or vegan parmesan and a leaf or two of basil.





Kerin Gould is the owner of Produce with a Purpose and teaches classes on how to enhance your health with more plant-based dishes. For more information; producewithapurpose.wordpress.com

PUZZLE SOLUTION

■	B	I	B	S	■	■	■	■	F	E	S	S	■	
P	E	N	T	A	D	■	■	N	O	V	A	T	O	
A	D	D	U	C	E	R	■	S	E	N	A	T	O	R
T	A	I	■	O	N	C	L	O	U	D	N	I	N	E
H	U	G	E	■	S	P	E	A	R	■	■	R	E	M
■	B	O	R	A	■	T	I	R	O	■	B	E	D	■
■	■	S	A	N	S	■	S	E	N	S	E	S	■	■
■	■	■	S	O	U	R	■	D	A	I	S	■	■	■
■	■	G	E	N	R	E	S	■	L	O	T	S	■	■
■	S	O	D	■	E	L	O	N	■	N	O	E	S	■
A	I	N	■	■	T	I	R	E	S	■	W	R	A	P
R	E	D	E	D	I	C	A	T	E	S	■	V	I	E
A	G	O	N	I	E	S	■	S	T	A	B	I	L	E
D	E	L	V	E	S	■	■	■	S	C	A	L	E	S
■	S	A	Y	S	■	■	■	■	S	H	E	D	■	

Your Home Improvement Guide

ADDITIONS/RENOVATIONS

"BUILDING YOUR DREAMS"

HARTIGAN
CONSTRUCTION Inc.

General Contractor

Call today to schedule your FREE estimate with Joe!

- Design/Build
- Full Renovations & Additions
- We offer Design & a full set of plans
- Knock down rebuild, Kitchen Renovations, Casitas

916 372-0530
320-8477

www.HartiganConstruction.com

ADDITION SPECIALIST

LYTLE CONSTRUCTION INC.
Remodeling and Design
LIC# 480492

Certified Kitchen & Bath Remodeler

Award-Winning Design/Build Firm
Serving Sacramento for more than 25 years

- Additions
- Kitchens
- Bathrooms
- Custom Cabinetry

FREE Consultation
916-422-6639

www.lytleconstruction.com

DOG POOP REMOVAL SERVICE

The Doo Doo Squad
DOG POOP PICK UP SERVICE
1st Month FREE
Weekly Service, One-Time Pick-Ups
Deodorize & Neutralize Yards
Serving Greater Sacramento, Yolo, Placer, & El Dorado Counties
916-364-7667
DooDooSquad.com

ASBESTOS/LEAD/MOLD/SILICA/RADAR TESTING

Westech Environmental LLC
CA State Certified Asbestos Consultant

ASBESTOS & MOLD TESTING

Westech Environmental

Commercial & Residential *Member: American Industrial Hygiene Association*

5960 South Land Park Drive #367, Sacramento CA 95822
916-392-2006 • www.1westech.com

CONSTRUCTION/HAULING

DB Site Services
Commercial & Residential Hauling
Reliable -Dependable - Insured

Lic# 627768

Residential/Construction waste removal
Foreclosure services • Yard clean ups
Handyman services • Demo • Drop bin services

Bobby Timms • 916-402-7546 • dbsiteservices@gmail.com

ELECTRICAL CONTRACTOR

CAPITOL ELECTRIC
Reasonable Residential & Commercial Work since 1960
Repairs, Trouble Shooting
Custom Lighting/FREE Est.
Excellent ref from Angie's List
(916) 451-2300
Cell: 213-3740
Neil McIntire — C.S.L.# 394307

CONSTRUCTION/REMODELING

NARI

SURE BUILT CONSTRUCTION INC.
32 years experience! Licensed - Bonded - Insured

Premiere Remodeling and Restoration Experts
SPECIALIZING IN LUXURY KITCHENS & MASTER BATHS

Mario Gonzales, CEO CL 1050679
Office: **916 692-8280** Cell: **916 802-8225** **www.surebuiltco.com**

CREATURE CATCHERS/REMOVAL

CREATURE CATCHERS
WILDLIFE MANAGEMENT

Creature Catchers Wildlife Management
"If it walks or flies, we'll remove it"

Humane and non-toxic solutions for both animals & man
Dead Animal Location/Removal • Exclusion Work
Live Trapping • Humane Removal • Repair
Skunks • Fox • Raccoon • Opossum • Squirrels
Mice/Rats • Birds/Bats (bat elimination)

CreatureCatchers.org **530 885-PEST(7378)**
California State Trapping License #7781 - Insured by Lloyds of London



CLEANING

Prime Quality Maintenance

- **Window Cleaning** (inside/out/screens washed)
- **Rain Gutter Cleaning**
- **Pressure Washing** (all surface areas)
- **Junk Removal/Hauling**
- **Landscape Maintenance**

Free Estimates
Licensed & Insured

CSL# 996271

Call or Text Jesse: 916 417-4231



FENCING SERVICES

VINSON FENCE CO.
Licensed, Bonded & Insured Lic#1049925

NO JOB IS TOO SMALL
Serving Sacramento & surrounding communities

Specializing in:
Wood Fences (New or Repair)

Family Owned & Operated

Call Rick 916-239-5192
email: rick@vinsonfence.com

FREE ESTIMATE

HARDWOOD FLOORING

Hardwood Flooring

Specializing in installing, sanding and finishing hardwood flooring or repair and refurbish your current floors.

Call Michael:
(916) 383-8742

Lic# 544159
References Available

HANDYMAN

Summer Yard Clean-up Specials!

- HAULING & YARD CLEAN-UP
- RAIN GUTTER CLEANING
- CONCRETE REMOVAL
- HEDGE TRIMMING/SHRUB REMOVAL
- PRESSURE WSHING

CALL LESTER
(916) 838-1247
LIC# 128758/REF

Pressure wash your driveways clean! Your decks too!
Clean out your garage! Replace tt old lawn too!
Hard work-not a problem!



SPECIALS FOR SENIORS/*SERVING THE AREA FOR OVER 20 YEARS*

HANDYMAN

FREEDOM HANDYMAN SERVICE
I specialize in all areas of home improvement !
Quality work the first time, guaranteed!
Carpentry - Electrical - Plumbing - Demolition
Sprinklers - Sheetrock - Ceiling Fan installation
Fix leaks of all types
Accepts All Major Credit Cards "Senior Discount"

NO JOB TOO SMALL! **Call Eric (916) 470-3488**

Home Improvement Guide: a "Keeper" by our readers



Great exposure in these four upscale neighborhoods:
Arden-Carmichael, East Sacramento, Land Park & Pocket/Greenhaven.

Contact Melissa at 916-429-9901



Your Home Improvement Guide

HANDYMAN



D&H Service

Office: **916-428-5907**
Cell: **916-206-8909**

Interior and exterior painting
Fence Installation
Tile Installation
Dry Rot Repair

25 years of experience

HAULING

Get - R - Done Hauling

Tear Downs
Fence Removal
Trees & Shrubs
Backyard Cleanup
Handyman Services
Debris Removal
Small Jobs
Moving
& much more!

Licensed & insured
Price: $75 & up
Whatever It Takes
CALL ANYTIME!
Greg (916) 370-0565



4 papers, 1 low price!

Advertise your service in this section, today!

Call 429-9901

LANDSCAPING

Sacramento Landscape Company

Enduring, Beautiful, Affordable

Wayne Blanchard, Owner 916-832-2010

RESIDENTIAL – 'no job too small'

- New landscaping/renovations
- Plantings/new garden space
- Irrigation-new or repairs
- Other landscaping

www.sacramentolandscape.net - State cont. #770400 - saclandsacape@gmail.com

FREE ESTIMATES ***15 years experience***

PAINTING

GARY'S PAINTING

FREE Estimates!

- Warranty
- Senior Discounts
- Professional & Reliable
- Interior & Exterior Painting
- Using only Kelly-Moore Paint!

CSL #734323

(916) 725-8781

PAINTING

SOVEREIGN PAINTING

Quality craftsmanship 3rd Generation Painter with over 30-years experience

(916) 422-4416

sovereignpaintingco.com
sovereignpaint@yahoo.com

Dan Sovereign, Interior & Exterior Painting
Lic.# 484215
Better Business Bureau Member

PAINTING

COOK PAINTING

Full Service Company – Start to Finish

CSL# 432951

Freshen Up Your Home
VCN Special

In business since 1982

- Custom Painting
- Super clean, neat & fast
- Interior/Exterior
- Cabinets

Specializing in custom trim & moulding!
Color Consultants
FREE ESTIMATES

As seen on yelp

(916) 591-5056

PLUMBING

Mack's Plumbing

Repairs - Replacement - Service

916 761-5780

License # 784099

PLUMBING

ROONEY'S PLUMBING

FULL SERVICE PLUMBING

456-7777

rooneysplumbing.com

License #683668

ROOF/GUTTER CLEANING

Stan The Man

est 2007

* ROOF / GUTTER CLEANING
* WINDOW CLEANING
* PRESSURE WASHING
* SENIOR DISCOUNTS

916.601.1030

Cleaning and Repair
Sacramento, CA

TILE WORK

NIETO'S
TILE & LANDSCAPING
RESIDENTIAL & COMMERCIAL

Frank Nieto
(916) 480-9512

Sprinkler Systems (Install & Repair)
Fencing • Plumbing
Electrical • Painting
Concrete • Tile Installation
Granite Fabrication
Laminate/Wood Floors

NietosTile@sbcglobal.net **www.nietostile.com** Lic. #917883

TILE WORK

BAXTER TILE

EXPERT INSTALLATION REMODELING & REPAIR

Ceramic • Marble • Granite
Floors • Counters • Walls

40 Years Experience • FREE Estimates

916-213-4669

License #668100

CLASSIFIED ADS

BOOKKEEPING

#1 CONCIERGE BOOKKEEPER
36 years exp. in industries like Auto, Mechanics, Restaurants, Caterers, Massage, Doctors, Chiropractors, Non-Profits, Retail, Marshal Arts, Barber, Construction, Wholesale, Investment Clubs, Corp, Partnerships, Small Business. We are experts in General Ledger, Payroll, Profit & Loss & Quarterlies. Call for your concierge appt. Same low 1990 rates. Ask for Irene Senst (916) 640-3820, Nevada (775) 410-3422. www.taxirene.info • taxireneinfo@gmail.com

YOUR AD HERE

RESERVE YOUR SPACE IN THE CLASSIFIEDS! CALL 916-429-9901

BUSINESS SERVICES

#1 CONCIERGE BUSINESS SERVICES
Put our 36 years in Concierge Business Support Service to work for your business. We provide support in: Licensing, Business & Corp Start-ups or Closures, Basic web design, Set-up social media. Business Concierge Shopping, Marketing and much more. Please contact Irene Senst (916) 640-3820 CA, (775) 410-3422 NV. www.taxirene.info • taxireneinfo@gmail.com

HANDYMAN

HANDYMAN SERVICES
No job too small. Make your "to-do" list and give me a call. Electrical, Plumbing, Tile, Sheetrock,Plaster, Stucco, Repairs and Remodeling, you name it! **Lic# 908942. Call Steven at 230-2114.**

SPECIAL ALZHEIMER'S LIVING

REVERE COURT

MEMORY CARE Lic. #347001338/342

Do you enjoy making people smile?

Do you want to work with people who care? Are you ready to join a team that makes a difference every day? If so, you may be interested in becoming a caregiver!

Stop by Today!

www.reverecourt.com

(916) 392-3510

7707 Rush River Dr. Sacto, CA 95831

www.valcomnews.com

FOR SALE

2003 FORD FOCUS FOR SALE
White. Mileage 127 K.
Well cared for, great little car.
$3,500 FIRM.
In Pocket area.
Call 916 399-5719

HANDYMAN

CLEAN-UP SPECIALS!
Summer yard cleaning – Yard clean-up. Rain gutter cleaning, pressure washing/power spray, hauling, yard work, painting, tree & shrub removal, clean-up, fence repairs, light tree trimming, & more. Ref avail. Call Les at 838-1247. **22 yrs. exp. Specials for seniors. Licensed**

TAX PREPARER

#1 CONCIERGE TAX PREPARER
36 yrs. exp. We specialize in Business Tax returns including Corp & Partnerships. FREE Pick-up & Delivery to those who qualify. We prepare expertly **all past tax returns** including all State returns. Get the most deductions allowed to you by law. CTEC + IRS Registered & Bonded. Please call for your appt. today. Irene Senst (916) 640-3820 CA, (775) 410-3422 NV. Same low 1990 rates. www.taxirene.info • taxireneinfo@gmail.com

FOE SALE

CLEAR LAKE LOTS
Owner can sell a 5000 sq.ft. lot (utilities available) as little as$500.00 down and $216.00 per month. 1 mile from the lake.
Call Bob @ 707-998-1785 or 702-523-5239

What's happening East Sacramento?

FRIDAY, AUG. 16

LEGO MANIA! – Like building with LEGO bricks? Join us for our monthly free-play afternoon! LEGO and DUPLO LEGO bricks will be provided for this free, family program. Friday, August 16 from 3:30 – 4:30 p.m. at McKinley Library, 601 Alhambra Blvd, Sacramento.

SATURDAY, AUG. 17

SACRAMENTO ZOO ICE CREAM SAFARI: Saturday, August 17, 2019 at 5 PM – 8 PM; Sacramento Zoo, 3930 West Land Park Drive. For tickets, visit www.saczoo.org.

INTRODUCTION TO INDOOR CANNABIS GROWING FOR PERSONAL USE: From 4 to 6 p.m., the Yisrael Family Farm and WOC (Women of Color) Canna invite you to learn to indoor grow your own cannabis plants for your personal use. California law permits you to grow up to six cannabis plants for personal use. Through this class you'll learn different grow set-up techniques, preparations, and growing from the seed to vegetation stage of growing cannabis. Learn proper feeding, plant maintenance, transplanting, and how to keep your plants healthy and strong. Each participant will take home a DIY guide with easy to follow steps and resources. Class instructor, Tiffani Sharp, is the CEO/Founder of WOC Canna. WOC Canna provides business equity opportunities to women of color from communities adversely affected by the criminalization of cannabis. Tiffani Sharp is also a licensed attorney with a specialization in International Law and is currently pursuing a certificate in Cannabis Law for the purpose of serving Sacramento communities. She has spent over 20 years advocating for the rights of the underrepresented. Also an herbalist for over 20 years, Tiffani utilizes cannabis for therapeutic healing and is an indoor grower of cannabis. For tickets, visit www.brownpapertickets.com; 4505 Roosevelt Ave.

FRIDAY, AUG. 23

MINECRAFT – Enjoy this computer game filled with mining, crafting and exploring! Play with new friends on the library's own server. No experience necessary. Spots are first-come, first-served. Recommended for ages 8—14. Friday, August 23 from 3:30 – 4:30 p.m. at McKinley Library, 601 Alhambra Blvd, Sacramento.

SATURDAY, AUG. 24

RACE FOR THE ARTS 5K: Celebrating 21 years, Race for the Arts 5K, Kids Fun Runs and free Arts Festival is filled with food, fun and entertainment. The event starts at 7:30 a.m. . Race for the Arts is a nonprofit organization that raises funds and awareness for California nonprofit performing, literary, cultural and visual arts organizations and for school music, drama, literary and art programs. It's fun for the experienced runners and the casual walkers with entertainment (on racecourse and on stage), food for sampling and food for purchase (Pizza Rock and T&R Taste of Texas BBQ) & hands-on booths all make it more than a run, it's an experience. Teams of 10 or more receive 20% discount. For more information, visit www.RacefortheArts.com or email sriceecp@aol.com

FAIRYTALE TOWN TALES & ALES BREWFEST FUNDRAISER:
All-ages birthday fundraiser featuring local craft breweries, food trucks, and live music from 5 to 9 p.m.. Proceeds will support Fairytale Town's education programs and park improvements. Fairytale Town is located at 3901 Land Park Drive. For more information, visit http://bit.ly/fttTalesAles

SUNDAY, AUG. 25

CURTIS FEST ARTISAN FESTIVAL: The 13th Annual Curtis Fest will feature over 75 local artisans under the beautiful canopy of trees at Curtis Park from 10 a.m. to 4 p.m. Artists and makers include painters, sculptors, textile artists, and wood workers. Live music, food trucks, a kids Zone and a pet refreshment station makes this a great way to finish out the summer. Applications to vend are now open at https://sierra2.org/cf2019vend/

ONGOING

KNIT AND CRAFT – A morning of fiber arts fun! Participants can learn to knit or crochet, get help with projects, and chat with new friends. Don't forget to bring your craft supplies! Adult. Wednesdays from 10 a.m. – noon at McKinley Library, 601 Alhambra Blvd, Sacramento.

SACRAMENTO AREA ENGLISH COUNTRY DANCE: Great news for those who live relatively close to central Sacramento! The Sacramento Country Dance Society is adding a second monthly English Country Dance, on the third Sunday afternoon of each month. Lovely hall and floor, easy parking, and on the American River Bike Trail. Come join us at Camp Pollock, just 5 minutes from downtown/midtown Sacramento, from 2:00 to 5:00 pm. Each dance is preceded at 1:30 pm by an Introductory Workshop for newcomers. This is in addition to our long-running dance in Roseville that continues on the first Sunday afternoon of each month. Beginners welcome, no partners necessary, always live music. Details about both dances, including callers, music, locations, and date changes, can be found on our Web site: sactocds.org/english-country-dance/

TOWER BREWING MONDAY OPEN MIC: Mondays from 630 to 10 p.m. at Sactown Union Brewery 1210 66th Street, Unit B, Sacramento, California 95819. Host Autumn Sky brings you a weekly open-mic night to express yourself and be apart of a unique, supportive community! Sign ups at 6:30 p.m., open mic begins at 7 p.m. and it's all ages until 8 p.m. A house guitar is provided (Autumn's own!) to play if bringing yours is difficult. There's beer, pizza next door that delivers to the open mic, and they welcome well behaved dogs. Comedy, DJing, spoken word, poetry, instrumental performance, songwriters, cover heroes and rappers are all welcome.

CORN - HOLE EVERY THURSDAY NIGHT AT SACTOWN UNION BREWERY: Be a part of the Sports Social Club. XOSO Sports Host Corn - Hole League Every Thursday Night from 6:30 to 9:30 p.m. at Sactown Union Brewery, 1210 66th St. VISIT www.xososports.com to register. Because even adults need recess.

FRIENDS AND FAMILY OF SURVIVORS SUPPORT GROUP: Every first Monday of the month from 6 to 7 p.m. Location: Sacramento. Call 916-428-3271 for exact location. Description: Is your friend or family member in a domestic violence, sexual assault, or human trafficking situation? This free, drop-in group is for you. Learn how to support your loved one, and receive some support yourself among people who are in the same situation. Feel free to call My Sister's House for more information: 916-428-3271.

#METOO SUPPORT GROUP: Every third Monday of the month from 6 to 7 p.m. Location: Sacramento. Call 916-428-3271 for exact location. Description: This drop-in support group is free, confidential, open to all genders, and available to sexual assault survivors at any point in their healing. Feel free to call My Sister's House for more information: 916-428-3271.

STATE FAIR SCHOLARSHIP APPLICATIONS ANNOUNCED: The Friends of the California State Fair Scholarship Program is now accepting scholarship applications for the 2018 - 2019 academic year. The program offers 14 categories of scholarships ranging from $1,000 - $2,500 each with varying eligibility requirements. Categories include: agriculture, art, academic excellence, business, culinary/hospitality/event management, education, international relations, trade school, viticulture and enology. Applicants may apply for one scholarship category of their choice per year and will be evaluated based on academics, community service, quality of essay and recommendation. Top scholarship winners in select categories may be invited to compete for the $5,000 Ironstone Concours Foundation Scholarship Scholarships are not renewable; however, students may reapply each year as long as they continue to meet the eligibility criteria. The Friends of the California State Fair Scholarship Program is a collaboration between the Friends of the California State Fair, the California Exposition & State Fair, the California State Fair Agricultural Advisory Council, the Ironstone Concours Foundation, Blue Diamond Growers and Western Fairs Association. International Scholarship and Tuition Services, Inc. (ISTS), an independent scholarship management company, hosts the online application process and disburses awards for the program. The deadline to apply is March 2, 2018. Learn more at CAStateFair.org/scholarship. For questions about the Friends of the California State Fair Scholarship Program, please email scholarship@calexpo.com.

Sacramento's First Hospice for the Homeless features local artists

The public is invited to check out the "InnerSOUL 3" SHELTERS art show to benefit Joshua's House, Sacramento's first hospice house for the terminally ill homeless.

All proceeds from the sale of donated artwork will go to completing the building of Joshua's House, which has received strong support from community leaders such as Congresswoman Doris Matsui, City of Sacramento Mayor Darrell Steinberg and City Council Member Jeff Harris along with the entire City Council.

Area artists, along with Tony Natsoulas and Julia Didion, are invited to participate in this first of its kind art show here in Sacramento. Using the SHELTER as a symbol, artists have been invited to sculpt, paint, stitch and embellish. The results are a remarkable and beautiful art show.

The donated art will help open the doors to the new hospice house dedicated for the terminally ill homeless. This art show will be hosted at E Street Gallery, 1115 E St., Sacramento. The art will be on display until Aug. 26.

For more information about Joshua's House, please email Dr. Marlene von Friederichs-Fitzwater at fitzm@hcri.com . If you're interested in making a donation to Joshua's House, search @JoshuasHouseSacramento on Facebook or visit www.thehcri.org.

For more information about the art show "inner SOUL" please call Helen Plenert at 916-599-2608 or email Helen@hplenert.com



"Raising our Voices Together as One" Unity Concert Planned for August 18th

By Jan Dalske

Raising our Voices Together as One" Unity Concert is planned for Sunday, August 18th. There will be two shows, one at 3 pm and another at 6 pm. The event brings together hearts and voices from all across the Sacramento Interfaith Community to celebrate diversity and unity.

This once a year event will take place at St. John's Lutheran Church located at 1701 L Street in Sacramento, CA. They had a sold out inaugural performance in 2018. The Unity Concert is led by the acclaimed Choral Director Steven Johnson. He is the Choral Director for the Sacramento Gay Men's Choir St. John's Lutheran Church.

This concert officially launches Habitat's Build for Unity Project. This project is a community and multi-faith collaboration piloted in Sacramento which has not spread nationwide and seeks to bring people together of all different creeds, colors, and communities to break down barriers and build homes and unity. The concert is free to attend, family friendly and open to the press and public.

Piloted in Sacramento by Habitat for Humanity in Greater Sacramento in 2016, Build for Unity is an interfaith build which seeks to bring people together of all different faiths and background to come together to break down barriers and build homes and unity. The pilot Build for Unity Project brought together 180 different faith organizations and individuals from across the Christian, Muslim, Jewish, Buddhist, Sikh, and non-denominational faith communities to build two homes side by side in North Sacramento. Since the pilot Sacramento project, "Build for Unity" initiatives have sprouted all across the nation in over three dozen cities from Los Angeles to Houston to New York City.

"Regardless of the division that so often continues to dominate our world's narrative, it is our greatest hope that the Unity Concert, as well as the entire Build for Unity Project, will serve as a convener for healing, celebration, and unity in our Sacramento community." Says Habitat for Humanity Sacramento CEO, Leah Miller. "Following the recent attacks on the Tree of Life synagogue in Pittsburg and growing national rhetoric which continues to divide us, Habitat looks forward to bringing people together through Build for Unity for all different faiths and backgrounds to break down stereotypes and division and build homes, community and hope in our greater Sacramento community and beyond."

Habitat for Humanity of Greater Sacramento is celebrating 33 years of building hope and homes in Sacramento and Yolo County. Since its inception they have provided critical repairs to dozens of senior and Veteran homeowners to help them stay in their homes and age with dignity. You can find out more about their work and how to volunteer on the website: www.habitatgreatersac.org

This event is free and family friendly. Their goal is to raise awareness and support for the "Habitat for Humanity Build for Unity" project. You can learn more about the project or find out how to get involved by visiting this website: HabitatGreaterSac.org/BuildforUnity.

Are you a singer? Are you interested in joining the Community Interfaith Choir? Space is limited. You must be available for rehearsal on all of the following dates: July 31, 7-9 pm, August 14th from 7-9pm, and August 17th from 10 am to 12 pm.

For more information, please contact Kaitlyn Bathke at KBathke@HabitatGreaterSac.org





Labor Day SALE

EVERY sofa & loveseat,
EVERY bedroom set,
EVERY dining set,
EVERY home office,
EVERY kid's room,
EVERY recliner,
EVERY accessory
is ON SALE!*

PLUS

The parking lot is packed with closeouts, discontinued, floor samples, and clearance furniture. Hundreds of items drastically reduced!

HURRY IN BEFORE IT'S GONE!

Clearance
AS IS • NO WARRANTY



Brooklynn, CPO
(Chief Persuasion Officer)
5th Generation,
Naturwood Family



*Photo for illustration purposes only. Product not available.

Naturwood HOME FURNISHINGS

12125 Folsom Blvd.
Rancho Cordova
916-351-0227

Mon – Fri 10am – 8pm
Sat 10am – 6pm
Sun 11am – 6pm

www.naturwood.com

*Sale applies to all indicated items except "Special Buys" and Serta iComfort mattresses. Some items are limited to stock on hand. Sale ends 9/2/19.