

# Understanding Alzheimer's and Dementia

## ALZHEIMER'S DISEASE IS NOT NORMAL AGING.



It's a disease of the brain that causes problems with memory, thinking and behavior.

### Join us to learn about:

- The relationship between Alzheimer's disease and dementia.
- What happens in a brain affected by Alzheimer's.
- The risk factors for and three general stages of the disease.
- FDA-approved treatments available to treat some symptoms.
- What's on the horizon for Alzheimer's research.
- Alzheimer's Association resources

**Date: Wednesday, March 4, 2020**

**Time: 10:00 a.m.— 11:00 a.m.**

**Location: Imperial Beach Senior Citizens**

**1075 8th St.**

**Imperial Beach, CA 91932**

**\*This event is FREE and open to the public.**

24/7 Helpline: 800.272.3900

Or register online at: [alz.org/crf](https://www.alz.org/crf)