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Pocket News

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Pocket's Local Holiday Gift Guide

see page 8



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What Are You Thankful For?

By Devin Lavelle



I write this just after sending a note to my family, pulling out of our Thanksgiving plans. I'm sad. I was looking forward to getting together with my parents and my brother and his family. I wanted so badly for my boys to be able to play with their cousins. I want so badly to make my mom happy.

What better time, though, to reflect on all the things we have to be thankful for?

I asked neighbors through several online forums to share the things they are thankful for right now. You can see their responses in the word cloud. It seems clear folks are really focusing on the core things that are most important in life. Family, friends, health, safety, stability at work and at home, God.

I was very happy to see our local parks and trees received some mention as well.

Personally, I'm thankful for my two wonderful boys – and, even if the close quarters are sometimes challenging, the ability to watch closely as they grow into fun, smart, loving, caring little people. As they learn together and play together as brothers. I'm thankful to have a wonderful wife, and while these times are challenging, I'm thankful that we've only grown closer as we've confronted these challenges together.

I'm thankful that my family has remained healthy, that our jobs have only been minimally impacted and, even as it seems to grow smaller as the boys grow larger, I'm thankful we have a safe, comfortable home that has everything we need within these four walls.

I'm thankful for Angels' Nest at Greenhaven Lutheran, where our boys enjoy a caring, enriching experience. They have such a wonderful group of educators, families and kids. It is truly a blessing to our family, while being one of the most affordable options available.

I'm thankful that our neighborhood has, so far, managed to avoid the trends of restaurant closures that have ravaged the region. (The only restaurant we've lost, Riverside Sports Bar, we lost to cancer much more than to COVID. I'm thankful our friends running these great local businesses have proven so resilient.) And I'm oh so very thankful that so many neighbors have stepped up to support these restaurants as best we can.

I'm thankful that so many across our nation voted earlier this month – and I'm very thankful to be done with elections for a while.

I'm thankful for the Pocket News, which does so much to support our local businesses and spread stories of joy and hope throughout our community.

And I'm thankful for this wonderful neighborhood – where people have consistently stepped up to help one another, to care for one another, to keep one another safe.

Thank you for being a part of that.

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Cover photo by:

Steve Crowley

Walk to Feed Support our Local Food Closet

By Devin Lavelle

In the last issue, I wrote about the Pocket Area Churches Together's upcoming Walk to Feed the Hungry. It is a remote event, benefit the Sacramento Food Bank and Family Services, helping to replace this year's Run to Feed the Hungry. The event has a recommended route but no formal starting location or time in order to avoid congregation and keep everyone safe. Neighbors interested in joining in should register at runtofeedthehungry.com and select "Pocket Area Churches Together" as their team.

In addition to being good exercise and a fun tradition that this year we can enjoy without braving the crowded streets of East Sacramento, this event will do a huge amount of good for the Sacramento Food Bank and Family Services, our local South Sacramento Interfaith Partnership (SSIP) Food Closet and the families in our community and across our region that depend on them.

I talked with Jim and Wally Hoffsis, Board Members and Food Closet Operations Committee Co-Chairs at the SSIP Food Closet to learn about why this fundraiser is so important.

Devin: Thanks for taking the time to share with neighbors about the important work that the Food Bank and Food Closets do in our region. Can you tell me about the importance of the Run to Feed the Hungry?

Jim: Happy to, the Run to Feed the Hungry is a major fund-raising event for the Sacramento Food Bank and Family Services (SFBFS), bringing in nearly a million dollars each year. As a partner agency, the SSIP Food Closet is a direct beneficiary. This year SFBFS is donating 500 turkeys to SSIP, along with the "fixings" for a traditional Thanksgiving meal. Our food closet has been designated as a core emergency response agency of SFBFS and, as such, received direct support to stay open during COVID-19. Everything that benefits SFBFS benefits SSIP as well.

Devin: That's great, I understand that food insecurity has been an increasing problem during COVID?

Wally: Yes, we have experienced a dramatic increase in need for our services. Just last month, in October 2020, a record-setting 2,510 families, representing 10,236 individuals, received food at the Food Closet.

Devin: Wow, that's a staggering number, just within South Sacramento. Have you guys participated in Run to Feed the Hungry in the past?

Jim: Have we? Almost since its inception! We have missed only a half dozen times in 25 years. (That's a lot of t-shirts!) The weather hasn't always been the best, but the spirit of the event never flags. Many other SSIP volunteers and community residents participate as well!

Devin: As an SSIP volunteer, I can definitely say I have! The shirts make up pretty much my entire collection of long sleeve T's. I've had a lot of great memories there.

Wally: Definitely, it's a signature Sacramento event that has become a family tradition for thousands. And in addition to the feel-good vibes that participants get in knowing that they are helping to provide food for others in their community, they also get some great health benefits!

Devin: We all need an excuse to have that extra slice of pie, right? Thanks for everything you do for SSIP and for taking the time to talk to me today.

And thank you, dear reader, if you'll be one of the many folks here in the Pocket-Greenhaven community taking part in the Walk to Feed the Hungry! Register at runtofeedthehungry.com and select "Pocket Area Churches Together" as your team.



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Autumnal Beauty Abounds on the American River

Photos by Monica Stark

Saturday, Nov. 14 was a particularly photogenic day at the American River Parkway. Using the Gristmill access, head downstream about a half mile and you will see birders regularly taking in the sights and sounds.











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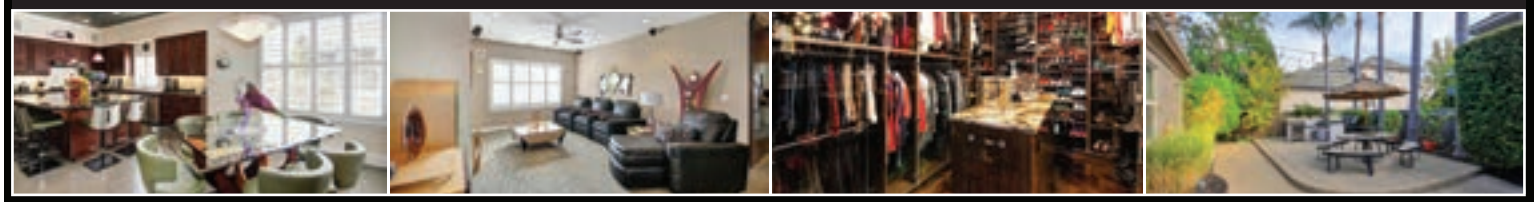
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Balshor Florist Celebrates 70th Anniversary



Photo by Lance Armstrong
Marie Balshor opened Balshor Florist with her husband, Al, on Nov. 4, 1950.

By LANCE ARMSTRONG

Balshor Florist, one of the city's oldest florists, celebrated a milestone anniversary last week, as this Land Park business turned 70 years old.

Founded by Sacramento native Al Balshor on Nov. 4, 1950, this full-fledged, mostly old-style florist is one of the city's few remaining florists that operated during that era.

Another one of those florists, Relles Florist, played a role in the eventual opening of Balshor Florist.

In February 1947, Al, who was then a 22-year-old World War II veteran, began an apprenticeship at Relles Florist, when that business was located at 2220 J St. It is now located at 2400 J St.

Al, who grew up at 3rd and U street, near Southside Park, was not new to the flower-selling industry at that time. He worked his first florist job in 1941, providing weekend labor for Piazza Wholesale Florist at 1328 7th St.

Those jobs were just part of Al's employment background before he became a florist owner.

His résumé also included working as a newsboy for The Sacramento Bee when it was located at 911 7th St., and selling programs at the now-longtime defunct L Street Arena boxing venue at 223 L St.

Those familiar with Balshor Florist know that this business has always been a family-run operation.

Al, who died in 2015, was assisted by his wife, Marie, during the entirety of his 64 years of running this florist.

Marie recalled learning about Al's desire to operate his own florist.

"(Al) came home one day, walked in the door from work and he said, 'I'm going to open up a flower shop,'" she said. "He said, 'Hop in the car. We're going to go look (for a business loca-

see BALSHOR page 6

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Balshor

continued from page 5

tion).' I said, 'Now?' And he said, 'Yeah, right now.'"

"So, we rode around for two or three hours. He liked this one place (at 730 O St.) very much. We kept coming back to it. When we got home, I said, 'Well, have you made a decision?' He said, 'Yeah, 730 O St.'"

Marie noted that the following day, Al found out who owned this then-vacant building, which previously housed a grocery store on its ground floor and living quarters on its second floor.

Al made arrangements to purchase the building from its owner, Tavalou Jackson (1925-1965), who was also a World War II veteran.

Marie recalled that rent for "the whole place" was $125 per month.

She also remembered the business's first day of operation.

"We made $3.65 that day," Marie said. "We gave flowers away, because we were opening and that kind of stuff. And many friends helped us put it together, because it was just an empty, vacant building and we had to get refrigeration and things going. We were very indebted to a lot of people. They're all gone now."

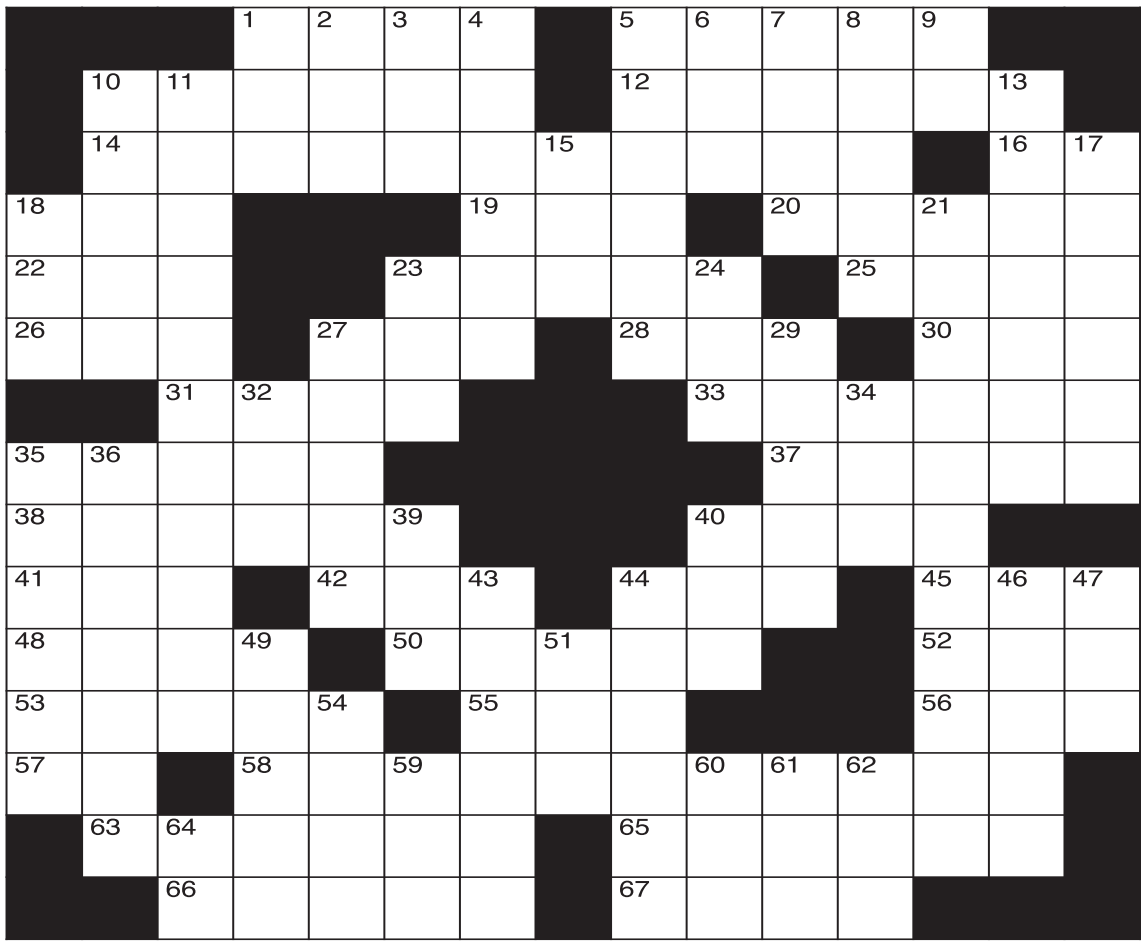
After about a decade of renting this structure, Jackson sold the building to Al for $25,000.

With his desire to have his own floral shop constructed, Al purchased another property catty-corner from 730 O St., through an auction. Later, in 1971, the state of California purchased the site from Al through eminent domain for $50,000 and began renting the property to him for $300 per month.

In May 1972, Al purchased the former site of Marty Gardens Florist at 2661 Riverside Blvd. for $80,000. The building

see FLORIST page 7

CROSSWORD



CLUES ACROSS
1. Upright post on a boat
5. Sentimental person
10. Native American tribe
12. Wear away
14. Where you're going
16. Doctor
18. Popular Chinese dialect
19. One point east of due south
20. Northern sea duck
22. Note
23. Wives (law)
25. Trigonometric function
26. A way to communicate (abbr.)
27. Swiss river
28. No (Scottish)
30. Commercials
31. Large instrument
33. __ Chantilly, __ de Menthe
35. Small, saclike cavities
37. High and thin in tone
38. Treat extremely well
40. Famed track star Usain
41. Secure web connection (abbr.)
42. Rob of energy
44. Paving material
45. Cool!
48. Tip of Aleutian Islands
50. Indicates silence
52. Water in the solid state
53. Security interests
55. Popular hoopster Jeremy
56. Shed tears
57. Low frequency
58. Harmful bacterium
63. Common language: lingua __
65. Standards of perfection
66. They consist of two parts
67. A detailed description of design

CLUES DOWN
1. More (Spanish)
2. A subdivision of a play
3. Japanese title
4. More jittery
5. Fabric
6. Luke's mentor __-Wan
7. Cleaving tool
8. Ancient city of Egypt
9. 36 inches
10. Farewell
11. Second to last
13. Improved by critical editing
15. Defensive weapon (abbr.)
17. Fancy attire
18. __ Farrow, actress
21. Completely opposed
23. Supervises flying
24. Pouch
27. True firs
29. Mistake
32. Computing platform (abbr.)
34. Snakelike fish
35. Greatly horrify
36. Despicable person
39. Tell on
40. Ballplayer's tool
43. Central Brazilian town
44. Court game
46. Land
47. "The Partridge Family" actress Susan
49. Retract a statement
51. Data executive
54. Capital of Yemen
59. Portable computer screen material
60. Electronic data processing
61. "Matt Houston" actor Horsley
62. Resinous substance
64. Rural delivery


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Left to right, John Castillion, Veronica Castillion, Marie Balshor and Jerry Balshor celebrate Balshor Florist's 70th anniversary. Longtime customers and other friends of the business stopped by the shop on Nov. 4 to congratulate this florist's staff.

Florist

continued from page 6

was constructed in 1955 to house that business.

Later that decade, Al purchased the remainder of the building – the business spot next door, at 2665 Riverside Blvd., where Mary's Alterations eventually operated.

Since moving from the 730 O St. building to Riverside Boulevard, Balshor Florist has built a longtime relationship with customers throughout much of the greater Sacramento area.

The business makes free deliveries in that area and has a long history of providing flowers for weddings, funerals and hospitals.

Five years removed from the death of her husband, Marie noted that his approach to customer service remains a staple part of Balshor Florist.

Marie described her business's customer service philosophy.

"We're here to please, we're here to serve our people, and we get very few complaints," she said. "And when we do (receive complaints), the staff gets kind of upset. I say, 'Oh, we need those to keep sharp.'"

Among the family members who have assisted Balshor Florist in its pursuit to "keep sharp" and assist with their customers flower requests are Al and Marie's sons, Al, Jr. and Jerry, and their daughter, Judie.

With this florist now 70 years old and serving generations of customers, Marie described her feelings on reaching this milestone anniversary.

"It makes me very humble that we've had these wonderful customers all these years," she said. "We know that we've done excellent work, because we have such repeat customers. Besides that, Al and I have administered to many people who needed it. Many of them, we just bring them in the office and have them sit in the 'Listening Chair.'"

The Listening Chair is about a 100-year-old, wooden chair that has sat at this florist since 1974, and has developed a reputation as a place where regular clientele and first-time visitors of this business can sit and openly speak about non-florist related topics.

Marie said that she is uncertain how long her business will remain open, but she vowed that it would never be sold.

"We will never sell," she said. "I can't say it's going to (exist) forever, but we'll hold on as long as we can."

As a way to celebrate their 70 years in business and their appreciation for their many customers throughout the years, Balshor Florist held a very casual, socially-distanced party on Nov. 4. The gathering was open for anyone to visit the shop anytime during that workday and have some cake and other snacks, and visit.

Despite the 70 years that have accumulated since the debut of Balshor Florist, Marie, at 92 years old, retains a youthful approach to the business and in some ways wonders how the years passed by so quickly.

"It seems like only yesterday (that Balshor Florist opened)," she said.

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Pocket News Gift Guide

Here's to a happy holiday season. What follows is a variety of ideas to help support our local businesses.



Photo by Steve Crowley

On the cover: Christine Paulus

You may have seen the work of Christine Paulus at craft fairs and pop-up markets. Hailing from Chicago, the extremely talented silk-screen artist has made Sacramento her home and shows her pride with the neighborhood-centric totes. She also prints her art on various surfaces like cutting boards, clothes, baby onesies, towels. She's even printed on reclaimed wood saved from the dump.

Find Christine on Instagram: oliveswoon

J Crawford's Books

Nothing like cuddling up with blankets and a good book. J Crawford's Books is your neighborhood bookstore. 5301 Freeport Blvd, Ste 200 Sacramento, CA 95822. Open Tuesday through Saturday, call for hours. Curbside pickup still available. Email jcrawfordbks@comcast.net or call 916-731-8001.

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Courtesy Photo

Hollywood Hardware

Operating since 1948, Hollywood Hardware is a neighborhood hardware and housewares store where Christmastown is lit up and on display with a toy train. They have great holiday décor items for sale, including ornaments, lights, wreathes, and Christmas trees. Hollywood Hardware is located at 5303 Freeport Blvd. For more information, visit http://Hollywoodhardware1948.com/, call 916-455-6488 or email hollywoodhardware@comcast.net.



Photo by Monica Stark

Burly Beverages

Burly Beverages provides all-natural beverages focused on sustainability in soda and a "healthful" alternative to the modern soft drink and cocktail mixer. The new gift shop and tasting room is now open. They offer house-made sodas and cold brewed coffee, plus a retail shop with over 80 types of bottled soda from all over the world, including bar syrups and bitters from across the U.S. and cocktail making tools and supplies. http://burlybeverages.com/ For more information, call 916-333-3879; email sales@burlybeverages.com. Burly Beverages is located at 2014 Del Paso Blvd.

Incredible Pets

Spoil Fido this Christmas. Due to COVID-19, Incredible Pets is replacing their annual sale in December with a customer appreciation week full of offers. Mark your calendars for December 1-6 and be sure you're on our email list for all the info: https://incredpets.com/pages/keep-in-touch

Order online or call 916-421-7711 for Curbside Pickup or Delivery. Incredible Pets is located at 392 Florin Road.



Courtesy Photo

lilac + flint

Tahoe Park resident Lindsay Flint owns lilac + flint, a skincare product line that is eco-friendly and body-positive. Every lilac + flint skincare product is backed by science, and developed with a respect for the natural world and the skincare needs of real women. "We believe you are beautiful and powerful and we're here for it. Our business is about bringing your innate beauty to its full potential and all the confidence and rebel glory that comes with it," said Flint. Products are available for purchase at lilacandflint.com. For more information, call 916-238-8859.

see Guide page 9

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Guide:

continued from page 8

Heavenly Salt Therapy

Salt treatments are available in their salt rooms with Halotherapy, where you breathe in salty air. According to healthline.com, some claim it can treat respiratory conditions, such as asthma, chronic bronchitis, and allergies and can ease smoking-related symptoms such as a cough, shortness of breath and wheezing. Heavenly offers infrared sauna sessions and private salt therapy sessions. Gift cards are available. Heavenly is located at 3325 Folsom Blvd. For more information call 916-455-1525. Appointments can be made online at heavenlysalttherapy.com

Talini's Nursery

A garden center in East Sacramento that features annuals, perennials, vegetables, fruit trees, vines, bulbs, seeds, tools, garden supplies, statuary, gifts, gift cards, certified organic herbs and vegetables.

Closed Mondays, Thanksgiving, Christmas Day and New Year's Day, Talini's Nursery & Garden Center, 5601 Folsom Blvd., is open Tuesday through Sunday from 9 a.m. to 4:30 p.m. and from 9 a.m. to 2 p.m: on the Fourth of July, Christmas Eve and New Year's Eve. For information, call 916-451-8150, info@talinisnursery.com, or visit www.talinisnursery.com.

Effie Yeaw Holiday Sale

The Nature Center will turn into a winter shopping wonderland on Dec. 5 with unique gifts, including books, kids toys and science kits, winter apparel, ceramics, garden art and more. Members save 20% on Discovery Shop purchases during the event. Parking fee still applies; $5 per car, free for members. Due to COVID-19 safety measures, there may be a wait to enter the sale. Face masks and social distancing are required. Effie Yeaw Nature Center is located inside Ancil Hoffman Park, 2850 San Lorenzo Way, Carmichael.

Compiled by Monica Stark from the websites and past interviews from these local businesses





Photos by Monica Stark

Nudge Eco Store

With a "Nudge toward sustainability with high quality earth friendly alternatives for your daily living", Nudge Eco Store sells household items like bamboo sports, scrubby brushes for the bath, body and hand soap, vegan beeswax wraps, vegan dishwashing blocks, safety razers, and more. While curating the products, Nick and Alisha Lee of South Land Park try to find businesses as local as possible to source. The definition of sustainability can be defined in so many different ways – one of the things they want to define is that theirs is local. While the products may seem mundane – toothbrushes, band aids, pot scrapers, Bento boxes, copper cleaning cloths, lip balm, laundry dryer balls – their very ingredients support their business's mission of sustainability. As one might ask him, why bamboo toothbrushes? Nick's response is ecological: "Every plastic toothbrush ever made is still in existence today and will be for hundreds or thousands of years and bamboo toothbrushes will decompose and become part of the earth again." They deliver locally and offer curbside pick-up. Find the Sacramento-based business online at www.nudgeecostore.com or email nlee@nudgeecostore.com.





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CLARA Announces First Class of CATALYST Artistic Mentor Program

10 High School Students Paired with 10 Professional Artists for Year-Long Apprenticeship





CLARA announced the 10 high school students and professional artists who will participate in CATALYST, a 9-month professional apprenticeship program meant to help emerging artists in their late teens define their professional and educational paths.

Catalyst is an iteration of two previous CLARA programs -- CLARA's existing high school internship program in partnership with Sacramento City Unified School District SCUSD), and the Sacramento Emerging Artist Showcase (SEAS), which would have been launched in the spring of 2020 to provide early-career artists with tangible marketing tools. In looking to reframe both projects for a post-COVID creative economy, inspiration struck:

"COVID-19 has forced many artists to reconsider their future in the sector," explained CLARA's education outreach director Emili Danz. "The pandemic has put many career artists in a position of seeking renewed purpose and hope. By pairing them with eager emerging artists, we provide an opportunity for them to make a life-long impact on the next generation -- arts workers who will be desperately needed when we rebuild the arts in our community post-pandemic."

Students from SCUSD who have indicated that they plan to pursue the arts as a professional vocation are paired with an artist mentor and personal coach to learn vocational skills, apply them to their craft, identify further avenues of investigation, and track culminating projects; collectively, the students will participate in a remote cohort that focuses on leadership development and goal-setting.

Artist mentors are Sacramento-based artists working in the student's field of interest. This relationship is intended to generate artistic feedback, professional guidance, and pragmatic advice for the student on how to chart a career path in their chosen art form.

Brian Chris Rogers, a musician mentor, puts it like this: "There are things time has taught me. As a mentor, my aim is to use that wisdom to give her the piece of the puzzle that will make her art soar, because she's 99% of the way there already. She can play circles around me -- and that's how it should be."

The student/mentor pairs are:

Kathryn Taytroe, a junior at McClatchy High School studying classical guitar, is paired with Brian Chris Rogers, an award-winning vocalist and drummer who has opened for Yo Yo Ma, Bernie Sanders, Blues Traveler, and Warren G.

Estephany Anguiano, a senior at Luther Burbank with a talent for sketch and digital illustration, is paired with the artist and illustrator Tabitha Jensen. The two share a passion for imaginative artscapes inspired by science fiction and fantasy.

Silvia Fernanda Figueroa is a senior at The Met Sacramento who is applying to AMDA for vocal performance; she will be mentored by Kamilyn Davis, a choral conductor, music educator, and performer who has toured internationally with her music.

Viviana Garcia, a senior at John F. Kennedy High School focusing on photojournalism is paired with Emma Montalbano, a photographer, collagist and printmaker who currently serves as the artistic editor of TUBE, a Sacramento-based arts and culture print magazine.

Karla Lopez, a vocalist who is currently a junior at The Met Sacramento, is paired with bassist / vocalist songwriter Casey Lipka, a regular collaborator with Capital Dance Project and the lead singer of Dear Darling.

Isabel Melchor, a junior at The Met Sacramento interested in textiles and costume design, is paired with Christina Pate, a sculptor and designer who creates "wearable art" with upcycled garments and sculptural elements.

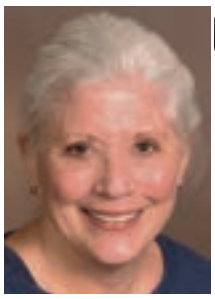
Daniela Torres Melendrez, a junior at John F Kennedy High School with a passion for live event photography, is paired with Melissa Uroff, a photographer experimenting with cyanotypes and mixed-media print projects. She is a regular participant in ArtMix at the Crocker and monthly shows at WAL.

Theo Osborn, a senior at CK McClatchy High School focusing on acrylic and spray paint art is paired with the multidisciplinary artist Brandon Alxndr, who is best known locally as the curator of Elysium Live.

Noah Sample, a junior at The Met Sacramento studying drums, is paired with Patrick Shelley -- a drummer and teaching artist who has toured the United States, Canada and Europe as a working drummer for numerous bands.

Leo Williams, a senior at The Met Sacramento interested in tattoo artistry, is paired with Jocelyn McGreggor, a photographer and tattooist who is currently the artist-in-residence at The Old Republic Tattoo Company in Sacramento.

CATALYST was made possible by the Sacramento Office of Arts and Culture's Creative Economy Grant as well as a Local Impact grant from the California Arts Council.



THIS 'n' THAT

by Carol Bogart

About This Year's Thanksgiving

With the new (presuming no successful Supreme Court challenge) administration promising swift action on the pandemic (once our current President is free to play golf full time), further draconian measures likely are in store that will match, or be more restrictive, than are Sacramento County's.

Here's why. Depending on which side of the Covid dispute you fall, the country is now in its second (or third) wave of this stubborn virus. Denmark, apparently the mink coat capital of the world, has killed millions of 'farmed' mink. A mutated Covid strain was detected in its caged minks. (Thinking of getting a ferret? Might think twice.)

Under Biden, get ready, governors nationwide will be informed that masks are not optional, they're mandatory. Community spread in the U.S., say experts, is the #1 reason we now have one fifth of the Covid-19 infections in the world.

With its many nursing home deaths from Covid, Sacramento has released the new rules in a renewed effort to abate the spread. Thus, this Thanksgiving, family gatherings, are advised against. Recommended: Grandma and Grandpa, in fact all older or 'immuno-compromised' family members, should stay home, say health officials.

Do we like rules? Especially rules we don't agree with? Of course we don't. I don't like staying home from church, which has been meeting outside in numbers much reduced, and there's no more choir. I loved being in the choir. When the weather worsens, the pastor wants to move back inside. Will the congregation be invited? Likely not. The program, recorded, has been broadcast to those outside, and to those at home (via the church's website). Only those IN the program are allowed inside. Even the restroom's monitored. One masked entrant at a time.

But, I get it. This virus can be a killer. Better safe than grieving. I wonder. With new strains circulating, will a vaccine for the first strain be enough?

I have fond memories of long ago Thanksgiving gatherings. As a child, with all my cousins, aunts and uncles at my grandparents' dairy farm. Home from college, with my brother who brought my niece and nephew. At a fancy restaurant's Thanksgiving buffet with Mike when he was in college. One year, on my farm, I made Thanksgiving dinner for my brother, Keith, his wife, his youngest son and Mike. Turkey, ham, prime rib. Mashed and sweet potatoes. Green beans from my garden. Rolls. I even made bread pudding from scratch, like my mother made it, because Keith loved it. This, I will tell you, was a herculean feat for one with focus issues. Once the last pan was in the dishwasher, our company headed home, I turned to Mike, said, "OTO," and then collapsed.

I think, maybe, I've put together a Thanksgiving of sorts once. The easy kind. You let Raley's make it and warm it up.

There is one dish, the recipe for which I found in a magazine in a doctor's office, I make if I'm invited somewhere. Since that won't happen this year because of the dumb pandemic, I will share it with you in case you're interested. I must warn you. It is VERY labor intensive, highly caloric, and once it's baked, you may need a nap.

SWEET ONION PUDDING

- 1 C whipping cream
- 1 (3 ounce) pkg shredded Parmesan cheese
- 6 lg. eggs lightly beaten
- 3 T all-purpose flour
- 2 T sugar
- 1 t baking powder
- 1 t salt
- ½ C butter or margarine (I use butter)
- 6 med. sweet onions (I use white)

Stir together whip cream, cheese & eggs in lg. bowl. Combine flour and next 3 ingredients: flour, sugar, baking powder. Gradually stir into egg mixture and set aside. Melt butter thoroughly in lg. skillet over medium heat (don't let it evaporate or burn). Peel the onions down to the sweetest part, then make quarter-inch slices pulled apart (like you would for onion rings). Add the onion slices to the skillet and cook 30-50 minutes or until onions are caramel colored. Stir often. (I use a cast iron skillet that was my mom's and flip the onions with an egg flipper. Is that a spatula? I can't remember.) Stir onion into egg mixture, spoon into lightly greased 13x9 baking dish. Bake at 350 degrees for 30 minutes. (I have a fast oven. I poke it in the center with a fork occasionally. If the fork comes out clean, it's done). Serves 8. Fewer if they love it. Which they will.

Happy almost Thanksgiving. Stay safe. I'm grateful for you.

For Covid-19/rules updates, follow Yolo County at https://www.facebook.com/YoloCounty on Facebook, or https://twitter.com/YoloCountyCA on Twitter. For West Sac election results and more, go to https://www.yoloelections.org/election-returns (these unofficial, as of Nov. 6, counts update Fridays around 4 p.m. until all ballots have been certified, at which time the county will post official winners). Questions, comments? Contact Carol at carol@bogartonline.com.

Please RECYCLE this paper. Thank You



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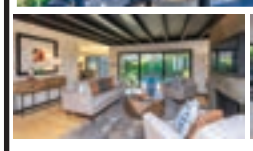
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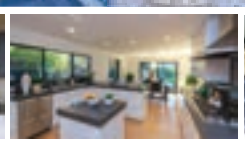
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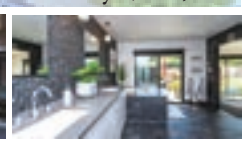
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Faces and Places: Elks Lodge No.6 Annual Craft Show

Photos by Stephen Crowley

Crafters and customers gathered in the parking lot of the Elks Lodge No. 6 on Sunday, Oct. 24 for the annual arts and crafts faire.





























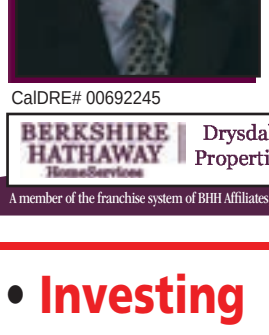




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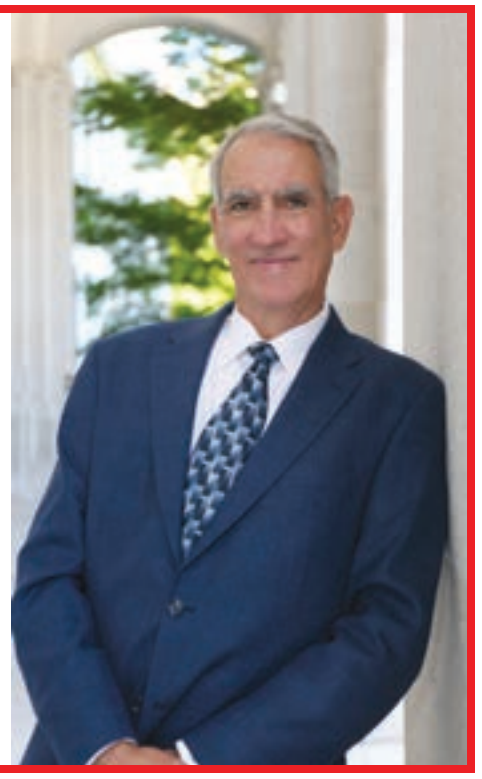
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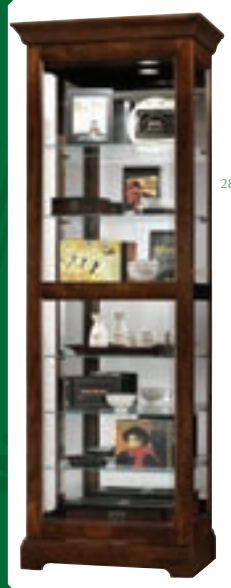
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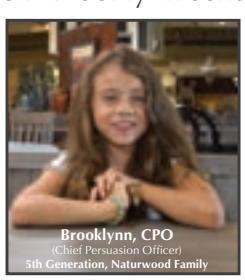
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