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East Sacramento News

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A MARCH AND CEREMONIES BROUGHT AWARENESS OF MISSING AND MURDERED INDIGENOUS WOMEN

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Access Sacramento hires its first woman as executive director

By Monica Stark

(Editor's Note: I am on the Board of Directors of Access Sacramento.)

Hailing from Community Access Television, a small media center in White River Junction, Vermont, Donna Girot is the new Executive Director of Access Sacramento, the nonprofit behind Sacramento's public access television and radio stations.

Girot is the first woman to lead Access Sacramento as Executive Director.

She takes over as Access Sacramento is poised to resume some of its basic services following a year of forced COVID-19 pandemic facility shutdowns.

Girot previously worked in public access and private television production for more than eight years. She previously led global marketing and public relations operations for three national corporations.

Girot was hired by the Access Sacramento Board of Directors after a nationwide search. She replaced past executive director, Gary Martin.

Martin came to Access Sacramento from Cosumnes River College, where he was the department chair and a professor of radio, TV, and film. He had been with the program since 1993. Before his career as a teacher, Martin worked as a newscast producer at Sacramento's KXTV Channel 10, as a weekend managing editor at KTSP in Phoenix, and as a senior newscast producer at KTVN in Reno and is a member of the National Academy of Television Arts and Sciences and the Broadcast Education Association.

Girot admits she applied for the position for purely personal reasons to be with her daughter who recently had a baby.

Back when she was at Community Access Television, a media center that serves a variety of border cities in both Vermont and New Hampshire, Girot led a team who learned to make do without the expensive equipment that bigger centers, like Sacramento, have. And, ironically, access television thrived there because, she said, the power of free speech permeates the culture there. "It was a wonderfully unique experience," Girot said.

Already appreciating the diversity of the state capital and the inherent respect residents here have for cultural differences, she's hoping to use her new position to lift individual voices and community profile.

In this vein, Girot acknowledges the value of Access Sacramento's Neighborhood News, which hones the skills of school and college students by paying them to report on local happenings for Access Local TV.

In order to help Access continue to succeed in offering services, especially when in-person classes resume, "we have to ask the community to help us financially because franchised diminishing operations are going up," she said. "We're going to start acting more like traditional nonprofits. We have to be able to afford operational costs so that we can be available on weekends for working people."

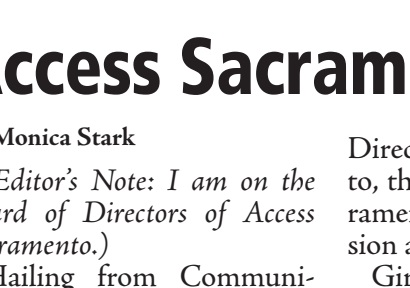
Using her community-building skills she acquired over the years on the East Coast, Girot wants to tear down roadblocks and invite the community to participate. "You have to examine your own organization, what are we doing, we're all about access. We're all about community building, and access to media, and so are we doing the best job at that," she said.

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Midtown Farmers Market now underway

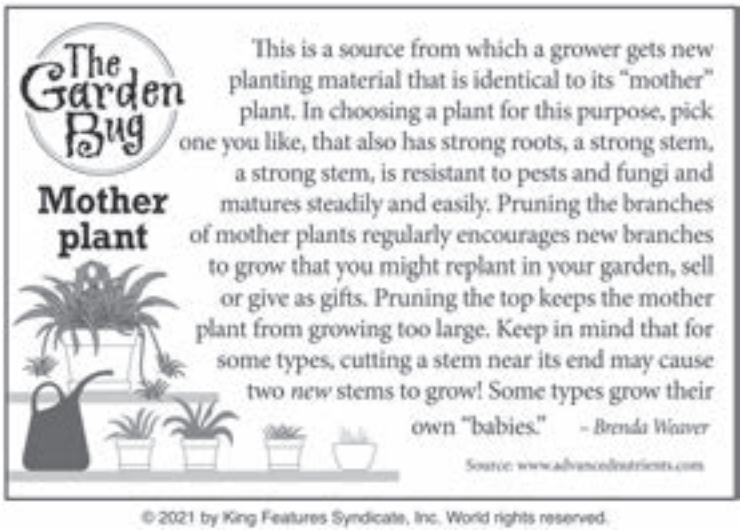
The Midtown Association is pleased to announce another exciting expansion of the Midtown Farmers Market to accommodate more than 130 farmers, growers, and vendor booths, now through the month of October. Proudly presented by Sutter Health and always bursting with fresh fruit, produce, and gourmet or locally made goods, the footprint of the Midtown Farmers Market will soon extend along K Street from 19th to 21st streets joining the existing footprint on 20th Street between J and L streets. Originally launched in 2013 on a much smaller scale, the thriving open-air market is available year-round on Saturdays from 8 a.m. to 1 p.m. (note the market hours change slightly based on the seasons and time of year).

The Midtown Farmers Market expansion will allow more space for new vendor offerings such as Organic Apples from Chinchiolo Family Farm, Tea and Scones from Saucers Tea Company, and Macramé products from Mimi's Macrame, to name a few. And, to celebrate and amplify our region's diverse street food culture, shoppers are encouraged to seek out the three "Street Food Sacramento" grant award winners that include Boone's Red Onions (pickled red onions), Épicée (hot sauces and candied jalapenos), and also La Minerva (drowned tortas, marinated pork tortas, crisply potato tacos, shrimp, fish or meatless ceviche, and more) that will debut at the Midtown Farmers Market on the day of the expansion. To add to the festive open-air experience, Sacto Swing Co., a local jazz ensemble that is often at the market, will be playing in the intersection of 20th and K streets from 9 a.m. to noon this Saturday.

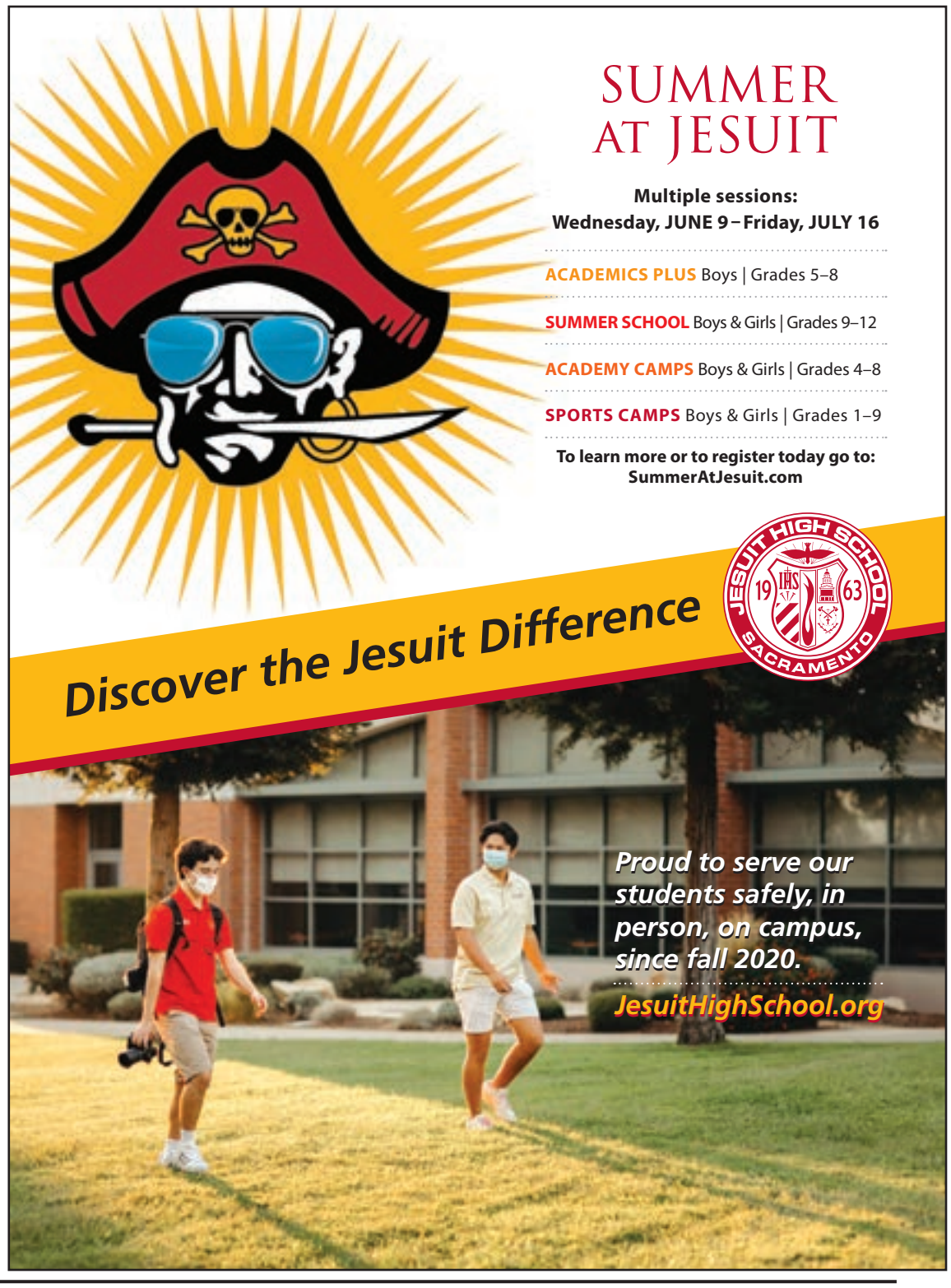
"We are fortunate to have been allowed to remain open over the past year to provide easy accessibility to fresh and locally made and grown foods," said Emily Baime Michaels, Executive Director of the Midtown Association. "With a flourishing market located in the heart of Midtown's Lavender Heights area in front of the bustling MARRS building that is home to numerous businesses and outdoor brunch spots, we are thrilled to continue to expand our year-round market that has clearly been embraced by a community hungry to support local farmers, vendors and artisans. We are steadfast in our commitment to celebrating a diverse street food culture while feeding curiosity about where our food comes while connecting with the amazing local chef and restaurant community in Midtown."

Owned and managed by the Midtown Association and with physical distancing measures in place, the Midtown Farmers Market continues to grow and evolve to reflect the dynamic and eclectic tastes of the surrounding neighborhood. More information about the Midtown Farmers Market is available at www.midtownfarmersmarketsac.com.

In addition to offering numerous public transportation options, Midtown Sacramento is walkable and bike/scooter/car-share friendly with plenty of parking available in nearby garages plus various lots throughout Midtown. For additional transportation information, visit www.easeintomidtown.com. For more information about Midtown Sacramento in general, special events and activities, and the Midtown Association, please visit www.exploremidtown.org or follow on social media – Facebook at www.facebook.com/exploremidtown/ and @ExploreMidtown on Instagram and Twitter.



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Locals, others share memories of landscape artist Gregory Kondos

By LANCE ARMSTRONG

Editor's note: This is part two of a two-part series about the renowned landscape artist Gregory Kondos, who grew up in East Sacramento.



Photos by Lance Armstrong

East Sacramento native Gregory Kondos sits in his downtown Sacramento home in 2019.

California landscape artist Gregory Kondos, who died at the age of 97 last month, touched the lives of many people through both his art and interactions with others.

Following this East Sacramento native's death, some of his closest friends and family gathered for private celebrations of his life at East Lawn Memorial Park and the Greek Orthodox Church of the Annunciation.

At the first of those gatherings – a graveside service at East Lawn – Rob Stewart of the KVIE public television program, "Rob on the Road," shared some memories of Kondos that he captured during interviews with this Sacramento artist of local and international fame.

During one of those interviews, Stewart asked Kondos, "When you die, what do you want your legacy to be?"

"My legacy is that everybody gets a chance to see my work," he responded. "This is why I believe in feeding museums, universities and colleges. It's nothing about the money end of it. Sure, I'll leave some money and paintings to my kids, wife, family.

"I want people to enjoy my paintings. Someone can hang it out there properly and come by and even criticize."

Kondos also mentioned during an interview with Stewart that he was a lifelong student.

He also stressed the importance of perseverance and self-confidence, while speaking to Stewart.

"I got a C in color," he said. "Two years later, I was professor of that class. Let no one define your value."

Stewart recalled Kondos as a constantly active artist, even into his latter years.

"Nothing stopped Gregory from creating (his art)," he said. "Not long ago, he painted (a) 17-footer on a cane. Using a stripper pole – that's what he called it – to hold himself up, and turning a walker into a rolling pallet of paint made from a lunch tray."

Moni Van Camp, wife of Gregory Kondos for the past 25 years, described her relationship with Gregory as one of joy.

"Greg was a character," she said. "With a paint brush, he was wonderful; at the table he told jokes. He loved being funny. He was a teacher. He loved bringing humor into the discussion. It's our life. We had a wonderful life, except when he would tell me to get out of the studio." Van Camp added that she would tell Kondos that she was a University of California, Berkeley art history major who received the same art award as he did in junior high school – 18 years apart. With a chuckle she said, "(Kondos) did something with (the award)."

Dr. Henry Go told this publication that besides his friendship with Kondos, he shared a special communality with him.

"Greg and I have had a lot of similar interests," he said. "He watched over me like a big brother and one day we shared our cultural similarities. We both married native women, twice. It shows that the Greeks and the Chinese both love native women."

Barbara Arnold, Go's wife, identified another connection between Kondos and Go.

"The beauty of the friendship is Henry was born in Courtland in the Sacramento-San Joaquin River (Delta), and Gregory has so beautifully exemplified the landscape of the Delta (in his art) that it's a special feeling for both families to have somebody that's sensitive to the needs of the Delta.

"(Kondos) made indelible landscape images to last. Henry's whole life as a physician has been coming back home to preserve this particular neighborhood that Greg has painted with such clarity."

Arnold added that her own work as a painter was inspired by Kondos, who she first studied under in 2005.

"My work is heavily influenced by what he showed us (as an instructor)," she said. "I'm an eye specialist by training, but his words of wisdom were, 'I'm going to teach you how to see.'

"Painting is like meditation to me. I've painted with (Kondos) in France, in Greece and locally in the Delta, and many workshops."

David Willey described himself as a longtime fan of Kondos' art.

"I had taken an art appreciation class at Sac City (College) with Greg Kondos many, many years (ago), and I think that's where the stalking began," he said. "And I started going down to the Fox & Goose (Public House) and having lunch,

see Kondos page 5



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Kondos:

continued form page 4

and then I would always stop next door at the studio and looked to see what he was doing.

"If he was there, he would invite me in and we would talk art. And then when he moved to his home, I started going to his home and we would go down to the studio and we would discuss art. That's where he got the love for art back in my life. I had wanted to be an artist, but my mother insisted on me being a business major, and so my art search stopped."

Although he never became a professional artist, Willey said that with his career in business, he was "able to buy good art."

"I have a few Kondos pieces," he added with a smile.

Alexandra Manders, who traveled from Los Angeles to attend the graveside service, said that she learned a lot from Kondos.

"Greg Kondos was (like) a grandfather to me," she said. "What that means in my mind is he taught me what it meant to be Greek, what to look for in a man and how to be treated as a wife," she said.

"He really taught me love and how to see beauty and he held me tight like a granddaughter. I loved him, he always showed me love, and he introduced me to the world of art."

Ed Orgon, who was acquainted with Kondos for more than 30 years, told this paper that although he admires Kondos' art, he most treasurers a keepsake from Kondos' childhood.

"(Kondos) gave me something that he brought back from his childhood in Lynn, Massachusetts," he said. "He brought me a lobster cage. And it's made of wood and it's a simple, basic design.

"He gave it to me and he (asked), 'Can you do something with this? I'd like you to have it. This is how my father put food on our table.'"

Because of the item's uniqueness, Ed said he treasurers it more than a Kondos painting.

Ed's wife, Cindi (Gianopulos) Orgon, who is related to Kondos, recalled how Kondos assisted her daughter.

"He inspired my youngest daughter," she said. "He helped her a lot with her art and always gave her encouragement, and actually wrote a letter for her to get into the art program at the University of Oregon."

Vivian Vail, a longtime Sacramento resident, described Kondos as a very giving individual and a dear friend.

"He gave to his community, he gave to his church, he gave to his family," she said. "I would go and visit with him his last few years and I felt like I knew him all my life, really, and I had only known him the last few years. He made me feel really important, like family."



Moni Van Camp, wife of Gregory Kondos for the past 25 years, speaks at his private, graveside service at East Lawn Memorial Park on April 5.

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Espíritu Santo, tú que me aclaras todo, que iluminas todos los caminos para que yo alcance mi ideal, tú que me das el don divino de perdonar y olvidar el mal que me hacen y que en todos los instantes de mi vida estás conmigo, yo quiero en este corto dialogo agradecerte por todo y confirmer una vez más que nunca quiero separarme de ti, por mayor que sea la ilusión material. Deseo estar contigo y todos mis seres querido en la gloria perpetua. Gracias también port tu misericordia para conmigo y los míos.
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Shirley Simi, family played key role in Carmichael Park's bocce ball courts

By LANCE ARMSTRONG

Editor's note: This is part two of a two-part series on the new bocce ball courts at Carmichael Park.

Carmichael Park's newest amenity is its recently opened bocce ball courts on the southeast corner of the park, behind the Italian Center.

Bocce, which is a rich Italian tradition, is generally played in groups of two or four and is most closely related to lawn bowling.

The story of the project to have bocce ball courts constructed at Carmichael Park dates back to 2007, with the construction of the Italian Center.

Essential in the project's progress was Shirley Pennington Simi, who was active with the Italian Cultural Society of Sacramento.

Simi, who was a 50-year Carmichael resident with Italian ancestry, donated $5,000 to the Carmichael Parks Foundation for the purpose of having courts built in the park.

That donation was one of the earliest donations for this project, which would ultimately cost $161,000 for two courts.

With the park's master plan including plans for four courts, an effort to have the other two courts built is an ongoing project that is not yet funded.

Although Simi died in 2018, before she could see her dream become a reality, her donation to the project would serve as the basis for further fundraising efforts. Other contributors to the overall fund included the park district, the Carmichael Parks Foundation, and the Italian Cultural Society.

Simi's daughter, Teri O'Sullivan, told the Arden-Carmichael News that her mother's donation was a very significant amount of money, considering her finances.

"She told us she had donated some money, (and) I figured it was $100 or whatever," she said. "My mom was not a wealthy woman. So, come to find out, it's $5,000. For her, that was like a gazillion (dollars compared) to most people."

O'Sullivan added that her mother's interest in the bocce ball project was reflective of her pride in her Italian heritage. The first member of her family to come to America from Italy was Dino Simi, who arrived in the 1930s.

"(For) my mom, it was Italian first, food second, and her passion for her heritage," she said.

Following their mother's death, O'Sullivan and her brother, Todd Pennington, continued to support Simi's dream through the Shirley Simi Memorial Bocce Ball Fund. Family and friends of Simi contributed to the fund to assist with the foundation's fundraising efforts.

O'Sullivan, who graduated from Del Campo High School in 1978, mentioned that after attending a park foundation board meeting in May 2019, she learned that interest in the project was declining.

"I said, 'No, this project was important to my mother, therefore it's important to us,'" she said. "So, my brother and I talked and we put together this event that we were going to raise all this money (for the courts)."

That fundraising event was held at the Italian Cultural Center on July 14, 2019, with food, information about bocce, a demonstration by Special Olympics bocce players, live music and a silent auction.

The event was a success and raised "quite a bit of money" for this cause, O'Sullivan noted.

"Todd and I host (the) bocce fundraiser," she said. "One hundred percent of (the) funds/proceeds (went) to event. We paid all expenses. Live band, vintage fare, demonstration from a couple of special Olympic teams. My group prepared, served and maintained all the food with a team of 10-plus, (and) Terra d' Oro provided wine for the event. I believe everyone had a great time."

The event raised $4,530, and Simi's family covered the $2,500 cost of that fundraiser.

In December 2019, the Sacramento County Board of Supervisors approved a change to the park's master plan to have two courts built, instead of the previously designated four courts.

Construction on the courts began eight months later, and the courts were completed last December.

However, because of the COVID-19 pandemic, a temporary fence was placed around the courts until Feb. 5, when they were open for public use. A grand opening for the courts will be held on a yet undetermined date.

Sharon Ruffner, president of the Carmichael Parks Foundation, recalled the previous plan to build the courts in separate locations in the park.

"The drawings from the initial master plan, before we ever got involved, had two courts by the Italian Cultural (Center) and two courts way over by the overhead picnic area," she said. "I don't know. That doesn't make any sense to many of us."

Architects later completed new master plan drawings to reflect the change to the location of two of the courts.

With the courts finally available for public use and a grand opening to be held in the future, O'Sullivan said that the project is very gratifying as a tribute in the memory of her mother, who grew up in Alameda, moved to Carmichael in 1964 and spent about 20 years working as a receptionist in a Fair Oaks dental office.

see Bocce page 7







Photo courtesy of Teri O'Sullivan

Carmichael resident Shirley Simi dreamed of having bocce ball courts built at Carmichael Park. Following Simi's death in 2018, her family made sure that dream was fulfilled.

Bocce:

continued from page 6

"My mom would be overwhelmed," she said. "And (moving the project forward) is the way I've always done life. You've got to just get 'er done, and you've got to make it happen, and that's what I did."

Enhancing the project are two engraved benches that were purchased by O'Sullivan and Pennington.

Those benches read: "My famiglia (family) & friends You were the most important part of my life. Enjoy Bocce! Ciao, Shirley Simi. In memory, love Teri & Todd Pennington."

Additionally, two unengraved benches near the courts were purchased by the park district.

For more information about bocce ball and various offerings through the Italian Center, visit the website, www.ItalianCenter.net, call (916) 482-5900, or write to the email address, Italy1@surewest.net.

Those who are interested in scheduling for the courts and free lessons can contact the Carmichael Recreation and Park District at (916) 485-5322.

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OF MISSING AND MURDER

Photos by M

A collective of Indigenous women has been organizing with family members of Missing
Nisenan from Sutter's Landing to Sutter's Fort on Saturday, April 24, which began and ende





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Monica Stark

g and Murdered Relatives throughout Northern California. They held a march on unceded
d in prayer. Families carried large banners, which showed large photos of their missing relatives.

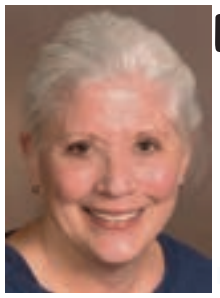






PHOTO BY CAROL BOGART

(L-R) Roger (pig); Mike Bogart (age 6); and Ethel (bulldog).



THIS 'n' THAT

by Carol Bogart

Pigs As Pets?

OK, I am a somewhat expert in this. I've had a pet potbellied pig.

First off, unless you have a farm where livestock are stock, not pets, think twice and then a third time about having hogs. True story: I know of two farmers … one in Ohio, one in California … whose hogs attacked them. Killed them. And … well, as you've likely heard, pigs will eat – anything.

What prompted my interest in sharing with you my own experience with friendly, not lethal, pigs, was this question asked recently of the California Department of Fish & Wildlife:

WILD PIGS

Q: I live in Alameda County where wild pigs sometimes get onto my property and tear up my yard. If I see a pig actively destroying my property, (can I) shoot it?

A (paraphrased): Yes. (For details, go here: https://apps.wildlife.ca.gov/wir.)

Apparently these types of encounters are fairly common across California where lawns abut open space. As the wild pig's habitat dries up – from drought or wildfire – hunger drives it. Since more drought, more fires are forecast in these coming months, maybe a sturdy fence is a better answer? If you garden, on the 'wild' side of the fence, put a compost pile. The pigs will turn it for you.

Mike and I never had a farm hog or a wild pig, either. In Denver, though, we had Roger. I'd taken Mike to the county fair, and the guy at the petting zoo was selling piglets. Potbellied piglets. About the size of lab puppy. He was down to his last one. SOOOOO cute. As you might expect, we had to have it.

Mike named it Roger (for Rodgers & HAMmerstein).

see This 'n' That page 11

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PHOTO COURTESY OF CDFW/PHOTO BY CAROL BOGART

(LEFT) A feral (wild) California pig. (RIGHT) 'Roger' Carol's potbellied pig.

This 'n' That:

contnued from page 10

Pretty clever for a 3-year-old! The guy at the fair said we could housebreak our little pig. Like a cat. So, in the sunroom, with its tile floor, I set up a litter box just for Roger. Roger loved his box, rooted out the litter, and happily distributed it throughout the sunroom.

I turned him loose in the fenced back yard. Where he promptly rooted up and ate the tulips.

When we moved to a house with a bigger yard I had a big pen built for Roger. Our three dogs –Fred (bloodhound), Ethel, and Bo (rottweiler) – were inside/outside dogs (the yard was enclosed by a 6-foot fence). Roger was now strictly an outside pig. (Movie star George Clooney SLEPT with his potbellied pig; I've read. Seriously, I can't imagine.)

Ethel loved Roger. Fred was indifferent. Bo seemed so until Mike and I went camping, Loose in the backyard, he broke down Roger's pen and mauled him! Before you combine pets, do thorough research. Turns out Rottweilers were once used to hunt wild boar. Except for the ears, Roger looked like one. Poor Roger! (I guess another way to keep herds of wild pigs out of your yard would be a couple Rottweilers?)

Roger escaped Bo and cowered in his dog house. Bo, a huge blockheaded German Rott, was too big to follow. A utility worker, up on a pole, had witnessed the attack. I immediately checked on Roger.

"Oh, Roger," I said to the shadow in the dog house, "What happened, sweetie?" He offered me his snout. Grunting pathetically, he told me all about it. I scratched the bristles between his ears, smoothed his cheek, and offered him an apple.

Inside, with Bo at our feet, I told Mike we had to choose: Big Bo – or Roger. Bo, honestly, would just the nicest dog. He ultimately moved with us to Ohio. The Potbellied Pig Sanctuary in Castlerock picked up our now-huge pig. We were sad, but it was best for Roger.

Before we moved, Mike wanted to go see him. It was a good little hike to Castlerock, but the drive was nice, so off we went to check on Roger. He had his dog house, his water trough from home, and his own pen … with other sanctuary potbellieds living near him. He barely opened an eye when we said his name, and then went back to sleeping. All settled in. We gave the bag of apples we'd brought for Roger to the sanctuary with a generous donation.

So, here's my advice: Think long and hard about 'fad' pets. A.) They don't stay little. B.) Their adult 'nature' may not suit you. C.) A potbellied pig's bathroom product is very … pungent and your neighbors might not love it. Or the flies. If you get one, here are two more cute names I've heard of: 'Francis Bacon' and 'Hamlet'.

Still want a pet pig? Make sure county/city ordinance says you can have one. Be aware that In California, lead shot is now illegal. Questions, comments? Contact Carol at carol@bogartonline.com.

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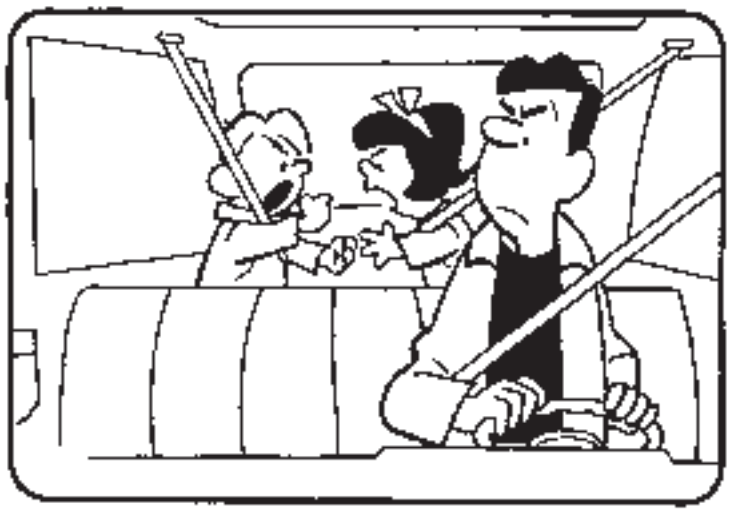


Arts & Activities

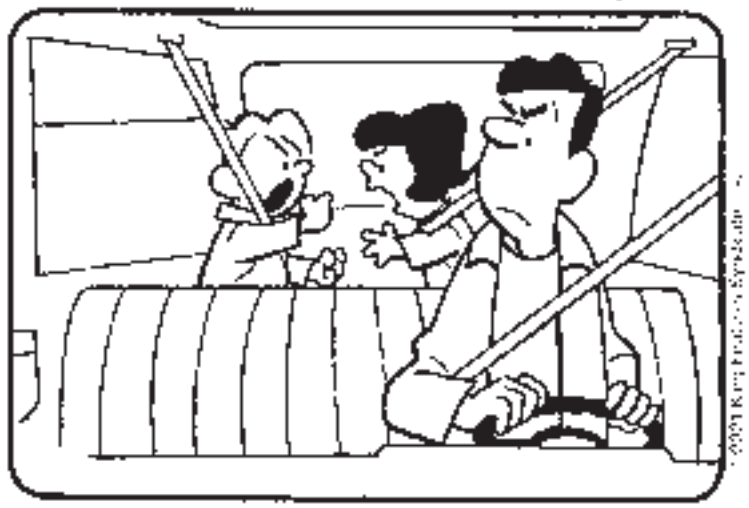
Puzzle Solutions page 15

HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Bow is missing. 2. Shirt is different. 3. Arm is lowered. 4. Steering wheel is different. 5. Window is open. 6. Seat is different.

Even Exchange by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been entered. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

1	Unfocused	B				Brut of activity	F		
2	Chess expert		A			Summon together		U	
3	Official ambassador			V		Take pleasure in			J
4	Spacesh p				T	Grandma's chair			R
5	Grumble and whine			P		Greasy dirt		M	
6	Ketchup container		A			Fence style		I	
7	Rent			S		Depart		V	
8	Serving tray		A			Lone Ranger's steed		I	
9	Come in second			C		Dinner dish		T	
10	Stroke of luck			K		Ta wine glass		T	

GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★ ★ ★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

	×		−		22
×		×		÷	
	×		+		14
−		+		+	
	×		−		12
17		18		13	

2 3 3 4 5 6 7 8 9



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Popular weed killer has been linked with Parkinson's disease

Over 10 million pounds of the weed killer paraquat are sprayed in the United States every year. Data from the United States Geological Survey shows that it is used heavily in the Central Valley of California. The chemical was first synthesized in 1882 and has been sold as a weed killer since 1962.

Paraquat is popular because it is inexpensive, and it is often used on weeds which have become resistant to the herbicide glyphosate. However, it has also been banned in the European Union since 2007. One reason given for the ban was that studies linking paraquat with Parkinson's disease (PD) weren't properly taken into account when authorizing the use of paraquat in the EU.

Science links paraquat with PD

A 2009 study found that those exposed to paraquat were more than three times as likely to develop PD than those not exposed to it.

A 2011 National Institutes of Health study found that private pesticide applicators who had been exposed to paraquat were 2.5 times more likely to be diagnosed with PD compared to people not exposed to paraquat.

A 2013 study found that those exposed to paraquat were about twice as likely to develop PD than those not exposed to it.

Scientists have known for a while that paraquat can cause the symptoms of PD in animals. That's why scientists who wish to study the symptoms of PD in animals literally give animals paraquat to intentionally give them PD symptoms.

How paraquat may cause PD

Our brains contain dopaminergic neurons. These neurons produce dopamine. Dopamine may be best known as the chemical in our brains which motivates us to seek rewards. However, it is also critical to the brain's motor control, or our brain's ability to control our movements.

PD primarily affects our motor control. The primary symptoms of PD are shaking, slow movements and reflexes, stiffness, and poor balance.

Science has known since 1933 that paraquat has strong redox potential, meaning it readily exchanges electrons with other chemicals. Chemicals with strong redox potential can start a process known as redox cycling which can cycle indefinitely in the right conditions, such as inside human cells, where plenty of oxygen is present.

Redox cycling can produce molecules known as reactive oxygen species, which can cause a phenomenon known as oxidative stress in living cells. Oxidative stress has been found by a 2005 study and a 2018 study to kill dopaminergic neurons.

Dopaminergic neurons are not replaced when they die. They do not grow back. The motor symptoms of Parkinson's disease can result when too many of them die.

A 2005 study found that paraquat may kill dopaminergic neurons by creating reactive oxygen species through redox cycling.

How paraquat may get into the brain

So, it appears paraquat may cause PD by getting in the brain and killing dopaminergic neurons. Worse yet, it appears paraquat's redox cycling may repeat indefinitely in human brain cells, meaning it may continue to kill dopaminergic neurons until you die once it gets in your brain. How does it get into the brain?

It appears as if the blood-brain barrier may prevent paraquat from entering the brain through our bloodstream. However, it appears paraquat may be able to bypass the blood-brain barrier via olfactory neurons when inhaled. A 2017 review's findings supported the hypothesis that inhaled toxins may cause PD.

What is being done?

Lawmakers introduced the Protect Against Paraquat Act in 2019, which sought to ban paraquat use in the United States, but the bill died in Congress without receiving a vote.

Lawmakers then introduced the Protect America's Children from Toxic Pesticides Act in 2020. It, too, sought to ban paraquat use and it, too, died in Congress without receiving a vote.

Paraquat is not only banned in the EU, but it has been banned or is being phased out in over 30 countries, including China and Brazil.

Numerous lawsuits are now being filed across the United States by people who have developed PD after being exposed to paraquat. The lawsuits allege that paraquat makers knew or should have known it could cause PD when used as intended, but failed to warn about the PD risk and failed to instruct paraquat users on how to protect themselves from paraquat exposure, such as by using masks or gloves.

Those who have developed PD after being exposed to paraquat have two years from the date they discovered their PD may have been caused by paraquat to file a lawsuit in California.

About the author

Jeffrey Nadrich is the managing partner of Nadrich & Cohen Accident Injury Lawyers, a California personal injury law firm which represents victims of PD who have been exposed to paraquat.

Go Figure!
answers

6	×	5	–	8	22
×		×		÷	
4	×	3	+	2	14
–		+		+	
7	×	3	–	9	12
17		18		13	

Even Exchange
answers

1. Blurry, Flurry
2. Master, Muster
3. Envoy, Enjoy
4. Rocket, Rocket
5. Gripe, Grime
6. Packet, Picket
7. Lease, Leave
8. Salver, Silver
9. Place, Plate
10. Fluke, Flute



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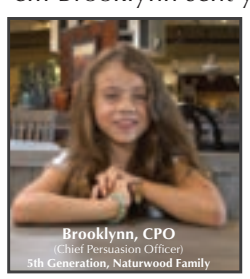
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