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Ribbon cutting ceremony held for Sojourner Truth Park community garden

see page 2

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CA 95818
t: (916) 429-9901
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Cover photo by: Courtesy

By Sally King

There's nothing better than to bite into a juicy red tomato or perhaps a warm slice of zucchini bread made with homegrown zucchini's at the end of summer.

The Greenhaven Pocket community now has the opportunity to grow vegetables and flowers of their own. They recently gathered together at the Sojourner Truth Park Community Garden located at 7365 Gloria Drive in the Pocket-Greenhaven neighborhood to attend the ribbon cutting

see RIBBON page 3

Ribbon:

continued from page 2

ceremony for their new community garden.

Now folks in the community have a garden of their own. The folks there said, growing a garden is work and fun, with results being healthy vegetables, fruits and beautiful flowers to enjoy.

Will Cannady, president of the Pocket-Greenhaven Community Association, who helped to make the garden a reality, thanked everyone for coming and introduced Sacramento City Councilman Rick Jennings II for the ribbon cutting.

Jennings said it came back overwhelmingly that everyone in the community wanted a garden. He acknowledged Cannady and three city park members, Bill Maynard, Ray Spieth, and Jeff Nittka, who put it all into motion. This is the 16th garden the city has helped plan and support.

Jennings also recognized Devin Lavelle, the District 7 Parks and Recreation Commissioner, for working on making the garden possible.

Kathi Windheim, president of Friends of the Library, said they are adding a seed catalog to the Robbie Waters Pocket Greenhaven Library located next door to the garden and by next summer adding gardening classes for all age groups.

"It fits right in to the Food Literacy program we have," Windheim said.





Nittka is the landscape architect who proposed the design and oversaw the construction of the garden. He said there are 24 regular plots, four PDA plots and four plots for the School of Engineering and Sciences, located behind the garden. The four PDA plots are raised 4 feet by 8 feet sections and the remaining plots are 9 feet by 9 feet sections. The garden is tied into the Sacramento City irrigation system and uses potable water. The cost for a plot is $50 per year with a $25 cleaning deposit, which is refundable.

" I just paid for my plot," Monique Manley, a community gardener said. "I've always wanted a community garden here. I own a townhome and my gardening was limited to potted plants. As a child I grew up gardening with my family and look forward to gardening again."

"It's handy to walk around and very accessible," said Sean Cannady. "It takes a lot of work. I'm here almost everyday." Sean is growing chives, tomatoes, ghost chilies and flowers.

Unfortunately, there is only one plot left for those interested in renting a plot, but that someone could be you!

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PGCA Featured Business: A Taste Above





The Pocket Greenhaven Community Association's featured business is A Taste Above, join us as we get to know its co-owner and manager Rich Wong:

Devin Lavelle: Hi Rich, thanks for sitting down with me at your restaurant at Promenade Shopping Center, across from Bel Air. You've got a diverse menu, tell me about your inspirations …

Rich: Basically, I asked a lot of neighbors, what do you think is needed? They told me, something homemade, something unique, that we don't have to travel miles and miles to get. In the beginning, we tried to please everyone, it was rough. But we were able to focus in on an Asian-fusion menu, with an island flair that really worked for the neighborhood. We've streamlined our service and have been getting the food out faster. Thankfully people gave us a second chance and people have been really enjoying it. We picked up a couple of big catering accounts with ACC and Bank of America. It's humbling. People have choices, we understand that, so it's humbling when people choose us.

Devin: The Garcia Bend Mi is my personal favorite, what other dishes are popular? How about something unique you know everyone would love if they gave it a try?

Rich: Terriyaki Chicken, in homemade sauce, no MSG, not a lot of sodium or sugar. That's something I spent a lot of time working on. It would be too salty or not flavorful enough. But we really got it dialed in. The Loco Moco has a homemade sauce. We've expanded the Banh Mi option, adding bulgogi beef and chicken to go with the traditional pork. Would you like to try the bulgogi? And you need to try our new lumpia as well!

Devin: This is fantastic! Tender beef, with a great rich, umami loaded sauce on warm, crusty bread, and just the right amount of spice from the jalapeno, cut by a pickley twang with a great crunch from the veggies. {Henry gives it a big thumbs up.}

Rich: I thought you would enjoy that!

Devin: I definitely do! I've also heard a lot of great feedback on your vegan offerings.

Rich: Yeah, we have been really expanding our vegan and gluten free offerings. Meat eaters will be surprised, the vegan burgers taste like real meat. It's served on a vegan bun, with vegan mayo and cheese. You get the full experience and even the biggest carnivores are surprised how great it tastes. The Gluten free pizza crust cauliflower, completely tastes like the real thing. The vegan meatballs, cheese steak, meat eaters love them. We try to stay ahead of the curve, always innovating.

We added boba teas. That was something people really wanted. And we have recently expanded our craft beer menu. We have about a dozen local beers available. By the time this has published, we will likely have added Maui Brewing to the lineup as well. We are meeting with their reps next week.

Devin: Why did you choose the Pocket-Greenhaven community for your restaurant?

Rich: There was an opportunity here. We saw there was room for a comfortable café that serves a good range of food for the whole family. We want to stand out. We think we have a good range of offerings, from our regular menu to our baked goods, specialty sodas and snack items. We love it when someone comes in and say, "wow, they have that?" We keep it fresh, though. It's like Costco, if you see it, you'd better buy it.

Devin: What are some of your favorite things about our community?

Rich: It's a really close knit community. Everyone gets

see TASTE page 5

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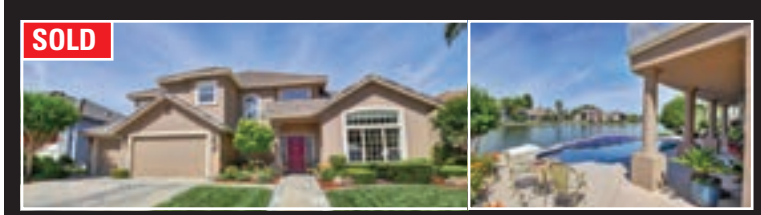

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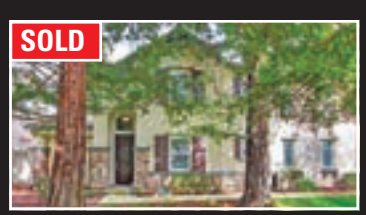

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Life on Two Rivers: Cold, Deep and Fast

By Ellen Cochrane

On the first day of each school year, I would pull out a laminated story from the local daily. The picture shows a boy in a life vest and the story covers safety on the river. My tanned students, fresh from summer, eyed the paper and passed it around. Then I told my stories.

Many years ago my father took me aside to show me a small clipping from the paper. A young girl drowned in the American River. Her last name was Brown, and I sat behind her the prior year in school. She tripped into an underwater hole and was overcome by the currents. She died on a beautiful July day playing with her family and friends.

My parents drilled river safety into us with one rule: Don't swim in the rivers. They were lifelong Sacramentans and had their own stories of river death.

Years later, one of my students died in the Sacramento River. He was being chased by a group of boys who were angry that he'd flirted with one of their girlfriends. He jumped into the river to evade them and drowned.

I taught immigrants – children from Laos, Vietnam, Mexico and other warmer climates. Equally dangerous rivers flow in these countries, but they are often not as cold, as deep or as fast moving as ours. Many of my students don't know how to swim, let alone understand icy mountain water. Pushed by blazing summer heat, the young and invincible will wade into the rivers. But in my silent classroom, wide-eyed students listened to my stories of dangerous undertows, snags and Sierra snow runoff.

Sadly, these stories are not new to some students. To keep their interest, one of my fall assignments was making a game. Students experiment with writing rules, and planning paths and strategies. Xiong turned in a two-sided paper, handmade dice with pencil point dots and simple instructions. The paper was covered with dozens of numbered spaces, arrows, ladders and pictures. The setting was Laos and the drawings depicted each of the perils he lived through before coming to America. There were villages with huts and gardens, men with guns, burning houses, mountains, rivers and an airplane that could go either to happy California with sun and dancing children or to a camp with barbed wire. You rolled the dice to begin your journey. The river square showed a person drowning.

Quickly I changed the tone from healthy fear to education: Learn how to swim. I smile and pass out papers that cheerfully announce swim lessons at the local pools.

Look at these free life-jacket stations. I flash pictures of the jackets from Howe Avenue and Discovery Park. Tell your folks my stories, and don't swim in the rivers. Swim in pools.

I'll never know if I have saved a life. Teachers never really know how lessons will follow students. They might be instantly forgotten or resurrected much later. But if a child brings lessons home, parents listen and information is passed on.

Fall is around the corner and teachers will be thinking of their new lesson plans. In the flurry of the first school days, teach a lesson that might save a life. Tell the stories you know, and then, come May, tell the stories again. Act flustered. Did I tell you this at the beginning of school? Yes, well, it must have been so important I have to repeat it.

Ellen Cochrane is a Certified California Naturalist and science writer living in Sacramento, California.

Taste:

continued from page 4

along and supports one another. It's like a family. That means a lot to us because we're a family business, my partner, Ray, is my brother in law. I don't know how often you see that?

Devin: Our community is lucky to have you, you've been a great supporter of our organization and other community efforts. Can you tell us a little more about yourself? What hobbies do you enjoy?

Rich: Mostly rest and spend time with family. Play with my 6 month old Golden. It's hard, my mind rarely leaves the business. It's my passion, making the business better, serving our customers better.

Devin: What should neighbors should look forward to?

Rich: We're going to host classic car shows on the first and third Fridays in September and October, then starting back up in April. Every second Wednesday of the month we have a paint and ice cream night for the kids. Parents can sign their kids up at Eventbrite.com, search for Paint and Ice Cream. For $15 kids get an hour of fun, a painting to take home and a free scoop of ice cream. While your house stays clean! Stay tuned, we're looking to add wine tasting soon as well …

Devin: That's awesome, we'll look to sign Henry up for a class in a few months! Thanks for your time. And for some really great food!

The Pocket Greenhaven Community Association encourages the community to support all of our local businesses. Local businesses interested in being featured can visit featured.pocketgreenhaven.org.





Door to Door

with PAT LYNCH

Costco August 8 evacuation

Around 8 p.m. I met my friend, Marie, at Costco. She wanted a bulk purchase of Nearly Naked popcorn. If you munch this at night you won't puff up the next morning and have to sweat it off. Costco was crowded but in we went. I was at the back, eyeing the bags of coffee, when the thought arrived: this was a big store busy with basket traffic, chattering kids, adults conferring over purchases. It was ideal for him. Who was he? He was the killer who used his specialized war weapon to slaughter dozens at once. One blast, a dozen down. Another blast, another dozen.

I know what to do when the thought comes. Shake it out. Clear your head. Assess those coffees. Banish the thought.

I did. I picked a French Roast and pushed the basket down the aisle. I strolled by the books, slowly. Some anguished romances, so no temptations there. Down another aisle. Halloween stuff up already. Marie appeared and put bread, cheese, a precooked chicken and wine in the basket. "Meet me by the popcorn," she said. "Nearly Naked is way up high so a clerk is going to get a forklift to bring it down." A forklift for popcorn? But I said okay.

I wandered over to the pharmacy and idly surveyed the various potions that restore youth in thirty days. I thought I heard someone call my name, but it was noisy and I strolled on. Suddenly Marie was there, her expression weird. "I've been calling you," she said. "Two police with automatic weapons and padded vests came in and said, 'Where's the camping equipment?' and went over to it."

"You saw them?"

"Just now."

Uneasy, we considered what to do. We could go now but didn't like the prospect of walking past the camping aisle. And if we were scared enough to leave we'd have to warn others.

Marie said, "The girl at the front door said maybe the police were just shopping."

I laughed, and we finally decided to get our popcorn and go. The police were here already, there were no loud popping sounds, no signs of panic or even worry, we were at a good distance from the camping equipment, things felt under control.

When we returned to the popcorn aisle we met up with Cynthia, the pretty, young Costco employee who was making arrangements. I told her I intended to film the forklift process to show how degenerate Marie was about popcorn. We had a nice time chatting with her before Cynthia excused herself, saying she'd return soon. She did, but this time her smile was gone. "You need to leave," she said.

"Leave the store?" we said at once.

"Yes."

Marie pointed to the basket. "What about this?"

"Leave it," Cynthia said.

Other Costco employees had fanned out, made eye contact with customers, motioned them to come forward and quietly told them to abandon their baskets and evacuate.

"You take care of yourself, Cynthia," Marie said, and Cynthia nodded.

Marie and I joined a crowd forming a line behind the counters. I felt numb at first but weirdly observant. We're in it, I thought. This is it, and we're in it. A young woman, face pale, eyes sick with fear, pulled her toddler boy from the basket, fiercely grasped the hand of her other son who was about five.

People turned from nearly full baskets without a backward glance, gathered their kids, and walked in silence. Nobody ran, nobody pushed. Parents put their children between them. A group of Costco workers urged us along in our silent, sudden exodus. When we emerged from behind the line of cash registers we saw from eight to ten police officers, all facing into the store, while we headed to the doors. A white male was stopped, frisked, released.

The thought came: now is the time for him to shoot, when we're all in a row. But it dissipated instantly. We had a human shield of police facing every aisle. We had only to get outside.

We did. We went right to our cars. Most people did the same. I heard a man say, "Nobody wants to hang around and get shot."

Well, there was no killer, or if there was someone who intended to kill, he got out before the police came. But there was trauma, and dread, and a fatal certainty: this will happen elsewhere, and the killer will use his easily acquired weapons on a crowd as innocent as ours.

We think Costco made the right call: evacuate people who may be in harm's way.

The next day a motorcycle backfired in Times Square and panic erupted. People pounded on theater doors and begged to be let in. Sobbing tourists ran into restaurants and shops. Twelve people were injured in the panic and six had to be hospitalized. "This isn't a country I want to live in with anxiety and fear for my life in public areas. This isn't right and this isn't a way to live," tweeted P.J.@petrinajc. Many caught in the fright expressed kindred sentiments.

As I write three men in three states are in custody for expressing desire to commit mass shootings. One Florida man, Tristan Wix, said he had already chosen a location. "A good 100 kills would be nice," he said. Another, Brandon Wagshot from Connecticut, stated on Facebook that he wanted to commit a mass shooting and is being held for illegal possession of large capacity magazines. A third, James Reardon from Ohio, was arrested for threatening a Jewish community center. He identified as a white nationalist and had a cache of guns and ammunition. Intoxicated by the power of the gun, these men stockpiled. It was easy for them to get their guns, and it's easy for anyone, anywhere in America. The person who tweeted from Times Square tweeted for Marie and me, and for all of us. "This isn't right and this isn't a way to live."

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Retired Woman with a Great Career Joins the Area's Homeless Population

By Jan Dalske

Betty was a well- dressed senior citizen, who was sitting on the wooden bench in front of the library on a Monday morning, waiting for the front doors to open. I started a conversation with her. She told me that she was very tired because she had just moved all of her belongings into a storage unit.

I asked her why. She told me that she had a great career and had retired with what she thought would be enough income to keep her going during her older years. She was wrong. The apartment that she was renting was affordable and her life was wonderful. She was comfortable and happily retired after many years of hard work.

But, then the notice arrived in the mail that the rent was increasing 30% over what she currently paid. She could not believe it. She had no way to pay that much unless she went back to work again. And, she did not want to go back to work. She had worked many years already and wanted to be retired.

She thought about getting a larger apartment and sharing it with another person. But, she did not know anyone. And, she said that "she was not interested in living with a complete stranger, as she was much too old and set in her ways to do that". And, she has no family members in town.

Her only option was to pack up all of her belongings and find a storage unit. So, now she is homeless and she is not sure what she will do to change that situation. I could tell that she was very upset about her current living situation. She seemed lost and was obviously angry about what had happened to her.

But, where can she go to complain? The City of Sacramento has been talking about rent control measures. But, so far, nothing has been accomplished. Over the last three years, many renters in our area have been hit with rent increases from 20 to 30 %. There have been many no-cause evictions, even after the renters have been there for many years.

In Sacramento's rental market at the present time, renters need to earn close to $28.00 an hour just to afford the median rents that are being charged. A recent survey found that 80% of the households with what are classified as being "low income households" in Sacramento County are spending more than half of their income on paying their rent.

The California Apartment Association is reported to have spent close to $500,000 in fighting rent control initiatives in nearby Bay Area cities. They also supported an initiative on the November 2018 Ballot that would have allowed more local rental restrictions.

Betty wants the City Council and Mayor Steinberg to do something now and quit talking about it. Maybe there will be a Ballot Initiative, maybe not. And, there is a new alliance that has been formed, called "Sacramento for Real Rent Control" which may help get something accomplished.

But, in the meantime, Betty is homeless, something that she thought she would never experience. She had worked hard for many long years and now finds herself is a position that she has no power to change. She only hopes that the City and State Governments can find a solution.

The citizens of our Capital City all deserve an affordable place to live. Rent Caps are needed and Tenant Protections need to be put in place. Betty asked "Does California want to see more homeless families on the streets of our cities?"

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Buddhist Bazaar featured the best in local Japanese fare and entertainment

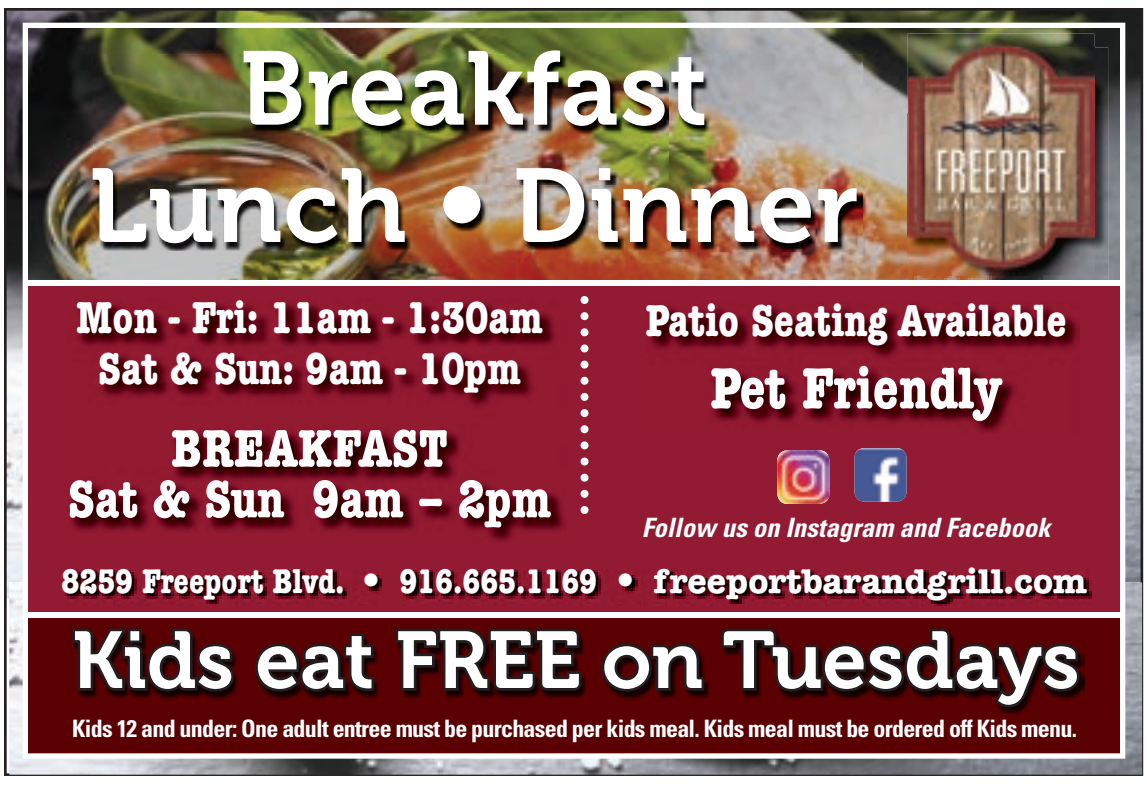








Photos by Joe Perfecto



By Joe Perfecto

It is the midpoint of Aug., and at the corner of Riverside and X, things have once again returned to business as usual. The dense walls of pungent smoke have cleared and the dust has settled; the booths have all been disassembled and carefully stowed away until they are mustered next summer; the displays have all been cleared; the pots, pans, trays, utensils, bins and prep areas have been cleansed; and the plaza grounds have been cleared and returned to their primary use as parking facilities. There is, in short, not the slightest hint that just days before, the Buddhist Church of Sacramento at 2401 Riverside was the site of what might be the region's largest ethnic bazaar—if not in size or scope then by virtue of its sheer popularity.

Always a major event, the annual Japanese Food & Cultural Festival (a.k.a the "Bazaar"), which will see its 74th edition in 2020, drew crowds in excess of last year's. And given that the grounds are huge, the number of attendees at any given point—let alone the total for the weekend—can surpass the population of many small towns. The temperate weather on that weekend (Aug. 10-11) and little competition from other nearby events were likely factors in the increase in attendance.

see BUDDHIST page 9





Buddhist:

continued from page 8

The resulting influx of traffic does put pressure on the surrounding neighborhood, especially with regard to parking. The church advises attendees—both via promotional materials and over the PA system throughout the event—to park at the pay lot under I-80 a few blocks away and take the free and convenient shuttle. This arrangement works well but is not availed by many visitors, who instead opt to park in other nearby lots, e.g. across the alley at Ming Dynasty, Golden One at 14th and across Broadway at Target. Target enforced a two-hour limit, and vehicles were in fact towed.

For a fully immersive experience, attending both days is best as most live performances only occur once. Also, as Sun. wears on, food items begin to sell out; by the end of the day Nippon-style nourishment is nil. And if something's going to break down, it's probably more likely to do so later on, which was the case this year; anyone craving tempura was out of luck on Sun., for a gas leak was found in the burner area beneath the woks, and since PG&E couldn't fix it, the booth was shut down. But everything else, such as the teriyaki dishes, udon, gyoza and takoyaki, could still be had. The latter two items, which were added this year, proved very popular and will likely be offered again.

The static cultural programs—calligraphy, handmade dolls and ikebana—were continuously accessible on both days. The dolls on display embodied extremely detailed craftwork as expressed in the figurines themselves, the traditional vestments that adorned them and the miniature props such as tea sets and picture cards that accompanied them. The walls of the calligraphy workshop were covered with framed examples produced by masters of the art. Guides were present to assist visitors in creating their own paper strips of brush-painted Japanese characters representing their names or perhaps a word or phrase.

The airspace both indoors and out resonated with the vibrations of assorted music and dance performances ranging from a koto trio and a Hawaiian-style ukuleke group to powerful taiko drumming and amped-up old school/funk/soul/classic rock. Most of the groups appeared in traditional dress, such as the Sakura Minyo Doo Koo Kai folk dancing troupe, whose members

see BAZAAR page 10





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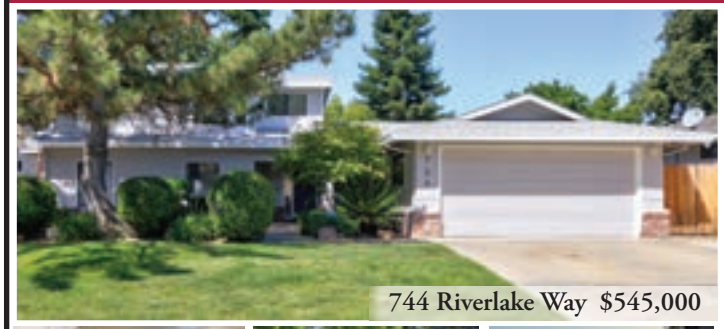

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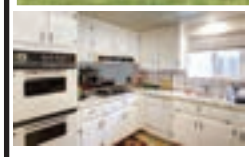

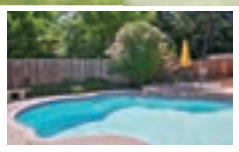

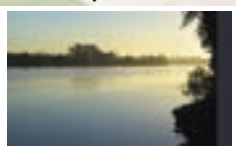

2 master suites (1 upstairs and 1 downstairs). Great for extended families. Open floor plan with vaulted ceilings. Boat/RV possible. Gorgeous built-in pool with water fall. New features: roof, gutters, shower, paint, refinished white kitchen cabinets and side gate. One AC is 3 years new. Home has 2 AC & 2 furnace. Updated lighting, fixtures, toilets, some windows, 2 sliding glass doors, pool pump and more. Spacious loft upstairs. Wonderful deck off master overlooking pool. Deck was redone 7 years ago. Sacramento River is in this neighborhood. Walk or bike on the levee to enjoy the water and gorgeous sunsets.

4 beds, 3 baths, 2592 square feet per assessor



Bazaar:

continued from page 9

were clad in exquisitely tailored, brilliant blue summer yukata as they executed their finely choreographed movements across the stage. Sakura Minyo's members range in age from 13 to 85, and several of the seniors performed in numerous dance numbers. It might not take a lot of convincing that with the help of a little magic, any one of the performers had just emerged from a 13th-century scroll painting that depicted a Japanese noblewoman in all her delicate beauty and grace. An audience could not be faulted for wondering if perhaps a protective shōgun might be lurking nearby.

Among the more interesting aspects of the various acts were: a song number based on the Village People's "YMCA" that featured handheld paddles bearing the letters S, B, W and A (standing for the Sacramento Buddhist Women's Association); the koto concert, one of whose performers was a very young African American girl who charmed the audience with both her playing of the harp-like koto and her fluency in Japanese; and on a personal note, this reporter found the senior members of the Sakura Minyo dance group profoundly beautiful, radiating poise and dignity.

Most performing groups return each year but changes occur occasionally. Due to the perennial popularity of the old school/funk/etc. East Wind Band, fans of the group can look forward to many encore performances in the years to come.

The festival, which was founded in 1947 as a means for members of the area's Japanese communities to congregate and celebrate their traditional culture, has come a long way from its roots, but while its reach has increased manyfold, its purpose remains unchanged. And for the church this is also the case. All festival profit supports church operations and a host of programs and associated organizations, including a legacy endowment fund that facilitates efforts to cultivate, promote and sustain the Jodo Shinshu tradition in Sacramento.

Although the next bazaar is fully 11 months away, interested parties can check out two church-sponsored events occurring later this month. On the 14th from 1-3:30 p.m. the church will host "Tule Lake: America's Worst Concentration Camp", a free presentation and discussion about how the camp attained that dubious distinction and related issues, conducted by authors Roger Daniels and Barbara Takei. The pair are working on a book examining Tule Lake and the experiences of the Japanese diaspora during the war years and subsequent decades.

Then, on the 29th at 2 p.m., the Sacramento premiere of the documentary film "Alternative Facts: The Lies of Executive Order 9066" will be screened at the California State Museum, 1020 O St. A flyer describes the film as being about the "false information and political influences which led to the World War II incarceration of Japanese Americans" and states that the film also "examines the parallels to the current climate of fear, targeting of immigrant and religious communities, and similar attempts to abuse the powers of the government." Tickets are $10 but the screening is free to students.

Information about these and other church-related events can be viewed at https://www.buddhistchurch.org/events-news.

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Faces and Places: Buddhist Bazaar

Photos by Stephen Crowley

The Buddhist Church of Sacramento held its 73rd annual Japanese Food and Cultural Festival on Aug. 10 and 11, featuring Japanese food (including their famous teriyaki chicken), games, cultural exhibits, and performances by Sacramento Taiko Dan and the East Wind Band.















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Cook Realty Charity Golf Tournament Returns for a 27th Year!

Their autumn event has raised over $430,000 for local non-profits and charities…

The 27th Annual Cook Realty Charity Golf Tournament happens Friday, Sept. 20th at William Land Park Golf Course. The nine-hole 'just for fun' golf follows with an all charity dinner and prize raffle that attracts hundreds of guests and golfers.

Since inception in 1992 the Cook Realty Charity Golf Tournament has raised almost $400,000 for local charities. An important characteristic of this unique event is that over 90% of the earnings are turned over to several local non - profits, schools and churches.

Cook Realty Broker Trey Bonetti says the event is successful in raising needed funds for many local non-profits and valuable community assets. "We understand how important these funds are and how many groups have come to rely on our help", said Bonetti. "We're proud of the accomplishments of our agents and the part they play raising money for charity in a challenging economy."

Golf Director Ed Daniels knows it doesn't happen without the help and hard work of literally hundreds of vendors, merchants and service companies from both within and outside the local real estate industry. "Each year we ask folks to donate time, money or goods and services and they respond overwhelmingly," says Daniels.

Jocelyn Yap, event coordinator, agrees; "We are grateful beyond words to the many participants large and small that make our event so significant to so many people," says Yap.

Meena Chan Lee plays a vital role, heading up a roster Cook Realty agents, who each play a part in securing ample gifts and prizes for the event dinner that evening. It is estimated the raffle helps to bring in as much as half of the total proceeds. "We have been so fortunate to be surrounded by so many fine business people in our community," she says, and "Each year they are thrilled with the result of participating. The return on their investment exceeds expectations".

Cook Realty wants to thank major sponsors that include Steve Larson of Farmer's Insurance, Bouey Termite & Construction, Ken Perry of State Farm Insurance.

Past generous contributors have included Scott Filby of Guild Mortgage, MetroList Services, Castro Insurance, Nathan Sibbet of Loan Depot , Sushi Café, Parker Foundation, People Finders, Yee Law Group, Full Circle Home Inspections, Phillips Painting, Hammond Painting, Affordable Trenchless and Independent Plumbing.

The late Charles Covey, then a Cook Realty agent, began the fundraiser in 1992. Each year an award is given in his honor to a community member who has exhibited selfless work and sacrifice on behalf of those less fortunate. Who will be this year's winner?

Play, donate or just come eat and enjoy the fun. Secure your spot at this year's Cook Realty Charity Golf Tournament, Dinner & Raffle. Call Cook Realty at 916-451-6702 for tickets and details.

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Group Called "350.org" Working to End the Age of Fossil Fuels

By Jan Dalske

Have you heard of the "International Movement" that is made up of ordinary people who are all working to end the age of fossil fuels and to build a world of community-led renewable energy for all? They describe what they are doing as a "fight against climate change is a fight for justice". People in all countries of our world are feeling the impacts of climate change. And, the people who are suffering the most are the ones that have done the least to cause the problem. They want us to cut off the "social license" and financing for the fossil fuel companies: "divest, de-sponsor, and defund".

They are aware that the climate crisis is immense and feel that "we must be daring and courageous in response". says Jamie Margolin, a 17-year-old climate justice activist, "and I'm terrified of what the future holds if we remain on our current carbon trajectory" "It's time for adults to join us, and help us with this immense weight we are carrying. We the youth are calling on people of all ages to join in — and we need all of us to heed the call to action."

Climate change is not just an environmental issue. It is a social justice issue, and an economic issue. The goal is to accelerate the transition to 100% renewable energy for all. 350.org feels that this can be accomplished by banning all oil, coal and gas projects from being built. This will be done by using local restrictions and community resistance efforts.

We want to cut off the "social license" and financing for the fossil fuel companies: "divest, de-sponsor, and defund". We are aware that the climate crisis is immense and feel that "we must be daring and courageous in response". Jamie continues. "The climate crisis looms over every single decision I make, and impedes any and all plans I try to make for the future. I have never known a time in my life where life on earth as we know it wasn't coming to an end thanks to the climate crisis".

350.org was founded in the United States in 2008 by a group of university friends. Author Bill McKibben, who wrote one of the first books about global warming for the public, was part of the group. The name 350.org refers to 350 parts per million, the safe concentration of carbon dioxide in the atmosphere.

The group was active during the International Day of Climate Action that took place in 2009, the Global Work Party in 2010, and Moving Planet in 2011. Before you knew it, 350 .org had become a planet-wide collaboration of organizers, community groups and just ordinary people who are fighting for the future. Today, the group 350.org works on grassroots campaigns across the globe.

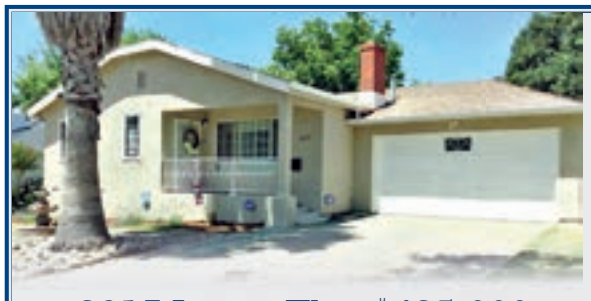
They oppose coal plants and mega-pipelines, support renewable energy solutions and cutting financial ties of the fossil fuel industry. All of their efforts are to leverage people power that will help to dismantle the influence and infrastructure of the fossil fuel industry.

Some of their proudest movements in recent years include campaigns against Keystone XL and Dakota Access in the United States. They have stopped fracking in hundreds of cities in Brazil and Argentina. And, they also joined grassroots mobilizations before and after the Paris Climate Agreement was signed.

Their efforts have encouraged hundreds of universities, foundations, cities, and churches to divest from fossil fuels. 350.org knows that no one has all the answers. And, they value the experience and knowledge of their partners and all of their communities. They are building a future that is just, prosperous, equitable and safe from the effects of climate change.

On September 20th, millions of people of all ages around the world will walk out of their classes, jobs and homes as part of a Global Climate Strike. They are asking you to join them. There are already 200 Climate Strikes on the map in the United States. You can join one, or sign up to host one where you live. 350.org is building a global climate movement.

You can connect with them on Facebook, follow them on Twitter, and text 350 to 83224 to get important mobile action alerts. You can also become a sustaining donor and help keep their movement strong and growing. If you are looking for more ways to get involved, check out their map to see if there is a local 350 group to event scheduled near where you live.



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Social Security Presentation - Friday, September 13, 1:00-2:00pm; Free

Tips for Energy Conservation - Tuesday, September 24, 2:30-4:00pm; Free

Medicare 101 - Thursday, September 26, 3:00-4:00pm; Free

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A Roarin' good time in '39

Southside Park was scene of centennial 80 years ago



Photo courtesy of the Sacramento Public Library
This 1939 view of Roarin' Camp at Southside Park shows many people dressed in period attire.

By LANCE ARMSTRONG

This year marks the 80th anniversary of a grand, three-month-long, citywide celebration, which attracted many thousands of people to Southside Park and other parts of the city.

Known as the Sacramento-Golden Empire Centennial, the event was held to recognize the mid-August 1839 landing of Capt. John Augustus Sutter on the south bank of the American River, as well as the establishment of Sutter's Fort, and the Gold Rush era.

Planning for the event was launched a year in advance, and leading up to the centennial, Sacramento men began participating in the Whiskerinos of the World beard campaign, in which participants abandoned their razors and let their facial hair grow.

Two divisions were established for longest beard contests, which would be held on May 13, 1939. One division feted bearded men who were growing their beards before the announcement of the event, while another division featured men who were clean-shaven on the day the campaign began.

Although the Sacramento-Golden Empire Centennial would not officially begin until May 12, 1939, the initial preliminary event of the celebration was held on Jan. 24, 1939, when a group of several hundred costumed whiskerinos from El Dorado County rode the 10-car Gold Discovery Special train from Sacramento's Southern Pacific passenger depot at 4th and I streets to Placerville, en route to Coloma. It was in the latter place where the group attended an event celebrating the 91st anniversary of James Marshall's gold dis-

see CENTENNIAL page 18

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Faces and Places: National Night Out in South Land Park

Photos by Stephen Crowley

On Tuesday, Aug. 6, the South Land Park Neighborhood Association held the annual neighborhood National Night Out celebration at Alice Birney Waldorf-Inspired K-8. Family friendly activities included free Gunthers ice cream donated by Councilmember Jay Schenirer; free hot dogs & chips courtesy of Raleys #405; free appetizer samples courtesy of Scott's Seafood; free kids face painting; and food truck fare on sale from North Border and New Bite. There were performances by the Ohana Dance Group, iYa Taekwondo, Top Class Magic and DJs playing music. In addition to city police and fire personnel, the event featured an array of local businesses, nonprofits, and school groups to visit. Throughout the night, there were visits by local elected officials including event sponsors Councilmember Jay Schenirer and Councilmember Steve Hansen.













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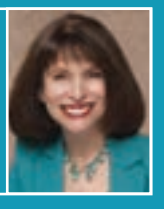



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Centennial:

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covery that led to the great California Gold Rush.

To prepare Sacramento for the centennial event, a citywide beautification program was launched. Included in that effort to enhance the city's appearance were cleaning up entrances to the city and planting trees.

Through a Congressional resolution, President Franklin D. Roosevelt was authorized to invite foreign nations to participate in the centennial.

One country that would officially join in the celebration was Switzerland. Sutter was a German-born Swiss immigrant.

As part of the event, people headed to Sutter's Fort for a variety of attractions, including an opening ceremony with speeches, band concerts, and actors impersonating Sutter and other pioneer characters.

The fort's museum remained open throughout the celebration.

Also drawing large crowds was a parade of youth dressed as cowboys, Indians and gold miners. The procession, which advertised for a cowboy contest and rodeo, began at the city plaza (today's Cesar Chavez Plaza) and made its way to 11th and K streets before returning to the plaza.

The centennial's attractions additionally included a public luncheon at the Hotel Senator, and a re-enactment of Sutter's 1839 landing. Sutter was portrayed by John McMahon, who had been acting as the captain for three months at Sutter's Fort.

Another featured attraction of the Sacramento-Golden Empire Centennial occurred on 12 acres at the south end of Southside Park's lake.

That property was converted into Roarin' Camp – a composite re-creation of Mother Lode mining towns and Sacramento structures of the Gold Rush era.

Open daily from 1 p.m. to 2 a.m. through Aug. 12, 1939, Roarin' Camp included a dance hall, assay offices, a bathhouse, a bakery, hotels, a firehouse, miners, gamblers, and vaudeville acts in the Eagle Theater and beer garden.

Horsemen portraying Pony Express riders of the early 1860s were also present.

Altogether, Roarin' Camp had 50 buildings that were reminiscent of the days of 1849.

A preview for this attraction in the May 13, 1939 edition of The Sacramento Bee notes: "It is like opening a page of Bret Harte or Mark Twain to walk into Roarin' Camp. In the Red Dog Saloon, one might expect to see that lazy ruffian, Sam Smiley of Calaveras jumping frog fame, slouching over the bar, waiting to trim somebody on a sharp wager.

And in El Dorado, Roarin' Camp's gambling hall, the illusion is so real that the face of the suave John Oakhurst is expected behind a faro table or roulette wheel."

On its first day alone, 14,227 people visited this attraction.

A couple of C.K. McClatchy High School grads in their 90s fondly recalled Roarin' Camp last week.

One of those alumns is Dick Ryder, who graduated from this Land Park institution in 1947.

Ryder described Roarin' Camp as having had the appearance of an old-time movie set.

"The Roarin' Camp was really a roarin' camp," he said. "They really had it fixed up just like (it) was in the days of 1849.

"It was better than the State Fair, actually, as far as the action, as far as male Sacramento was concerned. It was well promoted and there was really (a town there).

"It was like Sacramento's World Fair. It was our centennial of Sutter's arrival in Sacramento when he built the fort and all."

Ryder also commented on the whiskerinos.

"I wasn't capable of being a whiskerino, unfortunately," he said. "I was about 10 years old. But my dad (Clark Ryder) was a whiskerino, and every (adult) male member of society in Sacramento was a whiskerino."

Ryder added that during his youth, he was hopeful that an improved Roarin' Camp would be built in 1949 for the 100th anniversary of the founding of the city of Sacramento.

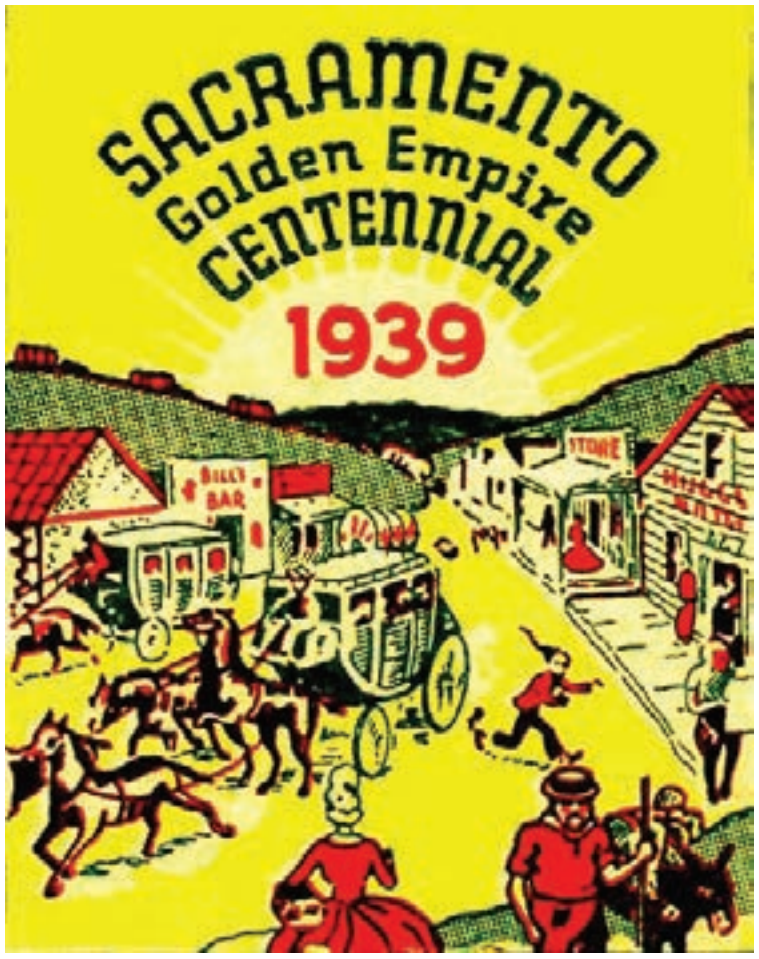

Photo courtesy of the Lance Armstrong Collection

This artwork advertised for the Sacramento-Golden Empire Centennial in 1939.

"I figured, 'This is pretty good practice for 10 years from now,'" he said. "But they didn't have a celebration 10 years (later). I was always looking forward to it. If the Roarin' Camp was so good, how come we didn't have a better one coming up in 1949?"

Also reminiscing about Roarin' Camp was Joanne (Diepenbrock) Nelson, a 1944 McClatchy High graduate.

"I do remember going in there," she said. "Everybody was dressed up in their '49er clothes, and having fun. I remember my parents (Joseph and Ann Diepenbrock) took me. I think my mother even made me a dress that was long and old-fashioned with long sleeves.

"I was about 13. I was in 7th grade (at California Junior High School – today's California Middle School). One thing I remember is one of my friends (Irene Veress – later Irene Raymond) that I had just met was there (at Roarin' Camp) with her sister and her brother-in-law. They were older. I remember it was just so much fun to see her (at that centennial attraction)."

With the Sacramento-Golden Empire Centennial nearing its conclusion, a historical pageant known as The Dawn of Gold was presented on Aug. 9 through 12, 1939.

Held in the venue known today as Hughes Stadium, the pageant, which had a cast of about 2,000, portrayed such history as Sutter's landing, the raising of the Bear Flag, and the story of the Donner Party.

Following the pageant, the final attraction of the centennial – a theatrical performance – was held in Roarin' Camp. The show began at midnight in the Eagle Theater.

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What's happening Pocket/Greenhaven?

TUESDAY, SEPT. 10

THE POWER OF ROUTINE: The power of routine can benefit everyone offering stability, assurance, familiarity and security during their daily activities. Proper lighting design is key to synchronizing your circadian system (sleep/wake cycle) and should be considered in any remodel. Learn how lighting can help you establish beneficial routines in your lives and help you feel better during the day and sleep better at night. Pre-registration required. Free of Charge. Class will be held Tuesday September 10, 2019 from 11:00a-12:00pm at ACC Senior Services 7334 Park City Drive. For more information, call (916) 393-9026 ext 330 or www.accsv.org.

WEDNESDAY, SEPT. 11

HIMALAYAN SINGING BOWLS: The harmonics of Himalayan Singing Bowls have been used to create both physical and mental health. You will be introduced to several bowls and learn how to play the bowls and get their greatest benefits. Experience the calming harmonics of the Singing Bowls and learn techniques to relax the body & mind and bring balance. Pre-registration and pre-payment of $20 required or $25 drop-in at the door. Class will be held on Wednesday September 11 from 1:30p-3:00pm at ACC Senior Services 7334 Park City Drive. For more information, call Susan Sarinas (916) 393-9026 ext 339 or www.accsv.org

ART OF GATHERING: MONOGRAMMED COASTERS: Experience the art of gathering as you get hands-on with "A Makers Studio " DIY decor and enjoy meaningful conversation and connection. Learn how to make set of monogrammed coasters. Class includes all materials to complete this project. Pre-registration required. $7 payable to Natalie Wyatt and $3 payable to ACC. No refund or credit. Class will be held Wednesday September 11, 2019 from 6:00p-7:00pm at ACC Senior Services 7334 Park City Drive. For more information, call (916) 393-9026 ext 330 or www.accsv.org.

THURSDAY, SEPT. 12

INTRODUCTION TO ACUPUNCTURE: Acupuncture has been practiced for over 2,500 years in China and has spread to many parts of Asia. Come and learn the history and art of this ancient holistic medicine. Learn the mystery and science behind how you can benefit from sterile needles that are inserted on specific points and various locations on the body. This workshop does not require prior experience or knowledge of acupuncture or Chinese medicine. Pre-registration and pre-paymentof $3 required. Drop-in fee of $5 at the door. Class will be held Thursday September 12, 2019 from 4:30p-5:00pm at ACC Senior Services 7334 Park City Drive. For more information, call (916) 393-9026 ext 330 or www.accsv.org.

FRIDAY, SEPT. 13

SOCIAL SECURITY PRESENTATION: The Social Security Adminstration administers different programs. This presentation will be about Social Security Retirement benefits such as eligibility rules--what it means to receive benefits before, during or after normal retirement age and eligibility requirement to received spouse's, divorced spouse's, or widow's benefits. Pre-registration required. Free of Charge. Class will be held Friday September 13, 2019 from 1:00p-2:00pm at ACC Senior Services 7334 Park City Drive. For more information, call (916) 393-9026 ext 330 or www.accsv.org.

THURSDAY, SEPT. 19

WE'RE READY! ARE YOU READY FOR PUBLIC BENEFITS?: This seminar is education on your public benefits (Medicare, Medi-Cal, and Veteran's Benefits). Pre-planning for your benefits is a must. Many are unprepared for the crisis and want to stay home; the question is how will you pay for the cost of care. Learn from experts and how to prepare without buying insurance products. Learn how to make your retirement funds last. Pre-registration and pre-paymentof $3 required. Drop-in fee of $5 at the door. Class will be held Thursday September 19, 2019 from 1:00p-2:00pm at ACC Senior Services 7334 Park City Drive. For more information, call (916) 393-9026 ext 330 or www.accsv.org.

ONGOING

ACC FAMILY CAREGIVER SUPPORT GROUP: Are you caring for a loved one? We understand that caregiving comes with the joy of giving back but many challenges as well. Please join us in our support group meeting and share informational/emotional support and guidance with other caregivers and staff. Meetings are held on the second Wednesdays from 12:00p-1:30p and the 4th Thursdays from 6:30p-8:00p at ACC Senior Services 7334 Park City Drive. For more information, please contact Soojin Yoo, MSW at (916) 393-9026 ext 336 or www.syoo@accsv.org. .accsv.org.

ROTARY CLUB OF POCKET-GREENHAVEN MEETINGS: You're invited! Come join the Rotary Club of Pocket-Greenhaven on Thursday mornings, 7:30 at Aviator's Restaurant at Executive Airport. You are welcome as our guest to learn more about our leadership organization and meet with business, civic, and professional leaders who are making a difference in our neighborhood! Contact Bob Smith, at 916-215-1332 or visit https://pgr.rocks/ to find out more.

PARKINSON ASSOCIATION OF NORTHERN CALIFORNIA South Sacramento Support Group: Every second Thursday of the month from 1 to 2:15 p.m., Location: Asian Community Center (ACC), 7334 Park City Drive, Sacramento, CA 95831. This support group is free to those who are living with Parkinson's Disease, their family and caregivers. The group shares information to help each other and provide guest speakers who can assist with physical and mental challenges in daily living.

SIRS BRANCH 93 meets every third Monday of each month. Lunch is at 11:30 in the Elks Club, 6446 Riverside Blvd.
If you are retired or close to retirement and looking to join a men's group, we are Sons In Retirement. A group of men with a wide variety of backgrounds that love to socialize, play golf, bowl, pinochle, hike, bike ride or maybe you would like to form an activity that you are interested in, join us. The first lunch is on the group. Give Jack a call, there is always room at our meetings. Interesting speakers and a great buffet are included at each meeting. Jack Reefer 916-424-1303 or email me: jreefer@sbcglobal.net

ENGLISH CONVERSATION GROUP: The Robbie Waters Pocket-Greenhaven Library hosts an English Conversation Group every Wednesday from 5:30-6:30 p.m. 7335 Gloria Drive, Sacramento.

FRIENDS AND FAMILY OF SURVIVORS SUPPORT GROUP: Every first Monday of the month from 6 to 7 p.m. Location: Sacramento. Call 916-428-3271 for exact location. Description: Is your friend or family member in a domestic violence, sexual assault, or human trafficking situation? This free, drop-in group is for you. Learn how to support your loved one, and receive some support yourself among people who are in the same situation. Feel free to call My Sister's House for more information: 916-428-3271.

#METOO SUPPORT GROUP: Every third Monday of the month from 6 to 7 p.m. Location: Sacramento. Call 916-428-3271 for exact location. Description: This drop-in support group is free, confidential, open to all genders, and available to sexual assault survivors at any point in their healing. Feel free to call My Sister's House for more information: 916-428-3271.

MUSIC AND MOTION AT BELLE COOLEDGE COMMUNITY CENTER: Rowena Alverto brings exercise classes for seniors with a combination of yoga, tai chi, zumba, for seniors on Wednesdays from 8:30 to 9:30 a.m. $3. 5699 South Land Park Drive.

LOW-COST VACCINATION CLINICS AT THE SSPCA: Mondays and Tuesdays from 11 a.m. to 3 p.m. for vaccines; no appointments necessary. Vaccines include:
1) DAPP vaccine ($20) — DAPP stands for Distemper, Adenovirus, Parainfluenza, and Parvovirus. While important for dogs of every age, puppies are susceptible to the Parovirus.
2) Bordetella ($20) -- often referred to as the kennel cough vaccine, this helps protect against a strain of bacteria that can cause kennel cough. Many boarding kennels and groomers require this vaccine for services,
3) FVRCP vaccination ($20) prevents three potentially deadly airborne viruses: rhinotracheitis, calicivirus and panleukopenia in cats,
4) Rabies shot ($6) -- this vaccine is required by animal control or to license your dog. The first vaccine is valid for one year, subsequent vaccines if given on time will last 3 years.
If you are 65 or older, vaccinations are free!
The Sacramento Society for the Prevention of Cruelty to Animals is located at 6201 Florin Perkins Road, Sacramento.

INTRODUCTION TO COMPUTER: This class is designed for beginner or students with limited or no experience with computer. Learn about computer hardware, system components, software and more. Pre-payment of $30 and pre-registration required. Class will start from January 16 thru 25, 2018 on Tuesdays and Thursdays from 1:30 to 3 p.m. at ACC Senior Services, 7334 Park City Drive. For more information, call 393-9026 ext 330, www.accsv.orgs.

ARTISTS' AND CRAFTERS' GROUP – Held on the 2nd and 4th Tuesdays of each month, this meet-up was started to allow participants from past and current "In Creative Company" classes to continue meeting. Any artists or crafters who are interested in this social group are welcome--just bring whatever you're working on and join us! 1 p.m. to 3 p.m. at Robbie Waters Pocket-Greenhaven Library, 7335 Gloria Drive, Sacramento.

THE CLARKSBURG COMMUNITY BAND INVITES YOU TO JOIN: How about dusting off that horn and getting involved! The band is a group of musicians that enjoys sharing a love of music with each other and our communities. The band is looking to expand the ensemble and wants to welcome those who are interested and who play a standard concert band instrument. The band meets Tuesday evenings from 7:30 to 9 p.m. at Delta High School, 52810 Netherlands Ave., Clarksburg. For more information contact Randall Veirs, Delta High School Band Director at rveirs@rdusd.org

FREE LINE DANCE CLASS: Every Thursday from 1:00 p.m. - 2:00 p.m. "Two Left Feet" dance class for beginners. If you think you have "two left feet" this class is for you. Anyone can participate in this fun activity. Friendly group of people. Drop-ins welcome. Sponsored by ACC Senior Services. Class held every Thursday at ACC Greenhaven Terrace, 1180 Corporate Way. First class is always free. For more information call (916) 393-9026 ext 330. www.accsv.org

WEDNESDAY COFFEE AND CONVERSATION GATHERING: Every Wednesday morning from 7 to 10 am., join neighbors at Cafe Latte, 7600 Greenhaven Drive, for conversation and fun. Find the group back near the piano.

ROTARY CLUB OF SOUTH SACRAMENTO: The friendliest club in Sacramento, the Rotary Club of South Sacramento meets every Thursday from 11:30 a.m. to 12:45 p.m. at the Casa Garden, 2760 Sutterville Road.

SUNDAY BREAKFAST BUFFET AT THE ELKS LODGE, NO. 6: From 8:30 to 11 a.m., enjoy eggs, omelets, corn beef hash, bacon or sausage. 6446 Riverside Blvd.

SOROPTIMIST INTERNATIONAL OF SACRAMENTO SOUTH: Meetings on the second and fourth Tuesday of the month at Aviators Restaurant, Executive Airport, 6151 Freeport Blvd. For more information, call Dee at 341-7852.

JOB COACH APPOINTMENTS AVAILABLE AT POCKET LIBRARY– Make an appointment to meet one-on-one with a volunteer job coach and get help with online job searching, using library databases, interviewing tips, resume writing, and more. For questions or to schedule an appointment, please ask at the library service desk or call 916-264-2920 during open hours. Appointment times are available for most Wednesdays between 1 p.m. and 3 p.m. at Robbie Waters Pocket-Greenhaven Library, 7335 Gloria Drive, Sacramento.

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