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East Sacramento News

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Acoustic Sanctuary relocates to Old Sacramento

Mobile entertainment venue was midtown fixture for 17 years

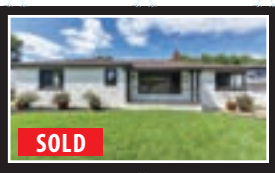
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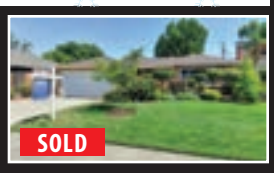
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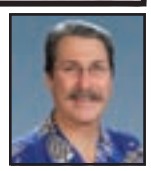
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Editorial questions: (916) 267-8992

East Sacramento News is published on the first and third Thursday of the month in the area bounded by Business 80 on the west, the American River on the north and east and Highway 50 on the south.

Publisher ..... David Herburger
Editor ..... Monica Stark
Art Director ..... Annin Piper
Advertising Director ..... Jim O'Donnell
Advertising Executives: ..... Melissa Andrews, Linda Pohl

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Vol. XXVIII • No. 24

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Cover photo by: Courtesy of Harrington King and Lance Armstrong

Faces and Places: Silent Sleigh

Photos by Stephen Crowley

Deaf and hard-of-hearing children got to experience Christmas magic with Santa communicating by sign language and enjoying arts and crafts as well as treats with their friends.

The event, known as the 28th annual Silent Sleigh, was held on Dec. 10 at La Sierra Community Center.











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Produce with a Purpose: Handmade Holidays

By Kerin Gould

Once a growing-season, I ask my wonderful neighbor, Dave, to come over and till a couple of garden plots. It's a clean slate for new plants. I wish I could go no-till, but the Bermuda grass is relentless. The tractor is big and loud and diesel-scented. He loves his machines and knows how to maneuver and maintain them, doing a lot of the mechanic work himself. I don't possess these skills, probably couldn't even point out the carburetor in my riding mower (my only gas-powered tool), but in return for the tractor work, I can cook homemade treats.

My main tools are the broadfork, the wheel-hoe, a battery-powered weed-whacker, and the Japanese hand-hoe. I bend a lot, get my hands in the dirt and feel the soil structure, look at which bugs and how many earthworms are present, and close-up check for pests and little predators and interpret different holes in the leaves. Cabbage worms will go away in winter, but the sparrows will eat any green leafy crop, if they are hungry. I have a homemade pest-repellant recipe I use to give my cabbage-family plants a fighting chance, but picking off worms also helps. I won't ever just spray some toxic stuff on there.

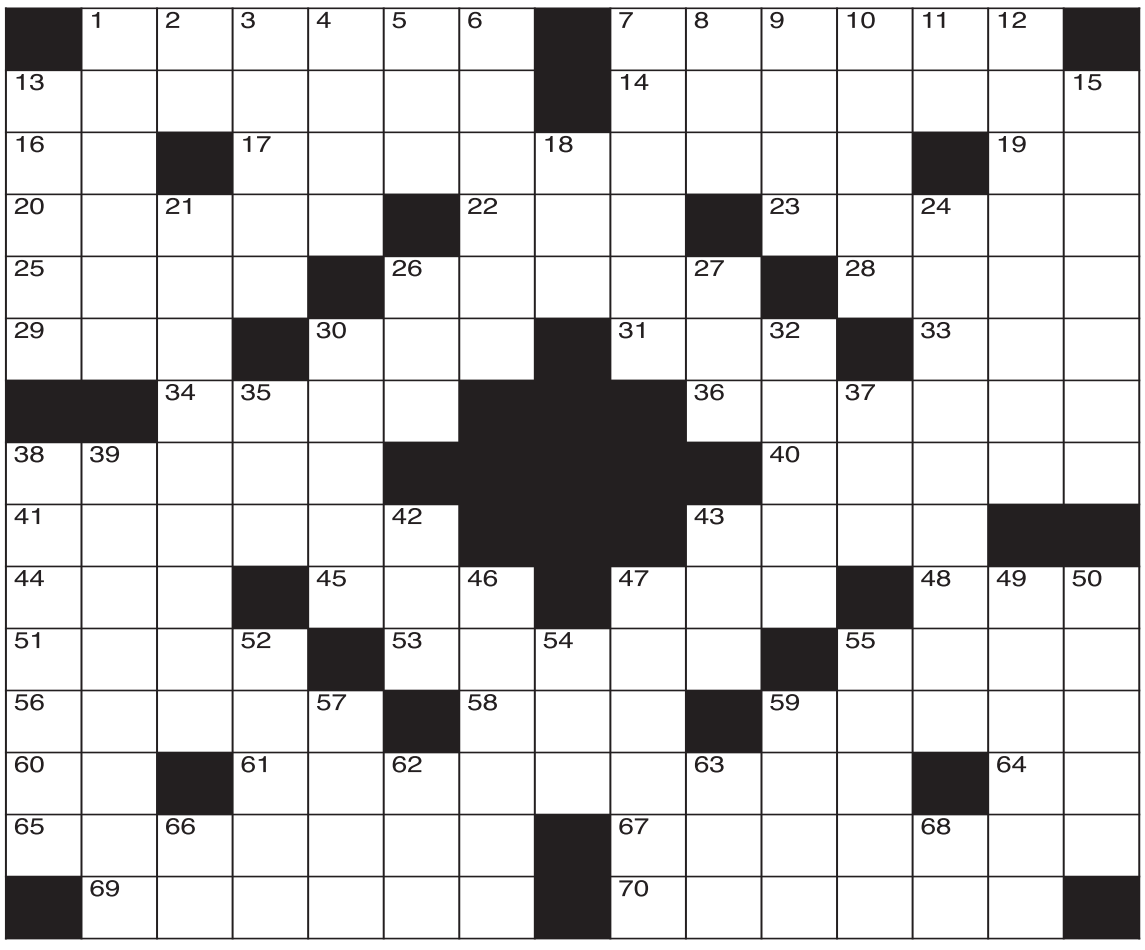
It's more work. But it's personal. It's quiet. It's tactile. It takes a serious scrub to get the soil out of my skin. Organic farmers who don't use mass spraying to get rid of weeds and pests have to do this close-up work by hand. This extra labor is part of why organic strawberries and greens cost more. But on the other hand, pickers aren't getting exposed to toxins. Worth it!

As a person who does a lot of chores by hand, I want to encourage folks to consider handmade gifts this season. Just like the farm chores, they require genuine engagement and visceral interaction, even – dare I say? - love. I often wish I knew how to knit, but honestly, nobody wants a misshapen, irregular mess of a scarf. My niece, on the other hand, is talented with the needles, and I love wearing a big, earthy-colored scarf she made. I'm not recommending we all sew our own clothes and mill our own wheat and become an Amish community, but I am all for specialness and realness when it counts.

What if you really aren't artistic? What if you regularly burn the holiday cookies or can't decorate to save your life? Honestly, my decorating skills would have shown up on that now defunct web site "Regretsy" (Google it) or on Pinterest as a tragic, cautionary tale to others. At my house, we've gotten around that by cutting out cookies in a sweater shape and mak-

see PRODUCE page 5

CROSSWORD



CLUES ACROSS
1. Recurring TV show
7. Throws out
13. Iberian Peninsula microstate
14. Gossip
16. Atomic #20
17. Ivy League institution
19. Of I
20. "He Is __!": Scripture excerpt
22. Musical genre
23. Heavy cavalry sword
25. Ancient Olympic Site
26. Satisfies
28. Popular flower
29. Shared services center
30. Drain
31. A way to attack
33. Urban Transit Authority
34. Spiritual leader
36. Postponed
38. N. American plant with edible purple-black berries
40. Gazes unpleasantly
41. Gets up
43. Capital of Ukraine
44. Returned material authorization (abbr.)
45. Golf score
47. Superhigh frequency
48. Swiss river
51. Felons
53. Succulent plants
55. Soluble ribonucleic acid
56. Deliberately setting fire to
58. Infamous singer Zadora
59. Anwar __, Egyptian statesman
60. Influential sports mag
61. Aromatic Mediterranean plant
64. Sixth note of a major scale
65. Unit of explosive power
67. Large watertight chamber
69. Popular street
70. A way of watering

CLUES DOWN
1. Mollusks
2. -__, denotes past
3. Anchor ropes
4. Large Middle Eastern country
5. To make a mistake
6. Ancient governor
7. Extents
8. Chinese surname
9. NYC subway "residents"
10. Essential oil used as perfume
11. A way to treat injuries (abbr.)
12. Session
13. Units of land areas
15. Goes over once more
18. Where wrestlers work
21. Italian islanders
24. Avenue
26. __ Adams, U.S. President
27. Rest with legs bent
30. Type of flour
32. The Golden State (abbr.)
35. More (Spanish)
37. Stinging, winged insect
38. The use of irony to mock
39. Arsenals
42. Pouch
43. 22nd letter of the Greek alphabet
46. Violent seizure of property
47. Restrict
49. Something comparable to another
50. Punishment device made from stems
52. Soul and calypso songs
54. Formerly OSS
55. Athabaskan language
57. __ bene: observe carefully
59. Six (Spanish)
62. Read-only memory
63. Chinese philosophical principle
66. American conglomerate
68. Tin

Produce:

continued from page 4

ing ugly-sweater cookies to decorate.

Let's say you are artisanally challenged, over-worked or uninspired…There are so many outstanding local artists, crafters, and makers out there and fairs going on at the Crocker, the State Indian Museum, and many more, where the quality is exceptional and the ideas unique. Ideas are the hardest part, aren't they? Of course there are those craft items that are a bit cheesy, too, and there's a gift recipient for that genre on your list, ironically or unironically.

Farmers' markets have gift ideas this month too. Fill up a local treats gift basket for somebody! We revive our connection to other human beings by patronizing local growers, makers and creators, and we can find gifting freshness rather than stale box-store burnout, generic gift cards, and click-click-clicking our way through big shopping sites. And we boost our local economy when we buy from local makers.

Even if you aren't a great cook or decorator, you may be roped into a cookie exchange, need a hostess gift, have to bring something to a work party, need to thank a neighbor for tilling your field, and you don't want to embarrass yourself or just give up and buy something. I have you covered! This is stupid-easy, madly-tasty, secretly healthy, vegan and gluten free. Option one is to make these and put them into paper candy-cups and then put an assortment into a festive gift tin. A second option is to pre-make the basic truffles and then put out little bowls of toppings for people to make their own, sort of like a flight of wines/craft project. Either way, people will be delighted with your handmade delights and amazed at the quality and deliciousness. You can do it!



Rich Chocolate date Truffles

Ingredients for the truffle base:

- 1 1/2 cups of dates
- 6-8 tbsp cacao (unsweetened, of course) adjust to make a workable consistency
- 3 tbsp of grated coconut.

Pre-soak the dates and chop a little if needed. Use a food processor or immersion/stick blender to grind the three ingredients into a paste, going little by little, so you don't overheat your blender. The mixture should be about thick cookie-dough consistency, firm enough to hold the round shape. Form little spheres with a melon-baller. Roll in coating until well covered. Serve in festive paper candy cups.

Coating options:

- grated orange zest
- chopped roasted almonds
- chopped hazelnuts
- chopped walnuts or pecans
- cinnamon and chili
- sesame seeds
- more coconut
- smashed candy canes if you don't have a problem with sugar
- whatever you like!



Acoustic Sanctuary relocates to Old Sacramento

Mobile entertainment venue was midtown fixture for 17 years

By LANCE ARMSTRONG



Photo by Lance Armstrong

Harrington King performs at the Acoustic Sanctuary during a weekend show at the northeast corner of 22nd and J streets, where he parked and played music on a regular basis for 17 years.

Something has been missing from the northeast corner of 22nd and J streets for the past couple months.

Those familiar with the weekend scene in this area have noticed the absence of a large, purple truck bearing the words, "Acoustic Sanctuary."

Many people have become acquainted with this entertainment venue on wheels from the inside, while others maintain certain levels of curiosity from afar.

Accompanied with the green, lighted words, "OneManBand" and "Storyteller," and stairs leading up to its purple curtain-covered entrance, this unique roadside attraction has been hard to miss. It had been a fixture of this midtown street corner on Thursday, Friday and Saturdays evenings since 2002.

Inside his mysterious looking vehicle, Sacramento's Harrington King has entertained thousands upon thousands of people with his unique offering as a one-man band that plays about 40 instruments, and can play various instruments at the same time. His act also includes storytelling with a comedic twist.

But now King and his Acoustic Sanctuary can no longer be found at this site. However, any rumors that might exist that King has closed shop and left the entertainment world should be put to rest.

King told the East Sacramento News last week that he simply relocated to Old Sacramento, next to the schoolhouse museum and just east of the Rio City Café and Joe's Crab Shack.

With a golden backdrop of the lighted Tower Bridge, King continues to play music and tell stories every Thursday, Friday and Saturday from 8 p.m. until late.

He is mostly known by his stage name, Winko Ljizz – a name he partially created because he says he was "born with only one eye open." His self-created surname is short for "legitimate jazz."

King explained the reason for his recent relocation.

"I used to tell (the 22nd and J streets property owner Pete Andreotti) that when he retired, I was going to move on," he said. "He finally did retire. After 17 years, I was burned out being there anyway."

The Acoustic Sanctuary shows generally follow a format, King explained.

"Typically, people come in and the last person that comes in the Acoustic Sanctuary is required to pick a random topic – nothing about music and nothing they see in there," he said. "And then when that topic comes out, then we start making fun of it and telling jokes and singing songs about whatever the topic is."

With this format, King's shows are never identical.

King said that for many years, one of his best friends, Rich Borgquist, served as his Ed McMahon – a reference to the former sideman of television's "The Tonight Show Starring Johnny Carson," which ran from 1962 to 1992.

"I call him Richie B.," he said. "He's all thumbs on his smartphone, looking up trivial facts on whatever the topic is (of the show). He'll kind of blurt them out and we'll tell jokes about that."

As a veteran musician, King's experiences in music extend back to his childhood.

His earliest memory of playing music was blowing on his father's French horn in his childhood home in northwest Florida.

"I played that (instrument) through elementary school and junior high and high school and whatnot in the band programs," he said. "I always did (play music). I don't have any memory of not doing it.

"When I first started playing, I didn't look at it as music. It was just this thing that was in my dad's closet and it was as big as I was, and it kind of hooked to my face and I was getting a sound out of it."

King added that at a very young age, he played the piano in his home, as well as the piano in the home of his aunt.

"I learned my ABCs on a piano, and I don't really remember much about it," he said.

His first instrument of his own was a guitar that he received for his seventh birthday.

With his love for playing music, King began performing for audiences in a trio at a Shakey's Pizza Parlor in Pensacola, Florida during his young adult years. It was his first steady gig as a musician.

King recalled his Shakey's Pizza playing days.

"A guy played banjo, his brother played stand-up bass, then there was a piano player that had a heart attack," he said. "I filled in for (that pianist) one night and they go, 'OK, you're in, man.' So, I played with those guys for a little while and then the owner of the Shakey's wanted me to play (in another Shakey's) in Fort Walton Beach, (Florida)."

At that Shakey's, King played piano and banjo for short, silent movies that were projected onto a screen from an 8 mm projector that sat on top of an upright piano. He also ran the projector.

King said that his one-man band performances date back to about 1976.

He noted that he eventually built several piano bars, which he set up and played in various restaurants and a shopping mall in Florida.

King recalled using a trailer for performances, beginning in 1980.

"I made a homemade trailer that opened up on both sides and the roof opened up where I could do outdoor performing," he said. "I pulled that around (with a Ford) van. I did that in Tallahassee, (Florida)."

The van also served as his place of residence.

Following King's move to Tampa, Florida in 1981, his van became inoperable after it threw an axle shaft.

He next lived at Skipper's Smokehouse, a then-new music venue, which would become an iconic, world-famous entertainment spot.

In 1984, King left Skipper's and began performing on a covered stage on a flatbed truck.

He quickly discovered that he did not care for that performing format.

King referred to that stage as "too impersonal."

"I'm a storyteller," he said. "You can't really tell a story to a huge crowd."

King said that he later returned to Tallahassee, where he acquired an old, yellow school bus and began perform-

see ACOUSTIC page 7

Acoustic:

continued from page 6

ing from a piano bar at the back of the bus.

"We kind of chartered it out for different clubs and different organizations," he said. "It was a party bus, and I lived out of that bus."

These shows would either be performed in a parking lot while the bus was stationary, or someone would drive the bus while King played music.

The bus eventually broke down on a bridge and was hauled to a wrecking yard.

King, who at that point in his life was playing about 20 different musical instruments, returned to Fort Walton Beach. It was in that city where he acquired the truck that he later converted into his present Acoustic Sanctuary performance venue.

That truck, King noted, was sitting on the side of a road with a blown out engine and a "for sale" sign.

King mentioned that his truck is a 1972, former military vehicle, which originally held computer equipment at Eglin Air Force Base in western Florida.

"I think (the computers) controlled missiles," he said. "It was probably conceived of during the Cuban missile crisis in the early 1960s when (John F.) Kennedy was president. I guess what filled that truck (would) now be like a postage stamp in your front pocket."

The truck was also extremely slow, King recalled.

"(It) was designed never to get off the military base, so it had a really low-gear rear end," he said. "It wasn't designed to go barely 50 mile per hour. And so, (in 1988), I drove that thing from Florida to Sacramento pulling a car behind it. It had a lot of torque, power to it, but it wouldn't go fast."

King added that due to the vehicle's slow traveling speed, he grew accustomed to seeing middle fingers of motorists who passed him during his cross-country trip.

His move to Sacramento occurred as part of his short-lived marriage to a military servicewoman who was reassigned to McClellan Air Force Base.

After King arrived in Sacramento, it would be a few years before his Acoustic Sanctuary would hit the road.

King performed his first Sacramento gig at a piano bar in Old Sacramento in the late 1980s.

From 1993 to 1995, King ran Beatniks Vegetarian Juice Bar at 1216 20th St.

The business doubled as his one-man band venue, where he played at a piano bar, and also played such instruments as a guitar, a saxophone, a trombone, a standup bass, and percussive instruments. A second piano bar was available for customers to play.

Following the closure of Beatniks, a barbecue restaurant operated in its place, and King began transforming his truck into the Acoustic Sanctuary.

The venue was created with seven seats and can accommodate as many as 10 guests. It also includes a two-person dance floor.

King, who was also a member docent at the California Automobile Museum for about 25 years, recalled introducing the Acoustic Sanctuary to the community in 1995.

"(Old Sacramento is) where I first went after I got out of the restaurant," he said. "I (later) tried various places around Sacramento. I played in the (excess) parking lot of Tower (Records), where Willie's (restaurant) is at 16th and Broadway."

Another one of King's former performing sites was outside of the Art Foundry Gallery at 10th and R streets.

He eventually ended up in front of Woodard-Ficetti Cleaners and Dyers at 2201 J St., where the historic "D.R. Woodard Cleaner & Dyer" neon sign hung.

Fast-forwarding 17 years, the property was sold earlier this year, and the Acoustic Sanctuary lives on, with King continuing to entertain guests each week at 1160 Front St. in Old Sacramento.

For additional information about King and his Acoustic Sanctuary, visit the website www.acousticsanctuary.com.

Chapa-De Indian Health April Moore Memorial Scholarship Now Accepting Applications for 2020-2021 Academic Year

Chapa-De Indian Health is excited to announce the April Moore Memorial Scholarship is now accepting applications for the 2020-2021 academic year. The scholarship is open to American Indian students currently attending or planning to attend college or a technical, trade or vocational school. Applicants should be in or from Placer, Nevada, Sierra, Sacramento and El Dorado Counties in California. The winner is chosen by the Chapa-De Board of Directors each year.

The $1,000 annual scholarship is offered in recognition of long-time Chapa-De Board President April Moore. Moore dedicated her life to advancing American Indian people and served on the Chapa-De Board of Directors for 26 years.

Scholarship applications are due by February 28, 2020. Winners are announced in May 2020. The Chapa-De Board of Directors selects a new recipient each spring, applicants are encouraged to re-apply for each year they meet the qualifications.

To qualify, applicants must;

Have a minimum cumulative GPA of 3.0

Be American Indian/Alaskan Native; for the purpose of this scholarship this is defined as being eligible for services at Indian Health Service (IHS) Clinics

Plan to pursue vocational training or a college degree

Have attended school in Placer, Nevada, Sierra, Sacramento or El Dorado counties

Submit all required application materials by February 28th

View the application for a full list of scholarship details and requirements: chapa-de.org/download-forms/.

Chapa-De Indian Health (Chapa-De) is a 501(c) 3 nonprofit organization that was established in 1974 and operates community health clinics in Auburn and Grass Valley, California. Chapa-De offers comprehensive primary medical care, dental and orthodontics, behavioral health counseling, psychiatry, nutrition and health education, prenatal care, pharmacy, and optometry services.



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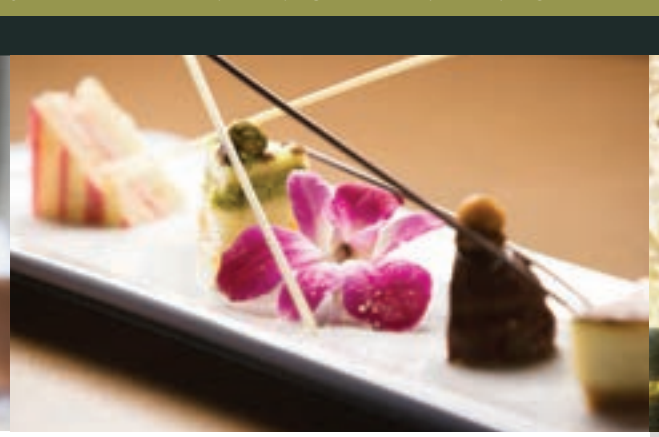
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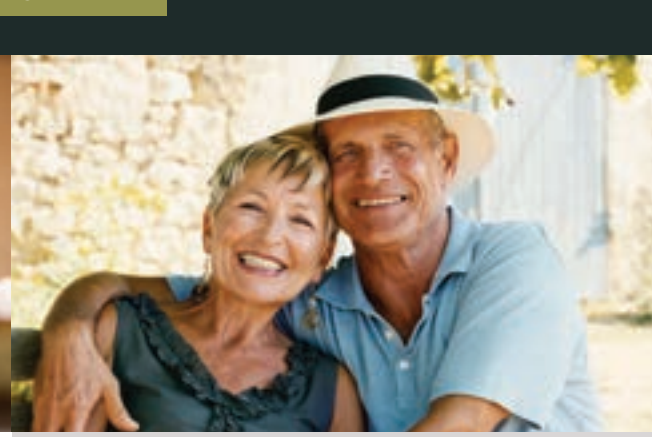
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What's happening East Sacramento?

FRIDAY, DEC. 20

HOLIDAY STEAM CRAFT – Calling all crafters! Come join us for this free, school-age program in which we use both art and science to get ready for the winter holidays. Friday, December 20 from 3:30 – 4:30 p.m. at McKinley Library, 601 Alhambra Blvd, Sacramento.

FRIDAY, DEC. 27

MINECRAFT – Enjoy this computer game filled with mining, crafting and exploring! Play with new friends on the library's own server. No experience necessary. Spots are first-come, first-served. Recommended for ages 8—14. Friday, December 27 from 3:30 – 4:30 p.m. at McKinley Library, 601 Alhambra Blvd, Sacramento.

2020

FRIDAY, JAN. 3

LEGO MANIA! – Like building with LEGO bricks? Join us for our monthly free-play afternoon! LEGO and DUPLO LEGO bricks will be provided for this free, family program. Friday, January 3 from 3:30 – 4:30 p.m. at McKinley Library, 601 Alhambra Blvd, Sacramento.

SUNDAY, JAN. 5

HUMANITARIAN CRISIS FOR IMMIGRANTS - CONTINUES: Find Out What You Can Do. Act Your Conscience. Learn about the appalling conditions of confinement for migrants and refugees. Hear Anna Molander Hermann give an eyewitness account of the situation in San Antonio, and from other advocates working to support asylum seekers, immigrants and the children and families in Northern California and in detention camps.

- The Refugee and Immigrant Center for Education and Legal Services (RAICES)
- Abuelas Responden, the Sacramento Overground Railroad
- NorCal Resist
- SacACT (Area Congregations Together)

Find out about volunteer opportunities and how you can help.
January 5, 2020, 3:00 p.m. – 5:00 p.m.
Congregation B'nai Israel, 3600 Riverside Blvd.
RSVP by December 30, 2019, is suggested. $5 donation at the door appreciated. For more information, contact info@ncjwsac.org or RSVP online on the events page of www.ncjwsac.org.
"Humanitarian Crisis for Immigrants – Continues" is a part of the Speakers Series Call to Action presented by National Council of Jewish Women (NCJW) Sacramento. Next event is GUN VIOLENCE PREVENTION on March 1, 2020, Find Out What You Can Do. Act Your Conscience.

TUESDAY, JAN. 7

READ TO A DOG – Reading aloud to a certified therapy dog is a fun and positive way for beginning readers to develop reading skills and build confidence. Bring a favorite book or choose one from the library, and enjoy reading practice with a furry friend. School-age. Tuesday, January 7 from 3:30 – 4:30 p.m. at McKinley Library, 601 Alhambra Blvd, Sacramento.

WEDNESDAY, JAN. 8

KNIT AND CRAFT – Join us each week for a morning of fiber arts fun! Participants can learn to knit or crochet, get help with projects, and chat with new friends. Don't forget to bring your craft supplies! Adult. 10 a.m. – noon at McKinley Library, 601 Alhambra Blvd, Sacramento.

FRIDAY, JAN. 10

FAIRYTALE ENGINEERING – In honor of Neil Gaiman's fairy tale-inspired works, help us solve storybook problems by building and testing hands-on solutions! Rescue Rapunzel from her tower, or get the Three Billy Goats Gruff across the bridge. The possibilities are endless. Friday, January 10 from 3:30 – 4:30 p.m. at McKinley Library, 601 Alhambra Blvd, Sacramento.

WEDNESDAY, JAN. 15

KNIT AND CRAFT – Join us each week for a morning of fiber arts fun! Participants can learn to knit or crochet, get help with projects, and chat with new friends. Don't forget to bring your craft supplies! Adult. 10 a.m. – noon at McKinley Library, 601 Alhambra Blvd, Sacramento.

FRIDAY, JAN. 17

TWEEN COMICS CLUB – Join us for this free, fun program. We will have snacks, discuss a comic book, do a craft, and have a trivia contest with the chance to win a prize! This month's book: The New Kid by Jerry Craft. Copies will be available at the McKinley branch in November. Recommended for ages 8–12. Friday, January 17 from 3:30 – 4:30 p.m. at McKinley Library, 601 Alhambra Blvd, Sacramento.

WEDNESDAY, JAN. 22

KNIT AND CRAFT – Join us each week for a morning of fiber arts fun! Participants can learn to knit or crochet, get help with projects, and chat with new friends. Don't forget to bring your craft supplies! Adult. 10 a.m. – noon at McKinley Library, 601 Alhambra Blvd, Sacramento.

FRIDAY, JAN. 24

MINECRAFT – Enjoy this computer game filled with mining, crafting and exploring! Play with new friends on the library's own server. No experience necessary. Spots are first-come, first-served. Recommended for ages 8—14. Friday, January 24 from 3:30 – 4:30 p.m. at McKinley Library, 601 Alhambra Blvd, Sacramento.

WEDNESDAY, JAN. 29

KNIT AND CRAFT – Join us each week for a morning of fiber arts fun! Participants can learn to knit or crochet, get help with projects, and chat with new friends. Don't forget to bring your craft supplies! Adult. 10 a.m. – noon at McKinley Library, 601 Alhambra Blvd, Sacramento.

WEDNESDAY, JUNE 10

20TH ANNUAL DIVERSITY EMPLOYMENT DAY CAREER FAIR AND ROUNTABLES: From 11 a.m. to 3 p.m. at the O'Club at The Lions Gate Hotel Conference Center, 3410 Westover St., McClellan. The ongoing mission is to provide the most candidates from the city, county and state's diverse communities. With the understanding that diversity is a good business strategy, the opportunities for employer and candidates are endless. The diversity event is the most significant career fair presented today. Its outreach includes multicultural, veterans, women, LGBTQ, mature workers and people with disabilities. Each employer is actively committed to getting America back to work, diversity and equality in the workplace. The event features the "The Diversity Spirit Achievement Award" presented by the Diversity Recruiters Network and The Diversity Practitioners Roundtables. For more information, visit facebook.com/citycareerfair and www.citycareerfair.com

ONGOING

KNIT AND CRAFT – A morning of fiber arts fun! Participants can learn to knit or crochet, get help with projects, and chat with new friends. Don't forget to bring your craft supplies! Adult. Wednesdays from 10 a.m. – noon at McKinley Library, 601 Alhambra Blvd, Sacramento.

SACRAMENTO AREA ENGLISH COUNTRY DANCE: Great news for those who live relatively close to central Sacramento! The Sacramento Country Dance Society is adding a second monthly English Country Dance, on the third Sunday afternoon of each month. Lovely hall and floor, easy parking, and on the American River Bike Trail. Come join us at Camp Pollock, just 5 minutes from downtown/midtown Sacramento, from 2:00 to 5:00 pm. Each dance is preceded at 1:30 pm by an Introductory Workshop for newcomers. This is in addition to our long-running dance in Roseville that continues on the first Sunday afternoon of each month. Beginners welcome, no partners necessary, always live music. Details about both dances, including callers, music, locations, and date changes, can be found on our Web site: sactocds.org/english-country-dance/

TOWER BREWING MONDAY OPEN MIC: Mondays from 630 to 10 p.m. at Sactown Union Brewery 1210 66th Street, Unit B, Sacramento, California 95819. Host Autumn Sky brings you a weekly open-mic night to express yourself and be apart of a unique, supportive community! Sign ups at 6:30 p.m., open mic begins at 7 p.m. and it's all ages until 8 p.m. A house guitar is provided (Autumn's own!) to play if bringing yours is difficult. There's beer, pizza next door that delivers to the open mic, and they welcome well behaved dogs. Comedy, DJing, spoken word, poetry, instrumental performance, songwriters, cover heroes and rappers are all welcome.

CORN - HOLE EVERY THURSDAY NIGHT AT SACTOWN UNION BREWERY: Be a part of the Sports Social Club. XOSO Sports Host Corn - Hole League Every Thursday Night from 6:30 to 9:30 p.m. at Sactown Union Brewery, 1210 66th St. VISIT www.xososports.com to register. Because even adults need recess.

FRIENDS AND FAMILY OF SURVIVORS SUPPORT GROUP: Every first Monday of the month from 6 to 7 p.m. Location: Sacramento. Call 916-428-3271 for exact location. Description: Is your friend or family member in a domestic violence, sexual assault, or human trafficking situation? This free, drop-in group is for you. Learn how to support your loved one, and receive some support yourself among people who are in the same situation. Feel free to call My Sister's House for more information: 916-428-3271.

#METOO SUPPORT GROUP: Every third Monday of the month from 6 to 7 p.m. Location: Sacramento. Call 916-428-3271 for exact location. Description: This drop-in support group is free, confidential, open to all genders, and available to sexual assault survivors at any point in their healing. Feel free to call My Sister's House for more information: 916-428-3271.

STATE FAIR SCHOLARSHIP APPLICATIONS ANNOUNCED: The Friends of the California State Fair Scholarship Program is now accepting scholarship applications for the 2018 - 2019 academic year. The program offers 14 categories of scholarships ranging from $1,000 - $2,500 each with varying eligibility requirements. Categories include: agriculture, art, academic excellence, business, culinary/hospitality/event management, education, international relations, trade school, viticulture and enology. Applicants may apply for one scholarship category of their choice per year and will be evaluated based on academics, community service, quality of essay and recommendation. Top scholarship winners in select categories may be invited to compete for the $5,000 Ironstone Concours Foundation Scholarship Scholarships are not renewable; however, students may reapply each year as long as they continue to meet the eligibility criteria. The Friends of the California State Fair Scholarship Program is a collaboration between the Friends of the California State Fair, the California Exposition & State Fair, the California State Fair Agricultural Advisory Council, the Ironstone Concours Foundation, Blue Diamond Growers and Western Fairs Association. International Scholarship and Tuition Services, Inc. (ISTS), an independent scholarship management company, hosts the online application process and disburses awards for the program. The deadline to apply is March 2, 2018. Learn more at CAStateFair.org/scholarship. For questions about the Friends of the California State Fair Scholarship Program, please email scholarship@calexpo.com.



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