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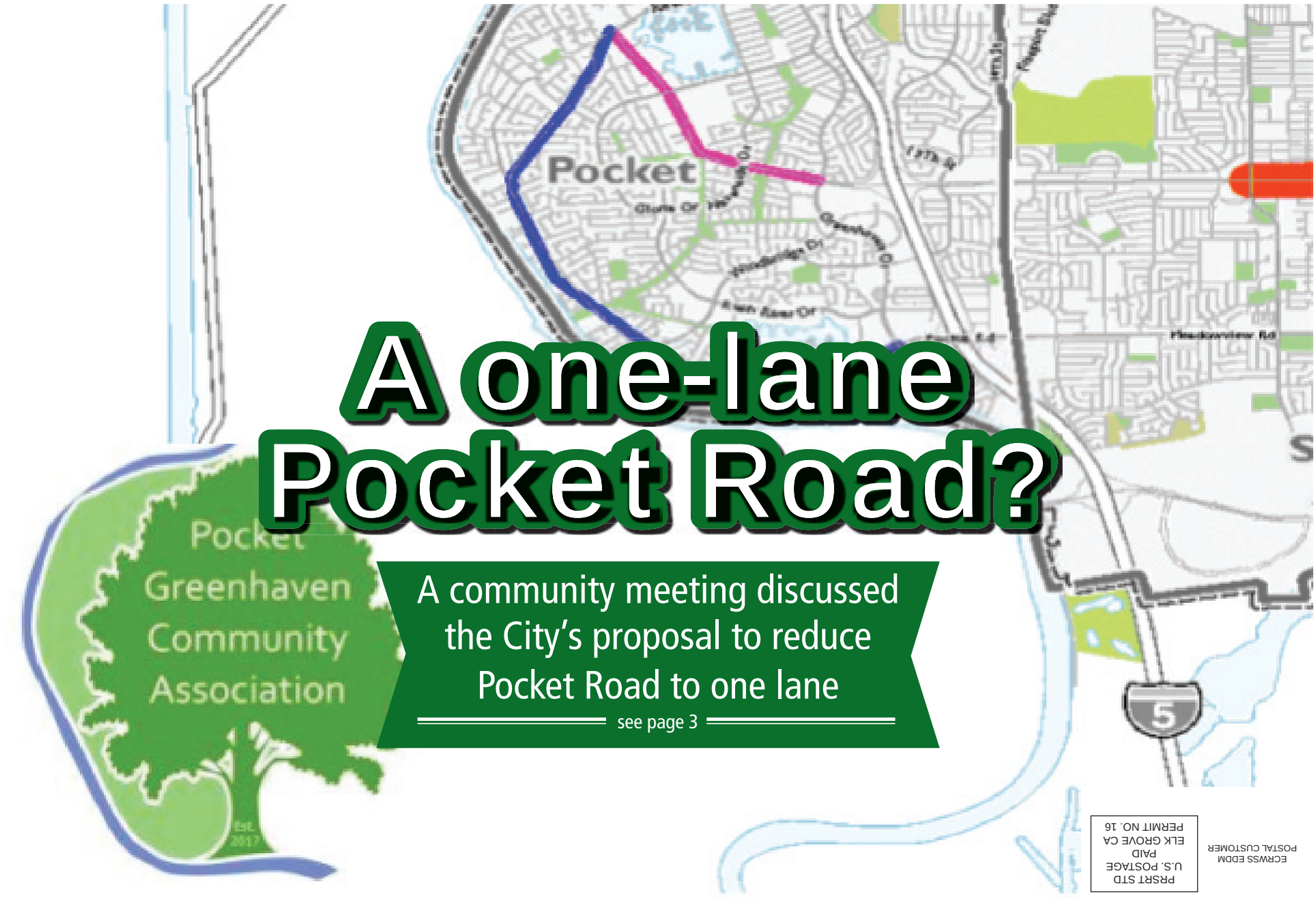

A one-lane Pocket Road?

A community meeting discussed the City's proposal to reduce Pocket Road to one lane

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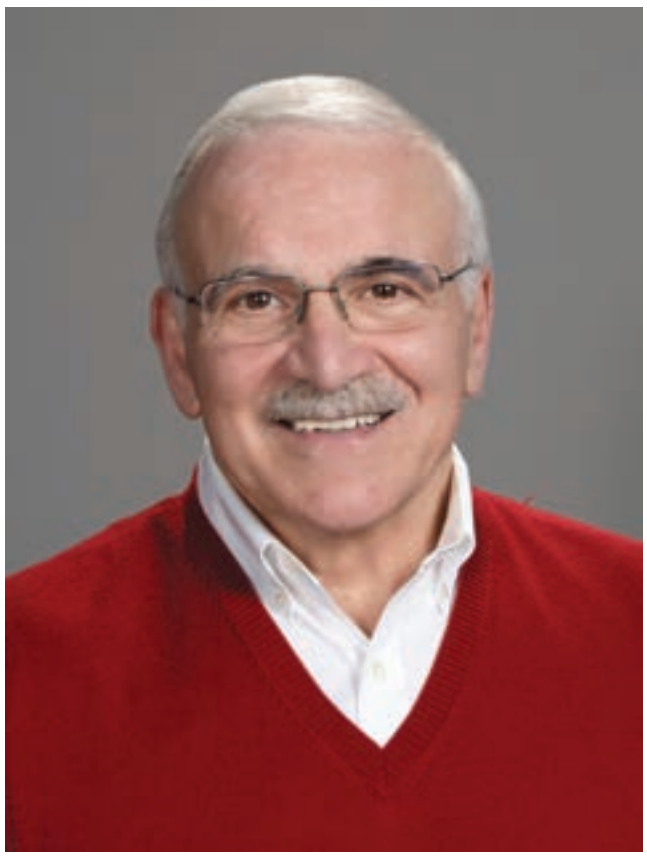

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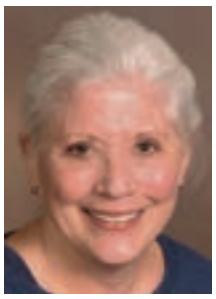

THIS 'n' THAT

by Carol Bogart

Safe to Go to Walmart?

No more orange tape on the floor except at registers to remind you to stay at least six feet apart. No more hand sanitizer dispenser as you enter to wipe down your cart handle and periodically your hands as you shop. I guess Walmart hasn't heard that a new, worse surge could infect more of us starting in mid-March.

As I write this Feb. 23, Covid strains that are more deadly/more infectious are circulating RIGHT NOW in Yolo County. Already, half a million+ people have died from the virus in this country. Add to the original Covid-19 the UK, Brazil and South Africa 'variants' plus the Denmark mutation we're told has been around since May.

I'm not happy. Even after I get my second Moderna shot March 4, only 'herd' immunity (when 70 percent of us are vaccinated) will protect us, says the CDC. Pfizer's already working on a booster to its initial vaccine it hopes will work against at least some of Covid's variants. You might want to double mask. Take your mask(s) off by the ear things. Don't touch the front. As for the Purell Walmart was dispensing, it likely wasn't virus-protective anyway. Alcohol. Alcohol content in hand sanitizer. Look for that. It's easy to find online.

Yes, some California counties are reporting fewer Covid cases and, in some, restrictions have been loosened. Mostly because the predicted surge hasn't/hadn't happened yet. And, let's be honest. Too many businesses are shutting down for good.

So, there's this: "Just because you can doesn't mean you should" participate, say, in gatherings such as indoor church.

Except for essentials, I stay home. I double up my 'outings'. Live bugs from Petco for the lizards after I've been to Walmart/gotten gas, or to Wild West for crickets if I go to Raley's.

I tried Walmart delivery. Once. The ordered items showed up in fits and starts. Some from suppliers – on different days than 'in stock' items.

So I drive five minutes to Walmart's to get cheap napkins for cleaning the lizard tanks, groceries and greeting cards. I like to pick out funny cards, my own produce plus check expiration

see This 'n' That page 11

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Courtesy

A one-lane Pocket Road?

A community meeting discussed the City's proposal to reduce Pocket Road to one lane



By Will Cannady

On February 23rd, The Pocket/Greenhaven Community Association hosted a meeting that addressed the 2040 General Plan and Pocket/ Greenhaven infrastructure. The 2040 General Plan acts as the City's blueprint for growth in the Sacramento area in the upcoming 20 years. A proposal in the infrastructure plan would reduce Pocket Road from two lanes to one lane.

Councilmember Jennings commenced the meeting by addressing community members and stakeholders. He showed his interest in community feedback and reviewed proposals associated with the 2040 General Plan.

Next, Jennifer Donlan Wyant and Leslie Mancebo shared a presentation on behalf of the city that explained how the 2040 General Plan would impact our Pocket/Greenhaven Neighborhood.

The presentation's main focal point was on transportation in our neighborhood- specifically the proposals related to safety. The city has been reviewing the streets that had the highest number of injuries and traffic fatalities in our area.

To remedy this public health and safety issue, the city has proposed lane reductions from the current two lanes on Pocket Road to one lane. This lane reduction has led to the current changes which were implemented on Florin Road. The presentation concluded with a question-and-answer session. Some questions were submitted before the community meeting and others were spontaneous.

The first set of questions addressed the recent changes to Florin Road. These changes included a lane reduction to one lane near Riverside Boulevard. It was explained that the changes made to Florin Road happened after maintenance was done in that area. The city deemed the need for a lane change and the decision to do so didn't go directly through the transportation department.

Next, the Pocket Road proposal was addressed. One of the main reasons for the reduction of lanes was to make Pocket Road more biker and pedestrian-friendly. A safety issue was

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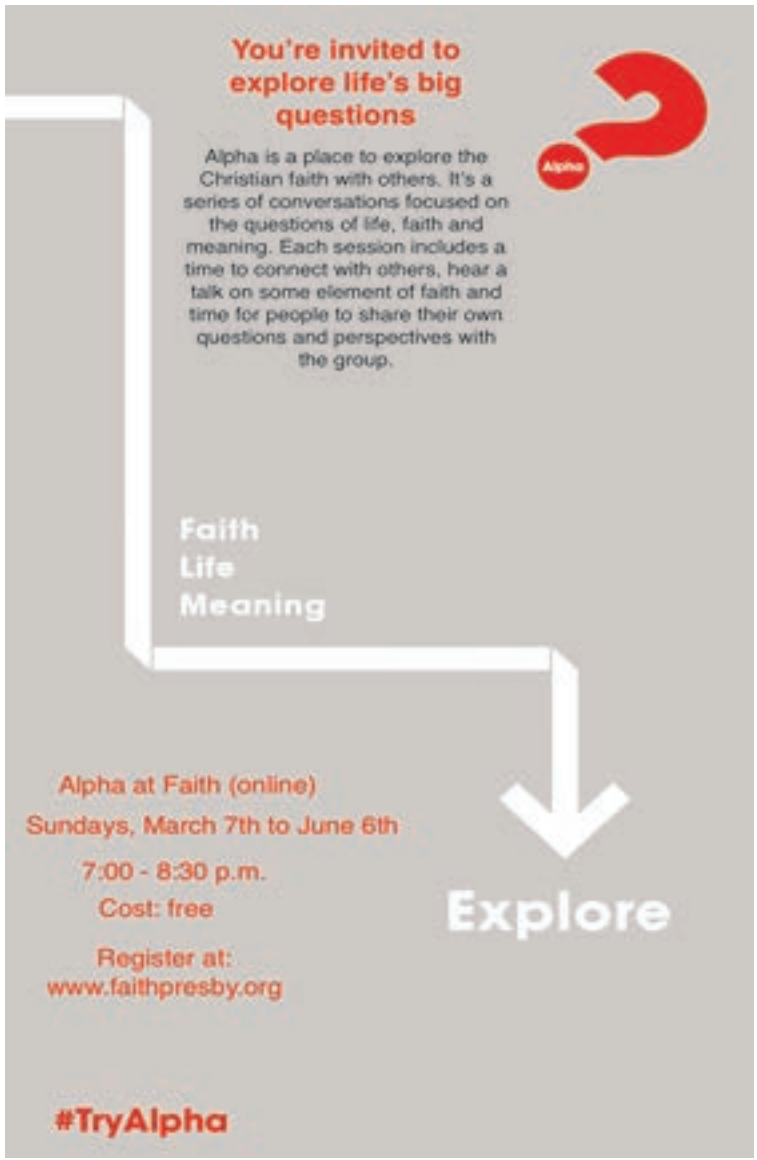

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I Love an IPA from Device!

By Devin Lavelle

It's not quite springtime, but it does feel like it. And that's the perfect season for a great IPA. We are back with the third article in this series as we explore the many styles of beers out there to enjoy. IPAs are, by far, the most popular style of craft beer, so I asked our local expert, Pocket-resident and owner, and brewer at Device Brewing, Ken Anthony to share his expertise and we ended up doing a double tasting – to start to give this great style full coverage.

Devin: Thanks again, Ken. It's definitely a much nicer day than last time to enjoy a beer on your comfortable patios. Can you start us out by introducing us to the style? What is an IPA?

Ken: So let's start with the history. There is a little bit of debate in the world of beer as to the origin of the India Pale Ale, or what's more commonly known as the IPA. Since I don't know for sure, I go with what I believe. Hops are a natural preservative in beer, prolonging the time before spoilage occurs. So the English started heavily hopping their beers for the long trip to India, to keep them from spoiling on the trip. That is the most widely accepted origin of the IPA. It's the story I've heard the most and what I tend to believe.

Ironically, IPAs generally have the shortest shelf life of beers as well. It's not because they spoil, but because the hop character tends to fall off – the flavor, the aromas, and the perceived bitterness tend to fall off.

Devin: Staff at the East India Trading Company were probably more interested in the alcohol than the flavor.

Ken: Exactly. So it is a pale ale, originally brewed out of England. Often brewed with two-row malts, which is common in ales. Sometimes crystal or caramel malts are added for depth, but in recent years we're seeing a move away from that and even lightening the beers with sometimes pilsner malt or white wheat to lighten the color, flavor, and body of the beer.

There is no one IPA, Red IPA, Black IPA, Hazy IPA, Session IPA, Brut IPA, West Coast IPA, Pacific Northwest IPA, there are many, many IPAs.

But today we are going to talk about West Coast IPAs, Hazy IPAs, and Imperial IPAs.

I always say, if you want it to sell, put three letters on the can, "I, P and A," and it will sell. It's pretty well known that IPA is the most popular style in the market. We brew a lot of IPAs, but there are also a lot of ways to present an IPA. Even if we have 5, 6, 8 IPAs on the board, we want them all to be different. We use different yeasts, hop combinations, malt bills, different levels of alcohol. There are definitely a lot of different ways to present an IPA.

Devin: I am looking forward to trying the variety you have lined up! What's first?

Ken: We'll start with Pride of Pocket IPA. This was first brewed last year to celebrate the opening of our new restaurant and taproom in Pocket-Greenhaven, where we're sitting right now. It's a West Coast, but we don't filter or fine it at all. With this one, we wanted to leave behind as much of the juicy, fruity flavors from the hops. There is a chill haze because of the huge late addition hops and dry hopping during active fermentation. This beer features an experimental hop named The Bruce, with a blend of New Zealand hops: SauvinTM, PacificaTM and Pacific JadeTM.

It's between pale and gold. There's a little of that chill haze that we talked about. A nice persistent white head. The aroma has lots of citrus peel, ripe tropical fruit, orange blossom, kiwi, gooseberry. This beer is 6.1% ABV with 35 IBUs, fairly low bitterness, and alcohol. It's easy on the palate, great for a summer day when you want an IPA without the palate fatigue from more bitter IPAs.

It has a light to medium body on it, balanced, light bittering. Definitely featuring more late addition hops than boil hops.

When you put hops in the beer while it's boiling, high temperatures isomerize alpha

see Love page 5

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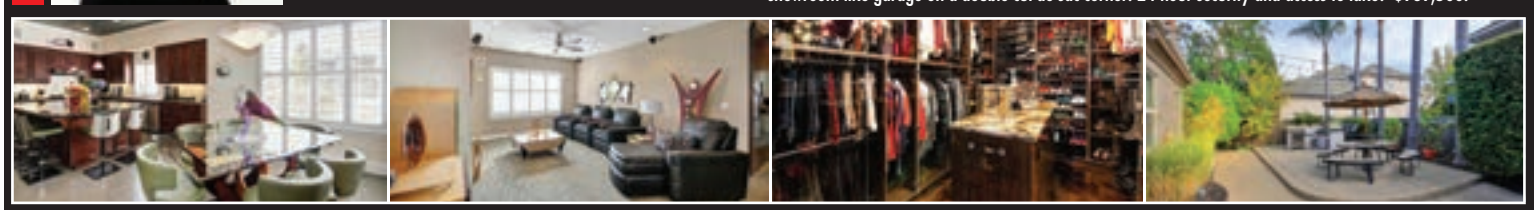

Love:

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acids present in the hops and contribute to bitterness directly. The more hops you put into the boil, the higher the IBUs (international bittering units), the more bitterness you'll perceive. Whereas hops put in after the wort has been brought down below 170 or in secondary or post-fermentation don't isomerize the alpha acids so you don't pick up any more IBUs.

Next, we'll talk about our flagship IPA, Integral. Many customers pronounce it Intay-gruhl. I got over that years ago. As long as you're drinking our beer, we're happy either way. I named it after the mathematical term based on how I paid my way through college, tutoring calculus.

Integral IPA is a straightforward West Coast IPA, 7% alcohol, 50 IBUs, a little more bitter than Pride of Pocket. It has a little more depth in color, more golden orange. Clear, no chill haze, we call this clarity brilliant. This beer is not filtered, but it is fined. We use a vegan fining agent, which uses ionic bonds to attach to particulates and make them heavier so they fall out through gravity.

You get a nice, persistent, white head on this. Aroma full of citrus and tropical fruit, a little bit of stone fruit in there.

The hops are Mosaic®, Simcoe®, and German Magnum. We do use a little caramel and crystal malt in this beer to add to color, flavor complexity and mouthfeel. We use a dextrin malt as well to boost body and head retention. It's fermented with California Ale yeast, also known as the "Chico Strain". It's one of the most widely used in the U.S. and really did derive from yeast strains they were using at Sierra Nevada. It's versatile, ferments quickly and cleanly doesn't leave behind flavors, and falls out easily.

From a flavor standpoint, it matches the aroma, you taste the tropical, citrusy character that you smell. I also pick up a little piney, resinous flavor on the back end that lingers more on the back of the tongue. Definitely more perceived bitterness in this beer. Bitterness is based on an objective measure, IBU, but if what matters to consumers is the perceived bitterness. If you remember from a while back when we drank Brits in Moscow, Brits has 60 IBUs, more than Integral, but you wouldn't think it's more bitter because there are so many other flavors in that bitter, malt character, a small amount of residual sugar. The bitterness comes into play because of how it plays on your palate. The less malt backbone you have on the beer, the more bitterness comes forward because there aren't other flavors to balance it out.

This is a great IPA, a gold medal-winning, IPA, very characteristic of a West Coast IPA, very clean and clear, very balanced. It just has a nice malt character with a balanced hop flavor and bitterness.

Devin: I've been enjoying this beer for a very long time.

Ken: I'm glad. I've been enjoying it even longer.

Now I'd like to talk about one of our newest beers, bigtruck® IPA. This also is a West Coast IPA, 7%, 45 IBUs. This beer was brewed in partnership with the bigtruck® hat company in Truckee. A portion of the beer goes to a couple of nonprofits out of Truckee: Send It and the High Fives Foundation.

This is probably our fastest-growing brand right now. We simply can't brew it fast enough. If readers enjoy IPAs and haven't tried it, definitely pick up a pint or some cans.

It's nice and bright, clear. Light golden, similar to Pride of Pocket but without the chill haze. The aroma, I get tangerine, floral but not much, not flowery. I pick up some of that pine, evergreen flavor, a little bit of stone fruit.

Let's taste it. Melons, grapefruit, orange marmalade. Just a touch of piney resin. Definitely big on the fruit and the citrus flavor. This features AmarilloTM, Simcoe®, Mosaic®. We didn't do too much Mosaic®, because we didn't want it too similar to Integral, so we led with the Amarillo. I really like this beer. I don't get nearly as much malt, very light in body, super clean. Lower IBUs, but the perceived bitterness is only slightly lighter than Integral because of the lighter malt backbone. I'm not surprised this is as popular as it is, it really is a great beer. Great partner, great causes, great packaging. There's a lot of reasons to like it. But take all that away. It's just a really tasty beer.

Devin: No arguments here.

Ken: So, we have a question that needs to be answered. Do we stay in the West Coast and do the imperials or go with the hazys?

Devin: I usually like to stay lower alcohol first.

Ken: Great. Let's move to the hazy or New England/North East style IPA.

What's the difference from a West Coast? Hazy IPAs tend to be more of a showcase for hops. The term juicy is used a lot, more times than not people are looking for something resembling a juice, not a crisp, bright beer.

Really it comes down to yeast and hopping techniques. NE IPAs were developed using English strains of yeast, rather than California Ale. The English yeasts throw off more esters during fermentation, adding more fruity character. The hopping techniques feature a lot

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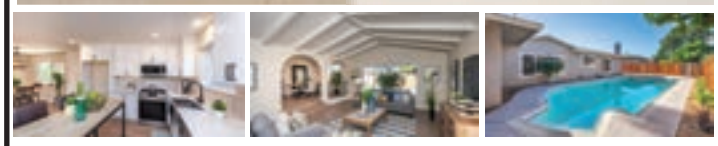

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IPA:

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of late addition hops, very little boil/bittering hops. Many hazy IPAs don't have any hops in the boil. Really the goal is not so much to make them hazy in appearance, that's more of a byproduct, but to provide very low bittering, very juicy, hoppy flavors and aromas, low bitterness and a smooth, soft mouthfeel. That's also achieved by the use of high proteins in the mash. Sometimes flaked oats or white wheat. You're looking for those proteins to build up the body and create a soft, silky mouthfeel and contribute to that haze. Some people say the haze is achieved by not letting the yeast settle out. In my opinion, that's the worst way. That's a stomach ache waiting to happen. The best way is with high protein. The proteins bind with polyphenols in the hops to create a haze and chill haze that doesn't just go away when you chill the beer.

Let's have a look, this is Curious Haze, 7% hazy IPA with 25 IBUs, very low compared to bigtruck® or Integral. On the appearance, it is as advertised, hazy, golden to straw color. Nice, persistent white head. We smell mango, some citrus, tropical notes, some of the fruity esters from the yeast.

Let's taste. What you get first is that soft, smooth mouthfeel. Almost like softened water. Bittering is almost nonexistent. All hop flavor with little to no hop bitterness. I taste the pineapple, orange, a little of the ripe mango on the flavor, not as much as the aroma. If you notice, there's no lingering bitterness. The fruity esters complement, enhance and accentuate the flavor in the hops.

Devin: No lingering bitterness on the tongue, but it seems like more of a whole mouth experience?

Ken: The thicker body makes it more of a full mouth experience. It's more viscous, a chewier sensation as you drink. There's so much hop flavor and aroma, it's volatizing in your mouth. So as you're drinking this, a lot of those essential oils are coming through your nasal passage, because of the late addition hops.

Next we'll stick with the hazys and move into Imperials IPAs.

"Imperial" can be applied to just about any style of beer, it just means it's a higher alcohol version of the beer. For a standard IPA, it tops out at 7.5% alcohol, anything higher than that is called Imperial or Double IPA.

Here's the Tropical Storm Trooper, a hazy imperial IPA at 8.4%, only 15 IBUs.

Take a look at this beer. I see a nice, deep golden color, also hazy. Persistent white head on top. A bit deeper golden than the Curious Haze. Definitely a little bit more orange color in this one.

The pineapple aroma on this one jumps out to me. We use SultanaTM hops on this, which has big-time pineapple. It has just a little bit of citrus in the background, but mostly that pronounced pineapple aroma.

On flavor, like a fresh-squeezed orange, not at all rindy, almost a pineapple orange juice, when you do fruit juice blends. A little bit of tropical notes from the Mosaic®. What's interesting is I get a little bit of hop bite on this. The SultanaTM is a very tricky hop to use. If you get too heavy-handed with it or hopping in the wrong way, it can be a bit harsh. That little touch of hop bite is SultanaTM reminding you to play nice with it.

The mouthfeel is just fluffy and soft, well-rounded, full-bodied. I catch just a little bit of the ethanol on the flavor from the higher ABV.

Devin: Delicious, I never realized this was a double.

Ken: Right?

Let's venture back west, with an Imperial West Coast IPA.

This is Hop Revolt. A Double IPA with 8% alcohol, 65 IBUs. It's a traditional west coast double. This beer is definitely one of our faster-growing brands. It's only been out for a couple of years now, but it is gaining a lot of traction.

It's nice and golden, clear, I wouldn't call it brilliant, we don't filter our beers, so getting brilliance on our high hopped beers is difficult. I smell a lot of that pine and evergreen, cedar, citrus, tangerine.

Flavor matches the aroma, that resinous, very piney, like a pine forest in a glass. A touch of citrus in there. A lot of the new world hops, at some level, have a citrus flavor to them. We use a lot of Simcoe® in this beer. Super bright, very crisp. The perceived bitterness is lower than the IBUs would suggest. There's a little bit of sweetness from the alcohol in there, but if you didn't know this was an 8% you might get yourself in trouble.

It's obvious why this beer is so popular. We all but stopped brewing Anguish when this came out because it's so popular. And there's a lot in the name, Hop Revolt has better branding. Anguish has a darker name. It's also

see Device page 14

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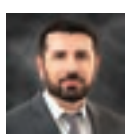
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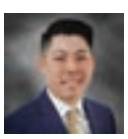
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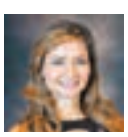
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Equity, Affordability, and Upzoning

By Chris Jones

What if I told you that eliminating single family zoning would make things worse for low-income families and families of color in Sacramento?

Sacramento's 2040 General Plan Update proposes major changes to zoning codes that would essentially eliminate single family zoning within city limits and allow duplexes, triplexes and fourplexes to be built in traditional single-family neighborhoods.

A main pillar of the argument for an end to single family zoning in Sacramento is the idea that by increasing density in places like Land Park and East Sacramento will allow for lower- and middle-income families to live in a neighborhood that is typically out of their price range, making neighborhoods more diverse and dynamic. Seattle, Minneapolis, Chicago, and several other cities both in the US and abroad have embraced the idea that forced upzoning leads to more diverse, dynamic neighborhoods and reduces racial disparity.

The devil, however, lies in the details. Does upzoning increase housing affordability? Does it increase diversity? Unfortunately, it looks like the answer is no on both counts.

Regarding the idea that upzoning increases supply and makes housing more affordable, there is, evidence that it in fact does the opposite. In 2013 and 2015, Chicago created a natural experiment by upzoning large sections of the city, allowing higher Floor Area Ratios (FAR), eliminating parking requirements, and increasing allowable housing density.

Yonah Freemark from MIT studied (Upzoning Chicago: Impacts of a Zoning Reform on Property Values and Housing Construction) the results of this upzoning over the next five years, and his conclusion was that first, there is strong evidence that upzoning increases the property prices for existing single-family homes and that second, there was no evidence for short or medium term increases in housing unit construction.

We need more affordable housing in Sacramento, how can we in good conscience make the problem worse by knowingly enacting a policy that produces no new housing, and worse makes the existing housing more expensive?

I don't think we'll find anyone who thinks that a diverse and dynamic neighborhood is a bad thing. In fact, it's one of the arguments in favor of this upzoning. Advocates say that White families make up over 70% of residents in some of the most privileged neighborhoods such as East Sacramento, Land Park, and Curtis Park in a city that is overall only about a third White. This argument is not borne out by research.

At New York University, Ignacio Aravena, Anastasia Lopatina, Alexia Nazarian, Doug Rose, and Yinan Yao conducted a study (Zoned Out? Examining the Effect of Upzoning on Neighborhood Demographic Trends: A Fixed Effects Analysis) on the effects of upzoning on demographics and the results were equally damning analyzing the impacts of forced upzoning in New York City, they found that upzonings changes made between 2000 and 2007 led to a five to nine percent increase in the share of White residents.

The implication being that the housing which was created, did not go to lower income families of color, but were mainly occupied by White residents. If the idea behind forcing higher density is to allow families of color to move into these "privileged" and "majority white" neighborhoods, then how do we justify pursuing a policy that decreased diversity when used elsewhere? Ironically, it won't be Land Park and East Sacramento that bear the brunt of redevelopment and gentrification unleashed by upzoning. Diverse and relatively affordable neighborhoods like Oak Park will be the first places targeted for new construction.

Sacramento is a city that is poised to see huge growth over the next 20 years. We have major freeways, strong health and government sectors, and we are well positioned to absorb families fleeing the extortionate cost of living in the Bay Area.

We need to grow, but in a way that enables everyone to take part in that growth. The ideals of increasing affordability and diversity are good ones, but we need to really examine whether the changes proposed in the 2040 General Plan Update are going to get us there, or if they're just empty words to make us feel good. I think we can do better than empty words.

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Coalition opposes state Capitol annex demolition

Local assemblyman defends project

By LANCE ARMSTRONG

A local coalition known as Public Accountability for Our Capitol (PAOC) is currently fighting to put a halt to the state's plan to demolish the nearly 70-year-old California State Capitol annex.

The California Legislature, in 2018, approved spending $755 million to demolish and replace the Capitol's east annex and to construct a visitors' center and parking garage. It was also planned for an additional $432.6 million to be spent on designing and constructing a 10-story "swing space" building that would temporarily house the offices of legislative and executive officials and their staffs, at 1021 O St.

Construction on the latter building began in March 2019, and that structure is scheduled to be completed this fall.

Upon its completion, the new annex will house the legislative and executive officials and staff members that had temporarily occupied the swing space building.

The Public Accountability for Our Capitol website – SaveOurCap.org – notes that the new annex project would result in the "leveling (of a) historic building, destroying upwards of a hundred trees – including rare species – erecting a new visitor center that keeps the public away from the steps and halls of our state Capitol, and building a new parking garage, exclusive to politicians and bureaucrats."

Among the most active PAOC members are Sacramentans Paula Peper and Dick Cowan, who both resigned from the Historic State Capitol Commission due to their opposition of the annex project.

Peper, in an interview with this publication this month, noted that she and Cowan left the commission because they felt the annex project lacked transparency.

"By March of last year, any meetings that our historic commission held to get more information, people involved with the project who attended the meetings told us that they didn't even know the answers to our questions or they were under nondisclosure agreements and could not discuss them," she said.

"Yet here we were supposing to advise the (Legislature's) joint rules committee. Then I began realizing that no one in the public knew anything about the project. So, I told Dick Cowan, our chair, 'I'm going to resign.'"

By April 2020, Peper and Cowan had both left the commission, and later became involved in the organization of Public Accountability for Our Capitol.

That coalition's efforts are supported by such organizations as the California Preservation Foundation, the California Garden & Landscape History Society, Trees for Sacramento, and the Sacramento Tree Foundation.

Peper mentioned that history shows that constructing a new, larger Capitol annex to address a growing legislative staff is not the best approach.

"The folly of believing a bigger building will solve the problem of (a) growing legislative staff is proven by the fact that the 1860s Capitol was built to hold all of the state government," she wrote in a statement.

"The 1920s library and treasurer's buildings solved the space problem, the 1950s annex solved the space problem, the 1960s Capitol Mall office buildings solved the space problem. No one building will ever keep up with the growth in population and complexity of the state or its legislative staff."

The current, eight-story annex, which replaced a semi-circular apse, was completed at a cost of about a $7.6 million in 1952.

Peper, a retired urban ecologist with the U.S. Forest Service, said that she conducted her own analyses on the options that were presented for a new annex and parking for the Capitol.

"Depending on which plan they use, anywhere from 200,000 to 610,000 pounds of stored carbon in the trees would be lost," she said.

Peper concluded that with the removal of trees, the public will lose access to shade, health and the beautifying benefits of those trees.

The PAOC website notes that the state may claim that only 30 trees would be lost with the new parking garage, but more than 100 trees could be "removed or severely damaged."

It is also mentioned in the website that because the final plans of the project have yet to be approved, the project is not a "done deal."

"The plan is far from set, and considering the state's COVID(-19)-related humanitarian and economic crises, it is the responsibility of our elected officials to revisit and revise the project, so that precious resources can be directed to where they are needed most

see Capitol page 9







Photo by Lance Armstrong

The California State Capitol's east annex was built between 1949 and 1952.

Capitol:

continued from page 8

– helping struggling Californians," the website notes.

Although Peper said that the Public Accountability for Our Capitol does not support the demolition of the current annex, she added that there is still "need for change."

"There's definitely a need for change and a new, renovated annex – but renovate the historic annex to solve code and life safety issues and protect the shared entry for all," she said. "Don't get rid of it. It's an Alfred Eichler building, and it is historic in its own right.

"(Eichler, who was a notable architect, desired) to honor the old, historic Capitol by making sure that the annex did not dominant. So, from the front, (west side) of the Capitol, you do not see the annex, and that was part of his plan."

Peper noted that the PAOC coalition, which includes architects and engineers, determined that if the current annex was rehabilitated, it would be a much more affordable project.

Cooley speaks about annex project

Assembly Member Ken Cooley, D-Rancho Cordova, who serves as the chair of the Legislature's joint rules committee, described the plan to demolish the current annex and replace it with a new one as a necessary project.

"The problem with the (current) annex is the floors don't match with the historic, (19th century) state Capitol, (which was restored from 1976 to 1982)," he said during an interview with this paper last week. "This (annex) building has a lot of issues and it was never built for a full-time legislature."

Cooley noted that the structure is not safe for emergency evacuations, has security, earthquake stability and asbestos issues, is not Americans with Disabilities Act (ADA) compliant, and does not have a fire sprinkler system.

"The building has issues of safety for legislators and staff, but (also) the public who is here," he said. "If you were here on your own as a citizen and an alarm goes off, you don't know where to go, you don't know how to get out."

Cooley explained why there is a need to have a larger Capitol annex.

"In general, as lawmakers looked at this, you cannot improve mobility around the building without increasing the size of the corridors," he said. "But you increase the size of the corridors (on the existing annex), you reduce usable space.

"So, (the new annex project) is about an updated Capitol,

see Annex page 15

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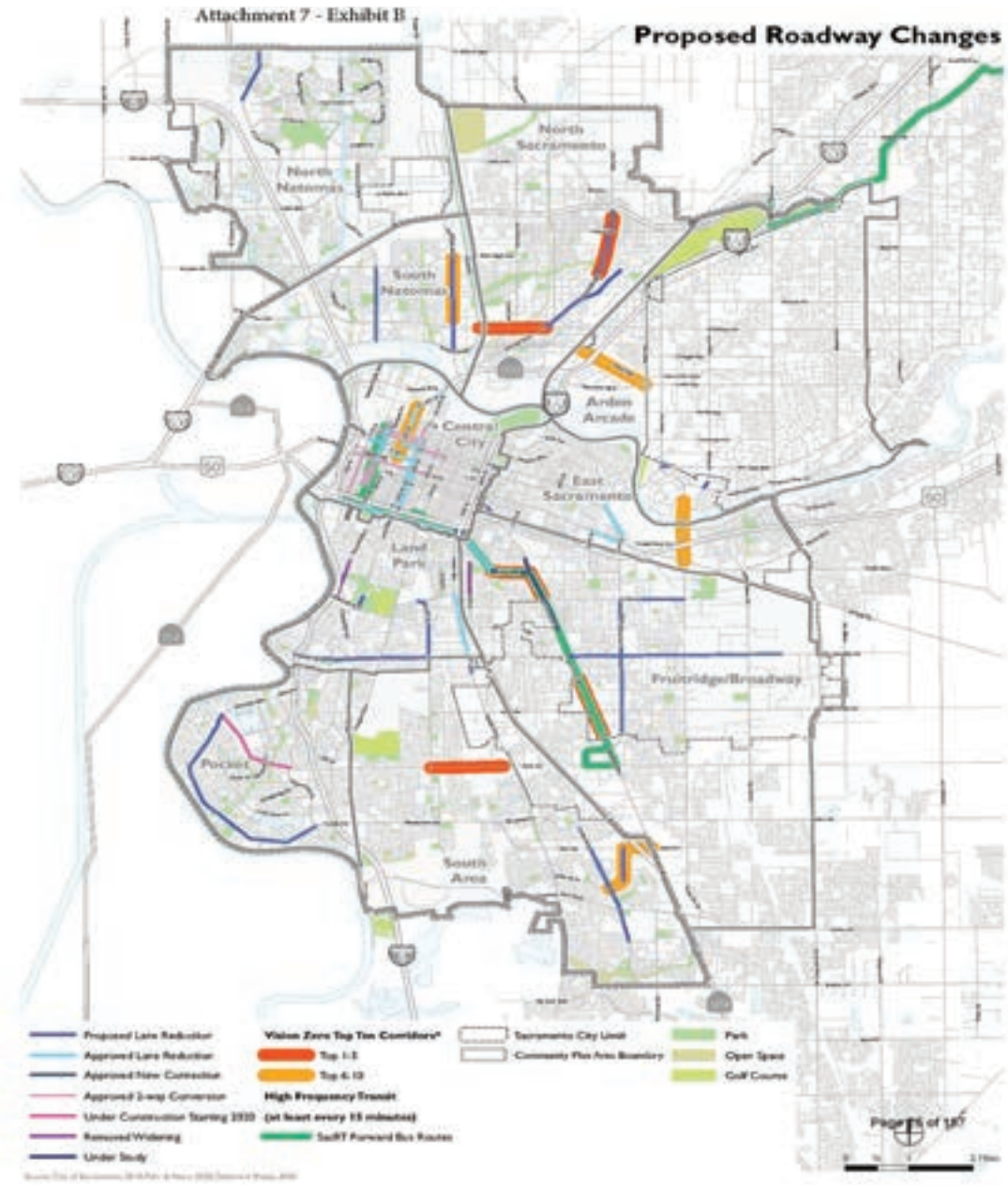

Road:

continued from page 3

brought up in regards to the Pocket Road proposal. A community member asked about the impact a single lane would have on an evacuation in the event of a flood or natural disaster.

The following panel of our local first responders discussed the issue of safely evacuating our neighborhood:

-Director of Emergency Management: Daniel Bowers

-Captain Adam Green of the Sacramento Police Department

-Lt. Galliano of the Sacramento Police Department

-Fire Marshall Lee of the Sacramento Fire Department

-Deputy Fire Chief Costamagna of the Sacramento Fire Department

Some of the important points shared by our safety panel were that neighbors would have up to 48 hours to evacuate our neighborhood if a flood was imminent and our first responders would be directing traffic to help neighbors effectively leave our neighborhood. In the event the proposal to reduce Pocket Road to one lane went forward, there would be more studies done to look directly at the safety impacts of this potential change. The Pocket/Greenhaven Community Association was proud to host the first of many meetings to come regarding the important proposed changes to our neighborhood. Going forward it is important to share your feedback regarding these proposals. The more we discuss local issues as a community, the better we can collectively plan for what we would like our neighborhood to look like in the future.

A recording of the meeting can be found here: http://www.pocketgreenhaven.org/pocketroad For more information on upcoming changes to the 2040 General Plan and the proposal to reduce Pocket Road to one lane, please email info@pocketgreenhaven.org.

Will Cannady is the President of the Pocket / Greenhaven Community Association.

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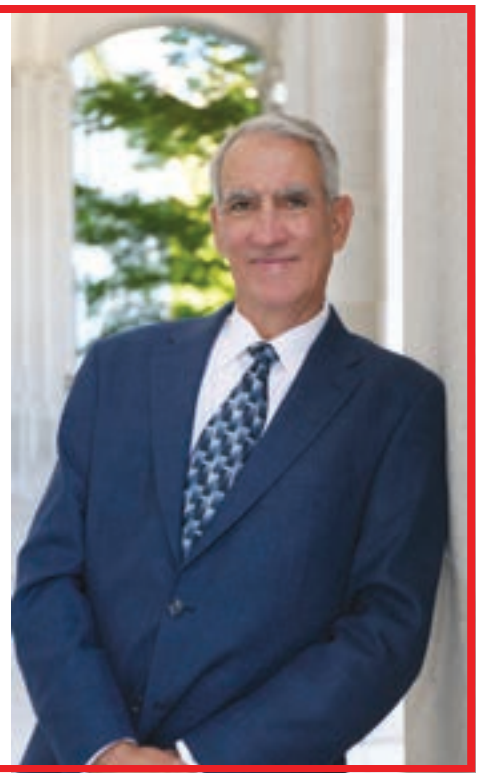

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PHOTO BY CAROL BOGART

The outdoors (at least 6 feet away from others), and the sun, are Covid's enemies, so, yay, it's time to garden!

This 'n' That:

continued from page 2

dates on milk. It's not good for cars to just sit, nor people, either. Walmart, Raley's, Petco, Wild West. Mental health outings, that's what these are. And scrub my hands when I get home.

To end this on an upbeat note, guess what! Walmart's garden center is packed with garden plants! I like that! I love picking out plants and seeds and gardening! Maybe I'll get started Friday before I go to Petco. Double masked.

Birders! Mark your calendars! Cornell Lab/Audubon's Great Backyard Bird Count next year is 2/18/2022 through 2/22/2022. Bird lovers worldwide participate in this 'citizen science' project. Missed it this year? Audubon sponsors annually other "citizen" bird projects. Example: Its 2019 climate change report, Survival By Degrees, found that up to two-thirds of North American birds are vulnerable to extinction due to climate change. The Climate Watch project tests Audubon's climate models by having volunteers look for birds where the models predict they will be. Twice a year, volunteer birders across North America survey for one of 12 target species. Carol recently saw one of the 'targeted species' in Broderick – a Western Bluebird. Interested? For more information or to sign up, go to: https://www.audubon.org/conservation/climate-watch. Questions, comments? Contact Carol at carol@bogartonline.com.

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Device:

continued from page 6

a little higher in alcohol and more bitter.

Devin: I've always enjoyed Anguish.

Ken: The fans really look do forward to it, so today we brew Anguish about twice a year.

OK. Now we're taking the next step to the Triple IPAs. Kind of like the triple dog dare in Christmas Story.

Devin: I'll take that dare.

Ken: A Triple IPA is still an Imperial IPA. Most style guidelines don't acknowledge anything called a Triple IPA. They are just higher alcohol Imperial IPAs or one could argue they are a hoppy barley wine.

This is Basilica. We brew it every February and enter it into the Bistro IPA competition, kicking off SF Beer Week. Same time of year as Pliny the Younger and when many other breweries put out triple IPAs.

It is also one of the four original beers we produced, along with Integral, Anguish, and Brits in Moscow. At the time we called them pale ale, 2x IPA, 3x IPA and Russian Imperial Stout, we hadn't named them yet, but those were the beers.

Devin: It's definitely a classic Sacramento beer.

Ken: Let's try it. I see almost a copper color, definitely a deep golden, getting into copper, clear, almost brilliant, just a little bit of hop haze. Nice white head on top. The aroma is fantastic, lemon and orange. A little bit of that dankness coming through. You can even smell some of the malt sweetness inside. This smells fantastic.

That really is a treat isn't it? That's good.

Devin: Let the record show, a big smile wiped over Ken's face right there.

Ken: I wasn't alone. There were two guys smiling at that table.

Devin: Guilty.

Ken: I don't drink this style of beer that often, but when I do I remember how great it is.

I pick up on the flavor pine, orange rind, booze, definitely taste the sweetness of the booze. Crisp, lighter body, though not as light as Pride of Pocket. A lot of IPAs over 10% are hot and boozy. That comes from poor fermentation and the addition of too much dextrose to increase fermentable sugars. The sugar in here is nearly all malt derived, with just a touch of dextrose to dry it out. That combined with healthy, adequate yeast, to quickly ferment the beer down. It's a very clean, dry beer. I'm beaming with pride for my staff who brewed this beer. Those talented brewers are killing it.

Clean fermentation is the key to good beer, no matter the style. We say in the industry, brewers make wort, yeast makes beer. It's really all about yeast health and viability; yeast health, nutrients and oxygen; and an adequate population. We calculate how many trillion cells we need, put in an adequate population of healthy cells that can go in and do the job. The fermentation piece is the hardest part about brewing.

Devin: That's why we come to you for this, great beer and a science lesson.

Ken: While we still have our wits about us, let's try Brain Sanitizer.

Devin: That'll take care of it. {Ken laughs}

Ken: So Brain Sanitizer Triple IPA, when COVID hit last year, the first week of April we thought about it, said OK, we're in this shutdown of the world. People are scared and confused, nobody knows what's going on, what's going to happen next. Everyone's terrified and frustrated. The world needs a brain sanitizer right now. We brewed this for the occasion.

It's 11% and 88 IBUs. This beer is huge, to say the least. Beautiful color, deep copper, with brilliant clarity. Aroma has mango, citrus, a touch of melon. I can smell the booze. Let's taste it …

I get mango and pineapple primarily on the flavor. You can definitely taste the boozy sweetness of the alcohol, not hot, but big and boozy. That ethanol adds a sweetness to it.

It's funny because 11%'s not much different from wine. But in a beer, with the hop flavor, does that not just jump out as a big, bold flavor? I get a nice, dry finish. Definitely bitter with a nice, oily, resinous finish on the back of the tongue that's indicative of a West Coast IPA. We brew it a couple of times a year, people really like it. At first, the name sold this beer and then people try it, like it, and come back for more.

Devin: Alright, well my mind is clear. Thanks for a great education and a great time. I'd encourage readers to pick up some of these in cans or growlers to sip on, they'll really come to life while reading this article.

And please keep on supporting all of our local restaurants so they'll still be there when we can come together again after COVID.

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Faces and Places: Isaac's bike ride 2021

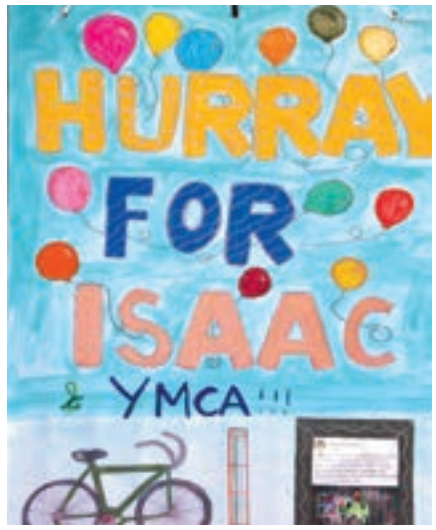


Photos by Monica Stark

After five years of riding a stationary bike in the lobby of the YMCA for his birthday, this year a YMCA Advisory Member did the annual fundraiser from home in his driveway in Tahoe Park on Feb. 23.

Throughout the day, from 6 a.m. to 6 p.m., neighbors and friends popped by to wish Isaac Gonzalez a happy 40th birthday and add money to the growing fundraiser. The big day ended with a tuba serenade from a neighbor and a singalong of the good ol' Happy Birthday song.

Isaac has challenged himself to ride one more time for the Y to raise funds in our time of need. Last year, Isaac shattered his goal of raising $10,000 on his birthday bike ride, raising over $12,000 to support YMCA programs in his community. This year, he smashed that, raising $13,462.



Annex:

continued from page 9

one without ADA barriers, so any Californian who wants to come, can participate. The design will allow for more mobility through the corridors."

He also said he believes that the annex project, visitors' center and parking garage can still be completed for $755 million.

Cooley summarized the current annex as "an undersized building" for the work that is performed there and the increased, pre-COVID-19 pandemic numbers of visitors it was regularly attracting.

He added that he is looking forward to having a new annex with floors that match the original, 19th century Capitol, and having visitors enter the Capitol through its historic west side, near Capitol Mall.

Other planned enhancements for the annex are wider corridors, larger elevators, stairwells and restrooms, and the elimination of driveways and fencing that prohibit people from continuously walking east and west through Capitol Park.

Asked if the annex plan is a "done deal," Cooley mentioned that the project is moving forward and people will soon vacate the old annex.

He also described his desire to share information about the annex project, and that the public can learn about this project through the state's website, www.annex.assembly.ca.gov.

Cooley additionally responded to comments he has heard regarding the possible need to remove more than 100 trees to build a new annex.

"The idea that we would tear down 100 trees is just preposterous," he said. "Where that came from, you kind of ask, 'How did this assertion get made?' For purposes of California law, you have to conduct an analysis of the project. This requires that you tell them what area of ground will the project involve.

"They end up with this sort of exaggerated (area) of the impact, because that is the project boundary, but it's not the building boundary. The building will be slightly larger than the current one, but not vastly larger."

Cooley noted that the annex cannot be built to protrude beyond the north and south ends of the historic Capitol, and that its height cannot be taller than the current annex.

"It has to be below the rotunda, so you don't effect (the view of the Capitol from its west side)," he said.

Although the new annex is planned to be constructed as a more secure building than the current annex, Cooley noted that it would not have a "fortress feel."

It is anticipated by Cooley that the entire, new project will be completed in time to hold a grand opening of the building on Sept. 9, 2025 – the 175th anniversary of California's admission into the union. The visitors' center would open prior to the completion of the annex.

In summarizing the new annex plan, Cooley referred to the project as "taking California back to its original values" of welcoming its visitors.

"This project will welcome all people back into the people's house," he said. "They will find roomy corridors, bathrooms that are not a trial to use, a place to welcome schoolchildren to learn about the nature of our democracy. It will safeguard our Capitol Park."

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