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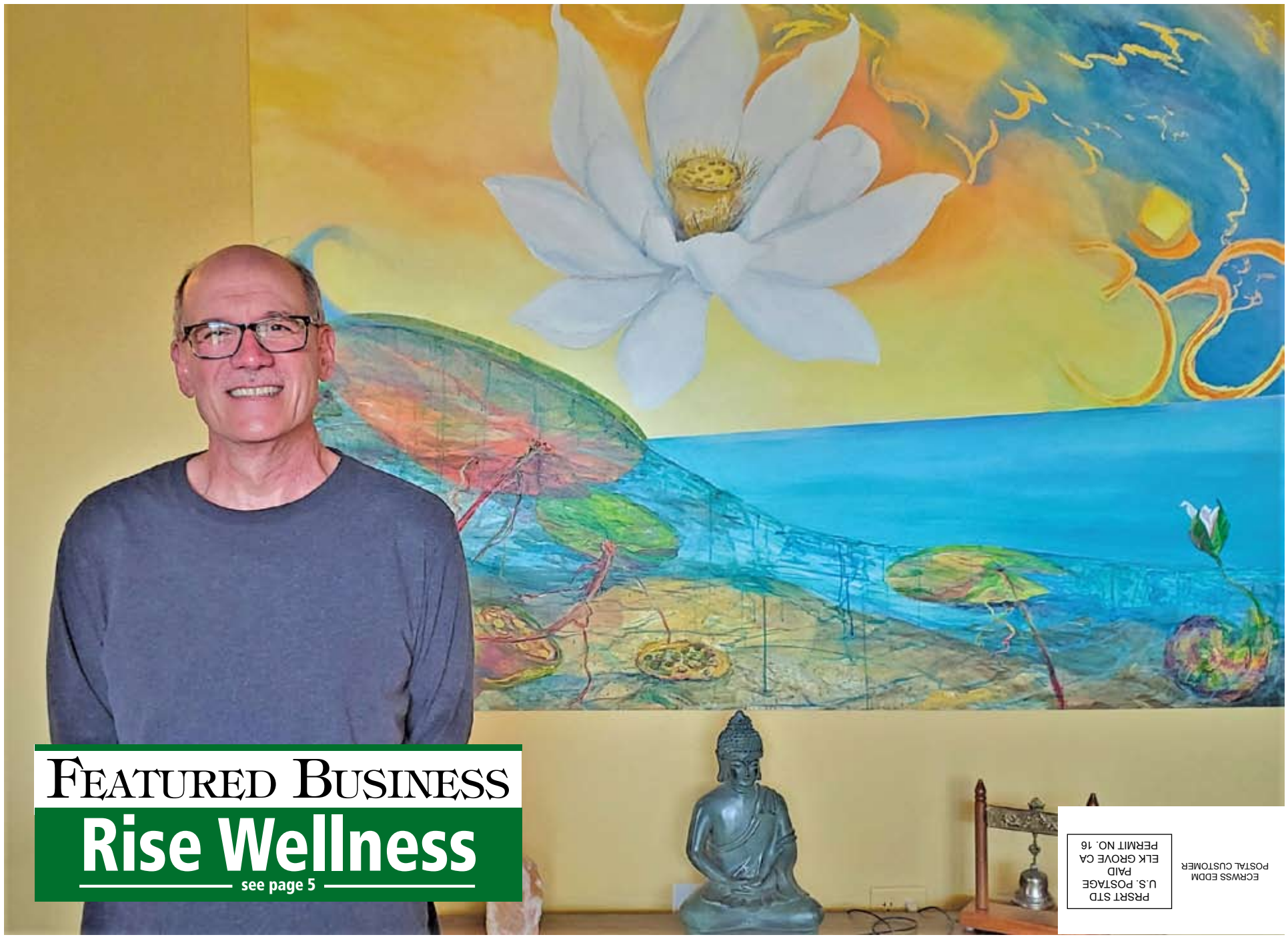

Featured Business

Rise Wellness

see page 5

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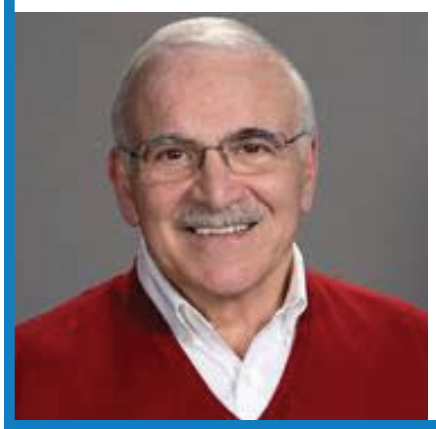

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Flag retirement receptacle at Elks Lodge



Andrew Van Wagner of Boy Scout Troop 136, presented his Eagle Scout project to Sacramento Elks Lodge #6 on Sept. 22.

Andrew designed and built a flag retirement repository box that is residing in the Elks Lodge lobby at 6446 Riverside Blvd.

The intent of the Eagle Scout project is to comply with U.S. Flag Code, Title 4, which states, "The flag when it is no longer a fitting emblem of display should be destroyed in a dignified way preferably by burning."

Lodge members and the public are encouraged to deposit their torn, faded, and soiled U.S. flags in the box for honorable and respectful retirement. The Lodge annually conducts a Flag Retirement Ceremony in June with the cooperation of Boy Scout Troop 259.

Shown here are Exalted Ruler Rebecca Icarro, Scout Andrew Van Wagner, and Scout Liaison Bob Van Gundy.

POCKET NEWS
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Cover photo by:
By Devin Lavelle

Revere Court hosted their annual senior resource fair













Photos by Steve Crowley

On Friday, October 8, Revere Court Memory Care hosted their 11th Annual Senior Resource Fair. Attendees were able to visit with many vendors offering resources for seniors, including The Alzheimer's Association, AARP, SMUD, Cal Fresh, Senior Placement, in-home care, geriatric care management, hospice services, senior law, financial planning, retirement and assisted living as well as senior safety at home & local ambulance services.

There was a barbecue for a $5 donation, raffle tickets for raffle prizes & all vendors donated to The Alzheimer's Association allowing Revere Court to raise almost $1,500. Live entertainment and many smiles were had by all.

Revere Court is focused on educating the public about Alzheimer's disease & other forms of dementia, as well as other informative topics. They have presented and partnered with various church organizations, Sutter Health System, UC Davis Alzheimer's Disease Center and has offered continuous medical education for families and caregivers in the community at large. Revere Court supports the Alzheimer's Association, Alzheimer's Aid Society, Del Oro Caregiver Resource & UC Davis Alzheimer's Disease Center.

There are more than 10 million caregivers caring for someone 50-plus years old who have some form of memory loss; they are not alone. Each person with memory loss and his or her family experience different challenges and needs, which vary at different times during their journey.

Revere Court offers this annual Senior Resource Fair to the community at no cost; they just want to help families that are going through this trying time. The more knowledge you have about the disease, the better equipped you are to care for a loved one with memory loss.

Revere Court Memory Care is a community providing quality of life to persons with Alzheimer's and other dementias, and to their families who care for them.

Revere Court, in realizing that each family needs different services at different times, has designed a whole spectrum of programs to meet those changing needs.

For families looking for services out of the home that offers their loved one the opportunity to be with others in a safe, stimulating and happy environment, Revere Court offers three different services at their three and a half-acre campus in Sacramento's Greenhaven/Pocket area, including Revere Court Day Club, Respite Care & Residential Care. We also offer Weekly Support Groups & Monthly Educational Seminars-please call for more information-Casey Simon, Director of Community Relations-916-392-3510 or visit our website at www.reverecourt.com.

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Sacramento Gay Men's Chorus Announces the Big SGMC Comeback with the 37th Season Holiday Concert: KSGMC 202.1FM: Holiday Hits with a Splash of Sass!



After 18 months of pandemic-required shuttering, the Sacramento Gay Men's Chorus is over the moon to be rehearsing for the 2021 Holiday Show! One hundred and five voices strong, the chorus is led by new Artistic Director Christian Bohm, whose vision is taking the group to new heights.

The KSGMC 202.1FM: Holiday Hits with A Splash of Sass! concert is a family-friendly show with traditional seasonal favorites, showstoppers from prior years, and a few new surprises to make the season even brighter. The audience will be treated to a modern "radio show" format bringing them through a rollercoaster of emotions (laughter, sadness, beauty, justice, thought-provoking) that will leave them awed and changed.

Evening show dates are December 10, 11, and 14, 2021. Doors open at 7:30 pm, and the curtain goes up at 8:00 pm. A matinee show is offered on December 12, 2021, with doors opening at 2:30 pm and curtain up at 3:00 pm. Please note that these dates are one week later than past holiday shows. The concert will be presented in a different venue: Pioneer Congregational United Church of Christ at 2700 L Street, Sacramento, CA 95816.

General admission tickets are $30 each. Students with a valid Student ID can purchase tickets for just $15. VIP-seating tickets are $45. All audience members will be required to show proof of COVID-19 vaccination to keep our singers and audience safe. Full details can be found on the SGMC website at SacGayMensChorus.org. Tickets are on sale now.

Start the Holiday Season with a Splash of Sass!

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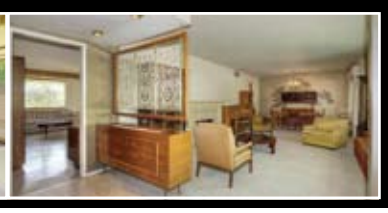



Welcome to the highly sought after and well established neighborhood of South Land Park Hills. Make this loved and well cared for Ranch style home into your own modern dream. Separate living and family rooms, oversized laundry room, large lot with a separate fenced area for garden or incorporate it into the backyard. Owner lived in the home for more then 50 years. $625,000.

top ten

BOY BABY NAMES

1. Liam
2. Noah
3. Oliver
4. Elijah
5. William
6. James
7. Benjamin
8. Lucas
9. Henry
10. Alexander

Source: Social Security, 2020



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Featured Business

Rise Wellness



By Devin Lavelle

The Pocket Greenhaven Community Association's featured business is Rise Wellness, join us as we get to know its owner Dave Ashby.

Devin: Hi Dave, thanks for taking the time to chat with me. Can you tell me a little bit about Rise?

Dave: Rise has been in the Pocket for over 13 years. I started practicing yoga in 2009, took my first teachers training in 2014, and started yoga therapist training in 2017, completing the program in 2020. I began teaching at Rise in 2016.

Rise Wellness is more than a yoga studio with group classes. We are a Wellness Center offering Yoga Therapy, Massage Therapy, Energy Therapy, and Intuitive Reading. Rise Wellness is a place where we come to take care of ourselves, working toward a more balanced life. Our group classes include yoga, tai chi, qigong, and meditation.

We are always looking to add services and classes that meet our communities needs. We sponsor Yoga in the Park the second Saturday of each month. We are part of the Pocket Greenhaven community and hope to increase our presence letting people know we are here for them.

Devin: That's great, can you tell me about your interest in yoga?

Dave: To me, yoga is more than postures and movement. It's a lifestyle that's taught me I have choices in how I interact and react to what is going on around me – both on a personal level and a business level. I started yoga in 2009 in my mid-40s and within a couple of years knew this was something I wanted to do. I was feeling better physically and mentally.

I began training and realized that I needed to be able to modify to take care of myself, so as not to create more problems. My body hurt and the postures and movements were making things worse. This was when I realized I needed change. I started other training around the therapeutic aspects of yoga and have since completed my certification in yoga therapy.

Yoga therapy is the practice of using yoga techniques when working with individuals to address their aches, pains, problems. I enjoy what I do, because I'm not only helping myself, but I'm helping others – both individually and in groups. What I like the most from yoga, is that it provides me a sense of balance. I believe Rise and myself can help those in our community. We are here for our neighbors in the Pocket and Greenhaven community.

Devin: It's great to have you in the community. Can you talk about why you chose the Pocket-Greenhaven neighborhood to live and set up your businesses?

Dave: We came to Sacramento in 2013 and moved to the Pocket in 2015. What I love about our community is the friendliness of the neighbors and those I encounter. I love to be able to walk and ride my bike around the neighborhoods and have just about been up and down all the streets within the Pocket. We choose to make the Pocket our home because we needed a larger house for the family to come and stay with us for a year. They've since moved on, but we've remained. We decided to relocate our counseling business into the Pocket in 2019 because of the nearness to our house and I began practicing yoga therapy from our offices.

In 2019, the previous owner of Rise asked if I would be interested in purchasing the studio. I had been teaching group classes at Rise since 2016 and we felt it was a good match to what we were trying to build and decided to move forward. We completed the transaction in March 2020 and been glad we've done so. We've since focused on creating a place where individuals can come and be safe and themselves, a place where they come for various therapies and support to aid in their recovery and growth.

Devin: March of 2020? That must have been a difficult time to invest in a new business?

Dave: Definitely. We bought the center at the start of the pandemic, and without our members' support, we wouldn't be here today. We smoothly transitioned to online classes and when we were allowed, reopened our doors to those who prefer to be here in person. Our clients are special to us and again, have been wonderfully supportive. We need them as much as they need us. In many ways, they are our extended family.

Devin: That's great. Can you talk a little bit about what makes your business special and how interested readers can learn more?

Dave: Rise is more than a yoga studio. We're a wellness center focusing on the individual's needs. We offer massage therapy, yoga therapy, energy therapy, workshops, and groups classes geared toward healing which includes various yoga styles, meditation, qigong, Zumba. If it falls under the healing modality, we consider it. Our classes are both in-person and online.

Key staff includes Aimee Meyer and Lucy Fong, both senior teachers at Rise and Lori Vautier, our lead massage therapist.

If one is interested in discussing how yoga and our therapies may help, they can visit our website at www.riseyoga.com or call 916-838-4284. We offer various options and can recommend what might be best for them.

Devin: Great to talk to you. It's great to see the focus on holistic, personalized wellbeing.

Local businesses interested in being featured can visit featured.pocketgreenhaven.org.

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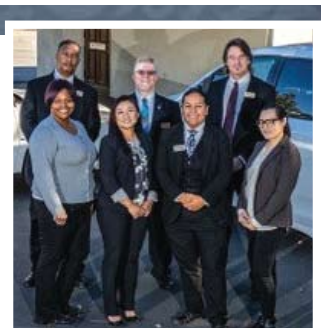

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Safe & Super Halloween returns to Fairytale Town

By George Young

Fairytale Town in William Land Park is a beloved Sacramento institution. This outdoor retro-playpark is an homage to imagination since 1959. Fairytale Town has enchanted families with over 25 hands-on play structures, and friendly live animals that represent favorite classic nursery rhyme creatures found in beloved children's literature.

1986 brought the first "Safe & Super Halloween", a celebration that has grown into a cherished tradition for generations of Sacramentans. Each year a different theme is embraced for the event to inspire costumes, decorations, and photo-op elements. Past themes include: Pirates, Super Heroes, Star Wars, Harry Potter, the Hobbit, "Monster Mash" & the Wizard of Oz—to name a few. In returning the lockdown, the 2021 "Safe & Super Halloween" needed a very special theme that would be fun, appropriate, instantly recognizable and attract young and old alike. So who were they going to call? Ghostbusters!



Photos by George Young

Fairytale Town Transformed

On the weekend of Oct. 23-24, Fairytale Town in William Land Park will host their first large public event since the COVID shutdown. This will be their 34th "Safe & Super Halloween and the Ghostbusters theme is just in time for the November 19th release of the newest film in the Ghostbusters series: "Ghostbusters: Afterlife". This year, the Sacramento Ghostbusters will be protecting the grounds of Fairytale Town for the first Ghostbusters themed "Safe & Super Halloween" while a 30 foot tall Stay Puft Marshmallow Man watches over all! Visitors to Fairytale town will find a safe, happy destination for a family. A unique Halloween celebration with 15 Trick or Treat Stations throughout, themed photo-ops including the giant Stay Puft Marshmallow Man, the Sacramento Ghostbusters & the Ghostbusters' Ecto-Mobile. There will be a Kid's Nightly Costume Parade, live entertainment, games, arts & crafts, food trucks, themed vendors, and more. All 3.5 acres of Fairytale Town have been transformed into a unique Ghostbusters themed world with surprises at every turn. King Arthur's Castle has turned into the New York Museum of Art , Sherwood Forest became the home of the Terror Dogs, and Mr. McGregor's Garden will be a slime-making station along with even more unique themed children's activities throughout the park

Sacramento Ghostbusters

The Sacramento Ghostbusters founding members are Andrew Whatley, Alexander Ortega, Jay Gary, and Lee Briesemeister. The team's current techs George Young, Drew Gieger, and Andy Dumm, have been with the team for several years. The team is happy to welcome their newest member Michael Pendley and his EctoFun, a Miller Meteor Ambulance/Hearse modeled after the Ectomobile. This particular Ectomobile was a barn find (similar to the new film) that Sacramento Ghostbuster Michael Pendley lovingly restored and customized over thousands of hours from a rare 1961 Cadillac Miller-Meteor Futura with the help of industrious fellow Sacramento Ghostbusters and evokes the vehicle that will appear in the new movie "Ghostbusters: Afterlife". Since 2010, they have brought smiles to many and devoted themselves to nonprofits such as the Susan G. Komen Breast Cancer Walks, Vehicles for Veterans, and Make-A-Wish. They've also be featured in several comic-cons and other community events such as the Crocker Art Museum's "Crocker-con" and the annual Sacramento Santa Parade.

Visiting Fairytale Town

TICKETS are on sale now and going fast and this event may sell out, so get your tickets today!

For more information, please visit their website at www.fairytaletown.org.



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The home is thoughtfully updated to preserve the 1932 character. The fantastic floor plan flows beautifully. Features immaculate real hardwood floors, mostly dual pane windows, whole house fan, newer blinds, crown molding, water heater-2yrs and more. The charming kitchen has stainless steel appliances-2years and leads to a roomy basement. When you are ready to relax just step into to this amazing yard with a newly refinished wood patio cover and new fence. This yard will make your heart sing. Beauty surrounds this outdoor space.

2 beds , 1 baths, 1219 square feet per assessor

Calling out the Land Park Volunteer Corps

With the support of thousands of volunteers and many generous donors over the past 11 years, the Land Park Volunteer Corps halted the previous decline of William Land Park and worked steadily and tirelessly to restore its condition. Corps volunteers can take tremendous pride in returning the park to its renewed status as one of Sacramento's premier civic amenities, drawing an astonishing 1.5 million visitors each year.

But maintaining the park requires a sustained community effort.

Saturday, Nov. 6, 2021, starting at 9 a.m., will be the last Work Day, for 2021, then there will be a 3-month "rest & recuperation winter break". The New Work Year will begin in March 2022. The October workday had about 80-100 volunteers working in William Land Park.

There will be numerous park projects to choose from, suitable for volunteers of all abilities and interests, each led by a Corps team captain.

Volunteers will be able to enjoy a light breakfast of Freeport Bakery pastries and Marie's Donuts. All tools and supplies, including regular deliveries of cold water, are provided. Just bring gloves. After a 2.5-hour work period, volunteers return to Base Camp for a barbecue lunch prepared by the hard-working Corps cooking team. Everything is complimentary!

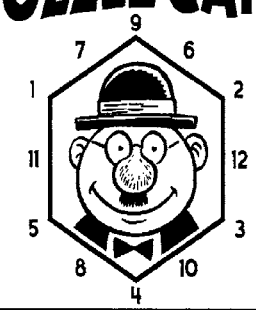
The Corps wants to especially thank the coffee brewer, Five Sips Coffee and Tea.

Masks are optional for volunteers. Corps Base Camp personnel, including our check-in staff and cooking staff, will be masked. Base Camp is located directly behind Fairytale Town in the park (3901 Land Park Drive, Sacramento, CA, 95822). Please call if you have any questions or have any trouble finding the group.

For more information, contact Craig Powell, Lead Coordinator, at (916) 718-3030 or ckpinsacto@aol.com



PUZZLE CARD



HEX NUT! The sum of the three numbers along any one of the six sides totals 17. Rearrange the numbers so that they total 22 along each side.

Starting at the top and going clockwise, the numbers are 4, 7, 11, 1, 10, 3, 9, 5, 8, 2, 12 and 6.

ODD MAN OUT! To the right is a list of five words. Can you figure out which word doesn't belong on the list?

Abstain. The other four words all contain three letters in a row that are in alphabetical order.

THE "O" PYRAMID! Pictured at right is a word pyramid. As you go down from the top, each word contains the same letters as the word above it, plus a new letter. We give you all of the O's. Here are some hints from the top down.

1) Blood type (given).
2) Toward.
3) Small child.
4) To haul.
5) Webbed-foot animal.
6) Turn on an axis.
7) Kitchen appliance.

The words are O, to, tot, tote, otter, rotate, toaster.

Junior Whirl

by Charles Barry Townsend

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Illustrated by David Coulson

WEIRD RINGS

THE people listed below have all lost their rings. Your job is to find matching words for each of them that contain the word "ring." For example: A pirate's ring could be found in the word "plundering" (plunde-ring).

1. **A herpetologist's ring.**
2. **A Norwegian fisherman's ring.**
3. **A helicopter pilot's ring.**
4. **A writer's ring.**
5. **An archer's ring.**
6. **A thief's ring.**
7. **A liar's ring.**
8. **A magician's ring.**
9. **A code breaker's ring.**
10. **An actor's ring.**

1. Slithe-ring. 2. Her-ring. 3. Hove-ring. 4. Autho-ring. 5. Bowst-ring. 6. Pilfe-ring. 7. Perju-ring. 8. Conju-ring. 9. Ciphe-ring. 10. Ence-ring.

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No bull…RUOFS sent to pasture

Sacramento furniture business bids farewell to its locally famous, fiberglass bull

By LANCE ARMSTRONG

After 37 years in business, Ruland's Used Office Furnishings is moving from its original location at 215 North 16th St., and it does not plan to take along its most famous possession: a red-and-white, fiberglass bull known as RUOFS – pronounced Rufus.

For more than three decades, this life-size, yet larger-than-life figure has grabbed the local spotlight for its presence on the sidewalk in front of Ruland's.

On a daily basis, commuters pass by RUOFS, who is known by many people, including those from Land Park who have their own famous fiberglass bull, which stands above the doorway of the Riverside Clubhouse – formerly The Hereford House – on Land Park Drive.

A significant part of RUOFS' attraction along North 16th Street is that his sides have for many years been used as a billboard for many types of messages, including those related to holidays and current events, and thought-provoking ones such as "Humankind. Be both." RUOFS has also been used as a billboard for marriage proposals.

On one occasion, an extra, extra large pair of boxer shorts with hearts on them lied at the bottom of RUOFS' hind legs, and one of his sides bore the message, "Party your pants off."

Ruland's, which will close its current location by the end of this month, and reopen at 1624 North C St. early next year, has shipped RUOFS off to the south part of the county. His new home is at the 9-acre Fog Willow Farms in Wilton.



Photos courtesy of Ruland's

RUOFS is shown during his time as both the furniture company's mascot and a billboard along North 16th Street.

RUOFS has become part of a very rural scene with thousands of pumpkins (this month only), goats, dogs, chickens, a duck pond, unique structures, a footbridge and more.

Steve Ruland, owner of Ruland's Used Office Furnish-

see RUOFS page 9

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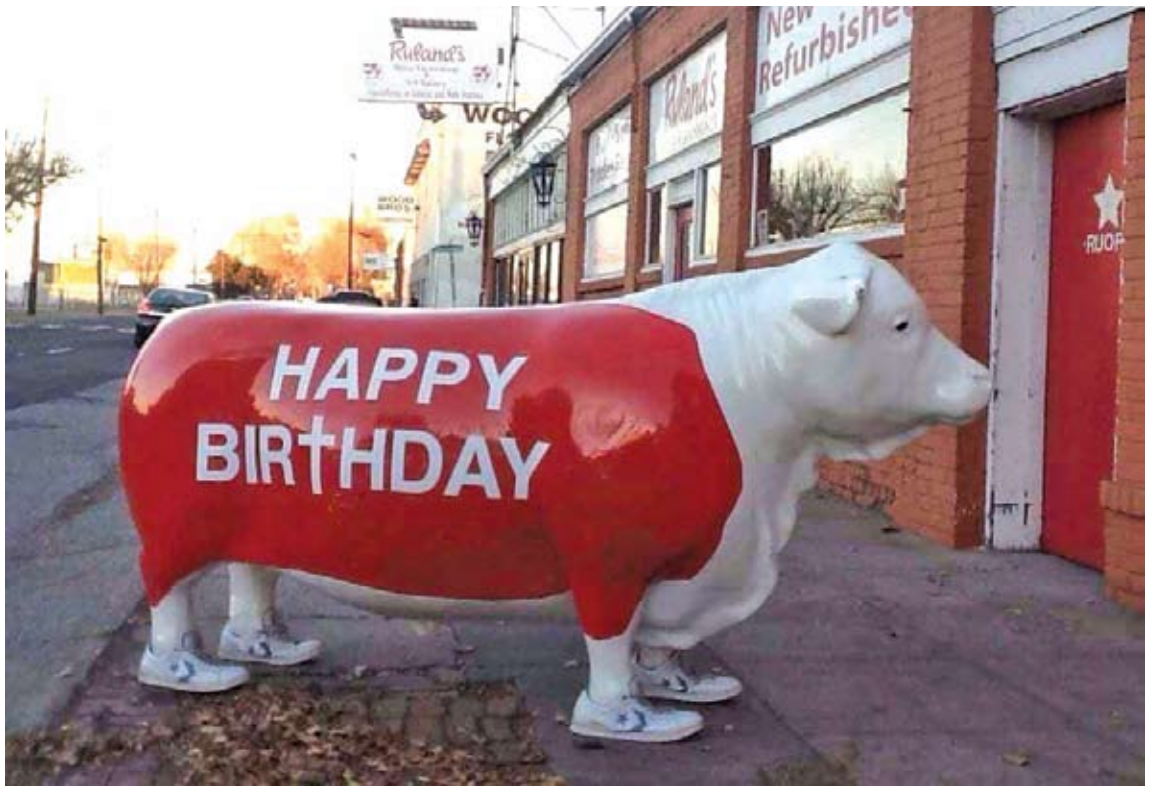
Revere Court Memory Care offers a Day Club, Respite & Residential Care for those with a memory impairment, also offering Support Groups and Monthly Seminars for caregivers and loved ones.

RUOFS:

continued from page 8



A SIDE OF BEEF: RUOFS displays a "Happy Birthday" message on one of his sides.

ings, spoke about his donation of RUOFS.

"We got to talking to (Fog Willow co-owner Joe Cates) about what he was doing (at Fog Willow), and I had been racking my brain trying to come up with a retirement program for him. So, something for him to go and do.

"And so, we got together with them and made the offer to donate him to (Fog Willow). We're telling everybody we put him out to pasture. So, he's out at the pumpkin farm."

RUOFS traveled to Fog Willow on Oct. 6, with much fanfare, noted Joe Cates, who owns Fog Willow with his wife, Stacey.

"It's really funny, because it went on a flatbed trailer and we were driving down the road and so many people honked at us about it," he said. "And it's because they recognized it. They really did recognize it. He is famous."

Cates added that RUOFS will be well taken care of at Fog Willow.

"I'm going to build a little pen around him, so nobody vandalizes him," he said. "We have to put a little Bondo on him. He's got a broken nose a little bit, and we'll do a couple repairs on him, which won't take very long.

"But I have to make sure nobody jumps on him and hurts him, because he's made of fiberglass, even though he looks like a 1,600-pound bull. And then we'll put him up in a very prominent spot, and we're going to write something very fun on the side that will work great for the kids and the families, and it will be something where people come take their picture with it."

"You'll see a lot of older people – (the kids') grandparents – they'll recognize that thing. They know exactly who RUOFS is."

Ruland, who is a 1968 graduate of West Sacramento's now defunct James Marshall High School, recalled acquiring this fiberglass bull in Elk Grove in 1989.

"I got (a) call to go out to Elk Grove Meats to buy their furniture and they took me out to a barn that had this rusty, old (furniture)," he said. "You know, 35 years ago, used office furniture isn't what it is today. It was some old, clunky metal (desks). We called them tank desks – Army issue stuff, the old, steel (desks).

"Anyway, they had several pieces of it out in the barn. But standing out in the barn behind them was this bull. So, I talked him into throwing that in with the purchase."

During his years in Sacramento, RUOFS has had many adventures from meeting Sacramento mayors and drawing much attention from children to being vandalized, stolen and hit by a truck.

He has also made appearances around the city, such as at Sacramento City Hall, and at the groundbreaking ceremony for the Golden 1 Center.

Ruland spoke about RUOFS' visit to City Hall.

"(Then-Mayor Heather Fargo) actually gave (Ruland's) a proclamation, invited us to City Hall," he said. "(RUOFS) and I showed up down there and we couldn't get through the door, because they had a post in the center of the doorway back in those days. It wasn't wide enough for him to go through."

On one of his most unique adventures, RUOFS was rented to a group that took him skydiving.

Ruland mentioned that despite making his donation to Fog Willow Farms, he maintains a small herd of fiberglass bulls that he will keep at the new location of his business, which like his bulls, will have the new official color: purple.

Recalling his acquisition of the business's second bull, Ruland noted that a man ran through the front entrance of the store and presented a newspaper from Downieville with a photograph of a fiberglass bull.

"(Someone) owned this (fiberglass) bull up there and they didn't know what to do with it, so it kept moving around from the library to the police department to the school," he said.

"I contacted them right away and told them I was interested and told them who I was and what I did."

Ruland added that because this fiberglass bull was owned by a school district and could not be sold, he traded office furniture for it.

The most recent member of the herd came from the Riverside County city of Temecula through a Facebook post.

With its relocation, Ruland's will maintain its name and expand its online presence, while operating a much smaller show space, Ruland noted.

"We're moving around the corner," he said. "We're not going to have a big presence like we have (on North 16th Street). We're mostly going to be online, but we're trying to come up with some kind of a small showroom, but not until after the first of the year."

Ruland mentioned that his decision to relocate his business and downsize his show area came as a result of significant revenue losses.

"For the last 30 years, we were probably the largest used office furniture dealer in the area," he said. "But with COVID(-19) and the business turndown and everything, we've decided to go through some changes. We've sold our property. We had a couple of blocks (on North 16th Street).

"Now we're in the clear-out stage and that's what brought the owner of Fog Willow to us."

Ruland added that the property's new owners plan to open about 250 low-rent apartments at the site.

For additional information about RUOFS and Ruland's Used Office Furnishings, visit www.Rulands.com or the business's Facebook page, which includes RUOFS' skydiving video.

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Trivia test

by Fifi Rodriguez

1. GEOGRAPHY: What is the only country that ends with the letter Q?
2. LITERATURE: Which Truman Capote nonfiction book begins with the line, "The village of Holcomb stands on the high wheat plains of western Kansas, a lonesome area that other Kansans call 'out there'"?
3. MOVIES: What were the words on the hot-air balloon in which the wizard leaves Emerald City in "The Wizard of Oz"?
4. HISTORY: Which amendment to the U.S. Constitution guaranteed the right to vote regardless of race?
5. MEDICAL: What condition is the result of a decrease in red blood cells?
6. MEASUREMENTS: How many tablespoons are in a 1/4 cup?
7. GENERAL KNOWLEDGE: What do deltiologists study and collect?
8. TELEVISION: What is Netflix's highest rated original series in 2021?
9. SCIENCE: What is a person who specializes in plant studies called?
10. FOOD & DRINK: Is eggplant considered a fruit or a vegetable?

Answers

1. Iraq
2. "In Cold Blood"
3. State Fair Omaha
4. Fifteenth
5. Anemia
6. Four
7. Postcards
8. "Bridgerton"
9. A botanist
10. Fruit

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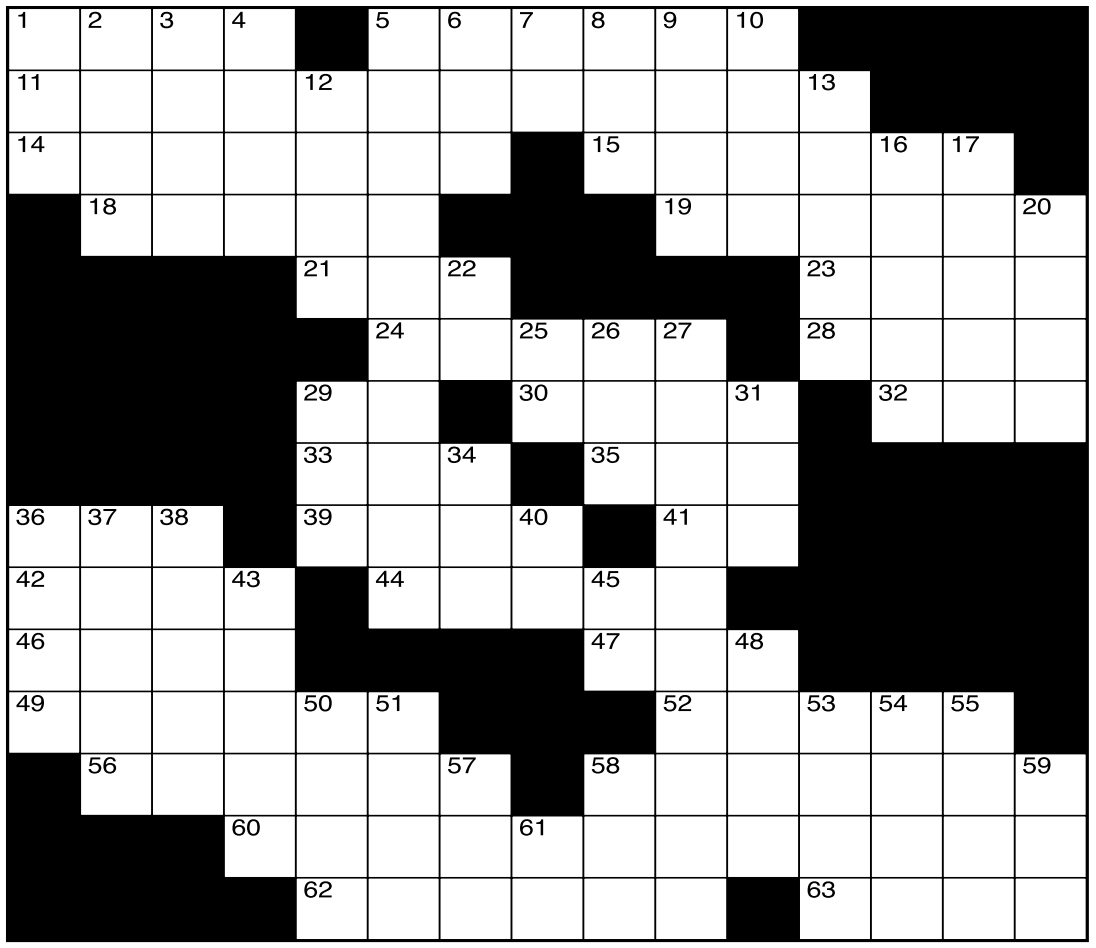
CROSSWORD



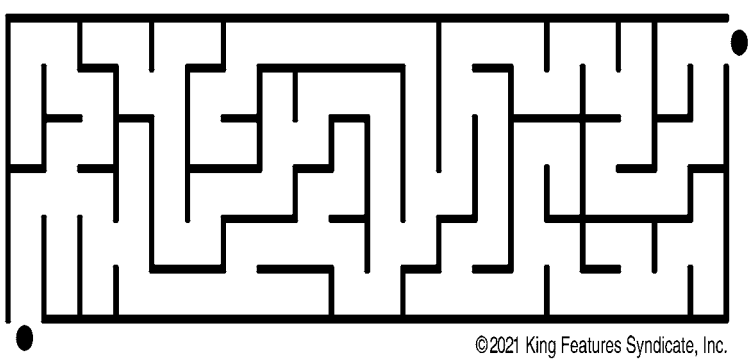
CLUES ACROSS

1. Flat-topped hill
5. Move upward
11. Admiration
14. It's useful for serving food
15. Kidnap
18. One of the Greek Muses
19. A type of media
21. Sunscreen rating
23. Former Michigan coach Brady
24. German town devastated in WW2
28. Gasteyer and Ortiz are two
29. Leave
30. Forearm bone
32. Very fast airplane
33. Helps little firms
35. Defunct economic organization
36. Science-based students organization (abbr.)
39. Feels ill
41. Indicates position
42. Beverage containers
44. Assists
46. Science accreditation organization (abbr.)
47. Purpose
49. Group of elected officials
52. Hebrew prophet
56. They help you drink
58. Lawmaker
60. Charitable
62. Doctrines
63. Footwear

CLUES DOWN

1. Where wrestlers work
2. Dueling sword
3. Practice fight
4. Genus of clams
5. Fear of heights
6. What some tell their dog
7. The Golden State
8. When you expect to get there
9. Pointed ends
10. Extinct flightless bird
12. Feeds
13. Nape of neck
16. Descendant
17. Small boats found in Turkey
20. To avoid the risk of
22. Athlete with no contract (abbr.)
25. 13th letter of the Greek alphabet
26. Brew
27. Feeling of anxiety
29. Young girls group
31. Perform on stage
34. White clerical vestment
36. Popular musical awards show
37. Bumpkins
38. One who acts on another's behalf
40. Direction
43. Look at with fixed eyes
45. One who helps professors (abbr.)
48. A large number of
50. Type of powder
51. Large jug
53. __ Christian Anderson, children's author
54. American state
55. Muslim inhabitant of the Philippines
57. Witness
58. Landscapers lay it
59. Type of bread
61. Of I

Kids' Maze



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East Sacramento's Little Italy Historic District celebrated

By LANCE ARMSTRONG

With its recent city designation as the Little Italy Historic District, a section of East Sacramento was celebrated on Oct. 9 through a recognition event held at the bocce ball courts at East Portal Park.

The designation became official on Sept. 21, when the Sacramento City Council unanimously voted to officially recognize this area as a historic district.

During that meeting, Council Member Jeff Harris, whose council district includes historic Little Italy, highlighted the area, bringing attention to its past and present.

Current Italian businesses in that designated district, which lies within the boundaries of 48th to 59th Street and from J Street to Folsom Boulevard, include: Corti Bros., Talini's Nursery, Culjis & Herberger Funeral Home, Allora Italian seafood restaurant and bar, and Mattone Ristorante.

Beyond the long history of Italian presence in East Sacramento – one that began with its earliest settlers a century ago – Italian history in the capital city dates back even earlier – to the Gold Rush, noted Harris during the Sept. 21 meeting.

"Italian roots run deep in the history of Sacramento, right from the Gold Rush days forward," he said.

Sacramento's earliest Italians congregated along the waterfront in the area of present-day Old Sacramento, in the 1850s through 1870s.

By the following decade, Italians began to concentrate in other areas, including Oak Park, Southside and downtown. They also established homes in East Sacramento and Land Park.

At the center of much of the Italians' activities was the Italian Catholic church – Chiesa di Santa Maria (St. Mary's Church) – which dedicated its first structure on N Street, between 8th and 9th streets, in 1907, and was relocated to 7th and T streets in 1914.



Photos by Lance Armstrong

Sacramento Mayor Darrell Steinberg, far right, and Council Member Jeff Harris, standing next to Steinberg, are shown at the event with members of the Italian Cultural Society of Sacramento.

Following major fundraising by its members, a new St. Mary's Church was constructed at 58th and M streets in East Sacramento and was dedicated with about 900 people in attendance on Aug. 1, 1948.

The church's relocation to East Sacramento increased Italian presence in the area, and many Italians still reside in that area today.

Bill Cerruti, executive director of the Italian Cultural Society of Sacramento, told the East Sacramento News that several hundred families on the society mailing list live in East Sacramento.

"That gives you some indication that there are a lot of Italians still there (in East Sacramento)," he said.

Cerruti, who grew up on 48th Street in Little Italy and graduated from Sacramento High School in 1959, said that efforts to establish a City Council-adopted Little Italy Historic District date back to 2018.

In addition to Cerruti, another active advocate for bringing this special designation to East Sacramento's historic Little Italy district was Fabrizio Sasso, a resident of East Sacramento and the executive director of the Sacramento Central Labor Council.

Harris acknowledged Cerutti and Sasso as the people who "brought this (Little Italy Historic District) idea to me."

Cerruti told this paper that the inspiration for pursuing this city designation came from some of the newer Italian residents of East Sacramento.

"What happened was (in 2018), not only did some residents in the area approach me and say, 'We're fairly new to the area, but it's so Italian.' And they were Italian Americans, so they said we should do something to recognize the area.

"At the same time, at the Italian Center (in Carmichael), we have children's classes – preschool and elementary school classes, plus a children's dance troupe. So, we get a lot of the young, Italian American families with kids in our program.

"In talking to the mothers that live in (East Sacramento) or have lived here, they were saying they just didn't feel empowered like they should be for their families, and they were starting to move out of the area more and more. So, that motivated me to get something going, to make the people in this area finally be recognized and feel like they were accepted and belong here."

Cerruti noted that he next recruited two East Sacramento residents with "some influence" with the City Council.

"I put them on my team and we approached Councilman Harris (and then) I met him for coffee at a local coffee shop (for) just a brief start," he said. "(Harris) said, 'Yeah, that's a good idea.'"

Cerruti added that the COVID-19 pandemic created delays with this project until earlier this year.

With the Little Italy designation finally approved by the City Council, about 50 people participated in the invitation-only event at East Portal Park on Oct. 9.

The gathering included a presentation of a Little Italy resolution from the city, speeches, traditional Italian dancing, Italian food, cake and mingling among friends, followed by games of bocce.

Included in the resolution are the words: "Generations of Italians have grown up and lived in the historic Little Italy, and longtime residents and businesses play an integral role in the cultural and economic landscape of the area. The story of East Sacramento's Little Italy neighborhood and the Italian people

see Italy page 14

Puzzle Solutions

M	E	S	A	■	A	S	C	E	N	D	■	■	■	■
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T	E	A	C	A	R	T	■	A	B	D	U	C	T	■
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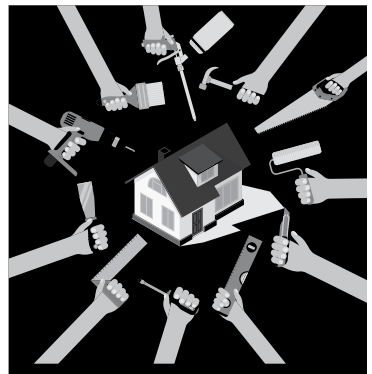

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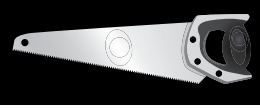

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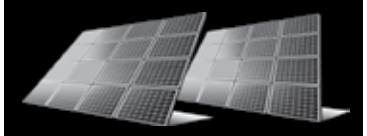

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Irene Brown and her daughter, Sami, of the Balliamo! Italian cultural dance group show off their festive Italian outfits at the event.

Italy:

continued from page 11

that made that story should be preserved."

Mayor Darrell Steinberg told this paper that recognizing Little Italy was a "beautiful moment for our city."

"The Italian American community has been and continues to be such a big part of Sacramento, and to recognize history is vital," he said. "And, you know, we need more reasons to celebrate, and this is a great celebration.

"It's a great moment. Congratulations to Bill (Cerruti) and the Italian American community that made this happen. This will last for generations."

As part of this designation, signs will be posted by the city in various places in this area to recognize the historic Little Italy district.

Bill Cerruti's wife, Patrizia Cinquini Cerruti, who immigrated to the United States from Italy in 1982, also shared her thoughts on the designation.

"I think it is just so amazing," she said. "When I first arrived in Sacramento, I noticed there were so many old Italians from my region, Lucca, and so many of them are gone now. And I think it's so important to understand what they've done and how much they gave to this community. So, to me, it's wonderful."

Luigi Alfredo "Lou" Talini, the owner of Talini's Nursery, also celebrated the Little Italy designation at the event.

"I think that's quite an accomplishment because it will preserve part of the past history," he said. "I think it should have been done a long time ago."

Talini told this paper that he was fortunate to grow up in the area and witness earlier years of Little Italy.

"When I was growing up, my father and all the older Italians that were in the neighborhood (were) getting together all the time and everybody knew everybody; doors were unlocked," he said. "They would come down to (East Portal Park). I remember this park before the (current) bocce ball (courts were) in. There were Italians all over."

Ottavio Luchini, 96, recalled earlier times in the area.

"I remember when you walked around (Little Italy) they (spoke) Italian, 50% (of the people or more)," he said.

Luchini, a member of Sacramento's Dante Club for about the past 70 years, added that he and Luigi's father, Pietro Talini, became partners in the nursery business at 5025 J St. in East Sacramento in the early 1950s.

Irene Brown, director/choreographer of the Balliamo! Italian cultural dance group, entertainers at the event, mentioned why she appreciates Little Italy's official designation.

"My family has lived in East Sacramento for many years," she said. "You know, we've all been here forever, so it's about time we get some recognition."

Brown added that her great-grandfather, Ernesto Guido Galli, was one of the organizing members of the Giacomo Puccini Lodge No. 1352, Order Sons of Italy in America, and the Dante Club in Sacramento during the 1920s.

Another one of her relatives, her maternal grandfather, Vittorio "Victor" Galli, was born in Sacramento in 1911, and served as president of the Dante Club in 1971.

While standing next to her mother in her festive dancing attire, Brown's daughter, Sami, noted that the Little Italy designation serves as a significant tool to further Italian culture in East Sacramento.

"It's just really cool to see, especially this whole area, just become a part of that culture," she said.

Elks 6 Lodge Updates







File photos by Joe Perfecto

Shown here are photos from a previous craft fair.

The annual Sacramento Elks Lodge, No. 6 Arts and Crafts Festival will be held on Saturday, Oct. 23 from 9 to 3 p.m. Craft vendors will be located inside the John Carvalho Ballroom and outdoors in the parking lot. There will be a large variety of vendors available; it is the perfect time to start your holiday shopping. Vendor applications are being accepted for indoor and outdoor space and can be downloaded from the website or here: http://www.elks6.com/img/events/ep-10-23-21.pdf. Drewski's Food Truck will have food available for purchase. Drewski's menu items can be found here: https://drewskis.com.

Trunk or Treat Candy Donations: Donated bags of candy are needed for Trunk or Treat on Sunday, October 31. Please drop off your donations at the Lodge office or lounge. Sunday breakfast also falls on October 31st. If you are having breakfast at the Lodge, what a convenient way to make your donation!

Lunar New Year Dinner: Volunteers are needed for the Lunar New Year Dinner planning committee. This dinner event will be held on February 4, 2022 with a DJ, dancing, and games. Contact Allison Owyoung-Fong at aaajfong@sbcglobal.net for more information.

Raffle Prize Donations needed: Donations of raffle prizes are needed for upcoming events. Gift baskets, gift certificates, and gifts of all shapes and sizes will be accepted! Please drop off your donation in the office or message Jan Wilson at sacramentojan2@yahoo.com if you have questions. Every donation counts and is very much appreciated.

Now through November 11th - Veterans Drive: The Lodge has launched a sock, dental hygiene kit (toothbrush/toothpaste) and 2022 calendar supply drive for our unhoused Veterans. Collection bins are available in the Lounge and in front of the office. Donations of new or gently used socks, hygiene kits, and 2022 calendars will also be accepted through November 11, 2021.

Elks 6 Fall Fling Event - November 13th: The Elks 6 Fall Fling event will be held on Saturday, November 13th at the Lodge. No host cocktails at 5:00 p.m.-dinner at 6:00 pm. Dancing to the FBI Band (Motown music and more). This event is being hosted by the Preventive Maintenance (PM) Crew. A delicious meal of pork tenderloin, orzo pasta with mushroom demi-glaze, Caesar salad, and strawberry cheesecake will be served. Meal tickets are $35 for Elks Members and $40 for non-Elks members. Tickets are available now. Raffle tickets for gift baskets and other prizes will be available for purchase.

Lunar New Year Dinner and Dance - February 4th: Save the date! Mark your 2022 calendars! The Lodge will host a Lunar New Year dinner raffle and dance on February 4, 2022.

Meal Ordering: If you are attending any of the meal events above, please pre-pay your meals with your secure credit card transaction by calling (916) 422-6666, extension 2 during regular office hours, or stop by the office during regular business hours to pay in person. (The 8.75% sales tax for Sacramento is included in the price of your meal.)

An advanced purchase of your meal will help with pre-planning the menu items, reducing food waste, as well as unnecessary costs. Extra meals may not be available for purchase after the ordering deadline. An additional cost will be added to the price of each meal ticket if it is purchased after the deadline date.

Donations to "The Purple Pig" are welcome. No donation is too small! Your dollars and cents can be donated at any of the lodge events above. Look for the purple piggy bank to make your donation.

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38 Years Experience - References
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