

2020 EDITORIAL CALENDAR



- Fresh Start
- Refresh the Immune System



- NATURAL LIVING DIRECTORY**
- Shifting into Positive
 - Regenerative Medicine



- Plant-Based Nutrition
- CBD



- Grassroots Climate Strategies
- Creatures Great and Small



- WOMEN'S WELLNESS ISSUE**
- Autoimmune Breakthroughs
 - Lyme Disease



- Inspired Lifestyle
- Brain Health



- Food Connection
- Gut Health



- Education Out of the Box
- Prospering through Transition



- Expressive Arts and Movement
- Emotion Quotient



- Exploring Other Realms
- Transcending Physical Health



- The Sugar Challenge
- Stress Management



- Community & Connection
- Get Your Glow On

HEALTH BRIEFS | GLOBAL BRIEFS | ECO-TIP | GREEN LIVING | HEALING WAYS | FIT BODY
CONSCIOUS EATING | HEALTHY KIDS | WISE WORDS | INSPIRATION | NATURAL PET

PLUS...

NATURALLY HEALTHY PET | MASTERING YOGA