March 5, 2020 | www.valcomnews.com

# East Sacramento News

— BRINGING YOU COMMUNITY NEWS FOR 29 YEARS —




## Pat Melarkey led drive to save East Sacramento's Alhambra Theatre

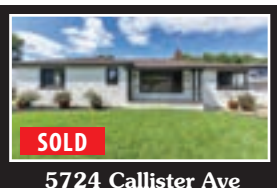
see page 2



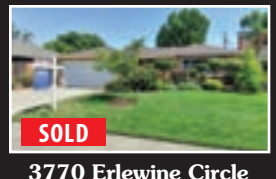
**Tom Leonard | 834-1681**
**Tom.Leonard@CBNorcal.com**
CalDRE#01714895

COLDWELL BANKER

*4th Generation East Sacramentan*




**5724 Callister Ave**
$685,000
4 Beds | 2 Baths | 1,971 SqFt

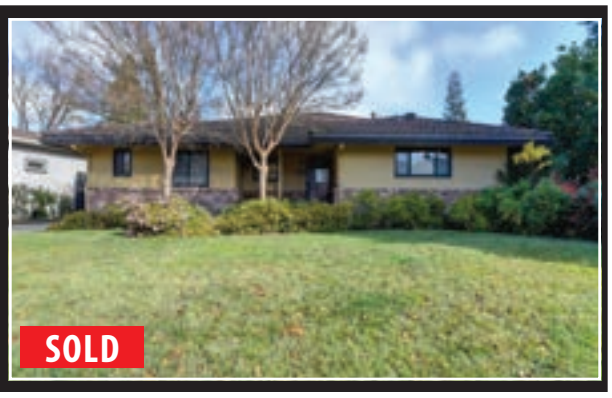



**3770 Erlewine Circle**
$575,000
3 beds | 1.5 baths | 1,557 sqft

**Your River Park Specialist**

Excellent layout & floor plan. Massive open LIVING AREA & gleaming Original HW Floors. Dual Pane Windows, Crown Molding, Window Coverings, New Electric Panel, Tankless H20 & Whole House Fan. Large Kitchen + Eat In Kitchen Dining. Living/Family/Dining Rooms, open & ready for large gatherings. Both Baths have been remodeled. Large Laundry/Utility Room w/ Private Access. Beautifully landscaped front & back yards built to play & entertain. Lovely front porch & over sized covered back patio ideal for entertaining year around.

**5897 Shepard Avenue $655,000**
**3 Beds | 2 Baths | 1669 SqFt**



# Pat Melarkey led drive to save East Sacramento's Alhambra Theatre

## Friends, family reminisce about the life of former dentist, county supervisor, nightclub owner

By LANCE ARMSTRONG

Dr. Patrick "Pat" Melarkey, a retired Sacramento dentist who died at the age of 88 on Feb. 25, is remembered for many things, including his efforts to save East Sacramento's Alhambra Theatre.

Built in 1927, this motion picture palace on the eastern side of Alhambra Boulevard, at K Street, was one of the city's all-time cherished landmarks.

Pat, a lifelong Sacramento resident who was born on Nov. 17, 1931, served as the campaign coordinator of the Save the Alhambra Committee, which was formed to rally against the theater's demolition.

Plans were underway to have the theater replaced by a $500,000 Safeway supermarket.

Pat strongly supported the idea of saving older, significant structures in the capital city, especially those that provided more than nostalgia, as did the Alhambra.

In an article published in the State Hornet newspaper at that time, Pat stressed the importance of saving the Alhambra and other significant historical structures in Sacramento.




Photo by Lance Armstrong

Dr. Pat Melarkey, in 2011, holds a 1970s campaign poster from the days when he ran for county supervisor of District 2.

"Our young people will be the losers, if we continue to destroy Sacramento's historical past," he said. "This is why they are finding it harder and harder to identify with the older generation. We must save the Alhambra for this and future generations to enjoy as we have (enjoyed it)."

Despite the efforts of Pat and other committee members and supporters of the Alhambra, this grand, old movie palace met the wrecking ball in 1973. A Safeway supermarket still sits within the footprint of the old movie palace, which was recognized as "The Showplace of Sacramento."

Despite the theater's demolition, Sharon Thomas, Pat's daughter, said that the theater lived on through many of its remnants that came home with her father.

"He loved to salvage stuff and we had, for years, crates full of ceramic tiles that came out of (the theater), slabs of marble that came from the partitions," she said. "It was white marble that was just stacked up in our backyard. He rescued a huge stained glass window; two of them I think, in fact." Thomas added that the two windows were combined into one window, which became a featured item in Harlow's Nightclub in midtown Sacramento.

In her attempt to describe the kindhearted nature of her father, Thomas recalled when she and one of her friends had their high school junior prom dates back out on them.

Thomas noted that Pat took it upon himself to arrange dates for both of the girls, so they could attend the prom.

"That evening, he came home from work and had dates for both of us," she said. "He went through the rolls at the dental office and found someone who knew two teenage boys that lived across the street.

"He had already taken them down to the tuxedo shop and had rented tuxedos for them, and he had already gone down to The Firehouse restaurant (in Old Sacramento) and laid down a bunch of money.

"It was just an example of the kind of things he would do. He would go out of his way to (help people)."

Dr. William "Bill" Melarkey, a dentist and one of Pat's two sons, mentioned that his father's assistance to others extended beyond his family.

He recalled how his father would provide temporary shelter at his residence for people who were experiencing homelessness and other struggles in life.

"There were plenty of people who he would let sleep on his floor," he said.

see MELARKEY page 4

EAST SACRAMENTO NEWS
WWW.VALCOMNEWS.COM

E-mail stories & photos to: editor@valcomnews.com
Editorial questions: (916) 267-8992

East Sacramento News is published on the first and third Thursday of the month in the area bounded by Business 80 on the west, the American River on the north and east and Highway 50 on the south.

Publisher ..... David Herburger
Editor ..... Monica Stark
Art Director ..... Annin Piper
Advertising Director ..... Jim O'Donnell
Advertising Executives: ..... Melissa Andrews, Linda Pohl

*Copyright 2020 by Valley Community Newspapers Inc. All rights reserved. Reproduction in whole or in part without written permission is prohibited.*

Vol. XXVIIII • No. 5

1109 Markham Way
Sacramento,
CA 95818
t: (916) 429-9901
f: (916) 429-9906

Cover photo by: Lance Armstrong



# EAST SACRAMENTO PRESERVATION

Your Neighborhood Association

*Hearing and Supporting the Voice of the Community*

## *COME TO OUR MARCH 11TH GENERAL MEETING*

**7:00–8:30pm • McClaskey School • 5241 J Street**




### Environmental Committee

Our world faces overwhelming environmental challenges, but we believe neighborhoods can make a difference. East Sacramento Preservation's newest committee will coordinate with city-wide groups to create programs that help neighbors "go green."




### East Sacramento Preservation Scholarship

Each year, graduating seniors from Kit Carson apply for our scholarships that range from $100 to $1,500. Students submit an essay addressing the importance of clean and green neighborhoods.




### Clean Parks, Clean Streets, Clean Pond Initiative

Morning weekdays and weekends, East Sacramento Preservation volunteers pick up trash and debris in the parks and neighborhood and pond volunteers tend McKinley pond. To date we've removed 100s of pounds of litter and kept the pond clean and animals safe.

### Traffic and Air Quality Committee

Nothing is more immediate or more important to the neighborhood than safe traffic patterns and clean air to breathe. Children and seniors are particularly vulnerable.




Our mission is to protect and preserve East Sacramento's quality of life. We have four working committees that support the neighborhood. Join us today. Together we can make a difference.

**East Sacramento Preservation believes in positive education.**

Learn more on our website: www.eastsacpreservation.org

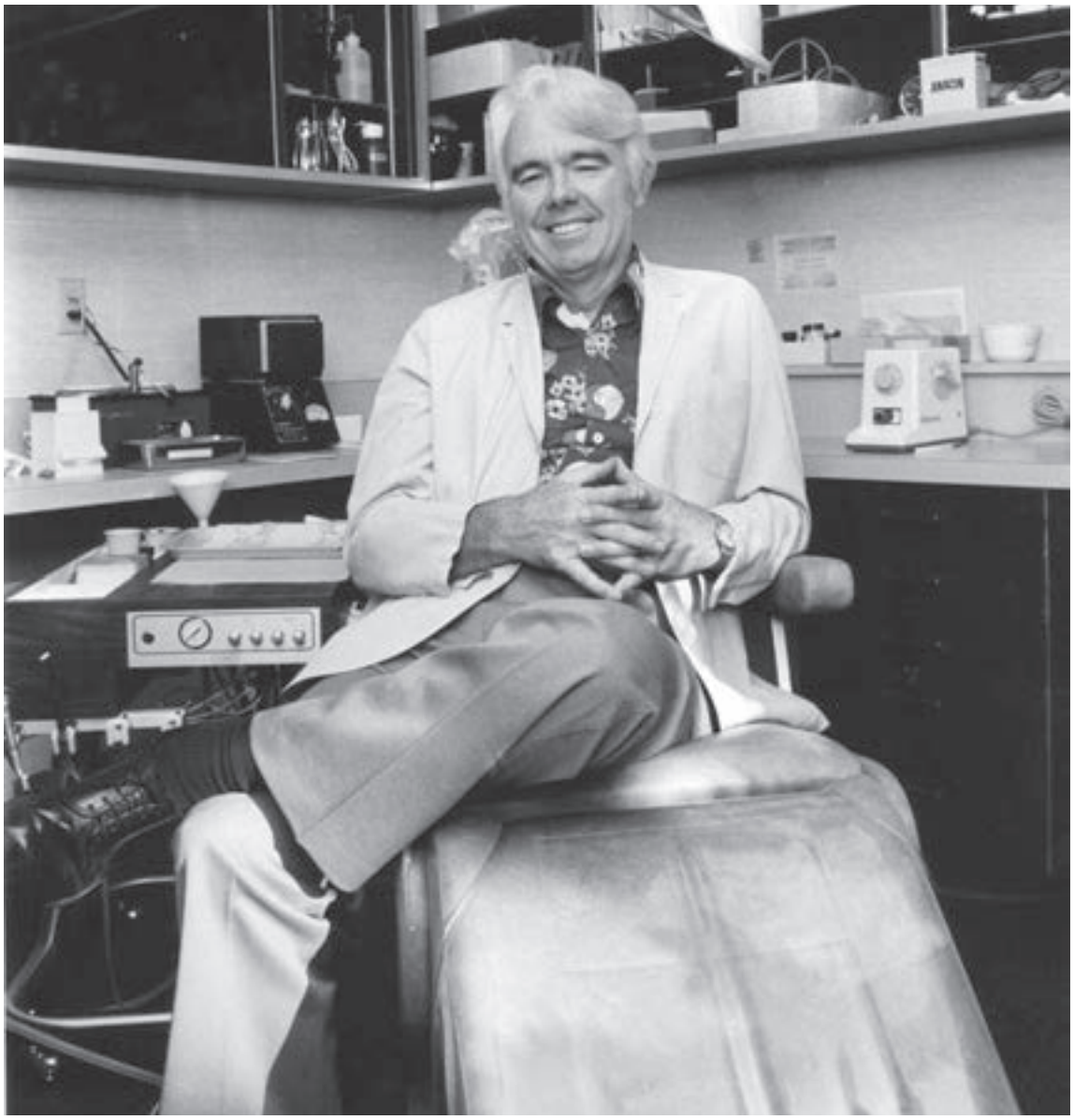
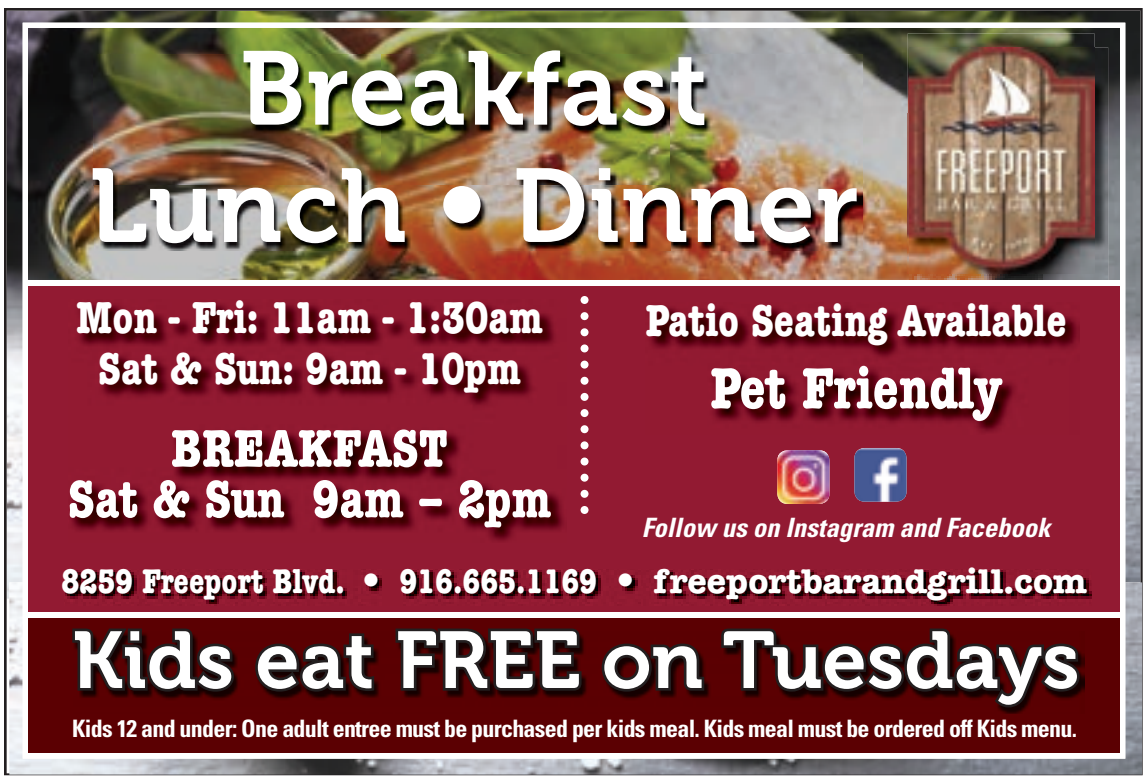


Photo courtesy of Melarkey family

Dr. Pat Melarkey relaxes in his 16th Street dental office in this 1977 photograph.



# Melarkey:

*continued from page 2*

Bill also remembered a man who lived back and forth between his father's garage and campsites along the Sacramento River.

Thomas referred to her father as one who desired to better people's lives. "If you had a problem or some kind of dilemma was going on, he (wanted to assist)," she said. "Kind of the bigger the problem, the better. He wanted to help you walk through it. And I think that was his really big gift, too."

Pat's background also included providing dentistry through the county hospital for indigents, and helping to establish the Aquarian Effort – later The Effort – drug rehabilitation program while he served on the Sacramento County Board of Supervisors.

Bill described his father as a very educated man, especially for one who claimed he was not very educated.

"He was always telling you how he barely got through school, and it was a miracle that he became a dentist," Bill said. "(Pat) was professing himself not to be scholarly. But he would read all kinds of things and he would educate himself on issues. He definitely looked at problems from different angles."

Through Pat's interest in educating himself and desiring to assist others, as well as through his upbringing, he became active in politics.

His mother was very political and his cousin served as mayor of Nevada City.

Pat, who was a Democrat, was heavily involved in his party and local candidates and initiatives, and, in 1972, he was president of the George McGovern for President campaign in Sacramento.

His service on the Sacramento County Board of Supervisors began a year earlier, after he defeated the longtime District 2 incumbent Leslie Wood and two other candidates.

Pete Mikacich, one of Pat's childhood friends and a contributor to his campaign, fondly recalled that his wife, Barbara, received a note from Pat that read, "Be funny if I won."

Pat was eventually a county supervisor for eight years, a part of which time he was chairman of the board.

Sandy Smoley, who served on the Board of Supervisors from 1972 to 1992 and was the board's first female supervisor, described Pat as a one-of-a-kind person.

"I've never met anyone like him in my whole life," she said. "And I would call him the all-time wild man. He was fun to serve with and he was fun to be around. He was very unique, and the ideas he brought forward when we were trying to solve problems, sometimes you couldn't quite follow the thread.

"He could go on and on with sentence after sentence and then go change the subject into a new subject. I used to go, 'Patrick, give me a thread and I'm going to try to follow you.'"

Beyond her frustrations with Pat's long dialogues in meetings, Smoley stressed that he "cared immensely for his constituents in his district."

"He was terrific to his constituents, but he was one unique man," she said. "I, too, followed him later in life, and had a conversation with him maybe three times a year, and it was always still hard to track what his point was."

While serving as a county supervisor, Pat supported many projects, including establishing the University of California, Davis School of Medicine at the old county hospital site, consolidat-

*see THEATRE page 5*

# Theatre:

*continued from page 4*

ing the city and county of Sacramento by placing the initiative on the ballot for voter approval, and introducing and working on an effort to create more community gardens where locals could grow their own food throughout the city and county.

He also had a bit of a green thumb when it came to amaryllis, the flowering bulb plant that he grew in hundreds of pots in his backyard, and then gifted them to many people.

Pat also worked to establish systems that would facilitate autistic children and adults with disabilities in obtaining dental care.

In addition to his work as a supervisor, Pat attempted to further his political career in 1987, when he ran for mayor. That race was won by the incumbent, Anne Rudin, who four years earlier became Sacramento's first elected female mayor.

Bill Melarkey said that his father, despite losing the election, prided himself in not taking money from developers, and only accepting small contributions.

"He was always real proud of that, because he didn't want to have to be beholden to (developers), if he won," he said.

Many people recall Pat's contributions to Sacramento's nightlife through his partnership in Melarkey's Place, a restaurant and nightclub that operated at 1517 Broadway, across the street from the Tower Theatre.

The place opened as Maurice's American Bar in 1978, and became Melarkey's Place in 1981, after Pat became the business's principal owner.

Melarkey's became an institution as a live music venue and a hangout for such notable politicians as Jerry Brown, Willie Brown, B.T. Collins and Vic Fazio. The musical acts that performed at Melarkey's included The Kingston Trio, Dave Brubeck, and Little Charlie and the Nightcats.

Pat was a lover of music and although he was not a professional musician, he enjoyed playing the guitar. His treasured guitar was one that someone brought to him from their travels in Brazil.

Maurice Read, who partnered with Pat and others at Maurice's American Bar, recalled Pat's ability to engage with people.

"He was so full of enthusiasm," he said. "He had a wonderful memory. He knew more people and he knew their history. And he had that Irish brogue, and he could talk over and over about anything."

Read also referred to Pat as a wild man, who approached situations in unconventional manners.

"He was kind of a wild man, but he was honest," he said.

Gregg Lukenbill, who is best known for bringing the Kings to Sacramento in 1985, also partnered with Pat in his Broadway restaurant and nightclub venture, and worked with him on a project to have a baseball stadium built off Bradshaw Road. The latter endeavor was crushed as a result of Proposition 13.

Lukenbill described Pat as a "true Sacramentan."

"(Pat) goes all the way back to the 1930s and 1940s in Sacramento," he said. "He was always a great supporter of Sacramento in his heart and his soul and in the people.

"He was just a guy who really had a big vision for what Sacramento could be and to really improve the quality of life here. Pat was a quality of life guy. He was really focused on trying to raise the quality of life for the average person in Sacramento his whole life in everything he ever did."

Penny Harding, who worked at Maurice's and performed with the band, Separate Friends, at Melarkey's, was among the recipients of Pat's assistance to others.

"He actually sold me my first house," she said. "I was a divorcee, and at the time, women weren't able to get their own credit. It was extremely discriminatory against single women and single mothers and so forth. And so, Pat sold me my first house at 24th and V (streets) and carried (the) papers on it."

Although many people recall Pat's life from his days as a county supervisor and beyond, the earlier part of his life was also spent with many adventures.

He grew up at 2431 U St., and was one of the three children of Edward and Eunice Melarkey. His father worked for the Southern Pacific Railroad and his mother was a nurse.

During his grammar school years at Immaculate Conception Parish School in Oak Park, Pat excelled in both basketball as a forward, and in baseball as a shortstop.

He also excelled in the sport of polo and served as president of the Sacramento Junior Polo Club. He spent 15 years playing the sport.

Pat was additionally an all-city basketball star at Christian Brothers High School, where he graduated in 1949, when the school was located at 21st Street and Broadway.

Mikacich remembered Pat's early involvement in sports.

"We were both raised near 25th and U streets, surrounded by empty lots where we played football and softball whenever we had time," he said. "Pat was the ringleader, got the game

*see Alhambra page 6*


**Home Equity Line of Credit Loan**

**5 Year FIXED RATE**

**4.25%**

Initial APR




**CHECK THE EL DORADO ADVANTAGE:**

- ✓ **FIXED RATE for 5 Years**
- ✓ **Local Processing & Servicing**
- ✓ **No Closing Costs on Qualifying Transactions**
- ✓ **Flexibility and Convenience**
- ✓ **Have Funds Available for Current and Future Needs**
- ✓ **Home Improvement, Debt Consolidation, College Tuition**
- ✓ **Interest May be Tax Deductible (Please consult your tax advisor)**

**EL DORADO SAVINGS BANK**

***Serving our local communities since 1958***

**www.eldoradosavingsbank.com**

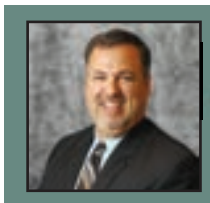
Member FDIC

5500 Folsom Blvd. • 916-452-2613
4768 J Street • 916-454-4800
Se Habla Espanol • 800-874-9779

EQUAL HOUSING LENDER

The initial Annual Percentage Rate (APR) is currently 4.25% for a new Home Equity Line of Credit (HELOC), and is fixed for the first 5 years of the loan which is called the draw period. After the initial 5 year period, the APR can change once based on the value of an Index and Margin. The Index is the weekly average yield on U.S. Treasury Securities adjusted to a constant maturity of 10 years and the margin is 3.50%. The current APR for the repayment period is 5.00%. The maximum APR that can apply any time during your HELOC is 10%. A qualifying transaction consists of the following conditions: (1) the initial APR assumes a maximum HELOC of $100,000, and a total maximum Loan-to-Value (LTV) of 70% including the new HELOC and any existing 1st Deed of Trust loan on your residence; (2) your residence securing the HELOC must be a single-family home that you occupy as your primary residence; (3) **if the 1st Deed of Trust loan is with a lender other than El Dorado Savings Bank, that loan may not exceed $200,000 and may not be a revolving line of credit.** Additional property restrictions and requirements apply. All loans are subject to a current appraisal. Property insurance is required and flood insurance may be required. Rates, APR, terms and conditions are subject to change without notice. Other conditions apply. A $525 early closure fee will be assessed if the line of credit is closed within three years from the date of opening. An annual fee of $75 will be assessed on the first anniversary of the HELOC and annually thereafter during the draw period. Ask for a copy of our "Fixed Rate Home Equity Line of Credit Disclosure Notice" for additional important information. Other HELOC loans are available under different terms.

20



MASTERS CLUB

OUTSTANDING LIFE MEMBER

**FRANCO GARCIA**
(916) 206-3802
lic# 00925201
*Jesuit Alumni*



MASTERS CLUB

LIFE MEMBER

**ROSANNA GARCIA**
(916) 202-7294
lic# 01058309
*St,Francis Alumni*

GARCIA REALTY

**Lovely Willow Grace Landing River Front Estate**



**YOUR DREAM HOME!**

Built in 1918 & beautifully restored & remodeled in 2012! This lovely estate sits on 2 acres & incl a magnificent 5/6 bedroom 4.5 bathroom main house. 2 stories with balconies off the family room, master bedroom, upstairs hallway and one of the bedrooms. The original wood work is gorgeous and the current owners kept the integrity of the architecture in the family room and chef's kitchen. 1600 sq ft basement with 3 beds 2 baths and kitchen, with separate entrance.

**5 Beds, 4.5 Baths, 4465 SqFt**
**14248 State Highway 160 • $1,290,000**

**2100 28th Street • (916) 452-7535**
**www.GarciaRealEstate.com**



*Enjoy Life at*
**Pioneer Tower**
*A 55+ Community*



***Come Tour Our Downtown Facility Featuring:***

Spacious 1-bedroom apartments with complete kitchens, new appliances, walk-in showers, large closets, balconies, lovely views

We pay utilities, offer free transportation to shopping and medical appointments.

- Active residents association with a variety of social activities
- On-site Service Coordinator
- 24-hour maintenance, compassionate, caring staff
- Small pets welcome
- Rental Assistance Programs for income- qualified applicants

**We Pay Utilities!**
Active Senior Living Retirement Community
515 P St., Sacramento
**(916) 442-2907**
www.rhf.org EOE




Photo courtesy of Melarkey family

Pat Melarkey stands alongside his father, Edward Melarkey, in this 1953 photograph.



Photo courtesy of Melarkey family

Pat Melarkey sits within amarayllis plants during the latter portion of his life.

# Alhambra:

*continued from page 5*

together, and was the quarterback. We ran for the passes.

"In high school, he was a great basketball player, but then he got interested in polo."

Mikacich shared more details about Pat's childhood.

"He was always very popular and talkative as a kid," he said. "He was a laugh a minute and always telling stories."

While attending St. Mary's University in San Antonio, Texas from 1952 to 1953, Pat was a notable long jumper on that institution's track team.

In 1953, following his time at St. Mary's, Pat joined the Air Force and completed 22 months of pilot training.

Pat continued his education at Sacramento State College – today's California State University, Sacramento – where he was among the first students on the then-new, now current campus. He graduated from that college with a bachelor's degree in biology in the spring of 1957.

He next attended Creighton University Dental School, a Jesuit college in Omaha, Nebraska. During his senior year at Creighton, he served as the president of his senior class.

Pat returned to his hometown in 1961, and worked as a staff dentist at the old Sacramento County Hospital.

A year later, he began his own private practice at 2215 16th St.

In 1975, Pat opened a new clinic at 2650 21st St., near St. Joseph's Cemetery. The site featured spaces for eight general practitioners and later expanded to include four specialists.

His career also included providing general dentistry at Native American dental clinics in Jackson and Burney, and making dentures for patients.

Pat, who also has a son named, Kevin, was married on two occasions and eventually had six grandchildren.

He was additionally a dog lover, enjoyed fishing and was a dedicated Sacramento Kings fan who could often be seen watching games at the Distillery and Limelight bars, the latter of which was owned by Pete and Barbara Mikacich. Pat was directly connected to the Kings from 1985 to 1991, when he served as the team's official dentist.

Although about the last six years of his dentistry work was only performed on a part-time basis, Pat continued that work until 2006.

Asked to summarize the loss of Pat, Smoley described his absence as the departure of a unique Sacramentan.

"He was very unique, fun to know and it's an end of an era," she said. "They don't make them unique like that any more."

The life of Pat Melarkey will be celebrated at a service at the Immaculate Conception Church, 3263 1st Ave., on Thursday, March 19 at 11 a.m.

# Locals share a personal story for National Blood Clot Awareness Month

**By Pam Silva, Patrick Harbison and Peggy Pellón**



Photo courtesy

John Silva with dog Cheney

It was Labor Day morning 2017 when we got the dreaded phone call, the one no one wants. "John died." "What, where, when, how, what are you saying?" It can't be true, not John Silva a resident of East Sacramento, who was 37 years old and loved life as no other, who brought only joy to his parents, spouse, family and friends.

Witty, intelligent and fun-loving, John was a leader and a friend, someone who really wanted to make a difference in this world and his community. He did more in his 37 years than most do in a lifetime – through his fundraising efforts for various charities, scholarships for high schoolers who might not be able to attend, a Big Brother who mentored a young boy into adulthood or just being a caring friend – our world needs more people like John.

When no one knew what caused his tragic, sudden death, the autopsy soon gave answers: Pulmonary Embolism due to severe thrombosis of the right leg fibular vein. The blood clot broke off from the fibular vein in his leg and traveled to his lung, he collapsed and never regained consciousness.

We believe, if only John had known the risks and symptoms, his death from a blood clot could have been prevented. That is why we – a best friend, favorite aunt, and mother-in-law, have come together to do what we can to bring awareness throughout our community to save lives.

This month is National Blood Clot Awareness Month, "Stop the Clot." As outreach volunteers, we have partnered with the National Blood Clot Alliance utilizing their information along with the Center for Disease Control and Prevention, so the public can have a better understanding about blood clots – the signs, symptoms, risk factors and preventative measures. Blood clots can affect anyone – children, women, men all ethnicities. No one is immune.

Each year, according to the NBCA and CDC, nearly one million people suffer a blood clot and 100,000 people will die form the event. More people lose their lives to blood clots than AIDS, breast cancer and motor vehicle accidents combined. Even though the students continue to show that fewer than one in four people have any recognition f blood clots or their signs and symptoms. Without this knowledge, people may not receive help until it is too late, like our John.

The National Blood Clot Awareness Alliance promotes awareness about blood clots through the "Stop the Clot", Spread the World Campaign. "We can all come together to aid the NBCA's vision: "A future in which the number of people suffering and dying from blood clots in the USA is reduced significantly."

Please do yourself a favor and become informed, go to the National Blood Clot Alliance website and review the risks, symptoms and prevention of blood clots www.stoptheclot.org .

*Pam Silva is John Silva's aunt; Patrick Harbison, his best friend; and Peggy Pellón, his mother-in-law.*

## Recognize the signs and symptoms: Blood clots can be safely treated

**DVT (Arm or Leg): If you experience any of these, call your doctor as soon as possible**

-Swelling of your leg or arm
-Pain or tenderness not caused by an injury
-Skin that is warm to the touch with swelling or pain
-Redness of the skin with swelling or pain

**PE (Lung): If you experience any of these seek medical attention immediately**

-Difficulty breathing
-Chest pain that worsens with a deep breath
-Coughing up blood
-Faster than normal or irregular heartbeat

### Understanding blood clots

Blood clots can affect anyone and blood clots can be prevented. On average, one American dies of a blood clot every six minutes. A blood clot in one of the large veins, usually in a person's leg or arm, is called a deep vein thrombosis or DVT. When a blood clot like this formsm, it can partly or completely block the flow of blood through the vein. If a DVT is not treated, it can move or break off and tavel to the lungs. A blood clot in the lung is called a pulmonary embolism or PE, and can cause death and requires immediate medical attention. Blood clots do not discriminate by age, gender ethnicity or race. Blood clots can affect anyone. Three major risk factors are: cancer, hospitalization and surgery, and pregnancy. Other risk factors include: birth control that contains estrogen, hormone replacement therapy that contains estrogen, trauma (particularly when the vein is injured), immobility or sitting for long periods, being overweight, a family history of blood clots, and smoking.

### High risk

Hospital stay, major surgery, such as abdominal/pelvic surgery, knee or hip replacement, major trauma (auto accident or fall), nursing home living, leg paralysis

### Moderate risk

Older than age 65; trips over four hours by plane, car train or bus; active cancer/chemotherapy; bone fracture or cast; birth control pills, patch or ring; hormone replacement therapy; pregnancy or gave birth; prior blood clot or family history of a clot; heart failure; bed rest over three days; obesity; genetic hereditary or acquired blood clotting disorder.

### What is the treatment for blood clots?

The primary treatment is medication that prevents abnormal clotting, known as an anticoagulant or "blood thinner." Blood-thinners increase the time it takes for blood to clot. They stop new blood clots from forming and keep existing clots from growing larger. They do not dissolve a clot. However, by preventing clots from getting bigger, they allow your body's own clot busting system time to dissolve existing blood clots. Blood-thinners may be given as: a pill by mouth, an injection into either the skin or a vein.

Blood clots can be prevented. Know your risks and recognize signs and symptoms. Tell your doctor if you have risk factors for blood clots. Before any surgery, talk with your doctor about blood clots. See your doctor as soon as you can if you do have any symptoms. To learn more about blood clots and to spread the word, visit stoptheclot.org/spreadtheword

# Arts & Activities



**WINTER SPORTS!** See if you can guess which toss clobbered Paul's opponent. You only get one try.

## Junior Whirl

by Charles Barry Townsend

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1. | G | | | | | | E |
| 2. | | G | | | | E | |
| 3. | | | G | | | E | |
| 4. | | | | G | E | | |
| 5. | | | E | | | G | |
| 6. | | E | | | | | G |
| 7. | E | | | | | | G |

**FIND THE BIG WORDS?**

USING THE definitions and anagrams below, you must find the seven eight-letter words that fit into the honeycomb pictured on the left. The letters in the two anagram words, for each definition, must be unscrambled and used to form the word asked for.

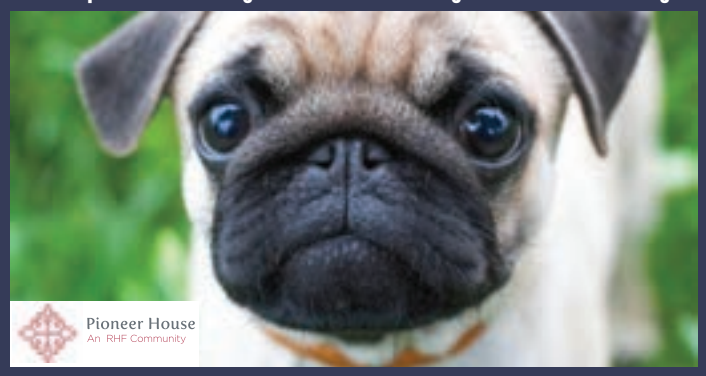
| DEFINITIONS: | ANAGRAMS: |
|---|---|
| 1 Used in jewelry | song - chat |
| 2 Outstanding; upset | dare + gut |
| 3 A time-consuming game | game + it |
| 4 Damaged or pestered | deed + pros |
| 5 An accessory | lost - gone |
| 6 Something passed down | gun + lent |
| 7 Consignment | gin + save |

**A PROBLEM FOR THE WIDE AWAKE PUZZLER!** See if you can rearrange the following letters to form a common word. Lots of coffee will help you answer this one:

EEEELLNPSSSS

**THE FLIPFLOP ARROW!** Here's a great way to stump your friends. On a square of cardboard draw a one inch arrow pointing to the left. Bet anyone that you can make the arrow point to the right without touching the card or moving the table. Secret: Fill a tall clear glass with water and place it about two inches in front of the card. Now, when you look at the arrow through the glass, it will appear to have turned around.


Independent Living • Assisted Living • Skilled Nursing



Pioneer House
An RHF Community

**ITS A PUG PARTY AT PIONEER HOUSE**

**PIONEER HOUSE IS A PET FRIENDLY SENIOR COMMUNITY MOVE IN WITH YOUR FURRY FRIEND**

**MARCH 14TH 2020 • 1-3 PM**

**Come meet some friendly pugs, or adopt a pug.**

Pioneer house will be selling Hot Dogs or Hamburgers with chips & soda for $5.00. Plus we will have amazing Raffle Baskets. All Proceeds will Benefit The Pug Organization Rescue of Northern California.

RCFE: 340300522 | SNF: 100000072

415 P Street Sacramento, CA 95814 • 916-442-4906
CALL US TODAY TO SCHEDULE YOUR TOUR

EQUAL HOUSING OPPORTUNITY



Don Puliz
Annual Elks 6
Crab & Shrimp Feast

Saturday, March 24, 2020

$60.00

Antipasto, Pasta,
Green Salad, Garlic Bread,
Crab & Shrimp.

No Host Cocktails 6:00
Dinner at 7:00

Drawing & Silent Auction to follow.
Bring cash and credit card to participate.

Tickets available
in the Lodge Office
or call 422-6666

Credit Cards Accepted

6446 Riverside Blvd.

Sales Tax Included



Buying New & Used
VINYL LP'S
45'S, CD'S, CASSETTES, MAGAZINES & COLLECTIBLES

CALL
MARTY DEANDA TODAY!

Medium Rare
RECORDS & COLLECTIBLES
(916) 442-5344
(916) 505-5191

1104 R STREET . SACRAMENTO, CA

WE'LL BUY YOUR ENTIRE COLLECTION
NO MATTER HOW LARGE (OR SMALL)



(916) 947-9403
EastSacChamber@aol.com
www.EastSacChamber.org

**MARCH LUNCHEON**

Wednesday, March 11
12:00 PM - 1:30 PM

Clunie Community Center
601 Alhambra Blvd
Sacramento, CA 95816

**MARCH MIXER**

Thursday, March 19
5:30 PM - 7:00 PM

TBA





Available at
Crawford's Books in
Land Park & PeraDice
Cards in Midtown

Art That Makes People Happy

Bringing art & smiles
to the hand-written note!

Melissa Andrews O'Kane
916.399.5719
melissandrews@comcast.net

One-of-a-kind Pet Portraits
Unique hand-drawn note cards

# CELEBRATE PI DAY on 3.14.20: Walk with the Sacramento Walking Sticks

The Sacramento Walking Sticks Club will be celebrating the ratio between the circumference of a circle to its diameter—approximately 3.14—on Pi Day, Saturday, March 14, 2020. We invite everyone to join in on our event, walking and eating "pie" with us before and/or after the walk.

The start/finish of our event will be Marie Callender's Restaurant & Bakery, 5622 Freeport Blvd, Sacramento, CA 95822.

Registration for the walk will be from 9:00 a.m. to 12:00 Noon, finishing by 3:14 pm

Everyone will have their choice of walking either a 5k (3.14 miles) or a 10k (3.14 x 2) route that is rated a 1A. The routes are wheelchair and stroller friendly; the family dog will love the outing, but they cannot come into Marie Callender's. Children are encouraged to come and walk on foot, use their scooters or skates and if they're 12 and under—they can eat FREE at the last remaining Marie Callender's in town.

Families are encouraged to come and walk. We walk for the fun and fitness of the event and to see new places along the way and hopefully meet some new friends as well. The walk takes people into little known areas of Sacramento—the Little Pocket neighborhood, Belle Cooledge and Bahnfleth Parks as well as walking by the Sacramento Executive Airport and the Sacramento Public Safety Center. Everyone can walk for FREE or pay $3.14 for volkswalk credit. (The normal fee for volkswalk credit is $3.00 per walk—the extra 14¢ will be donated to a local food closet.

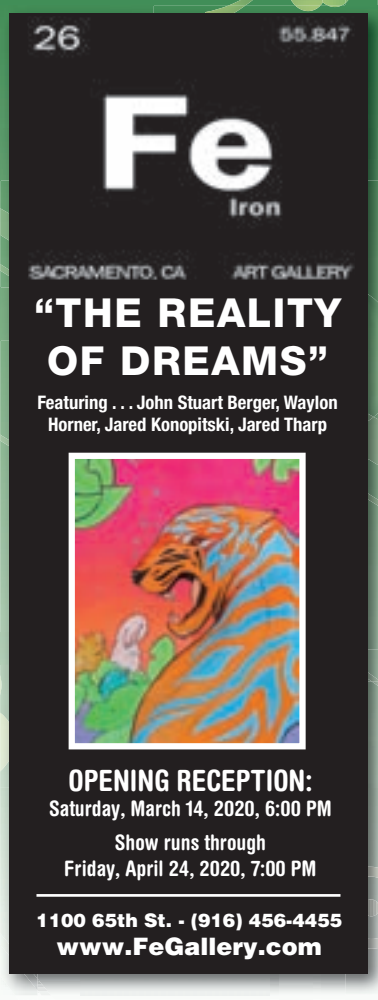
**More Pi information,**

http://www.piday.org/

http://mathforum.org/dr.math/faq/faq.pi.html.

Volkswalk means "sport of the people" and has its origins in Germany. There are over 200 clubs throughout the USA and the Sacramento Walking Sticks is still the largest club with 518 members. The Club offers a wide array of walking adventures for people of all ages and walking abilities, including the family dog. There are group walks on Tuesday and Thursday mornings and Wednesday evenings; and whenever there's a Full Moon. There are also walks every weekend in northern and central California that people can join in on, too. The Sticks also offer group walks on major holidays and Road Adventures once a month to cities over 50 miles away. Walking is one of the most inexpensive forms of exercise around and when people are walking and talking, they tend to walk further and faster than when they're alone or on a treadmill. The Club provides everyone with a set of written directions and map so no one gets lost and they're guaranteed a route with sights they would probably never have found on their own.

The Sacramento Walking Sticks host a monthly meeting that anyone can attend on the second Thursday of every month in different locations (check our website for details).







# 30th Annual Creek Week: Peace; Love; CREEKS!

Mark your calendars for Thursday, April 9 to Saturday, April 18 for the 30th annual Creek Week. Whether it is participating in one or more of the fun and educational activities or volunteering at the annual community-wide cleanup and celebration, there is something for everyone during Creek Week.

Activity details and volunteer information are available on the Creek Week website at https://creekweek.net/activities/

**SPLASH OFF !**

**Thursday, April 9, 11 am - Noon**

Join us as we Splash Off Creek Week! We thank our sponsors and recognize the Sac State Sustainability Program/ Environmental Student Organization as the 2020 Creek Stewart award winners for their environmental advocacy on campus and in the community. Key Note Speaker Lilly Allen, Ecosystem Restoration Scientist, will highlight the Water Forum's successful habitat management program to protect salmon and steelhead in the lower American River at Sailor Bar. **Location**: Camp Pollock,1501 Northgate Blvd. More information at Environmental Student Organization; Water Forum Habitat Management; and https://creekweek.net/activities/.

**BUFFERLANDS BIRDS & BLOOMS TOUR**

**Saturday, April 11, 8:30 am – 10:30 am**

The Fishhead Lake mitigation wetlands and surrounding uplands are home to waterfowl, songbirds and raptors. Native wildflowers bloom in early spring. Visitors will receive a packet of native flower seeds. Meeting location is weather-dependent. More information and registration at https://creekweek.net/activities/ .

**WATER WONDERFUL WORLD**

**Saturday April 11th 10:30 – 11:30 am**

Explore the local waterways. Take a hike to the river and learn about its journey; see what kinds of animals living in and along its edge and learn the importance of keeping our local waterways clean. All ages welcome. Effie Yeaw Nature Center. More information at https://creekweek.net/activities/

Admission: $5; General, $3. Ages 4-11. A parking fee of $5 waived for Nature Center members. This program starts promptly at stated time, run 30-60 minutes.

**ARCADE CREEK EXPLORATION**

**Saturday April 11; 10– Noon**

Learn about the land and water of Arcade Creek and the critters that call it home. Go exploring with biologists and see how they use scientific tools. Biologists will guide our exploration of the creek zone and answer questions about riparian habitats and the diversity of wildlife living in them. More information and location at https://creekweek.net/activities/

**LIVING IN WATER**

**Sunday April 12; 1:30 – 2:30 pm**

Discover the hidden world of water insects and polliwogs! Using catch and release activities get a close-up look at these amazing little animals living in our ponds and found in local waterways. All ages welcome. Effie Yeaw Nature Center. Admission $5 General. $3 Ages 4-11. A parking fee of $5 is waived for Nature Center members. More information at https://creekweek.net/activities/

**BUFFERLANDS EVENING TALK**

**Wednesday, April 15; 6:30 to 8 pm**

Liz Oettinger of the newly formed Bird of Prey Health Group (BPHG) and owner of the Center for Reconnecting with Nature will explain how this inter-professional group of veterinarians, technicians and bird of prey support staff provide rehabilitation for injured birds of prey. Attendees will be able to see several magnificent creatures up-close, including one of the "ambassador" birds --a locally threatened Swain-

see CREEK page 11

NEW LOCATION!

PEACE OF MIND.
Triple-R
ADULT DAY CENTERS

5962 S. Land Park Dr. South Hills Shopping Center





A safe & uplifting place to spend the day,
while family caregivers go to work or take a needed break.

*Daytime Memory Care Services since 1992*

www.TripleR.org ▪ (916) 808-1591

City of SACRAMENTO
Older Adult Services

CALLING ALL PROVIDERS OF...
HOME IMPROVEMENT SERVICES

ADVERTISE YOUR BUSINESS IN THE NEW YEAR!!!
FOUR NEIGHBORHOODS, ONE PRICE
AFFORDABLE | CONSISTENT PRESENCE

REACH YOUR
TARGET MARKET

FREE AD DESIGN
CALL MELISSA
TO SCHEDULE
YOUR AD NOW!



916.429.9901




# Creek:

*Continued fromp page 10*

son's hawk. Space is limited. For more information and to reserve a spot, go to https://creekweek.net/activities/

**STEELHEAD CREEK BEAVER POND WALK**

**Wednesday, April 15; 6:30 pm**

Early evening is the best time to see beaver activity and lots of other local wildlife. Take a stroll with Mary Tappel through Wolfe Ranch Wildlife Sanctuary. NOTE: this event will be cancelled in the case of heavy rain. More information at https://creekweek.net/activities/

**BEAR HOLLOW NATURE TOUR & BIRD WATCH**

**Saturday, April 18; 8 to 9**

Learn about the history and purpose of Rancho Cordova's Bear Hollow Stormwater Basin, see the recent tree planting restoration project and observe the native plants and animals that have taken up residence at this flood control facility. A City biologist will lead the nature tour and bird watch activity. Plan to stay after the tour and participate in a nearby Creek Week Clean-up! Reservations are requested. More information at https://creekweek.net/activities/

**CREEK CLEAN UP AND CELEBRATION!**

**Saturday April 18; 9 am - 2pm**

**FIRST WE CLEAN!**

9 am – noon, Countywide

Volunteers are needed for trash and debris removal on Clean-up day!

Find clean up locations and register to volunteer online at https://creekweek.net/volunteer-online/

**THEN WE CELEBRATE!**

**Noon - 2 pm, Carmichael Park**

Volunteers are rewarded for their work and celebrate together!

Free BBQ lunch and commemorative T-shirt for Creek Week clean up volunteers. Fun -filled festivities include environmental-themed exhibits and activities, contests & more! Entertainment by Red Shoe Productions.

# Your Home Improvement Guide

**Call a sales representative today for great advertising rates: 429-9901**

## ADDITION SPECIALIST

**LYTLE CONSTRUCTION INC.**
*Remodeling and Design*
LIC# 480492

**Award-Winning Design/Build Firm**
*Serving Sacramento for more than 25 years*

- Additions
- Kitchens
- Bathrooms
- Custom Cabinetry

**FREE Consultation**
**916-422-6639**

*Certified Kitchen & Bath Remodeler*

www.lytleconstruction.com

## ELECTRICAL CONTRACTOR

**CAPITOL ELECTRIC**

Reasonable Residential & Commercial Work since 1960

Repairs, Trouble Shooting
Custom Lighting/FREE Est.
Excellent ref from Angie's List

(916) 451-2300 Cell: 213-3740

Neil McIntire — C.S.L.# 394307

## GUTTER CLEANING

**Prime Quality Maintenance**

- **GUTTER CLEANING**
- **Window Cleaning** (inside/out/screens washed)
- **Pressure Washing** (all surface areas)
- **Junk Removal/Hauling**
- **Landscape Maintenance**

Free Estimates
Licensed & Insured

CSL# 996271



**Call or Text Jesse: 916 417-4231**

## HANDYMAN



**D&H Service**

Office: **916-428-5907**
Cell: **916-206-8909**

Interior and exterior painting
Fence Installation
Tile Installation
Dry Rot Repair

*25 years of experience*

## HANDYMAN

**Fall Winter Yard Clean-up Specials!**

- HAULING & YARD CLEAN-UP
- RAIN GUTTER CLEANING
- CONCRETE REMOVAL
- HEDGE TRIMMING/SHRUB REMOVAL
- PRESSURE WSHING

**CALL LESTER**
**(916) 838-1247**
LIC# 128758/REF

Pressure wash your driveways clean! Your decks too!
Clean out your garage! Replace tt old lawn too!
Hard work-not a problem!



SPECIALS FOR SENIORS/*SERVING THE AREA FOR OVER 20 YEARS*

## HANDYMAN

**FREEDOM HANDYMAN SERVICE**

I specialize in all areas of home improvement !
Quality work the first time, guaranteed!
Disposals & Air gap replacement - Demolition
Sprinkler repair & New Valves - Carpentry - Electrical
Plumbing - Sheetrock - Ceiling Fan installation

***Fix leaks of all types***

Accepts All Major Credit Cards "Senior Discount"

NO JOB TOO SMALL! **Call Eric (916) 470-3488**

## HARDWOOD FLOORING

**Hardwood Flooring**

Specializing in installing, sanding
and finishing hardwood flooring
or repair and refurbish your current floors.

**Call Michael - (916) 383-8742**

Lic# 544159/References Available

## PAINTING

**GARY'S PAINTING**

FREE Estimates!

- Warranty
- Senior Discounts
- Professional & Reliable
- Interior & Exterior Painting
- Using only Kelly-Moore Paint!

McClatchy '67

CSL #734323

**(916) 725-8781**

## PAINTING

**COOK PAINTING**

Full Service Company – Start to Finish

CSL# 432951




- Custom Painting
- Super clean, neat & fast
- Interior/Exterior
- Cabinets

Specializing in custom trim & moulding!
Color Consultants
FREE ESTIMATES

*As seen on yelp*

**(916) 591-5056**

## PAINTING

**DYNAMIC PAINTING DECORATING**



***Commercial – Residential***
***Interior – Exterior***

2 coat, spray & back roll • Material & Labor

*Good references*

**916-563-9392** License # 550940




**Call 916-429-9901**

**Our Readers Need Your Service!**

**It Pays to Advertise!**

Advertise your service in this section, today!



# Your Home Improvement Guide

**Call a sales representative today for great advertising rates: 429-9901**

### PLUMBING

**ROONEY'S PLUMBING**

*FULL SERVICE PLUMBING*

456-7777

*rooneysplumbing.com*

License #683668

### ROOF/GUTTER CLEANING

**Stan The Man**

*est 2007*

* ROOF / GUTTER CLEANING * WINDOW CLEANING
* PRESSURE WASHING * SENIOR DISCOUNTS



916.601.1030

Cleaning and Repair

Sacramento, CA

### TILE WORK

**BAXTER TILE**

EXPERT INSTALLATION REMODELING & REPAIR

Ceramic • Marble • Granite • Floors • Counters • Walls

42 Years Experience • FREE Estimates

**916-213-4669**

License #668100

### TILE WORK



**NIETO's** TILE & LANDSCAPING

RESIDENTIAL & COMMERCIAL

Frank Nieto
(916) 480-9512

*Sprinkler Systems (Install & Repair)*
*Fencing • Plumbing*
*Electrical • Painting*

*Concrete • Tile Installation*
*Granite Fabrication*
*Laminate/Wood Floors*

NietosTile@sbcglobal.net www.nietostile.com Lic. #917883

### TREE SERVICES

**ARTISAN ALL TREE**

**Tree service, Tree trimming, Tree removal and Stump Grinding**

**916-459-0115**



insured/worker comp.
Cslb lic# 981932

**FREE ESTIMATES**

**10% DISCOUNT WITH AD**

### PLUMBING

**Mack's Plumbing**

Repairs - Replacement - Service

916 761-5780

License # 784099



**Our Readers Need Your Service!**

**It Pays to Advertise!**

Advertise your service in this section, today!

**Call 916-429-9901**



# CLASSIFIED ADS

**Call a sales representative today for great advertising rates: 429-9901**

### BEAUTY SERVICES

**MARY HOCKING HAIRSTYLES**
Serving Sacramento since 1979.
3212 Riverside Blvd. Gayle n l for Hair.
New clients $20 off 1st visit.
530.906.8566

### BOOKKEEPING

**#1 CONCIERGE BOOKKEEPER**
37 years exp. in industries like Auto, Mechanics, Restaurants, Caterers, Massage, Doctors, Chiropractors, Non-Profits, Retail, Marshal Arts, Barber, Construction, Wholesale, Investment Clubs, Corp, Partnerships, Small Business. We are experts in General Ledger, Payroll, Profit & Loss & Quarterlies. Call for your concierge appt. Same low 1990 rates. Ask for Irene Senst (916) 640-3820, Nevada (775) 410-3422. www.taxirene.info • taxireneinfo@gmail.com

### BUSINESS SERVICES

**#1 CONCIERGE BUSINESS SERVICES**
Put our 37 years in Concierge Business Support Service to work for your business. We provide support in: Licensing, Business & Corp Start-ups or Closures, Basic web design, Set-up social media. Business Concierge Shopping, Marketing and much more. Please contact Irene Senst (916) 640-3820 CA, (775) 410-3422 NV. www.taxirene.info • taxireneinfo@gmail.com

### HANDYMAN

**CLEAN-UP SPECIALS!**
**Spring Yard Clean-Up Special** – Yard clean-up. Rain gutter cleaning, pressure washing/power spray, hauling, yard work, painting, tree & shrub removal, clean-up, fence repairs, light tree trimming, & more. Ref avail. Call Les at 838-1247. **22 yrs. exp. Specials for seniors. Licensed**

### SPECIAL ALZHEIMER'S LIVING

**REVERE COURT**

MEMORY CARE Lic. #347001338/342

**Do you enjoy making people smile?**

Do you want to work with people who care? Are you ready to join a team that makes a difference every day? If so, you may be interested in becoming a caregiver!

***Stop by Today!***

www.reverecourt.com

**(916) 392-3510**

7707 Rush River Dr. Sacto, CA 95831

### HANDYMAN

**HANDYMAN SERVICES**
No job too small. Make your "to-do" list and give me a call. Electrical, Plumbing, Tile, Sheetrock,Plaster, Stucco, Repairs and Remodeling, you name it! **Lic# 908942. Call Steven at 230-2114.**

### HOUSE/PET SITTING SERVICES

**LEAVING TOWN FOR A DAY, A WEEK, A MONTH?!?**

For peace of mind, schedule a trusted house or pet sitter!
Call for affordable hourly/daily/weekly rates!
References on request.

**Jodie, the Pet Whisperer - 916 450-0145**

### TAX PREPARER

**#1 CONCIERGE TAX PREPARER**
37 yrs. exp. We specialize in Business Tax returns including Corp & Partnerships. FREE Pick-up & Delivery to those who qualify. We prepare expertly **all past tax returns** including all State returns. Get the most deductions allowed to you by law. CTEC + IRS Registered & Bonded. Please call for your appt. today. Irene Senst (916) 640-3820 CA, (775) 410-3422 NV. Same low 1990 rates. www.taxirene.info • taxireneinfo@gmail.com

**Check out the Home Improvement Guide**

**Call Melissa at 429-9901 for ad rates.**

www.valcomnews.com

# Local dog lovers discuss their devotion to rescue and detective-type investigations

By Charlotte Sanchez-Kosa

Days that can lead to weeks of investigation, long hours of surveillance and an elusive quarry. Those actions have been associated with the work of police and private detectives. But it isn't just detectives that put in that type of effort.

In Sacramento, there is a small group of dog rescuers who donate their own time and money to find and capture strays and it's a task that is easier than it sounds.

"All the dogs take patience and calmness," said Penny Scott, a local rescuer. "That's the important thing. You have to go in being calm, relaxed and you have to have a lot of patience. If you think that you're just going to get the dog, you're going to rush things and ordinarily, usually, you'll scare the dog off.

"DeAnn (Wren) and I both have a lot of patience. We have sat in our cars for up to eight hours at a time and overnight. I once spent 14 hours in the car."

She added that although a dog might go into the trap right away because it is hungry, that is not always the case.

"With some dogs you have to lead them in with bait day by day," she said. "It took two weeks with one dog to lead him in by moving the bowl closer and closer to the trap. So that's why you have to have a lot of patience. It varies and we never ever leave a trap unattended. It's so important. We also sit in our car most of the time just so we can be there when the door shuts. We don't want any dogs and sometimes cats to be stressed out when the door shuts."



Courtesy DeAnn Wren

DeAnn Wren hugs one of her rescues.

DeAnn, who also works with Scott, said recently a post on Facebook alerted them to two dogs that were loose in a rural area. They were lying in a pipe in the water and they had been hiding in it. They could barely fit in the pipes but were there because they were afraid of people.

"Before I headed out of town, I called Penny and said, 'Look. There's two dogs we need to trap,'" she said. "We head out there and we set out a couple of traps. The dog's were very scared. They came out. They did not go into the traps but they were interested. One actually hit their head on the trap and the trap door closed and then they took off."

The two rescuers then decided to build an enclosure.

"We were out there one night and I work full time so we came out after work, and we sat there and waited," Deann said. "The dog was a no-show. We had some problems with our equipment and we went back out there at 4 a.m. We sat there hours and the dog showed up but didn't go into the enclosure. We moved the enclosure. We ended up getting him the next night."

Unfortunately, catching the second dog wasn't so easy and it eventually was hot by a vehicle. It is now in the care of a veterinarian.

For Scott, trapping strays started about five years ago after seeing a post on Facebook about a dog that was loose. The poster asked for people to come out and help.

"And after the dog was caught, I thought, 'Oh that's kind of rewarding!' and then I started searching Facebook for more loose dogs and then after that it became addicting," she said.

Wren started trapping two years ago after she had met Scott at a rescue. During that encounter Wren learned how she could help get animals off the street by utilizing different methods.

"We had a runaway Beagle when I was growing up that was always out and we couldn't keep him contained," she said. "Every time there's a loose dog, we try to go and get them to safety."

Depending on the situation, most dogs are taken to area shelters to either be reunited with owners or adopted out but there are exceptions.

"It varies," Wren said. "We had a dog that took 23 days to catch. We were worried that the dog was so scared and so feral that it would not be touched for a while. Usually we put them in what Penny has which is a decompression area. But that time we couldn't so I took it elsewhere. Within a couple of hours, the dog was in our lap."

She added, they had another dog right after that which she had at her own house for four days and still couldn't touch it.

"So it depends on the dogs," Wren said.

For Scott and Wren, trapping and rescuing has been a labor of love. Over the years, they have trapped more than 150 dogs and they see no reason to stop because helping the animals is so fulfilling.

"I know we spend a lot of time searching for lost dogs, hours, days and sometimes months," Wren said. "Even though we might not get all the dogs. It is still a success knowing that the ones we do get are off the streets and or back home."

FUNERAL DIRECTORY
Call Melissa at (916) 429-9901
www.valcomnews.com
Harry A. Nauman & Son
Dignity
FD366
4041 Freeport Blvd
Sacramento, CA 95822
(916) 452-6157
Serving Sacramento Families since 1903.
Pre-arrangement packages available.

# What's happening East Sacramento?

## FRIDAY, MARCH 6

*IMAGINATION CITY* – Encourage imagination through play with the creative use of everyday materials! Enjoy process-based art, engineering, design, and drama. Recommended for ages 0–8. This program presented as part of the Neil Gaiman event series leading up to his visit to Sacramento. In May, Sacramento Public Library will host Gaiman for the 2020 Association for Library Service to Children (ALSC) Arbuthnot Lecture. Learn more at www.saclibrary.org/gaiman. March 6, from 3:30 – 4:30 p.m. at McKinley Library, 601 Alhambra Blvd, Sacramento.

## SATURDAY, MARCH 7

*NINTH ANNUAL SOROPTIMIST CRAB FIESTA FUNDRAISER:* Sacramento-area residents, business leaders, and community advocates for women and girls who are looking to enjoy a night out with a delicious full course crab dinner, bid on the chance to win exciting raffle and auction prizes and, importantly, support a worthwhile cause at the Soroptimist International of Sacramento INC. ninth annual Crab Fiesta. This annual fundraiser supports programs, scholarships and grants that provide women and girls with access to the education and training they need to achieve economic empowerment. It will be held Saturday, March 7, 2020 from 5 to 10 p.m. at The Annunciation Greek Orthodox Church, 616 Alhambra Blvd. Soroptimist International of Sacramento, Inc. is proud of its 97-year history and many accomplishments in the Sacramento community through the club's signature Dream programs. These programs provide training and resources that help women and girls in our community reach their full potential and live their dreams. The programs include Dream It, Be It – a career mentoring and life skills program for girls at SAVA Charter High School in Sacramento; Live Your Dream – cash awards for women head of households entering the workforce, college or job training; Dream Scholarships – approximately $20,000 in annual college scholarships for deserving women; and, Dream Grants – support for community organizations aligned with the Soroptimist mission. Recipients for 2020 include Single Mom Strong Empowerment Center (Citrus Heights) serving single mothers and Court Appointed Special Advocate's (CASA) program for adolescent girls in the juvenile justice system. Early Bird Tickets are $65; Prices increase February 14th to $70. Tickets can be purchased at www.crabfiestasac.org. The ticket includes a margarita, chips & salsa and a delicious salad, pasta and crab dinner.

## FRIDAY, MARCH 13

*LIBRARY PLAY DATE* – Come play at the library! Play Dates offer fun, early learning focused activities that give families with young children a chance to play and explore in a safe and welcoming environment. While geared for children ages 0–5 and their caregivers, we also welcome older siblings to play along. Friday, March 13 from 3:30 – 4:30 p.m. at McKinley Library, 601 Alhambra Blvd, Sacramento.

## SATURDAY, MARCH 14

*ST. PATRICK'S DAY PARADE:* The 24th annual parade brings hundreds of colorful marchers dressed in green with Irish and Highland dancers, pipe and drum bands, historic and cultural organizations together to celebrate at Sacramento's historic waterfront. 1 p.m. at the Old Sacramento Waterfront

## FRIDAY, MARCH 20

*TWEEN COMICS CLUB* – Join us for this free, fun program. We will have snacks, discuss a comic book, do a craft, and have a trivia contest with the chance to win a prize! This month's book: Brave by Svetlana Chmakova. Copies will be available at the McKinley branch in February. Recommended for ages 8–12. Friday, March 20 from 3:30 – 4:30 p.m. at McKinley Library, 601 Alhambra Blvd, Sacramento.

## FRIDAY, MARCH 27

*MINECRAFT* – Enjoy this computer game filled with mining, crafting and exploring! Play with new friends on the library's own server. No experience necessary. Spots are first-come, first-served. Recommended for ages 6—12. Friday, March 27 from 3:30 – 4:30 p.m. at McKinley Library, 601 Alhambra Blvd, Sacramento.

## WEDNESDAY, JUNE 10

*20TH ANNUAL DIVERSITY EMPLOYMENT DAY CAREER FAIR AND ROUNTABLES:* From 11 a.m. to 3 p.m. at the O'Club at The Lions Gate Hotel Conference Center, 3410 Westover St., McClellan. The ongoing mission is to provide the most candidates from the city, county and state's diverse communities. With the understanding that diversity is a good business strategy, the opportunities for employer and candidates are endless. The diversity event is the most significant career fair presented today. Its outreach includes multicultural, veterans, women, LGBTQ, mature workers and people with disabilities. Each employer is actively committed to getting America back to work, diversity and equality in the workplace. The event features the "The Diversity Spirit Achievement Award" presented by the Diversity Recruiters Network and The Diversity Practitioners Roundtables. For more information, visit facebook.com/citycareerfair and www.citycareerfair.com

## MONDAY, DEC. 3

*SHEPARD GARDEN AND ARTS CENTER BOARD MEETING:* The Shepard Garden and Arts Center Board is considering new management. There will be a Board Meeting Monday, December 3, 2020,, 7:00PM at The Shepard Garden and Arts Center to discuss options. The Friends of East Sacramento will address the Board to answer questions about possibly managing the Shepard. Contact: Shepardcenter@gmail.com

## ONGOING

*KNIT AND CRAFT* – A morning of fiber arts fun! Participants can learn to knit or crochet, get help with projects, and chat with new friends. Don't forget to bring your craft supplies! Adult. Wednesdays from 10 a.m. – noon at McKinley Library, 601 Alhambra Blvd, Sacramento.

*SACRAMENTO AREA ENGLISH COUNTRY DANCE::* Great news for those who live relatively close to central Sacramento! The Sacramento Country Dance Society is adding a second monthly English Country Dance, on the third Sunday afternoon of each month. Lovely hall and floor, easy parking, and on the American River Bike Trail. Come join us at Camp Pollock, just 5 minutes from downtown/midtown Sacramento, from 2:00 to 5:00 pm. Each dance is preceded at 1:30 pm by an Introductory Workshop for newcomers. This is in addition to our long-running dance in Roseville that continues on the first Sunday afternoon of each month. Beginners welcome, no partners necessary, always live music. Details about both dances, including callers, music, locations, and date changes, can be found on our Web site: sactocds.org/english-country-dance/

*TOWER BREWING MONDAY OPEN MIC:* Mondays from 630 to 10 p.m. at Sactown Union Brewery 1210 66th Street, Unit B, Sacramento, California 95819. Host Autumn Sky brings you a weekly open-mic night to express yourself and be apart of a unique, supportive community! Sign ups at 6:30 p.m., open mic begins at 7 p.m. and it's all ages until 8 p.m. A house guitar is provided (Autumn's own!) to play if bringing yours is difficult. There's beer, pizza next door that delivers to the open mic, and they welcome well behaved dogs. Comedy, DJing, spoken word, poetry, instrumental performance, songwriters, cover heroes and rappers are all welcome.

*CORN - HOLE EVERY THURSDAY NIGHT AT SACTOWN UNION BREWERY:* Be a part of the Sports Social Club. XOSO Sports Host Corn - Hole League Every Thursday Night from 6:30 to 9:30 p.m. at Sactown Union Brewery, 1210 66th St. VISIT www.xososports.com to register. Because even adults need recess.

*FRIENDS AND FAMILY OF SURVIVORS SUPPORT GROUP:* Every first Monday of the month from 6 to 7 p.m. Location: Sacramento. Call 916-428-3271 for exact location. Description: Is your friend or family member in a domestic violence, sexual assault, or human trafficking situation? This free, drop-in group is for you. Learn how to support your loved one, and receive some support yourself among people who are in the same situation. Feel free to call My Sister's House for more information: 916-428-3271.

*#METOO SUPPORT GROUP:* Every third Monday of the month from 6 to 7 p.m. Location: Sacramento. Call 916-428-3271 for exact location. Description: This drop-in support group is free, confidential, open to all genders, and available to sexual assault survivors at any point in their healing. Feel free to call My Sister's House for more information: 916-428-3271.

*STATE FAIR SCHOLARSHIP APPLICATIONS ANNOUNCED:* The Friends of the California State Fair Scholarship Program is now accepting scholarship applications for the 2018 - 2019 academic year. The program offers 14 categories of scholarships ranging from $1,000 - $2,500 each with varying eligibility requirements. Categories include: agriculture, art, academic excellence, business, culinary/hospitality/event management, education, international relations, trade school, viticulture and enology. Applicants may apply for one scholarship category of their choice per year and will be evaluated based on academics, community service, quality of essay and recommendation. Top scholarship winners in select categories may be invited to compete for the $5,000 Ironstone Concours Foundation Scholarship Scholarships are not renewable; however, students may reapply each year as long as they continue to meet the eligibility criteria. The Friends of the California State Fair Scholarship Program is a collaboration between the Friends of the California State Fair, the California Exposition & State Fair, the California State Fair Agricultural Advisory Council, the Ironstone Concours Foundation, Blue Diamond Growers and Western Fairs Association. International Scholarship and Tuition Services, Inc. (ISTS), an independent scholarship management company, hosts the online application process and disburses awards for the program. The deadline to apply is March 2, 2018. Learn more at CAStateFair.org/scholarship. For questions about the Friends of the California State Fair Scholarship Program, please email scholarship@calexpo.com.

*SAC UNIFIED POETRY SLAM:* Jenny Lynn and Joe Montoya's Poetry Unplugged present The Sac Unified Poetry Slam every third Friday at Luna's, 1414 16th St., starting at 7:30 p.m. The show is unpredictable. The special guests and judges won't be known until they sign up. The slam is three rounds. This is a FREE show with purchase at the cafe, donations are encouraged to cover PSI venue dues and show staffing. $5 to slam (except youth 18 and under) winner takes the whole pot. Luna's Cafe will be serving the freshest juices and licuados in town, nothing frozen or concentrated. The menu also includes sandwiches, salads, our famous quesadilla, fresh-ground coffee, mochas, and other espresso drinks. A nice selection of beer and wine is also offered. Enjoy it all in the comfortable atmosphere of Luna's, one of this area's original cafe galleries. Supporting artists of all kinds for over 30 years.

*JANE AUSTEN READING GROUP AT ELLA K. MCCLATCHY LIBRARY:* This monthly group reads the works of Jane Austen and meets the third Saturday of each month in the Ella K. McClatchy library from 3:30 p.m. to 5 p.m. All Austen fans are welcome. 2112 22nd St.

*NON-PROFIT ORGANIZATION IS SEEKING LOCAL HOST FAMILIES FOR HIGH SCHOOL EXCHANGE STUDENTS:* ASSE International Student Exchange Programs (ASSE), in cooperation with your community high school, is looking for local families to host boys and girls between the ages of 15 to 18 from a variety of countries: Norway, Denmark, Spain, Italy, Japan, to name a few. ASSE students are enthusiastic and excited to experience American culture while they practice their English. They also love to share their own culture and language with their host families. Host families welcome these students into their family, not as a guest, but as a family member, giving everyone involved a rich cultural experience. The exchange students have pocket money for personal expenses and full health, accident and liability insurance. ASSE students are selected based on academics and personality, and host families can choose their student from a wide variety of backgrounds, countries and personal interests. To become an ASSE Host Family or to find out how to become involved with ASSE in your community, please call the ASSE Western Regional Office at 1-800-733-2773 or go to www.host.asse.com to begin your host family application. Students are eager to learn about their American host family, so begin the process of welcoming your new son or daughter today!




Naturwood
HOME FURNISHINGS

# The Luxury of Leather
# ALL LEATHER IS ON SALE*

CHOOSE FROM THE BEST SELECTION OF QUALITY LEATHER FURNITURE IN THE AREA



Brooklynn, CPO
(Chief Persuasion Officer)
5th Generation,
Naturwood Family



SALE $1299 reg $1449
**NOBLE** Leather-match Sofa
LOVESEAT $1259 CHAIR $929
952922



SALE $1169
**WEST** Leather-match Reclining Chair & Ottoman
reg $1299 088707

Also available in black



POWER RECLINING
FLEXSTEEL
Also available in brown

SALE $1169
**ALDEN** Swivel Gliding Leather-match Power Recliner
reg $1299 762068

## LARGEST SELECTION OF RECLINERS

Choose your Leather

SALE $4149
**SAVANNAH** Leather Sectional
reg $4599 459675



OMNIA

Choose your Leather



SALE $1799
**CAMEO** Leather Sofa
reg $2029 244837

OMNIA



SALE $2699
POWER RECLINING
**FENWICK** Power Leather-match Sofa
reg $2999 438545

Also available in dark brown
FLEXSTEEL



SALE $1559
**JAGGER** Leather-match High-Leg Power Recliner
reg $1749 162930

Also available in black
FLEXSTEEL
POWER RECLINING



POWER RECLINING
FLEXSTEEL

SALE $1759
**SOLO** Leather-match Power Recliner
reg $1959 518677



SALE $1799
**BRUCE** Leather-match Power Recliner
reg $1999 112949

FLEXSTEEL
POWER RECLINING



POWER RECLINING
FLEXSTEEL
Also available in black

SALE $1859
**MILLER** Leather-match Power Recliner
reg $2059 250419

**LEATHER-MATCH**: This term is used to describe an upholstered product where a portion of the product is real leather but the back, sides and less visable parts are constructed of an artificial material, usually vinyl. It is matched to look like leather.

Naturwood
HOME FURNISHINGS

12125 Folsom Blvd.
Rancho Cordova
916-351-0227

Mon – Fri 10am – 8pm
Sat 10am – 6pm
Sun 11am – 6pm

www.naturwood.com

*Sale applies to all indicated product except all "Clearance", "Special Buys", and "Truckload" items. Offer not available in conjunction with any other promotion, discount or financing. Offers not available on previous purchases. Sale ends 3/15/20.