2020 EDITORIAL CALENDAR





Age-Defying HabitsPlus: Healthy Immune System



Cardiovascular Health
Plus: Regenerative Medicine



Thriving on a Plant-Based Diet
Plus: CBD



Grassroots Climate Crisis Strategies
Plus: Healthy Home



Autoimmune BreakthroughsPlus: The Collagen Connection



Inspired Lifestyle Travel
Plus: Brain Health



Beyond Factory Farming
Plus: Gut Health



Biological DentistryPlus: Environmental Education



Emotional Well-Being
Plus: Adaptive Yoga



Stress Management
Plus: Joint Health



Personalized Diabetes Strategies

Plus: Skin Care



Creating Community & Connection
Plus: Spending Locally



HEALTHY LIFESTYLES ISSUE

JAN

Age-Defying Habits

Plus: Healthy Immune System

FEB

Cardiovascular Health

Plus: Regenerative Medicine

PLANT-BASED NUTRITION ISSUE

MAR

Thriving on a Plant-Based Diet

Plus: CBD

APR

Grassroots Climate Crisis Strategies

Plus: Healthy Home

WOMEN'S WELLNESS ISSUE

MAY

Autoimmune Breakthroughs

Plus: The Collagen Connection

JUN

Inspired Lifestyle Travel

Plus: Brain Health

THE FOOD CONNECTION ISSUE

JUL

Beyond Factory Farming

Plus: Gut Health

AUG

Biological Dentistry

Plus: Environmental Education

THE SELF-EMPOWERMENT ISSUE

SEP

Emotional Well-Being

Plus: Adaptive Yoga

OCT

Stress Management

Plus: Joint Health

THE DIABETES CHALLENGE ISSUE

NOV

Personalized Diabetes Strategies

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DEC

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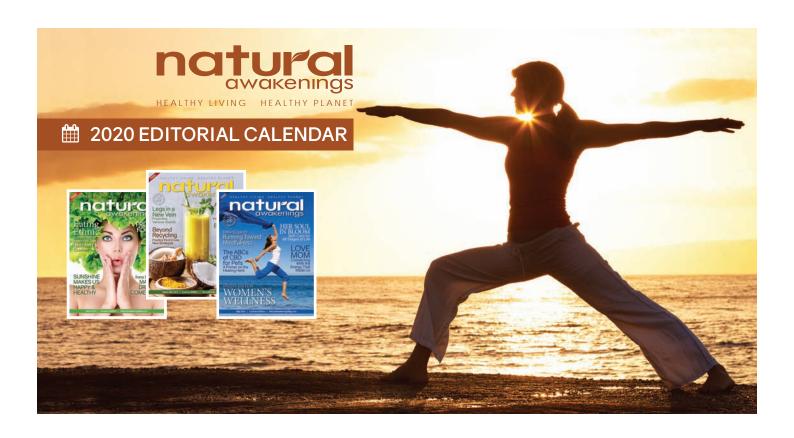
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