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GO FOR BROKE

see page 3

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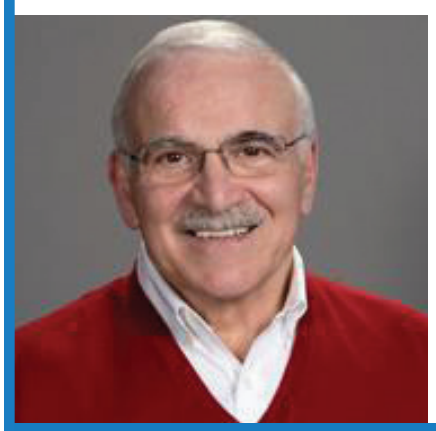

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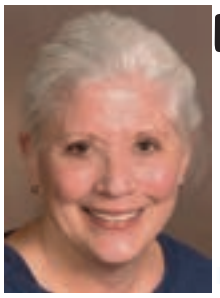

THIS 'n' THAT

by Carol Bogart

Every Party Needs A Pooper



PHOTO BY CAROL BOGART

As of 6/19, Walmart still was giving masks away. I found this one on the ground at my apartment complex. I've read that discarded masks are cluttering up our oceans. Along with beads of 'recycled' plastic.

OK. So recently on Nextdoor, (and allow me to reveal my bias right up front), some IDIOT woman in Sac issued a random invitation to a 'mask burning'. Come one, come all. Outdoors. Controlled burn, she said. A symbolic 'end' to lockdown.

Wow.

Really?

Well, the 'accepts' were few. The outrage immediate – my own included.

Whether she went ahead with it on Day 3 of 'Spare The Air', I don't know. SEVERAL 'declines' pointed out the danger to our already fragile air in burning cheapie polyurethane (read that plastic) masks. Plastic, fyi, is made with a host of nasty chemicals.

Inhaling ANYthing dangerous, after a year of virus-infused air, is NOT appealing. Some experts say we escaped yet another bad flu season BECAUSE of Covid protocols: masks, lots of handwashing, and 6-feet-or-more apart from, oh that would be strangers. Such as those who get infected or arrive infected at OUTDOOR protests or 'celebrations' like a mask burning.

Honestly, do these people not READ??? This thing IS NOT OVER. What was the 'unforeseen circumstance' that caused Raging Waters to close down a day or so after it reopened? Looked pretty well attended. People sitting shoulder to shoulder on rides, no masks in evidence. Raging Waters had a big Father's Day event planned. They bagged it. 'Unforeseen circumstance.' Hmm.

I'd hate to think we have a governor who would reopen prematurely solely to win over antivaxxers – who might support a recall. He wouldn't do that … would he?

Well, regardless, and until someone with no political agenda proves there are no new variants ANYWHERE, I'll keep my mask on, thank you. This 'honor system' where you can go maskless almost anywhere indoors if you've been vaccinated. What a joke. Even if you HAVE been (I've had Moderna's):

A) You don't have to prove it at big stores like Walmart

B) The new scannable 'proof' is optional

C) There have been 'break through' cases; vaccinated people who get the virus anyway

D) Without 'herd' immunity, some new 'variant' (mutated strain) pops up – more dangerous. Such as evidenced in India.

They used to say 'someday' we'd know the 'truth' about the Kennedy assassination. Now, they're saying this virus 'might' have 'escaped' a research lab in China. Might? Or were researchers who got sick working

see Party page 3

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Cover photo by: Debbie Eto

GO FOR BROKE

By Debbie Eto

On Saturday, June 5th, 2021, The California Museum. Florin JACL, Sac JACL and Sac State Japanese American Archives put on an event to introduce the newest "Forever" stamp called "Go For Broke". The "Go For Broke" stamp is in honor of the 442nd Infantry Regiment. The 442nd was comprised of mostly 2nd generation Japanese Americans (Nisei) who fought in WWII. These men served (while their families were prisoners in internment camps) to prove their loyalty to America. The 442nd is the most decorated unit for its size in U.S. military history.

In 2005, three Nisei (2nd generation) Japanese American women from California: Fusa Takahashi, Aiko O. King, and the late Chiz Ohira began a grassroots campaign to have a USPS stamp in honor of the 442nd Infantry Regiment. The 3 women, are widows of "Go For Broke" World War II veterans. Their many years of hard work paid off, when the stamp was unveiled at the California Museum, June 5, 2021. The event (small in size) due to Covid restrictions featured stirring speeches by Congresswoman Doris Matsui, Honorable Judge Charles Kobayashi, Lester Ouchida, Kiyo Sato and Sac City Councilwoman, Katie Valenzuela. Sacramento Taiko Dan opened the program then Tom Nakashima took over the hosting duties. Postmaster Douglas Smith unveiled the stamp to thunderous applause and many heartfelt tears. Accompanied by Esther Hokama's lovely voice and Ukulele, Lois Nishimura and Kiyo Sato danced in celebration at the end of the program.

Also on hand, Honorable Judge Johnny Gogo from Santa Clara County, brought the 48 star flag and had survivors of the Internment camps sign the flag. Most were young children when interned, and were proud and honored to sign the flag. He brought the 48 star flag since that was the number of states during World War II. He is traveling across the country trying to get as many signatures of internment survivors as possible. At the end of the program, Tule Lake survivor, Keiji Takagi remarked how he wished his parents were here to see this and how it takes courage to heal.



Party:

continued from page 2

on an antidote to an easily weaponized virus (funded, in part, by own National Institutes of Health). Maybe the only thing that 'escaped' was an unplanned human trial. Lab staff who took the virus home to their Wuhan families. The original 'whistleblower', you'll recall, was a Wuhan doctor, who, himself, succumbed to the virus. If you're old enough, perhaps you remember the short-lived 'neutron bomb.' A weapon that killed people, but left the buildings.

A PhD friend of mine, with an advanced science degree from UC Davis, and I discussed the virus. My friend said, "Oh what we've unleashed upon the world."

Good enough for me. For the most part, I still stay home, and study new viral waves in other countries. I'm sorry to report that, yes, they're happening. U.S. scientists say these mRNA vaccines (Moderna's, Pfizer's) are proving to offer some protection against all variants, even the Delta variant from India, and p.s., yes it's here. You may still get sick, say health officials, but not SO sick you'll surge into hospitals that have run out of oxygen.

Listen. Our area never has very good air anyway. Remember needing a mask during that Solano/Yolo wildfire that filled West Sac air with toxic particulates? And how about that tire fire just across the river? I've covered tire fires. The smoke and runoff (melted tires

see Party page 14

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-Ben Franklin





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Scouts of Troop 259 participated in a historical flags ceremony







On Flag Day, June 14, the Scouts of Troop 259 participated with Elks Lodge #6 in a Historical Flags Ceremony. This ceremony gave testimony of the endeavors and sacrifices for each of the flags that have represented the United States of America through its past. Afterward, the Elks participated with the Scouts as numerous U.S. flags that were no longer in a fitting condition for display were respectfully retired.

With reverence, every flag was distinguished for its individual tour of duty prior to ceremoniously being relinquished from service in a dignified manner. This role is a heavy responsibility, and the task was not taken lightly.

As our community is coming out of Covid, Scout Troop 259 has been actively moving forward to getting out there too. Of course, we also are jumping through every hoop to ensure the priority of our own health and safety. No shortcuts.

We are striking out to return to monthly campouts and a week-long summer camp experience! The Scouts are itching to get out of the Zoom classrooms and into great activities where they can be the guys making the stories.

Campfires may be banned in California this year, but not making an omelet in a zip-lock bag dropped in boiling water on a propane stove (try that one out!). For those 11-to 18-year-olds who are interested in Scout Troop 259, we meet every Monday at the Elks Lodge, 7 p.m.

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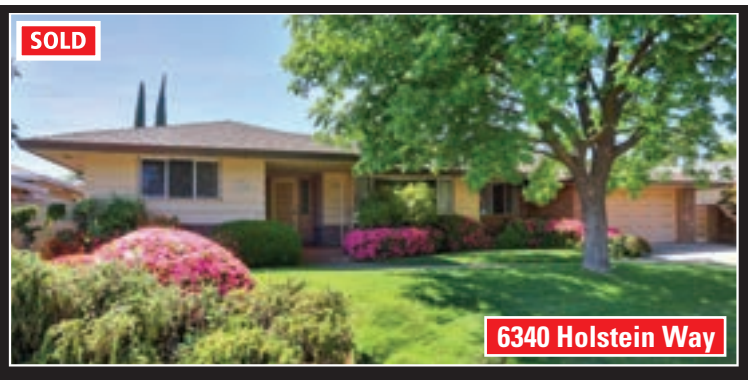

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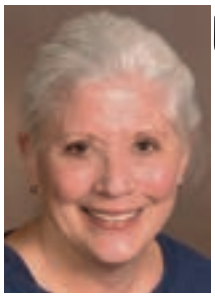

THIS 'n' THAT

by Carol Bogart

Want To Quit Smoking?

If it was tough before, the pandemic's made it tougher, hasn't it. We crave a lot of things. Human interaction. Hugs. A drink. A cigarette. Pot. Hugs. Sex.

The list goes on and on.

My list is pretty short these days. I miss hugging. But let's take smoking.

Here's my own history. Mom, a good '50s mother, told me I should never smoke and why. When I was maybe 4 or so, she took me to watch dad play baseball. He was smoking. I sobbed and wailed. "Daaaaaddddddy! Don't DIIIIEEEEEEE!!!!"

Well, I never saw him smoke again. At night, before he went to bed, he allowed himself one Lucky Strike – behind closed doors. The bathroom.

When I was 9, I stole one. To impress friends in the neighborhood. We climbed the tree next to my folks' garage, sat on the roof and lit it. Blegh. No filter. Icky stuff on your tongue. Undaunted, we scrounged a butt-with-filter from beneath a hedge. Ugh, ugh, triple ugh. MENTHOL! AWFUL!!!

Well, the short version after that is a brief fling with cigarettes in junior high, trying to look like movie stars of the day. None in high school. Took it up again when I was waitressing. Smoking was 'what you did' when you were on your break.

By my TV News years, I was buying Winston's by the carton. And smoking two-and-a-half packs a day.

I get it that it's hard to quit that kind of habit.

When a non-smoking boyfriend wanted me to quit, I switched to Winston Lights. He said he'd take me to Acapulco if I quit completely. Hmm. I tossed the carton, but took one pack.

In Acapulco, I learned two things. Dispirited horses on the beach made me so sad and I would never, ever ride one. And, I was done with smoking.

Here's how I did it.

Each time I wanted a cigarette, I told myself I could have one … in three minutes. Oh, boy, did I watch the clock! By the time I was back in Denver, that pack was pretty ragged. The seal and cellophane were gone. The foil was ripped. But, I hadn't had one. I'd upped my 'wait' time to an hour. By the third week, all 20 cigarettes still in the pack, I threw it away.

Habituated behaviors. That's what's tough. But you can change those, too.

I used to keep a cute green glass ashtray next to my desk in Denver. Back from a story – at first I had trouble getting started. My habit was to light a cigarette and THEN start writing.

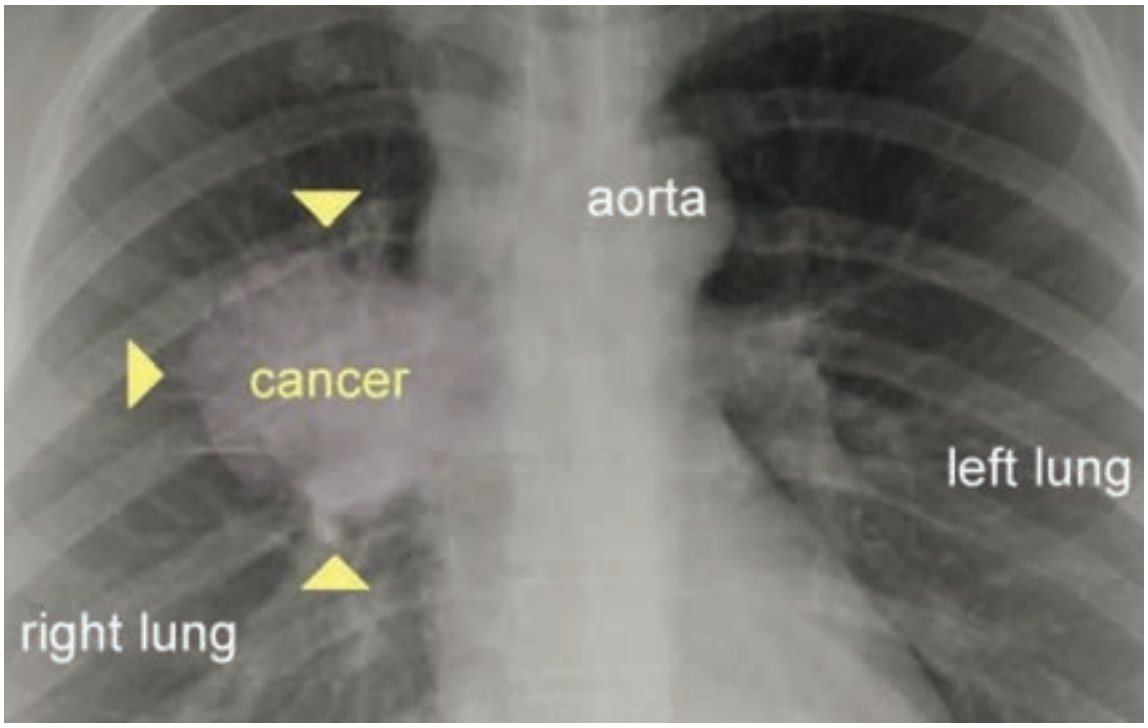

PHOTO COURTESY OF NIH

An Xray image of a healthy lung won't have cloudiness, like this left lung, or large spots.

The boyfriend (also a reporter/anchor) sat at the desk next to me. A few weeks after we returned from Acapulco, he gave me skis for my birthday – and informed me he 'needed' to go to Detroit to see if he was 'over' his ex-girlfriend.

The news director told me yes, I could move my desk.

So. EX-boyfriend. But I credit him for 1) getting me to quit smoking and 2) having procedures done that, I'm convinced, resulted in my one and only baby.

Mom told me she'd had a dream and woke up crying, "I dreamed you started smoking again." I said, "Don't worry mom, I never will."

It took eight years, if you can believe it, to find cigarettes disgusting. Now, nearly 40 years since I quit, the desire's gone. Completely.

So if you believe the myth that getting vaccinated could mean no babies and you want to someday be a parent – and yet, you smoke – stop now. If I can do it, you can.

Did you start smoking, or now smoke more, due to pandemic tension? Current research says if you quit by the time you're 35, you'll have healthy lungs in 15 years. (Assuming some viral strain doesn't get in there and wreak havoc.) For more tips on quitting smoking, go to https://www.webmd.com/smoking-cessation/news/20040608/quit-smoking-before-age-35-to-regain-health. Questions, comments for Carol Bogart? Contact her at carol@bogartonline.com.

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see solutions page 6

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Broadway district business operators speak about June 15 full reopening

State ends tier restrictions across California



Photos by Lance Armstrong

Joe Shook, manager of P&M Tool Center, said that with June 15 came the elimination of this business's face covering requirement.

By LANCE ARMSTRONG

California's 15-month economic shutdown ended on June 15 when the state lifted its color-coded tier system that limited business activities and crowd capacities to slow the spread of COVID-19.

Since that date, those who are vaccinated are no longer required to wear face coverings, except in certain situations, such as while using public transportation, visiting health care facilities, and spending time indoors at K-12 schools and child care facilities. Businesses no longer have crowd capacity limits, but they can still require customers to wear masks, even if they are vaccinated.

As of June 11, more than 644,000 Sacramento County residents have been fully vaccinated, according to the county's public health data. The county's population is more than 1.5 million.

Sacramento County had an Orange Tier 3 status before the state ended its color-coded tier system.

Additionally, the county had a COVID-19 case rate of 3.8 new cases per 100,000 residents, as of June 15, the county's public health staff reported.

On June 16, the day after the state ended the restrictions of its Blueprint for a Safer Economy plan, the Land Park News spoke with Broadway district business operators about their experiences during the months of crowd capacity limits, store closures, and other restrictions.

Guillermo Leyva, of Pancho's Cocina Mexicana, mentioned that with the arrival of June 15 came an opportunity to increase its dining limit from 50% to 100% capacity.

"We were Orange Tier, (then on June 15), we went from (a capacity limit of) 35 (people) to our full 70," he said.

He noted that although the restaurant can operate at full capacity, he believes that customers still enjoy some separation from each other while dining.

"Customers still want a little bit of that separation," Leyva said. "They're like, 'Maybe we're not ready yet.'"

Although Pancho's customers are not required to wear face coverings, this restaurant's staff must still abide by this eatery's mask-wearing policy.

Jose Barreto, manager of Scrub Boys Car Wash, referred to an increase in business at this car wash since June 15.

"We're getting more business than what it was," he said. "People feel more secure. I'm excited, too, (to) start getting more business."

Barreto recalled the early part of the pandemic, which affected this business.

"People didn't want to come out," he said. "They were worried about their health. I don't blame them. I would have done the same thing, too. My own opinion, I wouldn't risk my health to be around a lot of people in one place (at that time)."

Shimal Shiaanjmi, of Broadway Chevron, said that although masks are still required at that business, enforcing that rule is not easy.

"We try to (enforce that rule), but it depends on the

see Reopening page 12

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2	6	3	5	7	1	9	4	8
7	3	8	6	9	5	4	1	2
1	2	5	7	4	3	6	8	9
6	9	4	1	8	2	7	5	3

Sacramento Juneteenth Festival 2021 was a historic event









Photos by Antonio Harvey

Sacramento Juneteenth Festival 2021 was a historic event. Two days after being recognized as a national holiday, Sacramento's 18th annual Juneteenth Festival took place in William Land Park. Sacramento Juneteenth, Inc was presented with a resolution recognizing June 19th as National Freedom Day. The resolution was presented to Sacramento Juneteenth, Inc. by Mayor Steinberg and councilmembers Jennings, Vang, Valenzuela and Ashby. A special thank you to all the vendors, sponsors and attendees who supported the celebration of this momentous occasion in American History. We look forward to addressing more of the issues related to America's evil past. Addressing the past will prepare us for the future. Onward and upward toward the light. - Gary Simon



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‘No fishing’ rule at William Land Park draws further reaction

Locals, others hope for lifting of fishing ban at park



Photo courtesy of Maury Hatch

Left to right, Land Park residents Asher Drucker, Ward Culliton and Maury Hatch stand with fishing poles along the bank of a pond at William Land Park.

By LANCE ARMSTRONG

A group of local residents and former Sacramento area residents, with experience fishing at William Land Park, last week spoke against the ban on fishing in the park’s ponds.

In an article published in the May 13 edition of the Land Park News, Tony Ulep, Sacramento city parks superintendent, noted that the park’s fishing ban was instituted two years ago, and that additional “no fishing” signs were recently posted at this park.

He also explained why the decision was made to prohibit fishing at William Land Park.

“Two years ago, we had a meeting – so, the parks’ department; the manager (and two superintendents) – with the (city) animal control manager,” he said. “We were getting a lot of complaints that the ducks and geese were getting (fishing hooks) impaled into their beaks or their bills (and) their feathers and their wings, and they were getting wrapped up with fishing line.”

To emphasize this issue, Ulep sent this paper a link to an online news story about a Canada goose that was impaled by a fishing hook and rescued at William Land Park last March.

The same report, which was published by CBS13, mentions that two weeks earlier, another bird was rescued after it was found dangling by fishing line in Elk Grove.

see Fishing page 9

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Fishing:

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Ulep this week told the Land Park News that he was recently informed that people continue to fish at William Land Park, despite its posted "no fishing" signs.

"We have a concerned citizen that cares for the wildlife at (William) Land Park (who said) there is still fishing going on there and it's still harming the wildlife by (people) not picking up the hooks or the fishing line," he said.

Land Park native Ronald Fong, who organized the group that is protesting the park's fishing ban, told the Land Park News last week that he is very concerned about the park's ban on fishing.

"The kids don't have any place to go to," he said. "It's urban fishing. You don't have to go to the river. Your parents can drop you off (at the park). It's a safe zone."

Fong, a 1967 graduate of C.K. McClatchy High School, noted that he began fishing at the park when he was 6 years old and that his memories of fishing there are very special to him.

"It basically taught me the basics of fishing," he said. "You started catching carp and bluegill and all that. It started my love of fishing. So, it's very sentimental to me, and you can start the joy of fishing right there, catching small fish that are planted (by birds) in the pond.

"(Fishing at the park) keeps you out of trouble, because you're not doing anything that's wrong."

Also memorable to Fong is the park's former fishing derby event. He said he would donate $500 per year to the derby, if it returned to the park.

Fong, who most recently fished at William Land Park last year, added that he never used to hear anything about fishing being an issue at this park.

"I'm 72, so the first 50 years, no one complained about this, at least," he said. "So, what's happening is more and more people are using the park, and more and more people are feeding the geese that are wild geese that really don't belong here.

"I've seen the population of geese maybe go up from, I don't know, 50 to 300 during the pandemic. Everybody's got no place to go, so the free zone is the park, and everybody goes down there and feeds the geese. So, that would lead to more geese getting injured, because you've got more geese and ducks there that normally aren't there."

Kacie Young, who grew up in the Pocket area and graduated from John F. Kennedy High School in 2008, fished with her father and uncle at William Land Park during the early 1990s.

Young addressed the topic of birds getting injured by fishing line and hooks at this park.

"I understand both sides that it is a safety concern for the environment and for the people that go to the area, but I also feel like the fishermen are pretty responsible or at least should be held responsible in certain cases like that," she said. "I do think fishing is an important part of (William) Land Park. I think it adds to the family values of the area."

South Land Park resident Willie Louie, a 1967 graduate of McClatchy High, also spoke against the park's fishing ban.

"Many of us in our generation learned to fish there, and that's why it kind of surprised me that somebody can come along and put a 'no fishing' sign up there without discussing it with the public," he said. "I know there are a few individuals that are (dedicated) to that, having to protect this, this and that, but they overlook the memories of kids.

"I can't believe there's that many ducks and birds that are getting killed by fishing hooks. It can happen, yes, but to put a restriction on fishing there because of that, I'm not a believer in that."

South Sacramento resident Rich Alcartado, a 1968 Hiram W. Johnson High School graduate who grew up visiting William Land Park in the 1950s and 1960s, noted that he was surprised to learn about the park's birds being injured by fishing lines and hooks.

"I've never seen that when we were down there, and there were always ducks and geese down there," he said. "Where do these kids go now (to fish)?"

South Land Park resident Kim Deeks-Lederer, a 1998 McClatchy High graduate, grew up participating in fishing events at the park.

Deeks-Lederer mentioned that she is disappointed that she cannot take her son to fish at William Land Park.

"A lot of places along the river aren't exactly safe," she said. "Homelessness is a huge problem in Sacramento, and

see Fishing page 13



Photo courtesy of Ronald Fong

Land Park resident Ronald Fong holds a fishing pole near a "no fishing" sign at William Land Park.



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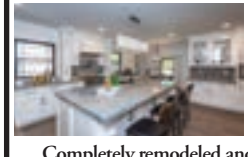
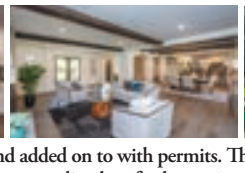




Completely remodeled and added on to with permits. This glorious property sits on almost an acre on the famous tree-lined perfectly manicured Crocker Road. Beautiful flowers and gardens surround you on your morning walks. The main house features 4 beds and 3.5 baths. There are two primary suites. One upstairs and one downstairs. Guest house with 1 bed, 1 bath, and laundry room. Large four car tandem garage. Gorgeous engineered floors. Custom rod iron front door. Anderson windows and sliding glass doors. Wine cellar, wine cooler, high-end appliances, custom lights, 2 ac's, 2 heaters, and 3 laundry rooms. New beach entry pool with sheer wall waterfall. Custom trellis, outdoor kitchen with fireplace, TV, BBQ, sink, wine cooler and fridge.

5 beds, 4.5 baths, 5527 square feet per assessor

SUMMER 2021

FREE CLASSES, WORKSHOPS, AND CONCERTS AT ACC SENIOR SERVICES

REGISTER FOR OUR ONLINE CLASSES AT:

accsv.org/online

REGISTER FOR IN-PERSON CLASSES BY CALLING 916-393-9026 x 330

ONLINE OFFERINGS

Register online at accsv.org/online.

IN-PERSON OFFERINGS

Register by calling (916) 393-9026, Ext. 330, or visit ACC Senior Services. All participants for in-person classes must show proof of vaccinations. Everyone entering one of ACC's buildings must wear face coverings over their mouth and nose. Social distancing guidelines will be followed. Pre-registration required.

ONLINE OFFERINGS

Concerts

BOB AND KATHY RAWLEIGH

Aug 10, Tuesday, 6:00-7:00p. The musical duo of Bob and Kathy Rawleigh has captured the hearts of residents at the ACC Care Center for years. Their upbeat and soulful repertoire spans decades. Join them via YouTube, Facebook, and Zoom as they make their debut for the residents of ACC Maple Tree Village.

MAELEY TOM AND TONY WATERFORD



Sep 16, Thursday, 6:00-7:00p. Before the pandemic, they performed at ACC Care Center and other ACC events. Now Maeley Tom and Tony Waterford are bringing their music to the outdoor courtyard of ACC Greenhaven Terrace. Their show will feature music from the Carpenters, some country music, pop, and R&B. Watch it live on YouTube and Facebook!

SOLUNAIRE

Sep 30, Thursday, 7:00-8:00p. Back by popular demand, SoLunAire condenses a wide array of musical styles and genres into a captivating melding of Bluesy-Jazzy-Hawaiiana-Americana. Join Carla Fontanilla and her fellow musicians for an outdoor performance that will also be livestreamed.

Special Events

ACC VIRTUAL OPEN HOUSE

July 22, Thursday, 1:00-2:00p. Learn about our new classes and workshops. Meet our dedicated instructors and staff. Producer Ted Fong will take you on a guided tour of ACC's studio and show you how we produce our online programming for YouTube, Facebook, and Zoom.

THE HISTORY OF ACC

July 26, 2:00-3:00p, moderated by May O. Lee and Jean Shiomoto; August 23, 2:00-3:00p, moderated by Peggy Saika; September 27, 2:00-3:00p. moderated by June Otow and Hach Yasumura. These presentations are the first in a year-long series that will explore ACC's 50-year history. The roots of ACC date back to the late 1960s when members of the Sacramento Asian community created programs to address the needs of minority communities, eventually leading to the founding of ACC in 1972.

A CONVERSATION WITH DALE MINAMI



Aug 12, Thursday, 2:00-3:00p. In the early 1980s, attorney Dale Minami headed up the legal team that overturned the 1942 federal conviction of Fred Korematsu, the civil rights activist who objected to the internment of Japanese Americans during World War II. Join Sacramento broadcaster Tom Nakashima as he talks to Dale about Korematsu v. United States, which is widely considered as one of the worst and most racist Supreme Court decisions in American history. Learn about Dale's upbringing and how he became a civil rights hero, the co-founder of the American Asian Bar Association, the recipient of dozens of awards and recognitions, and a mentor to so many API judges.

ACC SHOW AND TELL: ZERO-EMISSION VEHICLES



Sep 1, Wednesday, 11:00a-12:00p. Automotive reviewer Keith Turner will be at ACC and take you on a tour of the latest electric vehicles on the market today. Our cameras will follow him inside the BMW i3, the Tesla Model 3, the Nissan Leaf, and a hydrogen fuel cell vehicle from Hyundai. Keith will also talk to EV car owners Titus Toyama, Jeri Shikuma and Dave Lin about their experiences. It's a fascinating look into the future of cars that everyone will enjoy.

THE MYSTERY OF WILLMINA SLOPPYE

Jul 28, Wednesday, 2:00-3:00p. In 1932, Sacramento resident Willmina Sloppye wrote and copyrighted a love song that got lost for more than 60 years. Her granddaughter Jeanne McGrath discovered the music in the 1990s but never had a chance to hear it. Jeanne's daughter, Kathryn McGrath, brought the song to ACC social worker, Soojin Yoo, hoping that someone at ACC could sing it for Jeanne who is now 89 years old and has Alzheimer's. Join host Mary Nakamura as she explores the life of Willmina Sloppye and her secret musical talent. Mary's guests will be Jeanne McGrath, Kathryn McGrath and James Scott, the archivist from the Sacramento Public Library. You'll see Jeanne's and Kathryn's reaction as they hear Willmina's music for the very first time.



Music

BEGINNING UKULELE WORKSHOP



Instructor: Carla Fontanilla
Jul 14-Aug 18, Wednesdays, 4:15-4:59p. This six-week workshop will cater to actual first-time players. Method instruction would be offered, i.e., uke history, uke construction, tuning, right& left hand playing positioning, simple strum techniques & patterns, the most basic chords, and the simplest songs.

BEYOND BEGINNING UKULELE WORKSHOP

Instructor: Carla Fontanilla
Jul 14-Aug 18, Wednesdays, 5:00-6:00p. This six-week workshop is keyed to experienced and advancing beginner players doing play- and sing-alongs with introduction and demonstrations by Carla to somewhat complex strumming techniques & patterns, chord family progressions, scales, melody construction, and key transpositions.

ACC MUSIC MAKERS

Host: Mary Nakamura
Aug 18, Wednesday, 11:00a-12:00p. In this episode, we will get to know two longtime volunteer musicians, Bill Wong and Randy Chinn, who have shared their love of music for many years with residents at the ACC Care Center and other senior residences.

Language

MANDARIN CHINESE (BEGINNING)

Instructor: May Cheung
Jul 6-27, Tuesday, 10:00-11:00a. Learn the phonetics of Mandarin Chinese using Hanyu Pinyin. Upon completion, students should be able to grasp the basics and have a better understanding of the forming of sounds. Through pronunciation drills, single and compound words are introduced.

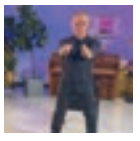
Fitness

MUSIC & MOTION



Instructor: Rowena Alberto
Jul 1-29, Thursdays, 11:00a-12:00p. This exercise program starts with slow music for stretching, followed by more lively music with easy steps and moves in sitting and standing positions.

TAI CHI FOR THOSE W/ LIMITED MOBILITY



Instructor: Robert Nakashima.
Fridays, 11:00a-12:00p. Designed to serve the needs of students with a variety of mobility issues, including those living with chronic health conditions, this class will focus on developing a complete, individualized Tai Chi practice that can be enjoyed seated or standing, as conditions allow.

ZUMBA GOLD - NEW!



Instructor: Linda Taylor.
Tuesdays, 10:30-11:30a, Zumba is an exercise fitness program that combines Latin and International dance rhythms and physical fitness moves. Zumba Gold is a low-impact, lower intensity version with modifications for active older adults and beginners.

MOVIN' ON

Instructor: Joaquin Ngarangad.
Fridays, 1:00-2:00p
This class will consist of warmups and low impact cardio dances to disco, rock, Motown and hip-hop music. Dress in appropriate workout attire and shoes. Have a bottle of water handy and a regular non-wheeled chair for stretching.

GENTLE YOGA



Instructor: Jeani Kim-Slesicki
Tuesdays, 1:00-2:00p. This beginner to intermediate level yoga class, which includes breathing exercises and meditation, will focus on balance, circulation, stretching and strengthening from standing/seated Hatha Yoga poses. Props, such as bolster, blocks, strap, towel/blanket, are recommended, but not required to participate.

YOGA BODHISATTVA



Instructor: Joaquin Ngarangad
Mondays, 11:00a-12:00p. For beginning and intermediate levels, this holistic experience benefits the body, mind, and spirit. Techniques for stretching and strengthening are explored through the sequential poses associated with breathing. Dress in appropriate workout attire and have a yoga mat, blocks, straps, large towel and/or small pillow.

Cooking Demonstrations

TIRAMISU DESSERT DEMO

Instructor: Susan Peruzzi
July 15, Thursday, 4:00- 5:00p.



We will be making everyone's favorite Italian dessert, Tiramisu. The name means "pick me up" because each Lady Finger cookie is dipped coffee and liqueur before being smothered in a Creme anglaise-Mascarpone mixture and topped with dark cocoa powder.

HAVE WOK, WILL TRAVEL
Instructor: Chef David SooHoo
Aug 25, Wednesday, 11:00-12:30p.



There's more to stir frying than meets the eye. Award-winning chef David SooHoo will show you the open flame, electric, and wok techniques he's used for more than 50 years. He'll share uplifting stories from Chinese cooking during the gold rush in the 1850s to his recent restaurants and his job as personal chef to hotel magnate Barron Hilton. Tasting and Q&A included.

SUSHI MAKING FOR BEGINNERS



Instructor: Koichi Mizushima
Sep 2, Wednesday, 11:00a-12:00p. Koichi is returning to ACC with another practical and entertaining cooking demo. Learn how to make a few different styles of traditional sushi rolls, like California Rolls and Kappa Maki Rolls. Koichi will explain some basic techniques for making sushi at home.

Especially for Caregivers

FAMILY CAREGIVER SUPPORT GROUP
Jul 14/Aug 11/Sep 8, 2nd Wednesday, 12:00-1:30p
Jul 22/Aug 26/Sep 23, 4th Thursday, 6:30-8:00p
If you are an informal family caregiver in need of support while going through this difficult journey, join us in our monthly support group meetings. For more information and registration, please contact Soojin Yoo, MSW, Social Worker (916) 503-5386 or email syoo@accsv.org.

UNDERSTANDING AND RESPONDING TO DEMENTIA-RELATED BEHAVIORS
Presenter: Alzheimer's Association Staff
Aug 25, Wednesday, 2:00-3:30p.



This workshop provides participants with a four-step model to address behavioral aspects of dementia. The program details the model and then applies it to some of the most common behaviors associated with the disease.

Health & Wellness

LEARNING ABOUT SOCIETY FOR THE BLIND
Instructor: Shari Roeseler, Executive Director, and Kathleen Shevlin, Senior Outreach Manager, Society for the Blind
Jul 1, Thursday, 1:00-2:00p. This workshop will provide an overview of the history and services of Society for the Blind, as well as provide an overview of the leading causes of blindness and low vision.

MEDITATION AND SOUL HEALING
Instructor: Dennis Shimosaka
Jul 6-27/Aug 3-31/Sep 7-28, Tuesdays, 6:00-7:00p. We are focusing on easy meditation and healing practices using Tao Calligraphy tracing to remove the negative Chi (ancient Chinese wisdom) energy and promote increased health and reduce anxiety, pain, and stress.

CALIFORNIA HOPE
Presenter: Ken Brand, Peer Counselor, CalVoices
Jul 19, Monday, 2:00-3:00p. Cal Voices Crisis Counseling Program is part of the larger CalHOPE CCP. CalHOPE is California's response to the COVID-19 Pandemic and other disasters. We are part of a network of organizations and individuals trained to provide virtual support to Californians experiencing stress, anxiety and/or trauma because of the current pandemic.

AVOIDING CHRONIC DISEASE THROUGH PLANT BASED EATING
Presenter: Robin Withrow-Wong, MS, RDN
Sep 2, 9, 23, 30, Thursdays, 2:00-3:00p. This workshop is comprised of four 1-hr sessions in which we teach participants easy ways to incorporate more fruits, veggies, whole grains and legumes into their daily diets to reduce risk of developing chronic diet related disease such as cardiovascular disease, diabetes and high cholesterol. The sessions will provide actionable tips and valuable information. The final session will be a cooking demo showing how to cook without oil and how to prepare a simple, quick, no-meat meal.

Other Workshops

YOUR LIFE STORY–AN INTRODUCTION
Facilitator: Lora Connolly
Sep 8, Wednesday, 2:00-3:00p. This one-day session is an introduction to Writing Your Life Story workshop. This session is meant for individuals who are not already participating in the Writing Your Life Story Workshop but considering joining. It will provide an orientation to the Guide that will be used over the 14-week Writing Your Life Story sessions.

WRITING YOUR LIFE STORY WORKSHOP
Facilitator: Lora Connolly
Sep 15-Dec 15, Wednesdays, 2:00-3:00p.



Writing Your Life Story is a guided workshop that helps you write about important events, relationships, and experiences in your life. Each week focuses on a theme like family, school days, important relationships, your life's work, and your evolving values, goals, and beliefs. Participants can either download the Your Life Story Writing Guide from the link provided after registering or pay a $10 materials fee to the instructor who will mail you a printed copy via the U.S. Postal Service.

Finance

WILLS AND LIVING TRUSTS 101
Presenter: Alyssa Chow, Attorney-at-Law
Jul 12, Monday, 4:00-5:00p
Aug 25, Wednesday, 4:00-5:00p (Repeat)



During this workshop, we will discuss the differences between Wills and Living Trusts, and how these documents may help you leave clear instructions for your loved ones to follow upon your passing or if you become incapacitated during your lifetime.

For nearly 50 years, ACC has helped older adults stay healthy and active in the community. Visit us at accsv.org.

UNDERSTANDING RMDS (REQUIRED MINIMUM DISTRIBUTIONS)
Presenter: Mark Pratt, Financial Professional, Pratt Financial & Insurance Services
Sep 16, Thursday, 2:00-3:00p. Tax law modifications have changed the way that we need to take Required Minimum Distributions (RMDs) from our retirement accounts, as well as how they will impact our beneficiaries. This will be a discussion on what these changes are as well as ways to be proactive in dealing with these changes.

SMUD AND PG&E ASSISTANCE PROGRAMS AND RESOURCES
Presenters: Leslie Adorno De Chacing, Community Outreach and Relations, SMUD and Susan Sarinas, Program Manager
Jul 13, Tuesday, 2:00-3:30p. Come learn about SMUD's Special Assistance Discounts and Energy Saving Programs for Older Adults. This workshop will help you to connect with our programs and services and other helpful community resources that can help save money and energy in the home. We will talk about special limited COVID relief programs in the community for people that may be behind on their bills. You will also learn about the CHANGES (Community Help and Awareness of Natural Gas and Electricity Services) program and how ACC can provide help with PG&E's discounts and special assistance programs, including the Arrearage Management Plan (AMP), a new program that will forgive past due unpaid utility balances for low-income consumers.

IN-PERSON OFFERINGS

All participants must show proof of vaccinations. Everyone entering one of ACC's buildings must wear face coverings over their mouth and nose. Social distancing guidelines will be followed. Pre-registration required. NO Drop-ins. Call (916) 393-9026 Ext. 330 to register for outdoor classes.

PICKLEBALL (OUTDOORS)
Leaders: Sunny Jung, Jeannie Fong, Gary Elias Berg
Jul 6-27/Aug 3-31/Sep 7-28, Tuesdays, 9:00a-12:00p
Jul 7-28/Aug 4-25/Sep 1-29, Wednesdays, 9:00a-12:00p
July 2-30/Aug 6-27/Sep 3-24, Fridays, 9:00a-12:00p



Pickleball is a cross between tennis, badminton and table tennis. It is fun, easy to play, and a great way to exercise. Loaner paddle and ball provided.

PICKLEBALL CLINIC FOR BEGINNERS
Leaders: Sunny Jung, Jeannie Fong, Gary Elias Berg
Jul 19, Monday, 9:00a-12:00p
Aug 16, Monday, 9:00a-12:00p
Learn the fundamentals of the fastest growing sport for seniors. The clinic will be outdoors. Tennis or court shoes required. Limit: 8 players.

AQUA AEROBICS
Instructor: Joaquin Ngarangad
Jul 7- 28, Wednesdays, 9:30-10:30a
Aug 4-25, Wednesdays, 9:30-10:30a
Aqua aerobic exercises will enhance your cardiovascular fitness, improve your muscular endurance and overall strength. The water provides buoyancy and, therefore, less stress on your bones, joints and muscles. New students may require instructor's approval BEFORE sign–up. Pre-registration is required. Swim attire and water shoes are required. Sunscreen, hat and sunglasses recommended. Priority given to GT residents. Limit: 10 students. REGISTRATION DEADLINE 7/1/21. Priority given to ACC Greenhaven Terrace residents. Held at ACC Greenhaven Terrace (1180 Corporate Way).

SWIMMING (BEGINNING)
Instructor: Lorna Fong
Jul 12-26, Aug 2, Mondays, 10:00-11:00a (Time subject to change.)
Jul 15-29, Aug 5, Thursdays, 10:00-11:00a
This beginner swimming class consists of eight 1-hour sessions. It will teach basic water skills and simple swimming strokes that will give you confidence in the pool and improve your overall fitness. Limit: 6 students. REGISTRATION DEADLINE 7/1/21. Priority given to ACC Greenhaven Terrace residents. Held at ACC Greenhaven Terrace (1180 Corporate Way).

DRONE PHOTOGRAPHY & VIDEO (INTRO)
Instructor: Jeff Jong
Jul 13 & 15, Tuesday & Thursday, 10:00-11:00a. Basic introduction and demonstration of drone photography and cinematography. This class will be conducted outdoors on ACC's backyard grounds.

CANE-FU: SELF DEFENSE FOR PEOPLE WITH VISION LOSS
Instructor: Shari Roeseler, Executive Director, Society of the Blind, Aug 19, Thursday, 1:00-2:00p. Many older adults, especially those with vision loss, feel particularly vulnerable. Often times they think the white cane or any cane makes them a target. In this workshop, participants will learn how to use their white cane or any cane as a tool for self-defense. This class is open to anyone, not just those with vision loss. Limit: 12 students.

HOW TO TAKE BETTER PHOTOS (BASIC)
Instructor: Jeff Jong
Aug 17 & 19, Tuesday & Thursday, 3:00-4:00p. Simple non-technical strategies to make your photographs better, right now. Cell phones, cameras, etc. will do for this hands-on course. Basic composition, storytelling, and street photography concepts and methodology will be covered. This class will be conducted on ACC grounds and computer lab. Limit: 2 students. REGISTRATION DEADLINE: 8/6/21

PHOTOGRAPHIC EDITING, USING PHOTOSHOP ELEMENTS (BASIC)
Instructor: Jeff Jong
Sep 14 & 16, Tuesday & Thursday, 3:00-4:30p. Basic editing and touch up techniques to make your photos sparkle, restore older images, fix minor errors, etc. Bring in a couple of your pictures that you would like to see modified. This hands-on class conducted in ACC's computer lab will cover techniques such as cropping, color adjustments and enhancements, touch ups, etc. that you can use. Limit: 2 students. REGISTRATION DEADLINE: 9/3/21.

A MATTER OF BALANCE
Coaches: Kerry Kashiwagi and Susan Sarinas
Sep 24-Nov 12, Fridays, 10:00a-12:00p. A Matter of Balance can help reduce the fear of falling and increase the activity levels of older adults who have concerns about falling. This 8-week, award-winning program can help participants to view falls and fear of falling as controllable; set realistic goals for increasing activity; change their environment to reduce fall risks factors; and promote exercise to increase strength and balance. Limit: 6 students.

Reopening:

continued from page 6

people," she said. "We can't force people to wear (face coverings). But we have the (pro-mask wearing) poster and everything."

Abdul Altah, of Payless Wireless, Boost Mobile, noted that he believes that face coverings will be around for a long time.

"Restaurants, I did notice a bit of change (since June 15)," he said. "Some people don't wear masks, some people still do. Also, gyms, some people start to not wear masks. But I think it's going to be more of a slow process of people getting the vaccine and giving up the mask."

Altah added that all of Payless Wireless, Boost Mobile's workers are vaccinated, and that this business's employees and its customers are not required to wear masks.

"It's up to the customer on how they want to approach it," he said. "We recommend that either you get vaccinated or you wear your masks – one or the other – but it's up to the customer. But once you're vaccinated, in my opinion, I don't think there's any reason to (wear a mask)."



Scrub Boys Car Wash Manager Jose Barreto, right, and one of his employees are pictured at this business on June 16.

Felise Sanchez, owner of Mane Exclusive Salon, told this paper that not much changed at her business on June 15.

"I'm a pretty low-key salon," she said. "We've been taking the necessary precautions for a while. We're not on top of each other, so we really didn't require the barriers (between hair stylists), because everything's already apart. (People) usually come in with the mask and then they take it off."

Joe Shook, manager of P&M Tool Center, noted that with June 15 came the elimination of this business's face covering requirement.

"We had a sign (referring to that mask requirement), but yesterday, my boss said, 'The mask isn't required,'" he said. "So, we took the sign off the window."

Although P&M Tool Center has fared well during the pandemic, Shook noted that he does not like to celebrate that fact due to many of his business neighbors who experienced financial hardships related to COVID-19.

"We did really good through it, because of the construction work and everything like that," he said. "Contractors all over (were) doing business like crazy, so they've got money and they're coming in shopping."

Stan Forbes, owner of The Avid Reader, told this publication that his business also experienced success during the pandemic.

"(The full reopening) doesn't have any bearing on us, because we've been open the entire time, since we sell newspapers and magazines you pretty much can't get anywhere else in Sacramento," he said.

Forbes added that his business retained its face covering requirement.

"We're going to continue to wear masks in the store," he said. "Actually, that's what most of our customers are doing anyway. I think there has only been two people we've had to ask to put their mask back on."

Dharmendra Ram, owner of C&B Food & Liquors, said that although he no longer requires people to maintain a 6-foot "social distancing" separation from others in his store, he has opted to continue to request that his customers wear face coverings.

Ram added that while the majority of his customers wear face coverings, some of his customers who do not wear face coverings ended up in confrontations.

"They started having arguments and a lot of fights (pertaining to whether people should wear masks)," he said. "We've had a lot of fights in the last 16 months – not with me, (but) customers with customers."

During the same period, the business had its front door broken on three occasions and a window broken four times by upset customers, Ram noted.

Ram mentioned that he will be very happy when the pandemic is finally over.

"Normal people will start smiling," he said. "You know, maybe less stress. It's going to take some time after the coronavirus. People will still feel stressed and (down, losing) their jobs, (and some who were) making free money and have to go back to work."





Fishing:

continued from page 9

so, I don't feel comfortable taking him down to (the west end of) Broadway, where the boat ramp is there, especially by myself as a single female."

She also spoke about the issue of birds getting injured by fishing line and hooks at the park.

"If it was a big of a deal as they say it is, we never heard it," Deeks-Lederer said. "It's never been in the news, it's never been in a newspaper. I take my kids to Fairytale Town and the zoo all the time. They have never seen a duck or a goose or anything with fishing line in it."

Pocket area resident Cecilia Lew also shared her thoughts on the park's fishing ban.

"It's not good," she said. "When (her kids) were little, I used to take them with my friend's kids (to William) Land Park to the little pond and also to Southside Park. I think it's beneficial to the children that they have some place close by that they can learn how to fish."

Lew suggested that the park district limit fishing to kids, 12 to 15 years old and younger.

"It would be good for the kids to continue (to) fish there, instead of closing the whole area for anybody to fish," she said.

Galt resident Jean Warren mentioned that she has fond memories of bringing her children to the park to go fishing in the early 2000s.

"It was a wholesome, easy outing that I could do with my kids that I felt comfortable doing," she said. "They love fishing, but to go to the river, that's a lot of work to go to the river.

"(The ban on fishing at this park) upsets me, because it's a wholesome-type activity that anyone can do with their kids, and it was a place that was safe."

Land Park resident Maury Hatch, a 1982 graduate of McClatchy High, said that he used to fish at William Land Park twice per week, and that before the COVID-19 pandemic, he provided fishing instruction for kids at the park.

Hatch, who makes a living in the fishing industry, shared his initial reaction to learning about the park's fishing ban.

"When this thing first came to light, I saw the signs and just thought it was another thing that happened in California, that they're cracking down on everything," he said.

Hatch added that he observed a change in the type of people who fish at the park.

"Over the years, especially the last 10 years, it seems like it went from a place where kids fished there to a place that adults fished there, kind of for subsistence fishing, instead of fun fishing," he said. "It's my understanding that there was so much 'catch and keep' fishing by this new wave of fishermen that they kind of fished the place out.

"When we were little kids, we never kept the fish there. We hooked the fish, took a good look at it, studied it a little bit and threw it back to catch it another day."

Hatch concluded that his "strongest suggestion" would be for the park district to allow fishing for kids, 16 or 17 years old and younger.

"It seems like it would bring it back to more of a fun thing, less serious, and you wouldn't get the crowds there (fishing). I think it should be a catch and release fishery, and all for the youth."

Asked whether fishing will ever be allowed at William Land Park again, Ulep provided some hope to those who support that action.

"As of currently, probably not, and that's just because of the fishermen not being responsible by being careless and leaving their hooks out and entangling the wildlife (with fishing line), and now we have rescue groups getting involved," he said. "As of today, no (fishing at William Land Park), but it could possibly change later."



Photo courtesy of Maury Hatch

Land Park resident Asher Drucker holds a fishing pole near a pond at William Land Park last week.

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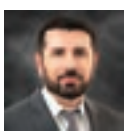
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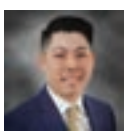
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Happy Hour set for July 29 at the Sacramento Zoo



There will be a 21+ Happy Hour event on Thursday, July 29 from 5-8 p.m. at the Sacramento Zoo. Dance and groove to a fun mix of covers from Sacramento favorite, Cover Me Badd. Take a free ride or two on the Conservation Carousel and enjoy the sights and sounds of the zoo at night. We will have a variety of tasty "pub food" as well as boozy slushies, wine, beer, cocktails in a can, and non-alcoholic beverages for purchase the night of the event. Don't miss this unique, adult-only evening at the Sac Zoo (no one under age 21 will be admitted). Tickets are limited, but the fun won't be! Get the gang together and reserve your tickets today: www.saczoo.org/happyhour

Party:

continued from page 3

turn into oil) pollute air, soil and water with chemical and toxic metals that, among other things, can give you cancer.

I test my lungs every single day. Take a deep breath and see if I can hold it for 15 seconds. So far, so good, despite my advanced age and assorted health issues.

So, no, thank you very much – I won't, and will never, attend a mask burning.

One last word – to assorted noise polluters. Get some counseling. Someone on Nextdoor wondered what is it with your love affair with 'boomey' things. Things SO LOUD the vibration sets off car alarms and pets scurry into closets.

Not to be sexist about it – I know of at least one instance in which an immature driver doing 'donuts' turned out to be female. But by and large, my guess is most of the 'big boom' noise makers are insecure about … something (or, if female, wish they had one).

Carol Bogart is hopeful researchers can produce a universal vaccine that protects against ALL viruses. They're working on it. Cross your fingers. She also hopes that this dry year, Fourth of July big boom lovers won't mean more work for our firefighters, and tragedy for wildlife. Questions, comments? Contact Carol at carol@bogartonline.com.

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CRYPTO FUN

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

Determine the code to reveal the answer!

Solve the code to discover words related to water quality.
Each number corresponds to a letter.
(Hint: 3 = A)

A. **18 3 23 19 11**

Clue: H2O

B. **25 24 8 23 3 12 22 8 3 8 23**

Clue: Polluting substance

C. **9 3 25 23 19 11 22 3**

Clue: Microorganisms

D. **2 22 5 23 19 11**

Clue: Removes impurities

Answers: A. water B. contaminant C. bacteria D. filter

WORD SCRAMBLE

Rearrange the letters to spell
something pertaining to water quality.

I R S A N

Answer: Rains

Guess Who?

I am an actress born on August 5, 1997 in Tennessee. I appeared in commercials for Mattel, Kidz Bop and Hasbro as a child. I rose to stardom playing in a Disney production and other projects by the company. I also sing and won a Radio Disney Music Award.

Answer: Olivia Holt

WATER QUALITY WORD SEARCH

S	D	D	D	R	G	H	O	M	E	T	S	Y	S	O	C	E	N	K	L
U	C	A	G	R	Y	N	H	C	N	A	W	X	H	T	Z	S	H	X	A
A	I	E	M	C	A	E	I	O	W	I	H	S	I	K	C	A	R	B	C
S	Z	P	Y	H	R	I	I	R	L	F	K	A	R	A	O	P	E	N	E
K	H	H	Z	I	H	T	N	D	O	D	E	M	I	A	L	C	E	R	B
L	X	W	R	R	A	N	L	A	T	T	Y	H	U	R	F	W	C	C	C
C	W	F	E	G	L	I	Z	P	G	N	I	P	B	U	E	G	T	F	T
L	B	T	I	L	F	R	X	B	K	E	E	N	P	O	R	T	Z	L	P
C	A	R	R	E	N	R	A	B	I	O	K	U	O	P	Y	B	C	B	A
W	R	K	B	T	N	E	M	T	A	E	R	T	L	M	N	O	K	A	U
I	F	S	E	L	C	I	T	R	A	P	F	F	C	F	O	G	R	G	B
W	H	T	Y	B	W	X	G	I	H	G	C	H	D	P	F	I	O	X	O
M	A	C	L	S	G	W	S	D	G	M	E	S	G	L	H	E	B	W	X
C	B	A	X	A	K	E	M	C	H	M	S	C	C	F	P	B	L	A	Y
P	I	P	N	L	D	L	A	C	I	G	O	L	O	C	E	N	A	S	G
X	T	M	S	I	W	I	R	C	R	U	N	O	F	F	F	I	G	T	E
Z	A	I	M	N	W	C	A	F	T	I	I	X	Y	L	P	E	S	E	N
L	T	E	U	I	E	L	I	I	S	T	N	E	I	R	T	U	N	L	I
R	N	Z	G	T	S	E	W	I	P	O	L	L	U	T	E	D	P	D	H
T	Y	I	S	Y	R	E	Z	I	L	I	T	R	E	F	X	A	A	E	P

Find the words hidden vertically, horizontally, diagonally, and backwards.

WORDS

BACTERIA
BIOMONITORING
BRACKISH
CHEMICALS
DRAINAGE
ECOLOGICAL
ECOSYSTEM
EFFLUENT
FERTILIZER
HABITAT
IMPACT
IRRIGATION
NUTRIENTS
OXYGEN
PARTICLES
POLLUTED
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Ask the DMV:

What you need to know about new REAL ID rules

Do you have questions about REAL ID? The DMV has answers! Changes to the deadline, limited-time fee waivers, and a simplified application process have all been recently announced. Read below for details on how to get your REAL ID.

Q1: I paid the fee to renew my driver's license online last year, but offices were closed due to COVID-19, so I couldn't get a REAL ID. Will I have to pay a fee again to upgrade to the REAL ID this year?

A: No! For a limited time, customers who have recently renewed a driver's license or identification card that is not federally compliant will be able to upgrade to a REAL ID for free! If you paid a fee to renew a driver's license or ID card between since March 2020, you will qualify but you must act now – the free REAL ID upgrade is only available until the end of the year.

The DMV is offering this free upgrade as a part of their continual efforts to accommodate customers who faced barriers due to COVID-19. It's important that everyone who is eligible and wants one can get a REAL ID. In May 2023, anyone flying domestically, visiting a military base or another federal facility will need a form of federal ID, like a REAL ID, to do so.

The process to get a REAL ID is also easier than ever – it is now possible to begin the REAL ID application and upload your documents online before visiting a DMV office to complete the process. Making your visit at the window 10 minutes or less.

For more information, please visit dmv.ca.gov/realidupgrade.

Q2: Which documents will I need to get a REAL ID?

A: The DMV has made it easier than ever to get a REAL ID. Recently the DMV also announced that you no longer need to supply your social security card – just your social security number. To apply, you will need to provide ONE identity document that includes your date of birth and your full name – like an original or certified birth certificate, or a valid US passport. You'll also need to provide TWO documents that show your name and address to prove you're a California resident. You can use cell phone and utilities bills, your mortgage, bank statements, or even your vehicle registration.

You can start your application online today and find a complete step-by-step checklist of all approved documents at REALID.dmv.ca.gov. If you upload your documents online before visiting a DMV office to complete the process, your time at the window will be 10 minutes or less.

For more information or answers to questions not listed here, please visit www.dmv.ca.gov.



Reducing Fire Risk in County Regional Parks

Fire season has started early this year, and the Sacramento County Department of Regional Parks has a multi-pronged plan to reduce fire risk, defend wildlife habitat and protect our natural resources and neighborhoods adjacent to the parks.

For its 2021 Fire Fuel Reduction Action Plan, the Department of Regional Parks has lined up cattle, sheep and goat grazing contracts; is utilizing maintenance crews to maintaining fire breaks; and is issuing fuel break maintenance permits to properties bordering Park properties.

"We are halfway through June and we have already seen a higher fire frequency this summer than in recent years past," said Deputy Director Mike Doane, Sacramento County Regional Parks. "It is important for park visitors to remember that open flame fires are not allowed; barbequing is only permitted in designated picnic areas; and smoking is only allowed in developed picnic areas, asphalt surfaces, golf courses and levee tops in the American River Parkway".

To decrease the number and size potential of wildfires in our parks system, the techniques used will be applicable for each area and will include:

Firebreaks – A combination of mowing, soil discing and targeted herbicides will be used where appropriate to create perimeters around open fields, along fence lines and behind neighborhoods. This work is scheduled to be completed by end of June.

Ladder Fuel Hand-Crews – In limited, hard-to-reach areas, hand-crews will remove vegetation that allows the potential for a fire to climb up or move into urban areas.

Grazing – There are hundreds of acres of undeveloped or protected land in our Regional Parks. This vegetation can be a costly and deadly fire hazard. Goats and sheep are ideal for vegetation management and are great at eating down weeds, bushes and grass that manned crews cannot get to. Grazing is expected to occur between May and the end of June.



Goats grazing in dry grass and vegetation

Annual Encroachment Permits – Residents who live adjacent to Regional Parks properties are able to apply for free annual encroachment permits to maintain a fire break behind their property line. These allow residents to string-trim grass and weeds for up to 50 feet beyond their private property line. To request a permit, provide your name, address and contact information to Regional Parks at parksinfo@SacCounty.net.

Visit the Regional Parks website to learn more the 2021 Fire Fuel Reduction Action Plan for Sacramento County Parks. If you see a fire burning in our Regional Parks, please call 9-1-1.

Sacramento Public Library is Fine Free

Starting July 1, Sacramento Public Library (SPL) will be fine free. The library board voted unanimously to permanently end fines on overdue library materials last month.

"This is long overdue for the Sacramento region and a game changer for the communities we serve," said Library Director & CEO Rivkah Sass. "By eliminating overdue fines, we're able to remove barriers to learning resources and opportunities that are especially critical in these times and that go far beyond books.

Last year, the library temporarily suspended overdue fines to increase library access during the pandemic. Such fines can not only deter users from checking out materials, but can prevent access to vital library services. A Sacramento Public Library card unlocks the paywall in front of more than 40 online resources, language learning tools and thousands of professional classes and tutorials with Gale Courses and LinkedIn Learning.

Library patrons who have overdue books can return them at any library location without incurring late charges.

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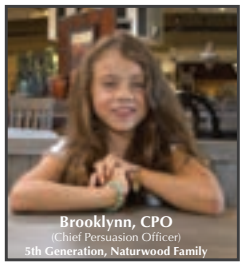

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