September 7, 2018 | www.valcomnews.com

Pocket News

— BRINGING YOU COMMUNITY NEWS FOR 27 YEARS —



Meet Your Pocket Area Lending Team



Greg Louie
916-226-5277 direct
glouie@gflcapital.com
NMLS #11394 CA BRE #01815712

GFL CAPITAL MORTGAGE

Brian S. Chan
direct **916-277-0737**
bchan@gflcapital.com
NMLS #354805 CA BRE #01867336



www. **GFLCAPITAL.com** » **(916) 823-3333** » **1100 Corporate Way, Ste 210, 95831** » **BRE# 01846524 NMLS# 64367**

CLASSIC GREENHAVEN



4 bed, 2 bath ranch style home with 1,797sf, per county, built in 1964 and set back on a larger (. 18 Acre) lot with solar heated pool. Updates include newer gas heat, gas cook top, dual pane windows/slider/french doors, laminate flooring, hardwood in 3 bedrooms (per seller), newer gutters and clear pest report with new deck in side yard.

15 Lakeshore Circle • $442,888

CUSTOM RANCH STYLE HOME



Dramatic Price Adjustment! Original owners' family trust selling this 4 bed, 2 bath ranch style custom home of 2,099 sf, per county, built in 1973 on a .22 Acre corner lot in SLP Terrace. 300 sf addition includes a 2nd chinese kitchen & retreat area reflected in Co.Records, completed approx. 1,980, per trustee. Composition roof was installed march 2017, new gas heat & air installed march 2016. Brick firepalce with gas in family room never been used.Whole house fan, 4 security screen doors+alarm.

4148 Canby Way • $415,000



BERKSHIRE HATHAWAY HomeServices | Drysdale Properties CalDRE #00842218

CRS CRB MASTERS CLUB SACRAMENTO ASSOCIATION OF REALTORS®

Nick LaPlaca
(916) 764-7500

24 Hour Info @ www.NickLaPlaca.com

The Opioid Epidemic:
Introducing the Forum Panelists

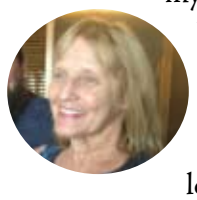
By Terry McSweeney

Editor's Note: Terry McSweeney will host "The Forum on the Opioid Crisis" with the support of the Valley Community newspapers on Saturday, September 15 from 1:30-4:30pm at the Pocket Library. September is Pain Awareness Month. This is the 4th of the 4 part series on various aspects of the opioid crisis.

We believe we have found the best panelists possible who will present their points of view and answer questions from the audience. Let me introduce each of them to you in alphabetical order.

Richard Alacala: Clinic Manager for the Transitions Clinic in Oak Park. He has been with the clinic since its inception 10 years ago. He believes he has the best job ever helping people take their lives back from addiction and seeing the results.

Dr. Neil Flynn MD, MPH: Dr. Flynn is an internist and infectious disease specialist. He received his MD from Ohio State, did his residency at Lorna Linda University in 1976. He also did training in infectious diseases at UC Davis. He now concentrates his efforts on improving services offered by the Transitions Buprenorphine Clinic in Oak Park. He realized the potential that Buorenorphine had in treating opioid-dependent people and so has continued to improve the programs at Transitions Clinic.



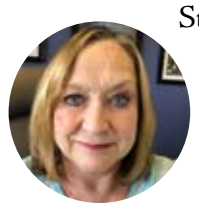
Suzanne Jarret: Fibromyalgia patient who was diagnosed 12 years ago. She said, "My legs hurt so much I cried myself to sleep." While getting her Masters her pain became widespread. When she finally got a state job and insurance she continued her search for answers. Eventually she found a doctor who didn't know what was wrong, but prescribed opiates anyway. She began taking 4 Norcos , 180mg of Morphine, and 90mgs of Oxycontin daily. She didn't know what she would do if she ran out. In 2017 she entered a detox facility, and quit cold-turkey, almost dying.. Now she takes marijuana which kills the pain 100%, but can't use it more than once a week because of what it does to her mind. Now all that really works for her are hot baths.



Jennifer Kroplin: Director of Marketing and Sales, Parkside Compounding Pharmacy: Jenni regularly en- gages with customers regarding their prescriptions, as well as building relationships with many practitioners in the region. As a member of PCCA, Professional Compounding Centers of America, she participates in ongoing training and education with the newest scientific developments for patients in every area. This includes educating our community and practitioners about compounding for chronic pain, autoimmune diseases, and non-narcotic compound, Low Dose Naltrexone (LDN). Jenni is excited to offer our community an alternative to traditional opioid therapy.



Chuck McGee III: He is a Wim Hof instructor who has used this method to turn his life around, man aging diabetes, losing weight, and improving his athletic and mental performance. This method helps him give others the tools to help manage their pain to avoid stress and pills.



Susan McKee: Chief of Staff for County Supervisor Patrick Kennedy-

See Panalist page 4

POCKET NEWS
WWW.VALCOMNEWS.COM

E-mail stories & photos to: editor@valcomnews.com
Editorial questions: (916) 267-8992

Pocket News is published on the first and third Fridays of the month in the area bounded by Interstate 5 on the east and the Sacramento River on the north, west, and south.

Publisher ..... David Herburger
Editor ..... Monica Stark
Art Director ..... John Ochoa
Graphic Designer ..... Annin Greenhalgh
Advertising Director ..... Jim O'Donnell
Advertising Executives: ..... Melissa Andrews, Linda Pohl

Copyright 2018 by Valley Community Newspapers Inc. All rights reserved. Reproduction in whole or in part without written permission is prohibited.

Vol. XXVII • No. 17

1109 Markham Way
Sacramento,
CA 95818
t: (916) 429-9901
f: (916) 429-9906

Cover photo by:
By Various

Pocket business feature: Grocery Outlet



The Pocket Greenhaven Community Association's Featured Business is Grocery Outlet. What follows is a question and answer with Devin Lavelle of the PGCA and Grocery Outlet's owners and management team, Richard and Christie Wierzbick.

Devin: Thanks for taking the time Richard & Christie, I love dropping in. You just never know what fun treats you'll find, it's so much fun! Can you tell me a little more about your store?

Richard: We are the proud owners of the Pocket Grocery Outlet, recently celebrating 5 years serving the Pocket/Greenhaven neighborhood and surrounding community. We are in a partnership with Grocery Outlet and bring quality name brand products for sale with savings from 40-60% less than conventional stores. We offer a large selection of our NOSH items (Natural, Organic, Specialty & Healthy) as well as health and beauty, general merchandise, fresh produce, dairy, fresh meat and fish, beer, wine & spirits. Grocery Outlet is the largest opportunistic food purchaser in the United States.

Devin: You two are local, right?

Christie: We are! We have lived in the Pocket neighborhood since 2002 and love taking advantage of all that is offered here. Including water & boating activities, bike trails, wonderful parks, friendly neighborhoods & the relaxing ambiance. You will also run into us often on one of our local winery visits with friends. Along with enjoying our neighborhood, we also take trips to Tahoe & the Coast. We're a family business. We have 3 sons, Tyler, who helps us on occasion when he is not attending classes In Monterey. Brandon & Derrick and our daughter in law, Anna who also work with us at the store, and have all been a tremendous asset!

Devin: That's great! It must be wonderful spending so much time with family. Aside from the short commute, why did you choose to do business in the Pocket?

Richard: We applied for the Pocket location because, having lived and worked in the community for so long, we both knew how much the community would benefit from having a store of our dynamics to serve them. We love interacting with the community and neighbors. Over the past 5 years we have developed friendships with our customers, & also offered our help to those in need. On a regular basis, we deliver food and goods to South Sacramento Interfaith Partnership (SSIP) with whom we have wonderful relationship. Last year we donated over $25,000 in food. We recently had a Food Drive, and our customers donated over $6,000.00! 100% went to SSIP!

Devin: That's tremendous! One of our Board Members serves with SSIP so we know how critical your support is. What's your best kept secret that we don't realize we should be buying?

Christie: Well I love seeing and smelling the beautiful flowers and fresh plants in our store, but they would be even nicer in your living room. And at deep discount prices, no less!

Devin: They are beautiful. I think I've noticed some changes around the store recently?

Richard: Yes, we are now offering fresh fish in our meat department. We've always been well known for our beer & wine discounts, but we now have a Spirits license as well. Speaking of wine, our fall 20% off sale will be coming soon! You can get all the details and sign up for our ads and specials at groceryoutlet.com.

Great tip! Thanks for taking the time. We'll see you soon at 6419 Riverside Blvd.

Local businesses interested in being featured can visit featured.pocketgreenhaven.org.

TURN-KEY LENDING & REALTY TKLendingRealty.com



Mike Lee
Broker
916-801-3899
MikeLeeLoans@gmail.com
CalDRE# 0172405



The Heart Of Greenhaven
Brand new hardwood floors, new windows and a remodeled kitchen with all new stainless steel appliances. Open floor plan, big bedrooms and oversize Master bedroom with a walk in closet is just what you been looking for.
6130 Riverton Way
$528,000
3 Beds, 2.5 Baths, 2,059 sqft
PENDING



Move-N-Ready
Come see this beautiful corner lot house. It has a great open floor plan with high ceilings and full wet bar to entertain. The backyard is amazing the bedrooms are good size and the large Master suite with walk in closet is just what you need.
6824 Harvest Oak Court
$435,000
4 Beds, 2.5 Baths, 2,366 sqft
PENDING

acc SENIOR SERVICES



What's New in September?

Life-Changing Lighting - Tuesday, September 11, 11:00am-12:00pm; Free

Diabetes 101: Better Office Visits - Friday, September 14, 3:00-4:00pm; Free

The Art of Hokusai - Thursday, September 20, 1:00-2:30pm; $6/$8 drop-in

Cell Phone Use While Driving - Tuesday, September 25, 2:00-3:30pm; Free

Medicare 101 - Tuesday, September 25, 4:00-5:00pm; Free

For more information or to register, contact Anna Su at (916) 393-9026 or classes@accsv.org.
For a complete list of our classes and free workshops, visit our website at www.accsv.org.

7334 Park City Drive, Sacramento, CA 95831 • www.accsv.org

Angel's Nest
CHILD DEVELOPMENT CENTER
• FULL AND HALF DAY PROGRAMS BETWEEN 7AM-6PM
• SERVING AGES 2-5 IN A FAITH-BASED SETTING WITH EMERGENT CURRICULUM!
NOW ENROLLING!
GREENHAVEN LUTHERAN CHURCH • 475 FLORIN ROAD • (916) 428-4651
VISIT OUR WEBSITE FOR MORE INFO! WWW.ANGELSNESTCDC.COM

YEE LAW GROUP
Your Lawyer Should Know As Much About You As They Do About the Law... Talk to Mike Yee
ESTATE PLANNING & PROBATE
Practice Areas:
- Wills & Trusts
- Probate
- Trust & Estate Litigation
- Trust Administration
- Conservatorships
- Business Succession
- Real Property



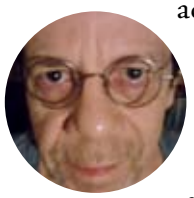
Mike Yee
Incorporating timeless values and the experiences of the past to reach the best possible outcomes for our clients, today and in the future.
Call 916-927-9001 for Free Consultation
mylawyersllp.com
See our awesome reviews on: yelp
4010 S. Land Park Drive, Suite B, Sacramento 95822

Panalist

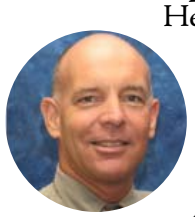
Continued from page 2

Susan is a member of the Bar in Washinton D.C. and California. She has worked for elected officials off and on since 1980. She worked for Congressman Vic Fazio from 1994-1998 and was District Director for Assemblyman-then-Senator Darrell Steinberg for 15 years.

Nick Mori: Program Planner Sacramento County Public Health: He has been with Sacramento County Health since 2001. He works on many public health issues including homelessness, alcohol and drugs, mental health, and public health accreditation. He earned his Bachelor of Science in Animal Physiology and Neuroscience from UC San Diego and his Master of Public Health from Emory University.



Michael Perez- He is an activist for the chronically ill and injured who is permanently disabled. He wants the chronically ill and injured to receive the medication they need to survive. His main concern is that doctors are being pressured to not prescribe, pharmacies to not dispense, and insurance to not cover opioid medications over the amounts recently imposed on them for fear of prosecution. This is all despite the patient's condition, which is obviously not being considered in the solutions being proposed. What and how many doctors decide to prescribe is being over ruled. Those with the power to enact these limits are neglecting the legitimate need for pain medication.



Dr. Christopher Zegers: He joined Kaiser Northern California Department of Psychiatry in 1991. After joining Kaiser, he became boarded by the American Board of Psychiatry and Neurology in 1993. In January 2006 he joined the Chemical Dependency Department. He then became double boarded in Addiction Medicine. He now works out of the Chemical Dependency Department in a special intensive day treatment program. He works as the Psychiatrist/Addictionologist on a team where we help people who have serious difficulties with co-occurring Psychiatric disorders and substance abuse problems. This month long program has had remarkable success in keeping people out of the hospital and changing their lives for the better. His philosophy is to partner with the patients by giving them all of the knowledge he can and help them make the best informed decisions that they can. Medications are a frequent part of treatment but need to be supplemented with healthy life styles and wisdom.

There may be more panelists joining us so please join us to find out who. If you know of any more, such as legislators, caregivers, chronically ill patients, nurses as well as others who may have experience with the opioid crisis, including those addicted or their families who might be interested, please call or text Terry at 916-204-7199. Also if there are any medical marijuana experts who have experience with cannabis aiding in the elimination of opioid addiction, please call Terry or Monica. (916) 267-8992)

Terry McSweeney is a Certified Fibromyalgia Advisor, Graduate of the International Fibromyalgia Coaching Institute, Founder of FibromyalgiaPathways.com, Founder of the Sacramento Fibromyalgia Support Group, Member of Leaders Against Pain in conjunction with the National Fibromyalgia & Chronic Pain Association, and Chairperson of the Sacramento Together Walks for Fibromyalgia Awareness held at the Capitol each May.

SusieSellsSac.com



Susie Kuwabara Parker
Realtor® BRE#00833025
916-768-8494
4305 Freeport Boulevard, Sacramento 95822
Native Sacramentan
Pocket/Greenhaven
SPECIALIST
MASTERS CLUB
COOK REALTY



Hard to find 1-Story in Gated Riverlake!
1044 E Landing Way $799,000
Inviting home.entry opens to gorgeous marble floors,very bright,open & spacious floorplan. Kitchen loaded with upgrades, black granite counters, subzero refrigerator & lg pantry. Great for entertaining,living room has a projection theater & surround sound system in 2 rooms.
3/4 Beds / 3 Baths / 3,078 SqFt



1280 Grand River Drive
$625,000



902 Lake Front Drive
Coming Soon



35 Sage River Circle
$399,000



Brownie's Lounge founder reminisces about his long career in the bar business

By LANCE ARMSTRONG

A month has passed since Clair "Brownie" Brown, founder of Brownie's Lounge in the South Hills Shopping Center, began settling into his new life as a retiree.

After more than a half-century in the bar business, he is certainly in very unfamiliar territory.

Brown, 85, said that he was in the bar business for so long that he has no idea how he will spend his retirement years.

As for his departure from Brownie's Lounge, Brown mentioned that he sold the bar after losing his lease on his business space at 5858 South Land Park Drive.

"(The property owners) came to me one day and said, 'You're out of here," he said. "I didn't renew my (five-year) option, and the girl from the company said, 'Didn't you look at your lease? I said, (expletive), I don't even know where my lease is."

Brown, who resides in the Pocket area with his wife, Carolyn, noted that he had hoped to operate Brownie's Lounge until he was at least 90 years old.

The bar – which has retained the name, Brownie's Lounge – has instead been leased to the owners of Florez Bar & Grill, which is also located in the South Hills Shopping Center.

Brown, who has one daughter and two grandchildren, noted that at the time of his retirement, he had already achieved a significant milestone in local bar history.

"I owned a bar longer than any one single owner (in Sacramento)," he said. "There was Ronnie (Alvernaz) over at the Distillery. He went out of business. He was next to me. Then there's the (Joanne Martin-owned) Flame Club. But no one has been close in years."

Brown added that he believes that small, neighborhood bars are "on their way out."

Long before establishing himself in the bar business, Brown began his life in Yuba City. He was one of the 10 children of Leo and Hazel Brown.

A 1951 graduate of Modesto High School, Brown served in the U.S. Air Force from 1953 to 1957. He was stationed in Japan before being discharged at McClellan Air Force Base.

It was also during the 1950s when Brown acquired his first job in a bar at The Stable, a pizza and beer business at 4563 Freeport Blvd. He was hired while taking general education classes at Sacramento Junior College – now Sacramento City College.

Brown also worked for some time at a Union service station at 131 Capitol Ave. (now Capitol Mall).

While working at the Union station one evening, Brown was approached by a man who informed him that someone was hollering for help in the Sacramento River.

After running to the river with another service station attendant, Brown eventually discovered a man hanging onto a limb in the river, near the Tower Bridge.

Brown said that he made the decision to go into the river to save him.

"I told the guy, 'Don't grab me, I'll grab you,'" he said. "I didn't want him to pull me down, because we could go right between the barges. So, I reached and he grabbed me and he scratched my nose and I got away from him.

"I swam back around and I raised my hand up and I grabbed him, so he couldn't grab me, and then I swam toward the beach. I finally got mud on my toes and I got him up on the beach. I never heard who the guy was."

Brown later took a job at The Captain's Table, a cocktail lounge that was located at 4350 Riverside Blvd., in the area where Scott's Seafood Grill and Bar is now located. He also worked at the Gas Lamp bar at 4450 24th St.

Brown purchased the Gas Lamp in 1966, and the place became known as Brownie's Gas Lamp.

While working behind the bar at Brownie's Gas Lamp in 1976, a man entered his business with a gun.

Brown bumped the man's gun while handing him cash from the register.

The robber reacted by firing the gun at Brown. The bullet came so close to striking Brown's head that he could feel it sail through his hair.

But that incident was far from an isolated one, Brown noted.

"I had 21 armed robberies," he said. "I was shot at three times. Once in the back of my (pant) leg, once over my shoulder and once through my hair."

Brown also mentioned a New Year's Eve party at the Gas Lamp in 1970.

During that celebration, four men rushed in the bar at about 1:30 a.m., fired two shots and departed with about $850 in cash. One of the shots flew above a bartender's head.

Brown recalled an incident in which he searched for a man who had robbed him at his bar.

"I go down this street (with a gun) and here's this car and this guy is taking his mask off," he said. "I go, 'Freeze.' If he had a gun he would shoot me. Well, I'm going to shoot him. Anyway, the guy laid down on his seat, and I didn't know he had his engine running. I thought I had him, but he hit his accelerator with his hand and took off. I fired six shots at the car. The guy got away."

Although Brown said he retired his guns before opening the current location of Brownie's Lounge, he mentioned that two very dangerous situations occurred at the bar in more recent times.

"Four years ago, a car ran into the other (neighboring business space) and came into the bar and ruined the jukebox and everything," he said. "The other night, on March 4, a girl came in the parking lot, didn't step on the breaks, didn't turn the wheel, and drove right straight into the front of (Brownie's).

"I had to take the booths all out that were destroyed. The jukebox, the ATM machine, and (some) stools were (also) destroyed. She didn't take out the bar though. (The latter incident) caused $46,000 worth of damage to the place."

While working as a bar owner, Brown has tended the bar, cooked meals and socialized with his thousands of customers.

He also participated in the Honourable Guild of St. Patrick's Day Mummers' annual evening parade in Sacramento from 1960 to 1997. That organization, which he co-founded, named Brown as the Irishman of the Year in 1977.

The Irish theme has also been notable at Brownie's through many St. Patrick's Day celebrations and weekly corned beef and cabbage lunches.

Asked to summarize his many years in the bar business, Brown said, "It's been one hell of a ride."



Photo courtesy of Clair Brown
Shown in this 1993 photograph at Brownie's Lounge are bartender Sharon Masters, owner Clair Brown, bartender Rachael Houx, an unidentified, bartender and bartender Debbie Deacon.

FUNERAL DIRECTORY
Call Melissa at (916) 429-9901
www.valcomnews.com

GEORGE L. KLUMPP
Chapel of Flowers FD360
2691 Riverside Blvd.
(916) 443-7917
KlumppsFuneralHome.com
Newly renovated.
Reception room available.
A fully accommodating, caring staff.
Serving Sacramento since 1921.

Harry A. Nauman & Son
Dignity
FD366
4041 Freeport Blvd
Sacramento, CA 95822
(916) 452-6157
Serving Sacramento Families since 1903.
Pre-arrangement packages available.

East Lawn
Memorial Parks, Mortuaries & Crematory
(916) 732-2000
EastLawn.com
4 Sacramento locations serving families since 1904

Sacramento's largest Japanese cultural & food bazaar celebrated its 72nd year



Photos by Joe Perfecto
One of several games of chance offered prizes of various Asian foodstuffs.

By Joe Perfecto

Dating from the latter days of Eisenhower's second term, motorists traversing the intersection of Riverside Boulevard and X Street during the second full weekend in August encounter great clouds of smoke and lots of activity at the building on the southwest corner. Located on that spot since 1959 are the temple and large compound of the Buddhist Church of Sacramento; both the church and a certain smoky summer event have long histories here.

The second-oldest Jōdo Shinshū Buddhist Temple in the contiguous 48 states, the church was founded in the city's Japantown section in 1899 at 1221 3rd St. and moved to 410 O St. a year later; when redevelopment in Downtown's West End essentially obliterated Japantown in the late 1950s, the church relocated to its present site.

That wall of smoke that typically moves across X Street is dense with the aromas of teriyaki and sizzling meats; this and the car-filled streets and curbs and pedestrian-packed sidewalks are sure signs that the church's annual Bazaar is in full swing. A celebration of Japanese culture, the popular event is a major fundraiser supporting the church's operations and numerous programs and affiliated organizations. Now in its 72nd year, each presentation of the Bazaar is made possible by many hundreds of volunteers from the congregation's 850-plus families, these volunteers spanning an age range from seven to 90, among the latter being some longtime churchgoers who more than 60 years earlier attended services at the church's O Street location.

The Bazaar originated during the early postwar period as a component of efforts to rebuild the local Japanese-American community that had been dismantled by the widespread displacement imposed by FDR's Executive Order 9066, which in February, 1942 relocated citizens and resident aliens of Japanese descent to some 60 internment camps across the nation. Initially a primarily social festival focused on sharing Japanese cuisine and building social cohesion among the local ethnic cohort, over time the festival morphed into a fundraiser that attracted a wide range of attendees both local and regional with an expanded program of cultural displays and demonstrations such as calligraphy, classical dancing, concerts, doll making, flower arranging and Taiko drum performances. This year's Bazaar also included lectures on Buddhism; a booth for the Japanese language school that sold assorted trinkets

See bazaar page 7

Community Worship

Faith Presbyterian Church
625 Florin Road *(adjacent to Kennedy High in Greenhaven/Pocket)* • 428-3439
A community loving Christ, building disciples, serving all
Worship Sunday 9 and 11 am
• Sunday School, Bible Study, Childcare • Youth Activities
• Family Programs • Adult Education

River's Edge Church
6449 Riverside Blvd. • 391-9845
Sunday Worship: 9:00am & 10:45am
www.recsac.org

Greenhaven Neighborhood Church
630 Ark Way • 422-8253
Sunday School Bible Study: 9:15am • Sunday Worship: 10:30am
Weekly Bible Studies - Jr/Sr High Events

St. Anthony Catholic Church
660 Florin Road • 428-5678
stanthony-sacramento.org
Sunday Masses: 8:00am, 9:30am & 11:15am (Saturday vigil, 5:00pm)
Daily Mass: 8:00am Monday-Saturday

GROCERY OUTLET bargain market
YOUR NEIGHBORHOOD GROCERY STORE!
Open daily, 7am–10pm
6419 Riverside Blvd, 95831


The Rhythm Symphony
Ages 3½ thru adult
Private piano instruction
Over 30 years of teaching experience
Give the Gift of Music

(916) 238-8072

Bazaar continued from page 6

and baubles; hula dancing; a ukulele group; a funk/soul/classic rock band; and children's game booths and games of chance where participants vied to win food items and other prizes with a lucky spin of the wheel.

But the biggest draw is probably food and drink. Beer and sake were flowing freely at the adult beverage booth, and a host of victuals vendors proffered a variety of offerings that included everything from rice dishes (makizushi, poke), noodles (somen, udon) and the ever popular teriyaki beef and chicken to sweets (an pan, peanut butter mochi). And business was brisk; many of the estimated 30,000 attendees could be found each day in long–and long-lasting–queues that snaked their way to order counters from which they could watch industrious kitchen staff feverishly at work.

The sheer volume of supplies needed is impressive. In two days the concession booths go through about 12,000 lbs. of ice, 8,000 pounds of chicken, 5,000 pounds of rice, 4,000 pounds of beef, 1,600 pounds. of sugar, 500 pounds of noodles, 500 pounds of shrimp, 100 pounds of salt and 100 pounds of soy sauce; beverage-wise, more than 15,000 cans and bottles of beer, sake and soft drinks are sold.

The church's vast enclosed compound is well-suited to this event, with ample expanses to accommodate many hundreds of tables and chairs. The booths and performance stage line the compound periphery, and much of the main temple complex houses other presentations and activities. In all, the venue feels much like a small village.

Although nearby parking is usually at a premium, a shuttle runs frequently between the Bazaar and the large parking lot situated under I-80 at 8th and X streets.

The church's website, https://www.buddhistchurch.org, and the Facebook page at https://www.facebook.com/Buddhist-Church-of-Sacramento-545233788944611/ provide information about the church and its events as well as Jōdo Shinshū Buddhism. Office staff can be reached Monday through Friday 9:30 a.m. to 5:30 p.m. at 916-446-0121.



Photos by Joe Perfecto

Tables were filled with thousands of attendees beneath colorful lanters suspended from a massive tent ceiling.



Photos by Joe Perfecto

Trinkets and curios were for sale at the Japanese language school's booth on the miniature Ginza just off the main grounds.

FOR THE FINEST IN MODEL TRAINS AT DISCOUNT PRICES
RAILROAD HOBBIES
• LGB
• LIONEL
• ATLAS
• MICRO-TRAINS
OPEN 7 DAYS!
• MARKLIN
• KATO
• ATHEARN
• WALTHERS
119 VERNON ST., ROSEVILLE • 782-6067

The American River Natural History Association presents
NatureFest
NatureFest logo by Ariel R. age 11
Save the date!
2018
Sponsored by:
VCN
Sunday, October 7
10am to 3pm
at Effie Yeaw Nature Center
Live Animal Shows ◆ Kids Activities
Guided Nature Hikes ◆ Demos & Exhibits
ADMISSION:
$5 per adult ◆ Kids 12 & under FREE!
www.SacNatureCenter.net 916-489-4918

Your Local Real Estate Connection
Get a positive, helpful partner for buying or selling a home:
• Trusted resource for answers about the process
• Innovative marketing strategies
• Expertise about neighborhood features
• Ability to target home searches
• Strong negotiation skills
• Support through the closing and beyond



Dee Schwindt
REALTOR® EMERITUS,
Sales Associate
Coldwell Banker
Residential Brokerage
COLDWELL BANKER
REAL ESTATE SERVICES
Cell: 916-704-0718
Office: 916-341-7852
CallDeeFirst.com
CalBRE# 00498850

Restored Tower Records mural unveiled on K Street

By LANCE ARMSTRONG

A vibrant, colorful, psychedelic art mural hovering above the entrance of the former Tower Records store on K Street was celebrated last week as a crowd gathered for the unveiling of this recently restored, iconic piece of Sacramento history.

Forty-five years ago, graphic artist Frank Carson was commissioned by Tower Records founder Russ Solomon to create the mural on the ceiling and sidewalls above his business's front windows at 726 K St.

The building, which now has the address of 730 K St., was then home to the Solomon-owned record store, The Sound Peddler. It would become the site of a Tower Records store two years later.

After designing the mural, Carson worked with another graphic artist, Mitch Aronson, to paint this large art piece, which includes such images as the heads of females with blue hair, ships, ferns, butterflies and an oval-shaped area with a blue sky and clouds at its center.

As age and elements took their toll on the mural, the paint from this eye-catching artwork gradually began to deteriorate, and its future was ultimately in jeopardy.

It eventually became an uncertainty whether the building itself would be saved, as efforts to revitalize the 700 block of K Street moved forward.

Three years ago, while the artwork continued to deteriorate with fading and peeling paint, Ali Youssefi, of CFY Development, co-developer of the 700 Block project, launched the mural restoration project. But he would not see it through to fruition, since he died of cancer last March.

As part of his preliminary work, Youssefi met with Dennis Newhall, of the Sacramento Rock & Radio Museum.

During that meeting, Newhall showed Youssefi some of Carson's artwork, including large calendars he had created for Tower Records during the same era that he worked on the K Street mural.

Newhall said last week that he "kept Frank up in the progress" after someone from Youssefi's team informed Carson about the project.

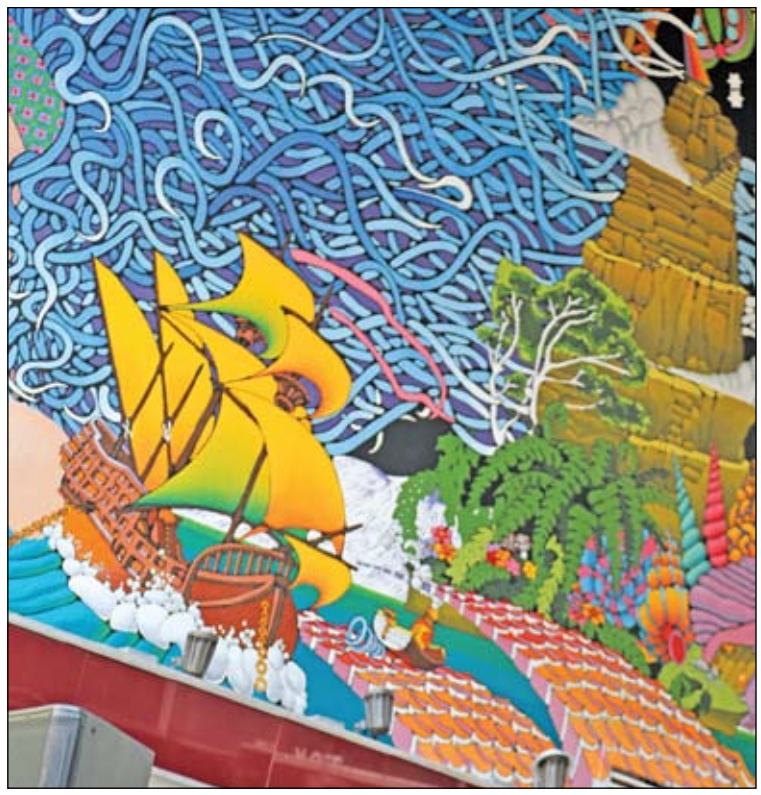
Shaun Burner, lead artist of the mural restoration, said that it was also three years ago when he was approached by Youssefi regarding the possibility of restoring the vintage mural.

Having grown up in the Sacramento area and admiring this mural during his youth, Burner soon agreed to take on the project.

Burner said that the project had a variety of challenges, including the peeling paint on the ceiling, which had been left exposed to elements during a then-recent construction project at the building.

"When they were working on the building the last three years, they had to redo the roof completely," he said. "That ceiling was left exposed to the elements for two years and they had some holes in it to retrofit the ceiling.

"By the time we got to it and actually started to restore it, we had to just take off what little bit of the paint was left, because we couldn't just paint over this already crumbling paint."



The mural features the head of a woman with Medusa-like, blue hair.

Eventually, the only original paint preserved was on the two upper, back corners of the mural.

Burner noted that attempting to match paints for the mural was one of the project's greatest challenges, since the original paints had picked up a lot of grime and faded so much throughout the years.

But as far as the original pattern and imagery of the mural, Burner said that it is "definitely spot on."

Burner, whose experience in art includes creating other murals and working as an artist in various parts of the world, said that he first saw the K Street mural when he was about 13 years old when he came to the Thursday Night Market on his skateboard.

"I was always kind of mesmerized by (that mural)," he said. "So, looking back after working on this thing for the last two or three months, I realize how much it kind of influenced my own style."

Those assisting Burner in restoring the mural included Franceska Gamez, Jeff Musser and Mitch's daughter, Sophie Aronson.

Another name that Burner made sure to mention was Seamus Coutts, who he said he brought in as the project manager for the mural restoration project.

During last week's unveiling event, which also highlighted the upcoming opening of Solomon's Delicatessen at the former Tower Records K Street site, Carson sat at a table signing original copies of his Tower Records calendars. The calendars were sold for $50 each, but Carson's autographs were free.

Also offered were pieces of paint that were removed from the mural during its restoration.

In an interview with this publication, Carson said that he was never around to view the mural's deterioration.

"The day I finished it, I never came back," he said. "I didn't want to remember it. It was a very hot summer."

Carson recalled beginning the mural with the blue sky

See Tower mural, page 10

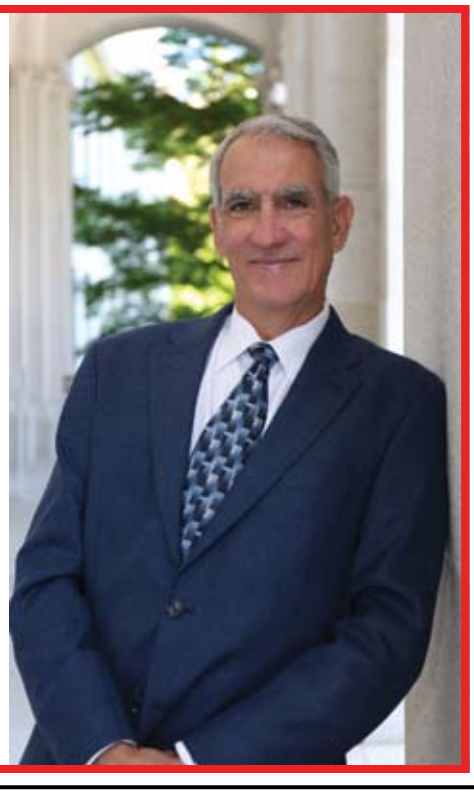
Buying • Selling • Investing

Over 28 years in the Real Estate Profession

Let me make your Real Estate experience a long lasting and positive one!

Big Heart Realty

Ron Roberts • 916-806-0118
Ron@BigHeartRealty.com
www.BigHeartRealty.com
BRE #01037639



Faces and Places:

Chalk It Up 2018

Photos by MONICA STARK

Chalk-It-Up! to Sacrament a 501 (c)(3) charitable organization created to benefit children's arts education programs, which raises money through various events held its annual Art & Music Festival at Fremont Park over Labor Day Weekend.Proceeds fund grants in support of Youth Arts Programs throughout the Sacramento region. Chalk-It-Up! is led by a volunteer Board of Directors, supported by hundreds of dedicated volunteers and funded through the generosity of our extraordinary community. Shown here is a collection of photos from the weekend's festivities.









WHY PAY A HIGHER MORTGAGE
WHEN YOU DON'T HAVE TO?
COME HOME TO THE EXPERTS



More Lenders = More Competition = Lower Rates and Fees / Multiple options to lower payments / Lower Payments = More Money in your Pocket!

916.476.6507 info@greenhavencap.com


Kevin Oto
President/Broker
BRE Lic# 01721444
NMLS ID: 62641


Kyle Garman
Senior Loan Consultant
BRE Lic# 01886785
NMLS ID: 354318


Bryan Tom
Loan Consultant
BRE Lic# 01960546
NMLS ID: 1234757


Hilda Sousa
Loan Originator
BRE Lic# 01873794
NMLS ID:1439315


Laura Corbett
Loan Originator
BRE # 01758984
NMLS ID: 1180623

GREEN HAVEN CAPITAL INC

CA BRE #01842493. NMLS ID: 173062. Equal housing opportunity lender. We do not conduct business in states where we are not licensed. Interest rates are subject to change.

Tower mural:

Mural continued from page 8

on the ceiling, and working on scaffolding for 10 hours a day and seven days per week during a three-month period to complete the job.

Occupying tables alongside Carson were Solomon's Delicatessen employees, Jared Serviss and Fiona Heenan, who offered food samples and merchandise of this Jewish deli, which was inspired by Tower Records and Russ Solomon. Another location of this locally-owned business is operated in Davis.

Adding to the artistic ambience of the event was live music by the band, Black Yacht Club.

The event drew a variety of Sacramentans, including artist Bob Rakela.

While standing near the mural, Rakela said that he appreciates the preservation of this artwork.

"I think it's really important to our community to have this street art thing that's happening right now," he said. "To have one that has this kind of history to it and has been around this long – and Frank's still around to enjoy us and for us to enjoy him – is very, very, very special."

Kay Iannucci recalled seeing the mural for the first time when it was only about a year old.

"We started coming down here to (K Street) back then," she said. "Then we started going to the (Tower stores) on Broadway and Watt (Avenue).

"I think it speaks for the time that Russ was opening these stores and the kind of commissioning (Solomon) was doing for art and to make the city a little more lively. (Solomon) made a huge impression on this whole area, and then look what he did, (establishing Tower) stores all over the country and (world)."

Melissa Uroff, a local artist and photographer, expressed her concern for the longevity of murals, and said that she is well aware that murals are constantly in danger of being painted over.

"(A mural is) such a temporary piece and when you're a muralist, you kind of know that," she said. "I have a few murals under my belt and almost all of them have been painted over."

Uroff also lamented over the loss of a mural by the artist Skinner that was located on the alley side of the former Javalounge coffee shop's building on 16th Street, north of Broadway.



Photos by Matias Bombal

Frank Carson, the artist who painted the original mural in 1973 with Mitch Aaronson

More recently, Burner and Gamez's mural on the former Awesome Video building on Freeport Boulevard was painted over.

Because of her understanding that murals are often temporary artworks, Uroff said that she was pleased that the old K Street mural has been preserved.

"It's nice to see something that's so historical and kind of magical come back to life," she said. "The artists that worked on it were a really good choice, for sure. So, I think they did it justice."

7707 Rush River Drive,
Sacramento, CA 95831

REVERE COURT
MEMORY CARE

www.RevereCourt.com
916-392-3510

10TH ANNUAL SENIOR RESOURCE FAIR & OPEN HOUSE

Sunday, September 9th – 9am-1pm

Free & Open to the Public

Informative Guest Speakers

9:00am: Dustin MacFarlane, MacFarlane Legal, Elder Law Attorney, *"Legal Lessons for Life, Wills vs. Trusts".*
9:30am: Stefani Wilson, Aging Family Advocate Counseling Service, *"Caregiving Strategies".*
10:00am: Sacramento County Supervisor – Patrick Kennedy, District 2. *"County Projects & Open Forum Questions".*
11:00am: Helen Justice, Advanced Wellness GCM, VA Accredited Agent: *"Are You A Veteran or a Widow of a War-Time Veteran? Get Answers About the Benefits You Deserve".*
11:30am: Monte Leighton, Dignity Memorial, *"The Benefits & Blessings of Prearrangement".*
12:00pm: Dr. William Au, Neurologist, *"Alzheimer's Prevention". Vendors & Free Health Tests!*

Vendors & Free Health Tests!

Over 20 vendors offering helpful information & services for seniors. Agencies and non-profit organizations offering free-blood pressure checks, memory testing, massage, legal advice & much more!

Entertainment!

Tai Chi & Line Dance Demonstrations, Zumba, Rhythms of Empowerment Drumming Session, and Acoustic Guitar by Steven Lowrey

RAFFLES ALL DAY

Including A Chance To Win A Grand Prize
$100 Visa Gift Card!

BBQ

All Proceeds Beneting the Alzheimer's Association's "Walk To End Alzheimer's"

NOTARY PUBLIC AVAILABLE!
Bring your documents and proper identification ($15 per signature)

CHC CHANCELLOR HEALTH CARE, LLC

For more info please call Casey Simon
Senior Director Of Community Relations
916.392.3510
Casey.S@Chancellorhealthcare.com

Residential License #: #342700005
Day Club License #: 347001342

Revere Court Memory Care offers a Day Club, Respite & Residential Care for those with a memory impairment, also offering Support Groups and Monthly Seminars for caregivers and loved ones.



For over 40 years

COOK REALTY

www.cookrealty.net

BBB ACCREDITED BUSINESS

PENDING



1044 EAST LANDING WAY • $799,000
TAMMY NOVOA • 628-8530



1280 GRAND RIVER DRIVE • $625,000
TAMMY NOVOA • 628-8530



6985 WATERVIEW WAY
Cool property...you're going to love it! Contemporary updated kitchen, easy clean appliances, stainless steel sink, Formal dining area, elegant wood flooring living room w/Dual Pane slider to patio area. Central Heat/Air, Fresh coat of Int Paint. $439,000
JAMES TAN • 601-9669



7020 WAVECREST WAY
Pristine home on quiet street. Newer roof and dual pane windows. Beautiful garden views from most windows.Separate family and living rooms. First time on market in over two decades.
ATCHAN VAN PELT • 813-5919



7405 RIO MONDEGO DRIVE
Great cul-de-sac location, Spacious 5bed 3bath home w 1 bedroom and full bath downstairs, 3 car garage. Huge kitchen with granite countertops, upgraded Jenn-air gas cook top,large brkfst area open to family room.Bamboo look laminate flooring, tile flooring in baths & laundry. Newer Comp roof & gutters, Exter painted in 2012. $499,000
SUZIE KUWABARA-PARKER • 768-8494



7378 ALMA VISTA WAY
S Land Park Home: Handsomely Interior with vaulted ceilings, new paint in/out, large rooms, open layout for comfort. Entertain your friends w/ Wet Bar and party in the Sparkling Blue Pool, Cater under Patio with Built in BBQ. $400,000
JAMES TAN • 601-9669

See all our listings at www.cookrealty.net

REAL ESTATE SCHOOL
★ LOW INTRODUCTORY COST
★ START ANYTIME
★ LIVE CLASSES
Call: Ed Daniels •451-6702

PROPERTY MANAGEMENT
★ MONTHLY CASH FLOW
★ TENANT SCREENING
★ MAINTENANCE
Call: Brittany Naucke• 457-4907

ADDITIONAL LISTINGS

5661 HAROLD WAY
SOLD
One of the most sought after hides this special gem! Meticulously kept with tons of storage and loads of built ins. Bonus room with brick fireplace adds square footage galore! The lovely yards are well maintained and manicured. $330,000
TAMMY NOVOA • 628-8530

2440 FERNANDEZ DRIVE
Freshly painted 3 bedroom home in Brentwood Village. Living, dining and a separate family room on new hybrid flooring throughout. All bedrooms have ceiling fans and home is in move in condition. PERFECT for first time buyers, down sizers and investors! $295,000
LARRY EASTERLING • 849-9431

Greetings FROM THE COOK CAT, BIG BOY!



4305 Freeport Boulevard, Sacramento COOK REALTY www.cookrealty.net • (916) 451-6702

The dad navigates choppy waters: KD makes the call



By STEVE DEBENEDETTI-EMANUEL

(Note: First, I want to share with you that my next 10-week men's counseling group begins on Sept. 10, at my Midtown office. It will give men an opportunity to talk about the stuff we often keep to ourselves: relationship challenges, parenting, job stresses, etc., without the pressures of outside influences. If you're interested, my contact information is below.)

If you read my last piece, "The Bubble Team Meets Dr. Doom and Gloom," you know that my 10-year-old boy, KD, had an extremely rough entrance into the world. It was not what we expected, and it almost turned out really badly. That was an extremely difficult period of our lives, and it's hard to write about. So, I'm going to take a break and get back to the story later.

A couple weeks back we hit the wall. The heat had turned us into a monster family. KD wrapped himself in icepacks and headed to his room. Captain Mommy (my wife Stephanie) and I sat and bickered about stupid stuff for no good reason. It was not looking like a good day. Or a good weekend!

Around 11 a.m., KD skipped into the living room and said with a tentative smile, "Can we go to the City?" Captain Mommy looked at me, and I looked at her. Without a good reason to say "no," she headed into the garage and raided her secret stash. I locked the bedroom door and did the same. KD chipped in a few bucks. And we hit the road at noon.

Next thing we knew it, we were at the top of Mt. Sutro, where it was a misty and windy and a balmy 59 degrees. A temperature check in Sacramento showed 101, a 42-degree difference. Sure, a picnic would have been nice, but we got cold quickly and headed to the car.

Needing a warm up, we drove frantically to Ritual Coffee, one of my favorite spots in the city, for a steaming latte. Sadly, it closed two minutes before we got there. Fortunately, before the tears rolled down my face we turned around and discovered Weaver's Coffee, which is really solid. It's worth a visit…

I looked at my phone, and it was still too hot to go home. So it was time for a burger at Calibur Burgers. We discovered it a couple of weeks ago and knew it was worth another visit. And after a leisurely and delicious burger and garlic fries, it was cool enough to head home.

To summarize: we got out of dodge when it was brutally hot, had a perfect hike, a delicious cup of coffee, and a yummy burger. I had everything I needed for my article on the perfect day trip to San Francisco. However, since I'm a parent, spouse and therapist, I suppose I should have a larger point. And I think I do.

As much as our kids want to make significant decisions, their thoughts, feelings, and suggestions are often devalued or ignored, and parents make the decisions. This makes sense most of the time. If your kid says, "Hey dad, I'm only 15, but since you don't drive, can I get behind the wheel next time?" or "Dad, can we share a beer next time we're in the City?" the answers should be a resounding "NO!" However, when we can allow our kids to suggest and make reasonable suggestions, the answer should be a resounding "YES!" In this case, KD threw out an idea, and there wasn't a good reason to say no. So we shouted, "Yes" and hit the road.

Postscript: Sunday hit, and it was a cool morning. Captain Mommy and I got up and announced that it was time to do the yard work we'd been putting off for the last month. With newfound courage, KD tried to change directions and suggested we go out for brunch. We immediately nixed it and told him to put on his grubby clothes. We got to work…

Until next time…

Steve is a Marriage and Family Therapist, working in Midtown. He can be found at www.rivercitycounseling.com or on Facebook at River City Counseling and on Twitter @rivercitysteve.

CALENDAR ANNOUNCEMENTS

Send you updated announcements
email to editor@valcomnews.com

VCN VALLEY COMMUNITY NEWSPAPERS | **916-267-8992**
1109 Markham Way, Sacramento 95818



MONA GERGEN
CalDRE# 01270375
916-247-9555
mona@monagergen.com
MASTERS CLUB
DUNNIGAN Realtors
"Call me for a private showing or a free estimate of value"

AMAZING HOME!



6750 Park Riviera Way $475,000







Beautiful large yard for entertaining. Gorgeous built-in pool with waterfall. Excellent open floor plan. Brand new roof, Berber patterned carpet/pad, interior paint, light fixtures, ceiling fans, lino in baths & laundry, exterior lights, kitchen faucet, garbage disposal, hardware/hinges and more. Also features: refaced cabinets, laminate floors, dual pane windows, new clear coat on aggregate decking around pool/patio, window blinds, shutters, clear pest, alarm. Wow!

3 beds , 2 baths, 1,515 square feet per assessor



Placerville	Placerville	Cameron Park	Folsom	Sacramento
455 Placerville Dr	3961 El Dorado Rd	3300 Coach Ln	616 E. Bidwell	3133 Arden Way
530-621-1802	530-622-1710	530-676-8708	916-984-5853	916-246-7498

Follow us @SnowlineThrift

Back to School Message from Superintendent Aguilar

Dear Sac City Families,

Welcome back to the new school year! I hope you enjoyed the summer break and are ready for another memorable year as we begin a new chapter in our work to help all students reach grade level readiness so they are prepared to graduate from our schools with the greatest number of postsecondary choices from the widest array of options.

We have much to look forward to as we launch our school year! For some of our students, today is the start of an educational career in Sac City schools. For others, it marks the transition from one grade level to the next—another milestone reached in their academic journey. Whether today is the beginning of year one or year twelve, we owe it to our students to continue committing ourselves to work together with a focus on their success.

Preparing for the new school year is one of the most critical steps we have taken as a school district to help our students be successful. Over the past few weeks I have been honored to be in space with so many of our educators and site leaders as they worked together to get schools ready for classes. One of my most memorable visits was with our teachers at Fern Bacon Middle School. There, I met Michelle Desmond, Ryan Fernald, Grace Gunderson, Chris Matthei, Stephanie Smith, Michelle Voelker, Ghazala Bahramzi, Sarah Horn, Maria Johnson, Janise Linnane, Mariah Martin, Julia Morris and Nital Wenell, all of whom were collaborating with one another to provide first tier teaching to our students.

Please take a moment to watch this video of the Fern Bacon team in action preparing for the school year alongside their Principal, Mary Coronado. *(http://www.scusd.edu/post/video-welcome-back-school)* I was impressed with how well this team of new and returning educators worked with site leaders to make sure that students today would start off the year in a positive and high quality educational environment.

I am confident that despite our budget challenges, we will find a way to ensure that our students' needs are met and we provide a safe and secure environment in which to learn. On that note, I want to thank our facilities team for the wonderful job they have done over the summer in completing a number of important renovation projects, including but not limited to, replacing the roofs at Susan B. Anthony Elementary, O.W. Erlewine Elementary and The Met; remodeling the restrooms at Ethel Phillips Elementary and Woodbine Elementary; and replacing the playground asphalt at A.M. Winn Elementary, among many other important projects. I toured the gym at John F. Kennedy High School and saw new irrigation work taking place at Earl Warren Elementary. With everything that is going on in the world, it was important to us that we put significant time, effort and care into preparing for the first day of school. Our students need this positive energy and attention from us now more than ever.

Thank you to all of our families for your commitment to making our schools a positive place where our students can grow and learn. We look forward to serving your family this school year and working our hardest to make a difference in the life of your student. Let's have a great year!

Sincerely,
Jorge A. Aguilar
Superintendent

Source: Scusd.edu

Live Here. Bank Here. Grow Here.

Strong communities are built on successful businesses. As part of the Suncrest Bank family, we're here to support both by providing more of what your business needs to thrive.

Custom loans and local decisions • Agribusiness expertise • Commitment to building strong local economies

(888) 844-1011 • CommunityBizBank.com

Member FDIC

© 2018 Suncrest Bank. All Rights Reserved.

Community Business Bank
A DIVISION OF SUNCREST BANK



"A Day in the Country" Sunday, Sept. 9, at Heringer Estates Vineyards, Clarksburg



Juan Barajas, Savory Cafe



Jayme LuLu Fat Face

The Yolo Land Trust announces its signature event "A Day in the Country" will be held this year on Sunday, Sept. 9 from 3 to 6 p.m. at Heringer Estates Vineyards in Clarksburg.

A Day in the Country features tastings from top chefs representing more than 20 restaurants from across Northern California. Each chef creates special dishes featuring food grown on Yolo County farms and ranches. Tressa Gaye & Friends will play oldies, country and blues music throughout the afternoon.

The Heringer family has been farming in the Clarksburg area since 1868, embracing, evolving and sustaining life in the Delta. For four generations the Heringers farmed row and field crops, transitioning to growing premium wine grapes over the past three generations. Their vineyards have grown over the years from a small vineyard of Chardonnay and Petite Sirah to 25 varieties meiculously managed.

Organizers are excited about having A Day in the Country at the Heringer Estates Vineyards," said Michele Clark, Executive Director of the Yolo Land Trust.

"Steve Heringer has been participating in A Day in the Country for years, pouring the award-winning Heringer Estates & Family Vineyards wine. Steve's family have been stewards of Yolo County farmland for generations and I couldn't think of a better setting for the community to enjoy the bounty of the amazing food grown in Yolo County, than his family's estate."

Warm summer days and cool breezy nights represent the climate in the Clarksburg appellation during the long, dry growing season.



Biba Caggiano

This is the picturesque setting of Heringer Estates Family Vineyards and Winery.

A Day in the Country celebrates the Yolo Land Trust's 29 years of farmland conservation. The Yolo Land Trust has a simple and vital mission – to help landowners conserve the rich farmland and ranch land of Yolo County. To date, we have permanently conserved over 63 family farms throughout the County, all of which continue to be privately owned and on Yolo County's tax rolls. This means that more than 11,000 acres of agricultural land, riparian corridors and Swainson's hawk habitat in Yolo County will remain in farming forever as a result of the work of the Yolo Land Trust.

Sponsorship opportunities are available for this year's A Day in the Country. Past events have sold out, so sponsors and those seeking tickets are encouraged to make arrangements early. To become a sponsor, to purchase tickets or for general information visit our website at www.TheYoloLandTrust.org or contact Tiffany Loveridge at 530-662-1110.





Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901

ADDITION SPECIALIST

LYTLE CONSTRUCTION INC.
Remodeling and Design
LIC# 480492

Award-Winning Design/Build Firm
Serving Sacramento for more than 25 years

- Additions
- Kitchens
- Bathrooms
- Custom Cabinetry

FREE Consultation
916-422-6639

Certified Kitchen & Bath Remodeler

www.lytleconstruction.com

CLEANING

Prime Quality Maintenance

- **Window Cleaning** (inside/out/screens washed)
- **Rain Gutter Cleaning**
- **Pressure Washing** (all surface areas)
- **Hard Water Stain Removal**
- **Landscape Maintenance**

Free Estimates
Licensed & Insured
CSL# 996271

Call Jesse: 916-428-2940



CLEANING

The Cleaning Brothers
"We Treat Your Home Like It's Our Own!"

Residential & Commercial Services:

- ✓ Solar Panel Cleaning
- ✓ Window Cleaning
- ✓ Gutter Cleaning
- ✓ Pressure Washing
- ✓ Post Construction Cleaning



Call Us Today! 916-402-8390
www.thecleaningbrotherssco.com
thecleaningbrotherssco@gmail.com

CONSTRUCTION/HAULING

DB Haul-away
Lic# 627768
Commercial & Residential Hauling
Reliable -Dependable - Insured

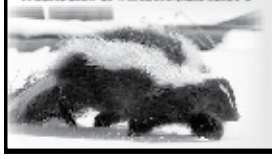
Residential/Construction waste removal
Foreclosure services • Yard clean ups
Handyman services • Demo • Drop bin services



Bobby Timms • 916-402-7546 • dbhaulaway@gmail.com

CREATURE CATCHERS/REMOVAL

CREATURE CATCHERS
WILDLIFE MANAGEMENT



Creature Catchers Wildlife Management
"If it walks or flies, we'll remove it"

Humane and non-toxic solutions for both animals & man

Dead Animal Location/Removal • Exclusion Work
Live Trapping • Humane Removal • Repair
Skunks • Fox • Raccoon • Opossum • Squirrels
Mice/Rats • Birds/Bats (bat elimination)

CreatureCatchers.org **530 885-PEST(7378)**
California State Trapping License #7781 - Insured by Lloyds of London



ELECTRICAL CONTRACTOR

CAPITOL ELECTRIC
Reasonable Residential & Commercial Work since 1960
Repairs, Trouble Shooting
Custom Lighting/FREE Est.
Excellent ref from Angie's List
(916) 451-2300
Cell: 213-3740
Neil McIntire — C.S.L.# 394307

FLOORING SPECIALIST

Hardwood Flooring

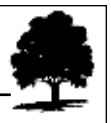
Specializing in installing, sanding and finishing hardwood flooring or repair and refurbish your current floors.

Call Michael - (916) 383-8742

Lic# 544159/References Available

GARDENING SERVICE

Terra Bella Gardening Service
"Not your typical mow, blow & go company!"



• One Time Clean-Ups • Garden Maintenance
• Minor Irrigation Repairs & Installs
Family Owned • Over 25 years experience!
Call Randy (916) 454-3430 or 802-9897
www.terrabellagarden.com · Lic# 152584

4 papers, 1 low price!
Advertise your service in this section, today!
Call 429-9901

HANDYMAN

Summer Yard Clean-up Specials!

- HAULING & YARD CLEAN-UP
- RAIN GUTTER CLEANING
- CONCRETE REMOVAL
- HEDGE TRIMMING /SHRUB REMOVAL
- PRESSURE WASHING

Call LESTER
(916) 838-1247
Lic#128758/Ref

Pressure wash your driveways clean! your decks, too!
Clean out your garage! Replace that old lawn!
Hard work—not a problem!



SPECIALS FOR SENIORS/*SERVING THE AREA FOR OVER 20 YRS*

HANDYMAN

FREEDOM HANDYMAN SERVICE

I specialize in all areas of home improvement !
Quality work the first time, guaranteed!
Carpentry - Electrical - Plumbing - Demolition
Sprinklers - Sheetrock - Furniture Anchoring
Fix leaks of all types
Accepts All Major Credit Cards "Senior Discount"
NO JOB TOO SMALL!
Licensed and Insured #152902
Call Eric (916) 470-3488

HAULING

Get - R - Done Hauling

Tear Downs
Fence Removal
Trees & Shrubs
Backyard Cleanup
Handyman Services
Debris Removal
Small Jobs
Moving
& much more!

Licensed & insured
Price: $75 & up
Whatever It Takes
CALL ANYTIME!
Greg (916) 370-0565



PAINTING

COOK PAINTING
Full Service Company – Start to Finish
CSL# 432951



In business since 1982

- Custom Painting
- Super clean, neat & fast
- Interior/Exterior
- Cabinets

Specializing in custom trim & moulding!
Color Consultants
FREE ESTIMATES

As seen on yelp

(916) 591-5056

PAINTING

SOVEREIGN PAINTING

Quality craftsmanship 3rd Generation Painter with over 30-years experience

(916) 422-4416
sovereignpaintingco.com
sovereignpaint@yahoo.com

Dan Sovereign, Interior & Exterior Painting
Lic.# 484215
Better Business Bureau Member

Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901

HANDYMAN



D&H Service

Office: **916-428-5907**
Cell: **916-206-8909**

Interior and exterior painting
Fence Installation
Tile Installation
Dry Rot Repair

25 years of experience

PLUMBING

ROONEY'S PLUMBING
FULL SERVICE PLUMBING

456-7777

rooneysplumbing.com
License #683668

ROOF/GUTTER CLEANING

Stan The Man
est 2007

* ROOF / GUTTER CLEANING
* WINDOW CLEANING
* PRESSURE WASHING
* SENIOR DISCOUNTS



916.601.1030
Cleaning and Repair
Sacramento, CA

ROOFING/SIDING

ZIMMERMAN REROOFING
3675 R Street
Sacramento, California 95816
Roofing Specialists
454-3667
zimroof.com
License #763169 Dave Zimmerman

TILE WORK

BAXTER TILE
EXPERT INSTALLATION
REMODELING & REPAIR
Ceramic • Marble • Granite
Floors • Counters • Walls
33 Years Experience • FREE Estimates
916-213-4669
License #668100

TILE WORK

NIETO'S
TILE & LANDSCAPING
RESIDENTIAL & COMMERCIAL

Frank Nieto
(916) 480-9512

Sprinkler Systems (Install & Repair)
Fencing • Plumbing
Electrical • Painting
Concrete • Tile Installation
Granite Fabrication
Laminate/Wood Floors

NietosTile@sbcglobal.net www.nietostile.com Lic. #917883

4 papers, 1 low price!
Advertise your service in this section, today!
Call 429-9901

CLASSIFIED ADS

TAX PREPARER

#1 CONCIERGE TAX PREPARER
35 yrs. exp. We specialize in Business Tax returns including Corp & Partnerships. FREE Pick-up & Delivery to those who qualify. We prepare expertly **all past tax returns** including all State returns. Get the most deductions allowed to you by law. CTEC + IRS Registered & Bonded. Please call for your appt. today. Irene Senst (916) 640-3820 CA, (775) 410-3422 NV. Same low 1990 rates. www.taxirene.info • taxireneinfo@gmail.com

FOR SALE

CLEAR LAKE LOTS
Owner can sell a 5000 sq.ft. lot (utilities available) as little as $500.00 down and $236.00 per month. 1 mile from the lake. Call Bob @ 707-998-1785 or 702-523-5239

HANDYMAN

HANDYMAN SERVICES
No job too small. Make your "to-do" list and give me a call. Electrical, Plumbing, Tile, Sheetrock,Plaster, Stucco, Repairs and Remodeling, you name it! **Lic# 908942. Call Steven at 230-2114.**

HANDYMAN

CLEAN-UP SPECIALS!
Summer yard cleaning – Yard clean-up. Rain gutter cleaning, pressure washing/power spray, hauling, yard work, painting, tree & shrub removal, clean-up, fence repairs, light tree trimming, & more. Ref avail. Call Les at 838-1247. **18 yrs. exp.Specials for seniors. Licensed**

SPECIAL ALZHEIMER'S LIVING

REVERE COURT
MEMORY CARE Lic. #347001338/342
Day Club, Respite, Residential, Support Groups & Educational Classes
casey.s@chancellorhealthcare.com
www.reverecourt.com
(916) 392-3510
7707 Rush River Dr. Sacto, CA 95831

BOOKKEEPING

#1 CONCIERGE BOOKKEEPER
35 years exp. in industries like Auto, Mechanics, Restaurants, Caterers, Massage, Doctors, Chiropractors, Non-Profits, Retail, Marshal Arts, Barber, Construction, Wholesale, Investment Clubs, Corp, Partnerships, Small Business. We are experts in General Ledger, Payroll, Profit & Loss & Quarterlies. Call for your concierge appt. Same low 1990 rates. Ask for Irene Senst (916) 640-3820, Nevada (775) 410-3422. www.taxirene.info • taxireneinfo@gmail.com

BUSINESS SERVICES

#1 CONCIERGE BUSINESS SERVICES
Put our 35 years in Concierge Business Support Service to work for your business. We provide support in: Licensing, Business & Corp Start-ups or Closures, Basic web design, Set-up social media. Business Concierge Shopping, Marketing and much more. Please contact Irene Senst (916) 640-3820 CA, (775) 410-3422 NV. www.taxirene.info • taxireneinfo@gmail.com

www.valcomnews.com

RESERVE YOUR SPACE IN THE CLASSIFIEDS! CALL 429-9901

Advertise

your company ONLINE, today!

Call 916-429-9901 for more information.



Cook Realty Charity Golf Tournament Returns for a 26th Year!

Their autumn event has raised over $400,000 for local non-profits and charities…

The 26th Annual Cook Realty Charity Golf Tournament happens Friday, Sept. 21st at William Land Park Golf Course. The nine-hole 'just for fun' golf follows with an all charity dinner and prize raffle that attracts hundreds of guests and golfers.

Since inception in 1992 the Cook Realty Charity Golf Tournament has raised almost $400,000 for local charities. An important characteristic of this unique event is that over 90% of the earnings are turned over to several local non - profits, schools and churches.

Cook Realty Broker Trey Bonetti says the event is successful in raising needed funds for many local nonprofits and valuable community assets. "We understand how important these funds are and how many groups have come to rely on our help", said Bonetti. "We're proud of the accomplishments of our agents and the part they play raising money for charity in a challenging economy."

Golf Director Ed Daniels knows it doesn't happen without the help and hard work of literally hundreds of vendors, merchants and service companies from both within and outside the local real estate industry. "Each year we ask folks to donate time, money or goods and services and they respond overwhelmingly," says Daniels.

Jocelyn Yap, event coordinator, agrees; "We are grateful beyond words to the many participants large and small that make our event so significant to so many people," says Yap.

Meena Chan Lee plays a vital role, heading up a roster Cook Realty agents, who each play a part in securing ample gifts and prizes for the event dinner that evening. It is estimated the raffle helps to bring in as much as half of the total proceeds. "We have been so fortunate to be surrounded by so many fine business people in our community," she says, and "Each year they are thrilled with the result of participating. The return on their investment exceeds expectations".

Cook Realty wants to thank major sponsors that include Steve Larson of Farmer's Insurance, Bouey Termite & Construction, Ken Perry of State Farm Insurance.

Generous contributors include Scott Filby of Guild Mortgage, MetroList Services, Castro Insurance, Nathan Sibbet of Loan Depot , Sushi Café, Parker Foundation, People Finders, Yee Law Group, Full Circle Home Inspections, Phillips Painting, Hammond Paint, Zajic Appliance, Unger Construction, Nelson's Locksmith, A Superior Electric, Fidelity Home Warranty and Silver Lining Staging.

The late Charles Covey, then a Cook Realty agent, began the fundraiser in 1992. Each year an award is given in his honor to a community member who has exhibited selfless work and sacrifice on behalf of those less fortunate. Who will be this year's winner?

Play, donate or just come eat and enjoy the fun. Secure your spot at this year's Cook Realty Charity Golf Tournament, Dinner & Raffle. Call Cook Realty at 916-451-6702 for tickets and details.

Independent Living with Services



eskaton.org/eml

ESKATON®
Transforming the Aging Experience

Eskaton Monroe Lodge
Independent Living with Services
Land Park
916-265-0045

EQUAL HOUSING OPPORTUNITY · Pet Friendly

A leading nonprofit provider of aging services in Northern California since 1968

What's happening Pocket/Greenhaven?

SATURDAY, SEPT. 8

KENNEDY CLASS OF 1978 40TH. REUNION: The Westin Hotel, 4800 Riverside Blvd., Sacramento, 95822. $70 per person. For more information contact the committee at kennedycougars78@gmail.com or check out or Classmates.com.

LEWIS/DIDION PARK VOLUNTEER DAY: Here's an opportunity to help improve the ability for the community to work with the School District to help improve their public recreation facilities. 1 to 4 p.m.

COLLEGE APPLICATION ESSAYS WITH MARILYN VAN LOBEN SELS – The UC application includes Personal Insight Questions, the Common Application has longer essays, and many applications also have short answers and descriptions of high school activities. In this workshop, you will learn what colleges are looking for in essays and responses, how to choose topics and how to answer each type of prompt. Please register at saclibrary.org or by calling (916) 264-2920. Saturday, September 8, 1 p.m. to 2:30 p.m. at Robbie Waters Pocket-Greenhaven Library, 7335 Gloria Drive, Sacramento.

WEDNESDAY, SEPT. 12

JOB COACH APPOINTMENTS AVAILABLE – Meet one-on-one with a volunteer job coach and get help with online job searching, using library databases, interviewing tips, resume writing, and more. Schedule your appointment in advance by inquiring at the library information desk to by calling (916) 264-2920 during open hours. Our job coach takes appointments on 2nd and 4th Wednesdays, September 12 and 26, between 1 p.m. and 3 p.m. at Robbie Waters Pocket-Greenhaven Library, 7335 Gloria Drive, Sacramento.

SATURDAY, SEPT. 15

FORUM ON THE OPIOID EPIDEMIC: Fibromyalgia Pathways and California Fibromyalgia, Chronic Pain Network and the Pocket News invite you to the Pocket Library for a varied discussion on the opioid epidemic, 1:30 to 4:30 p.m., Robbie Waters Library, 7335 Gloria Drive.

TUESDAY, SEPT. 18

"ALL IN" GAMING AND SOCIAL HOUR FOR ADULTS AND SENIORS – Join us for games, refreshments, conversation, and fun! Available games will include poker, chess, Scrabble, checkers, dominos, Mahjong, cribbage, and more! 1 p.m. to 3 p.m. at Robbie Waters Pocket-Greenhaven Library, 7335 Gloria Drive, Sacramento.

WEDNESDAY, SEPT. 19

ENGLISH CONVERSATION GROUP – Practice speaking English in a friendly, small group conversation led by a facilitator on the first and third Wednesdays of each month. Discussion topics include everyday life, news, local things to do, and more. All levels and parents with children are welcome! Activities for children will be provided. No registration is needed. 1st and 3rd Wednesdays, September 5 and 19, 1 p.m. to 2 p.m. at Robbie Waters Pocket-Greenhaven Library, 7335 Gloria Drive, Sacramento.

WEDNESDAY, SEPT. 26

JOB COACH APPOINTMENTS AVAILABLE – Meet one-on-one with a volunteer job coach and get help with online job searching, using library databases, interviewing tips, resume writing, and more. Schedule your appointment in advance by inquiring at the library information desk to by calling (916) 264-2920 during open hours. Our job coach takes appointments on 2nd and 4th Wednesdays, September 12 and 26, between 1 p.m. and 3 p.m. at Robbie Waters Pocket-Greenhaven Library, 7335 Gloria Drive, Sacramento.

SATURDAY, OCT. 6

SEYMOUR/WENZEL PARK VOLUNTEER DAY: here's an opportunity to help improve the ability for the community to work with the School District to help improve their public recreation facilities. 1 to 4 p.m.

ONGOING

FRIENDS AND FAMILY OF SURVIVORS SUPPORT GROUP: Every first Monday of the month from 6 to 7 p.m. Location: Sacramento. Call 916-428-3271 for exact location. Description: Is your friend or family member in a domestic violence, sexual assault, or human trafficking situation? This free, drop-in group is for you. Learn how to support your loved one, and receive some support yourself among people who are in the same situation. Feel free to call My Sister's House for more information: 916-428-3271.

#METOO SUPPORT GROUP: Every third Monday of the month from 6 to 7 p.m. Location: Sacramento. Call 916-428-3271 for exact location. Description: This drop-in support group is free, confidential, open to all genders, and available to sexual assault survivors at any point in their healing. Feel free to call My Sister's House for more information: 916-428-3271.

MUSIC AND MOTION AT BELLE COOLEDGE COMMUNITY CENTER: Rowena Alverto brings exercise classes for seniors with a combination of yoga, tai chi, zumba, for seniors on Wednesdays from 8:30 to 9:30 a.m. $3. 5699 South Land Park Drive.

See more Whats Happening page 19

Selling hundreds of Homes in the Pocket area, since 1983

So, if you are you an original owner of a home in **Quail Run, Lakecrest Village or River Village**, chances are that I sold you your home! And, if you are still here, I want you to know that I am too, and as always, I look forward to assisting you with any of your current real estate needs!

Tamara Dawn • 916.424.5379
Broker /Owner of Tamara Dawn Real Estate
TamaraDawn.com Lic# 00767642
Tamara@TamaraDawn.com



relate. refresh. rely.

Triple-R Adult Day Program

Heart and soul in dementia care.

Providing quality adult day services since 1992





Mention this ad and receive $50 off your enrollment

(916) 808-1591 | www.TripleR.org

Locations in Midtown, North Sacramento & Greenhaven

Licensed by the State of California, Dept. of Social Services

City of SACRAMENTO Parks and Recreation OLDER ADULT SERVICES

ST. ANTHONY PARISH 25TH ANNUAL

Fall FESTIVAL

Join us!

Saturday, Sept. 15, 2018 Noon - 9PM

660 Florin Road

International Food Booths
Filipino, Italian, Mexican, Nigerian, Polish, Greek, Paella, Hamburgers, Hotdogs, Desserts, Snow Cones

Fun and Games for the Entire Family
Carnival Style Games, Bingo, Cake Spin, Country Store, Pull Tabs, Wine Spin, Books & More!

Free Flu Shots by Walgreens

LIVE ENTERTAINMENT - FREE ADMISSION

12:00-12:15: Boys Scouts -Troop 259
12:15-2:00: Bryan Keith & the Stone Rose Band
3:15-4:15: Chinese Community Church Ukulele and Hula Fellowships
4:15-4:30: Kids Games
4:30-5:00: Kids Martial Arts
7:00-9:00: Miscellaneous music

LOW-COST VACCINATION CLINICS AT THE SSPCA: Mondays and Tuesdays from 11 a.m. to 3 p.m. for vaccines; no appointments necessary. Vaccines include:
1) DAPP vaccine ($20) — DAPP stands for Distemper, Adenovirus, Parainfluenza, and Parvovirus. While important for dogs of every age, puppies are susceptible to the Parovirus.
2) Bordetella ($20) -- often referred to as the kennel cough vaccine, this helps protect against a strain of bacteria that can cause kennel cough. Many boarding kennels and groomers require this vaccine for services,
3) FVRCP vaccination ($20) prevents three potentially deadly airborne viruses: rhinotracheitis, calicivirus and panleukopenia in cats,
4) Rabies shot ($6) -- this vaccine is required by animal control or to license your dog. The first vaccine is valid for one year, subsequent vaccines if given on time will last 3 years.
If you are 65 or older, vaccinations are free! The Sacramento Society for the Prevention of Cruelty to Animals is located at 6201 Florin Perkins Road, Sacramento.

INTRODUCTION TO COMPUTER: This class is designed for beginner or students with limited or no experience with computer. Learn about computer hardware, system components, software and more. Pre-payment of $30 and pre-registration required. Class will start from January 16 thru 25, 2018 on Tuesdays and Thursdays from 1:30 to 3 p.m. at ACC Senior Services, 7334 Park City Drive. For more information, call 393-9026 ext 330, www.accsv.orgs.

ARTISTS' AND CRAFTERS' GROUP – Held on the 2nd and 4th Tuesdays of each month, this meet-up was started to allow participants from past and current "In Creative Company" classes to continue meeting. Any artists or crafters who are interested in this social group are welcome--just bring whatever you're working on and join us! 1 p.m. to 3 p.m. at Robbie Waters Pocket-Greenhaven Library, 7335 Gloria Drive, Sacramento.

THE CLARKSBURG COMMUNITY BAND INVITES YOU TO JOIN: How about dusting off that horn and getting involved! The band is a group of musicians that enjoys sharing a love of music with each other and our communities. The band is looking to expand the ensemble and wants to welcome those who are interested and who play a standard concert band instrument. The band meets Tuesday evenings from 7:30 to 9 p.m. at Delta High School, 52810 Netherlands Ave., Clarksburg. For more information contact Randall Veirs, Delta High School Band Director at rveirs@rdusd.org

FREE LINE DANCE CLASS: Every Thursday from 1:00 p.m. - 2:00 p.m. "Two Left Feet" dance class for beginners. If you think you have "two left feet" this class is for you. Anyone can participate in this fun activity. Friendly group of people. Drop-ins welcome. Sponsored by ACC Senior Services. Class held every Thursday at ACC Greenhaven Terrace, 1180 Corporate Way. First class is always free. For more information call (916) 393-9026 ext 330. www.accsv.org

BELLE COOLEDGE LIBRARY VIDEO GAMES AND VIDEO GAME SYSTEMS DRIVE: The Belle Cooledge Library is looking for video games and working game systems for our afterschool teen space program for next year. If you have any video games or working game systems that you would like to donate please bring them to the Belle Cooledge Library and we will provide a tax receipt. What is Teen Space? Join other area teens in our community room for our afterschool Teen Space! Hang out, geek out and mess around with friends and snacks! Seriously, what could be better? Teen Space occurs weekdays from 3 - 5 PM (except Thursdays 1:30 - 5 p.m.), is free, and open to teens between the ages of 12 - 18. (During the school year) All Library programs are free and open to the public a library card is not required! Belle Cooledge Library is located at 5600 South Land Park Dive. Library hours are Tuesdays noon to 8 p.m.; Wednesdays and Thursdays 10 a.m. to 6 p.m.; Fridays 1 to 6 p.m. and Saturdays 10 a.m. to 5 p.m.

VOLUNTEERS NEEDED FOR "SUNDAY JAZZ": Come and join our Sunday Jazz event committee for events held the Second Sunday of every month at the Elks Lodge. If any of you would like to volunteer and enjoy listening to good music at the same time, please let organizers know. Hours to volunteer would be 11:30 a.m. to approximately 4:30 p.m. Please contact Clayton Hablitz at: Clayton39.ch@gmail.com Cell number 916 706-9837 or email Lori548@yahoo.com. Cell number 650-200-8570. Come on down & enjoy the fun!

WEDNESDAY COFFEE AND CONVERSATION GATHERING: Every Wednesday morning from 7 to 10 am., join neighbors at Cafe Latte, 7600 Greenhaven Drive, for conversation and fun. Find the group back near the piano.

Experience doesn't cost you more... It Pays!



37 Years Experience - References
Greenhaven / Pocket Area Specialist
Masters Club, Outstanding Life Member

Bill Bonner
(916) 320-1888
Bill@PocketAreaHomes.com

CalBRE# 00692245
BERKSHIRE HATHAWAY HomeServices | Drysdale Properties
A member of the franchise system of BHH Affiliates, LLC.
GreenhavenPocketHomes.com

INSERTS!

Your Company, Our Distribution!
You or Your Company Can Have Your Flier or Postcard Inserted in our publications! We Have Great Rates!

CALL 916-429-9901 for Information



Thank you to our sponsors
SCHOLARSHARE CALIFORNIA'S 529 COLLEGE SAVINGS PLAN
Golden1 Credit Union
mix96 KVIE
KOMY 100.5
Sacramento 365

Adults must be accompanied by children, and children must be accompanied by adults.
3901 Land Park Drive, Sacramento · fairytaletown.org · (916) 808-7462

EAST LAWN — EST. 1904 —
EAST LAWN
MEMORIAL PARKS
MORTUARIES
CREMATION
PREPLANNING

Live for today. Plan for tomorrow.

Planning ahead today will save your family time, unforeseen expenses and stress tomorrow.

East Lawn is hosting a free 25-minute informational presentation covering Veterans benefits, cremation services, burial options, and other funeral planning choices. In addition to our preplanning insights, we'll also be providing complimentary catered meals and free emergency planning guides to everyone in attendance.

THURSDAY, OCTOBER 11 | 11:30am–12:30pm
East Lawn Memorial Park & Crematory
4300 Folsom Boulevard, Sacramento, CA 95819 | 916.732.2000

RSVP by calling or at EastLawn.com
Reservations required. Seating is limited.

Sofa Sale

All sofas, loveseats, sectionals, chairs, ottomans, and recliners are on sale!*



The Westside

$1299 reg $1449

593249

Leather & Fabric Choices

79"

FLEXSTEEL



The Hampton

$1629 reg $1799

708594

Fabric Choices

85"

FLEXSTEEL



The Bexley

$1699 reg $1899

208362

Leather & Fabric Choices

91"

FLEXSTEEL



The Tompkins

$1799 reg $1979

161385

Power Headrests

83"

FLEXSTEEL



The Chandler

$1979 reg $2199

615478

2 Leather Choices

90"

FLEXSTEEL



The Fenwick

$2359 reg $2659

438545

2 Leather Choices

89"

FLEXSTEEL

The Flexsteel Difference

You'll find their namesake Blue Steel Spring at the core of their upholstered seating. Unlike eight-way hand-tied springs, it never needs retying or replacing to keep you from getting that sinking feeling in your seat.

Their design and construction go hand in hand to create comfortable, long-lasting furniture with durable wood frames and exceptionally soft seat cushions.



Naturwood® HOME FURNISHINGS

12125 Folsom Blvd.
Rancho Cordova
916-351-0227

Mon – Fri 10am – 8pm
Sat 10am – 6pm
Sun 11am – 6pm

www.naturwood.com

*Sale applies to all indicated items except all "Clearance", "Truckload" and "Special Buys". Sale price not available in conjunction with any other offer or discount. Allow time for delivery on some items. Sizes and colors are approximate. Sale Ends 09/30/18