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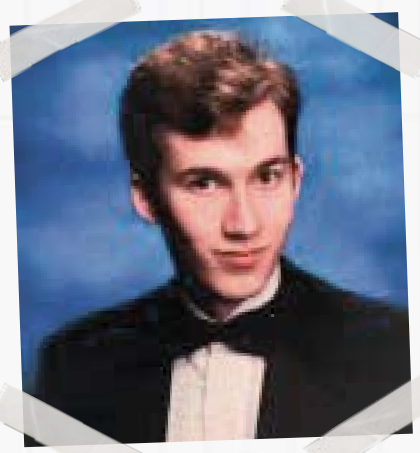
East Sacramento News

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East Sac Preservation announces two scholarship recipients

see page 2





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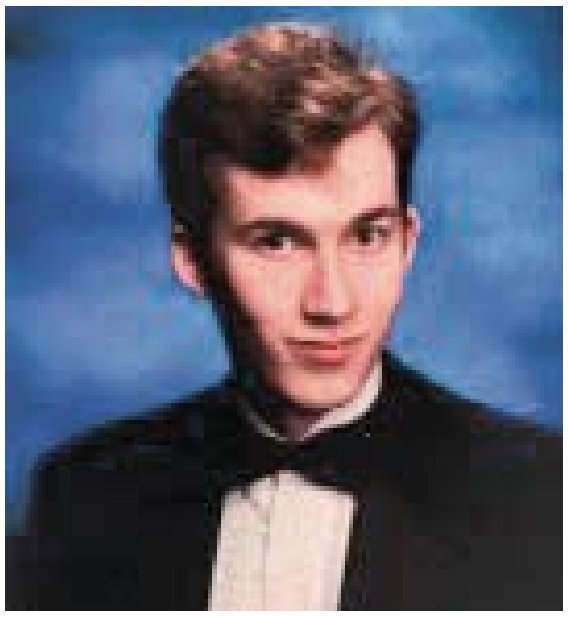
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East Sac Preservation announces two scholarship recipients





East Sacramento Preservation Neighborhood Association is excited to announce the winners of our 2021 scholarships. Our neighborhood group supports East Sacramento's Kit Carson International Baccalaureate High School (KCIB) with a yearly award based on service to the community. KCIB challenges students to excel in their studies and encourages both personal and academic achievement. This is the sixth year of ESP's scholarship.

COVID-19 was difficult for all the students, and we were proud to continue our support. ESP stepped in to tutor the student applicants and guide them with their applications. After a year of Zoom and distance learning, May 2021 gave us the opportunity to meet face to face with the applicants to help them polish their writing. And it paid off.

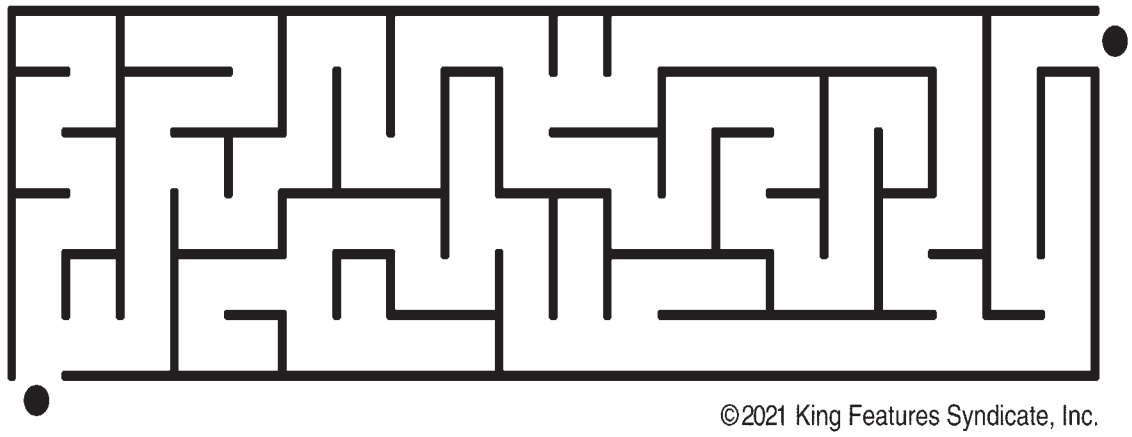
Kamilah Smith detailed her year with no in-person classes and how it helped her get to know her neighbors better. She bonded with seniors and learned the power of sharing. She is pursuing a nursing career.

Addison Baker gained experience and achieved many goals by becoming an Eagle Scout. He will study this fall on the Monterey Peninsula.

Kit Carson High School is proving to be a huge success. This year 90 students will enter the freshman class. Caleb Greenwood, the elementary and primary IB school in River Park, prepares students for the academic challenges of the Kit Carson high school IB program. Both Caleb and KCIB school staff receive specialized training to address the rigors of an IB education.

To become involved with East Sacramento Preservation's scholarship program please call 916-457-2725.

Kids' Maze



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Register Now for Our 2021-2022 Parent Participation Preschool Program



Parent participation in preschool can be a wonderful way to begin what will be many years of involvement in a child's education. Enrollment is now open for Sacramento City Unified School District's Parent Participation Preschool Program where teachers will help you and your child grow together.

Parents work in the classroom at least one day a week in collaboration and guidance of the preschool teacher to help children develop a variety of skills including social and emotional development, collaborative play, and self-directed learning.

Parents also attend separate parent education classes (usually held in the evening) to learn parenting techniques to use in the classroom and at home.

Sac City Unified currently has three Parent Participation Preschool locations at Edward Kelley Preschool (3340 Bradshaw Road), Tahoe Elementary (3110 60th Street), and Thomas Jefferson Preschool (2635 Chestnut Hill Drive).

There are three types of classes offered: 5 days a week, 4 days a week and a Friday toddler class.

To attend the multi-day programs, children need to be 3 years old and fully potty trained. Children must be 2 years old to attend the Friday toddler class.

PROGRAM DETAILS AND TUITION COST

FRIDAY TODDLER CLASS *(2 YR. OLDS)*

Tahoe Elementary – 8:30 to 11 a.m. (Cost is $86 per month, plus a $50 semester registration fee)

Thomas Jefferson – 9 to 11:30 a.m. (Cost is $86 per month, plus a $50 semester registration fee)

4 DAY CLASS *(3-5 YR. OLDS)*

Tahoe Elementary – Monday through Thursday 8:30 to 11:00 a.m. (Cost is $197 per month, plus a $50 semester registration fee)

Thomas Jefferson – Monday through Thursday 9 to 11:30 a.m. (Cost is $197 per month, plus a $50 semester registration fee)

5 DAY CLASS *(3-5 YR. OLDS)*

Edward Kelley – Monday through Friday 9 to 11:30 a.m. (Cost is $241 per month, plus a $50 semester registration fee)

Tahoe Elementary – Monday through Friday noon to 2:30 p.m. (Cost is $241 per month, plus a $50 semester registration fee)

Thomas Jefferson – Monday through Friday noon to 2:30 p.m. (Cost is $241 per month, plus a $50 semester registration fee)

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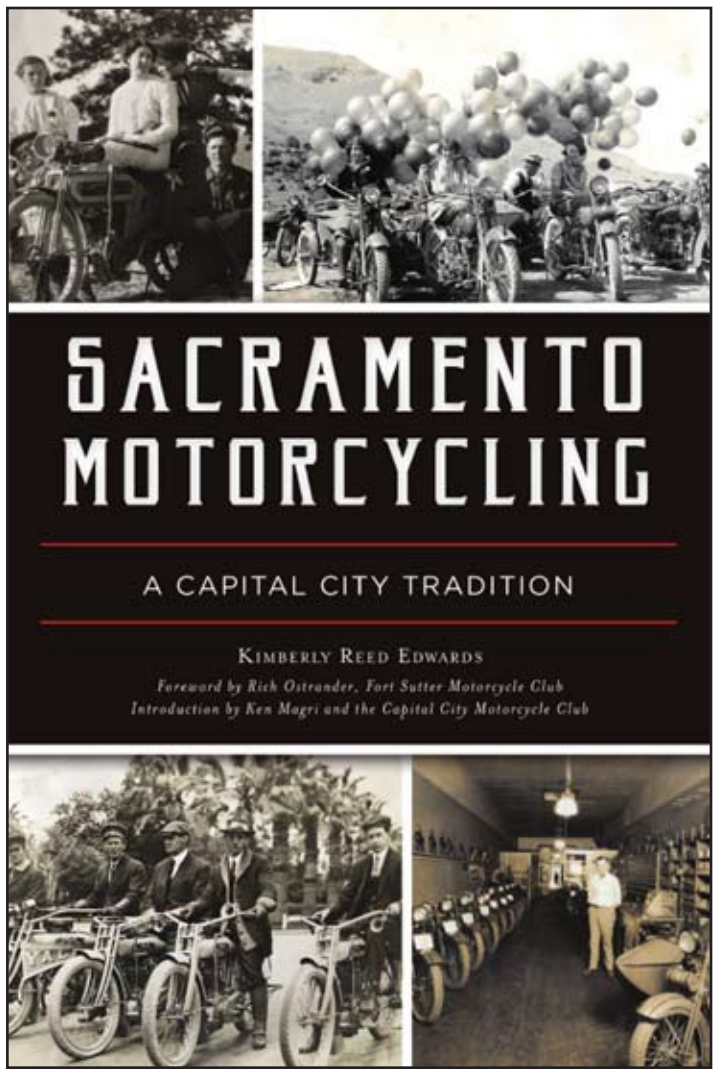
Local author released book about motorcycling in Sacramento

In 1913, the merger of the Sacramento Motorcycle Club with the Capital City Wheelmen catapulted Sacramento into becoming one of the biggest motorcycle hubs in the state.

Cycles roared into town from all corners of California to participate in championship races, hill climbs, endurance runs and field meets. Races teemed with motorcycles of every make and model, including Indian, Thor, Yale, Excelsior and Jefferson, piquing the interest of prominent merchants, city leaders and superior court judges. Discover the stories of a transcontinental motorcycle relay, a perilous ride through a blizzard to deliver a film to network TV, and the women who formed a trailblazing motorcycle club.

Author Kimberly Reed Edwards brings to life the exciting early days of the "Greatest Sport in the World" in California's capital with her new book: "Sacramento Motorcycling: A Capital City Tradition", available through Arcadia Publishing.

Edwards knew the sounds and scents of motorcycles before she could walk. Her father owned a small shop in downtown Sacramento. For four decades, she has written articles, stories and essays on lifestyle, culture and travel. She serves as president of the California Writers Club Sacramento. With an MA in education, she retired from the California Department of Education. She has three children, three grandchildren, and cats Nacho and Tofu.





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UC Davis Health fixes baby's heart defect using echocardiography-only strategy

Cedric Taylor was born at 25 weeks. Like many premature babies, he was born with a heart defect called patent ductus arteriosus (PDA).

PDA is a condition in which the ductus arteriosus, a blood vessel in the heart that is open before birth to divert blood from the lungs to the body, does not close spontaneously after birth.

Of the four million annual births in the U.S., about 1.5% (60,000) of babies are born severely premature with very low birth weight (less than 3.3 pounds). Twenty percent (12,000) of these have a significant PDA.

Without treatment for PDA, excessive blood flow to the lungs can increase pressure in the pulmonary arteries. It can lead to significant medical problems, including acute kidney injury, brain bleeds, ischemic injury of the intestines, pulmonary vascular disease and heart failure. With excessive blood to the lungs, the respiratory system deteriorates and babies experience a decreased tolerance to feeding, resulting in poor weight gain.

For more than three years, UC Davis Health has been successfully performing PDA closures in the cardiac catheterization lab on babies as small as 600 grams or 1.3 pounds.

By implanting an Amplatzer Piccolo Occluder medical device, the world's smallest FDA-approved PDA device, through a catheter in the groin, doctors can close the ductus arteriosus without surgery. Patients can see dramatic improvements in lung function immediately as shown on their chest X-rays.

In Taylor's case, the procedure posed challenges. Taylor weighed 930 grams (2.05 lbs.) at the time of the procedure. His kidneys weren't functioning well, caused by poor blood flow due to the large PDA. The use of contrast (dye) needed to take pictures (angiograms) during the procedure was risky.

"In order to close the PDA, we have to give him contrast to be able to take X-ray pictures before and after the occlusion and see the anatomy clearly. We need the angiograms to make sure we are placing the Piccolo medical device into the proper position. But the contrast used can potentially cause further harm to the kidneys that are already not working well. It was a difficult catch-22 situation," said interventional cardiologist and chief of pediatric cardiology Frank Ing, who would perform the PDA closure.

It was too risky. So, the team came up with a new strategy: a PDA closure guided only by heart ultrasound, better known as echocardiography (echo) without contrast or angiograms.

A new way to PDA

Is it possible to solely use echo to help guide the placement of the Amplatzer Piccolo Occluder device without traditional angiography? Could echo replace angiography, which uses contrast and X-rays to show the anatomy of the PDA?

Ing discussed the novel strategy with fellow pediatric cardiologist and medical director of the pediatric echocardiography lab, Jay Yeh.

"It's not always easy to see blood vessels by echo," Yeh said. "But Taylor had an echo a couple of days prior. I felt pretty confident that I could see the position of the device in the PDA and ensure that the device would not cause flow obstruction to nearby blood vessels. I felt that I could guide Dr. Ing to the proper position for the device implant, based on what I was seeing in the echo."

They agreed to try it.

During the cardiac catheterization procedure, Ing passed a thin catheter into a blood vessel in Taylor's groin and moved it up into the heart, only guided by echo images provided by Yeh, to locate the PDA. Inserting the Amplatzer Piccolo Occluder medical device into the catheter and into the PDA, Dr. Ing was able to successfully release the device to block the abnormal blood flow of the PDA.

In less than two hours, the procedure was complete.

Taylor's kidney function significantly improved the next morning. A post-PDA echo revealed that no residual PDA remained. The procedure was an overwhelming success.

"I am aware of only a few interventional cardiologists in the country who have done this," Ing said. "I am proud that we were able to help this baby using a team approach."

Cedric Taylor's mom Candra is just thankful that this procedure has made a big difference to her son's health overnight.

"I appreciate Dr. Ing for taking the risk and making the best decision for Cedric, due to certain circumstances. Dr. Ing did great with reassuring that he only had confidence that the procedure would be successful," said Taylor.

Cedric will not require any additional PDA procedures. The device will remain in place for Cedric's lifetime.

"Baby Cedric clinically is doing much better. We are happy and growing. Only ups and gains from here!" Taylor said.

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Shasta Ice Cream chain was a Sacramento favorite

With the heat of the summer firmly here, it is not easy to forget about ice cream. And for many longtime residents of East Sacramento and Land Park, it is also not easy to forget about one of Sacramento's all-time favorite ice cream shop chains of the past: Shasta Ice Cream.

The Shasta Ice Cream Co. opened a factory and store at 2814 Y St. (today's Broadway) and a branch store and sandwich shop at 1013 Alhambra Blvd. on March 3, 1928. The original owners were Wert Irwin and Fred Harms.

A variety of flavors of ice cream could be purchased at this business at that time for 40 cents per quart.

Among the longtime favorite ice cream made by the Shasta Ice Cream Co. was fruit salad ice cream, which was made with vanilla ice cream, fresh fruit and nuts.

Research for this article included the discovery that Fred was working in the ice cream industry in Sacramento as early as 1922. The city directory for that year recognizes him as an ice cream maker for the Peerless Ice Cream Co. at 1115 G St.

That wholesale and retail company opened its original location, at 921 K St., on Aug. 31, 1910.

Fred continued to work for the Peerless Ice Cream Co. until at least 1925, and by about 1927, he was working as an ice cream maker for the Grand-Royal Ice Cream Co. at 823 D St. That business made its debut in Sacramento in 1913, and during its first year of operation had two locations: 1015 9th St. and 1116 7th St.

As for Wert Irwin, the 1922 city directory is the first such directory to recognize him as living in Sacramento. That listing notes that he was then residing at 1317 27th St. and was a co-owner of the California Transit Co., which had its motor carrier terminals at 5th and I streets.

Information in the Dec. 19, 1923 edition of The Sacramento Bee provides a strong possibility for the inspiration behind the name, Shasta Ice Cream Co.

Wert, William M. Sanford and J.M. Maurer are recognized in that edition as co-owners of the Shasta Transit Co., "an automobile stage line between Red Bluff and Redding, in conjunction with a line operated between Sacramento and Redding." The company's headquarters were also located on 5th and I streets.

Wert, who was a native of Ohio, remained with the Shasta Transit Co. until at least 1925.

By 1927, he was serving as the vice president of the Sierra Nevada Stages Corp., which formed in 1926 as a consolidation of the Sacramento-Reno line of the California-Nevada Stages and the Sierra Transit Co. Sierra Nevada Stages had its headquarters at the aforementioned 5th and I streets.

The Harms and Irwin connection predates the establishment of the Shasta Ice Cream Co.

Fay L. Irwin and Madeline Harms, the wives of that company's owners, operated a restaurant at 1011 Alhambra Blvd. from about 1927 to 1932. Charles Woods ran his own eatery at the same location for about a year, beginning in about 1933.

As previously noted, the Shasta Ice Cream Co. factory and store at 2814 Y St. and a branch store and sandwich shop at 1013 Alhambra Blvd. both opened on March 3, 1928.

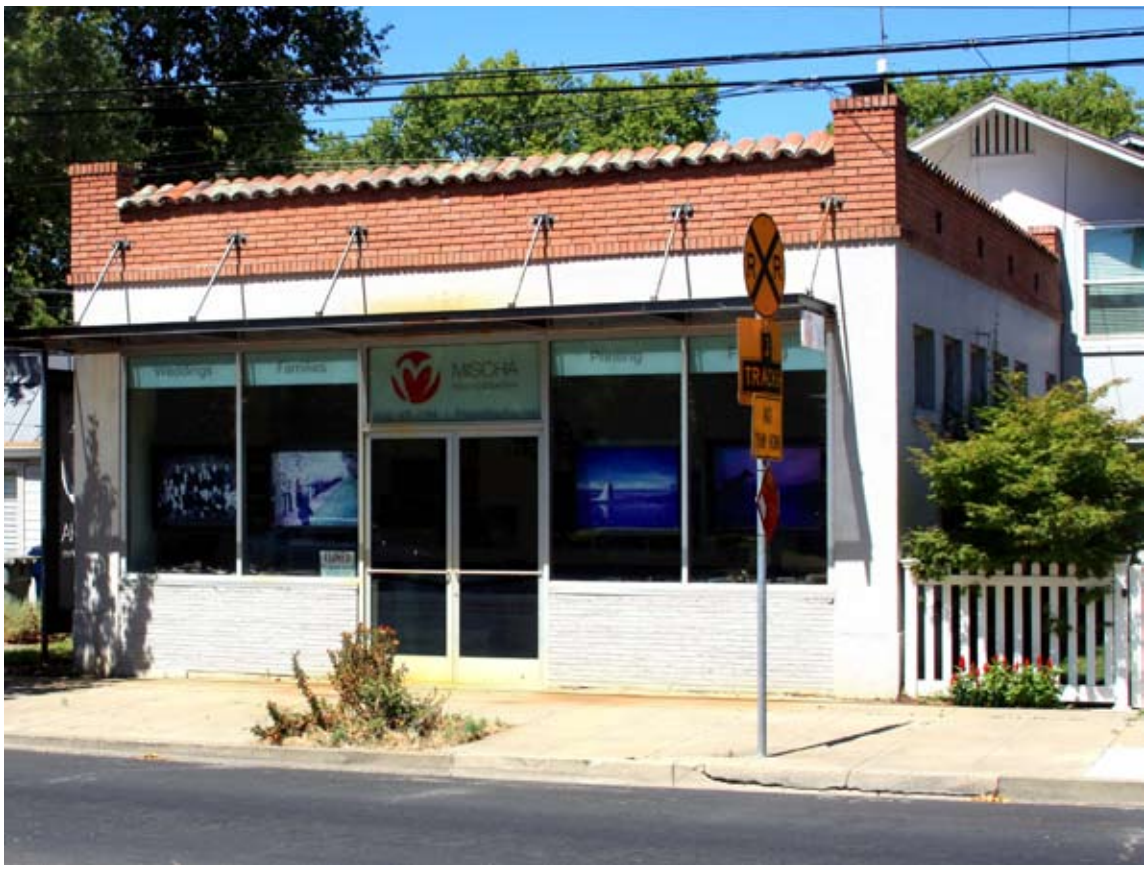
The then-new, single-story factory building was built with bricks and measured 20 feet by 63 feet. The construction of the building and the addition of its ice cream manufacturing equipment had a total cost of about $10,000.

During the grand openings of both stores, people visiting those stores received free sample dishes of ice cream.

By August 1928, the business was producing 100 gallons of ice cream per day.

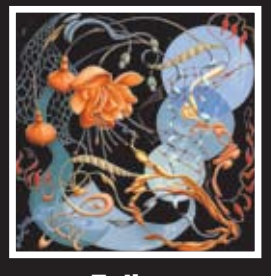
Shasta closed its 1013 Alhambra Blvd. store in 1932 and moved to 1107 Alhambra Blvd. in the Alhambra Market, adjacent to the Alhambra Theatre.

see Shasta page 7



Photos by Lance Armstrong

Shasta Ice Cream was located in this building at 21st Street and 3rd Avenue, a short distance northeast of C.K. McClatchy High School, from 1950 to about 1977.

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Shasta:

continued from page 6

The latter Alhambra Boulevard store, which had its grand opening on Feb. 27, 1932, is highlighted in the March 1, 1932 edition of The Bee, with the following words: "Visit our new store in the Alhambra Market – Alhambra Blvd., between K and L (streets). Complete fountain service. Daily plate lunches, 25 (cents), 35 (cents), 45 (cents). None better in Sacramento. Famous Shasta ice cream. Wholesome and delicious. All flavors. Shasta Ice Cream Co. 'Where Quality Reigns.'"

On the occasion of its fifth anniversary, on March 18, 1933, Shasta Ice Cream sold double-scoop ice cream cones for children for 5 cents each.

The business opened a third store at 1600 L St. during the evening of Sept. 20, 1935.

Nine other businesses were opened that evening in the same building, which was collectively known as 20th Century Market. The anchor tenant was the 12th Sacramento district unit in the Cardinal Grocery Stores chain.

Shasta Ice Cream offered ice cream, fountain service and breakfast, lunch and dinner at all three of its locations.

In his column in the June 21, 1978 edition of The Bee, critic William C. Glackin shared his memories of the famous clarinetist and bandleader Benny Goodman (1909-1986).

He recalled admiring performances of Goodman in person and also listening to his records and radio programs.

Glackin also wrote: "Many's the midnight I mopped the floor of the old Shasta Ice Cream parlor to the tune of the 'King Porter Stomp.'"

During the years of 1936 to about 1942, Wert and Fay L. Irwin's son, Raymond William Irwin (1916-1983), worked for Shasta Ice Cream at separate times as a clerk, ice cream maker and driver.

After serving in the U.S. Army during World War II, Raymond returned to work for the company. During the following decade, at separate times, he served as a manager, factory superintendent, and secretary-treasurer.

Although the 1956 city directory recognizes him as an owner of the company, by 1960, he had begun a new career working for the Sacramento County assessor's office.

The 1942 city directory is the last city directory to recognize Fred Harm's association with Shasta Ice Cream.

Nine years early, the annual city directory began referring to Fred as Shasta's president and Wert as the company's vice president.

Fay, who had been serving as the company's secretary since about 1934, became Shasta's vice president by at least 1936.

With the elimination of its Alhambra Boulevard and L Street and 16th and L streets stores in about 1942, the company became a single-site operation.

That location – 2814 Broadway – closed in about late 1949 and was replaced by a store at 2794 21st St., at 3rd Ave., in 1950. A Shasta Ice Cream advertisement in the Friday, Sept. 1, 1950 edition of The Bee refers to the company's "new location, 2794 21st St."



Shasta Ice Cream opened its Alhambra Market location, just south of the Alhambra Theatre, in East Sacramento on Feb. 27, 1932 and continued to operate at that site until about 1942. The Old Alhambra Market – as this small shopping center is now known – is pictured last month.

Another portion of that advertisement reads: "That's right. Free ice cream cones Saturday, 1 p.m. to 6 p.m., to all kiddies accompanied by parents. So, ask Mom or Dad to come with you for a cone of the most delicious ice cream ever!"

East Sacramento native and current Land Park resident Gloria (DaPrato) Tomei recalled visiting Shasta Ice Cream in the late 1950s.

"Carl (Tomei, her then-future husband, who graduated from C.K. McClatchy High School in 1942) used to take me there for an ice cream cone when we were going together," said Gloria, who graduated from Sacramento High School in 1948. "(It was) wonderful ice cream."

Among the employees who worked for Wert Irwin at the 21st Street parlor was Rick Klopp, a 1965 C.K. McClatchy High School graduate and current co-owner of Gunther's Ice Cream.

Wert continued the operation of Shasta Ice Cream until about 1977 and died at the age of 97 on May 29, 1986.





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CruiseFest on Fulton Avenue-Back On The Road







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On Saturday, October 2, 2021, from 3 to 7 pm, to the delight of thousands of spectators, hundreds of eye-popping custom and classic cars will be cruising up and down Fulton Avenue, from El Camino to Marconi.

Covid roadblocked the event last year due to Covid, but organizers are back and making plans for a spectacular 10th Anniversary celebration of CruiseFest on Fulton Avenue, Northern California's premier car cruise.

In terms of special featured vehicles, here's a quick sample, with more announcements to follow.

Save Mart's 12-foot tall mega-motorized shopping cart—Powered by a 454 Chevy engine, it can accommodate a handful of passengers and a few bags of groceries.

And new to CruiseFest, answering the Bat Signal …

The 7th replica Batmobile ever built. Owned by Bob Goldsand of Meadow View. These are the Batmobiles that were fully licensed and authorized by DC Comics and Warner Brothers. There are only 14 of the licensed replicas in the world and Bob's is the lucky #7 car.

CruiseFest on Fulton Avenue is a benefit for the California Automobile Museum.

Due to the growth in popularity, the last cruise was a sell-out…. CRO. (cruising room only). So early registration is advised.

Cruisers are being asked to register at calautomuseum.org - Museum members - $40 / Non-members - $50 / Day of - $75 Free to the attending spectators. The California Automobile Museum is a 501c3 organization.

Faces and Places: Yoga in the Park







Photos by Steve Crowley

Free, in-person yoga in the park classes are back after a pause that lasted more than a year due to the pandemic. Yoga Moves Us provided free yoga classes several times a week online during quarantine and will continue to provide online classes in English and Spanish as in-person classes resume.

Participants must sign up in advance through the Good Elephant app.







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Side Chair $219 reg $249 | Bench $349 reg $399
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Prescott 36" round
122730
Pedestal Table $269 reg $299
Side Chair $109 reg $119



Carmel Rustic 38"x78" w/1-18" butterfly leaf
335408
Trestle Table $549 reg $629
Side Chair $109 reg $119



Plymouth 50" round counter height
360778
Pedestal Table $1049 reg $1159
Stool $359 reg $399



Parota 40"x 79"
974437
Trestle Table $1169 reg $1299 | Bench $479 reg $539
Side Chair $249 reg $279 | 70" Server $1079 reg $1199

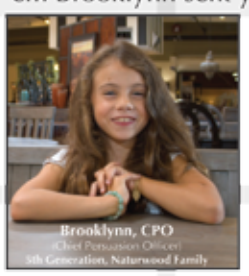
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