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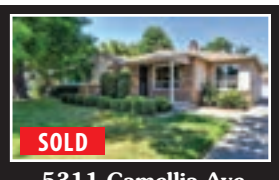
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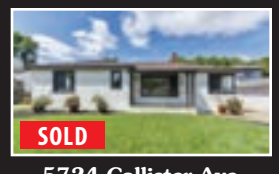
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Door to Door

with PAT LYNCH

Woke Whites

I watched Chelsea Handler's documentary on white privilege. The general gist of it was this: white people are responsible for confronting their own inherited racial privilege. This makes sense. Some white people like to talk to African Americans and Latinos about race, specifically about how he or she, the white person, scorns racism. This isn't always welcome. In fact it's obnoxious to go babbling to people of other races about how you're dealing with your Caucasian advantages. And it ought to be embarrassing because it's part of the Me-ism of white privilege—expecting gratitude and applause from African Americans and others when you empty your windbag of self-discovery on them. Haven't they already been through enough?

So Handler made her documentary to help whites help themselves. For this, kudos. And it's a fast-moving, flawed, but absorbing piece of work. Chandler is trying to be "woke." She doesn't confront the ancient structural nature of racism, but wisely focuses on what whites can do now. The problem is that whites are plentiful, and fall into multiple classifications: whites who try, whites who don't get it, whites who won't get it, whites who don't care, and stunted, jackass whites who hate non-whites and wear MAGA hats. And then there are those high status, gentlemen whites like president Reagan who said, "To see those, those monkeys from those African countries—damn them, they're still uncomfortable wearing shoes." Reagan was talking to Richard Nixon, another president, who laughed heartily and later referred to the same African United Nation members as "cannibals." And then there's Trump, who sees "many fine people" in the alt-right racist mob of Klansmen, nativists, immigrant haters, populists, and radical militia-thugs who swarm his rallies.

So how do people who are trying to be Good-Though-White disassociate themselves from these Bottom-of the-Cesspit Whites and at the same time identify and reject white privilege in their lives? It's not enough to have voted for Obama. And it's not enough to say loudly in mixed groups, "Damn, I sure wish we had Obama back." Whites have to confront racism where they find it and stand against it. Speak against it. That means engaging loudmouth racist whites and causing others to have an uncomfortable evening. This is hard. And you have to do it without "virtue signaling," which is even harder.

Another problem for whites is that the Cesspit whites who surfaced to support Trump are a crushing embarrassment to Good-Though-White people who dread to be held in contempt by people of color. Many Cesspit whites have stockpiled guns and ammo for a future race war. Is it possible for these Cesspit whites to get 'woke?' Who knows? But that is the duty of the Good-Though-Whites: to try to reach them, to teach them.

Do people of color have a duty? Not to whites. To one another. But in large parts of the country, life is white. That's where racist malignancies metastasize. The embedded culture is white. Family, neighbors, friends, people in church, work and school—all white, all the time. White Christmas. White Easter with the risen White Christ with the Anglo features. The teachers, the mayor, the sheriff, the shopkeeper, the minister, the congressmen,—all white. Their fave shows and films are about white people. They TV binge on whiteness. When you visit these regions it's like stepping back in time. Even the food is white. The people seem submerged, maybe permanently, in their cozy blind whiteness.

Also, there's a special white exodus from California: whites who dislike the state's welcoming policies are heading in groups to Idaho to snuggle up to Republicans. Idaho. Here there are miles and miles of whiteness, whole valleys of whiteness. Can these California expats actually become more white in Idaho? Yes. Idaho bleaches the urbanity from them. The Idaho exodus is a pilgrimage for whites who don't believe they have enough privilege, or want more privilege, or fear others will take their privilege from them. They're hard to talk to. They call Good-Though-White people snowflakes, libtards and cucks (don't ask).

Meanwhile California Good-Though-Whites like Handler try to reach out to them, try to help them recognize how white privilege has coddled them. There should probably be a place for Good-Though-Whites to gather, like an AA meeting hall where anonymous whites could talk about their privilege-awareness and the secret security it gives them. They could have confessions, realizations, revelations and breakthrough epiphanies, and not one African American, Latino, Asian or Native American person would have to sit there and listen to it. If this happens Handler's documentary is already part of the solution.

They could discuss blackface. When a sour, grumpy-faced GOP governor was shown to have worn blackface in his youth, the aggravated media pounced on him. When Justin Trudeau confessed to the same mocking burlesque, some tempered their criticisms. The white privilege group in the AA hall could put out a statement that says every public figure should be held to the same standard.

Finally, many people find fault with Chelsea Handler. She's blond, white, rich, pretty, smart, funny, fabulously successful, has had her own TV shows, and writes best sellers. So of course some critics took pains to shred her documentary. But she is a Good-Though-White person who actually tried something, actually put money and skill behind her project. The director of the documentary, Alex Stapleton, an Emmy award winning, African American female, said, "Too often conversations about race turn into heated screaming matches. The goal with this film was to have civilized, honest yet uncomfortable conversations about how intertwined race and privilege are in this country." In that way, it succeeded.

Still, did Handler have to give a black woman a playful slap on the butt on the first night of filming? Netflix thought not, and required her to take sensitivity training because the slapped woman was offended. Was the slap a shocking, ironic leak of white privilege on Handler's part? Handler said no. "It wasn't sexual assault because I'm straight," she said, thinking that addressed the issue. But there were other issues: race, power, fame. So Chandler spoke with the offended woman and took the training. "It's not about how you mean it, it's about how the person takes it," she said afterward. Understanding had come to the star.

So nobody does everything right, especially in the fraught arena of race relations. But for those conscientious enough to try: bravo.

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Art Director ..... Annin Piper
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1109 Markham Way
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East Sacramento

Custom built in 1997, every aspect of this property is well thought out, from the 200 sf loft with custom cabinetry, the built-in pasta rack in the kitchen, to the master bedroom closet lighting and cabinetry, the owner didn't miss a beat in this home's design. Newer flooring throughout, upgraded lighting, modern appliances, granite counter-tops in the kitchen. Third bed has French doors leading to the good-sized backyard. The long driveway leads to a functioning workshop that could also be transformed into an art or yoga studio.

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Artist Gregory Kondos was raised in East Sacramento

He was inspired to seek career as a painter during WWII

By LANCE ARMSTRONG

Editor's Note: This is part one of a two-part series on Sacramento artist Gregory Kondos.

Among the notable people who have called East Sacramento their home is the world- renowned California landscape artist Gregory Kondos.

While meeting with the East Sacramento News last week, Kondos, 96, spoke about growing up in this area and other memories of his life.

Kondos said that although he was not born in Sacramento, he has lived in this city for nearly every year of his life.

"I was born in Lynn, Massachusetts, and we left there (in about 1927), and came to Sacramento," he said. "The reason for that (move) was the climate."

Kondos noted his father, Steve, found work as a barber, and his mother, Kanela, eventually became a cannery worker for the Bercut-Richards Packing Plant, which opened on North 7th Street, near today's Richards Boulevard, in 1932.

Steve and Kanela, who were both immigrants from Greece, had two other children, Olympia and George.

The first Sacramento home of the Kondos family was located at 524 10th St.

By the following year, the family was living at 324 34th St., near McKinley Park, in East Sacramento.

Kondos, who enjoyed the typical offerings of McKinley Park, said that his favorite memory of the park pertains to his mother.

"The Greeks were average people, poor, and my (family) for Thanksgiving, they would celebrate Thanksgiving somehow," he said. "They bought a baby turkey and raised it in the backyard, and my mother had it tied to a string. And here, this turkey got big, and it made a tug and it broke the string, and then it flew over the roof of the house into the panhandle of McKinley Park.

"My mother spotted where it landed, so she ran back home, got in the closet, got my father's 12-gauge shotgun and went to the park and shot the turkey out of (a) tree. She carried it home (by its) two legs, and we had Thanksgiving."



Photo by Lance Armstrong

Gregory Kondos, a world-renowned Sacramento artist sits inside his home on Sept. 27.

Kondos added that his family also enjoyed chicken dinners at home with chickens that his parents purchased in Sacramento's Chinatown.

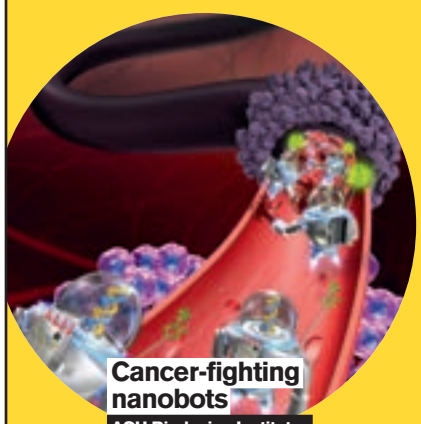
"They would go down to (downtown) Sacramento

see ARTIST page 5

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BEST COLLEGES U.S.News MOST INNOVATIVE 2020

Faces and Places: Sacramento Greek Festival



Photos by Stephen Crowley



For more than 50 years, the Sacramento Greek Festival has shared the vibrant culture, rich food and traditions of Greece with our local community. The authentic cuisine is homemade by volunteers with recipes from all corners of the Greek Mediterranean. The village-style atmosphere of the festival perfectly represents the historical and epic Greek passion for life, food, drink and dance. Shown here are from this year's festival which was held Friday, Oct. 5, Saturday, Oct. 6 and Sunday, Oct. 7 at the Annunciation Greek Orthodox Church, located at 616 Alhambra Blvd.





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Artist:

continued from page 3

and buy the chickens from the Chinese down there, and (workers) would chop off the head and put the chicken in a garbage pail and let it run around in the garbage pail (until it died. This Chinese market) was across from the (Southern Pacific) depot, right in that area. It was the chicken, poultry area for Sacramento."

Also memorable to Kondos are two deliverymen who had routes in East Sacramento.

"I was around when the iceman would come down the street," he said. "He was a Greek (man). He would bring blocks of ice for our icebox – not a refrigerator, but an icebox. Then Mr. (Peter B.) Andrews, who lived on the corner of McKinley Park, he was the bakery man with a horse and a buggy delivering bread to all the Greek families."

Andrews, who resided about a block away from the Kondoses at 461 34th St., was an employee of William J. Kakavas' bakery at 1531 4th St.

Kondos also recalled how is brother would fall asleep while watching movies at the Alhambra Theatre at Alhambra Boulevard and K streets.

"He hadn't come home yet, because (he would be) sleeping in the third row," he said. "He was born (a) seven months baby, so they blamed everything on that."

On Sundays, the Kondoses attended the Greek Orthodox Church of the Annunciation, when it was located at 620 N St. The current church, just west of McKinley Park, was completed in the fall of 1951.

As for his education during his childhood, Kondos attended Theodore Judah School at 39th Street and McKinley Boulevard, and Sutter Junior High School at 18th and K streets.

While at Sutter Junior High, Kondos earned a Golden Key for excellence in art.

Asked to comment on his Golden Key, Kondos did not place much significance in that award, and he added that he no longer knows the whereabouts of the award.

In June 1941, Kondos graduated from Sacramento High School at 34th Street and Broadway.

Less than six months later, the United States declared war on Japan, in response to the Japanese attack on Pearl Harbor.

Kondos recalled how proud his father was to learn that he enlisted in the Navy.

"My father was a wounded soldier from World War I in the Argonne Forest (battle) in France, and he was very, very proud (of his service in the U.S. Army)," he said. "So, when the war broke out, I didn't tell my dad. I went and enlisted, and then when I got home, I said, 'By the way, Dad, I just enlisted in the Navy.' (He responded), 'Oh, my boy.' He just thought that was the greatest thing. Now I'm going to war for America."

Kondos mentioned that it was during his service in the war when he became serious about art.

"When we would shoot the enemy, like shoot a plane down, I would put the flag up, paint it on the bridge," he said. "Then the skipper says, 'I want you to do my portrait.' I said, 'Why? I'm not an artist.'

"He said, 'Well, I saw some of your sketches and I liked them. So, you can use my quarters, but I can't model for you for a long period.'"

Fellow sailors also asked Kondos to sketch drawings for them.

Kondos also recalled being inspired by a Life magazine artist who he viewed painting during the war.

"This guy came on board with a canvas stool and a paint box, and he opened it up on the flight deck and started painting the sailors running around," he said. "Well, that's not bad. I knew I could sketch, but it didn't mean art to me. It was just getting extra doughnuts."

Following the war, Kondos' father asked him what he planned to do next in his life.

Kondos said that his father was surprised by his answer.

"I'm going to go to art school," he replied.

Utilizing the GI Bill and maintaining a budget-strict diet that consisted of many bologna and mayonnaise sandwiches, Kondos attended Los Angeles' Art Center School (today's Art Center College of Design, in Pasadena), in 1947.

He returned to his hometown a year later to continue his studies in art at Sacramento State College – today's California State University, Sacramento. It was at that institution where he also met Wayne Thiebaud, who would also bring artistic notoriety to the capital city through his art.

Kondos said that before his years of earning a living through his art, he worked a variety of jobs.

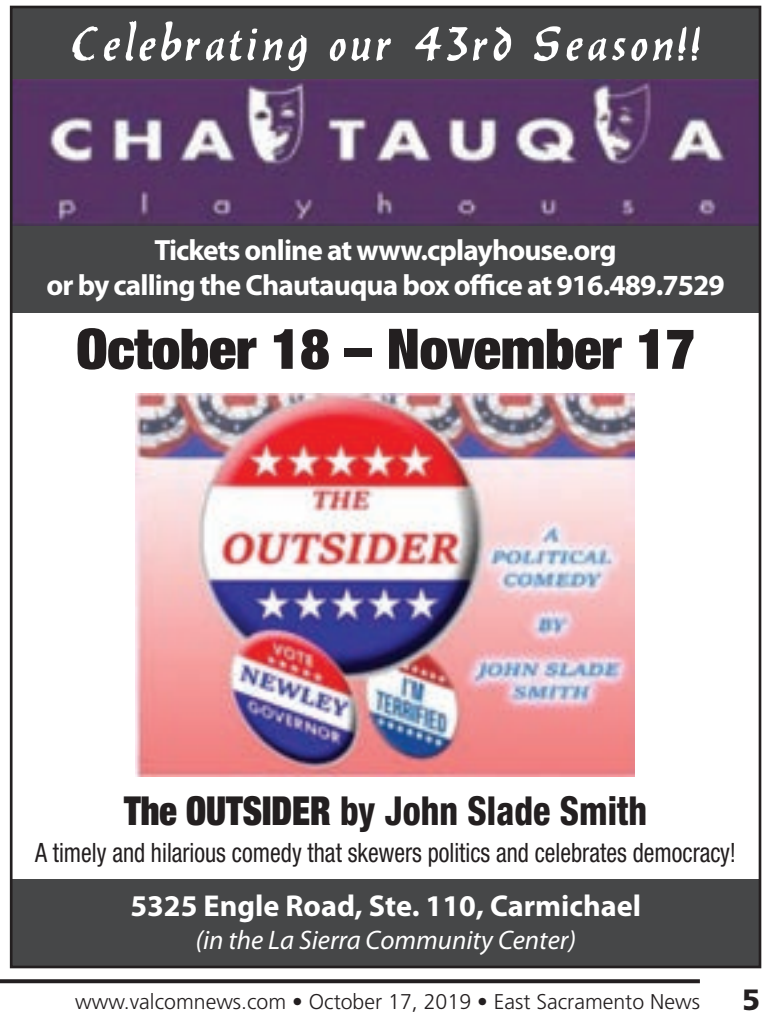
"I did go to work, selling clothes, selling shoes, and I did cannery work (at Bercut-Richards' Sacramento plant)," he said. "It was the life of a peasant, and the wonderful life of a peasant. I don't regret one minute."



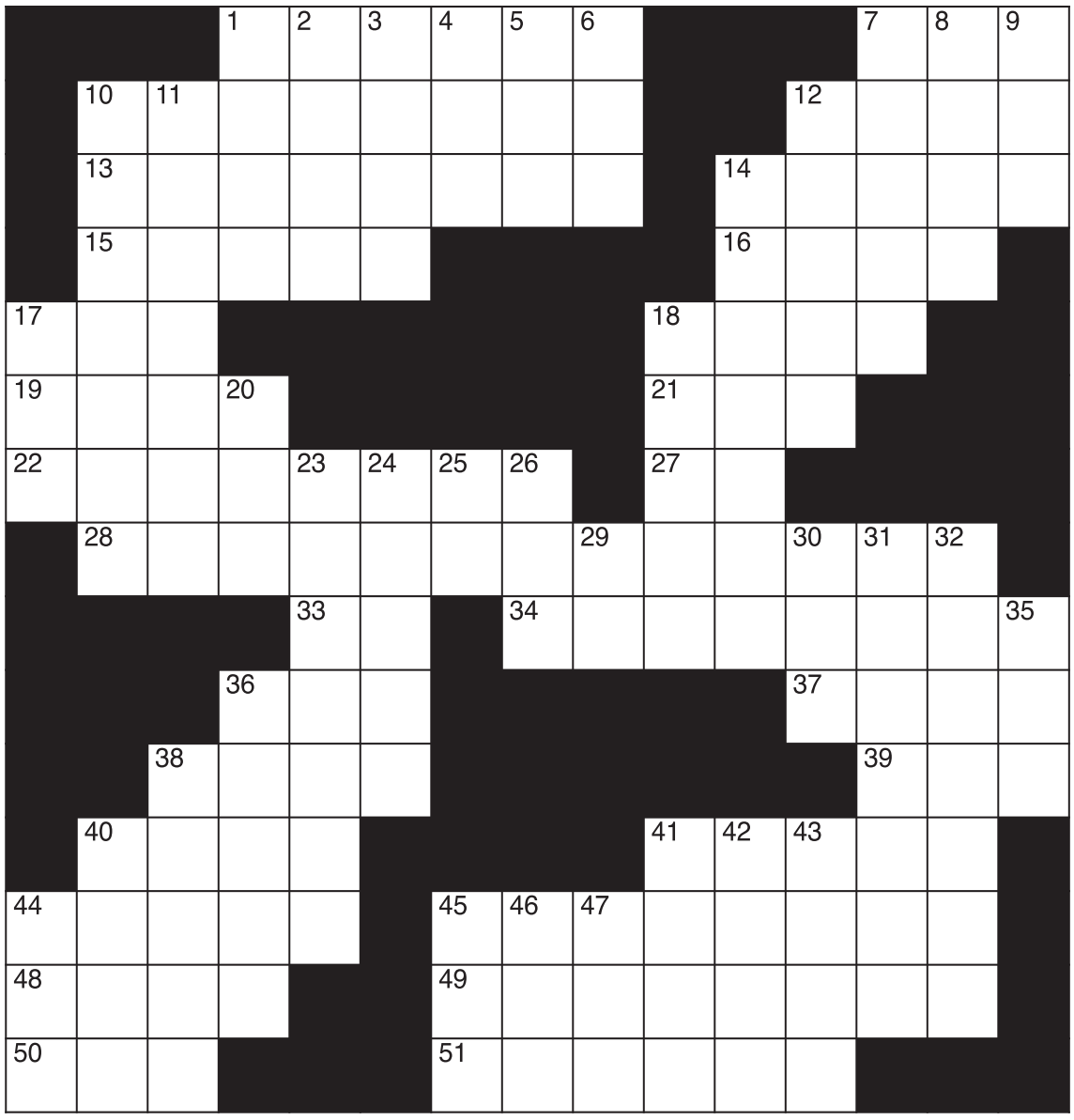
Photo courtesy of Gregory Kondos

Gregory Kondos sits in a goat-drawn cart with his sister, Olympia, in about 1926. This photograph was taken in Maine, a short time before the Kondos family moved to California.





CROSSWORD



CLUES ACROSS

1. Type of relic
7. Type of medical program (abbr.)
10. Outer defense of a castle
12. 1,000 calories (abbr.)
13. A way of using
14. Abounding with surf
15. Expressed violently
16. Shared a boundary with
17. Swedish krona
18. Thick piece of something
19. Wreaths
21. Animated program network (abbr.)
22. Regains possession of
27. Spielberg sci-fi film
28. 2-time Super Bowl winner
33. Ice hockey position (abbr.)
34. Circulatory system parts
36. Supervises flying
37. District in Peru
38. Impudence
39. __ willikers!
40. One point east of southeast
41. Papas' partners
44. Youngsters
45. Type of tree
48. A hazy or indistinct appearance
49. Poems with distinct pattern
50. Marketing term that denotes price
51. Fast drivers

CLUES DOWN

1. Grenade
2. Off-Broadway theater award
3. Small, immature herring
4. __-fi (slang)
5. 007's creator
6. Liquefied natural gas
7. Cleanse thoroughly
8. Handle of a knife
9. Perform diligently
10. Drink pourer
11. Extreme greed
12. Southern Russia river
14. Type of cracker
17. Single Lens Reflex
18. Barely sufficient
20. Slick
23. Reference books
24. Federally recognized native peoples
25. Manganese
26. Senior officer
29. Atomic #18 (abbr.)
30. Tax collector
31. World wonder __ Falls
32. Origins
35. Car mechanics group
36. MMA fighter Urijah
38. Gland secretion
40. Gelatinous water creature
41. Good friend
42. Arab ruler
43. Capital of Belgian province Hainaut
44. English broadcaster
45. Soviet Socialist Republic
46. Affirmative
47. Trigonometric function (abbr.)

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Strange BUT TRUE

By Samantha Weaver

• It was Austrian philosophical author Robert Musil who made the following sage observation: "It's not the genius who is 100 years ahead of his time but average man who is 100 years behind it."

• Here's a sign of our increasingly cluttered lives: When the National Association of Professional Organizers was formed in 1985, it had five members. Today there are more than 3,500 registered organizers with the group.

• Despite many people's assumptions, the word "bayou" doesn't come from French; it's from the Choctaw word "bayuk."

• Those who study such things say that in tunnels that have lighting on the sides rather than above, the placement of those lights can influence the likelihood of people speeding. Evidently, the farther apart the side lights are placed, the faster drivers go.

• Florida famously harbors many species of orchid — and one of them smells so bad that it's been known to make bees sick. It's called the Violent Stench.

• In February of this year, a Japanese man named Yuya Yamada broke his own Guinness World Record for the largest hula hoop spun around the body three consecutive times — the hoop in question measured 17.72 feet in diameter.

• If you harbor overmuch ill will toward your mother-in-law, you could be described as "pentheraphobic."

• It was Britain's Prince Albert who originated the boutonniere. It seems that while they were courting, Queen Victoria offered a small bouquet of flowers to her future husband. Prince Albert used his pocketknife to cut a hole in the lapel of his jacket and put the stems of the bouquet through it.

***

Thought for the Day: "If you watch a game, it's fun. If you play at it, it's recreation. If you work at it, it's golf." — *Bob Hope*

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Cruising American Graffiti style: Annual CruiseFest brought out some movie favorites and local hobbyists





By Charlotte Sanchez-Kosa
Photos by Stephen Crowley

It had all the feel of walking onto a movie set. The memories came flooding back of Ron Howard, Cindy Williams, Richard Dreyfus, Harrison Ford and all the other young stars who made American Graffiti into a cult film. Only on this set, parked in front of the California Automobile Museum on Front Street in Sacramento, the cars were the stars.

On the morning of Friday, Oct. 4, participants in the Sacramento CruiseFest brought some of their vehicles to the museum to allow an early preview for the annual event, which was held the following day. Most notable of the vehicles were the Tribute Team American Graffiti Cars.

From the black 1955 Chevy driven by Ford, the yellow 1932 Ford Coupe driven by Paul Le Mat, the white 1958 Chevrolet Impala driven by Howard and the Vespa ridden by Charles Martin Smith, all vehicles were restored to resemble those used in the movie.

"These cars are tributes, the original ones are very hard to get a hold of," said Ken Crawford 70, of Milwaukie, Oregon. "The original '58 of course, we toured with it for a couple of years before it sold and it's in North Carolina in a museum. This one is on the road. It just happens to be in Sacramento today. The '58 of course, is signed by Ron Howard. We met him at Skywalker Ranch two years ago and Mr. Geroge Lucas has signed the '32 and the '55. These are the major cars that were in the movie and there's one other and that was the '56 Tbird. It was recently sold in Monterey at the Mecum Auction. It's left the Bay Area and is on its way to a happy home somewhere."

He added that they have had a lot of fun with the cars. To celebrate the 40th anniversary of the movie, they reenacted a race from the the movie without rolling over any cars.

"It was just a whole lot of fun," he said. "In 2005, I started looking for the cars. I purchased a little red T Bucket. I sold the T Bucket to get started on the 58'. So the upholstery is the tuck and roll. What an honor to meet Ron and have him sign the car."

Jeff Zastrow, 71, of El Dorado Hills, has always been a car guy. He and his son purchased the 1955 Chevy 20 years ago. It had been an ex-race car. As they started working on it, people started telling him how much the car resembled the car driven by Ford in the movie.

"When I painted it black, I took it to Petaluma for one of the big American Graffiti shows. All of the sudden people were taking notice of the car," he said. "I got a call in in 2013 because the car had come to Petaluma and they were going to re-film all of the race scenes and they wanted my car. We did all the race scenes and stuff and the kid that owned the yellow car said, 'I can't do this because it takes too much time away from my business, so I'm going to sell the car,' So my wife said,' You have to buy that car. These two cars have to be together.' So I sold my other car and bought the yellow coupe."

see CRUISEFEST page 10



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Check out the Home Improvement Guide Call Melissa at 429-9901 for ad rates.

The Camellia City Flute Choir to celebrate 20th anniversary with concert

The Camellia City Flute Choir, under the direction of Martin Melicharek, is pleased to announce its 20th Anniversary Concert on Sunday, Oct. 20, at 3 p.m. in the chapel of the Fair Oaks Presbyterian Church, 11427 Fair Oaks Blvd., Fair Oaks.

This large flute ensemble composed of piccolo, flute, alto flute, bass flute and contrabass flute, provides a unique form of entertainment.

Professional and highly-accomplished amateur flutists make up this eighteen-member ensemble that has grown in popularity over the years.



The group was the first adult flute choir established in the Sacramento area, and has premiered several works for flute choir, many of which are arrangements by Melicharek.

The Camellia City Flute Choir has performed at several annual National Flute Association Conventions around the United States, and in Sacramento has performed on the Crocker Art Museum Classical Concert Series, Westminster Presbyterian Church Music at Noon Series, and at the Capitol Rotunda Holiday Concerts.

The choir will offer a light program of arrangements of familiar tunes such as Amazing Grace, Over the Rainbow, Melicharek's arrangement of Mozart's Grand Serenade for Winds, as well as a jazzy piece by well- known jazz flutist Ali Ryerson. There will also be a demonstration of the lesser-known low flutes: the alto, bass and contrabass. Members of the audience are invited to bring their flutes to join the choir in a performance of Pie Jesu from Faure's Requiem.

Advance purchase general admission tickets are available at the Sacramento Flute Club's Website, www.sacramentofluteclub.org.

Registration is required through the Website for those wishing to participate in the play-along of Pie Jesu, so that music parts can be sent.

Tickets at the door are available through Eventbrite. Tickets are: Adults $15, students with ID, $10. children 10 and under, free. The audience is invited to attend a reception following the concert.





CruiseFest:

continued from page 7

Both car owners said they thoroughly enjoyed American Graffiti because they had grown up in that era and remember cruising as teenagers.

"I did those exact things," Zastrow said. "Back then you'd just look for the fastest car in town and get a race going."

But Friday's event and Saturday's cruise wasn't just about the American Graffiti cars, it was about other custom and classic cars as well. Also visiting the museum on Friday was the Wild Bill's 2005, polished aluminum Panoz Esperante, sponsored by Wild Bill's Tattoo of Roseville, and a 1915 T Bucket owned by Robert Hulog, 62, of Carmichael.

"This was my dream car when I was a kid," Hulog said. "I built it all from the ground up. I started with four pieces of steel and welded the frame together. I got a rear end of a jaguar. It's all custom."

He added he had a lot of help piecing it together and feels very fortunate to have been able to build it.

"I cruise it every Sunday," he said. "I try to get out in it and take it for a ride. It's fun! Kids like it because it's little."

For Hulog and the rest of the car owners, although a lot of sweat and tears went into restoring the vehicles, they all agree that the work was a labor of love and they are proud of what they created. So getting the opportunity to show people what they've done, makes them very happy.

What's happening East Sacramento?

FRIDAY, OCT. 18

MINECRAFT – Enjoy this computer game filled with mining, crafting and exploring! Play with new friends on the library's own server. No experience necessary. Spots are first-come, first-served. Recommended for ages 8—14. Friday, October 18 from 3:30 – 4:30 p.m. at McKinley Library, 601 Alhambra Blvd, Sacramento.

SATURDAY, OCT. 19 -- SUNDAY, OCT. 20

BONSAI & SUISEKI SHOW: From 10 a.m. to 4 p.m. each day this is the Capital City's 20th Anniversary collaborative fundraiser show. Organizers have planned a full day of activities: Bonsai tree exhibition, mini demos (10-noon), main demo (1-3:30 p.m.), benefit drawings, member sales, vendor sales, and silent auction. Free parking available.The event will be held at the Shepard Garden and Arts Center, 3330 McKinley Blvd, Sacramento, 95816 and will benefit the GSBF Bonsai Garden at Lake Merritt.

FRIDAY, OCT. 25

SPOOKY, SLIMY STEAM CRAFTS – Get ready for Halloween by doing some Halloween-inspired arts and crafts, such as making spooky slime and creepy 3-D creations! School-age. Friday, October 25, 3:30 – 4:30 p.m. at McKinley Library, 601 Alhambra Blvd, Sacramento.

ONGOING

KNIT AND CRAFT – A morning of fiber arts fun! Participants can learn to knit or crochet, get help with projects, and chat with new friends. Don't forget to bring your craft supplies! Adult. Wednesdays from 10 a.m. – noon at McKinley Library, 601 Alhambra Blvd, Sacramento.

SACRAMENTO AREA ENGLISH COUNTRY DANCE: Great news for those who live relatively close to central Sacramento! The Sacramento Country Dance Society is adding a second monthly English Country Dance, on the third Sunday afternoon of each month. Lovely hall and floor, easy parking, and on the American River Bike Trail. Come join us at Camp Pollock, just 5 minutes from downtown/midtown Sacramento, from 2:00 to 5:00 pm. Each dance is preceded at 1:30 pm by an Introductory Workshop for newcomers. This is in addition to our long-running dance in Roseville that continues on the first Sunday afternoon of each month. Beginners welcome, no partners necessary, always live music. Details about both dances, including callers, music, locations, and date changes, can be found on our Web site: sactocds.org/english-country-dance/

TOWER BREWING MONDAY OPEN MIC: Mondays from 630 to 10 p.m. at Sactown Union Brewery 1210 66th Street, Unit B, Sacramento, California 95819. Host Autumn Sky brings you a weekly open-mic night to express yourself and be apart of a unique, supportive community! Sign ups at 6:30 p.m., open mic begins at 7 p.m. and it's all ages until 8 p.m. A house guitar is provided (Autumn's own!) to play if bringing yours is difficult. There's beer, pizza next door that delivers to the open mic, and they welcome well behaved dogs. Comedy, DJing, spoken word, poetry, instrumental performance, songwriters, cover heroes and rappers are all welcome.

CORN - HOLE EVERY THURSDAY NIGHT AT SACTOWN UNION BREWERY: Be a part of the Sports Social Club. XOSO Sports Host Corn - Hole League Every Thursday Night from 6:30 to 9:30 p.m. at Sactown Union Brewery, 1210 66th St. VISIT www.xososports.com to register. Because even adults need recess.

FRIENDS AND FAMILY OF SURVIVORS SUPPORT GROUP: Every first Monday of the month from 6 to 7 p.m. Location: Sacramento. Call 916-428-3271 for exact location. Description: Is your friend or family member in a domestic violence, sexual assault, or human trafficking situation? This free, drop-in group is for you. Learn how to support your loved one, and receive some support yourself among people who are in the same situation. Feel free to call My Sister's House for more information: 916-428-3271.

#METOO SUPPORT GROUP: Every third Monday of the month from 6 to 7 p.m. Location: Sacramento. Call 916-428-3271 for exact location. Description: This drop-in support group is free, confidential, open to all genders, and available to sexual assault survivors at any point in their healing. Feel free to call My Sister's House for more information: 916-428-3271.

STATE FAIR SCHOLARSHIP APPLICATIONS ANNOUNCED: The Friends of the California State Fair Scholarship Program is now accepting scholarship applications for the 2018 - 2019 academic year. The program offers 14 categories of scholarships ranging from $1,000 - $2,500 each with varying eligibility requirements. Categories include: agriculture, art, academic excellence, business, culinary/hospitality/event management, education, international relations, trade school, viticulture and enology. Applicants may apply for one scholarship category of their choice per year and will be evaluated based on academics, community service, quality of essay and recommendation. Top scholarship winners in select categories may be invited to compete for the $5,000 Ironstone Concours Foundation Scholarship Scholarships are not renewable; however, students may reapply each year as long as they continue to meet the eligibility criteria. The Friends of the California State Fair Scholarship Program is a collaboration between the Friends of the California State Fair, the California Exposition & State Fair, the California State Fair Agricultural Advisory Council, the Ironstone Concours Foundation, Blue Diamond Growers and Western Fairs Association. International Scholarship and Tuition Services, Inc. (ISTS), an independent scholarship management company, hosts the online application process and disburses awards for the program. The deadline to apply is March 2, 2018. Learn more at CAStateFair.org/scholarship. For questions about the Friends of the California State Fair Scholarship Program, please email scholarship@calexpo.com.

SAC UNIFIED POETRY SLAM: Jenny Lynn and Joe Montoya's Poetry Unplugged present The Sac Unified Poetry Slam every third Friday at Luna's, 1414 16th St., starting at 7:30 p.m. The show is unpredictable. The special guests and judges won't be known until they sign up. The slam is three rounds. This is a FREE show with purchase at the cafe, donations are encouraged to cover PSI venue dues and show staffing. $5 to slam (except youth 18 and under) winner takes the whole pot. Luna's Cafe will be serving the freshest juices and licuados in town, nothing frozen or concentrated. The menu also includes sandwiches, salads, our famous quesadilla, fresh-ground coffee, mochas, and other espresso drinks. A nice selection of beer and wine is also offered. Enjoy it all in the comfortable atmosphere of Luna's, one of this area's original cafe galleries. Supporting artists of all kinds for over 30 years.

JANE AUSTEN READING GROUP AT ELLA K. MCCLATCHY LIBRARY: This monthly group reads the works of Jane Austen and meets the third Saturday of each month in the Ella K. McClatchy library from 3:30 p.m. to 5 p.m. All Austen fans are welcome. 2112 22nd St.

NON-PROFIT ORGANIZATION IS SEEKING LOCAL HOST FAMILIES FOR HIGH SCHOOL EXCHANGE STUDENTS: ASSE International Student Exchange Programs (ASSE), in cooperation with your community high school, is looking for local families to host boys and girls between the ages of 15 to 18 from a variety of countries: Norway, Denmark, Spain, Italy, Japan, to name a few. ASSE students are enthusiastic and excited to experience American culture while they practice their English. They also love to share their own culture and language with their host families. Host families welcome these students into their family, not as a guest, but as a family member, giving everyone involved a rich cultural experience. The exchange students have pocket money for personal expenses and full health, accident and liability insurance. ASSE students are selected based on academics and personality, and host families can choose their student from a wide variety of backgrounds, countries and personal interests. To become an ASSE Host Family or to find out how to become involved with ASSE in your community, please call the ASSE Western Regional Office at 1-800-733-2773 or go to www.host.asse.com to begin your host family application. Students are eager to learn about their American host family, so begin the process of welcoming your new son or daughter today!

KNITTING CIRCLE AT MCKINLEY LIBRARY – Any adult interested in knitting — even an absolute beginner — is invited to join. Participants can learn to knit, or get help on current projects and advice from expert knitters. Don't forget to bring your knitting needles and yarn. Wednesdays from 10 a.m. to 12 noon at McKinley Library, 601 Alhambra Blvd, Sacramento.

TEEN SPACE AT MCKINLEY LIBRARY – Looking for something fun to do after school? Need a place where you're free to hang out with your friends and have a snack? Come to the McKinley Library Teen Space, Wednesdays from 3p.m. to 4:30 p.m. at McKinley Library, 601 Alhambra Blvd, Sacramento.

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