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Pocket News

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Featured Business:

DEVICE BREWING

see page 4

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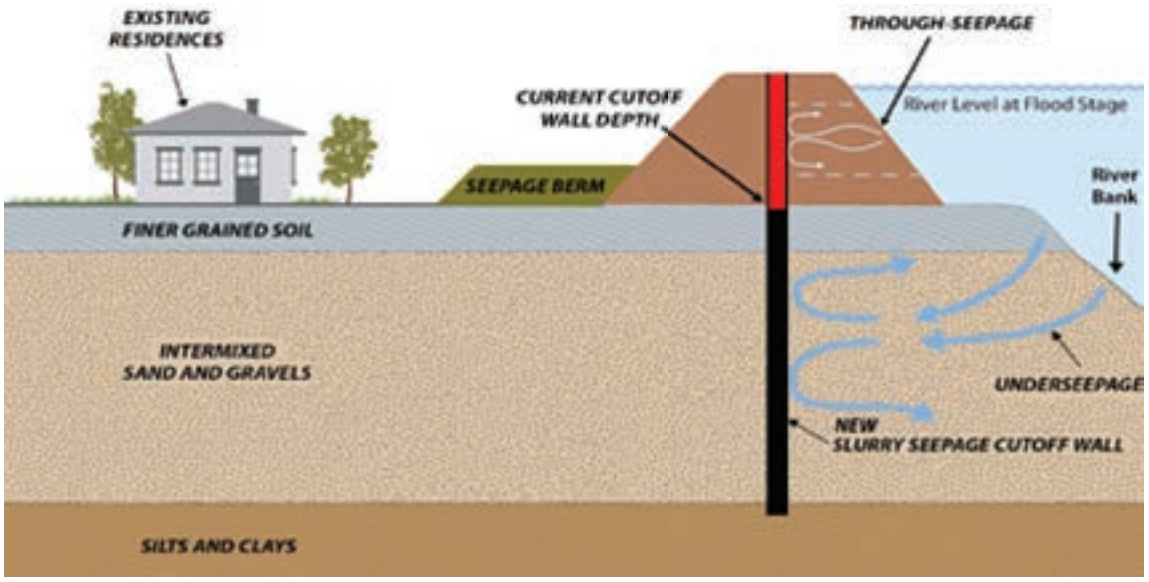
What do Interstate-5 and Sacramento River levees have in common? They're part of our neighborhood…



Pictorial depiction of the new slurry seepage cutoff wall that will be constructed starting March 2020 in select areas on the Sacramento River Levee from Miller Park downstream to the Water Tower at Pocket-Greenhaven.

Community meeting set for Jan. 30

By Pete Rabbon and GariRae Gray, Secretary, PGCA

Pocket-Greenhaven Community Association (PGCA) is one of many neighborhood associations in the city of Sacramento and its mission is protecting, promoting, and informing an exceptional neighborhood. Two construction projects in particular will impact Pocket-Greenhaven neighborhoods during 2020, and the PGCA will be monitoring these projects to ensure that Pocket-Greenhaven residents are informed of the community impacts. Despite the short-term inconveniences, these construction projects will certainly make our neighborhoods better and safer in the long term.

Interstate-5 Construction, "SAC 5 Corridor Enhancement":

As Pocket-Greenhaven drivers have undoubtedly noticed over the past several years, the 40-plus-year-old I-5 has developed problems, including cracked concrete slabs requiring emergency patches, and a sinkhole that formed on the shoulder. In addition, there have been several major crashes from vehicles skidding on the worn pavement.

Then there is the daily commute congestion: Pocket-Greenhaven residents are certainly aware that during commute hours, the traffic exceeds the freeway capacity. Caltrans studies confirm this and the department expects further congestion in response to the residential development of Delta Shores and the expansion of Elk Grove.

In response to the deteriorating traffic and structural conditions of I-5, Caltrans will be reconstructing and expanding I-5 from south of Elk Grove Boulevard to the American River Bridge, north of downtown. The

see LEVEES page 3

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Cover photo by: Zach Clevenger

Levees:

continued from page 2

three-year, $370 million project will include rehabilitating 67 lane miles of I-5, including ramps and connectors, adding carpool lanes in both directions between Highway 50 and south of Elk Grove Boulevard, extending acceleration and deceleration lanes, and adding an auxiliary lane to ease traffic for those getting on and off the interstate in Elk Grove.

In the Pocket-Greenhaven and Little Pocket communities, I-5 project work has been on-going for several months on pedestrian bridge near Riverside and 35th Street and on several on-off ramps. In addition, significant work is proceeding on the sound wall near the south-bound on-ramp to I-5 at Pocket Road.

At this point, extensive I-5 lane closures have not occurred, but will be expected when the lane additions and rehabilitation of pavement begins. Caltrans is planning to have much of the closures at night, but daytime closures will also be necessary. It's expected that the activities requiring lane closures will occur after 2020, but may be required sooner if the project contractors get ahead of schedule.

To ensure Pocket-Greenhaven residents are well-informed concerning the I-5 construction project, PGCA has arranged for Caltrans and City Traffic representatives to present information and answer questions at a public forum. The public meeting is scheduled for January 30, 2020, 6:00 PM, at the Robbie Waters Library Community Room, 7335 Gloria Dr, Sacramento, CA.

For addition information, residents can access the Caltrans website for the I-5 project: https://dot.ca.gov/caltrans-near-me/district-3/d3-projects/d3-sac-5-corridor-enhance-0h10u

Also, the Caltrans News site provides updated information as the project progresses. Those items related to I-5 are preceded by the I-5 icon: https://dot.ca.gov/caltrans-near-me/district-3/d3-news?page=1

Sacramento River Levee Rehabilitation

Modernizing Sacramento's aging flood infrastructure still requires a lot of work. The United States Army Corps of Engineers (USACE) and it's State and local partners are fully funded for nearly $2 billion in improvements to Sacramento's flood infrastructure to reduce flood risk for Sacramento – perhaps America's most at-risk city for severe flooding.

Nearly $500M in levee improvements will be constructed in the Pocket-Greenhaven and Little Pocket neighborhoods between 2020-2024. This year Pocket/Greenhaven will see nearly 3 miles of slurry seepage cutoff wall construction along the middle of the levee separating our neighborhoods from the Sacramento River. Many may remember cutoff wall construction in the 1990's, which was installed to prevent seepage "through" the levee. This work is essentially the same, except it will penetrate much deeper into the ground.

The new construction is needed because over time, it was found that "underseepage," or seepage under the levee was also a risk to our neighborhood. Seepage under a levee, similar to seepage through a levee, can lead to levee failure (see pictorial depiction). In some areas, the 3 foot-wide slurry seepage cutoff wall improvements will need to be over 100' deep. The 2020 construction will take place in the following areas; downtown near Miller Park, just north of Sutterville Road, Little Pocket near Banfleth Park, and the largest section will be in Pocket-Greenhaven from just north of Garcia Bend Park downstream to the Water Tower.

Major construction will start in April after the flood season and continue thru the summer. During construction, expect the rear boat parking area at Garcia Bend Park to be closed, as well as the boat launch. There will be restricted levee access for recreation by both pedestrians and bicyclists, and traffic impacts as the result of truck hauling to and from the staging area at Garcia Bend and the Little Pocket access points.



USACE contractor drilling through the levee to determine underlying soil conditions for design of future work.

You may notice preconstruction activities from now until late February. Wherever the slurry seepage cutoff wall will be constructed, trees within the top 50 percent of the levee will be completely removed and trees overhanging the top 50 percent of the levee structure will be trimmed to provide heavy equipment access and clearance. So don't be surprised if you are walking on the levee and you see only a three foot stump where a tree once existed. (The stump will be removed during slurry seepage cutoff wall construction.)

PGCA will keep the neighborhood informed by publishing articles in the Pocket News and posting on social media. Additionally, USACE has established a website at www.sacleveeupgrades.com, and a public meeting tentatively scheduled in March 2020 after the construction contract is awarded.

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-Ben Franklin





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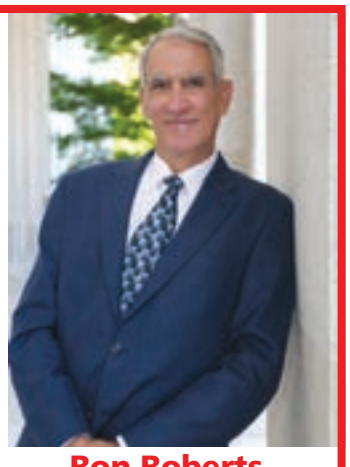

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Featured Business: Device Brewing





Photos by Zach Clevenger of Device Brewing

By Devin Lavelle and Will Cannady

The Pocket Greenhaven Community Association's featured business is Device Brewing, join us as we get to know its owner and head brewer Ken Anthony:

Devin: Hey Ken, we have been looking forward to this for a long time! I know this location means a lot to you, as Pocket residents. Can you start out by telling us a little about yourselves?

Ken: I started Device with my wife, Melissa. We opened in 2013, after about a year and a half of prep. We ran the first location until opening Ice Blocks in 2018. This will be our third, and perhaps final, location.

We've lived here for about six years. We like the community, the feel of the Pocket. It's welcoming, not pretentious and it's close to the things we need, downtown and the freeways. There's good shopping with Nugget, Bel Air, Delta Shores. The neighborhoods are nice and quiet. We love walking on the levee, the bike paths, the parks. Garcia Bend is awesome. Marriott Park is where we spend most of our time. My only complaint is that there hasn't been enough to do with the family, especially family dining options.

Will: Glad you enjoy our neighborhood. One of the first things we did after I brought neighbors together to create the Pocket/Greenhaven Community Association was a survey asking local residents what they felt our area needed. The overwhelming response was more retail and dining options. How do you envision your new Device Brewing locating fitting in with our neighborhood?

Ken: We envision it as a community hub, the place in the Pocket to go. It's really one of a kind to be able to accommodate this number of people, to be a brewery that offers our own local craft beer, unique food options. We're offering sausages, cheese steaks, wings. We're looking to offer food options that aren't already here. There's plenty of pizza and burgers, Chinese, Thai. We're looking to offer a community atmosphere, where you can celebrate craft beer, but do it with your family. We have a ton of outdoors seating, where you can enjoy the beautiful Pocket weather. I had a dream about this place when I couldn't find a place to take my family on the weekend. We had to go to Folsom, Elk Grove, Roseville … You can also have our complete line of beers, beyond what's available at the grocery store, here in the Pocket. It's much more accessible to Land Park, Elk Grove.

Devin: That sounds great. My boys will really enjoy your kids' corner! I had a nice conversation with one of your staff at the ACC Maple Village opening event. It was great to see you supporting that important community event -- and we're grateful you've supported PGCA in the past. I imagine the new business will be as much of a part of the community as you already are?

Ken: Definitely! We've already booked the Pocket Little League Fundraiser for May 3 and you and I have talked about a Sacramento State Alumni event. We will also have some really cool atmosphere for Fourth of July. For team parties for

see BREWING page 5

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Brewing:

continued from page 4

soccer and baseball. The wine lounge space will be great for bridal showers, baby showers, things like that. It will be a lot of fun.

Will: Thank you for supporting our local youth. As a local teacher at the School of Engineering and Sciences I know how much of a difference supporting youth sports can make in a child's life. Can you tell us some more about how you came to choose your current space?

We feel like we picked the best spot in the Pocket to do this. Head and shoulders above the rest. There's plenty of parking, the space is more inviting, tons of natural light, more than half of our walls are glass. We have year-round shade and rain protection. The unique shape allows us to have 7k sq ft without feeling cavernous.

Devin: It is really cool seeing your vision come together in this space. I have always loved your beer, I often drop by the brewery before or after a meeting at Sac State. Integral may be the best classic west coast IPA coming out of our region. So what's the secret? What is your philosophy as a brewer, how do you stand out in a crowded market?



From left to right: Will Cannady, Ken Anthony and Devin Lavelle

Ken: We tend to be sticklers for quality and consistency. We want to make sure we serve great beer every time. We focus on the classic styles, pilsners, IPAs, stouts. Our lager game is one of the strongest around. We source top shelf ingredients rather than buying the cheapest stuff out there. We look for opportunities to be creative without pushing things out for the sake of pushing things out. If we are going to do something different, we want to make sure it is awesome.

Will: One of the goals of the Pocket/Greenhaven Community Association is to support local business. How was Councilmember Jennings's office also able to assist you?

Ken: Councilmember Jennings was able to connect us with sewer credits, which helped the project pencil out and were very supportive through the permitting process. They were really a big help.

Devin: That's great! So what should we expect coming up?

Ken: We'll do some soft opening and sneak preview type events. We will be quietly opening as we get our feet under us. Word may travel fast, but it will be several months before we announce a grand opening. This is a large location, so we will want to really dial things in before we do the grand opening. Make sure we can be confident that we're offering an excellent experience.

Devin: We appreciate your commitment to quality and cannot wait to raise a glass of Integral to celebrate the opening!

Local businesses interested in being featured can visit featured.pocketgreenhaven.org.



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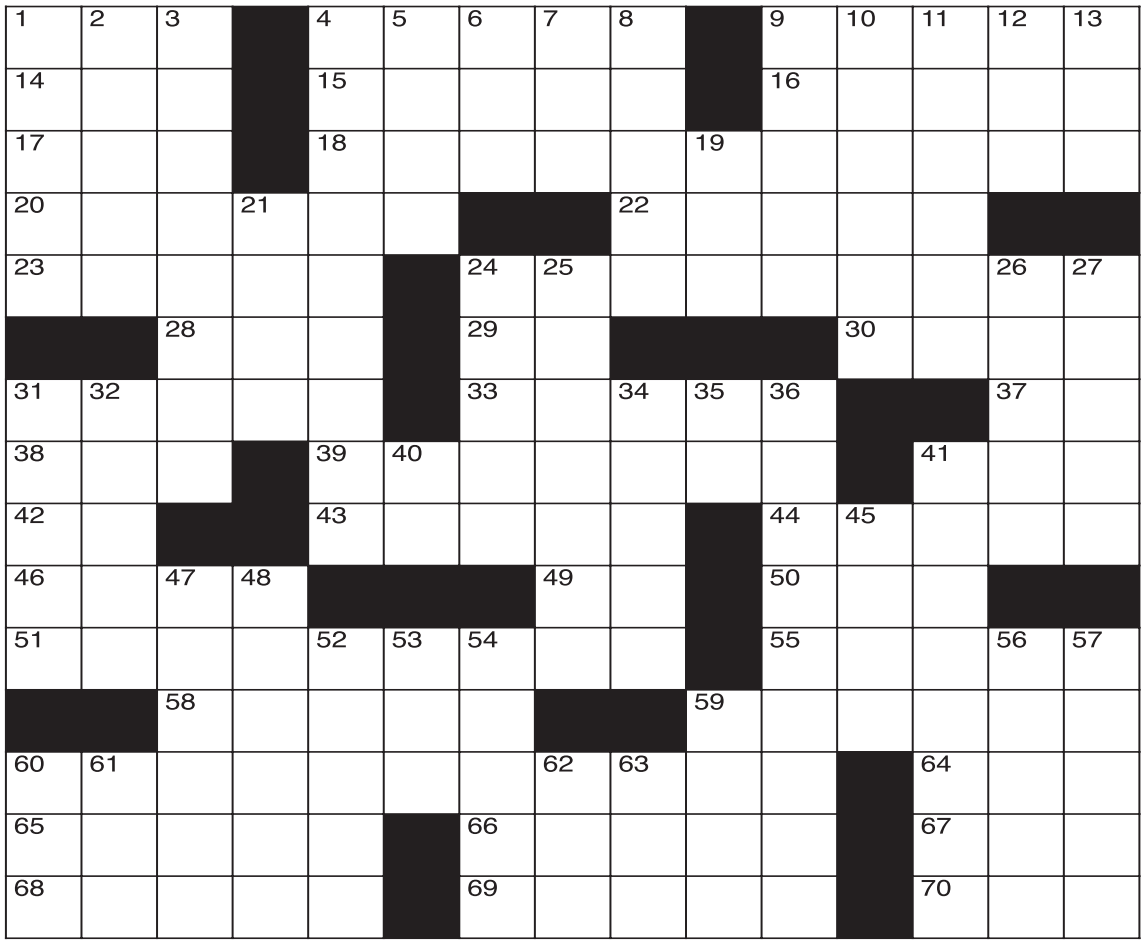

CLUES ACROSS

1. Small deer
4. Khoikhoi peoples
9. South African statesman
14. Keyboard key
15. Remove
16. A conspicuous constellation
17. Data executive
18. Retired NASCAR driver
20. Tightens
22. A picture of the Virgin Mary
23. "The Mission" actor Jeremy
24. Confidently
28. More (Spanish)
29. Sports highlight show (abbr.)
30. Hand out cards
31. Distinctive Asian antelope
33. Arabic greeting
37. Of I
38. Hip hop trio
39. Meat roll
41. One's mother (Brit.)
42. __-GYN
43. Belgian city
44. Plucks
46. Leak slowly
49. Denotes a particular region
50. General's assistant (abbr.)
51. Divides
55. Kid
58. Inland Empire Expanded Learning Symposium
59. Engaged in conflict
60. Former CBS sportscaster
64. Characterized by unity
65. Working-class
66. Corners
67. __ de plume
68. Influential French artist
69. "Very" in musical terms
70. Financial account

CLUES DOWN

1. Long, flat abdominal muscles
2. Small Eurasian willow
3. Justified in terms of profitability
4. Required
5. River that starts in Turkey
6. Disfigure
7. A way of communicating (abbr.)
8. Leaks slowly
9. Shady place under trees
10. Made a speech
11. Long, angry speech
12. Mortar trough
13. Autonomic nervous system
19. Southern India island
21. Grab quickly
24. Ancient Mesopotamian city
25. With three uneven sides
26. Football visionary Hunt
27. Primordial matters
31. Facing towards the flow of a glacier
32. "A Delicate Balance" writer
34. Emits coherent radiation
35. Commercial
36. Groups of foot bones
40. Out of print
41. Partner to cheese
45. German river
47. Concluding speech
48. Spanish dish
52. Prominent California cape Point __
53. Any high mountain
54. Ethiopian lake
56. Mr.
57. Excessive fluid accumulation in tissues
59. Large, flightless bird
60. Oil industry term (abbr.)
61. Something one can draw
62. Officers in charge
63. Greek island

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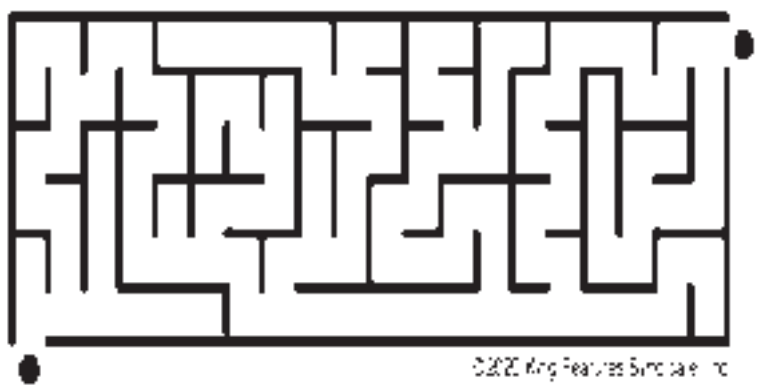

Pickleball offered at Elks Lodge No. 6





Paddle sport games open to the public

By Lance Armstrong
Photos by Stephen Crowley

With the growing interest in pickleball, this paddle sport is now offered at Elks Lodge No. 6 on Riverside Boulevard.

A cross between tennis, badminton and pingpong, pickleball is played on a badminton-sized court with a slightly modified tennis net.

It is a singles or doubles game played with a paddle and a plastic ball with holes in it, and includes underhand serves. Doubles are typically played at the local Elks lodge.

One rule of the game is that the ball must bounce once on one side of the court before it can be hit to the other side of the court.

As for scoring, the game is played to 11, unless additional time is needed for a player to secure a two-point advantage to gain the victory.

And to avoid any confusion, pickles play no role in the playing of this game.

The origin of the name varies, with one of the stories being that a dog named Pickles would run off with the ball as the game was being played by the dog's owner, Barney McCallum.

McCallum, Joel Pritchard and Bill Bell, residents of the Seattle area, are credited as having created the game in 1965 as a way to cure the summertime boredom of their children.

Now a half-century later, the game has gained popularity with many people across the globe, and in the United States, it is governed by the USA Pickleball Association – an organization that "provides players with official rules, tournaments, rankings and promotional materials."

As for pickleball at Elks Lodge No. 6, Vic Cima, Ron Sharp and Craig Huizar are the program's coordinators.

Although the first pickleball games at this lodge were played outdoors in the parking lot on Sept. 29, the rest of the games have been played in the Elks building. The program uses three courts for its games.

Open play games, which are open to both lodge members and the public, are held year-round on Sundays from 4 to 7 p.m., and Mondays and Wednesdays from 8:30 to 11:30 a.m.

That schedule began with the first indoor games last month, with an open house that drew about 120 people. Elks member Linda Pohl, a longtime Pocket News advertising representative, served as the event's master of ceremonies.

The games at the lodge draw people of various skill levels.

Cima said that many of the more skilled players assist new players with tips on how to play the game.

"We have the (players) that are real good, and then we have the ones that don't even know how to play," he said. "The thing is here, people here will take time with them and show them how to play.

"We want to encourage everyone that wants to enjoy it. There's a lot of social connections with pickleball."

Although many of the games are competitive, they are not part of any leagues.

However, Cima said that the formation of a league is part of the program's long-term plan.

"We plan on eventually forming some kind of league, but it's premature at this point," he said. "We want to see how it's working first."

Cima explained how the Elks decided to introduce pickleball at the lodge.

see PICKLEBALL page 11



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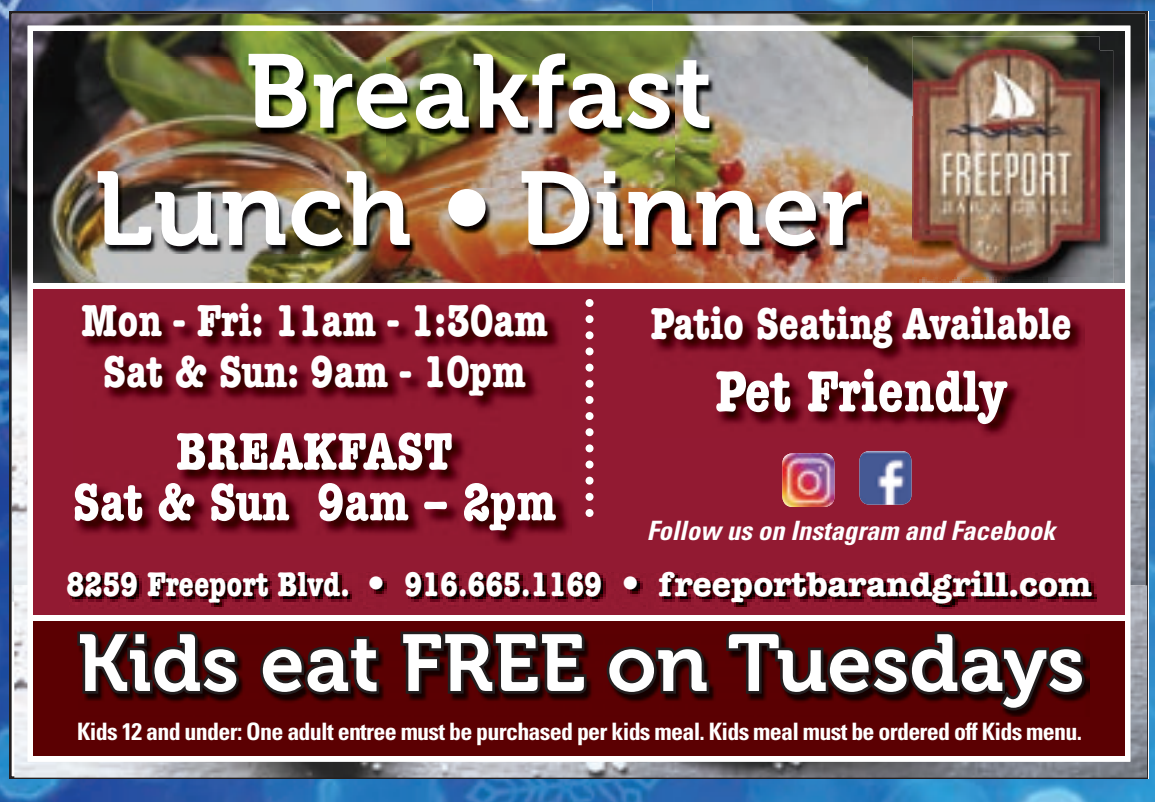
Faces an Camellia Wo Winte

Photos by Stephen Crowley

The community joined the Camelli warmth and wonder of the season at 11. Folks enjoyed puppet shows, holic ornament painting, dream catchers, ca drink, sweet treats, artisan vendors, a for young shoppers, a cupcake walk an lia's beautiful Pocket-area campus is lo







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1328 Burnett Way	25 Sunlit Circle	2724 17th Street	744 Riverlake Way
648 Capela Way	776 El Macero Way	9872 Pipit Way	407 Camelia River Way
7028 Springmont Drive	10301 Upton Court	6733 Breakwater Drive	5921 Annrud Way
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Elks 6's outstanding students treated to tamales



For the Elks Lodge No.6's December Student of the Month (SOM) awards program the luncheon consisted of home made tamales, the most quintessential of Mexican dishes to celebrate special occasions. Past Exalted Ruler Hank Peralta and his wife Irma started two weeks before the December 12th program to make the tamales, and for Irma it was really a labor of love.

Each month the Lodge has a different cook for the SOM luncheon. The cooks are preparing items that will appeal to teenagers. The next SOM luncheon is Thursday, January 9th. Elk 6 members can attend the luncheons. They must phone the office for reservations and pay $8 at the door. PER Richard Cherry will be the serving his famous spaghetti for January, and Tayler Bates will be the chef for the February 6th SOM.

The Lodge honored eight outstanding students from local schools at their December Student of the Month luncheon. Exalted Ruler (ER) Rudy Toralez presented each student with a thesaurus on behalf of Elks Lodge No. 6. An awards certificate with the student's name is printed on the inside cover of the book. The students are selected by their individual schools. The schools are allowed to send one boy and one girl every month, and the schools decide the criteria for the selection. Students in the past have been honored for outstanding grades, perfect attendance, citizenship, performing an outstanding activity, and for meeting all of their goals.

Seated from left to right are Stephen B. Clazie, Elks 6 scholarship chair; Ben Franklin, Luther Burbank High School; Zayden Learson, Sam Brannan Middle School; and Exalted Ruler (ER) Rudy Toralez. Standing from left to right are Claire Mills, Genevieve Didion K-8; Tanairi Ingram, Luther Burbank High School; Ava Brownholtz, Sutter Middle School; Micheal Yee, Genevieve Didion K-8; Esther Tabua, Will C. Wood Middle School; and Nia Nealy, Sam Brannan Middle School.

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Pickleball:

continued from page 7

"A group of us was meeting (about a year ago) and we were talking about how we could have some more activities at the Elks lodge," he said. "One of the gentlemen brought up pickleball, that we might want to (hold games at the lodge)."

Following that meeting, Cima and Sharp, investigated the possibility of bringing pickleball to the lodge.

The result of that investigation was positive, Cima said.

"We figured, 'Man, this is a good sport for people to participate in and for our members and for the community,'" he said. "We have a facility and we could put it together. So, that's kind of how it all formulated at the Elks."

Cima added that he was pleased by the outcome of the initial pickleball games in the lodge's parking lot.

"We had that outdoor exhibition just to see if people would be interested," he said. "We had over 40 people show up."

On average, 10 to 15 people participate in each pickleball session at the lodge.

A lot of the pickleball players at the lodge are such enthusiasts of the sport that they play four or five times per week at various locations, Cima said.

He added that the number of men who play the sport at the lodge is about equal to the number of women players.

Despite having some youth show up to play pickleball, most of the sport's players at the lodge are seniors, Cima noted.

"In the last two weeks, it's amazing that not very many people here are under 60," he said.

Sharp mentioned that a lot of people like that the lodge offers indoor pickleball games.

"The reason we started it here is because there's not too many indoor pickleball (games in the area)," he said. "There's a lot of outdoor (pickleball games). The weather dictates either indoor or outdoor (games)."

One of the reasons for the greater number of local, outdoor games of this sport is that any tennis court can be used for pickleball games.

The city's park district added pickleball lines to some of its tennis courts in its parks. Pickleball courts are smaller than tennis courts.

Since the lodge began offering the sport indoors, various improvements for indoor pickleball games have been made in the lodge building. One of the improvements is the installation of additional lights.

Cima mentioned that pickleball presents another way to promote the local Elks lodge and interest people in becoming members.

"Hopefully they would like to be members of the Elks lodge, if they want," he said. "We have other facilities like a fitness center, a swimming pool. And actually, we have had people that have come here for pickleball and joined the lodge."

The lodge currently has about 650 members, Cima added.

Elks Lodge No. 6 is located at 6446 Riverside Blvd.

For additional information about pickleball at this lodge, call (916) 422-6666.

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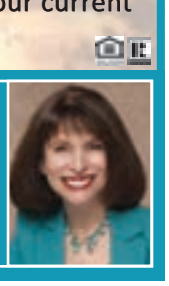

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What's happening Pocket/Greenhaven?

SATURDAY, JAN. 18

3RD SATURDAY CRAFTING SOCIAL/ TEA TOWELS VALENTINE DECOR: Join us in this workshop for crafting and socializing while learning how to create a one of a kind home decor item to display in your home. Learn the latest trends using gold leaf, chalk paint, stenciling, glass etching and more. Pre-registration required. Pre-payment of $12 payable to Natalie Wyatt and $5 payable to ACC program. No refund or credit. Class will be held Saturday January 18, 2020 from 10:00a-11:00a at ACC Senior Services 7334 Park City Drive. For more information, call (916) 393-9026 ext 330 or www.accsv.org.

SATURDAY, JAN. 25

RELEVANT READS BOOK CLUB: A WOMAN IN ARABIA: This nonfiction book discussion group meets every other month on the 4th Saturday at the Pocket Library. This month you are welcome to discuss A Woman in Arabia by Gertrude Bell. Meeting is from 1 to 2:15 p.m. The Pocket Library is located at 335 Gloria Drive.

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TUESDAY, JAN. 28

IPHONE TRAINING: Make your iPhone work better for you! Learn how to make it louder, text messages, connect to Bluetooth, and how to operate the basic functions of your iPhone. Free of charge. Pre-registration required. Class will be held on Tuesday January 28, 2020 from 10:00a -12:00p at ACC Senior Services 7334 Park City Drive. For more information, please contact Anna Su at (916) 393-9026 ext 330 or www.accsv.org.

FRIDAY, JAN. 31

SHINGLES AND PNEUMONIA VACCINES: The American Society of Consultant Pharmacists, California Northstate University Chapter will provide general information on the shingles and pneumonia vaccinations, and the importance of getting them. Free of charge. Pre-registration required. Class will be held on Friday January 31, 2020 from 9:00a -10:00a at ACC Senior Services 7334 Park City Drive. For more information, please contact Anna Su at (916) 393-9026 ext 330 or www.accsv.org.

MONDAY, FEB. 3

LISTENING DEEPLY: Based on the research of Marshall Rosenberg, Ph D., this two part workshop focuses on the listening aspect of communication: how we hear what others are saying and how to engage in beneficial self-talk. The skills covered in this workshop may improve your ability to differentiate thoughts from emotions, empathize with yourself and with others, connect on a deeper level to yourself and to others, and nurture an open heart .Pre-registration required. Pre-payment of $10 for 2 classes or $7 per class for drop-in. Class will be held Mondays February 3 & 10, 2020 from 3:30p-4:15p at ACC Senior Services 7334 Park City Drive. For more information, call (916) 393-9026 ext 330 or www.accsv.org.

WEDNESDAY, FEB. 5

GENTLE YOGA: The basic, foundational yoga postures are practiced to align, strengthen and promote flexibility in the body. Pre-registration required. Free of charge for Demo on Wednesday February 5, 2020 from 6:00p-7:00p at ACC Senior Services 7334 Park City Drive. For more information, call (916) 393-9026 ext 330 or www.accsv.org.

SATURDAY, FEB. 8

38TH ANNUAL CRAB FEED & SILENT AUCTION: South Sacramento Rotary will be hosting their 38th annual Crab Feed & Silent Auction on Saturday, February 8th at the Scottish Rite Masonic Center. Doors open at 6 p.m. Proceeds benefit local charities to include the Children's Receiving Home and the YMCA. Tickets can be purchased either online at http://southsacrotary.org/ or by calling Michael at 916.396.7244

BETTER ANGELS DEBATE: SHOULD WE TAX THE RICH TO ADDRESS INCOME EQUALITY?: As a lead-up to Let's Talk About Civility (February 23, 2020) community conversation at the Library Galleria, the Pocket Library has joined with the Sacramento Alliance of Better Angels for a series of programs. This program on the question of taxing the rich to address income equality will be held from 1 to 3 p.m. inside the community room of the Pocket Library. Better Angels is a national organization of bipartisan citizens formed following the 2016 election at a time when many people became increasingly disturbed by the nature of our political discourse. The purpose of the program is to create civil, thoughtful conversations about the current political climate. A Better Angels debate is structured conversation where a group of people speak, listen and think together to grapple with a difficult topic. Modified parliamentary procedures are used to create an atmosphere of decorum and respect. Everyone is encouraged to express their views. Unlike a traditional debate format, participants express views without the goal of winning an argument. The Pocket Library is located at 335 Gloria Drive.

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MONDAY, FEB. 10

LISTENING DEEPLY: Based on the research of Marshall Rosenberg, Ph D., this two part workshop focuses on the listening aspect of communication: how we hear what others are saying and how to engage in beneficial self-talk. The skills covered in this workshop may improve your ability to differentiate thoughts from emotions, empathize with yourself and with others, connect on a deeper level to yourself and to others, and nurture an open heart .Pre-registration required. Pre-payment of $10 for 2 classes or $7 per class for drop-in. Class will be held Mondays February 3 & 10, 2020 from 3:30p-4:15p at ACC Senior Services 7334 Park City Drive. For more information, call (916) 393-9026 ext 330 or www.accsv.org.

SATURDAY, MARCH 7

NINTH ANNUAL SOROPTIMIST CRAB FIESTA FUNDRAISER: Sacramento-area residents, business leaders, and community advocates for women and girls who are looking to enjoy a night out with a delicious full course crab dinner, bid on the chance to win exciting raffle and auction prizes and, importantly, support a worthwhile cause at the Soroptimist International of Sacramento INC. ninth annual Crab Fiesta. This annual fundraiser supports programs, scholarships and grants that provide women and girls with access to the education and training they need to achieve economic empowerment. It will be held Saturday, March 7, 2020 from 5 to 10 p.m. at The Annunciation Greek Orthodox Church, 616 Alhambra Blvd. Soroptimist International of Sacramento, Inc. is proud of its 97-year history and many accomplishments in the Sacramento community through the club's signature Dream programs. These programs provide training and resources that help women and girls in our community reach their full potential and live their dreams. The programs include Dream It, Be It – a career mentoring and life skills program for girls at SAVA Charter High School in Sacramento; Live Your Dream – cash awards for women head of households entering the workforce, college or job training; Dream Scholarships – approximately $20,000 in annual college scholarships for deserving women; and, Dream Grants – support for community organizations aligned with the Soroptimist mission. Recipients for 2020 include Single Mom Strong Empowerment Center (Citrus Heights) serving single mothers and Court Appointed Special Advocate's (CASA) program for adolescent girls in the juvenile justice system. Early Bird Tickets are $65; Prices increase February 14th to $70. Tickets can be purchased at www.crabfiestasac.org. The ticket includes a margarita, chips & salsa and a delicious salad, pasta and crab dinner.

WEDNESDAY, JUNE 10

20TH ANNUAL DIVERSITY EMPLOYMENT DAY CAREER FAIR AND ROUNTABLES: From 11 a.m. to 3 p.m. at the

What's happening Pocket/Greenhaven?

O'Club at The Lions Gate Hotel Conference Center, 3410 Westover St., McClellan. The ongoing mission is to provide the most candidates from the city, county and state's diverse communities. With the understanding that diversity is a good business strategy, the opportunities for employer and candidates are endless. The diversity event is the most significant career fair presented today. Its outreach includes multicultural, veterans, women, LGBTQ, mature workers and people with disabilities. Each employer is actively committed to getting America back to work, diversity and equality in the workplace. The event features the "The Diversity Spirit Achievement Award" presented by the Diversity Recruiters Network and The Diversity Practitioners Roundtables. For more information, visit facebook.com/citycareerfair and www.citycareerfair.com

ONGOING

ACC FAMILY CAREGIVER SUPPORT GROUP: Are you caring for a loved one? We understand that caregiving comes with the joy of giving back but many challenges as well. Please join us in our support group meeting and share informational/emotional support and guidance with other caregivers and staff. Meetings are held on the second Wednesdays from 12:00p-1:30p and the 4th Thursdays from 6:30p-8:00p at ACC Senior Services 7334 Park City Drive. For more information, please contact Soojin Yoo, MSW at (916) 393-9026 ext 336 or www.syoo@accsv.org. .accsv.org.

ROTARY CLUB OF POCKET-GREENHAVEN MEETINGS: You're invited! Come join the Rotary Club of Pocket-Greenhaven on Thursday mornings, 7:30 at Aviator's Restaurant at Executive Airport. You are welcome as our guest to learn more about our leadership organization and meet with business, civic, and professional leaders who are making a difference in our neighborhood! Contact Bob Smith, at 916-215-1332 or visit https://pgr.rocks/ to find out more.

PARKINSON ASSOCIATION OF NORTHERN CALIFORNIA South Sacramento Support Group: Every second Thursday of the month from 1 to 2:15 p.m., Location: Asian Community Center (ACC), 7334 Park City Drive, Sacramento, CA 95831. This support group is free to those who are living with Parkinson's Disease, their family and caregivers. The group shares information to help each other and provide guest speakers who can assist with physical and mental challenges in daily living.

SIRS BRANCH 93
meets every third Monday of each month. Lunch is at 11:30 in the Elks Club, 6446 Riverside Blvd.
If you are retired or close to retirement and looking to join a men's group, we are Sons In Retirement. A group of men with a wide variety of backgrounds that love to socialize, play golf, bowl, pinochle, hike, bike ride or maybe you would like to form an activity that you are interested in, join us. The first lunch is on the group. Give Jack a call, there is always room at our meetings. Interesting speakers and a great buffet are included at each meeting. Jack Reefer 916-424-1303 or email me: jreefer@sbcglobal.net

ENGLISH CONVERSATION GROUP: The Robbie Waters Pocket-Greenhaven Library hosts an English Conversation Group every Wednesday from 5:30-6:30 p.m. 7335 Gloria Drive, Sacramento.

FRIENDS AND FAMILY OF SURVIVORS SUPPORT GROUP: Every first Monday of the month from 6 to 7 p.m. Location: Sacramento. Call 916-428-3271 for exact location. Description: Is your friend or family member in a domestic violence, sexual assault, or human trafficking situation? This free, drop-in group is for you. Learn how to support your loved one, and receive some support yourself among people who are in the same situation. Feel free to call My Sister's House for more information: 916-428-3271.

#METOO SUPPORT GROUP: Every third Monday of the month from 6 to 7 p.m. Location: Sacramento. Call 916-428-3271 for exact location. Description: This drop-in support group is free, confidential, open to all genders, and available to sexual assault survivors at any point in their healing. Feel free to call My Sister's House for more information: 916-428-3271.

MUSIC AND MOTION AT BELLE COOLEDGE COMMUNITY CENTER: Rowena Alverto brings exercise classes for seniors with a combination of yoga, tai chi, zumba, for seniors on Wednesdays from 8:30 to 9:30 a.m. $3. 5699 South Land Park Drive.

LOW-COST VACCINATION CLINICS AT THE SSPCA: Mondays and Tuesdays from 11 a.m. to 3 p.m. for vaccines; no appointments necessary. Vaccines include:
1) DAPP vaccine ($20) — DAPP stands for Distemper, Adenovirus, Parainfluenza, and Parvovirus. While important for dogs of every age, puppies are susceptible to the Parovirus.
2) Bordetella ($20) -- often referred to as the kennel cough vaccine, this helps protect against a strain of bacteria that can cause kennel cough. Many boarding kennels and groomers require this vaccine for services,
3) FVRCP vaccination ($20) prevents three potentially deadly airborne viruses: rhinotracheitis, calicivirus and panleukopenia in cats,
4) Rabies shot ($6) -- this vaccine is required by animal control or to license your dog. The first vaccine is valid for one year, subsequent vaccines if given on time will last 3 years.
If you are 65 or older, vaccinations are free!
The Sacramento Society for the Prevention of Cruelty to Animals is located at 6201 Florin Perkins Road, Sacramento.

INTRODUCTION TO COMPUTER: This class is designed for beginner or students with limited or no experience with computer. Learn about computer hardware, system components, software and more. Pre-payment of $30 and pre-registration required. Class will start from January 16 thru 25, 2018 on Tuesdays and Thursdays from 1:30 to 3 p.m. at ACC Senior Services, 7334 Park City Drive. For more information, call 393-9026 ext 330, www.accsv.orgs.

ARTISTS' AND CRAFTERS' GROUP – Held on the 2nd and 4th Tuesdays of each month, this meet-up was started to allow participants from past and current "In Creative Company" classes to continue meeting. Any artists or crafters who are interested in this social group are welcome--just bring whatever you're working on and join us! 1 p.m. to 3 p.m. at Robbie Waters Pocket-Greenhaven Library, 7335 Gloria Drive, Sacramento.

THE CLARKSBURG COMMUNITY BAND INVITES YOU TO JOIN: How about dusting off that horn and getting involved! The band is a group of musicians that enjoys sharing a love of music with each other and our communities. The band is looking to expand the ensemble and wants to welcome those who are interested and who play a standard concert band instrument. The band meets Tuesday evenings from 7:30 to 9 p.m. at Delta High School, 52810 Netherlands Ave., Clarksburg. For more information contact Randall Veirs, Delta High School Band Director at rveirs@rdusd.org

FREE LINE DANCE CLASS: Every Thursday from 1:00 p.m. - 2:00 p.m. "Two Left Feet" dance class for beginners. If you think you have "two left feet" this class is for you. Anyone can participate in this fun activity. Friendly group of people. Drop-ins welcome. Sponsored by ACC Senior Services. Class held every Thursday at ACC Greenhaven Terrace, 1180 Corporate Way. First class is always free. For more information call (916) 393-9026 ext 330. www.accsv.org

WEDNESDAY COFFEE AND CONVERSATION GATHERING: Every Wednesday morning from 7 to 10 am., join neighbors at Cafe Latte, 7600 Greenhaven Drive, for conversation and fun. Find the group back near the piano.

ROTARY CLUB OF SOUTH SACRAMENTO: The friendliest club in Sacramento, the Rotary Club of South Sacramento meets every Thursday from 11:30 a.m. to 12:45 p.m. at the Casa Garden, 2760 Sutterville Road.

SUNDAY BREAKFAST BUFFET AT THE ELKS LODGE, NO. 6: From 8:30 to 11 a.m., enjoy eggs, omelets, corn beef hash, bacon or sausage. 6446 Riverside Blvd.

SOROPTIMIST INTERNATIONAL OF SACRAMENTO SOUTH: Meetings on the second and fourth Tuesday of the month at Aviators Restaurant, Executive Airport, 6151 Freeport Blvd. For more information, call Dee at 341-7852.

JOB COACH APPOINTMENTS AVAILABLE AT POCKET LIBRARY– Make an appointment to meet one-on-one with a volunteer job coach and get help with online job searching, using library databases, interviewing tips, resume writing, and more. For questions or to schedule an appointment, please ask at the library service desk or call 916-264-2920 during open hours. Appointment times are available for most Wednesdays between 1 p.m. and 3 p.m. at Robbie Waters Pocket-Greenhaven Library, 7335 Gloria Drive, Sacramento.

TECH HELP APPOINTMENTS AVAILABLE AT POCKET LIBRARY– Have a technology question or problem? Sign up for a one-on-one technology help session with our staff. We can help with basic computer, Internet or e-mail questions, and/or get you started with library services like e-books or e-magazines! Stop by the service desk or call 916-264-2920 during open hours to make an appointment. and Saturdays between 11 a.m. and noon, at Robbie Waters Pocket-Greenhaven Library, 7335 Gloria Drive, Sacramento.

BABY/TODDLER STORYTIME AT POCKET LIBRARY– Babies and toddlers (ages 0 to 3 years) and their caretakers are invited to join us for songs and rhymes. Arrive extra early or stay later for extra social time with other children and parents. Tuesdays and Thursdays, from 11 a.m. to 11:20 a.m. at Robbie Waters Pocket-Greenhaven Library, 7335 Gloria Drive, Sacramento.

KNIT TOGETHER AT POCKET LIBRARY– Love to knit? Want to learn? Join us for expert advice, great conversation and more. All crafters are welcome, not just knitters! Every Friday from 1 p.m. to 3 p.m. at Robbie Waters Pocket-Greenhaven Library, 7335 Gloria Drive, Sacramento.

BABY STORYTIME AT BELLE COOLEDGE LIBRARY –Nursery rhymes, fingerplays, simple stories, and songs designed to encourage a range of early literacy skills. For children up to about 18 months old. Each child must be accompanied by a participating adult. Tuesdays at 12:30 p.m. at Belle Cooledge Library, 5600 South Land Park Drive.

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I	R	O	N	S	■	A	S	S	U	R	E	D	L	Y
■	■	M	A	S	■	S	C	■	■	■	D	E	A	L
S	A	I	G	A	■	S	A	L	A	M	■	■	M	E
T	L	C	■	R	O	U	L	A	D	E	■	M	A	M
O	B	■	■	Y	P	R	E	S	■	T	E	A	R	S
S	E	E	P	■	■	■	N	E	■	A	D	C	■	■
S	E	P	A	R	A	T	E	S	■	T	E	A	S	E
■	■	I	E	E	L	S	■	■	W	A	R	R	E	D
B	I	L	L	Y	P	A	C	K	E	R	■	O	N	E
P	R	O	L	E	■	N	O	O	K	S	■	N	O	M
D	E	G	A	S	■	A	S	S	A	I	■	I	R	A

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