January 2, 2020 | www.valcomnews.com

East Sacramento News

— BRINGING YOU COMMUNITY NEWS FOR 29 YEARS —

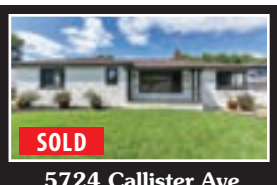




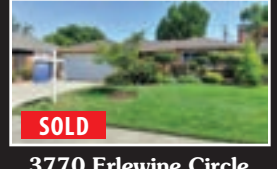
Tom Leonard | 834-1681
Tom.Leonard@CBNorcal.com
CalDRE#01714895

COLDWELL BANKER

4th Generation East Sacramentan



5724 Callister Ave
$685,000
4 Beds | 2 Baths | 1,971 SqFt



3770 Erlewine Circle
$575,000
3 beds | 1.5 baths | 1,557 sqft

Happy New Year River Park

Excellent layout & floor plan. Massive open LIVING AREA & gleaming Original HW Floors. Dual Pane Windows, Crown Molding, Window Coverings, New Electric Panel, Tankless H20 & Whole House Fan. Large Kitchen + Eat In Kitchen Dining. Living/Family/Dining Rooms, open & ready for large gatherings. Both Baths have been remodeled. Large Laundry/Utility Room w/ Private Access. Beautifully landscaped front & back yards built to play & entertain. Lovely front porch & over sized covered back patio ideal for entertaining year around.

5897 Shepard Avenue $655,000
3 Beds | 2 Baths | 1669 SqFt



Best of 2019 East Sacramento News

(Editor's Note: Thanks to the talented team of writers at Valley Community Newspapers, I am proud to present the Best of 2019 for the East Sacramento News. -Monica Stark)

Mural project colors the walls at Theodore Judah Elementary School

Principal says artwork adds to 'climate' of the school

By LANCE ARMSTRONG

East Sacramento's Theodore Judah Elementary School has become a lot more colorful through a beautification project featuring six, large murals.

Inspired by Wide Open Walls, Sacramento's annual mural festival, the elementary school project features murals by local artists Jose DiGregorio, Jeremy Stanger, Kim Squaglia, Tyson Anthony Roberts and Trisha Rhomberg.

In addition to being artists, DiGregorio, Stanger and Squaglia are parents of students at this elementary school.

East Sacramento resident Laura Barrett, the project's coordinator, said that it was her idea to create the project last year, but that she ran out of time to make any progress on it.

After submitting her proposal to Principal Troy Holding, she contacted DiGregorio, who she said she had known for a long time.

"(DiGregorio has) done murals all over Sacramento, in fact, all over the world," she said. "I got him real excited about the project, and he kind of brainstormed."

Holding noted that, with DiGregorio's assistance, four other artists were selected for the project.

It was decided that the project would consist of four individual artist murals and one mural that would be created by all five artists. The collaborative mural is the largest of the murals.

Regarding the latter mural, each of the artists filled in a letter of the name, Judah.

The majority of these murals are spread out in different areas of the campus.

The school's "ball wall" has a mural on each of its sides, while another mural is located on a wall, measuring about 10 feet high by 20 feet long.

As of last week, four of the six murals had been completed.

Each of the murals is unique in appearance – an aspect that offers various opportunities for the students to expand their imaginations and appreciation for art.

Holding described the mural project as a positive addition to the school.

"It certainly adds to the climate of our school, because it's so colorful and bright," he said. "I've done a lot of research in regard to art being around schools and how it stimulates kids socially (and) emotionally. So, what we're noticing with this new artwork is a different level of calmness on the playground."

Holding added that it also meant a lot to him to watch the students observe the artists at work.

"(They) were so engaged in the whole process, from beginning to end," he said. "It really, re-

see MURAL page 3

The Classics are always in demand...
For classic service for all your Real Estate needs, call Kurt





KURT CAMPBELL
PROFESSIONAL REAL E STATE CONSULTANT
916-956-5878

LYON REAL ESTATE
www.GoLyon.com
CalDRE# 01064713

EAST SACRAMENTO NEWS
WWW.VALCOMNEWS.COM

E-mail stories & photos to: editor@valcomnews.com
Editorial questions: (916) 267-8992

East Sacramento News is published on the first and third Thursday of the month in the area bounded by Business 80 on the west, the American River on the north and east and Highway 50 on the south.

Publisher ..... David Herburger
Editor ..... Monica Stark
Art Director ..... Annin Piper
Advertising Director ..... Jim O'Donnell
Advertising Executives: ..... Melissa Andrews, Linda Pohl

Copyright 2020 by Valley Community Newspapers Inc. All rights reserved. Reproduction in whole or in part without written permission is prohibited.

Vol. XXVIIII • No. 1

1109 Markham Way
Sacramento,
CA 95818
t: (916) 429-9901
f: (916) 429-9906

Cover photo by:
Annin Piper

Grand reopening of East Lawn Children's Park held March 8

East Lawn Children's Park playground, located at 1510 42nd St., has been replaced with new playground equipment and wood fiber surfacing. There are also be two new picnic tables, new bench, two new trash receptacles, new drinking fountain, new concrete park sign, new interpretive sign, new ADA accessible concrete walkway, new tubular steel gate, irrigation and landscaping near the playground. The playground closed for construction in August 2018 and reopens in March 2019. The grand opening event is scheduled on Friday, March 8 at 11 a.m.



This park includes the following amenities: perimeter fencing, sand play area with fossil sand dig, playground, seating areas, walkways, landscaping.

Improvements include: new picnic area, additional seating area, new drinking fountain, new playground equipment for (2-12 year old) with new wood fiber surfacing, new concrete park sign, new interpretive sign, ADA accessible walkways, landscaping.

East Lawn Memorial Park expands services

Cemetery has been serving the community since 1904

By LANCE ARMSTRONG

For the first time in its 114-year history, East Lawn Memorial Park is offering mortuary services to its customers.

With its recently obtained mortuary license, the facility provides full service under one roof. The mortuary license was acquired through the Cemetery and Funeral Bureau, which is a section of the state Department of Consumer Affairs.

East Lawn's cemetery service features the sale of graves, vaults, niches and markers, and burial operations, while the mortuary prepares bodies, sells caskets and handles all of the funeral services.

In an effort to provide its new services, East Lawn appointed industry veteran Craig Peterson as its managing funeral director, added more staff and transformed office space to accommodate its additional services.

Beneficial to the expansion was East Lawn's already existing chapel and family arrangement rooms. The chapel is no longer a cemetery chapel, as it is instead a mortuary chapel.

The mortuary offerings were launched with a soft opening on March 4, and no date has been set for the grand opening, Peterson noted.

"We're open and serving the community (with mortuary services)," Peterson said. "At some point we'll have a grand opening, but not just yet. We kind of wanted to get things working, and grease the wheel so to speak before we have a grand opening and really start to push the advertising."

As of last week, four families had used East Lawn's mortuary services.

Peterson mentioned that East Lawn's owners decided to add mortuary services at East Lawn Memorial Park in response to many of their customers who assumed they offered such services.

"Over the last several years, there has just been a lot of people disappointed that we didn't have full-service – mortuary and cemetery – at Folsom Boulevard," he said. "The trend across America, really, is a combination of cemetery and mortuary (services).

"It's a crude phrase, but one-stop shopping is very popular."

East Lawn also operates two other cemeteries with mortuary services.

One of those cemeteries, Sierra Hills Memorial Park, on Greenback Lane, opened in 1957 and added mortuary services in 1972.

East Lawn opened its Elk Grove location in 1963 and its mortuary in 1988.

Peterson mentioned that both of those longtime established combination facilities have "done very well."

All of East Lawn's embalming is performed at its Greenback Lane location, thus it was not necessary for an embalming room to be added at the Folsom Boulevard site.

However, it was necessary for East Lawn to have funeral directors stationed at the East Sacramento location and have the proper licensing and permitting to be able to operate a mortuary.

Two full-time funeral directors have been assigned to the Folsom Boulevard facility to meet with families.

Altogether, East Lawn employs more than 100 people and operates five properties, with East Lawn Memorial Park being the oldest.

East Lawn's century-plus-long history in East Sacramento

This East Sacramento cemetery was founded on high ground in 1904, in response to a levee break that created a major flood that inundated about 10,000 acres in the Riverside and Pocket areas. The flood washed through the old city cemetery – today's Sacramento Historic City Cemetery, at 1000 Broadway.

The flood's effect on that cemetery was so great that many headboards were carried away by its waters and, according to a 1905 edition of The Sacramento Bee, "there was no place to bury the dead."

In reaction to this flood, Louis Frederick Breuner, one of the sons of German immigrant John Breuner, who founded the John Breuner Co. home furnishing business, led an effort to establish today's East Lawn Memorial Park.

In his search for a suitable place for a new cemetery, Louis Breuner selected a 53-acre site, which had been owned by Newton Booth.

Booth, who died on July 14, 1892 and is buried in the Sacramento City Historic Cemetery, served as governor of California from 1871 to 1875, and a state senator from 1875 to 1881. He was later memorialized with the

see EAST LAWN page 6

Mural:

continued from page 2

ally enlightened them, and it really sparked an interest for a lot of kids that typically wouldn't have that opportunity to see that kind of stuff.

"For us, it's just been a great addition (to the school). We're a historical site, we're pretty old. The color that the district paints is pretty drab, so any way we can add to it in a positive way can only be a positive thing."

Barrett mentioned that the entire school community enjoys the murals.

"To have the murals is really inspiring for not only the students, but for the parents when they're on campus, and for teachers daily who are there," she said. "Overall, this project has really been embraced by all of the school community.

"(The murals) add to the character, inspire creativity. Just having art as part of your everyday life, I think (is) so important."

Holding mentioned that the project was created under the school's "kindness umbrella," which focuses on one of the school's character traits.

As for the funding for the project, no money came from the school's budget. Some of the funding derived from various community members, including a former school board member. But the majority of the funding will be raised through the sale of limited edition prints.

Enjoy Life at Pioneer Tower
A 55+ Community



Come Tour Our Downtown Facility Featuring:

Spacious 1-bedroom apartments with complete kitchens, new appliances, walk-in showers, large closets, balconies, lovely views

We pay utilities, offer free transportation to shopping and medical appointments.

- Active residents association with a variety of social activities
- On-site Service Coordinator
- 24-hour maintenance, compassionate, caring staff
- Small pets welcome
- Rental Assistance Programs for income- qualified applicants

We Pay Utilities!
Active Senior Living Retirement Community
515 P St., Sacramento
(916) 442-2907
www.rhf.org EOE

‘Art Saves Lives’: Mandala workshop held at Lion’s Roar

By Monica Stark



As an art therapist, Lindsay Kay Parkinson witnesses the healing power of art on her patients, and on Saturday, Jan. 19 at the Lion’s Roar Dharma Center in East Sacramento, she showed how art, color and creativity can be used as a means to awaken one’s soul. Open to the public, the free-of-charge six-hour workshop from 10 a.m. to 4 p.m., showed how art therapy works.

Using traditional art materials like charcoal, watercolors, colored pencils, participants will have the chance to create 12 different mandalas; and also through out the day, there will be meditations so they can channel their thoughts into the art work. While structure will be provided with themes that participants can use, they will also be invited to work together in a more free-form way.

“First and foremost, I want people to have fun,” Parkinson said. “I want people to communicate in a different way than how we normally do on a day-to-day basis and learn about art therapy and what it can look like.”

As spiritual and religious communities around the world have used mandalas for healing and centering, Buddhists also tend to refer mandalas as the universe, an imaginary place to contemplate during meditation, Parkinson said.

“In Sanskrit, (mandala) means whole or circle. In art therapy, drawing circles and creating shapes in that way tend to be very soothing and calming. It’s a safe way to experience creating art without feeling put on the spot or without feeling the need to create a masterpiece,” she said.

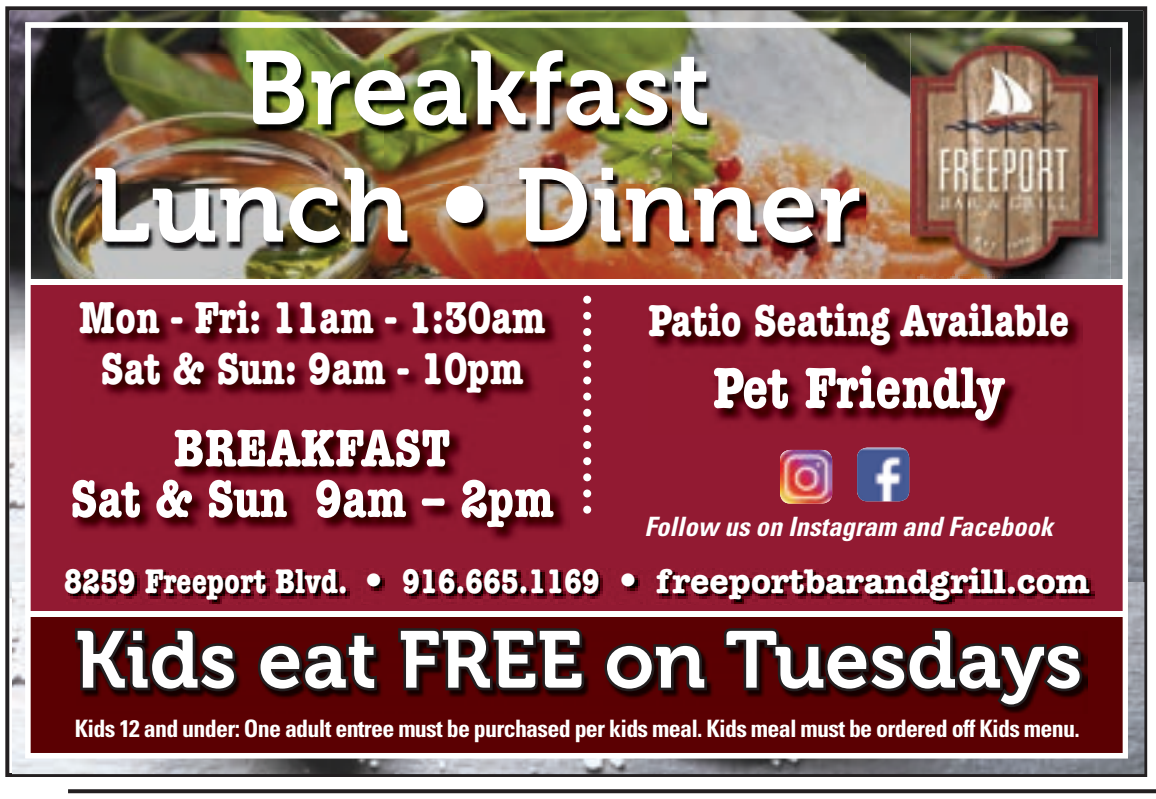
In the Lion’s Roar Vajrayana practice, meditation, Parkinson said, is not just about “trying to get rid of your thoughts but about taking the approach that you can bring in visualization. You can bring in your art, it doesn’t have to be so strict.”

The workshop mirrors the art directive she learned in school. Having graduated from Notre Dame de Namur University in 2013, Parkinson received her art therapy credential certificate in 2017. Dedicated to creating trusted relationships and a safe space for the process of narrating one’s personal story, Parkinson focuses generally on talk therapy, while art therapy is a specialty offered to those who have an interest in combining art and creativity with the traditional approach. Artistic mediums are used to promote self-expression, self-esteem, skill-building and play, in order to facilitate further growth and communication during treatment.

Over 10 years, she has worked in community-based programs such as psycho-social rehabilitative day treatment, residential, Partial Hospitalization (PHP) and Intensive Outpatient (IOP) with both teens and adults. That period of young adulthood between the ages of 16 to 25 known as Transitional Aged Youth (TAY) is often overlooked and underserved. “Having personally struggled between the ages of 16 and 25, I know how to identify with those seemingly small daily trials to the larger issues of tragedy and loss,” she writes on her professional biography. “I’ve chosen to work in settings that promote empowerment and healing using strength-based, humanistic approaches. My early life experiences laid the groundwork for my interest in serving others, it gives me a unique lens in which to provide support and non-judgment for whatever you are facing. I understand how hard it is to ask for help - but it works.”

Parkinson’s practice, Art & Soul Therapy is located inside Middle Way Health, a center for healing, creativity and growth, located at 720 Alhambra Blvd., that provides holistic healthcare for adults, couples and families, and offers customized programs.

Affiliated with the Lion’s Roar Dharma Center, Middle Way Health is just blocks away in East Sacramento. The spiritual director and resident teacher of Lion’s Roar Dharma Center, Lama Yeshe Jinpa, born Stephen Walker, is a marriage and family therapist as well as the director at Middle Way. He is one of the few western lamas thus far recognized within the Gelugpa lineage of Tibetan or Vajrayana Buddhism, the lineage of the Dalai Lama. He offered a special presentation at the Jan. 19 workshop.



Former Loaves and Fishes Director, released new book, joined local author's panel at McKinley Library

By Monica Stark
editor@valcomnews.com

"Squatter's Gold" a debut novel of fiction by long time Sacramento homeless and affordable housing advocate Tim Brown, was published in July 2018 by NFBPublishing.com. This Sacramento story of homelessness, treasure and murder begins with a historic prologue about 1850 Sacramento, the gold rush and the historic Squatter's Riots.

The story then jumps to Sacramento 2002: A crime mystery of murder, gangs, and found treasure. A story of colorful homeless campers and their personal struggles; The politics of homelessness and advocates at an interfaith center; Protest, justice and redemption. The cast of haunted, but at times funny heroes and villains and scenes of charity, murder, drug use, recovery and civil disobedience are inspired by actual events drawn from the author's thirty-five years of experience as a street activist, social worker and creator/manager of homeless and housing programs in Sacramento, California.

It is for lovers of gold rush history, urban crime/mysteries, treasure stories and people interested in homeless and poverty.

The author is a former Executive Director of Sacramento Loaves & Fishes and the former Director of the Ending Chronic Homelessness Initiative (A Sacramento City/County collaboration which cut chronic homelessness by over fifty percent in just four years, 2007-2010).

Squatter's Gold is available in paperback at Amazon, Beers Books, Time Tested Books or NFBPublishing.com.

From 6 to 7 p.m., on Tuesday, Feb. 12, he was on a local author's panel at McKinley Library (601 Alhambra Blvd.) with Andy Furillo, author of The First Year; and Bob Sylva, author of The King of Karaoke and Other Stories for a moderated conversation. Andy and Bob are both former writers/columnists for The Sacramento Bee.

MS- TELL US ABOUT THE PROTAGONIST AND THE CONFLICT HE OR SHE FACES

TB- The protagonist is a social worker and director of an interfaith homeless service center. He is pulled in many directions (i.e. the basic needs of homeless people, local politics, managing a large nonprofit agency, helping the police solve murder/crimes, etc.). I also have a focus on grief and how it affects homeless people and those who try to help them.

MS- WHAT DO YOU HOPE READERS GET OUT OF THIS NOVEL?

TB- I want readers to be entertained by the tragedies, treasure, murder mystery, redemption, etc., but my ambitious goal was to create real and colorful characters that made homeless people fully human, (lovers, heroes, villains, philosophers and fools) while also educating readers on the politics, complexities, causes and solutions to homelessness.

MS- WHO IS THIS NOVEL FOR?

TB- Sacramentans - it is a Sacramento story based on my love of this place and over thirty- five years living and working, now retiring here. It is for lovers of gold rush history, urban crime/mysteries, treasure stories and people

see LIBRARY pagae 6



FUNERAL DIRECTORY
Call Melissa at (916) 429-9901
www.valcomnews.com

Harry A. Nauman & Son
Dignity
FD366
4041 Freeport Blvd
Sacramento, CA 95822
(916) 452-6157
Serving Sacramento Families since 1903.
Pre-arrangement packages available.

5 Year FIXED RATE
Home Equity Line of Credit Loan
4.25% Initial APR*
CHECK THE EL DORADO ADVANTAGE:
✓ FIXED RATE for 5 Years
✓ Local Processing & Servicing
✓ No Closing Costs on Qualifying Transactions
✓ Flexibility and Convenience
✓ Have Funds Available for Current and Future Needs
✓ Home Improvement, Debt Consolidation, College Tuition
✓ Interest May be Tax Deductible (Please consult your tax advisor)

EL DORADO SAVINGS BANK
Serving our local communities since 1958

www.eldoradosavingsbank.com

5500 Folsom Blvd. • 916.452.2613
4768 J Street • 916.454.4800

Se Habla Esplanol • 800-874-9779

Member FDIC
EQUAL HOUSING LENDER

*The initial Annual Percentage Rate (APR) is currently 4.25% for a new Home Equity Line of Credit (HELOC), and is fixed for the first 5 years of the loan which is called the draw period. After the initial 5 year period, the APR can change once based on the value of an Index and Margin. The Index is the weekly average yield on U.S. Treasury Securities adjusted to a constant maturity of 10 years and the margin is 3.50%. The current APR for the repayment period is 5.375%. The maximum APR that can apply anytime during your HELOC is 10%. A qualifying transaction consists of the following conditions: (1) the initial APR assumes a maximum HELOC of $150,000, and a total maximum Loan-to-Value (LTV) of 70% including the new HELOC and any existing 1st Deed of Trust loan on your residence; (2) your residence securing the HELOC must be a single family home that you occupy as your primary residence; (3) **if the 1st Deed of Trust loan is with a lender other than El Dorado Savings Bank, that loan may not exceed $200,000 and may not be a revolving line of credit.** Additional property restrictions and requirements apply. All loans are subject to a current appraisal. Property insurance is required and flood insurance may be required. Rates, APR, terms and conditions are subject to change without notice. Other conditions apply. A $525 early closure fee will be assessed if the line of credit is closed within three years from the date of opening. An annual fee of $75 will be assessed on the first anniversary of the HELOC and annually thereafter during the draw period. Ask for a copy of our "Fixed Rate Home Equity Line of Credit Disclosure Notice" for additional important information. Other HELOC loans are available under different terms.



East Lawn:

continued from page 3

naming of a school at 26th and V streets.

The East Lawn Cemetery Association, which managed the cemetery, was incorporated on Oct. 21, 1904.

An article in the Dec. 24, 1904 edition of The Bee notes: "(East Lawn Cemetery Association) has now fully completed its plans, and is about to commence at once the laying out and beautifying of its grounds on the M Street road (today's Folsom Boulevard), or Schley Avenue – the old Newton Booth property."

Heading the work of transforming 42 acres of the property from an old farm to a lawn cemetery was Harry A. Alspach, a landscape architect who previously managed the Hollywood Cemetery (now Hollywood Forever Cemetery) in Los Angeles. Included in that development was the planting of about 2,000 trees, which were each labeled with their botanical and common names.

East Lawn Cemetery – the cemetery's original name – was dedicated on Easter Sunday, April 23, 1905. At the time of the dedication, about 50 burials had already occurred on the site.

The dedication exercises, which were attended by about 3,000 people, commenced with an overture, "East Lawn," which was played by an eight-piece orchestra. Frank D. Ryan, president of the East Lawn Cemetery Association, delivered the opening address.

Because of East Lawn's elevation and the existence of much less development at the time, the grounds offered excellent views of prominent landmarks, including the state Capitol, the Cathedral of the Blessed Sacrament and the state Agricultural Pavilion in Capitol Park.

East Lawn Memorial Park's history dates back so far that it predates the establishment of the Fabulous Forties neighborhood and many other notable features of East Sacramento.

The cemetery grounds include its 1926, two-story mausoleum, with a five-story tower. Located on the third floor of the tower are the funeral directors' offices and work room.

The cemetery and mortuary staff shares the arrangement offices on the first floor of the mausoleum.

Also located within the mausoleum is the mortuary chapel and historic, stained glass artwork in the lobby and corridors.

Although long since removed, the grounds also once included a nursery and flower shop, which served the general public.

Additionally a part of the cemetery's history is the deeding of a 153-foot by 99-foot piece of East Lawn's property to the city for the creation of the East Lawn Children's Park in 1986.

The park, which is located at 1510 42nd St., was recently renovated, and reopened on March 8.

Since its establishment, East Lawn Memorial Park has performed 102,404 interments, and has grown to be recognized as the city's premiere funeral home and cremation service provider for all faiths.



Library:

continued from page 5

interested in homeless and poverty.

MS- WHAT DROVE YOU TO WRITE THIS NOVEL? WILL YOU BE WRITING MORE BOOKS?

TB- I am writing about what I know. I started out writing memoirs, but I love fiction and found it challenging, but so alluring as a storyteller. I started this project over five years ago after my retirement. It was at the top or my bucket list and I still have a passion for these issues.

MS- TELL US ABOUT THE RIVER PARK CONNECTION IN THE BOOK AND WHY RP PLAYS A ROLE.

TB- I came to Sacramento to attend graduate school at CSU Sacramento, and lived in east Sac. for seventeen years, including seven in River Park, I'm a water person and Paradise Beach has always been my touchstone here. I've run, biked, hiked and swam just about all of it and still do. So it was fun writing it into the book.

MS- DO YOU MISS WORKING AS EXECUTIVE DIRECTOR FOR LOAVES AND FISHES? IF SO, WHY?

TB- Being hired as Director of Loaves & Fishes was my dream job as a social worker and homeless/housing advocate. I worked with amazing staff, volunteers, and homeless guests and felt like we were able to do so much to help so many people. I witnessed the incredible generosity of Sacramentans and the incredible resiliency of impoverished and often disabled people. This is what makes our community great. Yes, I miss it.

On the other hand, I don't miss the constant fundraising (L&F doesn't accept government funding). The grief you experience in jobs like this can lead to burnout, depression, etc. and I was not immune it. Its been twelve years since I left the job and even back then we averaged a homeless memorial service every ten days and these were just the homeless folks we knew. I hear that now a homeless person dies every five days in our community. People used to ask me what the hardest part of my job was and I know they expected me to say it was all these difficult homeless people, but it was really the housed people who talked about homeless folks in subhuman terms.

Italian society seeks special designation for East Sac's Little Italy

By LANCE ARMSTRONG



Photo by Lance Armstrong

Bill Cerruti, founder of the Italian Cultural Society of Sacramento, is among the leaders of an effort to have the Sacramento City Council adopt East Sacramento's Little Italy as a city designated historic district.

Bill Cerruti, founder of the Italian Cultural Society of Sacramento, told the East Sacramento News last week that the society is seeking a special designation for East Sacramento's historic Little Italy district.

The society desires that the area be recognized as a city designated historic district.

A historic district is defined as a place with a high degree of historic integrity.

The city of Sacramento currently has 32 adopted historic districts, including Central Shops, Alkali Flat Central, Boulevard Park, Poverty Ridge, Cathedral Square and Oak Park.

Dating back to the 1920s, Little Italy's historic boundaries are roughly located from 48th to 59th streets, between J Street and Folsom Boulevard.

Cerruti, who grew up in East Sacramento and graduated from Sacramento High School in 1959, said that the idea to establish a City Council adopted Little Italy historic district dates back to last year.

However, he noted that the project itself is " just getting off the ground."

"We have some goals, we have some ideas," he said. "We've already talked to the City (Council members), so we're pretty confident that when we go to (the) City Council with a developed plan that they'll approve it."

Cerruti mentioned that in a best case scenario, the Council would adopt the new historic district this summer.

"If not this summer, sometime this year we hope to (have the designation)," he said.

If that designation is approved, the society hopes to have Italian colors placed on street poles within Little Italy's historic boundaries.

Cerutti also offered other possibilities for the district.

"We would want to put up a monument of some sort, maybe in East Portal Park that tells the history of the area," he said. "Perhaps we could develop some gardens or some sitting areas or even a bigger monument area to honor the Italian history in the area."

The society's founder stressed the importance of having Little Italy receive this city designation as a historic district.

"I think this will allow us to help maintain our heritage and help them maintain their sense of community and their connection to their heritage, and also protect and advance our heritage," he said.

Cerruti explained that the timing of the society's work toward the pursuit of a city-designated Little Italy district coincides with efforts to revitalize the area.

"East Sac was kind of sleepy economically for a generation, for decades, and now you see all the businesses, all the new life there, all the new restaurants, not necessarily Italian, but the area has come alive," he said.

"(It is) very vibrant, (and has) major grocery stores, a lot of gentrification of the area, so there is a lot of life there."

Cerruti mentioned that East Sacramento's Little Italy is not a "dead" community.

" Not at all," he said. "The remnants of Little Italy remain. The major Italian grocery store is still right in Little Italy. If you want Italian goods and products that's where you go – Corti Bros.

" I know we have several hundred families on our society mailing list that live in (East Sacramento). That gives you some indication that there are a lot of Italians still there."

Cerruti also recognized the East Portal Bocce Club courts at East Portal Park, which is located at 1120 Rodeo Way.

"Once in a while I'll buy a sandwich at Corti Bros. and go over to the bocce courts in the evening and watch the bocce leagues," he said. "I'll see (older Italians) who wander through (the park). We'll say hello, and they still live in the area."

He added that bocce ball games at the park date back to the 1950s.

The park itself dates back to the 1940s, and has been a destination spot for Italian

see ITALIAN page 12

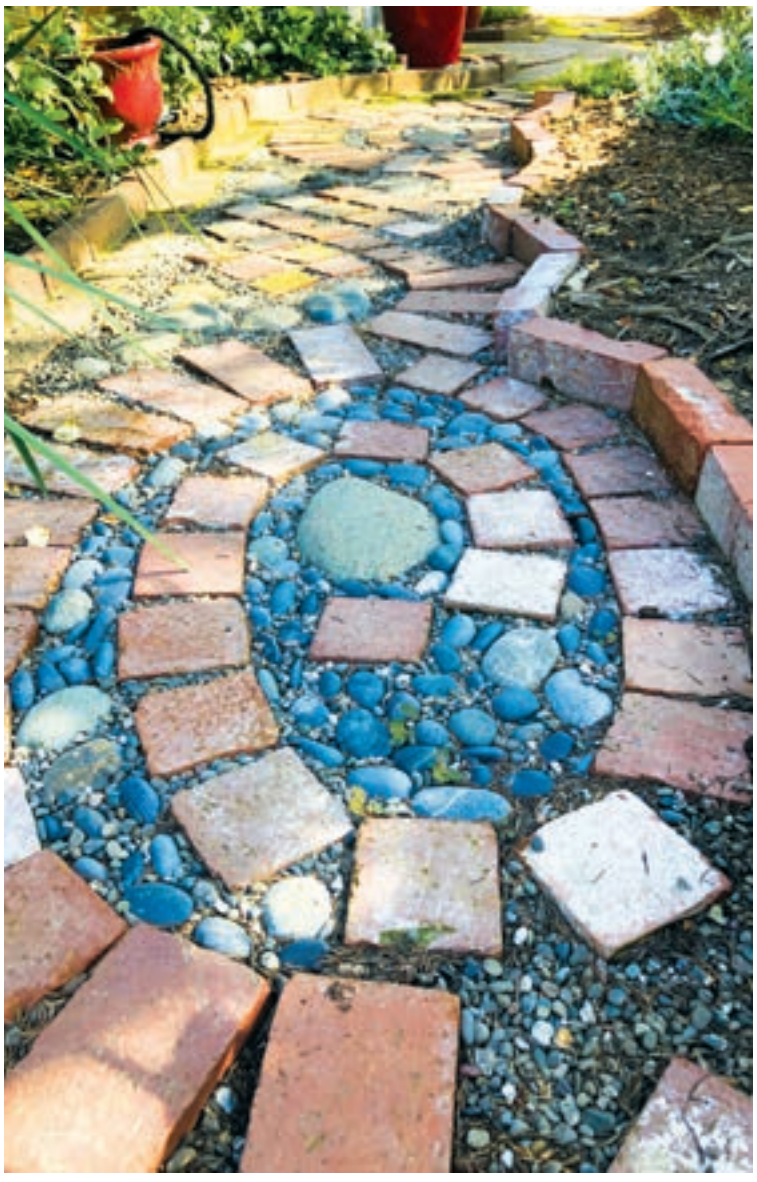
INSERTS!

Your Company, Our Distribution!

You or Your Company Can Have Your Flier or Postcard Inserted in our publications! We Have Great Rates!

CALL 916-429-9901 for Information

East Sacramento resident used rebates for DIY makeovers of her front and backyards



By Michael Saeltzer

Resourcefulness, planning, creativity, and money savings. East Sacramento resident Moira Young, who goes by Mo, used all these to her advantage when completing her first comprehensive Do It Yourself 'DIY' makeover of her front and backyards.

She had heard that SMUD, Sacramento City, and the County all offered big rebates if your design incorporated native and drought tolerant landscaping. Because she lives in the city limits, Mo looked up residential rebates on the City of Sacramento website. While browsing she learned about things such as the Landscape Design Assistance Program, the Turf Conversion Rebate, the Smart Controller Rebate, the Irrigation Upgrade Rebate, the Rain Barrel Rebate, and even the Laundry-to-Landscape Rebate.

All the rebates came with restrictions and parameters and at first Mo wondered if she could have the type of garden she really wanted while still qualifying for those rebates. Her wishlist included a front yard that would feature only white blossoming plants, a way to somehow separate the street from the yard, a sitting area, and some creative pathways. In the backyard, Mo wanted a natural looking patio, something to hide both a telephone pole and the HVAC unit, something to brake up a fence line, and a way to improve upon a side yard that lacked any flair.

Mo got everything she wanted and still qualified for $2,500 worth of rebates. Here's the details and how she did it.

To begin, Mo had to pretty much create a blank space in both yards which included taking up all the old lawns and ripping out the outdated sprinkler systems. Those systems needed to be replaced by high efficiency drip systems that used far less water. Next, Mo dug into the the University of California's Water Use Classification of Landscape Species database which is available online and allows users to screen plants by both plant type (ie. shrubs, ground cover, California Natives) and water usage.

Mo then took the time to actually visit nearby arboretums and public gardens such as the one at UC Davis. She found the Davis arboretum and public garden especially resourceful. They have tours, events, sales, and a ton of resources about native plants. Additionally, Mo toured and took classes at local nurseries such as Green Acres and Matsuda's. She visited other nurseries she found which belonged to the California Native Plant Society. Many of these were located in scenic areas throughout the state such as Bolinas and Petaluma so she would plan short trips that would allow her to get away from it all while at the same time learning more about how to improve her landscape at home.

The City's Landscape Design Assistance Program provided great instructions regarding the rebates, plus they provide a two hour consultation with a professional landscape designer to explore ideas, and make recommendations on layouts tailored to customers needs and site specific issues. The fee for the consultation is $150 at the time of service and is reimbursed when the project is successfully completed.

All of these resources provided Mo with ample choices of plants that qualified for the rebates including tons that bloomed only in white. While she was visiting websites, nurseries, and arboretums Mo also took note of gardens she liked while driving, walking or biking around town. She noticed many of the gardens she liked repurposed concrete reinforcement mesh as fencing. These fences were airy, perfect for vines, and provided just the right amount of separation from the street. Plus, they could also be used in the back yard to hide both the telephone pole and the HVAC unit.

Because the wire mesh was flexible Mo was able to bend it around the HVAC unit so that when it needed to be serviced the mesh and vines growing on it could be opened up without damaging the plants. Using taller wooden posts Mo was able to hide the telephone pole as well as provide more privacy along the fence line without needing to completely replace all the fences.

For the finishing touches, Mo included paths with artistic mosaic designs featuring natural stone, recycled bricks, as well as items that had been handed down to her from her parents and grandparent's gardens. Now when she is in her garden working or relaxing, it is easy to be reminded of those in her linage who also enjoyed the hobby. Besides making the pathways artistic in nature, Mo also kept them practical. One path is for the mail per-

see DIY page 9



A Tour of a Growing Brewhouse: Tower Brewing expands, offers more on tap

Tower Brewing has announced an expansion of its East Sacramento production facility and tasting bar to meet the needs of its many new devotees.

The success and popularity of the company's new offerings, led by Monkey Knife Fight Pale Ale, necessitates new equipment as well as additions to the Tower Brewing team.

Tower Brewing is a 15-barrel brewhouse hosting seven fermenters and four brite tanks, including beautiful new 30-barrel fermentation and brite tanks. Added to this is what the brew team considers the most essential piece of new equipment, a forklift truck to open up storage and aid in the day to day storage and kegging processes. Plus, as they'd be quick to tell you – it's FUN. The taproom hosts 16 taps.

The brewhouse schedule is a balancing act between keeping up with production and creating new, exciting beers.

Brewer Mike Ungerbuhler notes that "the addition of a third 30-barrel fermentation tank and a second 30-barrel brite tank allows us to get caught up with production of Monkey Knife Fight. This gives us the opportunity to be more creative and brew more styles, keeping our menu as diverse as we can."

Something Else That's New

There's a sign in the brewhouse that reads Brewing: It's what you do when you're not cleaning. To help with responsibilities, brewer Ungerbuhler has joined brewer Evan Rosatelli in the brewhouse full time. Mike is sorely missed behind the bar by regulars, but between cleaning and brewing, he'll be happy to chat about his love for the beer-making process and Tower's diverse tap list.

To help sell the new offerings, Tower Brewing has added two Territory Managers, Colby Pettinger and Stephen Delgado, and transitioned Calvin Crawford from his previous duties (half taproom, half territory) to a full-time taproom position to manage the growing front-of-house team.

So, what's next?

Tower Brewing will expand its canned offerings beyond the currently available Monkey Knife Fight. Operations Manager Justin Bylicki believes that as brewers find their "battle rhythm" in the expanding brewhouse, canning is the logical next step. "Not only has the number of beers brewed increased, but so has the variety," Bylicki points out. "A can line will allow us to can smaller runs and provide a wider variety."

Tower Brewing, located in East Sacramento, produces an array of beers to impress all palates. Since the best beer comes from the finest, freshest ingredients, the brewery's quality begins there, coupled with skill and dedication to produce a diverse, delicious selection that appeals to varying tastes and preferences. There is always a balance of classic and innovation on tap at its welcoming tap room.



DIY:

continued from page 8

son to use to access the mailbox while walking over from her next-door neighbor. Another path allows to access the hose spigot and drip system controls.

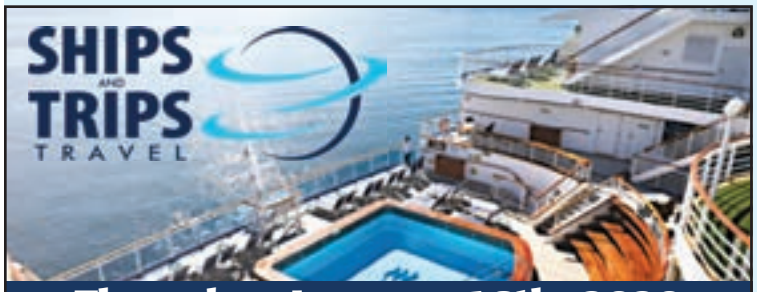
During the planning and layout period of the project Mo used baking flour to mark areas for the patios and paths. What looked good on paper sometimes ended up not being quite right when actually measured off in the yard. The baking flour allowed her to modify the size and locations of key elements to assure proper proportion and that they fit exactly like she wanted.

To mask some of the smells from her dog she was sure to include some scented drought tolerant plants in the backyard. Finally, Mo was able to incorporate a little bit of all of these elements so that a the narrow side yard became a fully integrated feature of the rest of the backyard.

With spring here, now is the perfect time to start planning a garden makeover and or conversion to a native plant and drought tolerant design. Luckily there is no lack of local resources, support, or great money saving rebates.



Arts & Activities



Thursday, January 16th, 2020
from 6:30 - 8:00 PM

Travel Education Night with Princess Cruises

presented by Local Representative, Dana McCullough!

Sacramento Elks Lodge #6
6446 Riverside Blvd., Sacramento, CA 95831
Please call 916-564-8747 or
email info@shipsandtrips.com TODAY to RSVP!

Space is limited. Amazing prizes and specials for attendees. RSVP today!

This event will feature the incredible destinations that Princess offers. From Alaska, South America, Australia, New Zealand, Europe and now Asia (Japan, included) Princess is cruising the world.

PRINCESS CRUISES

26 55.847

Fe
Iron

SACRAMENTO, CA ART GALLERY

PRETTY AND PECULIAR

A group exhibit that melds beauty with oddity.

OPENS JANUARY 11, 2020



Stag In The City (oil) by Dan Cohen

OPENING RECEPTION
SECOND SATURDAY
JANUARY 11, 2020 @ 6PM

The exhibit runs through
February 28th 2020

1100 65th St. - (916) 456-4455
www.FeGallery.com



Art That Makes People Happy

Bringing art & smiles
to the hand-written note!

Melissa Andrews O'Kane
916.399.5719
melissandrews@comcast.net

Available at Crawford's Books in Land Park & PeraDice Cards in Midtown

One-of-a-kind Pet Portraits
Unique hand-drawn note cards

SECONDS SALE!

Sat. January 11, 2020
10AM - 2PM

Sacramento Potters Group
ART BY FIRE

A very special sale of less than perfect pottery, glass, metal & clay work at perfectly affordable prices!
Treat yourself to anafter-holiday present!
SHOP EARLY FOR BEST SELECTION!

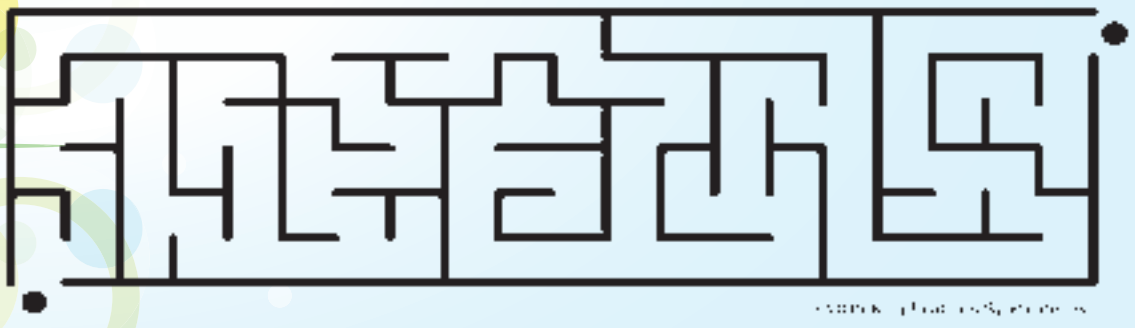
FOR MORE INFO VISIT WWW.ARTBYFIRE.ORG

SHEPARD GARDEN AND ARTS CENTER
3330 MCKINLEY BLVD, SACRAMENTO





Kids' Maze



New monument pays tribute to Sacramento's original Greek Orthodox Church

By LANCE ARMSTRONG



About 65 parishioners of the Greek Orthodox Church of the Annunciation gathered in downtown Sacramento on June 23 to celebrate the dedication of a monument marking the site of their first church building in the capital city.

That church, which faced to the east, held liturgies and other religious functions from 1922 to 1951. The current church at 600 Alhambra Blvd., near McKinley Park, was dedicated on Oct. 13, 1951.

Prior to the June 23 event, many of the parishioners boarded a bus at the Alhambra Boulevard church and rode to the former church site, which is located at 620 N St., where the Capitol Towers Apartment Homes now stand.

While gathered around the monument at 1:35 p.m., Georgia Econome, Nick Docous, Julie Mamalis and Richard Fuller unveiled the new monument.

That action was followed by a blessing ceremony by Fathers James Retelas, presiding priest, and Timothy Robinson, associate priest. Also participating in the event was Father Dino Pappademos, who gave the benediction.

It was Econome's idea to have the monument created.

That idea was inspired through a monument that she saw at a park in Sonoma in 2017.

The board of the Annunciation Senior League of the Greek Orthodox Church adopted her idea and plans were made to make that dream a reality.

To meet that goal a monument committee was formed. Its members were Econome, Docous, Fuller, Ellen Manolis-Martin, and Paul and Shirley Peters.

Fuller was the initial concept and design coordinator.

The artist

Ronnie Frostad, of the Frostad Atelier Foundry, of Sacramento, was hired to work on the project.

She created a small-scale, bronze model of the church, the main plaque for the monument, as well as six cast bronze footsteps leading up to the monument.

The footsteps represent the Greek immigrants who came to Sacramento and founded the church.

The back of the monument includes a plaque expressing appreciation to 65 parishioners, family, friends and 17 organizations and companies.

Kastanis said that one of the project's early challenges was finding historic photographs of the church's exterior. The committee had only one such photograph.

But creating a small-scale replica of the church became less of a challenge due to archivist Pat Johnson's discovery of microfilm copies of the original blueprints of the old church, at the Center for Sacramento History.

Using those copies, the Lionakis architectural firm created the drawings for the monument.

Frostad said that although working with a committee of people to create artwork is difficult, she enjoyed her experience.

"They were amazing," said Frostad, who created four separate crosses for her plaque before it was approved.

Funding for the monument

Terry Kastanis, who served as the monument dedication ceremony's master of ceremonies, said that the monument cost $60,000 and was mainly paid for through the Annunciation Endowment Fund, which manages funds donated to the area parishes for specific purposes.

Initial funding for the project was contributed by Robinson and the Farmers & Merchants Bank.

The June 23 gathering also included speeches by Retelas; Docous, principal of Lionakis; John Home, contractor for the Rudolph & Sletten Co.; and Sacramento City Council Member Steve Hansen.

Comments about the monument

Hansen referred to the monument as a testament of the strength of Sacramento as a community.

"I truly believe that your community – our community – is better, not only because of a monument like this, but because of a community as a foundation to who we are," he said. "Sacramento is full of immigrants. Immigrants built this city.

"We are a city, whether fire, flood, mosquitoes, pestilence, whatever, we have overcome all of those things, and here we are today standing strong, standing together, but standing in a place where we can remind others of our strength, our vision and our willingness to stick together. That I believe, in this beautiful monument, is all encapsulated."

Kastanis expressed appreciation for those who attended the ceremony.

"I'm grateful to all the parishioners of the Annunciation who

see CHURCH page 12



Church:

continued from page 11

came out today and supported our committee in preserving our heritage and our ethnic diversity," he said. "So, I'm just so proud of them. They were just so pleased to see the product, and I'm gratified."

Memories of the 6th and N streets church

Various parishioners who remember frequenting the 6th and N streets church were among those who arrived to observe the unveiling of the monument.

While holding back tears, Mary Lydon told this paper about her connection to the 6th and N streets church, and her love for the monument.

"I grew up in the church, participated in the choir, and my husband (Richard), and I were married in this church in 1950," she said. "He was Catholic, so he had to get a special arrangement to be married Greek.

"(This monument) means the world to me to have as our remembrance of those people who came before us and made this church possible. It enabled us to continue our religious beliefs and to integrate into the community. So, it's a very special monument."

Nick Kamilos mentioned some of his own connections to the old church.

"My dad (Jerry) came here in 1908 and he was on the board when they started deciding to build a church," he said. "He went back to Greece in 1930 and I was born in 1934."

Nick's wife, Andreanna, who was raised in Sacramento by her parents, George and Anna Chuchas, recalled singing in the choir at the 6th and N streets church.

Shortly after the conclusion of the monument dedication ceremony, Christina (Papadakis) Freeworth visited the monument with her husband, Bob.

Christina reminisced about the old 6th and N streets church.

"I went to Greek school here," she said. "When my parents (Greek immigrants George and Sophia Papadakis) came here, they lived on 9th and F streets, and they used to walk to this church on Sundays.

"My father passed away when I was 7. I was told that he used to carry me all the way from F Street here every Sunday to go to church."

Early Sacramento area Greeks and the church

Greek history in Sacramento predates the establishment of the 6th and N streets church.

County records indicate that Greeks had a presence in the city as early as 1890.

During the 1910s, no more than 50 Greek families resided in the Sacramento area. And of those families, the majority of the men were employed by the Southern Pacific and Western Pacific railroads.

Although there was no Greek church in the city during that time, San Francisco's Holy Trinity Greek Orthodox Church – the mother church of Greek orthodoxy in the West at the time – served as a relatively nearby active presence for the church.

Also during that era, liturgy was occasionally celebrated in Sacramento through clergy of San Francisco and later Los Angeles, with the first of these liturgies being held at Red Men's Hall at 716 I St.

The first official step toward establishing a Greek orthodox church in Sacramento occurred with a Jan. 18, 1920 meeting, which was held at the Pythian Castle at 831 I St.

Tom Mantis, president of Elpis, a then-6-year-old, independent Greek fraternal organization in Sacramento, initiated the meeting, which was designed to organize the Greek Orthodox Community of Sacramento.

By Dec. 20, 1920, this organization had been formed and members of its first board of trustees were elected.

During the following year, construction began on the 6th and N streets church.

With more than 300 Greeks from the greater Sacramento area in attendance, the cornerstone of the church was laid on Nov. 13, 1921. Exercises began at 1:30 p.m. and were conducted in English and Greek.

Plans for the church were prepared by local architects, George C. Sellon & Co., and the structure was built on an 80-foot by 160-foot site.

Following its completion, the church was featured on the "Development" page of the March 18, 1922 edition of The Sacramento Bee.

Included on that page are the following words: "The Greek residents of Sacramento are proud of the new Greek Orthodox Church recently completed on N Street, between Sixth and Seventh streets. It is of brick and concrete, with a plaster finish and cost approximately $15,000.

"The parish is in charge of (the) Rev. George Sardounis, the local Greek priest, whose home is located near the church and is part of the property."

The building also opened with a choir loft, an organ and stained glass windows.

Kastanis said that an increase in the number of Greeks in Sacramento occurred around the era when the church was built.

"There had to be maybe 300 or 400 (Greeks in Sacramento in the 1920s)," he said.

"It was a result of World War I, I'm sure. A lot of Greeks immigrated to this country, and other Europeans came to America, to avoid the conflict in Europe. And, of course, once the church was built, it attracted more Greeks to this region."

Italian:

continued from page 7

families and others since that time.

Having grown up in East Sacramento, Cerruti also made sure to mention the importance of St. Mary's Church at 58th and M streets.

"Little Italy's rebirth began in 1948 with the construction of (St. Mary's) Italian church," he said. "During the period that it was constructed, Oak Park (was) predominantly Italian. Those Italians moved into East Sac to be closer to the church.

"They moved from Riverside, Southside, Alkali Flat, midtown. Even though many (Italians) stayed in those areas, a large number moved into the East Sacramento area. They filled the local schools, they filled the church, they had organizations they created, like the East Portal Bocce Club. They created the Italian Catholic Federation."

Italian influence has also occurred in the area through Italian language classes taught at schools in the area, Cerruti noted.

"A block up from the (St. Mary's Parish's Giovanni) Hall (at 5860 M St.) is St. Francis High School, a Catholic girls' high school," he said. "(The school) has the only four-year high school program in Italian. So, there is still a lot of heavy influence of Italian in the area.

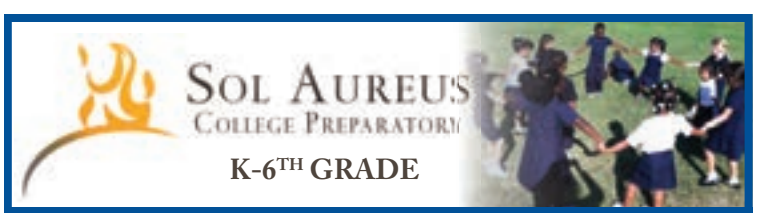
"St. Mary (elementary) School, which is located just behind the church (at 1351 58th St.), also has had some kids classes in Italian. (The Italian society was) helping to fund it."

Cerruti also mentioned the current area's Italian business section, known as Italian Corners.

"There's one area called Italian Corners, and it's a business area," he said. "It's four major corners owned by an Italian businessman, who lives within a block of it. That's where Trader Joe's is and all that. It's (51st Street) and Folsom (Boulevard)."

Since 1965, the Español Restaurant has been serving Italian dinners in a historic building at 5723 Folsom Blvd. The building previously housed the Italian-owned Square Deal Café, from 1946 to 1965.

Also significant to the area's Italian presence are Johnny's Barbershop, which is owned by Johnny Waldron, Pietro Talini's Nursery and Garden Center, and the Nicoletti, Culjis and Herberger Funeral Home, which was originally known as the Cippa and Nicoletti Funeral Home.



Preparation • Respect • Responsibility • Community • Excellence

Kindergarten - 6TH Grade

NOW ENROLLING!

For the 2019-2020 School Year.

Visit our website for more details

6620 Gloria Drive, Sacramento, Ca 95831

(916) 421-0600 | www.sacprep.org

Foodies Rejoice, Dine Downtown Returns This January!

Get ready to savor the flavors of the downtown's top restaurants this January! Sacramento's highly anticipated culinary celebration, Dine Downtown Restaurant Week, returns Friday, January 10 through Monday, January 20, 2020. Renowned as an opportunity for local foodies and visitors to taste the culinary talents of Sacramento's top chefs, Dine Downtown presented by Kaiser Permanente showcases unique, 3-course prix fixe menus for only $40 – with $1 from each meal benefiting food literacy and social service programs in Sacramento.

The eleven-day dining extravaganza is the perfect opportunity for a girls or guys night out with friends, family celebration or treat for yourself. Make it a day in downtown! All 32 participating restaurants are conveniently located in the heart of Sacramento, near the city's top shopping and entertainment venues and the perfect way to celebrate special occasions and a night out on the town.

With a cult following, make your reservations online at GoDowntownSac.com/DineDowntown now to beat the wait! While you're feasting, don't forget to tag foodie photos with #DineDowntownSac for a chance to be featured in Dine Downtown promotions too!

2020 Participating restaurants include:

- The Firehouse Restaurant
- Rio City Café
- Paragary's
- Foundation Restaurant & Bar
- Hook and Ladder Manufacturing Co.
- The Melting Pot
- Camden Spit & Larder
- Empress Tavern
- Biba Restaurant
- Ella Dining Room and Bar
- The Porch Restaurant and Bar
- Frank Fat's
- Kodaiko Ramen & Bar
- The Pilothouse Restaurant at the Delta King
- MidiCi
- Dawson's Steakhouse
- Tequila Museo Mayahuel
- La Cosecha Sacramento
- Station 16 Restaurant & Bar
- Hoppy's Railyard Kitchen & Hopgarden
- Aji Dori
- Hawks Provision and Public House
- Tower Bridge Bistro
- Aioli Bodega Española
- Brasserie Capitale
- The Red Rabbit Kitchen & Bar
- Joe's Crab Shack
- Tiger
- Solomon's Delicatessen
- Kasbah Lounge
- Grange Restaurant and Bar
- Tapa the World

"Dine Downtown provides guests the chance to try some of the region's newest as well as some of their traditional favorites," said Michael Ault, executive director of Downtown Sacramento Partnership. "We love hearing the excitement and delight that comes from both guests and restaurants following each Dine Downtown experience."

Launched in 2005, Dine Downtown provides a significant boost for local restaurants. In its 14-year run, Dine Downtown has generated nearly $6 million in restaurant sales for Central City restaurants. More than just a foodie favorite and economic boost for local restaurants, $1 from every Dine Downtown meal is donated to Food Literacy Center and Hope Cooperative.

Dine Downtown Restaurant Week is produced by the Downtown Sacramento Partnership and presented by Kaiser Permanente with support from Radio.com and official transportation sponsor, Sacramento Regional Transit District. Additional support provided by Sac 365, Sacramento Magazine, The Sacramento Bee, OpenTable and Yelp.

Like us on Facebook! www.facebook.com/valcomnews



Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901

ADDITION SPECIALIST

LYTLE CONSTRUCTION INC.
Remodeling and Design
LIC# 480492

Award-Winning Design/Build Firm
Serving Sacramento for more than 25 years

- Additions
- Kitchens
- Bathrooms
- Custom Cabinetry

FREE Consultation
916-422-6639

Certified Kitchen & Bath Remodeler

www.lytleconstruction.com

ELECTRICAL CONTRACTOR

CAPITOL ELECTRIC

Reasonable Residential & Commercial Work since 1960

Repairs, Trouble Shooting
Custom Lighting/FREE Est.
Excellent ref from Angie's List

(916) 451-2300 Cell: 213-3740

Neil McIntire — C.S.L.# 394307

GUTTER CLEANING

Prime Quality Maintenance

- **GUTTER CLEANING**
- **Window Cleaning** (inside/out/screens washed)
- **Pressure Washing** (all surface areas)
- **Junk Removal/Hauling**
- **Landscape Maintenance**

Free Estimates
Licensed & Insured

CSL# 996271



Call or Text Jesse: 916 417-4231

HANDYMAN



D&H Service

Office: **916-428-5907**
Cell: **916-206-8909**

Interior and exterior painting
Fence Installation
Tile Installation
Dry Rot Repair

25 years of experience

HANDYMAN

Fall Winter Yard Clean-up Specials!

- HAULING & YARD CLEAN-UP
- RAIN GUTTER CLEANING
- CONCRETE REMOVAL
- HEDGE TRIMMING/SHRUB REMOVAL
- PRESSURE WSHING

CALL LESTER
(916) 838-1247
LIC# 128758/REF

Pressure wash your driveways clean! Your decks too!
Clean out your garage! Replace tt old lawn too!
Hard work-not a problem!



SPECIALS FOR SENIORS/*SERVING THE AREA FOR OVER 20 YEARS*

HANDYMAN

FREEDOM HANDYMAN SERVICE

I specialize in all areas of home improvement !
Quality work the first time, guaranteed!
Carpentry - Electrical - Plumbing - Demolition
Sprinklers - Sheetrock - Ceiling Fan installation
Fix leaks of all types
Accepts All Major Credit Cards "Senior Discount"

NO JOB TOO SMALL! **Call Eric (916) 470-3488**

HARDWOOD FLOORING

Hardwood Flooring

Specializing in installing, sanding
and finishing hardwood flooring
or repair and refurbish your current floors.

Call Michael - (916) 383-8742

Lic# 544159/References Available

PAINTING

GARY'S PAINTING

FREE Estimates!

- Warranty
- Senior Discounts
- Professional & Reliable
- Interior & Exterior Painting
- Using only Kelly-Moore Paint!

McClatchy '67

CSL #734323

(916) 725-8781

PAINTING

COOK PAINTING

Full Service Company – Start to Finish



CSL# 432951

In business since 1982

- Custom Painting
- Super clean, neat & fast
- Interior/Exterior
- Cabinets

Specializing in custom trim & moulding!
Color Consultants
FREE ESTIMATES

As seen on yelp

(916) 591-5056

PLUMBING

Mack's Plumbing

Repairs - Replacement - Service

916 761-5780

License # 784099



Call 916-429-9901

Our Readers Need Your Service!

It Pays to Advertise!

Advertise your service in this section, today!



Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901

PLUMBING

ROONEY'S PLUMBING

FULL SERVICE PLUMBING

456-7777

rooneysplumbing.com

License #683668

ROOF/GUTTER CLEANING

Stan The Man

est 2007

* ROOF / GUTTER CLEANING
* WINDOW CLEANING
* PRESSURE WASHING
* SENIOR DISCOUNTS



916.601.1030

Cleaning and Repair

Sacramento, CA

TILE WORK

BAXTER TILE

EXPERT INSTALLATION REMODELING & REPAIR

Ceramic • Marble • Granite • Floors • Counters • Walls

42 Years Experience • FREE Estimates

916-213-4669

License #668100

TILE WORK

NIETO'S TILE & LANDSCAPING

RESIDENTIAL & COMMERCIAL

Frank Nieto

(916) 480-9512

Sprinkler Systems (Install & Repair)
Fencing • Plumbing
Electrical • Painting

Concrete • Tile Installation
Granite Fabrication
Laminate/Wood Floors

NietosTile@sbcglobal.net www.nietostile.com Lic. #917883

TREE SERVICES

ARTISAN ALL TREE

Tree service, Tree trimming, Tree removal and Stump Grinding

916-459-0115

FREE ESTIMATES



insured/worker comp.
Cslb lic# 981932

10% DISCOUNT WITH AD

Advertise

your company ONLINE, today!

Call 916-429-9901 for more information.



CLASSIFIED ADS

Call a sales representative today for great advertising rates: 429-9901

BOOKKEEPING

#1 CONCIERGE BOOKKEEPER
37 years exp. in industries like Auto, Mechanics, Restaurants, Caterers, Massage, Doctors, Chiropractors, Non-Profits, Retail, Marshal Arts, Barber, Construction, Wholesale, Investment Clubs, Corp, Partnerships, Small Business. We are experts in General Ledger, Payroll, Profit & Loss & Quarterlies. Call for your concierge appt. Same low 1990 rates. Ask for Irene Senst (916) 640-3820, Nevada (775) 410-3422. www.taxirene.info • taxireneinfo@gmail.com

YOUR AD HERE

RESERVE YOUR SPACE IN THE CLASSIFIEDS! CALL 916-429-9901

BUSINESS SERVICES

#1 CONCIERGE BUSINESS SERVICES
Put our 37 years in Concierge Business Support Service to work for your business. We provide support in: Licensing, Business & Corp Start-ups or Closures, Basic web design, Set-up social media. Business Concierge Shopping, Marketing and much more. Please contact Irene Senst (916) 640-3820 CA, (775) 410-3422 NV. www.taxirene.info • taxireneinfo@gmail.com

HANDYMAN

HANDYMAN SERVICES
No job too small. Make your "to-do" list and give me a call. Electrical, Plumbing, Tile, Sheetrock,Plaster, Stucco, Repairs and Remodeling, you name it! **Lic# 908942. Call Steven at 230-2114.**

SPECIAL ALZHEIMER'S LIVING

REVERE COURT

MEMORY CARE Lic. #347001338/342

Do you enjoy making people smile?

Do you want to work with people who care? Are you ready to join a team that makes a difference every day? If so, you may be interested in becoming a caregiver!

Stop by Today!

www.reverecourt.com

(916) 392-3510

7707 Rush River Dr. Sacto, CA 95831

www.valcomnews.com

FOR SALE

2003 FORD FOCUS FOR SALE
White. Mileage 127 K.
Well cared for, great little car.
$3,500 FIRM.
In Pocket area.
Call 916 399-5719

HANDYMAN

CLEAN-UP SPECIALS!
Fall Winter Yard Clean-up Special – Yard clean-up. Rain gutter cleaning, pressure washing/ power spray, hauling, yard work, painting, tree & shrub removal, clean-up, fence repairs, light tree trimming, & more. Ref avail. Call Les at 838-1247. **22 yrs. exp. Specials for seniors. Licensed**

TAX PREPARER

#1 CONCIERGE TAX PREPARER
37 yrs. exp. We specialize in Business Tax returns including Corp & Partnerships. FREE Pick-up & Delivery to those who qualify. We prepare expertly **all past tax returns** including all State returns. Get the most deductions allowed to you by law. CTEC + IRS Registered & Bonded. Please call for your appt. today. Irene Senst (916) 640-3820 CA, (775) 410-3422 NV. Same low 1990 rates. www.taxirene.info • taxireneinfo@gmail.com

BEAUTY SERVICES

MARY HOCKING HAIRSTYLES
Serving Sacramento since 1979.
3212 Riverside Blvd. Gayle n l for Hair.
New clients $20 off 1st visit.
530.906.8566

The NEW YEAR SALE is on now!

"Tell 'em Brooklynn sent you."



Brooklynn, CPO
(Chief Persuasion Officer)
5th Generation,
Naturwood Family

Everything in Every Department is on Sale!*













Don't miss out! New furniture will be the start of something exciting in 2020.

Naturwood. HOME FURNISHINGS

12125 Folsom Blvd.
Rancho Cordova
916-351-0227

Mon – Fri 10am – 8pm
Sat 10am – 6pm
Sun 11am – 6pm

www.naturwood.com

*Everything on Sale except for "Special Buys", "Floor Sample Clearance", and Serta icomfort mattresses. Sale prices cannot be combined with any other discount or promotion. Sale ends 01/05/2020.