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East Sacramento News

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Cottage Mart neighborhood market opens beer, wine bar

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Cottage Mart neighborhood market opens beer, wine bar

By Joe Perfecto

At 51st and V streets in the Elmhurst neighborhood stands a decidedly vintage-looking building with a weathered Spanish tile roof and two wide, arched windows holding large signboards that advertise beer, wine, cigars, espresso, sandwiches and snacks.

At the entranceway is a security door, which is held open by a bungee cord. The door sports a 1960s oval, tin sign, which reads, "Rainbo is Good Bread."

From all appearances, the place looks to be a good, old-fashioned neighborhood grocery store – and that it is. But more than that, it's a real piece of history, a portal to the past.

Purpose-built as a neighborhood grocery store, the structure has operated under various names and ownerships for many decades.

Such stores trace their roots to the first New England settlements. From the earliest days of this country's colonial period through the many decades of westward expansion that followed, trading posts and general stores sprang up to serve the population clusters that increasingly dotted the map.

As pioneer enclaves grew in both number and size and became established, such businesses evolved into emporiums – typically found in larger cities – and smaller shops, such as the archetypal "mom-and-pop" grocers, which were present in communities of all sizes.

In Sacramento, for example, through much of the 20th century, most neighborhoods were served by numerous small stores, and it was not uncommon to find them situated within a few blocks of each other, or to even see several on the same city block.

But as the now-ubiquitous "supermarket" – and the shopping malls in which many were located – began to emerge from coast to coast, the small neighborhood shop began to disappear from the urban landscape, and today a happenstance sighting isn't very common.

But while the presence of mom-and-pop stores has vastly diminished, as compared to that of just a few generations ago, the importance of such still existing stores remain.

In many smaller communities and in economically-depressed parts of numerous urban areas, they are still a necessity for local residents, and their traditional role is essentially unchanged. In other areas, they provide neighbors a convenient means of grabbing a few items, as opposed to trekking to the nearest big-box store.

There's also the social connection that developed between patrons and proprietors – not just by virtue of repeated contact, but as traditionally grocers lived behind or above their shops, customer and shopkeeper were literally neighbors.

This holds true for Cottage Mart, owned and operated by the husband-and-wife team, Chandrasen "Eugene" and Kiran Dass, who live just five blocks from the store.

When the Dasses acquired the market in 1984, they had been running Gene's Market in Colonial Heights for six years.

What drew them to Cottage Mart was its ample storage space, something the diminutive Gene's sorely lacked. The new site could be used to stock both stores.

Gene's closed in 2007. The Dasses demolished it and erected a four-bedroom house in its place.

At first glance, there's not much to distinguish Cottage Mart from the average mom-and-pop market, aside perhaps from

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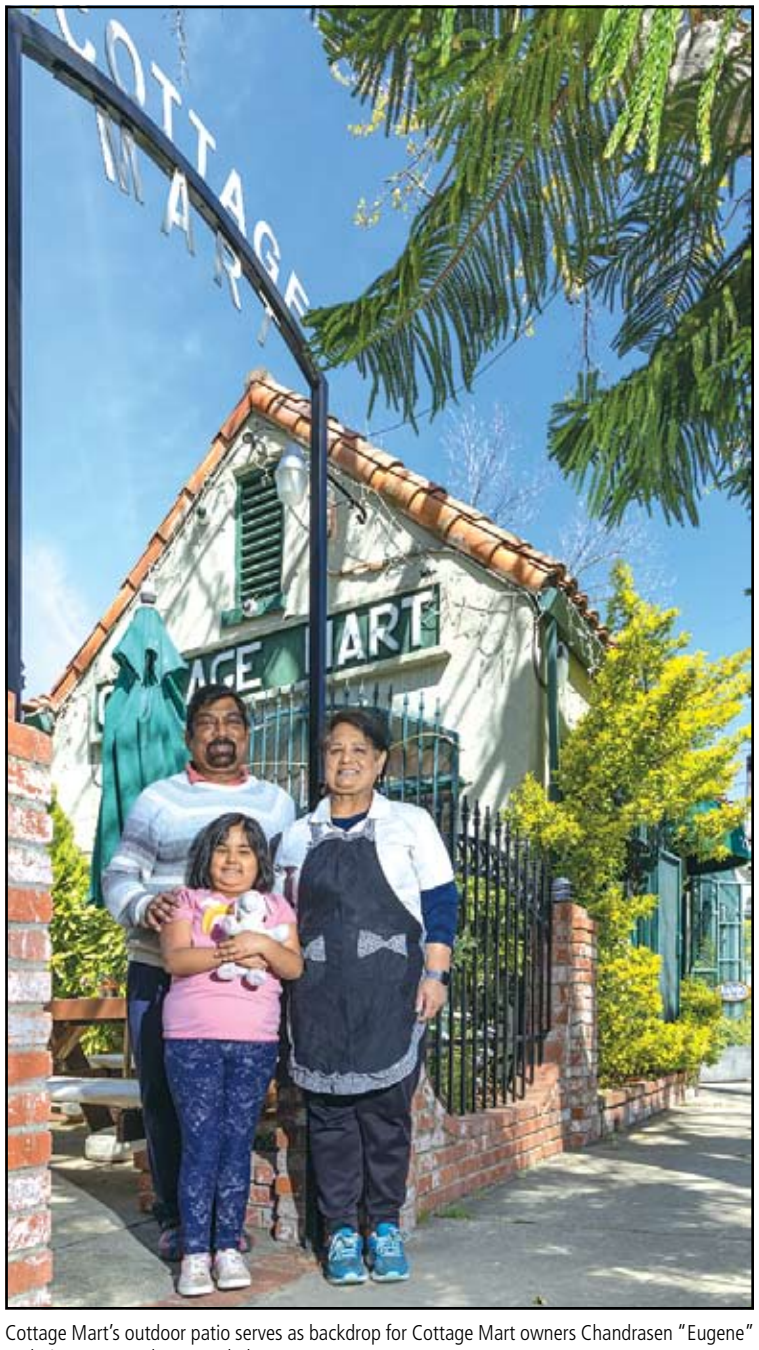


Cottage Mart is located at 2130 51st St. in the Elmhurst neighborhood.



Photos by Joe Perfecto

A bartender peers forward while the patrons of the bar sit with glasses of white wine.



Cottage Mart's outdoor patio serves as backdrop for Cottage Mart owners Chandrasen "Eugene" and Kiran Dass and a young helper.

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Cover by:

Joe Perfecto

Cottage

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the fact that the store actually is run by a mom and pop – twice over, really, since they're grandparents.

The inventory on the shelves is a typical mix of sundries, food items, housewares, snacks, beverages – both hard and soft – and a small assortment of cheap toys.

Near the register, there's a freezer full of ice cream products and assorted frozen confections. A glass case holds a variety of items such as baklava, "pistachio delight" and squares of assorted kinds of cake.

There's also an espresso station offering the usual fare, including frappés and herbal teas. The deli menu, however, is not so typical, as in addition to the standard range of hot and cold sandwiches, a few house-made Indian and Pakistani dishes are available. Those dishes include veggie pakora and samosas, aloo gobi, chana masala and chicken tikka masala, all of which are quite popular with customers.



Red ribbon in hand, an East Sacramento Chamber of Commerce representative addresses the assembled patrons at the Cottage Mart on April 1.

Beyond the deli menu, what makes this market stand out is a small, adjacent, fenced-in patio full of small flowers and lush greenery, which is largely shielded from the nearby road intersection by shrubs. The Zen-like space is an ideal spot for customers to cool their heels while having a beverage and a bit of a nosh.

Prior to the Dasses' ownership of the site, this was a part-dirt, part-blacktop patch that customers used for parking.



Early arrivals line the bar counter during the grand opening of Cottage Mart's beer and wine bar on April 1.

However, for many years, those wishing to enjoy an adult beverage with their food were out of luck, as the patio could only be accessed via the sidewalk in front of the store, and doing so would have violated Alcoholic Beverage Control regulations. This finally changed with the completion of this market's latest addition: a beer and wine bar inside the store.

The family had wanted to install some type of bar for years. Eugene had actually envisioned a coffee shop, while his daughter, Danielle, lobbied for a wine bar.

When an antique wooden bar became available after Roxy Restaurant & Bar closed last year, Eugene snapped it up, and as the piece was far more suited to a wine and beer bar than to a coffee shop, Eugene decided to go with Danielle's concept.

The bar piece is a great mirrored, pillared, wooden behemoth, dating to 1909, that Roxy sourced from Louisiana. It was placed at the back wall of what until then had been used as storage space for supplies and a pingpong table. And in the fall of last year, construction of the bar space commenced.

After six months of construction and chasing permits, at long last the day came – April 1 to be exact – to open the swinging saloon doors, literally, to the tippling public.

A few patrons filtered in for the grand opening a bit before the official start time of 2:30 p.m. to beat the rush and enjoy the quietude of the moment – which proved to be short-lived, as it didn't take long for many more to pour in and fill the space to capacity.



A bright alcove-like outdoor area behind the bar's rear wall provides an intimate al fresco space.

At some point, a representative of the East Sacramento Chamber of Commerce appeared with a big, red ribbon – presumably accompanied by some sort of cutting implement – and, indeed, some sort of ceremony may have occurred. But due to the wall-to-wall crowd – which spilled out into the small, al fresco seating area behind the building – and accompanying cacophony, it was difficult to see or hear what was happening.

When the closing time of 5:30 p.m. rolled around, the festivities were unsurprisingly still rollicking at full steam, and Eugene had

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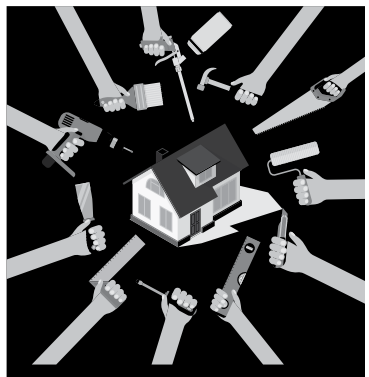
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Cottage Mart building's history dates back to early 1930s

By Lance Armstrong
vcneditor@gmail.com

The history of the building that houses the longtime, Elmhurst neighborhood grocery store, Cottage Mart, at 2130 51st St., dates back to the early 1930s.

According to the original, city building inspector's card for this structure, the building passed its final inspection on Sept. 16, 1931 and was certified for occupancy for the grocery store business of Joseph Leal "Joe" Manica Jr. (1887-1971). The card mentions that the value of this single-story building at that time was $3,300.

Joseph, who lived with his wife, the Kansas-born Matilda Manica (1886-1965), at 2617 Rochon Way in Curtis Park, was a native of Freeport.

Joseph's parents, Joseph Leal Manica Sr. (1856-1923) and Rose Leonora (Machado) Manica (1862-1938), were immigrants from the Azores islands of Portugal.

The younger Joseph entered the grocery store business in about 1919, when he and his father began selling groceries at 1829 S St. under the name, Manica & Son. The younger Joseph continued to operate that store after his father's death and until about 1931.

Joseph's Elmhurst neighborhood grocery store, which debuted as Superior Grocery, was in operation by early October 1931.

While still under Joseph's ownership, the 51st Street store was known as Supreme Cash Market as early as 1937.

In at least 1939 and 1940, Oak Park resident Samuel F. "Sam" Riolo shared space in Joseph's 51st Street building, running his meat market, Sam Riolo Market.

Joseph sold his store to the Ink Bros. grocery store chain in about 1945, and his former store became that chain's seventh Sacramento area store.

The merging of Inks Bros. with the Cardinal grocery chain in about 1951 established 31 grocery stores under the Cardinal-Inks name. Cardinal grocery stores had been a part of the Sacramento grocery store scene since 1929.

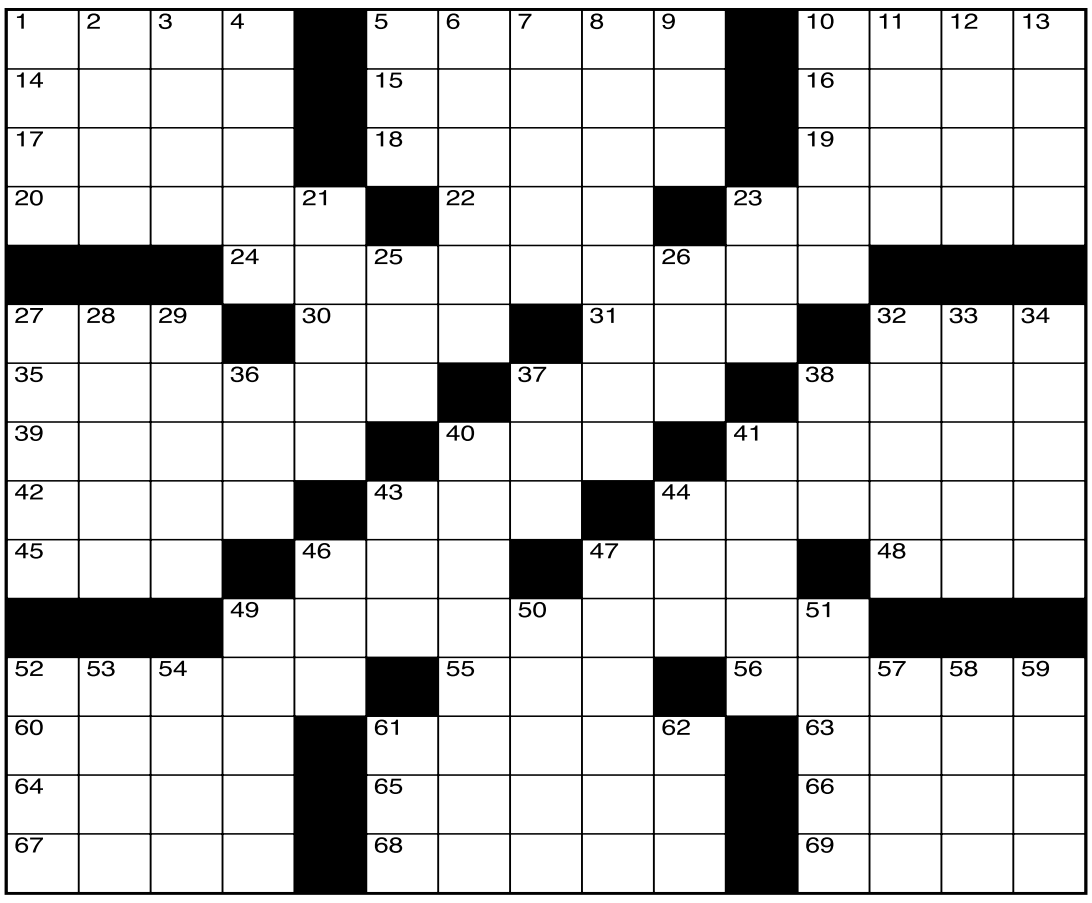
By 1955, the 51st Street building was home to Foley's Market, which was owned by Carmichael resident Thomas A. Foley.

The next grocery store to operate at that site was Come Back Market, which was owned by Victor A. Hurtado, of East Sacramento, and George Cutler, of Fair Oaks.

That market opened in about 1965, and about a year later, Hurtado and Cutler gave their store its current Cottage Mart name.

Cottage Mart's present owners, Chandrasen "Eugene" and Kiran Dass, have been running this business since 1984.

CROSSWORD



CLUES ACROSS
1. Dylan and Marley are two
5. Makes healthy
10 The Who's "O'Riley"
14. Side sheltered from wind
15. Flat-bottomed sailboats
16. Egyptian supreme god
17. Advice
18. Mass of small, loose stones
19. Online learning services provider
20. "Lords" in Northwest Semitic languages
22. Of she
23. A place to relax
24. Critical and mocking
27. Consumed
30. You get one in summer
31. Bath
32. Luxury automaker
35. Spiders spin one
37. Guy (slang)
38. Greek personification of Earth
39. Large instruments
40. Domestic cattle genus
41. Appetizer
42. Oil group
43. Where to put groceries
44. Speak incessantly
45. Popular color
46. A place to sleep
47. Make fun of
48. Former CIA
49. Salts
52. Bleated
55. Never sleeps
56. Sword
60. Water (Spanish)
61. Cyprinids
63. "Dark Knight" actor Christian
64. Fictional demon
65. Old World lizard
66. The content of cognition
67. Makes a mistake
68. A way to make wet
69. Tide

CLUES DOWN
1. One-liner
2. Evergreen genus
3. College in Rome
4. Prevents from seeing
5. Cycles/second
6. Mischievous child
7. Less common
8. Honorably retired
9. Midway between south and southeast
10. A confusion of voices and other sounds
11. Bony fish genus
12. Type of pear
13. Egyptian cross
21. Satisfies
23. Founder of Babism
25. Bar bill
26. Chicago ballplayer
27. Performer
28. Hairpiece
29. Partner to flowed
32. Aircraft formation
33. You have 3 per day
34. Goes into
36. College athletic organization
37. Wet, muddy ground
38. Talk
40. Witty conversation
41. Gurus
43. "French Price of __ Air"
44. Sports equipment
46. Try to get
47. Flower cluster
49. Sea dwellers
50. Palmlike subtropical plant
51. Polio vaccine developer
52. Baseball's Ruth
53. Gelatinous substance
54. Hungarian violinist Leopold
57. Offered
58. Ancient Greek City
59. A way to derive
61. Touch lightly
62. Witnessed

Doggy Dash to celebrate 30th anniversary

On Saturday, April 22, join thousands of walkers at William Land Park as we lace up our shoes and leash up our pups for Doggy Dash, the Sacramento Society for the Prevention of Cruelty to Animals' (SPCA) largest fundraiser of the year and an opportunity to celebrate the amazing commitment of our community to healthy, happy and unconditional relationships between dogs and their people.

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For general event information, contact Jessica Miller at (916) 504-2868 or jmiller@sspca.org.

Cottage

Continued from page 3

to announce to the disappointed crowd that the party was, in fact, over.

In the week following the overwhelmingly successful first day, although the conditions were less hectic, numerous customers availed themselves of the opportunity to have some chow and throw back one or two at the bar.

There's likely enough local interest to keep the enterprise afloat, judging by one brief interaction that transpired during this publication's interview with Eugene in the bar area.

A store customer walked up and asked if the bar was open, and was told it was open.

"Awesome!" he replied. "Beer and wine, huh? I'll be here one of these days. I'll do a taste test of all the beers you have."

His voice trailed off as he made his way to the front of the store.

In truth, it wouldn't take long to sample all the beers and all the wines, as they're modest in number. The bar offers just four taps; at present Modelo Mexican lager, Oak Park Brewing Mystic Cloud Hazy IPA and Track 7 Panic IPA are on hand. A Two Rivers hard cider is on the way.

There is no room for expansion, but the beer selection will change if there's demand.

Eugene chose the beers, but per his own admission, he knows nothing about wine. The small wine list was curated by Danielle, who is said to be quite the oenophile.

Selections currently include a DAOU chardonnay, a Pine Ridge sparkling chenin blanc-viognier blend, a Substance pinot noir, an Alexander Valley Vineyards zinfandel, and a Klinker Brick Winery cabernet.

Both the beverage selection and the hours – 9 a.m. to 7 p.m. Mondays through Fridays, and 10 a.m. to 5:30 p.m. on Saturdays – are limited by both necessity and design.

Practically speaking, there's just not enough storage space for a wider range of products. Also, the closing times are uncharacteristically early for a bar. But then, Cottage Mart is first and foremost a store.

The bar component – just like the store itself – is intended as a convenience for customers, whether they live nearby, work at the sprawling University of California, Davis Medical Center just up the street, or are simply passing by. It's meant to be an asset to the area and not a source of problems, Eugene noted.

"I've been here 39 years and we wanted to keep the neighborhood nice," he said. "We don't want to get too rowdy (of) people coming, so we are happy with the hours."

Those limitations notwithstanding, anyone who's feeling a little pyaasa – the Hindi word for thirsty – could do worse than to start off the evening with Eugene and company by grabbing a little tikka masala and sidling up to the bar at this historic spot in a little corner of Elmhurst.

'Please adopt me'

Carnitas the dog seeks new home



Carnitas celebrates Easter with one of her friends at the Front Street Animal Shelter.



Photo courtesy of Front Street Animal Shelter

Carnitas is a brown-and-white pit bull. His animal identification number is A653277.

"Hello, my name is Carnitas. I am a male, brown-and-white pit bull who was brought to the Front Street Animal Shelter as a stray on Feb. 28. I am about 3 and a half years old and I weigh about 62 pounds.

Previously, I lived in a foster home for a little while, and my foster parents said that I was the smartest boy and appeared to be potty trained and crate trained.

Although I love people, I don't always get along with other dogs. However, with patience, I may be able to live with other dogs.

Perhaps I might whine a little at first, but I will sleep through the night and I will stay in a crate without issue when left alone.

I know the "sit" command, and my foster family is sure that I could learn a bunch of other tricks, because I love food.

A community member has paid for my adoption fee, so it would be free to adopt me.

To meet me, make sure I'm still available at www.FrontStreetShelter.org, then ask for me at the shelter from noon to 5 p.m. seven days a week. My animal identification number is A658196."

Italian language classes offered this spring

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Those who already speak some Italian and are uncertain which class is best for them can contact the program's director, Patrizia Cinquini Cerruti, at (916) 482-5900 for assistance.

Registration is now available through the website. www.ItalianCenter.net.

Celebrate National Superhero Day at Fairytale Town

Calling all superheroes. Come dressed in your capes and masks for a day of fun at Fairytale Town from 10 a.m. to 2 p.m. on Saturday, April 29: National Superhero Day.

Have your child wear their superhero costume when you visit Fairytale Town and receive half off one child admission with one paid adult admission.

Meet your favorite superheroes and complete a superhero craft activity.

Weekend admission is $8 for adults and children, ages 2 years old and older. Members and children, ages 1 and younger, will be admitted for free.

Adults must be accompanied by children, and children must be accompanied by adults in order to gain admittance to the park at 3901 Land Park Drive.

For additional information, visit the website, www.FairytaleTown.org.

Puzzle Solutions

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