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Pocket News

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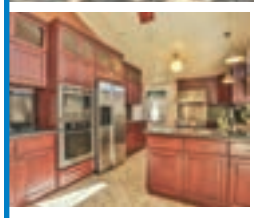



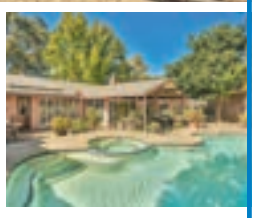

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Voting changes to be discussed at Pocket Library talk on Oct. 24

By DEVIN LEVELLE
Pocket Greenhaven Community Association

Have you ever wondered why some people get mailed ballots and others don't? Or why you have to vote at one particular school, church or neighbor's garage, even if another location is more convenient? Or why we vote on one seemingly random Tuesday in November (or another Tuesday in the spring that inexplicably bounces around from year to year)?

Well, wonder no more!

No, I am not providing answers, sorry. Rather, all of that is changing!

With the legislature's passage of SB 450 in 2016, better known as the Voter's Choice Act, counties have the opportunity to restructure their elections to make it more flexible and convenient for voters to participate in our democracy.

Sacramento County is one of four that chose to implement the new system in 2018 and, as a result, starting next year, voters can choose to:

1) Vote by mail (Nothing will change for the 65 percent of voters who already vote by mail)
2) Drop their ballot in a secure drop box, starting 28 days before Election Day
3) Vote early at any vote center in the county – not just the one closest to them – beginning 10 days before Election Day
4) Vote in person at any election center in the county, on Election Day
5) Unregistered voters can take advantage of same day registration at any vote center

Every voter can choose how, where and when it is most convenient for them to vote, helping to ensure our elections best represent the will and the wisdom of our community.

The tradeoff for these new opportunities is that there will be far fewer vote centers than under the traditional polling place model. In the 2016 election, there were 16 polling places in the Pocket-Greenhaven neighborhood. In 2018, we will likely have 2-3 vote centers. The County is currently looking at potential sites in our neighborhood and they want to hear from us about the sites being considered and other potential locations.

The Pocket Greenhaven Community Association is hosting a Voter's Choice Act Forum, in partnership with the County, the Secretary of State, and the ACLU of California to help members of our community understand the changes that will be occurring and give input on key issues, including on vote center and drop box site locations.

The Voter's Choice Act Forum will be held Tuesday, Oct. 24 at the Robbie Waters Library Community Room from 6 to 8 p.m. Please RSVP at VCA.PocketGreenhaven.org.

My Sister's House High Tea set for Oct. 21

By DEBBIE ETO

My Sister's House is having their annual High Tea, October 21, 2017. The High Tea was created to raise some additional funds for My Sister's House and second to outreach to religious leaders about domestic violence and the services My Sister's House provide. Nilda Valmores, the Director of "My Sister's House" said this is the 10th year of the High Tea. "At My Sister's House High Tea we have good food, good fun, and meet with good friends. Table hostesses or organization sponsors decorate the table and the entire audience votes for the best decorated table. Awards are given out to the best decorated tables. There is also entertainment (Showstoppers Choir), a silent auction and a raffle of a jewelry item donated by Sharif's jewelers, and sharing by one of My Sister's House survivors."

My Sister's House is a nonprofit, that helps victims of domestic violence, sexual assault, and human trafficking. Established in 2001, My Sister's House has helped over 4,000 victims re-enter their lives as whole people. Their programs and services include a 24 Hour Helpline to assist callers with crisis intervention, safety, information, resources and general support. The Safe Haven Shelter Program assists women and children fleeing from domestic violence and human trafficking. The shelter provides a safe environment for the residents. Also, My Sister's House operates a 6 bed transitional house and recently opened a shelter for victims of human trafficking focused upon massage parlor and brothel victims. The Women To Work Program helps survivors of domestic violence move forward with their lives. The program provides services so they can become self supportive. Services include health Information and referrals, transportation, clothing, child care, housing assistance, employment, guidance, legal assistance and counseling.

My Sister's House also sponsors "Run For A Safe Haven". It's a 5K run that goes around William Land Park. Approximately 1000 people participate. This year's Run is November 4th. For more information contact www.my-sisters-house.com, 916-930-0626.

House seeks to eliminate domestic violence in the Asian and Pacific Islander community through family education, and by

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E-mail stories & photos to: editor@valcomnews.com
Editorial questions: (916) 267-8992

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1109 Markham Way
Sacramento,
CA 95818
t: (916) 429-9901
f: (916) 429-9906

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Monica Stark

Other photos:
UC Davis photo/
Gregory Urquiaga
Stephen Crowley

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Rivergate Way Halloween display remembers homeowner's loved one

By MONICA STARK
editor@valcomnews.com

Thirty years ago, John Calhoun and Ken Robinson began a tradition celebrating Ken's birthday by bringing smiles to neighborhood children on Halloween. From huge blow-up displays to hanging skeletons, the collection of spooky grew each year. And this year, John says he's bringing all the tricks out to the home located at 440 Rivergate Way off of Riverside Boulevard in the Pocket neighborhood.

Having lost Ken on Dec. 28, 2015, Halloween now is a time for John to remember his friend. "Me and my partner did (those displays) for 30 years," he says. "He was born on Halloween. That's basically where the legacy came from. I just decided to carry it on after he passed."

Air-blown and made from parachute material, the centerpiece display is a 25-year-old train with a skeleton train conductor waving his bony hand, a ghost that pops up and down from a gravesite that sits on one of the train beds and Dracula who emerges from the caboose. "They don't sell these anymore," John says about the train.

Having spent most of their relationship in Poughkeepsie, New York where in the winter, John says, "you learn to bond to each other," he and Ken were inseparable. And "when you've been together with somebody for 30 years it's real hard when they go." With over 100 inches of snow, at 17 degrees below zero, the 2014-15 winter was the last for them in New York and they headed West. The Bay Area was too expensive, but the Pocket neighborhood seemed just right and they loved the community. "We were going to start our own business and get online. We were going to start selling because we've been collecting for 30 years. We weren't buying anymore. That was it. We were going to sell, sell, sell. But before we got a chance, (Ken) had two heart attacks and I haven't really got into a position where I want to get there to sell."

John welcomes neighborhood children to 440 Rivergate Way to enjoy the magic that's been in the making for 30 years.







Photos by Monica Stark

John Calhoun's Halloween display at 440 Rivergate Way remembers his partner, Ken Robinson, who was born on Halloween and who passed away in December, 2015.

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Former Matsuyama student now teaches at David Lubin, taking a personal approach to 5th grade curriculum

By KAREN NIKOS-ROSE
UC Davis

Editor's Note: This article was reprinted with permission from the UC Davis marketing department. This story is one in a series on UC Davis' role in K-12 education.

When it came time for fifth-graders at David Lubin Elementary School to learn about the Constitution, the Declaration of Independence and U.S. history, their teachers had an idea. Student teacher and Pocket resident Lauren Yayesaki's family had been forced to live in an internment camp during World War II. Resident teacher Betsy Ronsheimer, learning of this, thought it would be a good opportunity to bring this part of history into the classroom in a very personal way.

The timing was appropriate, too, as 2017 marked the 75th anniversary of the signing of Executive Order 9066, which cleared the way for Japanese Americans to be placed in internment camps.

"What better way to learn about the Constitution, and people's rights, than in learning about rights that were taken away?" asked Ronsheimer.

The UC Davis teaching program in the School of Education, where Yayesaki obtained her credential this past school year, is focused on integrating social justice into teaching, she explained. "We thought this could be a perfect combination: history, English language arts and social activism."

During their project, the 29 students in the class read part of the book, A Dandelion in the Crack, by Kiyo Sato, a Sacramento woman who lived in a camp during World War II. They later had the opportunity to meet her, peppering her with questions about life in the camps during a classroom presentation.

The students saw photos from the camps, learned of 118-degree days in a desert camp, and saw a copy of then-President George Bush's 1991 letter of apology for the country's involvement in the camps and creating restitution for victims.

They also saw the identification badge that Yayesaki's grandfather wore in the Tule Lake internment camp, where coincidentally, the family of one of the students had also lived.

"One group of students held his picture up to my face and commented that he looked like me," Yayesaki said. "I think knowing that my family was changed by this event made the students imagine what would happen if it was their family instead."



Lauren Yayesaki, UC Davis student teacher. UC Davis photo/Gregory Urquiaga

They had been taught earlier in the school year about being "agents of change" and explored ways of making a difference in their community. This project, Yayesaki said, created an opportunity for them to act.

"I posed the question to the students, 'Do you think the internment could happen again? And if so, how do we make sure this doesn't happen again?' After an amazing class discussion with differing views, the students concluded that a wrongful internment could happen again — and possibly to other communities," Yayesaki said.

She suggested that the students write a letter to the mayor of Sacramento to ask for a memorial in a city park that would educate the Sacramento community and help prevent wrongful internment of another group in the future. Out of this, another lesson was born: How to write a letter, in proper format, to a government official; how to use historical knowledge to make your point in requesting an action — in this case, a memorial. The letters were written and sent to City Hall and members of the city council.

In response to the letters, Sacramento City Councilmen Jay Schenirer and Jeff Harris visited the class.

Although the city currently has a moratorium on memorials in parks, and the project is not moving forward at this time, city officials said they are continuing to look at ways to represent lessons from the Japanese American World War II experience.

Nadeen Ruiz, Yayesaki's supervisor in the teacher credential/master's degree program at UC Davis, praised the project and students' experiences in working with the city and others in the community. She said two of the foundation pillars of the teaching program are equity and advocacy.

"There's no doubt in my mind that these fifth-grade students understood the prejudicial and terrible treatment of Japanese Americans during this period of our history," she said. "The students also saw that, despite their young age, they could be advocates on behalf of others."

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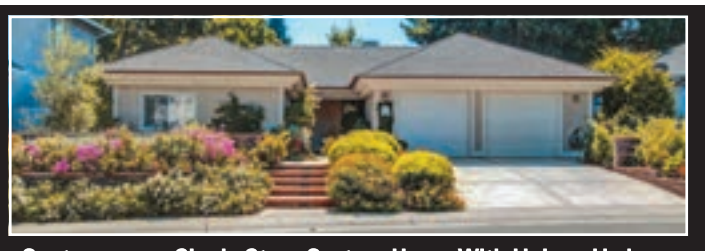

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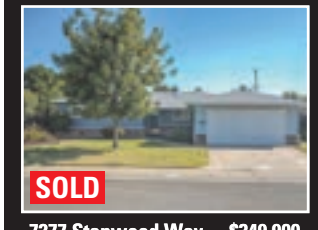

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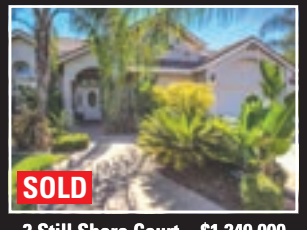

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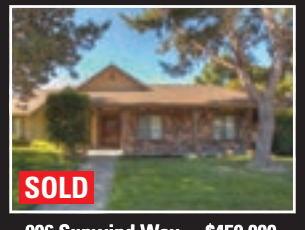

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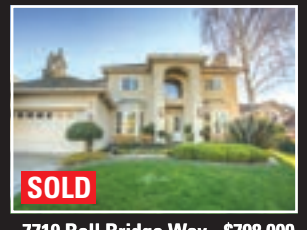

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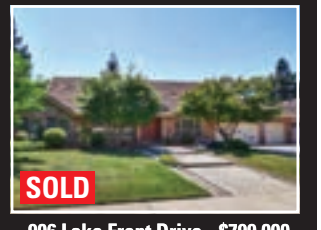

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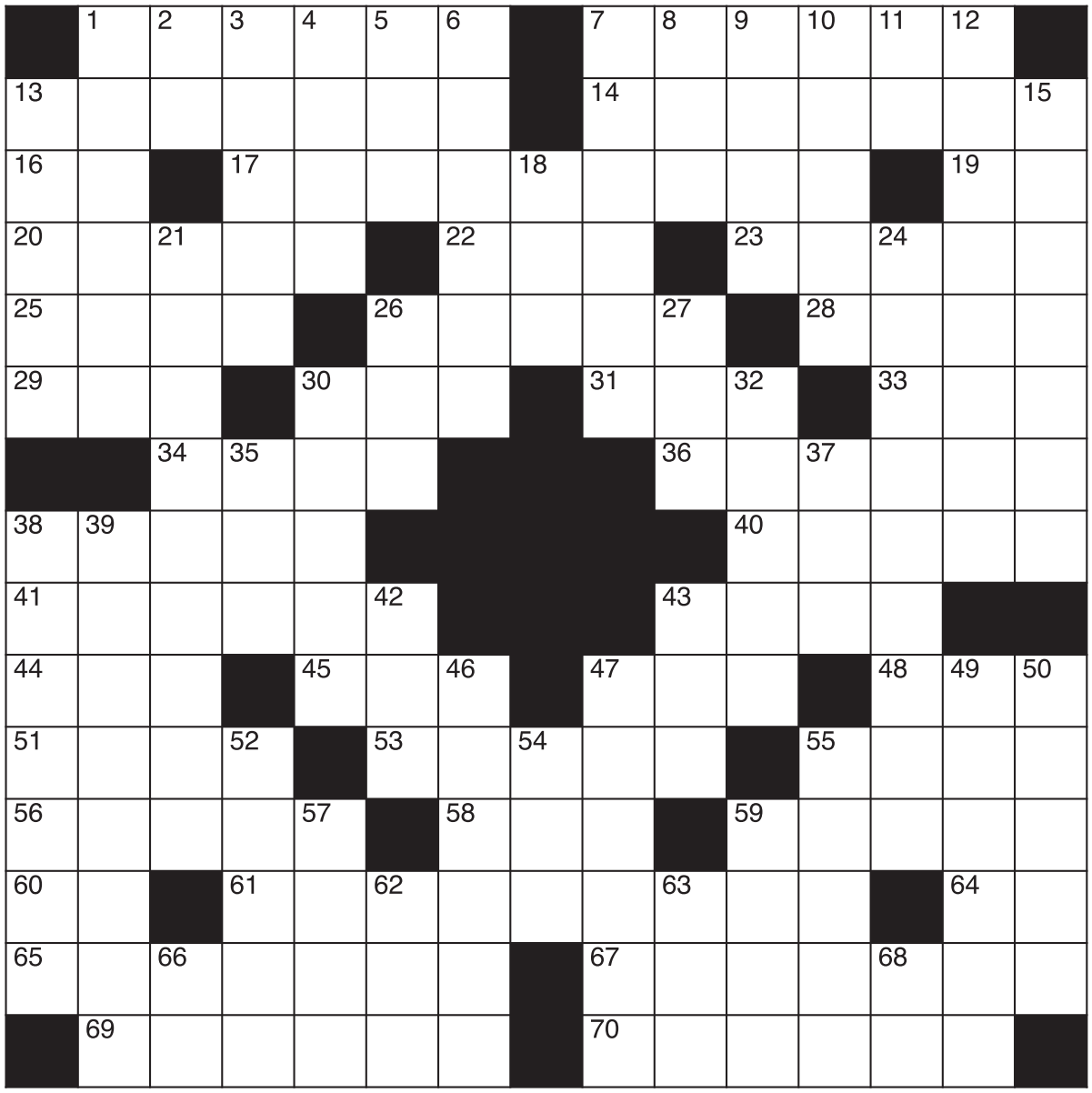

CLUES ACROSS
1. Spanish city
7. Middle ear bone
13. Satisfy to the fullest
14. Able to be consumed
16. US island territory (abbr.)
17. Predatory reptile
19. Beachwear manufacturer
20. European space program
22. Alias
23. Metrical feet
25. Large integers
26. Matrilineality
28. Snouts
29. Giants' signal caller Manning
30. Pacific Time
31. Electronic countermeasures
33. "Anna Karenina" author
34. Snare
36. Sleeveless garment
38. More arctic
40. Clean off
41. Signs
43. Common Japanese surname
44. Allow
45. A way to mark
47. Ballplayers need one
48. __ and cheese
51. KGB mole
53. Indicating silence
55. Capital of Yemen
56. A woman of refinement
58. Extinct flightless bird of New Zealand
59. Belonging to a bottom layer
60. Stephen King novel
61. Fire obstacle
64. Lumen
65. Loud insects
67. Energetic persons
69. Confession (archaic)
70. Witnessing

CLUES DOWN
1. Whiskey receptacle
2. Western State
3. Cereal grasses
4. Needlefishes
5. Relating to the ears
6. Mathematical ratio
7. Dignified
8. Pacific sea bream
9. One of Thor's names
10. Song of praise
11. Equal to one quintillion (abbr.)
12. Drools
13. Cluster
15. One in a series
18. Egyptian unit of weight
21. Broached
24. Skin cancers
26. Second sight
27. Shock treatment
30. Whittled
32. Murdered in his bathtub
35. A way to soak
37. Small piece
38. Relating to Islam
39. Climbing plant
42. Drunkard
43. Test for high schoolers
46. Least exciting
47. Amanda and James are two
49. Something comparable to another
50. Soothes
52. Month in the Islamic calendar
54. White gull having a black back and wings
55. Japanese seaport
57. The south of France
59. Batman villain
62. British air aces
63. Body part
66. Clearinghouse
68. Manganese

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Holiday safety

by LEIGH STEPHENS

Too soon to think about the holidays? Not according to Barbara Falcon. She says this period between Halloween and Christmas creates high opportunity for the "bad guys" to strike.

Falcon is the Reserve Community Service Officer and Neighborhood Watch Coordinator for the Sacramento Police Department. She has been a community activist for many years, starting with her own neighborhood.

The Asian Community Center on October 5 hosted a "Holiday Safety Workshop" with Barbara Falcon leading the group. She told her audience that now is the time to think about ways to keep yourself and your family safe during the Halloween, Thanksgiving and Christmas season.

Barbara started the workshop discussing personal and home security.

Joking, she said what the workshop would not cover is overeating, over spending, over imbibing, and crafting injuries such as hot glue gun burns!

What the workshop did cover was fires from fireplaces, candles or electrical appliances, scams, and crime prevention. It is state law now that each bedroom has a smoke detector. If you do have a fire, using a fire extinguisher, spray the bottom of the fire, not the flaming parts. Always use cured wood to burn, and keep those Christmas trees watered every day. Be sure and have proper ventilation of a fireplace to reduce the risk of carbon monoxide poisoning.

Holiday decorations cause many problems. Falcon said that an estimated 23,600 residence fires are caused by candles and result in 1,525 civilian injuries, 165 fatalities, and $390 million in direct property loss. Never leave candles unattended.

According to the Consumer Product Safety Commission, home holiday decorations cause more than 400 holiday fires each year, resulting in $15 million in property loss and damage.

Deep fried turkeys create many hazards – only use the fryer outdoors and away from anything flammable. If fried turkey is part of your family's Thanksgiving tradition, note these safety tips: don't overfill the fryer with oil, leave enough room to avoid spills when you add the turkey, and never put a frozen turkey into hot oil.

Holiday buffets can create a problem if you leave food out more than two hours. Putting servers in a pan of ice can help keep foods with mayonnaise, milk, or cheese in them. Food poisoning can strike when foods are left out for long periods.

Take care during Halloween time, for crooks grab this opportunity to case a house or invade a home. You should have a safety screen or peep hole on your front door so you never let anyone you don't know into your home. Falcon suggests that it's all right to keep your lights turned off or just take your candies and treats to a neighborhood children's party or community center celebration.

During this time of year shopping can become a problem. Never leave gifts in sight in your car. It's an invitation to have your car windows broken and lose the gifts. Pay special attention to your personal safety in parking lots and parking garages. Remember that everything is replaceable except human life.

At holiday time, well all the time, look at the car parked on the driver's side of your vehicle and the passenger side. Many parking garages have a guard or police officer who will walk you to your car.

If you are a victim of crime, try to stay calm and create a description of the bad guy so you can tell the police: note height, weight, and clothing. Falcon says that men's shoes are distinctive. Police will want to know time of incident, location, the crook's escape auto make and color, and license number if you're lucky enough to get it.

Black Friday after Thanksgiving and the day after Christmas are special times to be cautious because every year there are reports of over-eager shoppers trampling others. Thieves look for unattended purses and packages. Park as close to the front of the store as you can get and preferably under a light.

When you get home from shopping, never unload your packages without closing your garage door. Always report anything unusual in your neighborhood such as lingering individuals or unknown vehicles or suspicious people going door-to-door. Crooks sometimes follow UPS trucks to see where they leave packages.

Around your home, don't hide keys outside under mats, over doors or in flowerpots. Leave your house keys with a trusted neighbor. The bad guy watches TV and knows about those phony rocks and nearby flowerpots. Have security motion lights set up for nighttime safety. House dead bolt locks should be on doors that open from outside.

In light of the recent massacre in Las Vegas, police say you should *Run, Hide* (call 911), and *Fight*. If you are facing a gun, by all means, give the robber your purse or packages; then call the police with your description in mind so they have a better chance of catching the individual. If you're trapped in a building during an active shooting, hide and look around you for anything you can use as a weapon such as a chair or lamp. Use furniture to barricade the door.

Barbara Falcon said to be careful of seasonal charity scams. If you're approached by e-mail, telephone or in person, be wary of high pressure, donate now pitches. Guard your credit card number, your e-mail accounts, and your bank account. For your computer, install antivirus and antispyware and keep it up-to-date.

All of the above should not create fear but should arm you with tips on how to protect yourself and your family. Remember that to give an effective police report follow the four W's:

Where- Specific location of the crime incident (cross streets).

What- The nature of the incident.

Who- Parties involved with descriptions.

When - Time of day; is the crime in progress or has it already occurred? Any weapons involved?

For police contact: Non-emergency (non-life threatening) call 916-264-5471; Emergency 916-732-0100 or dial 911. Falcon suggests you have these numbers keyed into your cell phone. For more information: mbarbarfalcon@att.net.

Above all, Have a Safe and Happy Holiday Season!

Leigh Stephens is a retired CSUS professor of Journalism and Communications Studies.

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Ikebana showcased at Shepard Garden and Arts Center





Photos by JAN GOEHRING

The Ikebana International Ch. #26 began another successful and active year on Monday, Sept. 18 at McKinley Park's Shepard Garden and Arts Center with a presentation by Chieko Hirai-Brim. Sensei Chieko was first introduced to Ikebana in Japan where she was born. She created 3-5 Ikenobo Ikebana arrangements. She is an Ikenobo school teacher. She demonstrated Ikenobo's elegant and traditional Shoka style and the school's more modern and open freestyle.

Ikebana is the traditional Japanese art of flower arrangement. It is more than simply putting flowers in a container, it is a disciplined art form in which the arrangement is a living thing where nature and humanity are brought together. It is steeped in the philosophy of developing a closeness with nature. Ikebana often emphasizes the entire plant, such as its stems and leaves. The emphasis in Ikebana is toward shape, line and form. Space is a central component of the arrangement's design. The container is a key element of the composition, and various styles of pottery and other materials may be used.

For more information about Ikebana contact ikebanasacramento@gmail.com

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Cat-Only Clinics Most Suited for Man's Second-Best Friend

By JOE PERFECTO

In the US the domestic cat is ingrained in the human psyche as an archetypical household pet. C-A-T is even among the first words toddlers learn to spell. The species is ubiquitous across the American landscape. Cruise down most any local street and they can be spotted in short order—perched on the sill of a living room window, lounging on a shaded spot of lawn, taking in the scene with round yellow eyes from under cover of low shrubbery or a parked vehicle, or strolling down an urban alleyway. They have a substantial presence in cyberspace as well, accounting for at least 15 percent of online traffic. Then there's the vast array of cat-themed clothing, jewelry, coffee mugs, tote bags, stockings, greeting cards, makeup, books and other publications—the list goes on indefinitely. In fact, the cat is the second most popular pet in the US (behind freshwater fish), with more than 94 million across 47 million households, compared to about 90 million dogs in 60 million households.

There is no doubt that America *loves* its cats. Most owners consider a companion cat, in May Sarton's words, to be a "fur person"—a member of the family in every sense of the term, witness the $67 *billion* expended on these animals in 2016, with almost $3 billion of that for cat treats alone. Yet despite all of the treats, gourmet foods, toys, plush beds, catnip, jeweled collars and sundry other accoutrements lavished on these pampered felines, how well do their owners *really know* them? With regard to arguably the most important provision of all—healthcare—the answer is "*not so well*," and this can lead to serious consequences, the most troubling being a lessened quality of life and even a shortened lifespan for a beloved pet.



The clinic has occupied the same Land Park site for nearly 50 years, but is unfamiliar to many locals.

While most types of household pets require healthcare management, for cats both *quantity* and *quality* are especially important. Not only should cats have regular checkups, the type of vet practice where they occur matters. Although there are a host of differences between cats and dogs, small-animal veterinary training is weighted primarily toward canine health since dogs are seen far more often in clinics, including those at vet schools. All vets are qualified to treat cats, but as many don't have extensive cat experience, and the environment in general-practice clinics is not well suited to the cat's temperament, clinics devoted primarily or exclusively to the species *felis catus* offer many advantages. Recognition of the cat's specific needs led to the early 1970s emergence of *cat-only* clinics, where every aspect of the cat's visit—from atmosphere to handling technique—seeks to produce maximal benefit and minimal stress for both pet and owner.

Of about 500 such clinics across the US, five are within 50 miles of downtown Sacramento, the closest being River City Cat Clinic at 2617 Riverside Blvd. Believed to be the second-oldest such clinic in the country, RCCC is in its 46th year of continuous operation. Founded as Veterinary Practice Limited to Cats in 1972 by Robert M. Powell, DVM, the practice was sold in 2001 to Jon Wolfson, DVM and again in 2015 to Wendy Salaguinto, DVM, an associate at RCCC since 2011.

One distinction of cat-only clinics is a less-hectic setting. A general-practice clinic can be traumatic for a cat; the sights, sounds and smells of dogs are typically overwhelming. A cat's instinct is to escape this hostile environment—and being powerless to flee can cause increased agitation. Stress is a critical factor, as it can affect not only ease of handling, but blood pressure and even test results, and where treatment and hospitalization are involved, it can decrease appetite and delay healing. "Cats are very sensitive creatures," said Dr. Salaguinto. "Most are very cautious with strangers, and many never leave the familiar walls of their own home." The cat-only practice is designed to minimize stressors. Sound levels are low, and in addition to there being fewer unfamiliar odors, a synthetic facial pheromone (e.g. Feliway) that mimics what the cat rubs on people and objects in a familiar environment is diffused throughout the clinic for its calming effect.

In addition, every staff member is trained in reading cats' behavior and in handling them in a non-threatening way. "Regardless of how good you think you are with cats, there's a lot to learn about body language and behavior," said Dr. Heather Kennedy, who joined RCCC in 2015. A

See Clinic, page 9

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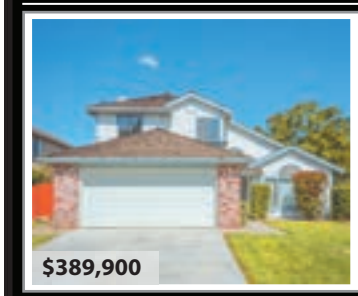
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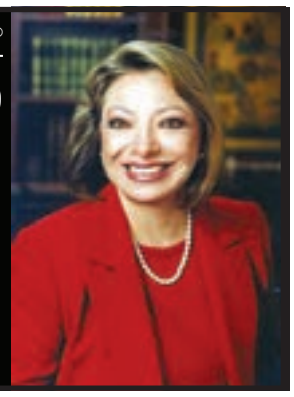
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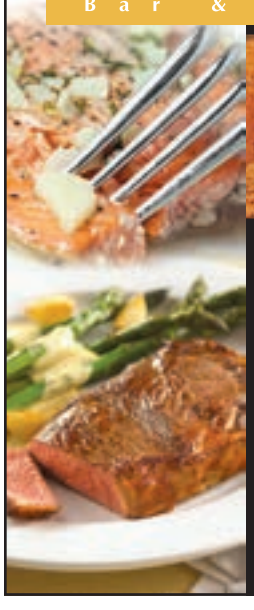
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Clinic

Continued from page 8

cat perceives the clinic as a dangerous place, and improper handling will likely produce a fight-or-flight response; the cat may lash out and possibly injure the vet, assistant and even itself. Thanks to an in-depth understanding of cats, handling-based injuries at RCCC are essentially unheard of. Plus, all staff are "cat people" who have chosen to work exclusively with felines. "The cats can tell who is and who isn't a 'cat person'—I think they sense it in our energy," said Dr. Salaguinto, whose home menagerie includes five of them. Dr. Kennedy's relationship with cats began practically at birth. "We've had cats my entire life," she said, and she has a long history of fostering and working with cats and kittens in a variety of ways.

The exam is optimized as well. Exam rooms are of open design, with no tight spaces where a cat might wedge itself, and exam tables are heavily padded. Consultations are longer; at RCCC, each is allocated 30 minutes instead of the usual 10-15, Dr. Salaguinto said, because it "allows cats time to adjust to the sight/smells of the exam room and to get used to our voice as we chat with their owners." The staff's increased experience and currency of feline-specific medical knowledge also mean a more comprehensive exam. "By focusing on just cats, we see far more feline patients than an average dog/cat veterinarian," said Dr. Salaguinto. "With less training and [fewer] cat visits per day, it can be a challenge for mixed-practice veterinarians to treat cats."

Attaining the cat-only practitioner's in-depth knowledge requires students pursuing strictly feline medicine to obtain additional training off-campus; thus, throughout the second half of vet school the curriculum for such students varies a bit from the norm. In the third year, all students must choose a "track" (area of emphasis, such as "small animal"), but a feline-only track does not exist; the fourth year is dedicated to practical experience, but again, the on-campus emphasis is on dog care. Therefore during the third and fourth years students focused on feline pratice participate in "externships" with cat-only clinics. RCCC provides externships to UC Davis students, and employs three on Saturdays and during the summers.

While all DVMs are qualified for general practice, and many for feline-specific medicine, some—such as the vets as RCCC—have the added benefit of academic distinction. Dr. Salaguinto graduated from Purdue in the top 10% of her class; Dr. Kennedy earned her DVM at UC Davis, currently the nation's highest-rated vet school. A few take training even further. Among DVMs is an elite group of ne-plus-ultra practitioners known as ABVP-boarded Diplomates, who are certified in one or more specialties by the American Board of Veterinary Practitioners; there are just 69 worldwide and 59 in the US. Dr. Kennedy is pursuing such certification and upon completion of the rigorous program would become the region's second Diplomate in feline medicine.

Although clinic environment helps make a vet visit easier and advanced training provides optimal healthcare, after a nearly 50-year history cat-only clinics are still largely unknown to the cat-owning public. Also still not widely recognized is the fact that cats should have a complete exam at least annually (including bloodwork for those aged eight and above); a study conducted by Bayer Health Care indicated that 52% of cats in the US do not receive regular care (Dr. Kennedy and others believe the number is much higher). The reasons include cats' independent nature—which makes the prospect of a trip to the vet an unpleasant one for all concerned—and what Dr. Salaguinto describes as a "unique ability to hide illness." When symptoms do appear, failure to recognize them can put a cat's life at risk since many life-threatening feline diseases only produce symptoms at advanced stages, so by the time an afflicted cat is diagnosed the prognosis is often grim.

For example, vomiting may appear early on but owners often consider it normal. "It is *not* normal for cats to vomit," Dr. Kennedy said. "If we can't find the reason [for it], we keep looking." Anything beyond a rare occurrence should be investigated as it can indicate a long list of serious issues, including cancer, hyperthyroidism, inflammatory bowel disease, kidney disease, liver failure, foreign body ingestion and bladder obstruction—the last two of which call for immediate attention.

Owners' tendency to misinterpret symptoms, and frequent lack of familiarity with the factors on which the choice of a clinic should be based illustrate that they really *don't* know their cats as well as they might. Efforts to remedy the situation by informing owners of cats' health needs include pet food company Royal Canin's campaign highlighting National Take Your Cat to the Vet Day. Through this campaign, the company donates a bowl of food to animal shelters for each pledge to take a cat in for an exam. These efforts, intended to get cats into a vet clinic in the first place, don't specifically advocate a cat-only practice—but such clinics are scarce in many areas.

While frequent checkups at *any* clinic can mean longer, healthier lives for companion animals, the advantages of treatment by practitioners intimately familiar with feline care in the low-stress environment of a cat-only clinic are important to consider when choosing a vet. Many such clinics even offer supplemental benefits such as microchipping. RCCC provides boarding, DVMs who specialize in dentistry, and partnerships with board certified surgeons who come to the clinic when highly complicated procedures are required, for an even more comprehensive healthcare package.

Further, RCCC offers another, uniquely local benefit: its place in the Land Park community. "I noticed that RCCC wasn't very integrated in the community—neighbors in Land Park had never heard of the clinic despite driving past it on a daily basis," Dr. Salaguinto said. "I own a home in Land Park and my kids attend [a local school]. I've volunteered at the school and make donations to local events. I have made it my mission to establish this clinic into the community."

The American Association of Feline Practitioners Website at https://www.catvets.com/ offers general information about "cat-friendly" vet practices. To learn about RCCC, visit www.weonlydocats.com or call 441-4727.



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Faces and Places:

Annual Fall Fellowship and Food Festival

Photos by STEPHEN CROWLEY
stephen@valcomnews.com

On Saturday, Oct. 14, the Chinese Community Church hosted its 34th annual Fall Fellowship and Food Festival. The festival celebrated Chinese culture with Chinese food, live music and entertainment, and activities for kids. This year, the CCC Fall Fellowship and Food Festival featured delicious Chinese menu items, including the barbecue chicken, chow mein, Chinese chicken salad, and quick appetizers such as pot stickers, egg rolls and more. Members and volunteers of the Chinese Community Church prepared the food by hand and, like always, used fresh ingredients to preserve traditional family recipes. The Chinese Community Church donates a portion of festival proceeds to support and enrich the local community each year. The church partners with a number of missionaries and non-profit organizations in the greater Sacramento area to help people in need and create greater opportunities within our community. The Chinese Community Church is located at 5600 Gilgunn Way, Sacramento CA 95822 (on Fruitridge Road between Freeport Boulevard and South Land Park Drive). Visit www.cccsac.net for more information.

















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Community looking to plant a Sakura Grove in Southside Park

Southside Park is on the cusp of creating something extraordinary and we need your help to make this happen! Sakuramento is partnering with the Sacramento Tree Foundation, the City of Sacramento Department of Parks and Recreation, and the office of Council Member Steve Hansen to bring a grove of flowering cherry trees to Southside Park this fall.

The goal is to celebrate our community's rich multi-cultural heritage by planting a "Sakura Grove" in Southside Park. The neighborhood surrounding Southside Park was once the home of many of Sacramento's Japanese families, a large portion of whom were displaced during the World War II internments. The grove aims to honor the Japanese community by bringing the experience of "hanami" (the gathering of the community under the blooming "sakura," or cherry blossoms) every spring.

With donations, Sakuramento will be able to plant 28 flowering ornamental cherry trees to create a welcoming Hanami experience. Donations will be going toward site prep, irrigation, trees purchase costs, and the all-important tree maintenance. (Once a tree is planted, the following three years of care are crucial to its long-term survival.)

Volunteers are scheduled to begin planting on Saturday, Oct. 28, so they need to raise $8,000 to cover the remaining construction and planting expenses by Oct. 16.

Donations can be made online at gofundme.com/sakuragrove or by check payable to The Sacramento Tree Foundation. The memo line should state "Sakura Grove."

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**For information about sponsoring the planting, please contact Torin Dunnavant at the Sacramento Tree Foundation: 974-4302.*

Stay updated to learn about future opportunities to support our efforts to build a new cherry tree park in along the Sacramento River and to celebrate our connections to Japan and to our local Japanese American community.

Southside Park is located between 6th and 8th streets and W to T streets.
Source: gofundme.com/sakuragrove



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Door to Door

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Steve lived with his sister and her husband. Steve was a handsome man, well built, engaging. His sister got him a low stress, part time job maintaining an office,--some clerical work, some sweeping. "He's doing great," she said. "We talk a lot. He wants a new life." She was delighted that he got on so well with her husband, a high achieving professional. One night Steve didn't come home. They called, searched everywhere. Weeping, she said, "He went back to the street."

Steve, homeless again, used up most of his money for drugs and went on the hunt. He panhandled, but didn't have much luck. Maybe he looked too fit. So he made a fist, braced himself, and slammed his fist into his mouth. He did it again, and again, until his right front tooth spilled with a spurt of blood into his hand. He told the ER doctor he'd been jumped, got a prescription for Norco, filled it, returned to his encampment across from McDonald's on K Street, ground the Norco into powder, and inhaled it up his nose with a straw. At last he felt restored. Talkative and optimistic, he snorted the drug until it was gone.

Maybe you feel sorry for Steve, enslaved by his addiction. I do. And maybe you feel sorry for his sister, a good woman who loves her brother and dreads the day she may have to identify his body. But I hope you realize that Steve will never move from the streets into any shelter or program that demands he quit taking opioids. He'll freeze in a ditch before he'll accept rehab as a condition for succor. The pull of his addiction is the profoundest thing in his life.

I feel less sorry for a couple we'll call Bob and Sue. A few winters ago they lived in a cheap apartment and both worked part-time at minimum wage jobs. One paycheck paid the rent, one paid for drugs. In May they collected a tent, folding canvas chairs, cooking utensils, sleeping bags, and moved to the Parkway. No more rent. Now both their paychecks could go 100 percent to dope, dope they snorted, shot and swallowed. They could drift in and out of an almost perpetual high that they called, 'living the life.' They wouldn't have to leave until late September or even early October. All they needed now, Sue said, was a pit-bull.

When I learned about Bob and Sue, homeless by choice, homeless by strategy, I felt, well, used. That's our Parkway, and they're two of the reasons we can't go there. With their needles and waste, they make a lavatory out of what should be an outdoor laboratory for the study and enjoyment of nature. School kids should be bused to the Parkway to experience its marvels; they should be taught to stand still on the trails and listen for the screech owl or the acorn woodpecker. They should learn to find chicory and milk thistle and watch for mule deer. This lush, protected classroom should be theirs, and ours; it shouldn't be a squalid hideout for drug users and violence prone parolees. (One statistic I see often, and from fairly reputable sources, says 45 percent of the homeless have committed violent crime. This means over half of them may be the victims of other half – hence the pit bull guard dogs).

Depending on what report you read, 20 to 35 percent of the homeless suffer from mental illness. My friend Jenny was such a one. I knew her from back in the day at Sac State. She was quiet, pretty, smart. She stayed on the fringe of our political hubbubs, finally got involved with one of the new-wave spiritual seekers, but still showed up for marches and protests. She once gave me a velvet-covered copy of the Rubyiat, from which she could recite aloud with marvelous intonation. But then it seemed that she started to crumble from within, month by month. She said voices told her she was pursued by government agents. I went with her to a psychiatrist. He said her "auditory hallucinations" and other symptoms meant schizophrenia. Her adopted family didn't like this. Schizophrenia was too much of a stigma, so they took her to multiple counselors, healers and ultimately quacks to get a more palatable diagnosis. During this time she went untreated and began disappearing for months, always coming back in worse condition.

She'd come to my flat. I always let her in because there was torment in her eyes. But by then her incessant, frenzied monologues had become inevitable, and would eventually drive me from my own place. This happened to others too, and often. None of us knew how to help her. She'd disappear again and the cycle would repeat. I finally moved to East Sac and lost contact with the old crowd. Ten years later on a January night a friend and I saw a bag lady pushing a grocery cart from Safeway. I called her name. She turned. Her hair and clothes were filthy, her face mottled, but she was Jenny. She told ghastly tales of the homeless life: rapes, thievery, and through it all the internal voices that screamed at her, cursed, and never stopped. We took her to a motel so she could bathe and sleep in safety for a few days while we tried to find help for her. She wouldn't shower but gratefully camped on top of one of the beds. The next night I went over with hot Chinese takeout, but she had gone again, back into the streets.

This meager personal knowledge the homeless leaves me with mixed emotions. I feel pity and concern for lost souls, but resent people who destroy our public places. I've seen a lot of websites, all quoting different statistics that sentimentalize, even romanticize, the homeless. Others, with different stats, rail against them.

So how does the City of Sacramento sort through this tangle of data to move the homeless to safety and save our parks and Parkway? Does the mayor lead a triage team through the bushes? If he does, I hope he makes Bob and Sue clean an acre of trash before he bounces them. But what about the 77-year-old Vietnam vet they're bound to find? This guy, addled by fortified wine and despair, needs hospital care and compassion. But his campsite needs to go.

A while ago, The Bee reported that the City is contemplating two pet-friendly shelters that will house 600 people. That seems a tad skimpy for our estimated 2,000-plus homeless, but it's a beginning.

See Door-to-Door, page 19

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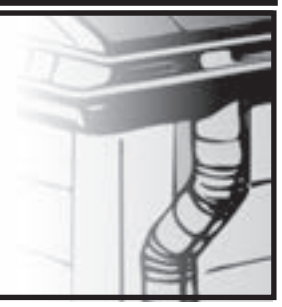

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RESERVE YOUR SPACE IN THE CLASSIFIEDS!

What's happening Pocket/Greenhaven?

THURSDAY, OCT. 19

FREE LINE DANCE CLASS: 1:00 p.m. - 2:00 p.m. "Two Left Feet" dance class for beginners. If you think you have "two left feet" this class is for you. Anyone can participate in this fun activity. Friendly group of people. Drop-ins welcome. Sponsored by ACC Senior Services. Class held every Thursday at ACC Greenhaven Terrace, 1180 Corporate Way. First class is always free. For more information call (916) 393-9026 ext 330. www.accsv.org

THURSDAY, OCT. 26

FREE LINE DANCE CLASS: 1:00 p.m. - 2:00 p.m. "Two Left Feet" dance class for beginners. If you think you have "two left feet" this class is for you. Anyone can participate in this fun activity. Friendly group of people. Drop-ins welcome. Sponsored by ACC Senior Services. Class held every Thursday at ACC Greenhaven Terrace, 1180 Corporate Way. First class is always free. For more information call (916) 393-9026 ext 330. www.accsv.org

SATURDAY, OCT. 28

FILM SCREENING OF "MOST LIKELY TO SUCCEED" AT SAC CITY COLLEGE: From 3 to 5 p.m., there will be a film screening followed by Q & A panel of local innovative school leaders.

SATURDAY, NOV. 4

MY SISTER'S HOUSE FUN RUN: The Asian Pacific State Employees Association (APSEA): My Sister's House Run/Walk for a Safe Haven fundraiser is going to be held on Saturday, Nov. 4 from 8 a.m. to noon in William Land Park, 3800 West Land Park Drive. This is a good opportunity to support an organization working toward ending domestic violence in our community. This is also a great opportunity to network with APSEA members and others in our community. APSEA has set up a team to support this great organization. Our team name is APSEA Team. The team cost is $32 for each adult member (includes a t-shirt). Hope you will consider supporting this event. To register for this event, click on link below to take you to APSEA registration page. On the right section APSEA Team, select Join Team. Then it will take you directly to the registration page. In entering your registration information, you will be asked for a team password. The team password is APSEA2017. https://raceroster.com/events/2017/13911/run-for-a-safe-have n-5k-runwalk-kids-half-mile-2017/pledge/team?id=11

CHARLES PHOENIX TO PRESENT AMERICANA SHOW AT THE CALIFORNIA AUTO MUSEUM: In partnership with SacMod, Charles Phoenix will return to the California Auto Museum for a great retro show this November! Cost is $29 per person and starts at 6:30 p.m. Charle Phoenix, the "Ambassador of Americana" unleashes his stories and glories of spectacular space-age style, amazing attractions, local landmarks, roadside wonders, fun foods, festive fashions, crazy car culture, futuristic transportation and more galore. Your imagination will be inspired and your American spirit will soar! Come for the show…stay for the Addicted to Americana book signing, classic cars and ice cream social!

SacMod and California Automobile Museum Members get one free drink coupon at check-in. The mailing address is:

2200 Front Street, Sacramento, CA 95818. For more information, call 442-6802 or fax 442-2646. Tickets can be purchased at https://www.calautomuseum.org/addictedtoamericana?mc_cid=542863b657#038;mc_eid=91045e66c5

SATURDAY, NOV. 11

SPHSS CRAB AND SHRIMP DINNER: The Sacramento Portuguese Holy Spirit Society will hold a dinner and dance at 6676 Pocket Road. Social hour starts at 6:30 p.m., followed by dinner at 7:30 and dancing from 9 to midnight. Tickets are $45 per person. For information, call 539-8101 or Manuel Azevedo at 410-2826.

SATURDAY, NOV. 18

CHARITY SHRED EVENT: Cook Realty is here to help you clean house. From 10 a.m. to 2 p.m., protect yourself from identity theft by bringing out all your unneeded confidential paper to be shredded by RID – Rapid Information Destruction. You can see the documents shredding in front of you; there will be a camera on site at Cook Realty, 4305 Freeport Blvd. $5 per box; $3 per grocery bag. Checks can be made to Cook Realty Charitable Foundation, Inc., Tax ID #26-1074718. Call ahead to let them know you are coming. Once the truck is full, it's gone. For more information, call Meena Chan Lee (dre #01082594) at 837-9104 or email meenachanlee@gmail.com.

SATURDAY, DEC. 2

FIFTH ANNUAL DANDELION ARTS & CRAFTS SHOW: The Sacramento Senator Lions Club presents this free admission and free parking event at the Sacramento Buddhist Church, 2401 Riverside Blvd. from 9 a.m. to 3 p.m. All sales profits go to support various community projects. Visit sacramentosenatorlions.org to see how the Sacramento Senator Lions Club serves the community. For event information, email senatorlionsevents@gmail.com

FAITH PRESBYTERIAN CHURCH CHRISTMAS BOUTIQUE: This is an "all hand-made" craft event from 10 a.m. to 3 p.m.. All vendor fees are donated to the non-profit organization, "One Child, One Hen" which provides chickens and an egg laying business source of food and income for families in Kenya.

ONGOING

THE CLARKSBURG COMMUNITY BAND INVITES YOU TO JOIN: How about dusting off that horn and getting involved! The band is a group of musicians that enjoys sharing a love of music with each other and our communities. The band is looking to expand the ensemble and wants to welcome those who are interested and who play a standard concert band instrument. The band meets Tuesday evenings from 7:30 to 9 p.m. at Delta High School, 52810 Netherlands Ave., Clarksburg. For more information contact Randall Veirs, Delta High School Band Director at rveirs@rdusd.org

FREE LINE DANCE CLASS: Every Thursday from 1:00 p.m. - 2:00 p.m. "Two Left Feet" dance class for beginners. If you think you have "two left feet" this class is for you. Anyone can participate in this fun activity. Friendly group of people. Drop-ins welcome. Sponsored by ACC Senior Services. Class held every Thursday at ACC Greenhaven Terrace, 1180 Corporate Way. First class is always free. For more information call (916) 393-9026 ext 330. www.accsv.org

BELLE COOLEDGE LIBRARY VIDEO GAMES AND VIDEO GAME SYSTEMS DRIVE: The Belle Cooledge Library is looking for video games and working game systems for our afterschool teen space program for next year. If you have any video games or working game systems that you would like to donate please bring them to the Belle Cooledge Library and we will provide a tax receipt. What is Teen Space? Join other area teens in our community room for our afterschool Teen Space! Hang out, geek out and mess around with friends and snacks! Seriously, what could be better? Teen Space occurs weekdays from 3 - 5 PM (except Thursdays 1:30 - 5 p.m.), is free, and open to teens between the ages of 12 - 18. (During the school year) All Library programs are free and open to the public a library card is not required! Belle Cooledge Library is located at 5600 South Land Park Dive. Library hours are Tuesdays noon to 8 p.m.; Wednesdays and Thursdays 10 a.m. to 6 p.m.; Fridays 1 to 6 p.m. and Saturdays 10 a.m. to 5 p.m.

VOLUNTEERS NEEDED FOR "SUNDAY JAZZ": Come and join our Sunday Jazz event committee for events held the Second Sunday of every month at the Elks Lodge. If any of you would like to volunteer and enjoy listening to good music at the same time, please let organizers know. Hours to volunteer would be 11:30 a.m. to approximately 4:30 p.m. Please contact Clayton Hablitz at: Clayton39.ch@gmail.com Cell number 916 706-9837 or email Lori548@yahoo.com. Cell number 650-200-8570. Come on down & enjoy the fun!

DO YOU HAVE AN UPCOMING OR MONTHLY EVENT?
Let us know.
e-mail Monica: editor@valcomnews.com

– EVENT CALENDAR –



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Saturday, November 4th
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916-972-0336

Holiday Arts & Crafts Festival
SATURDAY OCTOBER 28th, 2017
9A.M. TO 3P.M.
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Saturday, Dec 16, 2 pm
Sunday, Dec 17, 2 pm 2017
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DeaneDanceCenter.com

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(916) 429-9901

What's happening Pocket/Greenhaven?

WEDNESDAY COFFEE AND CONVERSATION GATHERING: Every Wednesday morning from 7 to 10 am., join neighbors at Cafe Latte, 7600 Greenhaven Drive, for conversation and fun. Find the group back near the piano.

IN CREATIVE COMPANY MEET UP AT ROBBIE WATERS POCKET-GREENHAVEN LIBRARY: Held on the 2nd and 4th Tuesdays of each month from 1 to 3 p.m, this meetup was started to allow participants from past and current "In Creative Company" classes to continue meeting. Any artists or crafters who are interested in this social group are welcome to join--just bring whatever you're working on and come on in! 7335 Gloria Drive.

"ALL IN" SENIOR SOCIAL HOUR – The Pocket Library will provide games, refreshments, conversation, and fun on the last Wednesday of each month from 1 to 3 p.m.! Games available to play include poker, chess, Scrabble, checkers, Dominos, Mahjong, cribbage, and more! Robbie Waters Pocket-Greenhaven Library, 7335 Gloria Drive, Sacramento.

ROTARY CLUB OF SOUTH SACRAMENTO: The friendliest club in Sacramento, the Rotary Club of South Sacramento meets every Thursday from 11:30 a.m. to 12:45 p.m. at the Casa Garden, 2760 Sutterville Road.

VINTAGE HOT RODS AND CLASSIC CARS AT LAKE CREST VILLAGE: Starting May 12 through Oct. 13, 2017, cars will be displayed on the 2nd Friday of each month from 5:30 to 8:30 p.m. at Lake Crest Village Shopping Center corner of Florin Road and Greenhaven Drive. The June and August events will be held on the first Friday of those months. Come take a look, many of these cars participate in special events in the area. For more information you can contact Tony Antonucci at 916-606-5459.

SUNDAY BREAKFAST BUFFET AT THE ELKS LODGE, NO. 6: From 8:30 to 11 a.m., enjoy eggs, omelets, corn beef hash, bacon or sausage. 6446 Riverside Blvd.

SOROPTIMIST INTERNATIONAL OF SACRAMENTO SOUTH: Meetings on the second and fourth Tuesday of the month at Aviators Restaurant, Executive Airport, 6151 Freeport Blvd. For more information, call Dee at 341-7852.

JOB COACH APPOINTMENTS AVAILABLE AT POCKET LIBRARY – Make an appointment to meet one-on-one with a volunteer job coach and get help with online job searching, using library databases, interviewing tips, resume writing, and more. For questions or to schedule an appointment, please ask at the library service desk or call 916-264-2920 during open hours. Appointment times are available for most Wednesdays between 1 p.m. and 3 p.m. at Robbie Waters Pocket-Greenhaven Library, 7335 Gloria Drive, Sacramento.

TECH HELP APPOINTMENTS AVAILABLE AT POCKET LIBRARY – Have a technology question or problem? Sign up for a one-on-one technology help session with our staff. We can help with basic computer, Internet or e-mail questions, and/or get you started with library services like e-books or e-magazines! Stop by the service desk or call 916-264-2920 during open hours to make an appointment. Appointment times are available for most Wednesdays between 4 p.m. and 7 p.m., Thursdays between 1 p.m. and 3 p.m., and Saturdays between 10 a.m. and noon, at Robbie Waters Pocket-Greenhaven Library, 7335 Gloria Drive, Sacramento.

BABY/TODDLER STORYTIME AT POCKET LIBRARY – Babies and toddlers (ages 0 to 3 years) and their caretakers are invited to join us for songs and rhymes. Arrive extra early or stay later for extra social time with other children and parents. Tuesdays and Thursdays, from 11 a.m. to 11:20 a.m. at Robbie Waters Pocket-Greenhaven Library, 7335 Gloria Drive, Sacramento.

KNIT TOGETHER AT POCKET LIBRARY – Love to knit? Want to learn? Join us for expert advice, great conversation and more. All crafters are welcome, not just knitters! Every Friday from 1 p.m. to 3 p.m. at Robbie Waters Pocket-Greenhaven Library, 7335 Gloria Drive, Sacramento.

BABY STORYTIME AT BELLE COOLEDGE LIBRARY –Nursery rhymes, fingerplays, simple stories, and songs designed to encourage a range of early literacy skills. For children up to about 18 months old. Each child must be accompanied by a participating adult. Tuesdays at 12:30 p.m. at Belle Cooledge Library, 5600 South Land Park Drive.

TODDLER STORYTIME BELLE COOLEDGE LIBRARY – Toddlers ages one to three and their caregivers will enjoy fun songs, stories, and fingerplays. After the storytime, there will be a stay and play group. Thursdays at 9:30 a.m. at Belle Cooledge Library, 5600 South Land Park Drive, Sacramento.

PRESCHOOL STORYTIME AT BELLE COOLEDGE LIBRARY – Preschoolers ages three and older and their caregivers are invited for fun songs, stories, fingerplays and a play activity. Thursdays at 11 a.m. at Belle Cooledge Library, 5600 South Land Park Drive, Sacramento.

SING ALONG WITH MISTER COOPER - Join neighborhood favorite Mister Cooper for 30 minutes of music time and freeze dancing for families. Saturdays from 11 a.m. to 11:30 a.m. at Belle Cooledge Library, 5600 South Land Park Drive, Sacramento.

HOMEWORK ZONE AT BELLE COOLEDGE LIBRARY – Teen and adult volunteer homework coaches will be available to assist students in grades K-8 with homework assignments. Please note: Homework Zone ends on June 8, 2016. Space is available with coaches on a first-come, first-served basis. Wednesdays from 4 p.m. to 5 p.m. and Thursdays from 3 p.m. to 5 p.m. at Belle Cooledge Library, 5600 South Land Park Drive, Sacramento.

YOGA CLASSES AT PARKSIDE COMMUNITY CHURCH: **Svaroopa ©/Restorative Yoga** classes are a journey into yourself. Beginning by walking through the door, settling in a relaxation pose, guided through self awareness, breathing and poses. The poses are propped to meet your deepest muscular tension. As the support of props, specific alignments and the weight of your body gently reach into these deep tender areas, your spinal muscles release and let go. Side effects of this deep release are Bliss, resolving stress and fear, and a deep appreciation of yourself. Physical effects that have been reported are pain relief, improved respiratory, circulatory, immune, neurological systems and more. Walking out of the class you feel a greater sense of wellbeing. This is a body, mind and spirit filled experience. Thursdays 7:15-9:00pm advanced. Questions 916-833-9444.
Hatha Yoga – breath, meditation, and postures with various forms of movement to help release tension throughout the entire mind and body. You'll sweat a little, relax a lot, and leave feeling strong, calm and connected.
*Hatha Flow is Level 1-2 class and is suitable for active beginner and intermediate students. Wear comfortable, form-fitting clothes. Questions, Call (718) 578-5258 or email: eva@evacollins.com
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Police Logs

The information provided allows for a timely snapshot of significant events in our community. The crimes reported here are preliminary investigations, taken in the field by patrol officers, and may or may not be assigned to a Detective for further investigation. The information provided may be found after further investigation to be incorrect or false. Certain details of these incidents have been removed due to potential follow up investigation into the incident and/or for privacy rights.

FRIDAY, SEPT. 29

(Robbery): 7400 block of Rush River Drive at 3:29 p.m.

Officers responded for a report of a robbery to the business. Officers arrived and contacted store employees. Officers determined a suspect entered the pharmacy area of the business and demanded narcotics from the employees. The suspect fled the business with numerous prescription drugs. The suspect was gone prior to officer's arrival. Officers canvassed the area for witnesses and evidence. A report was taken to document the incident.

SATURDAY, OCT. 7

(Arrest): Florin Road and South Land Park Drive at 3:26 p.m.

Officers were on an unrelated call in the area when they observed a suspect from a report they had taken on their previous shift. The report they had taken was related to the theft of a firearm. Officers were able to safely detain the individual. Through their investigation the officers were able to determine the suspect had stolen the gun, but had already sold it. The suspect was arrested and transported to jail.

SUNDAY, OCT. 8

(Medical Aid): 7600 block of Pocket Road at 5:57 p.m.

Officers responded to the area regarding a subject who had swam into the river. The subject was swept downstream by the fast-moving current. Officers as well as the Sacramento Fire Department responded to the area. Rescue personnel utilized boats and a helicopter in an attempt to locate the subject, however he was not located.

TUESDAY, OCT. 10

(Death Investigation): 2700 block of Ramp Way at 7:40 p.m.

Officers were called to the area regarding a possibly deceased subject. When officers arrived they located a body in advanced stages of decomposition. Officers did not locate anything suspicious at the scene. The Sacramento County Corner arrived and did not observe any obvious trauma to the body. The case was forwarded to the Sacramento County Corners' office.

Door-to-Door

Continued from page 14

Women and children should certainly be sheltered and those shelters protected by real police. Some politicians are sure to oppose this and say it's too costly and is throwing money at the problem. But they're repeating a rather tiresome cliché. The truth is, if you throw money at a problem and it hits the problem, and helps solve the problem, that money is well thrown.

I hope the City will provide protected shelter for the needy, while at the same time returning our parks and Parkway. It built an arena with luxury parking, but that project was about money and status. This project is about serving our downtrodden (whether we like them all or not) and conserving our green spaces.

The last I heard Steve went to Seattle where some homeless males travel in aggressive bands. I don't know what's going on with Bob and Sue today, but doubt they have abandoned drugs. Jenny is dead. Her life was too hard and though she looked old and battered, she died too young.











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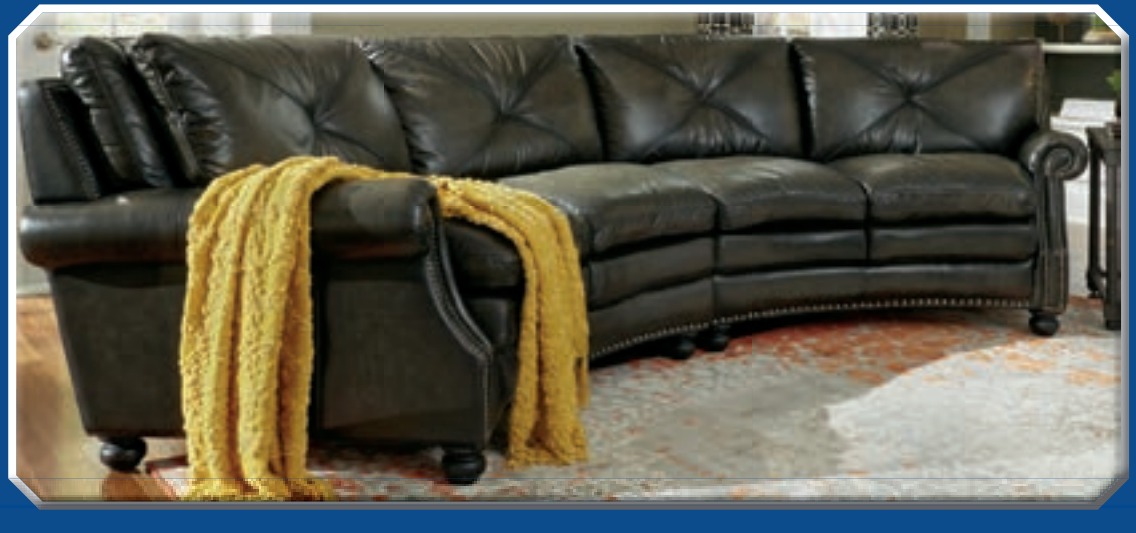

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